

1 **Comprehensive Assessment of Blood-Brain Barrier Opening and**
2 **Sterile Inflammatory Response: Unraveling the Therapeutic Window**

3 Payton Martinez^{†,1,2} and Jane J. Song^{†,1,2}, Francis G. Garay³, Kang-Ho Song², Toni Mufford³,
4 Jenna Steiner³, John DeSisto⁴, Nicholas Ellens⁵, Natalie J. Serkova³, Adam L. Green⁵, Mark
5 Borden^{*,1,2}

6 [†]These Authors Contributed Equally

7 ¹Biomedical Engineering Program, University of Colorado Boulder, Boulder CO 80303, United
8 States

9 ²Department of Mechanical Engineering, University of Colorado Boulder, Boulder CO 80303,
10 United States

11 ³Department of Radiology, Cancer Center Animal Imaging Shared Resource, University of
12 Colorado Anschutz Medical Campus, Aurora CO 80045, United States

13 ⁴Morgan Adams Foundation Pediatric Brain Tumor Research Program, Department of Pediatrics,
14 University of Colorado School of Medicine, Aurora CO 80045, United States

15 ⁵Alpheus Medical, Inc., 1266 Park Rd., Chanhassen, Minnesota, 55317, United States

16 Corresponding Author: *Mark Borden

17 **Email:** mark.borden@colorado.edu

18 **Author Contributions:**

19 Conceptualization: KHS, MB, NE. Methodology: NJS, PM, JJS, KHS, MB. Image acquisition and
20 FUS: PM, JJS, FGG, TM. Image analysis: PM, JJS, NJS. Funding acquisition: NJS, MB. Project
21 administration: AG, NJS, MB. Supervision: ALG, NJS, MB. Writing – original draft: PM, JJS, FGG.
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26

27 **Abstract**

28 Microbubbles (MBs) combined with focused ultrasound (FUS) have emerged as a promising
29 noninvasive technique to permeabilize the blood-brain barrier (BBB) for drug delivery to the brain.
30 However, the safety and biological consequences of BBB opening remain incompletely
31 understood. This study investigates the effects of varying microbubble volume doses (MVD) and
32 ultrasound mechanical indices (MI) on BBB opening and the sterile inflammatory response (SIR)
33 using high-resolution ultra-high field MRI-guided FUS in mouse brains. The results demonstrate
34 that both MVD and MI significantly influence the extent of BBB opening, with higher doses and
35 mechanical indices leading to increased permeability. Moreover, RNA sequencing reveals
36 upregulated inflammatory pathways and immune cell infiltration after BBB opening, suggesting
37 the presence and extent of SIR. Gene set enrichment analysis identifies 12 gene sets associated
38 with inflammatory responses that are upregulated at higher doses of MVD or MI. A therapeutic
39 window is established between significant BBB opening and the onset of SIR, providing operating
40 regimes for avoiding each three classes of increasing damage from stimulation of the NF κ B
41 pathway via TNF signaling to apoptosis. This study contributes to the optimization and
42 standardization of BBB opening parameters for safe and effective drug delivery to the brain and
43 sheds light on the underlying molecular mechanisms of the sterile inflammatory response.

44 **Significance Statement**

45 The significance of this study lies in its comprehensive investigation of microbubble-facilitated
46 focused ultrasound for blood-brain barrier (BBB) opening. By systematically exploring various
47 combinations of microbubble volume doses and ultrasound mechanical indices, the study reveals
48 their direct impact on the extent of BBB permeability and the induction of sterile inflammatory
49 response (SIR). The establishment of a therapeutic window between significant BBB opening and
50 the onset of SIR provides critical insights for safe and targeted drug delivery to the brain. These
51 findings advance our understanding of the biological consequences of BBB opening and
52 contribute to optimizing parameters for clinical applications, thus minimizing potential health risks,
53 and maximizing the therapeutic potential of this technique.

55 **Main Text**

57 **Introduction**

58
59 Since the discovery of noninvasively permeabilizing the blood-brain barrier (BBB) through
60 microbubbles and focused ultrasound (MB+FUS) (1), multiple efforts have been undertaken to
61 shuttle drugs such as chemotherapeutics, antibodies, and other therapeutic molecules and
62 carriers into the brain parenchyma (2, 3). This has been reflected in the growing number of
63 clinical trials registered per year (4). With the growing number of applications MB+FUS has been
64 employed for, most attention has been devoted to optimizing blood-brain barrier opening (BBBO)
65 parameters on the ultrasound side, while conventional echocardiography contrast agent
66 microbubbles with polydisperse size distributions have been employed at or near their clinical
67 dose. As the field moves to more sophisticated microbubble formulations with longer circulation
68 persistence and monodisperse size distributions, there is a need to elucidate the effects of
69 microbubble dose on BBBO. Additionally, the full extent of the sterile inflammatory response
70 (SIR) from BBBO still needs to be characterized, in terms of both ultrasound and microbubble
71 doses. Considering this, the safety of BBBO in the future needs to be considered to minimize
72 health concerns and mitigate harmful secondary effects (5).

73
74 The BBB is crucial in maintaining homeostasis and is our first line of defense against pathogens
75 and noxious insults, which would cause considerable damage if permitted to cross into the brain
76 parenchyma (6). To avoid the incidental passage of undesirable molecules, the BBB is made up

77 of a basal layer of endothelial cells, which selectively exclude hydrophilic molecules larger than
78 400 Daltons (7, 8). Tight junction proteins such as occludins, claudins and junctional adhesion
79 molecules exist on endothelial cell membranes and form complexes to fasten together
80 neighboring cells (9, 10). Additionally, pericytes and astrocytic end feet processes envelop the
81 vasculature, regulating vascular constriction and ensuring proper maintenance of the barrier (11–
82 13). Collectively, these constituents form a structure referred to as the neurovascular unit.

83
84 Microbubbles (MBs) are ultrasound (US) responsive colloidal particles that have a gas core
85 encapsulated in a phospholipid monolayer shell (14–17). These 1-10 μm diameter spheres
86 experience an isotropic but dynamic pressure field as the ultrasound wave (~ 1 mm wavelength)
87 passes over, resulting in volumetric oscillations at MHz frequency within the ultrasound focal
88 region (16). The ultrasound is typically fixed to lower frequency (F, ~ 1 MHz for mice and ~ 0.2 - 0.5
89 MHz for humans) to ensure transcranial propagation, but the amplitude (PNP, peak negative
90 pressure) can be varied to produce a range of bioeffects. The dose of ultrasound can thus be
91 adjusted to achieve the desired mechanical index ($\text{MI} = \text{PNP}/F^{1/2}$) (18). With increasing MI, the
92 microbubble acoustic behavior progresses from mild harmonic oscillations to violent inertial
93 implosions (19–21). It is generally considered safe to avoid inertial oscillations (22, 23). In the
94 context of BBBO, harmonic MB oscillations were found to pry apart tight junction proteins,
95 creating transient pores in the brain endothelium and allowing blood-borne molecules to
96 extravasate (24–27). Additional ultrasound parameters that can be optimized include pulse
97 repetition frequency, pulse length and total sonication time, as well as details of the ultrasound
98 beam and focal region (28, 29).

99
100 As the microbubble is the acoustic actuator that captures the acoustic energy and uses it to
101 produce localized mechanical work on the endothelium, it is also an important parameter that
102 must be considered. Of particular interest is the size and concentration, which can be quantified as
103 the injected microbubble volume dose (MVD, $\mu\text{L}/\text{kg}$) (30, 31). When matching MVD,
104 microbubbles of different sizes were found to produce similar pharmacokinetic profiles (32, 33),
105 acoustic response as measured by passive cavitation detection (34), and extent of BBB opening
106 (30). Thus, MVD and MI serve as relevant microbubble and ultrasound dosing parameters,
107 forming two axes from which a window of safety and efficacy can be discerned.

108
109 Despite rigorous technical characterization over the years, one of the most understudied areas is
110 related to the biological consequences of BBBO. On a larger scale, it has been observed that
111 temporarily permeabilizing the BBB can induce microhemorrhages, transient edema and even
112 cell death (4). Upon closer examination, transcriptomic analyses of the parenchymal
113 microenvironment post MB+FUS have revealed upregulation of several major inflammatory
114 pathways, mostly notably the NF κ B pathway (28, 35). While occurring in the absence of an active
115 infection, this event has been labeled as the sterile inflammatory response (SIR) and is initiated
116 when damage-associated molecular patterns are released from injured cells (36–38). These
117 include ATP, uric acid, DNA and HMBG proteins, which bind to pattern recognition receptors and
118 provoke the immune system (39, 40). Subsequently, proinflammatory cytokines such as TNF α
119 and IL2 are released from inflammasomes and stimulate the activation of innate immunity (41).
120 Several studies have implicated the hallmark activation of the NF κ B pathway in the persistence of
121 SIR; however, the direct mechanism of activation and associated pathways remain unclear (42–
122 44). Moreover, microglia, the primary immune cells of the brain, migrate to the source of
123 inflammation and release cytokines, signaling the recruitment of peripheral immune cells and
124 other cell types in the area (35, 45). Peripheral immune cells such as CD68+ macrophages
125 circulate in the meninges and lymphatic system via chemotaxis, migrate to the area to investigate
126 and resolve the inflammatory response (35). Despite BBB closure within a 24-hour window,
127 peripheral immune cells have been known to continue extravasating past the BBB (46, 47).

128
129 Here, we report on a study to determine the extent of BBBO and SIR using a combination of MI
130 doses ($0.2 - 0.6 \text{ MPa}/\text{MHz}^{1/2}$) and MVD ($0.1 - 40 \mu\text{L}/\text{kg}$). By using MRI-guided FUS, we sonicated

131 the right mouse striatum and collected brain samples for bulk RNA sequencing 6 hours post-
132 sonication. We defined BBBO as 15% increase in signal intensity after gadolinium bolus injection
133 over a 1 mm³ volume in contrast enhanced T1-weighted MRI (CE-T1w MRI). Additionally, we
134 defined SIR according to three classes defined by normalized enrichment scores (NES > 1.65)
135 (Class I: TNF \square signaling via NF κ B gene set; Class II: both the TNF \square signaling via NF κ B and
136 Inflammatory response gene sets; Class III: TNF \square signaling via NF κ B, Inflammatory response,
137 and a damage-associated marker, apoptosis). Using these criteria, we developed a therapeutic
138 window of ultrasound MI and microbubble MVD between the onset of BBBO and the onset of
139 SIR, for each of the three classes. These windows will help to determine safe and efficacious
140 MB+FUS parameters for BBBO in various applications.

141

142

143 Results

144

145 Microbubbles are Monodisperse in Size.

146 Microbubbles were isolated to a uniform size of 3- μ m diameter, as seen under brightfield
147 microscopy (Figure 1A). The size distribution of the microbubbles was found to be monodisperse,
148 with narrow peaks observed in both the number- and volume-weighted distributions (Figure 1B).
149 The mean diameters for the number- and volume-weighted distributions were 3.3 μ m and 3.7 μ m,
150 respectively. The 10th and 90th percentiles in diameter were determined to be 2.53 μ m and 4.19
151 μ m respectively (Table S1). To ensure consistent microbubble volume dose injection, each
152 microbubble batch was analyzed. Figure 1C illustrates the relationship between microbubble
153 concentration and volume, which was integrated to calculate the gas volume fraction (\square MB). For
154 a basis concentration of 10¹⁰ MBs/mL, the mean \square MB was determined to be 17 μ L/mL (Table
155 S1). MVD is calculated by multiplying \square MB by the fluid volume dose (mL/kg) injected
156 intravenously into the subject.

157 **Blood-Brain Barrier Opening is Dependent on Both MVD and MI.** Before the FUS treatment,
158 all mice underwent T1w MRI after an injection of MultiHance (gadolinium contrast, CE-T1w MRI)
159 and T2-weighted (T2w) MRI to confirm the integrity of the BBB and normal morphology of the
160 brain, respectively. The CE-T1wMRI revealed an intact BBB prior to FUS procedure, as seen of
161 minimal to no enhancement after MultiHance injection; quantification of BBBO was performed on
162 post-FUS CE-T1w MRI, based on the changes in T1 signal intensities in T1w vs CE-T1w MRI as
163 illustrated in Figure 2A. The contrast enhancement difference between the contralateral
164 hemispheres before focused ultrasound treatment was determined to be 0.05 \pm 6% (mean \pm
165 standard deviation) (Supplemental Figure 1). T2w MRI confirmed normal brain morphology in all
166 animals.

167

168 Figure 2B shows representative images of BBBO for all twelve doses (MI/MVD). Within these
169 experimental parameters, a clear onset of BBBO occurs at MVDs greater than 1 μ L/kg at 0.2 MI,
170 and MVDs greater than 0.1 μ L/kg at both 0.4 and 0.6 MI. Irregular morphology was observed at
171 the highest dose, as indicated by loss of brain structure in hypointense areas in T1w MRI (white
172 arrow in Figure 2B). As the MI or MVD was increased, both the BBBO volume and amplitude
173 increase, as seen by increased hyperintense areas and the relative signal intensity increase
174 (Figures 2C and D). Linear trends between brain contrast enhancement in BBBO (as referred to
175 both the enhanced volume and the relative signal intensity increase) and the MI/MVD were
176 observed, yielding significant ($p < 0.05$) trends for all MIs (Figure 2C and D). Transposed plots
177 comparing volume and contrast enhancement to MI are shown in Supplemental Fig. 2A and B.
178 Multiple regression analysis (MI+MVD) between BBBO contrast enhancement resulted in $R^2 =$
179 0.86, although R^2 increased to 0.90 when analyzed as MI*MVD. This was similar for BBBO
180 volume, with R^2 moving from 0.89 (MI+MVD) to 0.94 (MI*MVD). Using FIJI (NIH, Bethesda,
181 Maryland), a round and circle score was given to each shape of BBBO, and no significant
182 differences were found between any dose pair (Supplemental Fig. S3). Based on the significance
183 testing of pre-FUS controls (0.05 \pm 6% (mean \pm standard deviation), Supplemental Fig. 1),

184 significant BBBO after FUS was defined as a 15% contrast enhancement over a 1 mm³ volume.
185 These intensity and volume thresholds are represented as dotted lines in Figures 2C and D.

186

187 **Immunohistochemistry Shows Increased BBBO Leads to Stronger Immune Cell Infiltration.**

188 In addition to RNA sequencing, a subset of mice underwent immunohistochemistry (IHC) to track
189 immune cell infiltration at the site of MB+FUS treatment. Five main markers for immune cells
190 were utilized, including GFAP, Iba1, CD68, CD4 and CD8 staining, astrocytes, microglia,
191 peripheral macrophages, helper T-cells and cytotoxic T-cells. As a major effector protein, NFκB
192 was used as a marker for detecting inflammatory hotspots in the region of sonication.
193 Representative close-up images of each marker, along with a DAPI nuclear stain, are shown in
194 Figure 3A at the respective resolution for each analyzed image. Histology was conducted at the
195 three MIs used in the study (0.2, 0.4 and 0.6) and an MVD of 10 μL/kg. The images indicate
196 infiltration of immune cells as the MI increases (Figure 3B). MRI images showing the location of
197 BBBO through increased MRI contrast correlate with the increased fluorescence of the IHC
198 markers at these locations. Notably, at the highest MI (0.6), there is evident migration of
199 astrocytes and microglia to the injured region. Hematoxylin and eosin (H&E) staining was also
200 performed at each MI (Figure 3C). Apart from small amounts of red blood cell extravasation at the
201 highest dose (black arrows), there was little difference observed in the morphology. Additionally,
202 CD44 (activated immune cells) showed increased expression with increasing MI, while Luxol fast
203 blue (myelin integrity) showed no differences between the groups (Supplemental Figure 4).

204

205 **Passive Cavitation Detection Demonstrates Microbubble Activity Varies with Both MI and**

206 **MVD.** During each sonication, passive cavitation detection (PCD) recordings were performed to
207 assess microbubble acoustic activity throughout the treatment. Voltage data obtained from PCD
208 recordings were preprocessed and converted to the frequency domain (Figure 4A). As expected,
209 the frequency content analysis revealed an increase in subharmonic and ultra-harmonic content
210 with higher MVD and MI (Figure 4B). The presence of broadband content was observed only
211 when the MVD exceeded 1 μL/kg at 0.6 MI (Figure 4B). The frequency content over the course of
212 the treatments displayed a slight increase after retro-orbital injections, followed by a subsequent
213 decline as the MBs were cleared from circulation. This phenomenon was particularly evident at
214 the highest MVD of 40 μL/kg (Figure 4C). The average harmonic cavitation dose was calculated
215 for all doses, and a significant linear trend was observed at all three MIs ($p < 0.05$, Figure 3D).
216 Furthermore, there were no significant differences in broadband (inertial) cavitation doses
217 between 0.2 and 0.4 MI at any MVD. However, statistically significant differences were observed
218 at 0.6 MI with MVD higher than 1 μL/kg (Figure 4D). Transposed plots comparing harmonic and
219 broadband cavitation dose to the MI can be found in Supplemental Figures 5A and B. These
220 values for no FUS and no MB controls are shown in Supplemental Figure 6.

221

222 **RNA Sequencing Indicates Differential Gene Expression Varies with MI and MVD.**

223 Six hours after MRI-guided FUS treatment, RNA was extracted from the treated brain region. Figure 5A
224 illustrates our RNA sequencing pipeline, highlighting steps from extraction to analysis. To confirm
225 variance between groups, all samples were initially plotted on a Principal Component Analysis
226 (PCA) graph. Figure 5B displays the primary two components with the highest variability,
227 accounting for 14% and 9% of the total variance. Other variability testing was conducted on our
228 samples including UMAP and t-SNE plots found in Supplemental Figures 7A and 7B.

229

230 Each triplicate sample was then analyzed for differential gene expression against the no-FUS
231 control (+Isoflurane) (Figure 5C). Overall, the differential expression of genes increased with a
232 higher MI or MVD. The highest number of differentially expressed genes was observed in the
233 highest MVD and MI dose (40 MVD + 0.6 MI), totaling 1836 genes; the lowest observed number
234 was 12 at the lowest MI and MVD. To understand their significance, the 1836 differentially
235 expressed genes from the highest dose were analyzed for similarities with other doses. Among
236 these genes, 536 were also found in at least two other doses, indicating a specific effect of
237 MB+FUS treatment (Figure 5D). The 536 genes were organized based on their fold change at the

238 highest dose. As the dose was reduced in either MVD or MI, fewer genes in the set showed
239 significant differential expression, as indicated by the white bars. Notably, the lowest dose (0.1
240 MVD + 0.2 MI) did not exhibit significant differential expression among the 536 genes.
241 Furthermore, the expression levels of these 536 genes remained consistent across all doses. The
242 genes showing higher expression levels in the highest dose (40 MVD + 0.6 MI) also
243 demonstrated higher expression levels in all other doses. Similarly, the less expressed genes
244 maintained their lower expression levels consistently across all doses, following a similar
245 gradient.

246
247 **Hallmark Gene Set Enrichment Analysis Reveals Strong Inflammatory Response after**
248 **BBBO:** The next step in RNA analysis was to perform gene set enrichment analysis to provide a
249 biological context for the differentially expressed genes. To cover a wide range of biological
250 processes, we utilized the 50 hallmark gene sets from the Broad Institute of MIT and Harvard
251 (Cambridge, Massachusetts). Figure 6A illustrates the top gene sets identified across all 12
252 doses. Notably, there are 12 distinct gene sets that show upregulation at the highest doses and
253 gradually decline as the MI or MVD decreases. These twelve gene sets include, beginning with
254 the most significant: TNF \square Signaling via NF κ B, Inflammatory Response, Hypoxia, Allograft
255 Rejection, Epithelial-Mesenchymal Transition, Interferon Gamma Response, IL6 Jak Stat3
256 Signaling, Apoptosis, Complement, P53 Pathway, IL2 Stat5 Signaling, and Coagulation.
257 Importantly, all these gene sets are closely associated with inflammatory responses.

258
259 Enrichment plots for each of the twelve gene sets identified in the highest dose (40 MVD + 0.6
260 MI) are presented in Figure 6B. The high peak on the left side of the plots indicates the strong
261 enrichment of these gene sets in our samples. It is worth noting that these gene sets exhibit close
262 relationships with each other. To illustrate this interconnectivity, a Circos plot is shown in Figure
263 6C, where direct gene connections (represented by purple lines) and connections via Gene
264 Ontology (GO) biological processes (light blue lines) are established between each gene set.
265 Some connections show stronger relationships, such as interferon-gamma and interferon-alpha
266 signaling, while others demonstrate weaker associations with other groups, such as Epithelial-
267 Mesenchymal Transition.

268
269 Figure 6D provides another perspective by visualizing the major mechanisms between these
270 gene sets through signaling molecules. Three main groups emerge from the analysis of these
271 gene sets: the initial inflammatory response (TNF \square signaling via NF κ B), the major inflammatory
272 response (which involves more chemokine and cytokine signaling), and damage-associated gene
273 sets (related to apoptosis). Overall, the results of the gene set enrichment analysis highlight the
274 prominent role of inflammatory responses and related pathways in the transcriptional changes
275 observed owing to MB+FUS dose escalation.

276
277 **Blood-Brain Barrier Opening Intensity is the Best Indicator of SIR.** To better understand the
278 relationship between our parameters and BBBO or SIR, we conducted a correlation matrix
279 analysis of all major variables identified thus far. Figure 7A presents this matrix, highlighting both
280 strong and weak correlations. Our analysis revealed a stronger correlation between hyperintense
281 volume and contrast enhancement in BBBO areas with MVD, as compared to the MI (0.83/0.76
282 and 0.41/0.48, respectively). Passive cavitation parameters exhibited relatively consistent
283 relationships (0.46 - 0.64) with both MVD and MI. In terms of RNA expression, indicated by
284 normalized enrichment scores (NES), correlations varied with MVD or MI. MVD showed a
285 stronger correlation with complement, hypoxia, and TNF \square signaling via NF κ B ($R^2 = 0.79, 0.68,$
286 $\text{and } 0.70,$ respectively). On the other hand, MI displayed a stronger correlation with IL2 stat5
287 signaling, IL6 jak stat3 signaling, interferon-gamma response, allograft rejection, and
288 inflammatory response ($R^2 = 0.60, 0.63, 0.75, 0.61,$ and 0.78 respectively). Interestingly, our main
289 finding indicated that BBBO volume and BBBO contrast enhancement were the effects most
290 strongly associated with RNA expression, with all correlations having R^2 values greater than 0.86
291 (excluding allograft rejection and interferon-gamma response). To further explore this

292 relationship, we plotted our top-represented gene sets against BBBO volume (Figure 7B). At least
293 half of all doses exhibited significant NES in each gene set, and each relationship demonstrated
294 strong linear correlations.

295
296 A noteworthy observation was the identification of a small cluster of three MVD/MI doses: 1 MVD
297 + 0.6 MI, 10 MVD + 0.4 MI, and 40 MVD + 0.2 MI (highlighted by the red circle). These doses
298 exhibited similar BBBO contrast enhancement (between 31.6 and 38.5 %) and similar NES in five
299 out of the six gene sets. To gain further insights, we performed differential gene expression
300 analysis between each dose (Figure 7C). The volcano plots indicated minimal differences in gene
301 expression, with a limited number of differentially expressed genes (4-125 genes). To corroborate
302 these findings, we examined the fold change in highly utilized genes (leading edge genes) within
303 five inflammatory families (Figure 7D). We observed similar expression levels among the cluster
304 doses, while their expression differed significantly from the lowest and highest doses. Overall, our
305 results suggest that the extent of BBBO plays a pivotal role in the SIR, surpassing the influence of
306 other parameters in isolation.

307
308 **Therapeutic Windows Can be Defined Between BBBO and SIR.** As previously determined
309 through control experiments (Supplemental Figure 1), we defined significant BBBO as a minimum
310 of 15% contrast enhancement in a volume greater than 1 mm³. Figure 8A presents a dot plot
311 depicting all doses and their corresponding BBBO volume (size) and contrast enhancement
312 (color). Utilizing the defined thresholds, we observe a distinct region representing insignificant
313 BBB (blue) and significant BBBO (red).

314
315 To establish thresholds for the onset of SIR, we recognized the gradient of responses and
316 developed different classes of sterile inflammation (Figure 8B). Each class encompasses the
317 previous classifications, creating a hierarchical framework. Figure 8C illustrates the therapeutic
318 window between significant BBBO and SIR. In Class I, the least strict classification, significant
319 NES (> 1.65) in the TNF α signaling via NF κ B gene set serves as the defining criterion. Within this
320 class, a small window of significant BBB opening is observed before the onset of SIR (10 MVD +
321 0.2 MI and 1 MVD + 0.4 MI). Notably, this is the only instance where the onset of SIR occurs
322 without significant BBBO (0.1 MVD + 0.6 MI).

323
324 As we progress to Class II, which is defined by the onset of significant NES (> 1.65) for both the
325 TNF α signaling via NF κ B and Inflammatory response gene sets, the therapeutic window
326 expands. In this class, three doses exhibit significant BBBO without the onset of SIR (10-40 MVD
327 + 0.2 MI and 1 MVD + 0.4 MI).

328
329 Finally, the most stringent classification of SIR is Class III, characterized by significant NES (>
330 1.65) for TNF α signaling via NF κ B, Inflammatory response, and a damage-associated marker,
331 apoptosis. Within this class, we observe five doses with significant BBBO but no onset of SIR (10-
332 40 MVD + 0.2 MI, 1-10 MVD + 0.4 MI, and 1 MVD + 0.6 MI). Taken together, these findings
333 delineate the therapeutic window between significant BBBO and the onset of SIR, providing
334 valuable insights into the relationship between these two critical factors.

335

336 Discussion

337

338 The use of focused ultrasound and microbubbles to disrupt the blood-brain barrier has gained
339 significant attention as a promising approach for delivering therapeutics to the brain (48–52). This
340 technique offers modularity, allowing for the manipulation of therapeutic effects. However,
341 defining appropriate thresholds can be challenging. In our study, we focused on two key
342 parameters: mechanical index (MI, MPa/MHz^{1/2}) and microbubble volume dose (MVD, μ L/kg),
343 which have been shown to play crucial roles in determining BBB opening (18, 53). MVD is a
344 measure of microbubble that takes into account the volume of gas that it occupies multiplied by
345 the concentration of particles. When injected in animals, the MVD can be calculated by taking the

346 sum of all MB volumes divided by the weight of the animals (31, 33). Prior studies performed by
347 Song et al. showed that BBBO intensity linearly increased with increasing MVD regardless of
348 microbubble number or size (30).

349
350 The MI combines ultrasound frequency and pressure and has been previously demonstrated to
351 predict the threshold of BBBO (53). Consistent with previous studies (52), we observed a strong
352 linear relationship between MI and the extent of BBBO, as measured by the signal intensity of
353 MRI contrast enhancement. Similarly, MVD, which combines microbubble number and size,
354 exhibited a strong linear effect on BBBO. Our findings align with previous studies (54) and
355 confirm the significant influence of both MI and MVD on BBB opening. To explore the combined
356 influence of MI and MVD on BBBO, we performed multiple regression analyses and observed a
357 stronger relationship when these parameters interacted. The interaction term (MI*MVD) showed a
358 high coefficient of determination ($R^2 = 0.9$), indicating that the combined effect of MI and MVD
359 has a greater impact on BBB opening than either parameter alone.

360
361 Passive cavitation detection provided valuable insights into microbubble behavior during the
362 treatments. The analysis of the voltage data (34) allowed us to determine the harmonic and
363 broadband (inertial) cavitation doses, which showed linear trends with MI and MVD. Although the
364 R^2 values for these relationships were slightly lower due to variability in measurements, they still
365 demonstrated significant trends. Notably, the harmonic cavitation dose exhibited a particularly
366 strong relationship with both BBBO volume and contrast enhancement, indicating its potential as
367 a predictive parameter for assessing BBBO.

368
369 Determining the threshold for significant BBBO is crucial for safe and effective treatments. While
370 various studies have investigated this threshold, the wide range of parameters and metrics used
371 makes direct comparisons challenging. Nonetheless, many studies have reported a threshold in
372 the range of 0.3 to 0.5 MI at different MVDs. In our study, we found the threshold for significant
373 BBBO (>15% contrast enhancement in a volume of 1 mm^3) to be greater than 1 MVD at 0.2 MI
374 and greater than 0.1 MVD at 0.4 and 0.6 MI. It is noteworthy to mention that our estimates for a
375 15% increase in targeted signal intensity are dependent on our MRI protocol (such as the field
376 strength of 9.4 Tesla, T1w sequence parameters, the dose and time of the injection of gadolinium
377 chelate, etc.). The actual cortical volume of the BBBO (1 mm^3) is the more robust parameter for
378 the extent and limit of detection for the BBBO. When considering the combined effect of MI and
379 MVD (MI*MVD), the threshold was found to be greater than 0.2. It is important to note that our
380 highest dose (40 MVD + 0.6 MI) resulted in irregular tissue morphology illustrated by
381 hyperintense and hypointense regions on T1-weighted + CE MRI. This observation suggests a
382 potential maximum safety threshold of 40 MVD and 0.6 MI indicating that caution should be
383 exercised at higher doses to avoid adverse tissue effects.

384
385 Differential gene expression (DEG) enables us to understand the global transcriptomic activity of
386 a cell or tissue. However, this broad analysis excludes the specificity of which pathways are most
387 upregulated or downregulated. Instead, the information we receive is the individual fold changes
388 of genes. What we can extract from this type of data is that at higher doses (40 MVD + 0.6 MI)
389 there are significantly more upregulated genes compared to the rest of the doses, meaning that
390 more activity is occurring in that region, whether related to inflammation or not. To make sense of
391 this data more broadly, we compared all the significant differentially expressed genes in the
392 highest dose (40 MVD + 0.6 MI) against all the populations of DEGs in the rest of the conditions
393 for Figure 5D. By organizing the DEG data against the 40 MVD + 0.6 MI, we can see that there is
394 a similar trend following this order among all groups, especially when the MI and MVD decrease.
395 Specifically, the lowest amount of differentially expressed genes is observed in 1 MVD + 0.2 MI,
396 not the lowest dose (0.1 MVD + 0.2 MI, Fig. 5C), which is not what we expected. However, when
397 compared against the most common DEGs, no genes were significantly up or down-regulated,
398 indicating that the 62 DEGs are not related to inflammation or damage but rather other tangential
399 biological processes.

400
401 To provide a biological context for the population of DEG and the pattern it exhibits we ran a gene
402 set enrichment analysis (GSEA) with the data. The 50-hallmark gene set analysis categorized 50
403 of the most basic biological functions of a cell, allowing us to identify a variety of effects. All
404 identified paths were related to inflammation and/or cellular damage, with the leading pathway
405 being the TNF α signaling through NF κ B. This supports many other studies, which identified
406 significant upregulation of the NF κ B pathway as a result of BBBO (28, 35, 55). Outside of broad
407 inflammatory responses, one pathway that is also upregulated is the JAK/STAT and IFN
408 pathways. These pathways have been identified in events of immune recruitment, specifically
409 involving T-cell activation and macrophage recruitment to the site of inflammation (56, 57). Not
410 only does this result support evidence of peripheral immune cell extravasation, but it also sheds
411 light on the specific population of immune cells that are recruited and their specific mechanism of
412 action. A third major event that is observed in the RNA sequencing data indicative of neuronal
413 damage is the enrichment of genes in pathways related to hypoxia and apoptosis. Increased
414 mechanical indices are known to be detrimental to cells, as the exerted mechanical forces
415 exerted forces are known to cause hemorrhaging (58, 59). This has been shown in other studies
416 (52, 53), where at higher doses, MB+FUS can cause microhemorrhages and damage that is
417 similar to damage responses seen in traumatic brain injury (60). Additionally, altered blood flow
418 and hypoxia have been observed as transient events accompanying BBBO, with the major
419 mechanism implicated being capillary vessel restriction (61). Our results suggest that when
420 microbubbles cavitate under ultrasound, they can cause a transient delay in blood perfusion,
421 inducing local hypoxia or ischemia through hemorrhaging contributing to apoptosis. A comparison
422 in these studies can prove that higher MVD/MI doses can mirror damage seen under these
423 conditions. The Circos plot displays the connecting relationship between these events (Fig. 6C).

424
425 After collecting individual information about the 50-hallmark analysis, a correlation analysis was
426 run against all the major upregulated and enriched pathways to further understand our knowledge
427 of ultrasound and microbubble parameters as well as the most enriched pathways resulting from
428 RNA sequencing. Interestingly, according to the results of the correlation matrix, there were
429 characteristic qualities that were unique to MVD such as the activation of the complement
430 system, hypoxia, and NF κ B pathway via TNF α signaling. PEG, which is a reagent commonly
431 used to improve drug longevity in the body and is found on the external shell of the microbubble,
432 can activate the immune system through the complement system via C3b opsonization of the
433 phosphate in the lipid headgroup (62). This phenomenon has been recognized as a potential
434 cause of complement activation-related pseudo allergy (CARPA) and has been reported in the
435 use of Doxil (63, 64). Surprisingly, the biggest immune pathway that has been implicated in the
436 initiation of SIR, the NF κ B pathway, was more highly correlated to MVD than MI. More in-depth
437 work is required to define a mechanism to explain why we see this trend. On the other hand, the
438 MI had a stronger relationship with RNA seq pathways such as Allograft rejection, IL2 STAT3, IL6
439 JAK STAT3, IFN γ , and inflammatory response. These five pathways are interconnected, as they
440 represent the cascade of the inflammatory response after activation. Their stronger relationship to
441 MI also requires a more in-depth mechanism analysis. Although these pathways correlate
442 differently between MI and MVD, all pathways correlate most highly to BBBO volume ($R^2 > 0.70$)
443 and contrast enhancement ($R^2 > 0.81$).

444
445 Normalized enrichment scores of the GSEA showed a strong linear trend when plotted against
446 BBBO intensity (contrast enhancement %). This was evaluated among all pathways with greater
447 than 6 significant NES. A reoccurring phenomenon of a “cluster” of MVD and MI combinations is
448 apparent on the trendlines where 1.0 MVD + 0.6 MI and 10 MVD + 0.4 MI and 40 MVD + 0.2 MI
449 resulted in similar intensity of opening and NES. This is seen in 5 out of the 6 graphs in Figure
450 7B, except Hypoxia where 10 MVD + 0.4 MI did not have a significant NES. This further supports
451 the fact that the intensity of BBBO is the greatest indicator of bioeffects. Moreover, using a
452 greater MVD with a lower MI can permeabilize the BBB similar to a lower MVD and higher MI,
453 resulting in similar bioeffects. Figure 7C analyzed the differentially expressed genes in the cluster

454 to compare the amount of differentially expressed genes and, despite having upwards of 125
455 differentially expressed genes down to 4, this is not considered significantly differentially
456 expressed compared to the amount in Figure 5C with hundreds and thousands of differentially
457 expressed genes. Figure 7D aims to further corroborate this claim by comparing the individual
458 gene expression between 5 inflammatory pathways that are involved in sterile inflammation.

459
460 As defined previously, BBBO was considered significant when 15% contrast enhancement is
461 achieved in a volume greater than 1 mm³. As seen in Figure 8A, the volume of BBBO
462 corresponds with increased contrast enhancement. We can define a BBBO window comparing
463 our MVDs, and MIs. Next, by comparing the RNA sequencing data from 12 experimental
464 conditions for BBBO, differences in gene expression were analyzed and the complexity of the
465 immune response elicited from permeabilizing the BBB was characterized. Figure 8B highlights
466 these orders or classes by increasing the requirement of what can and should be considered a
467 part of the sterile immune response. NFκB signaling has been defined in a plethora of studies as
468 a hallmark of the SIR (4, 28, 35, 55). Kovacs et al. first defined this to be the major molecular
469 mechanism behind the sterile immune response, especially after MB+FUS BBBO, with many
470 other studies following the pursuit of further investigating the bioeffects (28, 35). Due to this, we
471 broadly defined SIR as the activation of the NFκB pathway via TNFα signaling (NES > 1.65).
472 Since the sterile inflammatory response is also known to prompt and recruit further immune
473 responses, we incorporated another criterion for SIR as the addition of the significantly enriched
474 inflammatory response (NES > 1.65). This is what we defined as Class II SIR, providing a larger
475 window to optimize parameters. Recently, several groups have worked to operate within the SIR
476 window after MB+FUS (65–67) without activating damage pathways (apoptosis). Our Class III
477 window is defined as the onset of inflammatory responses without significantly activating the
478 apoptosis pathway.

479
480 Moving forward, further investigations are warranted to expand the therapeutic windows. Firstly,
481 exploring novel microbubble formulations or ultrasound pulsing schemes could lead to more
482 precise and efficient BBB opening while minimizing adverse SIR-related effects. Secondly,
483 defining the mechanisms underlying the observed bioeffects, such as inflammation, immune
484 recruitment, and tissue damage, will provide valuable insights for the most useful class. Finally,
485 more advanced MRI sequences can provide more insight to the microenvironment noninvasively.
486 This includes using quantitative iron oxide-enhanced T2/ T2* weighted MRI, which could be easily
487 incorporated into the MR guiding/ BBB kinetic protocols or taking a multi-parametric/ multi-modal
488 imaging approach to assess inflammation, cellular damage and necrosis, as well as hypoxia
489 using advanced non-invasive PET/MRI(68–70). All efforts will provide more tunable therapeutic
490 windows that allow more safe and effective treatments.

491
492 In conclusion, our study demonstrates the significant influence of MVD and MI on BBBO and SIR.
493 The combination of MI and MVD showed a stronger effect on BBBO than either parameter alone.
494 RNA analysis revealed differential gene expression associated with inflammatory responses and
495 immune recruitment. The study defines three therapeutic windows between significant BBBO and
496 the onset of three classes of SIR, providing valuable guidance for safe and effective focused
497 ultrasound-mediated drug delivery to the brain.

498 **Materials and Methods**

499 **Animals.**

500
501 All experiments involving animals were conducted according to the regulations and policies of the
502 Institutional Animal Care and Use Committee (IACUC) protocol 00151 in CD-1 IGS mice (strain
503 code: 022). All mice used were female 8- to 11-wk-old and purchased from Charles River
504 Laboratory.

505 **Microbubble Preparation.**

508 Lipid-coated microbubbles containing a Perfluorobutane (PFB) gas core were synthesized via
509 sonication, as described previously by Fesitan et al. (71). Under sterile conditions, polydisperse
510 MBs were created and collected. A single diameter ($3 \pm 0.5 \mu\text{m}$) was isolated by differential
511 centrifugation. The isolation process, including centrifugation speeds used, can be found in Fig.
512 S8. Microbubble concentration and number- and volume-weighted size distributions were
513 measured with a Multisizer 3 (Beckman Coulter). Microbubble concentration (c_i , MBs/ μL) versus
514 microbubble volume (v_i , $\mu\text{L}/\text{MB}$) was plotted, and the gas volume fraction (ϕ_{MB}) was estimated
515 as follows:

$$\phi_{MB} = \sum_{i=1}^n v_i \times c_i$$

516 where i is the index of the sizing bin, 300 bins ranging from 0.7 to 18 μm in diameter. Three
517 independent MB preparations were measured two hours before FUS treatment to confirm size
518 distributions and concentration. Microbubble cakes were stored in the refrigerator at 4 $^{\circ}\text{C}$ for use
519 within 1 week. Microbubbles were diluted to injection concentration within 15 minutes before
520 injection. Supplemental Figure 9 shows MB stability 1 hour after dilution to relevant injection
521 concentration.

522

523 **Magnetic Resonance Imaging.**

524 All animal procedures were performed under approved Institutional Animal Care and Use
525 Committee protocols (IACUC #00151 and #0596). A Bruker BioSpec 9.4/ 20 Tesla MR Scanner
526 (Bruker, Billerica, MA) with a mouse head RF phase-array coil was used in the Colorado Animal
527 Imaging Shared Resource (RRID:SCR_021980). Mice were placed into in house designed MRI
528 bed that contained stereotaxic ear bars to prevent movement of the mouse head during the
529 transfer from MRI to focused ultrasound (FUS) system and back into the MRI scanner. Each MRI
530 sessions consisted from a 3D-localizer a T1w MSME (Multi-Spin Multi-Echo) images were
531 acquired in the axial plane (repetition time (TR)/echo time (TE), 720/12 ms; flip angle, 90 $^{\circ}$;
532 number of averages, 4; field of view, 20 mm \times 20 mm; matrix size, 256x256; resolution, 78 μm \times
533 78 μm \times 700 μm) was performed 12 min after intravenous injection of 0.4 mmol/kg gadobenate
534 dimeglumine (MultiHance, Bracco, Princeton, NJ). All mice underwent high-resolution 3D T2-
535 turboRARE (Rapid Acquisition with Relaxation Enhancement) scans (repetition time (TR)/echo
536 time (TE), 2511/33 ms; flip angle, 90 $^{\circ}$; number of averages, 4; field of view, 20 mm \times 20 mm;
537 matrix size, 256x256; resolution, 78 μm \times 78 μm \times 700 μm). Mice remained stereo-tactically
538 placed on an MRI bed and transferred to the FUS system for treatment where an intravenous
539 injection of 0.1 mL gadobenate dimeglumine (MultiHance, Bracco, Milan, Italy) was given. All
540 image acquisition was performed using Bruker ParaVision NEO360 v.3.3 software.

541

542 **MR Image Analysis.**

543 T1w MRI data sets were used to quantify the extent of blood-brain barrier opening using FIJI
544 (Maryland, USA). All axial slices were analyzed by defining the contralateral hemisphere and
545 determining the mean and standard deviation of voxel intensities. The treated hemisphere was
546 then defined, and all voxels were found above two standard deviations of the contralateral side.
547 The area was determined and multiplied by slice thickness (0.7 mm) to find BBBO volume. The
548 contrast enhancement was determined by the average intensity within BBBO volume and divided
549 by the average intensity of the control region.

550

551 **MRI-Guided FUS Treatment.**

552 The experimental setup is shown in Fig. 1D. A single element, geometrically focused transducer
553 (frequency: 1.515 MHz, diameter: 30 mm) was driven by the RK-50 system (FUS Instruments,
554 Toronto, Canada). A single element, geometrically focused transducer (frequency: 0.7575 MHz,
555 diameter: 10 mm) coaxially inside the driving transducer was used for passive cavitation
556 detection. Using the T2-weighted MR image (coronal), the center of the striatum was targeted

557 (Fig. 1D). Ultrasound gel (Aquasonic gel, Clinton Township, MI) was placed on the mouse head
558 confirming the lack of air bubbles. An acoustically transparent tank filled with degassed water was
559 placed on top of the gel Fig. 1D. Microbubbles (0.1-40 μ L/kg; 0.1 mL) and 0.1 mL MultiHance was
560 injected intravenously through a retroorbital injection via 26 Ga needle. Directly after injection
561 (within 10 seconds) FUS was applied. FUS parameters were as follows: 10 ms PL, 1 Hz PRF,
562 300 s treatment time, and a PNP of 0.308, 0.615, or 0.923 MPa (0.246, 0.492, or 0.738 MPa *in*
563 *situ*). Voltage data from the PCD was collected during the entire FUS treatment and analyzed as
564 previously described (34). The remaining PCD analysis was done using MATLAB
565 (Massachusetts, USA) including the calculations of harmonic and broadband cavitation doses.
566 Directly after FUS mice were then sent back to MRI to complete post-FUS T1-weighted imaging.
567 Groups were divided into $n = 3$ for all 12 dose levels (3 MIs, 4 MVDs).

568

569 **RNA Extraction and Bulk RNA Sequencing.**

570 At 6 hours post FUS treatment mice were sacrificed via perfusion with 60 mL of ice-cold PBS.
571 Brains were immediately dissected, and the treated site was removed and snap-frozen using
572 liquid nitrogen. Samples were stored at -80 °C until further use. Brain samples were weighed and
573 then immediately placed into a cell lysing buffer (Qiagen, Hilden, Germany), and homogenized for
574 30 seconds. RNA was isolated and purified using the RNeasy Kit (74004, Qiagen) where all
575 reagents were provided, and the manufacturer's instructions were followed. Quality control and
576 library preparation were performed through the Anschutz Genomics Core for sequencing. Poly A
577 selected total RNA paired-end sequencing was conducted at 40 million paired reads (80 million
578 total reads) on a NovaSEQ 6000 sequencer.

579

580 **Bulk RNA Sequencing Analysis.**

581 FASTQ files were obtained from Anschutz Genomics Core after sequencing. RNA Analysis was
582 performed using Pluto (<https://pluto.bio>). Principal components analysis (PCA)(72) was calculated
583 by applying the prcomp() R function to counts per million (CPM)-normalized values for all 40,773
584 targets in the experiment and samples from all groups. The data was shifted to be zero-centered.
585 The data was scaled to have unit variance before PCA was computed. Differential expression
586 analysis was performed comparing the groups to the isoflurane-only control group unless
587 otherwise noted in the figure caption. Genes were filtered to include only genes with at least 3
588 reads counted in at least 20% of samples in any group. Differential expression analysis was then
589 performed with the DESeq2 R package(72), which tests for differential expression based on a
590 model using the negative binomial distribution. Log2 fold change was calculated for the
591 comparison of the experiment to the control group. Thus, genes with a positive log2 fold change
592 value had increased expression in experimental samples. Genes with a negative log2 fold change
593 value had increased expression in control samples. Gene set enrichment analysis (GSEA) using
594 the fgsea R package and the fgseaMultilevel() function (73). The log2 fold change from the
595 experiment vs control differential expression comparison was used to rank genes. Hallmarks
596 gene set collection from the Molecular Signatures Database (MSigDB)(74, 75) was curated using
597 the msigdb R package.

598

599 **Immunohistochemistry and Histology.**

600 A subset of mice ($n = 7$) underwent histological analysis. A representative mouse from 6 dose
601 groups (0.2 MI at 10 MVD, 0.4MI at all MVDs, and 0.6 MI at 10 MVD, $n = 1$). A final mouse was
602 only exposed to similar isoflurane levels. Six hours after treatment (if applicable) mice were
603 sacrificed and perfused with 40 mL of 10% formalin (Thermo Fisher Scientific). Brains were
604 immediately dissected put into a 10% formalin solution and left to shake on an orbital shaker
605 overnight at room temperature. Primary antibody staining was done with anti-IBA1 (E4O4W, CST,
606 Massachusetts, USA.), anti-GFAP (ab4674, Abcam, Cambridge, UK), anti-CD4 (42-0042-82,
607 Thermo), anti-CD68 (14-0681-82, Thermo), anti-CD8 (MA514548, Thermo), anti-CD44 (701406,
608 Thermo), anti-NF κ B-p65 (51-0500, Thermo). Samples were incubated overnight at 4 °C. Signals
609 were detected using three fluorescently labeled secondary antibodies which include:
610 G_anti_AF594 (rat, A-11007, Thermo), G_anti_AF488 (chicken, A-11042, Thermo) and G_anti_

611 AF488 (rabbit, A-11008, Thermo). Expected cell types for each stain can be found in
612 supplemental table 2. Microscope slides were imaged on a spinning disk confocal microscope
613 (Nikon, Tokyo, Japan) at 20x. Quantification of images was done in FIJI (NIH, Maryland, USA)
614 where an Analyze Particles function was used to determine the location of nuclei (DAPI staining)
615 and compared the location of fluorescent signal from antibodies. If the locations matched at more
616 than 5 pixels, the cell was counted, and the location was noted. Each slice was analyzed at all
617 locations within. Each sample was also stained with Hematoxylin/Eosin and Luxol Fast Blue to
618 determine the effect on tissue morphology. These two stains were imaged on a Nikon brightfield
619 microscope.

620

621 **Statistical Analysis.**

622 All data collected is presented as mean \pm SD. No preprocessing was done to the data except for
623 voltage data collected from the PCD. PCD data were preprocessed as described in Martinez et
624 al(34). All statistical analysis was completed in Prism 9 (GraphPad, California, USA). Star
625 representations of p-values are indicated in captions and less than 0.05 was indicative of
626 statistical significance. An unpaired Student's t-test and ANOVA/multiple comparisons were used
627 to compare two groups and larger comparisons respectively. The false discovery rate (FDR)
628 method was applied for multiple testing correction (76). An adjusted p-value of 0.01 was used as
629 the threshold for statistical significance.

630

631

632

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640

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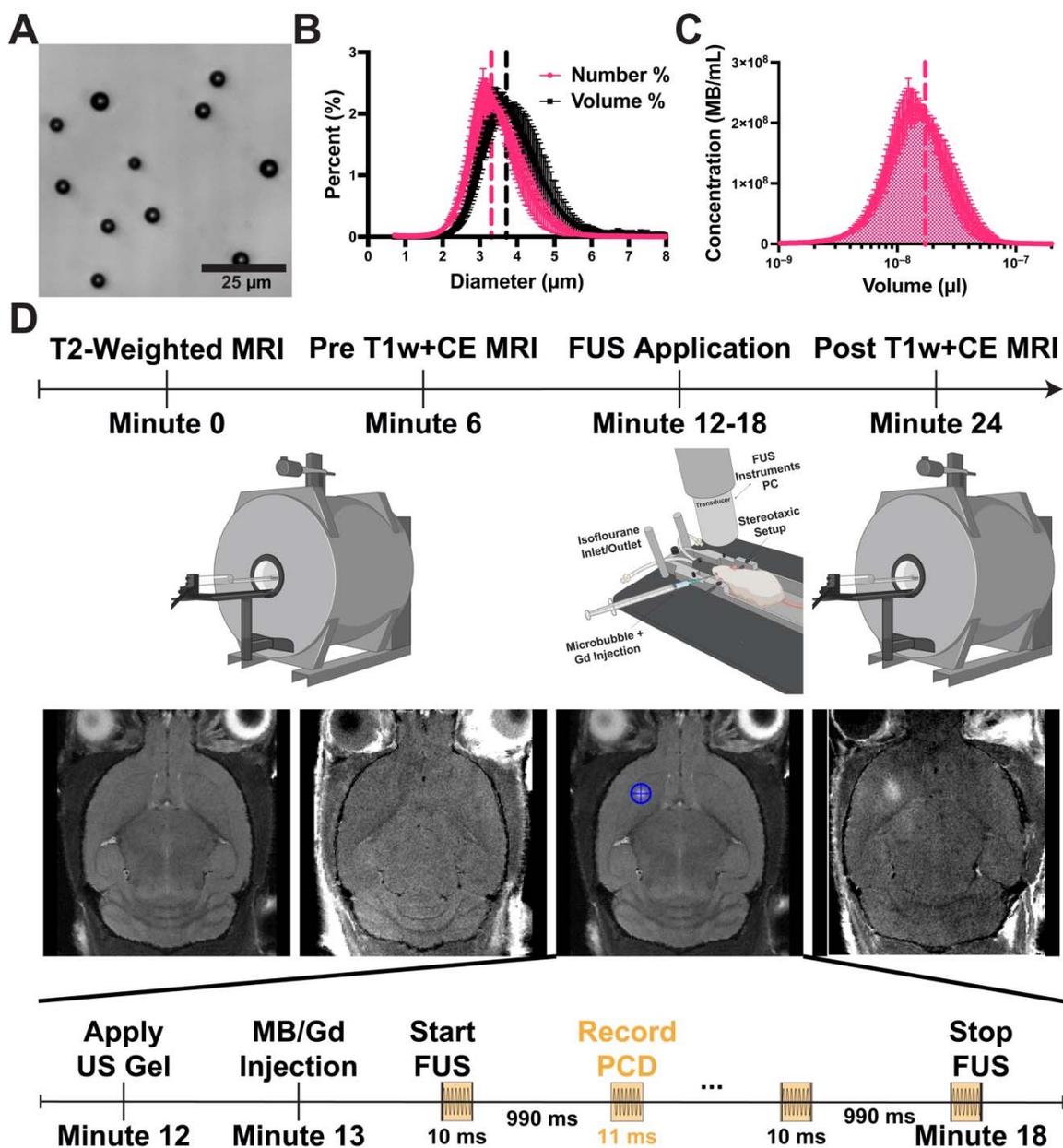
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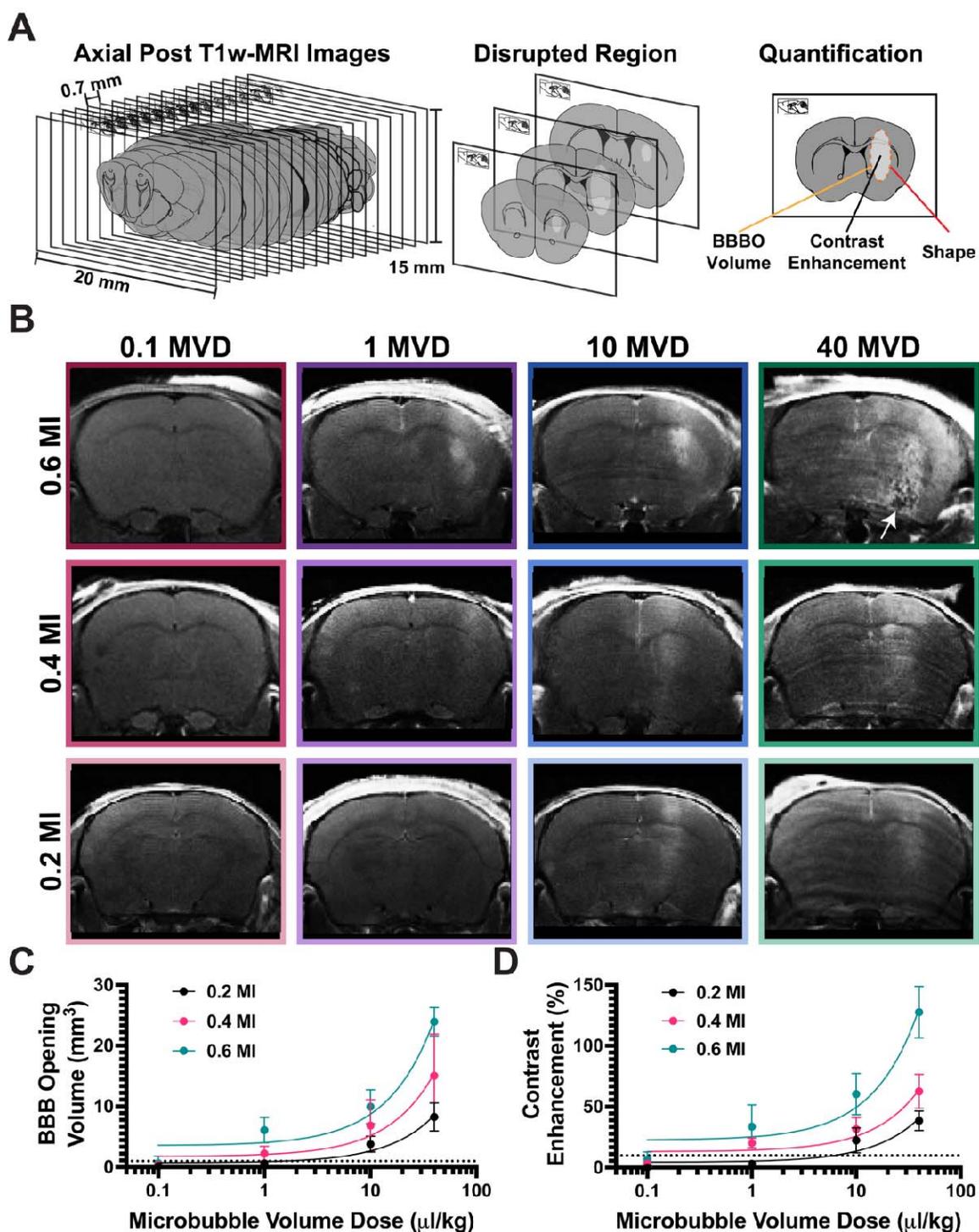
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819 **Figures and Tables**
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821 **Figure 1. Microbubble Characterization and Treatment Timeline.** (A) Brightfield image of
822 isolated microbubbles (3 μm) in size. (B) Number- and volume-weighted size distributions.
823 Vertical dotted lines represent mean values. (C) Microbubble concentration plotted against
824 volume at a basis concentration of 10^{10} MBs/mL. The shaded region under the curve represents
825 the gas volume fraction. (D) Illustration of the MB+FUS treatment timeline. Initially, mice were
826 imaged using T2w and CE-T1w MRI. Subsequently, they were moved to the RK-50 system to
827 receive MB+FUS treatment. A more detailed timeline is provided at the bottom of panel D. After
828 treatment, mice were imaged again with CE-T1w MRI. Data are presented as mean \pm standard
829 deviation ($n = 5$).
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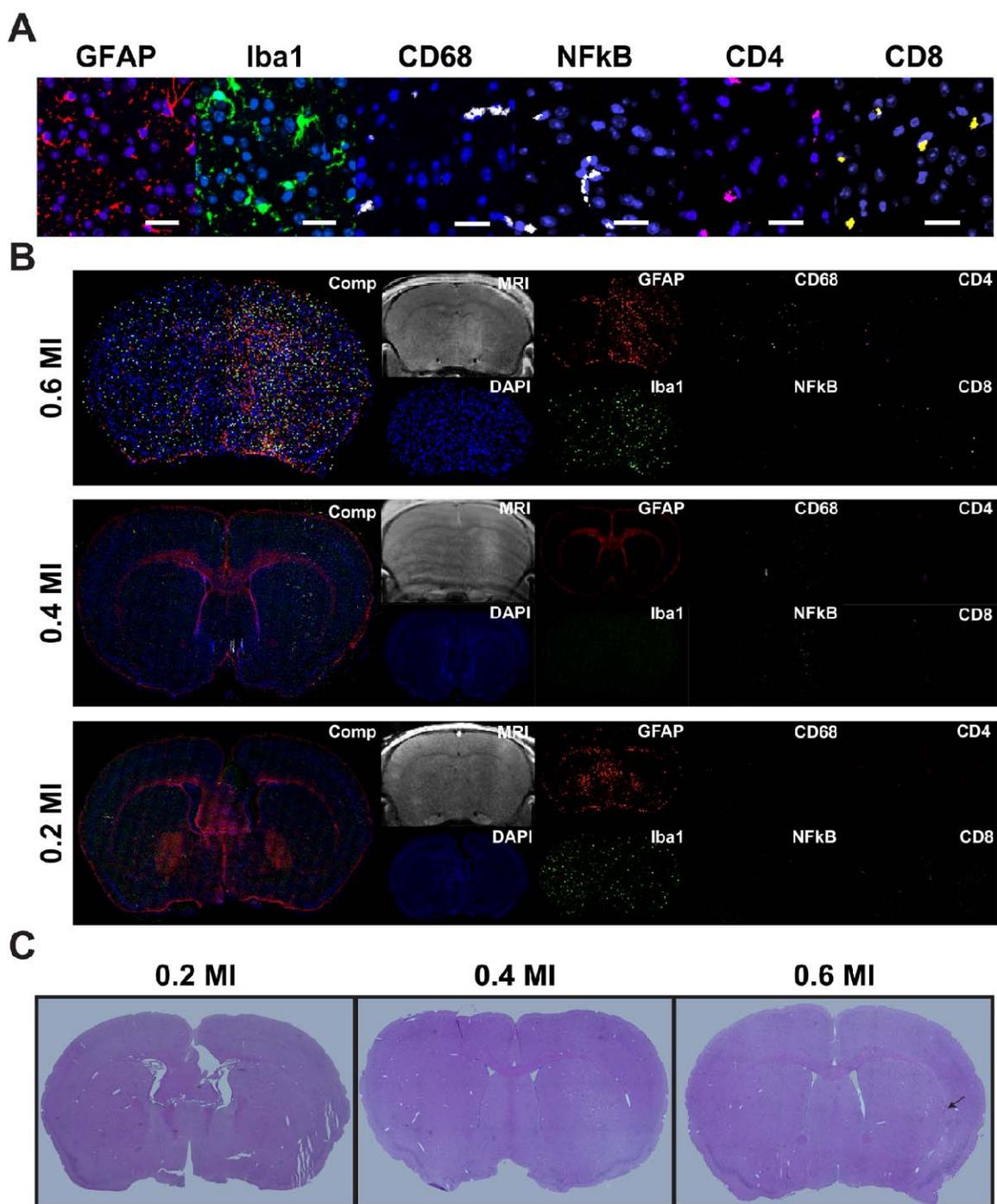


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Figure 2. Assessment of BBBO using Gadolinium Contrast Enhancement. (A) Cartoon depicting post-CE-T1w MRI image analysis. (B) Representative images of post-FUS MRI for each MI/MVD dose, captured at the peak BBBO area. (C) Quantification of BBBO volume ($n = 3$). Linear regression was performed for each mechanical index, resulting in R squared values of 0.86, 0.71, and 0.91 for 0.2, 0.4, and 0.6 MI, respectively. The X-axis is presented on a logarithmic scale. (D) Quantification of BBBO contrast enhancement ($n = 3$). Linear regression

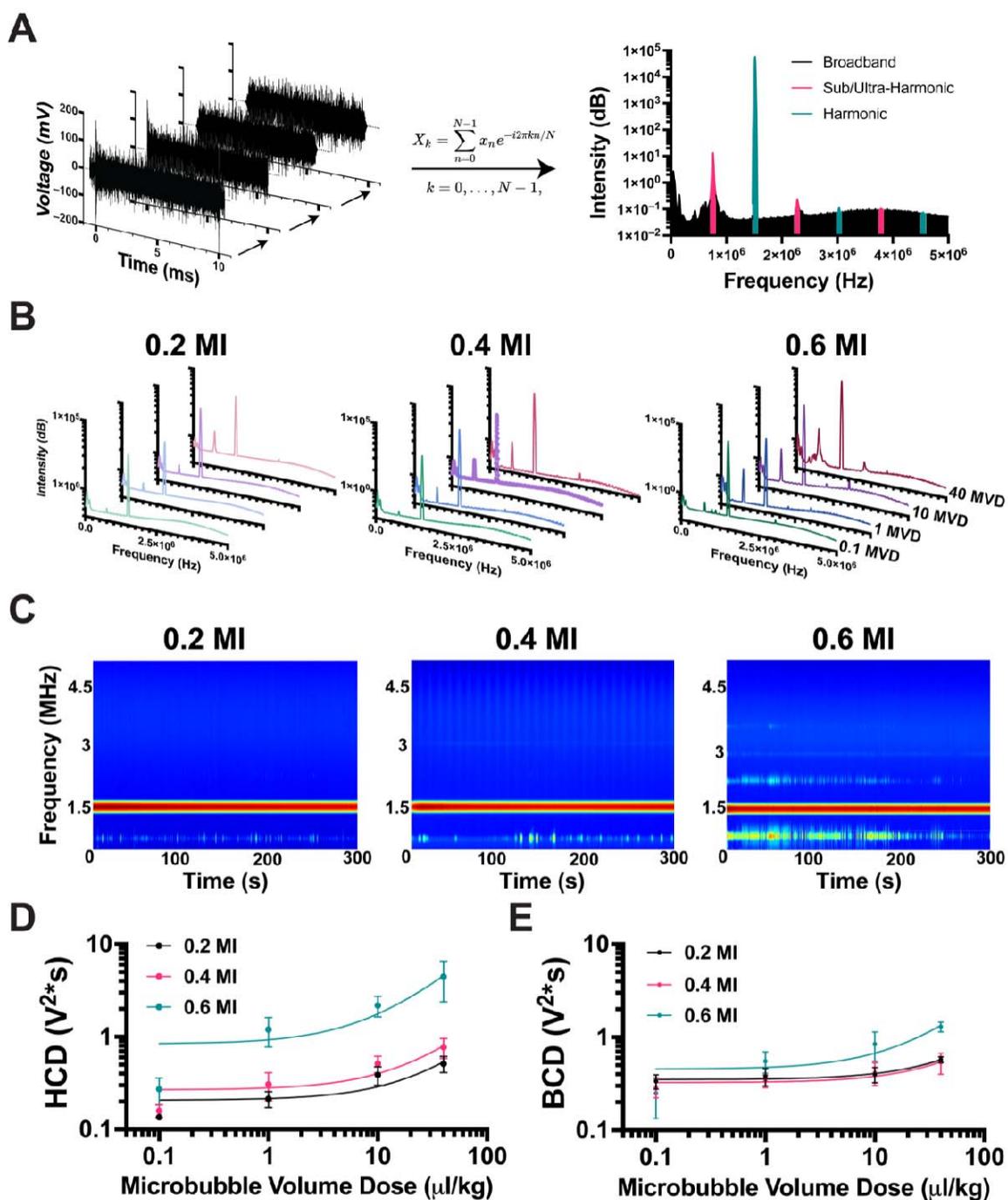
839 was conducted for each mechanical index, resulting in R squared values of 0.79, 0.82, and 0.87
840 for 0.2, 0.4, and 0.6 MI, respectively. The X-axis is presented on a logarithmic scale. Data are
841 presented as mean \pm standard deviation.

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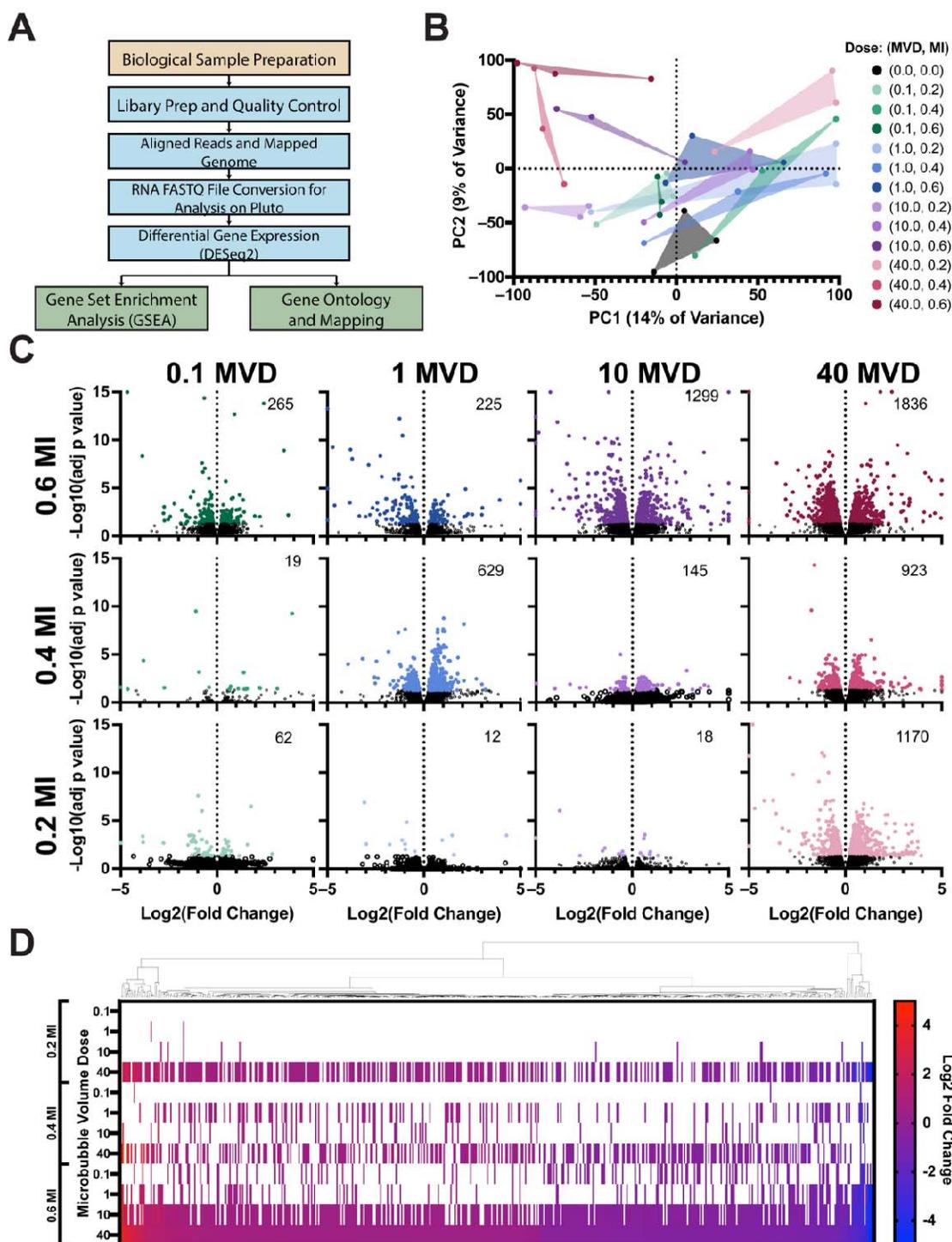
Figure 3. Histological Response after Blood-Brain Barrier Opening. (A) Representative images of immunohistochemistry (IHC) markers at a zoomed-in scale. Scale bar = 25 μ m. (B) IHC images of three different mechanical indices (0.2, 0.4, and 0.6) at 10 MVD. A CE-T1w MRI image is provided to demonstrate the location of the blood-brain barrier (BBB) opening relative to immune cell distribution. "Comp" refers to the composite of all stains combined. (C) Hematoxylin and eosin (H&E) staining of the same doses as depicted in (B), black arrow indicates red blood cell extravasation.



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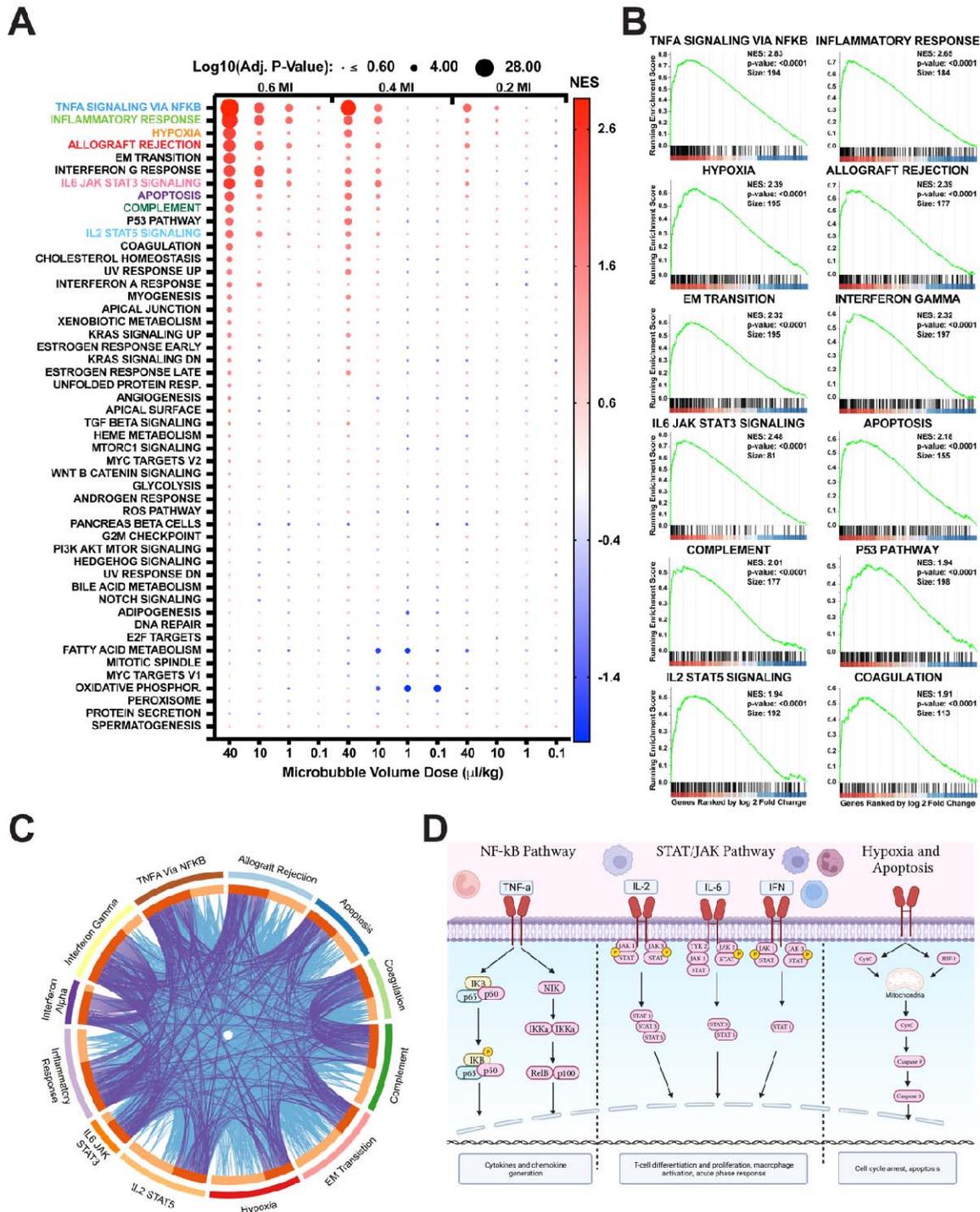
Figure 4. Assessment of Acoustic Response using PCD. (A) Illustration of PCD data analysis. Voltage vs time data was cropped to remove the pre-FUS signal, followed by Tukey windowing and high-frequency filtering beyond PCD sensitivity (left). The resulting signal was then converted to the frequency domain using FFT, and the area under the curve (AUC) was quantified for respective regions to determine harmonic cavitation dose (HCD) and broadband cavitation dose (BCD) (right). (B) Average FFT for each FUS pulse during a five-minute treatment at each respective MI/MVD dose. (C) Representative spectrograms for 40 MVD doses are shown throughout the sonication time (300 seconds). Quantification of harmonic cavitation dose (D) and broadband cavitation dose (E) with respect to microbubble volume dose and mechanical index (n)

862 = 3). Linear regression was performed for each mechanical index, resulting in R squared values
863 for harmonic cavitation dose was 0.71, 0.74, and 0.71 for 0.2, 0.4, and 0.6 MI, respectively. The
864 R-squared values for broadband cavitation dose were 0.73, 0.52, and 0.75 for 0.2, 0.4, and 0.6
865 MI, respectively. Data are presented as mean \pm standard deviation.



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 867 **Figure 5. Bulk RNA Sequencing of Treated Brain Region.** (A) Sequential RNA processing
 868 steps, from sample preparation to gene set enrichment analysis (GSEA) and mapping. (B)
 869 Principal component analysis (PCA) plot displaying all samples in the dataset, including different
 870 mechanical index (MI)/microbubble volume dose (MVD) combinations and isoflurane control
 871 samples. (C) Differential gene expression analysis for each MI/MVD dose. The number displayed
 872 on the top right of each plot indicates the count of significantly differentially expressed genes. All
 873 doses were compared to isoflurane control samples ($n = 3$). Among the 1,836 differentially

874 expressed genes (DEGs) identified in the highest MI/MVD dose, 536 genes were also found in at
875 least two other doses. (D) Heatmap illustrating the expression of the 536 genes, ranked by log₂
876 fold change in the highest MI/MVD dose. White color represents insignificant differential
877 expression. The Euclidean distance map is shown on top of the heatmap.
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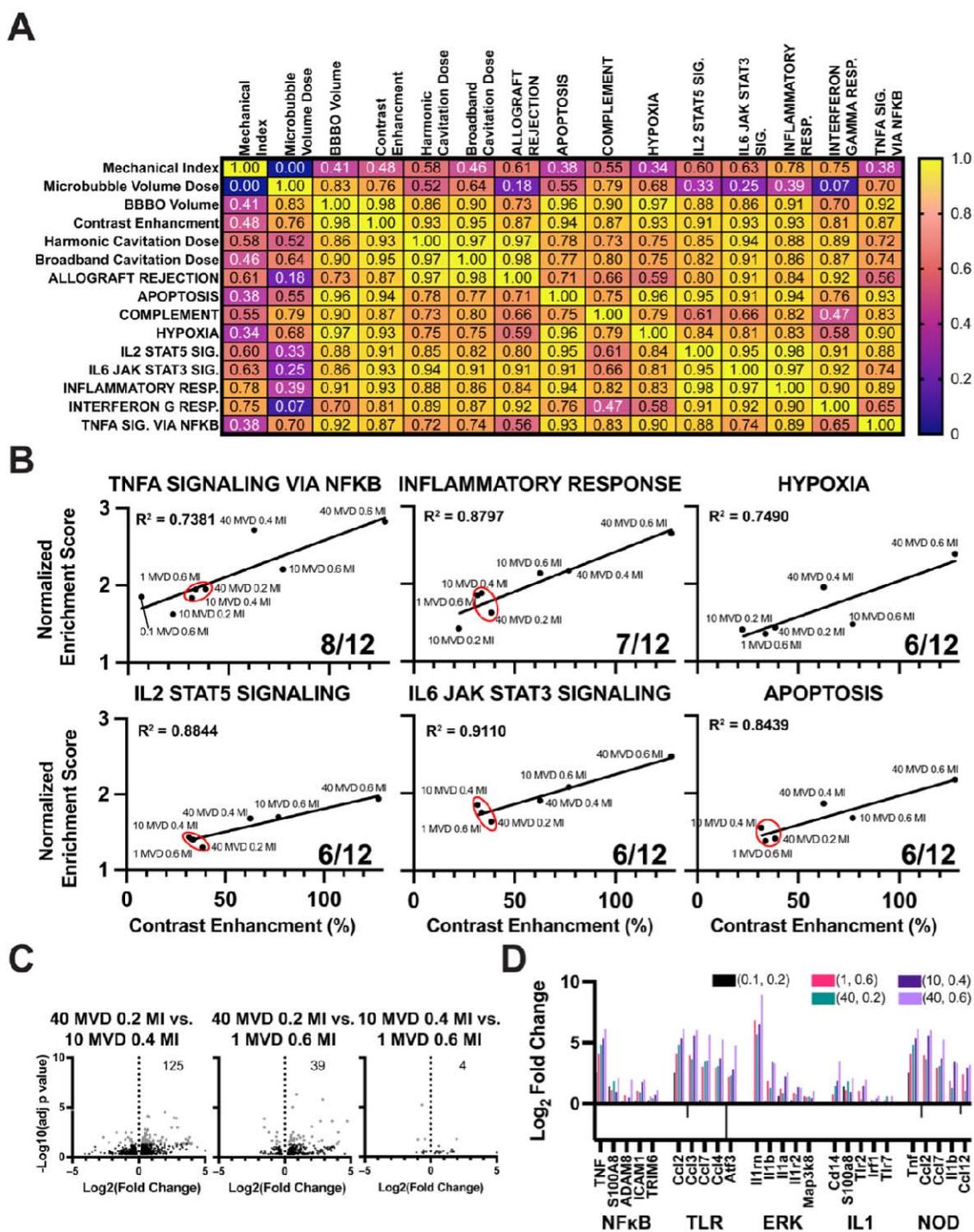


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Figure 6. Hallmark Gene Set Enrichment Analysis. (A) Dot plot illustrating the 12 MI/MVD doses based on size (adjusted p-value) and color (normalized enrichment score). Gene sets are arranged by adjusted p-value for the highest MI/MVD dose. (B) Enrichment plot presenting the top 12 gene sets identified in (A). The x-axis displays the genes ranked by log₂ fold change, with vertical ticks indicating the gene positions within the gene set. The heatmap represents gene expression, with red indicating higher expression in the first group (40 MVD 0.6 MI), and blue representing higher expression in the isoflurane control group. The green line represents the

887 running enrichment score. (C) Overlapped Circos plot demonstrating relationships between the
888 top 12 enriched gene sets. Purple lines indicate the presence of the same gene in different gene
889 sets, while blue connections represent genes found in similar Gene Ontology (GO) pathways
890 across different gene sets. (D) Schematic representation of the top enriched gene set pathways.

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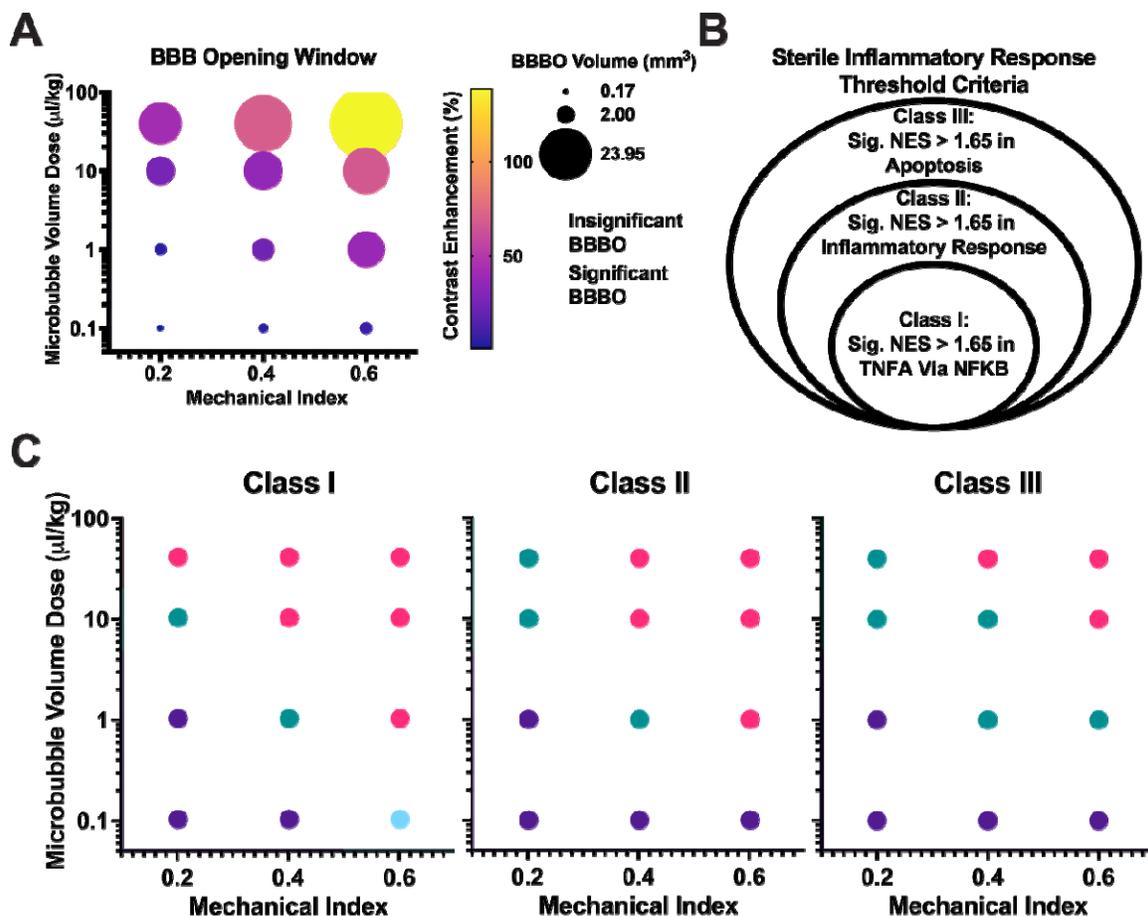


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Figure 7. Correlation of RNA Expression and BBB Opening. (A) Correlation heatmap showing the relationship between MI and MVD doses and resulting BBBO volume, contrast enhancement (CE), cavitation doses, and RNA expression. Pearson correlation coefficient (r) values are displayed in each box. The color scale represents the magnitude of the Pearson correlation coefficient. (B) Correlation between normalized enrichment score (NES) scores and BBBO volume. Only pathways from gene set with more than six doses exhibiting significant NES scores are represented. Linear regression analysis was performed for each plot, and the corresponding

900 R-squared value is shown in the top left corner. The plots indicate the fraction of significant doses
901 in the bottom right. A red circle denotes a small cluster consisting of three different doses with
902 similar BBBO volumes. (C) Volcano plot displaying the differentially expressed genes (DEGs)
903 between doses within the small cluster (40 MVD + 0.2 MI, 10 MVD + 0.4 MI, and 1 MVD + 0.6
904 MI). The number of DEGs is indicated in the top right corner. (D) Bar graph representing the log₂
905 fold change of the lowest dose (0.1 MVD + 0.2 MI), the cluster doses, and the highest dose (40
906 MVD + 0.6 MI). The x-axis displays five of the most influential genes within five inflammatory
907 signaling families.

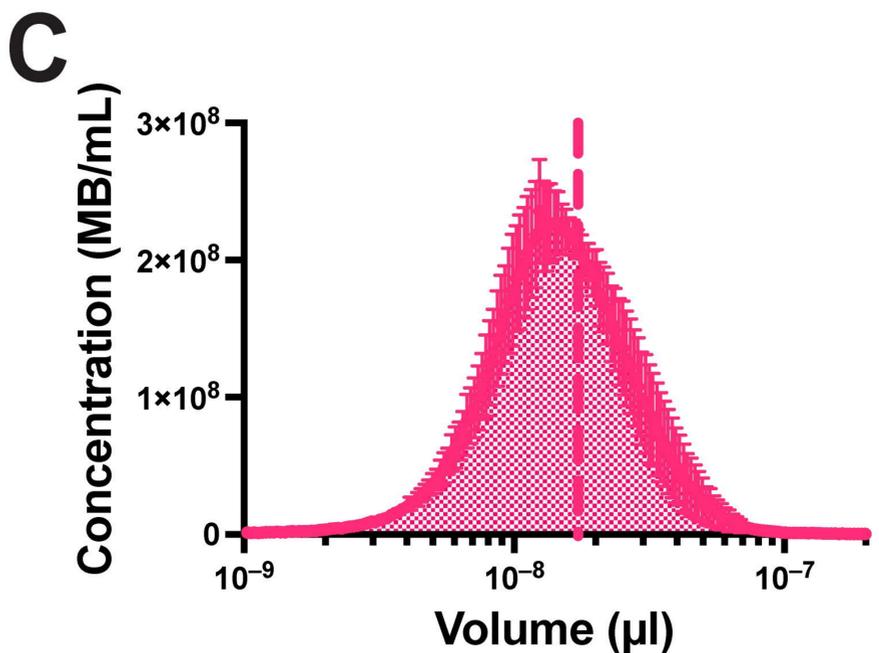
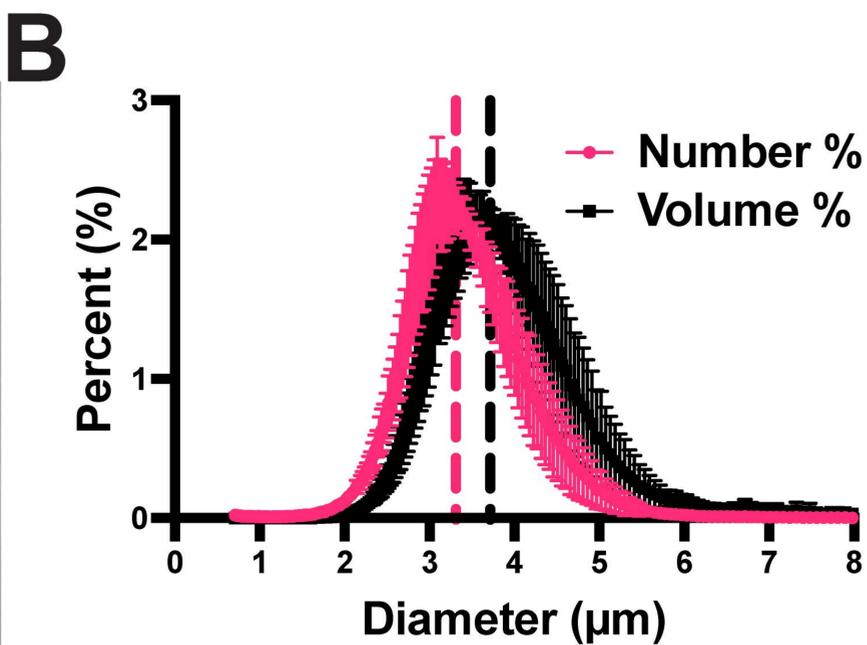
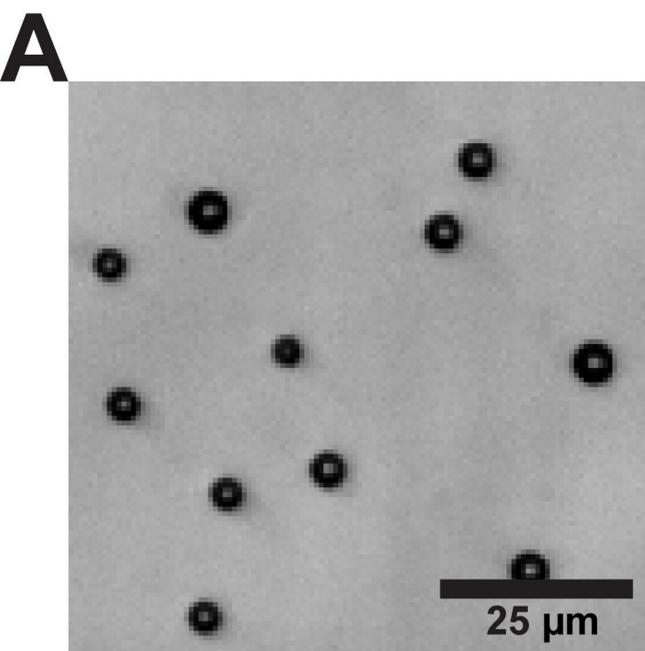
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Significant: ● Neither BBBO or SIR ● SIR Only ● BBBO Only ● Both BBBO and SIR

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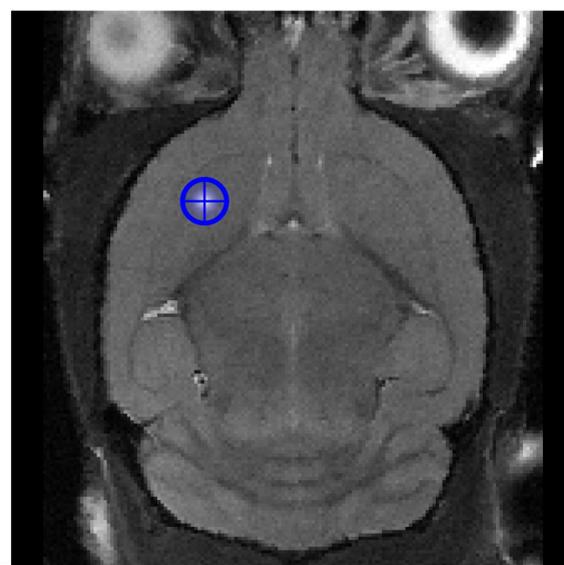
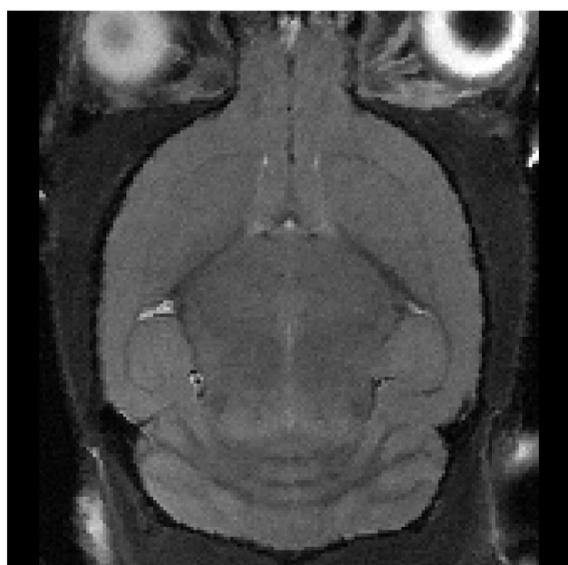
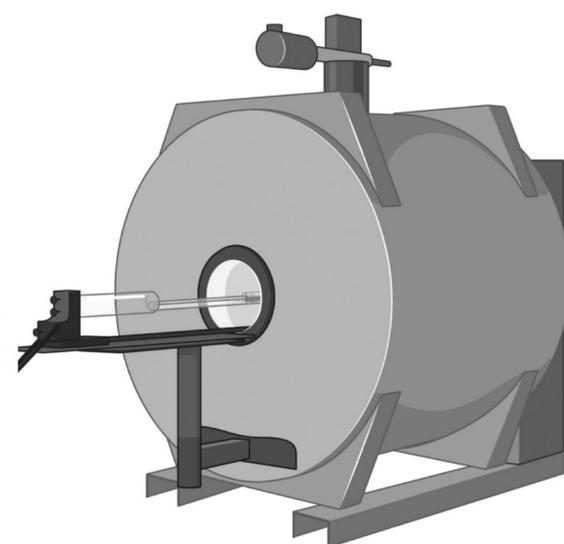
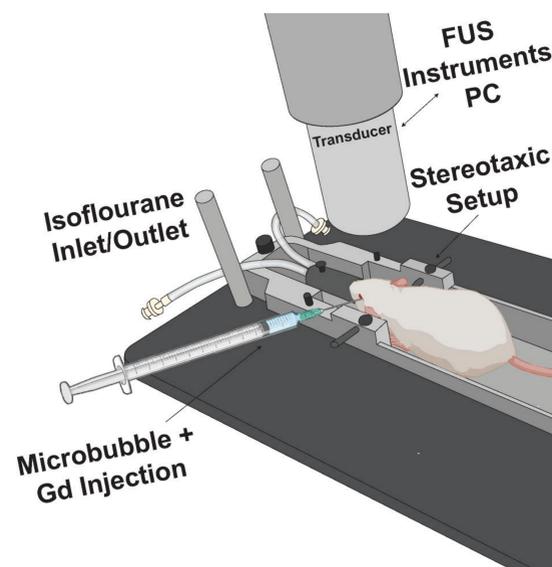
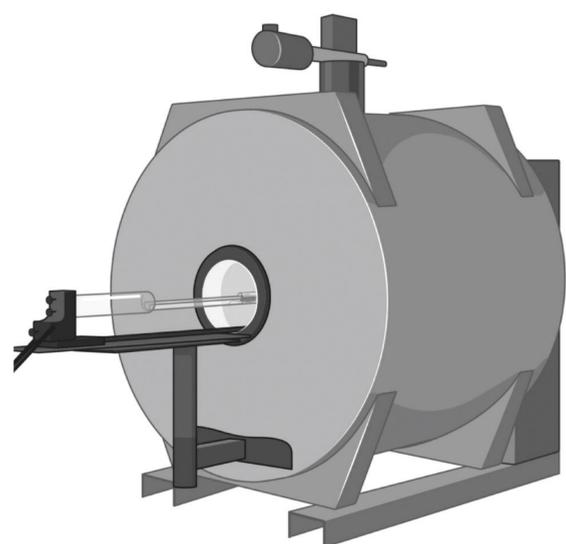
Figure 8. Therapeutic Window Between BBBO and Onset of Sterile Inflammatory Response (SIR). (A) Dot plot illustrating the mean blood-brain barrier opening (BBBO) in terms of volume (represented by the size of the dot) and contrast enhancement (indicated by the color of the dot). The grid is plotted based on microbubble volume dose (MVD) and mechanical index (MI). Significant BBBO is defined as 15% contrast enhancement in a 1 mm³ volume. The red region represents significant BBBO, while the blue region represents insignificant BBBO. (B) Classes defined for the onset of the sterile inflammatory response. Each circle represents the criteria required to meet a specific class level. (C) Dot plot displaying the regions of neither significant BBBO nor SIR (purple), BBBO only (green), SIR only (light blue), or significant BBBO and SIR (pink). Each plot represents a different class level for the onset of SIR as defined in (B).



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T2-Weighted MRI Pre T1w+CE MRI FUS Application Post T1w+CE MRI

Minute 0 Minute 6 Minute 12-18 Minute 24



Apply
US Gel

MB/Gd
Injection

Start
FUS

Record
PCD

Stop
FUS

Minute 12

Minute 13

10 ms

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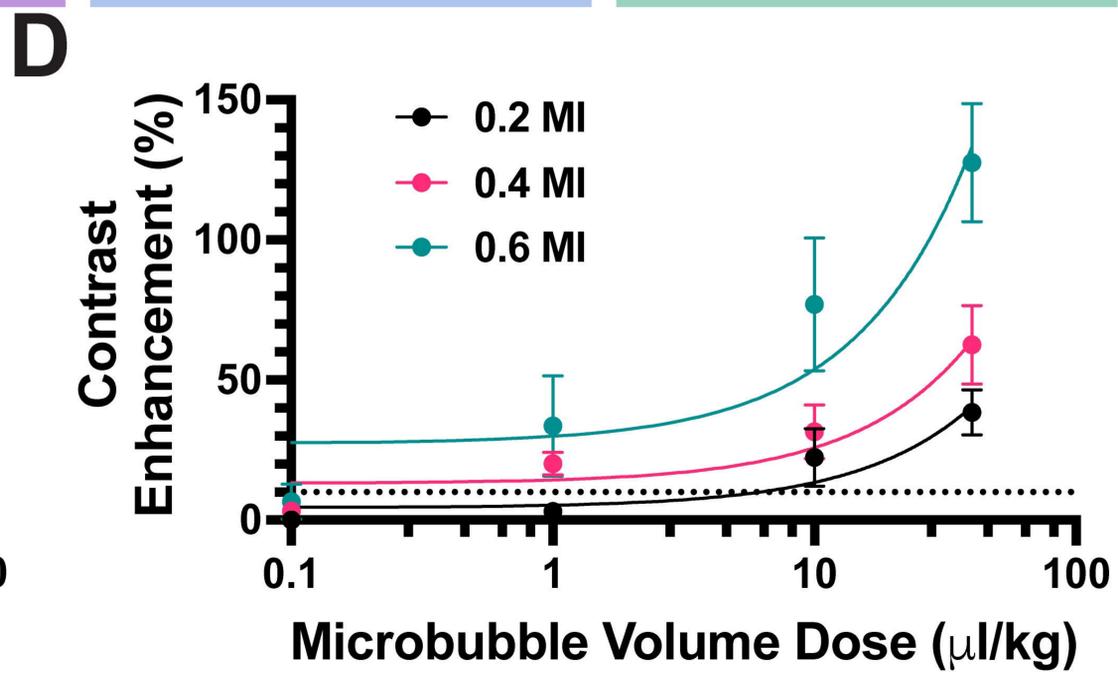
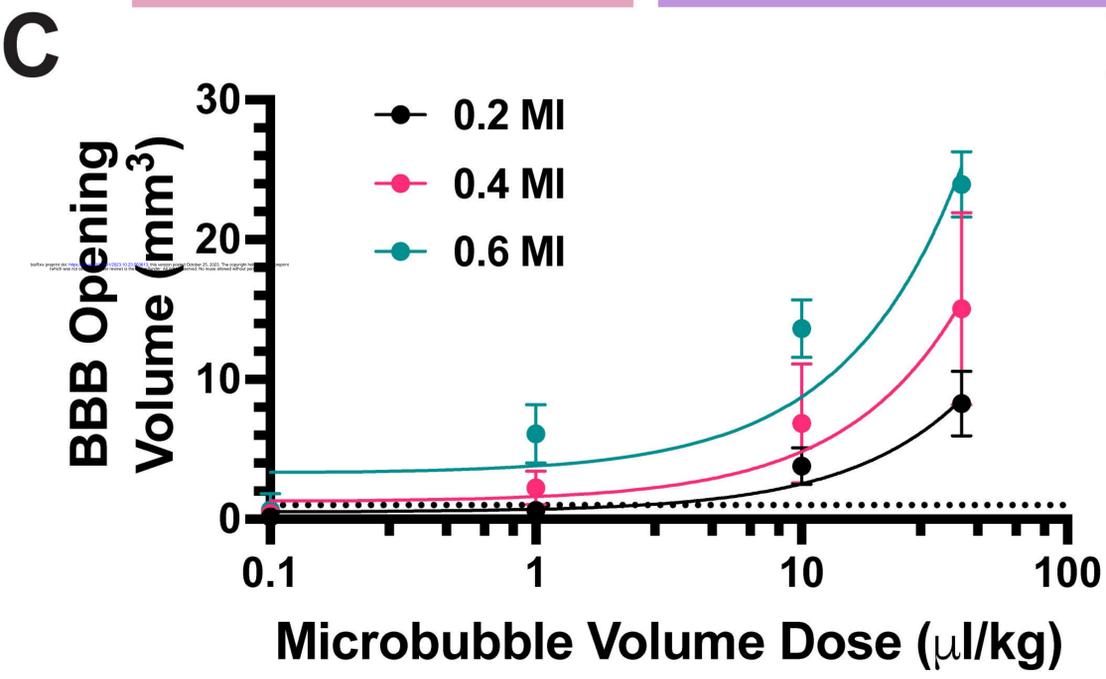
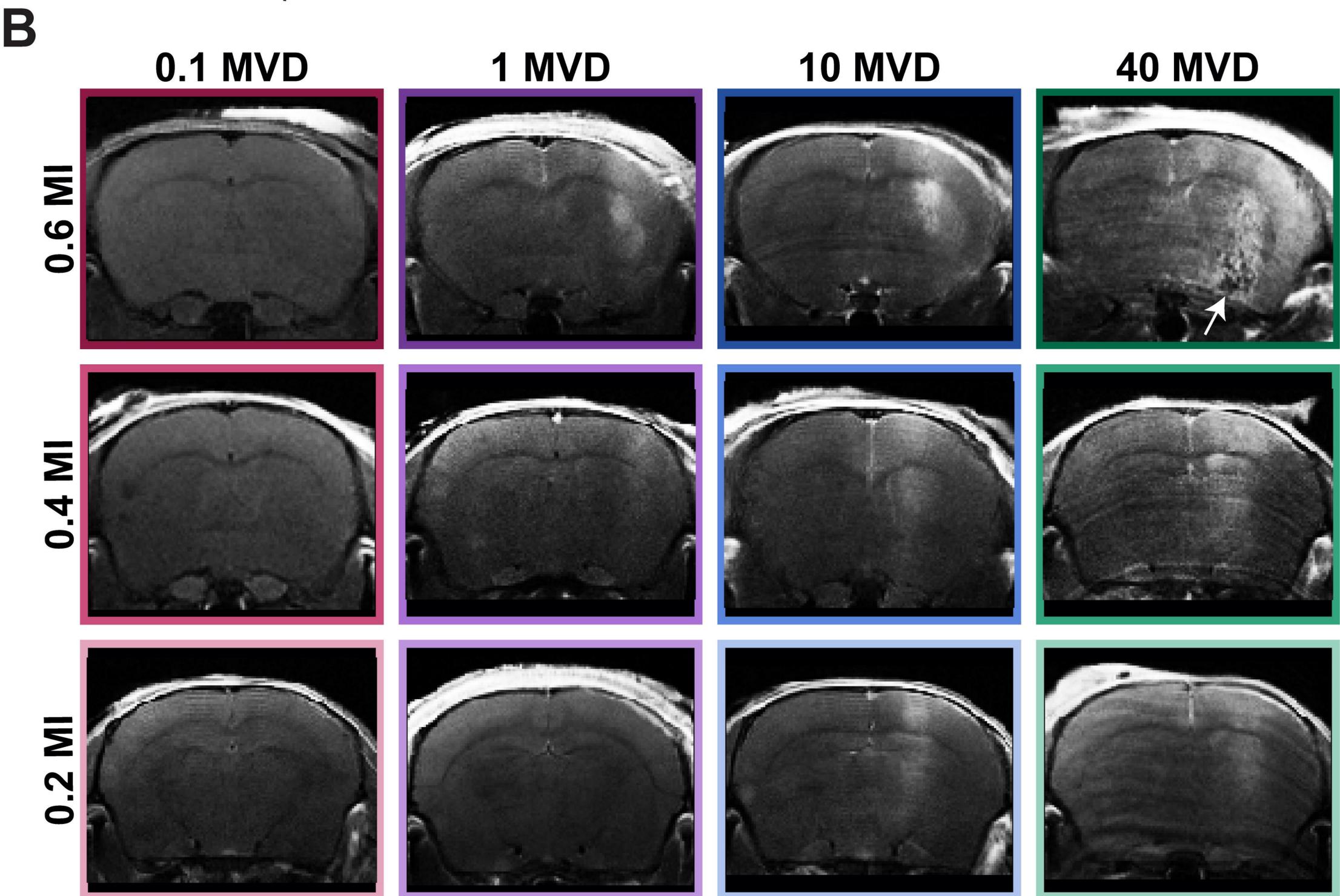
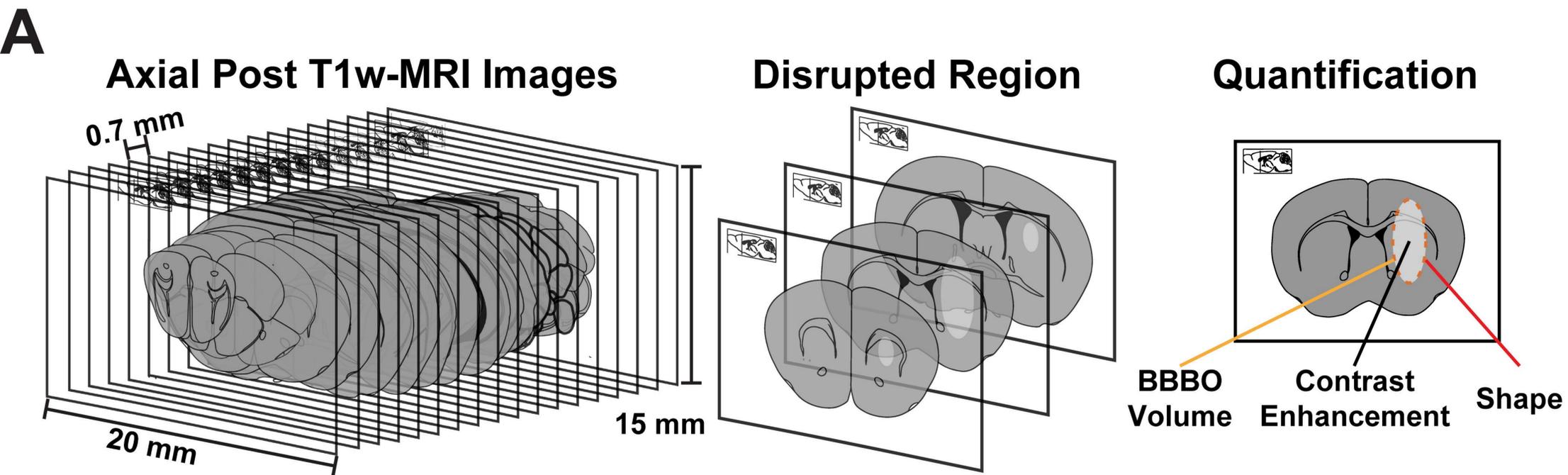
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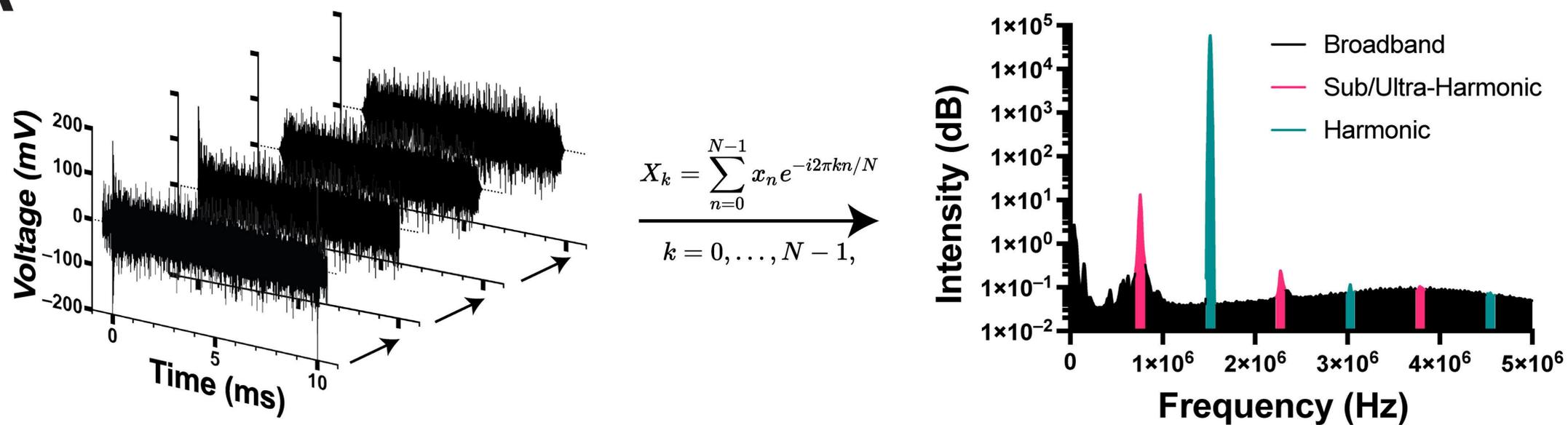
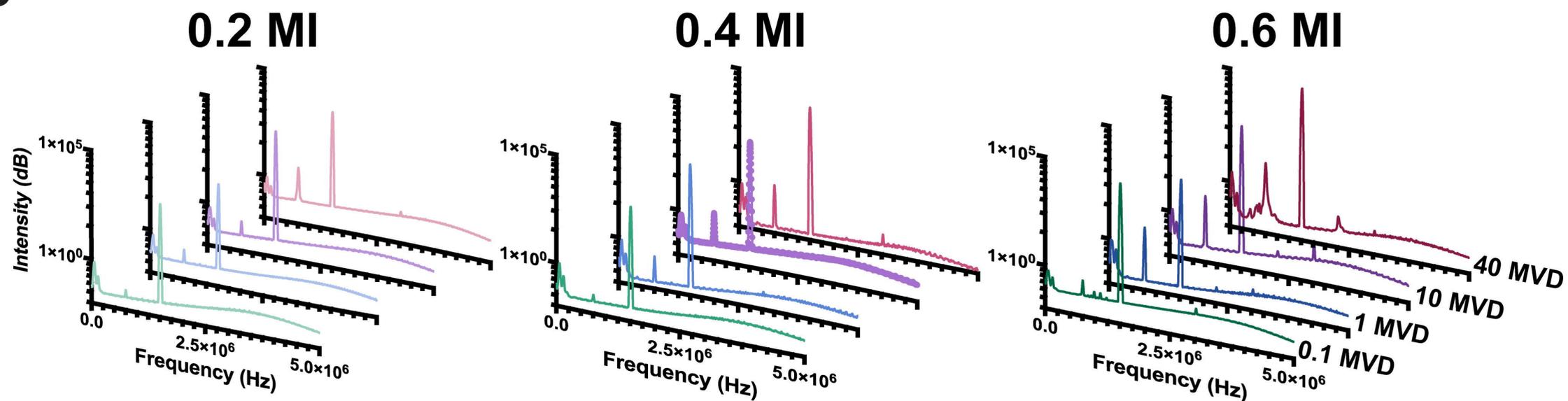
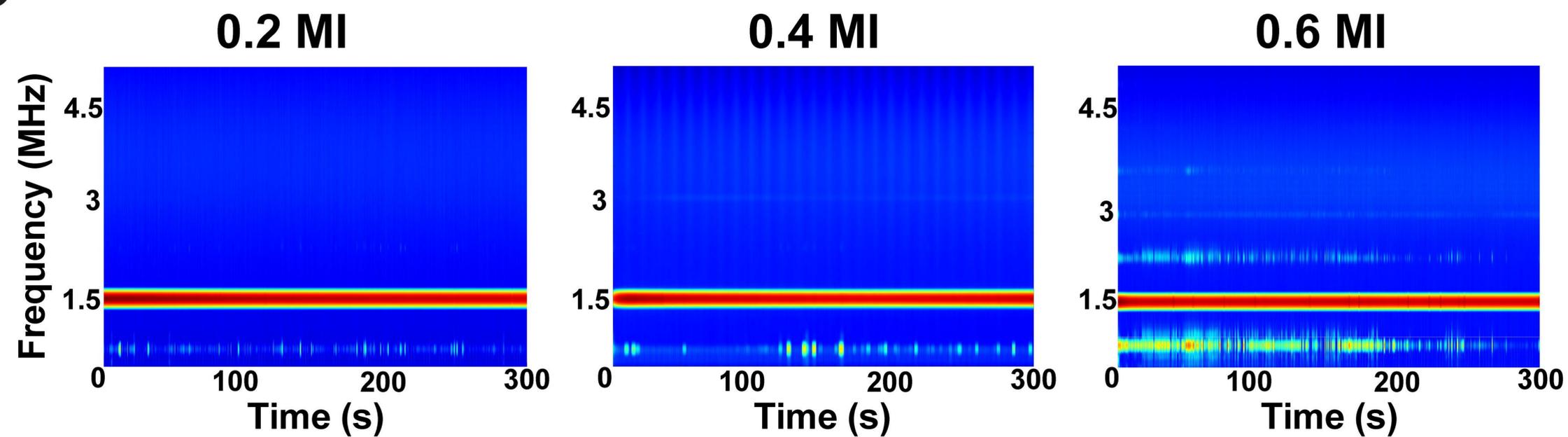
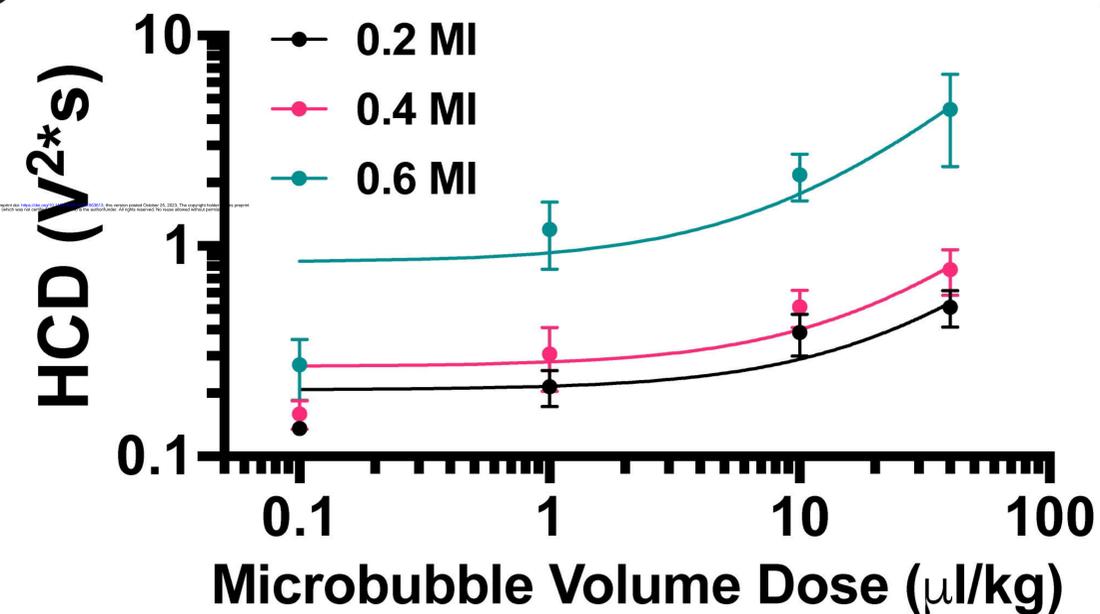
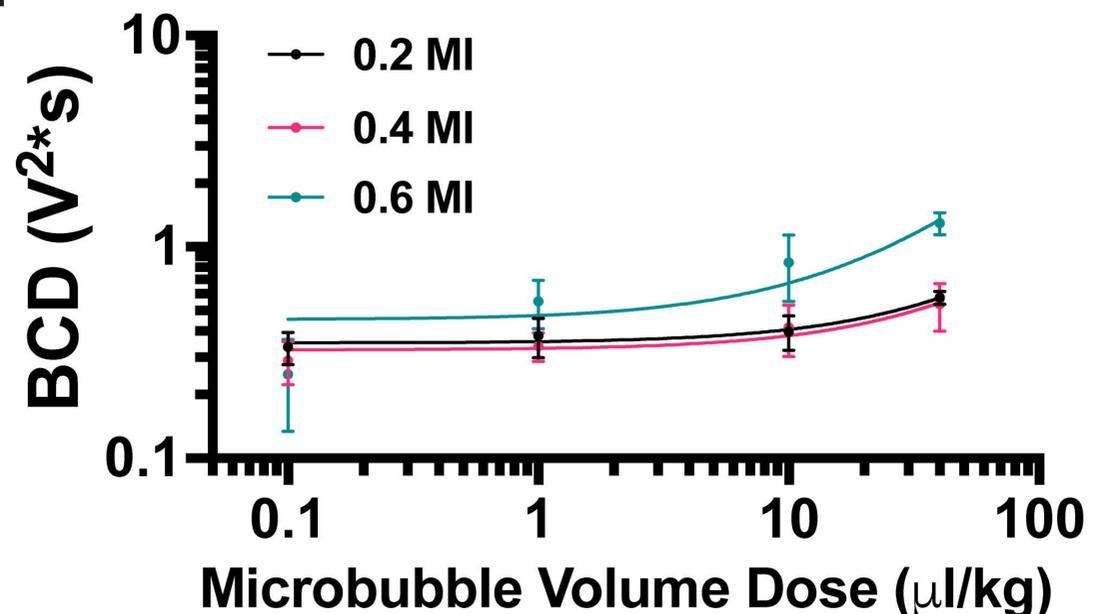
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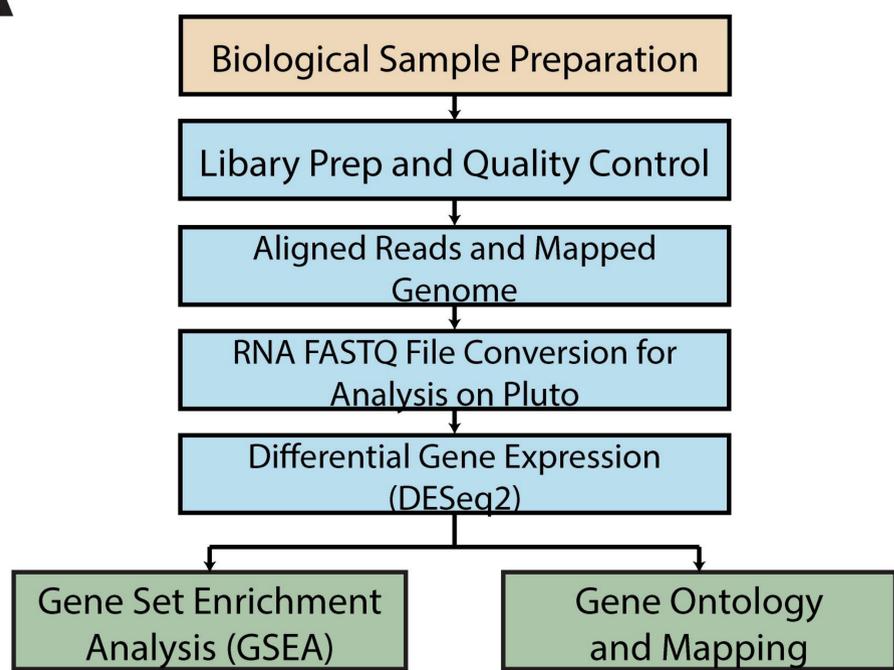
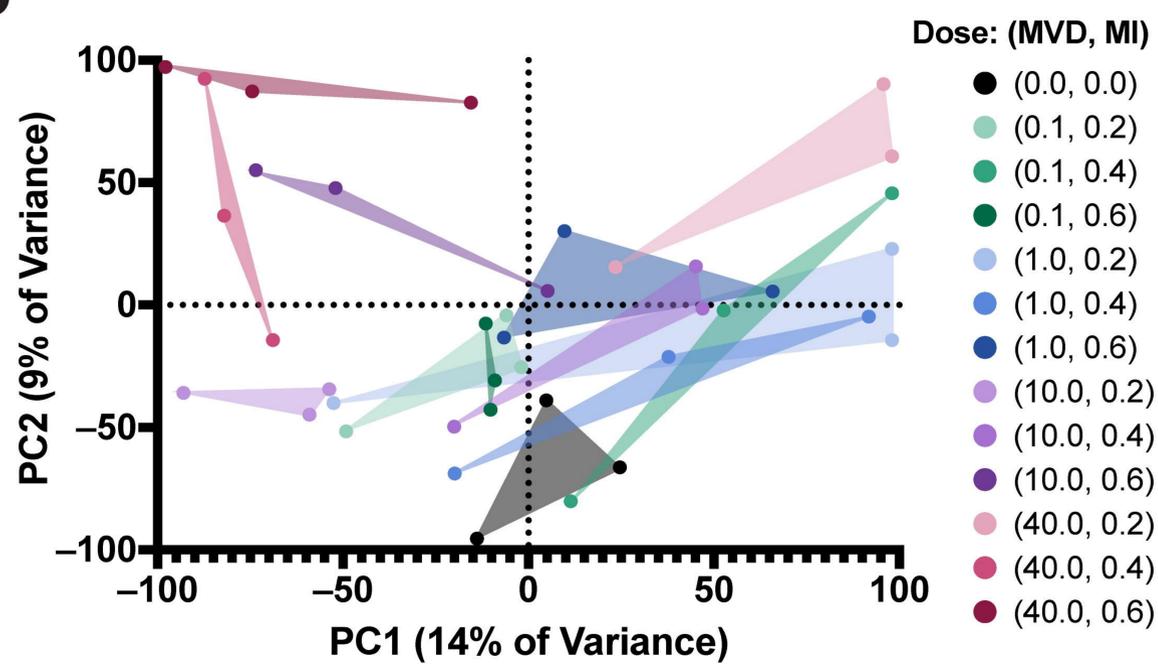
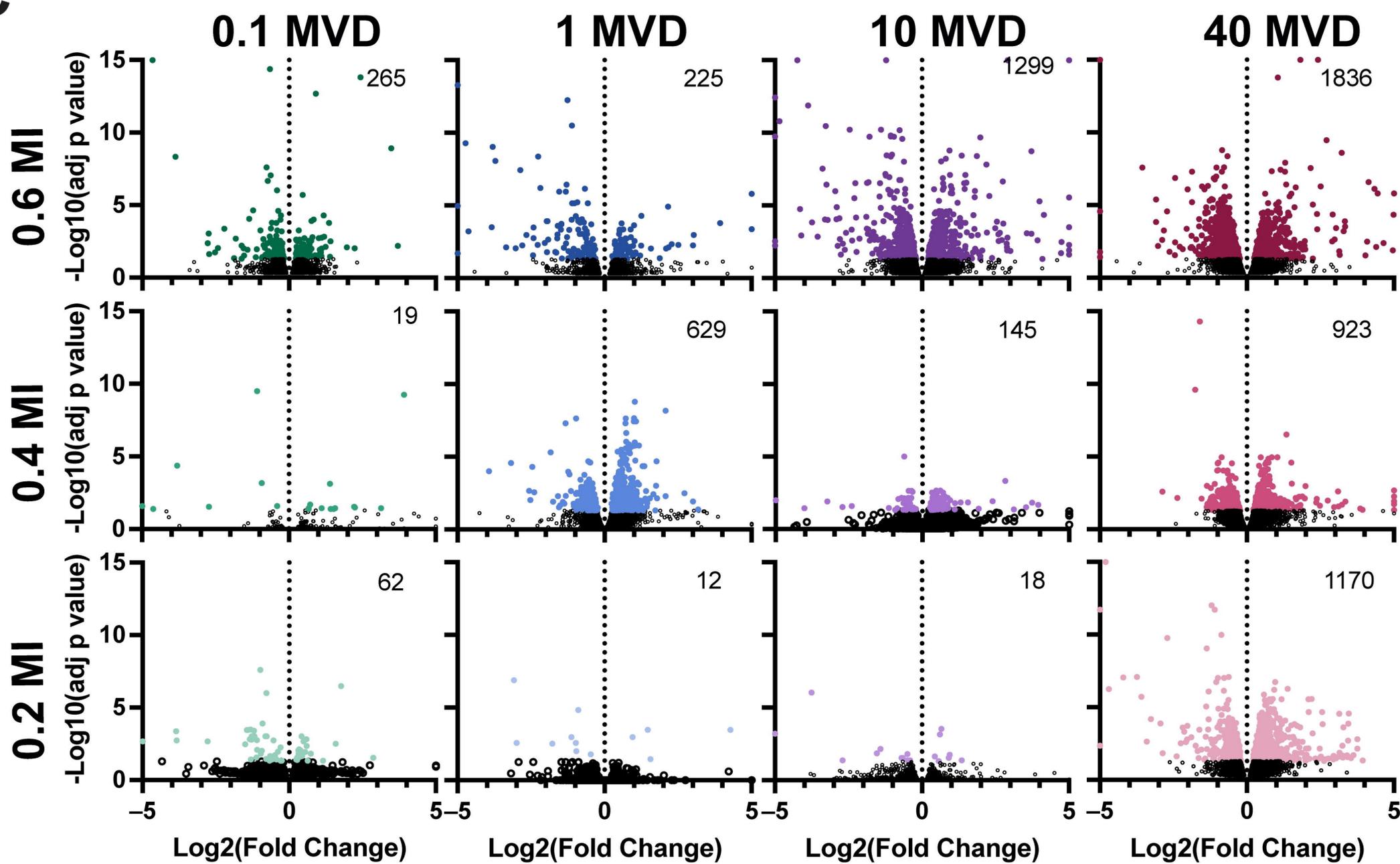
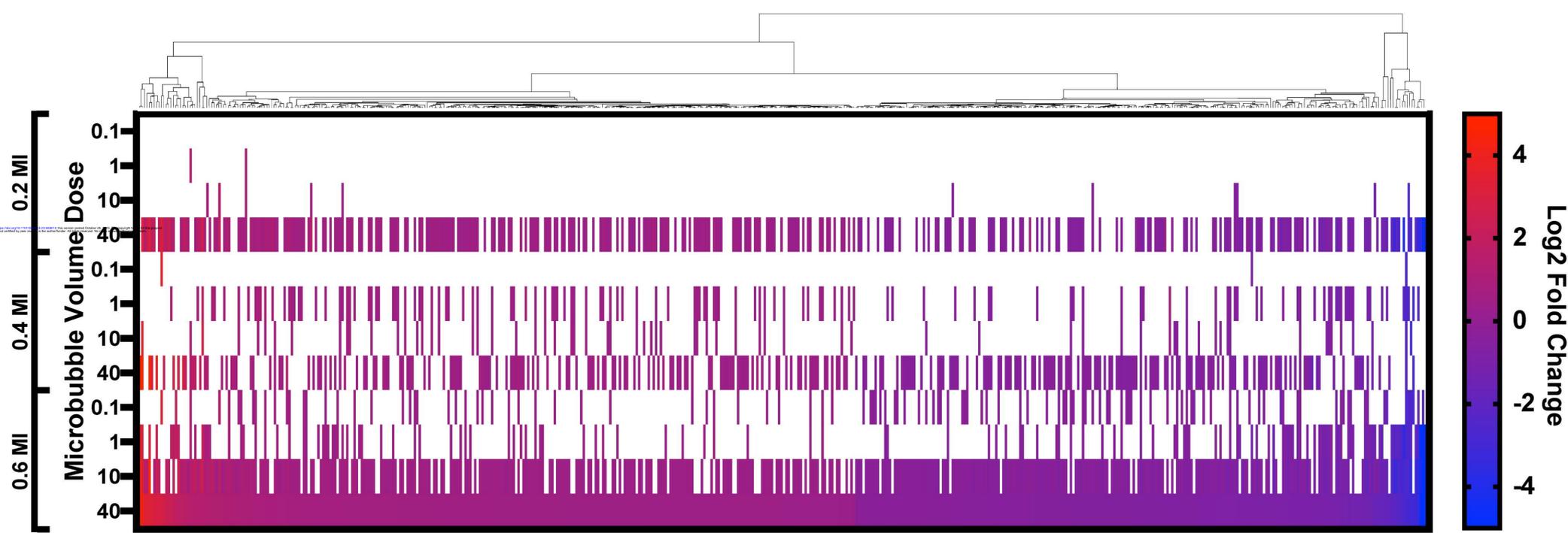
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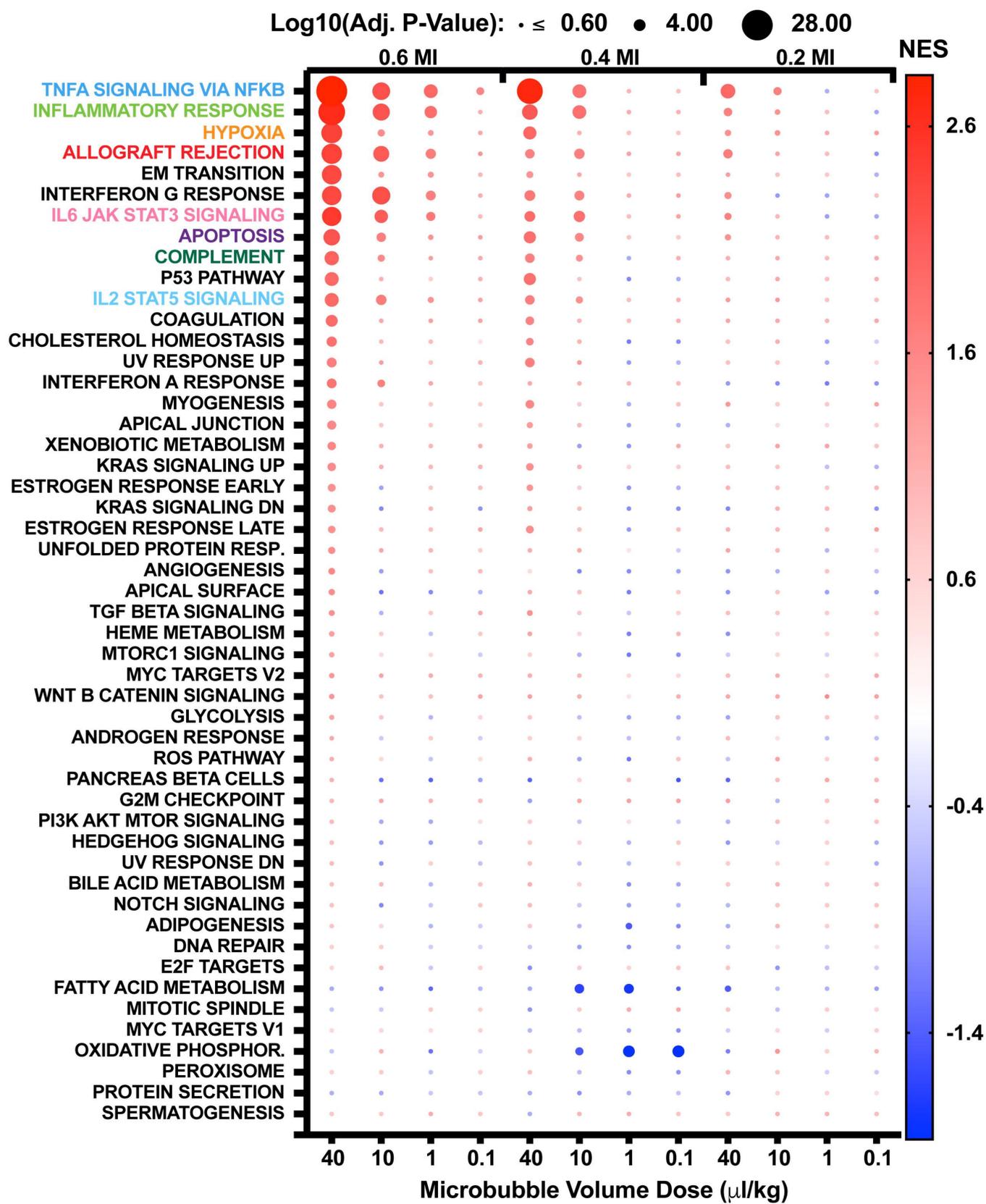
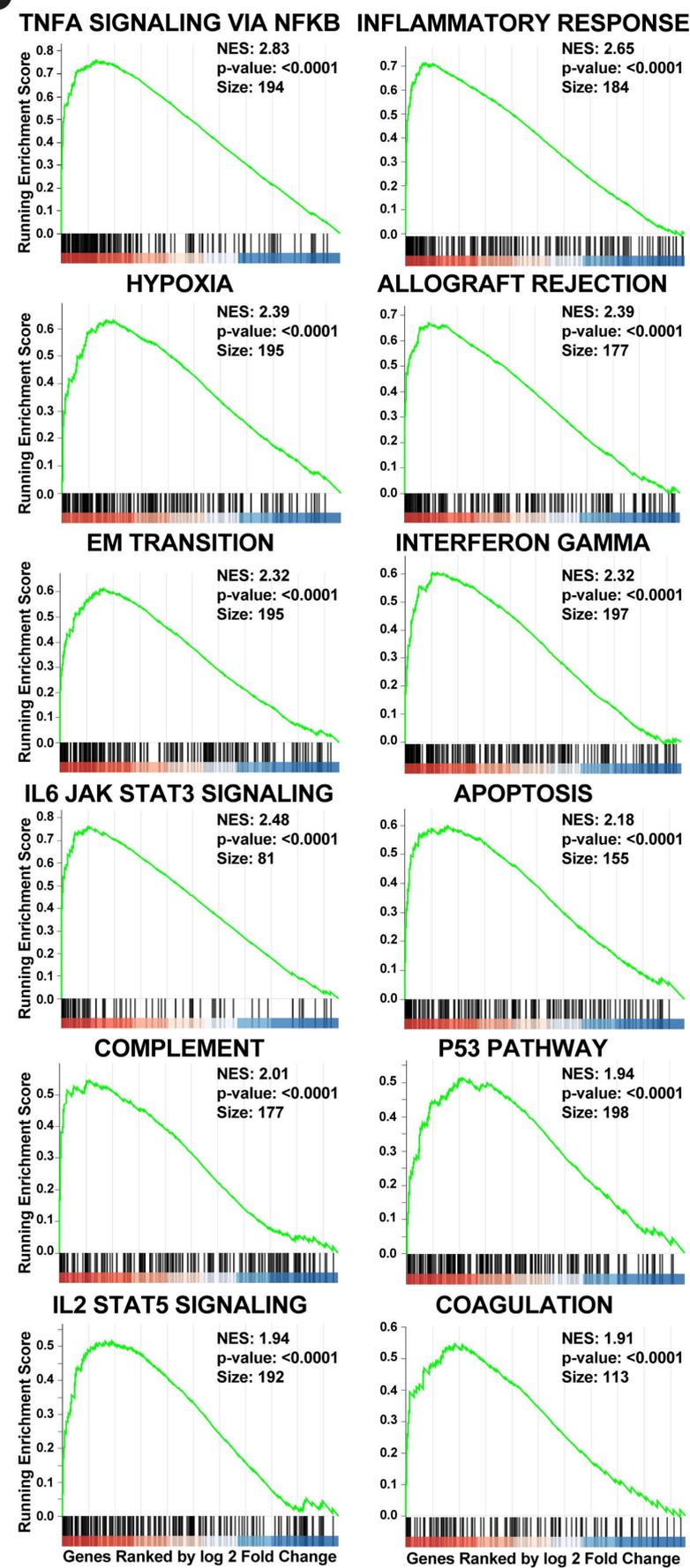
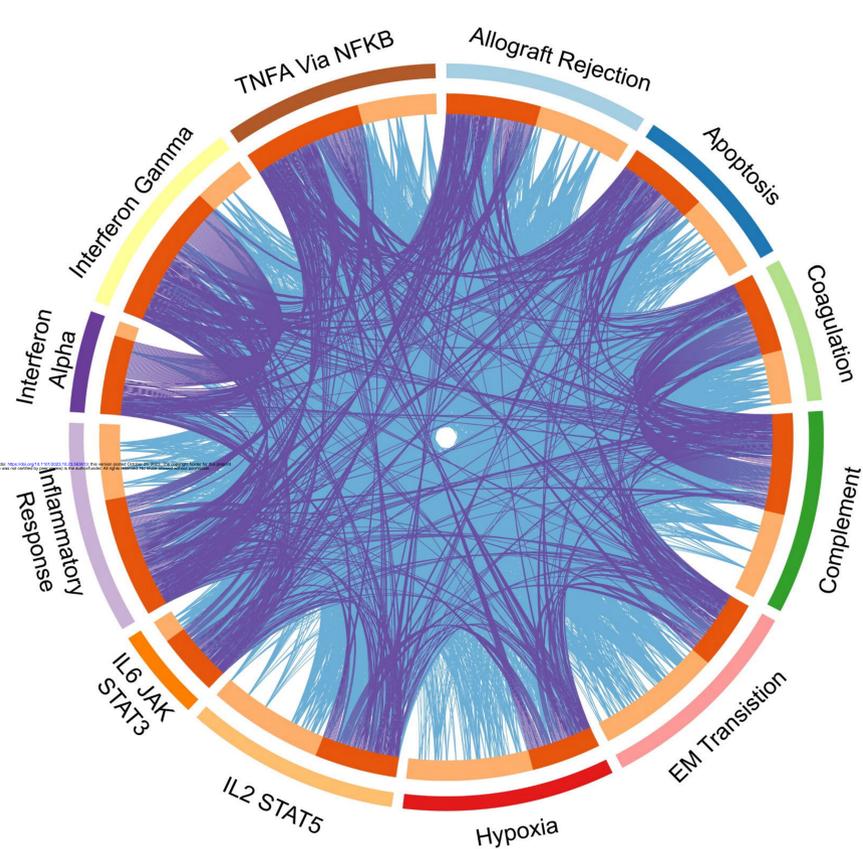
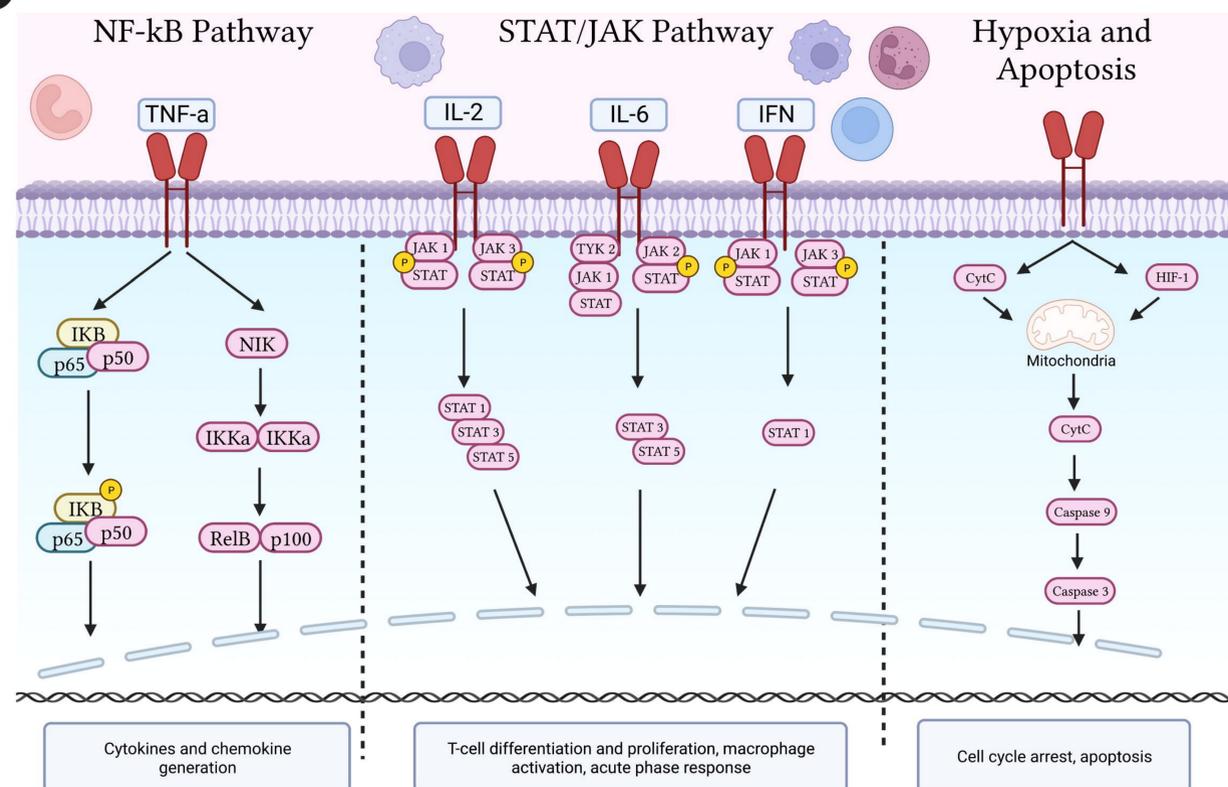
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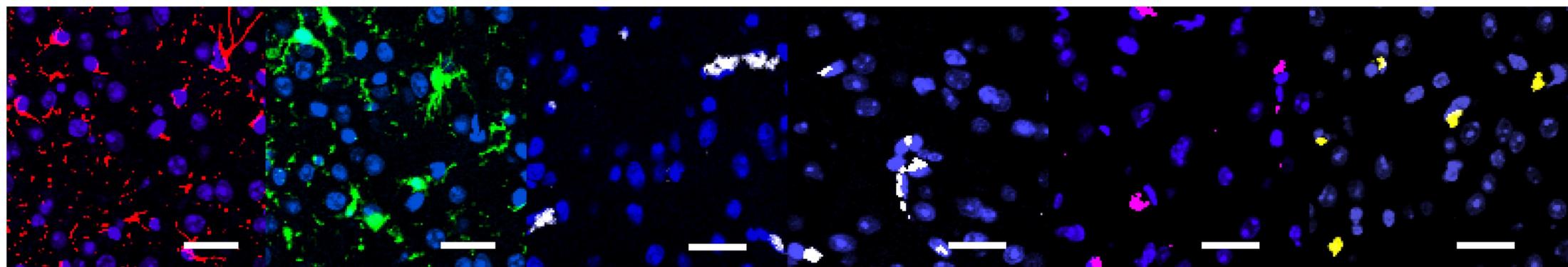
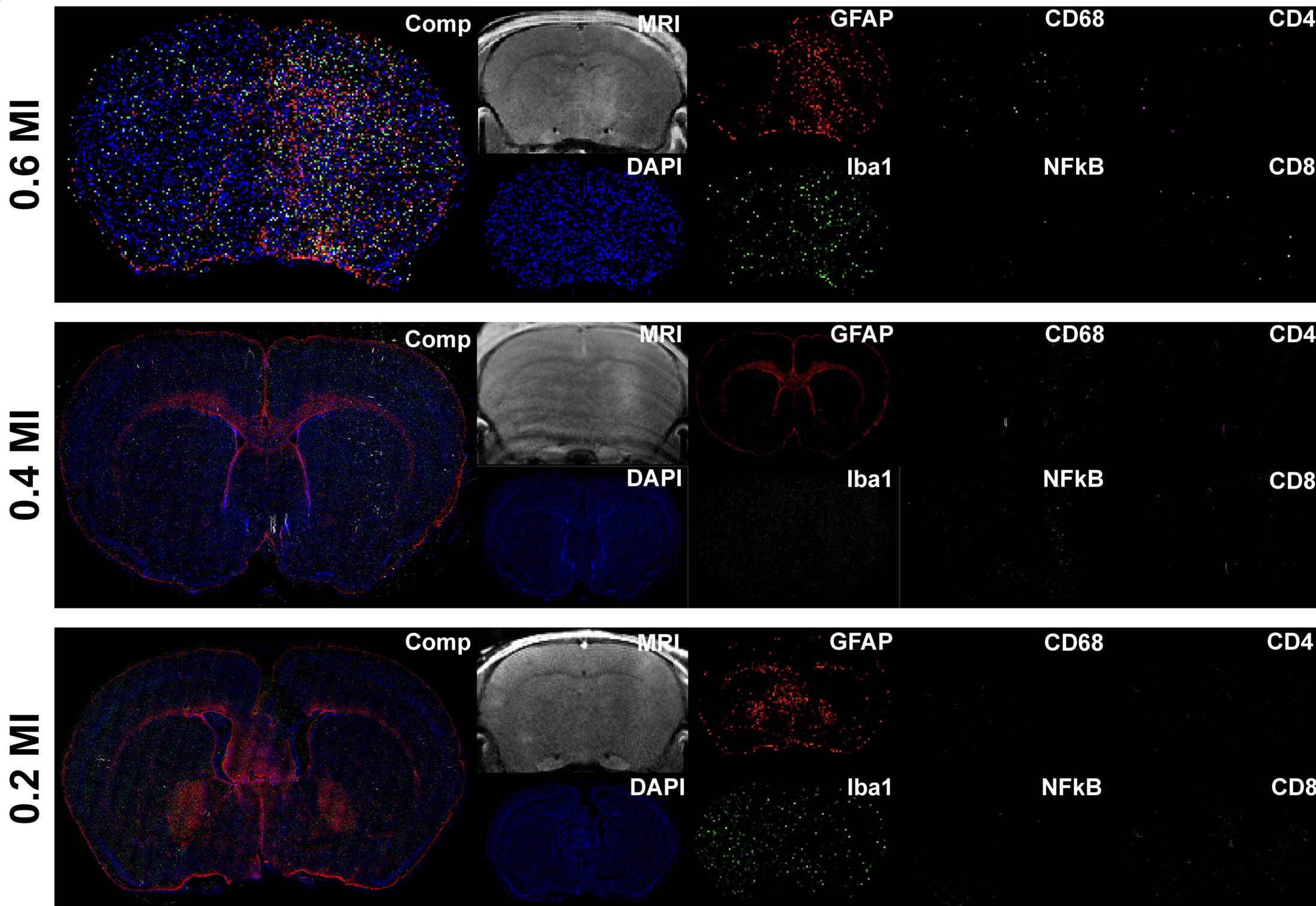
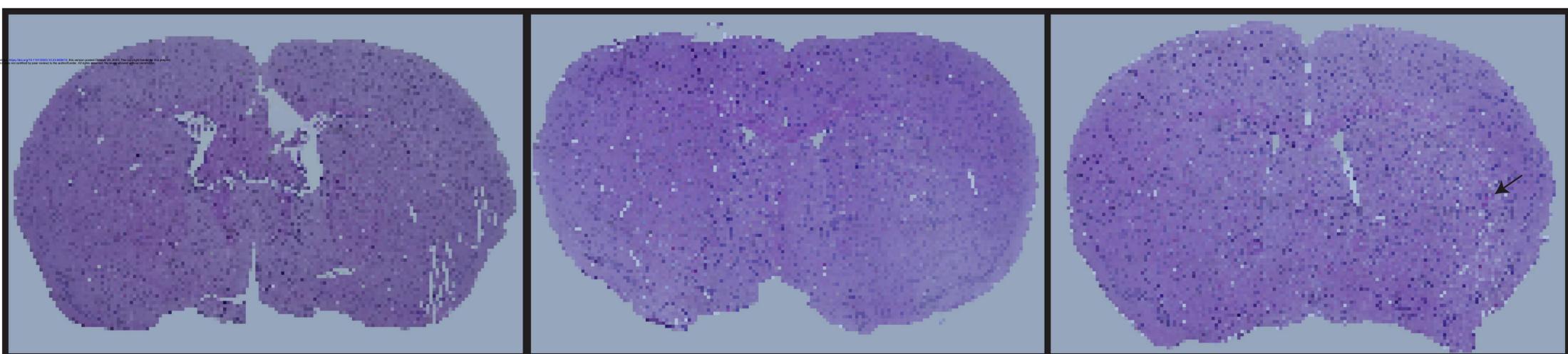
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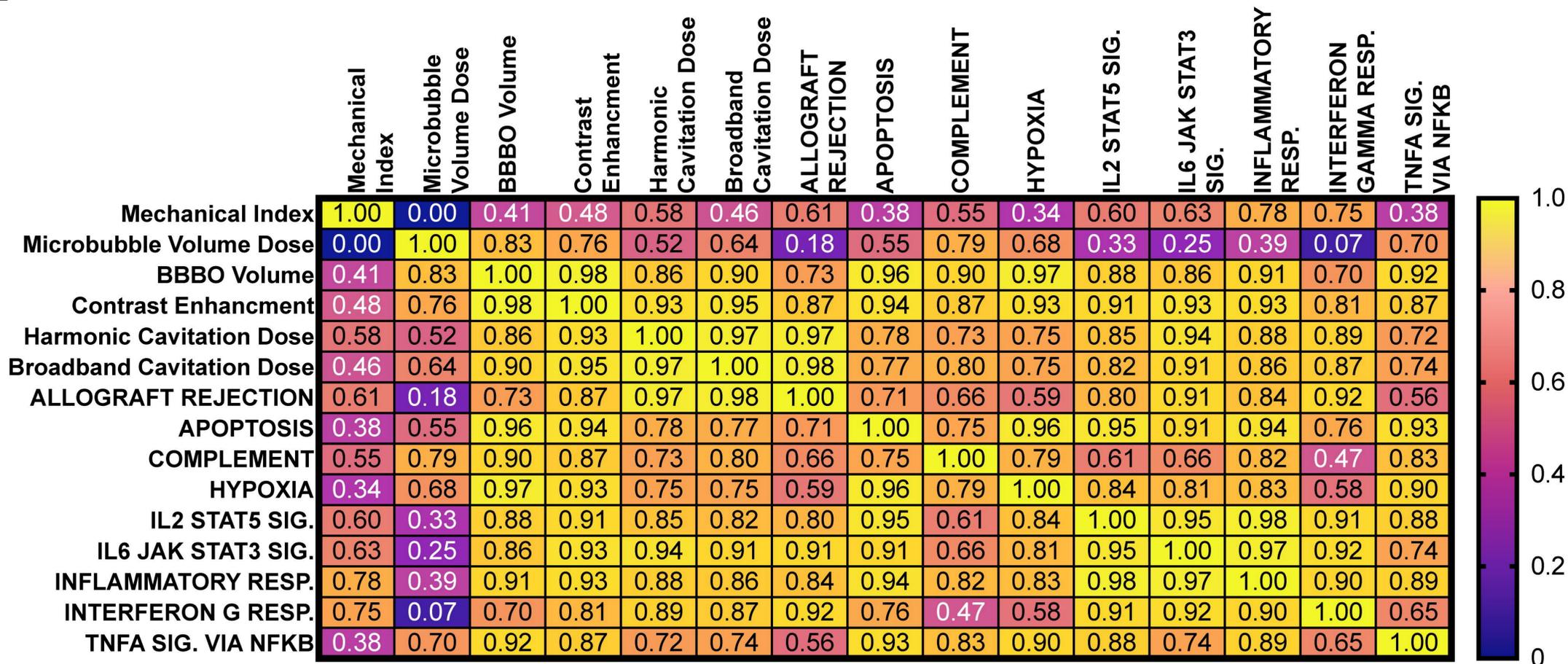
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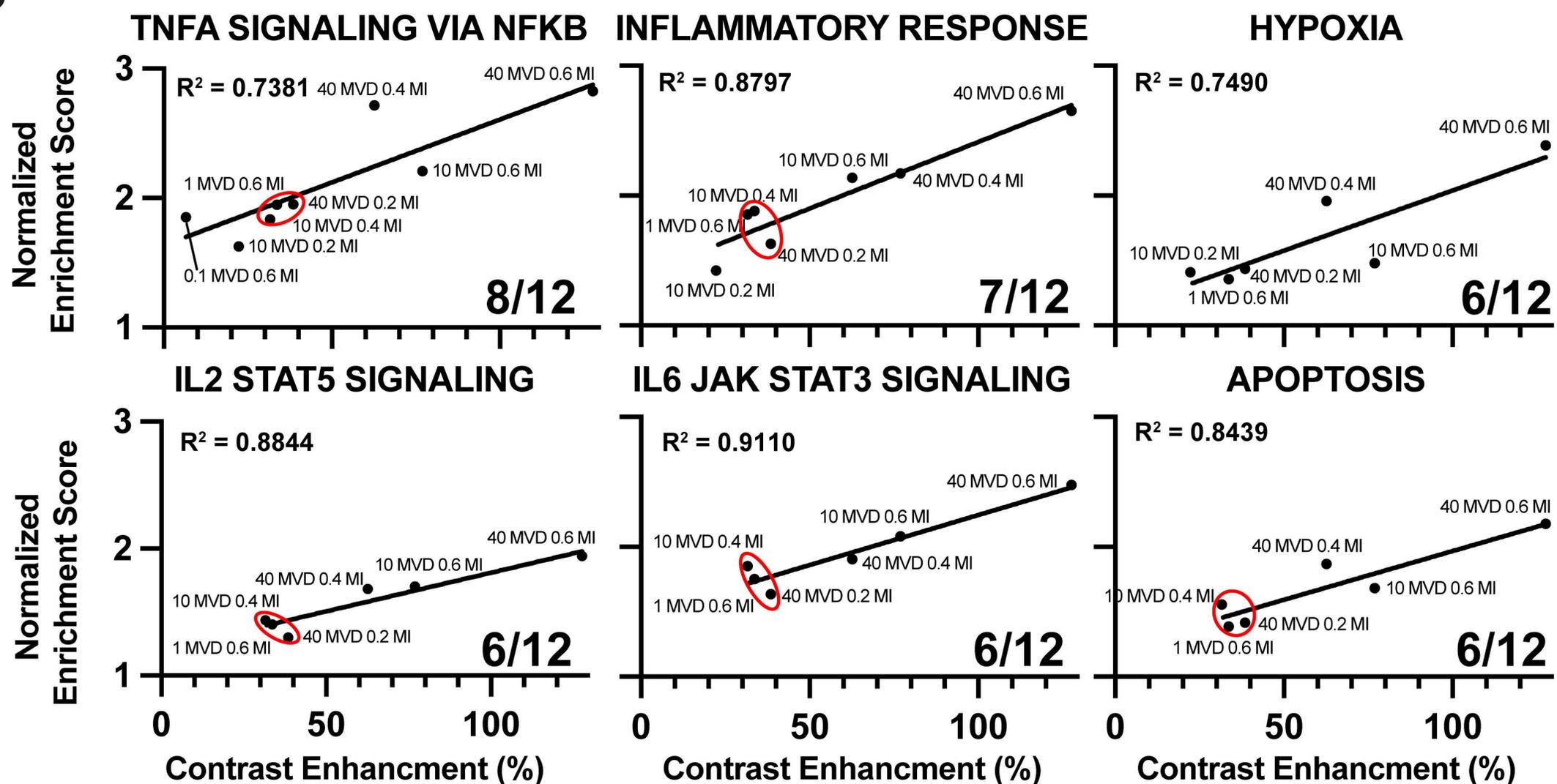
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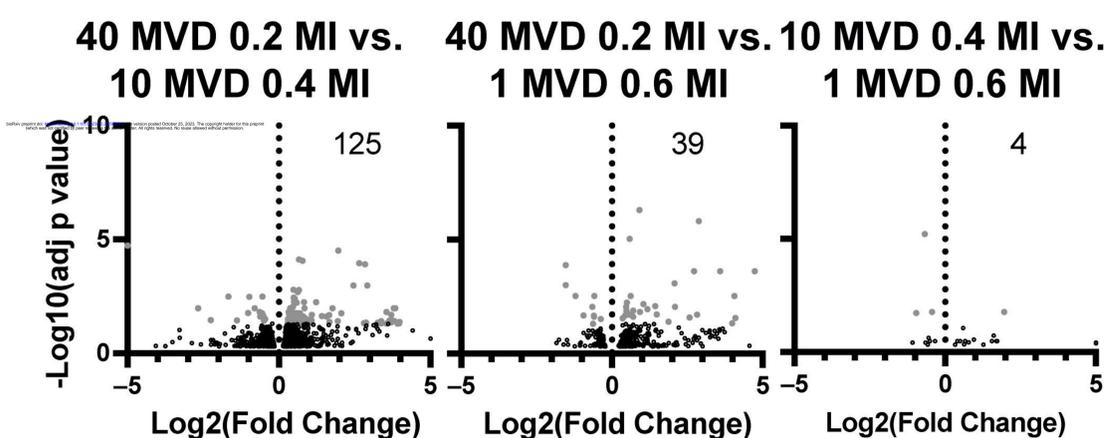
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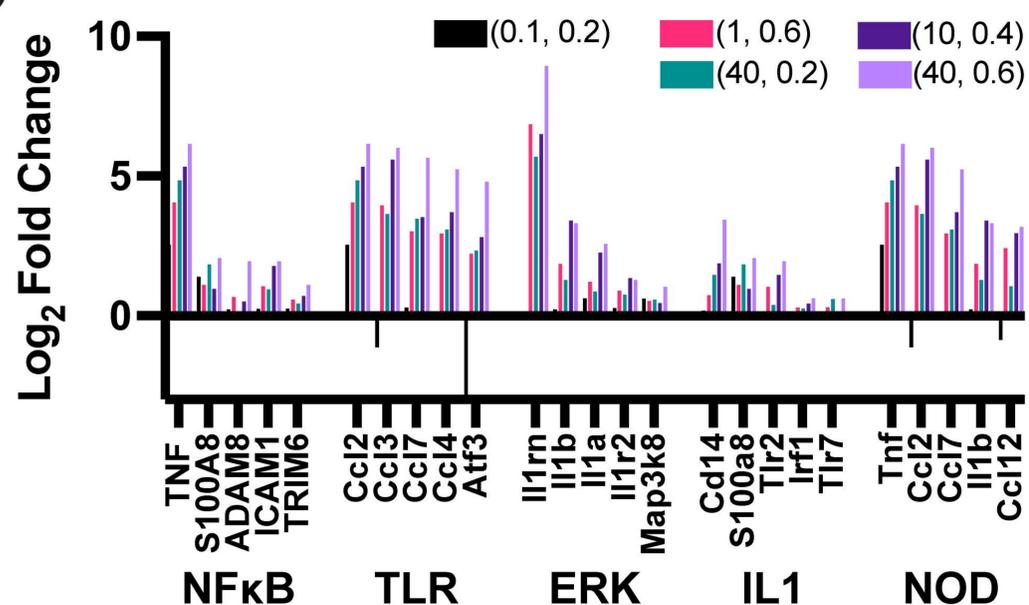
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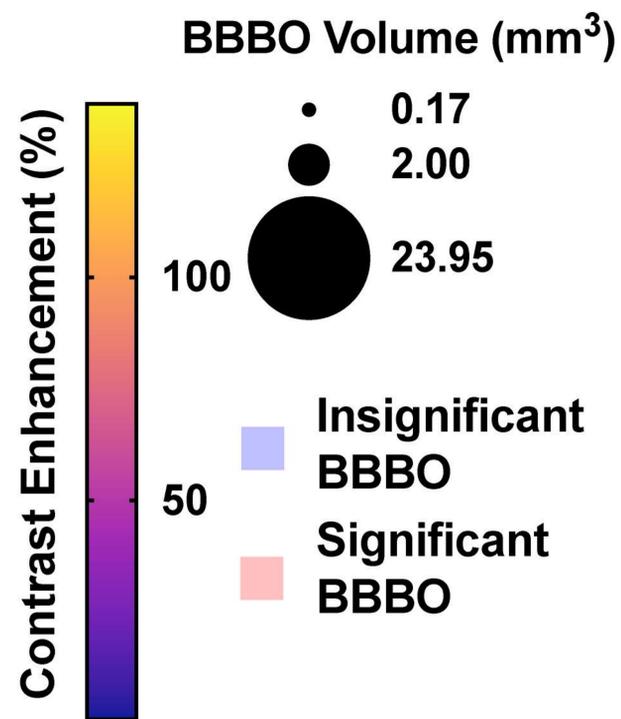
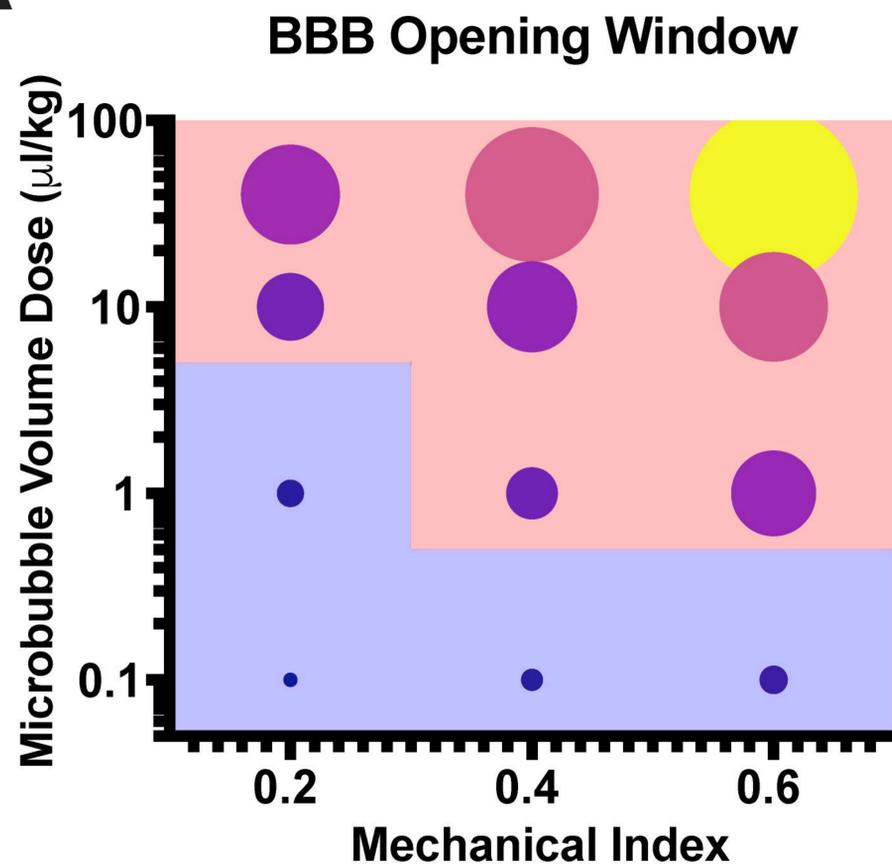


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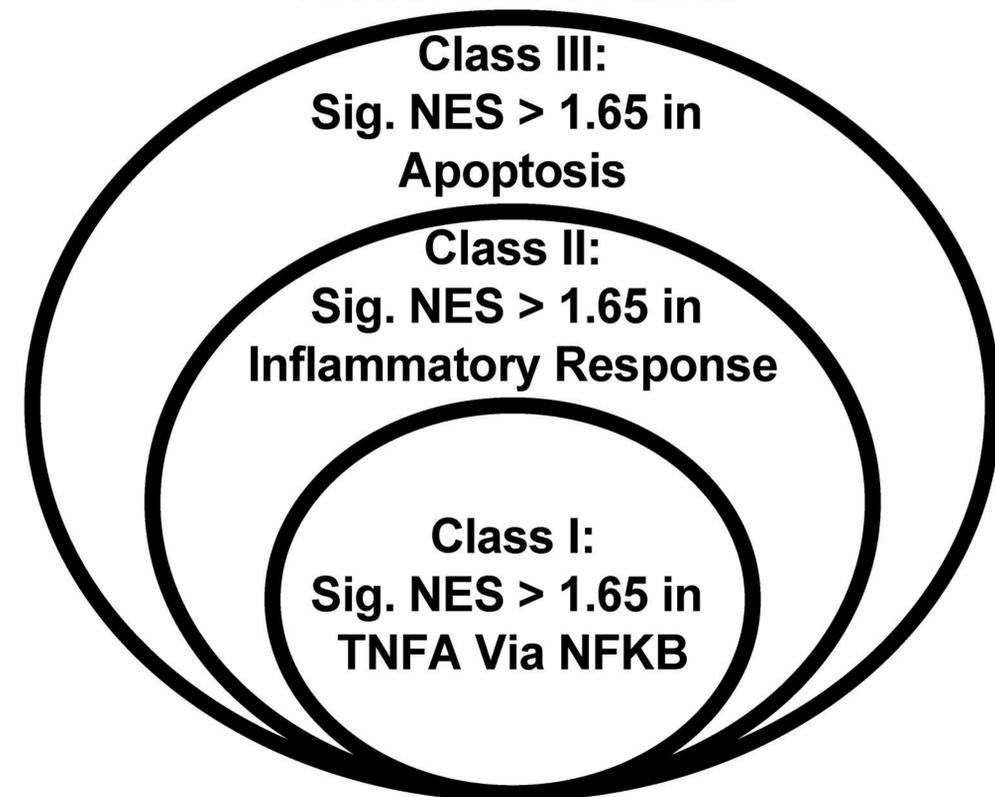
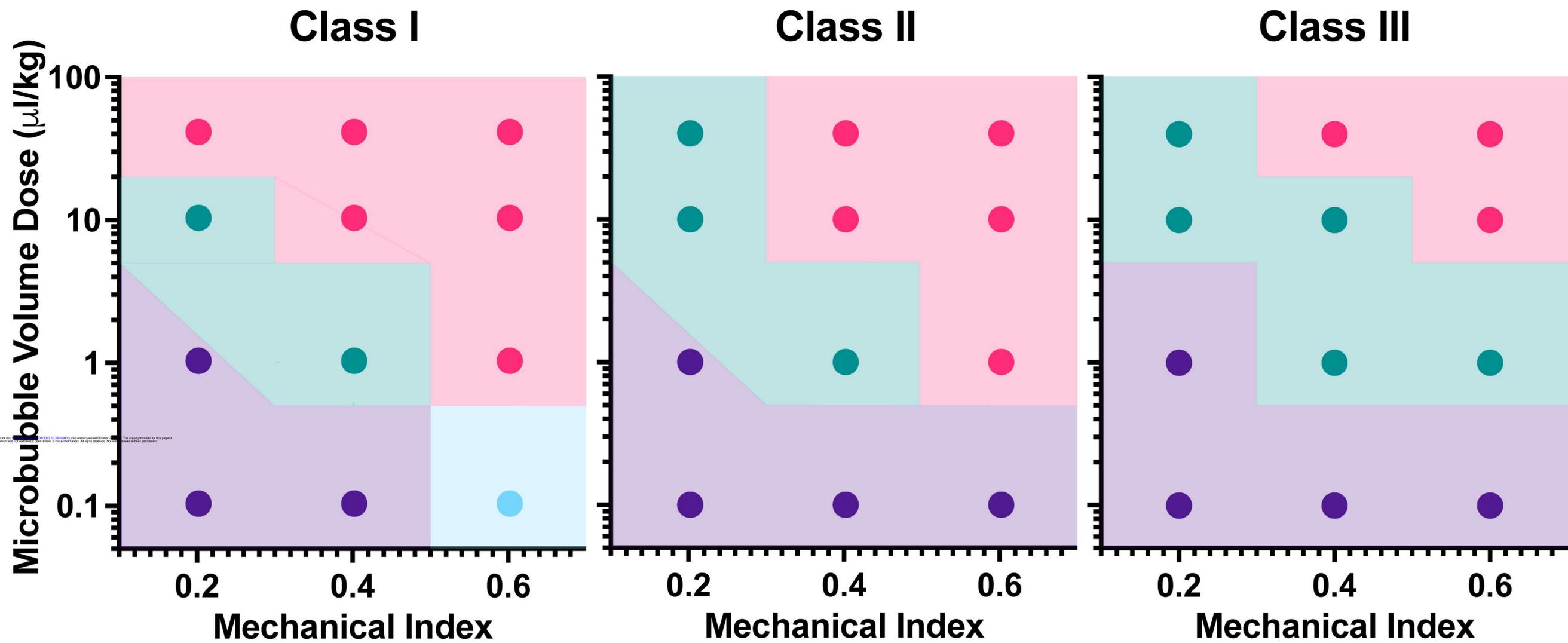


D



A**B**

Sterile Inflammatory Response Threshold Criteria

**C**

Significant: ● Neither BBBO or SIR ● SIR Only ● BBBO Only ● Both BBBO and SIR