



Fathers & Families

SUPPORT CENTER

SINCE 1998

HELP FOR FATHERS | HOPE FOR FAMILIES



2022 ANNUAL REPORT

Dear Friends -

I want to express my heartfelt thanks for your unwavering support in 2022. Since our first class of fathers in May 1998, Fathers & Families Support Center (FFSC) has worked tirelessly to impact families—specifically children who grow up without the benefit of having a responsible father in their lives. Through our six-week **Family Formation** program and its nationally-recognized curriculum, fathers and mothers learn how to play an active and effective role in the lives of their children.

So far, approximately 49,000 sons and daughters have been positively impacted by FFSC's six-week program, which has transformed nearly 20,000 men into more responsible fathers for those children.

And that's not all! Since 2002, FFSC's **Youth Leadership & Development Program** (YLDP) has been assisting youth and young adults, ages 14-24, (many of whom do not typically have active or fully involved parents in their lives) develop successful paths to thriving futures.

In 2005, we welcomed mothers into the six-week **Family Formation** program, many of whom attended after learning the father of their children had graduated and benefitted from the program.

Because of you, FFSC continues these programs and services that help fathers and mothers...

- **Understand** what it means to be a responsible parent;
- **Learn** new parenting skills and how to bond with their children;
- **Develop** communication strategies for successful co-parenting;
- **Land** a new full-time career that pays well to support their family;
- **Heal** past trauma by meeting regularly with FFSC's on-site therapists;
- **Continue growing** as a parent with the program's year-long follow up.

Thank you for standing with us in our work of improving the future outcomes of children in our community. Together, we can reshape the future of families in our community.

With Gratitude—



Cheri D. Tillis, CEO

OUR LOCATIONS



Downtown Headquarters

1601 Olive Street
St. Louis, MO 63103

North County

1433 Stein Road
Ferguson, MO 63135

East St. Louis, IL

505 South 8th Street
East St. Louis, IL 62201

Transition Center of STL

1621 North 1st Street
St. Louis, MO 63102



FFSC is one of only 44 nonprof-
its out of 54,000 agencies in MO
to have been certified by the rigor-
ous standards and guidelines of
the Council On Accreditation.

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Chief Development Officer
Stephen Knapp



MISSION

To foster healthy relationships by strengthening families and communities.



CORE VALUES

Responsibility, Integrity
Equality, Diversity
Commitment, Collaboration
Expertise



VISION

Every father is a responsible father committed to a cohesive family relationship.

NEW CEO



ST. LOUIS BUSINESS JOURNAL—Cheri D. Tillis has been named Chief Executive Officer of Fathers & Families Support Center effective January 1, 2022. **Formerly Chief Operating Officer and an 18-year veteran** of FFSC, she succeeds Halbert Sullivan, the organization’s founder, who passed away April 15, 2021. Tillis joined the organization in 2003 and was promoted to Senior VP and COO in 2013. As CEO, she now has overall responsibility for the organization which has an annual budget of \$4.5 million and 47 employees at four St. Louis metro locations.

PARTNERSHIPS



Washington University and its Brown School Evaluation Center conducted a new study on the effectiveness of FFSC’s six-week *Family Formation* program versus a four-week *Economic Stability* program with no parenting component and published its findings in **Family Process**, an international resource journal for mental health and social service professionals. Findings reveal promising evidence that both programs (six weeks & four weeks) promoted change among economically disadvantaged fathers on parenting, well-being, and economic outcomes.



Researchers from Notre Dame University’s Lab for Economic Opportunities (LEO) visited FFSC and its satellite site at the Transition Center of St. Louis to begin an impact study and evaluation of FFSC services, identifying innovative, effective, and scalable programs and policies that help people who are incarcerated move permanently out of poverty. “Our research partnership with LEO will reinforce the effectiveness of our Re-entry Project and prepare us to scale for a national roll out of services,” said CEO, Cheri Tillis. **“One of our greatest accomplishments is a 3% recidivism rate. In comparison, the national recidivism rate in the U.S. is 22%.”**



In partnership with Area Resources for Community & Human Services (ARCHS), **FFSC is one of only five local agencies in St. Louis assigned to be a hub where victims of crime and violence can reach out** and receive direction and resources and to address both individual crime victims and victimized communities. The goal — to begin the healing process by connecting people who need help with services and resources in the community.

PROGRAMS



Family Formation

Fathers and mothers learn critical parenting and co-parenting tools, how to build healthy relationships, nutrition, budgeting, financial literacy and trauma-informed care therapy.

Program includes case management and year-long follow up.



Employment & Mentoring Development Program

Participants learn job skills, employment retention and receive interview coaching, one-on-one mentoring, resume development, career certifications and substance use education.

Participants receive business attire at no cost.



Youth Leadership & Development Program

Youth ages 14-24 receive life skills training, coaching and guidance on how to avoid high-risk behaviors.

Services include one-on-one mentoring, scholastic goal planning, career exploration, job placement opportunities and group bonding activities.



Fathers' Rap

A peer-to-peer support group for alumni and fathers who cannot participate in traditional program services for various reasons.

Meets after usual work hours and provides supportive services for Family Formation alumni.

SUPPORTIVE SERVICES



LEGAL SERVICES

FFSC offers high-quality legal services for program participants, providing Family Law in the areas of child support, custody and visitation and orders of protection.



RE-ENTRY PROJECT

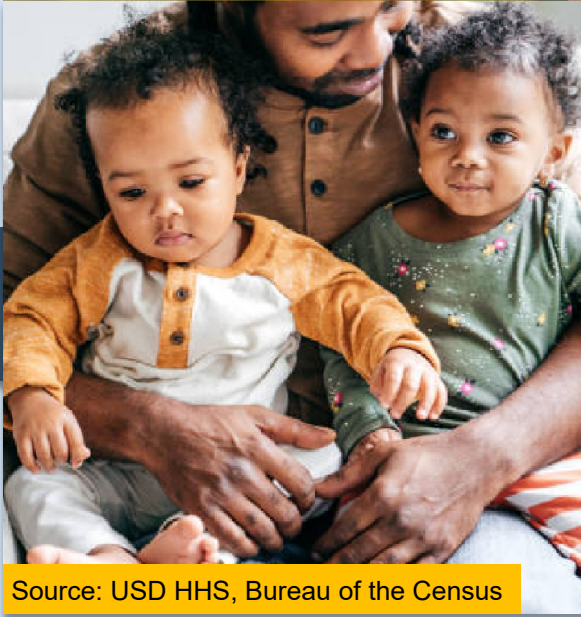
FFSC helps participants transition from incarceration to productive citizens through its collaboration with the Department of Corrections. Participants housed at the Transition Center of St. Louis receive services similar to FFSC's Family Formation program.



THERAPUTIC INTERVENTIONS

On-site licensed therapists provide program participants one-on-one and family counseling using trauma-informed approaches to assist parents with regaining emotional control and maintaining healthy thoughts and behaviors.

FACTS...



Source: USD HHS, Bureau of the Census

20X

more likely to end up in prison & suffer behavioral issues.

10X

more likely to abuse alcohol & drugs.

9X

more likely to drop out of school & end up in juvenile institutions.

7X

more likely to end up pregnant.

4X

more likely to grow up at or below the poverty level.

COMMUNITY IMPACT...

291

Parents engaged in FFSC's six-week Family Formation program.

256

FFSC participants gained or maintained employment, with an average hourly wage of \$15.59, resulting in \$8.8M reinvested back into the community.

92%

Of FFSC participants report increased interaction with their children.

771

Unduplicated individuals received FFSC services in 2022.

91%

Of FFSC participants gained positive parenting skills.

3%

Average rate of recidivism for graduates of FFSC's Re-Entry Project. National average is 22%.

90%

Of FFSC participants gained knowledge about how to have safe & healthy relationships.

82%

Of Youth decreased risky behaviors.

\$1,674,410.28

In combined annual child support payments were made by Family Formation participants in 2022.

\$15,371,939.37

An estimate of the value FFSC returned to the St. Louis Community on an investment of \$3,079,266 (our 2022 expenses).

FOUNDER'S WALL TIMELINE

Fathers & Families Support Center (FFSC) board and staff hosted an in-person unveiling of its **Founder's Wall Timeline** Tuesday, August 30th, which would have been Founder Halbert Sullivan's 71st birthday. He started FFSC in December of 1997 with one employee and \$750. Today, FFSC is a National Model for Fatherhood programs with nearly 50 employees and a budget of \$4.5 million that has helped 20,000 fathers reconnect with 49,000 daughters & sons.



Spanning 16 feet on the second floor of FFSC's downtown headquarters, the Founder's Wall Timeline includes an original oil painting of FFSC Founder Halbert Sullivan, who passed in April 2021. Cheri Tillis, an 18-year veteran of FFSC was officially named CEO in 2022.

With over 80 in attendance, FFSC Founding Board Member Sister Loretto Gettemeier of Daughters of Charity shared why the agency started back in 1997: ***"We knew that something more needed to be done for our youth who were getting pregnant, not finishing school, joining gangs and getting into drugs. The one thing missing was a positive male figure in their lives – their own fathers. And we knew that fathers needed help getting back into the lives of their children."***

FATHER OF THE YEAR



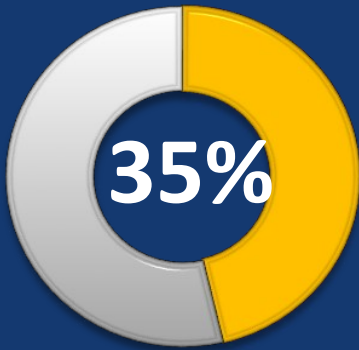
When Lawrence Tate contacted FFSC, he was on a mission to build a future for himself and his unborn child. His pregnant girlfriend, who had relapsed on drugs, was locked up and would give birth to his son in prison. Mr. Tate, who had already completed a drug treatment program with a year clean, agreed with the mother that it was in the child's best interest that he file for full custody since the mother would be incarcerated.

Mr. Tate signed up for FFSC six-week program in 2016 and began working with Lisl Williams in the legal department to initiate the process of filing for custody. While attending FFSC, Mr. Tate learned how to care for his newborn child as a single father. He learned parenting skills, co-parenting tools, how to establish healthy relationships and managing a family budget. After giving birth and being released from prison, the mother attempted to stay clean from drugs but relapsed again, while she was pregnant with Mr. Tate's second child. Mr. Tate contact Lisl Williams again for full custody of his second son while the mother served time for her drug arrest. FFSC's legal department gave Mr. Tate all the tools he needed to represent himself in court. As a result, he was awarded full custody of his second son.

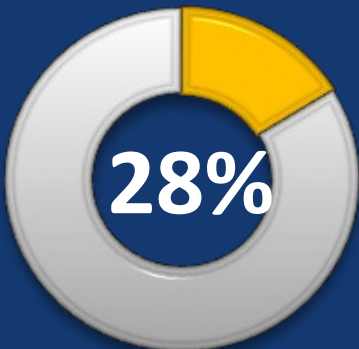
In the last few years, Habitat For Humanity awarded Mr. Tate a new home which he and a group of volunteers helped build. "I was paying \$625 for an apartment," he said. "Today, my monthly mortgage payment is \$550!" He has also maintained a full-time position at St. Patrick's Center to support his children and has over a decade of sobriety.

Although Mr. Tate and the mother are no longer together, the communication and co-parenting tools FFSC taught him helped maintain a healthy co-parenting relationship. They remain friends.

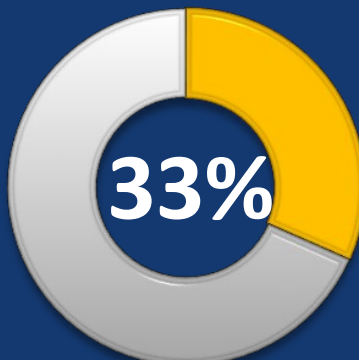
2022 Grants & Donations



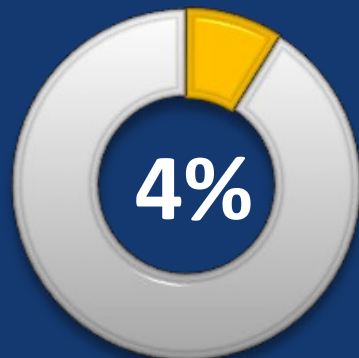
FEDERAL



CITY/STATE



FOUNDATIONS, CORPORATIONS & INDIVIDUALS



UNITED WAY

Statement of Activities

SUPPORT & REVENUE

Program Service Revenue	\$10,000
United Way Support	\$167,886
Grants	\$1,166,159
Federal	\$1,485,078
NAP/YOP	\$138,080
Corporate Funds	\$150,413
Foundations	\$619,954
Capital	\$9,800
Special Events Income	\$252,882
Interest Income	\$826
Individuals	\$193,313
Total Support & Revenue	\$4,194,391

EXPENSES

Program Service Expense	\$3,079,266
Management & General	\$739,293
Capital Campaign	\$2,563
Fundraising	\$233,905
Total Expense	\$4,055,027

NET INCOME

Net Income	\$139,364
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NET ASSETS

Beginning of Year	\$4,636,335
End of Year	\$4,775,699

<u>TOTAL CURRENT ASSETS</u>	\$2,715,965
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<u>TOTAL PROPERTY & EQUIPMENT</u>	\$3,278,285
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<u>LONG-TERM ASSETS</u>	\$29,850
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<u>TOTAL ASSETS</u>	\$6,024,100
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LIABILITIES & CAPITAL

Total Current Liabilities	\$139,341
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Total Long-Term Liabilities	\$380,961
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Total Liabilities	\$520,302
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Total Capital	\$5,503,798
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<u>TOTAL LIABILITIES & CAPITAL</u>	\$6,024,100
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2022 UNAUDITED STATEMENTS.

2022 Annual Donors

Because of your generous contributions and on-going support, you made it possible for us to make a big difference in the community for children & families. **Thank you!**

\$1,000,000+

US Dept of Health &
Human Services-OFA

\$500,000+

ARCHS/Dept of Social Services

\$200,000+

US Dept of Justice
US Dept of Labor-ETA

\$100,000+

ARCHS / Division of
Youth Services
ARCHS / Neighborhood
Healing Network
Mission & Ministry, Inc
Missouri-Dept of Social Services
St Louis Mental Health Board

\$80,000+

Emerson

\$40,000+

Healthy Blue Anthem Foundation
Edward Jones
Harlene and Marvin Wool
Foundation
Lutheran Foundation
NISA Foundation
Osborn Barr - OBP

20,000+

American Direct Marketing
AT&T
Bank of America Charitable
Foundation
Dana Brown Charitable Trust
Enterprise Holdings Foundation
Jay Henges Charitable Trust
The Holekamp Family
Paula & Rodger Riney Charitable
Fund
Rob & Alice Sherwood
St Peter's Benevolence Trust
State of Missouri—Dept
Of Corrections
U.S. Bank Foundation
Webster Groves Presbyterian
Church Foundation
W. Grant Williams III
Wilson Sheehan Lab for
Economic Opportunity (LEO)

10,000+

Brady McCasland, Inc
Cordell & Cordell Law Firm
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\$5,000+

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Starbeam Lighting Supply
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\$2,000+

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Cynthia and Paul Belmont
Brinkmann Constructors
Robert C. Byrne Jr.
Central Bank
Charities Aid Foundation
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Urban League
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\$1,000+

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Gerald H Cooper
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Steve Davis
Gene & Kim Diederich
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Leo Vinson
Wavy Productions
Andrew Wegman
Lisl K. Williams
Michael Williams
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\$500+

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Jessica Bellatti
Benjamin F Edwards
Brett Bennett
Steve Boveri
Aaron & Maureen Branson

Van and Jeanie Brokaw
Lisa Buescher
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