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## Subway, BoRics burglarized in Civic Center Plaza

By Tracey Labovitz

A vacant building was the entrance into two other businesses that were ransacked and burglarized during the night June 11.

Police had been called to the Subway Sandwich Shop, 797 Civic Center, at 10:15 a.m. June 12 on a report of a burglary.

Unknown offenders had entered the restaurant through the ceiling tiles in the back room. Once inside, the offenders ransacked a desk and took \$300 in cash and coin rolls. The cash register was also opened and an additional \$100 in cash was taken.

The offenders left by unlocking a west door and leaving it open after they had gone.

While in Subway, police noticed that a front door of a vacant store directly south of the restaurant, 780 Civic Center, was un-

Continued on Page 34

## Niles Police set open house

The Niles Police Department will be holding an open house on June 26 from 12-5 p.m.

Featured during the tour of the facility, located at 7200 North Milwaukee Avenue, will be the new 9-1-1 Center, a demonstration of shooting skills in the firing range and a Child Identification Program run by the Niles Explorer Post.

Attendants will also receive a general tour of the police facility, the new Niles police squad cars and the Northern Illinois Police Alarm System (N.I.P.A.S.) van. The van is the mobile command post for mutual aid organization; Niles is a member.

The guided tours will be hosted by the Police Department Community Service Officers and refreshments will be served.

**Niles**  
edition of **The Bugle**

8746 N. Shermer Road, Niles, Illinois 60714 - (708) 966-3900  
VOL. 37, NO. 51, THE BUGLE, THURSDAY, JUNE 16, 1994 50¢ per copy

## Underground explosion during pipeline test causes street cave in

# Oakton St. shut down after blast

By Tracey Labovitz

Niles experienced an underground explosion during a gas pipeline test June 10 forcing the shutdown of a busy street that is still being repaired.

The Natural Gas Pipeline Company of America was performing hydrostatic testing on Natural Gas pipelines in the area when the company found a defective pipe on Oakton Street.

Over the last four to five years, the Natural Gas Company has been conducting tests on all of its pipelines and is in the process of checking the Howard Street system, from Sycamorewood through Rogers Park. During the test, gas is removed from a pipeline and replaced with water, then the pressure is raised to a higher point

than the pipe typically operates at to check for safety and leaks.

As the company tested the pipes on Oakton near Waukegan around 8 p.m. Friday night, a pipeline in the eastbound lanes failed due to the pressure, causing the pavement to buckle.

"It is possible that (an explosion) would have eventually happened had the pipe never been tested," said Dee Bennett, District Manager of the Natural Gas Pipeline Company of America. "But it is hard to say. We were testing at 850 pounds per square inch (of pressure). The pipe typically operates at 420 maximum pounds."

The long seam of the steel

Continued on Page 34

## Suburban officials respond to County Hospital plans

By Tracey Labovitz

Over two dozen people testified at a public hearing May 31 regarding the construction of a new Cook County Hospital.

The hearing was the second of six held by the Cook County Board's Health and Hospital's Committee on plans for a new, downsized Cook County Hospital that would be the tertiary care hub of an expanded network of community clinics providing primary care.

"If Cook County were to become an insurer of care, rather than a provider, it would become responsible for 610,000 medically indigent residents of Cook County, rather than the 215,000 patients who are without coverage," said Bob Pellar, partner at Coopers & Lybrand, which conducted a financial study that showed building a new, downsized hospital is a better option than maintaining or renovating the current facility. "Private hospitals have said they cannot take up the slack if the 2,500 patients served by Cook County Hospital each day were sent elsewhere."

Opposers to the construction also spoke at the hearing, citing that a new hospital is not the best way to provide health care to the truly needy.

"Cook County Hospital's problems are deeper than a leaky roof, a poorly laid out operating room or others that mere steel and concrete can solve," said Joseph Morris, Republican Nominee for President of the Cook County Board of Commissioners. "The problem is in the very idea that we are to be forever condemned to have two different health care systems, one for the poor and one for the rest of us."

Morris names alternatives to construction including group health insurance, community-

based health maintenance organizations and health vouchers. However, Pellar said a voucher system would cost Cook County taxpayers more than twice what they are paying for the current system.

"Private hospitals support a new public hospital because the current system of private care cannot handle the trauma, neonatal, emergency, critical care and ambulatory services provided by the County," said Pellar, who pointed to the failed voucher system in California in the early

Continued on Page 34

## Gas explosion buckles Oakton Street



An explosion last Friday evening buckled the pavement and formed a crater on Oakton Street near the intersection of Waukegan Road. The blast was the result of the hydrostatic testing of a 36" gas pipe line for underground leaks. No injuries were reported in the incident but Oakton was closed to traffic during the cleanup.

Photo by Mike Heuel

## From the Left Hand

by Bud Besser

Buglebits.....

A leftover from the 50th anniversary D-Day activities is a question which we heard many times concerning the origin of the word "D-Day."

On Sunday morning's David Brinkley's T.V. program, Brinkley gave an explanation. He said the military designated A-Day as the day a military plan was defined and the date was determined for execution of the plan. B-Day and C-Day were the ensuing days when the plan was being worked on and D-Day was the day (date) it would go into effect. That answer might be considered a legal answer since it will settle a great number of bets which were made before the many bars in the community.

\*\*\*\*\*  
We forwarded the many letters we received the past week to Joe Chmielinski. Joe is the D-Day veteran who fought World War II from the beaches of Normandy to the Battle of The Bulge, where he was injured. It was a thoughtful act on the part of the letter-writers, who gave pleasure and recognition to a veteran whose efforts we've all benefited from. Nick Blase's letter on behalf of the village is re-printed on our "Letters" page 19 which also includes several letters from students in school district 63. A telephone conversation with a local high school teacher alerted us to additional correspondence.

Continued on Page 34

## Iceland Pool Grand Opening



Shown above l. to r. are Niles Park District board members Rick Sheridan, Marlene Baczek and Vice-President Elaine Heinen who were on hand to cut the ribbon and dedicate the new Iceland pool at Ballard and Greektown. Phillip Becker, 6, was selected to be the first to go down the pool slide.

## Oakton participates in \$1.3 million grant

Oakton Community College will participate in a \$1.3 million grant from the Illinois Board of Higher Education recently awarded to the North Suburban Higher Education Consortium to establish a telecommunications instructional system.

The grant was awarded on a competitive basis and was one of ten similar grants throughout Illinois totaling \$15 million, as part of funds allocated through the Higher Education Cooperation Act of 1993 by the Illinois Board of Higher Education. Governor Jim Edgar made passage of such grants an educational cornerstone of his "State of the State" message in 1993.

This grant will allow the Consortium to develop high quality, cost-effective courses and programs on nine campuses and telecast them via interactive, two-way video to students throughout the region beginning with the fall 1994 semester schedule.

## Rational Recovery training workshop scheduled

A three-part training workshop for health and social service professionals interested in Rational Recovery, an alternative approach to substance abuse treatment, will be presented by Forest Health Systems beginning Thursday, June 23.

Subsequent sessions in the series will be held July 21 and August 25. The workshops will meet from 1 to 4:30 p.m. at the Novick Auditorium of Forest Hospital, 555 Wilson Lane, Des Plaines. The cost of the series is \$90.

Rational Recovery is a lifetime abstinence program that uses addictive voice recognition technique (AVRT) to help an individual gain control of the impulse to drink or use drugs. The program is based on the rational-emotive therapy principles of self-reliance developed by noted psychotherapist Albert Ellis, Ph.D.

Forest Hospital has the only Rational Recovery inpatient treatment program in the Midwest. (The hospital continues to offer programs based on the 12-step model, providing patients with a choice of treatment).

The workshop provides 10 credit hours in the following: Cat-

Oakton Community College will telecast:

- JPN 201 Intermediate Japanese I, taught by Eiko Fricke, associate professor of student development, will be telecast to National-Louis University's Chicago campus and to Northeastern Illinois University on Tuesdays and Thursdays from 12:30 to 1:45 p.m. beginning Aug. 23 through Dec. 15.

- MAT 052 Elementary Algebra, taught by Carol Murphy, part-time math instructor, will be telecast to Northeastern Illinois University on Tuesdays and Thursdays from 2 to 3:15 p.m. beginning Aug. 23 through Dec. 15.

- MKT 132 Marketing for Nonprofit Organizations taught by Kathy Zizzo, part-time marketing instructor, on Fridays from 5:30 to 8:45 p.m. beginning Aug. 26 through Dec. 15.

Oakton will receive two courses:

egory I of the Physicians Recognition Award of the American Medical Association; Rational Recovery Specialist Certification and as continuing education for social workers.

Registration is requested. To register or for further information, contact Forest Hospital, (708) 635-4100, extension 363.

## Niles Parks in good shape

The Niles Park District Board of Commissioners conducted its annual tour of the facilities Monday and were basically satisfied with what they saw.

Each year the Board tours and evaluates as many Niles parks as possible to determine if any major work must be done to prepare for the summer season.

This year the Board had no major comments or concerns regarding each site.

"For the most part, the only concern was a need for more flowers at the parks," said Superintendent of Parks Mike Reas. "But it is a budget process. We will have to include it in the budget for next year."

## Funeral services held for Alfred Ulrich

Alfred Ulrich, 76, died Monday, May 30 at his home in Inverness, Florida. Ulrich, a former Niles resident, was a general contractor and among many things, built the original Niles firehouse which was formerly located in the old courthouse building on Milwaukee and Touhy and the new fire station on Jarvis in Niles.

Mr. Ulrich is survived by his wife of 54 years, Adeline; brothers Henry and David; sister Em-

ily; children Valerie (Al) Naeny; Cheryl Weaver, Mary Bradley and David (Suzanne) Ulrich and 10 grandchildren. He was preceded in death by his daughter Adele and his brother Adolph.

A memorial service was held Friday, June 10 at Mount St. Joseph's, Lake Zurich, Ill. In lieu of flowers donations may be sent in Mr. Ulrich's name to Mount St. Joseph's.

## Centre East theatre gets new name

By Tracey Labovitz

The Centre East Metropolitan Exposition, Auditorium and Office Building Authority officially named Skokie's new performing arts center the "North Shore Center for Performing Arts in Skokie."

Construction on the center, which will be located at 9501 Skokie Blvd., is scheduled to begin this fall and is scheduled for completion by mid-1996.

Upon completion, the theater will include 800 or more seats, a full production stage, state-of-the-art lighting and sound systems, six dressing rooms and about 1,500 parking spaces.

The center will feature an additional room that will seat up to 500 which could be used for a small theater, a meeting or conference room or a banquet hall.

## Volunteers needed to assist convention delegates

The American Council of the Blind of Metropolitan Chicago and The Illinois Council of the Blind are co-hosting the 33rd Annual National Convention of the American Council of the Blind. The convention is being held at the Palmer House Hilton, June 30-July 10.

Volunteers are needed to assist the convention delegates. To be a volunteer or for more information, call (708) 484-8606.

Officials say the theater will offer 150 annual performances. Wisdom Bridge Theatre, a Chicago theatre company, has voiced an interest in performing 112 performances per year during a four-show season.

The Centre East Metropolitan Exposition, Auditorium and Office Building Authority, established in 1984, is a local government created to develop and maintain civic center facilities within Niles Township.

The Centre East Authority, the official owner of the new North Shore Center for the Performing Arts in Skokie, will be responsible for the development, construction, operation, marketing and management of the facility.

## Campers storytimes begin

The Lincolnwood Library's Campers Storytimes for kids who attend Lincolnwood Parks and Recreation summer camp begin June 21 and continue through Aug. 2. The programs are on Tuesday mornings for three- and four-year olds, 10:30 to 11:15 a.m., and on Tuesday afternoons for five- and six-year olds, 12:45 to 1:30 p.m. and 1:45 to 2:30 p.m.

The programs include stories told with picture books, puppets, flannel boards, songs, films and film-strips. Non-campers are welcome, too, but first they must register at the library, which is located at 4000 W. Pratt Ave. For more information, call 677-5277, voice and TDD.

## Essay Contest Winners conduct mock board meeting



At the Village Board Meeting, Tuesday, May 24, the 1994 Essay Contest Winners conducted a mock board meeting, and were honored with trophies. Pictured (from l to r.) are Mayor Nicholas Blase, Andrea Saviano, Martha Merendon, Cheryl Romanoski, Michelle Hong (third place winner), Diana Kubiak (first place winner), Lisa Summerhill, Jean Jung, Raya Martyniuk, J.R. Davivas (second place winner), and John Jekot, President of the Optimist Club.

Over 100 essays were submitted, the Optimist Club volunteers judged the essays on the theme, "What are the issues facing young people today?". The first place winner received a \$100 U.S. Savings Bond, second and third place each received a \$50 U.S. Savings Bond, and all nine winners spent a day at the Village, toured the Village buildings, and learned about their government system.

BUCKINGHAM PAVILION PRESENTS AGING IN THE 90'S

## An insider tells you how to choose the best care for the one you love

When it came time to get on-going care for his own mother, the operator and owner of a chain of nursing homes in the Midwest weighed all his options and chose BUCKINGHAM PAVILION. Here he tells you what factors to consider.

By Benny Weinfeld

IN MY 15 YEARS OF BEING A nursing home owner, I often saw the anxiety and guilt families feel when they suddenly must decide where to place their parents who can no longer care for themselves.

I often comforted these families, telling them I appreciate what they were going through. But I never experienced their difficult decision until my own mother could no longer live independently. Suddenly we were forced to find the best available care for her. My being a health care professional made it easier to choose the best environment.

I want to share this experience with you. The following are common alternatives - and what to consider with each.

**Live-ins.** At first, you may want your parent - who suddenly or gradually requires the daily assistance of others - to continue living at home. One way to do this is to hire a *live-in* - someone to live with and care for your parent. You will need to advertise or network, then screen, qualify and do a thorough reference check focusing on honesty, integrity, and competency. Unlike hiring a baby-sitter, you would be leaving your parent alone with this person on a continuous basis.

This means both you and your parent are now dependent on this unsupervised live-in, hoping he or she is reliable and not asleep in front of the TV or out having a cigarette when your parents need them. Consider also that arrangements would need to be made for off days, time off, and the unspeakable situations when they may quit without notice.

Let us move on to the next alternative.

**Home health care.** Another more expensive option for your parent to stay at home is home health care - an ever-expansive and lucrative industry. Here a nurse and/or a nurse's assistant visits your parent for a specified time. When looking

at home health care, consider the following - how long the agency has been around and the credentials, work history, and references of the person they propose to assign to you. Also be aware that the person who bathes and medicates your parent today may not be the same person they assign tomorrow. Finally, the most important consideration - who will be there for your loved one in between those home care visits?

Retirement communities are a great alternative for independent seniors, but they

### TWO "DON'TS" WHEN CHOOSING A NURSING HOME

- **Don't let the window dressing fool you.** Too often, people choose a nursing home by its interior decorating rather than by what's important - the care it gives. While on tour, observe how the care providers interact with the residents. Speak to the staff and the residents, and don't be afraid to ask questions.

- **Don't let hospital discharge planners make your choices for you.** If your loved one is hospitalized, a hospital discharge planner - often a social worker - may suddenly tell you that you must find a nursing home by tomorrow. Know that hospitals are under great pressure to get patients out as quickly as possible. Since September 1984, the government began paying hospitals a fixed price based on each Medicare patient's diagnosis. This means if patients stay too long, the hospitals lose money. That's why discharge planners may recommend a jumbo nursing home (over 250 beds) or an agency that's the most available and accommodating to the hospital's needs - rather than the best choice for your loved one. So instead, be prepared. Ask your doctor if he or she has first-hand experience with available care...and what options they recommend.



have no proficiency when it comes to the comprehensive care which many seniors need. In Illinois, they are completely unregulated, therefore one should remember that retirement communities are in the business of renting apartments, not providing health care services.

**The best 24-hour care.** When assistance is needed, a structured environment is the best option. A place where professionals monitor the resident's overall care from rehabilitation and proper nutrition to psychological well-being and social interaction and activities. And one year of care at a nursing home can cost less than a few months of home health care services. There are few substitutes for a good nursing home.

**My recommendation.** I chose Buckingham Pavilion for my own mother because of their reputation for dedicated care giving, high standards, and 20 years of experience. Most of the original administrative staff is still there after 20 years, and their core staff of registered nurses have been caring for their residents on an average of almost 10 years. It is no wonder why many doctors, health care experts, and senior advocates also prefer Buckingham Pavilion.

**Buckingham Pavilion.** Mom has been at Buckingham Pavilion for four years now. She is still happy with the decision to come here, and so am I. Come see for yourself. Stop by or call today.

## Buckingham Pavilion Nursing Center, Inc.

2625 W. Touhy Avenue  
Chicago

Chicago Suburbs

312/973-5333 or 708/675-6850

# Niles Senior Spelling Bee Contest



Bob McDonell was one of 16 participants in the 1st annual Niles Senior Center Spelling Bee sponsored by the Illinois Association of Senior Centers. The contest was won by Celine Tymczuk who will represent Niles in the regional finals in Palatine. Pictured l. to r. at the table are judges Diane Miller of The Bugle Newspapers, Judy Zeller of The Niles Library and Kathy Harbison, Village Clerk of Niles.

## Share investments strategies

The Northbrook Park District Senior Center has formed a new **FALCON TRAVEL BUREAU, INC.** 9018 Milwaukee Avenue, Niles, IL 60714

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Speculator's Investment Group for members to share investment ideas and to listen to knowledgeable guest speakers. The group meets on the second Friday of each month, 10:30 a.m., at the Senior Center, 3323 Walters Ave.

If you are looking for some new money strategies or would like to share a few of your own, contact the Center at 291-2988.

## Oakton seeks volunteers for Grandparents Program

The Older Adults Program of Oakton Community College is seeking energetic, loving participants for its Grandparents Unlimited Program.

Through this volunteer program, substitute grandparents are needed to interact with young children enrolled in various day care centers, nurseries, preschools and elementary school settings throughout Oakton's district. Older adults can love, share skills and experiences and enjoy children. In return, the children get to know and feel close to an older adult. Oakton's Child Development Center at the Des Plaines campus is among the sites seeking volunteers.

Those who would enjoy participating in this program can contact Sara Newman, coordinator of the Grandparents Unlimited Program, Ray Harstein Campus, at (708) 635-1414.

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**NILES SENIOR CENTER REGISTRATION**  
The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

**WOMEN'S GOLF OUTING**  
The Senior Center will offer their first Women's Tam Golf outing on Wednesday, June 29 with Tee times starting at 10 a.m. Price of \$7.50 covers greens fee and prizes.

**SUMMER TRAVEL PROGRAMS**  
The Senior Center & Mayflower Tours is offering a variety of spring and summer travel programs. Upcoming destinations include "Lumberjacking & Fanny Hill Theatre" 7/3 days July 14, \$339/double occupancy. Call the Senior Center for additional information.

**CHORAL GROUP SUMMER SCHEDULE**  
The Choral Group will not meet during the months of June and July. They will resume their Tuesday rehearsals at 10:30 a.m., Tuesdays beginning in August.

**INVESTMENT COUNSELING**  
Investment counseling is on Wednesday, June 15 by appointment. Mr. Jeff Cardella will discuss your individual financial needs. FREE. Call for appointment.

**MEN'S CLUB MEETING**  
The Niles Senior Center Men's Club meeting is on Monday, June 20 at 10:30 a.m. Mr. Ken Welter of Re-Max will be the speaker. Tickets will be on sale for the August trip to Wisconsin State Fair, July 20 Tam Golf and August 18, 18 Hole Bristol Oaks Golf Outing. Call for details. Trip tickets will be on sale to non-members beginning Monday, June 27 at 9 a.m.

**AMISH ACRES TRIP**  
Amish Acres in Nappanee, Indiana will be the destination on Tuesday, July 22 from 8 a.m. to 5:30 p.m. Included in the price of \$29 will be a walking tour, a full "Thresher's" dinner and a buggy ride. All Niles Senior Center registrants can purchase tickets.

**MEDICARE/SUPPLEMENTAL INSURANCE APPOINTMENTS**  
Medicare/Supplemental Insurance information appointments are free to seniors at the Senior Center. Representatives from Banker's Life Insurance Company are available on an individual basis Wednesday, June 22. Call for appointment.

**LECTURE - "IS IT DEPRESSION? IT'S NOT THE 1930'S"**  
What is depression? - It's signs & symptoms and techniques to cope. This lecture is presented by Bev Wessels, Social Worker, on Thursday, June 23 at 2 p.m. Free. Registration is required.

## New medicines pose risks, rewards for seniors

Medicine and senior citizens go hand in hand, so to speak. As the National Institute of Aging points out, the growth of our population over age 65 can be attributed to the development and availability of new medicines and vaccines.

But with new remedies come new questions. Older adults face greater medicinal risks, particularly when taking more than one drug at a time.

While persons over age 65 comprise 13 percent of our population, they use 30 percent of all prescription drugs. Senior citizens often suffer from long-term illnesses, including arthritis, diabetes, high blood pressure and heart disease. If you are over 65, you may face two or more of these illnesses at the same time. Therefore, it's important for you to know which drugs mix, and more critically, which ones do not.

As your body ages, the amount of water and lean tissue (such as muscle) you retain decreases. Conversely, your percent of fat tissue increases. This affects the time a drug stays in the body, according to NARD, the national association representing independent pharmacy.

The kidneys and liver, which break down and remove most drugs from the body, function less efficiently as you age. This can intensify drug effects.

Follow these National Institute on Aging guidelines for safe drug use:

•Take the exact amount prescribed by your physician and follow the dosage schedule as closely as possible. If you have any questions, talk to your doctor or family pharmacist.

•Never take drugs prescribed for a friend or relative, even if your symptoms are the same.

•Always let your physician and pharmacist know if you've reacted poorly to medicines in the past.

•Be sure your physician and pharmacist know all the medicines - prescription and over-the-counter - you currently take.

•Keep a daily record of the medicines you're taking, especially if taking more than one.

•Make sure you understand the dosage directions on your container.

•Discard old medicines. Many of them lose their effectiveness over time.

•Ask your doctor and pharmacist about any side effects the prescription might cause.

•Ask which foods and beverages you should avoid, and how the medicine should be stored.

•Notify your doctor immediately if you experience any unusual reactions to your medicine.



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## Police News

### Woman charged with possession

A 22-year-old Chicago woman was charged with possession of cannabis after causing an accident at Waukegan and Sherman Roads June 8.

The woman was traveling northbound in the left lane on Waukegan Road around 11:30 a.m. She attempted to change into the right lane when she struck a Chrysler in that lane driven by a 42-year-old Glenview woman. There were no injuries.

The offender, whose '87 Dodge Omni was towed, could not produce a driver's license for police, stating that it was suspended and had not been reinstated yet. However, a check with Secretary of State revealed it was expired.

The subject was transported to

### Father of minor demands justice

A 53-year-old father told police June 11 that his 16-year-old son walked into Shell gas station, 9002 Milwaukee Avenue, and purchased a pack of Marlboro cigarettes without being asked for identification.

The father returned with his son to the station and received a refund for the cigarettes, but still wished to sign complaints.

The attendant on duty, a 31-year-old Niles man, admitted failing to ask the youth for identification and received a ticket for selling tobacco to a minor.

### Apartment ransacked

An unknown offender ransacked an apartment in the 7900 block of Caldwell Avenue between 11:30 a.m. and 5:30 p.m. June 7.

The offender entered the apartment, belonging to a 19-year-old Niles man, by removing a screen from a bedroom window.

The apartment was ransacked, but nothing appeared to have been missing.

### Startled cyclist injured in fall

A 59-year-old Niles man was riding his bicycle around 10:20 a.m. June 11 when he was startled and fell off.

The man was riding in the 8000 block of Overhill when an unknown driver honked the horn to warn the man to stay to the right.

The cyclist panicked and fell off the bike, breaking his left arm and sustaining a head injury. The victim was transferred to Lutheran General Hospital by the Niles Fire Department.

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 Doors & Windows

### Youths released in rock-throwing incident

A youth was seen throwing rocks in the 8900 block of Washington, was the offender.

Police attempted to contact the four-year-old's parents, who were uncooperative. However, the parents appeared at the police station with their son who claimed that the seven-year-old had hit the car window.

Since there were no direct witnesses and both suspects claimed the other did it, the investigation was closed.

### Husband attacks wife's suspected lover

Police responded to a fight in progress at Toys R Us, 9555 Milwaukee Avenue, around 6:06 p.m. June 9.

Upon arrival, police observed two men screaming at each other in the parking lot. The offender, a 35-year-old Skokie man, was near his vehicle, bleeding from the mouth. The victim, a 30-year-old Des Plaines man, had his shirt ripped off, was bleeding from the left ear and had redness upon his face and chest. Both refused medical attention.

The victim told police that when he exited his car, the offender accused him of sleeping with his wife and started striking him in the face and body with his fists. While on the ground, the victim said the offender grabbed a hammer from his car, approached the victim and threatened to kill him. The victim ran to the store and asked someone to call police.

While still in the parking lot, the offender struck the victim's '91 Chevy Caprice several times, causing \$300 in damage to the hood. The hammer was recovered from the hood and inventoried.

The offender, who was intoxicated, told police that he had followed the victim to the store because he wanted to confront him about sleeping with his wife. He also said the victim owed him money for some service.

The offender was charged with battery, aggravated assault and criminal damage to a vehicle. He posted \$100 of his \$1,000 bond and received a July 8 court date.

### Man steals steaks

The offender, described as a 30-year-old man with a mustache, fled in a brown Chevy Chevette with license plates.

A Jewel employee followed the offending car, but lost it around Harlem and Northwest Highway.

A man concealed seven or eight packages of steak inside his jacket and left Jewel, 7900 Milwaukee Ave., without paying at 7 p.m. June 9.

### Appliances stolen in burglary

Unknown offenders used a pilers or similar tool to twist out and bypass a key lock at a business in the 6700 block of Milwaukee Avenue.

The offenders entered the premises between 5 p.m. June 9 and 8:20 a.m. June 10 and ransacked two office desks. A fax and copy machine were removed from the center office and a microwave oven and answering machine were taken from the kitchen.

The offenders apparently left through a south door as it was found ajar by a Niles police officer.

### Rules of the Road Class

Are you about to have your Driver's License renewed? Would it be helpful to you to review the signs and rules that govern safe driving?

The Center of Concern, 1580 N. Northwest Highway, Park Ridge, offers a free "Rules of the Road" review course. This service is under the direction of Secretary of State George Ryan's office. All ages are welcome. The instructor is a volunteer who will go over the "Rules of the Road" with you to refresh your memory.

The Center next offers this class on Monday, June 20, at 1 p.m., in the Conference Room on the ground floor of the 1580 N. Northwest Highway Building. Call to reserve a place. The phone is (708) 823-0453.

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## Police News

### Des Plaines resident wins Sheriff's Award

Lee Francis, a resident of unincorporated Maine Township, recently received Cook County Sheriff Michael J. Sheahan's Senior Medal of Honor Award in recognition of his work with the Maine Township Task Force Against Gangs and Neighborhood Watch.

Township Supervisor Mark Thompson nominated Francis for the award. Thompson also accompanied Francis to the award ceremony, held at the Chicago Cultural Center.

Thompson praised Francis for his "very critical role in the formation of the Anti-Gang Task Force." Francis has been a model Neighborhood Watch block captain and produces a regular newsletter for residents in his area. He also has been instrumental in efforts to repair Burma Road in unincorporated Maine Township.

The award certificate recognized Francis for "an outstanding spirit of volunteerism by showing an exceptional commitment to serving others." Francis also received a medal during the ceremony.



### CONSUMER ALERT

by Attorney General  
 Roland W. Burris

Q. I was recently approached by someone asking for donations for Mississippi River flood victims. I was a little skeptical about which, if any, organization this person represented. How can one tell if a request for charitable contributions is legitimate?

A. We all know that there are many legitimate charities that are doing a tremendous job of collecting donations for flood victims. But unfortunately, we all need to know that some individuals take advantage of a situation and pose as representatives for a charity, collecting money that they have no intention of giving to victims.

In order to become an informed donor, ask questions when you are approached for contributions. Ask for the name of the charity, its address and telephone number. Ask if the organization is registered with the Attorney General's Office and if the solicitor is a volunteer or a paid solicitor. Find out what percentage of the money collected will actually go to help flood victims.

You may call the Attorney General's Charitable Trust Division at 312-814-2595, or any one of the 17 Attorney General's Regional Offices to inquire about registration or to report a suspected fraud. Remember, charity fraud stops with an informed donor!

### McGing named to Anti-Violence Initiative

Edison Park Attorney James M. McGing has been appointed to a working committee formed by United States Attorney General Janet Reno. The group working in Chicago consists of U. S. District Attorney Jim Burns and representatives of the Federal Bureau of Investigation, Drug Enforcement Agency, Secret Service and several other federal investigative agencies as well as local prosecutors and police agencies.

The United States Department of Justice Anti-Violent Crime Initiative will seek to create a coordinated response by federal and local police and investigative authorities. "The public is outraged by the continual street violence afflicting our communities. The Committee's work will include a comprehensive review of current responses to violence in America and proposals for joint actions involving federal and local authorities."

McGing is a former Assistant States Attorney and currently is a top assistant to Cook County Sheriff Michael F. Sheahan. McGing recently finished drafting several amendments to the State of Illinois Criminal Statutes to crack down on sexual offenders.



James M. McGing

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## Singles Scene

### JUNE 17/18/19 ST. PETER'S SINGLES

All singles over 45 invited to these dances - St. Peter's Singles Dance, Friday, June 17, 9 p.m. Seniors Prom Dance, Casa Royale, 783 Lee St., Des Plaines. Saturday, June 18, 9 p.m. Christines, 8465 B. Grand, River Grove. Sunday, June 19, Early Evening Dance, 6 to 9:30 p.m. Aqua Bella, 3630 N. Harlem. Each dance \$5. Call (312) 334-2589.

### JUNE 17 AWARE SINGLES, CHICAGOLAND SINGLES

The Chicagoland Singles Association and the Aware Singles Group will sponsor a dance at 8 p.m. on Friday, June 17 at the Ashton Place, 341 W. 75th St., Willowbrook. Live music will be provided by Per-suit. All singles are invited. Admission is \$7. For more information, call Aware at (708) 632-9600 or Chicagoland Singles at (312) 545-1515.

### JUNE 18 NORTH SHORE JEWISH SINGLES

Join with the North Shore Jewish Singles (39+) for Theatre, Saturday, June 18, 7:30 p.m. presented by City of Hope at the Marillac, located at Waukegan & Willow in Northfield. Cost \$12, call Dec (708) 498-2534.

### NORTHWEST SINGLES ASSOCIATION

All singles are invited to a dance sponsored by the Combined Club Singles at 8 p.m. on Saturday, June 18, at the Lexington House, 7717 W. 95th Street, Hickory Hills. Music will be provided by Music in Motion. The event is co-sponsored by the Northwest Singles Association, Young Suburban Singles and Singles & Company. Admission will be \$5. For more information call (708) 209-2066.

### JUNE 19 SIZZLING SINGLES

Sizzling Singles (ages 30+), the biggest and best singles party in Chicago, welcomes you each Sunday for an evening of good music, fun and delicious food, at Hyatt Deerfield, Deerfield, IL, 7 p.m. til 7, cost is \$10. For information call (708) 945-3400.

### ORIGINAL SUNDAY SINGLES

The Original Sunday Singles dance and party, for all singles from age 25+, will be held on Sunday night, June 19 from 7:30 p.m. - midnight. The evening features DJ music, dancing, door prizes and munchies. Admission is \$3. At Maxies Lounge, Clarion Hotel, 6810 N. Mannheim Rd., Rosemont. For further information, call (312) 921-6321.

### JUNE 21 THE CITY OF HOPE SINGLES

The City of Hope Singles Council presents "Twice Tuesdays" social-buffet and dance-mixer with a DJ, 35 and over, all welcome. 94th Aero Squadron, 1070 S. Milwaukee, Wheeling (just north of Willow Rd.). First and third Tuesday; 7 p.m. June 21, \$6 donation. For information, call Steve (312) 761-4104 or Ilene (708) 537-5997.

### JUNE 24 CATHOLIC ALUMNI CLUB

All single young adults, ages 21 to 38, are welcome at a dance sponsored by the Catholic Alumni Club at 9 p.m., Friday, June 24, at the Ramada O'Hare Hotel, 6600 N. Mannheim Rd., Rosemont. Non-member admission is \$7. Coat and tie are required for men. For more information and a free C.A.C. newsletter, call (312) 726-0735.

### JUNE 25 NORTHWEST SINGLES ASSOCIATION

All singles are invited to a "Multi-Club Dance" sponsored by the Combined Club Singles and T.G.I.S. Singles at 8 p.m. on Saturday, June 25 at the Marriott Oak Brook Hotel, 1401 W. 22nd Street, Oak Brook. Music will be provided by Music in Motion. The event is also co-sponsored by the Northwest Singles Association, Young Suburban Singles and Singles & Company. Admission will be \$5. For more information call (708) 209-2066.

### JUNE 26 CATHOLIC ALUMNI CLUB

A picnic for single young adults (ages 21 to 38) will be sponsored by the Catholic Alumni Club from noon until 6 p.m., Sunday, June 26 at Bemis Woods North, Grove #1, Wolf Rd. 1/2 mile north of Ogden Ave., Western Springs. Activities include volleyball and softball. Call (312) 726-0735 for information about food and beverage arrangements.

### CATHOLIC ALUMNI CLUB

A Bible Study discussion from a Catholic perspective for single young adults, ages 21 to 38, will be sponsored by the Catholic Alumni Club at 7 p.m., Sunday, June 26, at a member's home in Schaumburg. There is no charge for this event. For more information and directions, call (708) 925-8114. For a free C.A.C. newsletter, call (312) 726-0735.

### SPARES SUNDAY EVENING CLUB

Spare Sunday Evening Club for divorced, widowed and single adults over 50, will hold their regular meeting on Sunday, June 26 at the Morton Grove American Legion Hall, 6140 Dempster. Free Line

### Lincolnwood summer camps announced

The Lincolnwood Parks and Recreation Department announces their summer junior and adult tennis camps. These camps are directed by Frank Sacks, the head men's and women's tennis coach at Northeastern Illinois University. His co-instructors include his personally trained staff of top tennis professionals and collegiate players. Participants in each group will learn comprehensive stroke production, singles and doubles strategy, basic mechanics and strategies of tennis.

Course dates and fees vary. Consult the Lincolnwood Recreation summer brochure, or call (708) 677-9740 for information.

### Skokie Art Guild seeks artists

Artists are being sought to participate in Skokie Art Guild Annual Art Fair on the Village Green, 5200 Oakton, July 9 to 10. Original paintings, sculpture, jewelry, pottery and stained glass will be featured.

There will be a juried show with cash prizes and ribbons. Entry card/sides are due June 15. For information or an application, call (708) 966-9236.

### The Singles Scene

Dance lessons and Social Hour 6:30. Meeting and Program 7:15 p.m. Ballroom dancing 8 to 11 p.m. Members \$5, guests \$6, refreshments included. Contact (708) 965-5730.

### SIZZLING SINGLES

Sizzling Singles (ages 30+), the biggest and best singles party in Chicago, welcomes you each Sunday for an evening of good music, fun and delicious food, at Hyatt Deerfield, Deerfield, IL, 7 p.m. til 7, cost is \$10. For information call (708) 945-3400.

### TOGETHER SINGLES PRODUCTIONS

Together Singles Productions, an event service and multifaceted social club, including a live events hotline for Chicagoland's singles. Events are scheduled throughout the year, almost every day, including theater, dances, socials, trips, charity benefits and more. Membership is \$35 semi-annually. For membership information call (312) 661-1976.

### THURSDAYS H.O.P.E. SUPPORT GROUP

H.O.P.E. is currently forming a support group for separated, divorced, and widowed adults over 40. Meetings are held twice a month on Tuesdays at 7:30 p.m. in Skokie. For information, call (312) 528-2408.

### TOGETHER SINGLES PRODUCTIONS

Together Singles Productions - River Boat Trips To Harrah's Casino in Joliet. Every Saturday, 1:15 P.m. - 7 P.m. Alternating departures from The Alumni Club - Schaumburg, 871 E. Algonquin and Alumni Club - Chicago, 15 W. Division. Only \$19.95 For reservations, tickets, information and other events call (312) 661-1976.

### Scheduled departures from Alumni Club - Schaumburg:

June 18  
July 2, 16 and 30  
Scheduled departures from Alumni Club - Chicago:  
June 25  
July 9 and 23

### EVERY THURSDAY PREFERRED SINGLES

Preferred Singles (45-60) meet every Thursday night at 7:30 in Glenview for discussion and fun. Call Carol 296-9222 evenings or 674-1617 for the groups latest activity.

### Free seeds for a blooming time

Spring is the time for gardens. The land is renewing itself after the harshness of this winter. Birds return, leaves pop open, and the green things in life come back in all their glory. Up comes the lettuce, the tomatoes, the zinnias, the marigolds, the peonias. In many people, this prompts the question, "How can I participate in the earth's annual renewal?" That's a good question, considering the kind of winter we have had this year.

Well, you can participate in the renewal process by getting some free seeds. How? The surprise Gift of the Month Club has some Burpee seeds, and they will send you five different packets (some flowers, some fruit and vegetables) for just the price of postage and handling. Just send \$1 for postage and handling to: Seeds, c/o Gift Club, P.O. Box 411, Thiells, NY 10984.

### Divorced spouses can count on Social Security

It's a sad fact of life that there are almost as many divorces as marriages each year. But if you're divorced or about to be divorced, you should be aware that the end of your marriage usually doesn't mean the end of your eligibility for Social Security benefits on your ex-spouse's work record.

As a general rule, if your marriage lasted at least 10 years and you're not currently married and your own retirement benefit isn't higher than the amount you would be entitled to based on your spouse's benefit, you'll be able to get a spouse's or widow (er)'s benefit when you meet the other eligibility requirements.

Before you can be eligible for a divorced spouse's benefit, your former husband or wife must be receiving Social Security retirement or disability benefits. An exception to this rule is if your ex-spouse is age 62 or older and eligible for retirement benefits, but not actually receiving them, you can be paid a spouse's benefit if you've been divorced for 2 years or more.

If your former husband or wife meets the rules outlined above, you'll qualify for benefits as a divorced spouse if:

- you're age 62 or older;
- you were married to your ex-spouse for at least 10 years; and
- you're currently unmarried.

(Note: the last requirement means even if you remarried after your divorce, you could be eligible for benefits on your first spouse's Social Security record if your second marriage also ends. If you are eligible for Social Security benefits on both spouse's records, you will receive the benefit that pays the highest rate.)

Your former spouse's current marital status does not affect your eligibility. So both an ex-spouse and current spouse may be eligible to receive benefits on one worker's Social Security record, along with other qualified dependents such as minor or disabled children. Further benefits paid to a former spouse do not reduce payments made to a current spouse and dependents.

If your former husband or wife is deceased, you could be eligible for benefits on his or her Social Security record if you meet one of these age requirements:

- you're 60 or older; or
- you're 50 or older and disabled; or
- you're any age and caring for your former spouse's child who is under 16 or who has a disability that started before his or her 22nd birthday.

In addition to the age requirement, you must have been married at least 10 years if you are age 60 or older or 50 or older and disabled, and you must be currently unmarried. Widows and widowers who remarry after age 60 (or disabled widows and widowers who remarry after age 50) maintain their eligibility for benefits on their former spouse's Social Security record.

And, just as wives and husbands may be eligible for Social Security benefits from more than one former spouse, divorced widow(er)s may be eligible on two or more records and they, too, will receive the highest benefit. If you have questions concerning benefits payable to divorced spouses and widow(er)s, call Social Security's toll-free number, 1 (800) 772-1213, any business day between 7 a.m. and 7 p.m. It's best to call toward the end of the week.

# RETIREMENT HOME AND NURSING HOME GUIDE



## Quarterly Guide

offering info on services, facilities and extended care





**Des Plaines resident to receive award**

Robert Lambert of Des Plaines will receive a Senior Achievement Award on June 17, at Operation ABLE's Older Workers Award Luncheon, at the Palmer House Hotel. Lambert has also been nominated to receive the Claude D. Pepper Distinguished Service Award. The six winners

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**Ballard's New Rehabilitation Suite to be First of its Kind in the Nation**

Soon rehabilitation clients at Ballard will be shopping for groceries in a "grocery store" and using the drive-up window at a "bank" — all within the safe confines of Ballard's new rehabilitation suite, Transitions in Rehabilitation.<sup>SM</sup>

Transitions will be the first geriatric rehabilitation suite in the nation to include the OUR TOWN Rehabilitation Center, an innovative community-like environment developed by Guynes Design, Inc.



**Eli Pick**  
Executive Director

In a simulated community setting, clients will practice the everyday activities that are essential for returning to both home and community.

The simulated community in Transitions will include components such as a bank, grocery store, automobile, park and model apartment. All of the components have been designed specifically to

meet the needs of the older rehabilitation client.

Being able to carry out everyday activities safely and with as much independence as possible is the goal of rehabilitation. Why not provide a more stimulating and realistic environment in which to do so?

**For information, call 708-294-2300 or write: Ballard 9300 Ballard Road Des Plaines, IL 60016**

**How secure is VA health care?**

America's veterans are facing a potentially fundamental transformation of their medical care system. Proposed changes will affect the way VA health benefits are dispensed well into the next century.

Moreover, attempts to "reinvent" government will affect all veteran's entitlements from cost-of-living allowances (COLA) to education assistance.

Most agree that to provide universal health care, reform is essential. As part of a larger group, veterans must expect to make sacrifices, too. However, the VFW stands ready to ensure that the burden of reform does not fall unfairly on the shoulders of war veterans.

**Can VA Compete?**  
VA operates the nation's largest centrally managed health-care delivery system, comprising 171 medical centers, more than 300 clinics and 132 nursing home care units. But the VA system has many vocal opponents—not surprising for any chronically underfunded system serving a disproportionately impoverished, elderly and ailing constituency.

It does not, however, make sense to dismantle or allow further deterioration of an entity of such magnitude. With adequate funding and the flexibility to evolve, VA will prove to be a highly competitive care provider. Examination of VA's positive points show why.

Since its inception, VA has delivered quality care despite limited congressional funding and hopelessly convoluted eligibility criteria. It has done so by developing and applying effective cost-containment strategies superior to many community hospitals.

VA consistently outscores non-VA hospitals on medical quality surveys conducted by the independent and highly respected Joint Commission on Accreditation of Health Care Organizations.

Cost inflation in VA hospitals is half the non-federal sector rate. VA's home-based hospital care averaged 13 percent less than conventional care, and expenditures in VA hospital units are less than two-thirds the costs in state university teaching hospitals.

Is VA a competitive entity? Quite clearly it is.

VA annually trains more than 100,000 health-care workers, including more than 32,000 physicians and dentists. More than half of all U.S.-trained physicians receive all or part of their training at VA medical facilities. It must also be noted that VA serves as the primary medical backup to the Department of Defense during wartime or national emergency.

**Many Reform Plans**  
With so many reform plans floating around Washington, the final product is far from certain. Regardless, the VFW will scrutinize all proposed reform closely. We are optimistic that the VA medical system will survive the reform firestorm and emerge stronger, better and more efficient than ever.

**Ten warning signs of Alzheimer's disease**

(NU) - Betty Anderson didn't know what to make of her husband, Bob. A College professor, he had become more and more forgetful, absent-minded, she thought at first. But then he started to ask her the same questions over and over, forgetting her answers and even that he'd already asked the question. He'd get lost driving in the neighborhood and misplace his keys and wallet frequently. Betty began to finish sentences for Bob, who increasingly fumbled for words. She didn't think anything could help Bob — or herself.

Many people assume that memory loss, confusion and disorientation are a normal part of aging. They are not. In fact, they can be symptoms of Alzheimer's disease, the most common dementia. While Alzheimer's disease currently has no prevention or cure, help is available for those who have the disease, and those who care for them. Furthermore, these same symptoms might have another cause, such as depression, nutritional imbalance or drug interactions, and could be reversible. So it's important to see a doctor for a thorough examination.

When informed about symptoms, people can make better decisions about when and where they need to seek help. That's why the Alzheimer's Association has launched a major educational campaign called "Is It Alzheimer's? Ten Warning Signs."

If someone you love has begun to show several of these warning signs, and particularly if the symptoms are getting worse, you should arrange for a thorough examination by a physician:

- Recent memory loss that affects job performance
- Difficulty performing familiar tasks
- Problems with language
- Disorientation of time and place
- Poor or decreased judgment
- Problems with abstract thinking
- Misplacing things
- Changes in mood or behavior
- Changes in personality
- Loss of initiative or enthusiasm

"Loved ones with Alzheimer's disease need and deserve care tailored to their illness," says Stuart Roth, association chairman. "Caregivers need support, too. Our 220 chapters in 50 states are here to help."

For a copy of "Is It Alzheimer's? Ten Warning Signs" and to locate the chapter nearest you, call 1-800-272-3900.

**Older American population increases**

The following information is based on data from the U.S. Bureau of the Census.

- The older population — persons 65 years or older — numbered 32.3 million in 1993. They represented 12.7 percent of the U.S. population, about one in every eight Americans. The number of older Americans increased by 1.1 million or 3 percent since 1990, compared to an increase of 2 percent for the under-65 population.
- In 1992, there were 19.2 million older women and 13 million older men, or a sex ratio of 147 women for every 100 men.
- Since 1900, the percentage of Americans 65 and older has more than tripled (4.1 percent in 1900 to 12.7 percent in 1992), and the number has increased over 10 times (from 3.1 million to 32.3 million).
- The older population is getting older. In 1992, the 65-74 age group (18.5 million) was eight times larger than in 1900, but the 75-84 group (10.6 million) was 14 times larger and the 85 and older group (3.3 million) was 26 times larger.
- In 1991, persons reaching age 65 had an average life expectancy of an additional 17.4 years (19 years for females and 15 years for males).
- A child born in 1991 could expect to live 75.5 years, about 28 years longer than a child born in 1900. The major part of this increase occurred because of reduced death rates for children and young adults. Life expectancy at age 65 increased by only 2.4 years between 1900 and 1960, but has increased by 3.1 years since 1960.
- About 2.1 million persons celebrated their 65th birthday in 1992 (5,700 per day). In the same year, about 1.6 million persons 65 or older died, resulting in a net increase of 521,000 (1,420 per day).
- A small number (1.6 million) and percentage (5 percent) of the 65 and older population lived in nursing home in 1990.

**Illinois Wesleyan announces local grads**

Baccalaureate degrees were conferred on 377 members of the Class of 1994 at Illinois Wesleyan University, Saturday, May 21, during the 144th annual Commencement program.

Local graduates include Brad Justin Pawlowski, of Niles; and Elizabeth Hastie, Sulay Jhaveric, and Matthew Reese, of Skokie.

**Senior citizen will program offered**

Eligible senior citizens are offered low-cost will preparation services through the Senior Citizens Will Program Wednesday, July 6, at the Center of Concern in Park Ridge. Appointments will be scheduled beginning at 9 a.m. that day.

An attorney from The Chicago Bar Association will provide free consultations about wills to seniors who register for the service. At a client's request, the attorney will also prepare a simple will for a reduced fee. The cost for drawing up a will is not more than \$50 for an individual (\$75 for a couple).

Durable Power of Attorney and Living Will forms are available free of charge. A Durable Power of Attorney allows a senior to designate another person to make property or health care decisions in the event the senior becomes physically or mentally unable to do so. A Living Will allows an individual with a terminal health condition to express his or her desire to have death-delaying procedures withheld or withdrawn.

Seniors may complete the Durable Power of Attorney and Living Will forms themselves, or they may hire the attorney to help.

**Athanasoulis to address North Shore Prime Timers**



Christine Athanasoulis, senior advocate in the public service intake center, within the office of the Illinois Attorney General, Roland W. Burris, will speak before the North Shore Prime Timers on Thursday, June 16, in the Morton Grove Library, 6140 Lincoln Ave., Morton Grove at 7 p.m.

John Hanson, vice president, announced that Athanasoulis will share her expertise on telemarketing scams.

Athanasoulis is an expert on consumer scams, automobile fraud, durable powers of attorney, living wills and crime prevention. Athanasoulis' extensive mediation and conflict resolution skills have resulted in several hundred victories for Illinois consumers.

Athanasoulis has an associates degree in law enforcement from Thornton Community College and a bachelor's degree in public administration from Governors State University, University Park, Illinois, and served five years with the Lansing Police Department.

**Nazarethville Home for the Aging**

Nazarethville Home for the Aging is sponsored by the Sisters of the Holy Family of Nazareth.

The home strives to maintain respect for the dignity of each person and foster a holistic approach to resident care.

Two levels of nursing care, intermediate and sheltered care, are available at Nazarethville. All rooms are private.

Nazarethville is accepted by the Catholic Charities network of affiliated agencies. It is approved by the State of Illinois Public Health, and licensed for 68 intermediate care and 15 sheltered care beds.

For more information contact the Admissions Office at (708) 297-5990 and ask for Betty Hohmeier.

**REKIDLE FRIENDSHIPS**

Seniors may complete the Durable Power of Attorney and Living Will forms themselves, or they may hire the attorney to help.

**OCC Emeritus Program sponsors Chicago tours**

Those who are interested in seeing some of Chicago's most historical sites can join Nate Hoffman, a retired executive who has had a lifelong interest in his hometown (Chicago), as he tours some of the city's most unusual places. The tours are sponsored by Oakton Community College's Emeritus Program.

Four tours are scheduled on Wednesdays beginning July 6 with a tour of the Chicago Loop and Graceland Cemetery. Other tours include: Lockport Revisited on July 13, Chicago's Water System on July 20 and Houses of Religion on July 27.

Hoffman is known for his commentary on the history and current development of the city. His humor, delightful stories and zest for life provide participants with a wonderful experience. In addition, Hoffman says, "These unusual tours will leave participants with a greater understanding of why many people say, 'Chicago is my kind of town.'"

The cost is \$25 for each tour, or participants can pay \$75 for all four tours. Fees do not include lunch. A cruiser bus will depart at 9 a.m. from the parking lot of Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie, and return at 3:30 p.m.

For more information, call (708) 635-1414.

**Skokie Park offers ballroom dance**

Join the Skokie Park District for an afternoon of socializing and dancing. Stay active by dancing to the old songs. Couples and singles are welcome.

Our group meets the second and fourth Wednesday of each month at the Oakton Community Center, 4701 Oakton St., Skokie from 2:15 to 4:30 p.m. The fee is \$1.50 for members and \$2.50 for non-members.

Call 674-1511, for further information.

**One of Jennifer and Lisa's favorite things is the twinkle in Grandma's eyes. We intend to keep it there.**



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Our medical and nursing staffs are all superbly trained professionals who first, respect their patients and second, love their work.

Our daily programs are a mix of medical support services and planned activities designed to help residents live full, complete lives during their stay.

After all, there's nothing on earth like the twinkle in a grandma's eyes. Except, maybe, her smile.

For a free brochure, or to set an appointment for a tour of our facility, please phone our Director of Resident and Family Services, Laura Patur, at 708-729-9090.

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**Oakton Arms celebrates Adopt-A-Grandparent Day**



Nicholas Hendrickx shows off his prized possession—a paper flower—to Oakton Arms Retirement Community resident Bob Mazurekiewicz on Adopt-A-Grandparent Day at Oakton Arms. More than 15 children from All American Day Care Center in Des Plaines visited and shared stories with Oakton residents.

**The gentle touch of massage therapy**

Once a week, since August, students from the Chicago School of Massage Therapy have shared their skills with the residents of Glenview Terrace Nursing Center, massaging their muscles and revitalizing their souls with the wonder of therapeutic touch.

"The time at Glenview Terrace serves several purposes," said Kathy Gerken, a student as well as an employee in the Business Office. "The hours fulfill our community outreach requirements for school, while our mas-

sage services complement the facility mission of 'Care with the human touch.' Our work touches the lives of residents, family members and staff both physically and mentally."

According to another student, Joyce Sica, people who use a wheechair or walker are especially prone to tight shoulder and neck muscles. Massage therapy helps loosen up those areas and increase overall circulation. Range of motion is also improved.

Massage therapy is also en-

joyed by "stressed out" family members and staff. It eases the emotional stress of having a family member in a nursing home and allows them a chance to do something special for themselves.

Massage therapy can also enhance residents' morale and spirits. The touch of a massage therapist is soothing, gentle and reassuring. Touch conveys an essential sense of caring and belonging. Touch is a very powerful and overlooked form of communication.

Massage therapy is a unique addition to the therapy modalities offered for the residents at Glenview Terrace Nursing Center. For more information about massage therapy, contact Kathy Gerken, Business Office, Glenview Terrace Nursing Center, 1511 Greenwood Rd., Glenview, (708) 729-9090.

**Even Though Grandma Has Moved... I Can Still Visit**

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**Illinois Chamber supports governor's Medicaid reform**

The Illinois Chamber recently announced its support for Governor Jim Edgar's budget that features Medicaid reform, increased funding for education, and no tax increases.

"Everyone agrees that the Medicaid system that Governor Edgar inherited is sorely in need of reform," said Sally A. Jackson, President and CEO of the Chamber. "The changes that the governor has proposed, which bring reason, accountability, and affordability to the system, are nothing short of revolutionary: a mix of service delivery options consistent with Illinois' health care market that has focused on managed care. The chamber has long advocated this approach, and last year recommended Medicaid managed care to the Illinois Health Care Reform Task Force."

Other Medicaid reform proposals would result in the full payment of old bills, the improved access and quality in medical services, the introduction of competition to control costs, and the creation of a disciplined approach to pay Medicaid providers on time.

"Hospitals and nursing homes cannot survive on delayed payments," Jackson noted. "If we expect these businesses to provide quality care and cost control to Medicaid recipients, the government must find a way to reimburse them. This plan will stop the cost shifting that occurs when government doesn't pay its bills. These reforms can be the beginning of sweeping change for the better."

The Chamber also commended the budget's increased education funding, and singled out higher education's progress in bringing improved accountability to the system.

"Higher education has demonstrated that bringing accountability to the system has resulted in a truly responsible budget request," Jackson said.

Business initiatives and retaining current tax rates were also noted by the Chamber.

"The increase in Industrial Training Program funding recognizes the demand for quality training programs to ensure that our businesses remain competitive in the next century," Jackson said. "A first-class work force, coupled with innovative programs like the First Stop Business Information Center initiative, help make Illinois an attractive place to do business. We also commend Governor Edgar's willingness to hold the line on taxes, which supports our strengthening economy. This far-sighted approach will continue to pay dividends by keeping the business climate in Illinois strong, and unemployment low. It is obvious that Illinois' economy continues to strengthen, which is great for business, excellent for jobs, and provides an increased revenue stream for state operations. The governor's budget demonstrates where increases in funding are important."

**CJE provides unique option in housing**

As older adults go through changes that accompany the aging process, maintaining a house or apartment often becomes too difficult or lonely. Council for Jewish Elderly's Group Living Residences provide innovative, attractive alternatives to living alone.

Group living provides privacy, independence and a family-like atmosphere, but relieves elderly adults of the burdens of home repair, cooking and housekeeping. CJE maintains two group living residences, the Sylvia Robineau Residence at 7550 N. Kostner Ave., Skokie, and the Herman and Gertrude Klafter Group Living Residence at 615 Ridge Rd., Wilmette. Robineau was built in 1981 and Klafter in 1988.

Tastefully decorated private bedrooms with attached baths are clustered around common living rooms and snack kitchens. Residents are encouraged to bring favorite mementos to decorate their rooms and make them feel at home. Linen service and housekeeping are provided. Each residence has a laundry room for personal laundry.

Kosher lunches and dinners are served daily in an attractive dining room. Residents select favorite breakfast foods from a weekly shopping list, and prepare breakfast at their leisure in the suite's snack kitchen.

Both Klafter and Robineau have large, sunny rooms that afford privacy while the many common areas encourage interaction with other residents.

Bulletin boards list the varied activities available. Craft and exercise classes are taught by CJE volunteers. CJE's blue Shalom buses whisk residents to various sites throughout the Chicago area on day trips organized each week.

Intergenerational programs such as "Bubbies and Babies" give residents an opportunity to be "grandma and grandpa," providing lots of cuddles and hugs. Residents can invite family and friends to visit anytime.

Staff members are on duty day and night in case of emergency. The architecture of the buildings is designed so each resident is not far from others. This solves the problem of isolation so prevalent among the elderly. Each room is equipped with an emergency cord in case a resident needs to summon help.

For more information about the CJE Group Living Residences, call Rena Schaffer at (312) 262-3113.

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**Center of Concern celebrates 16 yrs. of service**



Shown above l. to r. are Eva Gertzfeld and Clare Guznik of The Center of Concern's Open House celebrating their 16th year of community outreach.

The Center of Concern, 1580 N. Northwest Hwy., Park Ridge, recently celebrated sixteen years of community outreach with a new office and an open house.

In-Home Health Care is one of the busiest of The Center's many programs. Persons who are ill or disabled and unable to handle their own personal care need someone to assist them. They can call the Center to locate such a person. Sometimes they need help for a day, or part of a day.

Others need help twenty-four hours and are seeking live-in help. People who are in-home health care workers and are seeking such employment register with The Center. After careful interviewing and checking references, The Center can help them find jobs.

For more information about In-Home Health Care, or any of the other programs of The Center, call (708) 823-0453.

**St. Matthew Lutheran Home participates in Food Distribution**

The St. Matthew Lutheran Home is participating in the Food Distribution Program and has established the following meal policy: The Food Distribution Program is available to all eligible participants without regard to race, color, national origin, handicap, sex, or age. Any person who believes that he or she has been discriminated against in any USDA related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

For further information, contact Scott L. Swanson at (708) 825-5531.

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**Food for Thought**

By the time we reach the age of 60, everything we have eaten or had to drink has had a cumulative effect on our bodies. Sometimes this can be in the form of being overweight. It takes years of bad eating habits, poor nutrition and no daily exercise to be 20 percent or more overweight. The end result leaves the body vulnerable to high blood pressure, cardiac problems, diabetes and cancer.

According to Linda Yamamoto, Director of Dietary at Glenview Terrace Nursing Center, aging starts during childhood, not at some magic age of 40, 50 or 60.

"It is never too early to start planning for a healthy future." The basic guidelines for a nutritious diet for the elderly, according to the National Institute on Aging, are the same as those for most adults. The main difference, however, is that many persons seem to gain weight as they age and exercise less.

Yamamoto emphasizes lifestyle habits that an adult of any age should practice to increase life expectancy: eat regular meals, including breakfast; do not snack between meals; keep weight proportionate to height; exercise regularly; limit or eliminate alcohol; do not smoke; and get 7 to 8 hours of sleep a night.

Many older Americans who would like to maintain healthy lifestyles may not know how to fix and eat nutritious, well-balanced meals. A moderate, balanced approach to nutrition is best. The U.S. Department of Agriculture and the U.S. Department of Health and Human Services have developed principles encouraging variety, balance and moderation in food consumption: eat a variety of foods; choose a diet low in fat, saturated fat and cholesterol; choose a diet with plenty of vegetables, fruits and grain products; and use sugars only in moderation.

These agencies also suggest some basic advice in assisting older people to eat better: refresh their understanding of the major food groups; help them differentiate between saturated fats, unsaturated fats and cholesterol, and understand the effects each has on their blood cholesterol; educate them on the number of servings of each food group to enjoy each day; teach them how to shop for healthy foods; explain how to eat right when eating out; teach them how to read nutrition and ingredient labels; and demonstrate how to prepare foods with less fat, sodium and sugar.

**Breast Cancer Prevention support group**

A Support Group for Breast Cancer Prevention (Tamoxifen Trial Study), sponsored by the Women's Health Program of Rush North Shore Medical Center, will be held on Saturday, July 9 from 10:30 a.m. until noon in the medical center's Sharfstein Academic Center. The group is open to women in the study or considering entering the study because of high risk for breast cancer.

There is no charge. Reservations are required by calling (708) 933-6000 or (708) 272-4321.

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Having met national standards of quality, the Resurrection Nursing Pavilion in suburban Park Ridge is accredited by the Joint Commission for the Accreditation of Healthcare Organizations. The 298-bed skilled-care facility is also licensed by the State of Illinois and certified by Medicare. Owned and operated by the Sisters of the Resurrection, Resurrection Nursing Pavilion offers 24-hour nursing services as well as rehabilitative care.

Call 708.692.5600 for a brochure or tour.

**RESURRECTION RETIREMENT COMMUNITY**

Enjoy country living in the city at Resurrection Retirement Community on Chicago's Northwest side. This 472-unit apartment complex offers resident services including planned social activities, fine dining, 24-hour security and is close to doctors and hospital services.

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# Business News

### Professional Business Seminars

The Institute for Business and Professional Development at Oakton Community College is offering a variety of seminars in microcomputers, spreadsheet software for Windows, database management software using DOS and wordprocessing software for Windows during its summer term at the Des Plaines campus, 1600 E. Golf Rd.

The following seminars meet from 9 a.m. to 5 p.m., and the fee is \$225 (for each):

Introduction to WordPerfect 6.0 focuses on the basic skills of text entry, editing, formatting and printing. New graphics and mouse-assisted drag-and-drop features are discussed. The seminar meets on Monday, June 20.

Introduction to Microsoft Excel 4.0 focuses on the concepts of this modern and very popular spreadsheet program. Basic commands and functions leading to the creation of worksheets,

graphics and databases are covered. The seminar meets on Tuesday, June 21.

Intermediate dBase IV is designed to expand the beginner's knowledge of dBase including how to use basic commands, how to produce reports and how to label based upon related databases. Organization and sophisticated query techniques will be discussed. The seminar meets on Tuesday, June 28.

Advanced Microsoft Word for Windows 2.0 is designed to help participants build on prior knowledge of this popular software package, while making use of its more sophisticated capabilities. Prerequisite: Introduction to Microsoft Word for Windows or everyday experience with the software package. The seminar meets on Wednesday, June 29.

For more information, call seminar registration at (708) 635-1932.

### Liberty announces loan assistance program

Liberty Bank for Savings has announced an affordable mortgage program designed to help low and moderate income families achieve homeownership.

First-time homebuyers, and homebuyers purchasing properties in certain low-income target areas, can receive an annual federal tax credit of \$2,000.

William Smigiel, President of Liberty Bank, said the program means many families whose income is considered too high for other subsidy programs are eligible for Liberty's Tax Credit Pro-

gram. "Under this program, prospective homeowners can shop for new or existing single family homes, or existing 2-to-4 flat buildings for which they would not otherwise be eligible.

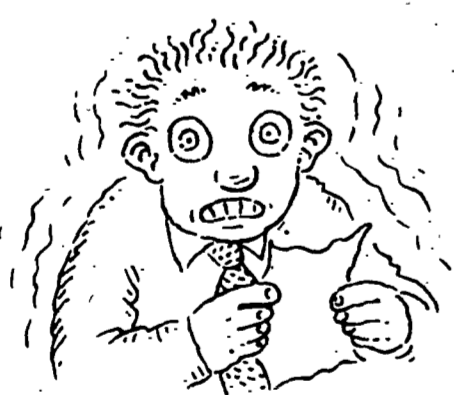
This program may also be utilized with Liberty's other Affordable Housing Programs, which require as little as a 5 percent downpayment.

For more information, contact Karen Boyk or Doris Viruet at (312) 384-4000.

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### ERA Sales Associate promoted



Peter Davis, Sales Associate with ERA Grove Real Estate & Management Company has been promoted to Director of Referrals & Relocation, announced Kathleen Kicketts, Broker/Owner.

Davis has been with ERA Grove for one year and in the real estate industry since 1980. Davis also was named as "Top Listing" agent for 1993.

This position will benefit Davis' sellers as ERA's national statistics show that 40 percent of all buyers come from outside the area. This, in addition to ERA's computerized Home Sellers Network will assist in satisfying the consumers needs in the buying and selling of real estate.

### OCC offers classes on "How to correct billing errors"

Marilyn Provencher, an advocate for mature adults whose medical bills have been mismanaged, discusses how to correct billing errors, as part of the free Passages Lecture Series on Tuesday, June 21 from 1 to 2:30 p.m. in Room 112 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Provencher says of her topic, "Most people find the maze of government regulations in Medicare and the on-going billing procedures very difficult to understand." In this lecture, she provides participants with examples of mismanaged billing practices and suggestions for dealing with them.

For more information call (708) 635-1414.

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### Regnier named new Administrator/CEO

Dennis L. Regnier, 41, has been named administrator/CEO of Forest Health Systems in Des Plaines.

Regnier brings 20 years experience in the healthcare field to his new post. Most recently, he was corporate director/network development for Tulsa, Oklahoma-based Century Healthcare, coordinating administrative management activities for healthcare facilities in Indiana, Oklahoma, Colorado and Arizona.

Prior to that, he was with Hartgrove Hospital in Chicago, as associate administrator/director, community relations, and earlier held marketing and business development positions with HCA

Chicago Lakeshore Hospital.

A resident of Tinley Park, Regnier has been active in numerous community organizations. He holds a masters degree in public service administration from Governors State University.

Forest Health Systems has served the northwest suburbs for more than 35 years. The private psychiatric facilities offer treatment programs for children, adolescents and adults suffering from mental and emotional disorders. The facilities also offer comprehensive programs for eating disorders, dual diagnosis, substance abuse and partial hospitalization, as well as a range of outpatient programs.

### Stock Market still trending lower

Despite a two percent increase in the Dow Jones Industrial Average (DJIA) during May, stock price trends remain downward and risks remain high, says Stephen W. Mack, Certified Financial Planner and President of Mack Investment Securities, Inc.

While the DJIA increase led many observers to declare the market correction, and potential bear market, ended, "In reality, the DJIA is now resting only 6.5 percent higher than May, 1993," Mack notes. "Broader measures, such as Standard and Poors 500 and the New York Stock Exchange index are essentially unchanged over the twelve month period."

"Look for the market to resume its downward move very shortly," Mack says, adding that the DJIA is likely to move to the 3580 to 3600 range, at which level a short-term buy could be indicated. "Given complacency in the market and the Fed's tighter posture, odds are we are already looking at a bear market," he says. Mack has been noting increasing signs of underlying weakness in the markets since November.

Risk levels increased again on May 17 when the Federal Reserve Bank pushed its funds rate up for the fourth time since February and raised its discount rate for the first time in five years, Mack notes. This marked a move by the Fed to a neutral from an ac-

commodative stance and, Fed Chairman Alan Greenspan indicated, a reaction to too much speculation in the financial markets.

"The market welcomed what it hoped was the Fed's last increase by pushing the DJIA up 49 points and reducing the yield on the 30-year U. S. Treasury Bond to 7.27 percent," Mack says. The T-Bond rate has since returned to 7.45 percent.

"Unfortunately, inflation pressures appear to be increasing and the May 17 rate rise will not likely be the last," he asserts, noting that employment has been improving substantially and commodity prices are now 15 percent over January, 1993, levels.

Thus far, the rising rates have led to a decrease in the amount of new investment money coming into stocks, Mack says, though they have not yet pushed funds out of the market. A respite in selling, rather than an increase in buying, contributed to the market rebound during May, he adds.

Weakness in utility stocks could also contribute to shifts in investment. The most conservative stock market investors tend to buy utility stocks which, in the past, provided competitive dividends with the safety of, in most cases, a monopoly. Now, with the average utility investor losing 27 percent since September, CD's may again become investment of choice.

### Avon announces scholarship winner

Avon Products, Inc. recently announced Vikash Patel, of Des Plaines, as the winner of the 1994 Morton Grove/Glenview Children of Employee Scholarship. He was selected by the College of Scholarship Service/Sponsored Programs of Princeton, New Jersey.

Vikash is a 1994 Elk Grove High School graduate. His academic achievements include being awarded for obtaining honor roll status for seven consecutive semesters. During his four years at Elk Grove High School, Patel was a member of the track team and participated in the Class Board Committee. In addition to these activities, Patel DJ's as a hobby for various functions, such as birthdays and social gatherings.

As a winner of the Avon Scholarship, Patel will receive a 4-year scholarship of up to \$3,000 per year. These funds will be applied toward his studies in Pharmaceuticals. Vikash is the son of Bhanumati Patel an Alpha Operator at

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# Business

### Financial Planning 101 for college graduates

For many college graduates, the exhilaration of landing a job will soon be tempered by the realization that a paycheck doesn't stretch as far as they had anticipated. To help new graduates effectively manage their earnings, the Illinois CPA Society offers these basic financial planning tips.

#### Know Where Your Money is Going

To take control of your finances, you must know where your money is going. You can find out by developing a "cash flow statement." In simple terms, you need to begin tracking your expenses on a monthly basis and comparing them to your monthly income. Do this for several months and you'll get a good understanding of your financial habits - and those that may need to be changed.

When tracking your expenses, include every expense, even small amounts paid for gifts and sporting or entertainment events. An accurate cash flow statement will help you choose areas in which you can cut back your spending if necessary.

#### Control Spending With a Budget

While your cash flow statement will indicate past spending habits, a budget can guide you in making future financial expenditures and achieving your financial goals. To create your budget, list all monthly expenses, including fixed costs such as rent, automobile and educational loans, as well as variable expenses, such as those for food, entertainment, and travel.

As a rule of thumb, plan on spending about 30 percent of your take-home pay on housing, including rent and utilities, and 20 percent on food. Out of the remaining 50 percent, you'll need to pay for miscellaneous expenses, including your commuting costs, student loans and other outstanding debts, clothing, gifts, etc. You should also strive to set aside between 5 and 10 percent of your earnings in a savings account.

Your budget should be driven in large part by your financial goals. So, for example, if you want to purchase a new car a year from now, you'll need to boost your savings further and look for ways to reduce your expenses.

#### Open Checking and Savings Accounts

If you haven't already done so, open a checking account and a savings account at a local bank. Most banks offer options for each type of account, so be sure to inquire about such things as minimum balances and interest rates.

Try to find a bank that offers free checking for a minimum or average balance, say \$100 to \$300, that you can easily meet. This way, you save on per-check costs, which can amount to \$100 to \$200 a year. If you maintain a

#### Vore named REI Niles Store manager

Recreational Equipment, Inc. (REI) has named Kelly Vore manager of REI's Niles store. Vore began her career with REI in 1985 and recently served as assistant manager at the company's Federal Way, Wash., store.

Vore succeeds Michelle Yancy as REI's Niles store manager. Yancy was recently named manager of REI's new Oakbrook Terrace store, which is slated to open in September.

### Thorsen named president of Edens Bank

Richard P. Thorsen has been named president of Edens Bank, it was announced today by Peter Fasseas, Chairman of the Board and Chief Executive Officer.

Thorsen, formerly President of Water Tower Bank in Chicago, will oversee all banking operations at Edens Bank.

Thorsen received his Bachelor of Science in Business Administration in 1967 and Juris Doctor in 1971 from Northwestern University. He served as a Governor's State University Foundation Director from 1990 to 1993, and is currently a member of the De Paul University School of Music Advisory Board.

Thorsen, 48, resides with his wife and two children in Winnetka.

Edens Bank has served as Wilmette's community bank for the past 22 years. The bank has three offices including 3245 N. Lake Ave. and 915 Ridge Rd. in Wilmette, and 9422 Skokie Blvd., Skokie. The phone number for all offices is (708) 256-5105.

### Allyn Bank Equipment Co. celebrates 35 years

Allyn Bank Equipment Co. of Morton Grove, celebrates its 35th anniversary this year. Established in 1959, the company manufactures and markets state-of-the-art check desk accessories for financial institutions throughout the world.

"We're extremely proud to be celebrating our 35th anniversary," said Allan E. Finke, President of Allyn Bank Equipment Co. "We expect to maintain our growth during the next 35 years by continuing to produce a wide variety of banking products."

The company's Date-Write® Series has become the standard of excellence in check desk accessories and interior graphics for the modern financial institution. The line includes pens, perpetual calendars, form holders, waste drops and many types of bank signs.

Allyn Bank Equipment Company is located at 8248 Lehigh Ave., Morton Grove, (708) 965-7788.

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'93 Honda Prelude Si.....\$15,995	'90 Ford Escort GT.....\$5995	'87 Mazda 626.....\$4995
'93 Honda Accord LX.....\$13,995	'90 Toyota Corolla.....\$4995	'87 Honda Civic 4 Dr.....\$2995
'92 Honda Accord EX.....\$13,995	'90 Nissan Sentra.....\$3695	'87 Honda Accord.....\$2495
'92 Nissan Sentra.....\$7995	'89 Honda Accord LX.....\$5995	'85 Cutlass Coupe Brougham.....\$3995
'91 Pontiac Firebird ....\$8995	'89 Mazda 323.....\$4995	'85 Chevy Celebrity Wgn.....\$299
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School News

Montay College presents honors award

Montay College is proud to present its highest honor, the "Share the Vision" award, to Cecil A. Partee. Mr. Partee's illustrious career spans 40 years of public service.

The 1994 "Share the Vision" award will be presented to Cecil A. Partee at an award banquet to be held on Friday, June 17, beginning at 5:30 p.m., at the Chicago Historical Society, Clark St. at North Ave. Honorary Co-Chairs of the event are Mayor Richard M. Daley, Bishop Thad Jakubowski, Philip J. Rock, and Hon.

Jesse White. Noted celebrity Merri Dee will emcee the event. (Tickets are \$50).

Montay College, a small, private, accredited, two-year catholic college located on Chicago's Northwest side, is a culturally diverse blend of traditional age students and adult learners, with a mission to improve the quality of life for people in the Chicago area.

For more information on the event, contact the Development Office at Montay College (312) 539-1919.

Travel to Alaska with Oakton educational tours

Those who love to travel and are eager to learn, will enjoy a voyage through the fabled Inside Passage, the protected 1,000-mile strip of sea and glacial ice that hugs the coast of Alaska and British Columbia, on an educational tour sponsored by Oakton Community College.

Five tours are available for booking. Oakton professor John Tosto will be leading the July 29-Aug. 14 tour. Others are led by professors from colleges or universities across the country.

The trip starting in mid-June begins with a two day program in Vancouver, including an exclusive guided visit to the University of British Columbia's Museum of Anthropology. During the two week cruise of the Inside Passage, a large selection of shore excursions will allow participants to explore the culture, geology, history and ecology of Alaska. These areas will be examined by the faculty escort and through illustrated lectures and seminars by other noted authorities.

All of Oakton's travel/study programs include college faculty escorts and in-country specialists who share their insights about the contemporary, natural and historical aspects of the destinations visited.

Comfortably paced itineraries that allow time to visit a particular site and first class accommodations allow participants to combine a comfortable vacation with learning.

For complete itineraries and prices, write or call (708) 635-1812.

Skokie student to participate in RAP

Regina Dominican High School junior, Margarita Ruiz, of Skokie, has been selected to participate in the 1994 Research Apprentice Program in Applied Sciences (R.A.P.) at the University of Illinois at Urbana-Champaign. The program begins June 20-29 at the College of Agriculture.

Presidential Academic Fitness Award Program

At an Honors Assembly on Tuesday, May 31 at 1:45 p.m. before a crowd of students, parents and faculty members, Stephanie M. DiPrima, principal of St. Martha School, presented the Presidential Academic Fitness Awards to students in Grade 8.

The Presidential Academic Fitness Award Program is designed to encourage students to achieve their full academic potential. The award is a pin and a certificate signed by the President and Secretary of Education.

To be eligible for the award, students in eighth grade must have attained an A- average and must have placed at or above the 85th percentile on the standardized achievement tests administered at St. Martha School.

Recipients of the Presidential Academic Fitness Awards were: Annalizza Delfin and Mary Thoresdale.

Pom-Pon Squad selected

The 1944-95 Pom-Pon Squad for Loyola Academy was recently selected, following a week-long clinic and audition period. Squad members include: Michelle Abdala and Jennifer Giofredi of Niles, Rowena Carmona of Des Plaines, Stephanie LoVerde and Theresa Malvar of Glenview, Kelly Neville of Park Ridge, and Cheryl Rosales of Skokie.

Sister James Jeffers, D.C., current moderator of the Marillac Pom-Pon Squad, will continue in that capacity next year at Loyola. The squad will perform at athletic events for both boys and girls throughout the year.

SJB Preschool offers educational environment



Pictured (from L to R) are St. John Brebeuf Preschoolers Beth Nowak, Teddy Koo, Adrienne Ordonez, Jackie Begale, Aimee Nickerson, Laura Mazzolini, and Kevin McAlliff.

If you are looking for a wonderful educational environment for your preschool-aged child, St. John Brebeuf Preschool would like you to consider the advantages it can offer.

New and exciting experiences will greet your child daily in an environment that is part learning laboratory, part children's museum and part interactive center, all geared to a pre-schooler's natural curiosity. Your child can grow cognitively, socially, physically and religiously.

Here your child can pet a rabbit and hold a bird any day he wants; can paint or draw or create music on our Off instruments anytime. Your child can hammer a nail or squish playdoh everyday, or cuddle up with classic children's literature and even create his own stories. Blocks, puzzles and other small manipulatives are available as well as dress-up clothes to stimulate the imagination.

Children can run, climb, ride a bike; play with balls, scooters, beanbags, hoops, ropes and much more in our very large gym each

day. Our enclosed outdoor courtyard playground gives your child the opportunity to explore sand, water and bubble play.

St. John's offers your child a well thought-out curriculum consisting of age-appropriate units of study combined with correlated literature, a variety of arts and crafts, cognitive activities and many kinds of group music experiences. Prayer time and snack time are daily occurrences.

Please take some time to come and visit us. We know you will find this a perfect environment for your child's first school experience. At the present time, we have openings in both of our afternoon classes which run from noon to 3 p.m. The three-year olds meet on Mondays and Wednesdays; four-year olds meet Tuesdays, Thursdays and Fridays. The best time to visit is between 1 and 2 p.m.

Call the Director, Mrs. Kathleen Nichols, at home, at (708) 965-1493, for more information and to set up a visit.

Benefit Bake sale

Regina Dominican High School student, Sheila Donahue, Chicago, along with faculty member, Geraldine Majcin and the Student Council, hosted a bake sale on May 18 for Donahue's cousin, the baby who, while sitting in her parent's car, was shot by another motorist. According to Donahue, the baby is doing much better but the medical bills are accumulating. Proceeds from the bake sale went to the baby's medical fund. Those interested in contributing to the baby's medical fund may send donations to: The Brittany Stauss Fund, Suburban Bank of Bartlett.

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Maine East orchestra director retires

Walter Wolodkin of Maine East's Fine Arts Dept. will retire this June from the position of Concert Orchestra director.

Among his words of wisdom, comes this advice to students. "There are no shortcuts; those who prepare will win."

Wolodkin has been in Dist. 207 for 24 years; all but 7 of those

were spent at Maine East. Those 7 years of his teaching career were spent at Maine North. Yet, even before Wolodkin taught at Maine Township, he was a busy man. He had been with the New Orleans Opera and Symphony for two years and directed numerous church choirs, which he may return to after his retirement.

MONNACEP Kids' College offers summer courses

Kids' College, offered through MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering new classes for grades five and up this summer at Oakton's Des Plaines campus, 1600 E. Golf Rd. The following one-hour classes meet Monday through Thursday from June 27 to July 14:

Nautical Engineering provides an examination of water craft from the age of sailing to the present. Students will construct various models to demonstrate principles of locomotion at sea. The class meets from 3:10 to 4:10 p.m.

Raptor Ecology covers how to identify local birds of prey and examines their role in the ecosystem. A demonstration by trained hawks/falcons is included. The class meets from 1 to 2 p.m.

Puzzles and Paradoxes is an introduction to the most interesting and unusual aspects of science and math. An understanding of basic algebra is helpful. The class meets from 2:05 to 3:05 p.m.

For more information, call (708) 982-9888.

RELAX!

Res junior to attend Air Force Academy

Resurrection High School junior, Jennifer Jaworski, will attend the U. S. Air Force Academy's Summer Scientific Seminar in Colorado Springs, CO.

One of only 500 students chosen nationwide for these sessions, Jenny says that she loves Colorado and that this will be a great way for her to get a feel for the Academy. "I would love to eventually attend the Air Force Academy, and this is a foot in the door."

In addition to the more than 20 scheduled classes, which include aeronautics, computer science, electrical engineering and a glider design workshop, Jenny and the other participants may choose to take either a tour of Pike's Peak or a tour of the cadet area in the Academy. They will also have an opportunity to meet new people and bring the knowledge they acquire back to school with them.

Applicants were chosen by the U. S. Air Force Academy based on their high school grade point average, ACT and SAT scores, participation in extra-curricular activities and a teacher recommendation.

Regina students receive awards

A 1994 graduate from Regina Dominican High School, Colleen Schmiege, Wilmette, received the Roseanne E. Harrington memorial award. The award is presented each year to a graduating senior who has made outstanding contributions to student life at Regina.

Regina Dominican student, Suzanne Sublette, class of 1995, received the award to her daughter.

Scholarship for her senior year at Regina. The award is presented to the daughter of a Regina Dominican High School Alumna with the highest class rank at the end of her junior year. The award is named for Sister Rita Cecile, who taught math at Regina Dominican for 28 years. Cheryl Sublette, class of 1965, presented the award to her daughter.

Roosevelt promotes Thomas Karow

Thomas R. Karow has been promoted to executive director of public relations for Roosevelt University, Chicago effective immediately.

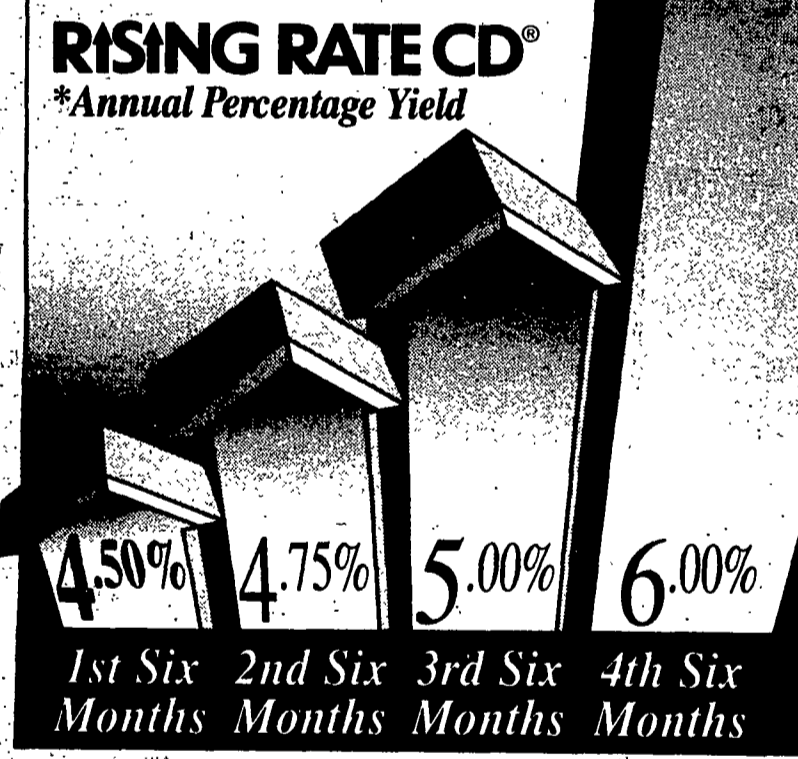
Karow, who had been director of public relations since joining Roosevelt in 1983, reports directly to university President Theodore L. Gross. As director of public relations, he has supervised media relations, publications, advertising, printing and special events.

Prior to joining Roosevelt,

Karow served as national news media coordinator of the National Safety Council, supervisor of public affairs and advertising for Amsted Industries, and co-editor of the Lake Geneva Regional News in Wisconsin. Karow earned his bachelor's degree in journalism from the University of Missouri-Columbia in 1973.

Karow is a resident of Arlington Heights.

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the final six-month period.\* You have the option of withdrawing all of your funds within the first ten days of any six-month interval. Or you can take out any portion of it as long as a \$1,000 balance is maintained.

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Advertisement for Bryant and ATC heating systems. Text includes: 'HAVE YOUR HOME COMFORT SYSTEMS SERVICED ANNUALLY TO HAVE THEM OPERATE MORE EFFICIENTLY', 'Solve Little Problems Before They Become Expensive Repairs', 'Know That Your Equipment Is Operating Safely', 'Higher Efficient A.F.U.E. Ratings', 'Performance You Can Count On', 'Spark Ignition', 'Fuel Efficiency', and 'GAS: YOUR BEST ENERGY VALUE'. ATC logo and address: 3314 Commercial Avenue Northbrook, Illinois 60062. Phone: (708) 498-HEAT (Suburban) and (312) 273-HEAT (Chicago).

Advertisement for Handbags Galore and Loyola yearbook editors. Text includes: 'Handbags Galore Once-A-Year-Clearance \$10.00', 'Genuine Leather Your Choice You Can't Afford To Miss This One SAVE BIG BUCKS', 'Buy Several - NO LIMIT! Dressy Evening Bags Too', 'Gold - Silver - Beaded - Mesh', 'Loyola lists yearbook editors', and 'Each year, Loyola yearbook veteran editors train apprentice editors through the production of a thirty-two page Spring Supplement. Overseeing this process of skills instruction, planning for the 1995 book, and integrating Marillac girls into the Academy yearbook tradition are Douglas Boin of Park Ridge and Daniel Z. Lee of Chicago. Veteran editors joining them as group leaders for the Spring Supplement, "Hard at Play," include Jason Bolina of Morton Grove, Michael McFadden of Park Ridge, and Tom Shahwan of Niles. Apprentice editors include Harry Basran of Glenview; Jon Coen of Wilmette; Ed Encinas, Ben Kocuhueli, and Noelle Vanchiensan, of Skokie; Di Hwang of Morton Grove; and Sam Maurice of Lincolnwood.'

Advertisement for First of America's Rising Rate CD. Text includes: 'RISING RATE CD Annual Percentage Yield', a chart showing rates of 4.50%, 4.75%, 5.00%, and 6.00% over four six-month periods, and 'A guaranteed rate increase with a no-penalty withdrawal option every six months.'

### Library/Parks and Sports News

## EPA recommends annual testing of well water

According to the U.S. Environmental Protection Agency (EPA), approximately 15 percent of the U.S. population relies on individually owned and operated sources of drinking water. Generally, these household wells are found in rural areas. Unlike water provided from public sources, which is carefully monitored for safety, water from private wells is not regulated by the federal government, and states generally regulate them on a very limited basis only. It is important, then, that well owners take responsibility for the quality of their drinking water.

Unfortunately, well water can become contaminated through a variety of sources. Several contaminants occur in nature and can present a health risk if they are found in drinking water. For example, radon, which is naturally present in rocks and soil and may, consequently, end up in the water supply.

Other sources of contamination are the result of human activity such as manufacturing, agriculture and pollution. Harmful chemicals may enter a well's water supply through leakage from waste disposal, seepage and runoff from pesticides and fertilizers sprayed on fields, or improper disposal of household wastes such as cleaning fluids, paint and motor oil.

Additionally, well water may not be aesthetically pleasing. A foul odor, smell or color may make it unsuitable to its users. While these characteristics are

usually not harmful, reducing them will make the water more pleasant to use.

A variety of treatment options exist for improving the quality of your well water. Some that are available include distillation, reverse osmosis, ultra violet and ozone disinfection, and carbon filtration. These may be installed directly in the home at single or multiple taps.

In order to choose the right equipment, though, it is important to confirm the nature and extent of the water's problem through testing. However, with all of these possible contaminants, it is often confusing to know what household wells should be tested for.

According to the EPA's publication "Citizen Monitoring: Recommendations to Household Well Users," wells should be checked annually for nitrates and total coliform levels. Additionally, contaminants such as radon and lead should be tested for at least once. The Water Quality Association also recommends that you test for arsenic, uranium and radium.

The Water Quality Association advises that before buying a disinfection product, make sure to determine which contaminants it reduces and to what level. If you would like more information about private wells or treatment options, write the Water Quality Association, P.O. Box 606, Lisle, IL 60532. Or contact your nearest Certified Water Specialist.

## Camp earns ACA accreditation

The American Camping Association (ACA) announced recently that Leaning Tower YMCA Camp Gotta-Wanna-Go has received ACA Accredited Camp status for 1994.

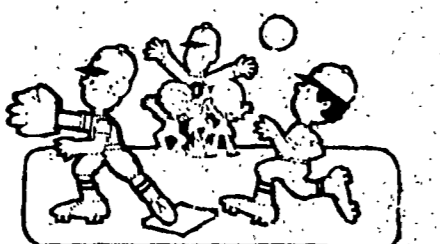
"An independent evaluation by camp experts is very important," emphasized Dr. Margery Scanlin, Director of ACA's Standards program. "By being ACA accredited, LTY Camp Gotta-Wanna-Go demonstrates that they care about their campers and comply with the highest quality standards designed specifically for camps."

"Parents expect their children to attend accredited schools. They also deserve a camp experience that is reviewed and accredited

by an expert, independent organization," stated Scanlin.

LTY's Camp Gotta-Wanna-Go was founded in 1955 and is located in Niles. The camp is in operation from June 6 to August 19 and offers sessions lasting from 1 to 11 weeks.

For more information, parents can contact the camp at (708) 647-8222.



## GOLF SMART

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## Martial Arts classes offered

The Niles Park District will be offering Tae Kwon do and Shoto-kan Karate classes this summer. Tae Kwon Do classes will be offered for ages 7 through adult and Karate will be offered to children 5 through 14 adult at the Ballard Leisure Center.

All class instructors are elite black belts that will teach you not only defense, but concentration, coordination, self-respect and self-discipline.

For more information on these evening classes, call (708) 967-6975.

## Summer Tennis lessons being held

The Niles Park District will be offering tennis lessons this summer for ages 5 through adult. Children lessons will be held on Friday mornings at Grennan Heights and adult lessons will be held on Monday and Wednesday evenings at the Oak School courts or Saturday morning at the Grennan Heights courts.

For further information, call (708) 967-6975.

## Nike youth basketball camp

The Niles Park District and Nike will be offering a basketball camp for children in grades 4th to 10th. Boys camp will be from July 11 to July 15 and girls camp will be from July 18 to July 22. Both camps run from noon to 4:30 p.m.

The camp concentrates on individual skills and offers more fundamental instruction than most camps. Call (708) 967-6975.

## Youth Basketball Camps

The Niles Park District will be offering the following basketball camps this coming summer. A basketball skill camp for children in grades 3rd through 7th is designed for players to develop their individual skills. Also, for children in grades 8th and 9th a pick-up basketball camp is for the player looking for a regular pick-up basketball game with good competition. Games will include "3 on 3," "4 on 4," "5 on 5" as well as "2 on 2" and "1 on 1."

Both camps will run on Sunday afternoons at Grennan Heights. Call (708) 967-6975 for further information.

## Niles Park District offers sports camps

The Niles Park District will be offering a sports camp this summer for 3rd to 8th graders. A variety of sports such as basketball, volleyball, soccer and flag football will be introduced.

The camp will be held at Grennan Heights Monday through Thursday from 9 a.m. to noon. Fridays class to be held at Jozwiak Park. In addition, there will be a mini-sports camp that will meet on Tuesdays and Thursdays only. For more information, call (708) 967-6975.

## USE THE BUGLE

The Niles Park District will be offering a sports camp this summer for 3rd to 8th graders. A variety of sports such as basketball, volleyball, soccer and flag football will be introduced.

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## Optimist Club Junior World golf tournament

Congratulations to Dave Makula from Park Ridge who shot a 73 and finished 1st in the annual Optimist Club Junior World Golf tournament. Makula will now advance to Bloomington, IL and compete in a 36 hole tournament to be held at Prairie Vista Golf Course on June 23 and June 24.

The 1st place winner in Bloomington will then advance to San Diego, CA and play at Torrey Pines Golf Course on July 19 to 22. The top eight scores in San

Diego will advance to play in Japan in August.

Congratulations also goes to 2nd place finisher Sino Milillo who shot a 74, 3rd place finisher Terry Wittek who shot a 75, and 4th place finisher Bill Schwartz who shot a 76.

A total of 26 golfers participated in this years event. The Niles Optimist local event was held on May 21 at Tam Golf Course. The event was in cooperation with the Niles Park District.

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The American Academy of Ophthalmology encourages everyone to leave the handling and detonating of fireworks to professionals at public fireworks displays.

There are three main types of eye injuries caused by fireworks: burns to the eye or eyelid, bruising and actual penetration of the eye," explained George Blankenship, MD, professor and chair of the department of ophthalmology at Penn State University.

Bottle rockets are responsible for 82 percent of fireworks injuries; smaller rockets travel from 35 to 75 mph, while larger rockets reach speeds of up to 200 mph. They fly erratically, explaining the high incidence of bystander injuries. The bottles and cans used to launch them often explode, showering fragments of glass and metal.

"The injuries can scar the cornea, the clear front coating of the eye," O'Donnell added. "Imagine a windshield that loses its transparency and there's no wiper.

If an injury does occur, do not press, rub or touch the eye; seek immediate care at a hospital emergency room.

Never allow children to handle explosive fireworks.

Always wear glasses or safety goggles when lighting fireworks. Spectators at backyard fireworks displays should also consider wearing protective eye wear.

Never put firecrackers under tin cans, clay pots or in bottles. Vessels can shatter in the explosion and hit the eyes.

Chicago White Sox Baseball Camp

The White Sox Training Camp will be coming to Niles this summer for a full week of fundamental and advanced training in all aspects of the game. Open to children ages 5-17 at Jozwiak Park. Fee includes two Sox tickets.

Salvation Army Norridge Summer Day Camp

The Salvation Army Norridge Summer Day Camp for boys and girls, ages 6 to 12, begins July 5 and will continue through August 4. Monday through Thursday from 9:30 a.m. to 3 p.m. Cost is \$10 per day, including field trips and swimming.

For more information, call The Salvation Army Norridge Citadel at (708) 456-6220.

Battle of the books

Willard School's "Rocket Readers" comprised of Nathan Moshman, Erika Ganser, and Frances O'Donnell, won the third/fourth grade championship of the Evanston/Skokie School District 65 Battle of the Books. The fifth grade championship winning team was Orrington School's "The Demolishers," comprised of Matt Lewis, Jessica Bradish and YeLi.

## Fireworks may cause eye injuries

Dominic, 15, had his left eye removed after a bottle rocket shot off by his friend struck his face and exploded.

Close to 10,000 people are injured by fireworks every year, with half the victims younger than 16. Dominic is in the highest-risk group for fireworks injuries: "13 to 15-year-old males, playing at home with friends."

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## Bronco League

Team	W-L-T
Cardinals	8-1-0
Marlins	6-2-1
Cubs	5-4-0
Braves	3-6-0
Phillies	0-9-0

Team	W-L-T
White Sox	7-2
Yankees	7-2
Athletics	5-4
Blue Jays	2-7
Red Sox	1-7-1

Minelli Bros. Cardinals 7; G & M Metal Cubs 2.

Solid pitching from Steve Sadorf, Matt Finneke and Ed Kowalewski limited the Cubs to 1 hit and only 6 baserunners. Justin Bates with a double and single and Matt Finneke with a triple. Sadorf made a great catch.

Midwest Niles Sertoma. Blue Jays 11. Knights of Col. Red Sox 9.

Blue Jays had good pitching from Jason Krynski allowing no hits, no runs and 4 KO's in 2 innings, and Natasha Duszak allowing only 2 hits, no runs and 2 KO's before getting hit by a line drive hitting her on the knee, forcing her to leave the game.

Mike Lupo came in for her and pitched great, no runs, no hits and 3 KO's. Joe Merkel also pitched great, no runs, no hits and 2 KO's in 1 inning and led the attack with 2 singles. Danny Bryski, David Dublin, Jason Krynski, Pat Jones and Derek Duszak with singles, and Ben Nord came through with a big 2 run double. Natasha Duszak, Roman Manuel, Mike Lupo and James Kim had 7 walks.

Minelli Bros. Cardinals 14. Forest Villa Marlins 9.

In a clash to see who would win the 1st. half division, the Cards prevailed on 3 homers, a triple and a pair of doubles. Joe Jung returning after missing 2 games with an injury, hit 2 homers, 1 a grand slam. Justin Bates also homered and Ed Kowalewski hit a tremendous triple. Bill Cielinski with a great bunt single and Bob Lach reached base 4 times. Two great catches in the outfield by Jason Kane, Ed Kowalewski and Steve Sadorf pitched 2 fine innings each.

Knights of Col Red Sox 14. Aaron Glass Phillies 1.

G & M Metal Cubs 10. Midwest Niles Sert Blue Jays 5. Blue Jays lost but had good pitching by Jason Krynski, 2

shut out innings and 5 KO's, and Danny Bryski the same, with 1 KO. Ben Nord pitched for the first time this year and gave up no run, no hits, in 1 inning. Joe Merkel also pitched great, 1 run and 2 KO's. Hitting were Jason Krynski with 2 singles, Joe Merkel, 3 singles, Derek Duszak with a double and also a great catch at shortstop, Pat Jones a single and RBIs by Natasha Duszak and Danny Bryski.

Nu-Way Pntg. White Sox 13. Knights of Col Red Sox 5.

Every Sox runner scored at least once. Rick Lapinski went 3 for 3, Ken Krueger hit a double, and solo singles by Chris Amatore and Ryan Briscoe.

Ken Kopyzyk and Cheryl Rieger walked. Mike Sherry hit a grand slam. Pitching were Mike Sherry, Andy Krueger and Rick Lapinski.

Nu-Way Pntg. White Sox 13. Aaron Glass Phillies 4.

Sox opened with a quick 4 run from hits by Andy Gramza, Mike Shery, Andy Krueger and Kayla Kully. Also hitting were Rick Lapinski, Kenny Krueger, Chris Amatore, Ryan Briscoe, and Sal Galati.

Nu-Way Pntg. White Sox 12. Parrisillo 6.

Andy Gramza hit 2 singles, Kenny Krueger hit back to back RBI doubles and Mike Sherry also hit an RBI double. Andy Krueger with a triple, Tom Kopyzyk with 3 singles and solo singles by Chris Amatore and Sal Galati. Ryan Briscoe, RBIs. Minelli Bros. Cardinals 12.

Nu-Way Pntg. White Sox 10. Hits by Andy Gramza, Kenny Krueger, Tom Kopyzyk and Andy Krueger who went 4 for 4. Chris Amatore with 2 singles and a double. Pitching were Mike Sherry and Kenny and Andy Krueger. Weis Yankees 15. Midwest Niles Sert Blue Jays 3. Blue Jays managed only 2 hits, a double by Joe Merkel and a single by Jason Krynski. Getting on base were Danny Bryski, Natasha Duszak, Derek Duszak, Pat Jones and Roman Manuel.

St. Paul Lutheran track team places third

The track team at St. Paul Lutheran School, Skokie, placed third overall at the Northwest Suburban Lutheran Conference track meet on Saturday, May 14. Capturing firsts were Brian Krier, 100-meter dash; Ricky Amack, long jump; Corey Krier, 400-meter dash; Mark Krier, 50-meter dash and high jump; Mark Murakami, high jump; Tim Murakami, 400-meter dash; and Kara Moky, shot put.

Second and third place finishers included Mark Murakami, Steve Kopke, Paul Hebble, Ricky Amack, Tim Murakami, Adam Merwitz, Mark Krier, Peter Zien, Garrett Pautsch, Corey Krier, Amanda Kinney, Morgan Sokes, Arie Woo, Kara Moky, Elize Kopke, Nick Endres, Jay Book.

## AAA League

Team	W-L-T
Marlins	2-1
Phillies	2-1
Cubs	0-3

Team	W-L-T
Blue Jays	3-0
White Sox	2-1
Red Sox	0-3

Hughes Bros. Trns Marlins 13. Suparossa Pizza Red Sox 2.

Marlins won their opening day game by a slaughter rule after 4 1/2 innings. Great pitching by Jerry Calvaca giving up only 2 runs, 5 hits, with 6 strikeouts in 4 innings, and Dave Heiser no hits, no runs, 1 KO in 1 inning. Good catching by Sean Flynn and Jason Kurey.

Pat Twardak and Mike Verre combined for 4 runs on 5 hits. Pat Casey and Shane Sotiriu with great defense. Mike Galati hit for power with 3 hits.

Re/Max All Stars Braves. Optmist Cln. of Niles Marlins. Good work by Braves-outfielders, Adam, Chris and Jerry.

Re/Max All Stars Braves. Lions Club of Niles Phillies. Braves had excellent pitching by Joseph Luf, Jason Infusino and Andy Olson.

The Phillies had big hitting by Mike Stasiak with a homer and 5 RBIs, Jeff Wisniewski with 3 hits, one a homer, Danny Zipp 3 hits, 2 homers, and Brian Kelly with 3 hits. Great play at 3rd by Stephen Christ and nice job of catching by David Paris.

YRN Commodities White Sox G & L Contr. Yankees. The Sox played well with big plays in the field by Nick Jochim, Tim Byrne and Richie Kloser. Hits by Chris Foley, Corey Achino, Joey LoVerde, Adam Carrobbota, Ryan Cashon and Jeff Reimer. Richie Suckecki pitched a nice inning.

Big Daddy's Cubs. Re/Max All Stars Braves. Pitching for the Braves were John Czerwinski, Bob Dulski

Barnes played great. The offense was led by Nick Hynes and Kevin Switalla, both 3 for 3. Joe was 4 for 5 and Brian 2 for 3. Solo singles by Issac Gabriel, Jason Kane, Andy Barnes, Tom Lesniak and Tedd Markos.

Col-Wojciechowski Athletics 20. Nancy's Pizza Marlins 7. A's pitchers Brian Gryzbowski and Joe Patterson allowed just 6 hits, while the defense led by Kevin Switalla, Tedd Markos, Tom Lesniak and Andy

defense. Pitching for the Marlins were Joe Krueger and Dave Heiser. Outstanding pitching by the Marlins' Joe Krueger and Jerry Calvaca. Joe allowed only 3 hits, 0 runs and 9 strikeouts in 4 innings, and Jerry allowed only 2 hits, 1 run, and 7 strikeouts in 3 innings. Joe also led the attack with a 2-run double followed by an RBI double from Russell Duszak. Jim Lubinski had 2 singles for an RBI and solo singles by Jerry Calvaca, Jason Kurey and David Heiser. Also getting on base were Rob Misiata, Sean Flynn and George Austin.

St. Paul Lutheran track and field meet

Ten students from St. Paul Lutheran School, Skokie, competed on May 21-22 at the state level in a track and field meet at Illinois State University in Bloomington. Over 450 athletes representing 43 schools competed for top honors in a meet sponsored by the Lutheran Sports Association of Illinois.

Placing in the top 20 in their events were: Mark Murakami, Ricky Amack, Steve Kopke, and Paul Hebble. 6th place in the 4x100 relay; Mark Murakami, 7th in the high jump; Corey Krier, 9th in the long jump; Ricky Amack, 12th in the long jump; Amanda Kinney, 13th in the 1600 meter run; and Kara Moky, 17th in the shot put. St. Paul's track and field team is coached by Mrs. Christy Krier.

St. Paul Lutheran track team places third

The track team at St. Paul Lutheran School, Skokie, placed third overall at the Northwest Suburban Lutheran Conference track meet on Saturday, May 14. Capturing firsts were Brian Krier, 100-meter dash; Ricky Amack, long jump; Corey Krier, 400-meter dash; Mark Krier, 50-meter dash and high jump; Mark Murakami, high jump; Tim Murakami, 400-meter dash; and Kara Moky, shot put.

Second and third place finishers included Mark Murakami, Steve Kopke, Paul Hebble, Ricky Amack, Tim Murakami, Adam Merwitz, Mark Krier, Peter Zien, Garrett Pautsch, Corey Krier, Amanda Kinney, Morgan Sokes, Arie Woo, Kara Moky, Elize Kopke, Nick Endres, Jay Book.

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## Niles Baseball League

### Instructional League

G & L Contr. Yankees. Re/Max All Stars Braves. Bobby Dulski made a wonderful catch for the Braves.

Edward D. Jones Blue Jays. Optmist Cln. of Niles Marlins. Pat Twardak and Mike Verre combined for 4 runs on 5 hits.

Pat Casey and Shane Sotiriu with great defense. Mike Galati hit for power with 3 hits.

Re/Max All Stars Braves. Optmist Cln. of Niles Marlins. Good work by Braves-outfielders, Adam, Chris and Jerry.

Re/Max All Stars Braves. Lions Club of Niles Phillies. Braves had excellent pitching by Joseph Luf, Jason Infusino and Andy Olson.

The Phillies had big hitting by Mike Stasiak with a homer and 5 RBIs, Jeff Wisniewski with 3 hits, one a homer, Danny Zipp 3 hits, 2 homers, and Brian Kelly with 3 hits. Great play at 3rd by Stephen Christ and nice job of catching by David Paris.

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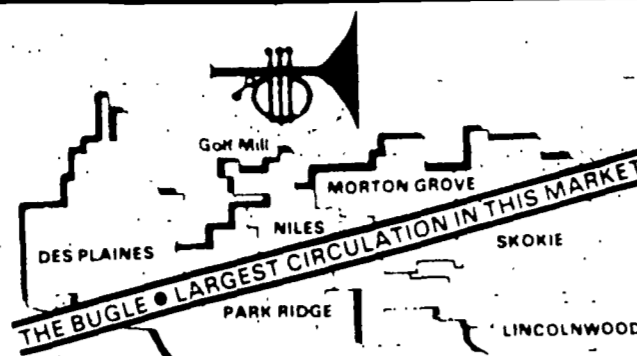
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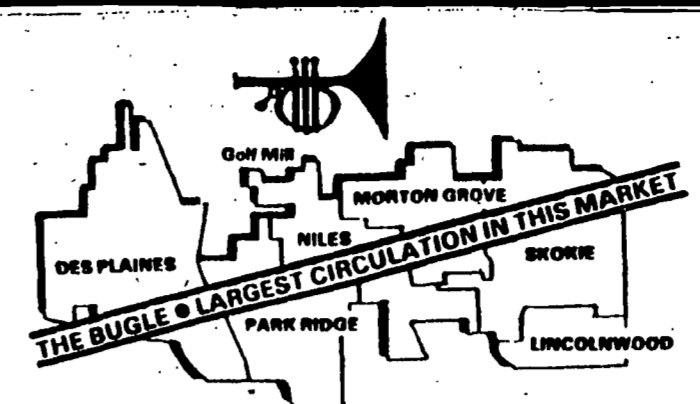
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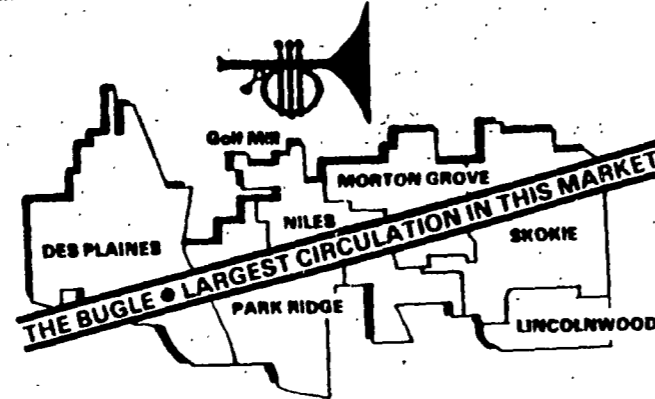
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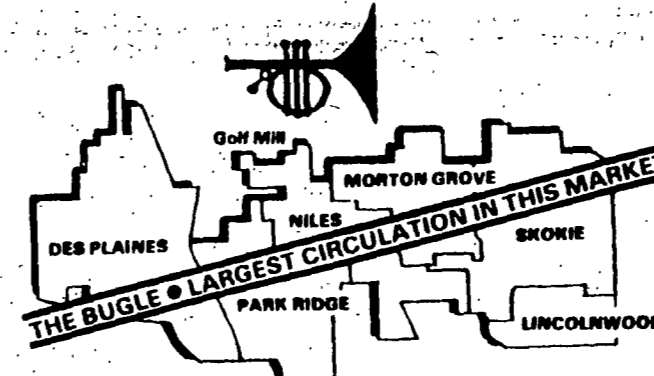
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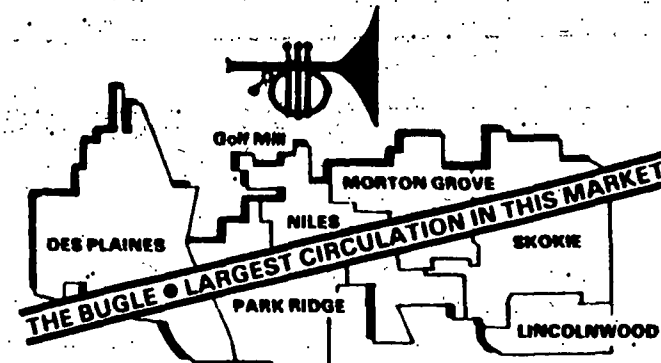
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<p><b>FARM MECHANIC</b> Part-time to work evenings and Saturdays. Can do a cash deal. Hours and time flexible. Interesting equipment to work on - Allis Chalmers, New Hol- land &amp; John Deere. Call Walt for details. (708) 279-3300.</p> <p><b>WISCONSIN GLAZIERS</b> Glaziers needed. Minimum 5 years experience. Must relocate to central Wisconsin. Excellent pay and bene- fits. Send resume to Glazing Con- tractors, Esser Glass, 3505 Church St., Stevens Point, WI 54481 or call (715) 344-1801 and ask for Frank.</p> <p>ARIZONA - Manufacturing - SUTTER OPERATOR (Immediate Opening) To run coil slitting line. Exc. salary and bene. opport. Must be highly exp. In it guage painted metals, stainless steel &amp; copper. Relocation to beautiful sunny Phoenix req. Send resume to E.O.P.O. Box 2764, Mesa, AZ, 85204. Or call (602) 925-8259.</p>	<p><b>FLORIDA</b> FOR SALE BY OWNER BILLIARD ROOM Modern turn-key. Excellent location + lease. \$130,000 <b>(904) 562-9708</b></p> <p><b>GEORGIA</b> ATLANTA, GEORGIA AUTO TRANSMISSION REPAIR 3 bays, established attend. 5 High volume, great location. Call Her- man. AM (404) 288-1635 PM (404) 593-2796</p> <p><b>FOR SALE BY OWNER</b> USDA approved, freezer, cold &amp; dry storage with pro- cessing area. 23,900 square feet new in 1988. Located in Rantoul, IL. Phone (217) 643-7950 or 892-8300 evenings.</p> <p><b>IOWA</b> FOR SALE BY OWNER RESTAURANT AND LOUNGE Located in scenic N.E. Iowa. Established 25 years. Seats 400. Reasonable. <b>(319) 382-4614</b></p> <p><b>RECORDING LICENSE</b> FOR SALE BY OWNER TAWAS RECORDS, INCORPORATED 60,000 shares plus license &amp; Mas- ters. Licensed since 1987 by the American Federation of Musicians of the United States and Canada. <b>810-742-0770</b></p>	<p><b>FLORIDA</b> FORT LAUDERDALE, FLORIDA WELL-ESTABLISHED WATERFRONT BAR-RESTAURANT Location is 2nd-to-none on Ft. Lauderdale Intercoastal waterway. Seriouly interested buyers only. Brad Fitzgerald at (904) 525-0003</p> <p><b>COLORADO - BY OWNER</b> 40 acres near Rye, Co. Trout stream, approx. mtn., views, deer, elk, turkey, lush mead- ows, year round access power &amp; phone. \$49,500 - Mitch (719) 260-1094.</p> <p><b>COLORADO</b> Rare 60 ac trout stream, pond, elk, deer, turkey, 14,000 ft. peaks in your face! Nat'l forest access. \$48,000 terms. <b>(303) 744-2775</b></p> <p><b>FLORIDA</b> TITUSVILLE, FLORIDA FOR SALE BY OWNER Country living in the city. Custom home on 2 acres, 3 bedroom, 2 bath. 2050 square feet. \$145K. Write to: P.O. Box 6505, Titusville, FL 32782 or call (407) 269-2907.</p> <p><b>MICHIGAN</b> SHELBY MICHIGAN FOR SALE BY OWNER QUANT COTTAGE STYLE HOME 10 ac compr remod 3 br 1ba full basement w/walk-out. Covered deck, heat includd 24 x 24 out bldg. compl w/utlls. Storage bldg &amp; horse facil. 665K. 616- 881-4178, 616-851-6544.</p>	<p><b>VACATION RENTAL</b></p> <p><b>HILTON HEAD DISCOUNT RENTALS</b> Why Not Get Away To Beautiful Hilton Head Island, SC? 1, 2 &amp; 3 Bedroom Ocean Condos Toll-Free For Rental Brochure (800) 445-8664</p> <p><b>BAHAMA CRUISE</b> 5 Days / 4 Nights Underbooked - Must Sell! \$279/Couple Limited Tickets <b>(407) 767-8100 Ext. 3941</b> Mon. - Sat. 9 AM - 10 PM</p> <p><b>ANTIQUES</b></p> <p>AGE-OLD YORKVILLE ANTIQUES MAR- KET. June 18-19. Sat 7-8. Sun 8-4. Hun- dreds Of Dealers Under Canopies Ar- ranged Around A Scenic Lake. Quality Antiques. Kendall Co. Forest Preserve, Yorkville, 45 Miles W. Of Chicago, I-88 West To Sugar Grove Exit. To Hwy 47, South To Hwy 71, Then Right. Food, Free Parking. \$3. (800) OLD-N-GOOD.</p> <p>Instant U.S. Green Cards Dv-1 Computerized Visa Lottery Deadline 6-30-94 Complete Registration Call Ethnic Info Line: <b>1-900-486-8008</b> \$2/Min. Touch Tone 18 Yrs. +</p> <p><b>AUTOS FOR SALE</b></p> <p>'88 Ford Escort, 4 Dr Hatchback &amp; Spand. Low Mileage. Stereo Cassette - Clean - Good Condition Call: (708) 998-0641</p>

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1987 TOYOTA CELICA ST  
2 Door Coupe, Top Mechanical  
Condition W/Great Body  
52,000 Easy Miles - \$5300  
(708) 251-3429

'89 Buick Electra - 60,000 Mi  
Clean-Ex Cond - Full Power - Warr.  
Aval. \$5,750/BO - (708) 966-7025

**MISCELLANEOUS FOR SALE**

2 Cemetery Lots - Reasonably  
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Section 3 By The Pond  
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Solid Wood D/R Set, Tble & Chrs.  
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8 VEHICLES WILL BE  
AUCTIONED  
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PARK DISTRICT  
OF MORTON GROVE  
ON SATURDAY 5/193  
AT 10 A.M.  
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ALL SALES "AS IS"  
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VIEWING TIMES:  
8:30 A.M. - 8:30 P.M.  
ON 4/28-4/30/93  
AT ABOVE LOCATION  
ADDITIONAL  
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LOVELY!!!  
NEED SOMEONE TO TALK TO?  
LIVE GIRLS ONE-ONE-ONE  
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6832, 6833, 6834, 6835  
\$.99 per min.  
Must be 18 yrs.  
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May the Sacred Heart of Jesus  
be adored, glorified,  
loved and preserved through-  
out the whole world now and  
forever. Sacred Heart of Jesus  
pray for us. St. Jude  
worker of miracles, pray for us.  
St. Jude help of the hope-  
less, pray for us. Say this  
prayer 9 times each day for 9  
days, by the eighth day your  
prayer will be answered. Pub-  
lication must be promised. A.D.

**GARAGE SALE**

NILES - 3-Family - Much Misc.  
8230 - 8235 - 8241 Olcott  
Fri. 6/17 & Sat. 6/18 - 9 am - 4 pm

NILES - 8319 OLEANDER  
Fri, 6/17 & Sat, 6/18 - 9 am - 4 pm  
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Easy Chair, Sofa And Loveseat  
Designer Fabric \$550  
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Never Used - Must Sell  
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Furniture - Cherry Queen Ann Style  
Perfect Condition - Bedroom Set \$1100  
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Must Sell Complete Set  
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Office Furn & Art Work  
Brand New & Show Room Sam-  
ples, Chairs, Bookcases, Panel Sta-  
tions, Desks \$50 & Up. Gusr. Sav-  
ings On All. If, We Don't Have It,  
We'll Find It For You!  
Marilyn Monroe Collection Art  
Fantastic Buy  
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510 Zenith Drive  
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Lost Dog - (Birchwood & Oconto)  
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Hair - Large Female - Wisner And  
Monroe - Reward - (708) 823-5736

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ALSO  
SLOT MACHINES  
Any Condition  
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# Social Security seeks qualified volunteer representative payees

Nearly 3 million adults who receive monthly Social Security or Supplemental Security Income (SSI) benefit checks, or both, need someone to help them manage their money. When they need this type of help, the Social Security Administration (SSA) appoints a relative, a friend, or other interested party to serve as the beneficiary's "representative payee." The beneficiary's Social Security or SSI payments are then made in the representative payee's name on the beneficiary's behalf.

Although a relative or close friend is generally the first choice to be the payee, when neither is available or appropriate to be a representative payee, SSA looks for a volunteer who will be interested in the beneficiary's welfare. The volunteer must have the motivation and training to work successfully with persons who need help managing their Social Security or SSI benefits. Many of the individuals are receiving benefits because of a disability resulting from drug or alcohol abuse or a chronic mental illness that prevents them from being able to manage their financial affairs.

Social Security has found that professionals who are involved in case management and rehabilitation can play important roles by serving as payees, helping SSA to find qualified payees, or by providing support to other community volunteer payees. In providing money management assistance to beneficiaries who have difficulty handling their Social Security benefits, the payees help the beneficiaries stabilize and improve their lives. If you decide to apply to become a representative payee, you should know what will be expected of you.

You'll have to keep informed about the beneficiary's needs so you can decide how best to use the benefits for his or her personal care and well-being. This respon-

sibility is particularly important if the beneficiary is not living with you.

Each year, you'll be asked to complete a form accounting for the funds you've received. A worksheet is available for helping you keep track of what you spend. Any money left after you have taken care of the beneficiary's current and immediately foreseeable needs must be saved and maintained in the beneficiary's behalf.

You must inform Social Security of any changes that may affect the beneficiary's eligibility for benefits.

If you're interested in serving as a volunteer representative payee, please contact Mrs. Sandra Coffin, Representative Payment Staff, Room 3-A-26 Operations Building, 6401 Security Boulevard, Baltimore, Maryland 21235. Her telephone number is (410) 965-7956; fax number is (410) 966-9214.

# Adopt - A - Cat this June

If you've been thinking about adopting a new pet, Pet Care Superstore urges you to consider a cat companion during June National Adopt-a-Cat month. Cats, as members of families, provide companionship and unconditional love. Interaction with pets teaches children respect for living things and responsibility.

Before you decide on the cat for your family, consider adopting a stray. American domestic cats are the best of all pure breeds. Visit your local shelter and get to know some of its residents. You will most likely find the perfect cat for your family.

While kittens are hard to resist, consider adopting an adult cat. Adult cats come with fully developed personalities and manners. They are also tend to be a little more sedate than youngsters. If your heart is set on a small kitten, be prepared. Just like human babies, they need to be trained to the household rules. Don't forget that this small active ball of fur will grow to its full size in approximately six months. Kittens need company; you wouldn't leave a baby alone for 4 or 5 hours, so you may want to consider two.

Before you adopt, include all family members in your decision. Cats live a long time and your pet's well-being will depend on everyone's care. Small children and small pets aren't always a good match. Always supervise your child's interaction with any pet. Over enthusiasm may result in injury to the child and/or the pet.

Once you've decided on the cat for you, get him off to a good start with a visit to the veterinarian. Health care is very important for your new pet. He'll need vaccinations as well as a physical exam to help guarantee his good health.

Before you introduce your new family member, prepare your home. Take a look at your home from about 6' off the ground. Is there anything that may be potentially dangerous to investigative paws and whiskers? Remove sharp, chewable objects, poisonous plants and anything that might cause danger to a place out-of-reach from your new housemate.

Everyone needs a place to call your own. Provide your new cat with its own sleeping place. Plus cuddlers or window sill hammocks are an excellent choice for cats that like to curl-up and nap. Cat furniture, carpeted hide-outs, provide a perfect spot for "quiet time." This is especially important for the cat who will need to

# Water Reclamation District earns award

Avondale Federal Savings Bank of Chicago and Central Resource Group, Inc. (CRG) of Des Moines, Iowa, have agreed mutually to terminate their merger conversion agreement announced in August 1993. The proposed transaction would have converted Avondale to a stock institution, merged it with Midland Savings Bank FSB, a subsidiary of CRG, and resulted in a public stock offering by CRG. As part of the termination of the agreement, both parties have withdrawn their applications for a merger conversion with the Office of Thrift Supervision, the primary regulator for savings institutions.

Avondale is \$485 million savings bank, providing financial services to its customers for 82 years through six offices located in Chicago, Lake Forest and Niles.



Pictured (left to right) are Commissioner Patricia Young of the Metropolitan Water Reclamation District of Greater Chicago, and Joseph Sheahan, Senior Safety Coordinator for the Water Reclamation District, accepting the Health and Safety Award from George M. Hiles, President of the Illinois Safety Council and the Greater Chicago Safety Council. The award recognizes outstanding safety performance in maintaining a safe working environment for employees at the Water Reclamation District facilities. Hiles is a resident of Chicago's northwest side.



**From the Left Hand**

Continued from Page 1

spondence coming for Joe.

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One-hundred-seventy-eight couples, who have been married fifty years or more, were honored last month at the Trident's Center's 20th anniversary celebration. These couples, many of whom endured depressions, wars (not the marital ones) and many ups and downs, were at the Golden Ring celebration.

Mary Kay Morrissey, the director at the center, told our Diane Miller the 50 year plus marriage veterans received certificates from The White House and from the village. Niles Mayor Nick Blase had pictures taken with each of the couples. Louis and Minnie Schoen were the couple married the longest, having celebrated 68 anniversaries.

Mary Kay told Diane when this idea was first hatched she expected fifty or sixty couples would be living in the village. But when the 50 year plus celebrants began responding to their invitations, she was amazed at the large number of Nilesites who had hit that golden fifty year mark.

**Burglary ... County Hospital ...**

Continued from Page 1

locked. Police determined that the offenders entered the vacant store by means of a roof hatch, dropping down from the pipes and onto the floor.

A hole was then created by breaking the drywall on both sides and entry was made into a bathroom between the plumbing and the toilets at BoRics, 799 Civic Center.

The offenders entered the hair salon and removed an unknown amount of money from the register. The subjects then removed the ceiling tile from the rear of the establishment and used a step ladder to gain access to an area above the suspension ceiling. That provided an entrance into Subway.

Damage to the ceiling was caused at the entry point. Damage to the hair salon was estimated at \$300.

Police could not contact a representative of BoRics and received permission to perform a forced entry. The fire department gained entry by removing the lock cylinder and secured the front door before leaving. Employees were advised to contact police once they have determined the amount of money taken from the store.

The report, which was released in early-May, said a new hospital would save tax dollars, increase efficiency of operations and provide an even higher level of service.

**MONNACEP Kids' College offers summer courses**

Kids' College, offered through MONNACEP, Oakton Community College's Adult Continuing Education Program, is offering language classes for grades two through six this summer at Oakton's Des Plaines campus, 1600 E. Golf Rd.

The following one-hour classes meet Monday through Thursday from June 27 - July 14:

Spanish I (grades 2-4) focuses on basic language and cultural experiences. The class meets from 3:10 to 4:10 p.m.

Latin I (grades 4-6) covers Latin roots used in English and Latin's influence in the sciences as well as the Roman languages such as French, Spanish and Italian. The class meets from 2:05 to 3:05 p.m.

For more information, call (708) 982-9888.

**Color Guard**

A new addition at Loyola Academy next year will be a Color Guard squad, which will perform with flags at athletic events. There was an enthusiastic response on the part of the girls to the announcement of this new extra-curricular opportunity. Numerous girls from all grade levels participated in the learning clinics and the auditions.

The students selected for the 1994-95 Color Guard include Julie Coteleer, and Jennifer Cioccioppo of Northbrook, Kristen Pierski of Niles, Michelle Garcia of Des Plaines, Melissa Mersch and Ellen Mallios of Skokie.

Maria Yorton, Marillac dance teacher, will lead the Color Guard.

As horrible as an incident as this was," Wilson said, "it could have been so much worse-had there been gas in that pipeline."

Damage at the scene was limited to Oakton Street, which remained closed most of Friday night, and there were no injuries, according to Sergeant Roger Wilson of the Niles Police Department. Crews are working to fix the area at no cost to the taxpayers.

The defective Natural Gas pipeline was fixed on Saturday. Water was again placed into the pipe and this time it passed the test.

"What happened Friday is rare," Bennett said. "The portion of pipelines that run through Niles have successfully been tested and are safe."

The Natural Gas Pipeline Company will continue its testing from the Des Plaines River through Mount Prospect over the weekend and should be finished with the Howard Street system by July.

**Loyola's 84th commencement Class of '94 Honors' Program**

Loyola's President, Raymond Callahan, SJ, celebrated the Baccalaureate Mass at the Academy's 84th commencement ceremonies on Saturday, June 4. Father Callahan commended the 326 members of Loyola's last all-male graduating class for their "spirit of cooperation, camaraderie and charity," and challenged them to continue as "Leaders in service" as they move on to colleges and universities across the country.

The Class of 1994 generated impressive academic and athletic statistics during its four years at Loyola. Seventy-six percent earned diplomas with Honors, based on their four year, weighted, cumulative averages. Thirty-four percent graduated cum laude, twenty-three percent magna cum laude and nineteen percent summa cum laude. Thirty-two graduates are Loyola Dumbach Scholars, one hundred (30%) are Illinois State Scholars and seventy-three (22%) are members of the National Honor Society. Thirty-six seniors received 1994 National Merit recognition; nine Semifinalists, twenty-five Commended Students, two National Hispanic Scholar Semifinalists. Five of eight Semifinalists are National Merit Scholars. Two seniors are Gold Key Scholars. A Loyola JETS team was first in state and sixth in national competition.

In the 1993-94 athletic season: Varsity Ramblers were the IHSA state champions in football, sectional champions in swimming and Catholic League champions in tennis, cross-country, golf and volleyball.

The 1994 graduates include: From Morton Grove - Patrick Callihan, Jr., Andrew Drott, Joe Mannacheri, Charles Martell, Robert Messner, Michael Misette, Ruben Soberon, Vasilius Toliopoulos; From Niles - David Detlafson, Roger Monaco; Michael Becker, Michael DeLeon, Andrew Dragotta, Joseph Ferrini, Sean Hamilton, Daniel Heidkamp, Daniel Iantorno, Andrew Iwaszka, Paul Lisowski, Kevin Myszczala, Barrett O'Donovan, William Shanahan, and Jason Tomasello; From Skokie - Alexius Alhambra, Joseph Dionne, Zachary Fichter, David Kim, Peter Krackenberg, Thomas Meehan, Jr., George Moreira, Patrick Nariss, Andrew Pappachristos, Jose Perez, Saurabh Saha, Kenneth Shalla, Michael Spreng, Lee Zarras, Christopher Heany and Aaron Home, Jr.

Following the presentation of college and organization scholarships, Maine East athletic achievement awards were announced. Presentations included: Jimmy Doan, Boys' Athlete of the Year; Joy Winiarski, Girls' Athlete of the Year; Al Kowalke, Sam C. Marzulo Achievement Award; and Valeria Orozco, Sam C. and Ruth E. Marzulo Achievement Award.

Departmental Merit Awards were then presented to individuals who had completed at least two credits of course work in the department and demonstrated either excellent performance, unusual service, special accomplishment, or significant improvement. Recipients were: Applied Technology, Andrew Costiomitis and DeJan Vojcic; Art, Susan Lee, Ava-Joyce Odjimer, and Guadalupe Perez; Business, Jessica Brown, Elena Cesena, and Yelena Dobrovolsky; English, Jariya Chengchaoren, Sun Shil Lee, and Mary Peter; Foreign Language, Ji-Mee Hwang, Carlos Terrazas, and Joanna Vakros; Home Economics, Dawn Claes, Michelle Clextun, and Margaret Strabacz; Mathematics, Joehyun Lee, Mary Peter, and Srujesh Shah; Music, David Chen, Erika Dakoff, and William Suh; Physical Education, Guadalupe Perez and Marie Ustupski; Science, Srujesh Shah and Joanna Vakros; Social Science, Sylvia Kazmierczak, Erika Beil, Mike Corelli, Doan Ho, Nick Namos, Rebecca Pestine, Vivian Sakellariou, Joy Winiarski, and Jerzy Wojcik.

Departmental Awards were also presented to individuals in recognition of "truly exceptional accomplishment" through several years of study. Recipients were: Applied Technology, Jigresh Thakkar, Art, Monica Yates; Business, Alina Davidow; English, Grace Suh; Foreign Language, Mary Peter; Home Economics, Kim Klein; Mathematics, Sun Shil Lee; Music, Robert Garippo; Physical Education, Chad Barnes; Science, Grace Suh; Social Science, Sun Shil Lee; Special Education, Katina Kevin; and Speech Arts, Steve Lundberg.

The evening's ceremony at Maine East concluded with the announcement of the Maine Scholars, the upper one percent of the graduating class. The last valedictorian and salutatorian addressing commencement audiences at Maine East was in 1971. Since that time, the Maine Scholars have been named, and from this group the commencement speakers are selected.

Maine Scholars from the Class of '94 at Maine East are: Joseph Ales, Richard Chen, Sun Shil Lee, Eunice Park, Mary Peter, and Grace Suh.

**New members to CSC Scholar Program**

Notre Dame High School For Boys, Niles is proud to announce the newest members to the Rev. Theodore Hesburgh, CSC Scholar Program. Sophomores: Joseph Baumann of Chicago, David Okimoto of Chicago, Daniel Patuszynski of Chicago and Kurt Steffen of Chicago.

Freshmen: Peter Buchanan of Chicago, Mark Chabura of Norridge, Daniel Gandor of Chicago, Scott Michalik of Chicago, Jonathan Morris of Chicago, Christopher Szarek of Chicago, Jason Thorn of Chicago, Ryan Walker of Niles and Robert Walter of Chicago.

**Purdue honors local student**

About 5,900 Purdue University students earned academic honors for the spring 1994 semester. Mary Sheridan, of Niles, was among the honored students.

To earn academic honors, Purdue students must have at least a 3.5 semester or cumulative grade-point average on a four-point scale.

**Heat stress can be prevented**

Heat waves will be no sweat if you follow these suggestions from the National Safety Council: Pay attention to weather reports and schedule your more strenuous activities for cooler times. When you're working outside, dress in light, loosely-woven cotton clothing. Light-colored clothes reflect the sun's rays, while dark clothing absorbs them. Wide-brimmed hats help keep your cool as well. Take periodic rest breaks in a shady area. Drink plenty of non-alcoholic beverages before, during and after physical activities. Remember these cool ideas when the heat is on this summer.

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**NA'AMAT USA members return from Seminar**



Pictured (standing, l to r) are Diana Lewis, NA'AMAT USA, Suburban Chicago Council, President-elect; Nina Gaines, V.P. Membership; Debbi Rosenberg, President; and (seated) Beth Weinstein, Organizational Consultant.

NA'AMAT USA, Suburban Chicago Council was very well represented at a very special, by invitation only, NA'AMAT USA Leadership Seminar. Three members and the council's organizational consultant recently returned from this intense, four day program.

Debbi Rosenberg, Council President (of Highland Park), Nina Gaines, Council Membership V.P. (of Highland Park), Diana Lewis, Council President-elect (of Morton Grove) and Beth Shaffer, Organizational Consultant (of Wheeling) joined invited members of NA'AMAT USA from all across the country.

The goals of the NA'AMAT USA leadership seminar were to: develop a cadre of future leaders who will help NA'AMAT USA expand its base of support; plan new strategies to deal with an ever-changing volunteer world; strengthen the ties between NA'AMAT USA and NA'AMAT in Israel; and motivate the participants to aspire to a higher level of leadership.

Each of the Chicago area participants were chosen because of their leadership potential and their commitment to the important work of NA'AMAT USA.

To achieve the comprehensive and extensive goals of the leadership conference, the participants heard presentations on the broad year 2000. In addition they developed marketing strategies including a video for Public Broadcast Cable T.V.

Throughout the conference there were many "hands-on" sessions. The participants worked on developing a Mission Statement for NA'AMAT USA in the year 2000. In addition they developed marketing strategies including a video for Public Broadcast Cable T.V.

**Rosary to host MBA Information Session**

The Graduate School of Business at Rosary College, 7900 W. Division St., River Forest, is hosting an information session for prospective graduate students on Monday, June 27 at 7 p.m. in the Lewis Hall Presidents' Lounge.

During the program, prospective students will receive information on Rosary's business programs including Master of Business Administration (MBA), Master of Science in Accounting (MSA), and Master of Science in Management Information Systems (MIS). The Graduate School of Business also offers joint advanced degrees programs with Rosary's Graduate School of Library and Information Science (MB/AMALS) and John Marshall Law School (MBA/JD). Graduate faculty members will be present to discuss programs and career choices upon program completion.

Refreshments will be served. Reservations are required. For more information, or to make a reservation, call (708) 524-6810.

**Kids paperback exchange**

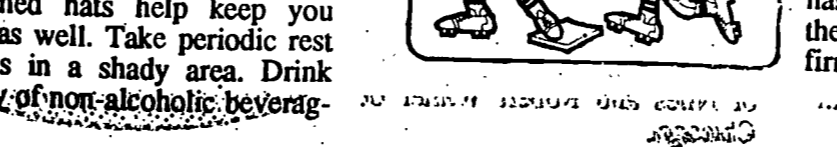
If you are between the ages of 10 to 15, bring in your paperbacks that you have read and no longer want to the Lincolnwood Public Library's Paperback Exchange. The books must be in good condition.

Other kids will enjoy your books from such collections as The Sweet Valley series or the Baby Sitter Club or those written by Christopher Pike, R.L. Stine, and others. You may immediately exchange your books for others or you can earn credits for future exchanges. The library is at 4000 W. Pratt Ave. Phone 677-5277, voice and TDD.

**Heat stress can be prevented**

Heat waves will be no sweat if you follow these suggestions from the National Safety Council: Pay attention to weather reports and schedule your more strenuous activities for cooler times. When you're working outside, dress in light, loosely-woven cotton clothing. Light-colored clothes reflect the sun's rays, while dark clothing absorbs them. Wide-brimmed hats help keep your cool as well. Take periodic rest breaks in a shady area. Drink plenty of non-alcoholic beverages before, during and after physical activities. Remember these cool ideas when the heat is on this summer.

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**Men required to register with Selective Service**

Responding to a recent decision by the President, the U.S. House of Representatives voted on May 23 to continue the requirement for all men to register with Selective Service upon reaching age 18. The members considered a proposed amendment to the Defense Authorization Bill, H.R. 4301, that would have ended registration. The amendment was rejected 125 to 273.

Five days before the vote, President Clinton notified Congress that continuing draft registration and providing funding to operate the Selective Service System is "essential to our national security."

Although there has been no need to draft men for military service during the past 21 years, the nation has maintained the capability to reinstate a draft in a major crisis. Since July 1980, draft registration has been an obligation of virtually every man, ages 18 through 25. Federal law requires that every man must register within 30 days of his 18th birthday. Each man completes a short form to provide Selective Service with his name, date of birth, address, phone number and Social Security number. Registration forms are available at any post office. Most men also receive a registration reminder in the mail a few months before reaching age 18, and they may use it to register by return mail. The Selective Service System has a telephone line dedicated to answering questions about registration: (708) 688-6888.

Men who do not register are in violation of Federal law. Non-registration can be prosecuted, and they are ineligible for Federal student financial aid, most Federal jobs, and job training. The law applies to male immigrant aliens, 18 through 25 years old, as well as male citizens.

Although the following students achieved White Honor Roll status at Culver Middle School, maintaining a grade point average of 3.5 or higher for the 3rd marking period: Nasreen Ahmed, Noor-Ahmed, Lilly Arsenievich, Amit Chikami, Steven Chiu, Thomas Chocho, Christopher Ciaccio, Janine Ciemny, Jeffrey Derrickson, Joseph DiMaria, Christine Drachenberg, Albert Goldstein, Jaclyn Gragnani, Mitchell Grigsby, Jason Henrikson, Andrew Hong, Michelle Hong, Heather Hwang, Heidi Hwang, Jean Jung, Hans Kim, Joanne Kim, Lukasz Kisielowski, Jason Krynski, Agatha Kubalski, Olga Levit, Seung-Won Lim, Claudia Lombardi, Chris-Michael Maggino, Martha Merendon, Robin O, Esther Park, Eunice Park, Nina Patel, Michael Pearson, Theresa Piekos, Pranceeth Purimetla, Sarfaraz Quereshi, Derek Reich, Dorota Rus, Laura Schutt, Rachna Sheeta, Sherri Simek, Elizabeth Skora, Sabina Smyczynska, Jenni Song, Mindy Sukantawanich, Andrea Swyrytyk, Huzaifa Tapal, Dawn Marie Tarcia-Kemp, Elizabeth Wozniczka, Krystyna Yang, Nahren Youkhana, Anna Zajac, Andrea Zeman, and Erik Zlatkin.

**Property Management on move for Kunkel**

Des Plaines based Wm. L. Kunkel & Co., Realtors® is firmly in place and has been solidly rooted in the Property Management market since the 1970's. The Company's Property Management Division, however, is definitely on the move with aggressive plans for increased asset management volume in 1994 and beyond.

"Our goal for the next 12 months is to increase our base of operations by 6% to 10% in terms of the number of properties managed," says Tom Freer, Senior Property Manager for Kunkel.

Currently, the company manages more than 40 properties, including residential homes, apartment buildings, condominiums and commercial properties. According to Freer, new efforts for expansion and increased leasing volume will be spurred by new technological innovations.

"Long term prospects are very strong," says Kunkel's Senior Property Manager. "Current market studies indicate that construction of condominiums and apartment buildings for rental units is a viable investment choice for the 90's. What goes up, must be managed and we'll manage to take an ample share of emerging opportunities."

Freer joined Wm. L. Kunkel & Co., Realtors® in 1993. He brings many years of administrative management and expertise to his position. It appears that Freer has found a good home at one of the most prominent real estate firms in the Des Plaines area.

**Crop Walk donates proceeds to food pantry**

The following students achieved White Honor Roll status at Culver Middle School, maintaining a grade point average between 3.0 and 3.5: Elbert Au, Hubert Au, Christopher Biatorzewski, Jessica Blitch, JoLynn Buc, Georgia Chronopoulos, Michelle Costabile, Nicole DeRaimo, Galena Dvorkin, Seema Faroouqi, Pasquale Fontanetta, Jillian Fougerousse, Alice Hryniwicki, Desiree Jurenci, Michael Kim, Sarah Klein, Brian Kucha, Gus Lappas, Yu Chin

**Crop Walk donates proceeds to food pantry**



Organizers of the 1993 Crop Walk against hunger recently donated nearly \$2,500 to the Maine Township Emergency Food Pantry. Pictured (left to right) are Lynda Santrella, a Crop Walk coordinator from Our Lady of Ransom Church in Niles; Kitty Ganzel, pastor of the First United Methodist Church of Park Ridge; Bill Dexter, Crop Walk treasurer and a member of Our Lady of Ransom; Maine Township Supervisor Mark Thompson; Marsha Warnick, Director of General Assistance for Maine Township; and Sandy Wester, recruit chairperson from Messiah Lutheran Church in Park Ridge.

Each area Crop Walk is able to specify the local organization that receives 25 percent of the funds raised, and organizers from Park Ridge, Niles, Des Plaines and unincorporated Maine Township chose the township food pantry.

"We really appreciate your help with this," Thompson told Crop Walk representatives upon accepting the check. "This will help an awful lot of people in the community." The next Crop Walk is scheduled for October 16, which is World Hunger Day.

**Culver students make Honor Roll**

Although the following students did not make the honor roll, they demonstrated marked improvement in their grade point average in the third marking period as compared to the first and second periods: Vivian Beltran, Benjamin Brei, Tony Dati, Jason Duda, Bill Faehs, Fakhia Syeda, Timothy Hausner, Tom Hausner, David Kocho, Dorothy Kot, Kenneth Krueger, Mariusz Kulaga, Scott Mueller, Michal Pawlik, Abid Quereshi, Michael Repe, Art Sarmompal, Jim Yon So, Joel Thomas, Wojciech Trzebunia, Alexander Vayser, and Courtney Workman.

**Rosh Kagan photos at library**

The Lincolnwood Public Library has an exhibit of Photographs of Israel by Rosh Kagan from June 25 to July 30.

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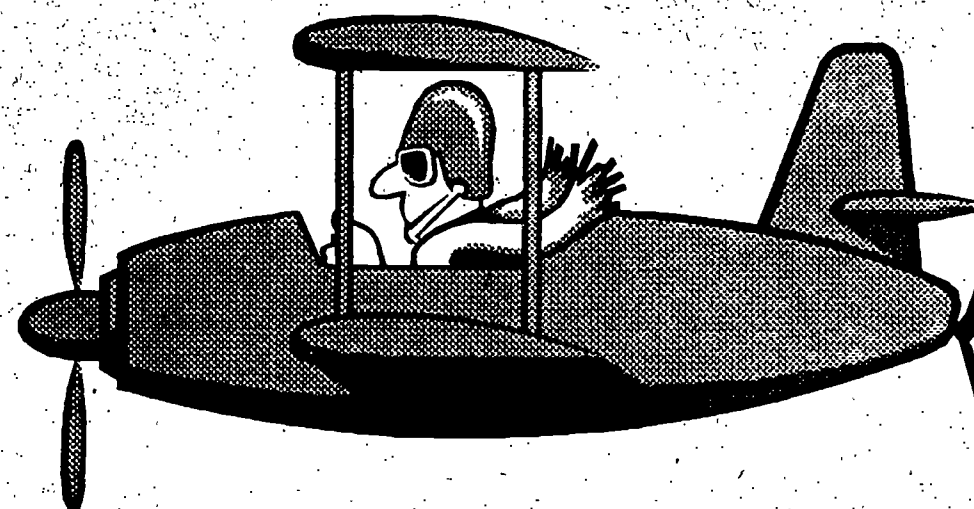
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