Rappahannock Record

Thursday, February 7, 2008

Kilmarnock, Virginia

Ninetv-first Year

Number 18

Three Sections



The sun sets behind the Robert O. Norris Jr. Memorial Bridge.

Funding is a major issue regarding the bridge

by Audrey Thomasson

KILMARNOCK—Com-Transportation monwealth Board (CTB) member Mary Lee Carter endorsed replacement of the Robert O. Norris Jr. Memorial Bridge at last week's informational meeting presented by Virginia Department of Transportation officials.

"My mindset is that the bridge should be replaced, that we should get it on the six-year plan," Carter said.

While speculating that the possibility of getting it on the plan this year is "very high," she noted the process has not

been completed as yet and that "the state has a shortfall, so we can't guarantee what direction we're going."

Carter said the problem is in obtaining consistent and predictable funding.

"There is no stability in our funding," said Carter. "People in the Commonwealth have to be as safe as possible. With stability of funds, we would know what we can do each year in planning those funds."

She praised the citizens who drove to Stafford County last fall to testify at the Commonwealth Transportation Board meeting. "You have committed citizens in this area to improve the quality of life," she said. "Replacing the bridge relates to that quality of life. I'm real proud of the citizens for this.... it was impressive for everyone

to come together in Stafford." Carter suggested that citizens need to lobby officials in Richmond and Washington, D.C.

VDOT Fredericksburg district administrator David Ogle disagreed that a new bridge should be in this six-year plan. "There are 20 to 30 years still left on the Norris Bridge. My priority is getting \$60 million in maintenance funding" on the six-year plan, he said.

According to Ogle, included in that figure is \$40 million to repaint the bridge. He said the cost is high because the old paint must first be scraped off and contained so that it doesn't pollute the river.

"The problem with the sixyear plan is that people think things will get done within the six years—but projects become 15 years," said Ogle.

Because of all the other district projects, nothing may even begin until the sixth year and then it probably would be an to continue maintaining it no allocation only to design a new bridge, he said.

"I don't argue with you that you need a new bridge—but right now you need to put the money into maintenance," he said.

Bridge engineer Gary Shelor said that because of the size and expanse of the structure, neither the state nor federal government's bridge replacement funds are enough to replace it.

"It will take a bunch of funds from different sources," he said. "But we're going to have

matter what."

VDOT officials were hazy about the start date for replacing the deck overlay on the bridge. Structural bridge engineer Thomas Miller said the official start date is slated for January or February of 2009 with work continuing through

However, Miller added that construction crews may try to squeeze work on the thru-truss section at the top of the bridge in August and September 2008, before winter weather shuts them down.



Dr. Lee Williams of Irvington (left) is interviewed by Suzanne Mattingly for "Blackstrap Handling," a Steamboat Wharf Story featured at RRecord.com.

Steamboat Wharf Stories showing on RRecord.com

Steamboats were economic instruments that profoundly influenced the development of the Northern Neck and Middle Peninsula. The vessels also acted as social instruments as they became entwined with the lives of people and affected their dayto-day communications, interaction and habits.

The series, Steamboat Wharf Stories, provides the viewer with first- and second-person accounts of events that occurred during the latter part of the Steamboat Era (1900-1950s).

The stories—some amusing, some serious—provide a better understanding of tidewater lifestyles and offer hints of what it was like to live during those steamboat days.

This week's Steamboat Wharf Story, entitled "Blackstrap Handling," features stories told by Dr. Lee Williams of Irvington, Carroll Davis Jr. and J. J. Kellum of Weems. The stories will continue as a weekly series on RRecord.com.

For more stories and information concerning the Steamboat Era on the Chesapeake Bay, visit www.steamboatexplorer.org, or the Steamboat Era Museum in Irvington.

The series was produced by Mattingly Productions and made possible by grants from the Virginia Foundation for the Humanities, The Verizon Foundation, and the Scott Opler Foundation.

A mother's plea, part two... Thanks from the Smith family

Then Stephen Hollister, a parent of a child in California with Dravet Syndrome, posted on the IDEA League Family Network website about Parade Magazine's Giving Challenge, he said he hoped we could at least get about 700 donations.

We were starting the contest with only 16 days remaining in a 44-day campaign. Never in his or our wildest dream did we imagine that we would accumulate 2,865 individual donations, raise more than \$61,000 for Dravet Syndrome research and win first place (unofficially) in Parade Magazine's America's Giving Challenge. By finishing first, the IDEA League also will receive a \$50,000 grant from Parade Magazine and the Case Foundation

towards Dravet Syndrome research. The whole thing

is truly miraculous! The IDEA League has only 230 members and we were able to reach the largest group of individuals to contribute. We know you hear it over and over again, especially around campaign time... that one person can make a difference. The IDEA League finished in first place just 19 donations over the second-place charity. Only one donation separated second and third. Not only can one person make a difference, but one community can

as well. Through this competition, our family has been richly blessed by our family, friends, community and even strangers. We have been offered financial assistance for medical needs;

discounted plane tickets and donated air miles; hotel rooms while at the Dravet Family Conference in August; someone is searching for a seizure alert dog; donation of t-shirts for the National Walk for Epilepsy in Washington, D.C., in March; someone designed a Facebook page for Haley; and GeoComputing Technologies established a webpage for Haley, www.helphaleysmith.org.

Then there were the intangible benefits...shared stories, new friendships, walls coming down in strained relationships, restored friendships, reacquainting ourselves with old friends,it was amazing how many people came together. It was rare to go out in our small town without running into someone who gave us a hug and words of encouragement. We loved hearing "where are WE now on the leader board...how did WE do" It was nice being a part of that WE after feeling so alone with a strange

When we trace back the origination of all our blessings they came from our community. It was our prayer that

through this competition Dravet children would receive national attention.

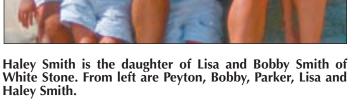
Through the running of our article on the front page of the Rappahannock Record, we did receive some national exposure. I got emails and calls from Northern Virginia to Florida. Thanks to many individuals in several churches the word was spread to help Haley. I heard of college students from our area taking the email to their sororities and fraternities, a college grad putting it on Facebook, and so many of you that were willing to forward our email to friends, family, and other contacts, some even

challenging their colleagues to donate. One email landed on a world-wide soccer webpage

named, "Big Soccer," where individuals were posting remarks as if Haley was related to one of them, but we know none of those individuals. We received so many e-cards with prayers and support from people we know and those we did not. We even received e-cards from three soldiers in Iraq. That was absolutely amazing.

Since the conclusion of the contest, the emails have continued to come in with such love and support. Many in the community have expressed the desire to help us in any further campaigns for Haley and Dravet Syndrome.

We definitely will be doing more in the future. This is truly our first step in researching Dravet Syndrome, but we have a long way to go. It has been nice to have you all on our



journey with our family.

We have emailed Stephen Hollister during the campaign to thank him for initiating this all and shared with him the blessings I have received from this community. He responded by saying, "Where do you live... I think I want to move there!'

We truly do have a wonderfully caring group here. Never in our lives have we felt such compassion. Words can not express our gratitude. We thank God for each and everyone of you. We felt his loving hand in all of this. Thanks for your prayers and your willingness to forward this cause onto your family, friends and acquaintances. We were all involved in something huge and for that moment the world got a little smaller.

We believe if the IDEA League were to report where the donations came from, there would be a disproportionate amount coming from right here. You all have helped make a less than great situation into something wonderful. We thank you from the bottom of our hearts.

Inside

■ Inventions:

An Irvington man has invented a generator which uses the rocking motion of ocean waves to produce hydrogen to be utilized in fuel cells of varied sizes for different purposes......A16

■ Dual primaries: Voters can help political parties pick presidential candidates......B1

Easy money: Payday lender wants to do business in Kilmarnock. Zoning amendments due before the planning commission Monday....**B10**





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White Stone town council meets tonight

STONE—Town council members will vote on two new ordinances tonight, February 7, at 7 p.m.

New regulations on bike riding, skateboarding and use of other recreational devices on the streets and sidewalks will be up for a final vote after the

second reading of the proposed

A second reading and final vote is also expected on a new ordinance to regulate communications towers. The proposed ordinance follows one recently adopted by Lancaster County. A public hearing and first

reading of text amendments to clarify the barking dog ordinance also will take place.

There will be an introduction of the Kilmarnock trolley schedule by dev elopment director Susan Cockrell. Ed Fuehrer will discuss plans for building a Boys and Girls Club

in Lancaster County.

Town administrator Garey Conrad will report on the FY 2009 budget planning schedule and vice mayor David Jones will update council on Messer Construction Inc. enhancements to sidewalks in the business district.

LE COMING February

Thursday

Palmer Hall in Kilmarnock. The RFM Boat Shop opens at 9 a.m. at the Reedville Fishermen's Museum. 453-6629. The RFM Modelers meet at 10 a.m. at Reedville Fishermen's Museum. 453-6529. No-Name Needlers will gather at 1 p.m. at The Art of Coffee in Montross. 493-0873 A Depression Recovery Support Group will meet at 3 p.m. at the Seventh-Day Adventist Church in Kilmarnock. 758-8110.

The Airport Club of Hummel Field meets at 6 p.m. for a dinner meeting at The Pilot House at Topping. 758-5500. The Rappatomac Writers Critique Group will meet at 10 a.m. at Wicomico Episcopal Church in Wicomico Church. The White Stone Town Council will meet at 7 p.m. at the town office.

American Legion Post 117 will meet at 7 p.m. at the Post Home on School Street in Reedville.

The Heathsville Forge Blacksmith Guild meets from 10 a.m. to 3 p.m. at Rice's Hotel/ Hughlett's Tavern. 580-3377. A Western Movie Night will be held at the Northumberland Public Library in Heathsville. The movie will begin at 6 p.m.

Friday

Bingo will be played at the Upper Lancaster Ruritan Center in Lively at 5:45 p.m. The RFM Quilters meet at 1 p.m. at Reedville Fishermen's Museum, 453-6529. The Northumberland County

Republican Committee will meet at the Northumberland Public Library in Heathsville at

The Eastern Nazarene College Gospel Choir will present a concert at 7:30 p.m. at the White Stone Church of the Nazarene at 57 Whisk Drive .

Saturday

The Heathsville Forge Blacksmith Guild meets from 10 a.m. to 3 p.m. at Rice's Hotel/ Hughlett's Tavern. 580-3377. A Yard Sale will be held from 9 a.m. to 1 p.m. at the Northumberland County School Board Office in Lottsburg to benefit the Northumberland County Animal Shelter.

The New York Chamber Soloists will present an On Stage concert at 8 p.m. at the Lancaster Middle School Theater in Kilmarnock. For ticket information, call the Rappahannock Foundation for the Arts box office at 435-0292.

Cabin Fever Art And Craft Show to benefit Reach Out and Read will be held from 9 a.m. to 4 p.m. at the Dream Fields Community Building on Route 200 near Kilmarnock. A Program celebrating Black History Month will be held at 4 p.m. at Holy Tabernacle of God in Merry Point.

Sunday The Widowed Persons

Service for Lancaster and Northumberland counties holds its lunch brunch at Swank's On Main in Kilmarnock immediately following church services. A Mid-Winter Concert will be held at 3 p.m. at White Stone United Methodist Church. Donations will benefit the Family Maternity Center. The concert will feature The Tuneful Teachers and Sandra Harris. The Northern Neck Rose Society will meet at 2 p.m. at De Sales Hall in Kilmarnock. A Concert to benefit the Guardian Program of the Northern Neck Family YMCA will be held at 4 p.m. at St. Andrews Presbyterian Church on Church Street in Kilmarnock. \$15 per. The concert will

feature Broken Consort.

Cash Prize of

\$1000

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BINGO

This Friday, February 8, 2008

Ruritan Recreation Center • Rt. 201, in Lively

Doors open at 5:45 pm and games start at 7 pm

To benefit the Upper Lancaster Vol. Fire Department



Broken Consort to perform

Broken Consort, featuring Celeste Gates on clarinet, Todd Barnes on piano and Margaret Lawyer on viola, will perform Mozart's Kegelstatt Trio, selections of Opus 83 by Max Bruch and opus 113 by Mendelssohn Sunday, February 10, at St. Andrews Presbyterian Church in Kilmarnock at 4 p.m. Tickets are \$15. Proceeds will benefit the Guardian Program at the Northern Neck Family YMCA. Tickets are available at the YMCA, Twice Told Tales in Kilmarnock, Net Cruisers Café in Lancaster and EVB banks in Reedville and Heathsville.

Sunday The Westmoreland County **Museum Winter Lecture** Series, "The Diverse Cultures of the Northern Neck,' will open with Walt Heyer and The English settlers at 2 p.m. at Stratford Harbor Clubhouse. For reservations, call

Pam Deihl will hold an open house from 10 a.m. to 3 p.m. at The Palmer Building at 22 East Church Street in Kilmar-

Monday

The Kilmarnock Town Council will hold a special meeting at 8:45 a.m. at the town hall, at 514 North Main Street in Kilmarnock to fill the vacancy on council created by the resignation of member Carmen

Flotilla 33 of the U.S. Coast Guard Auxiliary meets at 7:30 p.m. in Grace House of Grace Episcopal Church in Kilmarnock.

The School Board for Lancaster County will meet at 6:30 p.m. at Lancaster Middle School in Kilmarnock. The School Board of Northum-

berland County will meet at 5:30 p.m. at the school board office in Lottsburg.

The Planning Commission for

White Stone will meet at 5:30 p.m. at the town hall in White

Rehearsals for the Community Chorus' 2008 Spring Concert will begin February 11 at 7 p.m. in the music room at St. Margaret's School in Tappahannock. Dues are \$15 per person or \$25 per couple. Students ages 16 and older who sing with a school chorus are welcome and no dues will apply. No auditions.

L Tuesday **Election Day**

A Dual Presidential Primary will be held. Polls open at 6 a.m. and close at 7 p.m. The Kilmarnock & District Pipe Band rehearses at 7:15 p.m. at Campbell Memorial Presbyterian Church in Weems. 462-7125.

Al-ANON meets at 8 p.m. at Kilmarnock United Methodist Church.

A Bridge Discussion Group will meet at 9:30 a.m. at the Woman's Club of Lancaster's clubhouse in Lancaster. \$5.

Duplicate Bridge will be played at 1 p.m. at Rappahannock Westminster-Canterbury.

"Boat Talk," an exchange of ideas on classic and wooden boats, will be held at 2 p.m. at the Reedville Fishermen's Museum. 462-9829

The Rappahannock Pistol And Rifle Club will meet at 7 p.m. at the Northside Branch of the Bank of Lancaster in Kilmarnock. 435-2143.

Z Tuesday **Election Day** The Woman's Club Of

Northumberland will meet at 11:15 a.m. at the club house in Lottsburg. To join the club, call

The RFM Boat Shop opens at 9 a.m. at the Reedville Fishermen's Museum, 453-6629. The Northern Neck Bay

Tones meets at 7 p.m. at St. Andrews Presbyterian Church in Kilmarnock, 453-2633 The Heathsville Forge Blacksmith Guild meets from 10 a.m. to 3 p.m. at Rice's Hotel/ Hughlett's Tavern. 580-3377. The Planning Commission for Kilmarnock will meet at 7

p.m. at the town hall in Kilmar-

Songs Alive! And Food for Thought will feature Music on the Waters: Songs of the Chesapeake and Beyond with Bob Zentz of Norfolk at Rice's Hotel/Hughlett's Tavern Transportation Building at 5:30 p.m. \$10.

Wednesday The Rotary Breakfast Club

meets at 7:30 a.m. at Lee's Restaurant in Kilmarnock. The Kiwanis Club meets at 7:30 a.m. at St. Andrews Presbyterian Church in Kilmarnock. The Rotary Club for Kilmarnock, Irvington and White Stone meets at 12:30 p.m. at Rappahannock Westminster-

Canterbury. The Lancaster Lions Club will meet at 6:30 p.m. at Rose's Crab House in Kilmarnock, 435-0064

Duplicate Bridge will be played at 1 p.m. at the Woman's Club of White Men, women and newcomers are invited. No reservations are needed. 462-7605.

The Marine Corps League Detachment will meet at 7:30 p.m. at the Callao Moose Lodge Family Center #917 in Callao. 462-7868.

A Film, "Laugh Your Way to Health" will be presented at Wicomico Episcopal Church at

4 Thursday Al-ANON meets at 8 p.m. at

Palmer Hall in Kilmarnock. The RFM Boat Shop opens at 9 a.m. at the Reedville Fishermen's Museum. 453-6629

The RFM Photo Group meets at 2 p.m. at Reedville Fishermen's Museum.

The RFM Modelers meet at 10 a.m. at Reedville Fishermen's Museum. 453-6529. **No-Name Needlers** will gather at 1 p.m. at The Art of Coffee in Montross. 493-0873.

A Depression Recovery Support Group will meet at 3 p.m. at the Seventh-Day Adventist Church in Kilmarnock, 758-8110

donk's Sweethe\rt Show Sat. Feb. 16 - 8 pm

Wednesday The Wetlands Board for

Lancaster County will meet at 9:30 a.m. at the courthouse in Lancaster.

The Irvington Town Council will meet at 7:30 p.m. at the town office The Interfaith Service Council will meet at 7:30 p.m. at

Wicomico Episcopal Church in Wicomico Church. The Upper Lancaster Ruritan Club will meet at 6:30 p.m. at

the Buritan Center in Lively. A Cancer Support Group will meet at Rappahannock General Hospital at 3 p.m. 435-8593. The Board of Supervisors for Northumberland County will meet at 5 p.m.

The Heathsville Forge Blacksmith Guild meets from 10 a.m. to 3 p.m. at Rice's Hotel/ Hughlett's Tavern. 580-3377.

The Tavern Quilt Guild Work**sho**p at Rice's Hotel/Hughlett's **Tavern Transportation Building** in Heathsville will be held from 10 a.m. to 3 p.m. 580-2539. A Western Movie Night will be held at the Northumberland Public Library in Heathsville. The movie will begin at 6 p.m. (Submit calendar items to Robert Mason Jr., editor.)



For laughs

Wicomico Episco-Church in Wicomico The Church will present the film, "Laugh Your Way to Health," Wednesday, February 13, at 10:30 a.m. Jan Litsinger, RN, Wicomico Parish Nurse, (above) will show the film by Dr. Annette Goodheart, a psychotherapist and lecturer. An expert in her field, Dr. Goodheart has lectured in the United States, Canada, Australia, and Europe on relearning the art of laughter, a giant step to good health. The community is invited for laughs.



Passing the gavel

Outgoing Historyland Community Workshop president Lucy York (left) passes the gavel to president Anne Costello. Other members of the executive committee are vice president Lenore Mathews, treasurer Sally LeBoeuf, and corresponding and recording secretary Rita Lewis. The 2008 sales manager position will be shared by Rosalie Reitter, Jane Hall and Letha Records. The annual gifts and greens sale will be November 22 at Lancaster Middle School.

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DIXIE DELI: Family owned and operated (forever!) Serving lunch 5 days a week, Mon-Fri., 10:30-3:00, Subs, soup, our famous potato & chicken salad and sandwiches, 50 Irvington Rd., Kilmarnock 435-6745.

LEE'S RESTAURANT: Hometown cooking and atmosphere in a popular downtown Kilmarnock tradition. Full menu, fresh local seafood in season, homemade pies made daily, Beer & Wine on premises. (B,L,D) Main St. Kilmarnock 435-1255

THE MOUNT HOLLY STEAMBOAT INN: Overlooking beautiful Nomini Creek in historic Westmoreland County. Winter Hours Dinner Wednesday to Saturday 5:00-9:00 Grand Sunday Brunch Buffet 11:00-2:00. 804-472-9070 3673 Cople Highway (Rt. 202 at Nomini Bay)

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ROSE'S CRAB HOUSE AND RAW **BAR:** Relax and savor delicious food inside or on the deck outside. Enjoy live entertainment. L/D Open daily, closed Tuesday, Sunday Brunch 11-3. (888) 323-CRAB (2722) or 436-8439. Across from Holiday Inn.

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THE STEAMBOAT RESTAU-RANT: Enjoy casual dining while overlooking the beautiful Piankatank River Golf Club. We offer a traditional lunch menu, gourmet and traditional evening menus and Sunday Brunch selections. Open Tues.-Sat., 11:00 am - 2:30 pm, Thurs., Fri. & Sat. evenings 5:30 pm - 9:00 pm, and Sunday Brunch 10:30 am - 2:00 pm. Banquets, functions and group outings also available. Call 776-6589 (Reservations suggested). Located off Rt. 33 at 629, Hartfield, Va.

SWANK'S ON MAIN: Continental dining experience located downtown at 36 N. Main Street. Enjoy dishes with a southern flair in a warm and inviting atmosphere with full bar and an extensive wine list. Dinner Monday-Sat-urday 5pm until Closing. Lunch Saturday 11am-2pm. Saturday and Sunday Brunch 11am-2pm. 804-436-1010.

TALK OF THE TOWN COFFEE **HOUSE**: Featuring a wide selection of gourmet coffees. Freshly prepared pastries, wraps and salads. Delicious ice cream. 41 S. Main St., Kilmarnock 436-TALK (8255)

TOWN BISTRO: Casual upscale dining in an intimate setting. Featuring a Seasonal Menu of locally inspired dishes. Open Kitchen. Full Bar. Dinner Only. Chef owned and operated. 62 Irvington Road, Kilmarnock. 435-0070.

Open 7 days a week.

UPPER DECK CRAB & RIB HOUSE: Featuring fresh local seafood in an inviting riverfront atmosphere. Thurs. 5-8pm, Friday 5-10pm, Sat. 12pm-10pm, Sun. 11am-5pm. 1947 Rocky Neck Road, Mollusk, VA. Near Lively. 462-7400.

WILLABY'S: Comfortable casual atmosphere. Featuring daily chef's specials, gourmet burgers & delectable desserts. Eat in or carry out available. Monday-Saturday 11-3. Items available for take home until 4:00. White Stone. (L) 435-0044

· Call 435-1701 · to join the Record's Dining Guide •

connectRappahannock INFORMATION FOR A STRONGER COMMUNITY For a monthly community calendar visit: www.connectnetwork.org/rappahannock

7321 J. Clayton Highway 14, Gloucester, Va. • Schedule for 2/8-2/14 Monday - Ladies Special \$6.00 RAMBO (R) **CHARLIE WILSON'S WAR (PG13)**

1 Hrs. 33 Min. Fri. (4:00), 6:00, 8:00 Sat. (2:00, 4:00), 6:00, 8:00 Sun. (2:00, 4:00), 6:00 Mon. - Wed. (5:00), 7:00

1 Hrs. 30 Min. Fri. (4:15), 6:15), 8:15 Sat. (2:15, 4:15), 6:15; 8:15 Sun. (2:15, 4:15), 6:15 Mon. - Wed. (5:15), 7:15

Students, Senior Citizen & Active Military \$3.50 for all shows Children under 2yrs. (any show) FREE/Children 2 to16yrs. (any show) \$3.50 **Shows in parentheses () all seats \$3.50/Adults all shows on & after 6pm \$5.50*

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FRI, FEB. 8 WELCOME HOME ROSCOE JENKINS (PG13) 5:00, 7:30, 9:50 UNTRACEABLE (R) No one under THE EYE (PG13) 5:15, 7:35, s. **RAMBO (R)** 17 admitted to R Rated

FIRST SUNDAY (PG13) 5:15, 7:25, 9:35 **SUN, FEB. 10**

films without

parent or adult

accompanimen

· ID's required

WELCOME HOME ROSCOE JENKINS (PG13) 2:30, 5:00, 7:30 UNTRACEABLE (R) 2:40, 5:05, 7:20 THE EYE (PG13) RAMBO (R) FIRST SUNDAY (PG13)

JUMPER (PG13)

VEGGIE TALES (G)

SPIDERWICK CHRONICLES (PG)

MON. -WED. FEB. 11-13 WELCOME HOME ROSCOE JENKINS (PG13) UNTRACEABLE (R) THE EYE (PG13) RAMBO (R) FIRST SUNDAY (PG13) 7:20

SAT, FEB. 9

2:30, 5:00, 7:30, 9:50 UNTRACEABLE (R)

UNTRACE. 2:40, 5:05, 7:20, 9:00 THE EYE (PG13)

3:00, 5:15, 7:35, 6:15 RAMBO (R) 5:20, 7:30, 9:40 FIRST SUNDAY (PG13)

VEGGIE TALES (G)

WELCOME HOME ROSCOE JENKINS (PG13) 2:30, 5:00, 7:30, 9:50

THURS, FEB. 14

WELCOME HOME ROSCOE JENKINS (PG13) UNTRACEABLE (R) THE EYE (PG13)

Show the one you love, just how much you care ! Online Subscriptions to The Rappahannock Record Questions? Call 435-1701 ext. 19, IKC Troise

Area Events

■ African American history

'Sites and Stories: African American History in Virginia, will continue through July 27 at the Virginia Historical Society at 428 North Boulevard in Richmond. The exhibit uses photographs and objects to highlight more than 20 stories across the Commonwealth.

The stories are related to African American historical sites listed in the Virginia Department of Historic Resources' Guidebook to Virginia's Historical Markers (2007). The exhibit urges visitors to travel to the sites. For directions, fees and hours, call 358-4901, or visit vahistorical.org.

■ ASIST

The Middle Peninsula-Northern Neck Community Services Board's Prevention Services Division will offer an "ASIST" (Applied Suicide Intervention Skills Training) February 20 and 21 from 8:30 a.m. to 4:30 p.m. at Saluda Baptist Church at 960 General Puller Highway.

ASIST training teaches the skills to competently and confidently intervene with a person at risk of suicide. Developed by Living Works Education Inc., the workshop prepares people to integrate principles of intervention into everyday practice. To attend, call Gina Endres at 1-888-773-8550, or e-mail prevention@mpnn.state.va.us.

■ Benefit concert

A concert benefiting the Guardian Program of the Northern Neck Family YMCA will be held at 4 p.m. February 10 at St. Andrews Presbyterian Church on Church Street in Kilmarnock. Tickets are \$15 per person.

The concert will feature Broken Consort. Musicians are Celeste Gates on clarinet, Margaret Lawyer on viola and Todd Barnes on piano. Tickets are available at the YMCA and Twice Told Tales in Kilmarnock, and Net Cruisers Café in Lancaster.

■ Black History Month

Maymont House Museum in Richmond will honor Black History Month with exhibits and special programs February 9, 16 and 23 at 2 p.m. Admission is \$5 for members and \$7 for others. Registration is required. For registration and directions, call 358-7166, ext. 329.

■ Blooming Valentines

Garden at 1800 Lakeside cert will begin February 11 at nications. The phones will be Avenue in Richmond will host a "Valentine's Display in the Margaret's School in Tappah-Conservatory" through February 29. The display will feature arts chairman at St. Margaret's tulips, daffodils and hyacinths in full bloom and exotic, fragrant orchids.

For admission, hours and directions, call 262-9887, or visit lewisginter.org.

■ Botanical garden
The Lewis Ginter Botanical Garden in Richmond will host its annual Valentine's Dinner in the Tea House February 14, and a Tree Care Symposium February 15.

For more details, registration, reservations, admission, hours, and directions, call 262-9887, or visit lewisginter.org.

■ Chamber concert

The Rappahannock Foundation for the Arts will present the third program in its 2007-08 On Stage series with a concert by the New York Chamber Soloists February 9.

The concert, sponsored by the River Counties Community Foundation, will begin at 8 p.m., at the Lancaster Middle School Theater in Kilmarnock. For ticket information, call 435-0292.

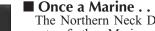
■ Meeting postponned

Due to the District 99 election February 19 at the Ruritan Club, the Corrottoman Seniors Club will meet Wednesday, February 20. "We regret any inconvenience this change may cause our members and guests," said president Fannie Clingan.

■ Lecture series

The Westmoreland County Museum Winter Lecture Series will feature "The Diverse Cultures of the Northern Neck" beginning February 10 with Walt Heyer and The English settlers.

Lectures continue February 24 with the A.T. Johnson Museum, Marian Ashton, and African American history; and March 9 with Randy Turner and Early native Americans. Lectures will be presented from 2 to 4 p.m. at Stratford Harbor Clubhouse. For reservations, call 493-8440.



The Northern Neck Detachment of the Marine Corps League will meet February 13 at 7:30 p.m. at the Callao Moose Lodge on route 360 in

Former Marines and those currently serving in the Corps who want to associate with Marines from the "OLD CORPS" may call Bill Max at 462-7868 for further orders.

■ Reservations

Dr. King associate

to speak Feb. 24

Dr. Wyatt Tee Walker will preach at Sharon Baptist Church at 1413 Lumberlost

Road in Weems February 24 at 3:30 p.m. The public is invited to celebrate the

life and legacy of Dr. Martin Luther King Jr. Described by King Jr. as "one of the keen-

est minds of the nonviolent revolution," Walker worked with Dr. King and helped

found the Southern Chris-

tian Leadership Conference (SCLC) in 1957. He went

on to a distinguished career

as senior pastor of Canaan Baptist Church of Christ in

February 16 at Rappahannock-

Westminster Canterbury. At

9:30 a.m., Tom Foulkes of

Northern Neck Wireless will

less Stuff." At 11 a.m., the

'Lee and Grant," will con-

tinue at the Virginia Historical

Society at 428 North Boulevard

in Richmond through March

The exhibit explores the boyhoods of Gen. Robert E.

Lee and Gen. Ulysses S. Grant,

their West Point careers, their

early assignments, their service

in the Mexican War and on the

nation's frontiers, their Civil

War campaigns and their post-

war contributions to national

fees and hours, call 358-4901,

Rehearsals for the Commu-

annock. Beverley Gordon, fine

School, will direct the Spring

Concert, which will include

\$25 per couple; however, stu-

dents 16 years old or older

who sing with a school chorus

are welcome and no dues will apply. No auditions will be

Tavern's

tion Building at the tavern in

Music on the Waters: Songs

of the Chesapeake and Beyond

will feature Bob Zentz of Nor-

folk. Tickets will be \$10 at the

Mozart's Regina Coeli.

required.

Hughlett's

Heathsville.

door.

■ Water tunes

or visit vahistorical.org.

■ Community chorus

Beginners SIG will meet with BJ McMillan for an Introduc-

Harlem, N.Y.

■ Computer club

tion to Windows.

■ Generals

Reservations for seats for the Christchurch School production of "Once Upon a Mattress" may be made by calling 758-2300, ext. 144, or e-mail boxoffice@christchurchschool.org. The play will be presented February 21, 22 and Admission is free.

■ Rose Society

The Northern Neck Rose Society will meet February 10 at 2 p.m. at De Sales Hall in Kilmarnock. Rose Society member Robert Lukacevic will lead a discussion on "Rose Pests and Diseases.

Society president Dr. Wordell Davis welcomes all newcomers. Refreshments will be served.

■ Library closed

The Mary Ball Washington genealogy library will be closed for February for further The Northern Neck Computer Users Group will meet work on cataloging and organization of the collection. It will reopen March 5.

Those from out of town or who have an urgent need to use the library may call the give a presentation on "Wire- museum at 462-7280 to attempt an accommodation.

■ With love

With Love From Your Significant Otter will be presented by the Dooley Noted Society, Maymont's Young Professional Group, February 9 from 7 to 11 p.m. at the Robins Nature and Visitor Center at Maymont Park in Richmond.

Music, sweet treats, fine beverages will be featured. Tickets are \$50 per person in advance/\$55 at the door. DNS members receive 5 percent discount. For tickets, call 358-7166, ext 310; or visit maymont.org.

■ Recycle phones

reconciliation. For directions, Bay Aging is participating in the 911 Cell Phone Bank Program to collect old cell phones that individuals are no longer using and having them Lewis Ginter Botanical nity Chorus' 2008 Spring Con- refurbished by RMS Commu-7 p.m. in the music room at St. programmed to call 911 only and will be made available to individuals who lack access to 911 during emergency situa-

To donate a phone, drop it off at any Bay Aging location, Dues are \$15 per person or or call RSVP director Dee Thomas at 758-8853.

■ Hospice support

Hospice Support Services of the Northern Neck, a vol-unteer organization, is looking for caring people to assist with over 140 patients in Lancaster, Richmond Northumberland, and Westmoreland.

A training class will be held February 9, 16 and 23. Classes begin at 9 a.m. and lunch is provided. There are many ways to help, such as patient care, delivering supplies, and transporting patients for medical services. Call Jane Scates at 333-0084.

■ NAACP meeting

The Lancaster County chapter of the NAACP will meet February 19 at 7 p.m. at the Bank of Lancaster northside

Usually the club meets on the third Monday evening, but instead will meet Tuesday because Monday is President's

■ Book sale

The Friends of the Newport News Public Library will have a book sale at the West Avenue Library March 13 from noon to 5 p.m., March 14 from 10 a.m. to 5 p.m. and March 15 from 10 a.m. to 3 p.m.

More than 30,000 books sorted by categories will be available for purchase.

Clinic to prune fruit trees

The Master Gardeners will present a pruning clinic for homeowners who would like to learn techniques for pruning fruit trees.

The clinic will be held at 10 a.m. February 16 on Coan Harbour Drive in Lottsburg.

At the clinic, participants will receive instruction on proper pruning techniques, observe applications techniques, and then prune under the tutelage of a Master Gardener. Apple, pear, plum and peach trees will be pruned.

summarizing Handouts pruning technique will be provided. Participants should bring their own pruning equipment.

To reach the site, proceed to Lottsburg on Route 360. At the Auction House, turn on Lake Road north. Take the first left on Coan Harbour Drive. Proceed to 1013 Coan Harbour Drive, a tan stucco house on the left with trees in front.

These clinics are a part of the Virginia Cooperative Extension program to provide educational instruction in horticultural activities The fee is \$5. All proceeds will be used for Master Gardener programs to benefit the commu-

trick dog cAfe

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Songs Alive!, a Northumberland County Friends of Thursday - Sunday the Library program, will join forces with Rice's Hotel/ Buy 1 dinner, get the Food second one 1/2 off for Thought February 12 at *with this ad* 5:30 p.m. in the Transporta-

10% off Any Meal for Senior Citizens Sundays 11am-3pm *with this ad*



Riverfront Dining on Rappahannock River 462-7400



Opinion

Fiction or Fact

by Robert Mason Jr.

In 1958, the year Tess was born, Elvis Presley was inducted into the United States Army.

In 1986, the year Matt was born, Elvis Presley was inducted into the Rock and Roll Hall of Fame.

In 1988, the year Sam was born, Elvis Presley wannabe Michael Jackson bought a ranch in Santa Ynez, California, and named it Neverland.

Last Friday night, friends of Sam, Matt and Tess gathered at the Sundowner Lounge, the Sunset Beach Club facility at the Lancaster Landing on the Rappahannock River at White Stone to celebrate their birthdays.

It wasn't your ordinary birthday party. It was an event.

The organizing committee chose a Studio 54 theme. And guests were required to come

They even had a door man to turn away those guests who didn't meet the dress code.

However, everyone came dressed for the disco club.

VIPs included Elvis, Elton John, Andy Warhol, Madonna, the Blues Brothers, some old hippies, an urban cowboy or two, a variety of movie producers, publishers, writers, music industry execs and disco queens.

The committee had transformed the private lounge into a 70s era disco complete with strobe lights, lava lamps, black lights, dance floor with a glimmering disco ball and shadow dancing.

Guests also had an opportunity to pursue their dreams of becoming rock stars with a Rock Band interactive computer game, sort of like

karaoke for the whole gang. The hors'dourves buffet was scrumptious.

If life were a play, Sam, Matt and Tess would have leading roles.

But life is not a play, don't wait for the next act to give it vour best shot. Go out there and kick butt, like the birth-

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Robert D. Mason Jr., Editor J. E. Currell, Publisher, 1927-1993

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Tomorrow marks the tenth anniversary of the passing of Auntie, my second mother, whom I have described often in previous columns. She was Ellen Smoot Lee, Mrs. Robert M. Lee Jr., one of Kilmarnock's most enduring figures.

The name "Auntie" came from the time many years ago when she was giving me some of her incomparable advice, closing her instruction with the phrase, "I'm speaking to you like a Dutch Uncle," to which I replied, "You mean 'Aunt.'" Thereafter she always was Auntie.

She was born at Mitchell's Station, on the railroad line in Culpeper County, where she grew up, and then followed her elder sister, Sarah, to the big city of Fredericksburg to study at Mary Washington College. She left there to go to work in Washington, D.C., where she became a roommate with Margaret Cutler of Kilmarnock.

On a weekend home with Margaret she met her cousin, Robert M. Lee Jr., in the driveway of what is now Ross's Rings and Things on Irvington Road. In 1942, they committed matrimony, and after his naval service in the Second World War they returned with their son, Charlie, to live in Kilmarnock. Robert M. returned to work at the Rappahannock Record where Auntie joined him in the front office.

Our family met them 40 years ago and we became immediate friends, through thick and thin. As time passed, I came more and more to see Auntie as a veritable oracle of truth, as well as one of the most entertaining people I ever knew. Knowing her was an intellectual challenge, trying to get a comeback as good as her initial offering, hoping that my retort would be as amusing to her as her remark was to me.

One time in 1975 she said she thought she would live only another ten years. Devastated, I replied that I did not want to hear such talk, and counted on her being here long into the future. She said that another ten years was all she needed. I thought of that comment in 1983, when she repeated it verbatim. I responded, "Oh, that makes me so happy!" She said, "It does? Why?" I answered, "Well, that is what you said in 1975 and I thought we only had two

Another time I was driving her down Irving-

(Reprints from the February

The lightship at Winter

The Hydrographic Bulle-

wrecks and derelicts off the

off Thimble Light, Chesapeake

Fishing steamer Wicomico,

wrecked near Chincoteague

some time ago, was last week

salved and towed into Norfolk.

Her after houses were damaged,

but she did not appear to be as

seriously smashed as reported.

been stirred up by inquiries at

about a British treasure ship

Some little excitement has

Bay, in the ship channel.

tin warns mariners of many freeze and filling them.

coast threatening navigation. for Baltimore. Miss Lilian

One wreck in nine fathoms, lies Haynie left on the following

Quarter Shoals, with its crew,

has been missing since the gale

7, 1908, issue of the Virginia

Citizen)

Boat notes

two weeks ago.

Yesteryear in Lancaster

years ago near Windmill Light,

at the mouth of the Rappahan-

nock River, with a half a mil-

lion dollars in bullion onboard.

Skating is affording fine sport

for the young people around

here. Those having ice houses

are also taking advantage of the

J.H. McKenney left Monday

Miss Alice Chilton was ten-

Mr. and Mrs. Walter Hale

dered a most delightful sur-

prise party last Friday night by

and child, of Bay Port, spent

last week with Mrs. Hale's par-

ents, Mr. and Mrs. J. B. Whit-

Saturday evening at the lovely

A few from here were most

Lancaster Courthouse

steamer for the same city.

her schoolmates.

taker, near here.

ton Road when we saw Lee Davis, one of the Tri-Star proprietors, walking along at his usual brisk pace. Auntie quickly exclaimed, "There's Lee Davis. Pull over right now." Despite the heavy traffic, I obliged, happy that no one had crashed into the car. She put down the window, and called to Lee, "Sonny, can you tell us where the Food Lion is?

Lee was one of her favorite foils. Once she told him she bought all of her groceries at his store except dog food. Lee said that if she told him what brand she bought he would have it brought on the truck the following Wednesday. She told him he could not get her brand, but he insisted he could. The argument went back and forth, Lee finally asking what brand it was, She replied "Safeway brand."

Robert M. died suddenly in 1985 and Auntie remained another ten years in Kilmarnock. She retired from the Record, but kept her real estate license active until her eyesight began to fail from macular degeneration. Charlie and his wife, Anita, and their family had returned to Virginia to live in Yorktown, and Auntie decided to move to a retirement home in Newport News, along with her faithful companion of many years, her dog, Frisky. She became an institution there, just as she had been in Kilmarnock. At times I thought I learned more about what was happening in Kilmarnock from visiting her in Newport

News than from being in town myself. The years passed with her making the most of every situation, but a fall and a broken hip and the surgery thereafter proved too much for her great heart, and she died in Newport News. We were in New Orleans, but reached home in time for her funeral where Charlie asked me to deliver a eulogy.

To this day she and Kilmarnock are inseparable in my mind. In our last conversation shortly before we had headed south, I told her what a great friend she had been for so many years, a comment which I later thought had been providentially inspired, given that it was the last of our thousands of conversations. Auntie was the proverbial "giving person," from all the meals she cooked for the poor and needy to the "Dutch Aunt" advice she so generously gave to me and countless others. Ten years later she still is a big part of my life.

Citizen)

Kech-Awls from

everywhere

Snead and others.

White Stone

delightful time.

Miskimon

recently.

last week.

last week.

home at Taft.

Library)

friend, Miss Pearl Dix.

(Reprint from the January

Miss Zana Williams, of

White Stone, is visiting her

friend, Miss Laura Hinton.

Misses Pinckard, of Rehoboth

Church, entertained a few

guests on a week's end gather-

ing. Among those present were

Miss Hallie Brown, the Misses

Dunaway, Messrs. H. Mason

Brent, Gunyon Harrison, Philip

Gresham, Pinckard, Charlie

purchased of Lewis-Lankford-

Tull Company their mercantile

business at Whealton (Morat-

tico). W. W. Walker, of Old-

hams, is busy making plans

for a new dwelling. It is Mr.

Walker's intention, as soon as

the building is completed, to

have a big house warming and

À number of Ladies from

Misses Cora and Essie

Revere and brother, Elile, of

Lively, visited friends here

Willie Marsh and Elgin For-

Miss Sallie Forrester, of

Mrs. E.J. Marsh, who was

here last week attending the

marriage of her brother, F.R.

Sampson, has returned to her

(Transcribed by Stephen

A. Redd, a volunteer of Mary

Ball Washington Museum and

Regina, visited Mrs. W.J. Marsh

rester were at Taft Thursday of

reunion of the Walker family.

E.D. Rock, of Nuttsville, has

31. 1908, issue of the Virginia

Is this justice?

From Llovd N. Hill. Weems I understand that in order for enters into plea agreements with criminals. However, I believe that it makes a mockery of the system when 33 felonies and other crimes committed over a seven-year period can be pleaded down to a two-year term of confinement, with the possibility of work release.

This was the punishment handed down recently by our court. It appears that in our parents to protect their minor county if you are caught and you are willing to roll over on your friends and provide information on other cases, then you will almost receive a free pass for your crime.

Where is the deterrent factor in this type of justice?

I wonder how the many innocent victims of the numerous crimes perpetrated by this convicted felon feel about this sentence. What type of judicial confidents does this give a home owner when there is work to be done on their property and they know that the courts will only slap wrists for violations of their possessions?

The court also noted that the defendant has two small children to provide for their welfare. In our county's past history, how many young men with parental responsibilities in our communities have been sentenced to far greater jail time for only one drug felony?

How must the parents of these young men feel for such a lenient sentence in this case?

I have empathy for all youngtheir father because of crimes that the father has committed. But, when a crime spree covers seven years of violating the public trust and targeting different neighborhoods, it is hard to understand how the sentence handed out is fair in light of all of the other jail terms that have been handed out by our court for one and two felonies.

All criminals need to know that when they do the crime and get caught they will face a fair and impartial justice system. Everyone in our county deserves this. I don't believe that this plea agreement is fair both now and in the future. to our community.

predicated on impartial application of the law. The egregious same standards applied to all felons of equal crimes regardless of race, gender, position or legal representation.

This is the only way for the public to have faith in our system and have the expecta- community tion of equal justice for all.

Defining pro-family

From Terry Beatley, L.H. Rilee, of Irvington, is in

the blacksmith shop this week, Lancaster Clinton being housed with the

What does is mean when a candidate declares he is pro family?

To me, it means he supports here and nearby took part in legislation that allows parents the fox hunt at Kilmarnock last week and reported a most to determine what is best for their family and opposes legislation that allows government Miss Jessie Lickel spent a few days last week with her to interfere with or undermine the rights of parents.

Because Albert Pollard is once again on a quest to hold a little deeper into his voting record to determine if his past actions match his public pronouncements. What I found disturbs me.

In 2004, he voted against parents homeschooling their children unless they had a college degree. I happen to hold a four-year college degree, but how would this intrusive "government knows best" bill have affected those who do not? Does the lack of a college degree diminish one's parental rights? Did Albert Pollard base this judgment on sound research or on liberal ideol-

The evidence speaks for ise. itself. A study conducted in 1997 by researcher Brian Ray showed that the standardized test scores of homeschooled children are not influenced by whether the parents hold a college degree. În fact, homeoutpaced those of children in public schools irrespective of

"government knows values over family values.

His record also shows that he does not support parents the county to be able to prose- as moral guides for their cute certain cases it sometimes children. In 2004, he voted to allow minors to take the "morning after abortion pill" without parental consent. Leaving aside the fact that this drug is 40 times stronger than regular birth control pills and can cause serious hemorrhaging and even death, how can Mr. Pollard be so arrogant to vote for legislation that usurps and undermines the rights of children?

Yet, Albert Pollard thinks it's pro family for government to hold hands with a minor behind the parents' back and whisper in the ear of the child that it supports irresponsible behavior by removing the consequence of that behavior with a quick, albeit dangerous, fix. Why must we tolerate this gross intrusion on parental rights?

On February 19, the choice is simple. I'm voting for Lee Ann Washington, a fellow classmate of mine from the Lancaster High School class 1981. She's conservative. She's pro family. She's for smaller, less intrusive government. She advocates lower taxes. She needs your vote.

Pollard has compassion

From Joye O'Donnell, Kilmarnock

As a longtime Virginian and a recently retired resident sters who have to live without of the Northern Neck, I am writing to state my enthusiasm and support for Albert Pollard in the special election February 19.

> His integrity, knowledge and common sense are what we all seek in a public servant.

> There are many pivotal issues facing Virginia that need to be carefully addressed and we couldn't ask for someone more qualified to do this. He believes that we should leave the world a better place than when we found it, and that to me is very important

I hope that every citizen of The justice system should be this region will join me in supporting Albert Pollard for the House of Delegates. We need actions of this convicted felon his compassion, experience need to be adjudicated to the and talents as our delegate for the Northern Neck.

YMCA brings harmony to the

From Joseph Curry, Kilmarnock

In response to the "Y Elves" article December 20, I have been involved with the Northern Neck Family YMCA since its beginning in 1992, as a fund-raiser, donor and church leader, and have seen again and again what the Guardian Program has done for the children and families of our community.

If it weren't for the Guardian Program, many of our families wouldn't be able to afford child care, which the YMCA offers to children 18 months to 5 years of age. If it weren't for public office, I decided to dig the Guardian Program, many of our kids would be sitting home alone after school instead of attending the YMCA's After-School Program. If it weren't for the free swimming lessons the YMCA offers to all Lancaster County second-graders, many of our kids would never learn to swim. Many people don't realize

the YMCA never turns anyone away from these or any of its other programs because they don't have the ability to pay. The "elves" mentioned in the article, along with countless other YMCA supporters, are the reason the YMCA is able to fulfill this incredible prom-

There is something else the YMCA does for this community that I feel strongly about. I have lived in this county all of my life, and I believe the YMCA's greatest contribution is to the harmony of its schooled children's scores people of all races, colors and creeds interacting together as one people to make Lancaster whether their parents attended County a better place to live college. When his vote counted, and play. No one in this county Mr. Pollard supported liberal, has done this better.

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said to have been sunk many home of Mrs. T.J. Downing.

the U.S. Hydrographic office delightfully entertained last

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Letters to the Editor

Sign snafu

From Jeff Gerau, Caroline

Many of us have noticed that large "Pollard" signs have suddenly appeared around the district. On closer inspection, it appears that these signs have been recycled from the previous state Senate campaign, with the lower portion cut off. There is nothing wrong with that. The problem is that in cutting off the bottom, those who posted the signs have also eliminated the mandatory authorization line, which must be part of any political advertising.

In Title 24.2 of the Code of Virginia, Chapter 9.5 includes instructions for including the statement "Paid for by (Name of candidate or campaign committee)" on campaign materials. Those instructions also state that "any disclosure required by this section shall be displayed in a conspicuous manner." Under 24.2-955.3 of the code, certain penalties are prescribed for violation of these laws.

These signs have begun to appear throughout the district. Just curious: How can someone with such vast experience in government service have overlooked such a simple require-

Hear the band

From Mary Lee Johnson, Kilmarnock

Yes, we are proud of the 2007-08 Lancaster School Band and all of Lancaster County's students.

From its very beginning, the band has been blessed with wonderful directors. I don't know how the band program got started in Lancaster County. The first director was a little man of German descent with an accent. He drove from Richmond one day a week from Walter D. Moses Music School.

He sold the instruments and directed the nine-member band. I can't remember his name. It might be on school board meeting records.

Then came George Yeatman with his enthusiasm and the band began the growth that has continued until today. It was under George that the band got its first uniforms.

I can still see the band marching down School Street. I can almost hear the band playing.

After George came Ernie Craig. The band continued to grow and made its first trip out of Lancaster County and the state of Virginia to Florida.

Following Ernie came Merry Point High School graduate and got his start in band there. They who came from Middlesex.

Thankfully Robbie hasn't found any greener pastures. I would like to know the history of his training and Kenny Flester is a native of Lancaster County who was not enticed by larger salaries in other places.

The band program now starts in the sixth grade. I know all these bits of information because at one time I was in the school world.

I think the most wonderful band is that there will always be a spot where the band member will fit in. I think often of Cres Saunders, Winnie McCrobie and others who had their beginnings in Lancaster High School Band and whose training has enriched the lives of so many.

Not only did Robbie and Kenny do a wonderful job in getting all aspects of the trip together, Robbie did an excellent job of reporting infor- birth. He certainly stood tall mation from the trip to the Rappahannock Record.

We need Pollard

From Jeff Donley, Colonial Beach

Gerrymandering and money. Two dirty words that have come to mean way too much in local politics. Stuart won the race for rirginia Senate with both.

He did not carry the Northern Neck, but he outspent his opponent by a wide margin. Again, money and geography won for Wittman in the First District for the House of Representatives.

Now we have an election coming up on the 99th where we in the Northern Neck will not be gerrymandered out of our choice. There will be big money spent by the Republicans to promote some New York lawyer.

That is okay, because we now have our favorite son back in the race for delegate. He won't have as much money because you and I don't have the money of the big corporations, but we have the big votes. We turned out for Albert Pollard against the big money in the Senate race and we will turn out to return Albert Pollard to the House of Delegates.

Albert Pollard was our delegate for three consecutive terms and, if he hadn't taken time off to rescue and sell his business and to help raise three children, there is no doubt he would already be our delegate. He is back and we need him to be back.

We do not need a fresh learner. We need Albert Pollard, who knows the job and who knows the people he will be representing, again. The current session of the legislature is already half over. We need someone who can step into the job from day one.

A recent letter from "an interested bystander" who always signs himself as a resident of Montross, neglects to mention his post as chairman of the Westmoreland Republican party. He siphons the big bucks to his chosen candidates

it won't work this time. Here in Westmoreland County, we have had a pretty good year. A new sheriff, and in Colonial Beach a new Chief of Police; both well-trained and experienced former State Troopers. We have a well balanced Board of Supervisors. Now, we need representation in Richmond we need Albert Pollard.

Payday lending returns to town

From Charlie Costello,

Robbie Spiers and Kenny The Kilmarnock planning Flester. Kenny was a Lancaster commission has scheduled a The Kilmarnock planning public hearing for February 12 to change the C-1 zoning were joined by Glen Burtner classification to include "cash advance business." The change has been requested by Advance America.

The request was originally made quite a while ago and there were several articles and letters dealing with "payday lending" at that time. These items discussed the negative impacts resulting from this type of activity because of the extremely high fees charged for the service.

Is this type of business of part of being a member of the true benefit to the people of this area?

Many people have expressed concerns about it. Now is the time to show up at the meeting at the Kilmarnock town hall on February 12 at 7 p.m. Stand up and speak up for your concerns. Don't wait for someone else to do it for you.

It seems fitting that the meeting will take place on the anniversary of Abraham Lincoln's for his beliefs and we should do the same.

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Pollard will make us proud

From Tove Power, Irvington

On February 19, we will be asked, yet again, to head out to the polls and vote. I implore you not to take this privilege

Some people are expecting that turnout will be light in the Special Election for the House of Delegates, but I know the Northern Neck will get out in force for our very own Albert Pollard.

Voting on February 19 is ust as important as voting in November, so please get out and make your voice heard. Vote for Albert Pollard and

Lancaster schools fiscal follies continue

From Dana J. Gilmour,

On January 24, the board of supervisors consideration docket included "Lancaster County Schools Cafeteria Fund." Testimony by the County superintendent revealed the need to transfer 2008 funds into this account from their operations account. Why?

There are two reasons. First, the current year "burn rate' driven by the Aramark contract indicates a shortfall, and second, 2008 appropriations in excess of \$40,000 were used to pay a bill from fiscal 2007. Originally estimated at slightly over \$50,000, the audited amount was less.

On June 21, 2007, the former superintendent signed the fiscal 2008 Aramark contract which was not reviewed or approved by the school board.

On June 27, the supervisors approved a small supplemental to get through the last days of the fiscal year.

About this same time at year-end, the \$200,000-plus golden parachute check was disbursed to the retiring superintendent and was approved only by the chairman of the school board.

The June 30 schools accounting report was withheld from the county until September. Through monitoring the reports, provided in a timely fashion, it was apparent that the personnel account "burn rate" was running \$200,000 to \$300,000 under estimates through May, as per 11 months of actual disbursements.

responsible for appropriated bus, that is a full-time job. funds exceeded an approto criminal sanctions under Title 31 of the U.S. Code. Obviously, no such sanctions or equivalent accountability exists in Lancaster County for county appropriated funds.

Since the school system had to verify their in-thebank cash balance with the county treasurer that drove the late small supplemental mentioned above, two questions arise. Was the known liability underestimated. which subsequently came to over \$208,000, a factor that pushed the Aramark bill into

fiscal 2008? And second, other than to hide the payment from the county, why was the June 30 school accounting report withheld until September, by which point the cat was out of the bag?

Several things need to

The fiscal follies must cease. The level of fiscal integrity of the school board and the school executive leadership is about zero. The teachers deserve better.

An outside auditor should be brought in to develop and install a system of internal controls.

The supervisors should consider establishing in their annual appropriation resolution a penalty for those responsible for those appropriations if they are willfully exceeded.

The budget cycle beginning March 1 should start with a thorough mid-year review of the 2008 performance in detail, with a narrative and a comprehensive briefing available for public review.

Credibility and integrity need to become the vision and mission of the school executive leadership and the school board, including effective oversight of the fiscal performance of the schools.

(Editor's note, A version of this letter ran last week. However, in the editing process several of his points were changed.)

Congressional Report

I had the great privilege of attending President Bush's final State of the Union Address. It was thrilling to be in attendance for this annual speech to the nation.

I was pleased to join my fellow legislators to hear directly from the president his agenda for the coming year. He laid out thoughtful initiatives aimed at revitalizing our slowing economy, ending wasteful government spending, securing our borders and protecting our freedoms at home and abroad. I was encouraged to hear

that he is committed to tax relief for American families and that he will do his part to end the gluttony of earmarks in the appropriations process. His bi-partisan tone is much needed at this time and I look forward to working with my Democratic colleagues in the coming year to come up with fair and transparent solutions to the challenges we face as a nation.

That week also saw the passage of the economic stimulus package. I was pleased to vote

for it because it was a bipartisan economic growth package that will benefit hard-working American families. I have long believed that tax relief should be the centerpiece of any economic stimulus package and I was pleased that Congressional leaders focused on putting money back into the pockets of middle-class families, thereby allowing Americans, and not the federal government, to choose how best to help grow our economy. We have a long road ahead of us, but I am confident that the steps we have taken will help keep Americans in their homes, employed and able to provide for their families.

I also joined several of my fellow Republicans to address the issue of earmark reform. Wasteful government spending is harmful to our democracy and threatens to undermine the trust voters have put in us as their elected representatives. In a slowing economy it is important that the legislative and executive branches of the federal government show restraint when spending the

public's money.

That is why I was proud to co-sponsor the Earmark Reform Concurrent Resolution which places a complete moratorium on all earmarks, including ones put forward by the administration, until a joint select committee has completed a thorough review of earmarking rules and procedures. I am confident that we can solve this problem and bring transparency to the appropriations process.

Between the State of the Union and a number of key pieces of legislation, there was much going on in the nation's Capitol. I am hopeful that as we get further into the session we can really start to take key issues on in greater depth. I think we need to be talking more about health care and education. I think we need to get serious about illegal immigration.

Thankfully, we have a lot of dedicated men and women serving in Congress and I believe that we will be able to get things done in the coming

State Senate Report

by Sen. Richard H. Stuart

extremely busy, but probably my most successful week in the Senate yet. Besides all the bills I have been working on, I generally meet with anywhere from ten to fifteen groups of constituents each day which is always in between my committee assignments and the Senate session. As you can imagine, that makes for an extremely active day.

In terms of bills this session, to date I have had eight bills which have passed the full Senate, with unanimous votes, to be communicated on to the House for them to take action. Out of those eight, five bills made it through the Senate with unanimous votes this week alone.

First, Senate Bill 136 would prohibit school bus drivers from using cell phones while they are driving the bus except in the case of emergencies. This bill, from my perspective, was a public safety measure which many believed was necessary. The fact of the matter is, if a school bus driver can watch the road and maintain If a federal employee order of the children on the

Second, my Senate Bill 376. priation, he would be subject will require school boards to publish their budgets on their website if they have one. If not, they must have a hard copy on file for citizens to inspect. I believe this to be very important since I am an advocate for transparency in government. I believe very firmly that it is good government for the citizens to be able to see where their tax dollars are being spent.

Third, Senate Bill 165 was an amendment to the golf cart laws for the state of Virginia, which was requested by the Town of Colonial Beach to allow golf carts to cross streets as long as the posted speed limit is not more than 35 miles

per hour. Fourth, Senate Bill 504 provides an enhanced penalty for anyone who assaults a Commonwealth's attorney attempting to discharge their duty. This provision would now make assault and battery a Class 6 felony for assaulting a Commonwealth's attorney, a judge, any law enforcement officer, volunteer fire fighters, and E.M.S. service providers who are in the performance of their duties. Hopefully, this will discourage people who otherwise would try to prohibit these people from doing their jobs.

Finally, Senate Bill 206, which was probably one of the most significant pieces of legislation to pass the Senate this week, would allow the use of state owned communication towers for the deployment of broadband.

Many of you are aware that we have been working for a long time to try to get high speed internet service to the folks of the Northern Neck. This was something that Rob Wittman had been working on as delegate. When he went to Congress, I picked it up to carry it through. This is a very important step to getting high speed internet service to the folks of the Northern Neck.

What it allows us to do is to piggy-back on the State Police communication towers and

Once again, this has been an Virginia Department of Trans- among those affected. I would state owned tower to send that signal so people can receive the high speed internet. This and required some negotiations between the State Police and myself and others who would be affected. But, at the end of the day, this will prove to be very beneficial and instrumental in getting that service to the citizens of the district.

Senate Bill 681, which would create an exception to allow plumbers to work on large or hand dug surface water wells, has gone through the committee and made it through its first reading in the Senate. I believe this is an important piece of legislation because it allows normal licensed plumbers to work on surface wells without having the certification of trict28@sov.state.va.us, P. O. being a well-water systems provider.

legislation required a bit of negotiation Montross, Virginia 22520.

portation towers or any other very much like to thank Gayle Fowler of SAIF Water and the well-drillers for helping me work this matter out so that was a fairly complicated bill those folks who still have those surface wells can have those wells repaired and tended to as necessary.

I will tell you that, as a freshman Senator and having only been in Richmond for four weeks, I am extremely happy that I have been able to get this many bills through the full Senate and am very optimistic for their passage in the House.

I truly appreciate the trust you have placed in me and allowing me to serve you in the Senate. As always, if you have any questions or concerns, you can contact me at my legislative office, 698-7528, dis-Box 396, Richmond, Virginia 23218; or my district office, also 493-8892, P. O. Box 1146,

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Notice To All Voters Who Vote At Grace Episcopal Church (Precinct 302)

Due to Lenten Services being held at Grace Episcopal Church in Kilmarnock during the month of February, the Primary Election to be held on February 12, 2008 and the Special Election to be held on February 19, 2008 will be held at the Kilmarnock Volunteer Fire Department building, 71 School Street, Kilmarnock,

This change will only affect these two elections held in February. The polling place for all other elections held after February 19, 2008 will be held at Grace Episcopal Church.

OFFICIAL VOTING INFORMATION

The Constitution of Virginia requires that you be registered in the precinct in which you live in order to be qualified to vote.

In order to be eligible to vote in the Dual Presidential Primary Election to be held on Tuesday, February 19, 2008, and you are not a registered voter, you must register no later than 5:00 pm on Wednesday February 13, 2008. If you have recently registered to vote by means other than at the local office of the General Registrar and have **not** received an official voter registration card from the Lancaster County Voter Registration Office, please call our office at the number shown below before February 13. No changes or additions may be made to the voter registration records after this date for the February 19, 2008 Special Elec-

Tuesday, February 15 is the last day on which an absentee ballot can be mailed. February 16, is the LAST **DAY** for this election on which qualified applicants may vote absentee ballots in person. In addition to regular office hours, the Lancaster County Voter Registration Office located at 8694 Mary Ball Road, Lancaster, VA 22503 will be open Saturday, February 16 from 9:00 am to 5:00 pm for the convenience of registered voters who need to vote by absentee ballot.

Please call 462-5277 should you have an questions.

Emily Layne Ficklin and Thomas Neal Hoar II

Ficklin-Hoar

Mr. and Mrs. Mathew L. Ficklin announce the engagement of their daughter, Emily Layne Ficklin of Kilmarnock, to Thomas Neal Hoar II, the son of Mr. and Mrs. Thomas Neal Hoar of Deltaville.

The bride-to-be is the grand-daughter of Mrs. Ella Jo Somers of Lively and the late Judson James Somers, and Mr. and Mrs. Thomas Dorsey Ficklin Sr. of Lancaster.

The prospective groom is the grandson of the late Mr. and Mrs. Thomas Edwards Stone formerly of West Point, and Mrs. Mary Catherine Hoar of Norge and the late Bobby Neal Hoar.

Miss Ficklin graduated from Christchurch School in 2004 and was presented at the 109th Holly Ball. She is completing a bachelor's in professional communication at Old Dominion University

Hoar graduated from Middlesex High School in 2002 and attended Thomas Nelson Community College. He is employed with T & M Inc.

A spring 2009 wedding is planned.



DylanLambert,left,announces the arrival of his half-brother, Mathew Cole McNeal, born January 13, 2008, at 9:20 p.m. at St. Mary's Hospital in Richture that has existed in Virginia mond. He weighed 6 pounds, since the early 1600s. Lee is 13 ounces and was 19 inches long. His parents are Heidi diversity committee and assists McNeal and David Smith of White Stone. His maternal grandparents are George and Shirley McNeal of Irvington. His paternal grandparents are the late James and Nancy Smith.

Heralded as Virginia's premier springtime tourism event,

Historic Garden Week in Vir-

ginia celebrates its 75th anni-

Four centuries of Virginia's

versary April 19 through 27.

state.

Virginia.

Black History Month program slated Saturday

History Month will be held at 4 p.m. Saturday, February 9, at Holy Tabernacle of God in Merry Point. The event will feature the

Joy Praize Dance Ministry of Greater Brook Road Baptist Church in Richmond and presentations by area youth highlighting the contributions of important black leaders throughout history.

Included will be the Martin Luther King Jr. speech, "I Have A Dream"; Harriet Tubman and "The Underground Railroad"; and inventors such as Benjamin

A program celebrating Black Banneker, inventor of America's first striking clock; Phillip Downing, inventor of the mailbox; Sarah Boone, inventor of the ironing board; Lewis Lattimore and Joseph Nichols, inventors of the improved light bulb; Garrett Morgan, inventor of the traffic light; and Charlie Henderson Jr., a gold medalist in gymnastics.

Area business leaders, entrepreneurs, pastors and congregations are invited to support the young people. The event is sponsored by the Derrick B. Spencer Memorial

You don't need a car to visit 28 Historical sites in Virginia

It would take months, if not years, for travelers to see all of the approximately 2,200 silver and black highway markers that dot Virginia's landscape, each highlighting a place of historical interest within the Common-

The Virginia Historical Society (VHS) recently opened an exhibit that focuses on 28 of those markers, and visitors can learn without traveling a mile.

"Sites and Stories: African American History in Virginia' tells stories about people and events related to African American historical sites listed in the Virginia Department of Historic Resources Guidebook to Virginia's Historical Markers (2007).

"People sometimes don't get a sense of all Virginia history has to offer from one marker," said Dr. Lauranett Lee, curator of African American History. "Showing multiple markers with a similar theme side by side in an exhibition like this gives people the opportunity to see how diverse Virginia history is. And focusing on African American history allows us all to see just how much of that history there is out there.'

Virginia was among—if not—the first state to launch a historical highway marker program. After the initial markers were erected in 1927, patriots, presidents, early homes, and Revolutionary and Civil War sites were well represented. In recent decades, more attention has been paid to the history of Native Americans, African Americans, and women.

In 2004, the Department of Historic Resources established a diversity initiative committee to develop markers that more broadly reflect the complex culthe VHS representative on the with research and text for many of the almost 40 markers that the

department erects each year. Each of the 28 historical markers represented in the exhibit will include photographs and an object that pertains to the history discussed. Many of the materials

Northern Neck, a tour of White Stone and Irvington

Historic Garden Week to feature Treasures of the

presented are from the society's collections. The text provided in the panels at the VHS offers a fresh perspective and does not duplicate the information on the actual roadside plaques. Lee says her goal as curator of 'Sites and Stories" was to present details that people know very little about.

The exhibit opened during Black History Month to encourage visitors to travel to the physical sites of the historical markers. Some of the sites are tourist destinations with surviving buildings or fortifications, but others only have the markers themselves to commemorate what happened there.

People and topics presented in "Sites and Stories" include James Lafayette, the battle of Great Bridge, Gilbert Hunt, Lott Cary, Fort Monroe, Dutch Gap, Sixth Mount Zion Baptist Church, Virginia State University, African American Oystermen, Virginia Estelle Randolph and John Jackson. Not all stories are biographical, but all concern African-American people.

"It is fitting that the VHS is doing an exhibition about the historical highway markers," said Francine Archer, Marker and Diversity Program coordinator at the Virginia Department of Historic Resources. "I often use the VHS library to access books, personal papers, and articles to get more information about possible marker topics."

"Sites and Stories: African American History in Virginia," made possible with support from the Department of Historic Resources, will be on display at the VHS until July 27. After the exhibition closes, Lee hopes it will travel to small and mediumsized museums across Virginia to continue to educate visitors about the historical marker program and African American history. Copies of the Guidebook to Virginia's Historical Markers are for sale in the society's Pusey Museum Shop.

The VHS is at 428 North Boulevard in Richmond. For hours, admission and directions, call 358-4901, or visit www.vahistorical.org.

Project Alpha conference set for Feb. 23

Project Alpha is a national program designed to help young men make better and more informed choices about their sexual behavior. Participants in Project Alpha will have the opportunity to talk "man-to-man" about issues of sexuality.

A local Project Alpha conference will be held February 23 at Lancaster High School. Registration will begin at 9 a.m. The conference will be held from 10 a.m. to 2:30

Facilitators will include members of Alpha Phi Alpha Fraternity Inc. and community members. The guest speaker will be Thomas Hemans, former professional basketball player.

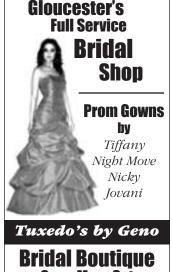
Topics will include abstinence and the consequences of early sexual activity, peer pressure, HIV/AIDS, teen pregnancy, STDs, relationships, being a responsible father, and what it means to "be a man."

Males between the ages of 12 and 17 must have a completed consent form to attend the conference. Consent forms may be obtained from LHS, Lancaster Middle School, and the conference. Males 18 and above and parents are welcome to attend the conference. The conference is free and lunch will be provided.

History talk rescheduled in Tappahannock

Techniques for collecting oral histories will be the topic for the meeting of the Middle Peninsula African-American Genealogical and Historical Society of Virginia Saturday, February 9, at 11 a.m. at the Essex County Public Library at 117 North Church Lane in Tappahannock. Christina Draper, Director of the Virginia African American Heritage Program, a program of the Virginia Foundation for the Humanities, will talk about how to collect oral his-

She also will discuss how communities use oral histories to develop the civic, cultural, and intellectual life of the Commonwealth. She will share examples of community driven projects, the goals and results, and the future plans in these communities. This talk was previously set for the group's January meeting, but was reset because of a scheduling snafu. All persons who are interested in African-American genealogy and history are invited to attend the meeting. Call Gloria Waller Scott at 758-3613.



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RASPBERRY DANISH, CHOICE OF JUICE, TOAST WITH APRICOT PRESERVES, COFFEE 6

MAIN STREET BREAKFAST TWO FRIED EGGS, TOAST, AND CHOICE OF: SMOKED

VIRGINIA BACON / MAPLE SAUSAGE 6

GOAT CHEESE OMELET SMOKED BACON, RED TOMATO JAM, CHIVES 7

OPEN SAUSAGE OMELET

SAUSAGE, TOMATO, CURRY, CHEDDAR, AVOCADO 8

NEW VIRGINIA SCRAMBLED EGGS LOCAL CRAB, HEARTS OF ZUCCHINI, MASCARPONE

CHEESE 9

GRILLED LAMB SAUSAGE LENTILS, FRISEE, POACHED EGG 10

BONELESS BEEF SHORT RIB

POACHED EGG, CREAMY CORNBREAD, HOLLANDAISE 12

BENEDICT

TRADITIONAL EGGS BENEDICT 10

BLACK ANGUS BURGER TRADITIONAL 8

MUSHROOM AND SWISS (IN SHERRY - BONE MARROW SAUCE) 10

CRAB CAKE SANDWICH

ONLY LOCAL CRAB, BASIL AIOLI, LETTUCE, TOMATO 11

SHRIMP AND GRITS BYRD MILL GRITS, ROASTED TOMATO, BASIL, SHERRY,

CREAM 12

BRAISED PORK SHOULDER SWEET N SOUR APPLE, CELERY, WHITE CHEDDAR GRITS 10

BACON WRAPPED RAINBOW TROUT

KALE, LENTIL - APPLE VINAIGRETTE 11

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Mon.-Sat. 11 am-2 pm, 5 pm-closing Saturday & Sunday Brunch 11 am-2 pm

heritage will be highlighted on more than 30 tours across the Commonwealth. Proceeds from the state-wide tours benefit the restoration of historic landscapes throughout the

The Garden Club of the The Lancaster National Bank building in Irvington (circa Northern Neck is a member 1918) is now a private office. The historic building will club of The Garden Club of be open for Garden Club of the Northern Neck Historic Garden Week tour. An Historic Garden Week

VAGardenweek.org.

Advance tickets may be purchased by April 22 at Kreidler Design Associates/The Perfect Touch in Lively, Chesapeake and Crescent and The Pedestal in Kilmarnock, The Box in White Stone, The Dandelion in Irvington, or by mail until April 16. Brochures and Guidebooks for Garden Week tours will also be available at area businesses. Send a check made payable to The Garden Club of the Northern Neck to Kate Muller, 321 Holgate Way, Weems, VA 22576.

Contact Kate Muller at 435-6026 for group and tour bus information. Not all houses will be accessible to group tour coaches. Local guides will be provided for group tours with advance reservations.

Box lunches must be reserved in advance and will be available for \$10 at the Information Center at Christ Church from 11 a.m. to 2 p.m. To reserve a box lunch, contact Beverly Oren at 435-3441, or bevi@cablefirst.

For internet tickets, visit www. net. Refreshments will be served at Lancaster National Bank

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sures The tour is exclusively in the White Stone/Irvington area, and features seven properties that are open for the first time: Massaponax, Duck's Nest, and The Cottage are private homes; Hope and Glory is an historic inn; Lancaster National Bank, built in 1918, is now a private office; and two pool houses, The Pool House at Cross Tides, and The Pool House at Crosswinds, which have magnificent views of Carter's Creek and the Rappahannock River.

event in the Northern Neck

will take place April 23 from

10 a.m. to 5 p.m., and the

Garden Club of the Northern

Neck welcomes visitors to tour

a few Lancaster County trea-

Advance tickets for the tour are \$25. Tickets the day of the tour are \$30. A single-site admission is \$15; children ages 6 to 12 are half-price, and ages 5 and under are free. Tickets may be purchased on the day of the tour at any of the houses open for the tour and at the Information Center at Christ Church.



From left are (front row) Shirley Dodson-McAdoo, Maxine Somervell, June Steel, Glen Burtner, Anne Owen and Brenda Burtner; (next row) Virginia Lee Brown, Barbara Oestreich, Virginia Rhodes and the Rev. Jim Tinney.

Concert to support maternity center

White Stone United Methodist Church will host a concert Sunday, February 10, in the church sanctuary at 3 p.m. to support the Family Maternity Center of the Northern Neck.

Performers will include Lancaster Middle School band director Glen Burtner playing a trumpet selection and the church choir, directed by Brenda Burtner, sing-ing a gospel medley, "I'll Fly Away.

performers include Sandra Harris of White Stone and The Tuneful Teachers of Middlesex County.

Shirley Dodson-McAdoo, president of the Family Maternity Center of the Northern Neck said the project's evolution is one of Virginia's OB Pilot Projects representing the desire to create a Rural Health Clinic with a birth center, thereby caring for women and their families.

With donations, the center

plans to purchase a suitable plot in February, then finalize construction plans and start construction in May. The facility is to open in late Novem-

The process of application and designation as a Rural Health Clinic and accreditation by the American Association of Birth Centers will be finished within three months of opening.

The medical director, an experienced certified nursemidwife, several obstetrical nurses, an adult nurse practitioner and pediatrician have all been secured. By November, the center plans to open for low-risk vaginal deliveries as well as primary care services meeting all Rural Health Clinic guidelines. Ken Cooke, senior health care consultant with Goodman & Company LLP will assist in getting the facility certified.

With the project is esti- fmcnn.org.

mated at \$1.6 million and all donations are extremely vital to the success of the project. Approximately \$1 million in grant proposals have been submitted to date. Future funding will come from private health insurance and Medicaid reimbursements, self-pay patients including some on a sliding fee scale, and federal and private granting agencies.

"The Family Maternity Center is grateful for the support of White Stone United Methodist Church," said Dod-son-McAdoo. "The concert will be a fun way to support the maternity center."

A nursery will be available. Following the concert, light refreshments will be served in the Fellowship Hall. All donations will go to the Family Maternity Center. Donations can be mailed to FMCNN, P.O. Box 1866, Kilmarnock, VA 22482, or online at www.

Spring is right around the corner with Home and Garden Show

Hang on, homeownersjust around the corner! But don't just sit indoors waiting for the daffodils to bloom-get on out to the 32nd annual Richmond Home and Garden Show February 29 to March 2.

The show offers the freshest ideas in home improvement, new home building, yard beautification and more at Richmond's largest an longest-running home and garden show, located at the Richmond Raceway Com-

Some of the products exhibited there include kitchen cabinetry and architectural moldings; stained glass and hardwood flooring; hand-crafted furniture, lighting fixtures and wall coverings; window treatments, patio furniture and lawn equipment; sunrooms, stamped concrete and landscaping ornaments; landscape stone, plants and flowers; "green" products for living and building, and much, much more.

New to this year's show is the Green Building Pavilion, a unique showroom sponsored by the James River Green Building Council, featuring the latest products, ideas and innovations in environmentally sustainable, or "green," living and building. Seminars and workshops on "going green" will be offered throughout the weekend in the Pavilion.

Hours are Friday from noon to 9 p.m.; Saturday from 10 a.m. to 9 p.m.; and Sunday from 11 a.m. to 5 p.m. Tickets are \$8 for adults, \$2 for children ages 6 to 16 and free for children age 5 and under. Parking is free.





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Relay for Life team meeting is Feb. 19

The American Cancer Society Relay For Life Lancaster-Northumberland first team meeting will be February 19 at 6 p.m. at Bank of Lancaster northside branch in Kilmarnock.

The chapter recently hosted its annual kick-off celebration, "Mission: Possible" at Rappahannock Westminster-Canterbury. As well as celebrating the chapter's progress and success, guests were moved, some to tears, by the story of a battle against breast cancer by survivor Mary Lynn Slaughter. Many members spoke of their passion, hope and involvement with Relay For Life.

The night ended with a thunderous ovation for the three cancer survivors who joined the event. Their appearance seemed proof that miracles do happen.



From left are cochairmen Michelle Jennings, Lisa Clegg and Robin Blake and American Cancer Society community manager Rebecca Gaster.

To learn how to help save cancer.org/RFLlancaster. lives, call Lisa Clegg at Teams, sponsors and volun-435-4116, or visit events. teers are needed.

Home and garden show to feature 'Green Zone'

Eco-friendly and speakers will be showcased in the "Green Zone" at the MAC Events Home Show featuring the Maymont 12:30 p.m. Flower and Garden Show.

The event will be held at the Greater Richmond Convention Center February 21 through February 24. New to the show this year, the Green television host and author Zone will feature more than 20 eco-friendly companies displaying their products and services, and a lecture series of Green speakers.

According to the National Association of Home Builders, 40 to 50 percent of the homes built in 2010 are expected to be Green, containing at least three of five Green building elements. Folks will be able to learn more about Green home/ building products at the show's Green Zone.

Show attendees can meet experts, attend seminars and learn about the latest ecofriendly products and services such as solar power, soy insulation, flooring, countertops, paint, furniture, building materials and more.

Speakers

Anthony Brozna, founder ECO Supply Center in Richmond, will speak February 22 at 7 p.m. and February 23 at 6 p.m.

MyGreenCottage president and chief executive officer Susan Colwell will speak February 23 at 11 a.m.

Sally Fretwell, an architectural psychologist and color consultant, will speak February 22 at 1 p.m. and Febru-

companies ary 23 at noon. Gardening expert Joe Lamp'l will speak February 22 at 3:30 p.m. and February 23 at 3 p.m. and

> Artisan Construction Inc. owner and president Doug Lowe will speak February 23

> SafeLawns.org founder and Paul Tukey will speak February 22 at 10:30 a.m. and 2 p.m.

> Landscape designer, garden designer and columnist Sylvia Hoehns Wright will speake February 24 at 12:30 pm

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Friends donate to music program

The Friends of Belle Isle State Park recently launched its fund-raising campaign to support the 2008 Music By The River concert series. From left, Friends members Frances Callaghan, Robert Mason Jr. and Susie Pierce present treasurer Bob Fox with Friends' kick-off check. The concert series will open at 6 p.m. May 10 with Bill and Macon Gurley. The family concerts will be staged in the park's picnic area.



Volunteers from the Reedville Fishermen's Museum, NAPS, and Bethany United Methodist Church assist Master Gardeners planting shoreline grasses at the Reedville Living Shoreline Demonstration Garden.

Living shorelines seminar set March 29 in White Stone

The Northern Neck Master Gardeners' seminar, "Working with Nature: Creating Living Shorelines" will explain living shorelines, provide examples of successful projects and explain how to get started.

Participants will hear from shoreline management experts on how to pick the right erosion control strategy for a particular site, how to navigate the permitting process, working with contractors, native grasses and plants for the shoreline and upland landscape, and where to get materials.

The seminar is March 29 from 8:30 a.m. to 3 p.m. at the White Stone Church of the Nazarene Family Life Center on Whisk Drive. Admission is \$15 with advance registration and \$20 at the door.

The Northern Neck Master Fardeners will present an all day program. This year's theme was selected because of its applicability to those who consider themselves "gardeners" in the traditional sense and to the larger group of property owners seeking to protect and beautify their shorelines, according to conference chair Susan Tipton. Homeowners, landscape professionals and gardeners are invited to learn about creative and sciencebased approaches to shoreline management.

"We use the terms 'living shorelines' because approach can do more than simply protect the property investment,' Tipton. "Living shorelines emphasize natural habitat elements, such as marsh vegetation, sometimes in concert with hard structures, to protect shorelines. Not only can they be pleasing to the eye, but they offer significant benefits for the health of the bay.

Participants will have an opportunity to visit selected demonstrating welldesigned living shoreline installations. Field trips will be scheduled April 5

"Experts will be on hand to answer questions," said Master Gardener Susan Lindsey. "We are still firming up the list of locations and would welcome suggestions from property owners willing to show off what they have been able to

This year's seminar will feature a number of concurrent \$10 for children ages 8 to 13 sessions, said Tipton.

Speakers will include tists, property owners, shoreline engineers and government officials. Exhibitors will include conservation organizations and garden centers with plants and supplies to sell. Contractors and vendors will show the latest erosion control techniques and products. And the Master Gardeners, in partnership with Northumberland Association for Progressive Stewardship, will take orders for two key varieties of marsh grasses, Spartina alternifora training class and S. patens which are sometimes difficult to acquire in the retail market.

Registration forms are available at www.nnmg.org, or by calling the Northumberland County Extension office at 580-5694.

Winter lecture series to open February 10 All lectures are free and open

The Westmoreland County Museum Winter Lecture Series on the Diverse Cultures of the Northern Neck will open Sunday, February 10, with The English Settlers. Walt Heyer will discuss the arrival of the European exploration and settlement of the Northern Neck.

Programs continue February 24 with The Journey of the Negro in Westmoreland, Virginia.

This lecture is presented in partnership with the A.T. Johnson Museum by Marian Ashton. It will track the Westmoreland journey, beginning with the "indentured servants" of the landing in the Chesapeake Bay in 1619 to the Free Negroes of 1653 when Westmoreland separated from Northumberland, ending the journey in 2007.

On March 9, Early Native Americans will be presented by Randy Turner.

The last of the series will consider the life of the earliest inhabitants of the region, the Tidewater Indians, and their lifestyle before the influences of European colonists.

All lectures will be presented from 2 to 4 p.m. at the Stratford Harbor Clubhouse.

at the Chinn House from 11 a.m. to noon on the second Monday of March, April and

The book group will meet

Membership in Friends of the Library is not a prerequisite for attendance nor is having read the month's book selection— everyone is invited. The Book Group provides a wonderful opportunity to get

Sea Rescue oyster roast set March 1

The 14th annual Oyster Roast sponsored by Smith Point Sea Rescue will be held March 1 at Little River Seafood in Burgess from 2 to 5 p.m. rain or shine.

Ticket sales will be limited to 300 tickets. Tickets may be obtained from Jett's Hardware in Reedville, Lilian Lumber Home Center in Burgess and Noblett Appliance and Propane in Kilmarnock.

The oyster roast benefits Smith Point Sea Rescue, an all-volunteer rescue unit serving boaters from the Potomac River to the Rappahannock River.

Tickets are \$20 in advance and \$25 at the gate. Children under 10 are free.

In addition to raw and steamed oysters, there will be bean soup, hot dogs, soft drinks, coffee and for \$2 per cup, Coors Beer. Oyster knives may be purchased for

Seafood bash to raise funds for Callao VFD

The Callao Volunteer Fire Department will hold its second annual all-you-caneat Steamed Shrimp and Oyster Feast March 8 at the Callao Fire House from 4 to 7 p.m. to raise funds for the department.

The feast also includes hot dogs, bean soup and soft

Tickets are \$30 for adults, and free for those ages 7 and munity Services Board will

Tickets can be purchased at Callao Car Center, Callao Supply Company or from any member of the fire department. Only 350 tickets will be sold.

Bring an oyster knife. No tickets will be sold at the door. Tickets must be presented to enter.

Foster parent slated Feb, 21

The Northern Neck Foster Parent Program on February 21 will host "Understanding Divided Loyalties," a training session for foster parents and potential foster parents.

The session will be held from 6:30 to 8:30 p.m. at the Northumberland Department of Social Services.

p.m. Please RSVP by Febru- adult) planning to attend needs ary 15 to Georgia Sprague at to be registered.

Book group plans spring review series

together for some interesting reading, lively discussion and the Library at Rappahannock good fellowship. Community College, Warsaw The books for the spring Campus, its not too early to start thinking about the Book Group Spring Series.

series were chosen by the group last November and are: March 10, Vanishing Act by Jodi Picoult; April 14, Triangle by Katherine Weber; and May 12, Riding the Bus with my Sister, A True Life Journey by Rachel Simon.

All selections are available in paperback form or available at local libraries. Mark your calendar and join The Friends Book Group for a great spring reading series.

Soucek exhibit to open Feb. 15

This portrait of Pablo Picasso will be among 24 oil paintings in the Mary Alva Soucek exhibit opening February 15 at the Middlesex Art Guild Gallery on Virginia Street in Urbanna. The paintings are part of an extensive collection owned by the artist's son, Saluda resident and attorney Archie Soucek. An exhibit reception, open to the public, will take place February 16 at the gallery from 5 to 8 p.m. RSVP to 758-4327 by February 12. The exhibit will continue to March 8. Hours are Fridays and Saturdays 11 a.m. to 5 p.m. and Sundays 1 to 3

RALLY set March 15

The Prevention Services Division of the Middle Peninsula-Northern Neck Comsponsor the 5th annual Rural Virginia United Coalition R.A.L.L.Y. March 15 from 9:30 a.m. to 3:30 p.m. at Gloucester High School. The doors will open at 8:30 a.m.

This free prevention conference is for 600 middle and high school youth (ages 12-18) and adults in Essex, Gloucester, King and Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland

The primary focus of the R.A.L.L.Y. is to empower youth with tools for life. The experience promotes positive and healthy lifestyle choices. Speakers will include Dr. Linda Hancock and Mark Tabron.

A registration form can be downloaded and printed at www.rvuc.com. The forms can be faxed to 804-758-9158 or mailed back to RVUC, P.O. Box 130, Saluda, VA 23149. Dinner will be served at 6 Each individual (youth or

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From left are Beth Altaffer, Warren Green, Caroline Wheal

Chesapeake Academy Auction 2008 to feature luxury African safari trip

The annual Chesapeake Academy Auction Gala May 3 at the school in Irvington will feature a luxury African safari trip valued

Warren Green and his wife, Caroline Wheal, newcomers to the Northern Neck and owners of Footprints Africa, a travel company specializing in luxury African safaris, have donated this extraordinary trip.

"We wanted to support Chesapeake Academy's auction in this very unique way," Green said.

Green has been involved in the safari business for 22 years in South Africa. The nine-night trip for two starts in historic Cape Town at the five-star Table Bay Hotel. It visits two private game reserves, the coastland Grootbos Ocean Preserve featuring horseback riding on the beach, whale watching, and Great White shark diving and the inland Sabi Sabi Preserve, which gives the lucky winners a chance to see majestic lions, elusive leopards, elephants and rhinos, as well as a wide variety of other exotic wildlife.

The package also features a two-day trip on the restored Victorian Rovos Rail, touted as the "most luxurious train in the world." The safari ends in Johannesburg at another five-star resort, the Saxon Hotel. According to Footprints Africa's catalog, "the only common thread running through this exceptional trip is unstinting luxury from start to

The exotic safari is just one of the many unique items that will be featured at the community auction, chaired by Beth Altaffer and Kiersten Stinson, whose children attend Chesapeake Academy.

'We are so grateful to Warren and Caroline for contributing this fabulous item," Stinson said.

The theme of this year's auction is "All Aboard the SS Chesapeake Academy.'

"This is a nice complement to Debbie Cook's vision for the school," said Altaffer.

"A community is like a ship. Everyone should be prepared to take the helm," said Debbie Cook, head of school.

The auction has been an annual Irvington spring event since the 1980s, starting first at the Tides Inn before migrating back to the school. It will be held this year in two large tents on the soccer field under the enormous oak tree that is one of the oldest in the state.

The event will begin at 5 p.m. with a cocktail party and a silent auction. Dinner and the live auction will follow.

A new feature in the silent auction this year will be a "Buy It Now" option like one can find on eBay. Only select items will be afforded this opportunity. Other auction items include more getaway trips, boat and car items, art, jewelry, home, kitchen, and garden things, sport and kid stuff, health, beauty and apparel items, tickets to events, gourmet food and wine.

Donations can be made up to March 17 to be included in the auction catalog. Advertisements also may be purchased in the auction catalog.

To participate in any way, contact Catherine Emry in the development office at 438-6490.

Glacier photographer to exhibit at RW-C

William Reckert of Little was a photographer for federal government for more than 25 years. He photographed dozens of national and international elected officials, including Vice President Al Gore, Sen. Paul Sarbanes of Maryland, Gov. Ann Richards of Texas, Japanese Minister of State Kazumi Suzuki; and he unleashed his camera in the height of Hurricane Hugo.

But it is his photographs of the Bering Glacier in Alaska, titled "Views from the Ice," that he exhibits as February artist of the month at Rappahannock Westminster-Canterbury. The timing of the exhibit is inten-tional, preceding his Viewpoints presentation at RW-C on March 3 at 11 a.m.

Bering Glacier originates at 18,000 feet and traverses 140 miles to sea level. With an area of more than 2,000 square miles, it is the largest glacier in continental North America and contains more water than all U.S. rivers combined.

The glacier is a temperate surging glacier, in which liquid water co-existing with frozen ice creates significant movement. From 1993 to 1994, the glacier experienced its greatest surge ever, with some velocities exceeding 300 feet per day and its terminus progressing more than six miles in less than one year.

Reckert worked for the Department of Interior's U.S. Geological Survey during that surge, spending six weeks at a time in an isolated field camp on the southeast flank of the glacier. Primarily assigned to videography, he captured the moving glacier at sea level from a research vessel, at low altitudes harnessed to a helicopter, and at high altitudes from a fixed wing aircraft.

In addition to his work with the survey, he was senior photographer for the Federal Emergency Management Administration (FEMA) and personal photographer James Lee Witt, then FEMA's director.

Growing up in Washington, D.C., Reckert received his first meaningful guidance from a Boy Scout leader, earned an associate's from Palm Beach (Fla.) Community College, where he learned the importance of composition; and took photographic courses at the



William Reckert

graduate school of the U.S. Department of Agriculture.

He is a freelance commercial photographer and taught photography at the Fairfax and Loudoun County Departments of Adult Education for more than 30 years. His videography of the glacier has been shown on all major networks and on CNN, The Discovery Channel, and in France, Canada, Japan and Brazil.

Among his affiliations are the Fairfax County Council of The Arts, the Virginia Professional Photographers' Association Inc., and the Southeastern Professional Photographers' Association.

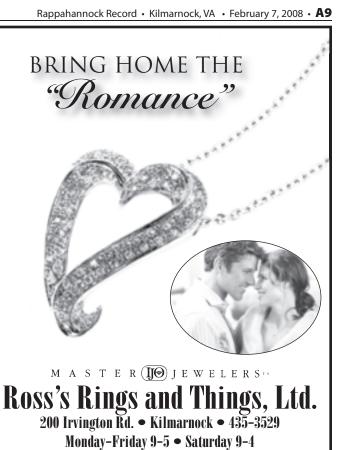
'Views from the Ice" will be on exhibit in the Chesapeake Center throughout February. For reservations to hear Reckert speak at Viewpoints, call 438-4000.

Antibiotic resistance

With the arrival of cold and flu season, folks can probably get their medicine cabinet ready. But before stocking it with antibiotics, take a second to read "Antibiotic Resistance," a fact sheet from the U.S. Food Drug Administration's Office of Women's Health.

It features useful information on how antibiotics work, when they should be taken and common mistakes patients make when taking them.

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Museum plans first Family Day

The Reedville Fishermen's Museum will host Family Day February 23 from 1:30 to 5:30 p.m., with activities at the museum and Festival Halle.

Events will focus on exhibits that explore the lives of the First Americans on the Northern Neck prior to the arrival of the English settlers. There will be hands-on activities allowing visitors to experience traditional domestic tasks in a Native American village.

The program will begin at the museum, open from 1:30 to 3:30 p.m. with free admission. Interpretive guides will be stationed throughout the museum, and at the "Exhibit of 1607-1608" visitors can learn how First Americans lived and traveled and have the opportunity to interact with an English visitor from the past.

Stations in an adjacent room will explore the making of twine and sewing techniques, basketry and pottery. The train display will be open, as well as the Boat Shop and the Walker House. The museum's reconstruction of the John Smith barge will be on display out-

side the main building.
Festival Halle on Main Street will be open from 3 to 5:30 p.m. First American Artifacts dating from 6000 B.C. will be on display, and visitors are invited to bring in artifacts of their own for identification. At 4 p.m. Theresa Preston, president of the Nansemond Chapter of the Archaeological Society of Virginia, will speak on the identification and timing of artifacts.

At 4:20 p.m., Doug Sebra will demonstrate flint knapping, with live simulcast on the large screen as an arrowhead is created by traditional methods.

Children will have the opportunity to try their hands at grinding corn, Native American style and popcorn (a Native American treat) will be available for purchase.

For more information, call the Reedville Fishermen's Museum at 804 453-6529.

Virginia Indian topic to conclude lectures

cuss Virginia Indians at the final lunchtime lecture in the Rosewell foundation's winter series.

The lecture will be presented at the Rosewell Visitor Center at noon Wednesday, February 13. Participants may bring their own lunch. Soft drinks will be available for purchase. The presentation is included in the regular site admission of \$4 for adults and \$2 for children ages 6 to 12. Admission is free to Rosewell Foundation members and volunteers.

Professor emerita of anthropology at Old Dominion University, Dr. Rountree has researched the Powhatan Indians, both historical and contemporary, since 1969. When she received the 1995

Researcher and author Dr. Outstanding Faculty Award felen C. Rountree will disfrom the Higher Education in Virginia, she used the award money to privately publish her children's book on Pocahontas as a response to the Disney cartoon portrayal. She has produced nine books including Pocahantas, Powhatan, Opechancanough: Three Indian Lives Changed by Jamestown, and is working on a manuscript of Powhatan words and names.

Named an honorary member of the Nansemond and Upper Mattaponi tribes, Dr. Rountree has compiled documents and spoken on several tribes' behalf during Congressional hearings for tribal recognition.

To reserve a seat at the lecture, call the Rosewell Visitor Center at 693-2585.

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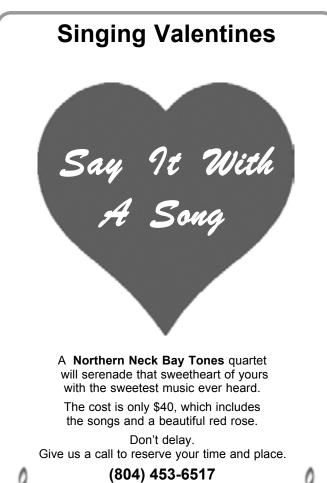


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caster and the Rappahannock Art Lindsay Knight, Jamie Howard, League are sponsoring an exhibit of selected art work by students from Lancaster Primary School at the Studio Gallery in Kilmar-

The exhibit showcases the art of the kindergarten through third grade students of teacher Meghan Jones. It will be on display until Friday, February 15. Viewers will have the opportunity to vote for their favorite art works.

Kindergarten students whose work is on display are Hailey Marsh, Tyrell Reese, Evan Johnson, Shyniece Sutton, Xavier Ward, Alex Haydon, Brooke Elbourn, Amirah Cox, Brianna Clark, Hannah Chance, Sydney Price, Chris Cunningham, Destin Lee, Kinsana Carter, Tanashia Henderson, Kennon Roop, Honesty Lewis, Cole Stamm, Anastasia Johnson, Davis Stickler, Angela Ohree, Hailey Banes, Makaila Butler, Corey Smith, Harmony Taylor, Jaiquawn Smith, Talia Pena, Charlie Li, Kathleen Rose, Russuan Bramley, Khalia Harding, Dajah Hudnall, Kevone Crockett and Andy Farmer.

First-grade students are Richie Failmezger, Spencer Crittenden, Audrey Biringer, Thomas Curry, Brooke Hayden, Hannah Fischer, Ardesia Smith, Selena Tyson, Carli Henderson, Emily Weddle, Kaylee Sheets, Madison Davis, Nealasia Redmond, Jalen Forrest, Cintasia Jackson, Latney Hodges, McKenzie Hathaway, İvan Walters, Honesty Davenport, Donna Nguyen, Emma McManus, Savannah Eppihimer, Quinaisha Cox, Shampane Redmond, Caleb Carmell, and Qvontae Blue and Trinity Henderson.

Camryn Pittman, Breanna Curry, Damarcus Doggett, Evan Steensma, Karon Ball, SháKyra Williams, Lyosha Burleson, Haydon Davenport, Danielle Blake, Terren Hardin, Faith Heiron, Le Elizondo, Trey Tyers, Taja Cain, John Brandon, Keisha Mitchell, Skylar Vanlandingham, Giovanni Davenport, James Franklin, Collin Chinn, Moses Hendren, Skyler Henderson, Arik Clayton, Patrick Jackson, Jacob Hudnall, Cody Newbill, Robert Stickler, Jonte Savoy, Kayme Elbourn, Kelsie Ashburn, Santese Ball, Alease Redmond, Keith Beane, Tabitha Foulkes, Tripp Thrift, E'Myia Doggett, Cherish Davenport, Nathan Spiers, Lanaisha Dameron, Tyleigha Reese, Moriah Clarke, Hodiya Gaines and Chase Osbourne.

Third-grade students LáDerah Daye, Austin Sheets, Allesha Russell, Elizah Haynes, Nash McManus, Donovan Gregory, McKenzie Mason, Ryan Morgan, Travis Morning, Marcus Lee, Kyran Gaskins, Rachel Hurst, John Burbach, Jessie Pittman, DeNesha Maiden, McKenzie Mason, Hunter Harcum, Shawntasia Laws, Jasmyn Tomlin, Kevelyn Harcum, Ambrosia Wiggins, Billy Williamson, Da'Kwain Veney, Damonie Waddy, Jahil Nickens, Jayquon Dillon, Natalie Smith, Remeshia Porter, Tyneshia Cox, Bailey Elbourn, Wyatt Kemp, Wyatt McCranie, Jahmekah Nickens, Stephanie Armstrong, Mary Frere and Tyron Dandridge.

The Studio Gallery is open Tuesday through Saturday from 10 a.m. to 4 p.m. The Rappahan-

LPS artists exhibit at Kilmarnock Gallery



Third-grader Wyatt McCranie (right) points out his drawing in the Studio Gallery art show to his sister, Leighton.

nock Art League is an affiliate of the Museum of Fine Arts and is partially supported by grants from the Virginia Commission

dation for the Arts, the Claude Moore Foundation, the Rappahannock Foundation for the Arts and River Counties Community

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BY ROSS CHRISTIANSEN

One of the most charming Greek legends connected with the beautiful stone amethyst, February's birthstone, has been its traditional association with protection against drunkeness. Amethyst has been given many other attributes and all of them are good. A few of its powers are: control of evil thoughts, quicken intelligence, protection from contagious diseases, to calm evil passions and protect the warrior from battle wounds.

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Lancaster Classic Movie Night Saturday, February 16 8:00 PM

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361 Chesapeake Drive White Stone, VA

Directions: West at the light in White Stone, playhouse 1/2 bock on right.

Rappahannock Record • Kilmarnock, VA • February 7, 2008 • **A11**

Sports



Lancaster's Jonathan Somers (center) looks for shooting room, but is surrounded by NHS defenders Joel Deihl (32), Russell Seymour (21), Devin Brunt (3) and Deonte Palmer (42).

Designated shooters, Betts and Henderson, pace Red Devils in 67-53 win over Indians

By Lisa Hinton-Valdrighi

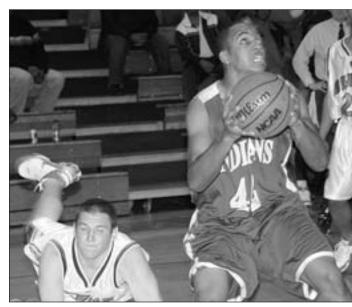
After beating Northumberland 67-53 last Tuesday, Lancaster's varsity boys improve to 2-2 in Northern Neck District basketball.

The Devils began their second run through the district Tuesday against Essex and will host Washington and Lee Friday, February 8. After that, they'll have only two games remaining before hosting the district tournament on Tuesday, February 20.

Overall, the Devils are 9-8. Quinton Henderson scored 12 points in the third quarter as Lancaster started to pull away from its district rival last Tues-

Henderson finished with a game-high 23 points. He helped spark a 14-2 run early in the third that put the Devils ahead by 10. Lancaster had trailed Indians. Deonte Palmer added cruise to the 14-point win. 12 and Devin Brunt chipped in

end of the third before allowing He hit four three-pointers on



Northumberland's Deonte Palmer gets by a diving Lee Kuykendall of Lancaster.

28-25 at the half after a three- NHS to cut the margin to six. the night. Russell Seymour in the final to open up a 13-6 run in a twoseconds of the second quarter. minute span midway through Seymour scored 13 to lead the the third to help Lancaster

Joseph Betts had a big second half for Lancaster, scoring 12 Lancaster led by 11 at the points and finishing with 20.

Northumberland — Diggs 5, Brunt 10, Parker 7, Hutchinson 2, Seymour 13, Deihl 4, Palmer 12. Threepoint goals: Brunt, Seymour. Lancaster — Betts 20, Baker 3, Noel 6, Henderson 23, Moore 4, Somers 4, Jenkins 4, Kuykendall 4. Three-point goals: Betts 4, Hen-

Lancaster County Little League registration begins February 16

The Lancaster County Little League will hold registration for the 2008 season February 16 and 23 from 10 a.m. to 1 p.m. at Dreamfields near Kilmarnock.

Boys and girls ages 5 to 18 are invited to play. Registration is \$50 for the first child, \$35 for the second child and \$15 for the third child per family.

"No one will be turned away because of inability to pay," said Little League president Craig

New players should bring a copy of their birth certificates and parents of all players should bring 3 proofs of Lancaster County residency, in the form of a driver's license plus 2 bills showing a 911 address. Lancaster County Little League will hold its opening day ceremonies April 12. Practice should begin for most teams

in March. "Last year we had over 200 kids involved," said Smith. "We're hoping for at least that many again this year."

Team Marlin Maniac wins more national titles

Team Marlin Maniac recently won the National Championship Division III title and the Lady Angler of the Year Title for the second consecutive

David Nova and his crew of Donnie Elbourn, Whit Blan-kenbaker, Hank Sibley, Edie Jett and alternate anglers Mack Jones and Richard Dull put in many hours of preparation, thousands of miles of travel from Massachusetts to Oregon Inlet, N.C., and days with minimal sleep, to have their effort pay off well.

From May to January the team fished 13 American Striper Association (ASA) tournaments competing for the top angler positions. The final ASA tournament of 2007, hosted by Pirates Cove, December 28 and 29, determined the best.

With only a small break between tournaments, Nova and his crew prepared for the entries with anglers from local first ASA competition of 2008, the Mid-Atlantic Rockfish Shootout, January 10 to 12.



From left, Whit Blankenbaker, Donnie Elbourn, David Nova and Edie Jett display a winning rockfish from the Pirates **Cove American Striper Association tournament.**

This is the largest purse striper tourney on the East Coast and is hosted by the Waterman Restaurant in Virginia Beach.

The tournament drew 286 waters and all over the coun-

In the end, the tournament

paid out over \$227,000 in prizes and Calcutta money. Although the tournament was won by local angler Max King's Team Chesapeake Angler, Team Marlin Maniac won second and seventh places for prizes and money totaling more than \$106,000.

Scoreboard

Varsity boys basketball Lancaster 67, Northumberland

Colonial Beach 84, Mathews 60 King William 82, Middlesex 43 Rappahannock 68, Essex 60 King William 56, West Point 37 Colonial Beach 87, Middlesex 41

JV boys basketball Lancaster 46, Northumberland

Varsity girls basketball Northumberland 55, Lancaster

Wrestling Lancaster def. Essex, 47-18 Lancaster def. Northumberland,

Mathews Duals Lancaster def. Bruton, 34-33 Lancaster def. Arcadia, 54-24 Lancaster def. Franklin, 41-18 Warhill def. Lancaster, 36-35

Upcoming Games Varsity/JV boys basketball (JV 6 p.m.; varsity following) February 5: Lancaster at Essex W&L at Rappahannock February 8: W&L at Lancaster Northumberland at Essex February 12: Rappahannock at Lancaster

Northumberland at W&L Varsity/JV girls basketball (JV games 6 p.m., varsity following) February 7: Lancaster at W&L Essex at Northumberland February 9: Girls JV tournament at Northumberland (1 p.m.) February 12: Lancaster at Rappahannock W&L at Northumberland

February 14: Northumberland at Lancaster Rappahannock at Essex Wrestling February 8 Lancaster Quadrangular at Lancaster Middle School

February 14:

Northern Neck District

Quadrangular at W&L

YMCA organizes Parents'

The Northumberland Family YMCA has partnered with First Baptist Church and Newsome's Restaurant to offer a Parent's Night Out on Valentine's Day, February 14.

The event will be held at the church from 6 to 8 p.m. where children will find many activities while their parents take a few hours to enjoy some time

"Linda Cleckley, of First Baptist Church and longtime YMCA volunteer, has helped plan this event. She is a wonderful volunteer and has helped with a little bit of everything," said YMCA director Cristian Shirilla. Newsome's Restaurant has

offered 10-percent discount coupons to all parents who take advantage of the program.

"My wife, Casey, and I value family time very much and know how important it is for parents to have their time as well. That's why we decided to sponsor this event. In this way we can help provide an opportunity for parents to have an affordable date," said Talmadge Newsome.

The children's event at the church is free. Parents need to call 580-8901 in advance to get their child's name on the list. The YMCA will fill spaces until 4 p.m. February 14.



Javin Gibson of Lancaster sinks a jump shot over Northumberland's Alex Hall during a JV game last week.

Red Devils JV ante up in the third quarter to take Indians 46-30

By Lisa Hinton-Valdrighi

The JV Devils remain undefeated midway through Northern Neck District play after beating Northumberland in a boys' game, 46-30, last Tues-

Lancaster is now 15-0 overall and 4-0 in the district with only four games to play. They'll host Washington and

Lee Friday, February 8. Lancaster used a 16-4 third quarter run to overcome a onepoint halftime deficit and pull away from the Indians.

After trailing 21-20 at the break, Lancaster scored nine unanswered points in the final two minutes of the third to go up 36-25. Javin Gibson scored all six of his points in the quarter and Lancaster got a threepointer each from CJ Shepard and Roger Lee.

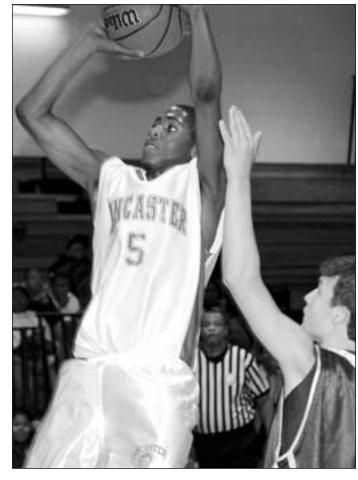
R. Lee and CJ Lee led the

Devils with 14 points each. R. Lee did most of his work in the opening minutes, keeping Lancaster in the game with nine of the Devils' 10 first-quarter

The Indians stalled offensively in the second half with four points in the third and five in the fourth. Doc Batey and Stone Robinson had the only two field goals for NHS in the third. Batey led the team with 12 points and Alex Hall scored 11. Hall had a three-pointer in the fourth for the Indians' only score from the field.

Northumberland...9 12 4 5 — 30 Lancaster........10 10 16 10 — 46 Northumberland — Jones 0, Hall 11, Myers 0, Batey 12, Adams 0, Robinson 5, Peterson 2. Threepoint goals: Hall 2. Lancaster — Shepard 8, Gibson 6, Laws 0, C. I. Lea 14, Veney 0, Morris

Laws 0, CJ Lee 14, Veney 0, Morris 0, R. Lee 14, McCray 4. Three-point goals: R. Lee 2, Shepard.



Northumberland"s Travis Myers reaches over to defend a shot by CJ Shepard of Lancaster in a JV game.

* RAPPAHANNOCK ALMANAC * White Stone/Grey's Point Tides, Sun, & Moon – February, 2008 2/8 Low 6:20 -0.1' Sunrise Fri Sunrise Tue 2/12 Low 9:34 High **3:15** High 12:18 1.6' Sunset 5:41 9:40 Moonset High 12:34 1.5' Low 7:05 -0.2' High **12:58** 1.5' Sunrise Wed 2/13 Moonset 12:10 High 3:47 Sat High **4:10** Sunset Moonrise 10:16 1st Q. - 10:34 5:42 Moonset Sunset High 1:17 1.5' 1:24 2/10 7:01 Thu 2/14 High 4:49 Sun Moonrise Low High 7:51 -0.1′ **1:40** 1.5′ Low 11:42 High 5:14 8:43 Sunrise 6:57 Moonrise 10:59 Sunset 5:39 Low **11:39** Moonset 9:46 8:08 Sunset 5:43 Low High 2:02 1.6' High 6:00 Mon 2/11 Sunrise 7:00 Fri 2/15 Moonset Low High Low Low **12:54** High **6:25** Moonrise 9:10 8:40 -0.1 Sunrise 2:25 Moonrise 11:51 5:40 Sunset Sunset Moonset Corrections High Low Height PM times are in **boldface type**. Piankatank River, Cherry Pt. -1:44 Unusually high & low tides are also in boldface. Great Wicomico River Light 0:30 0:20 © BenETech 2008 (misc@benetech.net) Smith Point Light 0:44

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Brian Jones of Lancaster puts pressure on a Northumberland opponent during last Saturday's Mathews Duals. Jones went 3-1 in the heavyweight division.

LHS wrestlers continue to excel

By Lisa Hinton-Valdrighi

Five Lancaster wrestlers went undefeated last Saturday and the Devils finished fourth out of nine teams at an all-day Mathews Duals.

The Devils went 3-1 in team competition Saturday and picked up a pair of wins over Northern Neck District opponents Essex and Northumberland last Wednesday to go 5-1 on the week.

Lancaster will host its only home match of the season Friday, February 8, at the middle school in Kilmarnock. The Devils will welcome teams from York, Northumberland, Arcadia and King William.

"We're looking forward to the match," said LHS coach Craig Oren. "Not just because its our only home match, but because we're going to honor Sam Frere for his 100th win. It's quite an accomplishment to do that as a senior, but he's doing it as a junior, which is rare."

Frere (135) is 31-4 this season and picked up his 100th career win at the Ram Rumble on January 26. He went 4-0 in Saturday's tournament, along with teammates Renan Beltram (160), Robert Lally (152), Charlie Miller (140) and Robert ment," said Oren. "He's starting



Robert Lally of Lancaster was undefeated at the Mathews **Duals.** (Photos by Rick Wineland)

Wineland (103).

"Robert wrestled really tough," said Oren. "He had a big win against Matthew Moores of Northumberland and his opponent from Bruton. He's showing a lot of potential."

Miller, a sophomore, went 6-1 on the week.

"With these wins, we're hoping Charlie will start getting more consistent and more confident," said Oren.

Heavyweight Brian Jones went 3-1 at Mathews.

"Brian had a good tourna-

to improve and we're excited about his future because he's only a sophomore."

In team scoring, Lancaster edged Bruton, 34-33, beat Arcadia, 54-24, and routed Franklin, 41-18. Because of a forfeit, Warhill got by Lancaster, 36-35. Except for five forfeits, which gave 30 points to the Williamsburg school, Lancaster only lost one match to Warhill.

In a district tri last Wednesday in Tappahannock, the Devils beat Essex, 47-18, and Northumberland, 44-21.

Audubon to conduct bird walk at Regent Point

On Monday, February 11, the Northern Neck Audubon Society (NNAS) will conduct a bird walk around the Regent Point area on the Rappahannock River in Middlesex County. The walk will begin at Regent Point Marina, owned by NNAS members Jim and Cathy Wagner.

The grounds of the marina and surrounding area provide a range of wildlife habitats, including marshes, open fields, woods and wide river expanses. Possible sightings include bald eagles, lesser scaups, buffleheads, mergansers, pied-billed

grebes, loons, green-winged teals, eastern bluebirds, redwinged blackbirds, belted kingfishers, nuthatches, yellow-rumped warblers, robins, tufted titmice, white throated sparrows and woodpeckers. In addition, walkers will see a variety of native plants.

Participants wishing to carpool to the marina from Kilmarnock should meet in the parking lot of Grace Episcopal Church by 8 a.m. Those driving directly to the marina should plan to arrive there by 8:30 a.m.

To reach Regent Point

Middlesex from Marina County, take Route 33 east to Route 3 north. Follow Route 3 towards the Robert O. Norris Jr. Memorial Bridge and turn east on Dirt Bridge Road (Route 622). At the end of Dirt Bridge Road, turn left onto Regent Road (Route 623). At the end of Regent Road, turn left at the marina sign onto Regent Point Drive.

Binoculars, warm clothes, and water resistant footwear are recommended. For additional information, call Rick Skelton at 580-9066.

■ Fishing show

The Middleburg Fishing Show will be held February 10 at the Middleburg Community Center on U.S. Route 50 from 9:30 a.m. to 4 p.m. Walt Cary of Front Royal will teach how to increase bass, bluegill and trout catch.

Admission is \$5 for adults and \$8 for families. Children under 12 are free. Sponsored by the Rapidan Chapter of Trout Unlimited, proceeds fund the group's conservation and youth education programs. To learn more about tact NNSPS head instructor to 5 p.m. Sunday. Admission the show or the organization, call 703-753-7625.

■ Winter banquet

The Middle Peninsula Chapter of Ducks Unlimited will hold its annual winter banquet February 21 at the Abington Ruritan Club at 8784 Guinea Road in Bena. Doors open at 5:30 p.m., cocktails are at 6 p.m., hors d'oeuvres throughout the evening, and an auction is at 8 p.m.

vidual, \$90 a couple, \$300 sponsor, \$750 corporate table. For tickets, call 642-7595, or 693-7337.

■ Boating course

There are a few seats remaining in the first session of America's Boating Course (ABC), the basic instruction program offered by the Northern Neck Sail and Power Squadron (NNSPS). This session will be offered February 9 and 16 from 9 a.m. to 1 p.m. at St. Andrews Church Hall in Kilmarnock.

A second section of the course is set for March 1 and 8 from 1 to 5 p.m. at the Northumberland Public Library in Heathsville. To register, con-Twy Williams at 529-5093, or twynan@msn.com. The fee is

■ Sailing brunch

The Northern Neck Sailing Association's (NNSA's) annual Spring Brunch will be held March 8 from 11 a.m. to 2 p.m. at the Mooring Restaurant in

The guest speaker will be John Page Williams, senior naturalist with the Chesapeake Bay Foundation. He will dis-Tickets are \$50 an indi- cuss the John Smith Water Trail with implications for Northern Neck cruisers, the state of the Chesapeake Bay and other

■ Richmond Boat Show

The 20th annual Richmond Boat Show will be held February 14 through 17 at the Richmond Raceway Complex at 600 Laburnum Avenue in Richmond. More than 40 dealers will participate. Boats on display will include runabouts, saltwater fishing boats, ski boats, pontoon boats, jet boats, personal water craft, motor yachts and bass boats.

Hours will be noon to 8 p.m. Thursday and Friday, 10 a.m. to 8 p.m. Saturday and 11 a.m. will be \$7 for adults, \$2 for ages 6 to 16 and free for ages 5 and younger.

■ Boating course

Middlesex High School (MHS) and The United States Coast Guard Auxiliary, Flotilla 62, will offer America's Boating Course at Middlesex High School Saturday, February 9, from 8 a.m. to 4 p.m. The course is open free of charge to students, faculty and the public. The course book fee is \$20.

To register, sign up in the Main Office of MHS, call 758-2122, or email dragonflyte5@netscape.net

Lady Indians smother Lady Red Devils 55-39

Without Lancaster's leading scorer Andrea White to get in their way, Northumberland handed the Lady Devils their first Northern Neck District loss in varsity basketball last Tuesday.

The Indians beat Lancaster, 55-39, with Samantha Lewis scoring 13 points and Darelle Long 11.

Lewis was perfect from the line, hitting 7-of-7 free throws in the second half, when she scored 11 points.

Long did most of her work in the second half, scoring eight of her 11 in the third quarter.

Lancaster was obviously missing White, who leads the district with an 18.1 pointsper-game average. She suffered a broken nose in Lancaster's game against Rappahannock three weeks ago.

Stepping in to lead the Lady Devils were Ashley Ransome

Five tables of duplicate bridge were in play at the Women's Club of White Stone January 29.

Winners north/south were first, Arden Durham and Betty Fay Lewis; second, (tie) Judy Peifer and Virginia Adair and Ilva Doggett and Kay Wil-

Winners east/west were first, Ronnie Gerster and Shirley Crockett; second, (tie) Jim Hazel and Peggy Dent and Tot Winstead and Liz Hargett. The next bridge for this group is Wednesday, February 13, at 1

Six tables of bridge were in play January 31 at Indian Creek Yacht and Country Club.

Winners north/south were first, Arden Durham and Dianne Monroe; and second, Ilva Doggett and Carolyn Reed.

Winners east/west first, Joy Straughan and Helen Kinne; and second, Shirley Crockett and Ronnie Gerster.

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and Tyesha Harvey, who combined for 24 points. Ransome led the team with 13, including 12 in the second half. She kept Lancaster in the game with eight of her team's nine points in the fourth quarter.

Harvey scored 11, including eight in the second quarter.

Lancaster will go to W&L tonight (February 7) to face

LHS beat W&L in the district opener.

Northumberland...7 15 10 15 9 - 39
Northumberland...7 15 18 15 - 55
Lancaster - Harvey 11, Wiggins 3, Smith 5, D. Jones 0, Ransome 13, T. Jones 7, Crippen 0. Three-point goals: Smith.

Lancaster — Turner 9, Long 11, Howard 4, Jones 5, Lewis 13, Raines 2, Rice 7. Three-point goals; Turner.



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Please call 435-0223 for more information. The Northern Neck Family YMCA is a branch of the Peninsula Metropolitan YMCA.

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University of Virginia Coach Brooke Monroe visits with some of the girls at the recent

UVA coach heads softball clinic

Some 37 girls, their coaches and parents participated in a recent softball clinic at Washington and Lee High School in Montross.

University of Virginia softball coach Brooke Monroe taught offensive and defensive skills to a range of girls from all four counties of the Northern Neck, as well as Essex, King George and King William.

UVA alum Philip Belfield, also a coach for the East Coast Diamonds 16u travel softball team, organized the clinic in partnership with ECD. "We wanted to bring in someone

who could inspire and motivate, as well as teach girls the skills necessary to take them to the next level," Belfield said. "Brooke's enthusiasm for the game is contagious, and the fact that she was willing to do a coaches clinic for us made it even better."

An all-star catcher in college in Indiana, Monroe led her team offensively three of her four years. In Montross, she taught coaches effective drills and techniques in the morning, and led an intense hitting and fielding clinic for girls in the afternoon.

The softball players were

divided into groups according to age, the youngest at 8-yearsold, and the oldest at 17. There was a range of experience evident, too. From seasoned varsity players, to youngsters who'd never played an organized game of softball before, all seemed to benefit.

"I'm really impressed with all of you," Monroe said. "You really worked hard, and I hope I can come back soon to see how you've improved.'

The East Coast Diamonds organization is based in Warsaw with girls from seven counties playing on four teams: 10u, 12u, 14u and 16u.

Flotillas suggest Valentine's gifts

Flotillas offer 12 Valentine's Day gift ideas.

With "love in the air" and spring and boating season around the corner, Flotillas 33 and 3-10 U.S. Coast Guard Auxiliary offer some Valentine's Day gift ideas for boaters to help them stay safe all year long.

One of the best gift ideas for boaters is to sign up for a boating safety course, according to Matt Wood, Flotilla 33 staff officer for public education.

"Knowledge is power, and it has been statistically shown that boaters who have taken a boating safety class are far less likely to be involved in a boating mishap or fatality," said Wood.

Course topics include basic boat handling, required and recommended safety equipment, navigation rules and dealing with boating emergencies. To learn more, call Don Gallagher at 435-2084 or Judy Julian at 529-6765.

"One of the most valuable gifts doesn't cost anything but time, such as scheduling a free vessel safety check with a qualified member of the Coast Guard Auxiliary," said Gary Palsgrove, flotilla commander

An examiner will ensure vessels comply with federal, state and local safety requirements before getting underway. For a free vessel safety check, contact Jack Blaine at 462-9931 or Dick Flaherty at 445-1029.

Ten other gift ideas to help keep boaters safe include:

 Sleek light-weight inflatable life jackets.

· A carbon monoxide detec-

Emergency signaling kits—flares, signal mirror and whistle.

· Kill switch leash.

• Up-to-date navigation charts and/or a hand-held GPS unit.

 Navigation tools and calculators. · Hand-held VHF marine

radio with extra batteries. • Personal emergency posi-

tion indicating radio bea-• Tool kit and spare parts

for boats. Personal protective equipment such as First-Aid kits, sun screen, sunglasses, food

and water. The price range for these items runs from under \$10 up to several hundred dollars, but giving the gift of safety to a friend or loved one is price-

Pittman rolled games of 118 and 131

in a 356 set and Richard Savalina

had a game of 121.

D&L Marine Construction won

two games and lost one against the

High Rollers. For D&L, Doug Hundley bowled the high set of 299 with a 106 game. Dana Stillman rolled a 163

game and Sam Conge had a 104 game. For the High Rollers, Curly

Lewis bowled the high set of 353 with games of 124 and 121. Rolaid

Lewis rolled a 129 game in a 350 set.

Hammock Printing won three games against the dummy team.

Herbert Hammock bowled a 375

set with games of 116, 117 and 142. Ernie George rolled games of 135 and 117 in a 355 set. Benny Balder-

son had games of 119 and 120 and

Joe Hinson had a game of 113. High game: Bob Huff, 178; Doug

Hundley and Wayne Warwick, 172 Rolaid Lewis, 169; Lee Gill, 168.

High set: Rolaid Lewis, 422; Steve

Edwards, 420; Joe Hinson, 408; Bob Huff, 404; Woodie Evans, 402.

High team game: High Rollers, 546; Lamberth, 522; D&L, 511; Ham-

Rollers, 1,456; Lamberth, 1,429; Hammock, 1,419; D&L, 1,417.

Lewis, Steve Edwards, and Rolaid Lewis, 118; Woodie Evans and Her-

High team set: Evans, 1,458; High

High average: Bob Huff, 123; Curly

mock. 510: Evans. 504.

bert Hammock, 116.

Standings

Hammock

Lamberth

High Rollers

Frank Perkins had a 114 game.

Spring Rush Football team organizing for youth ages 5 -17

The Northern Neck Rush Football team has joined the NFL flag football spring league.

The league is part of the NFL Rush program and over 100,000 kids participate across the country each year.

Both boys and girls ages 5 to 17 are accepted in seven different age groups with teams in both Lancaster and Northumberland counties. Each player will get to keep a game jersey supplied by the NFL. Jerseys will be based after actual NFL

Registration is open and players will be accepted until March 10. Practice is expected to begin March 18 with opening day snaps on April 5.

In addition to the flag season, there will be a traveling fullcontact spring team. This team will hold try-outs February 16 and 23 from 1 to 3 p.m. behind Lancaster Middle School. Only 22 players will be chosen for this team.

There is a one-time \$28 registration fee to cover equipment.

The league plans to keep kids active and participating in football both spring and fall with a goal of building a traveling team to compete in the future in the National Youth Championships in Daytona.

The league is seeking coaches for the spring flag season and sponsors for the traveling team. Scholarships also are available. Anyone interested in participating in coaching or sponsoring should contact coach Jason Selph at 577-3631, or e-mail lancsterrush@yahoo.com.

also owning an RV. The RVIA

reports that there are approxi-

mately 8.2 million RVs on

the nation's roads today. A 2005 University of Michigan

study found that while the

baby boomer generation is a

driving force in the industry's

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noon to 8 p.m.; Saturday, 10 a.m. to 8 p.m.; and Sunday, 11 a.m. to 5 p.m. Tickets are \$7

for adults, \$2 for kids ages 6 to

16 and free for kids age 5 and

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The Richmond Camping RV Outdoor Store, the Richmond Expo will be held February 9 and 10 at the Richmond Raceway Complex, featuring the latest recreational vehicles, accessories, resort and campground information and more to help make vacation dreams

Sponsored by GMC, Camping World, America's RV and

Take your Valentine to the boat show

The Richmond Boat Show will be held February 14 through 17 at the Richmond Raceway Complex.

The show will feature dealers displaying runabouts, saltwater fishing boats, ski boats, boats, PWCs, motor yachts, and bass boats, boat lifts, floating docks, marine electronics, water sports and safety equip-

information and answer questions about marinas, financing, insurance, boat maintenance and repair and boating safety. Many exhibitors offer prize

Hours will be Thursday and Friday from 2 to 8 p.m.; Saturday from 10 a.m. to 8 p.m.; and Sunday from 11 a.m. to 5 p.m. Tickets are \$7 for adults, \$2 for children ages 6 to 16 and free for ages 5 and under.

pontoon boats, deck boats, jet

Industry experts will provide drawings and giveaway items.

■ Outdoor show

The Fredericksburg Outdoor Show will be held February 8 through 10 at the Fredericksburg Expo Center at 2371 Carl D. Silver Parkway in Fredericksburg. There will be hunting and fishing seminars, hunting and fishing outfitters, hunting and fishing trips and hunting and fishing gear.

Hours are 1 to 8 p.m. Friday, 10 a.m. to 6 p.m. Saturday, and 10 a.m. to 5 p.m. Sunday.

■ Camping RV Expo

The 23rd annual Richmond Camping RV Expo will be held February 8 through 10 at the Richmond Raceway Complex at 600 Laburnum Avenue in Richmond. Recreational vehicle dealers bring tent campers, travel trailers, hi-line motorcoaches, park models, 5th wheels, motorhomes, truck campers and vans. There will be campground information; and RV and camping accesso-

Hours will be noon to 8 p.m. Friday, 10 a.m. to 8 p.m. Saturday and 11 a.m. to 5 p.m. Sunday. Admission will be \$7 for adults, \$2 for ages 6 to 16 and free for ages 5 and younger.

■ Boating seminars

Yankee Point Yacht Club will host two boating seminars Saturday, February 9, at the clubhouse. Jerry Latell of Deltaville will present "How to trim your sails for optimum performance" from 9 a.m. to noon. Don Gallagher of White Stone will present "The basics of boat handling: What you can learn from my experience" from 1 to 3 p.m.

Both presentations are open to the public. The fee is \$7 and includes coffee and donuts in the morning and lunch at noon. To register, call Gallagher at

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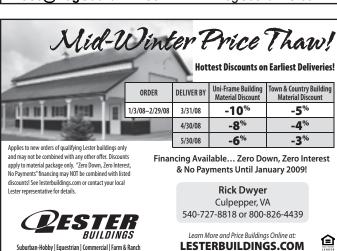
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Season: 03/01/08 - 04/26/08 Cost: Member: \$20 / \$25 (late) Participant: \$40 - \$45 (late)

Please call 435-0223 for more information. The Northern Neck Family YMCA is a branch of the Peninsula Metropolitan YMCA.

Ladies League
R. P. Waller won three games against the Lancaster Tavern Girls (LTG) when Ola Nash bowled a 304 set with games of 104 and 112. Marsha Nash rolled a 312 set with games of 104 and 115 and Dee Atkins had a 105 game. For LTG,

Elsie Rose rolled a game of 105.

D&L Marine Construction won two games against TCH Oil when JoAnne Paulette bowled a 313 set with a 129 game. Terry Stillman rolled a 352 set with games of 101, 116 and 135. Bev Benson had a 325 set with games of 101, 104 and 124. Theresa Gill bowled a 104 game and Linda Lake had a 116 game. For TCH Oil, Greta Walker bowled a 332 set with games of 100 and 133. Marie Piccard rolled a 301 set with a 124 game. Vicki White had a 122 game. Cathy Savalina bowled games of 102 and 107 and Sandra Evans had games

of 104 and 106. Yeatman's Forklift won two games against Callis Seafood when Pat Harris bowled a 341 set with games of 118 and 144. Alma George rolled a 335 set with games of 107 and 129. Theresa Davis had a 306 set with a 116 game and Kathy Deihl had a 114 game. For Callis, Donna Thomas bowled a 357 set with games of 102, 109 and 146. Mary Savalina rolled a 352 set with games of 108, 114 and 133. Gayle Conrad has a 336 set with a 152 game. Elsie Rose bowled games of 100 and 115 and Betty Evans had

a game of 111. High team game: Callis, 635; D&L, 590; TCH Oil, 579.

Standings Yeatman's Callis Seafood TCH Oil D&L LTG

The Woman's Club of White Stone hosted dessert bridge February 1. Hostesses were June Swanell, Helen Withers, Madeline Hooper, Mary Niven Stover and Rhonnie Kerr. Madeline Hooper was the the high scorer for the day. The next dessert bridge will be March 7. Call Carolyn Reed for reservations at 435-6207

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ing won three games against the High Rollers, For Hammock, Herbert Hammock bowled the high set of the week of 375 with games of 107, 128 and 140. Joe Hinson rolled a 125 game. Gary Hodge had a 114 game and Benny Balderson a 113 game. For the High Rollers, Steve Edwards bowled the high set of 357 with games of 113 and 142. Curly Lewis rolled games of 128 and 123 and

Evans, Woodie Evans bowled the Pittman rolled a 127 game and Lenny Dawson had a 115 game. For Hamthe high set of 365 with games of 117 and 141. Joe Hinson had a 126

D&L Marine Construction won

Men's League
On January 17, Hammock Printthree games against the dummy team. Sam Conge bowled the high set of 218 with a 117 game. Dana Stillman rolled a 119 game and John Luttrell had a game of 103.

On January 31, Lamberth Building Materials won one game and lost two to Evans Bowling Center. For Lamberth, Bob Huff bowled the high set of the week of 397 with games of 178 and 129. Lee Gill rolled a 143 game in a 361 set and Clay Gill had a 135 game. For Evans, Woodie Evans bowled the high set of 374 with games of 142, 121 and 111. Richard

Rolaid Lewis had a game of 115. Lamberth Building Materials won three games against D&L Marine Construction. For Lamberth, Clay Gill bowled the high set of 372 with games of 116, 131 and 125, Wayne Warwick rolled games of 127 and 122. Lee Gill had a game of 131. For D&L, Steve Hinson bowled the high set of 329 with a 113 game, Sam Conge had a 119 game and Doug

Hundley had a 103 game.

Evans Bowling Center won three games against the dummy team. John Forrester bowled the high se of 369 with games of 156 and 110. Woodie Evans bowled games of 122 and 113. Richard Savalina had a 110 game and Bunks Mitchell bowled a game of 109.

On January 24, Evans Bowling Center won two games and lost one against Hammock Printing. For high set of the week of 381 with games of 127, 112 and 142. Richard mock, Herbert Hammock bowled game and Ernie George rolled games

of 114 and 125. The High Rollers won two games and lost one against Lamberth Building Materials. For the High Rollers Rolaid Lewis bowled the high set of 372 with games of 110, 137 and 125. Curly Lewis rolled games of 136 and 122 in a 359 set. Steve Edwards bowled a 153 game and Frank Perkins had a 117 game. For Lamberth, Clay Gill rolled the high set of 360 with a 159 game. Lee Gill bowled a 134 game and Wayne Warwick had a game of 115.

Tartan Golf Club

Sixteen, two-person teams competed last Sunday the Super Tartan Bowl.

AFC flight winners were low gross, Steve Hall and Keith Kopcsak; low net, Dale Garrett and Pal Jackson; second low net, Cruger Ragland and Gerry Grim; and third low net, Rick Siegel and Don Nelson.

NFC flight winners were low gross, Ed and Isabelle Bunch; low net, Wendy Waggener and Susan Troubetzkoy; and second low net, (tie) Arthur Neal and Sidra Seeley, and Charlie and Barbara Armfield.



Cub Scouts launch rockets

On January 27 the 13 boys and their families of Cub Scout Pack 235 in White Stone held their second annual rocket launch at the home of Dwight and Cindy Clarke. The boys had worked on their model rockets for three weeks and were rewarded with perfect weather for the launch. The pack meets at White Stone Baptist Church Mondays at 6:30 p.m. To join, call Donna McGrath at 438-5803.

Doctor Speaks by George Moore, MD

Red meat and colon cancer

New research now provides a plausible explanation for a long-suspected association. Because cancer is so complex. with many genetic and environmental factors affecting risk, the link between red meat and the risk of cancer has been hard to decipher.

The best evidence comes from a pair of large 2005 studies, one from Europe and the other from the United States. The European research tracked 478,000 men and women who were free from cancer when the study began. During nearly five years of follow-up, 1,329 people were diagnosed with colon cancer. The people who ate the most red meat (about 5 ounces a day or more) were a third more likely to develop colon cancer than those who ate the least red meat (less than an ounce a day on average).

Their consumption chicken did not influence risk one way or the other, but a high consumption of fish appeared to reduce the risk of colon cancer by a third. The effects of red meat and fish held up after the results were adjusted for other potential risk factors, including body weight, caloric consumption, smoking, physical exercise, dietary fiber and

The U.S. study, sponsored by the American Cancer Society, added important information about the effects of long-term meat consumption. The subjects were 148,610 people between the ages of 50 and 74. Each person reported on his or her dietary patterns and health habits when the study began in 1982 and again, 10 to 11 years later. A high consumption of red and processed meats at both dates was linked with a substantial increase in the risk of cancer in the lower colon and rectum. Conversely, the long-term consumption of large amounts of fish and poultry appeared protective.

These two studies are impressive but they don't stand alone. A meta-analysis of 29 studies of meat consumption and colon cancer concluded that a high consumption of red meat increases risk by 28 percent and a high consumption of processed meat increases risk by 20 percent. Red meat is usually defined as meat of mammals. The red color is from myoglobin, a protein that looks red when it binds with oxygen. After a few days in the refrigerator, the myoglobin gives up its oxygen and the meat turns brown. To keep the meat "red," manufacturers pump in some carbon monoxide, which sticks to the myoglobin like glue, keeping it red for weeks.

From an English study of healthy volunteers who agreed to stay in a metabolic research unit where their diet could be carefully controlled and all of their fecal waste could be collected and analyzed, much more was learned. The volunteers ate one of three diets for three weeks. The first diet contained about 14 ounces of red meat a day. The second diet was strictly vegetarian, and the third contained large amounts of both red meat and dietary fiber.

Stool specimens from the volunteers who consumed the high-meat diet contained high levels of N-nitroso compounds that are potential cancer-causing chemicals. They were also able to retrieve cells from the lining of the colon that are shed into the stool with every bowel movement and found that a large number of cells had already developed induced N-nitroso DNA changes. The vegetarian group showed the least amount of genetic damage and carcinogenic chemicals. The people who ate the highmeat, high-fiber diets produced intermediate numbers of damaged cells.

This shows that large amounts of red meat can produce genetic damage in just a few weeks. The body can repair damaged DNA and in most cases, the repairs are successful but when they fail, cells can undergo malignant transformation. Instead of counting on your body to repair your damaged DNA, you should do everything you can to prevent damage in the first place. This is now the key to control of colon cancer.

Keep your caloric intake reasonable and exercise regularly. Prevent obesity. Avoid tobacco in all forms. Eat foods that have been associated with protection from colon cancer such as good amounts of calcium from low or non-fat dairy products, Vitamin D, fruits, vegetables, whole grains and fish. Low-dose aspirin also reduces the risk.

But even with all this, be sure to get the colon cancer screening tests that are appropriate for your age, family history, and risk factors.

You don't have to give up red meat to be healthy, but the evidence suggests that you would be wise to limit your consumption. Most Americans were raised on a diet of meat and potatoes. A 2004 survey indicated that 72 percent of adults center their meals on meat. Learn to think of vegetables and grains as the main dish and meat as a side dish.

Two 4-ounce portions a week should be safe; even then, choose lean cuts, trim away excess fat, and avoid charring your meat on a grill.

Limit processed, cured and salted meats as much as possible. Substitute fish and chicken or turkey (without the skin) for red meat as your main protein source, and experiment with beans as a source of protein, fiber and vitamins. If you change your diet gradually and encourage your family to join you, you'll find a healthful diet comes naturally and is tasty and enjoyable. Your colon will thank you and so will your

Boy Scout fund-raiser to feature Ross Perot

Ross Perot will be the featured speaker for the Friends of Scouting annual fund-raising dinner. The local council of Boy Scouts of America, the Heart of Virginia Council, will hold the dinner February 21 at 7 p.m. at the Greataer Richmond Convention Center in Richmond.

The dinner has drawn over 800 Scouting supporters in recent years. Those interested in an invitation need to call Kerry Baker or Charley Tinsley at 355-4306.

The rank of Eagle Scout is

earned by only four percent of Boy Scouts. Most boys join scouting at age 10 or 11. Perot joined the Boy Scouts of America and became an Eagle Scout in 15 months.

Perot has been recognized by the Boy Scouts of America as a Distinguished Eagle Scout. Other recipients of the award include Neil Armstrong, President Gerald Ford, Steve Fossett, Secretary of Defense Robert Gates, James Lovell, J.W. Marriott Jr. and Gen. J.H. Binford

In 1992, Perot ran for President of the United States as an independent candidate, winning 19 percent of the vote, one of the largest percentages ever for an independent. He ran again in 1996 on the Reform Party ticket.

The Heart of Virginia Council supports Scouting programs for 19,000 youth and trains and supports over 5,000 adult volunteers who deliver the program to youth. Visit the council's website, www.scoutingvirginia.org.

Gun safety course offered

The Rappahannock Pistol and Rifle Club will conduct a National Rifle Association First Steps Pistol Orientation course March 7 and 8.

NRA certified instructors will teach the basics of gun safety and firearms familiarization. The program will provide a comprehensive introduction to the safe handling and proper operation of club president Bob Berry. a handgun.

"The course is in response to the public's need for a firearm orientation for new gun purchasers and those considering buying a handgun. Successful completion is accepted as the training prerequisite for obtaining a Concealed Handgun Permit in Virginia,"said The course is divided into

two, three-hour sessions. The first session is classroom work including information on gun parts, ammunition, cleaning and storage. The second will be held at the club shooting range near White Stone.

To enroll, call Charlie Austin at 758-2677.

Spinal hygiene clinic set

A spinal hygiene clinic will be held Saturday, February 16, from 10 to 11 a.m., at Pure n' Simple Family Chiropractic Inc. in Kilmarnock.

Dr. Matt Shifflett will teach adults and children simple and fun exercises to improve posture and body function.

The program, developed by Life University College of Chiropractic, is making its way across the nation and the world for its ease, effectiveness and safety, said Dr. Shifflett.

Participants are urged to print the routine from www. straightenupamerica.org prior to attending.

The class, one of Dr. Shifflett's Advanced Wellness Workshops, is free to his patients and \$10 for others. Call 435-2273 to reserve a space.

Dr. Shifflett also will visit church groups, civic organizations, or just a group of friends to teach the Straighten Up America program for a generous donation to the YMCA Camp Kekoka maritime youth

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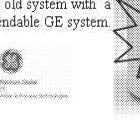
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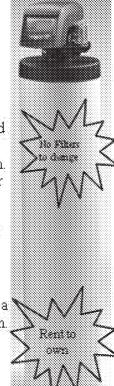
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2008 programming announced at two historical theme parks

JAMESTOWN—New stateof-the-art museum exhibits and a variety of major special events, historical themes and educational programs commemorating the 400th anniversary of the founding of America's first permanent English settlement drew visitors from across the nation and beyond to Virginia's Historic Triangle in 2007, among them the Queen of England and the president of the United States.

Principal themes of the anniversary—the gence of diverse cultures and development of a American economy and form of representative government—resonate in exhibits and special programs throughout 2008 at Jamestown Settlement and Yorktown Victory Center living-history museums.

Settlement's

Jamestown

year-old introductory film and expansive permanent exhibition galleries chronicle the nation's 17th-century beginnings in Virginia in the context of its Powhatan Indian, English and African cultures. Visitors can choose to explore galleries—featuring dioramas, small-theater presentations and more than 500 artifacts representative of the three cultures—on their own or participate on a guided tour offered twice daily.

Curator tours on February 16, March 15 and August 2 will provide an in-depth look at the galleries.

Daily guided tours also are offered of Jamestown Settlement's re-created 17th-century Powhatan Indian village, English ships and colonial fort and the museum's riverfront discovery area, which highlights 17th-century water travel, commerce and cultural exchange, reflecting Powhatan, English and African traditions. In all four areas, costumed historical interpreters demonstrate daily activities and technology of the 1600s.

During three months in 2008, gallery and outdoor tours will focus on themes: "From Africa to Virginia" in February, "Seed to Stalk" in June and "Pastimes of Colonial Virginia" in August. Yorktown Victory Center programming also will be adapted to the

June and August themes.
The one-year 400th-anniversary special exhibition "The World of 1607," portraying Jamestown and Virginia as part of an intellectual, social and economic "new world" that brought together peoples and ideas from around the globe, continues through April 9, 2008, at Jamestown Settlement.

"A New World: England's First View of America," a British Museum exhibition of the 16th-century water-color drawings of John White, the earliest visual record by an Englishman of the flora, fauna and people of the New World, will be presented from July 15 through October 15. The exhibition is accompanied by evening lectures on July 19, August 9 and September 20.

"Jamestown Landing Day" on May 10, commemorating the anniversary of the founding of Jamestown, will feature Jamestown Settlement's Godspeed and Discovery re-creations of two of the three ships that brought English colonists to Virginia in 1607—sailing in the James River, 17th-century music, children's entertainment, and an educational program with a NASA astronaut comparing 17th- and 21st-century methods of exploration. Special programming also will take place at Historic Jamestowne. site of the original 1607 settlement.

Among other special events are "African American Heritage Day" on June 7, with storytelling, music, dance and genealogy; "Virginia Indian Heritage Day" on July 26, with intertribal dancing and drumming and panel discussions; and "Children's Day" on September 27, with 17th-century games and entertainment. Family days on June 14, July 12 and August 9 feature family-centered gallery tours and craft activities.

At the Yorktown Victory Center, a museum of the American Revolution, gallery exhibits explore the Declaration of Independence as a "dangerous" document, the impact of the Revolution on men and women from diverse backgrounds, and events that led to the convergence of American, French and British forces at Yorktown in 1781 for the decisive military encounter of the Revolution. "The Legacy of Yorktown: Virginia Beckons," a long-term exhibition created in time for 2007's 400th-anniversary commemoration, tells the story of people who shaped Virginia society and the creation of a new national government with the Constitution and Bill of Rights.

In an outdoor re-created Continental Army encampment, historical interpreters describe and depict the daily life of American soldiers during the last year of the war. A re-created 1780s farm shows how many Americans lived in the decade following HIV/AIDS compared to white the military end of the Revo-

Special events at the Yorktown Victory Center include "Liberty Celebration" July 4 - 6 and "Yorktown Victory Celebration" October 18 - 19, commemorating the 227th anniversary of America's momentous 1781 Revolutionwith demonstrations of military life and tactics.

Jamestown Settlement and the Yorktown Victory Center will feature Virginia food-ways during "Foods and Feasts of Colonial Virginia" November 27 through 29 and 17th- and 18th-century holiday traditions during "A Colonial Christmas" December 20 through January 4, 2009.

Jamestown and and the Yorktown Vic- men who have sex with men. tory Center are open 9 a.m. Socioeconomic factors such to 5 p.m. daily, until 6 p.m. from June 15 through August both museums is \$19.25 for reports in Virginia's pooradults, \$9.25 for children ages 6 - 12. Jamestown Settlement admission is \$13.50 for adults, \$6.25 for children ages 6 to 12. Yorktown Victory Center admission is \$9.25 for adults, \$5 for ages 6 to 12. An annual pass also is our education and intervenavailable. Jamestown Settlement and Yorktown Victory Center admission tickets are included in several Williamsburg area joint tickets and vacation packages.

Jamestown Settlement is on Route 31 South at the Colonial Parkway next to Historic tion efforts. Jamestowne, administered by APVA Preservation Virginia and the National Park Service. The Yorktown Victory Center is on Route 1020 in Yorktown near Yorktown Battlefield, administered by the National Park Service. For reservations, call 888-593-4682 toll free, or 757-253-4838, or visit www.historyisfun.org.



Spaghetti and fellowship

The Kilmarnock United Methodist Men's spaghetti supper last Thursday was again a success, according to Jon Baer. "We thank the friends in the community who came by to savor the meal prepared by the men, the desserts prepared by the women, and to enjoy the company," said Baer. "We also thank the many businesses throughout the lower Northern Neck who supported our efforts." The funds collected for this event will go toward supporting worthwhile activities in the community and the church. From left are Dave and Connie Ruble of Ditchley.

National Black HIV/AIDS Awareness Day is February 7

RICHMOND—"Prevention on behavioral and/or social is power." The message for this year's National Black HIV/AIDS Awareness Day underscores the significance of education, testing and treatment for HIV in communities disproportionately affected by the disease.

In 2005, black males in Virginia were 9 times more likely to be diagnosed with males. The HIV rate among black women in Virginia is approximately four times that of their white counterparts. Although they represent 10 percent of Virginia's population, black women accounted for 21 percent of the new HIV cases reported in 2005.

"While a person's race does ary War victory at Yorktown not place them at risk for HIV infection, high rates of HIV in the black community makes risky behaviors more likely to result in new HIV infections," said Elaine Martin, director of community services in the Virginia Department of Health's (VDH) Division of Disease Prevention.

primary modes of transmission Settlement injection drug use, and among as poverty and lack of access to healthcare also play a role. 15. A combination ticket for Eighty-six percent of HIV est census tracts were among blacks.

"Stigma and discrimination surrounding HIV and homosexuality in the African American community are barriers we try to overcome through

tions," Martin said. African American gatekeepers and opinion leaders, such as faith leaders and other community leaders, play a key role in teaching African Americans who are not being reached through other preven-

Through the 2008 Comprehensive HIV Prevention Plan, VDH and community partners have outlined a course of action to address the behaviors and roadblocks contributing to the disproportionate impact of HIV/AIDS on blacks. Interventions are targeted to specific behaviors and populations and each one is based

science theory and has proven effective in reducing risk behaviors.

Working with our community partners to find effective ways to make this happen is essential to reducing the impact of HIV/AIDS among blacks, Martin said. "Education, testing and treatment are what we need to provide."

New contracts were recently awarded under VDH's minority AIDS Project grant program. This program was established in 1988 and targets communities of color disproportionately affected by HIV/AIDS in the Commonwealth. In addition, VDH's African American Faith Initiative grant program supports partnerships with black churches in Virginia.

The VDH Office of Minority Health and Public Health (OMHPHP) leads multiple initiatives that support the Division of Disease Prevention's work. Among these, OMHPHP is working to address the root causes of the inequities in HIV/AIDS rates Between 2001 and 2005, the and other diseases affecting African Americans by proamong blacks in Virginia were moting the PBS documentary through heterosexual contact, entitled "Unnatural Causes: Is Inequality Making Us Sick? which will air beginning in March 2008 (www.unnaturalcauses.org).

This documentary seeks to mobilize action among communities and policy makers to address social injustices such as racism, and the related social determinants of health such as poverty, residential racial segregation, and limited educational and employment opportunities that underlie the racial inequities in HIV/ **AIDS**

OMHPHP promotes access to quality health care, responsible individual behaviors, community participatory interventions, and social justice as prerequisities to achieving health equity.

For a list of National Black HIV/AIDS Awareness Day events, information about HIV/AIDS in Virginia and details on the Comprehensive HIV Prevention Plan, visit vdh.virginia.gov/Epidemiology/DiseasePrevention/.

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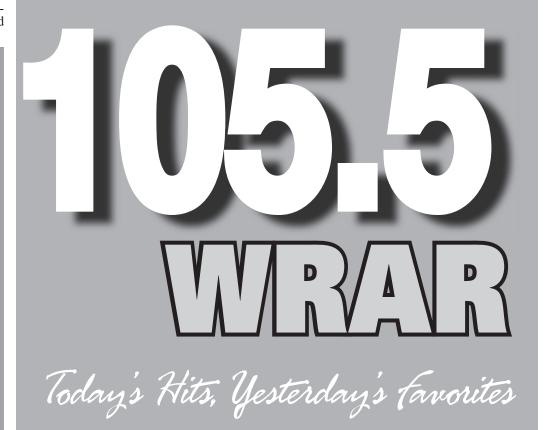


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From the front

A man with a plan to save the world

by Joan McBride

ernard "Bob" Nadel of Irvington is a man on a mission. He wants to save planet Earth and he has a plan to do it.

It involves recycling, cutting greenhouse gases, limiting America's dependence on foreign oil, and improving air

The 90-year-old inventor with snowy white hair and a twinkle in his eye speaks forcefully of the importance of getting his revolutionary idea into the hands of those in government who can make it happen.

It is a matter of urgency, because of the mounting scientific evidence of the damage that man has done to his home—this planet—by the burning of fossil fuels which destroy the ozone layer and allow the sun's rays to shine on the earth too strongly,

A recent episode of television's "60 Minutes" quoted experts saying significant steps must be taken to correct global warming within the next 20 years, or the damage to the polar icecaps will have become so significant that it can't be reversed.

Nadel said the "60 Minutes" episode didn't go far enough in demonstrating the dangers.

The Hydro-Generator

"A wave can lift a battleship," he said.

Nadel has invented a simple generator which uses the rocking motion of ocean waves to produce hydrogen, the most commonly occurring substance in nature. The hydrogen would then be utilized in fuel cells of varied sizes for different pur-

carsing, which he guesses would probably involve a cell about 4-feet by 3-feet by 2-feet thick.

"If you can't use the fuel cell in your car, you can't help global warming," said Nadel.

The exhaust from a car powered by a fuel cell might surprise some

'One can drink what emerges from the tailpipe—it is called water," said Nadel.

His take on the controversy on the relative flammability of gasoline versus hydrogen is that once gasoline catches fire it burns and burns.

blast, and the rest is water," he some of the oxygen, while a said.

combine with oxygen in the air cially, into the atmosphere. to form water, said Nadel.



Veteran inventor Bernard "Bob" Nadel demonstrates the simplicity of his potentially earthsaving invention designed to convert seawater into hydrogen to safely and cleanly power

According to Nadel, Iceland is already driving hydrogenfueled vehicles.

If nothing else, Nadel could probably earn the grandmotherof-all prizes for his audacious recycling plan involving not simply stainless steel, but steel battleships.

He wants to recyle old ships derelicts, decommissioned military ships, or other obsolete vessels destined for scrapwhich are moored awaiting sal-

Nadel has his sights on power his Hydro-Generators (HG) in tandem along a shaft the length of the ship with one dynamo (generator) fore and one aft.

Each HG would apply its own torque to the shaft, and the resulting revolutions per minute (RPMs) from the combined 50 HGs would run the two dynamos and produce DC current.

Passing an electric current through a container of seawater would separate the hydrogen and oxygen atoms from the water (H2O)—producing two parts hydrogen and one part oxygen gases.

The hydrogen could be uti-"With hydrogen you get one lized in a fuel cell along with little of the oxygen is released The hydrogen molecules not only harmlessly, but benefi-

As Nadel artfully describes

"rafts" would become a "factory" where hydrogen is produced and stored.

Since he figures each HG could produce about 20 megawatts per day, then a ship with 50 in tandem could produce about 1,000 megawatts daily to be used to power other nearby equipment or simply be fed back into the electrical grid.

"Once built, the system would pull its own weight and then some," Nadel said.

According to Nadel, when hydrogen and oxygen are combined properly in a fuel cell they produce electrical energy. [A fuel cell can be described as an electrochemical energyconversion device.]

Like a battery, the fuel cell uses a chemical reaction to provide an external voltage, but the fuel must be continually supplied in the form of hydrogen and oxygen gases.

It produces electrical energy at a higher efficiency than a battery can.

And, hydrogen is plentiful and readily available with no limit to its supply

The man behind the plan

A multi-talented man with a dry wit, Nadel has always been interested in science and said "it's sort of a hobby." He reportedly took many evening courses in engineering during his years as a tool-and-die man and later as a government contractor doing metal stamping.

He holds two patents—and is working with a patent attorney to acquire one for his HG-and has worked on other inventions since the 1940s when he made the first prototype zoom lens.

He also has published a science fiction novella titled Spiral Nebula which tells the story of a man who blows up the galaxy, and then is forced to rebuild it.

Nadel has focused on research and development for about the last 15 years. His company Jewelcraft Die Service is on Windmill Point Road where he does metal stamping.
Irvington dentist Robert

Westbrook can testify to being party to another of Nadel's practical brainstorms.

The two men were conferring over a remedy for a tooth Nadel had broken, and the veteran tool-and-die man reports modestly he examined the X-ray and "suggested some things."

Then he designed a trepanning tool for Westbrook's dental drill that did the trick.

If experience and ingenuity can save a tooth today, they just might be able to help save the



the energy-hungry world.

the workings of his invention, it

converts the "boundless energy

and substance of sea waves

into electricity and hence into

useable hydrogen with a kiss of oxygen for the atmosphere rather than pollutants.

Taking it on the road He keeps his HG prototype in the back of his Hyundai Elantra so that he can show it to an interested party any time and anywhere.

In his urgency to spread the word about his potential solution for arguably the most serious issue facing the world at this moment, he and wife June even followed up a phone call to Robert Marchick in the U.S Department of Energy (DOE) by taking the HG to Washington, D.C., last November.

According to Nadel, Marchick had told him that he wanted to set Nadel up for an appointment for a grant. But Nadel says he replied, "I don't want a grant. I'm interested in

you seeing it work and then you implementing it."

So when the couple followed up by traveling to Washington without an appointment and couldn't get the OK to go past the security guards to see Marchick, Nadel asked to call the DOE man personally from the lobby phone. Shortly thereafter, a "very

formidable" SWAT team came to escort Nadel and his 81-yearold wife, June, from the build-

Nadel could say it's tough to be a nonagenarian prophet these He's also talked to both Sen.

Jim Webb and Rep. Rob Witman by phone, but hasn't been able to show the HG to either of

The dollars and sense

Nadel said there are thousands of obsolete ships which could be bought for maybe \$14,000 each.

The hold of each of these

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Council calls special meeting

KILMARNOCK—Mayor Curtis Smith called a special meeting of the Kilmarnock Town Council for 8:45 a.m. Monday, February 11, to review applications for the vacant position on council after the resignation of Carmen Kilduff on December 31.

Acting town manager Lara Burleson originally advertised for applications by January 22. At last month's council meeting, the deadline was extended to February 22 with plans to make an appointment at the February 25 meeting.

However, state code requires that when a vacancy occurs in a local governing body, the members must appoint a quali-fied replacement within 45 days. If they fail to act within the time period, a circuit court judge for the county will make the appointment.

According to Burleson, the town received applications from Rebecca Nunn and Gary Anderson by the original deadline date. No other applications will be accepted, she said.

An annual supplement in the Rappahannock Record and Southside Sentinel featuring active and healthy senior lifestyles in the Northern Neck and Middle Peninsula.

Three hearings scheduled Feb. 14

board of supervisors for Northumberland County will hold three public hearings Thursday, February 14.

The public hearings will begin at 7 p.m. in the Northumberland County Courts Building at 39 Judicial Place in Heathsville.

The first will address a request from Robert and Beverly Brooks for authorization to divide property with access roads that do not meet minimum requirements. The property is on Wittstat Lane in the Heathsville area.

Supervisors also will consider a request from Jack and

HEALTHSVILLE—The Georgia Sprague to construct a private storage building on residential waterfront property in Southgate subdivision. The building will be the main structure on the R-2 zoned property in the Wicomico dis-

The third hearing will deal with a request from Eagle River Construction owner Michael Baughan to place four semi-trailers on property zoned Agriculture (A-1). The property is at 2919 Walmsley Road at Baughan Tire and Automotive in the Lottsburg district. Baughan's application specifies that the trailers will be used for storage.

Blackstrap Handling Steamboat Wharf Stories video now on RRecord.com

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