FOOTBALL-23

HIIII Riddeii **North's Demarico Young** aims for winning season PAGE 4 HTROM

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Stories and schedules in the section were compiled by the Journal's Ryan Timmerman, Jared McNett, Dave Dreeszen and Robyn Levine.

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Welcome to football season

There's just something different about football season.

The sights, the smells, the Friday night lights.

While Siouxland anxiously awaits to see who will rise — or fall — this season, keeping up with covering the sport is

much like keeping up with the sport itself.

What the public sees are the wins and losses that the games produce.

But most coaches, players or parents involved with any team will tell you the wins reflect the unseen time spent at practice, in the weight room



RYAN

TIMMERMAN

Likewise, more work than what shows goes into covering football, and prep sports in general.

Thus, as coaches and players train to keep up with the opposition and trends of the day, the media does the same.

It's been the industry-wide question as to how the local sports section can serve its audience with more and more people able to stream or follow along in real time. That calculation is everchanging.

Our new print schedule and delivery mechanism (now through the U.S.

Postal Service), has meant some changes in our coverage area. You may notice some teams that were included in past issues of our annual football preview section do not appear in this section.

In some parts of the "old" coverage area, our circula-

tion no longer reaches, so it's a much better use of resources to go a mile deep into a smaller area than be stretched out a mile wide and, because of that, only able to dig an inch deep.

Even with a slightly reduced size, you'll still find a robust preview, spread out over 72 pages, of over 40 high schools and nine colleges from Iowa, Nebraska and South Dakota.

There's certainly no shortage of talent on the football teams around Siouxland. And those players have no shortage of stories to tell.

In this preview of the season to come, you'll read about many of those athletes. And hopefully, you'll stick around to read about those and many more throughout what will surely be a memorable season for dozens of our area's student-athletes.

Throughout the season, follow the Journal online at siouxcityjournal.com and on Twitter at @scjsports and @scj and follow me on Twitter at @ryantimmerman3.

We've got a little bit of everything in this area — and section.

From 8-player football to Division I and everything in between, the only thing we know for sure about what's ahead this season is that none of know for sure what will happen.

With limited games on the football schedule compared to other sports, there's no room for wasted opportunities on the gridiron. Every snap represents a make-or-break opportunity for the team's involved.

That's what makes this time of year different and special.

Good luck to all the area teams, coaches, and student-athletes.

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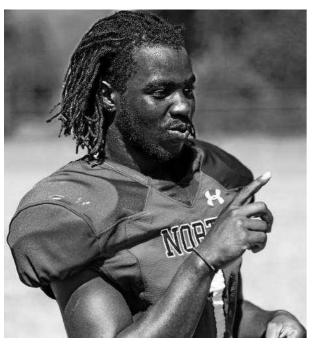
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JESSE BROTHERS PHOTOS, SIOUX CITY JOURNAL

ABOVE: Sioux City North running back Demarico Young speaks with sign language at a team practice on Aug. 11. **BELOW:** Projected starters for Sioux City North this season are shown at the team's media day.

Overcoming challenges

Young emerges as top runner

RYAN TIMMERMAN

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Demarico Young overcomes.

He's had to.

Entering the 2023 high school football season, the Sioux City North Stars' senior is one of the top returning running backs in Class 5A, if not the state.

But Young's path has been far from easy.

He grew up in Louisiana and was homeless for a time. And he's deaf, which creates barriers in a communication-driven sport like football.

Just as he has his entire life, Young just finds ways to not only survive but flourish since leaving the school for the deaf in Louisiana for the "hearing world."

As a junior, Young rushed for nearly 1,200 yards on 160 carries (a 7.4 yard average). He also had five catches for 73 yards and 18 tackles (14 solo) on defense from a spot in the secondary.

His 18 rushing touchdowns ranked third in 5A last season behind only SE Polk's Abu Sama (now at Iowa St.) and Muscatine's Ty Cozad.

Sometimes, when the situation is just right and the North faithful are at their loudest, Young can pick up on slightest bit of sound.

That's his favorite part.

"I love touchdowns," he said through his sign language interpreter Dawn Habhab, who's been with him for years. "I love playing in front of the audience and seeing them when we score. Sometimes, if it's strong enough, I can hear them cheer my name.

"If feels like nothing I've ever experienced before. Being on the field is my passion."

While there are some obvious difficulties in playing a communication-driven game like football for North's star back, the Stars have likewise learned to thrive anyway with Young in the backfield.

"Demarico is a ball of energy back there. He's a great person, we're always blown away by how fast he is, and his vision is unmatched. It's something I haven't seen anywhere else," said senior lineman Noah Chartier.

Please see YOUNG, Page 5



Young

From 4

However, North narrowly missed its first postseason appearance since 2013 after finishing in the 2022 regular season ranked 19th in the 5A RPI rankings, which awards playoff spots to the top 16 teams.

"The playoffs for this year have been the goal since the end of last season," Chartier said.

North's 5-4 record was a small step back after a six-win 2021 campaign that represented the most wins in a season for the program since 2007.

The Stars will be inexperienced at quarterback with Dylan Baier taking over for the graduated Carson Strohbeen, who completed 56 percent of his 161 pass attempts for 1,401 yards and 14 touchdowns against six interceptions.

But Baier stands to have many more attempts than the seven he had as a junior (with five completions for 123 yards and a score), being classmates gives North chemistry in the backfield between Young and Baier that has been built over years.

And North is experienced up front as the Stars boast an experienced line to compliment Young and Baier.

"This offseason was about staying busy and getting in the weight room," said senior lineman Parker Fergen. "We wanted to come into this season prepared and build off of what we did last season. We had a pretty good year, but expectations go up every year.

"There haven't been many North teams with the expectation of making the playoffs, but we have a lot of experience, especially up front, the sky is the limit for us, really."

North's path to the playoffs includes four home games, road games at South Sioux City and Le Mars, plus three trips to the greater Des Moines with tilts at DM Roosevelt, DM East and Dowling Catholic for a trio of games that all come within the last five weeks of North's season.

"We have a lot of talented seniors that have a lot of leadership," said senior full-back/linebacker Brayden McClain. "We really want to bring up the next classes to benefit North and continue to be successful this year.

"We've stressed consistency. Everyone needs to show up every day and give 110 percent, and make sure all our teammates are doing that, too. Our offense trusts our defense, and when we can get stops, our offense will turn around and score."

McClain has even put his money where

his mouth is in order to help the program.

"The seniors have given rides to some of the underclassmen to make sure they get to practice," he said. "I gave a pair of cleats to a freshman who didn't have a pair, because I want everyone at North to succeed."

North also features UNI commit Ethan Dallen. Dallen may see more time at wide receiver as a senior after having one catch in 2022, but he flourished in the Stars' secondary as a junior in going for 32 tackles (19 solo, three sacks and four for loss) and a fumble recovery.

"We have a lot of experienced players," said North's seventh-year head coach Mitch Mohr. "Since I've taken over, I've encouraged this to be a player-driven team, and I think that's really set us up for some success.

"The players need to trust me, I need to trust them, they need to trust each other. At the end of the day, it takes 11 on the field for us to succeed. If one player doesn't do their job, that could be the difference between making the playoffs or not. We have great senior leadership and the guys have been in the system now for a while."

Senior Dayton Harrell could also pose a problem for North's opposition this season.

Harrell was a central figure on both sides of the ball for the 2022 Stars with 21 carries for 206 yards, 29 receptions for 347 yards and six total touchdowns to go with 46

for loss) along with two interceptions (one of which went for a pick-6).

1/2 tackles (23 solo, three

"We're putting some pieces together still, but I trust that we'll figure it out by the time games start," Harrell said. "There's two weeks yet before then, our coaches and players will figure it out.

"We just need to make sure we're doing the little things right in order to win big games. We really need to get out to a good start because we're carrying some momentum in from last year."

As the offense went in 2022, so to did the Stars as the team was 5-1 in games where North scored 20 points or more.

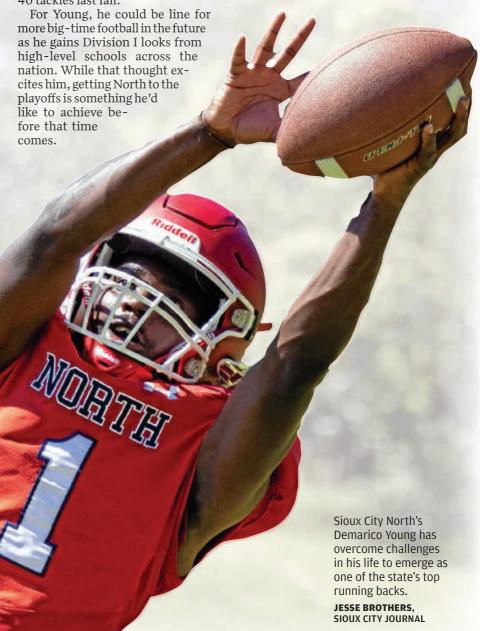
"We know our defense will get some stops," said Harrell. "I have confidence on both sides of the ball. We've dealt with adversity very well and bounce back."

Harrell was one of many pass-catchers that were dynamic playmakers for a Stars team that averaged 16.5 yards per catch, a number that was third-best in 5A.

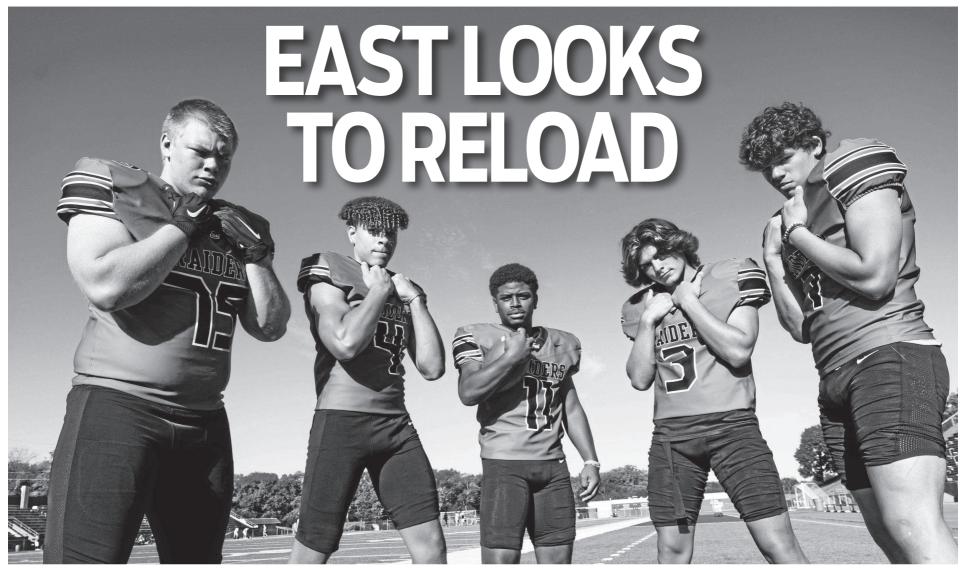
Senior Brayden McClain also is back after leading the squad in tackles as a junior with 72 and Henry Jaerger returns after a 54-tackle effort as a junior. Junior Kellum Mcgraw and senior Zach Hesse also return to the Stars defense after each posted over 40 tackles last fall.

"(Playing college football) has been my dream forever," said Young, whose accomplishments also includes forming a foundation for disabled people. "If that's something I can achieve, I'll always be proud of that. For me, I like being able to show that people with disabilities can do anything. We just need an opportunity.

"I can't do anything here without my teammates, especially the line. None of this could have happened without them. I think we're going to the playoffs this year and setting some school records."



EAST HIGH SCHOOL



JESSE BROTHERS, SIOUX CITY JOURNAL

Sioux City East's Luke Vanderweide (75), left, AJ Flemister (4), Rob Emerson (11), Dane Milton (3), Keagan Augustine (7), right are shown at the team's media day on Aug. 12.

Despite key losses, Black Raiders are upbeat about season

RYAN TIMMERMAN

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The Sioux City East Black Raiders are coming off an encouraging 7-3 season in 2022, but lost as much in terms of quality and quantity to graduation as any Siouxland high school team.

Still, East is brimming with optimism. "The kids are upbeat and working their tails off," said second-year head coach Michael Winklepleck. "We have good team chemistry and great leadership.

"It's high school football, you always feel good when you have a lot of seniors (like we did last year). We did graduate a lot of guys, but the other guys have been at practice every day the last couple of years and are ready to fill those shoes. They know what it takes."

Despite the graduation of Cole Ritchie being about as significant as any team can experience after he threw for over 2,600 yards (second most in Class 5A) with 31 touchdowns (most in 5A) against six interceptions and a completion percentage over 65 percent on 312 attempts en route to collecting second team all-state honors.

Ritchie, now a freshman quarterback at Morningside, led the Black Raiders to the 5A playoffs as the squad scored 54 touchdowns to rank East as a top-five scoring team in 5A, the programs' first postseason since 2015, but East was blanked by Ankeny, 17-0, in the first round after a 7-2 regular season. The Black Raiders snagged the program's 22nd playoff berth last October, but first since 2015.

"We were in every game, we just needed to finish a couple more times," Winklepleck said. "We've gotten bigger, faster and stronger over the offseason and still have a lot of guys that have been around success at East High.

"We're going to play 48 minutes of football and finish. We'll fight til the end whether we're up or down."

The Black Raiders also lost all-state

second-teamer Kelynn Jacobsen, a dynamic playmaker who tallied 80 catches and ranked second in 5A in receiving yards (1,074) receiving touchdowns (15).

On defense, East graduated Brady Wavrunek and Nick Wells, who each had over 80 tackles and tied for the fourthmost sacks in 5A with 7 ½, as well as Cale Pittenger, who had over 60, plus Brecken Schossow and Blake Hogancamp (over 80 combined tackles). All those plus Dalyn Tope's four interceptions (tied for fourth-most in 5A).

Please see EAST, Page 7



TIM HYNDS, SIOUX CITY JOURNAL

East's Dane Milton grabs the deflected ball after teammate Dalyn Tope (9) broke up a pass intended for West's Lamarion Mothershead during a Oct. 21 game between the two teams.

East

From 6

"We're actually looking better than I thought we would at this point," said senior lineman Luke Vander Weide. "Our young guys came in ready and our older guys are mentoring them. The young guys understand what we're trying to do here.

"Over the summer, we were in the weight room every day and we've really bonded up front among the linemen. We're just trying to pull everyone together and never give up."

In their stead on defense, East brings back senior Daniel Durio and junior Dane Milton, both of whom went for over 30 tackles a season ago playing on the back end of the Black Raiders' D.

With Ritchie, Jacobsen and a number of other past contributors gone on offense, the 2023 Black Raiders spread out grade-wise, but boast a number of talented underclassmen, a couple of whom made names for themselves by earning all-district honors over the summer in baseball in junior Jax Theeler and sophomore Cal Jepsen.

That duo — and East — hopes the momentum can carry over and provide the

next wave of Black Raider multi-sports athletes.

"We have some good underclassmen," Winklepleck said. "And the talent will play. We have some great coaches on staff in several sports at East and are excited to keep watching these kids play.

"I'm excited for Friday nights."

Senior Rob Emerson is East's top returning rusher as he took 30 carries 174 yards with one ending the end zone.

Returning seniors JJ Ghosh, Andrew Brown and Blake Taylor combined for another 100 yards rushing last season.

Senior Logan Dolphin is the leading returning pass catcher (seven catches, 146 yards, touchdown).

"Things are going good, we're bonding very well as a team," said senior defensive end/tight end Keagan Augustine, who had 25 tackles in 2022. "We're reloading, not rebuilding. The seniors that carried us last year stepped up to take over for guys who came before them, so we just want to do the same.

"It was a tough loss in the playoffs last year, but that really lit a fire for this year. Everyone's getting better within their role everyday, and I'm being more vocal about getting everyone where they need to be."

CHEROKEE WASHINGTON



SCHEDULE:

Sept. 1@ Sioux Central
Sept. 8@ Ridge View
Sept. 15Western Christian
Sept. 22Central
......Lyon-George-Little Rock
Sept. 29@ West Lyon
Oct. 6Unity Christian
Oct. 13@ Sheldon



ROSTER

- Jaxon Paulsrud
- 2 Logan Allender
- 4 Alec Schossow
- 6 Kael Miller
- 10 Tru Timmerman
- 11 Lance Pingel
- 12 Landon Stowater
- 15 Logan Stowater
- 20 Kyle Waldner
- 21 Jacob Hurd
- 25 Jon Jenness
- 27 Cameron Kohn30 Henry Lugar
- 33 Peyton Gunn

- 34 Christian VanderBroek
 - 42 Wyatt Johnson
 - 43 Noah Rapp
 - 52 Logan Thorson
 - 60 Connor Mahnke
 - 61 Colton Happe
 - 64 Carter Kruse
 - 68 Oscar George
 - 70 Joe Pitts
 - 72 Cole Comstock
 - 79 Logan Petersen
 - 82 Blake Lovell
 - 84 Coy Lewis

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WEST HIGH SCHOOL



Sioux City West looks to improve with move to Class 4A

RYAN TIMMERMAN

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After several down seasons, the Sioux City West Wolverines think the program has turned a corner.

West's modest 3-7 record was the most wins in a season by the club since 2018.

In between, three winless seasons.

This fall, a drop down from Iowa Class 5A to 4A awaits the Wolverines, who will have plenty of opportunity available to those on the roster as West has had to retool on both sides of the ball after losing last year's graduating class.

Please see WEST, Page 9

LEFT: Sioux City West's captains are shown at the team's media day on Aug. 12. **JESSE BROTHERS.** SIOUX CITY JOURNAL

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West

From 8

"Character is something we harp on all the time," said fourth-year head coach Brandon Holmes. "I think we have great character on our team this year. We're working hard.

"We have kids that show up an hour early for practice and staying late. It's refreshing as coaches to see that. And when the big guys up front get going against each other at practice, they don't want to stop."

While West did spend considerable time playing from behind — meaning going against lots of running plays form the opposition — it was an encouraging sign for the Wolverines' defensive front the team ranked second in Class 5A in tackles for loss (118).

West also ranked second in fumble return yards accumulated, largely behind a 76-yard scoop-and-score by since-graduated defensive back Antonio Medina Jr.

"We lost a lot of players, but have a lot of young guys back," said senior offensive guard/linebacker Jacob Uhl. "We're learning new roles, but we're doing alright.

"We work hard every day and have had some good practices competing with each other. We're creating a bond as a team. We want to be ready for that first game (against Council Bluffs Abraham Lincoln), we have a little bit of a rivalry with them and didn't do so well against them last year.

"There's some big shoes to fill from a leadership standpoint since last year, I'm not a big talker, but I'm doing what I can and lead with my actions. We all have to do our jobs in order to accomplish our goals."

Senior Nathan Scott turned 11 receptions into 177 yards and three scores to represent West's most productive returning pass catcher. In fact, senior Travis Davis (four catches, 36 yards) is the only other player on the 2023 roster with a varsity catch.

One player who could earn touches this season is senior Shamar Harrell, who showed big-play ability last season on special teams by averaging over 27 yards per return on his eight total kick and punt returns.

The Wolverines may lack experience at the skill positions on offense, but West is game-tested up front on both sides of the ball and could potentially boast its best defense in years.

Alonso Cota returns for his junior season after ranking second on the team in tackles with 39 ½. Chris Lugo also had over 20 tackles as a sophomore in 2022.

"I think our defense will be pretty solid and our offense is improving," Cota said. "We learned that we can compete with anyone on our schedule, we just need to finish games and keep up the intensity.

"Iron sharpens iron, so we need to keep each other going and keep the energy up."

Overall, West had 14 players that recorded 9 1/2 or more tackles a season ago, and of those, nine are back in 2023.

"We built the foundation," Holmes said. "I'm appreciative of what everyone brings to the table, now we just need to keep building on that and have Wolverine pride.

"We hold people accountable, on and off the field. You can see that resonate with them. It's a one day at a time process."



TIM HYNDS, SIOUX CITY JOURNAL

Sioux City West's Shamar Harrell (1) and Nathan Scott (23) brings down North's Luke Soldati during a Oct. 14 game at Elwood Olsen Stadium.

HEELAN HIGH SCHOOL



JESSE BROTHERS PHOTOS, SIOUX CITY JOURNAL

ABOVE: Bishop Heelan's Sir Brandon Watts (3), left, Isaiah Favors (4), Quinn Olson (5), James Cleary (69), right, are shown at the team's media day. **BELOW:** Heelan's Quinn Olson carries the ball for a 66-yard touchdown against Sioux Center in a Oct. 7 game.

Olson, Favors, Feauto return in backfield for Crusaders

RYAN TIMMERMAN

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SIOUX CITY — If nothing else, the seniors on the Bishop Heelan Crusaders would like nothing more than to return the storied program to its successful roots.

And the Crusaders think they have the tools to do so after last season saw Heelan go 2-7 after going for three wins total the previous three seasons.

"We've had a good start," said secondyear Heelan head coach Jon LaFleur. "I don't think anybody is where they want to be this early, but the kids are working hard and have been doing so over the offseason.

"Discipline is the most important thing to me — and us — this season. We have a really unique senior class. There's about 17 or 18 of them, and for them to have stuck with it after what they've gone through the past few seasons says a lot about their integrity and character. They want to win and have put the work in. Hopefully, as coaches, we can help them get to where they want."

Quarterback Quinn Olson returns for his senior campaign after throwing for 880 yards with a 54 percent completion percentage on 163 attempts with six touchdowns and four interceptions.

Please see **HEELAN**, Page 11







JESSE BROTHERS, SIOUX CITY JOURNAL

Bishop Heelan's Isaiah Favors carries the ball for in a Oct. 7 game vs. Sioux Center. Favors returns for his season season with the Crusaders this fall.

Heelan

From 10

"I'm feeling really confident," Olson said. "We're sharper mentally this year. And I'm trying to be a better leader, and be more vocal. I think we're physically ready, we just need to mentally get locked in to do our jobs."

Olson is joined in the backfield by classmate Isaiah Favors, who led the Crusaders in rushing attempts (108), yards (704) and rushing touchdowns (four) last season. Olson finished second in ground yards with 255, and returning senior Ricky Feauto added another 131 yards.

"We're feeling good," Favors said. "We have a lot of returning players. We're really focused on playing the game from a mental standpoint and being disciplined.

We've been down from that standpoint in the past with penalties and things like that.

"Otherwise, we've been busy in the weight room. As seniors, we've tried to stay intense and play physically and aggressively."

Heelan's top six receivers are all back as well to compliment Olson.

That group was led last season by Sir Brandon Watts and George Tsiobanos, who each had over 220 receiving yards. Watts led the team with 23 catches while Tsiobanos and returning senior tight end Kannon Bork each had 19.

"I think it's going to be a good year," said Watts. "We're a lot further along this year than we were this time last year. We think about some of those losses to push us and keep practice intense. But at the same time, we have to move past that.

"This year, we're a little more focused." Bork turned his catches into 183 yards and a score.

The defense also returns a major statistical leader in senior Joey Fiitzsimmons, who led the 2022 Crusaders with 46 $\frac{1}{2}$ tackles as a junior.

"I like that we have a lot of juniors and seniors that are stepping up into a bigger role this year than what they've had," said junior right guard/defensive end James Cleary. "We have a lot of talented guys, and we're going to do our best up front to protect those guys.

"Every practice has been a competition for a varsity spot. We're taking things personally. Every single down, every single rep."

With four state titles in the program's past, the Crusaders are tied for 11th-most in state history.

"The history of the program sets a goal for us," Favors said. "(Coach LaFleur) pushes us."

But for as far away from collecting another title as it may have seemed at times over the past few seasons, the players on the Crusaders' roster seem to think that more bites at the championship apple will come sooner rather than later for a program that has the fourth-most state title game appearances with 13.

"We've been through a few disappointing years," Olson said. "But I think we're ready to get Heelan back to where it was."

"The players have to understand, though, that this is their year," said LaF-leur. "They know what's expected of them. This isn't the 1970 or 1980 Crusaders. Winning is expected, but it doesn't come easy, so we'll get out of it what we put in."



JESSE BROTHERS, SIOUX CITY JOURNAL

Some of Dakota Valley's projected starters are shown at the team's medai day on Aug. 12.

Ex-Huskers player looks to put Panthers on winning path

RYAN TIMMERMAN

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Despite a resume that includes a splendid collegiate career at the University of Nebraska and several seasons in the NFL, Kenny Wilhite wants to be on the same page as his players.

"It took a minute for everyone to adjust," Wilhite said. "But I didn't come here to go .500 or be a mediocre team. And they've taken that mindset and ran with it.

"They've responded well. I told these

guys, I've played at Nebraska and in the pros, and I've coached at the highest levels. But I'm not above their level. I'm a human just like them. I'll get down on the

Wilhite

floor and do sit-ups with them. I'm a genuine person and I just want those guys to know I care about them as people. If you can get the kids to respect you, they'll play hard for you. I'm not a huge yeller or screamer, but I think I can get the most out of them without yelling or

screaming."

Whiltie is excited to get going as a first-

year, high school head coach, but lost some preparation time after a multi-day hospital stint.

"We were all pretty intimidated by him when we first met him," junior running back/linebacker Jackson Boonstra said. "But he doesn't want to be overpowering, he just want to be on our level."

The Panthers went 2-7 last season in Class 11A.

Now, with a head coach that brings a high level of knowledge to the program, the players see a prime opportunity to turn the tide of the program and produce more wins going forward.

In other words, the Panthers are wiping the slate clean and focusing on this season as if the future of the program relies on its success.

"We're taking it week by week and hopefully put that together to make a run at the playoffs," said starting quarterback junior Drew Lukken. "We want to come out with a chip on our shoulders Week 1 and not look too far ahead."

"(Coach Wilhite) expects a ton out of us. It's a whole new ballgame for most of us. I've tried to step up and be a player that some of the underclassmen look up to. We're not the biggest team, but we go hard."

Lukken has won over Wilhite, but the Panthers up front need to keep him clean in order for the offense to produce big plays.

"Drew has became a leader and done a really good job of being a quarterback and a leader," Wilhite said. "We have to take advantage of the speed we have on the outside.

"But as our offensive line goes, we go. As our defensive line goes, we go."

And that's something that Wilhite has stressed: playing hard despite any limitations on the team.

"We're a lot stronger this year and a lot deeper," said offensive/defensive lineman Easton Van scoyk. "A lot more people have bought in. It's intense. Everything we do, we're doing to get ready for our first game.

"Coach Wilhite has brought a knowledge that we wouldn't get from an ordinary high school coach."

Other players have felt the trickle-down affect of that.

"I think we're looking amazing," said Boonstra. "I think we might have the fastest receivers and running back in South Dakota.

"Coach Wilhite is putting everyone in the right mindset and we want to work as hard as we can for him and our teammates."

At the team's opening scrimmage, Wilhite let them play, and liked the results.

"I thought it went pretty well," he said. "I saw what what I wanted to see. We just lined them up, didn't call plays, no coaching, and saw what they could do."



Dakota Valley's Jackson Boonstra is brought down by Vermillion's Trillion Sorrell during an Aug. 26 game at the Dakota Dome.

JESSE BROTHERS
SIOUX CITY JOURNAL

ROYALS

MMCRU



SCHEDULE:

8/25/23 ... @ Cherokee Washington 9/1/23vs Gehlen Catholic 9/8/23 ..@ Hartley-Melvin-Sanborn 9/15/23vs South O'Brien 9/22/23 @ Sibley-Ocheyedan 10/6/23vs Westwood

10/13/23vs Alta-Aurelia



ROSTER 1 Jonah Petersen 17 Jacob Pick 2 Gage Johnson 18 Mason Hill 3 Kamden Bork 20 Tayden Hicks 4 Noah Galles 21 Parker Glassmaker 5 Clint Staab 23 Michael Peterson 6 Michael Schmillen 24 Gavin Poeckes 25 Brayson Mulder 7 Jace Colling 8 Mason Roberts 31 Brandon Dreckman 32 Mason Carver 9 Grant Prescott 10 Blake Barinsky 33 Boston Colling 11 Parker Loutsch 35 Eli Schlenger 44 Cayben Olson 12 Eli Harpenau 13 Kyler Bork 50 Josh Peterson 14 Dawson Pick 51 Hayden Moos 15 Luke Kintigh 53 Kaden Steffen 16 Wyatt Alesch 55 Max Schnepf

56 Brennen Ball
58 Noah Hart
60 Owen Schroeder
61 Carsten Schrooten
64 Cody Evans
65 Jeremy Bjick
68 Carter Astidias
72 Benjamin Tentinger
74 Brayan Hill
75 Carver Miller
77 Lukas Peterson
78 Brayden Dunn
79 Mitchell Schnepf
81 RJ Krier
83 John Schmillen







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JESSE BROTHERS, SIOUX CITY JOURNAL

South Sioux City football starters Tony Palmer (14), left, Tate Albertson (12), Brodee Sims (50), DJ Helms (6), Adam Hamilton (8), and Andrew Ortiz (44), right, are shown.

South Sioux City Cardinals approach season with excitement

JARED MCNETT

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SOUTH SIOUX CITY — For the South Sioux City Cardinals football team, the 2022-2023 season was one of transition.

Head coach Jackson Dickerson was in his first year on the job after spending the previous two as an assistant.

On offense, the Cardinals squad Dickerson took over had a sophomore starting

quarterback, a sophomore lead running back and a trio of junior wide receivers leading in pass catching.

As for the defense, three of the four team leaders in total tackles were only in their second year. Mwamba Ngeleka, who graduated, was third in tackles with 36.

And Dickerson had to try and make all of that gel as South Sioux City played every single game on the road because the school's athletic facilities were being renovated throughout 2022.

The team started the year with a "home game" against Sioux City North at Morningside University's Elwood Olsen Stadium before playing three "home games" at Dakota Valley High School in

North Sioux City. The Cardinals went 1-3 with the one win being a 67-60 shootout against Omaha South.

South Sioux City finished the season 2-7. This year, the team will be in a new sta-

This year, the team will be in a new stadium in South Sioux City with a coach ready to prove himself and players who've been growing together.

"Through the first week of camp, we've really seen a change in how our guys are going about their business on a daily basis at practice. (Which is) something we saw at times last year but not every single day," Dickerson said. "So, between last year and this year, as a coaching staff (we) sat down (and said): What do we need to do? Because if we keep things the same, noth-

ing's going to change."

Junior quarterback Darius Helms said a lot more players on the team have bought into things beyond practices and games, like strength and conditioning.

"At this point last year, we didn't have as many guys at summer lifting. For several practices (this year), we've had almost 40 guys, 50 guys, consistently. It's a numbers game and we've got a lot more this year."

For the 2022 season, the numbers Helms put up didn't just come from throwing the ball. In addition to his 932 passing yards and 11 passing touchdowns, Helms had 129 rushing yards (for two touchdowns) and 32 tackles on defense.



TIM HYNDS, SIOUX CITY JOURNAL

South Sioux City's Tony Palmer tries to run away from a pack of Omaha South defenders during a Sept. 16 game at Dakota Valley High School. South Sioux City returns to its newly-renovated stadium after playing all of its game away from home last year.

As one of a number of sophomores who saw a lot of playing time for the Cardinals last year, Helms said he thinks the team's chemistry is strong.

"Not many guys are going to be nervous. They'll be ready to go for the first game," Helms said.

That first game, a non-district matchup against Sioux City North, will be the first in South Sioux City's new stadium. Junior running back Tony Palmer, who ran for 759 yards in seven games, said he thinks being back at home will be a boon for the Cardinals.

"I'm excited for this new field and for everybody to come out and (for us) to have a home advantage," he said.

Palmer didn't play in all nine games for South Sioux City and he thinks that helped the team further develop its passing game.

One of the wide receivers returning from that group is Tate Albertson, a senior who also logs snaps as a defensive back. "I

think the confidence is there," Albertson said. "All the seniors, that are returning, we played all four years so there's a lot of leadership."

Though Albertson only had nine catches in the 2022 campaign, he made the most of those receptions by averaging more than 22 yards per catch. He joked that he finds offense a lot more enjoyable than defense.

"I just like scoring touchdowns," Albertson said.

Whenever the first score comes for South Sioux City at home this year, Dickerson will relish it. "It's a long time coming. It's been two years since we've gotten to play a true home game. Our guys are excited about it. Our coaching staff's excited about it."

Jared McNett is an online editor and reporter for the Sioux City Journal. You can reach him at 712-293-4234 and follow him on Twitter @TwoHeadedBoy98.

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JESSE BROTHERS, SIOUX CITY JOURNAL

Elk Point-Jefferson players hold the South Dakota Class 11B championship trophy after defeating Winner 21-14 to win the school's first state championship in football last season.

Huskies look to replace key players lost to graduation

DAVE DREESZEN

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Led by a senior-dominated team, Elk Point-Jefferson made history last season, capturing the school's first state football championship.

The Huskies upset top-ranked and two-time defending champion Winner, 21-14, in the Class 11B title game, capping a 12-0 season.

EP-J lost 16 seniors off that recordsetting team, including the four top offensive performers - quarterback Noah McDermott, running backs Lucas Hueser and Ben Swatek and wingback Devon Schmitz. Hueser was named the MVP of the state title game after rushing for 119 yards and two touchdowns, including the game winner.

Despite the losses, head coach Jake Terry likes the chances of this season's squad, which brings back four starters on both offense and defense and 25 letterwinners.

"We lost a very good, complete class to graduation, but we were fortunate enough last year to get a number of our younger kids meaningful reps throughout the season," Terry said.

HUSKIES ELK POINT-JEFFERSON



SCHEDULE:

Sept. 1@ Sioux Valley

Sept. 15..... McCook Central/Montrose

Sept. 22....@ Flandreau

Sept. 29.... @ Miller/Highmore-Harrold

Oct. 6 @ Tri-Valley

Oct. 13......Bridgewater-Emery/Ethan



ROSTER

1 Anthony Tatro 19 Wyatt Herrity 53 Aiden Zach 2 Tracen Pearson 22 Cody Robinson 54 Blake Trudeau 3 Jacob Gale 23 Brody VanRoekel 4 Kayden Moore 24 Daenton Ronellenfitch 57 Daniel Havermann 5 Beau Schmitz 25 Ethan Lake 7 Gunner Ewing 30 Logan Jones 8 Keaton Gale 32 Caleb Heuertz 10 Carson Timmins 33 Garret Staum 11 Owen Rigg 40 Luke Schmitz 42 Ashton Fairbanks 12 Levi Hanson 13 Leland Mick 44 Reed Sayler 14 Grayson Girard 45 Landon Johnsen 15 Nicholas Schmitz 51 Andrew Quiett

52 Gravson Jacobs

55 Dawson Fullenkamp 62 Ruben Chicoine 63 Dylan Campbell 64 Evan Fornia 65 Keaton Hinds 66 Ronald Kluender 72 Jace Shatswell 75 Dreyden Wagner 76 Hudson Kempf 77 Nathan Sayler

99 Haves Johnson









JESSE BROTHERS, SIOUX CITY JOURNAL

Elk Point-Jefferson's Garrett Merkley is brought down by Bridgewater-Emery/Ethan's Sutton Arend during a Oct. 8 game in Elk Point. Merkley is one of the top returning players this fall for the Huskies, who went undefeated and won their first state championship last season.

The Huskies have two talented and explosive returning players at wide receiver — seniors Garrett Merkley and Kayden Moore.

Last season, Merkley caught 10 passes for 128 yards and a touchdown and also returned two kickoffs for scores. In the Huskies' semifinal win over Hot Springs in the playoffs, Merkley returned the opening kickoff 74 yards for a TD.

Moore caught three balls for 65 yards and two scores last year.

Two starting offensive linemen are also back this season, senior Evan Fornia and junior Hudson Kempf. Kempf will likely move from center to guard, while Fornia will stay at tackle. Both are slated for staring jobs on the defensive line as well.

Merkley, who picked off three passes last year, is also a returning starter at defensive back, along with senior DB Carson Timmins. Jake Gale, a 5-foot-10-inch junior, is a returning all-Big East Conference pick at linebacker, and will also likely start at running back, Terry said.

"Defensively, we return a lot of players on both our lines and backfield. We will need to plug some holes at the LB position, but we have some very capable young men," Terry said.

Junior Keaton Gale is projected to succeed McDer-

mott at quarterback, while senior Gunner Ewing is expected to split carries at running back with Merkley and Gale.

"Our line will once again be our strength and we will lean heavily on them, however, we also return a lot of playmakers on the edge and we will need to find ways to get them the ball consistently," Terry said. "We will have to develop a proficient running game if we want to be successful."

Newcomers the head coach expects to see significant action this season include: senior tight end and defensive end Reed Sayler; senior fullback and defensive end Daenton Ronellenfitch; senior offensive lineman and linebacker Aidan Zach; senior lineman Grayson Jacobs; senior receiver and defensive back Tracen Pearson; junior lineman RJ Chicoine; junior tight end and linebacker Ashton Fairbanks; junior receiver and defensive back Grayson Girard; junior receiver and defensive back Landon Johnsen; sophomore lineman Jace Shatswell; sophomore lineman Keaton Hinds and sophomore tight end and linebacker Luke Schmitz.

EP-J opened the season with two home games — against Parker on Aug. 18 and vs. Baltic on Aug. 25. The Huskies' first road test is Sept. 1 at Sioux Valley, which Terry sees as one of the top teams in Class 11B this season, along with MCM, Winner and Hot Springs.



JESSE BROTHERS SIOUX CITY JOURNAL

Morningside's Ryan Cole dodges away from Dakota Wesleyan's Layton Eide during a GPAC game at Elwood Olsen Stadium in Sioux City on Oct. 29. Morningside was the No. 2 pick to repeat as the GPAC champions this season, behind first-place selection Northwestern.

Raiders picked 1st in GPAC preseason poll

JOURNAL STAFF

Northwestern, which won last season's NAIA national championship, is the preseason pick to win the 2023 GPAC championship.

points and eight first-place votes from league coaches, compared to the second-place preseason pick Morningside, which received 83 points and three first-place ballots. The Mustangs won last season's GPAC champion with an 11-0 mark.

In the II-tea total points. Coaches vote for the second-place preseason pick Morningside, which received 83 points and three first-place ballots. The Mustangs won last season's GPAC champion with an 11-0 mark.

The Red Raiders finished with a record of 13-1 after defeating Keiser University in the title game, 35-25. Morningside picked up an opening round of the playoffs before falling to the Keiser in the second round.

Dordt was picked third

in the preseason poll with 78 points and Midland was fourth with 75. Hastings rounded out the top five with 59 points.

PAC championship. Briar Cliff was the last pick The Red Raiders totaled 98 in the 11-team league with 14 pints and eight first-place total points.

Coaches were not allowed to vote for their own team.

2023 GPAC Preseason Football Coaches' Poll:

Place Team Points First Place Votes

- 1. Northwestern 988
- 2. Morningside 933
- 3. Dordt 78
- 4. Midland 75
- 5. Hastings 59
- 6. Concordia 57
- 7. Jamestown 38
- 8. Doane 36
- 9. Mount Marty 30
- 10. Dakota Wesleyan 27
- 11. Briar Cliff 14

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CRUSADERS

BISHOP HEELAN















CRUSADERS

BISHOP HEELAN

ROSTER

- 2 Ricky Feauto
- 3 Sir Brandon Watts (C)
- 4 Isaiah Favors (C)
- 5 Quinn Olson (C)
- 6 Joey Fiitzsimmons
- 7 Kasen Thomas
- 8 Luke Fischer
- 9 Kannon Bork
- 10 Jack Schramm
- 11 George Tsiobanos
- 12 Caden Lester
- 14 Drew Uhl
- 15 Colton Barker
- 16 Christian Marquez
- 17 Will Pattee
- 19 Jack Oneill
- 20 Ben Deck
- 21 Anthony White
- 22 Fisher Uhl
- 24 Jack Bousquet
- 25 Jaron Bleeker
- 27 Talon Peterson
- 28 Russell Wilson
- 30 Avery Favors
- 32 Mitchell Kime
- 41 Logan Mueller

- 42 Max Delaney
- 44 Matt Meyer
- 44 Talen Peterson
- 50 Sam Van Holland
- 51 Stephen Garcia
- 52 Ethan Erickson
- 53 Zachary Harpenau
- 55 Ben Hegarty
- 56 Lawrence Primeaux
- 58 Jayden Collins
- 59 Camden Meier
- 62 Kedan Johnson
- 63 Jayden Livingston
- 64 Juan Argueta
- 65 Kevin Nuno
- 66 Agustin Moreno
- 67 Calvin Granaas
- 69 James Cleary (C)
- 72 Missael Hernandez
- 74 Hayden Overgaard
- 75 Cole Sprague
- 77 Logan Gray
- 78 Sam Grieve
- 80 Carson McInerney
- 81 Alex Lacy
- 82 Eddy Noutepe

SCHEDULE:

8/25	@ Kuemper Catholic
9/1	@ Council Bluffs Lincoln
9/8	vs Sioux City East
9/14	@ Sioux City West
9/22	@ Sioux Center
9/29	vs Carroll
10/6	
10/13	@ Sergeant Bluff-Luton
10/20	@ MOC-Floyd Valley







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JESSE BROTHERS, SIOUX CITY JOURNAL

Sergeant Bluff football seniors, Cade Klingensmith, left, Scott Dickson (20), Julian Jervik (77), Ryan Hoffman (18), right, are shown at the team's media day on Aug. 12.

Sergeant Bluff-Luton football will look a whole lot different

JARED MCNETT | jmcnett@siouxcityjournal.com

SERGEANT BLUFF - Pick a spot on the 2022-2023 roster for the Sergeant Bluff-Luton Warriors and odds are you'll land on a position occupied by a senior.

The football team, which went 3-6 this past season, had 19 players in their final year including outgoing quarterback Tyler Smith who was selected as the offensive most valuable player for the Class 3A All-District 1 team.

Replacing him isn't a simple as saying "next

The quarterback with the second-most passing yards on the 2022-2023 team? Scott Kroll, a senior as well.

Despite the fact that the Warriors will be starting somewhat anew with senior quarterback Ryan Hoffman and junior Brayden Kerr, head coach Justin Smith, who's been with the program for 11 years, said it's business as usual.

"We expect the same thing we do out of every single kid: Get better every day," Smith said. "We don't really talk wins and losses. We talk about how if we show up and get better every day, good things are going to happen. And both Kerr and Hoffman have improved immensely since last year. I trust either one of those guys in a varsity football game."

WILDCATS HARTINGTON-NEWCASTLE



SCHEDULE:

..Plainview Sept. 1... Sept. 8.....@ Elkhorn Valley Sept. 15@ Crofton Sept. 22... . Wakefield Sept. 29... TCNE (Tri County Northeast) Oct. 6.......@ Laurel-Concord-Coleridge Oct. 13..... .. Homer



ROSTER

- 2 Riley Sudbeck
- 3 Ty Opfer
- Austin Sudbeck
- Cole Heimes
- 10 Will Feilmeier
- 12 Maximus Mccray
- 15 Dayton Sudbeck
- 17 Kale Korth
- 20 Carter Kelly 23 Brayden Lammers
- 30 Tyler Hutchinson

- 32 Jason Heimes
- 42 Gabe Reyes
- 48 Logan Opfer
- 50 Aiden Collier
- 54 Ayden Rosener
- 60 Cristopher Kneifl
- 71 Colten Cavanaugh
- 74 Lincoln Grutsch
- 80 Mason Krause
- 88 Landon Clark





Though 2022 ended in disappointment, Smith said the players returning from that team aren't dwelling at all on what went wrong.

"Last year is last year," he said.

Even after settling on a primary signal caller for the season, the Warriors will need to re-establish their receiving corps as three of Tyler Smith's four most-frequent targets graduated.

Hoffman said he already feels good about the rapport he has with his receivers.

"We got the chemistry down in week one and the routes are clean now. So I'm for this upcoming season and the routes and route runners we have," Hoffman said. In 2022, he threw 10 passes, completed six of them and had one touchdown.

SB-L's coach shouldn't have much to worry about at running back. The lead ball carrier for the year prior, Zayvion Ellington, is a junior. While splitting touches with Tyler Smith, he still managed to carry the ball into the end zone 10 times and racked up 524 yards. Justin Smith said there's room for Ellington to grow.

"I'm expecting him to be a little more physical and understanding that's probably his strength," Justin Smith said. "It's not dancing. It's putting the shoulders down and getting extra yards on contact."

Senior wideout Scott Dickson said he's

excited for what Ellington's style of play can provide for the rest of the offense.

"(It) opens up the pass game," he said. On the other side of the ball, the losses are more noticeable.

Of the 13 players who notched at least 10 tackles during the 2022-2023 season, 10 were seniors. That includes SB-L's top three tacklers from the past year's campaign, Garrett McHugh, Jake Hamilton and Tylar Lutgen.

One of the returning defenders tasked with filling the void is senior defensive end Julian Jervik. The 6'1" Jervik, who had two tackles in his previous year, said two major focuses this offseason have been physicality and being on the same page as other players.

"That's my main goal. We just want to focus on working as a team, together."

Jervik said he feels good about how the younger players will fit into the overall scheme.

"We obviously don't have that many seniors out this year. But I'm confident with the young talent that we having stepping up."

Jared McNett is an online editor and reporter for the Sioux City Journal. You can reach him at 712-293-4234 and follow him on Twitter @TwoHeadedBoy98.v



TIM HYNDS, SIOUX CITY JOURNAL

Sergeant Bluff-Luton's Scott Dickson gets upended by CL/G-LR's Josh Elbert during a Sept. 2 game in Sergeant Bluff.

KNIGHTS

HOMER



SCHEDULE:

Sept. 1Lyons-Decatur Northeast

Sept. 9......Omaha Christian Academy

Sept. 15.....@ Laurel-Concord-Coleridge

Sept. 22.....@ Tri County Northeast

Sept. 29.....Crofton

Oct. 6Wakefield

Oct. 13.....@ Hartington-Newcastle



ROSTER

Reed Modlin 24 Josue Munoz

3 Isaac Barclay

5 Steve Harris

6 Drake Ikler

8 Austin Pelster

9 Bodie Nelsen

10 Axton Caskey

14 Ethan Roberts

54 Landon Ahlman

55 Trent Dunn

56 Ben Roost

63 Darrance Blackfish

66 Tru King

91 Colton Victor

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JESSE BROTHERS, SIOUX CITY JOURNAL

2023 Siouxland Christian seniors Sam Headley (55), Jerry Lynam (9), Jed Bielenberg (15), right, are shown.

Siouxland Christian looks for growth in 2023

JARED MCNETT

jmcnett@siouxcityjournal.com

SIOUX CITY — Siouxland Christian's first-year head football coach Ryan Gillaspie recognizes the school isn't one of the biggest in its division. But Gillaspie, who's taking over for former coach Scoop Latimer, sees that as a motivator for the Eagles.

"Having small numbers, it's tough," he said. "But, the kids in the offseason have been working their tails off and that's paid dividends throughout this summer camp."

As the Sioux City metro area's lone 8-man football team, Siouxland Christian went 2-7 in 2022 with wins coming against the River Valley Wolverines of Correctionville, Iowa and the Griswold Tigers of Griswold, Iowa (in Cass County). In two of its losses, to the Newell-Fonda Mustangs and the Remsen-St. Mary's Eagles (who the state title in 2022), Siouxland Christian didn't score a point. Gillaspie isn't focused on much of any of that. What he's taking away from last year is who's coming back.

"We're returning returning many of our students and many of our coaches here so we've got a good core that we built off from last year," Gillaspie said. The team lost four

Gillaspie

seniors from last year: Hunter Latimer, Malachi Reynolds, DeShawn Wells and Ben Wing.

Sam Headley, a senior for the Eagles, is set to anchor the offense as the center. Though it's not one of the most glamorous positions on the gridiron, Headley said he appreciates how much playing center

can test team chemistry and knowledge.
"It's a challenge. You've got to know the plays. Make sure the snap gets down and make sure your quarterback doesn't get blown up. I love the challenge," Headley said.

As one of four seniors on the team, Headley already recognizes what Gillapsie's brought to the table as the new head coach of Siouxland Christian.

"Well, he's brought a lot of conditioning to the table. I can definitely tell he's worked really hard on this playbook," Headley said. "(He's) tried fitting everybody to the best position for them and for the team, trying to make everybody happy. Really, I love what he's done and I'm excited to have him as a head coach."

Another senior the Eagles will rely on a great deal is Jed Bielenberg. One of three Bielenbergs on the team, Jed average 11 yards per catch as a receiving option (with two touchdowns) and racked up 41.5 tackles on the defensive side of the ball.

Jed's brother Judah, a junior, will again be

the primary play caller this year. During the 2022 push, Judah threw for three touchdowns and rushed for four. As a defender, he netted 21.5 tackles.

"Everybody's got a leadership role on this team," Gillaspie said. "It's been amazing. All the kids have picked each other up. Like I said, they've worked really, really hard. Our theme this year is attitude and effort and the kids are giving us great attitude and even better effort for the season."

What will success look like in the 2023 season for a team that lost more than it won last year?

"Success is going to be growth, both on the field in their abilities and success off the field, growth as a student and as a young man. That's what I'm looking forward to," Gillaspie said.

"Everybody's got a leadership role on this team," Gillaspie said. "It's been amazing. All the kids have picked each other up. Like I said, they've worked really, really hard. Our theme this year is attitude and effort and the kids are giving us great attitude and even better effort for the season."

- Ryan Gillaspie, Siouxland Christian coach

PANTHERS KINGSLEY-PIERSON



SCHEDULE:



ROSTER 1 Kevin Wright 23 Colton Wilcox 2 Skyler Lopez-Perez 32 Brady Collins 3 Cole Thomas 34 Beau Goodwin 4 Wyatt Klaschen 35 Ayden Socknat 5 Jameson Sistrunk 44 Preston Benson

21 Cal Harvey

5	Jameson Sistrunk	44	Preston Benso
8	Colton Kurtz	77	1 restori beriso
9	Jaxson Lindgren	54	Jacob Kraft
10	Tyler Koch	57	Kaden Kraft
11	Gavin Trapp	64	Liam Dunne
18	Peyton Hackett	79	Rocky Ramirez

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COLLEGE FOOTBALL



Northwestern College players celebrate winning the NAIA championship over Keizer (Fla.), 35-25 in Durham, N.C. on Dec. 17.

Gramstad, Storey return from Red Raiders' NAIA title team

DAVE DREESZEN

ddrees zen @ sioux city journal.com

ORANGE CITY, Iowa — With his arm and legs, Jalyn Gramstad led Northwestern College to its first national football championship in 39 years last season.

The explosive-dual threat quarterback returns for his junior season this fall, looking to guide the Red Raiders to back-to-back NAIA titles for the first time in school history.

Gramstad's favorite target last season, All-American wide receiver Michael Storey, and the team's top two running backs, Konner McQuillan and Logan Meyer, also are back from last season's 13-1 team.

The Red Raiders, who lost 24 seniors to graduation, must fill holes on the offensive line and in the secondary. But they bring back enough other key players on both sides of the ball to again be a strong title contender.

For the first time in head coach Matt McCarty's tenure, Northwestern is the preseason pick to win the Great Plains Athletic Conference. NWC received eight first-place votes from the league coaches, compared to three for second-place Morningside, last season's GPAC champion with an 11-0 mark.

"There's definitely excitement going into this season after coming off of last

year's run," McCarty said. "I think this team, though, understands it's a different team. When you go from one year to the next, you add guys, you loose guys. I think this group is really embracing the idea of they get to write their own legacy in Raider football by what they do this year."

More polished QB

Gramstad, who led West Lyon High School to a state title in 2019 as a quarterback and defensive back, started his career at Northwestern on defense. Converted to quarterback in the spring of 2022, he stepped in the third game of the season after starter Blake Fryar went down with an injury on the first play of the second half against Concordia.

The sophomore from Lester, Iowa, remained the starter even after Fryar recovered from his injury, as the Red Raiders reeled off 12 straight wins.

In Northwestern's 35-25 win over Keiser (Fla.) in the NAIA championship game, Gramstad was named the Offensive Player of the Game. The 6-foot quarterback weaved, dodged and swerved past defenders throughout the day at Durham County Memorial Stadium in Durham, N.C., finishing with 148 yards rushing on 22 carries, with many of the yards com-



JESSE BROTHERS, SIOUX CITY JOURNAL

Northwestern quarterback Jalyn Gramstad is grabbed by Mount Marty's Jaren Mortensen during an Oct. 1 game. Gramstad, who lead the Red Raiders to a NAIA national title last season, returns this fall for his junior season.

ing on key third down scrambles. He also threw for 247 yards and three more scores.

A second-team all-GPAC selection, Gramstad finished the season with 2,511 passing yards and 25 touchdowns and a team-high 1,024 rushing yards. His 23 rushing touchdowns were the most in the NAIA.

"He's just a natural leader, a very gifted runner. So having him back leading our offense, that's a great place to start."

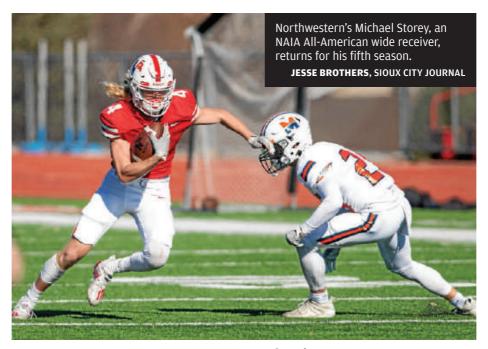
After an "outstanding" offseason, Mc-Carty said he expects the junior QB to continue to shine.

"I think if you watched him play right now, you'd see he's a much more polished quarterback," he said. "He's throwing the ball the best he's ever thrown it."

Storey, a fifth-year senior from Spencer, led Northwestern receivers last season with 79 receptions for 1,146 yards and his team-high 14 touchdown grabs. In the Raiders' 52-27 win over Marian (Ind.) in the NAIA quarterfinals, Storey hauled in a record four passes for scores in the second quarter. Junior wide receiver Tannor Schouten is expected to offer another target for Gramstad.

McQuillan, a senior from Leavenworth, Kan., was the team's second-leading rusher behind Gramstad last season, running for 806 yards and 11 touchdowns, and also had 273 receiving yards. The team's third-leading rusher, Logan Meyer, also is back. The junior from Alvord ran for 543 yards and nine touchdowns.

"We feel like we have some really great weapons around Jalyn so he doesn't have to do everything," McCarty said.



Up front, just one starter returns on the offensive line, senior Jawan Grant. Stepping in will be two others who have received plenty of snap, Patrick Gottburg, a senior from Sioux City East, and Kole Cleveringa, a sophomore from Sioux Center.

Defensive returnees

The Raiders lost six starters on defensive or transfers. The most noteworthy departure was Parker Fryar, a first-team All-NAIA linebacker and last season's GPAC Defensive Player of the Year last season. With two seasons of

eligibility remaining, Fryar transferred to the University of South Dakota this spring. Helping to fill the void at linebacker will be Ben Kingery, a secondteam All-GPAC selection, and Ben Egli, who won GPAC Defensive Player of the Week honors in the Raiders' win over Midland.

Up front, Northwestern boasts seven, fifth-year players on the defensive line. "All seven of those guys have played a lot for us," McCarty said.

The returnees include Jessen Reinking, who missed the 2022 due to a cancer diagnois. The junior from Kingsley, Iowa is now healthy and "looks better than ever," the head coach said.

The Red Raiders' special teams get a boost with the return of kicker Eli Stader. The senior from Cedar Grove, Wis. set a new single-season school record in PAT kick percentage (98.6%) last year while also notching the program's second-most PATs in a season (68), behind his own record set in 2021.

Northwestern opens the season with a pair of road games — Sept. 2 in Seward, Neb. vs. GPAC foe Concordia and Sept. 9 in Des Moines vs. Drake, the team's lone non-conference opponent this season.

EAGLES

LAWTON-BRONSON



SCHEDULE:

Sept. 1	@ West Lyon
Sept. 8	Sioux Central
Sept. 15	@ West Sioux
Sept. 22	Hinton
Sept. 29	@ Ridge View
Oct. 6	MVAOCOU
Oct. 13	



ROSTER

Louden Grimsley Caleb Garnand 44 Darien moran 44 Nicholas Forst Brandon Lane 46 Cole Wagner Austin Trotter 50 Jakob Ruhrer 11 Eli Stadsvold 51 Caleb Handke 13 Ivan Smith 53 Collin Dunnington 54 Chase Ruffcorn 15 Evan Teager 56 Hayden Zant 16 Marcus Silva

18 Carter Bartolo57 Logan Smith24 Caler Garnand59 Jaxson Deeds28 Connor Clausen60 Mark Moseman

28 Connor Clausen 60 Mark Moser 28 Domenik Smith 67 Kyle Kamm

30 Lane Mitchell75 Oliver Denney33 Ethan Konye78 Jayse Anderson





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JESSE BROTHERS, SIOUX CITY JOURNAL

Quarterback Lennx Brown carries the ball during Morningside's spring game at Elwood Olsen Stadium on April 22. Brown, a converted wide receiver, is one of three quarterbacks competing for the starting job this fall.

Morningside enters season as underdog in GPAC race

RYAN TIMMERMAN

RTimmerman@siouxcityjournal.com

Although not a familiar role, the Morningside Mustangs have no problem playing the part of the underdog.

A three-time NAIA national champion and perennial contender in the Great Plains Athletic Conference, the Mustangs have a chip on their shoulders after the reigning national champ Northwestern College enters the season as the GPAC favorite.

It's a spot Morningside wants back.

And, despite losing a senior class from last season that boasted high-end quality to go with overall quantity, the Mustangs are are on a mission to prove they belong atop the conference not only this season, but for years to come.

Hall of Fame head coach Steve Ryan sees no reason that should change.

"It's a big transition year for us," Ryan

said. "We've had guys that were here that were part of a wonderful, successful run here. But it's time for some new guys to step up. I'm happy with the energy."

Morningside went 11-1 last season and won the GPAC, with its only loss coming to Keiser (29-28) in the NAIA quarterfinals.

In its season opener a season ago, Morningside beat Northwestern, 30-29, en route to a perfect record in the league.

Ahead of the 2023 opener at Benedictine, the Mustangs have a three-headed battle for starting quarterback between

Iowa Wesleyan transfer Zack Chevalier (who has three years of eligibility remaining), freshman Cash Parker from the Kansas City area, and Lennx Brown, a junior who started last season as a wide receiver but took snaps behind center after four-year starting QB Joe Dolincheck went down with a hand injury late in the season.

"Last year we played (Lennx) at receiver, but he's back and full-time at quarterback now," Ryan said. "He's doing a great job, he's right there in the thick of it, but we don't know yet."

The Mustangs are supremely confident they'll be able to make up for the loss of Dolincheck, who was named NAIA Offensive Player of the Year after throwing for over 3,000 yards with a near-70 percent completion rate as a senior.

"We don't know (who the starting quarterback is), but we'll probably decide in the next couple of days and have a week to get them ready to go," Ryan said.

The return of running back Ryan Cole should alleviate that some.

Cole enters his junior season after establishing himself as the Mustangs go-to back with 1,359 yards and 25 touchdowns as a sophomore in 2022.

"We're really excited about Ryan Cole being back this year and our running backs in general, it's probably the strength of our team," Ryan said. "We can probably go five deep there."

Whoever lines up behind center for Morningside will also have several weapons on the outside back, chief among them senior Zach Norton, who led the team in catches (78) and receiving touchdowns (17) to go with the second-most receiving yards on the squad (1,201).

"We graduated more seniors than normally last year," Norton said. "That means there's guys on the roster that have been waiting their turn and are hungry to get their shot.



Morningside University head football coach Steve Ryan speaks at the Mustangs' media day at the M Club inside the Rosen Verdoorn Sports Center on Aug. 15. Morningside went 11-1 last season, losing in the NAIA playoff quarterfinals.

RYAN TIMMERMAN,

BEARS

LAUREL-CONCORD-COLERIDGE (LCC)



SCHEDULE:

Sept. 1Wisner-Pilger Sept. 8@ Plainview Sept. 15......Homer Sept. 22.....@ Crofton Sept. 29.....@ Wakefield Oct. 6 Hartington-Newcastle Oct. 13.....@ TCNE



ROSTER

- Bradyn Urwiler
- Carter Kvols
- Dylan Taylor
- **Hunter Benson**
- Tyler Boysen
- Connor Korth
- 12 Landen Leonard
- 13 Gibson Roberts
- 15 Talon Carson
- 20 Tanner Thompson
- 21 Caleb Erwin 28 Brock Koranda
- 31 Jaylen Carpenter
- 40 Ethan Gregory

- 42 Ian Sohler
- 45 Dillon Munter
- 46 Paul Allison
- 48 Eli Haisch
- 50 Kolten Settje
- 52 Jackson Hall
- 53 Noah Marc
- 58 Cade Johnson
- 62 Kayton Hall
- 77 Walker Stone
- 78 Aric Hall
- 82 Ryder Jelinek
- 84 Kyle Rasmussen







"And we finally have a Week 0 game outside the conference (against Benedictine, at top-10 ranked team)."

Another pair of senior receiving back are Joshua Simmons and Michael Payne, who each had over 20 catches and more than 300 yards apiece with a combined five touchdowns.

"We're not exactly sure (who the QB) will be," Norton said. "It brings it back to freshman year trying to learn the offense

and get on the same page as Joe. But we're enjoying the process. The seniors are trying to lead and set the standard here."

Similar to the offense, the Mustangs defense lost a key cog in linebacker Joshua Miller, who led the 2022 team in tackles with 81. In his stead, returning senior Isaac Pringle expects to see an uptick in production after he was second in tackles behind Miller last season with 66.

"Our defense is sort of senior heavy," Pringle said. "But there's a lot of young guys that are bringing the energy and making it easier for the old guys like me come to practice every day and compete with those guys.

"We have some new guys that haven't played much, but coming together and getting everyone comfortable will help everyone out and help this team achieve what it wants. The seniors on this team haven't been underdogs since we've been here. That hits a lot of us.

"It's different, but I like it. It gives us a chip on our shoulders."

The secondary is anchored by senior Lonell Boyd Jr., who is back after recording two interceptions in 2022.

"It's been an outstanding experience being here," the safety said. "We've been extremely motivated to get back out there. The expectations here haven't changed."

FALCONS

OABCIG



ROSTER

- 2 Jaxx DeJean
- 3 Brysen Kolar
- 4 Myles Beck
- 5 Ethan Behrendsen
- 6 Kade Spotts
- 7 Byron Godbersen
- 8 JJ Parks
- 9 Kelton Ladwig
- 10 Chris Reisdorph
- 11 Miles Chesney
- 12 Dayton Ullrich
- 14 Blake Corbin
- 16 Will Schirrmacher
- 18 Colton Delong
- 20 Anthony Newquist
- 21 Isaac Hoefling
- 22 Hudson Hoefling
- 23 Marshall Skinner
- 24 Jack Gilbert
- 25 Jayms Williams
- 26 Dalton Mefferd
- 27 Marshall Mogensen
- 28 Aidan Roberts
- 30 Andrew Parks
- 32 Adam Delong
- 33 Chase Miesner
- 34 Bodie Hansen
- 35 Eidan Skirvin
- 40 Jagger Loger
- 41 Caden Spetman

- 42 Ethan Barnum
 - 43 Justice Wells
 - 44 Sawyer Schmidt
 - 45 Kaeden Leonard
 - 50 Wyatt Bengford
 - 51 Ethan Frank
 - 52 Zach Hoefling
 - 53 Gavin Remer
 - 54 Gage Leed
 - 55 Bradyn Barber
 - 58 Christian Neubauer
 - 59 Jackson Groth
 - 60 Ben Riessen
 - 61 Nik Segebart
 - 62 Zach Balder
 - 63 Isaac Neubauer
 - 65 Evan Hoffman
 - 66 Kaleb Taylor
 - 68 Landon Graves
 - 73 Heath Schultz
 - 74 Kellen Hoefling75 John Kruse
 - 8 Creighton Cadwell
 - 79 Braeden Green
 - 80 Karsen Hoefling
 - 81 Aaron Neumann82 Roscoe Quirk
 - 34 Chace Schiernbeck
 - 86 Brady Watkins
 - 88 Sawyer Harm





SCHEDULE:

Sept. 1	@ East Sac County
Sept. 8	@ West Lyon Community
Sept. 15	MVAOCOU
Sept. 22	@ Ridge View
Sept. 29	West Sioux
Oct. 6	@ Hinton
Oct. 13	Lawton-Bronson

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Bouman returns at QB for Coyotes as new OC arrives

RYAN TIMMERMAN

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VERMILLION, S.D. - A 1-3 start to the 2022 did not set a good tone for what amounted to be a 3-8 campaign for the University of South Dakota Coyotes.

USD is aiming much higher in 2023.

And putting their best foot forward early is the best change the Coyotes have at changing their fortune.

"We have to build confidence in ourselves," said defensive back Myles Harden, who was named to Hero Sports' all-sophomore team last season despite only seeing action in half of the Coyotes' games. "We have to come out and prove to ourselves that we can compete."

One aspect that South Dakota feels is its favor is that sophomore Aidan Bouman is

Please see COYOTES, Page 31

RYAN TIMMERMAN, SIOUX CITY JOURNAL

University of South Dakota guarterback Aidan Bouman throws a pass during a Aug. 9 practice in Vermillion.

LOOKING TO CHANGE THEIR FORTUNES



BULLDOGS LE MARS COMMUNITY



SCHEDULE:

8/18/23...@ Central Lyon/George-Little Rock 8/25/23.....@ Sergeant Bluff-Luton 9/1/23vs Sioux City North 9/8/23vs Boyden-Hull/Rock Valley 9/15/23.....vs MOC-Floyd Valley 9/22/23.....@ Spencer 9/29/23vs Sioux City West 10/6/23.....@ Fort Dodge 10/13/23vs Denison-Schleswig 10/20/23@ Storm Lake



ROSTER

I Wichieng Hosnyang ☑ Levi Schnetzer Jovany Kabongo Nolan Kass Teagen Kasel

wen Rieken

Chase Peterson Jayden Nelson *i* Bixenman

0 Cameron Van Voorst 1 Jami Sitzmann 2 Degi Kabongo 14 Evan Pratt

5 Andrew Fifita Tycen Augustine 7 Óuinn Laškie

8 Kole Kass Jarett Forbes 21 Reau Wadle 22 Kole Carpente 23 Karter Melvir 24 Yosiyas Teclemicael 25 Keasuan Evans

26 Jude Dougherty 27 Andrew Grant 28 Brek Konz 32 Tegan Bogh

33 Kreed Schroede 34 Flisha Olson

35 Mason Pippett 38 Max Reina 50 Evan Jalas

51 Drew Galles 52 Chad VandeWeerd 53 Ayden Hoag

54 Kouger Sargisson 55 Keegan Kayser

56 Christian Cook 57 Hudson Kass

59 Asher Moss

60 Connor Ernst 61 Lawson Ostermyer

62 Nathan Murra 63 Jordan Jimenez

67 Markevius Moton

68 Jack Chamberlain 69 Mitchell Baartman

70 Kyle Koopman 71 Hayden Sitzmann

72 Logan Anderson

73 Kaleh Breuer 75 Aiden Kramer

79 Marcos Ibarra

81 Isaiah Tolzin 85 Alex Allen

87 Cedric Phillips JR 88 Landon Ortmann





Coyotes

from page 30

entrented as starting quarterback for which new offensive coordinator Josh Davis to build around.

"It's been an awesome experience," Bouman said. "(Coach Davis) knows what he's talking about and all the guys on offense have bought in."

Bouman played six games last season (four starts) and completed 80 of 132 pass attempts with just one interception, eight touchdowns and nearly 900 yards.

He's complimented by returning running back Travis Theis, who is back for his junior season after leading the Coyotes in rushing with over 800 yards in 2022.

At receiver, South Dakota is relatively young and unproven, but the Coyotes hope a group of young skill position players can gel behind the second-year signal-caller.

But the offensive success may start with the bodies up front, where the Coyotes feel they can compete against anyone.

"Travis provides great leadership in the running back room," said head coach Bob Nielson. "Our line allows him to use his athleticism. We return our interior guys at center and guard. At tackle, we're a little



South Dakota defensive back Beckett DeJean, a freshman from OABCIG, watches practice during a water break during the Coyotes' Aug. 9 practice in Vermillion.

RYAN TIMMERMAN, SIOUX CITY JOURNAL

younger ... but there are guys there that have had great springs."

South Dakota's defensive captains feel the unit has gotten bigger, faster and

meaner over the offseason as the three-win season of yesteryear provided some fuel to get through offseason workouts.

"Defensively, we're deeper than we've

been and we've built a real physical football team up front," said Nielson. "Those are

Please see COYOTES, Page 32

JAYS

GEHLEN CATHOLIC



SCHEDULE:

8/25vs Hinton
9/1@ MMCRU
9/8vs Alta-Aurelia
9/15@ Woodbury Central
9/22vs Akron-Westfield
9/29@ Sibley-Ocheyedan
10/6vs South O'Brien
10/13 ...@ Hartley-Melvin-Sanborn

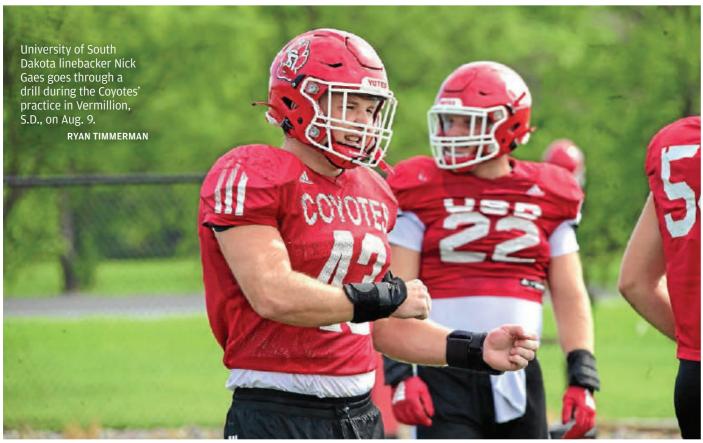
GEHLEN CATHOLIC

HOME OF THE JAYS









Coyotes

from page 31

guys we're going to lean on."

The defense also has some local talent in freshman Beckett DeJean from OABCIG in the secondary, junior linebacker Nick Gaes, an Alta-Aurelia alum, as well as Northwestern College transfer Parker Fryar. An NAIA All-American at linebacker, Fryar anchored the defense for the Raiders' national championship team.

"It's just been the matter of learning a new system," said Gaes. "I've very excited to get going here at South Dakota. Both teams I've been a part of have had a singular goal to win as many games as possible."

"It's been a big adjustment from high school," DeJean said. "But i just tried to dive into the playbook and push myself every day. It's just about us. I don't know how much I'll expect to play right away, but I want to push myself and my teammates."

And with the return of senior linebackers Stephen Hillis and Brock Mogensen, who each had over 100 tackles in 2022, the Coyotes are stout in the middle of their defense.

"It's great to get back out there with the guys," Hillis said. "We didn't do great last year, but we worked all summer to change that this season.

"That season is fresh in everybody's mind."

COUGARS LYONS-DECATUR NORTHEAST



SCHEDULE:

Sept. 1@ Homer

Sept. 8 Omaha Brownell Talbot

Sept. 15 Bancroft-Rosalie

Sept. 22 @ Stanton

Sept. 29 @ GACC

Oct. 6 Pender

Oct. 13...... Wisner-Pilger



ROSTER

2 Brady Hayes

3 Ayden Gott

4 Jake Christensen

5 Kwyntin Kampa

9 Masen Olsen

11 Eyan Tuttle

12 Jordan Richotte

14 Eric Hart

15 Jackson Jensen

17 Bennett Andersen

18 Weston Hardeman

20 Josh Mendez

22 Junior Schild

.

24 Tyler Archer

32 Brayden Tolle34 Kaden Knaak

35 Garret Vavra

37 Anthony Ashcraft

43 Sierra Heckenliable

TO SICITATICCKCIIIADI

55 Braxton Watson

69 Ryan Tuttle

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BRIAR CLIFF

CHARGERS COUNT ON CONTINUITY

Briar Cliff hopeful that football program has turned corner

RYAN TIMMERMAN

RTimmerman@siouxcityjournal.com

Briar Cliff's head coach doesn't have to think too much about what stands out about the 2023 Chargers football team at this stage of camp.

"It's gotten a little chippy at times, in a good way," said head coach Shane LaDage. "We just haven't had this level of competition at practice since I've been here. For maybe the first time it feels really right with the guys we have."



LaDage

Briar Cliff went 1-10 in 2022 competing the NAIA's Great Plains Athletic Conference, which boasts reigning national champions Northwestern College and perennial NAIA contender Morningside.

But this may prove to be the most important offseason of LaDage's tenure, and not just because of the ongoing construction to renovate some facilities used by the football team on campus.

"We had the most guys stick around than we've had under this coaching staff," said junior quarterback Luke Davies, who had 2,332 yards last season passing. "That was just very encouraging and positive for us.

"With an older roster this year, we're just excited to get back out there and play some ball."

Davies completed 54 percent of his 366 attempts as a sophomore and compiled 18 touchdowns against 14 interceptions.

And while the Chargers work to provide Davies with quality weapons, that's been achieved through development of players already on the roster and through the incoming class of recruits.

"This is a good recruiting class," said junior wide receiver Aaron Okoro, who had 39 receptions for 465 yards and three touchdowns a season ago. "Having those guys around have allowed us to split into more groups and get more reps in practice.



ZACH JAMES, SIOUX CITY JOURNAL

Briar Cliff quarterback Luke Davies looks for an open receiver during the third quarter of the Chargers' 31-25 win over Jamestown on Sept. 10.

"Having a chip on our shoulders has made us push a little more."

So if more wins come in 2023, it may be drawn back to work done since the end of 2022.

"The most important part has been this first week and seeing the the guys buy in,"

LaDage said. "Our retention rate is much better than it's been. There's a bigger gap between the older guys and newer guys. And it's not because the new guys are worse than the ones we've brought in, they're probably better. But it's just that our older guys have been in the system

now and have grown.

"They understand we didn't have the best year last year. That put a chip on guys' shoulders. There's a fire in our bellies to prove people wrong."

Please see BRIAR CLIFF, Page 34



Briar Cliff

from page 33

Defensively, the team returns senior linebacker junior Brett Tinker, who led the Chargers with 104 tackles last season.

"This year, we've got a new defensive coordinator, so we're trying to get everyone on the same page and moving around fast," Tinker said. "We're not worried so much about correcting mistakes on the field, we'll do that when we go back and watch film.

"We've done a lot to mature over the last few years. In the past, we've given ourselves excuses or given ourselves a way out. This year, we've done a much better job of keeping our heads up and moving on. I'm having a lot of fun, this is most free I've ever felt on the football field."

Briar Cliff University offensive lineman Devon Priestley performs a blocking drill during the Chargers' practice at Memorial Field in Sioux City on Aug. 11.

RYAN TIMMERMAN, SIOUX CITY JOURNAL

KNIGHTS

OAKLAND-CRAIG



SCHEDULE:

Sept. 1@ Fort Calhoun
Sept. 8Malcolm
Sept. 15@ Ponca
Sept. 22Cedar Catholic
Sept. 29@ Fremont
Oct. 6@ Tekamah-Herman
Oct. 13North Bend Central
Oct 20 IVSS

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ROSTER Jeremiah Druckenmiller Corbin Guill Braylon Anderson 51 Kyler Case Isaak Maxwell 53 Nolan Magnusson Eli Johnson 54 Brady Johnson Preston Rost 55 Kevton Kampa Kevin Mendez 56 Colton Moseman Simon Druckenmiller 57 Nick Jernigan Emmet Johnson 58 Tate Penke Joseph Findlay 63 Garrett Klausen Winston Wilkey Lincoln Benne 70 Preston Novak Jaxen Jorgensen 72 Joey Riggle Luis Popoca 74 JT Brands Sylas Nelson 24 Caleb Bousquet 75 Javar Larson 25 Avery Bryan 80 Mason Pearson



2023 GPAC FOOTBALL SCHEDULES

Briar	Cliff	University	,
-------	-------	-------------------	---

Aug. 26	at Waldorf
Sept. 2	at Mount Marty
Sept. 9	at Midland
Sept. 16	OPEN
Sept. 23	vs. Hastings
Sept. 30	at Concordia
Oct. 7	vs. Doane
Oct. 14	vs. Northwestern
Oct. 21	vs. Dakota Wesleyan
Oct. 28	at Dordt
Nov. 4	at Jamestown
Nov. 11	vs. Morningside

Dordt University

Aug. 26	OPEN
Sept. 2	at Doane
Sept. 9	vs. Mount Marty
Sept. 16	vs. Concordia
Sept. 23	OPEN
Sept. 30	at Hastings
Oct. 7	vs. Midland
Oct. 14	at Jamestown
Oct. 21	at Northwestern
Oct. 28	vs. Briar Cliff
Nov. 4	at Morningside
Nov. 11	vs. Dakota Wesleyan

Morningside University

Aug. 26	at Benedictine
Sept. 2	OPEN
Sept. 9	at Hastings
Sept. 16	vs. Mount Marty
Sept. 23	vs. Midland
Sept. 30	at Doane
Oct. 7	vs. Concordia
Oct. 14	at Dakota Wesleyan
Oct. 21	vs. Jamestown
Oct. 28	at Northwestern
Nov. 4	vs. Dordt
Nov. 11	at Briar Cliff

Northwestern College

OPEN	Aug. 26
at Concordia	Sept. 2
at Drake	Sept. 9
vs. Doane	Sept. 16
at Mount Marty	Sept. 23
at Midland	Sept. 30
vs. Hastings	Oct. 7
at Briar Cliff	Oct. 14
vs. Dordt	Oct. 21
vs. Morningside	Oct. 28
at Dakota Wesleyan	Nov. 4
vs. Jamestown	Nov. 11

HAWKS

REMSEN ST. MARY'S



SCHEDULE:

5vs Harris-Lake Park	8/
@ West Bend-Mallard	9/
5vs Boyer Valley	9/
2@ Newell-Fonda	9/
9vs Ar-We-Va	9/
6@ Woodbine	10
/12	10



ROSTER

1	Elijah Schroeder	26 Brady Koenck
2	Keaton Harpenau	31 Colbey Penning
5	Cade Tentinger	44 Hunter Pick
10	Sam Schmillen	52 Ty Tritz
11	Brady Wurth	55 Collin Homan
18	Braxton Kniep	60 Caleb Gravenish
23	Kinnick Mohning	64 Sam Gerrietts
24	Landon Waldschmitt	76 Lennan Steichen





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CARDINALS

SOUTH SIOUX CITY

















CARDINALS



SOUTH SIOUX

ROSTER

0 Jasper Kriens 1 Izaac Tarno

2 Travis McCabe

2 Connor Slaughter

2 Xander Ardley Jr

4 Lucas Sulzbach

4 Demarico young 4 Fernando Flores

5 Devin Penne

5 Nicholas Rogge

6 DJ Helms

8 Caden Chester

9 Alex Lasley 10 Argenis De Anda 12 Silas Fluellen 12 Tate Albertson

13 Brandon Popoca

14 Palmer Antonio 14 Juan Reyes

15 Vince Eleuterio

17 Eduardo Gomez

18 Joseph Tramp

20 Adam Hamilton

23 Robert Meza 24 Danny Garcia

25 Marcús Tarno

26 Sovanndy Sek

26 Caden Uhl

27 Ivan Rodriguez 28 Shukri Irre

28 Erick Moreno

30 Jorge Martinez

33 John Tramp 33 Omar Villalpando

34 Caleb Kriens

34 Samuel Camargo Flores

38 Isaac Moreno 38 Samuel Uriostegui

40 Allen Delgadillo

43 Tommy Hoch 44 Andrew Ortiz

45 Alex Zephier 45 Noah Macias

47 Leolani Phillip 51 Blake Seay 54 Jacob Guzman 54 Jake Guzman 60 Aaron Venegas 61 Marco Rodriguez

63 Garret Morgan

58 Adrian Curiel

64 Julian Ledesma

66 Teodulo Perez

68 Carson Atkins

68 Carson Atkins 71 Eduardo Gonzalez

72 Brodee Sims

74 Kayden Melchor 74 William Craig 74 Branden Lieber

76 Angel Jimenez

76 Andrew Campbell 77 Keven Ortiz

77 Ruben Carrillo 77 Chris Ryion

77 Julian Perez

79 Jinha Lee 80 Jairo Avila

83 Benjamin Lindgren

84 Avan Salas

84 Alabama Villeda

85 Mario Monroy 90 Juan Deluna

90 Juan De Luna

Juan Tapia

Landon Phommavanh

Oscar Alba

Diego Amaral

Maurseio Vera-Marin

David Montes

Taye Baker

Cristian Soler

Jorris R Holthe

Luis Caballero Ryan Lee

Jaime Godinez-ponce

Adan Curiel

Gov Tuach

Luis Villarreal

Jesus Ortiz-Tapia

Aaron Rangel-Medina Marvin Tovar-Argueta

Kaden Dahl Isaiah Anderson

Zachary Wilkins Jesus Órtiz Tyler Peterson

Jacob Ngeleka

Lawrence Crowe

Isaac Godinez-Ponce

Brock Anderson

Dominick Lopez

Adrian Pastran Gabriel Franco-Estrada

Javier Flores

Ezekiel Hodo

Juan Popoca

Angel Perez

Abraham Varela Sergio Mojica

Jesus Uriostegui

Julian Martinez Pedro Cabrera

Juan Tapia

Giovanni Padilla

Payton Webb

Ben Lindgren Carlo MerazTrevino

Johnny HernandezGarcia

Grady Wendte

Marvin Tobar-Argueta Dennis Podjenski

Trixie Rogge Santiago Garcia

Issac Godinez

David Dunnick

Cooper Ferris

Josue Montoya

Alexis Hernadez

Juan Munoz Alec Sotelo

Jordi Mariscal

Jaden Painter **Holley Merithew**

Kayden Ortiz

Kyle Fitch Ángel Alba

Giovani Alvarado William Messerlie

SCHEDULE:

8/25@ Sioux City North (Sioux City, IA)

9/1.....Sioux City West (Sioux City, IA)

9/8.....Omaha Northwest (Omaha, NE)

9/22 Millard West (Omaha, NE)

9/29 Bryan (Omaha, NE)

10/5@ Lincoln Southwest (Lincoln, NE)

10/13...... Millard North (Omaha, NE)

10/20......@ Lincoln Southeast (Lincoln, NE)







DORDT UNIVERSITY

Defenders return key performers from 7-3 team in 2022

DAVE DREESZEN

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SIOUX CENTER, Iowa - With a wealth of talent returning on both sides of the ball, Dordt hopes to build on its strong finish last season.

The Defenders ended the 2022 campaign with four straight wins and victories in five of its last six games, raising their overall record to 7-3, the program's fifth season in a row with seven or more wins.

Expectations are high heading into camp this fall, with the Great Plains Athletic Conference coaches picking the Defenders to finish third in the league, behind only perennial national powers Northwestern and Morningside.

"We had a great offseason. A lot of guys that were banged up last year, we get them back," said Joel Penner, entering his eighth

Please see **DORDT**, Page 39



INDIANS

PONCA



SCHEDULE:

Sept. 1 Archbishop Bergan Sept. 8@ Tekamah-HermanOakland-Craig Sept. 15...... Sept. 22.....@ Battle Creek Sept. 29.....@ West Point-Beemer Oct. 6@ Norfolk Catholic Oct. 13.....Cedar Catholic

...@ West Holt



ROSTER

- **AUSTIN DENDINGER** MICKENON PETERSON
- **BRADY CARNELL**
- **JACE WAHLS**
- LANE ROHAN
- **BEN BODLAK**
- **CASEY CHADWICK**
- **ZAIN STARK**
- **DALTON LAMPRECHT**
- **GANNON PFISTER**
- AYDEN SIMON-COOK
- **TUCKER MCGILL NOLAN SCHWEERS**
- NOLAN WATKINS
- **CADE STATEMA 11**
- 28 PRESTON DAVIS 11
- TRYSTAN BEVELHYMER

55 BRYCE POKORNY 61 CARSON DUERKSEN

52 MIGUEL BALVANTIN

- 62 BRADLEY LENTZ 11
- 63 AIDAN EIFERT
- 64 JACOB SWICK

44 HEYDON VELEZ

50 RILEY SWICK

- 65 CODY ROHAN
- 71 PAT SEMPLE GARVIN
- 72 ZACH LUZE
- 74 TIM NEY
- 75 MIKE NEY
- ANDREW BRINKMANN
- 81 BRAYDEN MORTON
- 83 CONNOR SCHAMP

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Dordt

From 38

season as Dordt's head coach. "We had a very high performing defense last vear and 9 of 11 starters from that defense are back.

"Offensively, a lot of the key players that made stuff happen for us last year are also back. We have also added some new faces that will hopefully allow us to score even more points."

Veteran D-line

Fifth-year senior Jessup Leakey anchors a defense that allowed less than 100 yards per game on the ground. An all-GPAC firstteam defensive lineman last season, Leakey recorded 28 tackles last season, including 10 solo and 3.5 sacks

"He's just one of those guys who defines what it is to be a tough Dlineman," Penner said.

last season.

"He just plays with relentless effort. He's so strong and has the ability to be destructive."

Another fifth-year defensive lineman, Sam Andrews is also back this sea-

Dordt defensive lineman Jessup Leakey, an All-GPAC First-Team selection, returns to lead the Defenders' defense this fall.

PROVIDED. DORDT UNIVERSITY routinely plugged the Agap graduated, the Defenders while collecting 17 tackles, return other veteran startthree for loss and two sacks.

Cleaning up behind the veteran and deep defensive line is a fast, athletic linebacker corps, led by Ian MacDonald. An all-GPAC second-team pick last season, MacDonald registered ter Huisman was injured, 42 solo tackles last season, including 9.5 for loss. He forced a fumble.

The returning all-GPAC second-team selection had with two interceptions.

Three-way QB battle

son. The veteran noseguard tackle Alex Huisman has school records in football. ing offensive lineman are back – all-GPAC secondteam right guard Nathan Warner, right tackle Parker Beck and center Matt Lawton. Ethan Hanson, who stepped in at left tackle afalso returns.

also picked off one past and the veteran O-line remains unresolved. Last year's Anchoring the secondary starting quarterback, juis strong safety Abe Stoesz. nior Kade McDaniel, is a fifth-year graduate stubattling for the starting job this fall with Ty Cle-47 solo tackles last season, mens, a reshirt freshman, including seven for loss, and Kolson Kruse, who saw limited action last fall before sustaining a seasonending knee injury. Kruse On offense, Dordt should led Southeast Valley High again be tough in the School (Gowrie) to the Iowa ter for the home opener trenches. While three-time Class 2A state title in 2021, the following week against NAIA All-American left finishing his career with 24 Mount Marty.

"Those three guys are sharing reps and battling it out right now," Penner said. "I'm not opposed at all to going into the season with a rotation."

Dordt's offensive attack relies heavily on a quarterback that can run the ball. The Defenders also return a stable of experienced The signal caller behind running backs, led by Nick Wellen, Connor Dodd and Preston McCoy.

Wide receiver Eli Bolden, dent, returns after catching 50 passes for five touchdowns over the past two seasons.

The Defenders open the season with a conference game at Doane on Sept. 2, and return to Sioux Cen-



The Bulldogs hope bigger and better things are in store for the 2023 season.

LE MARS

Le Mars has been trending upward since a 1-6 season in 2020. Le Mars hopes to build off a six-win campaign last fall and bring back several impact playmakers.

While the team graduated 2022's leading rusher and tackler (Elijah Dougherty) and leading pass-catcher (Connor Jalas), Le Mars does bring back its quarterback in senior Teagen Kasel, wide receiver Sione Fifita, running back Beau Wadle and senior Nolan Kass.

Returning senior Evan Jalas finished third on the club in tackles last season with $43 \frac{1}{2}$ (26 solo and $3 \frac{1}{2}$ for loss).

Kasel completed 100 of 180 passes as a junior for 1,373 yards with 12 touchdowns against four interceptions. He also rushed for over 150 yards and had a rushing score.

Fifita went for the second-most catches on the team (22) last season and turned those into 411 yards and four scores while Wadle went for 221 rushing yards on 32 carries with a half-dozen touchdowns and added 20 receptions for 342 yards and four TDs.

Le Mars started off 4-1 last season but

IOWA CLASS 4A SUMMARIES

lost three of its last five starting with a homecoming game against Webster City.

The Bulldogs' toughest stretch of 2023 appears to start in Week 2 with a home game against Sioux CIty North. After that, Le Mars travels to take on Boyden-Bull/Rock Valley then has MOC-Floyd Valley at home and Spencer away in Week 5.

Kicker Jovany Kabongo moved to America after not playing football in middle school and made the game-winning field goal in one of the Bulldogs' wins last season.

Though touchdowns are preferable, consistently moving the chains past midfield and giving Kabongo more opportunities at field goals could be a recipe for points after the Bulldogs tallied the most punt yards and third-most punt attempts last season in 4A.

Le Mars also led Class 4A last season in interceptions returned for touchdown with three.

"Every year we want to get to the playoffs and continue to play against the top teams in the state," said Le Mars third-year head coach Ken Vigdal. "We want to continue the momentum that we built the last two years and continue to win football games."

SPENCER

The Tigers finished the 2022 regular season 7-3, qualifying for the Class 4A playoffs. In the first round, Glenwood knocked off Spencer 38-26.

Several key players return this fall for Jim Tighe, who is entering his 21st year as the Tigers' head coach. They include senior wide receiver Eli Hookfin; senior offensive lineman Lewis Vulk; junior linebacker Adrian Carrillo; senior defensive back Eli Hookfin; junior linebacker Jack Berends and junior defensive lineman Miles Robbins. Also back is senior defensive back Ross Carlson, who was injured in the first game and missed the remainder of the season.

Robbins was the Tigers' second-leading tackler last season with 43.5, which included 34 solo and 11 for losses. Castillo had 35 tackles, including 23 solot and five for losses.

Promising newcomers Tighe cited include seniors Dalton Flikkema, Anthony Young, Ross Carlson, Weston Johnson and Garrett Wirtz and juniors Cael Bruning, Brody Jordan, Tommy Lauck, Preston Pitts, Brady Vreeman and Cole Watson.

"These are all guys who rotated in even though they were not starters," Tighe said.

Tighe sees LeMars as the strong favorite in Spencer's five-team Class 4A district, which also includes Denison-Schleswig, Storm Lake, Spencer and Sioux City West.

The Tigers opened the season with a non-district games at Humboldt.

"We have a very challenging non-district schedule that will allow us to find out a lot about who we are before the district begins," Tighe said.

STORM LAKE

The Tornadoes went winless in nine games last season as they were shut out three times and scored seven or less points in three other contests. In seven of the nine games, the Tornadoes allowed 40 or more points.

Storm Lake lost several of its top players from last year's team, but have some key returnees, including senior wide receiver Bachi Keyanye, who caught five balls for 89 yards, and senior linebacker Joey Rice, who recorded 37 tackles, including 21 solo.

IOWA CLASS 3A SUMMARIES

MOC-FLOYD VALLEY

The Dutch of MOC-Floyd Valley have improved their win total over each of the past three seasons. But with that comes higher expectations.

MOC-Floyd Valley made the playoffs last season by virtue of being runner-up in their district and finished with a 6-4 record in Class 3A.

Now the mission for head coach Grant Hegstad is to go deeper into the postseason.

That goal is aided the return of the team's starting quarterback in junior Blake Aalbers, who had 1,305 yards on 63 percent completion rate with 13 touchdowns and 11 interceptions and 80 additional rushing yards.

But MOC-Floyd Valley will have to continue to develop offensive weapons for Aalbers as the Dutch graduated their top rusher from last season along with their top five pass catchers, with Ayden Klein belonging to both groups after he closed his career with 566 rushing yards and 97 receiving yards.

Tyeson Vaas may see more opportunities after he went for eight catches last season, but Vaas was already an impact player on defense after going for 30 tackles as a junior in 2022.

SIOUX CENTER

The playoffs and a district champion are fairly commonplace for the Sioux Center football team.

And new head coach Tim Van Regenmorter doesn't want that to stop under his watch.

However, the Warriors' first round exit last season put the team's final season record even at 5-5 for the second year in a row after the program produced six winning record in eight seasons.

Now a senior, quarterback Brodie Van Regenmorter returns after completing 42 percent of his 84 passes last season that went for 436 yards and four touchdowns with two interceptions.

The team's leading rusher also returns in the form of senior Connor Kamerman,

who as a junior carried the ball 100 times for 597 yards and eight scores. Kamerman is one of several experienced ball carries for the Warriors, who bring back all but 70 of the 1,120 yards gained on the ground in 2022.

Kamerman was also a force on defense last season as he had the second-most tackles on the team with 73.

The passing game may miss the graduation of Kylar Fritz (32 catches, 509 yards, six touchdowns), but the ball could find the arms of Kansas St. defensive end/tight end Carson Bruhn more in 2023. Fritz also led the team in tackles with 101.

Bruhn's junior season included nine receptions for 136 yards and a pair of scores, but Bruhn's offensive impact in 2022 wasn't near what it was on defense, where he went for 32 tackles, including five for a loss and 2 ½ sacks.



IOWA CLASS 2A SUMMARIES

BOYDEN-HULL ROCK VALLEY

After several seasons of being a perennial threat to win its district or even go to the state championship, the Boyden-Hull/Rock Valley Nighthawks took a step back in 2022 with a 3-6 record.

And the team wants to make sure things get turned around quickly.

The Nighthawks get quarterback Nathan Van Otterloo back for his senior season after he threw for over 800 yards a season ago with a completion rate of 46 percent, though the running game is a bit unproven as the 290 yards gained on the ground by senior Alic Salazar represent the most by any returning player on the roster.

On the outside, senior Blake Moser is back after going for a team-best 20 catches and 239 yards with three touchdowns. Moser also had the most tackles last season of anyone back this season with $35 \frac{1}{2}$.

"We have a group of young men that know how to work," said BH/RV head coach Jayme Rozeboom. "We have a group of guys who love each other and will play for each other. We have guys who are tough. Guys who are willing to compete. I am excited to see where our grit takes us."

"We have some big shoes to fill and we will have high competition for those spots. We really need to find their best positions and roles for this team early so we can steadily improve all season long."

CENTRAL LYON/ GEORGE-LITTLE ROCK

The returning Class 2A state champion, Central Lyon/George-Little Rock have no plans on ceding the crown anytime soon.

Even after seeing one of the state's most productive two-way players move onto the University of Iowa in Zach Lutmer, the Lions have two more future Hawkeyes on the 2023 roster in Reece Vander Zee and Graham Eben.

Lutmer had over 1,357 yards passing last season plus over 1,500 yards rushing with 38 total touchdowns while only throwing two interceptions on 112 attempts to rank among the state's most productive offensive players while also displaying the ability that made him a desirable defensive back prospect to the Hawkeyes with 45 tackles and three interceptions.

However, Vander Zee should stands to slide inside from wideout to quarterback and give the Lions another playmaker at



TIM HYNDS, SIOUX CITY JOURNAL

Central Lyon/George Little Rock's Graham Eben gets tackled by Sergeant Bluff-Luton's Sergeant Bluff-Luton's Carter McCrory during a Sept. 2 game in Sergeant Bluff. CL/GR is the defending Class 2A state champions.

signal-caller.

Vander Zee turned 32 catches into 768 yards and 10 touchdowns last season while adding 22 tackles and four interceptions on defense.

Graham Eben returns to his spot on both sides of the ball after he rushed for over 1,300 yards with 19 touchdowns and chipped in 10 receptions for 159 yards with 28 ½ tackles on defense and four picks.

The rushing attack is further supplemented by the return of seniors Lane Kruger and Isaiah Johnson, who each had over 200 yards on the ground as juniors.

CL/GLR has created a program that should be the envy of most schools around the state.

Head coach Curtis Eben is 43-20 as head coach. Since forming the CL/GLR

co-op in 1990, the team has made 22 playoff appearances and has five second-place trophies. Central Lyon has won four gold trophies, two each on its own and as part of the co-op.

While the team boasts several key members back, the Lions' success could be tied to the effort up front on the offensive and defensive lines, where not as much comes back.

"We need to continue to build leaders within this group. We have some very talented young men on this team," Curtis Eben said. "Looking for a large group of seniors to step into some big roles this year.

"The large group of seniors that have waited their turn to see the field. We have several key players back. We will need to continue to build depth on the OL/DL as

the season goes."

CHEROKEE

After averaging just two wins per season from the start of the 2017 through the end of the 2021 season, Cherokee has won six the past two seasons in Class 2A (eight if you count Week 9 wins played between non-playoff contenders to close each slate).

Plus, the Braves have an intriguing young stable of returning players that should have Cherokee filled with high hopes.

Head coach Tony Gunter has last season's top four ball-carriers back this season. Current sophomore Jaxon Paulsrud led the team in carries (98) and rushing yards (597) in 2022, and returning senior Jon Jenness had team-bests in yards per rush (11.8) and touchdowns (eight). Between them, the duo rushed for almost 1,200 yards.

OABCIG

For the second straight year, the Falcons' season ended with a loss deep in the playoffs to the eventual state champion.

Two years ago, Southeast Valley beat OABCIG in the Class 2A quarterfinals on route to the Jaguars' first state title. Last fall, OABCIG fell 37-14 to Central Lyon in a semi at the UNI Dome that matched two of the state's two quarterbacks — Central Lyon's Zach Lutmer and OABCIG's Beckett DeJean.

Beckett DeJean, who earned secondteam all-state honors, threw for 2,221 passing yards and 26 touchdowns and rushed for 998 yards and 14 more scores last season.

The younger brother of highly-decorated Iowa cornerback Cooper DeJean, Beckett also starred at cornerback for OABCIG, and will likely play defense for the South Dakota Coyotes this fall.

OABCIG head coach Larry Miller, entering his 24th year with the program, must replace not only DeJean but a total of 20 graduated seniors, including every starter from last year's 11-2 squad. The losses also include DeJean's favorite target, receiver Gabe Wintercrowd.

"Our main focus early on will be to get kids into the right positions for the betterment of the team," Miller said. "Open competition for all starting positions should be a benefit for use."

Please see OABCIG, Page 44

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Panthers

DAKOTA VALLEY













SIOUXCITYJOURNAL.COM

Panthers



DAKOTA VALLEY

ROSTER

Beau Jones 2 Charlie Margeas 3 Trae Piel 4 Grant Van Den Hul 5 Drew Lukken 6 Kade Kessler 7 Cameron Black 9 **Jake Pick** 11 **Emanuel Kual** 12 **Jackson Boonstra Brayen Stivers** 14 **Preston Konopasek** 21 Nick Hanson 22 Jack Jones 23 **Gunner Montagne** 24 **Drew Weber** 26 **Grady Ramos** 30 Michael Daniels 31 Beruk Aebita 32 **Jack Wiese** Bennett Lukken 34 40 Tyce Emrich Jack Colligan 41 **Ethan Seaton** 42 44 Tegen Hoffman

Eston Monical

45

48 **Braedy Sievers** 50 Noah Hede Owen Hanshaw 51 53 **Brendan Barnett** Easton VanScoyk 54 Brody Hoffman 55 56 Linken Johnson Gavin Welch 59 60 Sam Crum Harley Rosenbaum 61 Seth Reinhardt 64 **Ryder Smith Jake Carter** 71 74 Carson Heeren 75 **Zachary Schlotman Brady Hatton** 76 77 Cooper Bernard Vincent Hoffman 78 80 Joey Milner 81 **Jackson Shoulders** 82 Carver Fritchen 83 Luke Harrison Colby Mullen 84 85 Aiden Limbeck Ian Weber 86 88 Ethan Christensen

SCHEDULE:			
Sept. 1@ Chamberlair	1		
Sept. 8Sioux Falls Christian	1		
Sept. 15Milbanl	<		
Sept. 22@ Madisor	1		
Sept. 29@ Lennox	(
Oct. 6Lakota Tech	1		
Oct. 13Beresford	ł		
Oct. 19@ Dell Rapid	5		



FALL FOOTBALL 2023

OABCIG

From 41

Miller identifies Kelton Ladwidg and Bodie Hansen as the top returning players, and Brysen Kolar and Myles Beck as the most promising newcomers.

Other notable returning players, he said, are Bradyn Barber, Gage Leed, Kaleb Taylor, John Kruse, Gavin Remer, Dayton Ullrich and Blake Corbin. Miller lists West Sioux as the favorite to win OABCIG's district, but said he expects his young team to challenge for the crown.

UNITY CHRISTIAN

Unity Christian made the Class 2A playoffs for the second straight season in 2022, but it was just the third playoff appearance in the program history.

The Knights finished the season 3-6 after being knocked out by OABCIG in the first round of the postseason.

Braeden Bosma returns at quarterback for his junior season after he threw for just shy of 1,000 yards with nine touchdowns and 10 interceptions on 135 attempts with a 55 percent completion rate. He's also the top returning rusher on the team as he went for 479 yards on the ground, which was second to Trevor Wieringa's 518 yards. Wieringa has since graduated.

Bosma will also be without his top two receivers from last season as both Jacob Van Donge and Carter Slenk graduated. Those two combined for 45 catches, almost 700 receiving yards and six touchdowns. That makes Ethan Van Ginkel (10 receptions, 85 yards, touchdown) the top returning target in the pass game.

On defense, the Knights bring back some depth from last season as the program graduated three of its top four tacklers from 2022, but return eight of its top 10 in the category, led by senior Cole Rens, who had over 50 tackles last season, with nine occurring behind the line of scrimmage.

Despite only a few playoff appearances, Unity Christian has been successful under head coach Joshua Van Kempen, as the Knights have had at least three wins in every season since 2016.

OKOBOJI

It's been over a 15 years since Okoboji made its one and only playoff appearance in school history.

That also doubles as the last winning season the Pioneers have had.

But head coach Nick Plueger does have some pieces to work with this season.

Returning senior Jase Jostand led the team in passing last season with a modest 164 yards on 15-of-41 passing. Jostand may have a firmer grip on the position this season after Okoboji saw 11 different players attempt passes last season, which combined for 16 interceptions and one touchdown.

At receiver, Ethan Schlachter and Tallin Wright had the exact same season stat lines last fall as each went for six catches and 73 yards. However, Schiachter since graduated while Wright is back for his senior year.

Senior Joe Salmon also returns after he led the team in rushing yards as a junior after he went for 411 yards on 37 carries with four touchdowns.

Four of the team's top five in tacklers from last season have graduated, but the squad does return the team leader in the stat in junior Blaise Elwood, who had 55 ½ tackles (31 solo, three for loss).

SHELDON

After a nine-year gap between playoff appearances, Sheldon qualified for the postseason for the second straight time to end last season as the Orabs finished 4-5 under Tyler Lloyd.

This season, Levi Letsche assumes the helm of the team, whose top returners include senior running back Ryan Vollink (91 rushes, 342 yards, three touchdowns) and junior wide receiver Isaac Wenthe, who led the team in catches (seven) and receiving yards (114) while Volinink added six catches for 90 yards.

Volinink also recorded the secondmost tackles of any returning Orab with 33 ½ tackles as a junior. Current senior Jarrett Roos had the most of any player on the roster to come back in 2023 as Roos went for 38 ½, with 27 solo and nine happening behind the line of scrimmage.

Last season was Sheldon's 10th playoff berth in school history. It's most successful stretch came with four straight postseason berths from 2009 to 2012.

At 4-5 in 2022, Sheldon won the most games in a season since going 7-2 in 2017.

The school made the playoffs three times in the 1980s and was state runner-up in 2005.

SPIRIT LAKE

Spirit Lake had its most wins in a season since 2014 after finishing the regular season undefeated at 8-0 and adding two more wins onto the total in the postseason before suffering a 19-0 loss to OABCIG in the Class 2A quarterfinals.

Still, Spirit Lake won a district championship and produced a playoff qualifier for the fifth straight season in 2022 under head coach Josh Bolluyt.

The Indians' defense saw Owen Lalumendre accumulate over 90 tackles last season as a junior to represent the most of any returning player for the Indians. Lalumendre also had 20 tackles for loss and seven sacks.

In the secondary, junior Dylan Stecker and senior Will Graves are both back after each had three interceptions a season ago.

At quarterback, Caden Lundt was superb in 2022 as just a sophomore. Lundt threw for nearly 1,200 yards with 12 touchdowns and added 40 rushing yards with three ground scores. As a junior, look for his completion percentage to trend upward from last season's 52.7 percent, which also came with seven interceptions.

Lundt is joined in the backfield by two classmates who come off encouraging sophomore campaigns. Bode Higgins went for 966 yards on 144 carries last fall while William Ditsworth averaged nearly six yards a carry on 32 totes for 181 rushing yards.

Higgins also ranked second on the 2022 Indians in catches with 17, which went for 109 yards. The rest of Spirit Lake's 89 catches for 1,213 receiving yards was compiled by graduated seniors.

WESTERN CHRISTIAN

The Wolfpack hope the success keeps going under head coach Travis Kooima.

Western Christian finished last season 8-3 and bring back Kaden Van Regenmorter, who threw for almost 2,000 yards last season as a sophomore starting

quarterback with a 56 percent completion rate and 19 touchdowns against 10 interceptions and 460 rushing yards.

Tyler Mantel will once again join Van Regenmorter in the backfield after Mantel took 176 carries for 1,122 yards and 14 scores on the ground to go with 15 catches and 251 receiving yards and two more scores.

However, the program graduated leading pass catcher Ashtin Van't Hul (30 catches, 639 yards, seven TDs) along with Chandler Pollema (22 catches, 311 yards, two TDs).

That means junior Karsten Moret may be the Wolfpack's top target this season after he went for 20 receptions, 298 yards and six touchdowns last fall.

Western Christian also graduated four of its top five tacklers from 2022, led by Parker Van't Hul's 54 ½ stops. The returning leader in the category for the Wolfpack is Mantel, who went for 37 tackles to rank second on the team.

WEST LYON

A prestigious program that's ied for the sixth-most football championships in state history with five hopes to keep rolling in 2023 after reaching the playoffs for the 33rd time in school history to cap off last season.

Head coach Jay Rozeboom's squad finished 8-3, losing to eventual Class 2A champion Central Lyon/George-Little Rock in the quarterfinals.

The Wildcats lost starting quarterback Ryer Crichton to graduation after he threw for over 750 yards, but bring back leading rusher Tate Hawf, who rushed for over 800 yards on 141 carries and 11 touchdowns as a sophomore last fall. Hawf also tallied 18 receptions for 146 yards.

West Lyon also saw leading tackler Gunner Grems graduate after going for 67 ½ stops, but the team brings back Jaxan Huyser after a 48-tackle campaign as a sophomore.

"We have a very tough schedule starting with out," Rozeboom said. "(And) our district is extremely tough. We must work on the things we can control like getting better every rep of every practice, improving every game, and be great at blocking and tackling."

IOWA CLASS 1A SUMMARIES

EAST SAC COUNTY

The Raiders went 2-7 last season but made the most of their two wins by making a playoff appearance in Class 1A. The victories came in the last two weeks of the

regular season to propel East Sac Co. into postseason contention.

The primary source of optimism for the Raiders come in the returning members, of which there is an abundance for head coach Eric McCollough.

On defense, the Raiders' top 13 tacklers are back in 2023. That group is led by senior Karter Ludwig, whose $78 \frac{1}{2}$ tackles ranked just outside the top 10 in 1A.

Senior Luke Wright returns at quarter-back after going for nearly 450 total yards.

Landon Grindle also is back for his junior season after leading the team in rushing yards a season ago with 224 yards on 48 carries. Seniors Charlie Veit and Logan Schroeder also chipped in over 150 rushing yards apiece as juniors.

East Sac's top receiving targets are both back in the lineup as well in Veit (16 catches, 98 yards) and junior Sam Julin (five catches, 110 yards).

Veir and senior linebacker Luke Wernimont each had two interceptions last fall.

HINTON

The Blackhawks were a playoff team in Class 1A last season and finished 6-4 in total after a first round exit.

Quarterback Glen Carlson has graduated since throwing for over 1,100 yards last season, as has the team's leading rusher in 2022, that being Beau DeRocher (155 carries, 1,425 yards, 18 touchdowns), which leaves holes to fill in the Hinton backfield.

Junior Gabe Anderson looks to be the next in line after attempting 35 passes as a sophomore with seven completions, 131 yards, a touchdowns and two interceptions.

Hinton also brings back senior Garrett Lindley, who had 80 totes for 339 yards and three scores last season. Lindley is also the Blackhawks' returning leader in tackles with 62 1/2 (53 solo, three for loss).

Brooks Binneboese and Jacob Bishop are both back after each went for in excess of 38 tackles as sophomores.

"This season holds a lot of unknowns for us," said Hinton head coach Kadrian



FALL FOOTBALL 2023

CHRIS ZOELLER, WATERLOO COURIER

West Sioux hoists their runner-up trophy after their loss against Van Meter in the 2022 Iowa Class 1A championship game at the UNI-Dome in Cedar Falls.

Hardersen. "We graduated 11 seniors and also moved up a class. We have a small group of seniors this season, but they have done a great job filling the leadership void that was left from last year's departures.

"I think the expectation from the seniors is that they would pick up where we left off last year and look to make another playoff run."

LAWTON-BRONSON

The Eagles were highly successful in the early 2010s with four playoff appearances in six seasons, but haven't made the playoffs since 2015.

Lawton-Bronson were in contention for a playoff spot for much of the season, but finished in fifth place in Class A District 8 after going 3-5 under head coach Jason Garnand.

This season, the Eagles moved up to Class 1A and bring back Braden Heiss after he threw for over 2,200 yards on nearly 300 attempts with a completion rate over 54 percent and 23 touchdowns against 11 interceptions.

As for other playmakers, junior Louden Grimsley has been courted by a increasing number of Division I schools after he went for 32 receptions, 601 yards and eight touchdowns as a sophomore in 2022.

Of the team's total 2,245 receiving yards gained last season, the Eagles bring back nearly 2,000 of those and all but four of their 24 receiving scores.

On defense, Lawton-Bronson brings back its top seven in tackles, led by juniors Marcus Silva and Cowan Jaminet, who each had over 42 tackles last fall.

Ivan Smith added 38 tackles and Lane Mitchell chipped in 36 as a freshman in 2022. The Lawton-Bronson defense also showed a propensity to get turnovers a season ago as the Eagles recorded 16 fumble recoveries and seven interceptions.

Please see CLASS 1A, Page 48

PENDRAGONS

PENDER



SCHEDULE:

Sept. 1	@ Clarkson/Leigh
Sept. 8	Wakefield
Sept. 15	@ Wisner-Pilger
Sept. 22	Guardian Angels Central Catholic
Sept. 28	Bancroft-Rosalie
Oct. 6	@ Lyons-Decatur Northeast



	ROSTE
aiden Alvinn	18 Zander Welsh
itchell Kelly	19 Nate Sanders

3 Reece Heineman 20 Brody Krusemark 4 Stephon Small 21 Brodrick Crippen 5 Houstin Holloway 22 Jake Schuster 7 Easton Dutcher 23 Trevor Trimble 24 Trent Hansen 8 Owen Larsen 9 Brandon Smith 25 Liam Paeper 10 Owen Kneifl 26 Landon Rose 11 Carter Hansen 27 Ryan Krueger 12 Aiden Beckman 28 Cooper French 14 Owen Hathaway 30 Lane Kelly 15 Alex Roth 33 Oliver Isner

35 Logan Timm

38 Ryan Linkous 40 Cash French 48 Gauge Thomsen 51 Kaddo Schrunk 55 Zayne Briggs 64 Logan Harral 66 Linkin Baker 68 Boyd Frazey 71 Haeden Paeper 75 Christopher Blomenberg-Sherer 84 Nash Morgan 86 James Luoma 88 Cooper Randall

99 Derek Smith

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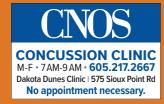
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RAIDERS

EAST HIGH













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EAST HIGH

ROSTER

- **Jacob Borrall** 2 Cal Jepsen 3 Dane Milton 4 AJ Flemister 5 Kason Clayborne 6 **Ouinton Ashcraft** 7 Keagan Augustine 8 Logan Dolphin 9 **Chris Ford** 11 **Rob Emerson** 12 **Austin Sheppard Richard Stewart** 13 Parker Weakland 14 15 Manasse Kasongo 16 **Carter Foster** Jax Theeler 17 18 Kai Levy Ruben Dieguez 19 20 **Drake Grant** 21 Jack Ritchie 22 Chase Teut J.J. Ghosh 23 Jacob Breyfogle 24 25 Ben Towler
- 26 **Daniel Durio** Mandell Groetken 27 **Landon Boggs** 28 **Kobe Flemister Tanner Hamilton** 30 31 **Daeshaun Simmons** 32 Myles Wegher 33 Tyler Cook **Divine Adams** 34 35 Kayden Vakulskas **Blake Taylor** 37 40 **Jason Stevens** 42 James Hogancamp Colin Pittenger 44 45 Francisco Diego Giovanni Abasta 46 Blake Schwartz 51 Alex Noutepe 52 Johnathan Lipscomb 53 54 Zach Lande **Darrian Anderson** 56 Mason Anderson 57 Logan Staben 58 89
- Bradyn Fahrendholz 60 Yrhynest Lipscomb **Louie Church** 61 62 Noah Weakland 63 Tegan Bean 64 Jeremiah Faurot 65 Colton Gunn 69 Crystian Lubben R.J. Rice 70 71 **Garrett Walling** Isaiah King 72 73 Tyree Augustine 74 Rayshaun Marshall 75 Luke Vander Weide 76 Mikai Jordan 77 Clinton Welch Riley Hauswirth SO 82 Ty'Don Northington Kohen Cleveland 85 Jack Ohman 87 John Yates 88

Kennedy Fitch

Sept. 1......@ Sergeant Bluff-Luton Sept. 8.....@ Bishop Heelan Sept. 15....@ Sioux City North Sept. 22.....South East Polk Sept. 28.....Council Bluff Lincoln Oct. 5....@ Des Moines Lincoln

Oct. 13 @ Ames

Oct. 20Johnston

RAIDERS

SCHEDULE:



MVAOCOU

Jacob Burger takes over as the Rams' coach after leading Ogden High School to a 6-3 record last year.

Burger said he's excited to start building a foundation of success at Maple Valley-Anthon-Oto/Charter Oak-Ute, which is coming off a 2-7 season.

"We won't have an incredibly large senior class, but the few we have look to be impact players," Burger said. The biggest thing with this group will be creating confidence in themselves that they can win.

"We will be thin in numbers but there looks to be some fantastic talent on this team. All summer long, the core group of football players did a fantastic job in the weight room and we are excited to see some of that translate onto the football field."

Top returning players include offensive and defensive lineman Jace Henderson, quarterback and safety Payton Gress, wide receiver and cornerback Tanner Dixon, running back and linebacker Kane Boyle and running back and linebacker Luther Cameron.

Cameron, a junior, was the Rams' leading rusher last season, carrying the ball 130 times for 733 yards and five touchdowns. Dixon, a sophomore, caught nine passes for 95 yards and a score.

Boyle was MVAOCOU's second-leading tackler (60), with 26 solo stops and one sack.

Burger lists Bo Clausen (RB/CB); Cade

Schmidt (QB/S); Aiden Leclair (OL/DL); William Sorenson (OL/DL) and Harry Spicer (WR/CB) as promising newcomers, and mentions Manny Cameron (WR/S) and Jake Mitchell (OL/DL) as players who could made a big jump this season.

Assigned to Class 1A, MVAOCOU opened the season Aug. 25 at Westwood.

RIDGE VIEW

The Raptors went 4-4 in 2022 and qualified for the Class 1A playoffs for the second straight season.

Ridge View graduated quarterback and leading rusher Jake Breyfogle (73-154 passing for 635 yards, six touchdowns and 12 interceptions plus 396 rushing yards) and Kolton Luscombe (85 carries for 382 yards).

In fact, no returning Raptor rushed for more than a dozen yards last season, but the Raptors do return senior Isaac Goettsch after he went for 11 catches and 127 yards to rank in the top three on the team in both categories.

Senior Asher Endrulat anchors the defense after he had 45 ½ tackles in 2022. Endrulat's efforts were supplemented by Zach Kolphin and Austin Wood.

Kolphin had $33 \frac{1}{2}$ tackles as a freshman and Wood went for 33 as a sophomore.

On the back end of the defense, Ethan Mason and Gavin Vohs are back after each grabbing two interceptions. Mason is a senior and Vohs a junior.

SIOUX CENTRAL

The Rebels went 2-6 last season under head coach Brandon Goodchild and were fifth in their district.

Sioux Central only attempted 45 passes in 2022, but 36 were thrown by the arm of Kaben Morrow, who competed 15 on them for over 200 yards.

The team also brings back leading rusher Max Adams following a 157-carry, 571-yard effort for Adams as a junior with six touchdowns. Adams also had the most solo tackles on the team (48) and second-most total tackles (53), behind returning junior Kinnick Fahrenkrog's team-best 55 takedowns.

Konnor McKeever, Tate Axdahl and Morrow all return to the defense as well after the trio each went for over 23 tackles in 2022.

Sioux Central made three trips to the playoffs between 2011 and 2017, but haven't been to the postseason since.

"Many positions have graduated and there will be a lot of competition from our younger grade levels," said Goodchild. "With the realignment of districts this year, we are playing some teams we haven't played in a few years."

WEST SIOUX

With the lone exception of the 2012 season, West Sioux has made the playoffs every season since 2009 and have been runner-up in Class 1A the past two seasons.

In 2022, the Falcons went 11-2 and lost

to Van Meter, 35-7, in the state championship game at the UNI-Dome under head coach Ryan Schwiesow.

The Falcons went unbeaten in district play, with its only regular season loss coming to 2A state champ Central Lyon/George-Little Rock.

West Sioux will have to replace starting quarterback Dylan Wiggins, who graduated after going for a 70 percent completion rate on 243 pass attempts with 2,152 yards and 31 touchdowns against nine interceptions and over 440 rushing yards with six scores on the ground.

Behind Dylan Wiggins and leading receiver Brady Lynott, West Sioux scored the most passing touchdowns in 1A (34) and third-most total scores (84).

Leading rusher Carter Bultman (153 carries, 1,228 yards and 17 touchdowns) also graduated, meaning the Falcons bring back around 320 of the total 2,476 rushing yards of last season, almost all of which were accounted for by sophomores Blake Wiggins and Tanner Lynott.

Lynott also added three receptions for 52 yards and returning junior Kolton Koopmans had 19 catches for 206 yards and three scores while Blake Wiggins may get the nod as the Falcons' next starting QB after he attempted 20 passes as a freshman with 14 completions, 178 yards and two touchdowns against one interception.

The Falcons ranked fifth in total tackles last season in 1A with 556 as a team.

IOWA CLASS A SUMMARIES

AKRON-WESTFIELD

Despite losing their leading receiver to graduation, the Westerners return largely in tact from the 2022 season, a campaign that saw Akron-Westfield finish the regular season 1-7.

However, the biggest bright spot for A-W may be running back/linebacker Ian Blowe.

After sweeping the Class 1A throwing events this past spring at the state track and field meet, Blowe returns to the gridiron after getting some Division I looks following a 2022 season that saw him lead the team in carries (114), rushing yards (598), tackles (64), solo tackles (45) and tackles for loss (eight).

Conner Wendel also returns for his senior season after he passed for over 1,000 yards with seven touchdowns and eight interceptions while completing 60 percent of his 169 attempts.

At wideout, Lane Kenny (45 catches, 447 yards, two TDs) has moved on, but Akron-Westfield brings back a combined 46 catches for over 500 yards and a pair of scores in senior Jack Terpstra and junior Hayden Wahlberg.

On defense, juniors Kyle Herbert and Tatum Wilken are back after compliing over 35 tackles each last season.

The Westerners' last playoff appearance came in 2018.

ALTA-AURELIA

The Warriors finished in fifth place in their Class A district last season, missing out on a playoff berth by one spot, despite a 2-6 regular season record. In 2021, Alta-Aurelia made the playoffs for just the second time in school history.

With some members of that postseason squad still around and looking to guide the Warriors back beyond the regular sea-

son, Alta-Aurelia's top returners include starting quarterback Cale Brechwald, who completed 56 percent of his 251 attempts for 1,716 yards and 15 touchdowns, although those did come with a nearly equal number of interceptions (13).

Two of his top targets were lost to graduation in Cade Ahnemann and Kaden Stites, who each had over 30 catches. But the Warriors do return junior Gavin Sleezer (17 receptions, 329 yards, five TDs) and senior DJ Rodriguez (17 catches, 207 yards, three TDs).

On defense, Sleezer is a force for Alta-Aurelia as he finished with the fourth-most tackles in Class A with 95 ½. Rodriguez chipped in 53 ½ as a sophomore to represent another key cog back in lineup on both sides of the ball.

Brechwald also finished second on the team in rushing yards with 240, which came on 81 carries and produced four rushing touchdowns, a team best.

KINGSLEY-PIERSON RIVER VALLEY

Kingsley-Pierson and River Valley played as separate 8-player teams last season. In the first year of a football co-op, the neighboring districts have converged and will compete together in 11-player Class A.

Last season, Kingsley-Pierson made the playoffs (its third straight berth) and finished with a 4-6 record. River Valley went winless in eight regular season games.

This year's combined squad is led by senior quarterback Beau Goodwin. As a junior, Goodwin threw for over 2,000 yards, with 30 touchdowns and eight interceptions on a 66 completion rate. He also ran for a team-high 484 yards and six more scores on 91 attempts.

Goodwin, however, is in need of new targets as K-P graduated players with all

but six of the team's 151 receptions and all but 17 of its 2,070 receiving yards, plus all 30 receiving touchdowns. Likewise, River Valley graduated its top four wideouts, with its leading receiver coming back being sophomore Adlyr Redenius, who had 10 receptions for 116 yards and a touchdowns in 2022. Goodwin is also K-P's leading returning tackler as he went for 35 ½. Sophomore Tyler Koch had the next-best tally for K-P among returning players with 23. Colton Kurtz returns for his senior season after gong for over 20 tackles.

Senior Cole Thomas could contribute at several positions after he was River Val-

ley's quarterback last season and threw for 775 yards as a junior on 118 attempts with nine touchdowns and 11 interceptions while also rushing for 171 yards and leading the team in tackles with more than 60 plus two interceptions.

As its own team, River Valley made the playoffs in three seasons, including back-to-back times in 2012 and '13.

HARTLEY-MELVIN-SANBORN

The Hawks were Class A District 1 champions last season after going unbeaten in six district games and reached the playoffs for the third straight season and 11th time in program history.

Hartley-Melvin-Sanborn finished the season with an 8-3 mark after reaching



JESSE BROTHERS, SIOUX CITY JOURNAL

Hartley-Melvin-Sanborn's Keevyn Jacobsma faces off against Woodbury Central's Drew Kluender during an Iowa Class A playoff game on Nov. 4.



Winnebago Public Schools www.winnebagopublicschools.org

INDIANS

WINNEBAGO



SCHEDULE:

Aug. 31@ Pine Ridge	
Sept. 16@ St. Francis	
Sept. 21@ Todd County	
Sept. 29Cheyenne-Eagle Butte	
Oct. 5@ Standing Rock	
Oct. 15Little Wound	
Oct. 20Red Cloud	







			ROSTER			
0	Antrell Harlan	13	Braden Brownrigg	42	Michael Wolfe	
1	Elijah Whitebear	20	Angelo Jones	48	Dontae Mercer	
2	Jonathon Earth	21	Levin LaPointe	50	Desmond Wolfe	
3	Cashus Kearnes	22	Patrick Burtt	54	Ho-Hump Snake	
4	Adarius Flemister	23	Mateo Canales	62	Jacob Lincoln	
5	Caden Brownrigg	24	Seth Loera	64	Kenny Neiman	
9	Kaden Kennedy	25	Melaki George	70	Ayden	
10	Nizu Baker	28	Raiden DeCora		Littlegeorge-Cloud	
11	Devin Harden	30	Santonio Neiman	72	Damon Payer	
12	Melvin Hulit	38	Rachman Free-Bass			

the Class A playoff quarterfinals, which the Hawks lost in a 27-24 heartbreaker to Woodbury Central in which a fourthquarter Woodbury Central touchdown was the difference.

With the graduation of the Class of 2022, the Hawks lost one of the most dynamic backfield duos in the state in Kooper Ebel and Travis Kamradt.

Ebel rushed for over 2,500 yards and threw for over 800 more from the quarterback position and went for 38 total touchdowns and also led the team tackles with 78 while Kamradt had over 1,000 rushing yards with 15 scores.

HMS also graduated five of Ebel's top six targets on the outside as the club's leading pass catcher is current junior James Gellerman, who had six catches for 39 yards and a touchdown last fall.

Ethan Wiersma leads the defense.

As a junior in 2022, Wiersma went for over 50 tackles, the most of any returning member of the team.

GEHLEN CATHOLIC

During the 1990s, Gehlen Catholic was a mainstay in playoffs, including a state championship in 1995 and runner-up performance the season after. The Jays are hoping for a similar run in the 2020s after qualifying for the post-season for the second straight season last fall and 16th time in school history. Ultimately, Gehlen bowed out in the second round of the Class A playoffs and finished with an 8-2 record.

If Gehlen is to advance beyond the regular season again under head coach Jeremy Schindler, the squad will have to make up for several key losses to graduation, starting with quarterback Connor Kraft. Kraft had over 1,300 yards in the air with 16 touchdowns and 11 interceptions on 202 attempts with a 56 percent completion rate, and he also chipped in over 200 rushing yards and 10 more scores on the ground.

Keaton Bonderson also leaves a gap on the roster after he led the state (all classes) with nine interceptions last season. He also led the team in receiving yards with 679, which came on 50 catches, the team high by more than double, and 11 touchdowns. Bonderson also had over 34 tackles to go with his picks.

However, returning junior Kale Pearson stands to inherit a larger role on the offense, though he had a sizable one as a sophomore after leading the team in carries (157), yards (1,106) and rushing

touchdowns (12), with one reaching the end zone from 73 yards out.

Pearson is also a standout on defense as he had 28 ½ tackles (15 solo) in 2022. The Jays also bring back junior Cole McCarty and seniors Gabe Wiltgen, Landen Reuter and Chance Kallsen, all of whom return after having 20-plus tackle seasons last fall.

WESTWOOD

While Westwood is encouraged by two straight playoff appearances, the Rebels may be looking for more in 2023 after finishing 4-5 in each of the last two seasons, both of which included first round exits in the Class A postseason.

It hasn't been a steady upward climb for the program, but it continues to play beyond the regular season about every other season as all five the school's playoff appearances have come after 2012.

Westwood kept things on the ground as it only attempted 53 pass attempts under head coach, though both quarterbacks to combined for that total return in senior Carson Topf and junior Joe Morris.

Though those attempts produced modest team passing numbers (278 yards, one touchdown, six interceptions), the duo did combine for nearly 300 rushing yards.

However, that's a drop in the bucket of the 1,861 rushing yards (fifth-most in Class A) and 22 touchdowns the Rebels lost with the graduation of all-state fullback Jackson Dewald. On the receiving end of Topf and Morris' passes, the club also will have to compensate for the graduation of Lawson Haveman, who had 102 of the team's 278 total receiving yards.

On defense, the Rebels will have to forge ahead without its two leading tacklers from 2022 in Dewald and Thomas Heilman, but return seniors Aiden McDonald and Devin LaBrune, who had 38 tackles each, along with senior Landon Steinhoff, junior Joe Dewald and senior Frank Lewis, who all had 20 or more tackles a season ago.

WEST MONONA

The Spartans went winless in 2022 (0-8) after nabbing the program's first playoff spot since 1993 — and its third postseason berth overall — the previous season.

Parker Zima is one of West Monona's top returning players this season as he led the club in tackles last fall with 40 takedowns as a junior. His 26 solo tackles would have nearly been good enough for second-most total tackles as Johnny Fester's total of 28 ranked second on the

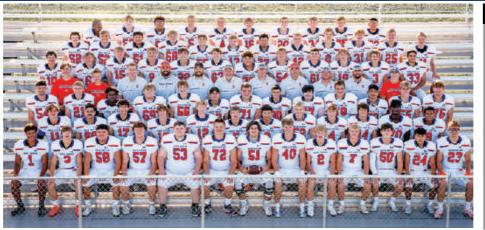
WARRIORS

SIOUX CENTER



SCHEDULE:

08/25	West Lyon
09/01	Away vs. Spirit Lake
09/08	Unity Christian
09/15	Away vs. Spencer
09/22	Bishop Heelan
09/29	Away vs. BH/RV
10/06	Away vs. MOC-Floyd Valley
10/13	Carroll Community
10/20	Sergeant Bluff-Luton



ROSTER

iolomon Tea 2 izra Hibma 2 izra Hibma 2 izrodie Wan Regenmorter 2 iole Hooyer 2 arrett Zeutenhorst 2 iyle Kooi 2 idax Plasier 3 iyler Govig 3 iunter Van Zee 3 saib Else 3

Bryce Oostenink Seth Andersen Santi Estrada Andy ReynosoPerez Cody Sandbulte 0 Lane Waddle

11 Abram Hibma 12 Kyle Te Stroete 13 Sawyer Hietbrink 14 Joshua Abbas 15 Austin Fink 16 Braedon Perez-Hietbri

16 Austin Fink 16 Braedon Perez-Hietbrin 17 Cael Van Beek 18 Kade Bauer 19 Zachary Van Beek 20 Elisha Los 21 Casen Jahn

21 Casen Jahn 22 Joseph Molina 23 Connor Kamerman 24 Enrique Felipe 25 Cohen Verhoef

Eddie Topete Tate Swager Justin Romo David Neese

34 Noam Groeneweg 35 Ethan Moline 40 Carson Bruhn 41 Ethan Bosma

51 Jack Crane

er Votrobeck
Moeller
El Camacho

67 Manuel
68 Wyatt Le

70 Jac Zomermaand 71 Riley Wolfswinkel 72 Kullen Jooste

61 Jake Lane 62 Jeremy Meende 63 Jace Bradshaw 65 Garrett Getman

72 Kullen Jooste 73 Josmar TorrezGonzalez 75 Thai Cam

76 Blake Boogerd 77 Johnathan Estrada 79 Luke Hooyer





Spartans a season ago, with 19 of the solo variety.

Laken Bellis, Payton Purgett and Dillon Woodward all return as seniors after recording 20 or more tackles as juniors.

If West Monona looks to get back into playoff contention in Class A, Spartans head coach Bret Doorenbos may see some encouraging signs in returning junior quarterback Chase Lander, who had 627 yards passing on 140 attempts.

However, turnovers crippled West Monona last season the four quarterbacks who saw action for the Spartans combined for 14 interceptions with just one touchdown through the air.

On the ground, Fester and Grant Russell were within one rushing yard yard of each (Fester led the team with 296 yards on the ground) on a near-equal number of carries (Russell had six fewer with 70) as West Monona scored only nine offensive touchdowns in 2022.

WOODBURY CENTRAL

The Wildcats went 11-1 last season and made it to the UNI-Dome for the Class A state playoffs, but fell to eventual state champion Grundy Center.

Still, Woodbury Central won its district and finished the regular season unde-

feated behind almost 3,500 passing yards by Drew Kluender and nearly 1,500 rushing yards from Max McGill, who also had a team-best 88 tackles.

McGill, however, has since graduated. Kluender is back for his senior season as one of the top returning quarterbacks in Class A under Woodbury Central head coach Kurt Bremer. As a junior, Kluender led Class A in total touchdowns (40), passing touchdowns (37), passing yards (3,419), total offensive yards (3,450), pass completions (200) and pass attempts (335).

Kluender gets his top target back in senior Eric McGill. Eric McGill led Class A last season in receiving touchdowns (16) and receiving yards (1,062) despite not even leading the team in receptions. That went to graduated senior Kyan Schultzen, who had 51 catches.

Defensively, junior Zack Butler is the team's returning leader in tackles (53), which included 44 solo.

SIBLEY-OCHEYEDAN

After getting an early-season win in 2022, the Generals stumbled the rest of the way and finished the regular season with a 1-7 record under head coach Mike McCarty.

The Generals, who dropped down to Class A this season, return quarterback Dalton Wingate for his senior season after he passed for 656 yards, although it came with a sub-40 percent completion rate and more interceptions than touchdown passes (10 to six).

Wingate will hope to build upon his connection with senior wideout Riley Getzel, who led the team in catches and receiving yards in 2022 with 20 receptions for 369 yards and five scores.

A pair of standouts on defense are also back as seniors for the Generals in Cassidy Henrichs and Michael Block, who each had over 50 tackles last year.

Sibley-Ocheyedan has qualified for the playoffs twice in school history, those coming in 2010 and 2014.

The Generals have just one win in the last two seasons since posting the program's first winning season since 2010 in 2021 with a 5-3 mark.

SOUTH O'BRIEN

Head coach Mark Fuhrman guided the Wolverines to their fourth straight postseason last season. South O'Brien ended the regular season with a .500 record both overall (4-4) and in district play (3-3) before losing its playoff opener.

The South O'Brien offense preferred to keep the ball on the ground as the team accumulated over 500 more rushing yards (1,275) than passing yards (772), although the quarterback duo of Jacob Van Lith and Justice Frerk did complete over 50 percent of their passes and had seven touchdowns against five interceptions.

Frerk may be in line to take over as signal-caller a senior after Van Lith graduated, as did the team's leading rusher in Justin Paulsen (151 carries, 640 yards), and South O'Brien's top three receiving threats in Boston Riedemann, Hudson Oolman and Sawyer Honkomp. Riedemann led that group with 34 catches for 379 yards as a senior in 2022.

Likewise, there will be plenty of spots on defense to fill after the Wolverines' top 11 tacklers have graduated. Of the returning players, Paulsen's 7 ½ tackles are most among players back, though current senior Cole Cox did make his presence felt last season with an interception and fumble recovery.

Despite the playoff appearance, the four wins in 2022 represented the program's lowest win total since 2018 as the school has enjoyed mostly winning seasons over the past decade-plus. Eight of the Wolverines' nine playoff berths have come after 2010.

WOLFPACK TRI-COUNTY NORTHEAST



SCHEDULE:



ROSTER

1 Jaxon Hall 21 Atlee Anderson 3 Jude Ridenour 25 Dodge Melby 4 Jace Malasek 26 Blake Kneifl 5 Thatcher Lamp 28 Dylan Boyle 7 Jackson Belt 34 Boden Jackson 9 Alex Kneifl 37 Alex Ankeny 10 Charlie Watkins 42 Brayden McCorkindale 11 Bryan Isom 44 Landyn Servine 12 Ben Jorgensen 58 Joe Roth 14 Hunter Heikes 65 Dillon Fackler 18 Devin Reinert 79 Nathan Franzluebbers 20 Michael Dickens 83 Zander Roth





IOWA CLASS 8-PLAYER SUMMARIES

REMSEN ST. MARY'S

Hawks head coach Tim Osterman hasn't had to deal with much losing in his time as Remsen St. Mary's football coach.

Once, in fact.

Though three seasons, Osterman has guided the Hawks to two 8-player state championships and compiled a 36-1 overall record.

But after winning the title last season, the Hawks have huge holes to fill.

Osterman is hopeful the pieces to continued success are on the roster, but nearly all eight graduated seniors made at least one all-state football team, and the group left a legacy across all sports at the school.

Among the top returners for the program are juniors Keaton Harpenau, who had nearly 250 offensive yards last season to go with 40 tackles, as well as juniors Braxton Kniep and Brady Koenck, who accounted for over 50 tackles combined last season.

"The team expectations are to continue to give the effort and have the attitude it takes to win football games," Osterman said. "We have to continue to earn the right to win football games; nothing is given.

"As a program we only seek to go 1-0 every week. We don't look ahead, only to make sure that we are practicing and preparing at a championship level. As a team we have some relative inexperience so we are definitely in the development mindset."

HARRIS-LAKE PARK

FALL FOOTBALL 2023

The Wolves made the 8-player playoffs for the fourth straight season last fall under head coach Lane Gunderson and ended the season with a 6-3 record for the third straight year.

Harris-Lake Park lost starting quarterback Tyce Gunderson to graduation after he threw for almost 1,000 yards on 115 yards and also was the team's leading rusher with 1,028 yards on 161 rushing attempts with 36 total touchdowns.

Senior Lucan Ahrenstorff showed flashes of being able to replicate Gunderson's success behind center as Ahrenstorff completed 64 percent of 44 pass attempts for 323 yards and six touchdowns with two interceptions plus 107 rushing yards on 31 carries and one rushing score.

Senior Caleb Hemphill is also back after he finished second on the team in rushing yards in 2022 with 406 yards on 78 carries with three ending in the end zone.

Ahrenstorff and Hemphill were also the team's top two passcatchers last season as both tallied over 420 receiving yards. Hemphill did so on a team-best 40 catches and Ahrenstorff averaged 16 yards a catch on 28 receptions, and the duo combined for 16 receiving touchdowns. Senior Devin Meyer (24 receptions, 302 yards, four touchdowns) also returns to aid the passing attack.

Those three will also anchor the defense as Hemphill finished last season second on the Wolves in total tackles with 50 ½. Ahrenstorff was third with 49 1/2 and Meyer added 38. The three also combined for four interceptions.

Hemphill was also a weapon on special teams as he took 11 kick returns for 225 yards with one going for a score on top of six punt returns that he took 78 yards.

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WOLVERINES

RIVER VALLEY



SCHEDULE:

8/25	Alta Community
9/1	Logan Magnolia
9/8	@Westwood
9/16	@Ar-We-Va
9/22	Saint Edmond
9/29	Woodbury Central
	Wildcats
10/06	@West Monona
10/13	@TBA



ROSTER

Elijah Schroeder 23 Nathan Britt Keaton Harpenau 24 Landon Alex Schroeder Waldschmitt **Cade Tentinger** 26 Brady Koenck Ryan Willman 31 Colbey Penning 11 Brady Wurth 44 Hunter Pick

13 Jaxon Bunkers 52 Ty Tritz 15 Cael Ortmann 55 Collin Homan

18 Braxton Kniep

17 Isaiah Gerrietts 60 Caleb Gravenish 64 Kaden Groepper

21 Brendon Fisch 76 Lennan Steichen







NEBRASKA HIGH SCHOOL SUMMARIES

CLASS C2

PONCA

A young Indians team went 2-7 last season, with two of the losses coming on forfeits to Battle Creek and Norfolk Catholic due to Ponca having too few healthly players.

Senior running back Dalton Lamprecht is a top returning player for the Indians.

Ponca opened the season at home against Logan View/Scribner-Snyder on Aug. 25. Ponca's challenging schedule in Class C2 includes games vs. traditional powers Hartington Cedar Catholic, Norfolk Catholic, Oakland Craig and Archbishop Bergan.

CLASS D1

HOMER

Homer lost several key players to graduation from last season's team that finished 4-4 in Nebraska Class D1. The departures included dual-threat quarterback Austin Baker, who threw for 586 yards and six touchdowns while running for 547 yards and eight more scores, and Baker's top target, receiver Josh Sanford, who caught 16 balls for 276 yards.

The Knights return three starters on offense and four on defense. Head coach Shawn Spurrell said the incoming junior class "brings in good speed and work ethic to try and fill in the shoes from last year's seniors."

"We will be switching our defense up a lot from last year and will be leaning on Tru King and Ben Roost up front, and a host of LBs and DBs to be aggressive behind them," Spurrell said. "Our offense has a lot of new young faces who have a lot of potential, but will be required to learn quick.

"This is a very small and very fun group to work with."

Spurrell described King, a 6-foot-2-inch, 240 pound senior lineman, as a "punshing blocker" and a "force on D," and said Roost, a 6-foot-1-inch, 225-pound lineman is strong and "finishes his blocks well."

Josue Muniz, a 5-foot-9-inch junior quarterback and linebacker, has a "hard motor" and a "high football IQ," Spurrell said, while Ethan Roberts, a 5-foot-9-inch, 170-pound junior running back and linebacker, is the "hardest working guy on the field."

Spurrell, a South Dakota State University graduate, has a 17-32 record in his seven seasons with Homer, which opens the season Sept. 1 at home in a non-district game vs. Lyons-Decatur Northeast.

TRI-COUNTY NORTHEAST

The Tri-County Northeast Wolfpack took their lumps last season in their first season as a football sharing program between Allen and Emerson-Hubbard as they lost seven of their eight games.

Head coach Evan Colfack said his players learned from those "bumps and bruises" and are eager to show they can compete well in Nebraska Class D1.

"After a summer full of camps and weights, our coaching staff is excited to see where this program can go in year two," said Colfack, a University of Northern Iowa graduate who played on state playoff football teams at Kingsley-Pierson High School.

Michael Dickens, a first team, all district selection last season, returns for the Wolfpack As a quarterback, Dickens completed 27 passes for 240 yards and four touchdowns, and was also the team's second-leading rusher with 304 yards. On defense, the 5-foot-10-inch, 160-pound linebacker recorded 28 tackles.

Colfack's 2023 roster lists Dickens at running back and junior Ben Jorgensen at quarterback.

The Wolfpack's six returning starters also include senior tight end and defensive lineman Hunter Heikes, junior running back and linebacker Dylan Boyle, junior fullback and linebacker Brayden McCorkindale and junior tight end and defensive lineman Jackson Belt.

Top newcomers include senior McKale Houfek, senior Wyatt Parker and junior Zander Roth.

Tri County Northeast, assigned to District D1-5, opened the season at home vs. Lyons-Decaur Northeast on Aug. 25. Last season, the Wolfpack beat the Cougars 42-0 in the season opener before dropping their final seven games.

CLASS D2

WALTILL

After going winless in eight games in 2022, which included two forfeits, the Bluejays will look for improvement this fall

Walthill, assigned to Nebraska Class D2, opens the season at Cedar Bluffs on

Sept. 1. The following week, the Bluejays will play host to Niobrara/Verdigre.

ALL-NATIONS CONFERENCE

OMAHA NATION

The Chiefs went 3-7 last season. In the South Dakota All-Nations Class B playoffs, Omaha Nation outscored Crow Creek 36-22 in the opening round before falling to Tiospa Zina, 46-12 in the state semifinals.

This fall, Omaha Nation opens the season with a rematch against Crow Creek in Stephan, S.D. on Sept. 8. After two more road games in South Dakota, vs. Marty Indian on Sept. 12 and Tiospa Zina in Agency Village, the Chief will play their first home game vs. Lower Brule on Sept. 19.

WINNEBAGO

After posting a 6-2 regular season mark, the Indians Winnebago blanked Little Wound 40-0 in the opening round of the All-Nations Class A playoffs before falling to Todd County, 28-24, in the state semifinals.

A year earlier, in their first season in the All-Nations league, Winnebago claimed its first championship in Class 9A, capping an undefeated season.

The Indians open the 2023 season with a pair of road games in South Dakota — at St. Francis on Sept. 16 and in a rematch with Todd County on Sept. 21. Winnebago's first home game will be Sept. 29 against Cheyenne-Eagle Butte/Tiospaye Topa.

SOUTH DAKOTA SUMMARY

VERMILLION

The Tanagers, who finished 4-5 last season, return a talented core of players at the skilled positions, including Zoan Robinson, who head coach Tom O'Boyle describes as one of the best wide receivers and cornerbacks in South Dakota Class 11A football.

Robinson, a 6-foot-2-inch senior, caught 37 passes for 515 yards and two

touchdowns last season. He averaged 13.9 yards per catch, with a long of 41.

On defense, Robinson recorded 17.5 tackles, including 14 solo, intercepted a pass recovered two fumbles.

Other top returning players cited by O'Boyle include sophomore quarterback Hayden Christopherson, junior offensive lineman and linebacker Rollie Fench, junior wide receiver and safety Connor Peterson, senior lineman Connor Mattson, junior receiver and linebacker Bradyn Bickett, junior receiver and defensive back Landon Cerny, senior running back and defensive end Jaxon Heine and senior lineman Michael Nabor.

The head coach also lists sophomore Ryne Chapman, senior Connor Roerig, senior Ethan Carter and junior Sean Dohn as promising newcomers.

O'Boyle, entering his third season as the Tanagers head coach, said the team will work in the preseason to rebuild depth across both lines and replace the starting kickers lost to graduation.

Vermillion opens the season at Dakota Valley on Aug. 25. The Panthers beat the Tanagers 15-3 in last year's opener at the DakotaDome.

WARRIORS



SERGEANT BLUFF-LUTON

ROSTER

- 2 Kellan Benson
- 3 Bo Koedam
- 4 Gavin Warren
- 5 Mason Vandekop
- 6 Billy Singvongsa
- 7 Braden Hensley
- 8 Isaiah Jervik
- 9 Cassidy Craig
- 10 Evan Spanel
- 11 Tate Loffswold
- 12 Collin Bliven
- 13 Ayden McRoberts
- 14 Logan Fehl
- 15 Dylan Janzen
- 16 Brayden Kerr
- 17 Tate Saylor
- 18 Ryan Hoffman
- 19 Nathaniel Lafave
- 20 Scott Dickson
- 21 Elijah Johnson
- 22 Jaxson Perez
- 24 Collin Verros
- 25 Cade Klingensmith

- 26 Kaleb Pendergast
- 27 Abram Keokenchanh
- 28 Daniel Hernandez
- 30 Logan Dunn
- 32 Kennik Buschmann
- 33 Zayvion Ellington
- 44 Joe Hardy
- 50 Ayden Dather
- 52 Parker Kilburn
- 54 Avery Hayes
- 55 Blake Dunagan
- 56 Jack Zeleny
- 71 Alex Wilson
- 73 Avery Jacobson
- 75 Blake Ritchison

- 51 Gavin Merrill
- 53 Carlos Gonzalez

- 58 Mario Rangel
- 60 Roman Muston
- 63 Will Ryan

- 77 Julian Jervik
- 78 Jakobi McHenry
- 88 Crew Christensen

SCHEDULE:

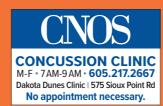
3/18vs Sioux City North	8/18
B/25vs LeMars	8/25
9/1vs Sioux City East	9/1
9/8vs Sioux City West	9/8
9/15@ Harlan Community	9/15
9/22vs Boyden-Hull/Rock Valley	9/22
9/29@ MOC-Floyd Valley	9/29
10/6@ Carroll	10/6
10/13vs Bishop Heelan	10/13
10/20@ Sioux Center	10/20



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WARRIORS



SERGEANT BLUFF-LUTON

ROSTER

Noah Chapman

- 2 Kellan Benson
- 3 Bo Koedam
- 4 Gavin Warren
- 5 Mason Vandekop
- 6 Billy Singvongsa
- 7 Braden Hensley
- 8 Isaiah Jervik
- 9 Cassidy Craig
- 10 Evan Spanel
- 11 Tate Loffswold
- 12 Collin Bliven
- 13 Ayden McRoberts
- 14 Logan Fehl
- 15 Dylan Janzen
- 16 Brayden Kerr
- 17 Tate Saylor
- 18 Ryan Hoffman
- 19 Nathaniel Lafave
- 20 Scott Dickson
- 21 Elijah Johnson
- 22 Jaxson Perez
- 24 Collin Verros25 Cade Klingensmith

- 26 Kaleb Pendergast
- 27 Abram Keokenchanh
- 28 Daniel Hernandez
- 30 Logan Dunn
- 32 Kennik Buschmann
- 33 Zayvion Ellington
- 44 Joe Hardy
- 50 Ayden Dather
- 51 Gavin Merrill
- 52 Parker Kilburn
- 53 Carlos Gonzalez
- 54 Avery Hayes
- 55 Blake Dunagan
- 56 Jack Zeleny
- 58 Mario Rangel
- 60 Roman Muston
- 63 Will Ryan
- 71 Alex Wilson
- 73 Avery Jacobson
- 75 Blake Ritchison
- 77 Julian Jervik
- 78 Jakobi McHenry
- 88 Crew Christensen

SCHEDULE:

3Sioux City North	08/18
iLeMars	08/25
Sioux City East	09/1
Sioux City West	09/8
@Harlan Community	09/15
2Boyden-Hull/Rock Valley	09/22
@MOC-Floyd Valley	9/29
@Carroll	10/6
Bishop Heelan	10/13
)@Sioux Center	10/20







SCHEDULES

IOWA PREP SCHEDULES 2023

Iowa Class 5A

Sioux City East

Aug. 25	at Glenwood
Sept. 1	vs. Sergeant Bluff-Luton
Sept. 8	at Bishop Heelan, Sioux City
Sept. 15	at Sioux City, North
Sept. 22	vs. Southeast Polk
Sept. 29	vs. Council Bluffs, Abraham Lincoln (T)
Oct. 6	at Des Moines, Lincoln (T)
Oct. 13	at Ames
Oct. 20	vs. Johnson
Sioux City N	lorth
Aug. 25	at South Sioux City (NE)

Sioux City N	orth
Aug. 25	at South Sioux City (NE)
Sept. 1	at Le Mars
Sept. 8	vs. Waukee
Sept. 15	vs. Sioux City, East
Sept. 22	at Urbandale
Sept. 29	vs. Des Moines, Roosevelt
Oct. 6	at Des Moines, East
Oct. 13	vs. Council Bluffs, Abraham Lincoln (T)
Oct. 20	at Dowling Catholic

Iowa Class 4A

Le Mars

Aug. 25	at Sergeant Bluff-Luton
Sept. 1	vs. Sioux City, North
Sept. 8	at Boyden-Hull/Rock Valley
Sept. 15	vs. MOC-Floyd Valley
Sept. 22	at Spencer
Sept. 29	vs. Sioux City, West
Oct. 6	at Fort Dodge
Oct. 13	vs. Denison-Schleswig
Oct. 20	at Storm Lake
Spencer	

Aug. 25 Sept. 1.....vs. Webster City Sept. 8..... at Spirit Lake Sept. 15.....vs. Sioux Center Sept. 29..... at Denison-Schleswig Oct. 6..... at Sioux City, West Oct. 13vs. Storm Lake

Oct. 20.....at Fort Dodge

ve Council Pluffe Abraham Lincoln

Sioux City West

Aug. 25	. VS. COUNCII DIUIIS, ADI alialii Lilicolli
Sept. 1	at South Sioux City (NE)
Sept. 8	at Sergeant Bluff-Luton
Sept. 15	vs. Bishop Heelan, Sioux City (T)
Sept. 22	vs. Storm Lake (T)
Sept. 29	at LeMars
Oct. 6	vs. Spencer
Oct. 13	vs. Fort Dodge
Oct. 20	at Denison-Schleswig
64 I - I	

Storm Lake	
Aug. 25	at Saydel
Sept. 1	vs. Boone
Sept. 8	at Council Bluffs, Thomas Jefferson
Sept. 15	vs. Perry
Sept. 22	at Sioux City, West (T)
Sept. 29	vs. Fort Dodge
Oct. 6	at Denison-Schleswig
Oct. 13	at Spencer
Oct. 20	vs. LeMars

Iowa Class 3A

Bishop Heelan

Aug. 25	vs. Kuemper Catholic, Carroll
Sept. 1	at Council Bluffs, Abraham Lincoln
Sept. 8	vs. Sioux City, East

Sept. 15	at Sioux City, West (T
Sept. 22	at Sioux Center
Sept. 29	vs. Carrol
Oct. 6	vs. Boyden-Hull/Rock Valley
Oct. 13	at Sergeant Bluff-Lutor
Oct. 20	at MOC-Floyd Valley
NAGO Elevel Weller	, ,

at Unity Christian, Orange Cit
Central Lyon/George-Little Rocl
vs. Okoboji, Milford
at LeMar
at Carrol
vs. Sergeant Bluff-Lutor
vs. Sioux Cente
at Boyden-Hull/Rock Valle
vs. Bishop Heelan, Sioux Cit

Sergeant Bluff-Luton

Aug. 25	vs. LeMars
Sept. 1	at Sioux City, East
	vs. Sioux City, West
Sept. 15	at Harlan
	vs. Boyden-Hull/Rock Valley
Sept. 29	at MOC-Floyd Valley
•	at Carroll
Oct. 13	vs. Bishop Heelan, Sioux City
	at Sioux Center

Sioux Center

Aug. 25	vs. West Lyon, Inwood
Sept. 1	at Spirit Lake
Sept. 8	vs. Unity Christian, Orange City
Sept. 15	at Spencei
Sept. 22	vs. Bishop Heelan, Sioux City
Sept. 29	at Boyden-Hull/Rock Valley
Oct. 6	at MOC-Floyd Valley
Oct. 13	vs. Carrol
Oct. 20	vs. Sergeant Bluff-Luton

Boyden-Hull/Rock val	ney
Aug. 25	at Western Christian, Hull
Sept. 1	at West Sioux, Hawarden
Sept. 8	vs. LeMars
Sept. 15	vs. Algona
Sept. 22	at Sergeant Bluff-Luton
Sept. 29	vs. Sioux Center
Oct. 6	at Bishop Heelan, Sioux City
Oct. 13	vs. MOC-Floyd Valley
Oct. 20	at Carroll

Iowa Class 2A Central Lyon/George-Little Rock

Aug. 25	vs. Emmetsburg
Sept. 1	at MOC-Floyd Valley
Sept. 8	vs. West Sioux, Hawarder
Sept. 15	at Sheldor
Sept. 22	at Cherokee
Sept. 29	vs. Unity Christian, Orange City
Oct. 6	at Western Christian, Hul
Oct. 13	vs. West Lyon, Inwood
Chaualraa	

Cherokee

CHEIOREE	
Aug. 25	vs. MMCRU
Sept. 1	at Sioux Central, Sioux Rapids
Sept. 8	at Ridge View
Sept. 15	vs. Western Christian, Hull
Sept. 22	vs. Central Lyon/George-Little Rock
Sept. 29	at West Lyon, Inwood
Oct. 6	vs. Unity Christian, Orange City
Oct. 13	at Sheldon

Unity Christian

vs. MOC-Floyd Valley
at Ridge View
at Sioux Center
vs. West Lyon, Inwood
vs. Sheldon
at Central Lyon/George-Little Rock
at Cherokee
vs. Western Christian, Hull

Okoboji

Aug. 23	dt NOI til ullioli
Sept. 1	vs. Pocahontas Area
Sept. 8	at MOC-Floyd Valley
	vs. Estherville Lincoln Central
	at Spirit Lake
Sept. 29	at Garner-Hayfield-Ventura
Oct. 6	vs. Clarion-Goldfield-Dows
Oct. 13	vs. Forest City
Sholdon	

Aug. 23	vs. sibiley-ocheyedal
Sept. 1	at South O'Brien, Paullina
Sept. 8	at Emmetsburg
Sept. 15	vs. Central Lyon/George-Little Roc
Sept. 22	at Unity Christian, Orange Cit
Sept. 29	vs. Western Christian, Hul
Oct. 6	at West Lyon, Inwood
Oct. 13	vs. Cheroke

Spirit Lake

Aug. 25	at Algona
Sept. 1	vs. Sioux Center
Sept. 8	vs. Spencer
Sept. 15	at Forest City
Sept. 22	vs. Okoboji
Sept. 29	at Estherville Lincoln Central
Oct. 6	vs. Garner-Hayfield-Ventura
Oct. 13	at Clarion-Goldfield-Dows

Western Christian (Hull)

Aug. 25	vs. Boyden-Hull/Rock Valley
Sept. 1	vs. Hinton
Sept. 8	at Pocahontas Area
Sept. 15	at Cherokee
Sept. 22	vs. West Lyon, Inwood
Sept. 29	at Sheldor
Oct. 6	vs. Central Lyon/George-Little Rock
Oct. 13	at Unity Christian, Orange City
1014 1	, , , , , ,

West Lyon

East Sac

Aug. 25	at Sioux Center
Sept. 1	vs. Lawton-Bronson
Sept. 8	vs. OABCIG
	at Unity Christian, Orange City
Sept. 22	at Western Christian, Hull
	vs. Cherokee
	vs. Sheldon
Oct. 13	at Central Lyon/George-Little Rock

Iowa Class 1A

1	Aug. 25	at IKM-Manning
	Sept. 1	vs. OABCIG
	Sept. 8	at Missouri Valley
	Sept. 15	at Emmetsburg
	Sept. 22	vs. Pocahontas Area
	Sept. 29	vs. Eagle Grove
	Oct. 6	at Manson Northwest Webster
		vs. Sioux Central. Sioux Rapids
	Hinton	,
		at Californ Cathella Labtana

Aug. 23	· at active Catholic, Eciviai 3
Sept. 1	at Western Christian, Hull
Sept. 8	vs. Akron-Westfield
Sept. 15	vs. Ridge View
Sept. 22	at Lawton-Bronson
Sept. 29	at MVAOCOU
Oct. 6	vs. OABCIG
Oct. 13	vs. West Sioux, Hawarden

Lawton-Bronson

Aug. 25	vs. woodbury central, movill
Sept. 1	at West Lyon, Inwoo
Sept. 8	vs. Sioux Central, Sioux Rapid
Sept. 15	at West Sioux, Hawarder
Sept. 22	vs. Hinto
Sept. 29	at Ridge Viev
Oct. 6	vs. MVAOCOL
Oct. 13	at OABCIO

OABCIG

at Morth Union

Sept. 1	at East Sac County
Sept. 8	at West Lyon, Inwood
Sept. 15	vs. MVAOCOU
Sept. 22	at Ridge View
Sept. 29	vs. West Sioux, Hawarden
oct. 6	at Hinton
Oct. 13	vs. Lawton-Bronson
MVAOCU	
Aug. 25	at Westwood, Sloan
Sept. 1	vs.Missouri Vallev

Aug. 25vs. Estherville Lincoln Central

Sept. 1	vs.Missouri Valley
Sept. 8	at Manson Northwest Webster
Sept. 15	at OABCIG
Sept. 22	vs. West Sioux, Hawarden
Sept. 29	vs. Hinton
Oct. 6	at Lawton-Bronson
Oct. 13	vs. Ridge View

Ridge View

Aug. 25	at Akron-Westfield
Sept. 1	vs. Unity Christian, Orange City
Sept. 8	vs. Cherokee
Sept. 15	at Hintor
Sept. 22	vs. OABCIG
Sept. 29	vs. Lawton-Bronsor
Oct. 6	at West Sioux, Hawarder
Oct. 13	at MVAOCOL

Sioux Central Aug. 25...

Aug. 25	vs. South O'Brien, Paullina
Sept. 1	vs. Cherokee
Sept. 8	at Lawton-Bronson
Sept. 15	at Eagle Grove
Sept. 22	vs. Emmetsburg
Sept. 29	vs. Manson Northwest Webster
Oct. 6	at Pocahontas Area
Oct. 13	at East Sac County
West Sioux	

Aug. 25	vs. Hartley-Melvin-Sanborn
Sept. 1	vs. Boyden-Hull/Rock Valley
Sept. 8	at Central Lyon/George-Little Rock
Sept. 15	vs. Lawton-Bronson
Sept. 22	at MVAOCOU
Sept. 29	at OABCIG
Oct. 6	vs. Ridge View
Oct. 13	at Hinton

Iowa Class A

Akron-Westfield

Aug. 25	vs. Ridge View
Sept. 1	at Sibley-Ocheyedan
Sept. 8	at Hinton
Sept. 15	vs. Hartley-Melvin-Sanborn
Sept. 22	at Gehlen Catholic, LeMars
Sept. 29	vs. MMCRU
Oct. 6	at Alta-Aurelia
Oct. 13	vs. South O'Brien
Alta-Aurelia	
Aug. 25	at Kingsley-Pierson
Sent 1	vs Hartley-Melvin-Sanhorn

Sept. 15.....vs. Sibley-Ocheyedan Sept. 22 at South O'Brien Sept. 29.....vs.West Monona, Onawa Oct. 6.....vs. Akron-Westfield

Sept. 8.....at Gehlen Catholic, LeMars

Kingsley-Pierson-River Valley

Aug. 25	vs. Alta-Aurelia
Sept. 1	vs. Logan-Magnolia
Sept. 8	at Westwood, Sloan
Sept. 15	vs. St. Albert, Council Bluffs
Sept. 22	at Hartley-Melvin-Sanborn
Sept. 29	vs. Woodbury Central, Moville
Oct. 6	at West Monona, Onawa
Oct 13	at Tri-Center Neola

Newell-Fonda

Hartley-Melvin-Sanborn

Aug. 25	at west Sioux, Hawarden
Sept. 1	at Alta-Aurelia
•	vs. MMCRU
Sept. 15	at Akron-Westfield
	vs. Kingsley-Pierson
	at South O'Brien
•	vs. Sibley-Ocheyedan
	vs. Gehlen Catholic. LeMars
MMCRU	voi demen damene, zemaro
WINCING	

Aug. 25	at Cherokee
Sept. 1	vs. Gehlen Catholic, LeMars
Sept. 8	at Hartley-Melvin-Sanborn
Sept. 15	vs. South O'Brien
Sept. 22	at Sibley-Ocheyedan
Sept. 29	at Akron-Westfield
Oct. 6	vs. Westwood, Sloan
Oct. 13	vs. Alta-Aμrelia

Le Mars Gehlen

Aug. 25	vs. Hinton
Sept. 1	at MMCRU
Sept. 8	vs. Alta-Aurelia
Sept. 15	at Woodbury Central, Moville
Sept. 22	vs. Akron-Westfield
Sept. 29	at Sibley-Ocheyedan
Oct. 6	vs. South O'Brien
Oct 13	at Hartley-Melvin-Sanborn

westwood	
Aug. 25	vs. MVAOCOU
Sept. 1	at Woodbury Central, Moville
Sept. 8	vs. Kingsley-Piersor
Sept. 15	at Tri-Center, Neola
Sept. 22	vs. West Monona, Onawa
Sept. 29	at Logan-Magnolia
Oct. 6	at MMCRU
Oct 13	vs St Δlhert Council Bluffs

West Monona

Aug. 25	vs. Riverside, Oakland
Sept. 1	at St. Albert, Council Bluffs
Sept. 8	vs. Tri-Center, Neola
Sept. 15	vs. Logan-Magnolia
Sept. 22	at Westwood, Sloan
Sept. 29	at Alta-Aurelia
Oct. 6	vs. Kingsley-Pierson
Oct. 13	at Woodbury Central, Moville

Woodbury Central

Aug. 25	at Lawton-Bronson
Sept. 1	vs. Westwood, Sloan
Sept. 8	at Logan-Magnolia
Sept. 15	vs. Gehlen Catholic, LeMars
Sept. 22	at St. Albert, Council Bluffs
Sept. 29	at Kingsley-Pierson
Oct. 6	vs. Tri-Center, Neola
Oct. 13	vs. West Monona, Onawa

Sibley-Ocheyedan

Aug. 25	at Sheldon
Sept. 1	vs. Akron-Westfield
Sept. 8	at South O'Brien
Sept. 15	at Alta-Aurelia
Sept. 22	vs. MMCRU
Sept. 29	vs. Gehlen Catholic, LeMars
Oct. 6	at Hartley-Melvin-Sanborn
Oct. 13	vs. North Union

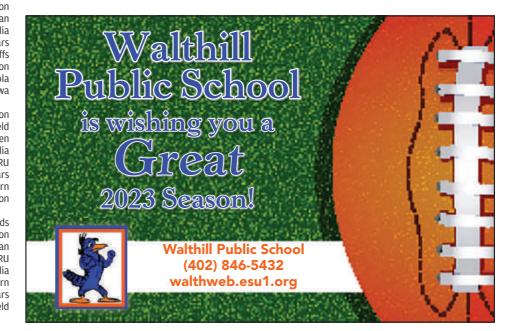
South O'Brien	
Aug. 25	at Sioux Central, Sioux Rapids
Sept. 1	vs. Sheldor
Sept. 8	vs. Sibley-Ocheyedar
Sept. 15	at MMCRL
Sept. 22	vs. Alta-Aurelia
Sept. 29	vs. Hartley-Melvin-Sanborr
Oct. 6	at Gehlen Catholic, LeMars
Oct. 13	at Akron-Westfield

Iowa 8-Player

Aug. 25	vs. West Bend-Mallard
Sept. 1	at West Harrison, Mondamir
Sept. 8	vs. Woodbine
Sept. 15	at Harris-Lake Parl
Sept. 22	vs.St. Mary's, Remser
Sept. 29	at Boyer Valley, Dunlar
Oct. 6	at Ar-We-Va, Westside
Oct 12	vs. Signyland Christian

Harris-Lake Park

Aug. 25	at St. Mary's, Remsen
Sept. 1	vs. Rockford
Sept. 8	at Northwood-Kensett
Sept. 15	vs. Newell-Fonda
Sept. 22	at West Bend-Mallard
Sept. 29	vs. GTRA
Oct. 6	.vs. North Iowa, Buffalo Center
Oct. 13	at Bishop Garrigan, Algona



BLUJAYS

WALTHILL



SCHEDULE:

Sept. 1	@ Cedar Bluffs
Sept. 8	Niobrara/Verdigre
Sept. 15	@ Winside
Sept. 22	Humphrey/Lindsay Holy Family
Sept. 29	@ East Butler
Oct. 6	Humphrey St. Francis
Oct. 13	



ROSTER		
1	Adrian PhillipsC	
9	Katen Robinson	
11	Markale Charley	
33	Sage GrantC	
44	Koda Tyndall	
65	Jayren (Drake) Charlie	
72	Nathan Mitchell	
•••••	Dallas Marr	
	Greg Smith	
	Clayton Parker	
	Moises DelAngel	
	Presley Warner	
Noah DelAngel		





Remsen St Mary's

Aug. 25	vs. Harris-Lake Park
Sept. 1	at Siouxland Christian
Sept. 8	at West Bend-Mallard
Sept. 15	vs. Boyer Valley, Dunlap
Sept. 22	at Newell-Fonda
Sept. 29	vs. Ar-We-Va, Westside
Oct. 6	at Woodbine
Oct. 13	vs. West Harrison, Mondamin

Siouxland Christian

Aug. 25	vs. GTRA
Sept. 1	vs. St. Mary's, Remsen
Sept. 8	at Ar-We-Va, Westside
Sept. 15	at Woodbine
Sept. 22	vs. West Harrison, Mondamin
Sept. 29	at Bishop Garrigan, Algona
Oct. 6	vs. Boyer Valley, Dunlap
Oct. 13	at Newell-Fonda

NEBRASKA PREP SCHEDULES 2023

Nebraska Class A

South Sioux City

Aug. 25	at Sioux City North, IA
Sept. 1	vs Sioux City West, IA
Sept. 8	vs Omaha Northwest
Sept. 15	at Omaha South
Sept. 22	vs Millard West
Sept. 29	vs Omaha Bryan
Oct. 5	at Lincoln Southwest
Oct. 13	vs Millard North
Oct. 20	at Lincoln Southeast

Nebraska Class C2

Ponca

Aug. 25 vs Logan View/Scribner-Snyder (LVSS) Sept. 1..... vs Archbishop Bergan

Sept. 8	at Tekamah-Herman
Sept. 15	vs Oakland-Craig
Sept. 22	at Battle Creek
Sept. 29	at West Point-Beemer
Oct. 6	at Norfolk Catholic
Oct. 13	vs Cedar Catholic
Oct. 20	at West Holt

Nebraska Class D1

Homer Aug. 25

Aug. 25	dt BallCloft-Rosalle
Sept. 1	vs. Lyons-Decatur Northeast
Sept. 9	vs. Omaha Christian Academy
Sept. 15	at Laurel-Concord-Coleridge
Sept. 22	at TCNE (Tri County Northeast)
Sept. 29	vs. Crofton
Oct. 6	vs. Wakefield
Oct. 13	vs. at Hartington-Newcastle
Pender	

venuer Aug. 25 ...

Aug. 25	vs Elkhorn Valley
Sept. 1	at Clarkson/Leigh
Sept. 8	vs Wakefield
Sept. 15	at Wisner-Pilger
Sept. 22	vs Guardian Angels Central Catholic
Sept. 28	vs Bancroft-Rosalie
Oct. 6	at Lyons-Decatur Northeast
Oct 13	at Stanton

Tri-County Northeast

iii county worthcast	
Aug. 25	vs Lyons-Decatur Northeast
Sept. 1	at Winside
Sept. 8	vs Bloomfield
Sept. 15	at Wakefield
Sept. 22	vs Homer
Sept. 29	at Hartington-Newcastle
	at Crofton
Oct. 13	vs Laurel-Concord-Coleridge

Wakefield

wantericia	
Aug. 25	vs Plainview
Sept. 1	at Bancroft-Rosalie
Sept. 8	at Pender
Sept. 15	vs TCNE (Tri County Northeast)
Sept. 22	at Hartington-Newcastle
Sept. 29	vs Laurel-Concord-Coleridge
oct. 6	at Homer
Oct. 13	vs Crofton

Nebraska Class D2

Waltill	
Aug. 25	vs Randolph
Sept. 1	at Cedar Bluffs
Sept. 8	vs Niobrara/Verdigre
Sept. 15	at Winside
Sept. 22	vs Humphrey/Lindsay Holy Family
Sept. 29	at East Butler
Oct. 6	vs Humphrey St. Francis
Oct. 13	at Howells-Dodge

All Nations Football Conference

Omaha Nation	
Aug. 31	at Crazy Horse

Sept. 8	vs. Crow Creek
Sept. 15	at Tiospa Zina
Sept. 22	at Flandreau
Sept. 29	vs. McLaughlin
Oct. 12	at Marty
	vs. Lower Brule
Winnebago	
Aug. 31	at Pine Ridge
Sept. 16	at St. Francis
Sept. 21	at Todd County
Oct. 5	at Standing Rock
Oct 13	vs. Little Wound

Oct. 20.....vs. Red Cloud

S. DAKOTA PREP SCHEDULES 2023

S.D. CLASS 11A

Dakota Valley

Aug. 25	vs Vermillion
Sept 1	
Sept. 8	vs. SF Christian
Sept. 15	vs. Milbank
Sept. 22	at Madison
Sept. 29	
Oct. 6	vs. Lakota Tech
Oct. 13	vs. Beresford
Oct. 19	at Dell Rapids
Vermillion	
Aug. 25	at Dakota Valley
Sept. 1	
Sept. 8	at Milbank
Sept. 15	vs. West Central
Sept. 22	at Custer
Sept. 29	
Oct. 6	at Canton
Oct. 13	at Madison
Oct. 19	vs. Belle Fourche

S.D. Class 11B

Elk Point-Jefferson

Aug. 18	vs. Parker
Aug. 25	vs. Baltic
Sept. 1	at Sioux Valley
Sept. 15	vs. McCook Central/Montrose
Sept. 22	at Flandreau
Sept. 29	at Miller/Highmore-Harrold
Oct. 6	at Tri-Valley
Oct. 13	vs. Bridgewater/Emery

BLUE DEVILS

WAYNE



SCHEDULE:

Sept. 1@ Douglas County West	
Sept. 8Fort Calhoun	
Sept. 15@ Raymond Central	
Sept. 22@ Pierce	
Sept. 29Boone Central	
Oct. 6@ West Point-Beemer	
Oct. 13Norfolk Catholic	
Oct. 20ONeill	

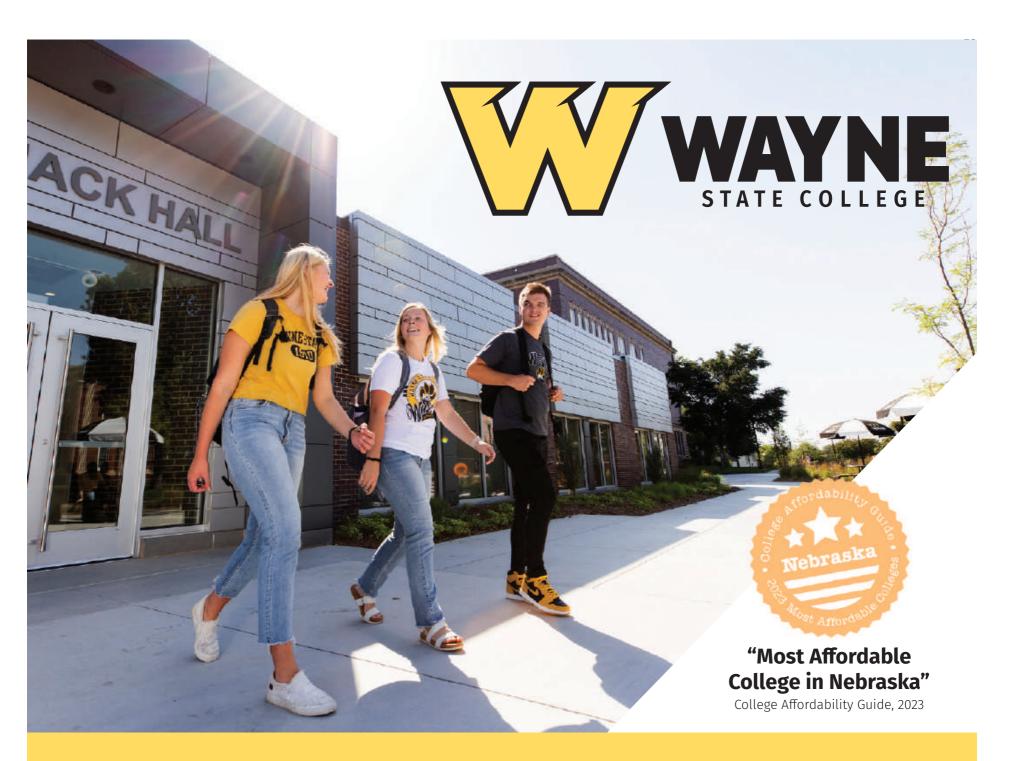


ROSTER

			KOSTEK		
1	Sam Junck	19	Cohen Olson	57	Carter Wiese
2	William Patefield	20	Brodey Munter	58	Dylan Jensen
4	Chase Nelson	21	Will Leseberg	59	Jaden Dramse
5	Grant Maas	22	Garrett Schultz	60	Austin Heiser
6	Kai Graham	23	Daevin Casarrubias	61	Brayden Woehler
7	Maddux Heithold	24	Aiden Petersen	62	Maddox Ziska
8	Riley Belt	25	Tate Holz	63	Colton Shepperd
9	Parker Patefield	27	Jamison Meyer	64	Rylan Brackenhoff
10	Kaden Keller	33	Jack Elliot	65	Taven Ocampo
11	Jace Jorgensen	50	Hudson Silva	66	Irvin Trujillo
12	Colson Nelsen	51	Waylon Huff	72	Eli Stecki
13	Alex Rodriguez	52	Ryan Karsky	73	Jefferson Brizuela
14	Gavin Anderson	53	Drue Davis	75	Alan Silas
15	Blake Smith	54	Bobby Bates	78	Calvin Ankeny
17	Laythn Hannish	55	Eli Hansen	81	Wanso Barner
18	Gavin Redden	56	Jaime Silas	85	Jeremiah Simpson







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NORTH HIGH

ROSTER

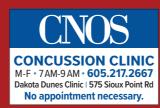
- 1 Demarico Young
- 2 Matthew Ericson
- 3 Caleb Cross
- 5 Tal Nettleton
- 6 Noah Conley
- 7 Mikehi Turner
- 9 Jack Mogensen
- 10 Isaiah Sanchez
- 12 Noah Caldwell
- 13 Henry Jaerger
- 15 Brayden McClain
- 16 Dylan Baier
- 17 Blake Bauer
- 18 Elliot Schrunk
- 20 Ethan Dallen
- 21 Tyler Tran

- 24 Alex Soldati
- 28 Dayton Harrell
- 32 Parker Peterson
- 45 Wilson Meth
- 51 Noah Reed
- 52 Noah Chartier
- 55 Parker Fergen
- 59 Adrian Ramirez
- 60 Kellum Mcgraw
- 65 Tyler Hagan
- 74 Rafael Frias
- 87 Zach Hesse
- 89 Alex Frazee

SCHEDULE:

8/18	@ Sergeant Bluff-Luton
8/25	@ South Sioux City
9/1	@ LeMars
9/8	vs Waukee
9/15	vs Sioux City East
9/22	@ Urbandale
9/29	vs Des Moines Roosevelt
10/6	@ Des Moines East
10/12	vs Council Bluffs Lincoln
10/20	@ Dowling Catholic





SIOUXCITYJOURNAL.COM

STARS

NORTH HIGH











62 | SATURDAY, AUGUST 26, 2023



JOSEPH CRESS, ASSOCIATED PRESS

lowa quarterback Cade McNamara (12) throws the ball during the team's spring game on April 22 at Kinnick Stadium. McNamara, who transferred from Michigan, will attempt to revive an offense that ranked among the nation's worst in 2022.

McNamara seeks to upgrade Hawkeyes woebegone offense

JOHN BOHNENKAMP Associated Press

IOWA CITY, Iowa — New Iowa quarterback Cade McNamara wants complete command of the offense, right down to how the Hawkeyes break a huddle.

"I definitely want to start every play with a good break," he said. "If we're not in sync, it looks a little sloppy. If we have a clean break, it just gets the play started off right."

McNamara has yet to take a snap for the No. 25 Hawkeyes in a game, but the Michigan transfer is the key to reviving one of the nation's worst offenses. Iowa won eight games despite being 129th in total offense, 123rd in rushing and 122nd in passing and scoring.

McNamara takes over for three-year

starter Spencer Petras, who completed just 55.9% of his passes last season with five touchdowns and five interceptions.

"I've been here seven months now, and it's been the best seven months of my life," said McNamara, Michigan's starter in 2021. "I'm enjoying my time here, building my relationships with these dudes. Everyone here has been so welcoming to me. Now that I've gotten the hang of things, I'm more grateful I'm here."

Offensive coordinator Brian Ferentz,

more than anybody, is counting on Mc-Namara to produce. The son of head coach Kirk Ferentz took a pay cut from \$900,000 to \$850,000 and his two-year rollover was put on hold as part of a contract amendment in February.

If Iowa wins seven games and increases its scoring average to 25 points — points by the defense and special teams included — he'll be paid a lump sum of \$112,500, have his salary raised to \$925,000 and go back to having a two-year rolling contract.

McNamara left a scrimmage Saturday with what was described as a soft-tissue injury to his right leg. Kirk Ferentz said he didn't think the injury was serious.

Up front

Logan Jones had two difficult tasks last season — moving from defensive line to center, and replacing All-American and NFL first-round draft pick Tyler Linderbaum. Jones admitted he struggled with everything, from snaps to reading defenses. He said he's become more comfortable with the position.

"Our defense throws a lot of things at us, which is pretty good," Jones said. "You never know what a team is going to throw at us. Sometimes a team is going to throw a certain front at us that I don't know, and then we'll have to make adjustments, learn from that. But I've learned a lot from last year to this year. I'm not going to be perfect, but I know a lot more."

Tight end U

Erick All, another Michigan transfer, joins Luke Lachey at tight end, a perennial position of strength for the Hawkeyes.

Lachey was listed No. 1 on the depth chart after catching 28 passes for 398 yards and four touchdowns. He spent the past two seasons backing up Sam LaPorta, a second-round NFL draft pick.

"I've learned a lot," Lachey said. "I think my game is so much better now than what it was."

Replacing Campbell

The biggest departure on defense was Butkus Award-winning linebacker Jack Campbell, who was the Associated Press Big Ten defensive player of the year and a consensus All-American.

Nick Jackson, a graduate transfer from Virginia, led the Atlantic Coast Conference with 10.4 tackles per game and joins a deep group of linebackers that include seniors Jay Higgins and Kyler Fisher.

"He's learning everything," Kirk Ferentz said. "It's like drinking through a fire hose a little bit, but he is a pretty cerebral guy and he is picking it up fast."

Gambling investigation

Two current players, backup kicker Aaron Blom and walk-on receiver Jack Johnson, are among the people charged in the state's ongoing investigation into illegal sports wagering at Iowa and Iowa State. Defensive end Noah Shannon, a projected starter, has acknowledged he also has been interviewed by authorities.

"We'll continue to cooperate," Kirk Ferentz said, "but our biggest thing right



CHRIS ZOELLER, WATERLOO COURIER

Iowa defensive back Cooper DeJean, who starred at OABCIG High School, poses for a portrait during the Hawkeye's football media day on Aug. 12.

now is focusing on this season, and we'll handle each case basically individually as they come."

Looking ahead

Iowa avoids Michigan and Ohio State

but plays at Penn State in one of its crossover games with East Division teams. The Hawkeyes visit Wisconsin and Nebraska, and the annual CyHawk game against Iowa State is on the road. The Hawkeyes open Sept. 2 at home against Utah State.

RAPTORS

RIDGE VIEW



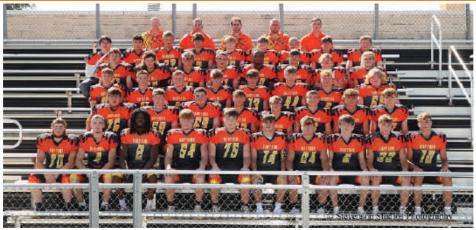
SCHEDULE:

Sept. 8 Cherokee

Sept. 15.....@ Cherokee

Sept. 22.....OABCIG

Sept. 29.....Lawton-Bronson



			ROSTER		
1	Kinnick Jensen	14	Isaac Goettsch	52	Austin Wood
2	Cornell McCray	15	Alax Goettsch	54	Kody Jacobson
3	Jacob Cougill	18	Landyn Peterson	58	Kyle Burk
4	Asher Endrulat	19	Ryan Peterson	68	Peyton Turnquist
5	Raif Jensen	20	Tate Schossow	70	Jared Taylor
6	Carson Harriman	21	Conner Jacobson	71	Tyler Friedrichsen
8	Carter Todd	24	Ethan Mason		•
9	Drew Burk	25	Colin Pribble	72	Dramelle McCray
10	Kellen Jensen	33	Gavin Vohs	75	Cayden Clausen
11	Zach Kolpin	41	Quinton Wittrock	76	Owen Worthan
12	Blake Myrtue	42	Lucas Heilman	82	Kellen Clausen
13	Kreighton Krager	51	Noah Shepherd	89	Jordyn Hinrickson



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Wolverines

WEST HIGH

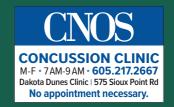












Wolverines



WEST HIGH

ROSTER

1	Shamar Harrell
2	Angel Steele
4	Tavien Manning
5	Calex Banta
7	Sincere Douglas
9	Jayson Joesph
10	Alonso Cota
11	Alvin Rodriguez
13	Abraham Gonzales
14	Nathan Case
15	Elliot Rainbow
16	Turner Joy
18	Christian Lane
19	Xander Hernandez
20	Kayden Loggins
21	Jackson DeBondt
22	Mycah Bell
23	Nathan Scott
24	Andrew Perez
25	Christian Castro-Garcia
28	Pykor Callondor

30	Arath Pinedo
32	Travis Davis
34	Devareyai Craft
37	Evan Rodgers
38	James Turcotte
40	Aden Ferrara
42	Logan Dousch
55	Jacob Uhl
56	Logan Carrell
57	Carlos Martinez
60	Jon Brooks
61	Ryan Kern
65	Jackson Moore
71	Alomarion Chenet
75	Andrew Hoffman
76	RIcki Smith
78	Ben Henry-Phillips
79	Chris Lugo
86	Adrian Hilden
95	Daniel Lugo

3011	LDOLL.
Sept. 1	South Sioux City
Sept. 8	@ Sergeant Bluff-Luton
Sept. 14	Bishop Heelan
Sept. 21	Storm Lake
Sept. 29	@ LeMars
Oct. 6	Spencer
Oct. 13	Fort Dodge
Oct. 20	@ Denison-Schleswig



HUSKERS

RHULE PROMISES NO SHORTCUTS

ERIC OLSON

AP College Football Writer

LINCOLN, Neb. — Make no mistake, Matt Rhule wants to win and win often in his first season at Nebraska.

The Cornhuskers' new coach also understands where the team sits in 2023, and he's taken the program down to the studs with the hope of building it back into the respected national brand it was a generation ago.

"When I think about Nebraska, I just think about that helmet," Rhule said of the Huskers' classic white and red headgear. "It's iconic to me, and it is across college football."

Rhule said Nebraska — winners of five national championships but none since 1997 — should be in the national discussion year in and year out, and for the right reasons. Talk about Nebraska in recent years has centered on coach Scott Frost's spectacular failure over four-plus seasons. The Huskers are coming off six straight losing seasons with no bowl appearances. There's been no Top 25 ranking since 2019, 10 seasons without an appearance in a conference championship game and no league title since 1999.

Athletic director Trev Alberts began pursuing Rhule shortly after the Carolina Panthers fired him as coach last October.

Nebraska is banking on

Rhule to orchestrate the kind of turnarounds he did at Temple and Baylor before he left for the NFL. His \$74 million, eight-year contract makes him the third highest-paid coach in the Big Ten and among the top 10 nationally.

Rhule said his coaching philosophy is not for everybody. He demands discipline on and off the field, and he has suspended a number of players since spring for not adhering to his standards. The team spent the first two weeks of preseason practice living in cramped on-campus dormitories. Starting safety Myles Farmer decided to transfer and projected starting receiver Zavier Betts quit.

"I don't want to take shortcuts," Rhule said. "I don't want to build something (where) we show everybody a little bit of hope this year, but the next year we take a step back. I want to win, but right now I can't think about the games. I expect us to do everything right. I expect guys to show up and be on time. So it's just this mindset of everything matters, everything counts."

Then-Georgia
Tech quarterback
Jeff Sims (10)
looks to pass
against UCF
on Sept. 19,
2020. Sims, a
transfer, will
take over as
the Nebraska
starter this
season.

DANNY KARNIK, ASSOCIATED PRESS



DARRON CUMMINGS. ASSOCIATED PRESS

Nebraska head coach Matt Rhule speaks during a news conference at the Big Ten Conference media days on July 27 in Indianapolis. Rhule, the former Carolina Panthers coach, begins his first season at Nebraska.

SIMS IS IN

Georgia Tech transfer Jeff Sims won the starting quarterback job in the spring, prompting incumbent Casey Thompson to transfer.

Offensive coordinator Marcus Satterfield's system will mix what's hoped to be a physical run game that includes a fullback with a passing game predicated on intermediate throws.

"It puts me in a lot of different situations and puts me in a greater situation to show off my arm and my ability to pass the ball," Sims said. "I'm willing to run whenever I need to. I'm going to do it, and I'm going to do it at a high level."

NEW-LOOK DEFENSE

Defensive coordinator Tony White brought the 3-3-5 base alignment with him from Syracuse, and the idea of using the system in the Big Ten raised eyebrows among fans.

Big Ten offenses, to be sure, have evolved from plodding to more wide open, and that should alleviate concerns about

Please see **HUSKERS**, page 68

SPARTANS

WEST MONONA



	ROS	<u>TE</u>	R
1	Zander Riley	25	Keagan Wiggs
2	Aiden Holverson	27	Jordan Orr
3	Chace Debartolo	28	Chance Richards
5	Chase Lander	34	Parker Zima
6	Brayden Komarek	50	Max Chapman
7	Blake Pekarek	52	Noah Walker
8	Seth Ewing	53	Ben Monahan
9	Tyler Hawley	54	Jakob Brewer
12	CJ Fegenbush	57	Gunther Lyons
13	Elias Sorensen	58	Carson Carrier
16	Ben Holversen	60	Dylan Pittet
17	Jerry Green	62	Michael Ross
18	Dillon Woodward	66	Colton Griffith
21	Laken Bellis	67	Jordan Holton
22	Collin Wiggs	70	Jack Edmonds
24	Payton Purgett	80	Richard Green





SCHEDULE:

Sept. 1	@ St. Albert
Sept. 8	Tri-Center
Sept. 15	Logan-Magnolia
Sept. 22	@ Westwood
Oct. 6	Kingsley-Pierson
Oct. 13	@ Woodbury Central















Huskers

from page 66

there not being enough heft up front. The four-man front isn't going away entirely. The 3-3-5 is adaptable, White said, and it allows for more blitzing options and coverage disguises.

"Chaos," is how linebackers coach Rob Dvoracek described it.

FEELING AT HOME

Though he's been on the job only nine months, Rhule said he's comfortable in an environment where Nebraska football is a year-round passion. He has spoken often about putting on the field a team the inspires pride in a fan base that has sold out every home game since 1962.

"You're not just serving a university. You're serving an entire state as well," he said. "That's a responsibility I take very seriously."

LOOKING AHEAD

The Huskers' schedule has them playing their first two games on the road, at Minnesota on Aug. 31 and at Colorado on Sept. 9.

Their toughest crossover game is at home, against No. 2 Michigan, on Sept. 30. Preseason West favorite No. 19 Wisconsin visits Nov. 18 and border rival No. 25 Iowa on Nov. 24.

HUSKERS



You're not just serving a university. You're serving an entire state as well. That's a responsibility I take very seriously.

Matt Rhule, Huskers head coach

DARRON CUMMINGS-STAFF, ASSOCIATED PRESS

Nebraska's Jeff Sims speaks during an NCAA college football news conference at the Big Ten Conference media days at Lucas Oil Stadium, Thursday, July 27, 2023, in Indianapolis.

TROJANS

WAKEFIELD



SCHEDULE:

 Sept. 1@Bancroft-Rosalie

 Sept. 8@Pender

 Sept. 15TCNE

 Sept. 22@H/N

 Sept. 29LCC

 Oct. 6@Homer

 Oct. 13Crofton

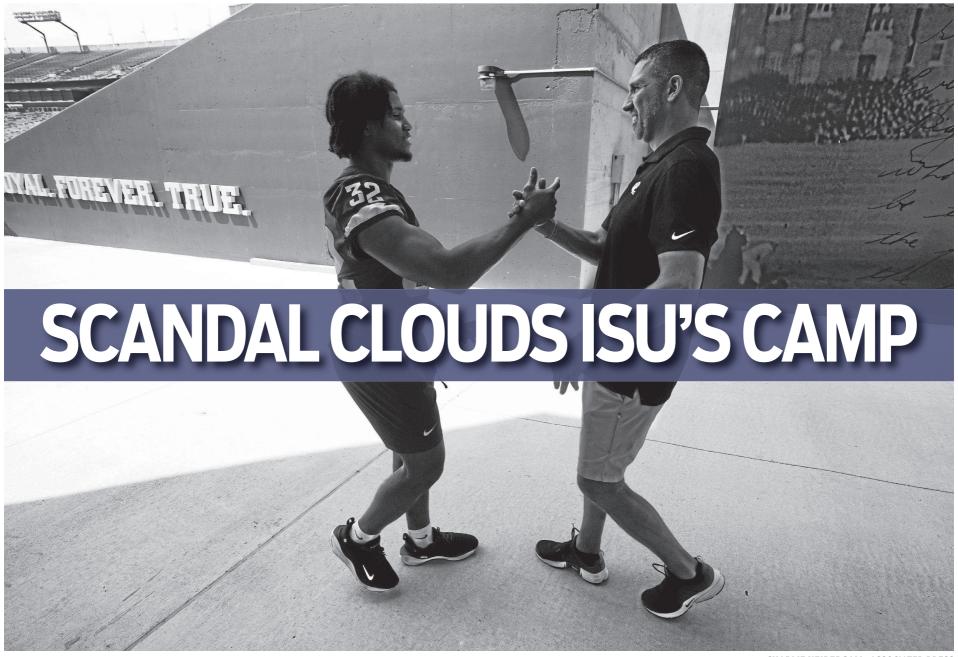


ROSTER			
2	Mason Lamprecht	32	Sam Chase
2	Tim Kaufman	34	Domingo Centino
4	Jacob Borg	44	Isiah Villa
5	Adrian Flores	50	Jason Lopez
7	Isaac Walsh	52	Landon Ryion
9	Carter Kratke	55	Juan Martin Jr.
11	Quintin Beaty	62	Lane Fischer
12	Cael Johnson	70	Jaxon Benscoter
15	Benny Palma	72	Ryan Bruns
21	Jack Schlickbernd	76	Bradley Haglund
22	Joaquin Chavez	80	Jesse Lundahl
24	Landon Newton	81	Ruben Vega
30	Jaden Sievers	85	Anthony Valenzuela
	2 4 5 7 9 11 12 15 21 22 24	2 Mason Lamprecht 2 Tim Kaufman 4 Jacob Borg 5 Adrian Flores 7 Isaac Walsh 9 Carter Kratke 11 Quintin Beaty 12 Cael Johnson 15 Benny Palma 21 Jack Schlickbernd 22 Joaquin Chavez 24 Landon Newton	2 Mason Lamprecht 32 2 Tim Kaufman 34 4 Jacob Borg 44 5 Adrian Flores 50 7 Isaac Walsh 52 9 Carter Kratke 55 11 Quintin Beaty 62 12 Cael Johnson 70 15 Benny Palma 72 21 Jack Schlickbernd 76 22 Joaquin Chavez 80 24 Landon Newton 81

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CHARLIE NEIBERGALL, ASSOCIATED PRESS

Iowa State head coach Matt Campbell greets linebacker Gerry Vaughn (32) during the team's media day on Aug. 4 in Ames.

Betting charges against Dekkers leaves starting quarterback uncertain

ANDREW LOGUE Associated Press

AMES, Iowa — A gambling scandal has left Iowa State with a quarterback quandary.

Hunter Dekkers, last year's starter, is among three current or former Cy-

clones players facing criminal charges. The former West Sioux High School star has temporarily stepped away from the team while the legal case is still swirling.

That leaves redshirt freshman Rocco Becht, true freshman J.J. Kohl and junior college transfer Tanner Hughes vying to be Dekkers' replacement at quarterback, at least for now.

"We've seen a bunch of different quarterbacks have great success here," coach Matt Campbell said Friday as he enters his eighth season. "We need those guys to lead and take care of the football. And those guys have a lot of confidence in being able to do all those things."

Gambling investigations at Iowa and Iowa State have resulted in criminal charges against seven current or former athletes, including ex-Hawkeyes basketball player Ahron Ulis and Dekkers. Documents showed a DraftKings account controlled by Dekkers placed more than 360 online bets worth more than \$2,799. Dekkers bet on 26 Iowa State athletic events, including a 2021 football game

against Oklahoma State in which he did not play.

Offensive lineman Dodge Sauser was also named in the investigation, as well as former Iowa State defensive lineman Enyi Uwazurike, a current member of the Denver Broncos who was suspended by the NFL recently for gambling.

Each is accused in the complaints of tampering with records related to an Iowa Criminal Division investigation into sports gambling. Current athletes also face a loss of eligibility for violating NCAA gambling rules.





CHARLIE NEIBERGALL, ASSOCIATED PRESS

Iowa State wide receiver Jaylin Noel (13) catches the ball during the Cyclones' media day Aug. 4 in Ames.

Campbell expressed uncertainly as to whether other Cyclones could be named in the gambling probe.

"This is not an Iowa State investigation. This is a NCAA and a legal matter," Campbell said. "I think our leadership team here has done an incredible job of what they can tell us, telling us."

Dekkers' absence will have the biggest impact this season. He threw for 3,044 yards and 19 touchdowns last year. Iowa State finished 4-8 and 1-8 in the Big 12 - snapping a string of five straight winning season, the school's longest such streak since the 1920s.

Becht is the only one of the three backups who appeared in a game last fall, completing seven of 15 passes for 65 yards, with zero touchdowns and an interception. The 6-foot-7 Kohl from nearby Ankeny enrolled at Iowa State in the spring. Hughes threw for 23 touchdowns as a sophomore at Butte College, with just three interceptions.

"I feel like all those guys have a skill set that is similar," Cyclone receiver Jaylin Noel said. "Obviously, J.J. is huge, but he can also move a little bit. Rocco is still mobile. He's a guy who can get around the field. I feel like all their arm talents are similar."

Campbell joked that he might not name a starter until November. Iowa State's opener is Sept. 2 against Northern Iowa.

"One of the things that probably excited me the most was what I watched from Rocco," Campbell said. "Rocco really grew through the (2022) football

REBELS

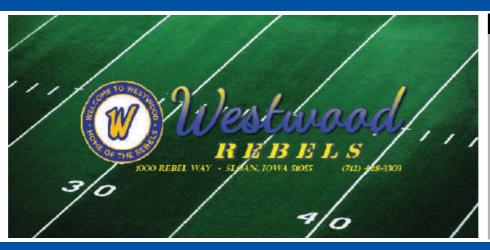
WESTWOOD

FALL FOOTBALL 2023



SCHEDULE:

Sept. 1@ Woodbury Central Sept. 8Kingsley-Pierson Sept. 15@ Tri-Center Sept. 22West Monona Sept. 29@ Logan-Magnolia Oct. 6 @ MMCRU Oct. 13 St. Albert



ROSTER

Joseph Dewald Joe Dewald Jeremiah Berg Kyran Flowers 10 Frank Lewis Havden Versch Carson Topf Jarett Prichard

Jack Clayton 15 Joseph Morris 20 Derian Thompson 21 Mason Halladay

Brody Muenchrath Collin Chapman 24 Tatum Cooper

28 Aiden Mcdonald 30 Zachary Waite Xander Lueth

34 Dayne Hunter 35 Landon Steinhoff

51 Devin Labrune 54 Matthew Crawford 55 Joseph Gengler

55 Samuel Tate 55 Samuel Tate 59 Tyler Wayman

62 Chase Lee 62 Rj Vanden Bosch

63 Tyler Sulsberger

65 Leo Bauder

67 Tanner Oleson

72 Alex Baker 73 Joey Merrill

77 Karter Hunt 88 Jaxon Prichard









season. By mid-point of the season he took over the No. 2 position and then really put himself in position to get into football games. When he got into games, there were a lot really of positive things that occurred."

The Cyclones lost eight of their final nine games last season and are faced with a rebuilding project as the Big 12 welcomes BYU, Cincinnati, Houston and Central Florida this season. Iowa State was picked to finish 10th in a preseason media poll.

"Every football season, every team in America is going to have some sort of adversity," Campbell said. "Our adversity has come a little bit earlier."

Depending on how the gambling investigation plays out, that adversity could linger for months.

"The culture of our program is what's going to get us through this next season," offensive lineman Jarrod Hufford said. "How we are as a team is going to get us through anything."

Campbell agreed.

"Part of what I love about being a college football coach is the growth of young men to men, 18 to 22 years old," he said. "Somebody says, 'Is this a culture issue?' The issue at hand is a society issue. And the reality of it is, society issues are always going to challenge the culture, whether it's your family culture or your football culture.

"What you're always constantly trying to do is educate your young people to make great decisions and put them in the best position to be successful and become the best men that they can possibly be."



CHARLIE NEIBERGALL. ASSOCIATED PRESS

Iowa State defensive back T.J. Tampa walks to the field during an NCAA college football media day Aug. 4 in Ames, Iowa.

WILDCATS WOODBURY CENTRAL



SCHEDULE:

Sept. 1Westwood

Sept. 8@ Logan-Magnolia

Sept. 15 Gehlen Catholic

Sept. 22.....@ St. Albert

Sept. 29......@ Kingsley-Pierson

Oct. 6Tri Center

Oct. 13.....West Monona



ROSTER

1 Axton Lindgren 2 Sam Monk 3 Zack Butler 4 Wyatt Fickbohm

5 Keaton Gernhart 6 Logan Pate 7 Carsen Coulter 8 Joe DeStigter

10 Drew Kluender 11 Eric McGill 12 Nathan Benedix 14 Brand Beaver

16 Colin Brauninger 17 Colby Gilbert 21 Jacob King 22 Holden Koele 23 Logan Phipps 24 Gunnar Pate

25 Sam Van Donslear 30 Tyler Havlicek 36 Ean Tschirren 50 Brady Tschirren

51 Preston Zellmer 52 Ben Havlicek 53 Jackson Reblitz

54 Deisani Gomez 55 John McFarland

56 Colton Warren 57 Ashton Libke

58 Brody Bremer

60 Adrian McCormick 61 Casey Neumann

63 Logan Jensen

67 Camron Zellmer

71 Drake Knight 77 Konnor Brosamle

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God Luck

to all local teams this upcoming season!



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