

Westport Shorelines

eastbayri.com

THURSDAY, DECEMBER 19, 2013

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'Snowy' spectacle visits coast



PAUL CHAMPLIN

A snowy owl carries prey — a ring-billed gull it had captured — near Baker's Beach in Westport. Observers say that owls seem to be targeting birds here — gulls, American black duck, bufflehead and others.

Perhaps 'largest ever' influx of snowy owls arriving

BY BRUCE BURDETT

bburdett@eastbaynewspapers.com

They're turning up atop barns in Westport and Little Compton and on rocks from Sakonnet to Sachuest Point. One snowy owl posed for a picture on the Newport Bridge recently.

And a few overshot the South Coast altogether. Crewmembers of the Woods Hole Oceanographic Institution photographed one perched on a research buoy at the edge of the Continental Shelf 100 miles southeast of Cape Cod — see it for yourself at www.whoi.edu/image-of-day/a-good-omen. Another was spotted on a Bermuda rooftop.

And some have unfortunately taken a



GEOFF DENNIS

A snowy owl checks out the neighborhood from atop a Little Compton barn.

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See **SCHOOLS** Page 4

Big budget gap faces town schools

One criticism delivered by the recent high school evaluation report was "insufficient funding from the community." That may not change anytime soon, according to first glimpses of the Fiscal Year 2015 budget delivered to the School Committee recently.

Although the committee is hoping for an increase in the order of \$850,000 to cover pay raises and enable continuation of technology updates, the Board of Selectmen has other ideas, School Committee member Michael Sullivan reported.

After sitting in on a Selectmen budget discussion, Mr. Sullivan said that the "very clear" directive from Selectmen to all departments — schools included — is to expect something closer to level funding. While he said there will be more discussion and that state aid numbers won't be known until January, the message to schools was to expect something closer to a \$150,000 increase. Accomplishing that would probably involve layoffs, he cautioned, noting that talk of \$850,000 in additional spending received a chilly reception from Selectmen.

The Selectmen declared early on that they intend to avoid tapping the 'free cash' account for other than emergency expenditures, a move that translates to lean budgets all around.

Interim schools Superintendent Ann Dargon said that while the administration hopes for more, she has already cautioned her staff to prepare level-funded budgets — a challenge in a year when \$186,000 worth of teacher raises are already scheduled.

School Committee Chairman Antonio Viveiros said that layoffs

Smart move

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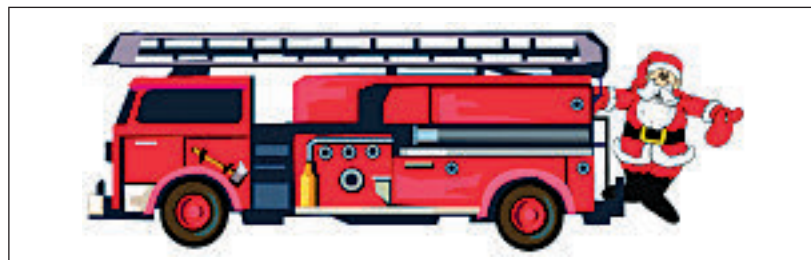
Santa to tour town by fire engine

Santa will begin his rounds around Westport by firetruck starting at 10 a.m. on Saturday, Dec. 21.

Refreshments will be served at two stops along the way (see schedule below) for about 30 minutes each.

There will be refreshments, pictures with Santa and more at the Hix Bridge Fire Station at the end of Santa's travels (estimated at around 2 p.m. Get live updates on Santa's location throughout the tour on Twitter at the Westport Fire Department's page @WestportFF1802

The event is sponsored by Lees Market and the Westport police and fire departments.



St. Nick's planned route is:

- START:** Hix Bridge Fire Station
- Main road to Kirby Road
 - Light House to 177
 - Main road to Holly Lane
 - 177 to Forest Park
 - Main Road to Charlotte White
 - Forest park to 177
 - Charlotte White to Meadowbrook
 - Cross 177 to Tickle Road
 - Meadowbrook to Fernmarsh
 - Tickle Road to Briggs Road
 - Fernmarsh to Charlotte White
 - Briggs Road to Gifford Road
 - Charlotte White to Shannon Drive
 - Gifford Road to Macomber School - Refreshment stop
 - Shannon Drive to Jillian Way
 - Gifford Road to Old County Road
 - Jillian Way to Sodom Road
 - Old County Road to Drift Road
 - Sodom Road to Route 177
 - Drift Road to Hix Bridge
 - 177 to Light House Lane
- END:** Hix Bridge Fire Station



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OWLS: Arctic visitors settle in along South Shore

From Page 1

liking to airports whose wide open spaces may resemble the northern tundra that is their usual home.

Little Compton photographer Geoff Dennis has seen it for himself. During a recent boat ride he photographed six of them on coastal rocks. Two were across the Sakonnet River at Middletown's Sachuest Point, two at Sakonnet Point's Lloyd's Beach, and one each on East and West islands out near the Sakonnet Light. He has also photographed them recently up in trees and on rooftops.

"One snowy around here is a pretty big deal, two certainly a notch or more above that, but six snowies in one quick boat ride ... unbelievable," he said.

They've seen them in Westport too — around Allens Pond, near Cherry & Webb Beach and other places — photographers are urged to keep their distance and leave the dogs at home. Constant disturbances cause the owls to use up energy and can interfere with their hunting, naturalists caution.

Observers say that owls seem to be targeting birds here — gulls, American black duck, bufflehead and others — in part because other prey may be more difficult to find.

"We're experiencing what could be the largest-ever influx of Arctic snowy owls into the Northeast and the Great Lakes states. And more may be on the way," said the Cornell Lab of Ornithology last Wednesday.

Adds eBird, an organization that tracks bird sightings, "Snowy owls are staging an incredible invasion and reports continue to roll in."

"More than likely these snowy owls are moving south from the Arctic because of a shortage of their favorite food up north — lemmings, or because of a bumper crop of young," said Cornell biologist Kevin McGowan. "We can expect them to stick around through early spring before they head back to the Arctic again."

Although memorable for bird watchers, the snowy owl abundance has been worrisome for airports. Several were shot at New York City airports after one was sucked into a jet engine.

"The killing of some owls at New York City airports has resulted in an outcry against the practice," Dr.



GEOFF DENNIS

A snowy owl sits on rocks off Sakonnet Point. Geoff Dennis took this picture from his boat. He said he could have taken the boat in closer but didn't want to disturb the owls.

McGowan said, and a change in removal techniques. Recently, the Port Authority there announced that it "will move toward non-lethal trap and release methods" as is done at Boston's Logan Airport. "We applaud the move by the Port Authority to pursue non-lethal methods of removing snowy owls from JFK and LaGuardia airports. This is essential to reduce risk to people, and it also preserves the lives of these magnificent raptors."

Dr. McGowan urges birders to take advantage of the rare opportunity.

"This year's snowy owl irruption is the largest we've seen in decades in the Northeast and this is an awesome opportunity for people to see these birds. A really great way to find out where they are in your area is to check out the live maps at eBird, which tracks reports of the Snowy Owls, at www.eBird.org."



PAUL CHAMPLIN

Near Cherry & Webb Beach, a snowy owl flies off with its seagull kill.

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Lawmakers: Tide turning against bridge toll

BY BRUCE BURDETT

bburdett@eastbaynewspapers.com

He is "cautiously optimistic" that a plan to kill Sakonnet River Bridge tolls will win the day, state Rep. Jay Edwards told an audience of over 120 people at Portsmouth's Common Fence Point Community Hall last Wednesday.

He and Senators Louis DiPalma and Christopher Ottiano and Rep. Ramond Gallison Jr., were there to update residents on work being done by the Special Legislative Commission to Study the Funding of East Bay Bridges (of which Edwards, DiPalma and Ottiano are members).

"If you had asked me a year ago I would have said we had probably a 40-60 chance of getting rid to tolls," said Rep. Edwards, the deputy majority leader of the House of Representatives. "Now I'd say we have a 55-45 shot." The other lawmakers agreed with that assessment.

He added that if Portsmouth succeeds in its legal case against tolls, "people might even get a refund" for tolls already paid.

The lawmakers said there are several factors behind their growing confidence that a way around tolls will be found.

"The general mood regarding tolls has changed," Mr. Edwards said, both among Rhode Islanders

"The general mood regarding tolls has changed."

■ R.I. STATE REP. JAY EDWARDS

and his State House colleagues.

He noted a recent Providence Journal/WPRI poll that showed people in the state oppose Sakonnet River Bridge tolls by a 57-35 percent margin (8 percent undecided).

"That is significant. We already knew that people here are against the toll. But this showed strong opposition statewide," he said.

He senses the same among state representative and senators, he said. "Not all are on board but there has been a real swing against tolls."

Among the testimony the commission has heard is perspective from other places. Rep. Edwards said he found it interesting that only seven other states "have a quasi (Like the RI Turnpike and Bridge Authority) running their roads or bridges."

Also encouraging is the general condition of the state budget — there has actually been speculation about a surplus this year.

And "finally, I believe that when we've had time to look at the whole issue of state highway and bridge funding, not just this bridge, we will come up with something that will permanently fund the DOT ... Everything is on the table" — fees on drivers's licenses, car inspections and gasoline taxes.

Time is short. The commission will need to come up with an alternative plan by January 30. The legislature would then have to approve that plan by April 30 — "that's light speed by legislative standards."

The lawmakers also told the audience that it is important for people to keep the pressure on as the process enters its final phases.



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SCHOOLS: Another lean year ahead

From Page 1

and further delay in needed improvements and repairs is the wrong way to go. What the schools really need is additional staff and continued technology improvements.

The schools should do a better job of communicating those needs to townspeople, he said, adding that he believes taxpayers might be supportive if the needs and grim alternatives are made clear.

Although the schools have traditionally not fared well with Proposition 2 1/2 requests, it may come to that again this year, several said.

The level-funding message also arrives at a moment that the schools are trying to address a number of costly maintenance issues including new roofs, boilers, parking lots and more. These projects would likely require capital spending (borrowing).

Photos

of events, people, etc.
available for purchase
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Search of skateboarder's house leads to four arrests

They didn't arrest the professional skateboarder who owns the Oakridge Lane house (he was not the focus of the probe and had no apparent involvement), but a search warrant did lead Westport Police to arrest four others there on Thursday, Dec. 12.

Westport Police led by officer Matthew Holden went to 1 Oakridge Lane (off Charlotte White Road) seeking Nicholas Iemma whom Detective Jeff Majewski said was wanted on a Massachusetts motor vehicle warrant as well as on an out-of-state warrant for parole violation.

During the search for this man (whom they did not find), Detective Jeff Majewski said officers observed cocaine, marijuana and psilocybin mushrooms. A second search warrant was then obtained for narcotics while officers secured the house.

During the search that followed, officers located additional cocaine, a large amount of psilocybin mushrooms, drug scales, packaging materials, numerous cell phones, 24 grams of amphetamine bath salts, paperwork outlining drug transactions and approximately \$700 in cash.

Three individuals inside the house were identified as Joseph R Dourado, 24 of 187 Hatton St., East Providence, R.I.; Morgan Shipman (female), 22, of 1 Oakridge Lane; and Nicholas Weiss, 29, of 1 Oakridge Lane.

Not there was the homeowner, identified by Det. Majewski as

Nicolas Dompierre, a professional skateboarder. Det. Majewski said that Mr. Dompierre was not the focus of the warrant or the investigation.

Police also obtained information during the search for narcotics that a recently registered sex offender in Westport was not living inside the house as indicated by the registry.

That man was identified as Luis Cruz, 37. Mr. Cruz had registered with Westport Police as a sex offender on December 4, and had listed his residence as 1 Oakridge Lane, Westport. Mr. Cruz was arrested later in the afternoon when he went to the Westport Police station.

Mr. Dourado was charged with possession of Class B cocaine and conspiracy to violate the drug laws.

Mr. Weiss was charged with possession of Class B cocaine, possession with the intent to distribute Class C psilocybin mushrooms (also known as Mexican mushrooms), and conspiracy to

violate the drug laws.

Ms. Shipman was charged with possession of Class B cocaine.

And Mr. Cruz was charged with failure to properly register as a sex offender. He told investigators that he occasionally resides at 474 William Street in Fall River and sometimes in Swansea.

Mr. Iemma, the man who had been the object of the first warrant was not located but investigators found paperwork that indicated he had recently been in the house.



Joseph R Dourado



Morgan Shipman



Nicholas Weiss



Luis Cruz



One year later

We owe our children – the most vulnerable citizens in any society – a life free from violence and fear.

Nelson Mandela

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*Marion Wright Edelman
Children's Defense Fund*

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Gift idea: River calendar even has tides

Back by popular demand is the Westport River Watershed Alliance's annual calendar — 2014 edition. Each month is depicted with a photograph of the Westport landscape or river, and especially useful is the daily tide information. Photos were provided by local photographers.

The Alliance says the calendar is a perfect holiday gift for anyone, but especially helpful for boaters and shellfishermen who depend on the tide.

The calendar is \$15 and available at the WRWA office, 1151

Main Road in Westport and at the following Westport businesses: Partners, Country Woolens, Lees Market, The Westport Apothecary, and A.S. Deams. For an additional charge you can also order them on line at www.westportwatershed.org or by calling the office at 508-636-3016 and have them sent directly to your home or gift recipient.

Proceeds benefit the programs that support WRWA's mission — to restore and protect the Westport River and its watershed.



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Opinion

EDITORIAL

Owls need elbow room

The recent visit by snowy owls is a rare treat, one to enjoy from a distance.

These are beautiful birds, far from their Arctic home. The fact that they are here suggests all is not well with these owls. Experts think they've headed south because their normal food supply — mostly Arctic lemmings — has dried up.

So they now find themselves far from home in a strange, crowded place full of people, trees and other things they aren't used to. Finding food is likely a challenge here too — we've got squirrels and

gulls but precious few lemmings.

Surviving winter here won't be easy but we can help by giving them a wide berth and keeping the pets under control.

Savor the spectacle — through binoculars and the long lens.

Tolls leave sour taste

They loved our area, English visitors told a reporter, but the \$18 they paid for a back-and-forth Sakonnet River Bridge crossing was over the top.

It was that much thanks to a disgraceful processing fee tacked on by their rental car company. Turns out other rental car companies are doing it too — something else the toll backers did not foresee.

But the toll plan envisioned by the RI Turnpike and Bridge Authority is nearly as outrageous.

The Authority would like to charge visitors over \$10 per round trip (still not counting rental processing fees) and apparently believes they will put up with it.

The reaction of those English visitors says otherwise.

The unfairness of such a fee for crossing a puny bridge soured the experience for them. Such impressions linger, word gets around, and soon people head to more welcoming places — like Cape Cod.

Consider such stories early warning.

WHERE TO WRITE:
Westport Shorelines, 1 Bradford Street, Bristol, RI 028809 or shorelines@eastbaynewspapers.com



RICHARD W. DIONNE JR.

River put to the test

Water testers set out in the drizzle on a recent Thursday morning from next to the Harbormaster's Shack at Westport Point to test the cleanliness and checking of Westport waters. Shellfish Warden Gary Sherman, driving the boat, said such tests are done five times a year but also after big rains — like the 2-plus inches fell that week. With him are Kelly Kleister of the Division of Mass. Fisheries, and Assistant Shellfish Constable Chris Leonard. They planned to test locations in both branches of the river.

LETTERS TO THE EDITOR

Harold and Virginia Lash — true friends of our library

To the editor:

The Trustees of the Westport Free Public Library wish to pay tribute at year's end to two of our most gracious benefactors. Harold G. and Virginia E. Lash, married some 63 years, were lifetime devotees to our town library, and in their last years bestowed some wonderful gifts to us.

Virginia passed away in April, 2008 and, in her memory as our 2009 addition and renovation was being completed, Harold and the family donated our handsome new custom-made oak reception desk. A plaque was installed on the face of the desk to commemorate Virginia's dedication to our library and its cause for lifelong learning.

Daughters Gail and Wendy related how, in days long past, Virginia would gather up the children on Saturday mornings and head for the old library,

upstairs in Town Hall where the Selectmen's office now resides.

She recalls their joy and their mother's enthusiasm as they spread out books to choose from for the week's reading by themselves and by the parents who always read to them. Such stories warm my publisher's heart, stoke the creative fires for my children's writer wife and reaffirm the dedication of our library staff. The Lashes never wavered over the years with their gratitude for our library as a place of learning and cultural betterment.

In 2011, I was honored to meet with Harold, his son Douglas and Library Director Sue Branco as he sought a briefing on our library needs and contemplated a further gift to help us meet financial goals over coming years. As you know, these have been difficult times for the libraries of the Commonwealth

but unexpected private gifts have enabled us to forge ahead.

Later that year we were delighted to receive a generous grant from the Lash family charitable gift fund. This is being used, in conjunction with town funds, to keep us abreast of changing technology, to add to our collection and, in general, to seek to improve our service to the community.

Harold Lash subsequently passed away in August, 2013, at age 93 and we gratefully welcome this opportunity to thank the family publicly for their generosity and community spirit. This gift was not only for the library as an institution but for the town and townspeople of Westport they have loved and respected.

Robert J. Gormley
Chairman, Westport Library Board of Trustees

WESTPORT SHORELINES

Established in 1993

Matthew Hayes, Publisher

Bruce Burdett, Editor

R. S. Bosworth Jr., Publisher Emeritus

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Westport Shorelines encourages all citizens to comment publicly on the events and times in which we live. We will print any letter sent to us, adhering to guidelines for taste, accuracy, fairness and public interest. Letters must be signed by the author and must include telephone number and street address. Letters are limited to 500 words. Direct letters to: Westport Shorelines, 1 Bradford St., Bristol, RI 02809. Letters may also be sent to shorelines@eastbaynewspapers.com.

Correction policy

We adhere to the highest standards of accuracy, fairness and ethical responsibility. If you feel we have not met those standards, please notify us. We will correct any errors brought to our attention or that we discover ourselves. They will always appear on this page.

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Cub carolers

Westport Cub Scout Pack 100 of Our Lady of Grace Church spread holiday cheer on Saturday, Dec. 7, by caroling to a packed house at Whaler's Cove in New Bedford. The boys represented all dens of the Cub Scout pack with ages ranging from six through 11. They sang a variety of Christmas Carols to the accompaniment of Noah Gagnon, a Boy Scout from Troop 100, on his trumpet. The Webelos dens also signed "We Wish you a Merry Christmas" for the hearing impaired members of the audience.

J & J East West Diamond Jewelry

Santa Sale

Let Santa pay for your Jewelry!

Purchase any jewelry between November 29th - December 24th (thru Christmas Eve)
If it snows 6.0 inches or more on January 3rd every customer receives a full refund and Santa pays for their Jewelry!

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Advertisement. Conditional Refund Offer: Offer valid only on qualifying purchases between 11/29 - 12/24/13. See complete terms and conditions/official rules and activation requirements available at J&J Jewelers. Each qualifying purchase will have chance to receive a refund equal to the amount of the qualifying jewelry purchase, including sales tax, based upon the actual occurrence of the designated conditional rebate activation requirement. To receive the conditional rebate offer to be activated, the official designated weather measurement station located at T.F. Green Airport in Providence, RI must record 6.0 or more inches of newly fallen snow on January 3, 2014 between 12:00am EST - 11:59pm EST per the requirements set forth in the terms and conditions/official rules of the offer. Only the official recorded measurement amount as recorded and reported at the designated National Weather Measurement station, and as verified by Weather Source, LLC, 30 Woodstone Drive, Amherst, MA 01013 according to the standards of the National Climatic Data Center (NCDC), shall be used to determine the activation of the conditional rebate offer regardless of the actual snowfall measurement amount at the sponsor's location or any customer's residence or address. If the official designated weather measurement station does not record 6.0 or more inches of newly fallen snow on 1/3/2014 per the conditional rebate offer activation requirements, then the conditional rebate offer is void and customers will not be entitled to any refund amount. Offer void where prohibited.

Property taxes to rise 70 cents

Property taxes are headed up but by a modest amount, the Board of Assessors reported to the Board of Selectmen last week.

The Assessors recommended a rate of \$7.70 per \$1,000 of assessed value. That's up 31 cents from the current rate of \$7.39, a rate that Robert Grillo of the Board of Assessors said was around the

13th lowest in Massachusetts.

The Selectmen then voted unanimous approval of the rate which now needs state approval before becoming official.

For a house and property valued at \$350,000, this would mean a tax hike of \$108.50 and total bill of \$2,695.

Selectmen also voted to maintain a single tax rate for all proper-

ties — residential, commercial and industrial — for the coming fiscal year.

Given that over 92 percent of all property in town is residential, Selectmen Chairman Antone Vieira and Business Manager Steve Lombard said that the split rate option offered by the Assessors would be unfair to businesses and industries.

PRICE-LESS OIL

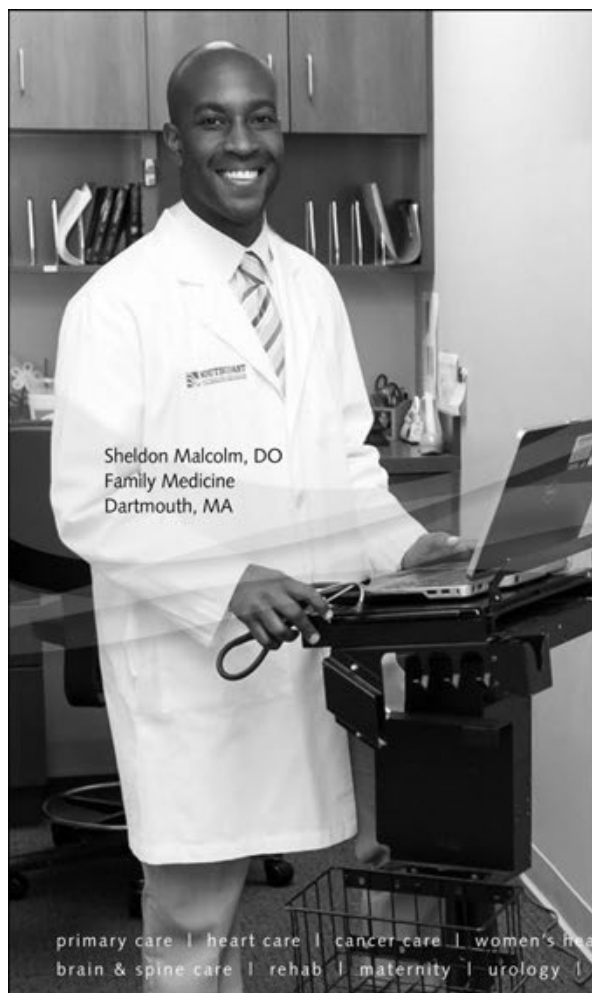
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 Attorney David B. Hathaway
Former Chapter 7 Bankruptcy Trustee
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 dave@ribankruptcy.net
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I'm a Southcoast Physician

Southcoast Health System welcomes Dr. Sheldon Malcolm — Family Medicine to Southcoast Physicians Group

Dr. Malcolm is a specialist in Family Medicine. He has provided care for several years in underserved areas including Haiti and Ecuador. He is committed to pursuing, maintaining and diligently managing both the short term and long term health of his patients. Dr. Malcolm enjoys caring for newborns to adults and is currently accepting new patients.

Our Southcoast Physicians Group team of primary care physicians and specialists provides you with thoughtful, coordinated care to improve your health and quality of life. And with direct connections to Southcoast's comprehensive regional services, you have access to the essential services you need, close to home.



Southcoast Physicians Group
 Family Medicine
 300A Faunce Corner Road
 Dartmouth, MA 02747
508-995-6381

RIP — Builders bid farewell to transatlantic Scout

Little transatlantic boat Scout quietly vanished in mid-ocean a couple weeks ago and her young Tiverton builders believe now that she's gone for good.

Launched Aug. 23, the 13-foot solar powered electric motorboat chugged steadily toward Spain until late September when her main tracking system failed. Her backup satellite tracker tracked Scout for awhile as she meandered about somewhere east of Titanic's final resting place — well over a thousand miles in the direction of Spain.

Now that signal, too, has been lost.

The Scout team sent this message to the boat's many followers via their Facebook page recently:

"We'd like to update everyone about where Scout is today. The truth of the matter is that we lost her a few days ago and we don't think that we'll hear from her again.

Scout was launched from Sakonnet Point, Rhode Island, on August 23, 2013, at some ridiculously early time of the morning (at Scout headquarters, we referred to these hours as "business hours.") Scout set off into the night like an invisible rocket that traveled at around 2 knots, transmitting her position and other data back to us every 20 minutes. We all have fond memories of waking up in the middle of the night to see what Scout was up to.

The last time we heard from this main tracking system was on September 28th. After that system went offline, we had some



Scout motors through waves south of Westport in August.

drinks because it was the weekend and the tracking service provider wouldn't pick up the phone until Monday, sent them Dan's credit card number, and had the service activated by Tuesday to find Scout 95 miles to the south. Thus began a series of loopy tracks ("Go home Scout, you're drunk," commented one Scout follower) totaling about a thousand miles that lasted a month and a half.

On Wednesday, November 06, 2013, at 4:01:27 p.m., we received the last transmission from Scout. The backup tracker, a completely independent unit operating on the Globalstar satellite network, quietly failed before the next scheduled (4:01a.m.) message was transmitted. It has been exactly eight days since she vanished, and we think that this is as

good of a time as any to put Scout to rest.

Although the chances are that we will never hear from Scout again, our database is ready to accept an incoming message, the satellites watching over Scout will send us an email if they spot her (while Dan's credit card lasts), and you can all be assured that we'll all get tattoos of Scout's position if she ever does transmit to us again. But as much as we have been captivated by Scout, this is probably the right time to let her go. We all have a number of projects to catch up on, and we're always looking for the next one.

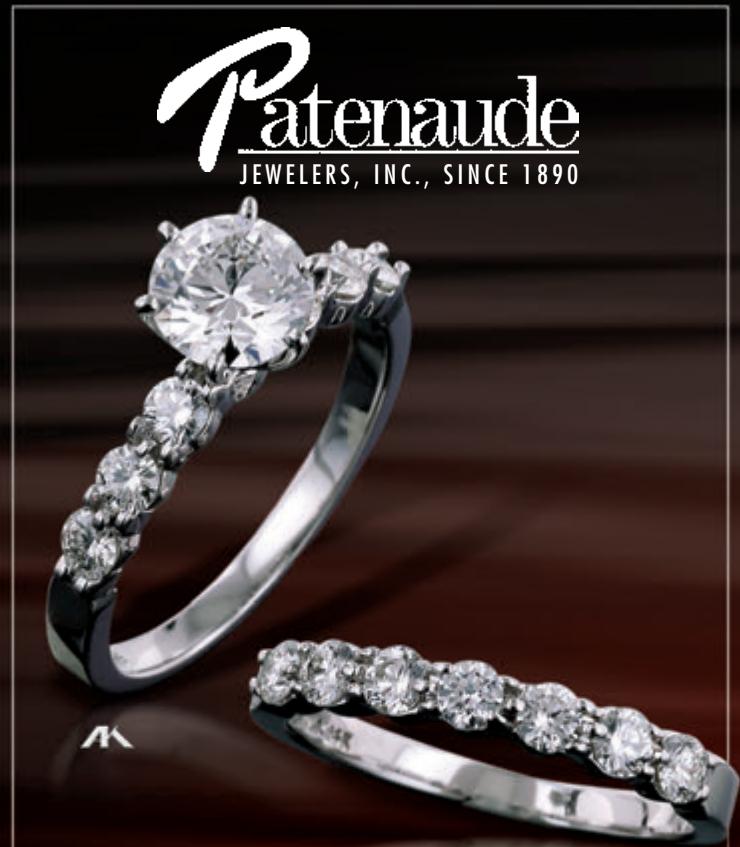
The real benefit of setting today as an end date is that you'll be able to pencil it in on your Scout Supporter plaques! If you haven't received yours yet and you were a \$30+ Kickstarter supporter, it should be on its way soon. <http://www.gotransat.com/images/scoutplaque.jpg>

A massive thanks to all for making this project possible and for helping us keep an eye on Scout over the last few months. We hope that you've had a good bit of fun watching this tiny boat try to take on the Atlantic; we certainly had fun building her."

Cheers!
The Scout Crew

Transfer Station holiday schedule

Hours for the upcoming Christmas and New Years weeks have been announced for the Westport Transfer Station. The station will close at 10:30 a.m. on Monday, Dec. 23 and Monday, Dec. 30, and will be closed all day on Thursday, Dec. 26 and Thursday, Jan. 2. The station will also be closed as usual all day on both upcoming Tuesdays and Wednesdays.



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ORDER EARLY!

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- Certified Angus Beef Spoon Roast \$6⁹⁹ lb.
- Tom's Center Cut Pork Chops \$2⁹⁹ lb.
- Certified Angus Beef NY Sirloin Steak \$6⁹⁹ lb.
- Tom's Own Italian Sausage or Sausage Meat ... \$3⁹⁹ lb.

Triple M Spiral Half Hams \$2⁹⁹ lb.

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- Citterio Genoa Salami or Mortadella \$4⁹⁹ lb.
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- Krakus Imported Ham \$6⁹⁹ lb.
- Stella Slicing Provolone \$4⁹⁹ lb.

SEAFOOD

- Wild Caught North Pacific Scrod \$4⁹⁹ lb.
- Sweet & Succulent Wild Caught Sole \$6⁹⁹ lb.
- Jumbo Bay Scallops 50-60ct. \$8⁹⁹ lb.

GROCERY

- Domino Sugar 4lb. Bag **2/\$5**
- King Arthur Flour 5lb. Bag **2/\$5**
- Pillsbury Ready Pie Crust **2/\$5**
- Nabisco Triscuits or Wheat Thins . **2/\$4**
- Philadelphia Cream Cheese Bars 8oz. **2/\$3**
- Hood Half & Half Quarts \$2⁹⁹
- 8 oz. Cracker Barrel Cheese Bars ... \$2⁹⁹
- Barilla 16oz. Pasta **99¢**

TOM'S KITCHEN

Check out our holiday menu at tomsmarket.com

- For Your Party!! Spinach & Artichoke Dip Serves 2-4 \$6⁹⁹ ea.
- Tom's Own Mini Sweedish Meatballs \$6⁹⁹ lb.
- Rich's "Sweet Heat" Salmon \$14⁹⁵ lb.
- Fresh Baked Crusty Dinner Rolls **\$2⁹⁹ dz.**
- Just Like Memés French Meat Pies. . \$7⁹⁹ ea.
- In Store Baked Apple or Pumpkin Pies ... \$6⁹⁹ ea.

FRESH PRODUCE

- California Seedless Navel Oranges **99¢** lb.
- Fresh Express Iceberg Garden Salad Mix **\$1⁴⁹** 12oz.
- Sweet & Plump Blueberries... \$3⁹⁹ 6 oz. pkg.
- Cool & Crisp California Celery \$1⁴⁹ bn.
- Golden Ripe Pineapples .. \$2⁹⁹ ea.
- Extra Fancy Royal Gala or Granny Smith Apples \$1⁴⁹ lb.
- California Broccoli Crowns... \$1⁴⁹ lb.

Holiday Zoobilee at Buttonwood Park Zoo on Saturday features Santa, animals, more

NEW BEDFORD — The Buttonwood Park Zoo's second annual Holiday Zoobilee offers visitors the chance to experience the holidays in a unique way. The zoo is open exclusively for Holiday Zoobilee on Saturday, Dec. 21, from 11 a.m. to 4 p.m. Visitors will be able to learn how the zoo's animals stay active through holiday themed keeper chats and animal enrichments each Saturday.

For fans of the zoo's train and wildlife carousel, both rides are included in the Zoobilee admission. There will be opportunities to carol with the animals, enjoy hot chocolate and a special holiday cookie, and workout with some of Santa's elves before stopping up at the Buttonwood Farm to meet Santa Claus.

The Zoobilee keeper chat schedule follows:

- 11:30 a.m.: Bobcat enrichment
 - Noon: Keeper chat at Asian Elephants
 - 12:30 p.m.: River Otter enrichment
 - 2 p.m.: Keeper chat at Harbor Seals
 - 2:30 p.m.: Bison enrichment
 - 3 p.m.: Keeper chat at Buttonwood Farm
- Saturday also will feature a special fitness program at 1 p.m. A martial arts class with Absolute Martial Arts is designed for children.

Greater New Bedford Regional



At the Holiday Zoobilee, there will be opportunities to carol with the animals, enjoy hot chocolate and a special holiday cookie, and workout with some of Santa's elves before stopping up at the Buttonwood Farm to meet Santa Claus.

Technical Vocational High School students created a gingerbread house village that's on display in the Wildlife Education Building as well as the sugar cookies for cookie decorating. The students also designed a special Bear on the Branch ticket for each child.

Sponsors for Holiday Zoobilee include CliftonLarsonAllen and

the City of New Bedford. Zoobilee admission prices are \$14 for adults and \$11 for children (\$9/\$6 for members); children under 3 are free. The zoo will be closed for regular admission on Dec. 21, and is open exclusively for Holiday Zoobilee from 11 a.m. to 4 p.m. For more information, visit www.bpzoo.org.

It's a 'Nor'easter Noel' at Sandywoods Center on Friday

TIVERTON — "A Nor'easter Noel" is on Friday, Dec. 20, at 7:30 p.m. at Sandywoods Center for the Arts at 43 Muse Way. Doors open at 7. BYOB and food are allowed.

Tickets are \$12 at the door and \$10 in advance. Reserve tickets at the advance price by leaving a message at 401/241-7349.

Ring in the season with a stellar cast of award-winning singer-songwriters from the Northeast, including Lisa Martin, Lara Herscovitch and Marc Douglas Berardo and special guests Michael Troy and Chris Farias.

Original and classic holiday and winter-themed songs will be performed.

Singing along is encouraged.

ACHIEVEMENTS

The Computerized Provider Order Entry (CPOE) Implementation Team received the Southcoast Health System's 2013 Southcoast President's Award for Excellence on Dec. 10. Members of the team include TRACY HOWARTH of Westport. Nominated by their co-workers, the awards recognize 12 individuals and one team for outstanding performance, integrity and overall quality of services provided. The CPOE team is responsible for creating a computer system that allows physicians, nurse practitioners, physician assistants and other health care practitioners to enter their own orders directly into the electronic medical record of each patient. The team has been working on the project since 2010 and has implemented the system at all three Southcoast hospital sites.

Merry Christmas from all of us at

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IN THE DINING ROOM Rock & roll and Open Mic with Steve C

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Lees Market Presents...

Santa Comes To Town!

Santa will begin his journey by fire truck
at 10:00 on December 21, 2013

His planned route is:

START: Hix Bridge Fire Station

Main road to Kirby road
Main road to Holly lane
Main road to Charlotte White
Charlotte White to Meadowbrook
Meadowbrook to Fernmarsh
Fernmarsh to Charlotte White
Charlotte White to Shannon drive
Shannon drive to Jillian way
Jillian way to Sodom road
Sodom to 177
177 to Light House lane
Light House to 177
177 to Forest park
Forest park to 177
Cross 177 to Tickle road
Tickle road to Briggs road
Briggs road to Gifford road
Gifford road to Macomber School - **STOP***
Gifford road to Old County road
Old County road to Drift road
Drift road to Hix Bridge (Central Village Fire Station) - **STOP***

END: Hix Bridge Fire Station

*Refreshments will be served for approx. 30 minutes at these stops. There will be refreshments, pictures with Santa and more at Hix Bridge Fire Station when the tour reaches its end (approx. 2:00). Get updates on Santa's location throughout the tour on Twitter @ WestportFF1802!

This event is brought to you by Lees Market in conjunction with the Westport Fire & Police Departments.

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Churches are celebrating Christmas with carols, candlelight and prayer

Caroling, candlelight and special music are among the highlights of church services as area Christians prepare to celebrate the birth of Christ.

Acoaxet Chapel
 Pastor Bob Hollis
 36 Howland Road
 401/635-4857
www.acoaxetchapel.org

Calvary Bible Church
 Pastor Jared Heatherly
 1100 State Road, Route 6
 636-3398
www.calvarybiblewestport.org

Lighthouse Assembly of God
 Pastors John and Ramona Costa
 522 American Legion Highway (Route 177)
 636-4470 or 636-4490

Our Lady of Grace Catholic Church
 The Rev. Horace Travassos
 569 Sanford Road
 674-6271

Pacific Union Congregational Church
 The Rev. Nathan Hall
 526 Old County Road
 636-5280
www.pacificunionchurch.org

St. George's Catholic Church
 The Rev. Maurice O. Gauvin
 12 Highland Ave.
 636-4965

St. John the Baptist Roman Catholic Church
 The Rev. Leonard P. Hindsley
 945 Main Road
 636-2251
<http://stjohnthebaptistwestport.org>

On Christmas Eve, Tuesday, Dec. 24, a Mass and Christmas pageant is at 4:30 p.m. with Sing Praise and the youth Christmas choir.

Also on Christmas Eve, a 10 p.m. Mass begins at 9:30 with a service of lessons and carols by the adult choir.

On Christmas Day, Wednesday,



Dec. 25, Mass is at 10 a.m.

Spirit of Christ Church
 The Rev. Lawrence McErlean
 75 Reed Road
 (Westport Council on Aging)
 508/971-5010
<http://spiritofchristchurch-ma.com>

Westport Monthly Meeting of Friends
 937 Main Road
 636-4963

Westport Point United Methodist Church
 The Rev. Bob Jon
 1912 Main Road
 636-2036
www.westportpointumc.org

Westport United Congregational Church
 The Rev. Sue Moenius
 500 American Legion Highway
 636-5829

www.westportucc.org
 A Christmas Eve candlelight service is at 6 p.m. on Tuesday, Dec. 24.

Churches invited to send us schedules for New Year's

Westport Shorelines will list local church services for New Year's and Twelfth Night in upcoming issues. Local congregations are invited to send us their schedules and information on concerts, plays, nativities and other holiday-related activities. Please include the name of your current minister or priest. There is no charge for the listings.

Send schedules to Lynda Rego, Westport Shorelines, P.O. Box 90, Bristol, RI 02809; e-mail them to lrego@eastbaynewspapers.com, or fax them to 401/253-6055. The deadline is at 9 a.m. on Monday next week because of the holiday.

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906 Aquidneck Ave, Middletown, RI 02842 - 401.846.7911

Two field assistants and four internships offered at Allens Pond sanctuary next year

WESTPORT — There are seasonal internships and job postings at the Allens Pond Wildlife Sanctuary for spring/summer 2014. For more information about qualifications and how to apply, call Jennifer Costa at 508/636-2437 or e-mail jcosta@massaudubon.org.

Needed are two field assistants (24 to 40 hours a week) from mid-March to August to protect nesting piping plovers, least terns and other beach nesting birds in Dartmouth and Westport. One position begins mid-March and runs through the end of August. The second start and end dates are dependent on funding.

Graduate students seeking a field experience or multi-year research project are encouraged to apply.

An education intern is needed to work closely with sanctuary staff and volunteers on environmental education and public out-

reach programs based out of the 695-acre sanctuary with some travel to other locations. A primary role will be to assist in providing instruction during children's programs at the sanctuary and delivering outreach at community events. Applicants must be outgoing and have strong communication (including electronic) skills. The position is open from May to August.

A land and trails intern will work to help maintain 7-plus miles of hiking trails, participate in wildlife management activities in shrubland and grassland habitats, assist with trail-building and landscaping projects, lead volunteer groups, mentor youth crews, and assisting with the Duck Derby. Start/end dates are flexible beginning in May/June and running into August, with a commitment of three to five days a week including weekends.

A wildlife intern will work with staff and volunteers on several ecological projects in Dartmouth and nearby locations. The internship will consist largely of ornithological and related field work and data management with opportunities for participation in education and outreach projects. Start/end dates are flexible from May/June to August, with a commitment of three to five days a week including weekends.

A special events intern will work with staff and volunteers to help plan, prepare and execute the Duck Derby. Certification in CPR/first aid is desired. Start/end dates are flexible from May/June to August, with a commitment of three to five days a week, preferably Wednesday to Sunday.

All intern positions are unpaid, but opportunities may be available to receive school credit.

AT THE LIBRARY

Holiday hours for next two weeks

WESTPORT — There will be special hours for the next two weeks at Westport Public Library due to the holidays.

Mondays, Dec. 23 and 30, from noon to 8:30 p.m.

Tuesdays, Dec. 24 and 31, from 10 a.m. to 1:30 p.m.

Wednesdays, Dec. 25 and Jan. 1, closed.

Thursdays, Dec. 26 and Jan. 2, from noon to 8:30 p.m.

Fridays, Dec. 27 and Jan. 3, from 10 a.m. to 5 p.m.

Saturdays, Dec. 28 and Jan. 4, from 9 a.m. to 4 p.m.

Book group to discuss 'Left Neglected'

The library's book discussion

group meets on the second Friday of each month at 11 a.m. in the community room of the library. New members are welcome.

The selection for January is "Orphan Train" by Christina Baker Kline on Jan. 10.

For more information, contact Karen Nourse at karennourse@yahoo.com.

Selections coming up are "Stiff" by Mary Roach in February, "Defending Jacob" by William Landay in March and "Cascade" by Maryanne O'Hara in April.

There is a book store in the library

Want to curl up with a good book. The nearest used book store is right in the library with several hundred books to choose from during library hours. Fiction, non-

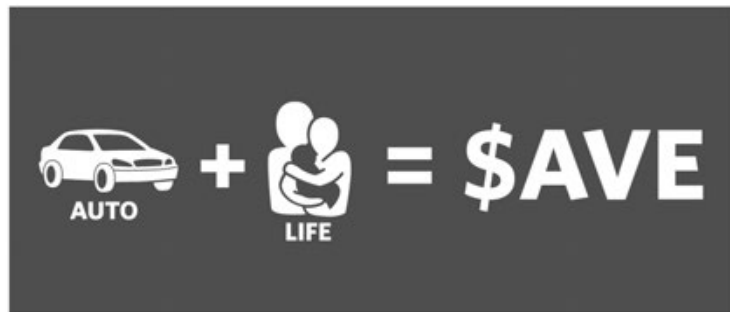
fiction, décor, gardening, essentially anything the volunteers stocking the shelves think buyers will like.

Books are \$1.50 to \$2 and are next to the circulation desk and in the front hallway.

The inventory is replenished frequently. Pay at the circulation desk.

It is sponsored by Friends of Westport Library. Proceeds benefit the library.

Westport Free Public Library is at 408 Old County Road. Hours are from 10 a.m. to 5 p.m. Tuesdays, Wednesdays and Fridays, from noon to 8:30 p.m. Mondays and Thursdays, and from 9 a.m. to 4 p.m. Saturdays. For more information, call 508/636-1100 or visit www.westport-ma.com/library/index.html.



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HOLIDAY TREATS

Christmas Cookies • Eggnog Cheesecakes
Chocolate Gingerbread • Peppermint Brownies
And much more...

*Thank you to our family & friends for another great year!!
Wishing everyone a joyous Christmas holiday season and Happy New Year*

PS: Please don't forget 40% discount on all shelf products DECEMBER 24 ONLY

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*Annual Percentage Yield (APY) effective as of 12/02/13 and subject to change. Rates without a Choice Alliance or e.SI Checking account are .90% APY for the 15 Month CD and 1.25% APY for the 33 Month CD. Minimum \$500 deposit required to open the account and earn the APY. Maximum deposit \$1,000,000. Substantial penalty for early withdrawal. Fees may reduce earnings of the account. Find us on Facebook. Equal Housing Lender. Member FDIC.

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frank@afiresafetyco.com
afiresafetyco.com

Like to sing? A choir group is forming at the Council on Aging

WESTPORT — The Westport Council on Aging (COA) offers a variety of activities for seniors 60 and older at the senior center, which is open from 8:30 a.m. to 4 p.m. Monday to Friday at 75 Reed Road. For more information, call 508/636-1026.

Do you enjoy singing? A choir group is forming, and all are welcome. Call Susan Sharpe, volunteer coordinator, to sign up.

If anyone has an iPad, an iPhone or a computer, Joan is available on Fridays for individual lessons. Call 508/636-1026 to schedule an appointment.

The Food for Friends food pantry is open from 10 a.m. to 1 p.m. on Thursdays (except holidays) and from 9 a.m. to noon on the third Saturday of the month for anyone in need who lives in Westport and is at least 18 years old. For information on who qualifies, call the center and ask for Andrea or Phyllis.

The community-supported pantry appreciates donations. The top 10 things they need are canned fruits and veggies, pasta and pasta sauce, hearty soups, snacks, canned tuna or chicken, rice and cereal. Dropoff locations are at the Westport COA, Lees and Westport Library or call the COA at 508/636-1026.

Note: If the Westport community schools announce closings due to weather emergencies this winter, the senior center will close for classes, transportation and other activities. The COA office may operate for routine administrative operations only.

Transportation is offered from 10 a.m. to 2 p.m. Mondays to Fridays. It is for Westport elders and handicapped persons of all ages by appointment only. It is for medical appointments, local grocery stores and shopping centers, pharmacies and hairdresser appointments in Westport, Dartmouth, New Bedford and Fall River. The cost is \$3 one way and \$5 round-trip. When you call, have the exact business or doctor's name, street address, telephone number and duration of your appointment (pickup time). *Plan at least two weeks in advance due to limited availability.*

If you are 60 years of age or over and interested in having lunch at the center, it is served from 11:30 a.m. to noon Monday to Friday. Reserve a meal with the kitchen 48 hours in advance by calling 508/636-1026. There is a donation.

SNAP (Supplemental Nutrition Assistance Program) helps low-income individuals and families

buy healthy, nutritious food. Contact the Outreach Department to see if you are eligible.

Are you or anyone you know in need of assistance? Call the Outreach office and ask for Andrea or Phyllis for services available to Westport residents 60 years of age and older. Outreach provides home visits, help with applications, information and referrals, food stamps, caregiver support, vision impaired support and medical equipment loaned out.

The SHINE Program (Serving the Health Information Needs of Elders) provides confidential counseling on all aspects of Medicare, supplements and MassHealth. Ken Costa, the SHINE representative, is at the Westport COA on the second and fourth Mondays of the month to answer your insurance questions. Call to schedule an appointment.

The supportive day program provides a safe, structured environment for seniors who are isolated, experience memory or personal loss, recovering from personal illness or injury, or have certain physical restrictions because of age-related disabilities. The community care program allows elders to remain in their homes, providing much needed respite for caregivers. The program

includes trained professional staff, therapeutic games, daily structured and supervised activities, day trips, morning/afternoon snacks, health clinics, nutritious lunch, sing-alongs, educational programs, gentle exercise, current events and creative activities. Transportation and financial aid are available.

The regular schedule of events and the lunch menu at the senior center is in the Council on Aging newsletter, "Evergreen." Copies can be picked up at local businesses and town buildings or visit the town website at www.westport-ma.com (choose Council on Aging under "Departments"). It is also available by e-mail (send a request to coavolunteers@westport-ma.gov and include your full name and telephone number).

Other activities

Stop by and play a game of scrabble or work on a puzzle.

For those who like to play a few games of pool or cards stop in around 9:30 every morning. Bingo is at 1 p.m. on Thursdays.

Exercise for people with or at risk of osteopenia/osteoporosis is from 9:45 to 11 a.m. Monday, Wednesday and Friday with Florence Wypych. A physician form filled out by the doctor that states this would be beneficial is required. There are openings in the Monday, Wednesday and Friday sessions. Call for more information.

Aerobic exercise is from 8:45 to 9:30 a.m. Monday, Wednesday and Friday (Session I) and Tuesdays and Thursdays (Session II) with Wendy Sperduti-Ray. Punch cards are available for 10 visits for \$30.

On the first Monday of the month, a constituents' informational session with Rep. Paul Schmid is at 9 a.m.

Multi-level yoga with Joan Davignon is every Monday and Wednesday from 11 a.m. to noon (lower level) and 12:45 to 1:45 p.m. (upstairs). It is \$3 per class and is

designed for seniors and to benefit everyone at any level of health and fitness. A combination of stretching and breathing exercises will help to relieve stress, calm the mind and increase agility, mobility, balance and body awareness.

A walking/hiking group meets at 8:45 a.m. on Tuesdays. All are invited to join. It leaves from the Westport COA. Knitting and crocheting is from 1 to 3 p.m. on Tuesdays with Gertrude Vigeant. It is for knitters and crocheters of all skills.

A watercolor workshop is from 9 to 11:30 a.m. on Wednesdays with Carol Lynn Hall. There are four instructional classes led by Ms. Hall and two peer workshops. The six-week sessions are for artists just beginning their journey with watercolor to experienced artists who willingly offer encouragement and motivation to one another. Class size is limited. Call for information.

A poetry writing workshop is at 1:30 p.m. Wednesdays with Barbara Wicks. Members bring a new poem they have written to the weekly meeting and constructively critique one another's work. Call for information; class size is limited.

Blood pressure clinics are on the second and fourth Wednesdays of every month from 10 to 11 a.m. with Nurse Danielle from Amedsys Home Care. There is no fee.

Legal advice with attorney Jennifer Heald is on the third Wednesday of the month by appointment only from 10 to 11:30 a.m. Call 508/636-9090 to make a 15-minute appointment.

Quilting is from 1 to 3 p.m. Thursdays with Valerie Schofield. Create group quilts and assist one another with personal quilts and share ideas.

There are three t'ai chi classes on Fridays with Nikolas Ukleja. Beginner/intermediate t'ai chi is at 1:30 p.m. Advanced t'ai chi class is at 12:30 p.m. There is a \$5 fee per session or \$25 for six weeks.



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AROUND TOWN

Town nurse has flu vaccine for residents

WESTPORT — It's not too late to protect yourself from the flu. The Westport town nurse has vaccine available for residents 4 years of age and older. The cost is covered by Medicare Part B and HMOs.

There is no charge for those underinsured or without health insurance, too. The office is in the Town Hall Annex. Call 508/636-1030.

ROMEOS meet for lunch on Thursdays

WESTPORT — The Westport ROMEOS' luncheon is at noon on Thursdays in the Priscilla Dining Room at White's of Westport.

The ROMEOS (Retired Older Men Eating Out) is an active social group that has met for the last 22 years. All are welcome. Bring topics of interest and join the conversation. You pay for your own lunch. There are no age limits.

No reservations are necessary. For more information, call Greg Jonsson at 508/971-4177 or e-mail him at jonsson07@aol.com.

Kripalu yoga at Dedee Shattuck Gallery

WESTPORT — Partners Village Store presents Kripalu yoga at the Dedee Shattuck Gallery on Saturdays from 9 to 10 a.m. with Jeff Costa, who presents traditional yoga principles with special attention to both alignment and ease.

Classes are open to those 16 and older. The series welcomes all levels of ability and practice. Bring a yoga mat and water. This is donation-based; contribute what you can. The Partners Café opens at 9:30.

Partridge and a pear tree lighting Saturday

DARTMOUTH — Dating back to the late 1700s, "The Twelve Days of Christmas" is a carol that

Christmas, New Year's to change news deadlines

Christmas and New Year's are on Wednesdays this year, so the deadlines to submit news will be adjusted both weeks.

Because of the holidays, the deadline for community news will be at 9 a.m. Monday, Dec. 23, for the Dec. 26 issue of the paper and at 9 a.m. Monday, Dec. 30, for the Jan. 2 issue of the paper.

To get information into the Eight Days calendar in the Life section, the deadline moves up a day to noon on Thursdays, Dec. 19 and 26.

To submit community news —

■ E-mail your news to lrego@eastbaynewspapers.com

■ Mail it to Lynda Rego, Westport Shorelines, Community News, P.O. Box 90, Bristol, RI 02809

■ Fax it to 401/253-6055

■ Or, visit the website at www.eastbayri.com where you can fill out forms for engagements, weddings, anniversaries, births and achievements. They are under "Send Us Your News" at the bottom of the homepage.

For more information, call 253-6000, ext. 107.

Or stop by our office at 1 Bradford St., Bristol.

Photos are encouraged but cannot be returned, unless a self-addressed, stamped envelope is enclosed.

enumerates the increasingly grand gifts given on each of the 12 days of Christmas.

The first gift of Christmas was a partridge in a pear tree. Join The Trustees of Reservations on Saturday, Dec. 21, from 5 to 6:30 p.m. as they celebrate the holiday in honor of the late Allen C. Haskell, who would light the partridge tree that is located alongside the historic Hathaway home. Keep warm and enjoy a cup of hot chocolate while they light the tree.

The 112th annual Christmas

Bird Count is from Dec. 14 to Jan. 5 across the country. Volunteers spend the day in the field counting both the numbers of and the types of species of the birds they see. Data collected from bird counts are added to the national figures.

With more than 110 years of data collected, scientists have been able to track changes in bird populations, changes in habitat and threats to the environment. For more information on the Christmas Bird Count, www.the-trustees.org.

Coalition presents an evening of stargazing

MATTAPOISETT — Go stargazing on the winter solstice during a free Bay Adventure with the Buzzards Bay Coalition on Saturday, Dec. 21, the winter solstice, the longest night of the year, from 6 to 7 p.m. It is free and open to the public.

Join the coalition and Bristol Community College Professor Stephan Martin for a nighttime

stargazing walk at the Mattapoisett River Reserve, The Bogs (approximately 137 Acushnet Road). Far away from city lights, the 300-plus-acre Reserve offers visitors trails and a dark, expansive sky to view the stars.

Registration is required. E-mail bayadventures@savebuzzardsbay.org or call 508/999-6363, ext. 219. To learn more about upcoming Bay Adventures, visit www.savebuzzardsbay.org/BayAdventures.

Transfer station has special holiday hours

WESTPORT — The Westport Transfer Station has a special schedule during the holiday weeks. The station will close at 10:30 a.m. on Monday, Dec. 23. There is a regular closure on Tuesday and Wednesday. Then, the station is closed on Thursday, Dec. 26, all day.

The station will close at 10:30 a.m. on Monday, Dec. 30. There is a regular closure on Tuesday and Wednesday. Then, the station is

closed on Thursday, Jan. 2, all day.

'Music at the Bliss' is on Sunday evening

TIVERTON — "Live Music at the Bliss" is on Sunday, Dec. 22, at 6:30 p.m. with "A Christmas Concert" at Bliss Four Corners Congregational Church, 1264 Stafford Road.

Featured are Gary and Kevin Farias with special guests Joe Le Page, Dave Pereira, Linda Moniz, The Blisstars and more. There will be snacks and give-aways. The hat will be passed.

Afternoon teas weekly at the community center

LITTLE COMPTON — Community Cuisine by Marie presents afternoon tea at the Little Compton Community Center each Tuesday from 1 to 4 p.m. offering a variety of hot and cold teas and a selection of petite savory and sweet delectables.

Enjoy a refreshing repast in the cafe-style dining room. The chef is Marie O'Loughlin Jenkins.

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**PUBLIC NOTICE**

Rhode Island Department of Human Services

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To

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Smart Boards replace chalkboards in town's schools

BY CHRISTINE STASKIEWICZ

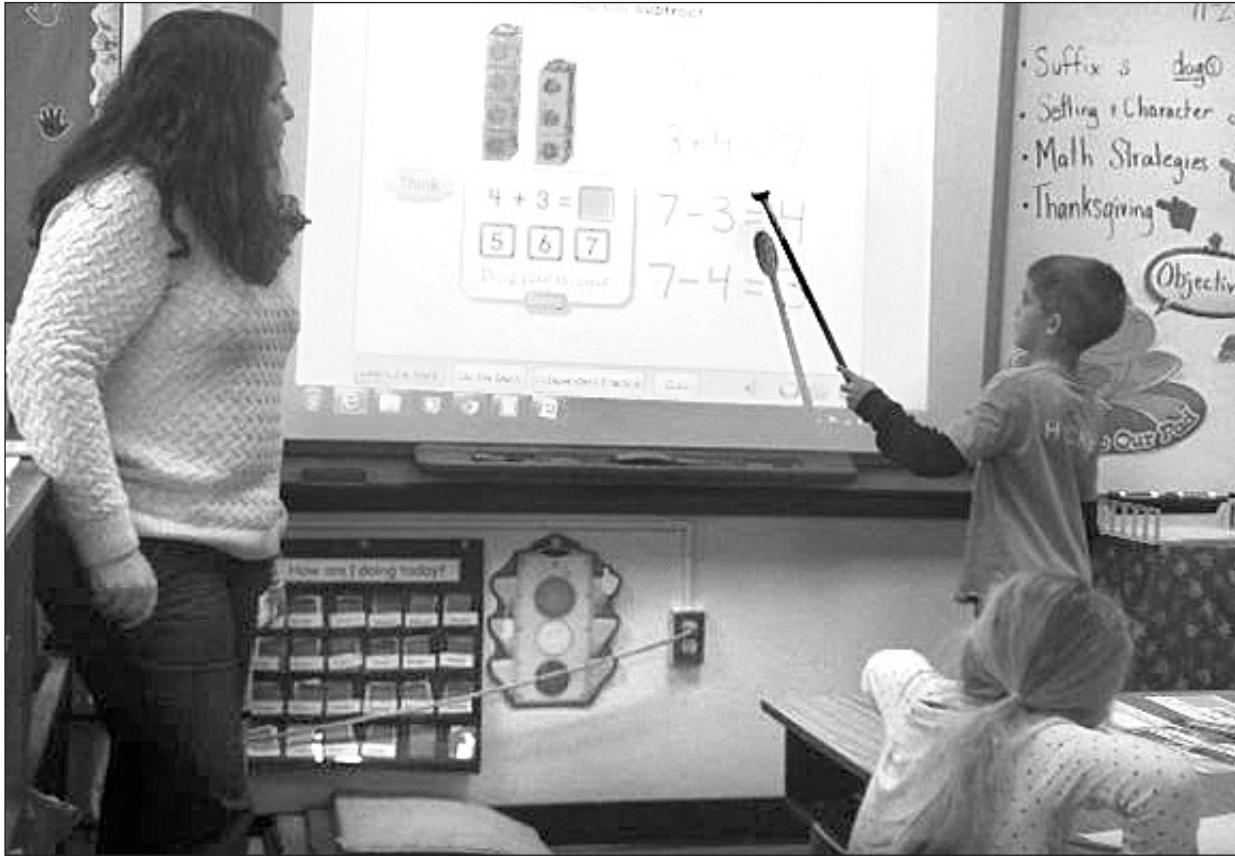
Assistant principal,
Westport Elementary School

Ahhh! The smell of chalk dust, the joy of clapping the erasers and watching the dust fly... Wait—those are fleeting memories of school days gone by.

At Westport Elementary School, chalkboards have gone the way of the inkwells, slates and many other items used in the classrooms of the past. Replacing the blackboards are wonderful interactive boards called Smart Boards and smart they are.

Smart Boards are large white boards which are actually large computer screens. A desktop computer is linked by cable to the Smart Board, and suddenly the virtual world of whatever you wish to bring to the minds of youngsters is at your fingertips and displayed in color before their eyes.

Many of the current workbooks and textbooks being used in grades 1-4 have an internet component that allows teachers to display the actual page the students are working with. Stu-



Youngsters work with the Smart Board in Stacey Duquette's first grade classroom.

dents in 2013 are used to video displays in every aspect of their lives and being in a modern

classroom is no different. Students' attention is easily focused on a large page of their

math text displayed on the screen. When teachers introduce a lesson, or want students to increase their practice, the interactive components can be quite a stimulating and enjoyable way to access the curriculum.

In Stacey Duquette's first grade classroom, students are learning the fundamentals of subtraction. Subtraction will always be a part of the first grade curriculum as it was for students of the past, however gone are the chalk and blackboard way of displaying a subtraction problem.

The board displays six brightly colored race cars and an algorithm of $6 - 2 =$ is displayed on the board. A student is called upon to move two race cars to the parking lot. He walks to the Smart Board, Mrs. Duquette says "Nick, tell us what the number sentence says." Nick responds "6 take away 2 equals blank." He counts the six race cars and puts his hand on one and is able to virtually move it to the parking lot, he repeats the action moving a second car to the parking lot.

"How many are left?" Mrs Duquette asks. Nick and his classmates can easily see that

"The use of the Smart Board in my classroom has positively impacted instruction in all academic areas."

STACEY DUQUETTE,
FIRST GRADE TEACHER

four are left. The lesson continues with fact families and turn around facts, and Nick teaches his classmates, with Mrs. Duquette's guidance, using virtual cubes that can be crossed out or moved in order to display the correct answers to the math problems. The interactive component, the easily manipulated items and the visual attraction of the board sustain students' attention which can be difficult in our world of video games, interactive TV and the many other technological wonders that compete for childrens' attention.

Mrs Duquette says, "The use of the Smart Board in my classroom has positively impacted instruction in all academic areas. It provides an interactive approach that is visual and auditory so students are more engaged in lessons. The Smart Board gives me the opportunity to have my lesson templates set up every morning so I can keep a constant pace rather than using a dry erase board or the chalkboard and having to erase and restart throughout. With the click of a button new pages that guide and support instruction can be accessed and information is always current. I am so thankful that I have the Smart Board in my classroom and the opportunity to see my students benefit from its use."

At Westport Elementary School every classroom has a Smart Board, enabling teachers to plan lessons that stimulate young minds and provide multi-sensory experiences for students to access math and reading skills in a way that is so very different than traditional chalk and board activities.

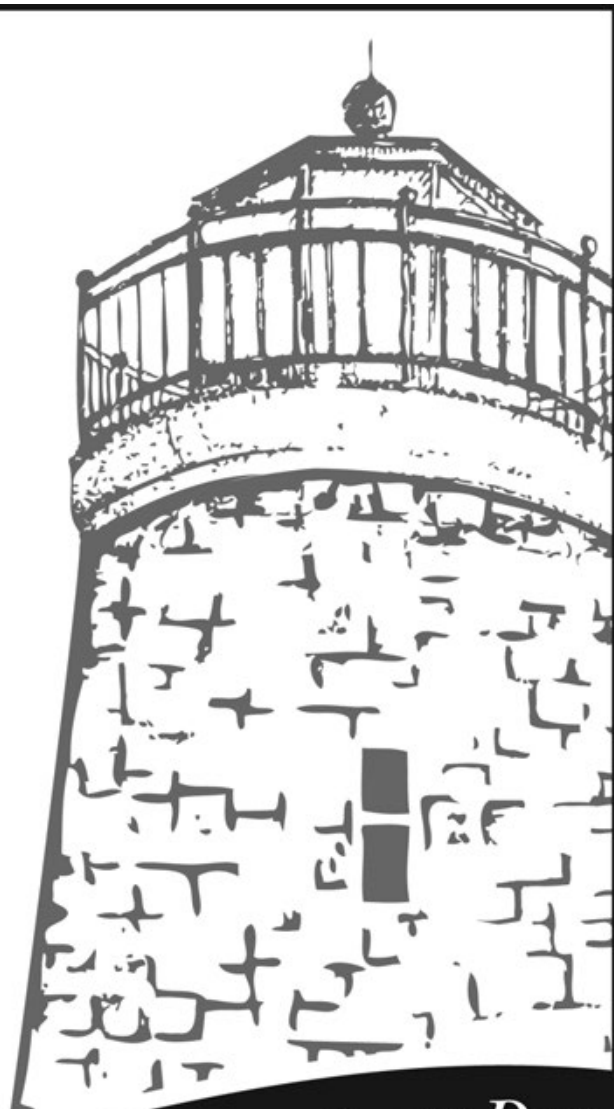
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OBITUARIES

Alexander R. 'Bud' Smith

Fisherman, co-owned Westport Lobster Co, Noquochoke Orchard

Alexander R. "Bud" Smith, Jr., 81, of Westport, passed away Sunday, Dec. 15, 2013, at home. He was the son of the late Alexander R. and Edale C. (Warren) Smith.

Born and raised in Westport, he was a lifelong resident of the town. Prior to his retirement, he worked as a self-employed commercial fisherman.

Mr. Smith was a member of the former Westport Volunteer Fire Department and the Shellfish Advocacy Board. He was a bass player in a bluegrass band that played locally and started the Wednesday Night Jam Sessions at the Westport Point Wharf. Mr. Smith was co-owner of both West-

port Lobster Co. and Noquochoke Orchard of Westport. He enjoyed spending time with his family and friends.

Survivors include his son, Dale A. Smith of Westport; his daughter, Sherry Lynne Smith of California; two brothers, Herbert E. Smith and George E. Smith, both of Westport; two sisters, Carolyn Langlois of Dartmouth and Doris E. Mills of Westport; three grandchildren, Ryan, Lauren and Allison; and many nieces and nephews.

He was the father of the late Lee Anne Smith and the former husband of the late Barbara (Simmons) Smith.

Arrangements are under the direction of the Potter Funeral Home, Westport. To sign the online guestbook, please visit www.potterfuneralservice.com.

The family wishes to give special thanks to Steve and Robin, Mr. Smith's caregivers.

Dora R. Finnerty

Communicant of St. George Church

Dora R. Finnerty, 100, of Westport died Tuesday, Dec. 10, 2013, at Charlton Memorial Hospital. She was the wife of the late Henry J. Finnerty Sr.

Born in Dover, NH, daughter of the late Moise and Mary H. Millette, she had lived in Westport since 1976. Mrs. Finnerty was a communicant of St. George Church, Westport. She loved working in the yard and enjoyed going for walks.

Survivors include two daughters, Patricia F. Gosselin of Westport and Kathleen J. Frates of Acushnet; a daughter-in-law, Lorraine Finnerty

of Acushnet; 10 grandchildren; 13 great grandchildren; four great-great grandchildren; and several nieces and nephews.

She was the mother of the late Henry J. Finnerty Jr.; mother-in-law of the late Richard J. Frates; grandmother of the late Douglas Finnerty; great grandmother of the late Michael R. Frates; and sister of the late Irene Faber and Leonora Sandbach.

Per Dora's wishes, private arrangements are under the direction of the Potter Funeral Home, 81 Reed Road, Westport.

To sign the on-line guest book, please visit www.potterfuneralservice.com.

Paul A. Gagne

Founder of Paul's Quality Kitchens

Paul A. Gagne, 69, of Westport, husband of Claire M. Gagne, died Monday, Dec. 16, 2013.

The founder of Paul's Quality Kitchens, Fall River, he was previously employed by the former Schwartz Lumber and AC Lumber. He was a member of the Montaup Country Club, Portsmouth, and the St. Vincent de Paul Society of St. John the Baptist Parish.

Besides his wife of 49 years, he leaves three sons, Richard P. Gagne (Donna), James D. Gagne (Kirsten) and Michael S. Gagne (Denise); granddaughters, Jocelyn, Jessica, Rebecca and Erica

Gagne; a brother, David Gagne, Sr.; nieces, Marie Vieira (his god-daughter) and Sara Gagne and a nephew David Gagne, Jr. He was the son of the late Magloire "Mike" and Mary (Oliveira) Gagne.

His funeral will be held Friday, Dec. 20, at 8:45 a.m. from the Auclair Funeral Home, 690 South Main St., Fall River, with a funeral Mass at St. John the Baptist Church, Westport at 10 a.m. Burial, Beech Grove Cemetery, Westport.

Visitation, Thursday, Dec. 19, 4 to 8 p.m. Large parking area and barrier-free entrance at the rear of funeral home.

Donations, in lieu of flowers, may be made to Brigham & Women's Hospital, Development Office, 116 Huntington Ave., Boston MA 02116. Online guest book at AuclairFuneralHome.com.

South Coast BUSINESS spotlight

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"It's upsetting to have a collision, especially if the car is new," adds David. "People are in the dark about where to take their automobiles," he says. "It's important to pick a quality repair facility," says son David, adding that you should choose one that will work with you and the insurance company to solve your automobile's needs.

Brougham Motors returns your automobile to you with guaranteed repairs, and makes sure it is freshly vacuumed and washed. "It's definitely in better than pre-accident condition," say both Daves. If you've had the misfortune to be involved in a collision, make sure you call Brougham Motors for your repair work. They're open Mondays to Fridays, 8:00 a.m. to 4:30 p.m. and are available for 24 hour emergency service.

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Grace under pressure

BY CHRISTY NADALIN
cnadalin@eastbaynewspapers.com

Local mother (and Portsmouth High School alumna) Sheryl Atwood and her sons Tyler and Travis recently spent several weeks in Los Angeles filming "Abby's Ultimate Dance Competition." The boys finished strong, but out of the top spots.

They returned to their Jamestown home, and their husband and father Chris Atwood, without the \$100,000 grand prize or the Joffrey scholarship, but they brought something far more important home intact. Their dignity.

For the uninitiated, the televised competition is a spin-off of the popular A&E series starring tough-as-nails/heart-of-gold/source-of-all-evil dance instructor Abby Lee Miller. The adjectives chosen by the dancers' mothers to describe Abby correlate exactly to where one's child lands on the dreaded "pyramid," Abby's weekly ranking/shaming ritual.

Sheryl and the boys, dynamic dancers and talented choreographers aptly references in shorthand as TNT, were approached for the first season. Despite the incredible potential for exposure, Sheryl declined. "It's a catch 22," she says. "How do we do something like that while remaining true to who we are?"

Indeed, Travis and Tyler are friends with lots of the competitors from season one, and they got to witness the process, albeit second hand. When casting began for the second season, Sheryl wasn't too inclined to throw their collective hat in the ring. "I found it to be a little disturbing, to be honest. But so far the boys have gone far in dance without losing sight of who they are."

And the producers made a compelling argument, suggesting the Atwoods do the show, show a different side of the competitive dance community than the hyper-aggressive, toxic behavior some "dance moms" display when the competition heats up. Despite Sheryl's misgivings, the boys were sold. "They talked to the producers and they loved the idea of doing the show," she says. "They wanted to do it."

Sheryl, a wellness and fitness coach with a masters degree in human development and experience as a family therapist, had a pretty good idea of what they were getting themselves into. Watching the now-aired series, it is clear that Sheryl would have won the AUDC "Miss Congeniality" trophy, hands-down.

Not that the producers encourage congenial behavior. "We were taped and miked every waking moment, and we couldn't leave the set or use cell phones," Sheryl says. "It was like 'Survivor.' It's a brilliant approach — it really brings out the crazy. They took all these personalities and caged us, uncorked the wine. Then they'd start throwing grenades."

"To be fair, the kids are sheltered from most of the nonsense," she said. "When things got really crazy the producers ushered them out. The boys loved the experience, but I found it challenging."

Yogi Berra once said "Little League baseball is a very good thing because it keeps the parents off the streets." Like so many of Berra's utterances over the years, it's every bit as true as it is funny. Anyone who has spent any amount of time on the sidelines in youth sports has seen that parent — the one who yells too loud, and too often; belittles their own child and even others; and treats every tryout like the MLB midwinter trade deadline.

While the heat of a nationally-televised competition with six-figure prize money may be an extreme example, shows like AUDC shine a light on what is happening on soccer fields, baseball diamonds, and in dance studios across the country. "A lot of parents have lost perspective," Sheryl notes. "Manners are out the window. Even when people are being outwardly polite, there is this undercurrent that suggests winning at all costs is the goal. There is far too much emphasis on being better than the competition, rather than being the best you that you can be."

For Sheryl, it wasn't all bad. Ultimately, the producers of AUDC are providing entertainment. Naturally they are going to show hot-button moments between the mothers; clips of them relaxing and doing yoga, and supporting and comforting each other, will



Travis, Sheryl and Tyler Atwood, back home in Jamestown after competing in "Abby's Ultimate Dance Competition."

end up on the proverbial cutting room floor.

Sheryl chooses her words carefully when talking about the other mothers. She is not interested in judging anyone. "I'm still in contact. I feel a deep care and concern for everyone on the show," she says. "And I would do anything for those kids. We all went through it together. My way is not better, it's just what works for me. So when I got back to Jamestown, the market, the PTO, I'm still who I am. I didn't throw my principles out the window."

"When you boil it all down, whether you're a hysterical dance mom or a beet-red dad, screaming on the sidelines, we all have a lot of hopes pinned on our kids and we are all trying to do the right thing."

Carl Jung said as much when he said "Nothing has a stronger influence psychologically on their environment, and especially on their children, than the unlived lives of the parents."

Ultimately, that's an important lesson for parents, and one that often gets missed. How much do you push? Especially when you have invested as much time and energy into a skill or sport as Travis and Tyler have invested in dance? On some level, parents

know the answer. They need to butt out.

Of course, that's easier said than done, even for grounded parents. "Since the competition, there are all these opportunities crossing our paths — and they just want to be normal kids! They just want to be teenagers," Sheryl said. "Part of me is like 'really? But this has to come from them. In a few years will they ask me why I let them pass up some opportunities? Maybe, but I would rather be in that place, than the opposite."

"Would we do it again? I actually think we would. I am so proud of how my kids conducted themselves, and that we had the opportunity to try out our family principles in this exaggerated situation. We didn't call it Abby's Ultimate Dance Competition among ourselves. We called it the "Atwood Ultimate Dynamic Collaboration."

Travis and Tyler Atwood are looking forward to teaching a Hip Hop class at Just Dance, a studio located within 426 Fitness, 426 Metacom Avenue in Warren, and owned by Sheryl's friend Sherry Winn. It will be held at 11 a.m. on Sunday, Jan 12. To reserve a spot, contact Sherry at 401/486-4478, or email swinn@cox.net.

ALONG THE WATERFRONT

Engines in, Tall Ship on target for summer sailing

Christmas came early this year for Rhode Island's Official Sailing Education Vessel, the SSV Oliver Hazard Perry, when its two Caterpillar C-12 main engines, provided by Milton Cat (Milford, Mass.) at heavy discount, were delivered. Last week at Senesco Marine in North Kingstown, both of the 12-liter,

in-line 6-cylinder engines were lowered onto the 200-foot tall ship's freshly painted engine beds. Each has a rating of 385 hp and is certified to run on a 20% biofuel-to-diesel blend that will be provided by Newport BioDiesel.

"Ships have been green before there was a green," said the Perry's Captain Richard Bailey, "because they use wind in their sails to move from place to place. However, a ship still has to have engines and a bow thruster to make tugs unneces-

sary and provide ability to enter smaller ports.

The Perry's engine installation is part of the final construction phase that also includes her move this winter from Senesco to Newport Shipyard where the ship's lower masts, Douglas fir upper mast sections and 16 yards will be installed. Currently half completed, her 20 sails continue to be made by Hood Sails, and the rigging team is in place to take delivery of the masts and spars in February. The ship's entire inventory of interior pan-

eling, fixtures and equipment has been ordered and partially installed.

"When we initially reviewed the project, we knew we'd like to be a part of it," said Milton Cat's Marine Business Manager Kevin Hampson. "It's a great cause, and even though our exposure to sailing schools is limited, Milton Cat always looks at opportunities to support maritime institutes and vocational schools that feed the marine industry, since we look to these organizations for potential employees."

Newport Biodiesel produces a clean-burning fuel from waste vegetable oil collected from over 1,700 restaurants in the New England area.

Bart Dunbar, chairman of the non-profit organization Oliver Hazard Perry Rhode Island (OHPRI), credited BankNewport, the Alletta Morris McBean Charitable Foundation and other partners for putting the project near its goal. "We have raised over \$9 million toward this \$10.5

Gingerbread Rosecliff takes the prize

Fatulli's Gourmet Bakery and Deli of Middletown won the \$1,000 first prize in the first annual Newport Mansions Gingerbread Mansion competition at The Breakers. It's one of five gingerbread mansions that will be on display in the kitchen of The Breakers through January 5, 2014.

Fatulli's won with a tabletop-sized replica of Rosecliff, complete with spun sugar windows and animated dancers in the ballroom.

Coming in second place and winning \$750 was a model of The Elms done by Gerry DuPont of Edible Creations by Gerry in Little Compton and Westport. The \$500 third prize was won by the Culinary Baking and Pastry Arts Program at Bristol Community College in Fall River; while Honorable Mentions were awarded to

Russell Morin Fine Catering of Newport for its model of Marble House, and to Clements Marketplace Bake Shop in Portsmouth for Chateau-sur-Mer.

The judges for the competition were (pictured from l-r) food expert and chef Claudine Pépin, Preservation Society CEO & Executive Director Trudy Coxe and pastry chef Mark Soliday of Confectionery Designs, who is also a pastry arts instructor at Johnson & Wales University.

Christmas at the Newport Mansions will run through January 5, 2014. The Breakers, The Elms and Marble House are all decorated for the holidays and open for tours daily (except Christmas). For more information and to purchase tickets, visit www.NewportMansions.org.



TECH TIPS

Apps that let you track, and chat, with Santa

BY MARK CORPUS

You've shopped, you're organized — now it's time to enjoy the holiday. To add a little something extra to your season, download one of these festive smartphone apps. This Christmas, let technology help make your holiday merry and bright.

■ Do you love Christmas music? IOS and Android users should download the free Christmas RADIO app, which allows access to 50 unique stations that play your favorite Christmas hits.

■ Create your dream Christmas in HD. For \$1.99, Android users can use Christmas HD to create their own Christmas scene using wallpaper and animation. You can even add your name to the Christmas stocking hanging from the fireplace. IOS users can decorate their own Christmas trees by downloading the Christmas Tree 3D app for \$0.99. There's even a way to dim the lights!

■ This is your chance to talk to Santa. For \$1.99, Android and IOS users can download Video Calls With Santa. This app allows Santa to interact with you and your child. You can choose from one of three pre-recorded calls. There's a "nice call" and a "naughty call." You also can opt to leave Santa a voicemail.

■ And if you are trying to find Santa on Christmas Eve, the free Santa Radar app can help. It scans to see if Santa is in your area and is available for Android users. IOS users can download Where Is Santa Lite for free.

■ Finally, if you are worried that your flight home for the holidays might not be on time, download the free Flight Tracker app that allows you to get accurate arrivals and departures for domestic flights. It is available for IOS and Android users. If you are traveling by car, download the free GasBuddy app, which is available for both IOS and Android smartphones.

Mark Corpus is AT&T's Rhode Island Retail Sales Manager.

THE BRISTOL SNOWFLAKE RAFFLE

SHOP LOCAL AND WIN!

Get a FREE raffle ticket for every \$25 you spend at participating Bristol businesses between November 22nd & December 22nd.

WIN 6,000 IN CASH PRIZES!

FIRST PRIZE: \$3000
SECOND PRIZE X2: \$1000
THIRD PRIZE X2: \$500

Ticket holder must be present to win. No rain or date. One prize per participant. Max 50 tickets for any purchase

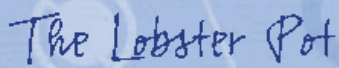
Raffle Drawing will take place at 5:00 PM on December 22nd on lower State St. Festivities will begin at 3:00 PM!

It pays to shop, dine, play & stay locally for the holidays!

Look for the snowflake in windows of these participating businesses

A Moment In Time Photography • Abbigales Salon • Agave • Aidan's Pub • Alayne White Spa • Blithewold Mansion • Bristol Bagel Works
Bristol Toyota Scion • Bristol Yoga Studio • Bristol House of Pizza • British Beer Company • Casual Inn • Century 21 • Coggeshall Jewelers
Constitution Braided Rug • DeWolf Tavern • East Bay Newspapers • Environs • Fitness Fusion • Flags at the Landing • Gil's Appliance • Green River Silver
Hair Heart & Soul • Harbor Bath & Body • I Boutique • Jackie's Loft Boutique • Just Ducky • Kate & Co. • La Bella Boutique • Linden Place
Luna Sea • My Passion Flower • Nacho Mamma's • New Leaf Hair Salon • Ocean Massage • OGGI Photography
Pace Accounting & Tax Services • Paper Packaging & Panache • Pure Salon • Quito's • Redlefsens • Revival • Roberto's • Sea Rose Cottage • SS Dion
Sue Casa • Thames Waterside Grill • The Beehive Cafe • The Knotty Dog • The Lobster Pot • Therapy • Wood Street Pizza • Zenabelle

PRESENTING SPONSOR



NON PROFIT PARTNERSHIPS:

Bristol Warren Education Foundation • Stone Soup Thrift Shop / East Bay Food Pantry • Good Neighbors Soup Kitchen

Time to get those letters to Santa in the mail

With all the snow we've been having, letters to Santa could take a little longer to get all the way to the

North Pole. Kids should plan on getting their wish lists written and posted by Friday, at the latest. Here at East Bay Life, we were fortunate to get a sneak peek at a handful of letters, shortly before the mailman took them away. Some are to the point; while some take extra ink to butter Santa up. Whatever the approach, we suspect all these well-behaved little scribes will have very happy Christmases!

Dear Santa,
How is your Christmas. I missed you. Can I please have

1. Saige Doll
2. Magic Set
3. Snack Cart
4. Violin for doll
5. Bed for doll
6. Gymnastics set for doll

Olivia Murray, 5
Bristol

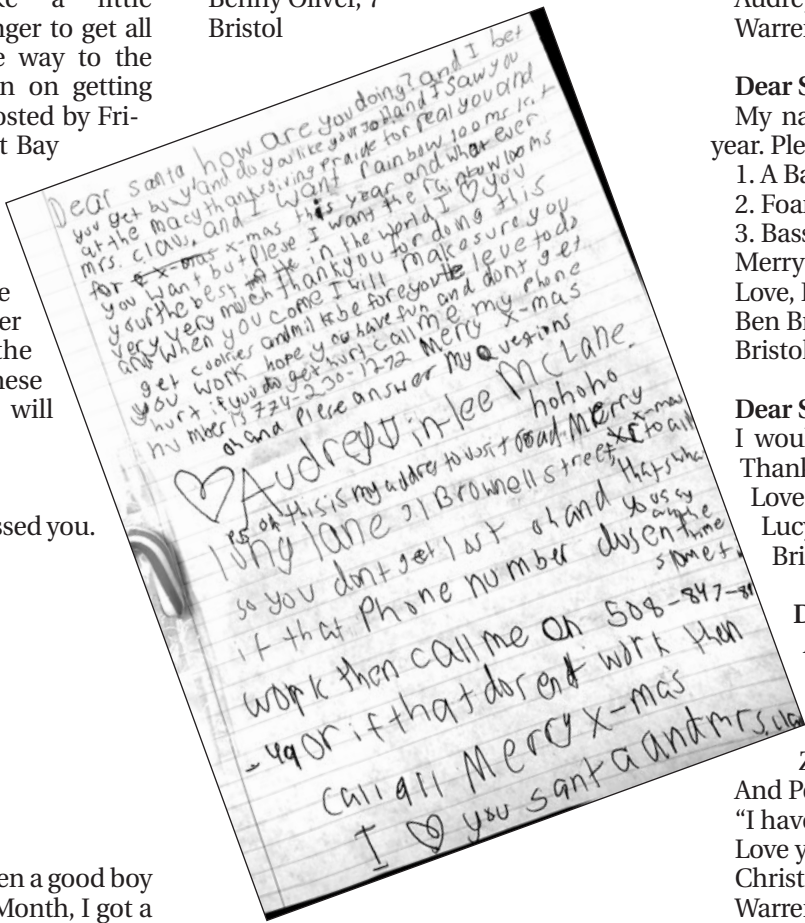
Dear Santa,
My name is Oliver. I have been a good boy this year. I got Student of the Month, I got a good report card, and I have been nice to my brother. Please can I have a few of these things on my list.

1. An Easton Mako hockey stick lefty
 2. A hockey pass master
 3. A green biscuit
 4. A glider airplane
- From Oliver
Merry Christmas
Thank you
Oliver Browne, 8
Bristol

Dear Santa,
I hope you are having fun in the North Pole. I have been very good. I have been working on staying focused. May I please have these three things?

1. A model of Santa — that's you!
2. Legos pack of Lego men.
3. Lots of Lego bows and arrows and

swords.
I hope you have a very merry Christmas!
Thank you very much.
Love, Benny Oliver
Benny Oliver, 7
Bristol



Dear Santa,
How are you doing? And I bet you get busy and do you like your job? And I saw you at the Macy Thanksgiving parade for real, you and Mrs. Claus. And I want rainbow looms for X-mas this year and whatever you want but please I want the rainbow looms. You're the best in the world. I <3 you very very much thank you for doing this, and when you come I will make sure you get cookies and milk before you leave to do your work. I hope you have fun and don't get hurt if you do get hurt call me, my phone number is xxx-xxx-xxx. Merry X-mas oh and please answer my questions
Audrey Jin-lee McLane.
PS: Oh this is my address to visit, so you don't get lost, oh and if that phone number doesn't work then call me on xxx-xxx-xxxx or if that doesn't work then call all Merry X-

mas I <3 you Santa and Mrs. Claus.
(on the side of her letter...)
Hohoho Merry X-Mas to all... thats what you say sometimes.
Audrey McLane, 10
Warren

Dear Santa,
My name is Ben. I was a good boy this year. Please bring me

1. A Bauer hockey stick
2. Foam glider plane
3. Bass Pro Shop card

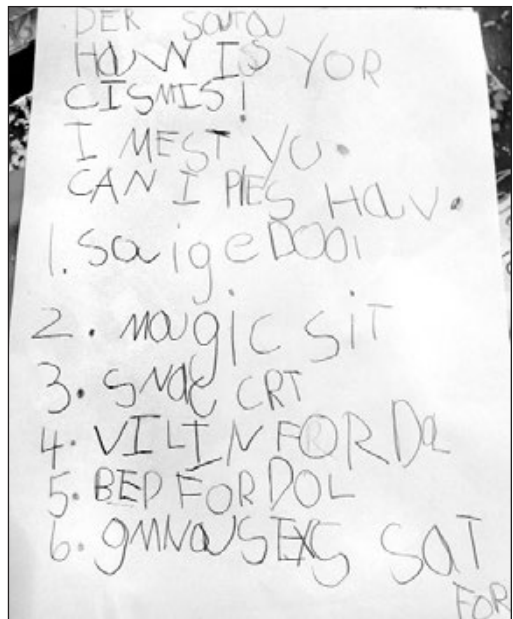
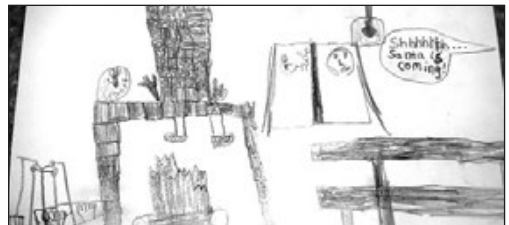
Merry Christmas.
Love, Ben
Ben Browne, 5
Bristol

Dear Santa,
I would please like a glow pet unicorn. Thank you.
Love, Lucy
Lucy O'Brien, 6
Bristol

Dear Santa,
A Casey Jr train
Yoshi with moving arms
A wii U
Sonic's the lost world
Zoomed
And Peet the Christmas bear
"I have been a good boy all year long
Love your good boy Chris"
Christopher Woodard Jr., 8
Warren

Dear Santa,
Stuffy peacock
Stuffy wolf
Stuffy fox
Stuffy coyote
Love, Victoria
Victoria Hutchens, 4
Dartmouth

From Taber I would like an xbox.
Taber Lawler, 7
Freetown



STRAIGHT UP THE MIDDLE

Next up: better-run elections

These last weeks of December are generally a quiet time in both politics and baseball, giving me the opportunity to tune out, make some cookies and wrap presents. Red Sox tickets are on sale and it looks like they will open spring training with a team that looks remarkably similar to the 2013 World Champions. We can only hope they play as well.

This time next year, Rhode Islanders will be familiarizing themselves with a new lineup at the state house as all the general officers with the exception of Attorney General Kilmartin are moving on and a new team will be sworn in. As an electoral nerd,



Cara CROMWELL

I am most interested in who wins the wide-open Secretary of State's race and whether that person will make any effort to address some of the blatant and embarrassing issues with our elections process.

The Rhode Island General Assembly passed a voter ID law and while some have decried it as anti-someone, I think that if I need an ID to go to the movies, buy alcohol, cash a check, get a library card, sign a lease and receive government benefits, then flashing it to vote should not be a problem. If nothing else, the voter ID law prevents the "black helicopter" crowd from talking about busloads of people driving from polling station to polling station to vote illegally. It likely never happened and with an enforceable voter ID law, the allegation is more easily disregarded.

The challenge for the next Secretary of State is making sure that

polls are set up to accommodate ID checks without slowing the line. Two things spring to mind: we need to recruit young civic-minded poll workers and we need to be more aggressive in promoting "no excuse" mail ballots. That's right folks — you don't need to wait until election day to cast your ballot and not very many people know about it. While Rhode Island lags behind 32 other U.S. states that allow for in-person early voting, you can still request a mail ballot — and you don't even need a note from your mother. By making a conscious effort to recruit poll workers as soon as possible and educate people about the no-excuse mail ballot option, the next Secretary of State has the ability to make election day run smoothly.

However I think the most egregious issue with Rhode Island elections is that our primary date is late. So late, in fact, that it can

violate federal law under the Military and Overseas Voter Empowerment Act (MOVE Act) that requires ballots for uniformed services and overseas citizen voters be sent at least 45 days prior to a general election for Federal office. While there are actually 55 days between the primary and the general election in 2014, that's barely enough time to get the ballots to the troops in enough time so that they can return them. As a military spouse, I find it disturbing that our elected officials are more concerned about the inconvenience of showing an ID at a polling place than making sure that our front line troops have the ability to exercise a right they are fighting for on our behalf.

Why not just move the date? It's one of those things that fall under "incumbent protection." Once the dust from the primary settles, a challenger barely has enough time to mount a serious cam-

paign, greatly favoring the person with existing name ID. And make no mistake, this is another area where Rhode Island is last: September 9th is the latest primary date set for 2014. Bottom line? We need a Secretary of State who will step up and advocate for an earlier primary.

So in this quiet time for baseball and politics, take a moment to take a close look at the players and candidates on the roster for 2014. Unlike the Red Sox, Rhode Island has some important roles to fill and we need to make sure that the candidates are up for the job.

Cara Cromwell is a public affairs consultant with more than twenty years experience managing issues campaigns for corporations, non-profits, associations, coalitions and candidates on both sides of the aisle.

Experimental reefs could add life to bay

Do artificial reefs enhance the biomass of fish species...or do they just provide a place for existing fish to congregate? If reefs congregate fish, does this increase rates of exploitation by predators (including fishermen)? Anglers say that when warm water comes into the bay in August, all the bait and fish leave. Could artificial reefs help provide a haven for bait and shelter for these fish, enhancing bay fishing? These are some of



Capt. Dave MONTI

the questions on which a new, well-funded reef experiment in Narragansett and Mt. Hope bays hopes to shed some light.

Nicole Lengyel, principal biologist at the RI Department of Environmental Management, is managing a new reef project in collaboration with D. Steven Brown, coastal restoration scientist for The Nature Conservancy.

The five-year project started in 2013 and includes the planning, design, construction and monitoring of small-scale experimental reefs in the middle of Narragansett Bay. It aims to evaluate the use of reefs as an enhancement and conservation tool. The project will try to determine if artificial reefs increase the abun-

dance of sport fish such as tautog, black sea bass, scup and cunner (chogee) and if they attract existing numbers of fish and increase rates of exploitation (mortality).

The project will cost approximately \$715,760, with 75 percent of the cost federally funded by the Sportfish Restoration fund and the other 25 percent from The Nature Conservancy and the RI saltwater recreational license fund.

At a RI Saltwater Anglers Association meeting, researcher Brown from The Nature Conservancy said, "The goal of the project is to conduct a study, an experiment, to assess small scale reefs to determine if they increase recruitment, increase fish productivity and see what benefits reefs will have for Rhode Island." Nicole Lengyel of DEM said, "We want to attract fish and provide refuge to offset mortality and to improve growth rates...we hope this approach grows fish."

Three locations will be used for the experiment, with similar bottom sediment types, water depth and slope. Each site design will mimic a low-profile bolder field and contain approximately 1,120 reef balls of various sizes for a total coverage area of 2,730 square feet. An elaborate site model was used to locate the experimental artificial reefs. Water depth, bottom sediment type and water oxygen levels were plotted on bay maps. The model overlaid the location of shellfish beds, eel and widgeo grass, and boat traffic in the bay to identify suitable areas for reefs.

Two of the three artificial reef sites are in the East Passage of Narragansett Bay on the northwest coast of Aquidneck Island, east of Prudence Island. The third site is just inside Mt. Hope Bay, northeast of the Mt. Hope Bridge.

The project timeline includes a location, design and planning phase scheduled to be completed at the beginning of 2014. Nicole Lengyel said, "Fishing community input on the project has included presentations to the RI Marine Fisheries Council and Rhode Island Saltwater Anglers Association." Construction is scheduled to be completed by mid-2014. An extensive monitoring and evaluation period will take place from 2014 to 2017 with annual reports to DEM and the fishing community given each year.

Do reefs work in other places?

I like the idea of artificial reefs. Studies show that one square yard of reef can hold 3,500 juvenile crabs and up to 135 immature fish. One square foot of structure just three to four feet high can support up to 100,000 tiny creatures like mussels, clams, crabs, worms and shrimp. Artificial reefs such as the reefs planned for Narragansett and Mt. Hope Bays attract bottom fish, and they also host non-bottom-dwellers in areas above the reefs.

An article titled "Reef Madness" by Gary Caputi (Saltwater Sportsman magazine, January 2010) relates that the state of New Jersey is the poster child for artificial reef construction. At the time, New Jersey was boasting that it had 15 artificial reefs constructed over the previous 25 years. The list of items and material that dress the reefs is impressive and includes 7.5 million cubic yards of dredge rubble and demolition concrete, 158 sunken vessels, 397 tanks and armored personnel carriers, 269 subway cars, 31 railroad flatcars, 5,500 concrete reef balls and 16,500 other concrete castings.

Caputi noted that although reefs only cover one percent of the fishable area off the New Jersey coast, reefs account for approximately one of every four fish caught by anglers.

Recreational angler support

Anglers will be encouraged to fish the new artificial reefs and will be asked to report what is being caught there. Information on how to report will be communicated to fishermen.

What is encouraging about the new artificial reef project in Narragansett and Mt. Hope Bays is that funding for five years of monitoring has already been built into the project. So the data to determine if the artificial reefs are attracting and growing fish will be available.

These artificial reef projects are a step in the right direction; an attempt to grow fish populations in our bays and along our shores, rather than just regulating what is taken out of the ocean. Reports on these projects will continue as information is available.

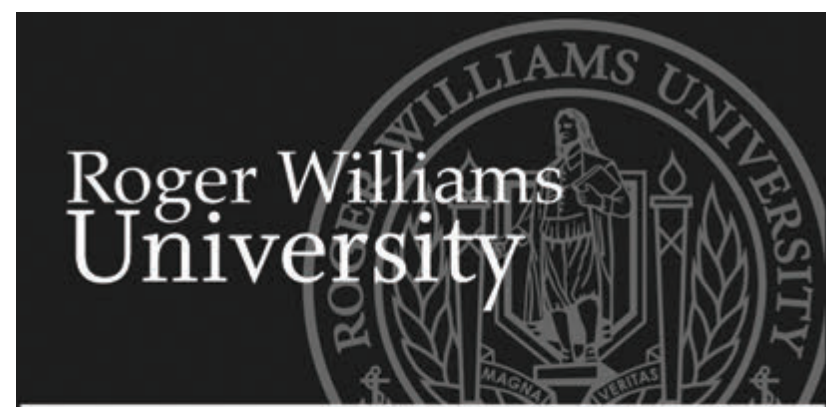
Where's the bite

Cod fishing has been good. "Last week Bob Morel, captain of the sport fishing boat TLC, landed a 33-pound cod along with 22

others while fishing with his party south of Block Island on a wreck," said Elisa Martin of Snug Harbor Marina, South Kingstown. Capt. Frank Blount of the Frances Fleet reported that cod/sea bass and tautog trips showed marked signs of improvement after the waters were shaken up from the southerly gales the week before. Roger Simpson of the Frances Fleet said, "We generally found there are still some decent numbers of good size sea bass and also good numbers of ling that seem to be moving up onto the hard ground. A few handfuls of sea bass in the 3.5 to 5 lb range this past week so still some jumbos around. The ling were generally on the fair size but there were some "mini baseball bats" mixed in and on a few outings anglers had upwards to a half dozen ling apiece." (Ling are long slender members of the cod family that can be as large as two meters; they are good eating and often interchanged with cod in fresh, salted or dried forms.)

Tautog fishing has remained good, but anglers/captains are moving to find them. The Seven B's party boat reports a slow steady pick of tautog Wednesday. Visit them at www.sevenbs.com. "The Island Current party boat had a good tautog fishing trip Friday with some passages limiting out. They were fishing the Clay Head, Block Island area," said Martin of Snug Harbor. Simpson, of the Frances Fleet said, "We are planning on wrapping up tautog season next weekend and the Frances Fleet is offering a promotion for the two days of scheduled toting so call the office for further details." Capt. Charlie Donilon of Snappa Charters fished several spots around Block Island and the East Fishing grounds Saturday. He said, "I decided to try a spot located just south of Pt. Judith, which has been producing black fish quite well lately. As luck would have, the blacks were there in numbers and feeding for the next half hour. This stop made the day for us." Visit www.snappacharters.com or call 401/782-4040.

Captain Dave Monti has been fishing and shellfishing on Narragansett Bay for over 40 years. He holds a captain's master license and a charter fishing license. Contact or forward fishing news and photos to Capt. Dave at dmontifish@verizon.net or visit his website at www.noflukefishing.com.



Roger Williams University

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For a complete listing of all our offerings, including athletic camps, find us at you.rwu.edu/camps, or contact us at (401) 254-3500.

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Do You PDQ@RWU? Looking for info on events at Roger Williams? Or news from campus? Your one-stop shop is PDQ@RWU - visit <http://pdq.rwu.edu> today.

The Tides*

	HiAM	HiPM	LoAM	LoPM	Sunrise	Sunset
Wednesday, Dec. 18	8:23 (4.6)	8:44 (4.1)	12:56	1:58	7:05	4:18
Thursday, Dec. 19	8:59 (4.4)	9:22 (4.0)	1:39	2:33	7:06	4:18
Friday, Dec. 20	9:34 (4.2)	10:01 (3.8)	2:21	3:07	7:07	4:19
Saturday, Dec. 21	10:09 (4.0)	10:41 (3.7)	3:02	3:40	7:07	4:19
Sunday, Dec. 22	10:47 (3.8)	11:23 (3.7)	3:42	4:13	7:08	4:20
Monday, Dec. 23	11:29 (3.6)	— (—)	4:23	4:49	7:08	4:21
Tuesday, Dec. 24	12:07 (3.7)	12:14 (3.5)	5:10	5:32	7:08	4:21
Wednesday, Dec. 25	12:52 (3.7)	1:03 (3.5)	6:08	6:24	7:09	4:22
Thursday, Dec. 26	1:41 (3.8)	1:57 (3.4)	7:18	7:24	7:09	4:22

New Moon January 1 — Full Moon January 15

* Information is based on tides in Bristol Harbor.



ROB MIGLIACCIO

Wild ride

Brown University sailor Sky Adams '14 fights through the spray aboard her Laser during last month's College Men's and Women's Singlehanded Nationals held in Newport. She finished fourth among women from schools around the country.



December School Vacation Week at the Audubon

Looking to get out of the house with the kids during the December school vacation? Come to the Audubon Environmental Education Center, 1401 Hope St., Bristol, where special programs and activities are available each day, free with admission, and registration is not required.

Nature crafts will be held from 10 a.m.-2 p.m. each day, and there will be a nature story at 10 a.m. and 2:30 p.m. An animal interview will be featured at 1:30 p.m. See program times below.

Thursday, Dec. 26; 11 a.m.

Fur, Feathers and Fantastic Fables: What happened when Turtle raced with Beaver? Which animal is the best lacrosse player? Learn the answers to these questions and get to know the animals featured in the rich folklore of the native people in the Northeast region.

Friday, Dec. 27; 11 a.m.

Owl See, Owl Do: Could you be an owl detective? Come and learn all about the amazing world of owls and discover which owls live in Rhode Island. Test your skills as you dissect an owl pellet to

learn what owls eat for dinner.

Saturday, Dec. 28; 11 a.m.

OH! DEER! Who is able to jump fences with a single bound, swim across the deepest lakes, walk 20 minutes after being born and posses the fastest growing living tissue on earth?! Is it Superman? NO it's a deer! Come learn how amazing these creatures really are.

Sunday, Dec. 29.

12:30 - 2:30 pm: Nature Craft
1:00 pm: Animal Interview
2:00 pm: Nature Story
2:30 pm: Antarctic Mission Nature Flick

Join the adventure as scientists sail to the bottom of the world to explore the great Antarctic. This documentary is part of a three part series. The second and third documentaries in the series will be shown on January 5 and 12, 2014.

BURDETT: Local marine firms land contracts

From Page 1

million project, and this builds confidence in the community that this ship is nearly complete."

In the summer of 2014, the steel-hulled SSV Oliver Hazard Perry will set sail as the first ocean-going full-rigged ship to be built in the U.S. in 110 years. With her three-masted square rig towering 13 stories, she'll be second in size only to the US Coast Guard's Barque Eagle among American tall ships.

Big-time maritime work

KVH Industries, Middletown, has been chosen by BW Maritime to equip its global LNG

(liquefied natural gas) and LPG (liquefied petroleum gas) fleet of tankers with satellite communications equipment.

The ships will use KVH's Trac-Phone and mini-VSAT Broad-band satellite systems. The company said it selected KVH because of its "global coverage, ease of deployment and reliability."

Twenty ships will be equipped by year's end with more to follow in 2014. The BW fleet includes 108 vessels, among them supertankers and LNG carriers.

Meanwhile, Bristol Harbor Marine Group has been awarded the job of analyzing the US Army Corps of Engineers fleet to see if it makes sense to convert

it to liquefied natural gas (LNG) or compressed natural gas.

And in a second step, the Bristol team will select a single vessel to design the changes necessary for the conversion. The Army Corps will then determine if it wants to proceed with the transformation.

Shellfish closures

On Sunday, the R.I. Department of Environmental Management announced shellfish closures in the Kickemuit River, Mount Hope Bay, Conditional Area A, Conimicut Triangle and Greenwich Bay. They are in effect until noon on Sunday, Dec. 22

For updates on conditional areas, call the DEM hotline at 222-2900.

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POLI-TICKS

Holidays should bring out the best in people

Thank heavens I was fortified by the superb performance of "Miracle on 34th Street, the Musical," being performed through December 29 at the Ocean State Theatre. It was, indeed, a miracle, in Warwick! The cast was in top vocal form, and the set design and costumes were first-rate. I left the theatre full of Christmas joy and pretty inoculated against any political mishaps which might arise thereafter and spoil the season.

Political mischief did subsequently arrive but did not steal the spirit of the holidays. Take, for example, the Smithfield Town Council donating \$2000 of taxpayer money to a relative of the town clerk. Certainly, there was a tragic death in the family but the money isn't the Town Council's to parcel out. The taxpayer, Jeffrey Swallow, who called into question the payout, is no Scrooge. He is 100 percent correct that the council had no authority to make such a contribution, had no policy governing gifts and lacked controls to ensure that the money would be

used appropriately. Certainly, there are other people in Smithfield who could use a similar donation to get them through rough times. Furthermore, the council could contribute to this family with their own assets.

This incident transported me back to the days when the Rhode Island Supreme Court had a "slush fund" supported with taxpayer money, which the former Chief Justice used to send flowers, candy, contributions, wedding gifts etc. to recipients at his own whim. He may have looked like a big sport but actually he was being quite cheap by not using his six-figure salary to make such gifts. Legislators also act like big shots pandering to special interest groups by contributing taxpayers' money to organizations. In effect, Joe Taxpayer is helping them get re-elected while the public official is squeezing his own nickel until the buffalo bellows.

Then there was the investigative story reported by Parker Gavigan of the NBC I-Team. The I-Team watched the town's maintenance foreman, Bob Martin, for two months working on his own apartment buildings on town time in Tiverton and Fall River. Records obtained by NBC10 showed that Martin was on the

clock. A little guy, Larry Faulkner, apparently was forced to assist Martin on these rental properties. He was told to button his lips or he'd be ruined in town. Mr. Faulkner brought his situation to town administrator, Jim Goncalo, who suspended, then fired him. The town is now the object of a whistleblower suit. The Tiverton Town Council better remedy this situation in order to avoid the "Bah Humbug" award for the year.

Maybe these two town councils ought to attend a performance of "Miracle on 34th Street" — using their own money, of course. They are both out of line and could learn a thing or two from Kris Kringle. The musical might transport them from being a "Doris Walker," the Macy executive who doesn't believe in Santa, into the right kind of Santa Claus.

Nothing bespeaks a self-centered mentality than the two incidences above and the missteps of those in charge. One can only hope that some straight thinking can salvage the out-of-line behavior of these respective councils. Smithfield's council should repay \$2000 into the coffers from their own money and Mr. Faulkner should get a Citizen of the Year Award from Tiverton.

TRASH OR TREASURE?

Rhode Island artist's connection to Abercrombie & Fitch

Q. I have a number of paintings that my father commissioned from Robert Sleicher, to paint animals my father photographed on a safari to Africa in the 1970's. I do not know much about him but was told he is famous. Can you tell me anything about



Karen WATERMAN

him?

A. Robert Sleicher (1927-) is a painter who was born and raised in Rhode Island. He ran a foundry with his brother in Johnston and painting was just a hobby. He vacationed in the Adirondacks since a boy and loved to hunt. A heart attack forced him to re-evaluate his life and he moved to the Adirondacks over 25 years ago to paint full time. He paints mostly landscapes, usually including some of his favorite subjects of deer and other wildlife. He preferred to work in oil and canvases ranged from 8"x 10" to very large and impressive canvases. His works appeared in many magazines including "The

Conservationist" and "Yankee Magazine". His work also received much attention after Abercrombie & Fitch (back when its focus was outdoors outfitting) opened a gallery on Fifth Avenue in New York. Many of his works are in museums and private collections. Above is an example of his work. This painting is 8"x 10" (unframed) and recently sold at auction for \$350. Larger canvases would sell for \$2,500 and up depending on size, subject and condition.

Karen Waterman is a fine art, antique furniture and decorative arts appraiser in the East Bay area and will answer as many questions about your own "hidden treasures" as possible. By sending a letter of email with a question, you give full permission for use in the column. Names, addresses or e-mail will not be published and photos will be returned if requested. Send e-mails (digital photos are encouraged) to trashortreasure@ymail.com. Send snail mail to East Bay Newspapers, Attn. Karen Waterman, P.O.Box 90, Bristol, RI 02809.

Pelican ProGear Backpacks and cases offer the perfect protection for your laptop and gear

BY JASON CALVERT

Pelican ProGear has been producing quality, rugged flashlights, cases and packs for use by the military and law enforcement since 1975. The rugged protective equipment has been used on scientific expeditions, to protect delicate photo equipment, and transport tools into combat zones.

Now you can protect your laptop or tablet while traversing the great outdoors or urban jungle.

Cases done right

Pelican has created cases and quality packs specifically designed to protect your laptop or tablet while you are exploring the world. Both the Ultrabook (tablet) and Laptop Cases are made of a hard crush-resistant material. The cases are watertight with a pressure relief valve to prevent vacuum lock. A foam bumper or molded insert will keep your device from shifting inside the case. Rubber feet and shoulder straps make transporting and storage a breeze.

I received two packs with cases and conducted several durability tests. While I didn't drive a car over them, I did drop them, jump on them, kick them, and generally abuse them. My iPad was unharmed. Pelican boasts that the cases have been tested to a 3 foot submersion for 30 minutes and I repeated the test at home. The contents stayed completely dry with no leaks. These cases stood up to the abuse.

The perfect backpacks

Pelican ProGear Sport and

Urban Laptop Backpacks are made of ballistic nylon and are constructed to be extremely rugged yet very comfortable to wear. An ergonomic design makes the pack sit comfortably on your back. Vented back channels also help to keep your back cooler and reduce perspiration. Elite version also sports a padded design with a padded lumbar storage cavity which adds more storage and comfort.

Both types and styles offers tons of storage for the hiker or urban dweller, including a plethora of pockets to carry all your gear or business supplies. Besides having a spot for your laptop or tablet, there is also a main compartment for whatever else you may need to carry with you.

When you read "made of ballistic nylon", it doesn't mean that you will be protected against small arms. (Though, the thought of bringing to a gun range and unloading on it is pretty cool.) This nylon is very rugged material that will stand up to the wear-and-tear of extreme use. These packs are constructed extremely well with extra stitching and quality material.

I was very impressed with the quality of these packs, particularly the stylish and functional Urban Elite Tablet Backpack. The crush-proof case is integrated into the main construction of the pack and gives great protection for your device. You don't have to worry about dropping it or having someone kick it while its on the ground. Beside the watertight/crush-proof

case, there is tons of storage and concealed compartments. Everything can fit in one pack that sits very comfortably on your back.

I also do a lot of hiking with my son and the Pelican ProGear Sport backpack is a great choice for any outdoorsman. Its the best pack that I have ever used and one of the most comfortable. Again, tons of storage means you can carry all your gear in one pack. The watertight/crush-proof case in the Elite version can also be used to store anything that you need to stay safe and dry. I don't always take a tablet or my laptop on hikes so I utilize the case for matches, bandages and my iPhone.

The final verdict

Whether you are an avid hiker or someone needing to carry your laptop to and from work, the Pelican ProGear backpacks and cases are the perfect solution. Watertight & crush-proof cases ensures that your device will never get damaged while your on the run. Quality materials and cutting-edge design make these the best packs available.

If the military trusts their equipment with Pelican, then you should too.

Pelican ProGear Backpacks and cases

Score: 10 out of 10

Our Take: Quality materials and cutting-edge design make these the best packs available. Prefect protection for your laptop or tablet while you are on the go.

Buy from: Pelican ProGear website - pelicanprogear.com



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HEALTHY EATING

Shopping on a budget

Going to the grocery store can be an expensive task, but it is possible to save money at the grocery store while still buying nutritious and delicious foods for yourself and your family. Here are 10 tips for shopping on a budget:

1. Make a list, and stick to it. A list makes it more likely that you will spend less money at the store and buy only what you truly need.

2. Buy produce when it is in season. Not only will it taste better, but the price will be lower.

3. Shop the perimeter of the store to stock up on fruits, vegetables, whole grains, lean proteins, and low fat dairy.

4. Look for weekly sales at your local grocery store for foods you buy often.

5. Only buy what you can eat before it goes bad. Even if it is a great price, it is still wasted money if you have to throw it away.

6. Don't go to the store hungry, you are much more likely to veer away from your list and buy extra food.

7. Check out the store brands, they are often way to save a little money while not compromising on flavor or quality.

8. Try frozen or canned fruits and vegetables. Be sure to get vegetables with no added salt or

butter, and fruits canned in 100% juice. Remember to wash canned vegetables and drain canned fruits before eating them to help remove excess sodium and sugar.

9. Compare unit prices for the best deal. Unit prices (found next to the price of the product) let you compare the cost per pound or ounce so you can see which company is offering the best price, even if the packages are different sizes.

10. Buy in bulk. Foods such as brown rice, whole wheat pasta, dried beans or frozen fruits and vegetables have a long shelf life. Stock up when they are on sale and you will always have healthy foods on hand.

Lentil & sweet potato soup

6 ONE-CUP SERVINGS

- 2 tbsp. olive oil
- 2 whole onions, chopped
- 1 whole sweet potato, peeled and chopped
- 2 whole carrots, peeled and

- chopped
- 2 whole celery stalks, chopped
- 1 cup lentils, dry
- 1 tsp. ground cumin
- 3 whole garlic cloves, minced
- 15 oz. diced tomatoes, canned, no salt added
- 4 cups chicken or vegetable stock, low sodium
- 2 Tbsp. lemon juice

1. In a large saucepan, heat the olive oil over medium heat.
2. Add onion and cook until soft and translucent, about 10 minutes.
3. Add sweet potato, carrot, celery and lentils. Stir well.
4. Add cumin and garlic; cook for 2-3 minutes, stirring occasionally.
5. Add tomatoes and stock. Season with lemon juice. Cook for about 30 minutes, or until the potatoes and lentils are soft and tender.

Nutrition Information per Serving: 145 calories, 5 gm fat (1 gm saturated, 4 gm unsaturated), 20 gm carbohydrates, 5 gm fiber, 6 gm protein, 440 mg sodium



Emily DELCONTE

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Some sweet treats — and a savory

BY LYNDA REGO

lrego@eastbaynewspapers.com

I recently did some baking for the grand opening of the Bristol Art Museum's new home. I used some old favorite cookie recipes and a couple of new recipes I wanted to try. All were a success — the sweet and the savory — I can tell when there are lots of requests for the recipes.

So, here are some treats can add to cookie trays for the holidays or just anytime this winter when you feel like something sweet with your tea or coffee.

The Provençal Sablés, fragrant with parmesan, rosemary and thyme, are a savory "cookie" perfect with wine.

Coconut Macaroons

Makes 36

- 4 large egg whites
- 1/4 cup sugar
- 1 teaspoon vanilla extract
- 1/2 cup all-purpose flour
- 1/4 teaspoon salt
- 3/4 cup sugar
- 2 1/2 cups shredded coconut

Preheat oven to 325°F. Have egg whites at room temperature.

Beat egg whites until stiff but not dry, gradually adding 1/4 cup sugar and vanilla (extra-fine sugar works best, but plain granulated sugar can be used).

In a separate bowl, whisk together flour, salt and 1 cup sugar. Add coconut and mix until well combined. Fold gently into the beaten egg whites, a little at a

time, until all of the flour/sugar mixture is incorporated.

Drop by rounded teaspoonfuls onto a parchment or silicone lined baking sheet.

Bake in preheated oven for 20 to 22 minutes, or until tops are golden. Remove from oven and cool for 2 minutes, then carefully remove macaroons using a thin spatula.

Cinnamon Sables

Makes 84

from "East of Paris" by David Bouley, Mario Lohninger and Melissa Clark

- 1 1/2 cups plus 6 tablespoons (3 3/4 sticks) unsalted butter
- 3/4 cup plus 1 tablespoon light brown sugar
- 1 large egg
- 3 2/3 cups all-purpose flour
- 2 tablespoons ground cinnamon (yes, that's right, 2 tbsp.)
- 1/2 teaspoon salt
- 1 egg and granulated sugar, for rolling the cookies

In the bowl of an electric mixer fitted with the paddle attachment, or in a food processor, beat the butter and brown sugar until smooth. Then add the egg and mix to combine. Add the flour, cinnamon and salt; beat or pulse to form a dough.

Roll the dough to form two cylinders about 2 inches in diameter, wrap them in plastic, and refrigerate for at least 30 minutes or as long as three days.

Preheat the oven to 325°F. Line



A cookie tray features (from left to right) cinnamon sablés, macaroons, cranberry/walnut biscotti, mini chocolate zucchini cakes, pecan sandies and lemon squares.

several baking sheets with parchment. Beat the remaining egg in a bowl. Pour about 1/4 inch of granulated sugar onto clean, dry surface. Brush the outside of the dough log with the beaten egg, then roll the log in the sugar to coat it. Slice 1/4-inch coins of cookie dough from the log, and arrange them on the prepared baking sheets.

Bake until lightly browned around the edges and firm, about 15 to 18 minutes. Let cool on the baking sheets. These cookies will keep for a week, stored airtight at room temperature.

Lemon and Anise Sugar Twists

Makes 12

These are delicious on their own, with fresh fruit or perfect for a hostess gift.

- Sugar
- 1 sheet frozen puff pastry, thawed
- 1 egg beaten with 1 teaspoon milk
- 3 tablespoons sugar
- 1 teaspoon grated lemon zest
- 2 teaspoons anise seed

Preheat oven to 350°. Sprinkle work surface with sugar. Set pastry atop sugar and roll out to about 1/8 inch thick (12 inches by 12

inches). Brush with egg glaze.

Combine 3 tbsp. sugar and lemon zest. Sprinkle over pastry. Sprinkle with anise seed. Cut pastry crosswise into 1-inch-wide strips. Pick up ends of each strip, twist several times and place on ungreased cookie sheet, pressing ends onto cookie sheet to make them stick.

Bake until golden brown and crisp, about 20 minutes. Cool on a rack.

NOTE: If I make them with other desserts, I cut each strip in half before twisting them. Then you have 24 twists.

Provençal Sablés

from seriouseats.com

Makes 36

- 1 stick of unsalted butter (8 tablespoons), room temperature
- 1/2 teaspoon kosher salt
- 1/2 cup finely grated good Parmesan cheese
- 1 tablespoon fresh rosemary leaves, chopped
- 1 tablespoon fresh thyme leaves, chopped
- 1 egg
- 1 cup unbleached all-purpose flour

In a food processor*, cream together the butter, salt, cheese, and herbs until just combined.

Scrape down the sides of the bowl with a silicone spatula, and add the egg. Mix until just combined. It will look a bit curdled.

Add the flour, and pulse until the dough just comes together (you can't see any dry flour), and not a second more. Turn the dough out onto a big sheet of plastic wrap, and knead two to three times, so the dough has no air pockets or cracks. Roll the dough, using the plastic wrap, into a 10-inch log. Refrigerate for 2 hours.

Preheat oven to 350°F. Slice dough into 1/4-inch rounds. Place the rounds on a parchment-lined baking sheet (they don't spread much at all), and bake until the edges of the sablés are just golden, 15-17 minutes. Let stand 5 minutes outside to cool, then transfer to a wire rack.

NOTE: I doubled the recipe and baked them on two large cookie sheet, switching sheets mid-way through baking. They took 18 minutes to bake.

* The original recipe used a stand mixer with a paddle if you prefer, but the food processor worked fine.

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NIBBLES

Have any food and dining news you want to share? Send it to us at life@eastbaynewspapers.com.

Kids in the Kitchen: Gingerbread Cookie Class

In this class, kids will roll up their sleeves and create beautiful, deliciously edible art. They will master how to read a recipe and measure ingredients, then go on mix, roll, and cut the gingerbread cookie dough. After the cookies have cooled, they will use a variety of holiday-inspired food items to decorate them. This class is great for kids 6 and up. Adults are welcome to stay, or they can enjoy a tour of the Mansion. Thursday, Dec. 19; 4-5:30 p.m.; Blithewold, 101 Ferry Road, Bristol; \$20 per child. 401/253-2707.

Winemaker for a day

Carolyn's Sakonnet Vineyard is offering a Winemaker for a Day program for two Saturdays in January. Winemaker for a day includes tasting & sampling of 4-5 varietals, access to a beaker and a "wine thief", extracting wine in the amount desired and blending in the beaker, having your bottle corked by the staff at Carolyn's Sakonnet Vineyard and then you take home and enjoy! Sessions are limited to 20 people and will be held at 11 a.m., 1 p.m., and 3 p.m. on January 11 and 25. Carolyn's Sakonnet Vineyard is located at 162 West Main Rd. in Little Compton. For more information please call 401/635-8486 or visit www.sakonnetwine.com.

Red White & Groove at Trinity Rep

Trinity Rep is pleased to announce the return of their annual wine tasting event, "Red White & Groove", a casual evening featuring food, wine, music and dancing. The benefit party will take place from 7-11 p.m. on Saturday, Jan. 25 at the Pell Chafee Performance Center, 87 Empire St., Providence. The evening features a wine tasting with culinary pairings from several local restaurants and the danceable rhythms Superchief



Le Central's last Stimulus Dinner of 2013

LeCentral chef and proprietor Jesse James brought us the prix fixe "Stimulus Dinner" mid-recession, with three delicious courses and two wine pairings. Years later and hopefully mid-recovery, it's still one of the best —and most delicious — deals in town. This Wednesday and Thursday, Dec. 18 and 19, Le Central will be serving:

- 2011 Glass Mountain Cabernet Sauvignon Garbure, a port, cabbage and cannelloni soup
 - 2011 Pierre Sparr Pinot Blanc Lobster & Cod Pan Roast with local lobster and cod and a spicy lobster cream.
 - Blueberry-Grapefruit Tart, with Four Town Farm blueberries and pink grapefruit
- Plates are limited: call to reserve 401/396-9965.

Trio with opening act 3pile. Tickets are \$75 and are available online at www.trinityrep.com, by phone at 401/351-4242, or in person at the Trinity Rep Box Office at 201 Washington St. in Providence.

Downton Abbey inspired afternoon tea

In the Garden Room of the Hotel Viking, to benefit The Newport Public Library. The tea includes an assortment of freshly prepared sandwiches, assorted scones served with lemon curd, a selection of freshly baked tea breads, chocolate truffles and a glass of Kir Royale. From 2-4 p.m., Saturday, Feb. 8. To indulge in the Downton Abbey Tea and support the library, at \$25 per person

including gratuity, reserve your place by calling the hotel at 401/848-4824.

Community Cuisine by Marie — Afternoon tea

Come enjoy a refreshing repast in our cafe-style dining room or al

fresco under the shady maple tree overlooking the Common. Community Cuisine is open each Tuesday from 1-4 p.m., offering a variety of hot and cold teas and a selection of petite savory and sweet delectables. The chef is Marie O'Loughlin Jenkins. At the Little Compton Community Center.

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20% off Entire Bill
Sun-Thurs Regular Menu • December 1-24
Not available with any other offer or promotion.

Dinner for Two
with bottle of house wine or with 1 select appetizer & 1 dessert (without wine)
\$29⁹⁵ (Cannot be combined with any other offer.)

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Rte. 6 Fall River/Westport Line

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Chourico w/Peppers & Onions **ALL PIES \$1.25**
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Tuesday, Dec. 31st (New Year's Eve) 11:30am - 11pm
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8 Days

IN EAST BAY

To Submit Calendar Items

BY E-MAIL (PREFERRED):
 life@eastbaynewspapers.com
BY PHONE: 401/253-6000 x150
BY MAIL: Calendar - East Bay Life, PO Box 90,
 Bristol, RI 02809
BY FAX: 401/253-6055
 Or stop by any of our offices. Listings are coordi-
 nated by Christy Nadalin. Photos or artwork are
 encouraged but cannot be returned.
DEADLINE: Noon on Friday before publication

Wednesday December 18

Sandywoods contra dance

Please join us for our monthly contra dance at Sandywoods. Live music by fiddler Amy Larkin & Friends, with dance caller Linda Leslie. All dances are taught, partners not necessary, beginners and children welcome!

WHERE: Sandywoods, 43 Muse Way, Tiverton.
WHEN: 7-10 p.m.
COST: \$8 adults, \$4 children, \$18 families.
MORE INFO: 401/241-7349; www.sandywoods-music.com

How the Grinch Stole Christmas



Come and see the classic Grinch on the big screen.

WHERE: Riverside branch, 475 Bullocks Point Ave., Riverside.
WHEN: 3:30 p.m.
COST: Free.

Winter Concert

Featuring Swanhurst Chorus and Navy Band Northeast performing holiday favorites.

WHERE: Little Compton Community Center.
WHEN: 6 p.m.
COST: Free. Please bring a canned or boxed item for the LC Food Bank.
MORE INFO: 401/635-2400.

Thursday December 19

Contra dance series

With support from the RI State Council on the Arts (RISCA), the Atwater-Donnelly Duo, national touring traditional folk musicians and dancers, are launching a contra dance series. Setting this series apart is the fact that they will be including some of the old "Chestnuts"—a term sometimes used for a group of older dances, ones that have been part of the contra repertoire for between 100 and 200 years.

WHERE: The Mary Quirk School, 790 Main St., Warren
WHEN: 7:30-10 p.m.; Thursdays, December 19.
COST: \$5 donations accepted.
MORE INFO: www.facebook.com/eastbaycontradance.net

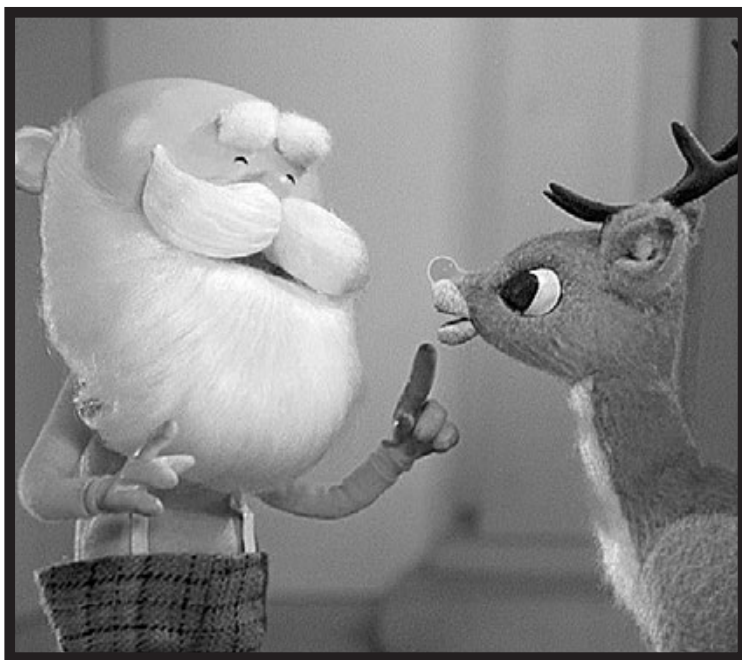
Kids in the Kitchen: Gingerbread Cookie Class

In this class, kids will roll up their sleeves and create beautiful, deliciously edible art. They will master how to read a recipe and measure ingredients, then go on mix, roll, and cut the gingerbread cookie dough. After the cookies have cooled, we will use a variety of holiday-inspired food items to decorate them. This class is great for kids 6 and up.

WHERE: Blithewold, 101 Ferry Road, Bristol.
WHEN: 4-5:30 p.m.
COST: \$20 per child.
MORE INFO: 401/253-2707.



SPOTLIGHT



Christmas family movie marathon

The Riverside Library is holding a free, Christmas-themed movie marathon this weekend, offerings include: 10 a.m., Santa Claus is Comin' to Town; 11 a.m., Rudolph, the Red-Nosed Reindeer; noon, Frosty the Snowman; 12:30 p.m., A Charlie Brown Christmas; 1 p.m., How the Grinch Stole Christmas; 3 p.m., Elf. Movie times are approximate. Light refreshments will be served.

WHERE: Riverside Library, 475 Bullocks Point Ave., Riverside.
WHEN: 10 a.m.-5 p.m.; Saturday, Dec. 21.
COST: Free.

SPOTLIGHT



Antje Duvokot at Sandywoods

Antje Duvokot is one of the brightest singer-songwriters to rise out of Boston's ultra-competitive acoustic music scene. For years, Duvokot's songs have been critically praised for their hard-won wisdom, dark-eyed realism, and street-smart romanticism. Blending uncommonly beautiful vocals with one of the sharpest poetic sensibilities in her field, her latest release is a masterpiece of the modern folk genre.

WHERE: Sandywoods Center for the Arts, 43 Muse Way, Tiverton.
WHEN: 7:30 p.m.; Saturday, Dec. 21.
COST: \$18 advance, \$20 at the door
MORE INFO: 401/241-7349; www.sandywoods-music.com

Friday December 20

Sparkle! An Outdoor Family Event

Back for another year is the popular Friday evening "Sparkle!" Families are welcome to come stroll through Blithewold's illuminated gardens and greenhouse, breathing in crisp Christmas air or joining our carolers as they spread holiday cheer. Come enjoy music, cocoa, and roasted marshmallows around a roaring bonfire in Blithewold's Enclosed Garden. Carolers will be singing around the bonfire from 6:30 - 7 p.m. Hot Cocoa is free; S'mores kits will be available for \$1.

WHERE: Blithewold, Ferry Road, Bristol.
WHEN: 6-8 p.m., Fridays through December 27.
COST: Free with mansion admission.
MORE INFO: www.blithewold.org.

Holiday sale

There is still a chance for you to get some one-of-a-kind gifts at the Tiverton Historical Society's annual Holiday Sale at Chace-Cory House. They have great gift ideas for everyone on your list: Tiverton baseball caps and mugs, collectible Tiverton ornaments, vintage glassware, historic books and maps, jams and jellies, and lots more gift items, as well as delicious homemade goodies.

WHERE: 3908 Main Road, Tiverton Four Corners.
WHEN: 2-6 p.m.
MORE INFO: www.tivertonhistorical.org.

'A Nor'easter Noel' at Sandywoods

Ring in the season with a stellar cast of award-winning singer-songwriters from the Northeast. Original and classic holiday and winter-themed songs will be performed. Singing along encouraged!

WHERE: Sandywoods, 43 Muse Way, Tiverton.
WHEN: 7:30 p.m.
COST: \$10 advance, \$12 at the door.
MORE INFO: Reserve tickets at the advance price by leaving a message at 401-241-7349.

Saturday December 21

Opening reception: Brainscanning

"Brainscanning," an exhibition of new work by Tom Deininger, will be on display at Van Vessel Gallery in Tiverton through January 31, 2014. An opening reception will be held this Saturday, with a special appearance by performance artist Laurel Casey. Gallery hours are noon-5 p.m. on Wednesday, 4-8 p.m. on Thursday and Friday, 2-5 p.m. on Saturday, and during performances in the adjacent Sandywoods Center for the Arts.

WHERE: Van Vessel Gallery, 63 Muse Way, Tiverton.
WHEN: 5-8 p.m.
COST: Free.
MORE INFO: 401/835-6639.

Holiday Zoobilee

The Zoo is open exclusively for Holiday Zoobilee this Saturday. Visitors will be able to learn how the zoo's animals stay active through holiday-themed keeper chats; the Zoo's train and wildlife carousel are included in the Zoobilee admission; and there will be opportunities to carol with the animals, enjoy hot chocolate and a special holiday cookie, and workout with some of Santa's elves before stopping up at the Buttonwood Farm to meet Santa Claus.

WHERE: Buttonwood Park Zoo, Hathaway St., New Bedford.
WHEN: 11 a.m.-4 p.m.
COST: Members are \$9/adult and \$6/child; Non-members are \$14/adult; \$11/child and all children under 3 are free.
MORE INFO: www.bpzoo.org.

'Messiah and Carol Sing: The Christmas Story'

Swanhurst Chorus, under the direction of conductor Jonathan Babbitt, offers the 21st Annual "Messiah and Carol Sing: The Christmas Story," a beloved tradition of Christmas in Newport. This special evening will feature much of the Christmas portion of Handel's Messiah as well as beloved carols, plus selections by Swanhurst's Chamber Singers and the telling of the Christmas Story.

WHERE: Emmanuel Church, Newport.
WHEN: 7 p.m.
COST: \$10, \$5 for children 12 and under, and \$25 maximum per family.
MORE INFO: 401/682-1630; www.Swanhurst.org.

Monday December 23

Legos at the library

LEGO fans are invited to build alongside other kids who love LEGOs. Grades k-5.

WHERE: Riverside Library, 475 Bullocks Point Ave., Riverside.
WHEN: 10:30-11:30 a.m.
COST: Free.
MORE INFO: 401/433-4877

Tuesday December 24

Christmas Eve

Christmas in the Barnyard

Participants are encouraged to dress appropriately for a morning in the barnyard. This program begins promptly at 9:00am, please arrive at least ten minutes early. No reservations are required.

WHERE: Coggeshall Farm, Bristol.
WHEN: 9-10:30 a.m.
COST: \$10 adults; \$6 seniors and children (3-12); children under 3 Free. Museum Members, \$7 adults; \$5 seniors and children (3-12); children under 3 Free.

Wednesday

December 25
Christmas Day



Wednesdays: The Rick Costa Trio (jazz)

Federal Hill Pizza

495 Main St., Warren; 401/245-0045

Federal Hill Pizza features live music every Saturday night at 7:30 p.m. This week: Rebecca Correia.

The Knights of Columbus

28 Fish Rd., Tiverton

Karaoke every Friday night with Mari-ozations Studio; from 6:30-11 p.m.; Computer karaoke or BYO CD. Free admission. 50/50 raffle, hosted by Jesse Bertholde 401/297-6604.

LePage's Seafood

439 Martime St., Fall River; 508/677-2180

Fridays: Karaoke at 9 p.m.

Mulhearn's Pub

507 North Broadway, East Providence; 401/438-9292

Friday: Rock-A-Blues; Sunday: Karaoke with Chase.

One Pelham East

270 Thames St., Newport; 401/847-9460

Thursday: Stu Sinclair with Never in Vegas; Saturday: Brian Scott, Blockhead; Tuesday: DJ Blacklist; Wednesday: Jack Babineau.

133 Club

29 Warren Ave., East Providence; 401/438-1330

Wednesdays: Karaoke with Big Bill; Thursday: Mac Odom Band; Friday: Stone Leaf; Saturday: Outta the Blue; Sunday: Brother to Brother.

Oriental Pearl

576 State Rd., Westport

508/675-1501 or 401/435-6565

Karaoke every Wednesday night with Cal Raye. 8:30 p.m.-12:30 a.m.

Scampi

657 Park Ave., Portsmouth; 401/293-5844

Fridays: Andre Arsenault; Saturdays: Alissa Musto.

Scores Pub

3 Park St., Rte. 118, Rehoboth; 401/435-6565

Karaoke every Tuesday night with Cal Raye. 8-11 p.m.; free pool.

Steve Fredrick, solo acoustic

Pauls City Grille, 315 Waterman Ave., East Providence.

8:30-11:30 p.m.; Saturday and Sunday, Dec. 21-22.

Theater & Stage

Miracle on 34th Street

The Ocean State Theatre Company (OSTC), which recently launched its first full season in its new state-of-the-art theatre in Warwick, is proud to present the musical adaptation of the popular holiday favorite, *Miracle on 34th Street*.

WHERE: 1245 Jefferson Boulevard, Warwick.

WHEN: Through December 29.

COST: Tickets are \$39 for preview performances and \$39-\$54 for all other performances.

MORE INFO: www.OceanStateTheatre.org; 401/921-6800.

'A Christmas Carol'

Trinity Rep proudly continues the celebration of their 50th season with their annual presentation of Charles Dickens' "A Christmas Carol." Appealing to young and old alike, this heartwarming story of the power of forgiveness shows

SPOTLIGHT



Sparkle! An outdoor family event

Come stroll through Blithewold's illuminated gardens and greenhouse, breathing in that crisp Christmas air or joining our carolers as they spread holiday cheer. Come enjoy music, cocoa, and roasted marshmallows around a roaring bonfire in Blithewold's Enclosed Garden. Carolers will be singing around the bonfire from 6:30 - 7 p.m.

WHERE: Blithewold, Ferry Road, Bristol.

WHEN: 6-8 p.m., Fridays through December.

COST: Christmas Sparkle is included in a regular Mansion admission. Family (2 adults, 2 youths): \$24; Adult: \$11; Senior: \$10; Student: \$9; Youth 6-17: \$3; Child 5 and under: Free/

MORE INFO: 401/253-2707.

us that anything is possible—and hope is always just around the corner.

WHERE: Trinity Repertory Theatre, 201 Washington St., Providence.

WHEN: Through December 28.

COST: \$36 adults; \$22 children (age 2-14).

MORE INFO: 401/351-4242; www.trinityrep.com.

'Vanya and Sonia and Masha and Spike'

Fresh on the heels of their sold out run of season opener "The Grapes of Wrath", Trinity Rep continues their 50th anniversary season with the New England premiere of Christopher Durang's smash-hit comedy *Vanya and Sonia and Masha and Spike*. Taking takes his cue from some of Anton Chekhov's most recognizable characters, Durang wickedly adds more than a dash of pop culture, a huge helping of dark humor and then lets the characters stew in a pressure cooker of their own devising. The result is a whirlwind weekend of classic Durang barbs, over the top tirades and ridiculously hysterical situations.

WHERE: Trinity Rep, 201 Washington St., Providence.

WHEN: Through December 22.

MORE INFO: 401/351-4242; www.trinityrep.com.

Kids & Outdoors

Children's story hour

Miss Margie reads several theme-related story and picture books geared towards the pre-school set, followed by craft time allowing the children to express their creativity based on the fun facts and stories they just heard.

WHERE: Barrington Books, Barrington Shopping Center, County Road, Barrington

WHEN: 10 a.m. Thursdays

COST: Free

MORE INFO: 401/245-7925; www.barrington-books.com

Young children's story hour

Bring your little ones for stories

geared for 3- to 5-year-olds. Includes a craft and light snack.

WHERE: Baker Books, Route 6, Dartmouth

WHEN: 10 a.m. Thursdays

COST: Free

MORE INFO: 508/997-6700;

www.bakerbooks.net

MORE INFO: www.asri.org

Arts & Antiques

'Warren: A Point Of View'

This exhibit portrays the vibrant town of Warren R.I. told by current and former residents using video, audio, photographs, artifacts, memorabilia and oral histories told by members of the "The Silent Generation"—also known as "The Lucky Few"—people born from 1925 to 1942.

WHERE: Imago Gallery, 36 Market St., Warren.

WHEN: Thursdays-Sundays through December 22.

COST: Free.

MORE INFO: www.preservewarren.org.

'From Waders to Warblers: A Photographic Celebration of Birds'

As an ecologist and artist, Brooks Mathewson's goal in avian photography is to express statements about the biology of his subjects while creating an artistic image. Through intense study of the forests, salt marshes and barrier beaches of Rhode Island, Brooks has assembled a body of photographic work that provides a comprehensive artistic visual narrative conveying the great diversity of migratory and resident avian life that inhabit these ecosystems.

WHERE: Audubon Environmental Education Center, 1401 Hope Street, Bristol.

WHEN: Through December.

COST: Free with admission.

MORE INFO: www.asri.org.

MORE INFO: workshops@PortsmouthArts.org.

The Ceruleans, on exhibit in Barrington

Throughout the month of December, Barrington Public Library displays work by the Ceruleans, an active group of award-winning female artists. Among the group are Rhode Island painters, illustrators, and printmakers.

WHERE: Barrington Public Library, 281 County Road, Barrington.

WHEN: 9 a.m.-9 p.m., Monday-Thursday; 9 a.m.-5 p.m., Friday-Saturday; 1-5 p.m. Sunday.

COST: Free.

MORE INFO: 401/247-1920; www.barringtonlibrary.org.

Bristol Art Museum

In celebration of the new Bristol Art Museum's home at Linden Place, tours and an art exhibit featuring local artists John Udvardy and Penelope Manzella, will be on view through December.

WHERE: Bristol Art Museum, Wardwell St., Bristol.

WHEN: 1-4 p.m., Sundays through December 29.

COST: Free.

MORE INFO: 401/253-4400; www.bristolartmuseum.org.

Trips & Tours

Holiday lantern tour

Learn the history of winter holiday traditions on a lantern-lit stroll through Newport's streets and hear how people did or didn't celebrate the holidays.

WHERE: Departs from the Brick Market: Museum & Shop, 127 Thames St., Newport.

WHEN: 4:30 p.m.; Thursdays, Fridays and Saturdays through December 28.

COST: \$12 per person, \$10 NHS members.

MORE INFO: Reservations strongly recommended as space is limited. Call 401/841-8770.

Impressionists on the Water

As an artistic subject, there could be no better match for the Impressionists than the element of water. The play of light, sense of atmosphere and physical

See TRIPS Page 12

Thursday

December 26

Animal experiences with Dave Marchetti

Dave will introduce all ages to his many animal friends including a chinchilla, snakes, lizards, tree frogs, a hedgehog, turtles, and more. Kids and adults will be invited to touch and hold the animals at the end of the program.

WHERE: Weaver Memorial Library, 41 Grove Ave., East Providence.

WHEN: 1:30-2:30 p.m.

COST: Free.

MORE INFO: 401/434-2453.

Aidan's Irish Pub

John St., Bristol; 401/254-1940

Sunday: An Irish seisiun, 5-9 p.m.

Atlantic Sports Pub

70 Shove St., Tiverton; 401/816-5996

Every Wednesday: Pro Karaoke by Rick & Joan

Beach House

506 Park Ave., Portsmouth; 401/293-5700

Benjamin's Sports Club

4 Stafford Road, Tiverton; 401/624-3899

Saturdays: Pro Karaoke with Rick & Joan

Bovi's Town Tavern

287 Taunton Ave., East Providence; 401/434-9670

British Beer Company

29 State St., Bristol; 401/253-6700

Friday: D&D Live; Saturday: Andre Arsenault Duo.

Broadway Lounge

535 North Broadway, East Providence; 401/434-9742.

Friday: Brother to Brother; Saturday: Spellbinders.

Custom House Coffee

600 Clock Tower Square, West Main Road, Portsmouth

Sunday: Open mic with Gary Fish, 2-5 p.m., guest musician 3 to 3:45 p.m.

The Coffee Depot

501 Main Street, Warren; 401/608-2553

Open Mic starts about 7:00 pm and follows the featured artist's 8:00-8:40 pm performance until 9:50pm., Fridays excluding holiday weekends. Bring a nonperishable food donation to benefit Bristol Good Neighbors.

DeWolf Tavern

259 Thames St., Bristol; 401/254-2005

From Page 11

experience of floating in a groundless world were irresistible for artists like Monet, Renoir, Sisley, Signac and Caillebotte. Through nearly 60 oil paintings, works on paper, models and small craft, this exhibition illuminates the importance that access to the sea and France's extensive inland waterways played in the development of one of the world's most robust artistic movements.

WHERE: Peabody Essex Museum, Salem, Mass.
WHEN: Thursday, January 16. Barrington Town Hall parking lot departure at 7:45 a.m. will be followed by a Providence pickup at 8:05 a.m.
COST: \$60 BCS members and \$70 non-members. Includes museum admission, guided tour of the special exhibition, BCS escort, motor coach transportation and driver tip.
MORE INFO: 401/245-0432; www.barrcomm-school.com.

Markets

Art Sales

Two locations: Stella Blues in Warren and William Raveis Realty in Bristol. For more information, please contact Jane Dever at 401/688-0396.

WHERE: 15 Miller St., Warren; 423 Hope St., Bristol.
WHEN: Through December 31.
MORE INFO: 401/688-0396.

Mt. Hope farmers' market

This farmers' markets showcases many local vendors selling fresh produce, meat and fish, along with baked goods and other treats. The Acacia Cafe food truck serves breakfast and lunch. There will also be live music, demonstrations, kids' activities, knife-sharpening, clothing and electronics drives and more.

WHERE: Mt. Hope Farm barn, 300 Metacom Ave., Bristol
WHEN: 9 a.m. to 1 p.m. Saturdays
MORE INFO: mounthopemarket@gmail.com.

Rogers Free Library book sale

Ongoing sale featuring adult, young adult and children's books. Also available are DVDs, audio books and puzzles. All items are reasonably priced with proceeds benefiting the library.

WHERE: Rogers Free Library, 525 Hope St., Bristol
WHEN: 9 a.m. to 8 p.m. Monday to Thursday; 9 a.m. to 5 p.m. Friday and Saturday
MORE INFO: 401/253-6948

Sandywoods farmers' market

Vendors will offer jams and jellies, honey, gourmet roasted coffee, clam chowder, fresh shellfish, alpaca hats and gloves, breads and cakes, pasture-raised meat and poultry, sandwiches and tacos, granola and eggs and fresh produce. There will also be live music.

WHERE: Sandywoods Center for the Arts, 43

SPOTLIGHT



Disney On Ice presents '100 Years of Magic'

Coming to the Dunkin' Donuts Center at the end of December. Featuring Natasha Kuchiki as Mulan, whose skating career before "Disney On Ice" was highlighted by three US National Championships, a bronze medal in the 1991 World Championships, and sixth place in the 1992 Winter Olympics.

WHERE: Dunkin' Donuts Center, 1 LaSalle Square, Providence.
WHEN: Thursday-Monday, Dec. 26-30. Times vary.
COST: Tickets start at \$25.
MORE INFO: www.dunkindonutscenter.com.

Muse Way (take Roosevelt Drive off Bulgar-marsh Road), Tiverton
WHEN: 4-7 p.m. Thursdays
COST: 401/241-7349; info@sandywoodsfarm.org.

Warren
WHEN: 6 p.m. Tuesdays
COST: Free
MORE INFO: 401/247-0503

Ballroom & Latin dancing

Join the fun and learn all the popular dances. Learn two new dances each month and enjoy an evening of social dancing. No partner needed to learn; beginners, singles and couples welcome. Complimentary coffee, tea, pizza and pastry, cash bar available.

WHERE: Democratic Club, 186 Roffee St., Barrington
WHEN: 7-8 p.m. beginner dance class, 8-11 p.m. social dance party, Fridays
COST: \$15, door
MORE INFO: 401/245-1119; www.dancenelia.com

Ballroom dance lessons

Learn all the social dances from a certified instructor in a relaxed environment. Adults of all ages are welcome. Great for beginners and more experienced dancers. Help with wedding dance preparation also available.

WHERE: East Providence Senior Center, 610 Waterman Ave., East Providence.
WHEN: 2-4 p.m. Mondays.
COST: \$3.
MORE INFO: 401/434-0080.

Choreographed ballroom dance classes

Mike and Joyce Alexander will teach

choreographed ballroom dancing (round dancing) every Monday evening. Modern social round dancing is pre-choreographed with a "cuer" telling the dancers what to do as they all progress around the dance floor. Rhythms taught will be foxtrot, waltz, cha-cha and rumba.

WHERE: Portsmouth Senior Center, 110 Bristol Ferry Road, Portsmouth.
WHEN: 6-7 p.m. (advanced), 7-8 p.m. (beginners) and 8-9 p.m. (intermediate) on Mondays.
COST: \$10 per couple.
MORE INFO: 508/672-0259; jta440@msn.com.

East Bay Toastmasters Club

A program for professionals, students, stay-at-home parents or retirees who wish to improve their oral communication skills. Membership open to all.

WHERE: United Methodist Elder Care, 30 Alexander Ave., East Providence
WHEN: 5:30-7:30 p.m., first and third Thursdays of each month
MORE INFO: http://9556.toastmastersclubs.org

Open Knit Night at Sisters of the Wool

Sisters of the Wool hosts a free knitting night, every Thursday, at their Westport location.

WHERE: Sisters of the Wool, 782 Main Rd., Westport.
WHEN: 5:30-8:30 p.m. Thursdays
MORE INFO: 774/264-9665

Gardening volunteers at Veterans Home

Rhode Island Veterans Home Master Gardener volunteers meet for general gardening activities to beautify the R.I. Veterans Home.

WHERE: R.I. Veterans Home greenhouse, 480 Metacom Ave., Bristol
WHEN: 9 a.m. to noon, Mondays and Thursdays
MORE INFO: 401/245-4845; margehardisty@yahoo.com

Live model figure drawing

Take part in unguided figure drawing in a relaxed, informal and supportive setting. All experience levels — new artists included — are welcome. Bring your own materials and easel or other preferred work surface. Model and chairs provided.

WHERE: Sandywoods Center for the Arts (Yellow Building), 73 Muse Way, Tiverton.
WHEN: 6-9 p.m. Mondays.
COST: \$14 general, \$10 for college-level art students.
MORE INFO: www.sandywoodsfarm.org.

Networking breakfast

Community businesses are invited to attend a business networking breakfast sponsored by Service By Referral (SBR) networking's Bristol chapter. Both formal and informal networking exercises will be conducted to help business owners. As part of Service By Referral, members have access to networking meetings, training and events and other opportunities throughout Rhode Island and nearby Massachusetts.

WHERE: Raymour & Flanigan Furniture, 100 Highland Ave., Seekonk.
WHEN: 8 a.m. on Thursdays.
COST: Free, but guests are responsible for their own breakfast costs.
MORE INFO: newengland@sbrnetwork.com.

Ocean State Bridge Club

A free lunch is served once a month by Sakonnet Bay. Visit the website for schedule, results and more information. Call or e-mail if you need a part-

ner. Beverages and snacks served. Air conditioned room is quiet and comfortable. All are welcome.

WHERE: Sakonnet Bay Manor, 1215 Main Road, Tiverton.
WHEN: 12:30 p.m. Fridays, Mondays.
COST: \$6.
MORE INFO: 401/253-2383; www.oceanstate-bridgeclub.com.

Operation Shower knitting circle

Aquidneck Chiropractic will host a weekly knitting circle. The group will make baby articles to be sent to Operation Shower, an organization that supplies items to expectant families of soldiers deployed overseas.

WHERE: Aquidneck Chiropractic, 1272 West Main Rd., Middletown.
WHEN: 2 p.m. Tuesdays.
COST: Free.
MORE INFO: 401/849-7011.

Portsmouth Multi-Purpose Senior Center

A variety of weekly activities are available, from zumba and line dancing to bridge, computer classes and support groups. Thrift shop open weekdays from 9:30 a.m. to 3:30 p.m. Blood pressure clinics are held every 4th Wednesday of the month from 11 a.m. to noon. Must be aged 55 or older to join; Portsmouth residency not required.

WHERE: 110 Bristol Ferry Rd., Portsmouth
MORE INFO: 401/683-4106

Senior fitness classes

Seekonk Total Fitness Club offer a free senior fitness class.

WHERE: Seekonk Total Fitness, 1301 Fall River Ave., Seekonk
WHEN: 10:30 a.m. Tuesdays, Thursdays
COST: Free
MORE INFO: 508/336-4545; www.totalfitnessclubs.com

Social duplicate bridge

"Tea Time at the Table," duplicate bridge for newcomers and intermediates. All are invited for an afternoon of food, fun and friends.

WHERE: St. Mary's Church parish house, 378 East Main Road, Portsmouth
WHEN: 1:30 p.m. Tuesdays
MORE INFO: 401/624-1723 or e-mail viking-bridgeclub@verizon.net

Toastmasters Island Foghorns

Toastmasters International is a non-profit organization that helps people develop and improve their public speaking abilities through local club meetings.

WHERE: Middletown Police Department, 123 Valley Rd., Middletown
WHEN: 5:30-6:30 p.m. first and third Thursdays of each month
MORE INFO: e-mail vpres-mem@islandfoghorns.org

Viking Bridge Club

Offers games and lessons for players at every level. Partners are guaranteed.

WHERE: St. Mary's Parish House, 278 East Main Road, Portsmouth.
WHEN: 6:30 p.m. Mondays, 9:30 a.m. Wednesdays, Fridays, 12:30 p.m. Tuesdays, Thursdays.
MORE INFO: 401/624-1723; www.vikingbridgeclub.com.

Clubs & Classes

Ballroom & line dancing

Every Tuesday afternoon; singles welcome.

WHERE: Liberal Club, 20 Star St., Fall River.
WHEN: 12:30-3:30 p.m., every Tuesday.
COST: \$7.
MORE INFO: 508/857-7734.

Active Single Seniors meeting

All active single seniors are welcome to attend these meetings to discuss plans for upcoming activities such as biking, walking, outdoor concerts, inexpensive trips, dinner, theater and more. RSVP only (number below).

WHERE: Dunkin' Donuts, 670 Metacom Ave.,

Spa Yadira
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Self Help & Support

Al-Anon meetings

Hope for Today, an Al-Anon meeting offers help for families and friends of alcoholics.

WHERE: Warren Senior Center, Joyce St., Warren.
WHEN: 10 a.m. Thursdays.

Recovering hearts Al-Anon meeting.

WHERE: St. James Lutheran Church, Middle Highway, Barrington.
WHEN: 11 a.m. Saturdays.

Food Addicts in recovery

A long-term solution to food addiction whether you are anorexic, bulimic, an overeater or otherwise food-obsessed. No dues, fees or weigh-ins. Membership open to anyone who wants help with food. Meetings in East Providence and Bristol.

— East Bay Manor, 1440 Wampanoag Trail, East Providence; 7-8:30 p.m. Wednesdays; free; www.foodaddicts.org
 — Columban Fathers, 65 Ferry Road, Bristol; 8 a.m. Saturdays; free; 401/433-4521 (Betty)
MORE INFO: www.foodaddicts.org

Marijuana Anonymous

Support group works to help people recover from marijuana addiction. The program uses the basic 12 steps of recovery founded by Alcoholics Anonymous. If using public transportation, take RIPTA bus 60 to the church.

WHERE: Barrington Congregational Church Education Building (room 8), 461 County Road, Barrington
WHEN: 7:30-8:30 p.m. Wednesdays
MORE INFO: 401/369-6518 or BillW15@aol.com (Bill W.); www.facebook.com/RIAMABored-NoMore

Parenting support group

This group, for parents to discuss the challenges of raising children today in a demanding society, is open to all parents, single and partnered, traditional and non-traditional and to parents in blended family situations. Child care is available but parents must call Jennifer DeWolf at 401/935-3359 by the Friday before the meeting to let her know how many children will attend and their ages.

WHERE: Tildsley Building, St. Michael's Church, 399 Hope St., Bristol
WHEN: 6 p.m. on the third Thursday of each month
COST: Free; donations of non-perishable food for Bristol Good Neighbors Soup Kitchen or paper goods for the East Bay Food Pantry welcome

TOPS meetings

TOPS (Take Off Pounds Sensibly) meets at locations around the East Bay. It's a sensible and affordable way to help you lose weight and get healthy.

— Riverside Congregational Church, 15 Oak Ave., Riverside, on Thursdays; 5:45-6:10 weigh-in, 6:15-7 p.m. meeting. \$2 per week. For more information contact Barbara at 401/433-5084 or e-mail blh25@cox.net.
 — Tiverton Senior Center, 207 Canonicus St., Tiverton, on Thursdays at 10 a.m. All are welcome.
 — Warren Baptist Church, Main and Miller Street, Warren, Thursdays; 5:45-6:30 p.m. weigh-in, 6:30-7:30 p.m. meeting, Thursdays. \$3 a week. For more information, call Susan Lemois at 401/864-6510.

Points of Interest

Audubon Society's Environmental Education Center

This natural history museum and aquarium is situated on a 28-acre wildlife refuge with walking trails and quarter-mile boardwalk. In the center, visitors can look inside a 33-foot life-sized Right Whale, discover life in a tide pool, observe Narragansett Bay's marine life, see a rare blue lobster and even explore a cornfield at night.

WHERE: 1401 Hope St. (Route 114), Bristol.
WHEN: 9 a.m.-5 p.m. Monday to Saturday, noon-5 p.m. Sunday.
COST: \$6 adults, \$5 seniors, \$4 children ages 4 to 12, free for children under 4 and members; group tours available.
MORE INFO: 401/245-7500; www.asriec.org.

Barrington Preservation Society Museum

The Barrington Preservation Society Museum is a center for collecting, preserving and exhibiting objects that relate to the history of the town of Barrington. It also serves as a research and education center with programs, tours,

books and published materials available to the community. "Barrington's Industrial Past" on exhibit through June 30, 2014.

WHERE: Barrington Preservation Society Museum, 281 County Rd. (on the lower level of the Barrington Public Library)
WHEN: 11 a.m.-4 p.m. Wednesday, Thursday, Saturday and by appointment
COST: Free
MORE INFO: 401/289-0802; www.barrpreservation.org

Battleship Cove

Home to a battleship, destroyer, two P.T. boats, a Russian-built missile corvette plus aircraft exhibits. Recently appointed as Massachusetts' official memorial to its victims of the Sept. 11, 2001 terrorist attacks, Battleship Cove serves as the Bay State's official memorial to the World War II, Korean, Vietnam and Persian Gulf conflicts.

WHERE: Battleship Cove, 5 Water St., Fall River
WHEN: 9 a.m.-4:30 p.m. daily
COST: \$15 adults, \$13 seniors 65 and older and veterans, \$9 children 6 to 12, \$7 active military, free for children under 6
MORE INFO: 508/678-1100; www.battleship-cove.org

Blithewold Mansion, Gardens & Arboretum

A 45-room mansion and 33 acres of landscaped grounds overlooking Narragansett Bay. Various flower gardens, a 90-foot tall giant sequoia, a bamboo grove and other exotic plants. On the National Register of Historic Places.

WHERE: 101 Ferry Road, Bristol
WHEN: Gardens and grounds open 10 a.m.-4 p.m. daily; mansion and gardens open 10 a.m.-4 p.m. April to October
COST: \$24 per family, \$11 for adults, \$9 for seniors/students/military personnel, \$3 for children ages 6-17, free for kids 5 and under and Blithewold members
MORE INFO: 401/253-2707; www.blithewold.org

Bristol Historical & Preservation Society Museum

Located in the former Bristol County jail, built in 1828 of stones used for ballast in Bristol ships. It has a library and collection of artifacts and memorabilia covering Bristol's 300-year history. Architectural and historical walking tours arranged for groups.

WHERE: 48 Court St.
WHEN: 1-5 p.m. Wednesdays and Fridays
COST: \$2 donation; free for members
MORE INFO: 401/253-7223

The Bristol Train of Artillery

The B.T.A. has maintained an uninterrupted existence from the date of its establishment on Feb. 12, 1776. The headquarters is also a museum with rare specimens of military weapons and artifacts, shoulder arms, sabers, documents and other memorabilia.

WHERE: 135 State St., Bristol
MORE INFO: For tours, exhibits or demos, contact Lt. Col. Herb Deveau, 401/253-3927; Lt. Col. Sabby Dias

Buttonwood Park Zoo

The zoo features more than 200 animals in 28 exhibits on a 10-acre site. A new Zoo Choo Choo, an electric train, runs daily on the grounds and is \$2 a ride.

WHERE: 425 Hawthorn St., New Bedford
WHEN: 10 a.m.-5 p.m. daily; closed Thanksgiving, Christmas and New Years Day
COST: \$6 adults, \$3 ages 3-12, free under 3, \$4.50 teens, seniors; \$2 train
MORE INFO: 508/991-6178; www.bpzoo.org

Buzzards Bay Brewing

The brewery is built on a 140-acre historic farm where they grow the hops and barley for their award winning ales, lagers and pilsners.

WHERE: 98 Horseneck Road, Westport
WHEN: 11 a.m.-5 p.m. Thursday to Saturday; tours on Saturday
COST: Free for one tasting; \$5 for a Buzzards Bay sample glass and four tastings
MORE INFO: 508/636-2288; www.buzzards-brew.com

Caratunk Wildlife Refuge

The Audubon Society of Rhode Island site has a large nature center with regular activities and educational classes. Includes an extensive trail system through 250 acres of fields, forests, streams and woods.

WHERE: 301 Brown Ave., Seekonk
WHEN: Daily, sunrise to sunset
COST: Free admission to refuge, admission fees for programs
MORE INFO: 508/761-8230; www.asri.org

Chace-Cory House

This early 18th century dwelling, headquarters of the Tiverton Historical Society, with its restored early outbuildings, houses the Society's collection of early American antiques and furnishings displayed in restored period rooms, as well as important documents and artifacts from Tiverton's rich past. The colonial garden is planted with heirloom plants, including jonnycake corn, the rare native R.I. white cap flint corn. New this year is the entrance through the museum shop where historical books, Tiverton mugs and ornaments, jams and jellies, and other items may be purchased.

WHERE: 3908 Main Road, Tiverton Four Corners
WHEN: 2-4:30 p.m. Sundays, June 2-Sept 30, or by appointment
COST: \$3 non-members; \$2 students and seniors (60 yrs+); members and children under 12 years free
MORE INFO: 401/625-5174; www.tivertonhistorical.org

Charles W. Greene Museum

Exhibits include the Charles R. Carr collection of pre-Columbian, Peruvian and North American Indian artifacts, including wampum and glass beads, along with colonial fishing, farm implements and utensils.

WHERE: George Hail Library, 2nd Floor, 530 Main St., Warren
WHEN: 2-4 p.m. Wednesdays and by appointment
COST: Free admission
MORE INFO: 245-7686

Coggeshall Farm Museum

Visitors experience the past through all of their senses at this 48 acre living history farm. Interpreters dressed in reproduction clothing carry out the same tasks performed on Bristol's farms in 1799 and invite visitors to learn hands-on. The working 18th century farm features historic structures and heirloom plants and animals.

WHERE: Poppasquash Road, off Route 114, Bristol, adjacent to Colt State Park
WHEN: 10 a.m.-4 p.m. Tuesdays to Sundays, year round; closed Mondays
COST: \$5 adults, \$3 children, seniors
MORE INFO: 253-9062; www.coggeshallfarm.org

Fall River Carousel

Housed in an elegant Victorian-inspired pavilion, this unique waterfront venue has been completely restored to the splendor of its early days at the historic Lincoln Park. Over 3,000 carousels were produced in the U.S. during the "golden age" between the early 1880s and early 1930s. Fall River's Carousel 54 of the Philadelphia Toboggan Company is one of only 165 left operating in the country. The classic carousel, marked by masterful carvings and that old familiar up-and-down galloping motion, can be enjoyed by the whole family year-round for birthday parties and special events.

WHERE: Fall River Carousel, Central St., Fall River
WHEN: Season (closed for winter); opens Memorial Day on weekends, then Wednesday through Sunday when school lets out; available for private functions year round
COST: \$1 ride; \$5 for seven rides
MORE INFO: 508/678-1100, ext. 101; www.battleshipcove.org

Gray's Grist Mill

One of the oldest continually operating grist mills, grinding corn the same way it did before 1700. Buy the famous R.I.jonnycake meal here, made of flint-cap corn, ground with granite stones.

WHERE: 638 Adamsville Road, Westport
WHEN: Noon-4 p.m. Tuesday to Sunday
MORE INFO: 508/636-6075; www.graysgrist-mill.com

Greenvale Vineyards

Vineyard tours are at 2 p.m. and include a walk through the 20 acres of vines, a tasting of their estate-grown wines, the restored 1863 stable and views of the Sakonnet River.

WHERE: 582 Wapping Road, Portsmouth
WHEN: 11 a.m.-4 p.m. Monday to Saturday; noon-4 p.m. Sunday; daily public tours are at 2 p.m. (weather permitting)
COST: \$8 per person
MORE INFO: 847-3777; www.greenvale.com

Linden Place Mansion

Bristol's "Great House" is where generations of seafaring DeWolfs, Colts and Barrymores entertained presidents and politicians. During Scavenger Hunts, make your way through the 200-year-old mansion rooms and seek out dozens of artifacts — both big and small — hidden and in plain sight, while you learn of Linden Place's rich architectural and family history.

WHERE: 500 Hope St., Bristol
WHEN: 10 a.m.-4 p.m. Tuesday to Saturday, through Columbus Day
COST: \$8 for adults, \$6 for seniors/students, \$5 for children ages 6 to 11, free for kids under 6; \$2 discount for military, AAA and PBS members
MORE INFO: 401/253-0390

Lloyd Center

Located on 55 acres of pristine salt-marsh, maritime forest and wetlands at the mouth of the Slocums River offering 6 walking trails. The headquarters and nature center contain live exhibits. A variety of educational programs for students of all ages are available.

WHERE: 430 Potomska Road, Dartmouth
WHEN: 10 a.m.-4 p.m. Tuesday to Saturday, through May; trails open dawn to dusk, 365 days
COST: Free
MORE INFO: 508/990-0505; www.lloydcenter.org

Martin Wildlife Refuge

The Seekonk Land Conservation Trust maintains this 35-acre "oasis of peace" with woodland trails, a pond and streams.

WHERE: 379 Fall River Ave. (across the street from the Grist Mill Restaurant), Seekonk
WHEN: Sunrise to sunset, daily
COST: Free
MORE INFO: 508/336-4244 (Tom Webb); seekonklandtrust@yahoo.com

Maxwell House

This 2-1/2 story brick Colonial, the oldest brick house in Warren, was built in 1756 by the Rev. Samuel Maxwell and remained in the Maxwell family for 122 years. It has two working beehive ovens and is the home of the Massasoit Historical Association.

WHERE: Corner of Water and Church streets, Warren
WHEN: 10 a.m.-2 p.m., Saturdays; open for special events and by appointment

COST: Free, donations welcome
MORE INFO: 245-3350, 245-0392; www.massasoithistorical.org

Mt. Hope Farm

The farm boasts 200 acres, from rocky shorelines to thick forest paths to open meadows, all linked with walking paths. It dates back to 1745, is listed on the National Register of Historic Places and once hosted Gen. George Washington during the Revolutionary War.

WHERE: 250 Metacom Ave., Bristol
COST: 7 a.m.-7 p.m. daily (the farm is sometimes closed for private functions)
COST: Free
MORE INFO: 254-1745; www.mounthopefarm.com

Museum of Natural History and Cormack Planetarium

Rhode Island's only natural history museum, home to the state's only planetarium. Offers exhibits and attractions. Seating is limited. Kids under four not admitted.

WHERE: Roger Williams Park, 1000 Elmwood Ave., Providence
WHEN: 10 a.m.-5 p.m. daily; planetarium is open every weekend and during school vacations with shows at 2 p.m.
COST: \$3 adults, \$2 children under age 8 (includes museum entrance fee), kids under 4 not admitted to planetarium
MORE INFO: 401/785-9457; www.providenceri.com/museum

New Bedford Whaling National Historical Park

Established in 1996 to preserve and interpret America's 19th-century whaling history. It encompasses a 13-block National Historic Landmark District and addresses economic, social and environmental history of whaling.

WHERE: 33 William St., New Bedford
MORE INFO: 508/996-4095; www.nps.gov/nebe

Newport Vineyards & Winery

Tours at 1 and 3 p.m. daily, including a walk among the 35 acres of vineyards. Wine tastings held throughout the day. An art gallery and gift shop with gourmet foods, wine accessories and clothing. Private tours, events available.

WHERE: 909 E. Main Road (Route 138), Middletown
WHEN: 10 a.m.-5 p.m. Monday to Saturday; noon-5 p.m. Sunday; 1 and 3 p.m. daily tours
COST: \$7, includes a complimentary wineglass
MORE INFO: 848-5161

Old Colony & Newport Railway

The 80-minute, 10-mile trip takes riders along Aquidneck Island's west shore through the Naval Base to Portsmouth and back.

WHERE: Old Colony & Newport Railway, 19 America's Cup Ave., Newport
WHEN: 11:45 a.m. and 1:45 p.m. Sundays, year round
COST: \$10 for adults, \$8 for seniors and \$6 for children under 14 for coach; \$13.50 for first-class parlor car regardless of age
MORE INFO: 401/849-0546; www.ocnrr.com

See POINTS Page 14

NEWPORT GRAND SLOTS
 401-849-5000
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Saturday, December 21 10PM
DIRTY DEEDS
Saturday, December 28 9PM
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Good Health IN THE EAST BAY**Have you ever heard of cervicogenic dizziness?**

By Dr. Jeremy McVay and
Cindy Larcher, PTA

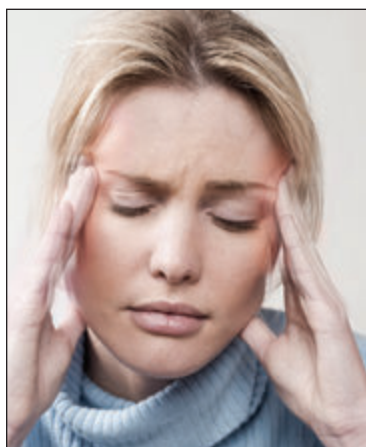
Dizziness affects more than 50% of the population over age 65 and we have seen a recent increase in the younger population. Dizziness can come from a variety of sources.

It is important to consider sources of dizziness. 85% of vertigo comes from BPPV (benign paroxysmal positional vertigo). This usually makes one feel like the room is spinning when changing position (like getting out of bed). More concerning problems should be ruled out by your doctor. BPPV is resolved in 85-90% of cases in one physical therapy treatment for the inner ear. Other types of vertigo may require vestibular rehabilitation and/or referral to an ear, nose and throat doctor.

Cervicogenic dizziness comes from the neck. It can include symptoms such as lightheadedness, nausea, headache (especially in the back of the head and behind the eye), dizziness, fatigue, foggy, neck pain and stiffness, and feeling off balance. Less frequently occurring are visual disturbances, sweating, ringing in the ears, problems with swallowing, TMJ (jaw) pain, arm pain or burning. These signs can also be related to other problems, so discussing this with your doctor is important.

Cervicogenic dizziness is affected by neck positioning. Symptoms tend to be worse in positions that compromise the neck, such as using a computer, driving, watching TV, using a smart phone, reading and being bent forward. This problem tends to build up over time. The great news is that there is treatment. Correcting posture and building up the right muscles in the neck are part of working toward a long term fix. Heat, massage techniques (such as trigger point therapy), electrical stimulation, mobilization and traction have been shown to be helpful as well.

The most common cause of this is long-term poor posture. However, trauma, such as a fall or car accident, can also be related to the onset of dizziness. Usually, the dizziness comes and goes and is



combined with a loss of range of motion in the neck.

A thorough evaluation is the best way to determine what type of dizziness or vertigo is occurring. There is no specific test for cervicogenic dizziness. It does not show up on x-ray or MRI. Therefore, it is important to first ruling out other sources of dizziness as the primary cause. For this reason it is very important to understand the history, perform a physical examination, and perform vestibular function tests to get a better understanding of the underlying condition.

McVay Physical Therapy treats cervicogenic dizziness, BPPV, vestibular rehabilitation including desensitization, balance and gait training. Treatment is individualized for each person and is preceded by a thorough evaluation.

Dr. Jeremy McVay is the owner and director of McVay Physical Therapy. Dr. McVay is board certified and has taken special topic courses in the spine, foot and ankle, shoulder and aquatics. He has lectured at Brown for more than 10 years. Cindy Larcher is a graduate of the Physical Therapist Assistant program at CCRI. She is board certified as a licensed PTA. Cindy furthers her knowledge through continuing education courses, including the Sarah Meeks Comprehensive Treatment Strategy for osteoporosis, Parkinson's and arm injuries.

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Georgia Girl

Georgia Girl is a 9-year-old Portuguese Cattle Dog who was rescued from the Warren Animal Shelter 6 years ago. Her owner recently passed away and unfortunately this senior beauty has found herself back at the Warren Shelter. She needs to be in an only dog family, but has with cats. A generous donor has offered to pay her adoption fee so that this special senior can live out her golden years with a loving family. Please call the Warren Animal Shelter to meet her: 401/245-4569.

**Holiday watch list**

From Eloise and the Grinch to the Bradys and WWE, here's a comprehensive list of the good, the bad — and yes, even the ugly — in holiday specials from now until 2014. Proceed with caution.

Wednesday, Dec. 18

- Home for the Holidays with Celine Dion, CBS — 8 p.m.
- The iHeartRadio Jingle Ball 2013, The CW — 8 p.m.
- Michael Buble Christmas, NBC — 10 p.m.

Thursday, Dec. 19

- Eloise at Christmastime, ABC Family — 7 a.m.

Friday, December 20

- Happiness Is a Warm Blanket, Charlie Brown, Fox — 8 p.m.

Saturday, December 21

- Nestor the Long-Eared Christmas Donkey, ABC Family — 7 a.m.

- The Little Drummer Boy, ABC Family — 7:30 a.m.

- The Life and Adventures of Santa Claus, ABC Family — 9 a.m.,

- I Want a Dog for Christmas, Charlie Brown, ABC — 8 p.m.

Monday, December 23

- A Chipmunk Christmas, ABC — 8:30 p.m.

Tuesday, December 24

- A Very Brady Christmas, ABC Family — 7 a.m.

- 'Twas the Night Before Christmas, ABC Family — 9 a.m.

- It's a Wonderful Life, NBC — 8 p.m.

- Dr. Seuss' How The Grinch Stole Christmas, ABC — 8:30 p.m.

Wednesday, December 25

- A Christmas Story, TBS — All day marathon begins at midnight.

- Disney Parks Christmas Day Parade, ABC — 10 a.m.

- Ice Age: A Mammoth Christmas, Fox — 8 p.m.

- Merry Madagascar, The CW — 9:30 p.m.

Saturday, December 28

- WWE Tribute to the Troops, NBC — 9 p.m.

Monday, December 30

- Happy New Year, Charlie Brown, ABC — 8 p.m.

- Rudolph's Shiny New Year, ABC — 9 p.m.

Tuesday, December 31

- Dick Clark's New Year's Rockin' Eve with Ryan Seacrest, ABC — 10 p.m.

- New Year's Eve with Carson Daly, NBC — 10 p.m.

- New Year's Eve Live, Fox — 11 p.m.

Wednesday, January 1

- The 125th Tournament of Roses Parade, NBC — 11 a.m.

Barrington Community School class registration now open

Registration for Barrington Community School's winter/spring courses, trips and students activities is in progress. Courses in finance, crafts, cooking, foreign language, fine arts, music, literature, sports, and fitness are offered. College bound programs include Preparing for the S.A.T. and college visits. Parent-child

workshops and classes for teens and pre-teens are available, as well as numerous day trips to museums, theater, gardens, historic sites, ski resorts, concerts and more. Brochures are available at area businesses and libraries or visit the website, www.barringtonschool.com. Call BCS at 401/245-0432 for more info.

**8 Days
Points**

From Page 13

Osamequin Wildlife Sanctuary

The sanctuary features 42-acres alongside Hundred Acre Cove with woodlands, fields, saltwater wetlands and a well-defined trail system that leads to the shoreline with benches for resting along the way. There is a map at the trailhead.

WHERE: Off the Wampanoag Trail, Route 114, Barrington (there is a sign and a small parking area)

WHEN: Year-round, sunrise to sunset

Preservation Society of Newport

Take a journey back in time at one of America's premier collections of historic house museums. Find a world of exceptional elegance and inspiration in architecture, art, interior design and landscapes and explore 250 years of American history.

WHERE: The Breakers, 44 Ochre Point Ave.; The Elms, 367 Bellevue Ave.; Marble House, 596

Bellevue Ave.; Chateau-sur-Mer, 474 Bellevue Ave.; Rosecliff, 548 Bellevue Ave.; Kingscoate, 253 Bellevue Ave.; Hunter House, 54 Washington St.; Isaac Bell House, 70 Perry St.

WHEN: 9 a.m. daily, The Breakers; 10 a.m. other mansions; 6 p.m. mansion, 7 p.m. grounds, The Breakers; 5 p.m. other mansions; 10:30 a.m.-4:30 p.m. weekends and holidays, Hunter House and Isaac Bell House

COST: \$31.50 adults, \$10 ages 6-17, five properties excluding Hunter House; \$24.50 adults, \$6.50 ages 6-17, The Breakers plus one other property excluding Hunter House; \$19.50 adults, \$5.50 ages 6-17, The Breakers only; \$14.50 adults, \$5.50 ages 6-17, one property, excluding The Breakers and Hunter House; \$28 adults, \$5 ages 6-17, Hunter House only

MORE INFO: 847-1000; www.newportmansions.org

Providence Children's Museum

Every week, kids can enjoy a whole variety of activities, crafts, games and more.

WHERE: 100 South St., Providence

WHEN: 9 a.m.-6 p.m. Tuesdays to Sundays, select Fridays to 8 p.m., closed Mondays except holidays and public school vacations, September to March

COST: \$8.50, free for children under 12 months,

most programs free with admission

MORE INFO: 401/273-5437; www.childrensmuseum.org

Roger Williams Park Zoo

Walk through this 40 acre zoo — one of the nation's oldest — and encounter African elephants, Masai giraffes, zebras, red pandas, snow leopards, moon bears, gibbons, giant ant eaters and more in naturalistic settings.

WHERE: 1000 Elmwood Ave., Providence

WHEN: 9 a.m.-4 p.m. daily

COST: \$14.95 adults, \$9.95 kids 3 to 12, \$12.95 seniors (62 plus), free for children under 3 and zoo members; admission is half price in January and February

MORE INFO: www.rwpzoo.org

Sakonnet Vineyards

Open daily for tours (no weekend tours in January and February), wine tastings and retail sales.

WHERE: 162 West Main Road, Little Compton

WHEN: Noon and 3 p.m.

COST: \$10 per person; includes complimentary wine glass

MORE INFO: 635-8486; www.sakonnetwine.com

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\$179 Our Reg. \$249
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 1500 watts, 5200 BTU's. Remote control. Compare \$400

\$139 2 remote controls
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300 Ct Loom Bands

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\$10 50' The Pocket Hose
 Compare \$19.99

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Mens & Ladies Merino Wool Crew/Boot Socks
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 36"x27"x4"
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Ladies Premium Catalog Tops
 Compare \$20-\$50
\$7

Mens Sweaters
 Compare \$30-\$50
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Christmas & Specialty bags

Small 4.25"x5.625"x2.5"	Comp. \$2.00	40¢
Medium 7"x9"x3.5"	Comp. \$3.00	70¢
Oversized Bottle 13.5"x4.875"x4.875"	Comp. \$4.00	90¢
Large 10"x12.75"x5.25"	Comp. \$4.00	\$1
Lg. Wide Gusset 12.5"x15"x8"	Comp. \$6.00	1.50
Jumbo 13"x18"x5"	Comp. \$4.50	1.50

2.49
Christmas Roll Wrap
 100 Sq. Ft - 30" wide
 Assorted styles. Compare \$7
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Your Choice \$4
40qt. Clear Lock Lid Storage Box or 18 Gal. Tote

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East Bay Real Estate

MEET *Ted Ngo*: HE LOVES ADVENTURE AND THE AMERICAN DREAM

BY JOAN D. WARREN

Ted Ngo has been a resident of Rhode Island for nearly 20 years, and currently lives in East Providence with his partner and their golden retriever. Ted believes that local market knowledge, effective negotiation skills, and client-first philosophy are critical ingredients to success in this field. He has a bachelor of science degree and an MBA candidacy from southern California (where he grew up and returns frequently for family visits), a business counseling certification, more than 15 years in marketing and sales, and mortgage consultation experience.

WHY REAL ESTATE AS A CAREER? "After 17 years in marketing and sales management for high-tech and financial industries, I grew tired of the 'impersonal' aspect of the corporate world. I have always enjoyed interacting directly with people, and am constantly fascinated by their diverse characteristics. In 2005, while operating a mortgage brokerage, my "aha" moment came when I found that I was most excited for my clients when they finally closed on their dream home or found the 'right fit' for their investment objectives. I realized then that I would enjoy helping my clients more by being

involved in their purchase and sales transactions. The rest was easy, as I was able to immediately apply my sales and negotiation skills to benefit my clients. Also, having ultimately attained my 'American Dream' of owning one's own home after having arrived to this country in 1978 as a Vietnamese refugee without speaking a word of English, I really want to help — and show everyone — that they too can achieve their own American Dream through smart real estate investments."

WHAT DO YOU LIKE MOST ABOUT IT? "The most rewarding thing for me about being a real estate agent is seeing the overwhelming joy and more importantly, relief from my clients after helping them sell or acquire a property. I have learned that, for the clients, it is not always about a particular property or a dollar amount. Rather, it is about their ability to start anew or to close out a chapter in their life transition. Being able to help them cross that threshold and step confidently into a new beginning is truly a feeling of success for me."

WHAT DO YOU LEAST LIKE ABOUT IT? "There are so many unknowns or variables that are not within our control, which range from seller's or buyer's emotions, to market factors, regulatory changes,

and financing or lending conditions."

ADVICE FOR SELLERS? "Besides pricing it correctly, my mantra for sellers is three simple keywords: SPACE, LIGHT, and SHINE. Sellers should do whatever they can to maximize all the spaces in the property and help buyers visualize the space with proper staging if necessary. Also, people do not buy what they can't see; sellers should ensure that all lighting fixtures are functioning properly and incorporate natural light whenever possible. Equally important is cleanliness. I often recommend that homeowners take advantage of professional cleaning services, especially to remove strong odors or dirt especial-



Ted Ngo
William Raveis
401.286.4496

ly in prominent places like bathroom, kitchen and doorways."

WHAT ARE SOME OF YOUR HOBBIES? "I love traveling whenever I can and experience the sights, languages and food of different parts of the world. I feel that it's truly a small world, and we can all come away as better human beings if we have a better understanding of one another's culture. Also, my partner and I always enjoy a good live-theater performance, especially at one of our little state's many terrific theaters."

BEST VACATION EVER? "My trip to Australia a few years back, where I got to scuba-dive in the Great Barrier Reef, and pet kangaroos and koala bears (which are cuter in pic-

tures than up-close-and-personal, believe me)."

BUCKET LIST ITEMS? "A high-adrenaline, fun activity like sky-diving or zip-lining. Going on a long vacation in Bora Bora or a safari adventure in Africa."

WHAT'S YOUR BEST CULINARY CREATION? "I am not a cook at all, but I can whip together a 'mean' roasted duck, yellow-noodle soup very quickly."

HOLIDAY TRADITIONS? "Gifting. I enjoy hunting for those special, unusual gifts and giving them a special wrapping treatment. I think the gift's packaging (presentation) is a part of the gift, and is an important factor contributing to the gifting experience for both the givers and the recipients."

WHAT ARE YOU READING? "I just started reading 'Sons of Providence'(a biography of Moses and John Brown) by Charles Rappleye, which provides a surprising insight into the history of Rhode Island that we usually do not hear about."

FLIP PHONE, IPHONE OR DROID? "Hands down, Droid. While it is important that what I own reflects a good sense of taste and my personality, function and efficiency always trump design for me."

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RARE MULTI FAMILY

Barrington: Rare 3 family in Barrington. This is a great investment! Enjoy the bike path right in the back yard. Views of the Warren River from the back yard. Excellent investment opportunity! **\$339,000 Lisa Halajko 774-991-0052**

"We wish you a holiday season filled with the warmth of the spirit, and love of family & friends. Our thoughts turn gratefully to those who have made our progress possible. It is in this spirit we say... Thank you and best wishes for the holidays and a prosperous New Year!"



MULTI FAMILY OPPORTUNITY

Cumberland: This is a wonderful owner occupied or investment opportunity. Completely redone. All 4 units have been updated and new. Owner occupied could live for free. **\$339,000 Lisa Halajko 774-991-0052**



LOCATION

North Smithfield: Pristine sprawling brick Ranch in most desirable location! 3-4 beds, master suite, stunning family rm, sunfilled rooms, island kitchen, laundry on 1st, sprinklers, private landscaped lot and garage. 4 zone heat, central air/vac. Expansion options! **\$465,000 Michelle Cartwright 401-663-5677**



HISTORICAL MULTI FAMILY

Bristol: Waterviews from this spectacular 2-family home w/ inlaw on 3rd flr! Walking distance to downtown & bike path! Hardwoods, master bed w/ bath. Central air on 1st & 3rd. Fireplaced sunroom overlooking the beautifully landscaped fenced-in yard! **\$559,900 Lori Gardiner 401-265-2594**



Rumford: Location, Location! Wonderful Rumford Colonial w/ 4 beds, 2 updated baths, 2 fireplaces, gorgeous hardwoods, New granite & stainless kitchen, office, finished lower. New roof & windows, screened porch. Myron Francis School. **\$395,000 Robin Lozito 401-486-6937**



GREAT LOCATION

Seekonk: Over 1 Acre Lot on Cul De Sac! Walk to Four Town Farm all seasons! 1 level home, 2 beds w/ 3rd the converted garage space. Charming built-ins, book shelves & fireplace. Very private yard. New windows & young roof. **\$229,900 Michelle Cartwright 401-663-5677**

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47 Bradford Street, Bristol, RI • **401-254-1776**

House of the Week

On Prudence, a home for quiet island life

Enjoy beautiful sunrises from this contemporary home at 9 John Oldham Road on Prudence Island. A quick ferry ride away from downtown Bristol, Prudence Island is close by, yet a world away from the hustle and busy of everyday life.

With more than 1,160 square feet of living space, this open and bright home can be used as a year-round home, vacation home or rental property. The home has one bedroom and one full bathroom, and there are additional sleeping quarters in a loft from the living room.

The cathedral ceilings and skylights add to the light of the home. There is a large deck off the living room, through double French doors, with water views of upper Narragansett Bay.

Sitting high on a hill and only few hundred yards from the water, the property is perfect for relaxing in the summer or taking long walks throughout the year.

The home, built in 1995, sits on a fenced-in 7,800-square-foot lot with a shed and a large second deck.

The home has recently been remodeled with updated appliances.

Move right in and be ready for the summer of 2014.



View: Enjoy panoramic views of Narragansett Bay from this Prudence Island home. **Loft:** A loft above the living room provides additional room for sleeping. **Greatroom:** Filled with light from all directions, the open living room creates a comfortable space. **Exterior:** The property has a fenced-in yard and a small shed to the side. **Dining:** The home was built in 1995 and has more than 1,100 square feet.

- Fred Stevenson
- Prudence Island Realty
- 965-0850
- Offered at \$299,000



BARRINGTON - WATERFRONT
New Listing Contemporary home set on over an acre located on Nayatt Pt. offers stunning views from every room. Versatile floor plan for family and friends flows effortlessly off the living room onto large deck. The master suite features cathedral ceilings, private deck and Whirlpool tub. \$1,495,000 401-274-1644



PORTSMOUTH - WATERFRONT
 Enjoy stunning views of the Sakonnet River and 100 feet of beach frontage from this quality custom built home. Open floor plan, hardwoods, fireplace, eat-in kitchen, master suite with Whirlpool tub and large waterfront deck perfect for entertaining. \$824,000 401-848-2101



WARREN - TOUISSET
 Lovely home, fully modernized offering, 4 bedrooms and 3 full baths, A/C, hardwoods throughout and in-law suite with separate entrance. Updates include new roof and paint. Close to town, mall and shops. \$469,000 401-274-1644



PORTSMOUTH - RANDOLPH WAY
 To be constructed, featuring 9 foot ceilings, fine finishes and gourmet kitchen with granite and stainless. 4 bedrooms, 2.5 baths, gas fireplace, central A/C, mudroom and laundry room. 2 car garage. \$499,000 401-848-2101



TIVERTON - FOUR CORNERS
 Spacious home set on over an acre in a quiet cul-de-sac. Well maintained with numerous updates. Offering 2 master suites, living room with fireplace, spacious kitchen. Multi-level decks perfect for entertaining. \$569,000 401-848-2101



BARRINGTON - WATERFRONT
New Listing Luxurious colonial near the harborfront. Features include formal living & dining rooms, marble fireplace, open floor plan with hardwood floors, master suite with Jacuzzi & 3 additional bedrooms. French doors & sliders access the pool. Private dock. \$875,000 401-274-1644



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REAL ESTATE TRANSACTIONS

ADDRESS	BUYERS & BUYERS' AGENT	SELLERS & SELLERS' AGENT	SALE PRICE
BARRINGTON			
361 New Meadow Rd.	Thomas E. & Jennifer L. Fitzpatrick – J. Napolitano Team/RE/MAX River's Edge	Ann J. Palmiter & Diane Fenton – J. Napolitano Team/RE/MAX River's Edge	\$325,000
3 Carriage Trl.	John R. & Heather Magnussen – G. Schiffman/Residential Properties, Ltd.	John J. & Cynthia S. Anterni – M. Farley/RE/MAX River's Edge	\$752,500
16 Puritan Ave.	Thomas F. & Megan Mistretta – Hill Harbor Group/RE/MAX Professionals	Thomas E. & Jennifer L. Fitzpatrick – J. Napolitano Team/RE/MAX River's Edge	\$340,000
EAST PROVIDENCE			
735 Willett Ave. #703	Heather L. Peck – T. Mosher/RE/MAX River's Edge	Margaret A. Farley – P. Bain/RE/MAX River's Edge	\$120,000
30 Hawthorne Ave.	Melissa A. Carbone – K. Kopecky/Fiddler Real Estate	Courney L. Toomey – D. Thompson/William Raveis	\$127,000
WARREN			
36 Barton Ave.	James Carter & Ashley L. Diniz-Carter – N. Denelle/Century 21 Stachurski Agency	Greene FT & Nathanael A. Greene – M. Cartwright Co./RE/MAX River's Edge	\$333,500
12 Canario Dr.	Peter O'Loughlin – B. Sizeland/RE/MAX Profnl. Newport, Inc.	John & Lynne McDonald – R. Dugan/C21-Rondeau Associates	\$255,000
14 S. Cornell Ave.	Manuel J. Menezes & Jennifer A. Beaulieu – Deb Cordeiro Group/EXIT Harborside Realty	Frances M. Drzal – M. Birs/William Raveis	\$155,000
2 Redwood Ct.	Michael Templeton & Gregory P. Costa – J. McFeeley/Weichert Realtors, Hunter Prop.	Patricia S. & John D. Schneider – J. Sapphire/Entry Only Listing Service	\$315,000
600 Child St.	Nicholas A. Ross – Non MLS Member	Dorothy Kaiser – D. Iannucci Group/RE/MAX Professionals	\$160,000

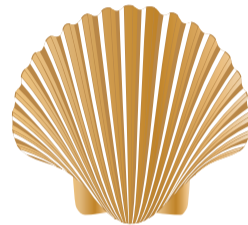


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OPEN HOUSES THIS WEEK

ADDRESS	DAY	TIME	STYLE	BEDS	BATHS	PRICE	BROKER	AGENT	PHONE
BRISTOL									
241 Wood St.	Saturday, Dec. 21	10 am-12 pm	Multi-family	4	2	\$234,900	Keller Williams	Welchman RE Group	401-635-0252
TIVERTON									
90 Bellview Ave.	Sunday, Dec. 22	1-2 pm	Cape	3	2	\$299,000	TL Holland	TL Holland	401-624-8469
253 Holly Circle	Saturday, Dec. 21	12:30-2:30 pm	Colonial	3	2	\$269,900	Keller Williams	Welchman RE Group	401-635-0252

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EAST PROVIDENCE - Pierce Feild!! Condo alternative without the fees!! Recently remodeled 2 Br, 2 bath bungalow. FR, Bar, Vinyl Siding, replacement windows New roof & GHW Tank, finished basement, gas heat, upgraded electric, HW's, Tile, 2 car garage. **149,900**



RUMFORD - Myron Francis!! Clean brick front, 3 Br, 2 bath Ranch partially furnished basement, HW's, Tile, Central air, upgraded electric, sprinklers 6000+SF corner lot. **199,900**



EAST PROVIDENCE - Pierce Feild!! Young subdivision!! 3 Br R/R, FR, Sliders to deck & Patio, central air, HW's, tile, FP, garage, 8000+SF lot **199,900**

Happy Holidays!!

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Real Estate

Homes For Sale

BARRINGTON: Looking to Sell? Your Home May Be Worth More Than You Think! Let our Friendly & Knowledgeable Agents Help! Call RE/MAX River's Edge 401-245-2000 For a FREE Home Evaluation!

EAST BAY CLASSIFIEDS Call 401-253-1000 or 800-382-8477

BRISTOL: First Time Home Buyers, Downsizing, or just Searching for your Dream Home? Our Agents can help you through the process every step of the way! Call RE/MAX River's Edge 401-254-1776

EAST PROVIDENCE: 3 family, with garages, appliances, laundry, like new, \$285,000 Owner will finance it 4%. Owner occupied. 401-286-1920

FOR SALE BY OWNER? SOLD by owner! Sell your house or property in the Real Estate section of East Bay Classifieds. It's affordable and it works. 401-253-1000

PORTSMOUTH: 39 Blue Bill Way. Price reduced \$349,900. Location, location, location. Waterfront, waterfront, waterfront, 2 bed, 1 bath, garage, updated appliance and utilities, beach, mooring and boat included. For private appointment "Buy Me" Bernard Realtors 401-418-0208.

WARREN: Beautiful Condo with waterfronts! One level living. 3 beds, 2 baths, newer kitchen, central air. Fees include water & heat. Private deck. Pool & clubhouse. Lori Gardiner 401-265-2594

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REHOBOTH: ZONED COMMERCIAL - RAW SPACE...MAKE IT YOUR OWN! OPPORTUNITY TO DESIGN/CONSTRUCT SPACE TO FIT YOUR BUSINESS. UP TO 3000 SF OR WILL SUBDIVIDE. \$48,000 ROBIN LOZITO 401-486-6937

Condo For Sale

BRISTOL: North Farm. 137 Winward Lane. Gated community, 3 bed condo, completely updated, new kitchen, granite countertops, 2.5 baths, gas fireplace, large garage with storage, A must see. \$389,900. "Buy Me" Bernard Realtors 401-418-0208

REAL ESTATE AGENTS: Need help getting known? Advertise in the East Bay Classifieds. Call Jerry Tobias at 401-253-6000 ext. 118

BRISTOL: North Farm, one level, corner unit, living/dining, 2 beds, 1.5 baths, central air, garage, move in ready, amenities \$269,000 401-254-2006

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BRISTOL/WARREN: 1, 2 & 3 beds, 1 bed \$300/mo, 2 bed, \$445/mo, 3 bed \$550 mo. off st. parking, appl. incl. 401-529-7441

PLACE YOUR YARD SALE ad in the East Bay Classifieds at 401-253-1000 or 800-382-8477.

BRISTOL: 1 bdrm, 2nd floor, close to downtown and bike path, \$680/mo + utilities 401-254-0184

BRISTOL: 2 bedrooms, 2nd fl. off street parking, water included no pets, security deposit req., \$800/mo 401-374-5892.

BRISTOL: 1 bed, 1st fl., appl., gas heat/hot water, hardwood flrs., laundry hookup, \$800/mo. no utilities included, no dogs 401-245-1983

BRISTOL: 1 bed, w/appl. Quiet, desirable location. Off-street parking, well kept grounds, \$650 month. Call 401-486-6771

BRISTOL: 1 bedroom, 2nd floor, includes appl. & water. \$625 month, lease & sec. req. no pets. off street parking 401-253-9277.

BRISTOL: 2nd fl, newly remodeled, w/d, stove/refrig. off street parking. Great neighborhood. \$850/month. 774-991-1578.

EAST PROVIDENCE: Duplex, 2 bed, completely renovated, gas heat, sliders to balcony, overlooking golf course, no pets or smoke \$800 + util 401-434-5072

EAST PROVIDENCE: 1 and 2 bed, appliances, utilities, laundry and parking, bus line. No pets. From \$700/month. Also furnished apts from \$800. 401-286-1920. 401-438-8137

EAST PROVIDENCE: 1st fl, 4 rooms, 2 bed, bus line, large yard convenient to everything. \$800/mo + util 401-433-1782

EAST PROVIDENCE: 3rd fl, Quiet 4 rms 2 bed., hdwds., bus route, lg yard, gas heat & hot water, \$750 + util 401-433-1782

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Wishing everyone a... **Happy Holiday**

Mary Jo Fidalgo-Tavares
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I would like to take a moment to Wish all my PAST, PRESENT AND FUTURE Clients a Wonderful Holiday Season and a Very Happy, Healthy and Prosperous New Year...

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South Tiverton - Waterfront 7 Acre mini-farm on Puncateest Neck Road. Spacious 8 room Colonial Farmhouse, 3 car garage, all amenities. **\$1,400,000**



South Tiverton - Walking distance to historic Four Corners. Beautiful, spacious Cape Cod style home on 4+ acre lot overlooking Nonquit Pond. 3 bedrooms, 2 full baths, 2 half baths, studio/home office in walkout lower level. **\$495,000**



Little Compton - Classic New England style log home with all modern amenities (new granite and lighting). Post and beam interior with cathedral ceilings, bright open floor plan, wood floors, stone fireplace, large porch and spacious deck on 2.5 private acres. **\$389,000**



Tiverton - Spacious Colonial on almost 2 acre lot, rural setting yet close to amenities and highway access. 4BR, 2.5 bath, updated 200amp, 2 stall garage, new asphalt drive, finished walkout lower level. Private yard and neighborhood. Ready for your touches! **\$305,000**



Little Compton - Idyllic country setting, close to the Commons and beaches. This Little Compton Cape features all NEW kitchen baths. Anderson/Pella windows, Tiger eye maple hardwoods, granite countertops, maple cabinets, cedar decking, brick walkway, patio & driveway. Beautiful 2AC lot with mature perennials. 3BR/2BA plus 1st floor office/den, attached 2 car garage, 3 season sunroom. **\$535,000**



Tiverton - Spacious one level living off Nanaquaket Rd. 3 bed, 2 bath Ranch with large sunroom addition & cathedral ceilings. Hardwoods, fireplace, 2 car integral garage. Well landscaped acre + in private setting. **\$399,000**



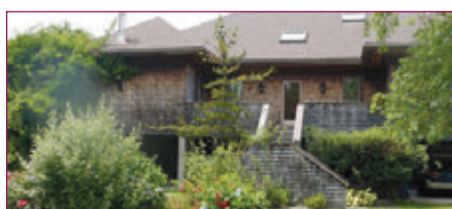
South Tiverton - Charming Country Cape with 7 rooms, 3 bedrooms, 2 baths, out building, porch and deck. Abuts miles of preserved land. Horses permitted. **\$339,000**



South Tiverton - Near Little Compton line - 9 acre farm overlooking Nonquit Pond. Antique home in need of restoration, barns, garage, and beautiful yard with stone walls. **\$1,199,000**



Little Compton - Beautiful Greek Revival house on over a half acre with lovely English Country gardens enclosed by stone walls. This charming Historic home has 8 rooms, 2.5 baths, lovely kitchen, large dining room, & more. Between Town Commons and Atlantic Ocean. **\$649,000**



South Tiverton - Dramatic views over Seapowet Marshland to Sakonnet River. Striking Contemporary has 3 fireplaces, open floor plan, 3 bedrooms, 2.5 baths. Located on quiet cul-de-sac, walking distance to Tiverton Four Corners. **\$525,000**



32+ Acres in South Tiverton near Weetamoe Woods. Good location for horses, mini farm, or possible subdivision. House in need of total rehab. Sale subject to Probate Court approval. **\$350,000**



(90 Bellview Ave) Tiverton - Beautifully maintained Cape with open floor plan, hardwoods, 1st floor bedroom. Large expanded second floor includes in-law set up. Well landscaped yard, large mahogany deck, shed and oversized garage. **\$299,000**

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Real Estate

Apartment Rental

EAST PROVIDENCE: 5 large rooms, 2 bed, double parlor, eik, nice yard, parking, \$900 + utilities 401-433-1782

EAST PROVIDENCE: 1st floor, sunny 5 rooms, 2 bed, EIK, nice yard, close to everything \$1,050, w/gas & elec. 401-433-1782

EAST PROVIDENCE: 1st flr, 1 bedroom, incl. heat & hot water, off street parking, no pets, \$850/mo 401-323-9244

LITTLE COMPTON: 2 bed, walking distance from Commons, \$982 utilities included. This is an ADA Compliant affordable housing unit 401-635-2329

LITTLE COMPTON: 2 Bdrm 1Bth. 1st fl. No pets. \$950/mo plus \$300 utilities. Call for details. Heather 401.835.3000

PORTSMOUTH: 1 RWU grad student only, 4 room furnished, off street parking, heat and hot water incl, 8 min from RWU, \$625/mo 401-619-2599

PORTSMOUTH: 2 bed, 1.5 BATH, w/garage, large yard, \$1,200/month, Tiverton 401-624-7176.

REHOBOTH VILLAGE: 5+ rooms in historic home. 1 bed, ns, appliances, hot water, cable, parking, storage,land, privacy, References, security \$970 month 508-269-2600

Tiverton: 2 bdrm, 1 bath, Quiet Cul de Sac, Pond View, New appliances and more, parking, laundry, no pets/smoking, \$900/mo incl. water. 1st month + \$900 sec. deposit. 401-486-3344.

Tiverton: 2BDRM/1.5BA Duplex. 20 Min. to Providence and Newport. \$1225 401-418-1515.

Tiverton: 2BDRM/1.5BA Duplex. Large deck. Owners side. 20 Min. to Providence and Newport. \$1250 401-418-1515.

TO PLACE AN AD: Call (401) 253-1000 or 800-382-8477 (MA) and speak to one of our knowledgeable Advertising Specialists. They can help you place and design your ad for maximum exposure.

WARREN: 607 Child St, 2 story townhouse, 3 bdrm, 1 1/2 bath, full basement, on site parking, applianced kitchen, gas heat. No pets. No smoking. \$1200/month + util. 401-245-7985.

WARREN: 1st fl, 1 bdrm, appliances, water incl, w/d, central heat, off street parking, no pets \$620/month. 401-253-1395.

WARREN: 3 bed, 2nd, large waterview, very nice, new windows, coin-op basement, \$850, no utilites/pets, 401-247-2530

WARREN: 1 bedroom, \$495, 3 bedroom \$750, stove, refrig, water. Sec. deposit required, No pets, no smoking 401-254-1036

WARREN: 3rd floor, 1 bedroom, appliances, 1 bath, backyard, storage, no pets, \$500/month. 508-252-6095.

WARREN: 3rd floor, 2 bedroom, hardwood floors, new kitchen, \$650 month includes water. 401-253-1900

WARREN: Small 2 bed, radiant heat, stove, dishwasher, refrig, hdws, w/d hook up, \$775/mo 401-338-9747

Homes For Rent

BRISTOL: West side ranch. 3bd, 1 bth. New kitchen. Lg. yard, near park & bike path. \$1650 water incl. 401-245-0025.

PLACE YOUR YARD SALE ad in the East Bay Classifieds at 401-253-1000 or 800-382-8477.

BRISTOL: New house, 3 bed, 3 bath, large yard, garage, deck, very private & quite. Walking distance to beach \$1,800/mo. 401-749-2533

LITTLE COMPTON - 3 bed, 1.5 bath Cape on lovely 2 acre lot. Freshly painted interior, fully applianced. Finished lower level, exterior deck, circular drive. Pets allowed. Convenient location near beaches, Adamsville and Rte 81. Asking \$1,400/month TL Holland Agency 401-624-8469

LITTLE COMPTON : 3 bed, 1.5 bath Cape on lovely 2 acre lot. Freshly painted interior, fully applianced. Finished lower level, exterior deck, circular drive. Pets allowed. Convenient location near beaches, Adamsville and Rte 81. Asking \$1,400/month TL Holland Agency 401-624-8469

LITTLE COMPTON Tiverton - Highland Rd - 2 bedroom cottage with open floor plan near Fort Barton. \$1,000/month +utilities. T.L. Holland Agency 401-624-8469

PORTSMOUTH: 3 bed Ranch, 2 car garage, \$1650 plus utilities Call Prudential Prime Properties 401-849-2800

Condos For Rent

BRISTOL: Courtyard at Metacom, 2 bedroom, 3rd flr., \$1,200/mo water incl., utilities separate, lease & security, no pets 401-253-9277

Commercial Rental

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TIVERTON - Beautiful High Hill Beach. Unobstructed views and immediate access to a peaceful beach. Remodeled summer cottage with enclosed porch for additional living space. Approved ISDS. Must see to appreciate. \$259,000. Carol Guimond, 401-418-0462.



PORTSMOUTH - Location! Home offers many updates including electric, septic, heating, windows & more. Sunny living room, sliders to deck and fenced yard. Garage was converted to a studio with bath but can be reclaimed. Must see! \$228,000. Carol Guimond, 401-418-0462.



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East Coast Financial	401-396-9820	3.125	3.27	0	4.125	4.209	0	2.375	0	2
Navigant Credit Union	401-233-3468	Call For Rates								

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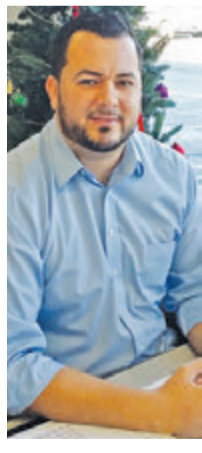
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SIGN SEASONS GREETINGS: Wood, old english lettering, 8; ft long 1' high, \$35 401-624-6322

SKIS: Fischer Tyrolia bindings, San Marco boots, size 9.5. Poles, carry cases. \$45. Somerset 508-672-4617.

SOUZA TEQUILA NEON SIGN: Great for mans cave \$40 401-437-2242

TABLE: Drop leaf maple table, 36" x 43", excellent \$45 Bristol 401-253-7899

TOTAL HOME GYM: Excellent condition, \$44.99 Portsmouth 401-835-3937

trombone: great student instrument with case 30 (508)951-2117.

TWIN BED: Crown Oak, box, mattress & sheets, good condition, \$45, Riverside 401-433-2922.

YOUNG WOMEN'S CLOTHING: Expensive jeans, sweaters, blouses, shoes (8), jackets, all small \$40, Providence 401-241-0629

Finds Under \$100

AUTO RAMPS: 2 pairs metal auto ramps(4) \$40.00 FIRM 40.00 (401)245-4912.

BOAT: 16 ft Sport Craft Bowrider, excellent condition. \$99 Woonsocket, 401-434-0100

ELECTRIC GUITAR: With amp, complete with music stand & books, excellent condition, \$99 Tiverton 401-624-9775

ENTERTAINMENT UNIT: Medium oak, 54x22x55, TV opening, glass cabinet, and shelves. \$70 Westport 508-230-8123

LOG SPLITTER: \$99, weekly rental, 401-245-0561 leave message.

REEBOK ATHLETIC SHOES: Authentic MLB Red Sox, new, size 11, cost \$90/sell \$60 Bristol 401-254-0701

Tiffany Overhead Light Fixture: Green, light blue and caramel panels; \$55. Barrington. (401)-245-1711.

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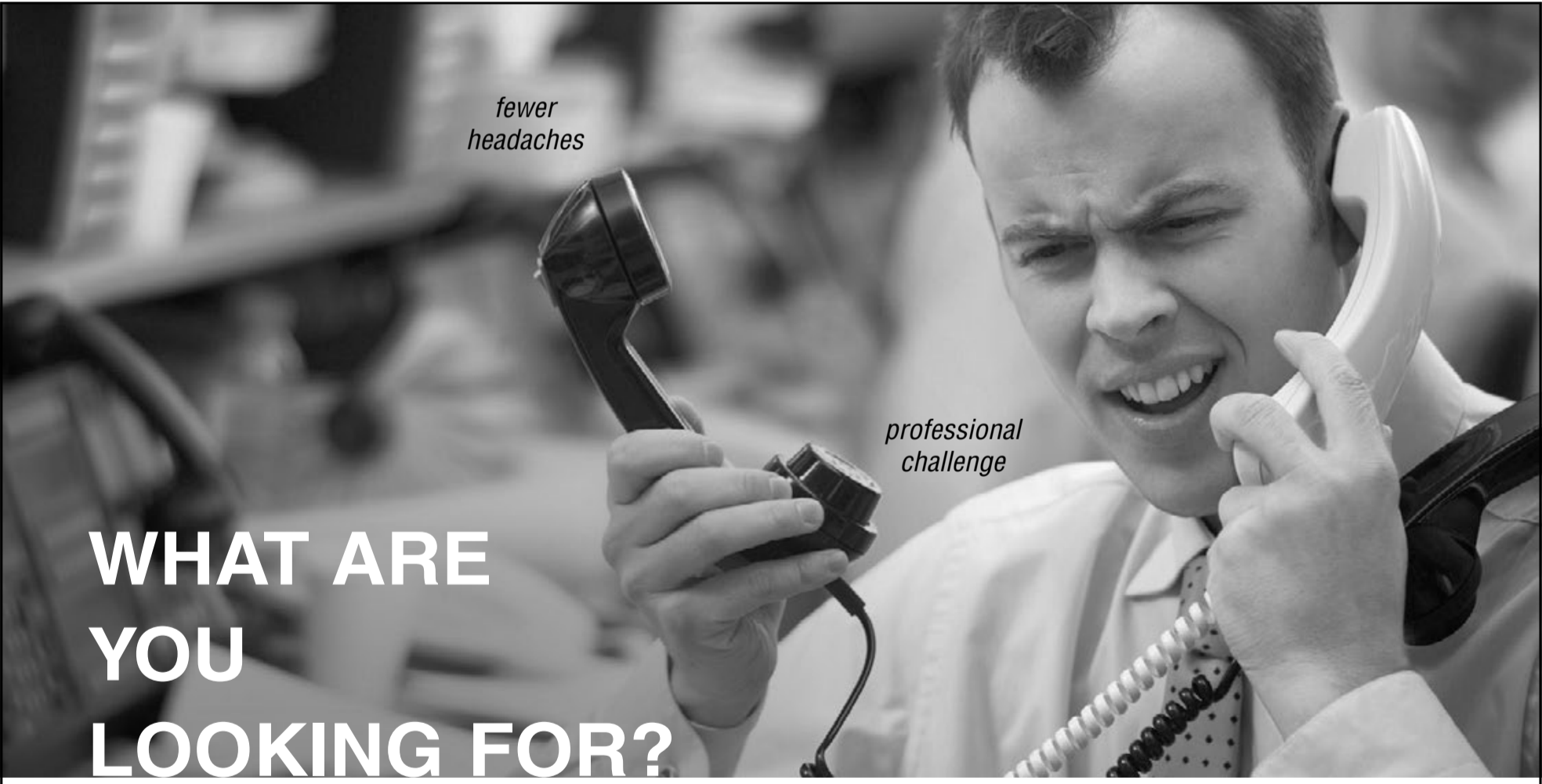
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