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WEDNESDAY, NOVEMBER 6, 2013

Escaping the chopping block

RICHARD W. DIONNE JR.

Barrington Middle School industrial arts teacher Cheryl DelSanto (right) works with Casey Bassignani on a project. Ms. DelSanto took over the program in 2012, after it narrowly escaped being cut by school officials, and students and parents are raving about her.

Middle school wood shop flourishing after it was nearly eliminated

BY JOAN D. WARREN

The smell of saw-dust fills the hallway leading to the wood shop

at Barrington Middle School.
Inside the shop, some students use drafting tools and math concepts to design their soon-to-be wood creations; others use coping saws to carefully turn wooden blocks into sleek cars they will

blocks into sleek cars they will race using CO2 cartridges; more students discuss project options with their teacher Cheryl DelSanto.

The entire class appears quite engaged — a far cry from the

wood shop program at the school that was a few votes away from being eliminated in 2012.

Back in the spring of 2012, the Barrington School Committee recommended the wood shop program be eliminated. Officials said the move would save the district \$110,000 for the industrial art teacher's salary and benefits.

But in a close vote at the financial town meeting, taxpayers opted to keep the wood shop program alive. In the end, the overall budget was increased by \$144,000 that covered the industrial art teacher's salary and bene-

fits plus repairs to the dust collection system.

"The program is a great experience and Mrs. DelSanto is an awesome teacher."

SEVENTH-GRADER BOBBY DUBEL

School officials also hired a new teacher for wood shop that year — longtime educator Michael Topazio retired, and the school superintendent eventually hired Ms. DelSanto out of a large pool of candidates.

Since that first day of school in 2012, Mrs. Delsanto has brought an energy and level of inspiration that has been infectious to her students.

"I can't imagine BMS without wood shop. The program is a great experience and Mrs. Del-Santo is an awesome teacher," said seventh-grader Bobby Dubel.

See **WOOD SHOP** Page 8

VOL. 56, NO. 45 \$

Police chief: Parents hold the real power

Punishments range from community service to paying restitution for teen offenses

BY JOSH BICKFORD

jbickford@eastbaynewspapers.com

The four teenagers who allegedly broke into a Cherry Lane home late last month, drank the homeowners' beer and watched movies while they were supposed to be in class at Barrington High School, could face punishments of community service work, restitution payments to the victims and have to write letters of apology.

But chances are, said Barrington Police Chief John LaCross, that a better deterrent to future teenager crimes will come from those kids' parents rather than the state court system or the town's juvenile hearing board.

The longtime law enforcement official said he's learned that a strong parental message is more resounding than the promise of punishment by the state.

"The court system is good, but parents can do more," he said.

He said he was surprised to learn of the Cherry Lane incident so soon after 13 Barrington teenagers were arrested for partying inside a Fireside Drive home this summer.

"I would hope that an incident of that magnitude (it garnered national media attention) would have had a lot of parents engaging in conversations with their children about how that behavior would never be tolerated," he said, in a prior interview.

Chief LaCross said the incident on Cherry Lane was slightly different than the Fireside Drive situation. At the Fireside Drive residence, the homeowners' son had

See **TEENS** Page 11

Twice as nice

Barrington's Emma McMillan wins state cross country title again

PAGE 16





How do you feel about the plastic bag ban in Barrington?

Council voted 4-1 in favor of the ban

The Barrington Conservation Commission, with help from Roger Williams University students, is conducting a survey regarding the plastic bag ban established by the town council in Jan. 2013. The survey aims to evaluate the implementation and effectiveness of the plastic bag policy.

In Oct. 2012, Barrington became the first town in Rhode Island to prohibit the use of plastic shopping bags at checkouts

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(it still allows certain barrier bags, like those used for fruits and vegetables in grocery stores). The council voted 4-1 in favor of the ban, but also agreed to a sunset provision; the ordinance will automatically expire on Jan. 31, 2015, unless action is taken at that time to leave the ordinance in effect.

In an effort to better understand the ban's impact and how people feel about the ordinance, officials decided to order a survev. The results will be tabulated and presented to the Barrington Town Council in December.

To access the survey, visit http://tinyurl.com/BPBBSurv

People can also call the town clerk's office at 247-1900 to respond to the survey questions.

Officials said the survey should take no more than 5 minutes to complete.



Friendly face on Halloween

Barrington Police Officer Anthony DeCristoforo hands out glow bands to young trick-or-treaters on Halloween night. Local police have made it a tradition to pass out items to Barrington youngsters each Halloween.

Nominations needed for preservation award

The board of trustees of the Barrington Preservation Society is currently accepting nominations for the Elizabeth Sargent Warren Historic Preservation Award.

The award was first given in 2012 and named for longtime BPS volunteer and recognized architectural historian Elizabeth (Bonnie) Warren. The purpose of the award is to honor an individual or business for outstanding work in maintaining or preserving the historic character of a property or landscape or an exceptional effort in advocating for preservation or historic or community pride in the Town of Barrington.

For further information or copies of the application form, please call Jane Scola at 245-1818 or jascola@cox.net.

Completed applications should be sent to BPS, PO Box 178, Barrington, RI 02806 before Nov. 15. The recipient of the award will be announced at the BPS annual meeting on Jan. 12, 2014.

NEWS BRIEFS

Learn more about silver at lecture tonight

Elizabeth Williams, the curator of decorative arts and design at the RISD Museum, will offer a lecture titled "Celebration of Silver" on Wednesday, Nov. 6 at 7 p.m. in the Barrington Public Library auditorium. This is a follow-up to the "Celebration of Silver" event which was held earlier this year. Elizabeth will focus on the monumental silver works (and history) of those pieces made by Providence's Gorham Manufacturing Co., which are currently on display at RISD Museum's current exhibition "Making It In America".

Toe Jam Puppet Band coming to town Nov. 16

Sing and dance along with the Toe Jam Puppet Band on Saturday, Nov. 16 from 3 to 4 p.m. at Barrington Middle School. Toe Jam combines music with dancing, puppetry and storytelling. Tickets are \$8 in advance, \$10 per person at the door, or \$30 max per family. This event is sponsored by Barrington Early Childhood Center, a local preschool.

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BARRINGTON BRIEFS

Volunteers needed for Festival of Lights

The Barrington Recreation Department is preparing for the Festival of Lights on Saturday, Dec. 7, at the Barrington Town Hall. They are in desperate need of volunteers (age 13 and older) for set-up and arts and crafts. They ask everyone to help make this a fun family event. Help is needed on Saturday, Dec. 7, between 1:30 and 4:30 p.m. For more information, or to volunteer, contact them at recreation@barrington.ri.gov or call the Recreation Department at 247-

BHS alumni hockey game is Nov. 29

The 25th annual Barrington High School alumni hockey game will be played on Friday, Nov. 29 — the day after Thanksgiving — at Cranston Veterans Memorial Ice Rink from 1 to 3 p.m. There is a \$25 fee for each skater, and there will be a gathering following the game. For more information, e-mail deggel@cox.net

Trot off your turkey in town on Nov. 30

The 14th annual Trot Off Your Turkey 5K and 1.5 Mile Run/Walk will take place on Saturday, Nov. 30 at 10 a.m. at St. Luke School, Washington Road. Pre-registration takes place until Nov. 25 — adults \$18, children 14 and under \$10; After that date, registration will take place up until the race and cost \$25 for adults, and \$15 for children 14 and under. T-shirts are guaranteed to the first 800 entrants. A \$100 cash prize will be given to the top overall male and female 5K finishers, and \$50 to the first place finisher in each age group. Other gifts will be given to other top finishers. There will be raffle prizes and a post race feast, including homemade turkey soup. Mail-in registration forms and on-line registration is available at www.trotoffyourturkey.org. Receive a free raffle ticket for each canned good or non-perishable food item brought, or raffle tickets can be purchased.

MEET DR. JORDAN JAFFE: ORTHODONTIST, EDUCATION ADVOCATE, PUGILIST



Dr. Jordan Jaffe (center) poses for a photo during his office's Halloween candy buy-back event on Friday afternoon. The collected candy is sent to U.S. troops as part of Operation Gratitude.

Education matters to local orthodontist

BY JOSH BICKFORD

jbickford@eastbaynewspapers.com

The floor inside the back room at Dr. Jordan Jaffe's office was covered with boxes of candy.

That's not how the local orthodontist's workspace usually appears, but Friday was a special day. It marked the doctor's annual Halloween candy buy-back event — a chance for local boys and girls to sell up to five pounds of their Halloween candy for \$1 per pound. Dr. Jaffe and his team package the candy and ship it to U.S. troops serving abroad, as part of Operation Gratitude.

"This is the first year we opened it up to the public," he said, adding that prior campaigns were mostly open to his patients and students at his oldest son's school, Nayatt.

Dr. Jaffe has made a routine of organizing or sponsoring a wide variety of events — his practice sponsors the Barrington Education Foundation's annual Rubber Ducky Race, the Bristol Warren Education Foundation's Bodacious Bee, a giving tree donation the Nayatt School 5K race and the

event for the Rhode Island Veterans Home occupants, the candy buy-back and more.

The Barrington resident said he believes there's a natural fit between his practice sponsoring the local education foundations. He said he also spent more than a few years in classrooms. "I was in school forever," he said, pointing to a framed degree on his office wall.

Dr. Jaffe has lived in Barrington since 2002. He and his wife Debbi have two sons - Jake is 6, and Alan is 4.

SUPPORT FOR EDUCATION: Dr. Jaffe said he is proud to support the **Barrington Education Foundation** and the Bristol Warren Education Foundation, and has developed relationships with a number of people at both organizations. "It goes beyond writing a check," he said. "We're past that point. I believe in these things."

COMMUNITY COMMITMENT: Jaffe Orthodontics also helps sponsor

"It goes beyond writing a check. We're past that point."

DR. JORDAN JAFFE ON SUP-DR. JURDAN JAFFL ON SO PORTING BEF AND BWEF

St. Luke Church Trot Off Your Turkey 5K each year. "About six weeks before the race I have to start training," he said. "If I came waddling across the finish line, that would be bad..."

IN HIS BLOOD: Dr. Jaffe's grandfather's brother was the first university-trained orthodontist in Rhode Island, and Dr. Jaffe himself is one of only six board certified orthodontists in the state. "I thought I owed that much to my patients."

BEST PART OF HIS JOB: "Dealing with the people, my patients the kids and our adult patients," he said.

TOUGHEST PART OF HIS JOB: (Long lift your arm up."

pause) "I'll have to get back to you on that one," he said. "I've got a good gig."

WORLD SERIES TICKETS: A longtime Boston Red Sox fan, Dr. Jaffe saw Game Two of the World Series from inside Fenway Park. He pulled on a Red Sox jersey and posed for a photo prior to the game; the pic was posted to his practice's Facebook page. This caption appeared atop the picture: "Guess where Dr. Jaffe is tonight? That's right, WORLD SERIES!!! Just look for the guy with his arms raised high in the air yelling 'Woohoo, World Series Baby'!!!!"

IN THE RING: Looking for an exciting way to stay in shape, Dr. Jaffe tried his hand (or hands) at boxing. He's been doing it for the last three years, and calls Icon Boxing his home gym. "I really like it," he said. "It's the longest six minutes of your life. ... By the end of the third round, you just hope you can

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Barrington teenagers see 'great harm' in tobacco and non-prescription meds

However, just 29 percent see harm in weekly marijuana use

BY JOSH BICKFORD

jbickford@eastbaynewspapers.com

A survey of students at Barrington High School shows that use of tobacco and non-medical prescriptions drugs is about half what it was five years ago.

The survey, which was conducted by the BAY Team, reported that cigarette smoking dropped from 15 percent in 2009 to 7 percent in 2013. Also, non-medical prescription drug use reportedly decreased from 13 percent in 2009 to 6 percent this year.

"Thanks to support from the high school, the BAY Team has had considerable success in decreasing student cigarette use to unprecedented low levels," said BAY Team Program Manager Dr. Kristen Westmoreland.

"Perception of the great harm tobacco use causes continues to be high amongst our students and represents a level of concern that should be applied to other substances such as alcohol, marijuana, and prescription drugs as well."

The recent survey results show that 81 percent of students at the high school believe there is "great harm" from smoking cigarettes. That runs in stark contrast to students' thoughts about marijuana use — just 29 percent of students surveyed believe there is great harm from weekly marijuana use.

Kathy Sullivan, the prevention director for the BAY Team, said in a recent interview that law changes regarding marijuana use may be affecting students' perceptions of the drug. She referenced the state's legislative shift to making possession of 1 ounce or less of marijuana a civil offense and not a criminal charge, as well as the use of medical marijuana among people and the establishment of marijuana dispensaries in Rhode Island.

She said the BAY Team recently formed a committee to study marijuana use among local teens. She added that smoking marijuana can be dangerous, especially for young people.

"A person's brain is not fully developed until they're 25," she said.

Good at what they do

The BAY Team's message about the dangers of alcohol also faces an uphill battle, said Ms. Sullivan. She pointed to the media messages — on television, in movies and online — where the alcohol industry consistently targets a younger audience while advertising their product.

"The (alcohol) industry is powerful, and they're very good at what they do," she said, adding that while television ads are regulated there is less policing of messages online.

Recent survey results showed that about half (54 percent) of the students polled believe daily alcohol consumption poses great harm, while 64 percent believe there is great harm from using prescription drugs without a doctor's order.

According to officials, the BAY Team utilizes long-term strategies to combat substance abuse —

And the survey says ...

The Student Risk and Protective Factor Survey administered in March 2013 to 1,521 students in grades six through 12 shared some new information to BAY team officials. Following are some of the details included in the survey:

- 81: Percent of BHS students who believe there is great harm from smoking cigarettes
- 29: Percent who believe there is great harm from weekly marijuana use
- 54: Percent who believe daily alcohol use poses great harm
- 64: Percent who believe there is great harm from using prescription drugs without a doctor's order
- 13: Percent of students in 2009 using non-medical prescription drugs
- 6: Percent of students in 2013 using non-prescription meds
- 15: Percent of students who used tobacco in the last 30 days in 2009
- 7: Percent of students who used tobacco in the last 30 days in 2013

starting in the fourth grade, students are educated on non-smoking policies at the schools, and at the high school students participate in the annual Kick Butts Day. The BAY Team also promotes effective parenting tips and provides community presentations and support groups.

Despite the work, BAY Team officials are constantly facing new challenges, including the use of electronic cigarettes. Ms. Sullivan said local students have been talking about the relatively new devices, which have gained popularity.





Salt marsh is on the mend at RISD beach

Save The Bay workers spearhead marsh restoration project

BY JOAN D. WARREN

Special to The Times

Nature got a helping hand recently as restoration experts descended upon RISD Beach, just west of Barrington Town Beach, to make changes to the tidal marsh lands and improve the flow of saltwater in the important ecological

Wenley Ferguson, restoration specialist at Save The Bay, and her team were at the upper Narragansett Bay beach recently to make improvements to the area that over the years has become an unhealthy environment for natural marsh grasses that are an important part of the ecosystem.

"This is a dynamic barrier beach and over the years a culvert became clogged and after particularly high tides water would become trapped and the standing salt water degraded vegetation," Ms. Ferguson said.

She said plants can't grow in standing water, especially water with a high amount of salinity and a good portion of marsh grasses has died off.

The project, which is an adaptation and restoration effort, is a partnership with the Coastal Resource Management Corporation (CRMC), RISD, Rhode Island Department of Environmental management (RIDEM), the Army Corp. of Engineers and Save The

The need to restore the marsh was identified a few years ago when Save the Bay held their "Beach Slam" celebration at the RISD Tillinghast Farm and experts observed the degradation of the



Workers used backhoes and other equipment to clear the creeks leading to the salt marshes at RISD beach recently.

marsh due to standing water. Funding for the project is from the **CRMC** Habitat Restoration Trust Fund.

"We identified this project a few years ago and then again it became obvious when we did a salt marsh evaluation last year. This project is simpler than others because of the positive response from land owners. We approached RISD and they were on board from the start," Ms. Ferguson said.

Two excavators moved sand and other marsh soil and cleared the culverts as well as moved some existing creeks to allow better flow of saltwater in and out of the

"Looking at aerial maps from 1990 we can see that there has been about 3 inches of sea level rise. We can't change the rise in sea levels but we can make a healthier environment and help the marsh

to be as healthy as possible in light of that sea level rise," she said.

Hopes are that the marsh soil will regenerate in the next year and the area will become a feeding location for migratory birds and a breeding area for a variety of marine creatures.

Volunteers are needed to help plant beach grasses at RISD Beach. If interested, call volunteer coordinator July Lewis at Save The Bay at 272-3540 ext. 130 or e-mail July at ilewis@savebay.org.

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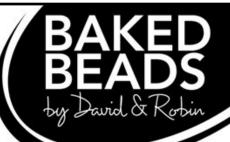
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pinion

Page 6 Barrington Times November 6, 2013

EDITORIAL

Plenty of blame to go around

ey parents, this one is on you, too. When your son or daughter wins a prestigious award, helps out at a nursing home or volunteers to cut the grass at an elderly neighbor's house, you parents deserve some of the credit. Those actions should speak to the job you did as moms and dads, teaching your children to be respectful and sympathetic and compassionate. They should make you feel good about the most important profession you will ever have — parenting.

Along that same line, when your son or daughter insults a teacher, disrespects a neighbor or breaks into an unoccupied house so they can party, you parents should

feel partly to blame.

We're confident the court system would stop short of punishing the parents of the four boys who broke into a Cherry Lane home late last month, but that doesn't mean the moms and dads don't deserve to shoulder some of

Barrington Police Chief John LaCross said the moms and dads whose kids broke into the home cooperated with the investigation, which is more than can be said for some folks. Often, local parents "lawyer-up" when their kids err — that's what's happened in years past in this

Still, as a community, we need to recognize that breaking into someone else's home is a horrible violation and a clear indication that parents need to work harder with their kids. The Cherry Lane home break-in was the second such incident in the last four months, and only the latest in what has become a disturbing trend.

Maybe too many parents are trying to be their kids' friends.

Maybe local moms and dads need to spend less time with their faces buried in their phones and more time hawking over their kids.

Maybe they should stop volunteering at every feelgood nonprofit and instead focus their attention at home.

Maybe the older generation had it right when they instilled a healthy sense of fear, rather than the promise of a life-lesson conversation.

Whatever the answer to this problem, it's clear that parents need to be part of the solution.

BARRINGTON TIMES

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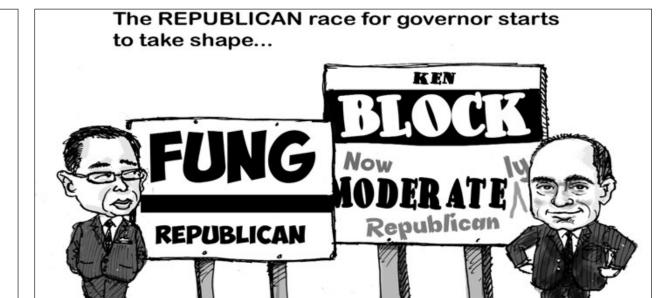
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The Barrington Times encourages all citizens to comment publicly on the events and times in which we live. We will print any letter sent to us, adhering to guidelines for taste, accuracy, fairness and public interest. Letters must be signed by the author and must include telephone number and street address. Letters are limited to 500 words. Direct letters to: Barrington Times, P.O. Box 90, Bristol, R.I. 02809. Letters may also be sent to barrington@eastbaynewspapers.com

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We adhere to the highest standards of accuracy, fairness and ethical responsibility. If you feel we have not met those standards, please notify us. We will correct all errors brought to our attention or that we discover ourselves. They will always appear on this page.

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LETTERS TO THE EDITOR

Is canceling a play a reason for concern?

Should the Barrington community be concerned about a canceled play at BMS? Clearly Janice Black and the school administration forgot that we study many difficult and controversial events in history, mostly to learn from

Our school leadership allowed one parent's personal views to prevent a group of 75-plus children and their families from experiencing and learning important historical lessons about racial equality. If Ms. Black did not want her child to participate in this Aqua Cluster play then she should have kept her child out of the event, while our school administrators should have supported our outstanding Aqua Cluster teach-

We applaud the Aqua teachers, including Mary Roberts, and other Barrington Public School teachers who work very hard to teach our children about difficult and sometimes controversial topics. Their efforts allow our children to think critically, analyze different perspectives, and then hopefully act to solve problems.

We are disappointed that the BMS principal and the superintendent did not take a stronger position in support of such teaching and the teachers themselves. Perhaps others in the Barrington community share our concerns.

> Perri and Jonathan Leviss 7 Maxfield Court

Sowams Octoberfest — what a great day!

To the editor:

The annual Sowams School Octoberfest was held on Saturday Oct. 19, and it was a fabulous day!

This year new activities were added to the event. There was a photobooth — the kids enjoyed all the props and there were plenty of folks standing in line more than once. A local farm joined the Octoberfest this year and provided the transportation for the new Haunted Hayride! Families took a ride down the "haunted" path, decorated for the season. A martial arts center put on a very exciting demonstration.

In addition, kids enjoyed bounce houses, pony rides, catapults firing the Angry Birds, and getting tattoos while parents outbid each other at the silent auction. Thank you to the scouts of Pack Two Barrington for running catapults for the entire day and to the Bayside YMCA and Michael Squatrito for supplying the day.

A great deal of preparation goes into running a successful event and it requires scores of volunteers to run smoothly. A sincere thank you to all who made Octoberfest such a huge success!

A special thanks goes to the committee chairs for their hard work and dedication: Alisa Catani, Michael Catani, Liz Lanik, Eileen Brady, Leslie Saylor, Jennifer Gill, Emily Lefebvre, Amy Greene, Keri Fisher, Leah Valentine, Carla Martin, Kim McDermott, Mindy White, Meg Raffa, Deidre Wexler, Diane Ballou, Jennifer Clark and Monika

I would like to thank Sowams the teachers of Sowams, the executive board of the PTO, co-presidents Michelle Ouhrabka and Amanda Hope, vice president JoAnna Telchow, treasurer Kristen

the music and sound system for Materne and secretary Kristen Abatecola; Skip Learned and his staff for all their help preparing the school; and custodians Saul Soria and John for their awesome efforts preparing for the festival and all the work done that day.

> Lastly, I would like to thank all the volunteers from the community, including the Interact group, Barrington High School National Honor Society, St. Luke's Confirmation class students and Bishop Hendricken students.

Lastly, thank you to the parents and family members who donated their time that day, baked treats, created class baskets and contributed items to the silent auction. Thank you to everyone who sup-School Principal Jim Callahan and ported us in fund-raising efforts for our school. Your contributions made it happen!

Deborah Sheehan Octoberfest Chairwoman

Presentation at library was outstanding

To the editor:

Kudos to the Barrington Public Library for the presentation of the Korean Culture Festival depicting (South) Korean historical culture and outstanding technological advances. In addition, there was a

full beautiful, theatrical presentation of a Korean marriage ceremony. Also, delicious food was presented to all. One of the most moving aspects to this presentation was the introduction of an American soldier who fought in the Korean War and a widow of an American war veteran who died in the service of his country to free South Korea. A most moving thoughtful and enjoyable program.

Anita Vartanian 5 Collins Court

LETTERS TO THE EDITOR

The recent "Workshop" on Low

To the editor:

For one night, let them rot their teeth out

-mail distracts me. I have a small icon on my desk-Itop that lights up with a little red dot

is something I don't care about,

wish I had not read, and quickly

delete from my in-box. Occasion-

e-mail from my brother referenc-

ing an obscure Homer Simpson

quote and including a link to an

Iroc for sale on Craigslist. (After a

worker that I should have deleted

reply, I trash that e-mail, too.)

A day before Halloween I

received an e-mail from a co-

without reading. It suggested I

write an online story (the Times

press) about Halloween safety.

times we see eye-to-eye on the

issues, but I shuddered at his e-

mail. It listed a half-dozen or so

including one that made me

safety tips for kids on Halloween,

curse at the computer monitor:

"Limit candy consumption — no

candy-feasting Halloween night."

I know there's an obesity epi-

people. I know there are children

demic with this nation's young

who drink way too much soda,

eat fatty, deep-fried foods, and

Ronald McDonald than one of

For one night of the year, kids

should have the green light to go

Annual

Holiday Bazaar

down Skittles by the fistful. I

know that today's youth are quicker to recognize a picture of

Still, this is Halloween.

Jesus Christ.

print edition had already gone to

I like this co-worker, and most

ally, the red light leads me to an

when I have a

new message.

I feel that I can-

not do anything

else, not write

one more word

of a story, until I

always, the e-mail

e-mail. Almost



BICKFORD

door-to-door dressed up as storm troopers or zombies or super heroes, and fill their pillow cases or plastic pumpkins with handfuls of Snickers bars, Smarties, Twizzlers, Reeses Peanut Butter Cups, Kit-Kats and the occasional box of Junior Mints.

For one night of the year, kids should be spared lectures and dissertations about the dangers of sugar and calories and cholesterol and sodium. They should be given a pass on nutrition labels and whole grains and fiber.

For one night of the year, kids should get to decide whether to eat one Milky Way ... or eight.

By simply typing these words I have already ensured an angry glare from my wife and probably a good talking-to from my kids' pediatricians. Their disappointment will be palpable.

But I can't help it.

I loved candy on Halloween. I loved it far more than dressing up or trying to scare other kids in the neighborhood. (I probably would have quit the holiday years earlier if it didn't mean giving up on all the sweets.)

After finishing my rounds on Halloween I would head to the kitchen table and dump out all the treats. I'd separate the candy into smaller piles and tally my haul for the night. Then I'd rip through a dozen or so pieces, stopping only when my stomach started to lurch and roll and spoil the fun of the guaranteed sugarhigh.

There is something pure about children enjoying candy. And there is something sinister, or at least questionable, about adults who reject sweets altogether.

I have heard chocolate makes us truly happy. When was the last time someone said that about quinoa?

and Moderate Income Housing (LMIH) conducted by our town government showcased, more than anything else, the zealotry of an imbalanced panel bent on dictating not only HOW residents of a community should live, but

WHERE as well. The element missing from the reasoning of all but one of the panelists was the notion that community homeowners were also entitled to rights and privileges including the election of where and under what conditions they choose to live (one emboldened

panelist was unambiguous in

declaring that zoning laws consti-

tuted a barrier to LMIH and should

be abolished).

It seemed to completely escape the majority of panelists that a resident, especially one abutting or contiguous to a neighbor's property, should reasonably oppose living next door to a newly established housing development with upwards of 140 new neighbors with cars, on environmentally sensitive property comprised of only 5.6 acres of land, with crowded unsafe streets and no sidewalks, zoned R25 (i.e. 2 units per acre) all of which defines the Sowams Nursery property in Barrington.

Residents' rights must be acknowledged

Fortunately, state law is clear that the rights of residents must be acknowledged and balanced against the town's need for LMIH as measured by specific statutory

standards. We believe the law favors the position we have advocated for many months, and because of that we have instituted a lawsuit in the State Superior

Thanks to the generosity of Barrington residents we have received more than 55 percent of our goal of \$25,000 to support litigation expenses. But your continuing help is needed, so please spread the word to neighbors and friends, and send contributions to COD-DER 02806, P.O. Box 133, Barrington, R.I. 02806.

CODDER 02806

Barrington

(Community Opposed Detrimental Development and for Environmental Responsibility)

State, not local, bond needed for BCWA pipeline plan

To the editor:

An article appearing in a recent Barrington Times concerning Bristol County Water Authority seeking an alternate water supply had some erroneous information.

The article states "the plan requires voter approval; BCWA officials hope to hold a referendum next year."

To clarify, there will not be a referendum in Bristol County. The article was referring to the RI

Water Resources Board's request for bond funding for matching funds for several drinking water interconnection projects, including the connection to the Pawtucket Water Supply Board to serve the City of East Providence and the Bristol County Water Authority. The request for a state bond will require approval by the state legislature next year to be put on the state-wide November ballot for voter approval.

Obtaining an alternate water supply is one of the most critical actions for the BCWA according to the BCWA Strategic Plan developed by the board of directors.

To view the plan, please go to bcwari.com.

> Pamela Marchand Warren

Ms. Marchand is executive director of the Bristol County Water Authority.



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Southcoast Health System and Bayside YMCA present a Healthy Living Seminar...

Ten Things Everyone **Should Know about Diabetes**

Michael See, MS, RCEP Exercise Physiologist & Certified Diabetes Educator

Partnering for Healthy Living is a monthly series focused on helping you and your family live a healthy lifestyle. These free health education programs are brought to you by Southcoast Health System in partnership with the Bayside YMCA. Together, we want to help you make healthier decisions and support your well-being.

Ten Things Everyone Should Know about Diabetes

Tuesday, November 19 6:30 p.m.

Bayside YMCA 70 West Street, Barrington 401-245-2444 Call to reserve your space.

Join us for an informative presentation by Michael See, MS, RCEP Exercise Physiologist and Certified Diabetes Educator. Michael will share tips on how to live well with diabetes and how to live with a loved one with diabetes. Michael will discuss important facts about diabetes and how to live a healthy life.

Reserve Your Space. Call Today!



WOOD SHOP: Program that escaped elimination is now a cut above the rest

From Page 1

In her second year at the middle school, Mrs. DelSanto is enthusiastic and works hard to engage all the students in her classroom.

"I want to give these kids what I would give my own kids," she said. Mrs. DelSanto's daughter is studying education at Roger Williams University and her son in his senior year of high school.

"With my students, I encourage them to push themselves to try things out of their comfort zone. It is so rewarding to see how far they can go and what amazing things they can create. Some of my middle school students are more advanced than some high school students I have had the pleasure to teach," she said.

Mrs. DelSanto grew up in Bristol and earned undergraduate and masters (technology education) degrees from Rhode Island Col-

But becoming an industrial arts teacher was not her original career choice. At RIC she stumbled upon the industrial arts building and was amazed at its enormity and the exciting projects going on within its walls. It was then that she took her first college class in the field and immediately knew she had found her niche.

At a time when few women were industrial arts educators, Mrs.



RICHARD W. DIONNE JR.

Shop teacher Cheryl DelSanto works with a student, William McKibbin, during class recently.

DelSanto realized that she could impact not only male students I also females and teach them the importance of an industrial arts education.

"I remember being a young girl watching my grandfather work in his shop. He was always making things for my grandmother but he never let me help because I was a girl. I always thought that wasn't quite fair," she said.

Her childhood memories are very much alive and used in a positive manner. In fact, many of the tools in the wood shop at the middle school are from her grandfather's wood shop.

As a teacher at Bristol High School, Portsmouth High School and most recently Tiverton High school it has always been her goal to engage all students.

"Years ago, girls were encouraged to go in to fields meant solely for females. I never understood that way of thinking. It is important for every student to get a wellrounded education," she said.

Her hard work has paid off. She has been awarded teacher of the year on two occasions; in 1992 as a teacher in the Bristol School Department and in 2009 by the Portsmouth Public Education Foundation.

When the opportunity surfaced to teach in Barrington, she was thrilled.

"I love working at the middle school level. I get to see many more students and have more of an impact on them," she said.

Change in scheduling

A big reason she gets to see

more students is a recent change in the way "special" classes are scheduled.

In the past students were assigned specials (shop, art, music, home economics, keyboarding, robotics and computer technology) in a quinta fashion, meaning every 5 weeks they would have a different special.

But at times, students would be assigned the same special they had in the past and some never had the opportunity to experience all the specials the school offers.

Barrington Middle School Principal Andrew Anderson has made changes to scheduling so that specials run on a quarterly basis similar to core class scheduling.

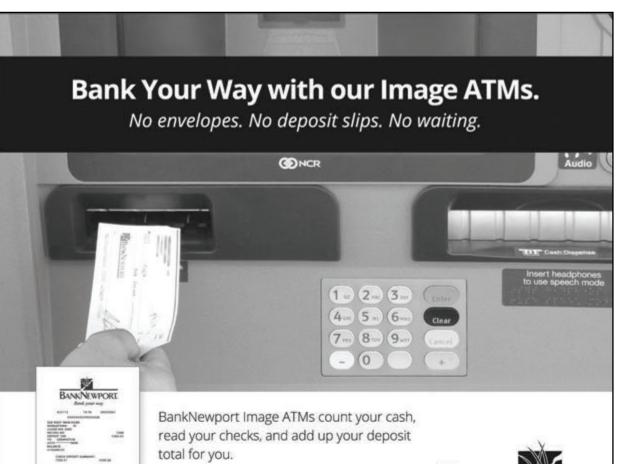
Barrington Schools Superintendent Michael Messore said this gives additional time for instructors to more deeply delve into subjects and projects.

"Andy wanted to make an effort to allow for more subject time and is working on scheduling so students experience all specials before they leave eighth grade," Mr. Messore said.

"Middle school is the time where students should be exposed to a variety of options that will help them decide what to focus on at the high school and beyond. At this age, the students can make connections that will help shape career paths when they go on to college or trade schools.'

The superintendent also said that the district is looking in to ways to enhance the wood shop and robotics programs to better utilize the STEM model of education (Science, Technology, Engineering and Math).

"That is the direction we want to go," he said. "It's not just about building products but a matter of learning the process of how connections take place. Students have the opportunity to learn the basics of engineering and design at the middle school level. We are in the process of developing a rubric to better evaluate the programs and be better informed on how to move into the future."





DIABETES AND EYE DISEASE

While diabetes has an obvious link to effects of diabetes has been brought to small blood vessels in the retina), its association with other eye diseases may not be so obvious. In fact, the increase in cataracts and glaucoma in this country may be partly linked to the higher prevalence of diabetes. While cataracts (opacities of the eye lens) generally develop in older individuals, diabetics can develop cataracts at any earlier age. Their cataracts may also develop more rapidly than those in people without diabetes. In addition, diabetics are more likely to develop "neovascular glaucoma." which involves the formation of new blood vessels on the iris that block the normal flow of fluid out of the eye and raise eye pressure.

This helpful column on possible side

It is important to have regular eye exams with your ophthalmologist. We believe that regular eye examinations by a qualified eye care professional should be a part of your overall good health maintenance. At our office, located at 24 Bosworth Street, Barrington Shopping Center, Barrington, our staff is trained to understand your needs and concerns, and we take pride in our work. Call us at 247-2015 for an evaluation. We're currently accepting new patients.

P.S. Diabetics are urged to visit the ophthalmologist for regular checkups in addition to managing their blood sugar levels to help avert eye complications.

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Middle school shop students win statewide contest

Student's parent praises new wood shop teacher

In 2012, when Barrington Middle School sixth-grader Bobby Dubel showed aptitude in wood shop, his parents were pleased.

Their son, an A student, was thriving at the middle school and in extra curricular activities. The new wood shop teacher Cheryl DelSanto offered an after-school enrichment class and Bobby was one of the first to sign up.

Bobby had always enjoyed building and did some woodworking projects with his father, Greg Dubel, including pinewood derby cars for cub scouts.

Laurie Dubel, Bobby's mother, gave her son some motherly

"When he signed up, I told Bobby 'Don't get too excited yet, we don't know what to expect. You might just build a box.' How wrong I was," she said.

Totally impressed by her students' capabilities, Mrs. DelSanto registered them for the RI Technology Student Association State Competition last April.

Bobby designed and built a sleek race car to be propelled by a CO2 charger. Competing against other middle school and high school students, Bobby won the all-day statewide competition at New England Institute of Technology.

"There is natural talent there, but these kids really listen and pay attention to what I am telling them. There is more to this than woodworking. They apply science and math concepts and their hard work really paid off," Mrs. DelSan-

Other students to place at the top of the competition at the RI Construction Career Days Bridge Building Contest were eighthgraders Tripp Carolan and Hayden Ivatts (first place) and Jacob Nozaki and Connor McGartoll (second place).

"Normally, you could expect some groans with math and physics being heavily woven in, but these students were enthralled. I think the difference was being able to apply these concepts in a hands-on, real-life experience, in an energized, nurturing atmosphere," Mrs. Dubel said.

It is through Mrs. DelSanto's leadership and instruction that these students were so successful, Mrs. Dubel believes.

"Mrs. DelSanto is a gift to the school and its students. She is a passionate teacher. Her enthusiasm is infectious! The kids are given cool projects to choose from more complicated and interesting than I would have dreamed. On top of that, she offers positive reinforcement and encouragement at every turn. Mistakes are worked through with smiles as she asks leading questions until the student has that 'Ah-ha' moment, realizing what needs to be changed."

Local middle school students also competed in Lego Robotics. Other categories at the competition included website design, logo design, photography, remote-control car races built from kits, architectural designs, CAD, and more.

"Competition day was a complete inspiration. I had goosebumps seeing all the opportunities available to these kids and seeing their accomplishments. We took it all in, visiting each category throughout the day. I left wondering, 'How can we get more kids involved in all these other categories?" Mrs. Dubel said.

— By Joan D. Warren

Event will commemorate Veterans' Day

Ceremony will begin at 10:50 a.m. on Monday morning

The Barrington United Veterans' Council will host a Veterans' Day event on Monday, Nov. 11.

Starting at 10:50 a.m., people will gather at the Barrington Honor Roll, where a wreath will be placed. Recently, local veterans Louis Codega and Bart Stanzione prepared the Honor Roll for new additions and resequencing in proper order the names included.

Following that portion of the event, people will proceed to the new Barrington Veterans' Memorial, which is located next to the Barrington Town Hall (at the southwestern corner of the building). A wreath will then be placed at the newly-completed memorial wall.

There will be a salute and a blessing offered by Temple Habonim Rabbi Andrew F. Klein. Barrington United Veterans' Council member Paul Dulchinos will offer a speech.

Following the conclusion, refreshments will be served. The event is open to the public.

Town finances are A-OK, says former director

ple in his department as well as

members of current and former

councils, and members of the

Bond rating, reserves and budget all look good, says Dean Huff

The town may be without a finance director, but the finances themselves are in good shape.

According to Dean Huff, who recently resigned as the town's finance director and took a new post as chief financial officer for the Rhode Island Resources Recovery Corporation, Barrington's balance sheet is very healthy.

Mr. Huff said the town has a strong bond rating — A1, its reserves are in good shape, the vear-end audit is almost complete, and the budget is structurally balanced.

"Everything's in really good shape," he added.

Mr. Huff, whose final day in Barrington was Oct. 23, said he told officials that he was willing to help out as the town made the transition to a new finance director: "I won't leave this office, this town holding the bag."

The longtime employee said he enjoyed his time working in Barrington, and will especially miss the people with whom he town's committee on appropriaworked. He mentioned the peo-

"I will miss working with these people," he said.

— By Josh Bickford

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Ask Dr. Kerwin HALLOWEEN

Q: Are there steps I can take to minimize the dental danger of Halloween?

A: Halloween can be a fun night for kids. Alas, despite the efforts of many in the community, dentists included, candy remains the chief currency of the holiday. On the bright side, it's only once a year. You can hold down the potential damage to your kids' teeth by doing some of these things:

- Serve them a good meal before they go out. They'll be less likely to gorge on their take even as they're making their rounds.
- Take control of the Halloween bag when they come in. Don't let your children create a stash that they can dip into all night, after they've brushed their teeth. During the night, the bacteria in a child's mouth will quickly convert the sugar into the harmful acids that cause decay. The least harmful time to consume sugar is when it's part of a meal. For one thing, saliva flow increases during a meal, helping to wash away particles of food—or candy—and neutralizing the effect

of the acid

- After a meal, instead of offering the kids some other type of dessert, let them raid the Halloween bag for a reasonable sampling of its treasure.
- The most important factor, though, is to instill in your children from a young age the importance of observing a daily regimen of oral health care, including brushing and flossing.

You might emphasize this at Halloween. On your next visit to the dentist, ask for more ideas about how to keep Halloween from being troublesome.

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Car seat cooperation

Children pose with Barrington Police Sgt. Josh Birrell at Barrington Early Childhood Center (BECC) on College Lane during the preschool's car seat event on Oct. 21. Sgt. Birrell checked and installed more than a dozen infant and toddler car seats that afternoon and said that most were in need of adjustments. Community members can make a free car seat installation appointment any time by calling the Barrington Police Department at 437-3930 and asking for Sgt. Birrell.

No 'vendetta' for school sign smasher

Police presence beefed up after out-of-state school incidents

Barrington Police Chief John LaCross said his department has no reason to believe the man who was charged with destroying the Sowams School sign has any vendetta against the school.

On Oct. 20, police arrested Sowams Road resident Kip Eaton after he allegedly smashed and burned the school sign. Officers found a portion of the sign burning in Mr. Eaton's back yard fire pit.

A few days later, Sowams

School Principal Jim Callahan reportedly began hearing from concerned parents who wondered if Mr. Eaton, a neighbor to the school, posed any danger. Mr. Callahan sent an e-mail to parents stating, in part, "Barrington Police have informed us that there will be an increased presence around all schools."

Chief LaCross clarified that point earlier this week. He said the increased presence by officers in and around local schools was done mainly in response to two out-of-state incidents at public schools: a shooting at a Nevada school and the murder of a high school teacher in Danvers,

Mass.

"Those (incidents) could stir up something in somebody's mind," Chief LaCross said. "Out of precaution we'll be more visible here."

As for Mr. Eaton, Chief LaCross said there was no reason to believe that the Sowams Road resident would do anything that could be deemed dangerous to students or staff at the neighboring school. He added that anyone who has information that could run counter to that should contact local police at 437-3933.

"We don't have any reason to think he has any vendetta toward the school," Chief LaCross said.



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Half Mile Road resident reports home intruder on Halloween night

A Carpenter Avenue resident reported a lost or stolen handicap placard.

Tuesday, Oct. 29

The animal control officer responded to a Mason Road residence for a report of a family pet bitten by an unknown ani-

Wednesday, Oct. 30

A woman living at the Barrington Cove Apartments called police after receiving what she believed was a scam phone call. She told police the caller has told her on numerous accounts that she owes money and also asks for her Social Security number.

Thursday, Oct. 31

An Oak Grove Avenue resident stopped

into the police station to report possible fraudulent charges.

A Sowams Road resident reported a larceny from a motor vehicle, as did someone whose car was parked at Cove Haven Marina.

Police charged five local teenagers with truancy at Barrington High School. The teenagers included three 17-year-old male students, one 16-year-old male

student and one 16-year-old female stu-

Police conducted a search for two Barrington Middle School students who reportedly failed to show up where they said they were going. Police located one child at home and eventually located the second in the area of Rumstick Road and Jenny's Lane.

Police charged Barbara Jean Briggs, 47, of Warren, with disorderly conduct, after officers responded to a Lake Avenue residence for a 911 call.

Friday, Nov. 1

Police responded to a Half Mile Road residence after a homeowner called 911 at about 12:10 a.m. for a possible intruder. The reporting party told police that a tall, thin person entered the home and then exited. Police searched the area and secured the residence.

Police charged **Gregory H.** Golembowski, 45, of 105 New Meadow Road, on the violation of a protective

Police responded to Rumstick Road after a cat was struck and killed by a

Saturday, Nov. 2

An Alfred Drown Road resident reported a stolen bicycle.

A resident called 911 after an elderly woman went missing. The woman reportedly went for a walk but failed to return to her residence. Police searched all over town and eventually located the woman in the area of Nayatt Road and Devonshire.

Sunday, Nov. 3

Police responded to a Rumstick Road residence for a possible dog bite.

Someone allegedly dropped off two fake prescriptions at the Barrington CVS Pharmacy.

A bike was found in the area of Prince's

TEENS: Break-in suspects had prior arrests

From Page 1

given a friend permission to use the home's indoor pool. At Cherry Lane, the four teens involved allegedly broke into the home without any permission.

Chief LaCross said at least two of the teens arrested had prior arrest records and therefore will face Family Court proceedings as opposed to the more lenient town juvenile hearing board.

"The juvenile hearing board is for first-time offenders only," he

Restorative justice

Chief LaCross said he's interested in exploring a new style of punishment for cases like the Cherry Lane break-in. It's called restorative justice, he said, and it brings all the parties involved in an incident together to further discuss the matter.

For example, in the case of the recent home break-in, the teens arrested, the victims, the police officers and a professional mediator would all gather in a room.

Each individual would talk about what happened, why, and how it affected him or her.

The chief said the process, which is already being used in some towns in Massachusetts, can be very powerful and have profound affects on the alleged sus-

Chief LaCross credited town councilor Kate Wevmouth for initially suggesting the approach.

"It's a good exchange between the victim and offender," said the



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Thursday, November 21st 6:00 PM - 8:00 PM St. Mary of the Bay - Parish Hall 645 Main Street, Warren, RI 02885









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AROUND TOWN

Women's club to meet this afternoon

The Barrington Woman's Club will meet on Wednesday, Nov. 6, at noon at St. John's Church. Following refreshments at noon, a business meeting is at 12:30. The program features a fashion show by Encore starring club members as models and coordinated by Dottie Peckham.

Members are reminded to bring non-perishable food for Tap-In.

The next board meeting is on Tuesday, Nov. 12, in the St. John's Church living room. The boutique is scheduled for Dec. 4. A signup sheet will be sent around at the November meeting.

'Celebration of Silver" lecture set for tonight

The Barrington Preservation Society will present a lecture by Elizabeth A. Williams, curator of decorative arts and design at the Rhode Island School of Design, on Wednesday, Nov. 6, at 7 p.m. in the second-floor auditorium at Barrington Public Library, 281 County Road.

This is a follow up to the "Celebration of Silver" event held earlier this year. Ms. Williams will focus on the monumental silver works (and history) of those pieces made by Providence's Gorham Manufacturing Co., which are on display at the RISD Museum's current exhibition, "Making It In America." Learn more about the one-time world leader in silver production and silver in general.

For more information, visit www.barrpreservation.org or call the museum office at 289-0802.

Ballroom and Latin dancing is on Fridays

Weekly ballroom and Latin dancing classes and socials are from 7 to 11 p.m. on Fridays at the Democratic Club, 186 Roffee St. No partner is needed to learn — singles and couples are welcome. Absolute beginners are welcome. On the first Friday of every month, there is music by K&S.

A beginner dance class by Nelia Lawton is from 7 to 8 p.m., with a social dance party from 8 to 11. Two dances are taught each month.

Admission at the door is \$15 for adults and \$8 for teens, with complimentary coffee, tea, pizza salad and dessert, and a cash bar. Call 245-1119 or visit www.Dance Nelia.com for more information.

Free Fit Camp offered on Saturdays

A free Community Fit Camp will be offered on Saturdays from 8 to 8:45 a.m. at Barrington Congregational Church, 461 County Road. It is geared to all people of all ages starting from beginners to intermediate, and advanced.

Denia Affonso is a personal trainer of 11 years. She modifies all the exercises to fit each individual fitness level. She hopes to build a healthier and more active community.

All are invited.

Baked Beads, fashion accessory clearance

A Baked Beads/Barrington Fashion Accessory Clearance is on Friday and Saturday, Nov. 8 and 9, from 10 a.m. to 5 p.m. at Barrington Congregational Church (The White Church), 461 County Road. Admission is free.

Featured is fashion jewelry, scarves and other accessories at 75 percent off retail.

Peace vigil planned in Bristol on Saturday

A peace vigil sponsored by the East Bay Citizens for Peace and Justice is on Saturday, Nov. 9, from 11 a.m. to noon on Hope Street in downtown Bristol, across from the post office. Vigils are held on the second Saturday of each month. All are invited to join them.

East Bay Citizens for Peace is a grassroots organization committed to peaceful solutions to conflict and to social and economic justice through open, respectful dialogue. For more information, contact eastbaycitizens4peace@hotmail.com or call 247-9738.

Fall Festival of Children's Books

at booth #417 Saturday 1pm – 3pm and Patriots Alumni Cheerleader's

Sunday 1pm - 3pm.

On Saturday, Nov. 9, from noon to 3 p.m., the fifth annual Fall Festival of Children's Book Authors and Illustrators is at Barrington Books in the Barrington Shopping Center, County Road.

There will be book signings by:

- R.W. Alley and Zoë Alley of Barrington: "There's A Princess In The Palace" and "There's A Wolf At The Door."
- Mary Jane Begin of Barrington: "My Little Pony Under The Sparkling Sea" and "Willow Buds."
- Brian Lies: "Bats At The Ballgame," "Malcolm At Midnight" and more.
- Ammi-Joan Paquette: "Petey and Pru and the Hullabaloo," "Ghost In The House" and "Rules for Ghosting."
- Jennifer Thermes, "The Iciest Diciest Scariest Sled Ride Ever!" and "There Are No Moose On This Island!"

There also will be goodies, giveaways, face painting and more.

Elks and Broadway Merrill holding raffles

Once again, the Bristol County Elks and the Merrill Lounge (now called the Broadway Merrill) will hold their fall/winter raffles at the Broadway Merrill, 535 North Broadway, East Providence.

The raffles are open to the public and are from 2:30 to 4:30 p.m. on Saturdays through Saturday, Dec. 21, with chances to win great prizes like giant lobsters and flat screen TVs.

Funds raised benefit charitable causes of the Elks, including the East Bay Cares Program, scholarships, veterans and more.

Duplicate Bridge Club will not meet on Monday

Due to the Veterans' Day holiday, the Duplicate Bridge Club will not meet on Nov. 11. Games will resume on the following Monday.

Pat Davitt and Nancy Lukasiewicz were the first-place winners on the North/South team at last week's meeting. Coming in second were Ralph Wilk and Ken Wright; third, Carl de Simone and Nadine Harris; and fourth, Celeste Penny and Alice Turner.

Denyse Rourke and Marguerite Vigliani finished in first place on the East/West team. They were followed by Fran Hartwell and Rosemary Cournoyer, second; Elaine Tobey and Anita Goff, third; and Ann Linde and Dixanne Ricamo, fourth.

WEBOND hosting a fall series for women

A weekly brown bag lunch is on Tuesdays this fall at the East Bay Chamber of Commerce, 16 Cutler St., Suite 102, Warren. Hosted by Women's Empowerment and Business Owners Networking Development (WEBOND), the women's fall series meets every Tuesday from noon to 1 p.m.

Admission is \$5 weekly. Call



R.W. Alley of Barrington, who illustrated "Paddington and the Christmas Surprise" by Michael Bond, will be at the annual Fall Festival of Children's Book Authors and Illustrators at Barrington Books on Saturday.

245-0750 for more information. Each week, there is a guest speaker for 20 minutes, along with networking, raffle prizes, goodies and more. On the schedule:

Nov. 12: Merchant Fair

Nov. 19: Kim Stowell, communications and marketing, YMCA

Holiday shopping and business services fair

A Holiday Shopping & Professional Services Fair is on Tuesday, Nov. 12, from 4:30 to 7 p.m. at the East Bay Chamber of Commerce, 16 Cutler St., Suite 102, Warren. The office will be packed with tables showcasing local vendor products and services.

Start your holiday shopping, see new products, learn what services are in the area, or just stop by and mingle. For more information, call the Chamber office at 245-0750.

Business After Hours networking at Ch'i Spa

Join the East Bay Chamber of Commerce for Business After Hours networking on Wednesday, Nov. 13, from 5:30 to 7 p.m. at Ch'i Spa, 338 County Road, Barrington. Refreshments will be served.

The events are fun, affordable ways to network with fellow Chamber members and their guests, and to get a view inside the workings of a fellow member's business. Sign up for this monthly opportunity to break the ice, put names with faces, chat, exchange business cards and gain new allies in the business community.

It is \$5 for Chamber members and \$10 for guests. Registration is required; call the Chamber office at 245-0750 or sign up online at www.eastbaychamberri.org.

See **FACING PAGE**



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weekend on organic gardening, cooking, container

growing and handing out organic seed packets.



AT THE YMCA

The Bayside YMCA offers a variety of programs for all ages at the Y at 70 West St., Barrington. Stop by or call 245-2444 for more information or to register. Online registration is available for YMCA members at www.gpymca.org.

Programs may be canceled due to lack of enrollment, so register as soon as possible. Financial assistance is available for many programs.

Cardiac Fitness

For those with heart disease who have already participated in a medically supervised program, Cardio Fitness is a great way to get back into the swing. Components of the program include individualized instruction using cardio-vascular equipment, weight training equipment and stretching exercise.

A new class is being offered at the Riverside Healthy Living Center, 660 Bullocks Point Ave., Riverside, on Monday, Wednesday and Friday from 9 to 10 a.m. The program is free to Y members and \$55 for non-members. Call 245-2444 for more information.

Yoga for Kids

This long-respected practice is known to increase strength and flexibility as well as relieve stress and improve focus. The Bayside Y is offering classes for kids as young as 2 to 3 years (accompanied by a parent) up to age 10.

All classes are taught by a certified yoga instructor. Visit the website or call for more information.

Book club coming up

This month, the Bayside Book

Club will discuss "The Silver Star" by Jeanette Walls on Tuesday, Nov. 19, at 1 p.m. in the Bayside Lounge. All are welcome to attend.

Winter swim lessons

Swim lessons in the Bayside YMCA pool are running on a monthly basis all winter long. You do not need to be a member to participate. Call or ask at the member services desk.

Not a YMCA member?

You can still participate in Y programs without joining the Y. Most classes are open to non-members. The cost is sometimes a little more, but that's the only difference. Visit www.gpymca.org and click on Bayside to find class listings and schedules.



"Silver Lily Series #64," an intaglio print by Carol FitzSimonds, is part of a new exhibit at Temple Habonim through Jan. 2.

AROUND TOWN

Guests welcome to see holiday floral designs

"Festive Floral Designs" is the subject of the next Hameho Garden Club meeting on Thursday, Nov. 14, at 7 p.m. at the United Methodist Church hall, 230 Washington Road. Refreshments will be served at 7 p.m., with the program at 7:30. Guests are welcome to attend.

Sue Redden, a National Garden Club Master Judge, and a former Hameho president, will create unique and practical floral designs appropriate for the holidays. She is an award-winning floral designer. Arrangements will be raffled off at the end of the evening.

Autumn auction at Presbyterian Church

An Autumn Auction is on Friday, Nov. 15, from 7 to 9 p.m. at Barrington Presbyterian Church, 400 County Road. It is free and open to the public. There will be music and appetizers. You need not be present to win.

Items range from \$10 to \$1,000 with a new generator, patio furniture, oil paintings, lots of gift certificates from local businesses (Grassmere, Barrington Veterinary Clinic, Barrington Books, The Studio and Milan), custom-made driftwood signs and lots more. Stop by and put your name in to win.

Clothing drive for Big Brothers Big Sisters

The Big Brothers Big Sisters of the Ocean State is seeking donations of gently-used clothing and small household items. Donations help to raise much-needed funding to support mentoring programs for boys and girls throughout the state. Donated items can be dropped off at the Bristol Donation Center on 500 Metacom Ave., or call for free home pickup. For more information or to schedule a pickup, call 401/921-2434 or visit www.bbbsos.org.

Annual food drive and collections under way

Cynthia Ann Bussard, a travel-

To Submit Community News

BY E-MAIL (PREFERRED):

lrego@eastbaynewspapers.com

BY MAIL: Barrington Times, Community News, P.O. Box 90, Bristol, RI 02809

BY FAX: 401/253-6055

Or, visit the **WEBSITE** at www. east bayri.com where you can fill out forms for engagements, weddings, anniversaries, births and achievements. Go to the bottom of the homepage and click on "Send Us Your News."

FOR MORE INFORMATION:

401/253-6000, ext. 107

Or stop by our office at 1 Bradford St., Bristol. Photos are encouraged but cannot be returned, unless a selfaddressed, stamped envelope is enclosed.

Milestone events, such as births, weddings, engagements, etc., must be submitted within the year following the event

DEADLINE: 9 a.m. on Monday

NOTE: To get information into the Eight Days calendar in the Life section, the deadline is at noon on Friday.

ing piano teacher in Barrington, will hold her annual food drive now through January to help families in need. She also collects clothing, gift cards and toys, backpacks, small containers of shampoo, toothpaste, mouthwash, face cloths, combs, hair brushes, towels, pillows, blankets, soap, etc., and coats, hats, gloves and boots.

Last year, she dropped off items at Tap-In in Barrington and Cross Roads in Providence.

She also takes collections for Thanksgiving now through November and for Christmas from September to December. In 2010 and 2011, she helped 14 families with holiday meals and about 10 homeless people, who are now back on their feet.

Call 632-7197 if you would like to donate and for her address if you would like to mail a donation.

School's Out Program seeking volunteers

The Barrington Recreation Department will present the School's Out program on Thursday and Friday, Dec. 26 and 27, and Monday, Dec. 30, at Barrington Middle School, Middle Highway. There are two sessions — from 9 a.m. to noon and from 12:30 to 3:30 p.m.

Volunteers 16 years and older are needed anytime between 9 a.m. and 3 p.m. and on any of the days. For more information, or to volunteer, call 247-1925.

Watch for information on how to enroll your children next month.

Newcomers and Neighbors open to all

Barrington Neighbors and Newcomers offers recreational and community-building activities for East Bay families. You don't have to be a newcomer to join them

The group has organized daytime tennis, a book club, Bike Pathers running club, evening social events, wine club, toddlers playgroup, and more. Visit them at www.barringtonneighborsri.com to join, and for more information. Or, call Mary Jo Finkenstaedt, membership chairwoman, at 508/954-4548.

Art show opening in the gallery at Temple Habonim

Prints, landscapes and cutpaper wall sculpture will be exhibited in a November/December show at the gallery at Temple Habonim, 165 New Meadow Road. The show features three noted Rhode Island artists: Carol FitzSimonds, Wendy Ingram and Robert Pillsbury.

The show will open with a wine and cheese reception on Thursday, Nov. 7, from 7 to 9 p.m. and will continue through Jan. 2.

Carol Strause FitzSimonds is a printmaker, book artist, instructor and gallery curator. Her work has been exhibited throughout the world and is included in the Smithsonian Museum of American History. In this exhibit she is showing her expertise in the art of printmaking.

Wendy Ingram artfully captures

the beauty around us with her skill as an oil painter. Her land-scapes demonstrate her masterful use of color and brush. She is a graduate of RISD, has exhibited in New York and Washington, and is a co-founder and director of The Art Connection-RI.

Robert Pillsbury, a cut-paper artist, creates three-dimensional surfaces using layered cut paper and other two dimensional sheet materials. An architect with a degree from Harvard School of Design, his work reflects his expertise in the use of spatial relationships.

Gallery hours are from 9 a.m. to 4 p.m. Wednesdays and Thursdays, from 9 a.m. to 1 p.m. Fridays and by appointment. For information, call 245-6536 or e-mail gallery@templehabonim.org.

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BCS offering discussion of Reading Across Rhode Island book and a Vietnamese dinner

A discussion of the 2013 Reading Across Rhode Island selection, "The Beauty of Humanity Movement," is the focus of a Barrington Community School course, "Book Spotlight with Dinner." A classroom discussion, with retired English teacher Arnie McConnell, is from 7 to 8:30 p.m. Tuesday, Nov. 12, at Atria Bay Spring Village, 147 Bay Spring Ave., with a trip to a Vietnamese restaurant in Providence on Tuesday, Nov. 19, at 6

A classroom discussion of the book will explore this vivid account of post-war Vietnam, examining the war and its aftermath in post-war Vietnam. The brutality of the Communist regime on dissident 1950s artists and the effects of its takeover on art, culture and relationships will be explored. At the dinner, the class will learn about and savor the delicious Vietnamese soup. pho, which is practically a character in the book. It is a meal in itself, but the group also will enjoy an authentic appetizer and beverage.

Directions to the restaurant will be provided in advance; those wishing to carpool from Barrington should contact the BCS office for instructions. The course fee is \$55 for BCS members and \$65 for non-members, and includes tuition and dinner.

Other upcoming classes with openings include a glass pendant workshop on Wednesday, Nov. 6, from 6 to 8 p.m. at Barrington Middle School; "Opera ABCs" starting Friday, Nov. 8; a design workshop featuring a fall arrangement on Nov. 21; and design and craft holiday workshops in

In trip news ...

Tickets are available for the Wednesday, Nov. 13, trip to Goodspeed-at-Chester's to see "Snapshots - A Musical Scrapbook." The romantic comedy blends some of the best-loved music from composer Stephen Schwartz's Broadway shows ("Wicked," "Pippin" and "Godspell") with some of his lesser-known gems.

Before the show, enjoy a threecourse luncheon at The Ivory. Barrington motorcoach departure is

at 9:30 a.m., with a Warwick pickup at 9:50; return is about 6 p.m. The trip fee of \$115 BCS members/\$125 non-members includes theater ticket, luncheon, BCS escort, motorcoach and driver tip.

Other trips with openings include the Dec. 7 and 8 overnight, "Christmas in the Brandywine Valley," which includes a rare Christmas opening at the opulent mansion, Nemours, a guided tour at Winterthur mansion, and an evening visit to "Christmas at Longwood Gardens," where the grounds turn into a winter wonderland of thousands of twinkling lights, magical fountains, and the famous conservatory, abloom with four acres of poinsettias, cyclamen and decorated trees.

There are still openings in the Dec. 14 trips to New York City, the Shopping Apple and the Broadway Apple, which features a matinee performance of the new musical "Big Fish."

Scholarships are available for courses. Call the BCS office at 245-0432 for more information on courses and trips or to request a scholarship application. Or, email the school at barrcomm@ bcs.necoxmail.com.

president of the Barrington Junior

Women's Club, president of Sowams School PTO, president of

Barrington Education Founda-

Barrington School Committee.

tion and vice-chairwoman of the

ON THE MOVE

STEPHEN P. ASHWORTH of Barrington was elected to the

board of directors for the R.I. Community Food Bank at its annual meeting on Oct. 21. Mr. Ashworth has been the senior vice president and wealth

sor for U.S. Trust since 1998. He is also on the board of directors for the Estate Planning Council of Rhode Island. Mr. Ashworth is a Certified Financial Planner, holds a Certified Trust and Financial Advisor designation from the Institute of Certified Bankers, and has a bachelor of arts in management of information systems from Eastern University.

strategies advi-

DEBORAH "DEBBIE" THURSTON of Barrington was

elected to the board of directors for the R.I. Community Food Bank at its annual meeting on Oct. 21. Ms. Thurston has held leadership roles in volunteer organiza-

tions in the Barrington community, including

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teachers recognized

by Discovery Education

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nized a distinguished group of

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ers as STAR Discovery Educators

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ing digital learning to inspire stu-

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Sanchez, Hampden Meadows;

Janet Provost, Primrose Hill;

Michelle Blanchette, Loraine

Codega and Cristen Coppolino,

Nayatt School; and Karen Fletch-

As STAR Discovery Educators,

these teachers will share

resources and innovative teach-

ing methods with fellow educa-

er, Barrington Middle School.

for future careers.

She is the food coordinator at Tap-In (Touch A Person In Need), where she has served as president and treasurer. The all-volunteer outreach organization provides resources and services to East Bay residents in need. It has more than 100 volunteers and

offers food, children's clothing, furniture, household items and transportation to medical appointments. Tap-In is one of 178 member agency programs served by the food bank.

EDWARD IZEMAN of West Warwick was appointed vice president and sales manager of

the Coldwell Banker Residential Brokerage office in Barrington. He is responsible for the 55 sales associates serving Barrington, East Providence, East Side of Providence, Riverside, Rumford,



Rehoboth, Seekonk, Swansea, Warren and Bristol. A native of Barrington, Mr. Izeman has more than 18 years of residential real estate experience. Prior to his new role, he was an award-winning sales associate serving homebuyers and sellers in Rhode Island. He served as sales manager of the Coldwell Banker Residential Brokerage office in Barrington from 2000 to 2006. Mr. Izeman is a member of the Greater Providence Board of Realtors and serves on the board's Professional Standards Committee. He is also a member of the R.I. Association of Realtors and the National Association of Realtors.

ACHIEVEMENTS

EVAN BULMAN of Barrington, a member of the Bowdoin College Class of 2016, was honored for academic excellence during the college's annual Sarah and James Bowdoin Day ceremony held Oct. 25. Students honored are in the top 20 percent of each class for the previous academic

AT THE LIBRARY

Explore yoga and writing in a workshop

Get past personal obstacles to the writing process through yoga. Explore how yoga and writing are complementary and mutually supportive practices. A yoga and writing workshop is on Thursday, Nov. 7, from 6:30 to 8:30 p.m. with actor, director, teacher and writer Kate Lohman and certified yoga teacher, writer and editor Aggie

It is free and open to all; but, seating is limited. Register online at http://goo.gl/3na2Di or call the reference desk at 247-1920, ext. 2. It is sponsored by the Friends of Barrington Public Library.

Library closed on Veterans' Day

The library will be closed on Monday, Nov. 11, in observance of Veterans' Day.

'Monsters University' matinee is on Tuesday

Looking for something to do

while the kids have no school? Join the Monster gang and see how the friendship began between Mike and Sulley during their days at "Monsters University." Mike and J.P. Sullivan are an inseparable pair now, but that wasn't always the case. From the moment these two mismatched monsters met they couldn't stand each other.

Pixar's "Monsters University" (rated G) will be shown on Tuesday, Nov. 12, at 1 p.m. It unlocks the door to how Mike (voice of Billy Crystal) and Sulley (John Goodman) overcame their differences and became the best of friends. The show, which runs about 1 hour and 45 minutes, is in the auditorium on the upper level. Refreshments are not allowed in the auditorium.

The movie is free and open to all community members. All ages are welcome.

Great American novels on big screen Tuesday

To celebrate National Novel Writing Month in November, the library will screen two films that celebrate the great American nov-

On Tuesday, Nov. 12, at 7 p.m., "The Grapes of Wrath" (1940) stars Henry Fonda. Directed by John Ford, it is not rated and is 129 min-

On Thursday, Nov. 14, at 7 p.m., "The Great Gatsby" (2013) stars Leonardo DiCaprio and is directed by Baz Luhrmann. The film is rated PG-13 and is 143 minutes.

Come see movies the way they were meant to be seen, on the big screen with surround sound. The films are free and open to all.

Barrington Public Library is at 281 County Road. Library hours are from 9 a.m. to 9 p.m. Monday to Thursday, from 9 a.m. to 5 p.m. Friday and Saturday, and from 1 to 5 p.m. Sundays. For more information, call 247-1920 or visit www.barringtonlibrary. org. The library will provide accommodations to ensure equal participation in all meetings and programs. Requests for accommodations may be made in writing to the library director, by voice at 247-1920, ext. 305, or at 711 "relay" if using TDY or TDD.



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Sports

"They capitalized on their opportunities, we didn't. What can I say?"

BARRINGTON COACH LEE MARKOWSKI

Barrington Times November 6, 2013 Page 15



PHOTOS BY RICHARD W. DIONNE J

Moses Brown players crowd around Barrington goalie Sophie Faxon before scoring one of their three goals in the state finals. Barrington was undefeated entering the game.

Field hockey team's first loss comes in finals

Eagles drop 3-0 decision to Moses Brown

BY ERIC DICKERVITZ

edickervitz@eastbaynewspapers.com

The regular season belonged to the Barrington High School field hockey team, but Moses Brown owned the finals.

On Sunday, Nov. 3, formerly undefeated Barrington lost to Moses Brown in the Division 1 State Championship, 3-0. It was the second straight year Barrington fell to Moses Brown in the finals.

When the two teams faced off in October, that game ended in a tie, the only non-win the Eagles had during the regular season.

"I think we had a great season," said co-captain Sarah Carlson. "We're a little hurt about the loss. We knew what to expect (from Moses Brown)."

Two of the Quakers' goals were scored in the first half, both the result of corner shot opportunities presented by Barrington penalties.

Twenty eight minutes into the second half it looked as though the Eagles were going to score after getting corner shots from Quaker penalties, but their three



Senior midfielder Madison Smith (right) fights for a loose ball with Molly Freeman of Moses Brown.

consecutive attempts were deflected.

Six minutes later, Moses Brown moved the ball toward the Eagles' net where goalie Sophie Faxon prevented several shots from going in. Continuing the offensive pressure, Moses Brown finally managed to slip a third shot into the Eagles' net.

Despite losing the state title in a shut-out, head coach Lee Markowski and the team appeared to take the loss in stride.

"Their goalie had a great game," Ms. Markowski said after the game. "They capitalized on their opportunities, we didn't. What can I say?"



A pair of Moses Brown defenders take the ball away from junior midfielder Katelyn McMahon.

Barrington runner repeats as state champion

Girls' team finishes second to LaSalle; boys are sixth at states

BY ERIC DICKERVITZ

edickervitz@eastbaynewspapers.com

Barrington High School joined 17 other Rhode Island high school cross country teams for a second time in two weeks at Ponaganset High School where each hoped to become the best in the state.

But it was Barrington's Emma McMillan, whose record-setting time for the 3.1-mile course at 17:42.86 broke the tape for first place. The next place finisher, LaSalle's Karina Tavares, finished second, 18 seconds behind McMillan.

LaSalle's top runner, Eliza Rego, could not keep up with the faster McMillan and dropped out of the race before crossing the finish line.

Without Rego, LaSalle relied on former Mt. Hope High School standout, Karina Tavares, who is now a student at LaSalle, to lead LaSalle. Her time was 18:01.03. Tavares and her teammates were able to secure a team win for LaSalle, returning the state championship title that Barrington has held for the past two years.

"I am proud of each and every one of these girls," said Barrington head coach Annmarie Marino. "I just think the team really couldn't have done any better."

Besides McMillan's record-setting pace, Ms. Marino noted that Mary Kate Coogan moved up from finishing in 13th place last week at the class meet to seventh overall in the state championship meet. Abigail Livingston, who didn't compete in the class meet, came in fourth in the state meet.

"You can't ask for more from that group," Ms. Marino said.

In the boys' race, Barrington 17:34.65; 67 Kiernan McGartoll,

took sixth place out of the 18 schools competing, with Mars Bishop running the 5k course in 16:49.66 for a 21st place finish.

Girls' individual results

Top 10 finishers girls: 1 Emma McMillan, BHS, 17:42.87; 2 Karina Tavares, LaSalle, 18:01.03; 3 Maddy Berkson, Classical, 18:04.11; 4 Abigail Livingston, Barrington, 18:31.85; 5 Sheridan Wilbur, LaSalle, 18:49.50; 6 Margaret Greenwich, McCaffrey, East 19:03.20; 7 Mary Kate Coogan, BHS, 19:03.73; 8 Amy Laverty, Cumberland, 19:05.15; 9 Megan Verner-Crist, BHS, 19:11.18; 10 Rachael Renzi, LaSalle, 19:18.24. Also finishing for the Eagles were 23 Kelsey Maxwell, 19:50.32; 25 Julia Zitzmann, 20:05.48; 36 Juliana Portelli, 20:32.76.

Girls' team results

1 La Salle Academy, 36 points; 2 Barrington, 39 points; 3 North Kingstown, 117 points; 4 Cumberland, 133 points; 5 Smithfield, 181; 6 Coventry, 216; 7 East Greenwich, 240; 8 South Kingstown, 243; 9 Chariho, 255; 10 Burrillville, 335; 11 Toll Gate, 337; 12 The Prout School, 344; 13 Westerly, 348; 14 Lincoln High School, 376; 15 St. Mary's Academy Bay View, 382; 16 Ponaganset, 384; 17 Portsmouth, 408; 18 Scituate, 411.

Boys' individual results

1 Colin Tierney, Bishop Hendricken, 15:49.01; 2 Jack Salisbury, LaSalle, 15:54.24; 3 Michael Potter, Bishop Hendricken, 15:54.55. Finishing for the Eagles were: 21 Mars Bishop, 16:49.66; 32 Sam Somera, 17:13.01; 35 Marcus Sefranek, 17:21.53; 38 Lucas Bledsoe, 17:23.94; 43 Travis Soares, 17:30.10; 50 Grant Auber, 17:24.65; 67 Kierney, McCartell



Barrington's Emma McMillan, shown during a regular season meet against LaSalle, won the individual state championship this weekend.

17:52.81.

Boys' team results

1 Bishop Hendricken, 37 points; 2 LaSalle Academy, 42; 3 East Greenwich, 74; 4 Cumberland, 148; 5 North Kingstown, 155; 6 Barrington, 158; 7 Scituate, 169; 8 Chariho, 232; 9 The Prout School, 266; 10 Mount St. Charles, 295; 11 Smithfield, 332; 12 Toll Gate, 370; 13 Lincoln High School, 393; 14 Portsmouth, 398; 15 East Providence, 408; 16 Ponaganset, 442; 17 Warwick Veterans, 455; 18 South Kingstown, 473.



Barrington's Mary Kate Coogan finished seventh at the state championship meet.

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Portsmouth boots Barrington from playoffs

Girls' soccer team loses 3-0

The Portsmouth High School girls' soccer team emerged victorious Tuesday night, Oct. 29, in a first-round playoff matchup against Barrington.

Portsmouth won the game, 3-0, and advanced to the next round of the Division 1 playoffs. Portsmouth went into the playoffs as the fifth seed and matched up against the 12th seed of Barrington High in the first round.

Although Barrington dominated the possession in the first half, Portsmouth capitalized on its shots on goal and made the most of their scoring chances

as junior forward Kelley Coyne scored on her team's first attempt.

The second half was dominated in both facets of the game by Portsmouth, which added two more goals, one from Coyne and the other from Lean Hibbad. The defense for Portsmouth shut down Barrington in the second half as well. After being out-shot in the first half, PHS held Barrington to only three shots in the entire second half and was never really challenged on the defensive

"They protected the 18 (yard box) like I told them," said Portsmouth head coach Jim Blaess when asked about his team's defense.

Eagles ousted after playoff shoot-out loss to Shea

Boys' soccer team loses to Shea in heart-breaker

BY ERIC DICKERVITZ

edickervitz@eastbaynewspapers.com

After a season in which the Barrington boys' soccer team won 11 of its 14 regular league games, their bid to become state champions came to an end on Friday, Nov. 1, when they suffered a heart-breaking loss to Shea High School in the quarterfinal matchup.

The Eagles knew what to expect from the Raiders having beaten them 1-0 in a previous game in October. Despite the Eagles' getting a bye into the quarterfinal game, they also knew not to underestimate the eighth seeded team.

"This is what the whole season is about," head coach Don Denham told his team before the teams took to the field. "These next three games."

But Shea's reputation for speed and direct style on offense played out on Victory Field on Friday, dashing the Eagles' chance to move on to the semifinals. During the two 40-minute halves of regular play and the two, 10-minute periods of over"We played a hell of a game and had a hell of a season."

C.J. MASTERSON, SENIOR MIDFIELDER

time, neither team was able to produce a goal.

"Defensively we're a nightmare," Mr. Denham told his team at the half. "You're fighting for your life here. Let's give it everything we have."

In the second half, the Eagles showed determination, adding five shots on goal to the three opportunities taken in the first half. But the Raiders were just as determined, with a similar number of shots booted toward the Eagles' net with goalkeeper Connor Mellen, thwarting Shea's efforts with his 7 saves.

The game was decided in a shootout, with Shea managing to get four of their shots past Mellen, while the Eagles could only get three of their shots inside the net.

Shooting first from the 12 yard line, Barrington's Makio Yamamoto's attempt went high over the net, and Isaac Lapides' shot went wide. The next three players, Jozef



PHOTOS BY RICHARD W. DIONNE JR

Eagles defenders Isaac Lapides (left) and Jozef Jennings and goalkeeper Connor Mellen thwart a scoring bid in the second half.

Jennings, Izaiah Jennings and Steven Duncan all sent their shots cleanly past Shea's goalkeeper to tie Shea's three successful attempts and one shot saved by Mellen. Shea's fifth player booted a direct shot to the middle of the net that caught Mellen off guard, rolling into the net for the win and bringing the Eagles' season to an emotional end.

"It just wasn't meant to be," said C.J. Masterson, a senior midfielder who spent most of the season sidelined with a pelvis fracture suffered in an early season game.

Tears rolled down his face as he, his teammates and coaching staff remained quietly on the sideline as the Shea players celebrated their victory.

"I couldn't ask for anything better in this team," Masterson said of his teammates. "We played a hell of a game and had a hell of a season."



Eagles defender Tim Sullivan takes the ball away from a Shea player.

Eagles forward Denali Sexton (right) and a Shea player watch a kick fly by their heads.





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Eagles outlast Rams in Friday night thriller

Barrington holds on for 7-6 victory, remains undefeated

BY ERIC DICKERVITZ

edickervitz@eastbaynewspapers.com

Barrington Eagles football coach Bill McCagney anticipated a gridiron battle on Friday night, when his undefeated Eagles football squad was readying to face the 3-1 LaSalle Rams.

"This is a strong team," he said of the opponent. "We're expecting

His expectation was right on the

But even with the battle ending in a 7-6 victory for the Eagles, the win was bittersweet with a potentially season ending injury for key running back/defensive back, James Murphy.

During a third quarter drive, quarterback Matt Rota pitched the ball to Murphy. With no LaSalle players near him, Murphy unexpectedly slid to the ground similar to a baseball player sliding into a base. He immediately clutched his right leg and athletic trainer, Whitney Howe, ran to assist the fallen Eagle. After several minutes, Murphy was helped off the field by his teammates. On the sideline, Ms. Howe applied pressure to his leg and Murphy grimaced in obvious pain, holding his hands to his helmet as he was driven off the field and into the locker room.

"He's probably out for the seasaid a disappointed McCagney, speculating the injury as a torn quadricep muscle.



Barrington's Nick Raymond (55) recovers a fourth quarter fumble, sealing the 7-6 win for the Eagles.

It wasn't until the fourth quarter when the two teams finally lit up the scoreboard.

With 10 minutes left in the game, LaSalle connected on a 36 yard pass with their receiver falling into the end zone. Barrington blocked the Rams' extra point attempt, giving LaSalle a 6-0 lead.

Sam Vetromile returned the ensuing kick-off to the Eagles' 44 yard line. The Rams sacked Rota for an 8 yard loss, but on the next

play, Rota dropped a screen pass 53-yard gain. The hard-charging to J.R. Martin who broke free for a fullback reached the four yard line



Nick Jensen breaks away for Barrington's lone score.

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all about the players." BARRINGTON COACH **BILL MCCAGNEY**

"It's a strong team. It's

before getting tackled.

But Barrington could not drive the ball into the end zone, and turned it over on downs.

LaSalle moved the ball a bit and chewed time off the clock, but was forced to punt with about 4:30 remaining. Barrington took over near midfield and picked up key yardage right away, as Rota connected with Vetromile. A LaSalle defender was also flagged with roughing the passer. With 2:30 remaining on the clock, the Eagles' attempt to run a flea flicker play action fell incomplete and Barrington remained at the 29 yard line.

It was on second down when Rota sent his receivers out, spotting Jensen up the seam, and completed the 10 yard pass. Jensen shrugged off an attempted tackle by a Ram and sprinted into the end zone. Kyle Gibalerio split the uprights for the extra point giving the Eagles a 7-6 lead.

"I had a (LaSalle) guy on me, but saw the opportunity to score," Jensen said of his touchdown catch.

This was Jensen's second touchdown of the season.

LaSalle then marched the ball down the field and picked up a key first down on fourth and 20. With about a minute left, LaSalle had reached deep into the Barrington end of the field. However, the Rams fumbled the ball on a botched exchange between the quarterback and running back. Barrington's Nick Raymond recovered and the Eagle faithful started to celebrate. The win pushed Barrington's record to 6-0 and helped secure a playoff bid.

Junior defensive tackle Kevin Cadigan also helped the team to victory, charging in on several key tackles and breaking up LaSalle's pass attempts.

Besides the fumble recovery that helped to secure the victory, Raymond came out strong right from the beginning, in on tackles and a solo sack.

"It's a strong team," Mr. McCagney said of his Eagles. "It's all about the players."

With James Murphy potentially out of the line-up, the Eagles may rely more heavily on Jensen who shares the running/defensive back duties.

"Nick didn't start for us, but he's proven to be our best defensive back. He comes in fresh."

Barrington plays against Bishop Hendricken on Nov. 8 in a battle of undefeated teams, then finishes out the regular season against Portsmouth. They will also face Mt. Hope High School for the annual Thanksgiving Day game, this year at Victory Field.



Barrington's Beck Kegelman breaks away for a long run against

Don Mar Mitey Mites shut out Fairhaven

Barrington team rolls to 20-0 victory

The Barrington Pop Warner Don Mar Mitey Mites football team blanked a team from Fairhaven, Mass., 20-0, recently.

On Barrington's first drive, which lasted three plays, quarterback Nate Cooperman scored a touchdown on a 55-yard sweep run. Seb St. Sauveur, Riley Greene, Matt Raffa, Beck Kegelman and Joe Medeiros all had key blocks on the exciting touchdown play.

Barrington scored two more touchdowns in the victory. Quarterback Matt Raffa ran in a 17 yard bootleg — thanks to key blocks from Christopher DeSisto, Josavan Litthisack, Tyler Vieira

Middle school faculty

The first ever Barrington Middle School faculty basketball game

will be played on Thursday, Nov. 7

from 6 to 8:30 p.m. at the high

school. The game will raise mon-

ev for local charities; tickets are

led by Coach Kearns and Coach

Keller. Team Keller includes Dr.

Anderson, Mr. Biancuzzo, Mrs.

Watson, Mr. Weiss, Mrs. Roberts, Mr. Millard, Mr. Blasi and Mrs.

Pollando. Team Kearns includes

Dalessio, Ms. Brodeur, Ms.

Greineder, Mr. Allder and Ms.

Mr. Blanchete, Mr. Borqueta, Mr.

\$5. The two faculty teams will be

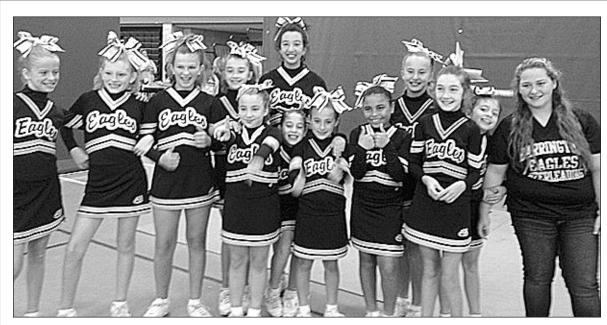
tip off on Thursday

SPORTS BRIEF

and Brett White and a great fake by Riley Greene. On the third scoring drive, Luca Marino had a 17 yard run right before running back Beck Kegelman scored on a 19-yard touchdown run. Beck carried four Fairhaven players into the end zone with him.

Fairhaven put together some good drives in the second half but the Eagles stopped them every time, largely due to sacks by Joe Medeiros, Nathan Cobery, Beck Kegelman and Nate Cooperman. Key tackles by Troy Van Ness, Luca Marino, Adam Camille, Puck Arnone and Luke Van Ness also contributed to Barrington's shut out of Fairhaven.

"Great end to a fun season for the Barrington Mitey Mites!" said one of the team's supporters.



Members of the Junior Pee Wee cheerleading team pose for a photo.

Pop Warner cheerleaders headed to regionals

Local squads take home titles at division competition

Some Barrington Pop Warner cheerleading teams will be taking their talents to regional competitions after they scored well at a recent division showdown.

The Junior Pee Wee team won first place in the Level 1 division at the RISMA cheerleading competition at the Providence Career and Technical Academy late last month. The Junior Pee Wees will next travel to the New the England Regionals competition on Saturday, Nov. 9 at the Springfield Mass Mutual Center.

The Barrington Midget and Pee Wee cheerleading teams also scored well at the division meet — both teams won first place in the Medium Level 2 Division. They were also selected Grand Champions for the event, which means they received the highest score for their group for all divisions and levels.

The Pee Wees and Midgets are heading to New England Regionals competition on Nov. 16 at the Springfield Mass Mutual Center.

Any team that places first at the Springfield competition will be on its way to Disney World in December.

Members of the Pee Wee squad are Linda Testa, Mackenzie Stephens, Maeve McQueary,

Ashleigh Shuman, Jacqueline O'Hayre, Erin Jackson, Madison Abatecola, Sammy Alexander, Claire Pomfret, Kayla Testa, Jacqueline Rega-Costa, Tessa Sullivan, Jenna Scarella, Kerryn Moran, Ainsley Gasbarro, Haley Testa, Sarah Hughes, Bryn MacGillivray, Willow Egan, Grace Lardner and Ava McConnell.

Members of the Midgets team are Brooke Harrop, Cailin MacGillivray, Kari Perez, Paige Jerue, Lila Medeiros, Sabrina Medeiros, Taylor Norris, Sarah Kolaski, Arianne Motte, Rosalind Rodrigues, Angelique Mendes, Ariel Medeiros, Hailey Gallegos and mascot Melissa Medeiros.

Photos

of events, people, etc.

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SPORTS BRIEFS

Feel like playing some basketball?

The Barrington Recreation Department is once again hosting an open gym men's basketball drop-in program. The open runs started on Thursday, Oct. 17, at the Barrington Middle School. Men 18 years and older are welcome to join in every Thursday from 7 to 9 p.m. For more information please call 247-1925 or write to recreation@barrington.ri.gov.

Men's basketball on tap at YMCA

The Wednesday night men's basketball league at the Bayside YMCA is open for sign ups — online at the Bayside YMCA website or in person from now until November. Open practice runs will be held on Wednesday evenings from 7 to 9:30 p.m. until teams are selected in November. League coordinator Peter

Duffy will be available Wednesday evenings for those interested in volunteering for team captain. Call 245-2444 for more information.

FAB offering Friday night hoops

FAB (For Anything But Alcohol, Drugs and Substance abuse) recently announced it will again sponsor with the Bayside YMCA another season of Friday night hoops. The Bayside YMCA will be open from 9 to 11 p.m. on Friday nights for young adults age 14 and up to participate in a safe event. Friday night hoops encourages all attendees with the simple message that — substances, drugs and alcohol are not needed to have a good time. Open basketball encourages all attendees to respect themselves and those they interact with on and off the court.

Are you ready to lose weight?



If you are overweight and between the ages of 18-70, you may qualify for a no-cost research study. You can learn and adopt strategies that will help you to lose weight and promote a healthier lifestyle for today and the future!

If you are interested in learning more about this internet-based weight loss program, call the Weight Control and Diabetes Research Center at (401) 793-8933.





OBITUARIES

Ruth Virginia Conklin

Favorite role in life was that of grandmother

Ruth Virginia (Staples) Conklin, 89, of Barrington, passed away Saturday, Nov. 2, 2013.

Born in Warren, she was a daughter of the late Walter O. and Ruth (Bryden) Staples. She was the wife of the late Llewellyn M. Conklin and leaves two sons, Llewellyn P. Conklin and Walter D. Conklin and his wife Kimberly, both of Barrington; a daughter, the Reverend Barbara E. Hubbard and her husband Ralph of Johnston, and a sister Barbara J. Staples of Middletown. She was the sister of the late Walter O. Staples Jr. She also leaves four grandchildren, Walter M. and Kristen L. Conklin, Elizabeth Hubbard Weinfurter and Sarah Hubbard; and three great-grandchildren.

A member of the Baptist Church in Warren, she had been moderator, Sunday school teacher, choir member and children's choir director as well as a Meals on Wheels volunteer. She sang with the East Bay Chorus and was a member of the South Providence Neighborhood Ministries for many years. She had also been a Brownie and Girl Scout leader, as well as an active member of the PTA and Barrington YMCA, where she was a lifeguard and swim instructor.

Ruth's favorite role in life was that of grandmother, and she spent many happy hours with each of her grandchildren, by whom she will be sorely missed.

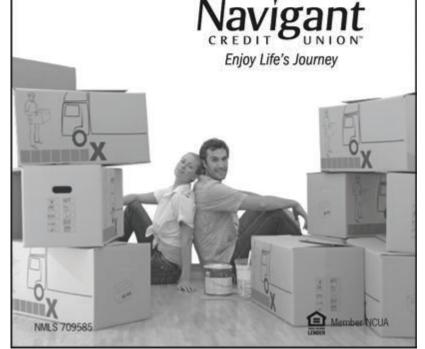
Arrangements are with Smith Funeral and Memorial Services, 8 Schoolhouse Road, Warren, where the family will receive friends Friday, Nov. 8, from 10:30 to 11:30 a.m., with a service in the funeral home at 11:30 a.m. Burial is private. In lieu of flowers, donations may be made to South Providence Neighborhood Ministries, 747 Broad St. Providence, RI 02907. www.wjsmithfh.com

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Marc Cedric Lowenstein

Award-winning architect, designer and builder

Marc Cedric Lowenstein, 74,



Sunday, died Jan. 6, 2013, surrounded by his family. Born in the Bronx, a son of the late Seymour and Evelyn (Weingarten) Lowenstein, and brother of the

late Alida Putterman, he had been a resident of Barrington since 1972. A graduate of Lehigh and RISD, he served as a coast guard reservist and was a passionate sailor and real-life "MacGyver."

Marc was an award-winning architect, designer and builder. Between 1972 and 1983, he designed and built more than 120

energy efficient site-specific projects across southern New England including eight in Barring-

Marc was featured in several articles in the Providence Journal and often his designs of these homes are featured in local press whenever they come on the market. Marc was a pioneer in the field of solar architecture and. before suffering a life-altering stroke in 1983, built 18 active solar heated homes for which he received an award from the State of Rhode Island and the U.S. Department of Energy.

He is survived by his wife Rose-Mary (Donath) of 48 years and his children: Lisa, D. Mara and Ari Lowenstein all of NYC.

Donations may be made to www.SailtoPrevail.org

Barbara A. Walsh

Communicant of St. Luke Church

Barbara A. Walsh, 90, of Rust-



wood Drive, died peacefully Saturday, Nov. 2, 2013. She was the wife of the late Joseph Walsh.

Born in Fitchburg, Mass., a daughter of the

late William and Mary (Lynch) Murnane, she lived in Barrington for 42 years.

Mrs. Walsh was a communicant of St. Luke Church.

She is survived by two sons, William J. Walsh of Boise, Idaho and Brian P. Walsh of Brewster, Mass.; three daughters, Jo-Ann McCarthy of Shrewsbury, Mass., Carolyn E. McGrath of Bristol and MaryJane Walsh of Providence; nine grandchildren and three great-grandchildren. A special thanks to Dr. Rebecca Brown and the Atria of Lincoln Assisted Living Staff for contributing greatly to the quality of her life.

Her funeral will be held today, Wednesday, Nov. 6, from the W. Raymond Watson Funeral Home. 350 Willett Ave., Riverside at 8:45 a.m. with a Mass of Christian Burial in St. Luke Church, Washington, Road, Barrington at 10 a.m. Burial will follow in Forest Chapel Cemetery, Nayatt Road, Barrington. Calling hours are Wednesday morning from 7:30 to 9 a.m. www.wrwatsonfuneralhome.com

Catherine M. Hill

Owned the former Country Shop on County Road Catherine M. Hill, 90, of Echo



Drive, Barringdied peacefully Thursday, Oct. 31, 2013, at Miriam Hospital with her friend and caregiver at her side. She was the wife of the

late Jack Hill and the daughter of the late George and Martha (Stafford) Justice.

Catherine and her husband Jack

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were the co-owners of the former

Country Shop on County Road in

Barrington for more than 25 years.

Donations to Cathy's memory may be made to the Barrington Presbyterian Church. Visit smithmason.com for information and online condolences.

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Claire Ann Murphy Gray

Leaves family in Barrington

Claire Ann Murphy Gray, 90, of Falmouth ("Teaticket"), Mass., formerly of Worcester, died Sun-



day, Oct. 27, 2013 in Falmouth surrounded by her family. cause of Claire's death, of course, always was life. What matters is

her long life and how she lived it. She lived an authentic life for 90 years, raising her seven children, 22 grandchildren, and 10 great-grandchildren. Her passion for motherhood was profound. She carried it quietly with a turn of the century, old-

fashioned grace of a grand lady.

Born the daughter of Bridget "Della" McCarthy, who emigrated from County Claire, Ireland at age 16, Claire graduated from Saint Peter's High School and Saint Vincent Hospital School of Nursing, both in Worcester. As a member of the Saint Vincent Alumni, she started her nursing career in the maternity and psychiatric practice where she was introduced to her husband of 50 years, John Harrison Gray, through love letters from 1945 when John was stationed in the Japanese Island of Okinawa with Army HQ 935th Engineers Aviation Regiment. Gray, also born of Irish parents from County Roscommon Ireland, passed away in 1998.

Claire continued nursing in private practice while raising seven children, Sean Joseph Gray (Falmouth, Mass.), Peter Murphy Gray (Barrington), Virginia Claire Ross (Provincetown, Mass.), Ann Marie Fattman (Sutton, Mass.), Mary Therese Christofferson (Hornbaek, Denmark), Margaret Mary McGreevy (Media, Pa.), and Dolores Gray Giorgio (Worcester, Mass.) Her cousin Jose Miniter, who lived in Killimer, County Claire Ireland, passed away earlier this year. Claire leaves behind many cousins in Ireland and Worcester, a sister, Joann Murphy Durkin of Worcester and Falmouth; Sister Marion Hogan and Brother Edward Murphy, both deceased. Claire was an avid knitter and seamstress, creating the most colorful clothes for her children. As a young child, she worked in her father's A&P Grocery Store, stocking shelves and working on the register.

A founding member family of Saint Charles Borromeo Catholic Church and Guild, she also volunteered her time as a member of Saint Patrick's Women's Guild, Nurses Guild of Worcester, and the Teaticket Association in Falmouth, Mass. She was a deeply spiritual lady who frequently taught prayers, particularly to Saint Anthony to locate lost items — including the various stashes of chocolates hidden at 7 Geneva Street, Worcester away from her adoring children!

Claire's faith gave her an uncanny tolerance for those who faltered as she always turned her attention to forgiveness. Her gift for hope and optimism was her tool set, which inspired those throughout her life. Her capacity for selfless love was profound. She also taught her family a great appreciation for the ocean and beaches of Falmouth, which she loved her entire life.

The funeral Mass was held Saturday, Nov. 2 in St. Mark's Church, Sutton, Mass. The burial was in St. John's Cemetery, Worcester, Mass. alongside her husband, John Gray. Athy Memorial Home in Worcester directed arrangements.

In lieu of flowers, Claire wished for donations to be made in memory of: Claire Ann Gray, JML Adult Day Health Center in Falmouth, 184 Terheun Drive, Falmouth, MA 02540 ATTN: Bobbee Frazer. This charity was close to our Mother's heart.

Joseph A. Lombardi

Retired Barrington Deputy Fire Chief



Joseph A. Lombardi, 84, of Oak Grove Avenue, a Barrington retired Deputy Fire Chief, died



peacefully on Saturday, Nov. 2, 2013. He was beloved the husband Ann S. (D'Allesandro) Lombardi.

A lifelong resident of Barrington,

was the son of the late Rocco and Antonette (Olivia) Lombardi. Mr. Lombardi was a firefighter

for the Barrington Fire Department for 34 years before retiring as Deputy Fire Chief in 1989. Joseph was a communicant of

Holy Angels Church. He served in the Rhode Island National Guard for 10 years. A mechanic, he enjoyed restoring Corvettes.

Besides his wife of 64 years, is survived by a son, Joseph A. Lombardi Jr. of Barrington; two daughters, Mary Ellen Souza of Dighton, Mass. and Kathleen Balasco of Barrington; five grandchildren and four greatgrandchildren.

His funeral was held on Tuesday, Nov. 5, 2013 from the W. Raymond Watson Funeral Home, 350 Willett Ave., Riverside with a Mass of Christian Burial in Holy Angels Church, Maple Avenue, Barrington. Burial will follow in Santa Maria del Campo Cemetery. www.wrwatsonfuneralhome.com

> Find more photos at eastbayri.com 24/7

www.wickfordappliance.com



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OBITUARIES

Dona Lycurgus

Very talented artist, excellent cook and baker

Dona (Bishop) Lycurgus, 84, of



Philip at her Dona was born in Evanston, Ill.,

the daughter of

the late Jean W. and Catharine Bishop. On Feb. 20, she married the late Nicholas Lycurgus.

Dona was an honor student at Niles Townership Community High School in Skokie, Ill., graduating in 1947. After graduation, she attended Northwestern University and graduated in 1951 as an art major.

Dona leaves her two sons, Peter R. Lycurgus and wife Virginia, of Saratoga, Calif., and Philip N. Lycurgus at home as well as two grandchildren, Catie and Tim Lycurgus of Calif. She also leaves her brothers, David and Mars Bishop (Prudy) of Barrington.

Dona has been a time resident of Barrington. For many years, she was a school teacher in Seekonk, Mass. She valued her many teacher friends there and was always a most conscientious educator. She was an avid gardener and kept her home and yard in pristine condition. She was most loving and supportive of all of her sons' activities. Dona was a very talented artist and always made very beautiful and unique greeting cards for her family and friends. She was an excellent cook and baker and decorated her holiday cookies imaginatively. She was an extraordinary caregiver to her mother who passed away in 1991 after an extended Illness. She was dearly loved by family and friends.

Relative and friends are invited to attend a graveside service at Forest Chapel Cemetery, Barrington, at 11 a.m. on Saturday Nov. 9.

Memorial contributions may be made to the Best Friends Animal Society in her memory and that of her beloved pet dog Bogsie at Kaleb Lane Kanab Utah 84741. Visit smithmason.com

LEGAL NOTICE

PUBLIC NOTICE Town of Barrington, R.I. **Electronic Registry for Changes** to Zoning Ordinance and Land **Development & Subdivision**

Notice is hereby given pursuant to amendments to Rhode Island General Law 45-23-53 and 45-24-53 requiring municipalities to establish and maintain a public notice registry allowing any persons or entity to register for electronic notices of any changes to the local Zoning Ordinance or to Subdivision Regulations. All persons interested in the above may submit their name and e-mail address to the Town Clerk's Office, 283 County Road, Barrington, RI 02806 in person or via e-mail chemingway@barrington.ri.gov.

November 6, 2013

ZONING BOARD OF REVIEW Barrington, Rhode Island **PUBLIC HEARING**

NOTICE IS HERBY GIVEN THAT A PUBLIC HEARING WILL BE HELD ON: THURSDAY, THE 21st DAY OF NOVEMBER 2013, AT 7:00 P.M. IN THE COUNCIL CHAMBER 283 COUNTY ROAD, BARRINGTON, RI For the purpose of hearing Applications for Dimensional Variance, Use Variance or Special Use Permit from the Zoning Ordinance of the Town of Barrington, RI.

Approval of minutes: SEPTEMBER 19th and November 7th meetings

FOLLOWING APPLICATIONS HAVE BEEN FILED WITH THE ZONING **BOARD:**

Application #3734. Surivont Mujjalinktrakool, 8 Joy Street, Barrington, RI 02806, applicant, and Benet Mainella, 105 Ferry Lane, Barrington, RI 02806, owner, for permission to install a handicap ramp and bathroom to meet ADA accessibility code and to expand parking spaces into a residential zone at 60 Maple Avenue; Assessor's Plat 23, Lot 9, Business and R-10 District, 60 Maple Avenue, Barrington, RI 02806, requiring special use permit for commercial parking spaces expanding into a residential zone and dimensional relief for side yard setback for ramp.

Application #3735, Lisa Browning, 16 Oyster Point Road, Warren, RI 02885, applicant and Barrington Congregational Church, UCC, 461 County Road, Barrington, RI 02806, owner, for permission to install a church carillon system and play songs twice a day, at noon and 6pm; Assessor's Plat 21, Lots 012 & 013, R-25 District, 461 County Road, Barrington, RI 02806, requiring special use permit.

Applicant #3736, Atria Mgmt Co., LLC, 401 S 4th Street Suite 1900 Louisville KY 40202, applicant, and VTR Bay Spring, LLC, 401 S. 4th Street, Suite 1900, Louisville, KY, 40202, owner, for permission at add a third sign at 147 Bay Spring Avenue; Assessor's Plat 1, Lot 36, EH District, 147 Bay Spring Avenue, requiring a special use permit for additional signage on the property.

Continued deliberation and voting on application #3562, Ernest E. Ryden, Jr., 22 Spicer Lane, Osterville, MA 02655, applicant and owner, on remand from the Rhode Island Superior Court to complete proceedings from April 8, 2010; subject property located at Assessor's Plat 32, Lot 237, R-10 District, Arvin Avenue, Barrington, RI 02806. Although deliberation and voting will take place, the public hearing was closed in 2010 and remains Thus comments cannot be accepted from the public.

ALL PARTIES OF INTEREST MAY ATTEND AND BE HEARD AT THIS TIME

The Town of Barrington will provide accommodations needed to ensure equal participation in all meetings. Please contact the Town Clerk's office prior to the meeting so arrangements can be made to provide such assistance. A request for accommodations can be made in writing to 283 County Road, or by calling 401-247-1900. Ext 301 (voice). Hearing impaired callers can dial 711 "Relay" for additional assistance. The Barrington Town Hall, Barrington Public Library and Barrington Public Safety Building are accessible to the disabled.

November 6, 2013

Find more photos at eastbayri.com 24/7

Bristol County BUSINESS Sportility

Advocare Health Group is a supportive solution for senior care

athie Frattarelli, owner of Advocare Health Group, has walked the walk. When her mother was diagnosed with MS, the in-home care agencies provided was inconsistent and not always sympathetic to her mom's needs. It took a long time to get it right. Even at Kathie's young age, she knew there had to be a better way to develop a support system for those who needed care. Based on Kathie's own personal experience, she formed Advocare Health Group three years ago, determined to bring to provide effective caregivers who are warm, compassionate and professional.

Today Advocare provides non-medical caregiver services to the elderly and special needs adults requiring extra support throughout all of Southeastern Island and Massachusetts. Personalized care plans are customized to the individual with services available for as little as two to 24 hours a day, on a short or long-term basis. Whether it's driving a loved one to appointments, preparing meals, helping with hobbies, pet care, grocery shopping, or providing enjoyable companionship, caregivers help maintain daily routines and lifestyles. In most cases, caregivers work as a team in the same home until services are no longer needed. It's what sets Advocare Health Group apart from other caregiver agen-"Really, we do whatever needs to be done, whether in a home or other type of assisted or nursing facility, and strive to provide a consistency in care so caregivers become like family members," she says.

And Kathie knows just the kind of who will fill the bill when families face difficult circumstances that require a trusted caregiver and advocate. "I know what I'm looking for," she Her exceptional group of insured and



Kathie Frattarelli with her mom, Nancy, who was the inspiration for the founding of Advocare Health Group

teachers and professionals, as well as others who have spent years working with the elderly. All go beyond handling basic needs by improvticular person. "We take into account interests the right support system.

bonded caregivers includes retired school and personalities when we put together a team," she says. "It's a wonderful feeling to see it all come together," she adds. "My staff sees caring as a calling."

ing spirits and advocating for safety and well- If you have loved ones who might benefit from "It's a matchmaking situation," says this specialized care, give Kathie a all to discuss Kathie of finding the right caregiver for a par- the circumstances. It's a first step to create

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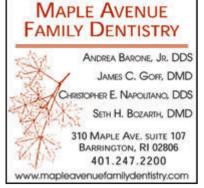
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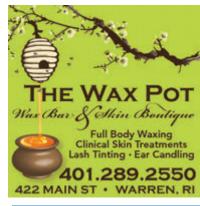
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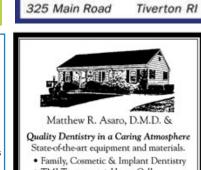








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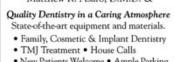
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Barrington resident is a musical missionary

Ken Totushek travels to foreign lands to spread his faith through music

BY JOSH BICKFORD

jbickford@eastbaynewspapers.com

Ken Totushek was playing a show inside a small club in Osaka, Japan, when a young man approached him in between sets.

It was clear to Ken that the young man, a Japanese citizen, did not have much money, but he insisted that Ken, a tall, lanky American who wears glasses and a short-cropped goatee, accept the two 500 yen coins — worth about \$12 in U.S. currency.

Mr. Totushek, a longtime Barrington resident who had traveled to Japan many times for work, hesitated. Part of his performance that night was done to raise money for the production of a Japanese movie called "Two Criminals," which tells the story of two members of the Yakuza who find God in Jesus Christ and, against all odds, are allowed to leave Japanese crime organiza-

Mr. Totushek looked at the Japanese man holding coins in his hand and considered how important that money was to him. It was a powerful moment.

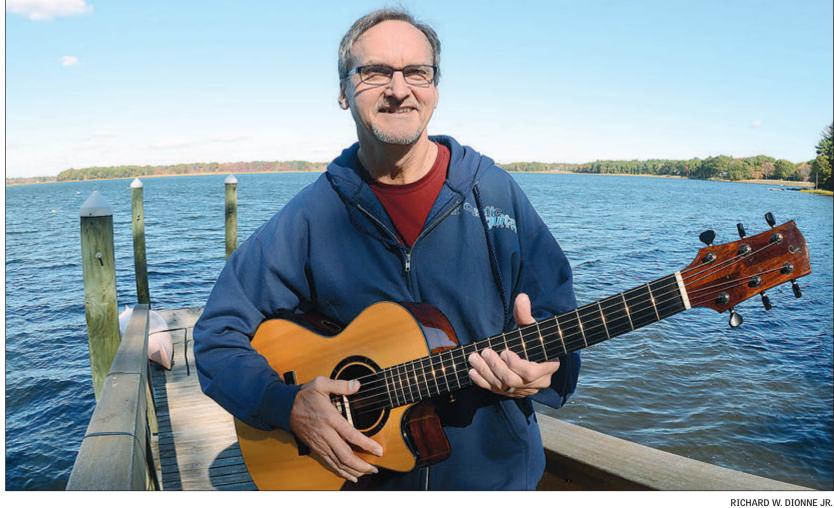
"You can see the heart of Ken's music come through when he plays," said Kathy Totushek, Ken's wife. She had been at the club that night watching the show and found herself struck by the encounter.

Ms. Totushek said her husband's music has a way of touching people, connecting with individuals from different walks of life, different cultures, different backgrounds. She said it crosses lines and makes its way to people's hearts.

"There's an energy about it," she said.

It could be the music, and it could be the message.

Mr. Totushek sings mostly about his faith, about Christ. He



Barrington resident Ken Totushek has produced six CDs, the latest is "Real Life Stuff — Hope's Alive!" If you want to hear some of his music, read about his work, or view videos of him playing, visit www.kentotushek.com.

sings about trying times and life's challenges, and the strength that faith provides to help people overcome those hard, often painful moments.

For the last couple of years, Mr. Totushek has been serving as a musical missionary, sharing songs like "Your Mighty Love For Me," "Create In Me," "Tsunami Prayer," "Amazing Grace" and "Lord Over All" with people in the Middle East and Japan.

At each show, Mr. Totushek hopes the notes and lyrics find a home inside someone looking for inspiration or someone looking for relief from life's problems. The Hampden Meadows resident has had his share of challenges, including the loss of his first wife, Jennifer, to cancer in the fall of

The two met when they were young and living in Minnesota. They eventually married and settled in Barrington; Jennifer's father owned a company in Fall River. Mr. Totushek went to work for the company and eventually became CEO. And while life happened — children, work, responsibilities — Mr. Totushek's love for music remained an interest, a hobby, a pursuit.

In 1994, he produced his first CD, "For The Rest of Your Life," and released his second, "Pilgrim Song," in 2001. He has produced six CDs, his latest "Real Life Stuff — Hope's Alive!", came out this

Shortly after Jennifer died, Mr. Totushek leaned heavily on his

guitar while grieving. He contacted friends and family and others who knew his wife and invited them to his house for small, living room concerts. He would play songs and sometimes talk about Jennifer and often listen to others recall stories. He watched as people mourned her passing.

"I think it was very healthy. It really helped with the grieving process," he said, adding that the concerts made him more comfortable with the idea of performing in front of others.

Shortly after losing Jennifer, Mr. Totushek reunited with Kathy, who had coincidentally lost her husband to the same form of cancer. She knew Ken from years earlier when her family lived in Barrington, but had

since moved out of the state.

The two shared heartfelt conversations over the phone and before long had built their own relationship. They married and now spend some of their time traveling to areas of the world where Christianity can get people in trouble. The experiences in foreign lands have deeply affected the local couple.

"I think the music opens you up. It can be a comfort to people," Ms. Totushek said.

Recently, the Totusheks traveled to Japan. Ken was one of the musicians honored at the Kansai Music Conference in Osaka. He received one of the two Kansai Music Conference 2013 "Building Bridges with Music" awards.





East Bay Life

Pages B1-B16

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Music

RICHARD W. DIONNE JR.

RWU junior Jason Rosa with some of the musical instruments he has collected for Rhode Island foster children.

Local student brings music into foster kids' lives

BY CHRISTY NADALIN

hen Roger Williams University junior Jason Rosa landed an interview this past summer with national non-profit

Together We Rise, an organization dedicated to improving the lives of foster children in America, he made sure he was going in prepared.

While researching the organization and the challenges that kids in foster care face every day, Jason learned that while Together We Rise

had a variety of programs aimed at providing foster children with a sense of normalcy and belonging through sports, they had yet to explore what positive impact music might have. As someone who finds playing guitar and the keyboard to be an enjoyable outlet in his own life, Jason saw an immediate opportunity to help Together We Rise add a music-focused program to its arsenal.

Jason is now fundraising, with the goal of raising \$3,000 by the end of the semester in both monetary and instrument donations from local music shops and vendors, so that more local foster youth can learn how to play an instrument or simply have fun with music.

All of the fundraising will go towards children in Rhode Island foster homes.

Among the facts Jason learned about the more than 2,500 foster children in Rhode Island (nearly 300 of whom are waiting for someone to adopt them): some 50 percent of foster children under the age of 5 have developmental delays, while 80 percent of children in foster care have serious emotional problems. As a result, when these children "age out" of the system, they are highly likely to become homeless, ill, unemployed, and incarcerated, among other poor outcomes.

See **MUSIC** Page 6

Jazz legend Freddy Cole coming to RWU

The public is welcome to attend an intimate, free performance featuring the Freddy Cole Quartet with Harry Allen

With his "gorgeous autumnal baritone, expressive phrasing and pitch-perfect feel for jazz standards, pop tunes and love ballads," (People magazine) jazz legend Freddy Cole has been captivating audiences around the world since the 1950s.

Born into a life of music, Cole followed in the footsteps of his three older brothers, including fellow legend Nat King Cole. Recalling his childhood in Chicago, where celebrated musicians Duke Ellington, Count Basie and Lionel Hampton were frequent visitors to his parents' home, the 82-year-old performer recalls: "Music was all around me."

After studying at the Roosevelt Institute, the Julliard School of Music, and the New

See **COLE** Page 15



FIVE \$ 1

1. Fall Festival of Children's Authors and Illustrators

Featuring book signings by authors and illustrators including Barrington residents R.W. Alley & Zoë Alley (above, R.W. Alley's cover illustration of "Paddington and the Christmas Surprise"), Barrington resident Mary Begin, Brian Lies, Ammi-Joan Paquette; and Jennifer Thermes. Barrington Books, 184 County Rd.; Noon-3 p.m., Saturday, Nov. 9; 401/245-7925. Free.

2.Explore yoga and writing

Get past personal obstacles to the writing process through yoga, and explore how yoga and writing are complementary and mutually supportive practices. At the Barrington Public Library, 281 County Road; 6:30-8:30 p.m., Thursday, Nov 7; 401-247-1920 x 2. Free.

3. Bird feeding bonanza

Make your backyard a bird sanctuary! Placing a bird feeder is like real estate...location is everything. Bring your bird feeding challenges to us, and we'll review creative solutions that work. Registration required. Audubon Environmental Education Center, 1401 Hope St., Bristol; 10 a.m., Saturday, Nov. 9; www.asri.org. Free.

4. 'Twelfth Night'

A free public performance of the Shakespeare classic "Twelfth Night," by actors from the Brown University/ Trinity Rep MFA Programs. Sandywoods, 43 Muse Way, Tiverton; 3-5 p.m., Saturday, Nov. 9; 401/241-7349. Free.

5. 12-Hour Art Marathon

The Portsmouth Arts Guild and Annex Comics will be hosting a 12-Hour Art Marathon this Saturday. Bring your art supplies—dry media or watercolor only please—and your creativity. Portsmouth Arts Guild, 2679 E. Main Rd.; 10 a.m.-10 p.m., Saturday, Nov. 9; www.PortsmouthArts.org.

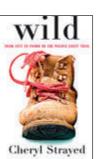
For complete details on these events and more see inside East Bay Life, including the 8 Days Calendar

Non-fiction selections for fall, available at your local library

BY DONNA DELEO BRUNO

"Wild: From Lost to Found on the Pacific Crest Trail" By Cheryl Strayed

The author of this book, Cheryl



Strayed, was wild with rage, anger and pain following the loss of her mother, who succumbed to cancer at age 45. Growing up in a povertystricken, fractured family

that constantly moved from one shabby place to another, the

author had been torn by conflicting emotions for most of her young life. Totally adrift, disgusted and disillusioned with the path her life had taken, including onenight stands with men she barely knew, alcohol and drug use, she was at a breaking point when she happened upon a guide book about hiking the Pacific Crest Trail. Hardly prepared either physically or emotionally for such an arduous expedition, she nonetheless felt she had nothing more to lose.

So begins her punishing, grueling, tortured hike over extremely rough terrain-dry creek beds and jagged gullies; scorching temperatures reaching over 100 degrees. But it was tempered by majestic mountains, towering trees, and

gurgling brooks. This treacherous and dangerous undertaking includes encounters with black bears and rattlesnakes, and she even loses her hiking boots over the side of the mountain. Her extremely heavy backpack, which becomes an appendage she names "The Monster," cuts into her hips, shoulders, and tailbone, rubbing them raw. Her feet develop painful, bleeding blisters. At one point she has no source of water and becomes seriously dehydrated.

Read this heart-rending account of how this ordeal in the wild is curative, setting her on the right track both literally and figuratively, so that at its end she is able to say that the hole in her heart feels " infinitesimally smaller."

"My Beloved World" **By Sonia Sotomayor**

This is an inspiring story of not only survival, but also amazing



achievement. Born in a poor neighborhood where prostitution, gangs, and drug use were rampant, Sonia Sotomayor also suffered from an extremely unhappy home environment

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full of turmoil and recrimination. Hers was the humblest of beginnings, further disadvantaged by her father's alcoholism. While such adversity might have cowered a less resilient and independent child, in Sonia it heightened her awareness of behavior and its consequences, and the problems inherent in poverty and lack of

opportunity; bias and bigotry.

Despite her total lack of role models to emulate, she knew at a very young age that education was paramount to success and applied herself with relentless hours to that end. One rather interesting memory from her childhood was her love of the Perry Mason TV series where she was first introduced to the world of courts and lawyers. Even at that young age, it was the role of the judge—calm, impartial, in control—that most appealed to her. Eventually her devotion to study led to scholarships to a number of Ivy League institutions.

Eventually she chose Princeton, but even there she felt that she did not belong; that she was "a stranger in a strange land." She worked harder and harder to compensate for what she knew to be the gaps in her background.

More troubling for her than these deficiencies, which she compensated for by studying grammar texts and learning ten new vocabulary words each day, were the cultural gaps. She had never seen the richness of Oriental carpets, the smart and expensive attire of most of her classmates, the ease with which they mixed socially, their European travel and trust funds. Even as an accomplished adult many years later, she retained this sense of inferiority when surrounded by wealth and nately, Ms. Sotomayor had the strength of character, the wisdom gained from a lifetime of adversity, the innate intelligence, determination and work ethic to not only overcome such limitations of background, but to succeed to the high level of appointment to the

United States Supreme Court. She is a living example of The American Dream at its best.

"Quiet: The Power of Introverts in a World That Can't Stop Talking" By Susan Cain

Do you prefer to listen more than talk; to while away an evening curled up with a book rather than accept an invitation to a party? Do you prefer to work on tasks alone, preferably in a closed room rather than brainstorm strategies in a group with colleagues? Are you highly empathetic to others' distress and react keenly to injustice, feel extreme emotions, deplore small talk, have a strong conscience? If so, you may be among the one-third to



one-half of those often referred to as introverts. Some mothers become very concerned when their child appears shy or timid when encountering new peo-

ple and new situations, or when the child's teacher notices his tendency to avoid social interaction with others. The predominant message in this book is that such a child is okay; that there is nothing wrong with these traits in and of themselves. Don't think of such "introversion" as something that needs to be cured. Some of the most successful people in the world are/were introverts, including Charles Schwab, Bill Gates, Brenda Barnes, Albert Einstein, Mahatma Gandhi, and Dale Carnegie.

Cain asserts that today there is a bias against quiet people, that they are often mistakenly considered hermits or misanthropes since ours is an outwardly oriented soci-

Extremely interesting are the many studies she cites, particularly that of Jerome Kagan, a leading Harvard researcher who studied infants' brains and behaviors at birth and whose work was picked up by his protege, Dr. Carl Schwartz at Massachusetts General Hospital. Their studies support the premise that introversion and extroversion are physiologically, even genetically based. Moreover, Schwartz's studies indicate that high or low reactive temperaments do not disappear in adulthood; that is, a bold or timid personality does not essentially disappear as one matures. Rather the individual can learn strategies to cope with these tendencies.

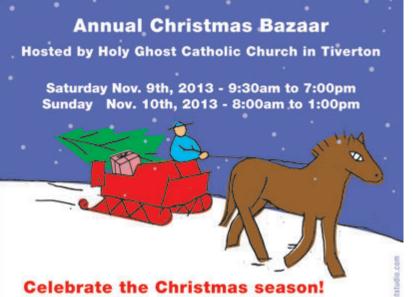
Donna DeLeo Bruno is a native Bristolian and a retired teacher of writing and literature. She now splits her time between Bristol and Ft. Lauderdale, Fla., where she gives book reviews at the local library as well as at book clubs and women's clubs. Some of her most enjoyable and relaxing hours are spent reading a book beneath the shade of a tree at the foot of Walley Street with the sun sparkling its reflection on the water.



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~ Weekend watch list ~

- For some local flavor, literally, tune to "Diners, Drive-Ins and Dives" at 8:30 p.m. on Friday, Nov. 8, for the episode "Legacies," featuring an Attleboro local landmark, which has been serving up New England classics for more than a century. Food Network.
- Need inspiration to tackle the Saturday to-do list around the house? "Man Caves" is running "Jasons Top 5 Projects," looking back at some of the best Man Caves featured on the show, 9:30 p.m. on Friday, Nov. 8. DIY.
- Tune in at 8 p.m. Saturday, November 9 to see Rhode Island on the international stage. Miss Universe Olivia Culpo, a Cranston native and Bay View graduate, relinquishes her tiara at the 62nd annual Miss Universe contest, broadcast from Moscow. NBC.
- If Saturday finds you in the mood for some serious retro dancing, tune in at 6:30 for a little "Dirty Dancing", followed by "Grease" at 9 p.m. Then go to bed, as "Grease 2", the worst film sequel since the third "Godfather" will follow. ABC Family.



Bay View alum and Miss Universe 2012 Olivia Culpo's (left) reign as Miss Universe ends this weekend.

* Holiday Helpers *

The holidays are fast approaching, and some people need some help to "make things merry and bright." There are local families who have trouble making ends meet even during the summer months. With the arrival of cold weather, heating costs and other bills can overwhelm the budget, making holiday spending a rare treat. And, spokesmen for groups that help those in need are seeing a marked increase in the number of those seeking aid this year.

Make the season more meaningful and celebrate the spirit of the holidays by giving to someone in need. We will print Holiday Helpers right through Hanukkah and Christmas. To send a listing for Holiday Helpers, e-mail it to lrego@eastbaynewspapers.com; mail it to Lynda Rego, East Bay Newspapers, P.O. Box 90, Bristol, RI 02809, or fax it to 401/253-6055.

Coats for Kids

Troubled children can stay warm with your help this winter. Aquidneck Chiropractic is hosting a Coats for Kids drive through Saturday, Nov. 9. Drop off a new or gently used clean coat in good condition, and they will distribute them to The Florence Grey Center and Lucy's Hearth, who will give them to kids in need or crisis.

For questions or directions, call Aquidneck Chiropractic at 401/849-7011.

Blanket drive

The Bristol Rotary Club is holding its annual Blanket Drive now through the end of November. As the winter chill arrives, there is a great need for blankets and everyone wants to be cozy for the holidays. All blankets will be donated to local charities. Blankets can be dropped off at the Century 21 Rondeau office at 729 Hope St., Bristol, daily from 9 a.m. to 5 p.m.

Lucy's Hearth seeking help

Lucy's Hearth, a Middletown shelter for homeless mothers and their children, usually assists over 400 women and children at Thanksgiving and Christmas. Program Director Jennifer Barrera expects this year will be more of a challenge. "We started getting phone calls for help back in September. More people need assistance to make it through the holidays, especially at Christmas because of the econ-

For Thanksgiving, Lucy's Hearth is seeking vouchers to purchase turkeys at supermarkets. The shelter is also accepting non-perishable food. For Christmas, they need gift cards to local stores in the \$10 to \$50 range. It is also looking for companies and individuals to adopt families.

Community members interested in providing Thanksgiving or Christmas assistance or volunteering can call 401/847-2021.



A holiday giving tree is a popular way to include others in a charitable drive.

Adopt A Family Program

The East Bay Community Action Program is organizing the 24th annual Adopt-a-Family Program. Local businesses, families, scout troops, classrooms and community organizations are urged to participate by adopting a family.

Donors choose the size of the family they wish to adopt. Recipient families fill out a gift suggestion list with sizes for clothing and toy requests from each child, and this is passed along anonymously to the donor. In turn, each business or group collects gifts, or collects donations from their employees or members toward a fund to purchase the wished-for gifts, which are then wrapped for giv-

If you would like to participate, or if you would like to provide for a single child instead of a family, contact CAP's Office of Civic Engagement at 401/435-7876.

POLI-TICKS

Taveras takes cheap shot on Raimondo

I love competitive political races, so I was gratified by the entry of Providence Mayor Angel Taveras and former candidate Ken



Block into the gubernatorial contest. Mayor Taveras, however, took a cheap shot at General Treasurer Gina Raimondo by intimating that she was beholden to Wall Street

while he was only answerable to "Main Street." He has a heck of a nerve castigating her.

His obvious reference was to the flack that the General Treasurer has been taking because of the state investments in hedge funds. Male journalists have been doing investigative reports about her investments in this vehicle. There has been nary a peep from these scribes about Mr. Taveras' own walk down Wall Street with the Providence Investment Commission, which totally overshadows her sally onto "The Street." In the May 23, 2013 report provided to the Providence Investment Commission, the retirement assets of Providence employees in hedge funds was 19.2 percent—dwarfing the 12.5 percent that the State Investment Commission has put into hedge funds. The Providence Investment folks have also allocated 1.3% in private equity, including Point Judith Venture Equity. If the mere investment percentages mean one is beholden to Wall Street, Mr. Tavares would be the champ chump.

Apparently, anticipating that he was going to announce for Governor, he has tried to reduce this exposure so he could throw brickbats at Ms. Raimondo. On September 30 hedge fund investments in Providence were at 16.6—still higher than the state's allocation. On October 22, right before his announcement, the Commission dumped some

investments to bring the total to 14 percent, with private equity at 1 percent.

With the state firefighters endorsing Mr. Taveras, despite his ties to Wall Street being stronger than Ms. Raimondo's, one can see that the real issue is actually about her drive for pension reform. The irony of this attack is that she should actually be thanked for making sure that public employees have a pot of gold at their end of the rainbow. Younger people in in the public sector system were going to find straw dust instead.

Hedge funds are a tool which most prudent investors use. These funds are supposed to stabilize investments since they usually go up when the market goes down. All of us are familiar with the expression of "hedging a bet," which makes a lot of sense. Casting opprobrium on the use of one tool in the toolbox is just plain

I suspect something else is in play by these good old boys. They hate the thought of a successful and smart woman who doesn't kowtow to their "brilliance." Ms. Raimondo deserves the accolades of all of us in the private and public sector for averting a disaster, something the boys club had failed to do for years. Now they just want to take her out for her audacity in promoting reform.

Mr. Taveras will, no doubt, revert to innuendo about her receiving funds from outsidersdespite her policy of not accepting donations from those investment managers who do business with the state treasurer's office. One has to wonder whether his lackluster fundraising is really about

I hope the foolishness of the "boys" club ceases and that the challengers and their proxies can begin to address the real issues facing this state, as opposed to the concocted issues. Then again, maybe they don't have anything to say.



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Local pianist's 50-year-old performance immortalized by renowned artist

Q. I have an original cartoon done by Paule Loring, who did work for the Providence Journal



Karen **WATERMAN**

among other papers. The cartoon depicts my father, Al Hart, playing the piano for a PTA production of, "It's So Peaceful In the Country," in Little Comp-

ton. It seems the original accompanist went missing a few days before the show opened so they called in my father to the rescue. And he started to play the wrong song. Then the music had to stop! (which is also the title of the cartoon).

I would like to know what the original drawing is worth. The article from the paper describing the story is pasted onto the back of the frame and my mother wrote in the date of May 9, 1963.

A. Paule Stetson Loring (1899-1968) was an internationally known artist known for his caricatures and watercolor

seascapes. His career began as a World War II correspondent which led to a long career as a political cartoonist for the Providence Journal-Bulletin. His work became well known and his cartoons were in many newspapers and magazines around the country. He retired to Wickford, Rhode Island in 1963 where he built a sailboat and gave art lessons in his studio called "Loring's Sea Shanty." A large collection of his work was donated to the University of Rhode Island Library by his wid-

His cartoons generally sell in the \$125 range at auction. The politically controversial cartoons depicting subjects like Hitler appeal to a larger audi-





of events, people, etc. available for purchase eastbayri.com

Photos

DiscoverNewport.org

DEM seeks public comment; tautog fishery heating up

The Division of Fish and Wildlife of the Department of Environmental Management (DEM) will solicit public comment on a variety of management plan proposals at 6 p.m. on Tuesday, November 19, at the University of Rhode Island



Bay Campus, Corless Auditorium, South Ferry Road, Narragansett. Written comments concerning the regulations proposed by DEM may be submitted to the Division of Fish and

Wildlife, 3 Fort Wetherill Road, Jamestown, RI 02835 no later than noon on November 19.

Recreational fishing big business in US

The American Sportfishing Association (ASA) held their annual summit in Florida and a key focus was the state of the industry. Michael Nussman, ASA president and CEO, said "According to the latest U.S. Fish and Wildlife Service national study, America's anglers spend \$48 billion per year on fishing equipment, transportation, lodging and other expenses associated with fishing." Other agenda items discussed at the summit included challenges and opportunities facing fisheries management as well as the latest trends and insights from customers regarding recreational fishing. For additional information visit www.asafishing.org.

Where's the bite

Bonito. Matt Conti of Snug Har-

bor Marina, South Kingstown said, "Customers are still catching bonito along the southern coastal shore mixed in with bluefish and striped bass." Ken Landry of Ray's Bait & Tackle, Warwick said, "One of my customers was trying to reach what he thought were bonito at the mouth of the Narrow River in Narragansett Sunday. The fish were breaking just beyond his casting range from shore."

Striped bass fishing has slowed off Block Island, according to Conti. "A few fish are being caught on the southwest side of Block Island, however, anglers along the southern coastal shore continue to land school bass in the 26" range," he said. Dave Henault of Ocean State Tackle, Providence, said, "Ivan Brown of Texas fished Beavertail Point this weekend and landed a 39", 18-pound striped bass." John Littlefield of Archie's Bait & Tackle, East Providence, said "School bass and bluefish continue to be caught in the Providence River off Sabin Point and further north around the Hurricane Barrier and Hemingway's Restaurant."

Tautog fishing was by far the species target by most anglers this week. "The Brenton Reef area off Newport has been very good," said Conti. "Tautog fishing has been very good at Seal Ledge and around can number two and four off Newport, with a fair bite at Coddington Cove, Middletown," said Landry. In Narragansett Bay, "Anglers are finding fish at Rocky Point, at the day marker in the Warren River and at Conimicut Light with keeper fish in the six to eight pound range. The ratio was one keeper to every seven or eight fish which is a lot better than it has been the past couple of weeks,"

said Littlefield. Dave Henault and Cody Trostel fished for tautog off Little Compton and in the Horseneck Beach area this week aboard Bounty Hunter Charters. Henault said, "Our party landed about 100 tautog and out of that about 36 were keepers, with my heaviest weighing nine pounds three ounces." Roger Simpson of the Francis Fleet said, "Tautog of eleven and ten pounds were recorded this past week as well as a few others in the seven and eight pound range. It is very early still and the waters are on the warm side so as things cool down this fishery will continue to improve."

Offshore fishing was good this week when the weather was warm and seas calm enough to get out. "Yellow fin tuna were caught at the canyons early this week and anglers are expected to fish offshore again this week as weather permits," said Conti.

Fresh water fishing anglers were buying shiners at Ray's Bait & Tackle this weekend targeting bass and trout in ponds stocked by DEM (visit www.dem.ri.gov for a listing of stocked ponds and lakes). Littlefield said, "Sunday morning one of my customers caught a six pound largemouth bass at the Brickyard in Barrington, on the Legion side. He was using shiners for bait."

Captain Dave Monti has been fishing and shellfishing on Narragansett Bay for over 40 years. He holds a captain's master license and a charter fishing license. Contact or forward fishing news and photos to Capt. Dave at dmontifish@verizon.net or visit his website at www.noflukefishing.com.

The Tides*	HiAM	HiPM	LoAM	LoPM	Sunrise	Sunset
Wednesday, Nov. 6	9:40 (5.4)	0:06 (4.5)	2:21	3:18	6:23	4:34
Thursday, Nov. 7	10:35 (5.2)	11:03 (4.4)	3:10	4:09	6:24	4:33
Friday, Nov. 8	11:33 (4.9)	—(—)	4:02	5:08	6:25	4:32
Saturday, Nov. 9	12:02 (4.3)	12:32 (4.7)	5:03	6:24	6:26	4:31
Sunday, Nov. 10	1:03 (4.3)	1:33 (4.4)	6:26	7:55	6:27	4:30
Monday, Nov. 11	2:04 (4.4)	2:35 (4.3)	8:33	8:56	6:29	4:29
Tuesday, Nov. 12	3:06 (4.5)	3:37 (4.2)	9:42	9:40	6:30	4:28
Wednesday, Nov. 13	4:07 (4.6)	4:35 (4.2)	10:34	10:15	6:31	4:27
Thursday, Nov. 14	5:03 (4.8)	5:29 (4.2)	11:17	10:47	6:32	4:26

Full Moon November 17 — New Moon December 2

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* Information is based on tides in Bristol Harbor.



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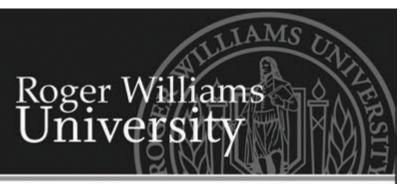
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Let's hear it for the clubhouse guys

ow that we've gotten a little rest and a little perspective, I think 2013 could be the best Red Sox season ever. I wasn't around for the Impossible Dream team in

CROMWELL

1967 or really aware of the great 1975 team, but let's face it, if you don't win the World Series, the season ends on a down note. 2004 was fantastic — and the only season that

might come close to this one but the great moments of 2004 were more about vanquishing the Yankees in the ALCS than mowing down the Cardinals. While the storyline in 2004 was about overcoming a curse (and the dreaded Yankees), this year was supposed to about rebuilding: mixing rookies with "clubhouse guys" and hoping to compete with the talent-laden teams in the AL East. The 2013 World Champion Red Sox defied expectations and by all accounts, developed into an allclubhouse team, winning with grit and playing with maximum effort each day.

I usually use this space to call someone out or criticize a political move, but I'm going to rip a page out of the 2013 Red Sox book and do something unexpected: I'm going to be nice.

Rhode Island is really lucky to

Senators. When the John Chafee/ Claiborne Pell era ended, some folks, myself included, were concerned that Rhode Island would get lost in the small state shuffle without those senior members of the Senate to speak up for us. Other states have senators that are more high-profile and more media-hungry (think Chuck Schumer and Ted Cruz) to raise their states' concerns but Senator Reed keeps a far lower profile and focuses on what needs to be done. While he's never done a turn on the late night talk shows, he's certainly has been a go-to resource for the Sunday morning hosts who want to interview serious policy makers who can look beyond the politics to talk substance. As a constituent I appreciate that he's well-informed—even if I don't agree with some of his votes—but I'm actually a fan because he's a clubhouse guy.

When I was working on the Sundlun campaign in 1990, then State Senator Jack Reed was running for Congress. After the primary, the democratic candidates would meet periodically for coordinated campaign meetings. One fall morning I was unloading boxes of campaign materials out of my trunk just before one of these meetings. Several of my male coworkers walked by, said hello and walked into the meeting. As I was unloading the last box, a man I didn't know stopped and asked if

declined since it was the last one, but he waited and opened the door to the office, while introducing himself. I remember thinking, "Nice guy, that Jack Reed. I wonder if he'll beat Trudy Coxe."

A generation later, that same nice guy—now Rhode Island's senior U.S. Senator—came to Bristol to swear in the new Colt-Andrews Elementary Student Government. He led twenty-five serious little faces through their oath to "be respectful and responsible" and "uphold the honor" of their school. He spoke about how important it was to be honest and to work hard and then congratulated each child on his or her election. Although this group of constituents is still ten years away from casting a ballot, Senator Reed shook every hand and posed for every photo, never looking for the exit or talking about the next thing on his schedule.

So Texas can have both Nelson and Ted Cruz and New York can certainly keep A-Rod and Chuck Schumer. We're happy here with clubhouse guys like Jonny Gomes and Jack Reed-and we understand just how lucky we are.

Cara Cromwell is a public affairs consultant with more than twenty years experience managing issues campaigns for corporations, nonprofits, associations, coalitions and candidates on both sides of

MUSIC: RWU junior brings music to foster children

From Page 1

An imperfect safety net may exacerbate a foster child's struggle to achieve normalcy. "Most of the time, kids moving between homes can only take two garbage bags of belongings with them," Jason says. (Another Together We Rise initiative, "Sweetcases," is seeking to address that, distributing duffel bags packed with a blanket, toiletries, books and a pillow pet to foster children-learn more at www.togetherwerise.org/projects/sweetcases.)

When pitching his project to Together We Rise, Jason listed a number of benefits of learning to play an instrument, including fostering self-expression; teaching discipline, responsibility, and perseverance; and relieving stress, anger management, and depres-

Playing music wasn't always something Jason did, while growHow to help:

Jason is accepting monetary and equipment donations, via a fundraising page: https://www.fundraise.com/together-we-risecorporation/musical-instruments-for-foster-children. He can also be reached through his project Facebook page: https://www.facebook.com/musicforfosterhomes?ref=hl, his email:

jrosa838@g.rwu.edu; or his cell: 401/654-9843.

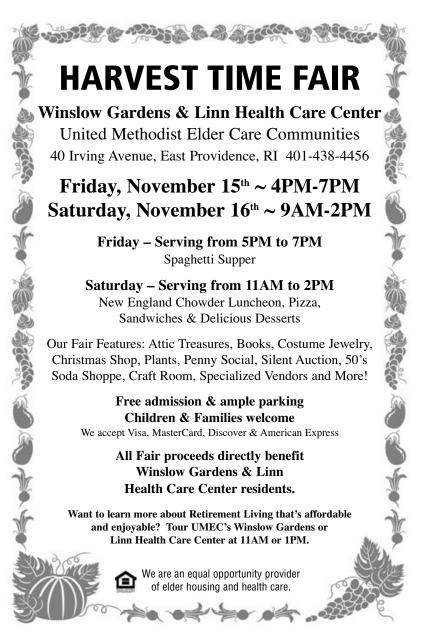
only picked up the guitar four years ago-and the piano last year. Surprisingly, he's never even

taken a traditional lesson, per se: "I basically learned how to play the guitar off YouTube," he says.

For Jason, who wants to go into digital marketing after graduation, this project is more than a little personal. As a child, he dealt with stress and anxiety through sports and exercise, but found that wasn't enough. "I started playing the guitar during the summer of my junior year in high school after my from Cranston West. In fact, he songs," he says. "That Christmas I selves in a positive way."

asked my parents for a guitar and I haven't looked back since-and my grades dramatically improved the more I played." Jason also credits the guitar with helping him overcome a tendency toward shy-

"Music has made such a positive impact in my life," he says. "I believe it is so important that kids get to experience the beauty that is music. With foster kids facing more problems and adversity than the average child, I believe it is necessary that they get the ing up in Cranston and graduating friend had taught me some basic opportunity to express them-







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Fall is scotch-drinking weather

BY BRIAN "THE BEER GUY" **BUONGIOVANNI**

Fall is in full swing, and just as the seasons change, so do drinking habits. White wine drinkers are turning to reds, beer drinkers are reaching for darker, stronger beers, and spirits drinkers are making the remarkable switch to single malt scotch.

I know you all anticipated an article on...well...beer! But I'd be remiss to leave out the mention of single malt scotches for the autumn.

Spirits can be a confusing market to follow, and when you're standing in the liquor store staring at a wall of beautifully decorated bottles marked Scotch, Rye, Blended and so on it can be difficult to discern which one contains the libation best suited to your personal taste.

Let's begin with the most basic question: What is a single malt scotch? According to our friend, The Internet: "Single Malt Scotch is single malt whisky made in Scotland using a pot still distillation process at a single distillery, with malted barley [yes, the same as beer!] as the only grain ingredient. As with any Scotch whisky, a single malt Scotch must be distilled in Scotland and matured in oak casks for at least three years (most single malts are matured longer).

'Malt' indicates that the whisky is distilled from a 'malted' grain. Several types of grains can be malted (for example, barley, rye and wheat are all grains which can be malted); however, in the case of single malt Scotch, barley is always the only grain used.

'Single' indicates that all the malts in the bottle come from a single distillery. Bottlings containing malt whisky from multiple distilleries are called 'blended

And why are single malts popular during the cooler seasons? Quite simply it's a heavy spirit that is enjoyed for its substantial body and warming effect. Not



something suited for hotter weather when you typically want something cool, light and refresh-

One of the most distinctive qualities of a single malt scotch is the region of origin. Each region in Scotland produces a product that has its own unique flavor, aroma and finish. There are four primary regions in Scotland: Islav. Lowland, Campbeltown and Highland (which also contains the two subdivisions: Island and Speyside.)

The next time you're in a liquor store take a moment to look at the single malt labels. You'll notice that the region of origin is prominently displayed. Some of these regions produce more of a peat flavor, while others bring an intense aroma to their scotch.

The amount of time a single malt spends aging in its respective barrel also lends to its characteristics. When you read a label like "Glenlivet 12" or "Macallan 18" the number after the name of the distillery indicates the number of years that scotch has been aged. The more time a scotch spends in the barrel, the smoother it becomes and the more characteristics of the oak are imparted onto the drink. Naturally more time put into the production comes with a higher cost

for the final product.

Some single malts are finished in different casks to impart various notes onto the Scotch. Sauternes, sherry or port casks can be used to deliver some sweetness, while rum casks are used to accent the vanilla notes in the final product.

When it comes time to enjoy a single malt scotch there are many different characteristics which add to the experience. The water and barley from each Scottish region imparts its own unique characteristics while the creative use of varying casks will alter the flavor in countless other ways.

Your best bet is to sample single malt scotches from various regions to find the flavor best suited for you. And most importantly, have fun with it.

Cheers!

Brian "The Beer Guy" handles the Craft Beer selection at Brickyard Wine & Spirits in Barrington and organizes the new East Bay Homebrewers Club. He can be reached at crew@brickyardwine.com.



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Spectacular squash, in season

'inter squash are a family of squash commonly seen in the fall and winter seasons. They have hard skins for protection from

Emily DELCONTE

cold weather and firm flesh that can be used in side dishes, entrees, and desserts. There are many varieties, all of which are rich in fiber, and vita-

mins A and C. They also contain healthy omega3 fats and high levels of antioxidants that are beneficial for cardiovascular health.

Although winter squash may look intimidating to peel and cook, they are quite easy to prepare. Most squash do not need to be peeled at all- the flesh can be scooped out after cooking. Simply slice the squash in half lengthwise, remove the seeds and

- Roasting: Place flesh side down in a baking pan with a little bit of water and bake for about 45 minutes.
- Microwaving: Place flesh side

down in a microwave safe dish and cook for about 15 minutes.

■ Steaming: Peel and chop into cubes and steam for 7-10 min-

Since every winter squash has a unique flavor it can be difficult to decide which one to try. Follow the tips below to select and use the right squash for you:

■ Acorn Squash:

- Selection: Choose one with orange and green skin. When cut open, it will have yellow flesh that is slightly sweet.
 - How to Use: Try cutting it in

See FACING PAGE

Fall brings apples, apples mean pie

BY LYNDA REGO

I make one or two apple pies each fall to herald the arrival of the autumn leaves, nippy temperatures and crisp apples lining the shelves at the grocery store or farmers' market.

I've been tweaking this recipe for years, trying different types of apples and amounts of sugar. The Fuji has become my apple of choice in the last year or two. They are crisp right through the winter, are sweet to eat, and bake up nicely in all types of sweet and savory dishes.

This pie is finally just right. Juicy, but not so juicy that the crust gets soggy; not too sweet, and with a nice texture to the apples.

Apple Pie

Makes a 9- to 10-inch pie

7 large Fuji apples, peeled and sliced



Dot the top of the filling with bits of unsalted butter before covering it with the top crust.

and sliced (keep separate)

- 1 large Macintosh apple, peeled
- 1 tablespoon flour
- 1 teaspoon ground cinnamon
- 1/8 teaspoon ground nutmeg
- 1/4 teaspoon salt
- 2 tablespoons unsalted butter
- Pastry for a two-crust pie
- Milk and raw sugar

Place the Fuji apple slices on a rack set in a jelly roll pan and bake for 20 minutes in a 375°F. oven. Set aside to cool. Raise oven temperature to 425°F.

See FACING PAGE





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- 3. Carefully cut spaghetti squash in half lengthwise. Scrape out the seeds and discard. Using a fork, twist out the strands of the spaghetti squash flesh and place in a large bowl to
- 4. In a small bowl, whisk together the olive oil, vinegar, and salt. Pour over the cooled spaghetti squash and toss.
- 5. Add pecans, apples, and green onions. Stir well.
- 6. Serve cold and enjoy!

Nutrition Information per Serving: 125 calories, 9 gm fat (1.5 gm saturated, 7.5 gm unsaturated), 13 gm carbohydrates, 3 gm fiber, 1.5 gm protein, 35 mg sodium

Spectacular squash, in season scrape out the bright yellow flesh for 15 minutes. Turn halfway

salad, bread, soft drinks and

ty Center, Wood St. tunnel

homemade desserts will be served

from 4-7 p.m. on Saturday, Nov.

16, at Franklin Court's Communi-

entrance, Bristol. Donate canned

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From **FACING PAGE**

half and roasting with a little bit of cinnamon or maple syrup for a sweet treat.

■ Butternut Squash:

NIBBLES

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you want to share? Send it to us

at life@eastbaynewspapers.com.

A harvest supper will be held at

the First Baptist Church in Tiver-

ton. 7 Old Stone Church Road; on

Saturday Nov. 16 at 5:30 p.m.

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for reservations.

Macaroni dinner

Harvest supper

- Selection: Look for one with cream colored skin, free of any
- How to Use: It's deep orange flesh can be blended into soups or mashed as a side dish.
 - Delicata Squash:
- •Selection: Choose squash with yellow and green skin.
- •How to Use: It's deep yellow flesh is not as sweet as others so it is best used in savory side dishes.
 - Spaghetti Squash:
- Selection: Look for one with cream colored skin.
- •How to Use: Cut it in half, scoop out the seeds and bake until flesh is soft. When you

it has a spaghetti-like form that is perfect for tossing in your favorite sauce as a substitute for

Spaghetti squash with apples & pecans

Makes eight 1/2 cup servings.

- 3 pounds spaghetti squash ■ 2 tbsp. extra virgin olive oil
- 1 tbsp. + 1 tsp. apple cider vine-
- Pinch salt (optional)
- 2 Gala apples, chopped with
- 1/2 cup pecans, coarsely chopped
- 3 green onions, chopped
- 1. Using a large, sharp knife, pierce the spaghetti squash in several places. Place in a glass baking dish and cook in the microwave, on high,

Fall brings apples, apples mean pie

From FACING PAGE

Mix sugar, flour, cinnamon, nutmeg and salt in a large bowl. Add the Fuji and Macintosh slices and toss until evenly coated.

Heap into a pastry-lined pie plate. Dot with bits of the butter. Cover with top crust and crimp the edges. Cut vents for steam to escape. Brush the top with milk and sprinkle with raw sugar.

The pie sometimes drips a little; so, place a sheet of foil on the rack below the rack for the pie. Bake pie for 10 minutes. Lower heat to 350° and bake another 45 minutes. Cool on a rack before cutting.

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November is Family Month

Sunday Kids Eat Free with Adult Meal • Turn Back Time Menu Mon-Wed 3-9pm Thursday Family Pasta Night

294 Child Street, Warren RI • 401-245-4052 Mon, Wed, Thurs 11am-10pm, Dining til 9pm • Fri & Sat 11am-11pm Dining til 10pm . Sun Noon-10pm, Dining til 9pm

Join us Sunday, November 10th 5:30-8:30pm **Traditional Corned Beef & Cabbage Dinner** FULL MENU AVAILABLE **Book Your Holiday Parties Now!**

Fresh Seafood • Certified Angus Steaks • Sautes • Chicken • Pasta John Connors & The Irish Express Band

CROSSROADS

THREE UNIQUE DINING ROOMS • VICTORIAN LOUNGE **Private Banquet Room Available For Parties Up To 50 People**

133 MARKET STREET • WARREN • RI • 245-9305

www.crossroadsrestaurantri.com

To Submit Calendar Items

BY E-MAIL (PREFERRED): life@eastbaynewspapers.com

BY PHONE: 401/253-6000 x150

BY MAIL: Calendar - East Bay Life, PO Box 90,

Bristol, RI 02809 BY FAX: 401/253-6055

Or stop by any of our offices. Listings are coordinated by Christy Nadalin. Photos or artwork are encouraged but cannot be returned.

DEADLINE: Noon on Friday before publication



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November 7

The Kennedy Assassination: 50 Years

Everyone who was alive in the early sixties remembers the day that John F. Kennedy was assassinated. Christopher Daley, local historian and teacher, will give a 90 minute multimedia slide presentation in which the audience will relive November 22nd, 1963 in vivid detail through the use of witness statements, photographs, diagrams, his own pictures and videos of sites in Dallas and the famous Zapruder Film.

WHERE: In the Yellow Building down the lane from the Sandywoods Center for the Arts, off of Bulgarmarsh Rd. in Tiverton.

WHEN: 6:30 p.m. COST: Free.

Contra dance series

With support from the RI State Council on the Arts (RISCA), the Atwater-Donnelly Duo, national touring traditional folk musicians and dancers, are launching a contra dance series. Setting this series apart is the fact that they will be including some of the old "Chestnuts"-a term sometimes used for a group of older dances, ones that have been part of the contra repertoire for between 100 and 200 years.

WHERE: The Mary Quirk School, 790 Main St.,

WHEN: 7:30-10 p.m.; Thursdays, November 7, 14, 21; December 5, 12, 19.

COST: \$5 donations accepted.

MORE INFO: www.facebook.com/eastbaycontradance.net

Rhode Island Master Artist Denny

Imago Foundation for the Arts will present a talk by Rhode Island photographer Denny Moers, IFA's first Rhode Island Master Artist, this Thursday. Moers will speak about his long and accomplished artistic career with special emphasis on the key influences that helped him develop as an artist. His work is also on display in the gallery through November 9 as part of IFA's current open juried photography exhibit. The gallery is open Thursdays from 4-8 p.m. and Fridays and Saturdays from noon-8 p.m.

WHERE: Imago Gallery, 36 Market St., Warren.

WHEN: 7 p.m.

MORE INFO: www.imagofoundation4art.org.

Explore Yoga and Writing at Barrington Public Library

Get past personal obstacles to the writing process through yoga. Explore how yoga and writing are complementary and mutually supportive practices; how together they bring us into a more authentic relationship to ourselves and to our work; and how writing from this more authentic place helps us to get our writing work done. Led by actor, director, teacher and writer Kate Lohman and certified voga teacher, writer and editor Aggie Stewart.

WHERE: Barrington Public Library, 281 County

Road, Barrington. WHEN: 6:30-8:30 p.m.; Thursday, November 7.

MORE INFO: Seating is limited. Register online at: http://goo.gl/3na2Di or call the reference desk at 401-247-1920 x 2.

SPOTLIGHT



RICHARD W. DIONNE, JR.

'Sons of the Prophet'

tephen Karam's explosively funny comedy, featuring Vince Petronio as Bill and Paula Faber as Gloria (above), is about the extreme suffering of a Lebanese family distantly related to Kahlil Gibran. "Sons of the Prophet" will play DownStage at 2nd Story Theatre through November 24.

WHERE: 28 Market St., Warren. WHEN: October 25-November 24 COST: \$20/\$25. MORE INFO: 401/247-4200;

2ndstorvtheatre.com

November 8

Rehoboth Contra Dance

All dances will be taught by caller Steve Zakon-Anderson. Music will be performed by Notorious, with Eden MacAdam-Somer and Larry Unger. Beginners welcome. Partners not necessary.

WHERE: Goff Memorial Hall, 124 Bay State Road, Rehoboth.

WHEN: 8 p.m.

MORE INFO: 508/252-6375; http://www.contradancelinks.com/rehoboth.html.

Boatbuilding & Restoration Open House

Come to IYRS for an open house at the school's Newport campus. Attendees will have an opportunity to observe students on the shop floor, meet IYRS instructors, and participate in a question-and-answer session on the application process and financial aid.

WHERE: Restoration Hall, IYRS Newport Campus, 449 Thames St., Newport.

WHEN: 2-5 p.m.

COST: Free.

MORE INFO: 401/848-5777, x216; www.iyrs.edu.

Saturday November 9

5th Annual Fall Festival of Children's Authors and Illustrators

This Saturday, Barrington Books will present the 5th Annual Fall Festival of Children's Authors and Illustrators, featuring book signings by authors and illustrators including Barrinton resi-

dents R.W. Alley & Zoë Alley; Barrington resident Mary Begin; Brian Lies; Ammi-Joan Paquette; and Jennifer Thermes. Also, goodies, giveaways, face painting and more!

WHERE: Barrington Books, 184 County Rd., Bar-

WHEN: Noon-3 p.m., Saturday, Nov. 9.

MORE INFO: 401/245-7925; www.barringtonbooks.com.

Harvest Fair in Portsmouth

Atria Aquidneck Place will host a Harvest Fair to benefit the local Portsmouth Senior Center and the Alzheimer's Association. Great holiday gifts, handmade jewelry and crafts, gently used books, free raffle, apple cider and sweet

WHERE: Atria Aquidneck Place, 125 Quaker Hill Lane, Portsmouth.

WHEN: 1-4 p.m.

MORE INFO: 401/683-0725

Holiday Craft and Vendor Fair in Warren

Over 30 crafters and vendors will display their wares to help you with your holiday shopping. Soups, meat pies and other lunch favorites will be served, as well as baked goods and beverages.

WHERE: St. Mary of the Bay church, 645 Main St., Warren.

WHEN: 9 a.m.-2 p.m. COST: Free.

Bird Feeding Bonanza

Make your backyard a bird sanctuary! A representative from Aspen Song birdseed will share ways to attract wildlife with seed, feeder, and location choices. Placing a bird feeder is like real estate...location is everything. Bring your bird feeding challenges to us, and we'll review creative solutions that work. Registration required.

'Golda's Balcony' at the Bristol Statehouse

SPOTLIGHT

'illiam Gibson's onewoman tour de force gives us great insight into a personal and public life that made Golda Meir a legendary world leader. It's a dramatic look at idealism, power, and the strength it took to shape the destiny of a nation. Directed by Bryna Wortman, featuring Sandra Laub as Golda Meir, and produced by 2nd Story Theatre, this special event is presented to commemorate the anniversary of Kristallnacht.



WHERE: The Courtroom at The Bristol Statehouse, 240 High St., Bristol.

WHEN: November 8-December 8.

COST: \$30.

MORE INFO: 401/247-4200; 2ndstorytheatre.com

WHERE: Audubon Environmental Education Center, 1401 Hope St., Bristol.

WHEN: 10 a.m. COST: Free.

MORE INFO: www.asri.org.

'Twelfth Night'

A free public performance of the Shakespeare classic "Twelfth Night," by actors from the Brown University/Trinity Rep MFA Programs. Full of gender-bending disguises, Twelfth Night takes you on a roller coaster of unexpected turns and confirms that love is so much more than meets the eye. Spurned suitors, servants with delusions of grandeur, and cross-dressing confusion—it's a hot mess that's likely to put someone in the madhouse.

WHERE: Sandywoods, 43 Muse Way, Tiverton. **WHEN**: 3-5 p.m.

COST: Free.

MORE INFO: 401/241-7349; www.sandywoodsmusic.com.

Dawn Kenney Band

Raised on the traditional country greats, Dawn Kenney has been making music since before she could walk. Her music resonates with echos of the Grand Old Opry. She brings her love of bluegrass, country, folk, and gospel music woven together to create her own unique genre-defying sound.

WHERE: Sandywoods, 43 Muse Way, Tiverton. **WHEN**: 7:30 p.m.

COST: \$12 advance, \$15 at the door. MORE INFO: 401/241-7349; www.sandywoodsmusic.com.

Hope & Main to hold info session

Hope & Main will hold an information session on its incubator program for potential applicants ahead of its December 17 early-decision deadline. Mentors from the Hope & Main team will be there to answer questions and to walk potential applicants through the application process.

WHERE: Hope & Main's temporary office, located at The Handkerchief Factory, 569 Main St., War-

WHEN: 9 a.m.

MORE INFO: Be sure to register online: http://hopeandmainnov13infosessioneorg.eventbrite.com/.

Open studio demonstration

In conjunction with the Newport Art Museum exhibition "19@25" the Museum's art school The Coleman Center for Creative Studies will host an Open Studio demonstration with artist Grace Bentley-Scheck. The public is invited to watch Bentley-Scheck's printmaking process and ask questions.

WHERE: Newport Art Museum, 76 Bellevue Ave. **WHEN**: 10 a.m.-1 p.m.

COST: Free.

MORE INFO: 401/848-2787; NewportArtMuse-

12-Hour Art Marathon

Bring your art supplies and create! The Portsmouth Arts Guild and Annex Comics will be hosting a 12-hour Art Marathon this Saturday. Stay an hour...or 12. The day's events will include creative prompts, story-telling and art games and artist demonstrations. Bake sale in the morning, light refreshments in the evening. Bring your art supplies-dry media or watercolor only please—and your creativity.

WHERE: Portsmouth Arts Guild, 2679 E. Main Rd., Portsmouth.

WHEN: 10 a.m.-10 p.m.

COST: Free.

MORE INFO: For a full schedule of events, please visit www.PortsmouthArts.org or contactinfo@PortsmouthArts.org.

Becky Chace performs in Warren

Roots rocker Becky Chace, chosen Best Female Vocalist 5 times by the Providence Phoenix Best Music Poll, was also chosen Best Folk Singer/Songwriter in 2006. Becky has been called "one of the most celebrated singer/songwriters to come out of the RI. area."

WHERE: Church Street Coffeehouse, in the lower level of the First United Methodist Church, 25 Church St., Warren.

WHEN: 8 p.m.

COST: \$12.

Turkey roll

The 41st Annual St. Jean Baptiste Turkey Roll will be held this Sunday in the lower church. This fun and fastpaced event features food, games, raffles, door prizes and, of course, the big turkey roll where at least 75 turkeys will be raffled off. Come join in the fun!

WHERE: St. Jean Baptiste, 328 Main St., Warren. WHEN: Noon-4 p.m.

MORE INFO: 401/245-7000 x 21.

Opening Reception, Portsmouth Arts Guild Holiday Show

Show will run through December 22. All pieces priced at \$200 or less.

WHERE: Portsmouth Arts Guild, 2679 E. Main Rd., Portsmouth.

WHEN: 2-4 pm

November 11

Veterans Day at Audubon

Discover the natural world with funfilled family activities including crafts, animal interviews, nature stories and more. No registration is required. 10 a.m.-2 p.m., nature craft table; 10:30 a.m. and 2:30 p.m., nature story; 11:30 a.m., wildlife hike (weather permitting); 1:30 p.m., animal interview.

WHERE: Audubon Environmental Education Center, 1401 Hope Street, Bristol.

WHEN: 9 a.m.-5 p.m.

COST: Programs are free with admission.

MORE INFO: www.asri.org.

November 13

Saul Kaplan speaking at RWU

The RWU Mario J. Gabelli School of Business presents Saul Kaplan, founder and chief catalyst of the Business Innovation Factory, a real-world laboratory for exploring and testing new business models and social systems that has attracted a global community of more than 5,000 innovators. An expert in collaborative innovation, Mr. Kaplan will share his insights on the requirements for successful leadership as well as how to create and sustain innovation in a lecture titled "Leadership and Innovation." A book signing will immediately follow his presentation.

WHERE: RWU Feinstein College of Arts and Sciences Building, Room 157

WHEN: 4 to 5 p.m.

'Gap-Toothed Women'; 'Donald Judd's Marfa Texas'

The Four Corners Arts Center is pleased to present the film "Gap-Toothed Women" and "Donald Judd's Marfa Texas" as their final films for the Fall Film Series.

WHERE: The Meeting House, 3850 Main Road, Tiverton Four Corners.

WHEN: 7:30 p.m.

COST: Free.

MORE INFO: 401/624-2600; info@fourcorner-

'Common Sense Principles of Tree Care'

Scott Wheeler, an ISA Certified Arborist, will speak on "The Common Sense Principles of Tree Care" and the challenges to improve Portsmouth's Community Forest, following the Portsmouth Garden Club meeting.

WHERE: Atria Aquidneck Place, 125 Quaker Hill Lane, Portsmouth.

WHEN: 12:30 p.m.

MORE INFO: m_mastrorio@yahoo.com.

SPOTLIGHT



22nd Annual Cornucopia at Pennfield

¬ he Pennfield School will host its 22nd Annual Cornucopia Professional Fine Arts and Crafts Sale this weekend. Over 60 professional artisans will display for sale their works of art including woodworking, jewelry, clothing, pottery, photography, home decor and other finely-made crafts. Cornucopia is a juried show and artisans are selected to participate based on the qual-

WHERE: The Pennfield School, 110 Sandy Point Ave., Portsmouth.

WHEN: The event opens with a preview party from 6-8 p.m., Friday, Nov. 8. Enjoy the evening sampling delicious hors d'oeuvres, sipping wine and beer, socializing and shopping. Cornucopia continues on Saturday, Nov. 9, from 9 a.m.-4 p.m.

COST: Admission on Saturday is \$2 for adults and free to children. Preview Party tickets can be purchased for \$20 in advance at www.pennfield.org/community/cornucopia.php; or \$25 at the door.

MORE INFO: 401-849-4646.

ity and uniqueness of their art. All products are created by local artisans.

November 14

Bristol Statehouse Foundation hosts 'Great Decisions'

Community members interested in discussing the major international issues facing the United States today are invited to participate in "Great Decisions." This month's topic: "China in Africa." Although not required, a Great Decisions 2013 briefing book is \$20 at www.fpa.org.

WHERE: Bristol Statehouse, on the Bristol Town Common at High Street.

WHEN: 10 a.m.

COST: Free

Music

'The Britten Legacy'

The Providence Singers will present a concert to celebrate the 100th birthday of English composer Benjamin Britten. "The Britten Legacy" [will include Rejoice in the Lamb and Hymn to St. Cecilia, as well as the Festival Te Deum, a work Britten composed when he was 16 years old.

WHERE: Cathedral of Saints Peter and Paul, Providence (Saturday); Immaculate Conception Church, Cranston (Sunday).

WHEN: 8 p.m., Saturday, Nov. 9; 3 p.m., Sunday, Nov. 10.

COST: Tickets are \$28 for general admission and \$5 for students with ID.

MORE INFO: Tickets are available at www.providencesingers.org, or by phone at 401-751-5700.

Aidan's Irish Pub

John St., Bristol; 401/254-1940 Sunday: An Irish seisiun, 5-9 p.m.

Atlantic Sports Pub

70 Shove St., Tiverton; 401/816-5996 Every Wednesday: Pro Karaoke by Rick & Ioan

Beach House

506 Park Ave., Portsmouth; 401/293-

Thursday: Karaoke with Johnny Angel; Friday: Team Trivia; Saturday: The Ghost

Benjamin's Sports Club

4 Stafford Road, Tiverton; 401/624-3899 Saturdays: Pro Karaoke with Rick & Joan

Bovi's Town Tavern

287 Taunton Ave., East Providence; 401/434-9670

British Beer Company

29 State St., Bristol; 401/253-6700

Friday: Box Groove; Saturday: Andre Arsenault; Tuesday: Team trivia; Wednesday: Open Mic with James.

Broadway Lounge

535 North Broadway, East Providence; 401/434-9742

Friday: Bobby Justin; Saturday: Jaded.

Custom House Coffee

600 Clock Tower Square, West Main Road, Portsmouth

Sunday: Open mic with Gary Fish, 2-5 p.m, guest musician 3 to 3:45 p.m.

The Coffee Depot

501 Main Street, Warren; 401/608-

Open Mic starts about 7:00 pm and follows the featured artist's 8:00-8:40 pm performance until 9:50pm., Fridays excluding holiday weekends. Bring a nonperishable food donation to benefit Bristol Good Neighbors.

DeWolf Tavern

259 Thames St., Bristol; 401/254-2005 Wednesdays: The Rick Costa Trio (jazz)

Federal Hill Pizza

495 Main St., Warren; 401/245-0045

Federal Hill Pizza features live music every Saturday night at 7:30 p.m. This week: Trinity.

The Knights of Columbus

28 Fish Rd., Tiverton

Karaoke every Friday night with Mariozations Studio; from 6:30-11 p.m.; Computer karaoke or BYO CD. Free admission. 50/50 raffle, hosted by Jesse Bertholde 401/297-6604.

LePage's Seafood

439 Martime St., Fall River; 508/677-

Fridays: Karaoke at 9 p.m.

Mulhearn's Pub

507 North Broadway, East Providence; 401/438-9292

Friday: Diving Ducks Blues Band; Sunday: Karaoke with Chase.

One Pelham East

270 Thames St., Newport; 401/847-9460

Thursday: Stu Sinclair with Never in Vegas; Friday: What Matters; Saturday: Brian Scott; Tuesday: DJ Blacklist; Wednesday: Jack Babineau.

133 Club

29 Warren Ave., East Providence; 401/438-1330

Wednesdays: Karaoke with Big Bill; Thursday: Mac Odom Band.

Oriental Pearl

576 State Rd., Westport

508/675-1501or 401/435-6565

Karaoke every Wednesday night with Cal Raye. 8:30 p.m.-12:30 a.m.

Scampi

657 Park Ave., Portsmouth; 401/293-

Fridays: Andre Arsenault; Saturdays: Alissa Musto.

'Sons of the Prophet'

Stephen Karam's explosively funny comedy about the extreme suffering of a Lebanese family distantly related to Kahlil Gibran will play DownStage at 2nd Story Theatre.

WHERE: 28 Market St., Warren. WHEN: Through November 24. **COST**: \$20/\$25.

MORE INFO: 401/247-4200; 2nd story the atre.com.

'A Christmas Carol'

Trinity Rep proudly continues the celebration of their 50th season with their annual presentation of Charles Dickens' "A Christmas Carol." Appealing to young and old alike, this heartwarming story of the power of forgiveness shows us that anything is possible—and hope is always just around the corner. This year's classic production boasts a new addition as Trinity Rep proudly presents a sensory-friendly performance of this family favorite at 2 p.m., Saturday, Nov. 9.

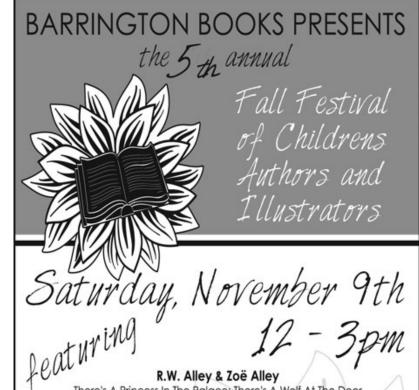
WHERE: Trinity Repertory Theatre, 201 Washington St., Providence.

WHEN: November 9-December 28. **COST**: \$36 adults; \$22 children (age 2-14). MORE INFO: 401/351-4242; www.trinityrep.com.

'Good People' at the Gamm

The Sandra Feinstein-Gamm Theatre stages the Rhode Island premiere of "Good People", Pulitzer Prize-winning playwright David Lindsay-Abaire's tough, tender and seriously funny play about class divisions and the shrinking American dream.

See **THEATER** Page 12



There's A Princess In The Palace; There's A Wolf At The Door

Mary Jane Begin

My Little Pony Under The Sparkling Sea; Willow Buds

Brian Lies

Bats At The Ballgame; Malcolm At Midnight; More

Ammi-Joan Paquette

Petey and Pru and the Hullabaloo; Ghost In The House; Rules for Ghosting

Jennifer Thermes

The Iciest Diciest Scariest Sled Ride Everl; There Are No Moose On This Island!

goodies, give aways, face painting & more!

401.245.7925 www.barringtonbooks.com 184 county road • barrington, ri 02806



From Page 11

WHERE: The Gamm Theatre, 172 Exchange St., Pawtucket.

WHEN: November 7-December 8.

COST: \$38/\$48.

MORE INFO: 401/723-4266; gammtheatre.org.

'Lombardi' at Ocean State Theatre

The Ocean State Theatre Company, which recently launched its first full season in its new state-of-the-art theatre in Warwick is proud to present Academy Award-winner Eric Simonson's new American play, "Lombardi." The New England premiere presentation will enjoy a limited run at Ocean State Theatre through November 24.

WHERE: Ocean State Theatre, 1245 Jefferson Boulevard, Warwick.

WHEN: November 6-24. COST: \$34-\$49.

MORE INFO: 401/921-6800;

www.0ceanStateTheatre.org.

Great American novels on the big

To celebrate National Novel Writing Month this November the Barrington Public Library will screen two films that celebrate the Great American Novel: "The Grapes of Wrath" and "The Great Gatsby." Come see movies the way they were meant to be seen, on the big screen with amazing surround sound.

WHERE: Barrington Public Library, 281 County Road, Barrington.

WHEN: 7 p.m., Tuesday, Nov. 12 (Grapes); 7 p.m., Thursday, Nov. 14 (Gatsby.)

COST: Free

MORE INFO: 401/247-1920.

Kids &

Campfire Hayrides

Nighttime campfire hayrides take you on a ride through the woods where you can cook at your campfire, sing songs and tell stories. Reservations required for all at night; groups during the day.

WHERE: Pachet Brook Tree Farm, 4484 Main Road, Tiverton.

WHEN: Any evening through November, with reservations.

COST: \$12 adults, \$10 children. MORE INFO: 401/624-4872

Weekly story times at East Providence libraries

No advance registration is necessary. Half hour storytimes include stories, songs, crafts, and other activities.

WHERE: Weaver, 41 Grove Ave., East Providence; Riverside, 475 Bullocks Point Ave., Riverside.

WHEN: Through December 7. Tuesdays, 1:30 p.m., ages 3-6, Riverside; Wednesdays, 9:30 a.m., ages birth-35 months, Riverside; Wednesdays, 6:30 p.m., ages 2-6, Weaver; Thursdays, 9:30 a.m., ages birth-35 months, Weaver; Thursdays, 10:30 a.m., ages 3-6, Weaver; Saturdays, 10 a.m., ages

MORE INFO:401/434-2453; 401/433-4877

Children's Reading Circle

Preschool children can join the fun every Thursday for stories, snacks and a craft activity.

WHERE: Partners Village Store, 865 Main Road, Westport

WHEN: 10:30-11:30 a.m. Thursdays

COST: Free

MORE INFO: 508/636-2572; www.partnersvillagestore.com

Children's Story Hour

Miss Margie reads several theme-related story and picture books geared towards the pre-school set, followed by craft time allowing the children to express their creativity based on the fun facts and stories they just heard.

WHERE: Barrington Books, Barrington Shopping Center, County Road, Barrington

WHEN: 10 a.m. Thursdays

COST: Free

MORE INFO: 401/245-7925; www.barringtonbooks.com

Young Children's Story Hour

Bring your little ones for stories geared for 3- to 5-year-olds. Includes a craft and light snack.

WHERE: Baker Books, Route 6, Dartmouth

WHEN: 10 a.m. Thursdays

COST: Free

MORE INFO: 508/997-6700; www.bakerbooks.net

MORE INFO: www.asri.org

Bookies

Read and act out great stories, tell jokes, make crafts, eat snacks, play games, and more! For grades 1-5.

WHERE: Weaver Memorial Library, 41 Grove Ave., East Providence.

WHEN: 3:45-4:45 p.m.; Tuesdays, Nov. 12 & 26. COST: Free.

MORE INFO: 401/434-2453.

Story time with Audubon

Enjoy story time with your preschooler each month. The programs include the reading of a nature story with hands-on activities followed by a nature craft. November 7 & 8: Time to Sleep by Denis Fleming. Ages 3-5; adults must accompany children.

WHERE: Audubon Environmental Education Center, 1401 Hope Street, Bristol.

WHEN: 10 a.m. and 1 p.m., Thursday, Nov. 7; 10

SPOTLIGHT



Amy Gallatin and Stillwaters in Bristol this Saturday

The powerhouse duo of Amy Gallatin and renowned resophonic guitarist Roger Williams joined forces a few years ago to explore their mutual love of

country standards, served up with an acoustic treatment in the bluegrass vein. The result is a toe-tapping blend of heartfelt vocals, soaring harmonies and red-hot picking-traditional, yet modern and distinct.

WHERE: The First Congregational Church, 300 High St., Bristol.

WHEN: 7:30 p.m.; Saturday, Nov. 9.

COST: \$15 per person, half price for students, free for children 5 and under.

MORE INFO: 401/253-4813 or 401/253-7288

a.m., Friday, Nov. 8. COST: \$5/member child, \$6/non-member child.

MORE INFO: Register online at www.asri.org.

Arts &

'From Waders to Warblers: A Photographic Celebration of Birds'

As an ecologist and artist, Brooks Mathewson's goal in avian photography is to express statements about the biology of his subjects while creating an artistic image. Through intense study of the forests, salt marshes and barrier beaches of Rhode Island, Brooks has assembled a body of photographic work that provides a comprehensive artistic visual narrative conveying the great diversity of migratory and resident avian life that inhabit these ecosystems.

WHERE: Audubon Environmental Education Center, 1401 Hope Street, Bristol. WHEN: Through December.

COST: Free with admission. MORE INFO: www.asri.org.

Drop-in Art Sessions

Stop by anytime for a casual "drop-in" style art session. Each week a different subject/still-life will be provided. You can also work on your own project or from photos. No formal instruction but we will have an optional group critique at the end of each session. All media and levels welcome.

WHERE: The Portsmouth Arts Guild Center for the Arts, 2679 E. Main Rd., Portsmouth.

WHEN: 2-5 p.m.; Sundays through Dec. 15. COST: Free for PAG members, \$5 for non-mem-

MORE INFO: workshops@PortsmouthArts.org.

Art at Stella Blues

This satellite show of Alta Luna Gallery features many local artists.

WHERE: 50 Miller Street, Warren WHEN: Through 10/31 MORE INFO: 401/688-0396

Bristol Art Museum exhibits

The Bristol Art Museum is exhibiting a juried show, "Fun, fun, fun!" in the lower gallery at Rogers Free Library. Featured artists throughout the library are Kerry Smith, Irene Moscey, and Marian O'Connell.

WHERE: Rogers Free Library, 525 Hope St., Bris-

WHEN: Free and open to the public

'Snapshots'

Barrington Community School is accepting reservations for a performance of Snapshots, a romantic comedy blending some of the best-loved music from composer Stephen Schwartz's Broadway shows (Wicked, Pippin, Godspell, The Baker's Wife) with some of his lesser-known gems, at Goodspeed at Chester, in Chester, Conn. Before the show, enjoy a 3-course luncheon at a popular restaurant in the

WHERE: Goodspeed at Chester, Chester, CT.

WHEN: Wednesday, Nov. 13. Barrington departure from the Town Hall will be at 9:30 a.m. will be followed by a Warwick pick-up at 9:50 a.m.; return by 6 p.m

COST: \$115 BCS Members/\$125 Non-Members. Includes theater ticket, luncheon, BCS escort, motor coach and driver tip.

MORE INFO: 401/245-0432; www.barrcommschool.com.

Downtown Bristol walking tours

Each Thursday, weather permitting, join the Bristol Historic and Preservation Society for a walking tour of a portion of downtown Bristol. Each tour is approximately one hour.

WHERE: BHPS, 48 Court St., Bristol WHEN: 3 p.m., Thursdays

COST: \$5 non-members; free to members MORE INFO: 401/253-7223; www.bhpsri.org

Markets

Holiday Fair in Seekonk

Our Lady Queen of Martyrs Church is holding its annual two-day Holiday Fair this weekend. Raffles include an HDTV, Apple iPad, scratch tickets, "split the pot", "Baskets Galore", and more. Plus, hand-knit and sewn items, Christmas items, jewelry, toys, home baked goods, fudge, candy, and meat pies. Louise's Cafe will be open all day.

WHERE: Our Lady Queen of Martyrs Church, Coyle Drive, Off Rte. 152, Seekonk

WHEN: 10 a.m.-6 p.m., Friday, Nov. 8; 9:30 a.m.-3:30 p.m., Saturday, Nov. 9.

COST: Free.

MORE INFO: www.olqmseekonk.org.

Christmas Bazaar in Tiverton

The Holy Ghost Catholic Church is holding their annual Christmas Bazaar this weekend, including a "Treats and Sweets" table, themed gift baskets, beautiful holiday and handmade items, books & DVDs, an assortment of raffles, and a café serving gourmet food. Pictures with Santa on Saturday from 10 a.m.-2 p.m. and Sunday from 8:30 a.m.-

WHERE: Holy Ghost Catholic Church, 316 Judson St., Tiverton.

WHEN: 9:30 a.m.-7 p.m., Saturday, Nov. 9; 8 a.m.-1 p.m., Sunday, Nov. 10. COST: Free.

MORE INFO: 401/624-8131;

www.holyghostcc.org.

Mt. Hope farmers' market

This farmers' markets showcases many local vendors selling fresh produce, meat and fish, along with baked goods and other treats. The Acacia Cafe food truck serves breakfast and lunch. There will also be live music, demonstrations. kids' activities, knife-sharpening, clothing and electronics drives and more.

WHERE: Mt. Hope Farm barn, 300 Metacom Ave., Bristol

WHEN: 9 a.m. to 1 p.m. Saturdays **MORE INFO**: mounthopemarket@gmail.com.

Rogers Free Library book sale

Ongoing sale featuring adult, young adult and children's books. Also available are DVDs, audio books and puzzles. All items are reasonably priced with proceeds benefiting the library.

WHERE: Rogers Free Library, 525 Hope St., Bris-

WHEN: 9 a.m. to 8 p.m. Monday to Thursday; 9 a.m. to 5 p.m. Friday and Saturday MORE INFO: 401/253-6948

Sandywoods farmers' market

Vendors will offer jams and jellies, honey, gourmet roasted coffee, clam chowder, fresh shellfish, alpaca hats and gloves, breads and cakes, pastureraised meat and poultry, sandwiches and tacos, granola and eggs and fresh produce. There will also be live music.

The Pennfield School JOY • UNDERSTANDING • RESPECT



Open House

Friday, November 15 8:00-10:00 a.m.

Giving students an appreciation for the pursuit of knowledge and understanding.

> RSVP today! Call 401.849.4646 or email contact@pennfield.org.

FINANCIAL AID AVAILABLE

Little Slocum Farm • 110 Sandy Point Avenue • Portsmouth • RI • www.pennfield.org AN INDEPENDENT DAY SCHOOL FOR PRE-SCHOOL (AGE 3)-EIGHTH GRADE

WHERE: Sandywoods Center for the Arts, 43 Muse Way (take Roosevelt Drive off Bulgarmarsh Road), Tiverton

WHEN: 4-7 p.m. Thursdays

COST: 401/241-7349; info@sandywoodsfarm.org

Clubs & Classes

The Beauty of Humanity Movement'

An examination and discussion of the 2013 Reading Across Rhode Island selection, The Beauty of Humanity Movement, is the focus of a 2-session course offered by Barrington Community School. A classroom discussion of the book will be led by retired English teacher, Arnie McConnell; the second session will meet in Providence at a traditional Vietnamese restaurant where the group will learn about and savor the delicious Vietnamese soup known as Pho, as we continue our discussion of this thought-provoking book.

WHERE: The classroom session will meet at Atria, 147 Bay Spring Ave., Barrington. Directions to the restaurant will be provided in advance; those wishing to carpool from Barrington should contact the BCS office for instruc-

WHEN: Classroom discussion 7-8:30 p.m. on Tuesday, Nov. 12; dinner November 19.

COST: \$55 Members/ \$65 Non-Members includes tuition and dinner.

MORE INFO: 401/245-0432; www.barringtoncommschool.com.

The ERA in the 21st century

In this national conference, the speakers will explore the past, present and future implications of the Equal Rights Amendment's absence form the Constitution and discuss how its legacy positions the amendment in the popular, social, political and legal consciousness of the 21st century. Guest speakers include Terry O'Neill, Amy Richards, Jennifer Baumgardner, and Ellie Smeal.

WHERE: RWU School of Law, 10 Metacom Ave.,

WHEN: All day, Friday, Nov. 15; Saturday, Nov. 16. COST: Full two-day conference: \$100; Friday or Saturday only: \$50; keynote dinner only: \$25.

MORE INFO: Please register for the conference by November 8 at www.rwu.edu/go/era/. Registration is available on the day of the conference, but will not include the keynote dinner.

Active Single Seniors meeting

All active single seniors are welcome to attend these meetings to discuss plans for upcoming activities such as biking, walking, outdoor concerts, inexpensive trips, dinner, theater and more. RSVP only (number below).

WHERE: Dunkin Donuts, 670 Metacom Ave., Warren

WHEN: 6 p.m. Tuesdays

COST: Free

MORE INFO: 401/247-0503

Ballroom & Latin dancing

Join the fun and learn all the popular dances. Learn two new dances each month and enjoy an evening of social dancing. No partner needed to learn; beginners, singles and couples welcome. Complimentary coffee, tea, pizza and pastry, cash bar available.

WHERE: Democratic Club, 186 Roffee St., Bar rington

WHEN: 7-8 p.m. beginner dance class, 8-11 p.m. social dance party, Fridays COST: \$15, door

MORE INFO: 401/245-1119; www.dancenelia.com

Ballroom dance lessons

Learn all the social dances from a certified instructor in a relaxed environment. Adults of all ages are welcome. Great for beginners and more experienced dancers. Help with wedding dance preparation also available.

WHERE: East Providence Senior Center, 610 Waterman Ave., East Providence.

WHEN: 2-4 p.m. Mondays. COST: \$3.

MORE INFO: 401/434-0080.

Choreographed ballroom dance classes

Mike and Joyce Alexander will teach choreographed ballroom dancing (round dancing) every Monday evening. Modern social round dancing is pre-choreographed with a "cuer" telling the dancers what to do as they all progress around the dance floor. Rhythms taught will be foxtrot, waltz, cha-cha and rumba.

WHERE: Portsmouth Senior Center, 110 Bristol Ferry Road, Portsmouth.

WHEN: 6-7 p.m. (advanced), 7-8 p.m. (beginners) and 8-9 p.m. (intermediate) on Mondays.

COST: \$10 per couple.

MORE INFO: 508/672-0259; jta440@msn.com.

East Bay Toastmasters Club

A program for professionals, students, stay-at-home parents or retirees who wish to improve their oral communication skills. Membership open to all.

WHERE: United Methodist Elder Care, 30 Alexander Ave., East Providence

WHEN: 5:30-7:30 p.m., first and third Thursdays of each month

MORE INFO: http://9556.toastmastersclubs.org

Open Knit Night at Sisters of the Wool

Sisters of the Wool hosts a free knitting night, every Thursday, at their Westport location.

WHERE: Sisters of the Wool, 782 Main Rd., Westport.

WHEN: 5:30-8:30 p.m. Thursdays MORE INFO: 774/264-9665

Gardening volunteers at Veterans Home

Rhode Island Veterans Home Master Gardener volunteers meet for general gardening activities to beautify the R.I. Veterans Home.

WHERE: R.I. Veterans Home greenhouse, 480 Metacom Ave., Bristol

WHEN: 9 a.m. to noon, Mondays and Thursdays MORE INFO: 401/245-4845:

margehardisty@yahoo.com

Live model figure drawing

Take part in unguided figure drawing in a relaxed, informal and supportive setting. All experience levels — new artists included — are welcome. Bring your own materials and easel or other preferred work surface. Model and chairs provided.

WHERE: Sandywoods Center for the Arts (Yellow Building), 73 Muse Way, Tiverton. WHEN: 6-9 p.m. Mondays.

COST: \$14 general, \$10 for college-level art students.

MORE INFO: www.sandywoodsfarm.org.

Networking breakfast

Community businesses are invited to attend a business networking breakfast sponsored by Service By Referral (SBR) networking's Bristol chapter. Both formal and informal networking exercises will be conducted to help business owners. As part of Service By Referral, members have access to networking meetings, training and events and other opportunities throughout Rhode Island and nearby Massachusetts.

WHERE: Raymour & Flanigan Furniture, 100

SPOTLIGHT



Hollar General at Sandywoods

ollar General is Michael Chorney (voice, guitar), Robinson Morse (acoustic bass), Brett Lanier (pedal steel, dobro), and

Geza Carr (drums). This folk jazz quartet plays a new kind of original "Americana" music—one as broad and wide as the name suggests. Folk, blues, rag, jazz, chamber music; it's a blend as authentic as the source. Comprised of four of the finest players from Vermont's small but vital music communi-

ty, Hollar General features the sounds of acoustic guitar, acoustic bass, steel guitars, and drums.

Highland Ave., Seekonk.

WHEN: 8 a.m. on Thursdays.

COST: Free, but guests are responsible for their own breakfast costs.

MORE INFO: newengland@sbrnetwork.com.

Ocean State Bridge Club

A free lunch is served once a month by Sakonnet Bay. Visit the website for schedule, results and more information. Call or e-mail if you need a partner. Beverages and snacks served. Air conditioned room is quiet and comfortable. All are welcome.

WHERE: Sakonnet Bay Manor, 1215 Main Road, Tiverton.

WHEN: 12:30 p.m. Fridays, Mondays. COST: \$6.

MORE INFO: 401/253-2383; www.oceanstatebridgeclub.com.

Operation Shower knitting circle

Aquidneck Chiropractic will host a weekly knitting circle. The group will make baby articles to be sent to Operation Shower, an organization that supplies items to expectant families of soldiers deployed overseas.

WHERE: Aquidneck Chiropractic, 1272 West Main Rd., Middletown.

WHEN: 2 p.m. Tuesdays.

COST: Free. MORE INFO: 401/849-7011.

Portsmouth Multi-Purpose Senior Center

A variety of weekly activities are available, from zumba and line dancing to bridge, computer classes and support groups. Thrift shop open weekdays from 9:30 a.m. to 3:30 p.m. Blood pressure clinics are heal every 4th Wednesday of the month from 11 a.m. to noon. Must be aged 55 or older to join; Portsmouth residency not required.

WHERE: Sandywoods, 43 Muse

WHEN: 7:30 p.m.; Friday, Nov. 8.

MORE INFO: 401/241-7349:

www.sandywoodsmusic.com

COST: \$12 advance, \$15 at the door

Way, Tiverton.

WHERE: 110 Bristol Ferry Rd., Portsmouth MORE INFO: 401/683-4106

Senior fitness classes

Seekonk Total Fitness Club offer a free senior fitness class.

WHERE: Seekonk Total Fitness, 1301 Fall River Ave., Seekonk

WHEN: 10:30 a.m. Tuesdays, Thursdays COST: Free MORE INFO: 508/336-4545:

www.totalfitnessclubs.com

Social duplicate bridge

"Tea Time at the Table," duplicate bridge for newcomers and intermediates. All are invited for an afternoon of

food, fun and friends.

WHERE: St. Mary's Church parish house, 378 East Main Road, Portsmouth

WHEN: 1-3:30 p.m. Tuesdays

MORE INFO: 401/624-1723 or e-mail vikingbridgeclub@verizon.net

Toastmasters Island Foghorns

Toastmasters International is a nonprofit organization that helps people develop and improve their public speaking abilities through local club meetings.

WHERE: Middletown Police Department, 123 Valley Rd., Middletown

WHEN: 5:30-6:30 p.m. first and third Thursdays of each month

MORE INFO: e-mail vpres-mem@islandfoghorns.org

Viking Bridge Club

Offers games and lessons for players at every level. Partners are guaranteed.

WHERE: St. Mary's Parish House, 278 East Main Road, Portsmouth.

WHEN: 6:30 p.m. Mondays, 9:30 a.m. Wednesdays, Fridays, 12:30 p.m. Tuesdays, Thursdays. MORE INFO: 401/624-1723; www.vikingbridge-

Self Help & Suppor

Divorce Care

This is a 13-week recovery and support group for divorced and separated persons. Each Divorce Care meeting features a video seminar featuring nationally recognized experts on divorce and recovery, combined with support group discussion. Topics include: Facing My Anger, Facing My Loneliness, Depression, New Relationships, KidCare, and Forgiveness.

WHERE: Community Covenant Church, 615 Tremont Street, Rehoboth.

WHEN: 7-9 p.m.; beginning Tuesday, September 24th.

COST: \$20 book fee.

MORE INFO: To register, visit www.communitycovenant.org or call 508/222-9400, ext. 102. Registration is welcome at any time during the 13-week program.

Al-Anon meetings

Hope for Today, an Al-Anon meeting offers help for families and friends of alcoholics.

WHERE: Warren Senior Center, Joyce St., War-

WHEN: 10 a.m. Thursdays.

Recovering hearts Al-Anon meeting.

WHERE: St. James Lutheran Church, Middle Highway, Barrington.

WHEN: 11 a.m. Saturdays.

Food Addicts in recovery

A long-term solution to food addiction whether you are anorexic, bulimic, an overeater or otherwise food-obsessed. No dues, fees or weigh-ins. Membership open to anyone who wants help

See **SELF HELP** Page 14





Page B14 East Bay Life November 6-7, 2013

From Page 13

with food. Meetings in East Providence and Bristol.

- East Bay Manor, 1440 Wampanoag Trail, East Providence; 7-8:30 p.m. Wednesdays; free; www.foodaddicts.org
- Columban Fathers, 65 Ferry Road, Bristol; 8 a.m. Saturdays; free; 401/433-4521 (Betty) MORE INFO: www.foodaddicts.org

Marijuana Anonymous

Support group works to help people recover from marijuana addiction. The program uses the basic 12 steps of recovery founded by Alcoholics Anonymous. If using public transportation, take RIPTA bus 60 to the church.

WHERE: Barrington Congregational Church Education Building (room 8), 461 County Road, Bar-

WHEN: 7:30-8:30 p.m. Wednesdays

MORE INFO: 401/369-6518 or BillW15@aol.com (Bill W.); www.facebook.com/RIMABored-

Parenting support group

This group, for parents to discuss the challenges of raising children today in a demanding society, is open to all parents, single and partnered, traditional and non-traditional and to parents in blended family situations. Child care is available but parents must call Jennifer DeWolf at 401/935-3359 by the Friday before the meeting to let her know how many children will attend and their

WHERE: Tildsley Building, St. Michael's Church, 399 Hope St., Bristol

WHEN: 6 p.m. on the third Thursday of each

COST: Free; donations of non-perishable food for Bristol Good Neighbors Soup Kitchen or paper goods for the East Bay Food Pantry welcome

TOPS meetings

TOPS (Take Off Pounds Sensibly) meets at locations around the East Bay. It's a sensible and affordable way to help you lose weight and get healthy.

- Riverside Congregational Church, 15 Oak Ave., Riverside, on Thursdays; 5:45-6:10 weighin, 6:15-7 p.m. meeting. \$2 per week. For more information contact Barbara at 401/433-5084 or e-mail blh25@cox.net.
- Tiverton Senior Center, 207 Canonicus St., Tiverton, on Thursdays at 10 a.m. All are wel-
- Warren Baptist Church, Main and Miller Street, Warren, Thursdays; 5:45-6:30 p.m. weigh-in, 6:30-7:30 p.m. meeting, Thursdays. \$3 a week. For more information, call Susan Lemois at 401/864-6510.

Join the fun & learn all the popular social dances!

Ballroom & Latin Dancing

(401) 245-1119

Nelia Lawton

Professional Ballroom & Latin Dancer

Points of

Audubon Society's **Environmental Education Center**

This natural history museum and aquarium is situated on a 28-acre wildlife refuge with walking trails and quarter-mile boardwalk. In the center, visitors can look inside a 33-foot lifesized Right Whale, discover life in a tide pool, observe Narragansett Bay's marine life, see a rare blue lobster and even explore a cornfield at night.

WHERE: 1401 Hope St. (Route 114), Bristol.

WHEN: 9 a.m.-5 p.m. Monday to Saturday, noon-5 p.m. Sunday.

COST: \$6 adults, \$5 seniors, \$4 children ages 4 to 12, free for children under 4 and members; group tours available.

MORE INFO: 401/245-7500; www.asrieec.org .

Barrington Preservation Society Museum

The Barrington Preservation Society Museum is a center for collecting, preserving and exhibiting objects that relate to the history of the town of Barrington. It also serves as a research and education center with programs, tours, books and published materials available to the community. In addition to the permanent collection, there are thematic exhibitions.

WHERE: Barrington Preservation Society Museum, 281 County Rd. (on the lower level of the Barrington Public Library)

WHEN: 11 a.m.-4 p.m. Wednesday, Thursday, Saturday and by appointment

COST: Free

MORE INFO: 401/289-0802; www.barrpreservation.org

Battleship Cove

Home to a battleship, destroyer, two P.T. boats, a Russian-built missile corvette plus aircraft exhibits. Recently appointed as Massachusetts' official memorial to its victims of the Sept. 11, 2001 terrorist attacks, Battleship Cove serves as the Bay State's official memorial to the World War II, Korean, Vietnam and Persian Gulf conflicts.

WHERE: Battleship Cove, 5 Water St., Fall River WHEN: 9 a.m.-4:30 p.m. daily

COST: \$15 adults, \$13 seniors 65 and older and veterans, \$9 children 6 to 12, \$7 active military, free for children under 6

MORE INFO: 508/678-1100; www.battleshipcove.org

Blithewold Mansion, Gardens & Arboretum

A 45-room mansion and 33 acres of

Private Lessons

Parties

OPEN TO THE PUBLIC

Group Classes

and Dance

Every Friday Night 7-11pm

7-8pm Beginner Lesson 8-11pm Social Dancing

186 Roffee St. Barrington, RI Admission \$15 at the door

Democratic Club

SPOTLIGHT



Abelson and Toscano perform Rodgers & Hart

Trom various worlds of major opera houses, orchestras, concert, **◄** theatre and film, Robert Abelson and Carol Toscano come together to salute two poetic and lyric masters of the American songbook. Accompanying pianist Robert Goldstone has spent more than three decades in New York as a pianist, music director arranger,

WHERE: Governor Henry Lippitt House Museum, 199 Hope Street, Providence.

WHEN: Reception at 6:30 p.m. with cash bar; concert at 7 p.m.; Friday, Nov. 8.

COST: \$12 in advance; \$15 at the door. MORE INFO: 401/453-0688; LippittHouse.org.

conductor, orchestrator, teacher, concert soloist, coach and writer.

landscaped grounds overlooking Narragansett Bay. Various flower gardens, a 90-foot tall giant sequoia, a bamboo grove and other exotic plants. On the National Register of Historic Places.

WHERE: 101 Ferry Road, Bristol

WHEN: Gardens and grounds open 10 a.m.-4 p.m. daily; mansion and gardens open 10 a.m.-4 p.m. April to October

COST: \$24 per family, \$11 for adults, \$9 for seniors/students/military personnel, \$3 for children ages 6-17, free for kids 5 and under and Blithewold members

MORE INFO: 401/253-2707; www.blithewold.org

Bristol Historical & Preservation Society Museum

Located in the former Bristol County jail, built in 1828 of stones used for ballast in Bristol ships. It has a library and collection of artifacts and memorabilia covering Bristol's 300-year history. Architectural and historical walking tours arranged for groups.

WHERE: 48 Court St. WHEN: 1-5 p.m. Wednesdays and Fridays COST: \$2 donation; free for members **MORE INFO**: 401/253-7223

The Bristol Train of Artillery

HUMAN

BAD CO

FOREIGNER

The B.T.A. has maintained an uninterrupted existence from the date of its establishment on Feb. 12, 1776. The headquarters is also a museum with rare specimens of military weapons and artifacts, shoulder arms, sabers,

www.newportgrand.com

documents and other memorabilia.

WHERE: 135 State St., Bristol

MORE INFO: For tours, exhibits or demos, contact Lt. Col. Herb Deveau, 401/253-3927; Lt. Col. Sabby Dias

Buttonwood Park Zoo

The zoo features more than 200 animals in 28 exhibits on a 10-acre site. A new Zoo Choo, an electric train, runs daily on the grounds and is \$2 a

WHERE: 425 Hawthorn St., New Bedford WHEN: 10 a.m.-5 p.m. daily; closed Thanksgiving, Christmas and New Years Day

COST: \$6 adults, \$3 ages 3-12, free under 3, \$4.50 teens, seniors; \$2 train

MORE INFO: 508/991-6178; www.bpzoo.org

Buzzards Bay Brewing

The brewery is built on a 140-acre historic farm where they grow the hops and barley for their award winning ales, lagers and pilsners.

WHERE: 98 Horseneck Road, Westport WHEN: 11 a.m.-5 p.m. Thursday to Saturday; tours on Saturday

COST: Free for one tasting; \$5 for a Buzzards Bay sample glass and four tastings MORE INFO: 508/636-2288; www.buzzardsbrew.com

Caratunk Wildlife Refuge

NEWPORT GRAND SLOTS
401-849-5000 The Observed

SATURDAY

CLAY

SATURDAY

The Audubon Society of Rhode Island site has a large nature center with regular activities and educational classes.

Free Shows

NOVEMBER 9 9PM

Iribute to the

Music of CREED

NOVEMBER 16 9PM

Merchants of Cool

Bad Co. & Foreigner Tribute Show

Includes an extensive trail system through 250 acres of fields, forests, streams and woods.

WHERE: 301 Brown Ave., Seekonk

WHEN: Daily, sunrise to sunset

COST: Free admission to refuge, admission fees for programs

MORE INFO: 508/761-8230; www.asri.org

Chace-Cory House

This early 18th century dwelling, headquarters of the Tiverton Historical Society, with its restored early outbuildings, houses the Society's collection of early American antiques and furnishings displayed in restored period rooms, as well as important documents and artifacts from Tiverton's rich past. The colonial garden is planted with heirloom plants, including jonnycake corn, the rare native R.I. white cap flint corn. New this year is the entrance through the museum shop where historical books, Tiverton mugs and ornaments, jams and jellies, and other items may be purchased.

WHERE: 3908 Main Road, Tiverton Four Corners WHEN: 2-4:30 p.m. Sundays, June 2-Sept 30, or by appointment

COST: \$3 non-members; \$2 students and seniors (60 yrs+); members and children under 12 years

MORE INFO: 401/625-5174; www.tivertonhistorical.org

Charles W. Greene Museum

Exhibits include the Charles R. Carr collection of pre-Columbian, Peruvian and North American Indian artifacts, including wampum and glass beads, along with colonial fishing, farm implements and utensils.

WHERE: George Hail Library, 2nd Floor, 530 Main St., Warren

WHEN: 2-4 p.m. Wednesdays and by appointment

COST: Free admission MORE INFO: 245-7686

Coggeshall Farm Museum

Visitors experience the past through all of their senses at this 48 acre living history farm. Interpreters dressed in reproduction clothing carry out the same tasks performed on Bristol's farms in 1799 and invite visitors to learn handson. The working 18th century farm features historic structures and heirloom plants and animals.

WHERE: Poppasquash Road, off Route 114, Bristol, adjacent to Colt State Park

WHEN: 10 a.m.-4 p.m. Tuesdays to Sundays, year round; closed Mondays **COST**: \$5 adults, \$3 children, seniors

MORE INFO: 253-9062; www.coggeshallfarm.org

Fall River Carousel

Housed in an elegant Victorianinspired pavilion, this unique waterfront venue has been completely restored to the splendor of its early days at the historic Lincoln Park. Over 3,000 carousels were produced in the U.S. during the "golden age" between the early 1880s and early 1930s. Fall River's Carousel 54 of the Philadelphia Toboggan Company is one of only 165 left operating in the country. The classic carousel, marked by masterful carvings and that old familiar up-and-down galloping motion, can be enjoyed by the whole family year-round for birthday parties and special events.

WHERE: Fall River Carousel, Central St., Fall Riv-

WHEN: Season (closed for winter); opens Memorial Day on weekends, then Wednesday through Sunday when school lets out; available for private functions year round

COST: \$1 ride; \$5 for seven rides MORE INFO: 508/678-1100, ext. 101; www.battleshipcove.org

Gray's Grist Mill

One of the oldest continually operating grist mills, grinding corn the same way it did before 1700. Buy the famous R.I.jonnycake meal here, made of flintcap corn, ground with granite stones.

WHERE: 638 Adamsville Road, Westport WHEN: Noon-4 p.m. Tuesday to Sunday MORE INFO: 508/636-6075; www.graysgrist-



From Page 1

England Conservatory of Music, Cole fine-tuned his chops playing in Chicago clubs and Manhattan bistros, paying the bills by doing commercial jingle work for radio and television.

On Tuesday, Nov. 12, Roger Williams University welcomes Cole – recipient of the 2005 Grammy Living Legend Award – for an intimate performance featuring the Freddy Cole Quartet with saxophonist Harry Allen, a virtuoso jazz musician in his own right who grew up in Burrillville.

"America's most significant cultural contribution to the world may be jazz and the Great American Songbook," Robert M. Eisinger, dean of the University's Feinstein College of Arts and Sciences. "Bringing the Freddy Cole Quartet with Harry Allen to Roger Williams is a wonderful opportunity to showcase excellence as we simultaneously educate our students, faculty, staff and community about how we value the performing arts. Freddy Cole and his quartet are internationally recognized as paragons of the jazz community,

Freddy Cole

WHERE: Global Heritage Hall, RWU Bristol campus, One Old Ferry Road

WHEN: 7:30 p.m.; Tuesday,

Nov. 12

COST: Free

MORE INFO: No tickets or reservations are required. 401/254-3201

and Rhode Islander Harry Allen is renowned locally, nationally and even internationally. We are thrilled to host them and look forward to a memorable, world-class event."

Cole is often compared to his older brother, Nat King Cole – both sing and play piano, upright bass and guitar – but critics describe Freddy Cole's phrasing as more akin to Frank Sinatra and Billie Holiday and his vocals as smokier yet suave, elegant and formidable. According to the New York Times, "Freddy has an impeccable sense of swing ... he is, overall, the most maturely expressive male jazz singer of his generation, if not the best alive."



Greenvale Vineyards

Vineyard tours are at 2 p.m. and include a walk through the 20 acres of vines, a tasting of their estate-grown wines, the restored 1863 stable and views of the Sakonnet River.

WHERE: 582 Wapping Road, Portsmouth

WHEN: 11 a.m.-4 p.m. Monday to Saturday; noon-4 p.m. Sunday; daily public tours are at 2 p.m. (weather permitting)

COST: \$8 per person

MORE INFO: 847-3777; www.greenvale.com

Linden Place Mansion

Bristol's "Great House" is where generations of seafaring DeWolfs, Colts and Barrymores entertained presidents and politicos. During Scavenger Hunts, make your way through the 200-year-old mansion rooms and seek out dozens of artifacts — both big and small — hidden and in plain sight, while you learn of Linden Place's rich architectural and family history.

WHERE: 500 Hope St., Bristol

WHEN: 10 a.m.-4 p.m. Tuesday to Saturday, through Columbus Day

COST: \$8 for adults, \$6 for seniors/students. \$5 for children ages 6 to 11, free for kids under 6; \$2 discount for military. AAA and PBS members

MORE INFO: 401/253-0390

Lloyd Center

Located on 55 acres of pristine saltmarsh, maritime forest and wetlands at the mouth of the Slocums River offering 6 walking trails. The headquarters and nature center contain live exhibits. A variety of educational programs for students of all ages are available.

WHERE: 430 Potomska Road, Dartmouth WHEN: 10 a.m.-4 p.m. Tuesday to Saturday, through May; trails open dawn to dusk, 365

days **COST**: Free

MORE INFO: 508/990-0505; www.lloydcenter.org

Martin Wildlife Refuge

The Seekonk Land Conservation Trust maintains this 35-acre "oasis of peace" with woodland trails, a pond and streams

WHERE: 379 Fall River Ave. (across the street from the Grist Mill Restaurant), Seekonk

WHEN: Sunrise to sunset, daily

COST: Free

MORE INFO: 508/336-4244 (Tom Webb); seekonklandtrust@yahoo.com

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Good Health IN THE EAST BAY

The Biomechanics of Productivity

by Don Levine, DPT

So, what is a Physical Therapist (PT) and how can one help improve productivity?

Great question! The job of a PT is to restore or improve function. At Olympic PT, we take that one step further by actively studying and applying the biomechanics of function. Since the body is made up of a series of links, we call this the study of chain reaction biomechanics.

How does chain reaction biomechanics affect you and your business?

Every functional activity has a set of motions required in order to perform effectively and efficiently. These motions may occur from the ground up (like stepping or lunging) or from the top down (like turning to reach for an object). And, often our activities are made up of a combination of the two. We can only be successful if our bodies have the motion and strength, in all the parts necessary, to perform the task.

Let's look at a golfer as an example. In order to swing the club proficiently, all of the joints and muscles of the body need to do their specific job. If we think about the body as a bunch of teammates, it is easy to see that if one team member is not performing their role, someone else is forced to do extra. This is when we start to break down. The same is true in our work life. If you are a sales rep who has to reach into your trunk for



supplies, you had better have the flexibility in the hamstrings, or your back is going to have to take up the slack. After time, as the back makes up for the "weak teammate", breakdown will start to occur and pain and dysfunction will begin. So, even though my complaint is back pain, my problem is in the flexibility of my hamstrings.

In other cases, prolonged work postures, such as sitting at a computer for hours, can effectively shorten some muscles (such as hips) and overstretch others (shoulder blades). Over time, this can lead to painful symptoms. And, just like in the case of the sales rep, pain and symptoms can lead to dysfunction. And, dysfunction means that we are not able to perform our roles effectively or efficiently. And furthermore, just as our teammates in our bodies need to function together to perform a task, so do the individuals in a work team. When one member is not able to "pull their weight", others will have to take up the slack to meet the job task. This will affect both morale and productivity!

So, how can a PT improve your productivity? Individually, we can find your "weak teammates" and develop a plan to address them. We can also look at the big picture of the specific tasks of a job to determine the chain reaction biomechanics necessary for optimal performance. Employers and employees armed with this knowledge will perform better because they understand the biomechanics of productivity.

"Let our team!"

DON LEVINE, PT, DPT, FAFS is the Co-Owner of Olympic Physical Therapy and Sports Medicine, Inc., with five locations in Rhode Island specializing in rehabilitation and sports performance. Olympic PT combines expertise in biomechanics with knowledge



the body works as an entire chain to provide the

of how

right care to decrease pain and improve function. Our practice was recognized with The Newport Chamber of Commerce Small Business of the Year Award in 2007. For more information, visit http://olympicpt-ri.com. Don can be reached at dlevine@olympicpt-ri.com



WWW.OLYMPICPT-RI.COM













Organic Grade A Maple Syrup







. 534 to 599

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TO



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Ladies Famous Maker

Gloves & Mittens





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\$16 40 Count Extra Heavy Duty

799

Loom Bands 600 Count 300 Count_\$1.50

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Fiberglass

Mens & Ladies Merino Wool Blend Crew/Boot

999 ashmere Tights

Ladies Cashmer Blend Crews



SMART 6 Element Infrared **Quartz Heater** Best-In-Class specifications

2 Pack

Ladies

1500 watts, heats up to 2000 sq ft. LED programmable controls. ECO modes saves energy! Compare \$249



4-Element Infrared Quartz Heater

•1000 watts
•LED with remote
•Heats up to 600 sq. ft.
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0% off **Industrial Tarps** Rust-proof poly-carbonate grammets -UV treated Tear resistant 90% Heavier than standard grade tarps!

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Lounge

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\$15-518



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WE NOW ACCEPT CASH BENEFIT EBT CARDS SALE DATES: THURSDAY, NOVEMBER 7 THRU WEDNESDAY, NOVEMBER 13, 2013 STORE HOURS: Thursday-Saturday 8am-10pm; Sunday 9am-8pm; Monday-Wednesday 8am-9pm Visit www.oceanstatejoblot.com for store locations & hours & sign up to receive an advanced copy of our weekly ad.

East Bay Real Estate

EASTBAYClassifieds.com Novermber 6-8, 2013

IEET **Steven Scott:** SAILOR, SKIER AND SEASONED VOLU

BY JOAN D. WARREN

Steven Scott lived in Barrington until 2012 and now lives in Bristol. He was educated in the Barrington school system and attended Franklin Pierce University in Rindge, N.H., majoring in economics and manage-

A baseball player, he was inducted into Franklin Pierce University Athletic Hall of Fame and awarded the distinguished service award. He also served on the Alumni Executive Board of Directors at his alma mater.

Steve worked for Red Farm Studio from 1979 to 2006, Brickmill Marketing Services from 2006 to 2010 and Coastal Colors from 2010 to 2013. He served on the board of directors for the Greeting Card Association.

His family has generational roots in Barrington, and his wife's family came to Bristol from the Azores 52 years ago. He and his wife raised two sons.

WHY REAL ESTATE? "I left the stationery and gift market after 30plus years. My objective was to find a market where I could apply my creative, marketing and merchandising skill sets — real estate is enjoyably filling those needs. Like the

stationery industry, which is creative, stimulating and challenging, I have found real estate to be the same. When I look at a piece of property I view it like I would a greeting card. When the consumer shops for a card, the outside design draws them to it, much like the exterior and landscaping of a home. After they open it, the verse or sentiment of the card makes the sale, just like the interior, layout and personal connection of a home. Both markets provide personal and sentimental emotions. My job is to assist in the creation of that connection. I feel extremely comfortable partnering and guiding clients through the process of either selling or buying a home."

WHAT DO YOU LIKE MOST **ABOUT YOUR NEW CAREER?** "I

am a people person, and real estate allows me the opportunity to interact with individuals, families, investors and vendors. I find it very satisfying working with people toward a common goal while making the process efficient and stress free.

DREAM CAREER? "Actually I have had only two careers, first being stationery products, and secondly real estate. I have a great passion for the gift industry. That same

Steven Scott

Keller Williams Realty East Bay stevenscottsold@gmail.com 401-626-2062

passion is growing everyday in the real estate market. I consider both of these jobs as dream careers.

WHAT ARE SOME OF YOUR **HOBBIES?** "Like most New Englanders, I change with the seasons. We love to be on Narragansett Bay in the summer and escape to the mountains to go skiing in the winter. I can also spend hours in museums viewing the art. I enjoy looking closely at perspective, color application and lighting.

COMMUNITY INVOLVEMENT? "I was born, raised and lived in Barrington until two years ago, when we moved to Bristol, my wife's home town. While in Barrington, I coached youth sports, my wife and I founded a non-profit organization called 'Turn On The Lights,' which brought holiday lighting to the Town Hall property. I was a member of the Barrington Town Council and the County Road Re-Development Committee. Currently



I am a member of the Bristol Rotary, Bristol County Elks and the West Barrington Men's Club. I also enjoy volunteering for almost anything. I have a problem saying no."

MARKET PREDICTIONS? "I do not want to make a prediction, but I do feel that the market has become fair for both parties. The industry faltered when it was a seller's market and money was available, then to a buyer's market because of unfortunate circumstances. Now, the consumer is knowledgeable, the financing process is closely monitored and the homes are listed as marketable properties. We all go into the process on the same page, which is comforting."

BEACH OR MOUNTAINS? "This is an easy question; the answer is

both. Living in this part of the country is unlike any other. It allows you and your family the opportunity to explore and enjoy the beauty of New England, all within a threehour drive. To me, the most precious is the access and beauty of Narragansett Bay and skiing in the White Mountains. The bay creates experiences, and the mountains create memories - not bad."

BEST VACATION? "Hands down, bare boating in the British Virgin Islands. My wife and I did this trip for our honeymoon and have gone back a number of times since, as our family grew. I have had others that rank as well, but nothing has compared to cruising the islands.'

FAVORITE MOVIE, BOOK, AND TELEVISION SHOW? "I am more of a periodical junky than a book reader. I do not have a favorite movie but like going to the movies. My favorite television shows are all in re-runs and have been for years. I am disappointed how reality TV has taken over the channels.

LUNCH WITH ANYONE? "My grandfather. We lost him to an accident in 1978 while I was away at college. If that did not happen, he would have lived a long life. I would enjoy that lunch.

River's Edge



The Sign you want. The Agent you need.



Kickemuit Klose. Brite and sunny newly redone two bed town house. Enjoy the guiet pretty location with low condo fees. Close to all ameneties. \$145,900 George Saber 401-525-1351

OPEN SUN 1-3 / NEW PRICE



Cape... new electric, hardwoods, kitchen... list to long to mention all items. Laundry on first floor, generator hook-up, nice size yard on a cul-de sac ...this is a must see and will not last! \$259,000 Deb Johin 401-527-7894



Newman Ave. See the lots, view the progress & reserve your lot now! Great Opportunity to discuss possible design options. Beautiful 14 lot conservation subdivision! Opportunity to build in desirable commuter location! Features custom kitchen with granite counters, hardwoods, natural gas heat, central air & on demand water. **Jodi Hedrick 508-509-3925**

OPEN SUN 12-2 / NEW LISTING 74 Don Ave. Rumford: Location, Location! Wonderfully remodeled colonial w/1930's

charm. 4 beds, 2 baths, New granite & stainless kitchen, spacious living, dining, 2 fireplaces, office, gleaming hardwoods, finished lower level, 2 car garage, screened porch. \$395,000. Robin Lozito 401-486-6937



\$229,900 Michelle Cartwright 401-663-5677



Cape abuts Slater Park! This homes features 3 beds, 2 baths, spacious living & dining, beautiful new granite kitchen, family room, office. Private yard w/ above ground pool, large deck, shed & pathways to Slater Park. \$234,000 Robin Lozito 401-486-6937

Attleboro: Well cared for 4 bed Colonial. Master bed with full bath. Lovely 4 season sun

rm. leading to a private yard. Great house for entertaining. Ideal for a large family. Finished bsmt w/ new carpet. Situated on a cul-de-sac in a quiet family neighborhood. \$340,000 Lisa Halajko 774-991-0052



Ranch in MOST Desirable Location! 3-4 beds, master suite, stunning family rm, sunfilled rooms, island kitchen, laundry on 1st, sprinklers, private landscaped lot and garage. 4 zone heat, central air/vac. Expansion options! \$465,000 Michelle Cartwright 401-663-5677

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300 County Rd. Barrington, RI • 401-245-2000 47 Bradford Street, Bristol, RI • 401-254-1776

House of the Week

Quaint Victorian nestled in a quaint downtown village

ver the past few decades, downtown Warren has slowly evolved into one of the most sought out villages in the East Bay. This historic three-bedroom home, located at 34 Wheaton St., is nestled in a waterfront neighborhood, just a block up from the Warren

BY THE NUMBERS

- **\$245.750**
- 3 bedrooms
- 2 bathrooms
- 1,428 sq. ft.
- 6,446 sq. ft. lot
- Paula Silva
- William Raveis Chapman Enstone
- paula.silva8@gmail.com
- 401-396-9849

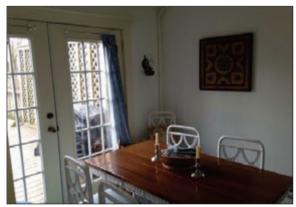
The location of the property makes downtown living convenient. The historic, Victorian cottage is in walking distance of the best Warren has to offer — restaurants, shops, live theater, the East Bay Bike Path, the waterfront, and



Warren Town Beach.

Built in 1850, this home has charming details, including French doors from the dining room to a large deck, brightly painted rooms, and a quaint, red-brick driveway. The nicely landscaped back yard is private and fenced-in, with enough space to have fun planting and tending your gardens.

There are gleaming hardwood floors throughout 1,428 square feet of living space, which includes three bedrooms





Built in 1850, includes french doors from dining room to large deck. 1,428 Square feet of living space with gleaming hardwoods includes 3 bedrooms and 2 bathrooms



BARRINGTON - ANCHORAGE WAY

Custom built home with fine finishes including coffered ceilings and crown molding. This 6,552 sq ft home offers formal living, chef's kitchen, dumbwaiter, surround sound system and master suite with fireplace. Pool/spa. Minutes to Providence. \$2,450,000 401-274-1644



TIVERTON - BRAYTON-FISH

Exquisite equestrian residence. Remarkable home on 9+ acres features grand entry foyer, state-of-the-art kitchen and living room with fireplace. Master suite with Jacuzzi. Spacious deck overlooks the paddocks, outdoor arena and barn. \$1,200,000 401-848-2101



PORTSMOUTH - SUNNYHILL FARM

Romantic country compound comprised of 3 independent renovated dwellings. The main farmhouse offers 3 spacious bedrooms. A separate studio greenhouse cottage and 2 bedroom converted barn all benefit from picturesque views. \$845,000 401-848-2101



NEWPORT

NARRAGANSETT PROVIDENCE JAMESTOWN WATCH HILL **BLOCK ISLAND**

Lila Delman Real Estate

Local Legacy...

International Reach

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PORTSMOUTH - WATERVIEWS

Bright and sunny shingle style home on a quiet cul-de-sac offering views of the Sakonnet River. Features multiple decks. hardwood floors, granite counter tops, central air and two master suites New Price \$614,000 401-848-2101



TIVERTON - STONEBRIDGE

Lovely setting for 4 bedroom farmhouse, 1 bedroom guest house and barn with loft. Sun room, butler's pantry, pine floors, 3 fireplaces, 2 patios and tennis court. Over an acre of beautifully landscaped grounds. \$524.900 401-848-2101



BRISTOL - MOUNT HOPE

Adorable Cape nestled in a bucolic setting situated at the end of a cul-de-sac. Featuring 3 bedrroms, hardwoods and garage with upper level loft/office. The large lot offers plenty of room for outdoor entertaining. **New Price** \$325,000 401-274-1644

REAL ESTATE TRANSACTIONS

BARRINGTON

ADDRESS	BUYERS & BUYERS' AGENT	SELLERS & SELLERS' AGENT	SALE PRICE
115 Gov. Bradford Dr.	Hui Zou & Fenghong Lieu – Not Available	William A. & Wendy S. Jacobson – Not Available	\$690,000
278 Narragansett Ave	Tiffany L. Hogan & Dianna Shaw – Not Available	Karen E. Gallagher Est. & Patrick R. Gallagher – Not Available	\$347,500

BRISTOL

ADDRESS	BUYERS & BUYERS' AGENT	SELLERS & SELLERS' AGENT	SALE PRICE
8 Prospect St.	R.J. Carreiro Props. LLC – Not Available	Edward L. & Maureen Jernigan – Not Available	\$146,000
549 Metacom Ave.	Kluck Realty LLC – Not Available	Stephen & Lynn Squatrito – Not Available	\$537,500
447Poppasquash Rd.	Angus M. Davis – Not Available	Doreen V. Noonan – Not Available	\$665,000
80 Bay View Ave.	Michael G. & Stephanie B. Sousa – Not Available	Nathan & Sandie Grage – Not Available	\$299,000

EAST PROVIDENCE

ADDRESS	BUYERS & BUYERS' AGENT	SELLERS & SELLERS' AGENT	SALE PRICE
72 Arlington St.	Alice S. & Jose F. Demedeiros – Rockwell & Pierard Team/RE/MAX River's Edge	Antero Cabral – Gary Mello/The Mello Group	\$270,000
38 Kent Ave.	Nancy A. Telford – Not Available	Philip R. & Theresa B. Lucas – Not Available	\$203,500

WARREN

ADDRESS	BUYERS & BUYERS' AGENT	SELLERS & SELLERS' AGENT	SALE PRICE
59 Bagy Wrinkle	Finn & Deborah B. Brudevold – Not Available	Roger W. & Joan M. Boucher – Not Available	\$785,000
11 Fern Dr.	Robin M. Ferguson – Not Available	Cynthia A. Steger – Not Available	\$285,000
15 Read Ave.	Jeremiah E. Allen & Cheryl J. Delsanto – Not Available	Robert M. Frost Est. & William D. Frost – Not Available	\$445,000
104 Birch Swamp Rd.	Keith W. & Kathleen O. Morton – Not Available	Lonnie J. Guralnick – Not Available	\$295,000
10 Greenlawn Ave.	Daniel J. Lehane – Not Available	Michael P. & Denyse M. Dias – Not Available	\$183,000



Renee M. Welchman REALTOR, CPA Sales Associate, Mega Agent Owner

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OPEN HOUSES THIS WEEK

ADDRESS	DAY	TIME	STYLE	BEDS	BATHS	PRICE	BROKER	AGENT	PHONE
				BA	RRING	GTON			
20 South Meadow Lane	Sunday, Nov. 10	11:30-1 pm	Colonial	5	4	\$895,000	Residential Properties	Maureen Weaver	401-245-9600
46 Clarke Road	Sunday, Nov. 10	12-2 pm	Historic	5	3.5	\$1,460,000	Residential Properties	Patty Deal	401-245-9600
20 Briarfield Drive	Sunday, Nov. 10	12-2 pm	Colonial	4	2.5	\$899,000	Residential Properties	Joyce Hughes	401-245-9600
20 Bullock Ave.	Sunday, Nov. 10	12-2 pm	Ranch	4	2	\$349,000	Residential Properties	Morgan Lowis	401-245-9600
6 Fairfield Road	Sunday, Nov. 10	12-1:30 pm	Ranch	3	1	\$239,000	Residential Properties	Laurie Fletcher	401-245-9600
14 Stone Tower Lane	Sunday, Nov. 10	1-3 pm	Colonial	4	3.5	\$1,695,000	Residential Properties	Maureen Weaver	401-245-9600
Bristol2 Shamrock Ct.	Sunday, Nov. 10	1-3 pm	Cape	3	1.5	\$259,000	RE/MAX River's Edge	Deb Jobin	401-527-7894
66 Ferry Road	Sunday, Nov. 10	12-2 pm	Colonial	4	3	\$499,900	Residential Properties	Patty Deal	401-245-9600
1356 Hope St.	Sunday, Nov. 10	12-2 pm	Colonial	4	2	\$299,000	Residential Properties	Joan Warren	401-245-9600
				R	UMFO	RD			
74 Don Ave.	Sunday, Nov. 10	12-2 pm	Colonial	4	2	\$395,000	RE/MAX River's Edge	Robin Lozito	401-486-6937
				9	SEEKO	NK			
Tall Pines, Brook St. & Newn	nan Ave. Saturday, Nov. 9	12-3 pm	Lots	3	2.5		RE/MAX River's Edge	Jodi Hedrick	508-509-3925
				1	IVERT	ON			
82 Field Stone Lane	Sunday, Nov. 10	2-4 pm	Cape	3	3	\$479,900	American Classic Real Estate	Claire Kenney/Sue Cory	401-624-7070
55 Blackbird St./Countryview	3,	1-3 pm	Ranch	3	2	\$65,000	Camelot Realty	Kathy	508-415-4084
25 Watermark Drive	Sunday, Nov. 10	1-3 pm	Townhouse	2	3	\$669,000	Century 21 Rondeau	Barbara Hanaway	508-776-8773
12 Mountain Laurel Lane	Sunday, Nov. 10	12-2 pm	Colonial	4	2.5	\$599,999	Coldwell Banker Guimond	Carol Guimond	401-418-0462
				,	WARR	EN			
30 Bardon Lane	Sunday, Nov. 10	12-1:30 pm	Other	3	2.5	\$335,000	Fiddler Real Estate	Karyn	508-685-9906
511 Child St., #211	Sat. & Sun., Nov. 9 & 10	12-2 pm	Townhouse	2	1.5	\$145,900	RE/MAX River's Edge	George Saber	401-525-1351
				W	/ESTP	ORT			
81-F Sylvia's Lane	Sunday, Nov. 10	1-3 pm	Other	2	3	\$495,000	Even Keel Realty, Inc.	Nicole/Arlene	508-636-0099

Real Estate

Homes For Sale

BARRINGTON: Looking to Sell? Your Home May Be Worth More Than You Think! Let our Friendly & Knowledgeable Agents Help! Call RE/MAX River's Edge 401-245-2000 For a FREE Home Evaluation!

BRISTOL: Bristol Landing! 33 Seal Island Unit 33: Fabulous sun filled condo that shows pride of ownership!

sun filled condo that shows pride of ownership! Well Appointed kitchen & luxury living. Deeded Beach Rights. \$469,000 Deb Jobin 401-527-7894 BRISTOL: First Time Home Buyers, Downsizing, or just Searching for your Dream Home? Our Agents can help you through the process every step of the way! Call RE/MAX River's Edge 401-254-1776

DO YOU OWN A BUSINESS? If so, then you should be advertising in the East Bay Classifieds. It's affordable and it works! Reach 125,000 readers each week in the East Bay and beyond. Call 401-253-1000 or 800-382-8477 Monday through Friday 8am - 5pm.

EAST PROVIDENCE: 3 family, with garages, appliances, laundry, like new, \$285,000 Owner will finance it 4%.Owner occupied.401-286-1920

PORTSMOUTH: 39 Blue Bill Way. Price reduced \$349,900. Location, location, location. Waterfront, waterfront, waterfront, 2 bed, 1 bath, garage, updated appliance and utilities, beach, mooring and boat included. For private appointment "Buy Me" Bernard Realtors 401-449,000.

EastBavRI.com - Your Town Online

PORTSMOUTH: 36 Stewart Drive. Oversize trout home, 3 bed, 3 bath, Raised Ranch, with finished basement, 3 car garage, fireplace, formal dining room, ample closets, Estate Sale. As is. \$285,000 For private appointment "Buy Me" Bernard Realtors 401-418-0208 RIVERSIDE: 19 Hascall Street: 3 Bed Cape in the Waddington section. New roof, new kitchen with granite counters and birch cabinets. NEW PRICE! 184,000 Lisa Halajko 774-991-0052

IT'S SIMPLE to place an ad in East Bay Classifieds. You can call 401-253-1000 or 800-382-8477 (MA). You can log on to EastBayRl.com or you can stop by our office at 1 Bradford St, Bristol Rhode Island.

WARREN: 511 Child Street Unit# 211- OPEN HOUSE Sat & Sun 12-2 Come see! Newly Redone Two Bed Townhouse in Kickemuit Klose. Low fees & Quiet, pretty location. \$200,000 George Saber 401-525-1351

Condo For Sale

BRISTOL: North Farm. 137 Winward Lane. Gated community, 3 bed condo, completely updated, new kitchen, granite countertops, 2.5 baths, gas fireplace, large garage with storage, A must See. \$389,900."Buy Me" Bernard Realtors 401-418-0208

NEW FLORIDA CONDO Back on Market! Deal fell thru on new 2 bed/2 bath lakefront condo NOW \$189,900. Originally under contract for \$365,000. Near theme parks & all major attractions. Must see! Call now 1-877-333-0272, x150

Land For Rent

WESTPORT: Land, Hixbridge Road, 2 acres, 400 deep frontage, well, \$210,000 508-999-4422 days.

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Land For Sale

ON TWIN PONDS w/34 Acres-\$39,995 Beautiful Woods w/Large Wildlife Ponds Full of Ducks, Geese & Deer. Minutes to Syracuse, Salmon River, Oneida Lake. Call 1-800-229-7843. Financing Available. Or visit www.landandcamps.com

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Apartment Rental

BRISTOL: 2 bdrm, 1 bath, 2nd floor, spacious living rm, kitchen w/full appl, hw floors throughout, full garage, off street parking, back porch, small basement w/w/d,\$1200 includes water, 401-419-6363.

BRISTOL: 1 bdrm efficiency, 2nd fl, quiet area, off street no smoke no pets, sec & 1st mo \$625 + utilities 401-253-8497



WARREN

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HARDWOODS, DOUBLE PARLORS,
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Pristine townhome end unit, open airy interior, gourmet kitchen/

granite counters, office, hardwoods, cathedrals, glass galore, 2 car garage, magnificent gardens, **offered at \$669,000**.

25 Watermark Dr., Tiverton

Barbara Hanaway Cell: 508-776-8773



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COMMERICAL RENTAL



BRISTOL.. 302 SHANNON CT.. Available immediately.. Commercial garage in industrial Park off Ballou Blvd. 3 Phase electric, Gas heat, 1650 Sq. ft. 12' doors. 21' ceiling with loft space. Conforming use: General Contractor, Upholstery, landscaper.

JoAnn Silva
Office: 401-254-1900
Cell: 401-439-8861
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TIVERTON - SOUTH TIVERTON - Walking distance to historic Four Corners. Beautiful, spacious Cape Cod style home on 4+ acre lot overlooking Nonquit Pond. 3 bedrooms, 2 full baths, 2 half baths, studio/home office in walkout lower level. \$495,000



LITTLE COMPTON - Idyllic country setting, close to the Commons and beaches. This Little Compton Cape features all NEW kitchen baths. Anderson/Pella windows, Tiger eye maple hardwoods, granite countertops, maple cabinets, cedar decking, brick walkway, patio & driveway. Beautiful 2AC lot with mature perennials. 3BR/2BA plus 1st floor office/den, attached 2 car garage, 3 secrets surroom \$5.35,000.



TIVERTON - Spectacular, unobstructed westerly waterviews. Perched high atop Barker Heights off Riverside Drive, 2 bedroom with walkout lower level. Steps to Mount Hope Bay. Well landscaped yard with patio. \$449,000



LITTLE COMPTON - Classic New England style log home with all modern amenities (new granite and lighting). Post and beam interior with cathedral ceilings, bright open floor plan, wood floors, stone fireplace, large porch and spacious deck on 2.5 private acres. \$389,000



TIVERTON - Spacious one level living off Nanaquaket Rd. 3 bed, 2 bath Ranch with large sunroom addition & cathedral ceilings. Hardwoods, fireplace, 2 car integral garage. Well landscaped acre + in private setting. **\$399,000**



SOUTH TIVERTON - Near Little Compton line - 9 acre farm overlooking Nonquit Pond. Antique home in need of restoration, barns, garage, and beautiful yard with stone walls. \$1.199,000



TIVERTON - Spacious Colonial on almost 2 acre lot, rural setting yet close to amenities and highway access. 4BR, 2.5 bath, updated 200amp, 2 stall garage, new asphalt drive, finished walkout lower level. Private yard and neighborhood. Ready for your touches! \$305,000



TIVERTON - Ideally situated on beautiful Puncateest Neck Rd, this charming Greek Revival Farmhouse offers 3 bedrooms, 3 baths, 2 fireplaces, studio and more. Stone walls and lovely plantings create the perfect setting. \$495,000



LITTLE COMPTON - Beautiful Greek Revival house on over a half acre with lovely English Country gardens enclosed by stonewalls. This charming Historic home has 8 rooms, 2.5 baths, lovely kitchen, large dining room, & more. Between Town Commons and Atlantic Ocean. \$649,000



TIVERTON - Victorian Cottage, 3 bed, 2 bath, completely updated. Open floor plan, cherry cabinets, granite counter tops, wood floors. Spectacular south westerly water views in the heart of Stonebridge area. Old charm and details have been preserved. \$399,000



SOUTH TIVERTON - Charming Country Cape with 7 rooms, 3 bedrooms, 2 baths, out building, porch and deck. Abuts miles of preserved land. Horses permitted. \$339,000



SOUTH TIVERTON - Dramatic views over Seapowet Marshland to Sakonnet River. Striking Contemporary has 3 fireplaces, open floor plan, 3 bedrooms, 2.5 baths. Located on quiet cul-de-sac, walking distance to Tiverton Four Corners. \$625,000

Real Estate

Apartment Rental

includes appliances, no pets/no smoking, \$700/mo. 401-253-0289, leave message.

BRISTOL: 2 bed, centrally located, new carpets, new paint clean, w/d, \$675 water included sec dep required 401-359-1144

BRISTOL: 2 bedrooms, 2nd fl. off street parking, water included no pets, security deposit req., \$800/mo 401-374-5892.

BRISTOL: Chilton St. 1 bed, 2nd floor, laundry, pets, parking, no smoking, \$650, plus, water incl. 401-391-9581

BRISTOL: 1 bed. 1st flr. modern

BRISTOL: High Street, 3 room apt in nice location. No pets, no smoking, only \$600/mo Sandy 401-575-1983

BRISTOL: Updated clean,quiet 2nd flr., 2 bed, w/appl w/d. ceiling fans, parking, quiet, no smoking, no pets, no utili \$700. 401-253-1301.

BRISTOL: Downtown 1st floor and 2 bedroom apartments Call for pricing. 401-253-6807.

EAST PROVIDENCE: 1 and 2 bed, appliances, utilities, laundry and parking, bus line. No pets. From \$700/month. Also furnished apts from \$800. 401-286-1920. 401-438-8137

EAST PROVIDENCE: 1st fl, 4 room, 2 bed, bus line, large yard convenient Avail 09/01/13. \$800/mo + util 401-433-1782

EAST PROVIDENCE: 3rd fl, 4 rm 2 bed, bus route, lg yard,gas heat and hot water, \$750 + util 401-433-1782

EAST PROVIDENCE: 5 large rooms, 2 bed, double parlor, eik, nice yard, parking, \$900 + utili-ties 401-433-1782

EAST PROVIDENCE:1st floor, sunny 5 rooms, 2 bed, EIK, nice yard, close to everything \$1,050, w/gas & elec. 401-433-1782

EAST PROVIDENCE: 1st fl, 2 bed, appliances, yard, no pets, no smokers, security, \$750/mo plus utilities. 401-359-0132.

EAST PROVIDENCE: 1st flr, 1 bedroom, incl. heat & hot water, off street parking, no pets, \$850/mo 401-323-9244

LITTLE COMPTON, winter rental, 1 Bdrm, 1 Bth, \$1000/month plus utilities, secu-rity required. Call Renee 401.635.0252.

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SEEKONK: 1 bedroom, 1st flr., new paint, windows, hdwds., sunny, quiet location, no pets/smoking, \$675 508-336-2131, 401-282-8909

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TIVERTON/N: Nice, 1st flr. 2 bed, Afford. 5 room. Incl./util. & appl. Hdwd. fl. Good size bath. Off/st. Dep. req. Pets w/consent 401-635-8749

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WARREN: Small 2 bed, radiant heat, stove, dishwasher, refrig, hdws, w/d hook up, \$775/mo 401-338-9747

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BARRINGTON: Charming studio Cottage living Ir/kit/dr w/cathedral ceilings. Separate br, near park, bike path, water, \$850 includes water 401-644-

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BRISTOL: Courtyard at Metacom. 1600 sq ft, open living, wood floors, 2 bed, 2 bath, 2 car garage, 6 yrs new, \$1500/mo includes heat, water, condo fees, will consider lease with option to buy 401-578-3380

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& security, no pets 401-253-9277 **Commercial Rental**

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EAST SIDE



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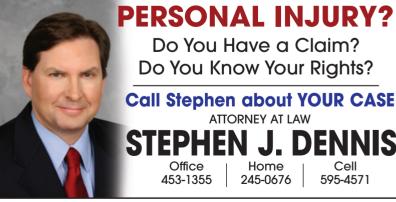


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Select Financial	401-247-7400	2.875	3.21	1.875	3.75	3.95	1.875	3.00	0	2
East Coast Financial	401-396-9820	2.875	2.965	0	3.875	3.958	0	2.375	0	2
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Items for Sale

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BARRINGTON: 35 Cottage Street Saturday November 9th 8am-2pm. Holiday decorations, baskets, lamps, glassware, chil

BARRINGTON: Estate Sale. 12 Northwest Passage (near Transfer Station) Saturday and Sunday November 9th and 10th 9am-4pm. House and garage. Hitchcock furniture sofas vard

East Providence

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Little Compton

LITTLE COMPTON: 24 Snel

LITTLE COMPTON: 64 Thompkins Lane, Saturday and Sunday, Nov 9th & 10th, 9am-

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Warren

items, more, Rain date 11/16

Westport

WESTPORT:16 Arlington Ave. items, furniture, Rain or shine

Estate Sales

RIVERSIDE: 82 Ferncrest Drive Saturday and Sunday November 9th and 10th 9am-? Dealers welcome. Furniture, clothes, everything from soup to nuts!

TIVERTON: 1060 Crandal Road, Saturday, November 9th 830am-3pm.Antique Victorian Oak Furniture, Country furniture and lots of small items.

TIVERTON: 50 Arbor Terrace

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Finds Under \$100

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Finds Under \$200

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ENTERTAINMENT CENTER: Maple, 53"Hx37"Wx20"D, bottom drawer, holds 36" TV, 2 doors \$100 Portsmouth 401-

ETHAN ALLEN DINING TABLE: Round, 4 chairs, 2 leafs, excel-lent condition, \$165/BO Tiverton, 401-625-1478

FIREWOOD: Seasoned, hardwood, cut & split, \$180 cord, Dartmouth 508-995-9905.

PLACE YOUR YARD SALE ad in the East Bay Classifieds at 401-253-1000 or 800-382-8477.

FURNITURE: Moving, house full of furniture, too much to mention, \$199 Riverside 401-433-2922

HUTCH: Pine, 6.5'Tx54"L, with glass doors & doors on bottom, excellent condition, \$199.99 Warren 401-337-5695 HUTCH: Walnut, 3 shelves, glass doors, 87" tall, 32" wide, 18" deep \$100 Pawtucket 401-603-7519

QUEEN P-TOP MATTRESS: Set, new \$150 East Providence 401-237-0340.

REMOTE TRUCKS: 2 trucks 1

RUG WASHER: Commercial rug washer, \$150 Swansea 508-673-6358

New This Week

S-10 FIBERGLASS: Topper, silver slide windows, Yakima ski/bike rack w/locks \$175 Bristol 401-254-0711

SINGER SEWING MACHINE:

SWEDISH ORREFORS CRYS-

TWIN RACECAR BED: With mattress, red and blue, \$175/BO Westport 508-863-

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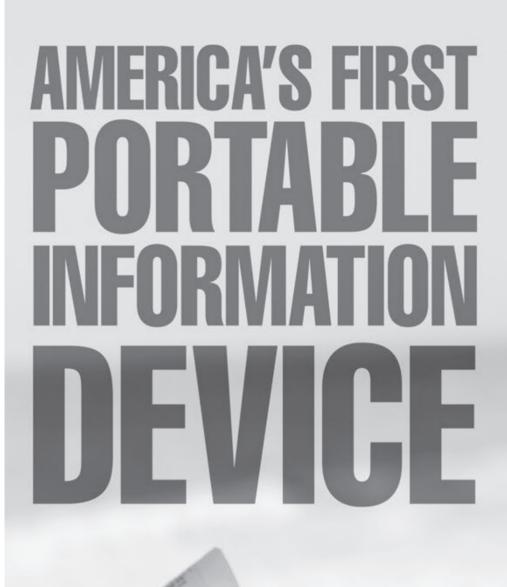
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