THURSDAY, FEBRUARY 22, 2024

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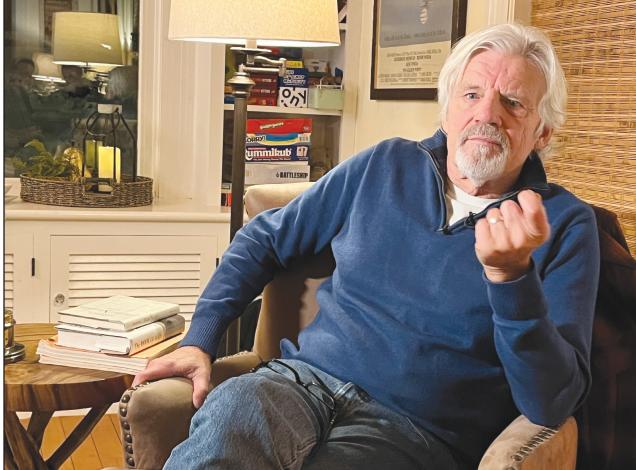
Ernest Thompson interviewed for WCVB's "Chronicle"

BY LEIGH SHARPS Contributing Writer

HOLDERNESS - "Chronicle," a feature show produced on WCVB (MeTV Channel 5) out of Boston, Mass.. was in the area recently to do stories on The Inn On Golden Pond. the filmmaker Ernest Thompson and the ice harvesting on Big Squam Lake.

They filmed first at The Inn On Golden Pond (where the production crew also stayed). The historic homestead, built in 1875, is right on Route 3 in Holderness, across from the Squam Lakes. It is owned by Mike and Erica Salmon (and their three children) who bought it a few years ago and have totally renovated the interior and exterior. It is an historic homestead, built in 1875 and reviews call it 'a beautiful, up-scale Bed and Breakfast' near the Squam Lakes. and

"Chronicle" also traveled to Sandwich to produce a story on the ice harvest on Squaw



Academy Award winning local author and playwright Ernest Thompson was recently interviewed by a visiting crew from Boston-

Cove, Big Squam Lake, even though the harvesting did not occur this year as the ice wasn't thick enough.

based WCVB-TV's "Chronicle."

Producer of "Chronicle,"

Chandra, said, "We enjoyed filming The Inn, Ernest Thompson's book reading and going to Sandwich. We like to travel around looking Sangita for fun and interesting stories around New England."

While filming at the Inn, a fireside chat was arranged for local playwright, author, filmmaker and Academy

Award winner Ernest Thompson (He won the Oscar for the screenplay of the movie "On Golden Pond" in 1981 produced on the Squam Lakes). He held a read-

ing and book-signing event for drama students from the nearby private Holderness School. His Oscar sat 'watching' the meeting settled on an end table. "Chronicle" filmed him reading excerpts from his new novel entitled "The Book Of Maps." It is about a father and son making a cross-country trip from Ca. to N.H.., but the son is rather unwilling and skeptical. The father desires to follow an old map he had bought at a yard sale many years earlier.

Thompson read part of the prologue concerning a discussion between the father and son: "Come on. We'll have a blast. And you'll see the country; you'll see sights none of your friends ever have and we'll camp out and we'll hike and go skinny-dipping and drink beer and go to cathouses and rob banks.. Who wouldn't want to drive across America with his dad?" The son answered: "It sounds boring."

He then took questions from the students.
SEE **THOMPSON** PAGE A7

Lorrey leads Bobcat boys to Division III runner-up finish

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Plymouth alpine boys put up a fight but couldn't quite catch the Hopkinton Hawks in last week's Division III State Meet, held at Gunstock Mountain Resort in Gilford.

The Bobcats finished second overall for the day, with St. Thomas, White Mountains and Kearsarge rounding out the top five.

Plymouth was third after the morning giant slalom, with Nathan Lorrey leading the way in a time of 1:14.64 for third place overall. Tyler Dekutoski was 14th in a time of 1:20 and Gavin Haynes raced to 18th in 1:22.68. Sebastian Eisenbarth finished out the scoring for the Bobcats with a 19th place finish in a time of 1:22.78. Harper Preston was 20th in 1:22.99 and Finnian Bellamy was 34th in 1:28.48.

The Bobcats moved up to second in the afternoon slalom, with Lorrey again leading the way with a fourth place finish in 1:22.72. Dekutoski finished in eighth place overall in 1:26.34, Bellamy was 20th in 1:38.84 and Eisenbarth rounded out the scoring in 23rd place in 1:39.83. Preston





JOSHUA SPAULDING

Tyler Dekutoski races for Plymouth during the Division III State Meet at Gunstock last week.

Operation Santa program goes year-round

BY DONNA RHODES Contributing Writer

PLYMOUTH — The Plymouth Fire-Rescue Department's annual Operation Santa program is changing things up a bit this year, hoping to make it easier for people to make their generous donations for local children each holiday season.

Instead of just collecting toys during the busy December shopping season, the Plymouth Fireman's Association, which organizes Operation Santa, has decided that in 2024, they will begin hosting a year-round campaign to collect toys to help spread joy at Christmas.

The association recognizes that it can be difficult to make donations at a time when most are trying to complete their own shopping lists. By extending their toy drive the association hopes the new, year round campaign will be beneficial to those who would like to make a donation since stores in the spring, summer and fall present many opportunities for people to take advantage of clearance sales, summer deals and other bargains.

Serving residents of the Town of Plymouth, Operation Santa is conducted under the umbrella of the national Toys for Tots program. The mission each year is to collect new items such as stuffed animals, crafts, books, Legos, SEE **SANTA** PAGE A7

Newfound Memorial Middle School celebrates Music In Our **Schools Month**

BRISTOL March approaches, New-

found Memorial Middle School is gearing up for an exciting

celebration of Music in Our Schools Month. This annual event showcases the importance of

music education and the profound impact it has on the development of students. Newfound

Memorial Middle School has planned three remarkable events to celebrate this month,

highlighting the talents and achievements of their dedicated students.

Lakes Region Junior High Music Festival -March 8, at Newfound

Regional High School Mark your calendars

for March 8 as Newfound Regional High School plays host to the Lakes

Region Junior High Music Festival. This event promises an unfor-

gettable day filled with musical

excellence. Students from various schools in the Lakes Region will come together to show-

their talents, creating a harmonious symphony that reflects the power of music to unite

communities. event culminates with a concert performance at 7 p.m. Tickets are \$5, and

the event is open to SEE **MUSIC** PAGE A7

Circle Camp launches matching challenge campaign

PLYMOUTH — Circle Program Executive Director, Beth Dever announced on Jan. 16 that the 30 year old NH nonprofit for girl/youth and teens received a \$30,000 three-month challenge from The Steinwachs Family Foundation. The grant will match dollar-for-dollar (up to \$5,000 individually) all donations from supporters who give during the months of January - March, doubling the impact of their contributions.

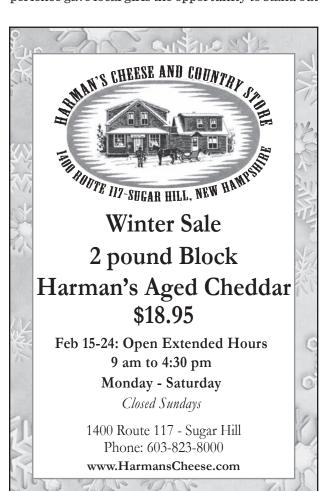
"We are very grateful for The Steinwachs Family Foundation to invest in Circle's camp in a way that encourages others to deepen their support specifically for our beloved camp property," said Beth Dever, Executive Director.

Why support the Circle Camp, and why now?

The Circle Program is a 30 year nonprofit organization supporting girls and teens from nine to 18 years of age in the Greater Concord area up through the Lakes Region of New Hampshire. It provides a tuition-free summer resident camp experience, year round programming and 1:1 mentorships for each of its participants.

The Circle Camp was started in 1993 by Camp Onaway Trustees for New Hampshire girls who wouldn't otherwise have the opportunity to attend a life-changing summer camp program. The camp experience gave local girls the opportunity to stand out





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and succeed while surrounding them with trusted female role models. The Circle Program would continue on Onaway's or Camp Pasquaney's campus for thirteen years.

After a lengthy search, rigorous capital campaign and extensive build Circle Program opened its own "camp gate" in 2005 on a small pond north of Newfound Lake. Next year Circle's camp property and facilities will celebrate its 20th year!

As Robyn Boisvert, Circle Program's Director of Programs & Camps, explains, "We are still young compared to many camps in the Lakes Region, but 20 years takes a toll on any physical camp property."

Circle Program's goal is to raise \$60,000 in three months with the help from the Steinwachs Family Foundation who has graciously agreed to match dollar for dollar (\$5,000 individual maximum) up to

\$30,000. These funds will give the program the needed support to rectify areas at its camp property that need particular attention. The success of the longevity of their camp program depends on a sound maintenance and master renewal plan. This step is the first step to developing and operating a comprehensive, well integrated and cost effective maintenance program as they move into their 20th year and beyond!

Donations to Circle Program made online, over the phone, or by check between Jan. 16 and March 31 are eligible for this exciting match! To follow the campaign, head to www.circleprogram.org/challenge.

For more information, please call Circle Program at (603) 536-4244 or email Olivia@circleprogram.org.

Thornton Central School honor roll

THORNTON

Thornton Central School has released its honor roll for the second quarter of the 2023-2024 school year.

Fifth Grade

High Honors: Jude Clark, John Donis, Torsten Kroupa, MacKenzie Smith

Honors: Piper Brown, Dominic Demler, Mason DiNatale, Tyler Gibbs, Aurora Glover,

Alexa Havlock-Par-Lily Kelley, Easton Rogers, Olivia Steadman, Taylor Super-

Sixth Grade

High Honors: Ellory

Fischler, Ryan Truchon Honors: Darrien

Burhoe, Enzo Cella, Ethan Cowles, Lillyanna Dolan, Colin Gallagher, Ayden Harrington, Savannah Hesser, Gavin McNair, Christopher Pamplin, Brynlee Sanborn, Nolan Sanborn, Ryan Shuffleton, Blake Testut, Taryn Thibault, Matthew Wallace

Seventh Grade

High Honors: Camryn Cawley, Eva DeLaCruz, Sofia Donis, Lilah Hadzandra Showers

Honors: Christie Colman, Kayley Gannett, Aidan Gilman, Zeland O'Brien, Kelly Patten, Jessica Schley, Jake Smith, Ava Thompson, Ewan Wilkie, Jaylen Wing

Eighth Grade

High Honors: Harper Hesser, Alexa Joyce, McCann. Shayleigh Kaden Prall, Lucia White

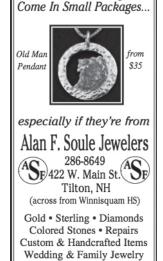
Honors: Makenna Jones

Wonderful Things











JOIN



Campton Mountain adds snowmaking

CAMPTON — Little-known Campton Mountain is beginning to make waves in the ski industry. Or, perhaps the better term would be "whales."

This past December, the ski area fired up its first, dedicated water source-supplied snow gun, promising to extend the ski season for the mountain which, until recently, relied solely on Mother Nature.

"Our well produces 1,500 gallons of water an hour, which feeds a 20,000 gallon portable holding tank we leased for the winter," explains Ron Beard, who was brought on as General Manager in June of 2022. "This setup allows us to run our fan gun for 10 hours at a time and our groomer



can move the resulting whales pretty much anywhere on the mountain. It's a big deal for a ski area our size."

Tucked away in the hills of Waterville Estates, Campton Mountain is one of the area's best kept secrets, encompassing over 860 acres which

include a 1,484 foot long chairlift, rope tow, three trails and even a 4,000 square foot base lodge. Developed back in 1969, the ski area has grown from a facility used exclusively by the Waterville Estates community to a quietly popular learning hill for families all over

New England.

"It's a laid back place where you can take a few runs with your kids, then go inside for a break while they continue skiing," says Mike Hering, longtime Waterville Estates resident, whose children learned to ski here. "The place is so

small and accessible, you can literally keep an eye on them the whole time while you enjoy a beverage in the base lodge. You just can't get that anywhere else."

The ski area first attempted snowmaking a few years back when it tapped into and overloaded the municipal water system. An exploratory committee even looked into rerouting water from an existing pond near their community center, but the expense proved to be detrimental. The current snowmaking system may not have happened if it weren't for the accidental discovery of an abandoned well right on the ski hill.

"One of our groomers accidentally bumped into it on a glades trail," explains Beard. "We popped the cap off it and were delighted to find out it still had water. If all goes as planned this winter, we're hoping to bury a permanent holding tank, setting us up for an expanded snowmaking system next winter and beyond."

With the news of Campton's snowmaking expansions, you would think the bigger, nearby resorts would have market share concerns. But the opposite is true, or at least it should be. Small ski areas like Campton Mountain are seen as a

gateway to the sport for future skiers and riders and eventual feeder for the larger ski resorts. With lift tickets starting at just \$20, they offer an accessible and affordable entry point into a sport that is seen by many as expensive and somewhat elitist. Naturally, once skills improve, downhill enthusiasts move on to more challenging terrain and are more willing to invest in a pastime that brings them joy.

"My kids are grown up now and we take family ski vacations all over the country," explains Hering. "I'm not so sure that would be the case if it weren't for Campton Mountain. It says a lot about the role of our little hill when I watch my grandkids learning to ski here. It all comes full circle."

Campton Mountain is a community-owned, community-operated ski area, open to the public and located in Campton, New Hampshire. It operates day and night skiing from mid-November to mid-March, Fridays through Sundays plus holidays and holiday weeks as weather permits. The base lodge has a full service restaurant and bar, live entertainment, special events and group functions. Learn more by visiting https:// camptonmountain.com/.

PSU to host former ACLU president's discussion on importance of free speech

PLYMOUTH — Plymouth State University (PSU) will host a public presentation by former American Civil Liberties Union President Nadine Strossen, JD, on Tuesday, Feb. 27, at 6:30 p.m. The subject of the talk is 'Why Free Speech Matters More than Ever.' The event will take place at Boyd Hall and will be streamed live via Zoom.

"Nadine is a national treasure who eloquently gets to the essence of why open dialogue is the best way to preserve the dignity of all beings," said PSU Professor of Criminal Justice Mark Fischler, JD.

Strossen is a leading expert on constitutional law and civil liberties and has testified before Congress multiple times. From 1991 to 2008, Strossen was president of the American Civil Liberties Union (ACLU). Currently, she is the John Marshall Harlan II Professor of Law Emerita at New York Law School as well as a senior fellow with the Foundation for Individual Rights and Expression (FIRE), a free speech watchdog organization that recently granted PSU a "Green Light" rating for its commitment to free speech on campus. Strossen serves on multiple advisory boards including the ACLU, Academic Freedom Alliance, Heterodox Academy, National Coalition Against Censorship and the University of Austin.

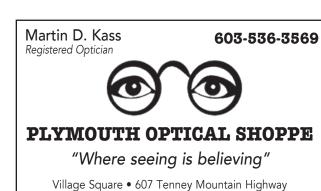
She is the author of "Free Speech: What Everyone Needs to Know" (2023) and "HATE: Why We Should Resist It with Free Speech, Not Censorship" (2018), and is the host and project consultant for Free to Speak, a documentary series broadcast on PBS in 2023.

The National Law Journal named Strossen one of America's "100 Most Influential Lawyers" and several other publications have named her one of the country's most influential women.

Strossen will also speak with the PSU Student Government on Monday, Feb. 26, and with the university's Criminal Procedure class on Wednesday, Feb. 28.

The live stream of Strossen's Feb. 27 talk can be accessed at plymouth.edu/FreeSpeechPresentation.





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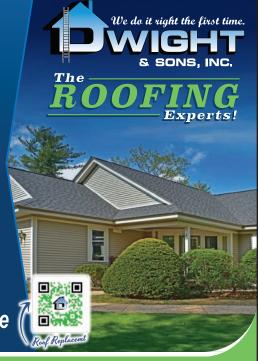
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SALMON PRESS, THURSDAY, FEBRUARY 22, 2024

CADY Corner

It's no coincidence pot potency and use both spiked

BY DR. JOE EBNER, M.D.

As a parent, I am concerned with the rising use of recreational marijuana in society, especially in our youth and young adults. As a physician, I see firsthand the effects of Marijuana on health, and it is clear the marijuana on our streets in 2024 is not the same marijuana we or our parents may have smoked in the 1970s.

Daily use of Marijuana among Americans more than doubled in the decade from 2010 – 2020 during a period of time when recreational use of marijuana was legalized in many states. In this same decade while teen cigarette and alcohol use both dropped, marijuana use among teens increased. Public health initiatives seem to have succeeded over the past generation in decreasing tobacco abuse only to be replaced by a new addictive health harm.

So what's in a name? Marijuana and Cannabis are terms that are often used interchangeably to refer to the same plant and the chemical compounds derived from it. THC (Delta-9-tetrahydrocannabinol) is the main intoxicating component of marijuana, which gives a user the euphoric high. But today's marijuana is radically different from the pot of the past.

"Woodstock weed" from the 1970s contained roughly 3 percent THC (that psychoactive component above). Over the past 50 years the potency of the marijuana plant through selective breeding has increased to an average potency of 23 percent THC found today. This potency of THC applies only to the marijuana flower (or bud) that is simply dried and smoked. You see, THC can be chemically concentrated into products containing 95 – 99 percent THC. THC concentrates come as shatter, budder, waxes, dabs, gummies and edibles. Concentrates can be vaped, smoked, or eaten.

Comparing today's marijuana to that of the past is like comparing Ford's Model T car to a Tessla. Both are automobiles, but other than that, they share very little in common.

The health concerns with marijuana come from the highly potent forms found in today's market, not available decades ago. Marijuana use is a serious public health concern identified in many State Departments of Health because of the significant number of negative health effects associated with it, such as impaired driving, child overdose, marijuana-associated nausea and vomiting, and addiction withdrawal. High potency and high frequency marijuana use is also associated with severe impacts on mental health, prompting a warning from the US Surgeon General in 2019 about the adverse effects on the brain.

Marijuana in 2024 is highly addictive and long term use of marijuana is associated with the development of Cannabis Use Disorder (CUD). CUD is a problematic pattern of marijuana use that leads to worsened academic and work performance resulting in significant functional impairment or distress with relationships at the workplace or in school. The defining feature of CUD is the loss of control over the marijuana use and persisting in use despite knowledge of adverse consequences. Marijuana use can produce chronic mood changes such as depression and studies also support an association between marijuana use and exacerbation of mania in those with bipolar disorder.

Approximately half of chronic users of high potency marijuana will experience withdrawal symptoms upon cessation: sleep difficulty, irritability or anger, anxiety, headache, and depressed mood. These uncomfortable symptoms can be significant enough for resumption of marijuana use in a large proportion of individuals, leading to years of addic-

Perhaps most distressing to me as a physician is the substantial evidence that chronic marijuana use is associated with increased risk of psychosis and development of schizophrenia. Even more distressing is the fact that adolescents and young adults who frequently use high-potency marijuana are most at risk of this long term, chronic mental illness.

Marijuana use is rapidly increasing concurrent with legalization changes throughout the United States. Youth use in legal states is higher than non-legal states, even though no state has legalized recreational marijuana for children under 18. Parental marijuana use increases the likelihood of marijuana and tobacco use and opiate misuse among household children.

New Hampshire HB 1633 is another attempt to "safely" introduce recreational marijuana into our state (at a time when we are still struggling with an opioid epidemic). The reality is there is no safe way to introduce something that is unsafe. I hope as a parent you will educate yourself on today's marijuana and share your concern with your state representative. To learn more about the negative impacts



COURTESY PHOTO

Tourney champs

The Plymouth Elite 5/6 boys' travel basketball team won the championship at the Chrysler Classic tournament in Haverhill. The boys had an undefeated day and came out champions. Pictured (I to r), Zach Daigneault, Saygen Kane, Cooper Lenentine, Luca Reed, Ryder Newton, Blake Duchette, Gavin McNair, David Elderkin, Wogan VanEtten, Johnny Donis and coaches Jeff Kane, Jason Duchette and Brian Tracy.

Letters to the Editor

Let's talk about immigration

To the Editor:

Let's start with drugs and Fentanyl. Who is bringing it into this country? In 2021, 86.3 percent of convicted fentanyl drug traffickers were US citizens—ten times greater than convictions of illegal immigrants for the same offense.

What about crime in general? In 2018, the illegal immigrant criminal conviction rate was 782 per 100,000 and 535 per 100,000 for legal immigrants, but for native born Americans, it was 1,422 per 100,000! That's a huge difference. In addition, there has never been a terrorist attack attempted by someone who crossed the Southern border.

Trump calls migrants "Illegal Aliens," but he's wrong, because our code of law says otherwise.

Any alien apprehended while entering at a time place other than as designated by immigration officers shall be subject to a civil penalty of \$50-\$250. Crossing the border to seek asylum is a completely legal process under 8 US Code 1158. Improper entry is a CIVIL offense; not criminal. It's not illegal, and it doesn't become criminal unless someone re-enters after they've been deported.

Even those who enter and don't seek asylum but are merely assigned a court date for their deportation hearing, have not broken the law. They've merely committed an infraction.

Another misstatement, the border is not "Open." The Border Patrol own statistics prove that most are being expelled and blocked from entry. In 2023, 1,505,581 we're arrested under Title 8 and 550,278 were expelled under Title 42.

For the most part, single adults, people with a criminal record, or those on the terror watch list are not allowed into the country. Only family units and children are being allowed entry.

So, where does Trump come up with his claim of "18 million Illegal Aliens?" The total number of people who Border Patrol have caught crossing the border is 1,956,519 for 2021, 2,766,582 for 2022, and 3,202,144 for 2023. That totals to 7,925,245, which is roughly "8 million" — not "18 million." And that's everyone encountered. The backlog for those pending their hearings is about 3 million.

The by-parti san Senate Border bill that the US House refuse d to take up would increase Border Patrol staff and equipment and would increase detention facilities and judges to process the asylum backlog. People could be processed for deportation and asylum in a few weeks rather than years.

Trump's proposal is a fence that has already partially fallen down in the wind and has been cut through 3,000 times by an inexpensive Walmart tool. He would also deport people who've been completely law-abiding, who have families and have put down roots in the community. And he would put children in detention.

Facts are stubborn things.

Joyce Weston **Plymouth**

Vote Gene Marchese, Campton Selectman

To the Editor:

I am running for Campton Selectman. My wife and I have lived in Campton for the past nine years. We have been married for 33 years, have three grown children and have fostered two others

As background, I attended Plymouth State College and graduated in 1981 with a degree in Business Management. I attended New Hampshire College and graduated in 1992 with an MBA specializing in

Industrial Relations.

My employment experience includes 22 years as a federal criminal investigator, the last ten of which were in a supervisory capacity. I am currently an investigator with the State of New Hampshire, Department of Administrative Services. My volunteer experience includes many years as a youth softball coach, and serving with the St. Vincent De-Paul Society.

I have never run for elected office, and have no experience in municipal management. However, I feel very strongly about civic duty. I have great respect for Campton's municipal employees, and the men and women who serve on Campton's various boards and committees. I believe in fiscal restraint and living within our means. Thank you for your consideration.

> Gene Marchese **Campton**

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The Record Enterprise and Newfound Landing is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. USPS #436-460 periodicals postage paid at Plymouth PO, NH 03264 POSTMASTER: Send address changes to Salmon Press, P.O. Box 729, Meredith, NH PLYMOUTH RECORD ENTERPRISE PUBLISHED BY SALMON PRESS

PRESIDENT & PUBLISHER Frank G. Chilinski (603) 677-9083 frank@salmonpress.news BUSINESS MANAGER RYAN CORNEAU (603) 677-9082 rvan@salmonpress.new

OPERATIONS DIRECTOR JIM DINICOLA (508) 764-4325 DISTRIBUTION MANAGER JIM HINCKLEY (603) 279-4516 MANAGING EDITOR Brendan Berube (603) 677-9081

brendan@salmonpress.new PRODUCTION MANAGER JULIE CLARKE

julie@@salmonpress.news

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be ac-

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Silent film classic "Way Down East" to screen at Flying Monkey

PLYMOUTH — The iconic image of actress Lillian Gish trapped on an ice floe and headed straight for a waterfall will once again fill the big screen when "Way Down East" (1920) is revived on Wednesday, March 6 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth.

General admission is \$10 per person.

The movie, a blockbuster melodrama directed by D.W. Griffith, is set in old-time rural New England, and was partly filmed on location in New Hampshire and Vermont. It stars Gish in an acclaimed performance as a wronged woman trying to make her way in an unforgiving world. Can she find love and redemption, or will she ride to her doom on the raging river's ice floes?

"Way Down East" will be screened with live music by Jeff Rapsis, a New Hampshire-based silent film accompanist.

In "Way Down East," Gish stars as a poor New England country girl who travels to Boston to visit her rich relatives in the hopes of getting financial help. While there, she's dazzled by upper class society and romanced by a rich womanizer (Lowell Sherman) who takes advantage of her innocence by tricking her into bed with a fake marriage ceremony.

Convinced she's found the husband of her dreams, Gish returns home to the country, only to be abandoned. She informs her faux husband she's pregnant; he orders her to get an abortion. Instead, Gish goes into exile to have the baby, finds herself persecuted for giving birth out of wedlock, and flees even further into the country to seek refuge. The film was noteworthy in its time for addressing such topics as abortion and



Director D.W. Griffith talks to his cast during the making of "Way Down East" (1920), a landmark silent film drama set in rural New England starring Lillian Gish and Richard Barthelmess. The movie will be screened with live music on Wednesday, March 6 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth. General admission is \$10 per person. For more information, visit www.flyingmonkeynh.com or call (603) 536-2551.

women's rights.

Modern critics hail "Way Down East" for Gish's performance, which continues to mesmerize audiences nearly a century after the film's release.

"Gish provides an abject lesson in screen acting and brings home the importance and effectiveness of seeing a film in a theater with a crowd," wrote Paul Brenner on www.filmcritic. com in 2007. "If you are not moved at the scene of Gish baptizing her dead baby, then you should check the obituaries of your local paper to see if you are listed."

The film also stars silent era heartthrob Richard Barthelmess. In the film's climax, Barthelmess must dash to rescue Gish from being carried away on the ice floes.

Much of the claimed ice floe quence was filmed in March 1920 on location on the Connecticut River in New Hampshire and the White River in Vermont, as the winter pack ice was breaking up. No process shots or post-production special effects were available to filmmakers at the time, so Griffith and his crew had no choice but to stage and shoot it all on a real river, with the

players out on the ice. To get the floes to break up and float down the river, Griffith's crew dynamited pack ice upstream.

Gish later said that she suffered frostbite by following director Griffith's command to always keep one hand in the water during the shooting.

Despite such hardships, "Way Down East" cemented Gish's reputation as one of the silent era's major stars. Gish would continue to work in films and, later, television, until the 1980s. She died in 1993 at age 99.

Accompanist Rapsis specializes in creating music that bridges the gap between an older film and the expectations of today's audiences. Using a digital synthesizer that recreates the texture of a full orchestra, he improvises scores in real time as a movie unfolds, so that the music for no two screenings is the same.

"It's kind of a high wire act, but it helps create an emotional energy that's part of the silent film experience," Rapsis

"It's easier to follow the emotional line of the movie and the audience's reaction when I'm able to follow what's on screen, rather than be buried in sheet music," he said.

Because silent films were designed to be shown to large audiences in theaters with live music, the best way to experience them is to recreate the conditions in which they were first shown, Rapsis said.

"Films such as 'Way Down East' were created to be shown on the big screen to large audiences as a communal experience," Rapsis said. "With an audience and live music, silent films come to life in the way their makers intended. Not only are they entertaining, but they give today's audiences a chance to understand what caused people to first fall in love with the movies."

"Way Down East"

was based on a popular stage drama, for which director Griffith paid the then-astounding of \$175,000 to turn into a movie. The picture proved to be a huge moneymaker, taking in \$4.5 million, making it the fourth-highest grossing movie of the silent film era. 'Way Down East' would be the last of Griffith's great blockbusters; tastes changed as the 1920s rolled on and Griffith's Victorian style fell out of favor. Receipts from 'Way Down East' kept Griffith's studio afloat during a subsequent series of box office flops.

"This picture was a monster hit when it was released," Rapsis said,

"and it still holds up well today. As a melodrama, it's a great film for an audience to cheer on the good folks and boo and hiss the bad guys. But there's an additional level of interest now because the film captured a way of life that's long since disappeared."

"Way Down East" will be shown on Wednesday, March 6 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth. General admission is \$10 per person. For more informavisit www.flyingmonkeynh.com or call (603) 536-2551. For more information on the music, visit www.jeffrapsis.



Plymouth State University nursing students recently returned from a week-long Service Learning Trip to a Navajo reservation in Arizona. From left, PSU students Nora Riendeau, Ashleigh Magoon, Jessica Woodaman, Logan Wiggett, Alexa Botelho, Liana Gobin, Silas Weeden, Gwen Carranza, Abigail Sewall and Amizade Site Facilitator Keller Allen clearing away weeds in irrigation channels for tribal cornfields in Arizona.

PSU nursing students explore culturally sensitive care during Navajo Nation service learning trip

PLYMOUTH Ten Plymouth University (PSU) nursing students recently returned from a service learning trip to a Navajo Nation reservation in Arizona, where they gained valuable experience and learned about Native American and Navajo culture.

In January, prior to the start of spring semester courses, students were guests of the Navajo reservation located in Tuba City, Arizona, where they were treated to traditional Navajo meals and stories from native elders while learning about the Navajo language and cus-

"For nurses and other healthcare providers in particular, it's very important we learn how unique cultures prefer to navigate the modern American healthcare system," said Kerri Reynolds, MSN, BSN, RN, clinical assistant professor of nursing at PSU and faculty advisor who attended the trip. "Every day started with a reflective session with our advisors and guides to help us understand the rich heritage of the Navajo people and to unpack the historical and present issues that marginalized populations like the Na-

vajo are struggling with." Students spent time doing volunteer work, including removing weeds from the irrigation canals of the reservation's sacred cornfields. Other activities included participating in a coming-of-age Kinaalda ceremony for young women, experiencing a traditional sweat lodge and learning about traditional native medicine, touring the Navajo Code Talkers Exhibit in the Historical Tuba City Trading Post, hiking the Little Colorado River Gorge and visiting the Grand Canyon, among other points of interest.

"Being able to go on the Navajo reservation with all of my nursing peers was a life changing experience and something I will carry with me forever," said PSU nursing student Nora Riendeau. "Without a doubt, there was no lack of acceptance or love throughout the entire trip from

the amazing people who showed us around for the week. Although we were different in so many ways, they considered us family."

Fellow student Logan Wiggett echoed this sentiment.

"There was no better environment to nourish my knowledge of diverse cultures and remind me of the important role a person's background may play in their care," Wiggett said. "Apart from my path to becoming a nurse, I believe this experience gave me tools to become a better person as a whole."

This was the second Service Learning Trip to the reservation made by PSU nursing students since 2020. Amizade, a global organizer of service learning and volunteer projects for high schools. community groups and universities, facilitated the visit, designed the itinerary and agenda and provided educational resources about marginalized communities and self-appraising bias. Reynolds taught the students about Indigenous cultures before the trip to help the students prepare to immerse themselves into the Navajo culture.

In preparation for this trip, each student helped to raise the approximately \$8,000 in funds needed over an 18-month period by doing odd-jobs, selling donuts and candies through the Plymouth State Student Nurses Association and by partnering with Plymouth Soapworks to create and sell Southwest-U.S.-inspired soaps, of which half the proceeds were donated to the trip.

To learn more about Plymouth State University, visit www.plymouth.

Letters to the Editor

Reject the divisive rhetoric targeting our schools

To the Editor:

I was deeply disappointed to see Rep. John Sellers' recent commentary regarding Newfound's annual deliberative session. While I appreciate differing opinions, I must express my serious concern over his divisive tone and misrepresentations.

His portrayal of the session as a platform for bullying and disrespect is inaccurate. As a member of this community, I attended this session and saw firsthand the commitment of educators, staff, fellow students, and parents who genuinely engage in constructive dialogue for the betterment of our schools. To suggest otherwise is not only unfair but also undermines the collaborative spirit essential for meaningful progress.

Moreover, his suggestion that social-emotional learning (SEL) is somehow harmful is misguided. SEL programs aim to cultivate vital life skills such as inclusivity and respect. These are values we should all support, not dismiss. It is unfortunate to see SEL misrepresented and politicized.

Furthermore, his insinuation that parents should

opt out of SEL programming reflects a fundamental misunderstanding of its purpose. SEL is not about indoctrination or data collection; it is about promoting the holistic development of our students and fostering a positive school climate where every child feels valued and supported.

In addition, his reference to Critical Race Theory (CRT) and diversity, equity, and inclusion (DEI) initiatives in a negative light only serves to further infuriate tensions. These educational frameworks are essential tools for promoting equity and understanding in our increasingly diverse society. To demonize them without proper context is irresponsible.

I call upon our community to reject divisive rhetoric and embrace dialogue grounded in mutual respect and understanding. Let us work together to ensure that our schools remain inclusive environments where every student can thrive.

Sincerely,

Tess Sumner **Danbury**

Teachers should preside in the classroom

To the Editor:

Parents who privately homeschool their children with taxpayer money supported by the state (up to \$4,800 per child) undermine the principle and practice of New Hampshire's Public Education.

State Rep. John Sellers, District 18, homeschools his children and uses those state funds effectively to undermine public education. Moreover, while neither being an educator nor with any experience in the profession, he nonetheless takes positions on education matters and policy where he lacks professional knowledge and experience.

His latest campaign targeted programs aimed at assisting Social-Emotional Learners whose issues and needs match those of other non-standard learners. Teachers are educational professionals, not parents no matter how well-intentioned. Some parents are negligent or absent --- often due to exter-

nal circumstances. But simply being a parent is not sufficient for this task. Recognized best practice is that we leave the classroom and curriculum to the professionals. educators and school psychologists are trained specialists who serve, address and aid students with a broad spectrum of learning needs and differences. They deserve our public trust and respect for their dedication.

We need legislators who support public education and its needs in our state, and not those who work to undermine it. The bedrock of civil society is based on the public education of our children and young adults whose social-emotional and special needs, when met, are critical to their success in life.

Sincerely,

Carolyn Fluehr-Lobban **Bridgewater** SALMON PRESS, THURSDAY, FEBRUARY 22, 2024

Talk of the Towns

News from our Local Correspondents

Alexandria

Merry Ruggirello 744-5383 merrysunshine51@yahoo.com

Well shiver me timbers and blow ye winds hi ho, my oh my what a week it's been. Most definitely a bundle up before you go out kind of week!

Town

Select-Board of men meeting Tuesday, March 5 at 6 p.m. in the Municipal Building.

Tuesday, March 12: Town Voting Day at the Town Hall. Polls are open from 11 a.m. until 7 p.m.

Alexandria UMC

Sunday, March 25, services will begin at 9 a.m. with Pastor Mark Lamprey officiating. Sunday School will begin at 10:15 a.m.

Community Dinner Saturday March 2 at 5 p.m. in the Vestry. On the menu will be beef stew, home made bread, desserts and beverages. Come on in for a hearty meal, great conversation and companionship! Donations are accepted, but not expected. This month the proceeds will go to the Kevin Flanders fund.

Reminder: Saturday, March 2 Benefit Spaghetti Dinner for Kevin Flanders at the Town Hall from 5 until 7:30 p.m.

Time for me to shuffle off to the kitchen to get the chicken 'n dumplings started for supper! One of my favorites for a cold winter's night! Have a wonderful week ahead!

Ashland

David Ruell 968-7716 davidruell@gmail.com

Bee School

The Pemi Baker Beekeepers Association is again holding a Bee School for beginning beekeepers and "those interested in supporting pollinators" at the American Legion Hall from 9 a.m. to 3 p.m. on four Saturdays, March 16, 23 and 30 and April 6. The cost is \$60, which includes a beginning beekeeping book and a one year membership in the Association. See their Web site, www. pemibakerba.org, more information.

St. Agnes World War I Honor Roll

The Ashland Historical Society is seeking more historical information about the World War I Honor Roll which is to be

transferred from the former St. Agnes Church to the Town's World War I monument. The plaque honors the 32 parishioners, almost all from Ashland, who served in the war. So far research efforts, including a review of local newspapers through 1941, have yielded no information on its historv. not even its date. Anyone who has any such information is asked to contact David Ruell at 968-7716 or davidruell@ gmail.com.

Town Warrant articles (part 1)

The Town Warrant contains no less than 38 articles for the voters to address at the Town Election on Tuesday, March 12. The full text of the articles can be accessed from the home page on the Town Web site, ashlandnh. org, although, as this was written, the text of Article 15 had not been modified to include the amendments made at the meeting.

Article 1 is for the election of Town Officials. For most positions, there will be just enough candidates to fill the available spots. But, there are three candidates for the two Selectmen openings and no candidate for Town Moderator.

Articles 2 and 3 would modify the Zoning Ordinance. Article 2 would allow the Planning Board to correct typographical and grammatical errors and to rearrange and renumber sections of the Ordinance.

Article 3 would replace the references to tax map and lot numbers with the new numbers created when the new tax maps were

Articles 4 through 13 will amend the Build- other hand, I couldn't ing Regulations. Article 4 would have the Building Inspector issue certificates of occupancy and keep all the documents required by law. Article 5 would replace the building permit requirement for projects costing over \$800 with a permit requirement for new buildings or structural alterations of over

200 square feet. Article 6 would require permits for all mechanical work, as required by the State Building Code. Article 7 would make contractors responsible for meeting state building and fire codes. Article 8 would require that demolitions be completed within six months of the issuance of a demolition permit. Article 9 would require that all chimneys be built, altered or repaired according to the State Building Codes. Articles 10 and 11 would eliminate provisions on thimble holes and smoke pipes that are covered in the State Building Codes. Article 12 would exempt accessory buildings of less than 200 square feet, rather than accessory buildings costing less than \$800. Article 13 would clarify the basis for appeals of the Build-

ing Regulations. Articles 14 through 16 are for projects requiring bonds and therefore three-fifths votes to pass. Article 14 is for a bond for \$6.2 million for water line

and road improvements on Thompson Street, High Street, Smith Hill Road and Winona Road, primarily to improve water quality in those areas. Article 15, the most controversial of the articles, originally asked for \$135 million to construct a waste to energy facility, near the wastewater treatment plant. The project was to be paid for by revenue bonds and whatever grants that could be obtained. The income from the plant, from electricity sales and (as amended) trash tipping fees, would be used to pay the debt and to reduce town expenses "of any nature." The appropriation for the facility was reduced to just \$1 on a secret ballot vote

at the deliberative session. Article 16 would bond \$100,000 for an infiltration/inflow study at the L.W.Packard mill site, where water is entering the sewer system. The bond would be conditional on receiving a loan with principal forgiveness from the State Revolving Fund.

The other warrant articles will be reviewed in future news columns.

Bristol

Al Blakeley adblakeley0@gmail.com

I just have to say how much I am enjoying watching college basketball on TV! On the watch any more than 10 minutes of the NBA All-Star game! But then I have trouble watching more than 10 minutes of any NBA regular season game! And how about the unbelievable achievements of Caitlin Clark of Iowa! Remarkable player and mentor for upcoming players. The NCAA playoffs should be a lot of fun to watch.

A Meet the Candidates Event will take place on Saturday. March 2 at the at 1 p.m. at the Historic Town Hall, hosted by the Minot-Sleeper Library Library Trustees. Town Elections will be held on Tuesday, March 12 for any open positions zoning amendments by ballot. Town Meeting will be held on Saturday, March 16 at the Newfound Regional High School auditorium beginning at 9 a.m. For up-to-date information regarding both Town Elections and Town Meeting, check the Town Web site: www. bristolnh.gov

The Newfound Lake Association will hold a State of the Lake presentation at the MSL on Tuesday, Feb. 27 at 6 p.m. Executive Director Rebecca Hanson and Conservation Program Manager Paul Pellissier will discuss our latest water quality data, the results of expanded

invasive aquatics mon-

itoring, the watershed planning process, and more. Bring your questions and concerns about watershed health. This program is free and open to all.

Shape-Up Newfound cardio/strength training workouts for men and women of all fitness levels will be held under the direction of Donna Evans at the Bristol Elementary School on Mondays and Thursdays at 6 p.m. and on Saturdays at 8 a.m. The first class is free and the cost is \$6 per class after that with an option of a 10 class punch card at \$55, or 12 weeks for \$110. For information, contact Donna Evans at donna.evans78@yahoo.

TTCC Indoor Soccer will be held at the BHVS gymnasium starting on March 9 through April 13 on Saturdays. Four and five ear olds - 8:30-9:15 a.m., and six to seven year olds - 9:30-10:30 a.m. The cost will be \$20 per player. Coaches are needed. Please call 744-2713 for information.

Registration is now open for Baseball, Softball and T-Ball programs. Training programs will start soon and regular season runs from April through mid-June. Volunteers needed.

Teen dances at the TTCC have been cancelled due to the repairs and renovations.

Summer Camp registration is opening March 4! Sign up early, as the rosters fill up fast! The TTCC staff is looking forward to field trips, swimming and playing all sorts of games and activities at the park, as well as other adventures planned at the TTCC Summer Camp.

For more information on any and all these activities, please call 744-2713 or contact the TTCC at info@ttccrec.

During Winter Break, starting Feb. 25 through March 3, join the Slim Baker Foundation for Outdoor Education at the Slim Baker Area for this week-long event Snow Creations Field Exhibit! This event is for snow sculptures at the Area field. Come any time and create a snowman, dog, dragon, igloo or whatever sculpture you like. Take a picture and send it to events@ slimbaker.org. Fan favorites will be chosen on Facebook the following week! If you aren't into sculpting, come on up and view the creative works.

For all bird-watchers out there, we have had our usual visitors this winter and no bears. In addition, we have had at least four and perhaps six bluebirds at our feeders recently! We had never

seen them here in town before, but have enjoyed watching them up on Peaked Hill. In addition, we have experienced many deer visiting our shrubs at night and they seem to be enjoying them! Methinks we might have to visit a nursery come Spring!

Campton-Thornton

Joël Freeman 398-4368 bearfootfarm@aol.com

Silent Auction/ Spaghetti Dinner

The Campton El-

ementary 8th Grade

Class is excited to announce that this year's Silent Auction/Spaghetti Dinner will be held at the Owl's Nest Resort on Friday, March 22 from 5-8 p.m. The extensive dinner buffet menu will include Chicken Parmesan (GF), Linguine Pomodoro (GF & V), Primavera Lasagna Bake (GF & V), and Italian Polpette Meatballs. Salads, Assorted Focaccia and Seasoned Breads as well as a Chef's Dessert Table are included. Early Bird Online Price: \$10 per individual/\$35 per family of four (two adults, two kids). Additional kids \$5 each. Day of Ticket Sales: \$12 per individual/\$40 per family of four (two adults, two kids). Additional kids \$5 each. The Silent Auction has something for everyone and is always enjoyed by all! This year's auction items include overnight stays at hotels and resorts, handmade items, 100 gallons of heating oil, golf for two & four players, museum passes, ski passes, restaurant and store gift cards/certificates, auto alignment, maple syrup, memberships, wood bundles, oil changes, themed baskets, trail camera, art, attraction passes and much much more! Join us for the Italian Dinner or the Silent Auction or both!! To make dinner reserwww.owlsnvations: estresort.com/2024-italian-dinner/. Admission to just the Silent Auction is free!

Campton Public Library news

The Campton Public Library normal winter hours are Monday 3-6 p.m., Tuesday 3-6 p.m.,

Wednesday 3-6 p.m., Friday 3-7 p.m. and Saturday 9 a.m.-4 p.m. The library will have extended hours during the school February vacation, Monday, Tuesand Wednesday and Friday 10 a.m. to 4 p.m., Saturday 9 a.m. to 4 p.m. New titles are added monthly to their collection. Some of the new nonfiction that are on the February New York Times Best Sellers List include: "Oath and Honor" by Liz Cheney, "Friends, Lovers and the Big Terrible Things" by Matthew Perry, "The Woman in Me" by Britney Spears, and "Elon Musk" by Walter Isaacson. Some of the new best selling fiction titles

include "The Fury" by

Alex Michaelides, "The Exchange" by John Grisham, "The Little Liar" by Mitch Albom and "Lesson in Chemistry" by Bonnie Garmus.

Antique Track Drive Machine Show

The annual Antique Track Driven Machine Show will take place on Saturday, Feb. 24 from 10 a.m. to 3 p.m. at 73 Laundromat Rd. in Thornton. Dozens of antique track snow machines to view. Bring the family! Take a ride on some of the tractors brought by enthusiast of many early model track machine. event can be accessed by snowmobile or car, there will be parking available.

Holderness

Fran Taylor 968-3846

All town roads are posted as of Tuesday, Feb. 20 with a maximum weight limit of 12,000 pounds until further notice.

Sample non-partisan ballots for town elections have been posted on the town website, the PO and town hall. Jami White-Lyford for Town Clerk two-year term, Library Trustees for three years Courtney Abbott, Alexis Desloge and for one year (vote for two) Emily Evans, Elizabeth "Lisa" Lovett, John Richards. Supervisor of the Checklist for six years Julie Flynn. John "Woody" Lavarack for three-year as Selectman. Looking to offer your services and good at financial matters? Bonnie Hunt for Trustee of the Trust Funds for three years would be happy to have someone run as a write-in to a one-year term as Trustee of the Trust Funds. For the Central School we have Peter Desloge and Michael L. Fischler for three-year terms. We'll also be voting on the Zoning Amendment Warrant Article.

Phil McCormack will be running to return to the Pemi Baker Regional School District for a three-year term. Phil was Superintendent of Schools of the Keene District for many years so he has a lot to contribute to the board. Remember, that as an SB2 town you'll be voting on the High School budget.

Voting takes place on Tuesday, March 12. Our town and school budgets will be discussed and voted upon on Wednesday, March 13.

Much to the delight of neighbors on Route 113, NH Broadband, powered by NH Electric Co-op, and partnering with Conexon Connect, was mounting cable to the Sandwich line early this week. Coming soon will be Pinehurst Road, leading to Rockywold Deephaven Camps (RDC), where the plan is to have that stretch completed by May 1. Some folks will have reliable internet for the first

SEE **TOWNS** PAGE A8

THE REAL REPORT

Town	Address	Туре	Price	Seller	Buyer
Alexandria	N/A	N/A	\$200,000	Charles E. Braman	William J. Davis Fiscal Trust
Bristol	333 Lake St.	Single-Family Residence	\$30,000	William Gardner	Mary L. Gardner
Bristol	N/A	N/A	\$37,000	Patten Fiscal Trust and Peter K. Patten	Alan and Linda Faro
Campton	Hodgeman Hill Road	N/A	\$340,000	Caitlin Swanson	Paul, Jr. and Melissa Tabor
Campton	71 Tobey Rd.	N/A	\$483,000	David Sanborn	Matthew S. and Jamie N. Bavaro
Dorchester	Route 118	N/A	\$77,000	Lynne Bundessen RET	Russell M. Simon
Hebron	Paradise Ledge Drive	N/A	\$355,800	William T. and Sharon M. Greenwell	Mark A. and Ha N. Evans
Holderness	Meadowbrook Drive	N/A	\$125,000	West Street Development LLC	Matthew J. Yeaton
New Hampton	38 NH Route 104	Single-Family Residence	\$290,000	Diane S. Purington	Andrew Gilmartin and Alyssa Traya-Gilmartin
New Hampton	41 Pine Meadow Rd.	Single-Family Residence	\$279,933	Judith E. Boone Estate and Dexter S. Ho	we Rachael Page
Plymouth	Langdon Street	N/A	\$370,000	Mayhew Funeral Home Inc.	Milestone Funeral Partners
Plymouth	Scenic View Drive	N/A	\$55,000	Green Acre Woodlands Inc.	James E. III and Deborah E. Horan
Thornton	N/A (Lot 47)	N/A	\$413,533	Debra A. and Brian Regan	Linda D. Erickson
Wentworth	Ellsworth Hill Road	N/A	\$50,000	Marilyn A. Olivier	Katherine McBride

ABOUT THE REAL REPORT Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Towns FROM PAGE A8

time.

This past week was also the time for RDC to remove ice from the lake. Four days of harvesting from Squam, off Metcalf Road, has resulted in 3200 cakes, just short of 12 inches in thickness, being removed from the lake ending last Sunday. The ice is used in the 60 cabins in their traditional boxes. Camp employees, locals, and even some guests from away come to help in the ice harvesting, a long time

There were years when the ice cakes were over 20 inches thick, other years it was barely safe to be out on the ice with tractors and trucks to haul. This winter is an example of a late start caused by the unpredictability of the weather. Now, stashed away in two ice houses and surrounded by saw-

New England tradition.

dust acting as insulation, it sits until guests arrive this summer.

First Friday Family movie night at the Library comes up next week. Film at 5 p.m. will be Wonka, a 2023 fantasy musical. Free pizza and drinks provided. Games for others starts at 4 p.m. upstairs.

Your members of the NH House of Representatives spent long hours last week struggling to discuss, pass and/or kill bills. Unlike many states every bill is heard (although sometimes bundled). It's not over yet with some bills having another hearing. After "Crossover Day" they will take on the Senate bills.

Rumney

Elise Saad (508) 981-4184 elise@infonetics-usa.com

Upcoming Events and news at the Byron G. Merrill Library

G. Merrill Library New hours for February- Sundays from 2-4 p.m. Friday, Feb. 23, 5:30 p.m.- Black History

Month book discussion
Come into the library
and check out one of our
curated books – both
fiction and nonfiction
– or bring your own.
The goals are to pick a
book that educates and
elevates us, discuss it
with others and perhaps
choose to read a book
that we learn about during the discussion. This
conversation will be facilitated to help keep us

focused and on topic.

Dinner is provided and starts at 5 p.m.

For questions, please email Katy at katy@ rumneylibrary.org or stop into the library!

Every Wednesday at 1 p.m., please join us for our Fiber Arts group. Bring your current project and enjoy a cup of tea, good company and a puzzle! Please email Katy with any questions, katy@rumneylibrary.org.

We'll see you at the library!

Warren/ Wentworth

Gary Jesseman 707-7129 garyj@together.net

Greetings everyone. Hope you all have had a good week thus far.

WARREN NEWS—I have no Warren news at this time.

WENTWORTH NEWS—Bone Builders is a low impact exercise program which aims to do just that, strengthen your bones. It also works to improve one's balance. Both of these are things we, human beings who lead more sedentary lives and/or are advancing in age, need.

Join the fun at the Congregational Church on Tuesdays and Thursdays at 10 a.m.!

The Wentworth Market is currently seeking vendors for the upcoming 2024 season. Anyone interested can email Renee at wentworthmarket@gmail.com for

more information.

Have a good wee

Have a good week, and remember to count your blessings!

Santa FROM PAGE A1

games, sports equipment and other age appropriate toys for children from up to 12 years of age. What Operation Santa does not accept however, are clothing items since they have no means to determine the sizes, styles or preferences of those they serve.

Through a process that begins in late fall, the men and women of the Plymouth Fireman's Association begin to collect applications for families in need of assistance. Each application includes the age of each child in the family and a few suggested items they would enjoy. The association then looks through their inventory of donations, wraps the gifts and makes them available for parents or caregivers to pick up in the days before Christmas.

Over the years, each donation has helped the fire department and their support group make the holidays a bit brighter for many children, including the nearly 100 boys and girls they served just last Christmas alone.

Starting now, all donations, including cash used to purchase items the association may find they are in short supply of, may be dropped off any day throughout the year at the Plymouth Fire Department, located at 42 Highland St., Plymouth.

Questions about the program may be sent by email to operationsantaplymouth@gmail.com.

Music FROM PAGE A1

the public.

Allied Arts Night at Newfound Memorial Middle School

Newfound Memorial Middle School invites you to Allied Arts Night, an event that puts a spotlight

on the diverse range of artistic endeavors flourishing within the school. On Tuesday, March 19

at 5:30 p.m. in the cafeteria, the school will transform into a gallery of creativity, featuring displays

from all Allied Arts classes. From visual arts to technology and everything in between, this night

promises to be a celebration of the vibrant arts community at Newfound Memorial Middle School. This event is free and open to the pub-

Intergenerational Program – Jazz Band at Peabody Place in Franklin

As part of the school's commitment to community engagement, the Jazz Band from Newfound

Memorial Middle School will be sharing their musical talents with the residents of Peabody

Place in Franklin. This intergenerational program aims to bridge the generation gap through the

universal language of music. The students will not only entertain but also create lasting

connections, fostering a sense of unity and appreciation for the arts across generations.

These three events

underscore the dedication of Newfound Memo-

rial Middle School to providing students with a well-rounded education that includes a strong emphasis on the arts.

By participating in Music in Our Schools Month, the school celebrates the transformative power

of music and the positive impact it has on students' academic and personal growth.

Parents, students, and community members are encouraged to join in these events, supporting

the flourishing music and arts programs at Newfound Memorial Middle School. Let us come

together to celebrate the joy of music and the valuable role it plays in shaping the lives of our youth.

Thompson FROM PAGE AT

school's acting students listen to me reading from my novel 'The Book Of Maps' and ask the most discerning, smart and enthusiastic questions, was a great reminder of why I do what I do as a story-teller and it also gives one hope for the world. Those kids rocked!"

NOTE: "Chronicle," 'an insider's look at New England' can be seen nightly at 7:30 p.m. on Channel 5. Past episodes are also available to stream on the Chronicle's 'Very Local app.'

Download the 'Very Local' app on Roku or google Boston Chronicle for further info..

Please go to the Inn At Golden Pond's Facebook page for info., the history, the owners' profile, and for reservations.

Thompson's "Book Of Maps" is in local bookstores or order online from Thompson's Facebook page. Singer Carly Simon reviewed the book saying: "A good father despite himself; a forgiving child despite it all. Their adventures will make you worry, weep, and laugh out loud."

Actress Shirley Maclaine wrote: "A re-

markable compilation of parenting, humor, entertainment and deep emotion." MacLaine appeared in one of Thompson's films: 'West Side Waltz' along with Kathy Bates, Liza Minelli and Jennifer Grey. Thompson also made a cameo appearance.

He has acted in his own Golden Pond play in the lead role of Norman Thayer, a few years ago at the Winnipesaukee Playhouse in Meredith to rave reviews. He also holds writing workshops during the year at his historic house and theater/barn in New Hampton. Details are on his Facebook page.



Robie

CHURCHES

Campton Congregational

Sunday, Feb. 25 9:30 a.m. Sunday worship led by Pastor Jeff

10 a.m. Children's Sermon/Sunday School. Following Worship we gather for fellowship.

Tuesday, Feb. 27 10:30 a.m. Bible Study Noon BYO Lunch 1 p.m. Ladies Guild meets

The second Sunday of Lent invites believto deepen their spiritual introspection, to think about the mystery of Christ's identitv and to renew their commitment to their faith. Through prayer, abstinance, and acts of charity and kindness, Christians strive to follow Jesus's example of humility. obedience, and love, as they journey towards the joyous celebration of His resurrection at Easter. Please join us Sunday as we make this journey together.

All are welcome Sunday mornings, as we come together to Wor-

ship God. Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational principles and practices in the world. Our Services are available on Facebook. If you are unable to be with us in person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223. Please direct any questions or needs ourccc1774@gmail. com or call 603-536-2536.

Starr King Unitarian Fellowship

Starr King Unitarian Universalist Fellowship holds Sunday services each Sunday at 9:30 a.m., both in person at 101 Fairgrounds Rd., Plymouth, and live streamed via Zoom. Nursery and childcare services are available. education classes are offered every week.

Feb. 25 Many Paths to Jus-

tice Margaret Rieser, Ministerial Intern

We all want to do our best to bring more justice into the world. The question is, how do we do that? It's not only about attending vigils and holding signs. In this service, we will explore how we can work for justice in ways that feel healthy and meaningful and might be different for each of us.

Univer-Unitarian salism is a caring, open-minded religion that encourages you to seek your own spiritual path. Our Faith draws on many religious traditions, welcoming people with different beliefs. We are a Welcoming Congregation recognizing no distinction of class, nationality, race, gender, or sexual orientation.

For more information and Zoom link, visit our Web site: www.starrkingfellowship.org.

Wentworth Congregational

Here is our list of upcoming speakers:

Our services are now at 10 a.m., except for the first Sunday Commun-

Service in West Rumney, which is at 9 a.m.

Feb. 25—Rev. Lynn Morrison

March 3—Communion Service, W. Rumney

March 10—Rev. Cindy

Petrie (Bible Study after the service)

March 17—Joy Moody

March 24 (Palm Sunday) Rev. Lynn Morrison

(Easter March 31 Sunday) Rev. Cindy Petrie

We have moved downstairs for worship during the winter, so we don't have to heat the upstairs.

We move upstairs on Easter Sunday.

Universalist

Religious

Local Emerson College students earn Dean's List honors

site the historic Boston Common

BOSTON, Mass. — The following students are named to Emerson College's Dean's List for the Fall 2023 semester. The requirement to make Dean's List is a grade point average of 3.7 or higher for that semester.

Mason Jeffrey of Bristol is majoring in Media Arts Production and is a member of the Class of

Bee LaClair of Plymouth is majoring in Interdisciplinary Studies and is a member of the Class of 2026.

About Emerson College Based in Boston, Mass., oppo-

and in the heart of the city's Theatre District, Emerson College educates individuals who will solve problems and change the world through engaged leadership in communication and the arts, a mission informed by liberal learning. The College has approximately 4,161undergraduates and 554 graduate students from across the United States and nearly 70 countries. Supported by state-of-the-art facilities and a renowned faculty, students participate in more than 90 student organizations and performance groups. Emerson is known for its experiential learning programs at Emerson Los Angeles, located in Hollywood, and at its 14th-century castle, in the Netherlands. Additionally, there are opportunities to study in Washington, DC, London, China, and the Czech Republic, Spain, Austria, Greece, France, Ireland, Mexico, Cuba, England, and South Africa. The College has an active network of 51,000+ alumni who hold leadership positions in communication and the arts. For more information, visit emerson.edu.

Rory Sutherland named to College of the Holy Cross Dean's List

WORCESTER, Mass. Rory Sutherland of Holderness was named to the College of the Holy Cross Spring 2023 Dean's List.

A member of the Class of 2027, Sutherland was named to the Dean's List for outstanding academic achievement

during the fall semester of the 2023-24 academic year.

To qualify, students must pass four or more letter-graded courses with no failing grades during the semester and earn a GPA of 3.5 or higher.

About Holy Cross

The College of the Holy Cross, in Worcester, Mass., is among the nation's leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education

in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

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THORNTON

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6:30 p.m. Mondays: Teen Worship Service

Small group Bible studies throughout the

West Rumney Community Church

1218 Old Route 25, West Rumney

Sun. Worship 9 a.m., All are welcome.

Off Cross Road between Rts 3 & 175

information or to leave a message.

Warren United Methodist Church

On the Common, Warren, NH Sunday Worship 1:30 p.m.

Rev. Dr. David Palmer • 787-6887

259 Moosilake Hwy., Wentworth * Sunday School - 9:45 a.m.

* Potluck Lunch - 12:00 noon

Rev. Bruce Michaud, Pastor

Wentworth Baptist Church

260 Cape Moonshine Rd., Wentworth

9:30 a.m. Sunday School 10:30 a.m. Sunday Service

764-9800 www.wbcnh.org

9:00 a.m., May thru August

Youth Group 7:00 p.m.

764-9406 or 786-9550

* Afternorship Service 1:30 p.m.

* Morning Worship Service 11:00 a.m.

Pirate Club for grades 1-6, and Teen

Independent, Fundamental, K.J.V.

1 p.m. Sunday Afternoon Service 7 p.m. Wednesday Evening Service

Wentworth Congregational Church

Wentworth Village Road (Common)

wentworthcongregationalchurch.org

Sunday services: 10:15 a.m., Sept.thru May.

* Wednesday Prayer Meeting, Patch the

Sunday School 10 a.m.

Baker River Bible Church

WENTWORTH

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Children's ministry





ALEXANDRIA Alexandria United Methodist

12 Washburn Rd. Alexandria Village, Alexandria 9 a.m. Sunday Worship Service Pastor Mark Lamprey • 603-744-8104 Methodist Church

April 16th Easter Worship @ 9a.m.

ASHLAND **Ashland United Methodist**

18 Washington St., Ashland 9:30 Sunday morning Worship Service Visit our Website: https://ashlandumc.faithlifesites.com/ for more information and recordings of the Services. Pastor Roger Kleinpeter 1-603-254-7796

Ashland Community Church 55 Main Street - Ashland (across from Shurfine Market)

10:00 a.m. Worship August 18 – September 15 Teaching Series: "I Love My Church!" Toddler Zone (infants – five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden. Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings. New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019. Pastor Ernie Madden (603) 968-9464

accernie@hotmail.com **Emmanuel Episcopal Church** 18 Highland Street, Ashland

(603) 968-7640 9:30 am Sunday School and Worship Rev. Stephen Rugg

BRISTOL **Bristol Baptist Church**

30 Summer Street, Bristol, NH 03222 (603) 744-3885 SUNDAY • Worship service with music as well

as the Scriptural message and time of fellowship. 10:00 a.m. •We also do "live streaming" of this service. Sermons/message of each week can be found on our website (bristolbaptistchurch.org)

Bristol United Church of Christ 15 Church St., Bristol

9 a.m. Bible Study • 10 a.m. Sunday 10 a.m. Worship Service • Child Care Available • 744-8132

Our Lady of Grace (part of Holy Trinity Parish) 2 West Shore Rd Bristol, NH 03222 Mass Schedule: 9:30 AM on Sundays (this is

the only Mass on Sundays year round now). Daily Masses: Tuesdays and Thursdays at

Eucharistic Adoration every Thursday after Mass until 10:00 AM. Parish office for both locations: 11 School St, Plymouth, NH 03264, Phone: (603) 536-4700.

CAMPTON

Campton Baptist Church 1345 Main Street, Campton (603) 726-4662 Sunday 10 a.m. Worship Service followed by Time of Fellowship Monday 4 p.m. Bible Study Wednesday 7 p.m. Prayer Friday 5:30 p.m. Dinner & Movie (free) Women's Gathering 2nd Tuesdays 10 a.m. Men's Breakfast 2nd Saturdays 7 a.m. "Diagina Deeper" Service 3rd Sundays 7 p.m. Food Pantry by Appointment All are Welcome. Handicapped Accessible Pastor Chuck Green

Campton Congregational #495 Rt. 175, Campton

9:30 a.m. Sunday Worship Service Nursery and Child Care Available 10:30 a.m. Tue. Bible Study for Youth & Adults Rev. Jeffery Robie • 536-2536 Member NACCC

New Light Chapel

Southmayd Plaza (off I-93 Exit 28) 24 Southmayd Road, Campton (Across Route 49 from Campton Mobil) 10:00 a.m. Sunday Worship Service Childcare and Children's Ministry available Pastor Steven Veinotte www.newlightchapel.com

DANBURY

Danbury Christian Church High St., Danbury 9:30 a.m. Sunday School

11 a.m. Morning Worship Tuesdays 6:30 p.m. AWANA Thursday. 7:00 p.m. Prayer Group/Bible

United Church of Danbury 'All Are Welcome'

Rt. 104 — Near Center of Town 9:30 a.m. Sunday Worship Service 9:30 a.m. Sunday School Contact: Sylvia Hill, Deacon at 768-3936 danburypastor@myfairpoint.net

HANOVER

Our Savior Lutheran Church 5 Summer Street, Hanover • 643-3703 10:30 a.m. Sunday Service of Holy Communion and Children's Church 9:15 a.m. Adult Education Hour

Union Congregational Church Union Congregational Church 15 Church Lane, Hebron 603-744-5883 We welcome all persons

The Rev. Ralph S. English Worship Service - Sunday 10am Communion is celebrated on the first Sunday of each month A Coffee Hour following worship Recorded Services on website

HILL

Hill Village Bible Church 9 a.m. - Sunday School

www.hebronchurchnh.org

10 a.m. - Morning Worship 11 a.m. - Coffee Fellowship 11:30 a.m. - Bible Hour 6:30p.m. - Wed. Prayer & Bible Hour Teen/Childrens' Ministries Nursery provided at all services Pastor: Rev. Daniel Bovce

Youth Pastor: Nathan Pelletier www.hillvillagebiblechurch.com Look for us on Facebook

HOLDERNESS

Holderness Community Church 919 US Route 3 – P.O. Box 613 Holderness, NH 03245 Worship Service -Sunday 10 a.m. Rev. Chris Drew - 968-3219 www.holdernesscommunitychurch.org

NEW HAMPTON

New Hampton Community Church (603) 744-8252 A Christian Church with a Family friendly atmosphere • Main St. New Hampton 10 a.m. Sunday Worship Nursery care, Children & Youth ed.

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at the church, in area homes and via

ZOOM. Pastor Scott Mitchell pastorscott@newhamptoncc.org https://newhamptoncc.org/ Join us also online: https://www.youtube.com/@ NewHamptonCommunityChurch

Calvary Independent Baptist • 536-3024

115 Yeaton Rd., West Plymouth 8:45 a.m. Sunday Morning Service 10:30 a.m. Sunday School 6:30 p.m. Sun. Evening Service-Tilton 7:00 p.m. Tuesday Evening Service Dr. Chester W. Kulus, Pastor

Christian Science Society 7 Emerson St., Plymouth

Gateway Alliance Church

9:45 a.m.

10-11 a.m.–Sun. Service/Sun. School Wed. 6:00-7:00–Testimonial Meeting www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints 354 Fairgrounds Rd., Plymouth 10:00a.m. Worship Service 11:10a.m. Sunday School Kevin Simpson • 536-3664

9 Fairgrounds Road, Plymouth • 536-3043

Sunday School and Adult Education

RUMNEY **Rumney Baptist Church** Rumney Baptist Church Rev. Seth Powers, Pastor 375 Main Street • 786-9918

rumneybaptist.org

Worship Service 11:00 a.m. (Nursery Care is available) Dennis Simmons, Pastor

gatewayalliancechurch.org Grace Baptist Church Meeting temporarily at the

Baker River Bible Church at 259 Route 25, Wentworth, NH 1:30 p.m. - Sunday School for all ages 2:30 p.m. - Sunday Worship Service Thursday, 6:30 p.m. - Teen and Adult Bible Study

Thursday, 6:30 p.m. - Kids "Patch the Pirate" Club (from September - May) Fall Meetings with Morris Gleiser, October 18-22. Sunday, 1:30 and 2:30 PM; Monday - Thursday at 7:00 PM.

Visit www.gbcnh.org for sermons and more information. Holy Trinity Parish (Roman Catholic)

Our Lady of Grace Chapel

2 West Shore Rd, Bristol St. Matthew Church 11 School St in Plymouth NH. Parish Office: 11 School St in Plymouth (603) 536-4700. Office email: holytrinitynh@gmail.com Communications coordinator: Christine Chiasson email: chrischiasson@holytrinityparishnh.org. Pastor: Fr. Mark Dollard.

FB page is Holy Trinity News and Info. Plymouth Congregational

Instagram: holyTrinityNH.

United Church of Christ Sunday Worship 9:30 AM on Facebook Live Virtual Sunday School 9:30 AM Open and Affirming, Just Peace Global and Local Missions. Fully Accessible Pastor, Rev. Sara M. Holland Ashley Paine, Organist/Accompanist David Williams, Director of Music 536-2626 • www.uccplymouth.org

Plymouth United Methodist Church 334 Fairgrounds Road (603)536-1941 Sunday Morning Worship 9:30 am weekly

Restoration Church 319 Highland Street, Plymouth NH 10:30 am morning service We Care Food Pantry Open every Monday from 10-2

Starr King Unitarian Universalist Fellowship 101 Fairgrounds Rd., Plymouth

536-8908 9:30 a.m. Sunday Service and Church School & Nursery Care Rev. Linda Barnes www.starrkingfellowship.org

1091 Rte 3 South Woodstock, • 745-6241 ALL ARE WELCOME

Wednesday - 6:30 p.m. Bible Study and Prayer Group. Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments. Reverend John Muehlke Jr.

Woodstock Pemi Valley Church

Spring training, summer camp registrations and indoor soccer all starting soon at TTCC

BRISTOL — It's still a little chilly outside, but the Bo-Sox buses have all been loaded and have departed for the Sunshine State to start things off. Up here in the colder climate, we celebrate Spring Training with a different calling card, -mud season.

As you start to slip and slide on the roads, know that T-Ball, Softball and Baseball Season is right around the corner. Registration is now open & the TTCC begins Spring Training right after February Vacation. We are also looking for many volunteers coaches, concession help, field maintenance. etc. – to help out this year. Visit our website



for more information or call the TTCC office to learn more.

Get ready, set and go! Summer Camp registration is opening March 4! Sign up early as we fill up fast. We are looking forward to field trips, swimming and playing at the park, and all the other adventures we

have at the TTCC Summer Camp.

On March 9, we will be beginning our indoor soccer season for kids ages four to seven, which will run till April 13. The cost is \$20 per player, and will take place at the Bridgewater-Hebron Village School.

A few weeks ago,

on Feb. 9, we held our "Winter Forest" themed Father and Daughter Dance and had an amazing 127 people attend. It was the best dressed event of the season and a super success! A huge thank you to Nikki Wooster-Goodwin, who, together with TTCC Program Supervisor Gina Richford, created a decorative landscape that wowed the crowd and Thank you to all the Fathers and Daughters for helping to make such a special night!

For more information, please contact our office at (603) 744-2713 or through email at info@ ttccrec.org.

Local students named to Vermont State University Dean's List

RANDOLPH CENTER, Vt. — Vermont State University local students are named to the Fall 2023 Dean's List. To qualify for this academic honor, students must maintain full-time status and a semester grade point average of 3.5 or higher.

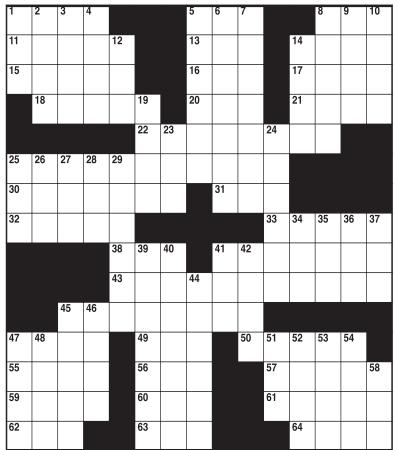
The following local students made the list:

Emily Downing of Plymouth

Jordan Levesque of Holderness

Vermont State University combines the best of Castleton University, Northern Vermont University, and Vermont Technical College and serves students on five campuses and multiple learning sites across the Green Mountains and beyond, as well as online. Vermont State provides a high-quality, flexible, and affordable education for students seeking associate, bachelor's, and master's degrees, certificates, and in-demand professional credentials. The university builds upon a history of public higher education in Vermont dating back to 1787. Learn more at VermontState.edu.

TAKE A BREAK



ACROSS

- 1. Golf scores
- 5. Shock therapy
- 8. Ballplayer's tool 11. Quench one's thirst
- 13. Female relatives of American
- war vets (abbr.) 14. Every one of two or more
- things
- 15. Member of Muslim people
- 16. Play
- 17. Type of cheese
- 18. Type of lounge chair
- 20. __ King Cole, musician
- 21. Fellows
- 22. North, Central and South
- 25. In an early way

- 30. Foes
- 31. Georgia rockers
- 32. Cryptocurrency
- 33. Narrow path along a slope
- 38. Disallow
- 41. Joyousness
- 43. Inaccessible 45. Evoke emotions
- 47. Ancient kingdom near Dead
- 49. Boston Celtic punk rockers
- (abbr.)
- 50. Sword
- 55. Actor Idris
- 57. Afflicted
- 56. Affirmative (slang)
- 59. One point north of northeast

- 60. Born of
- 61. Arabic name
- 62. Traumatic brain injury (abbr.) 63. Extremity
- 64. Post

DOWN

- 1. Pacific Standard Time
- 2. Protruding ridge on nematodes 3. Indian king
- 4. Type of milk 5. One who brings home the
- bacon
- 6. More comprehensible
- 7. Connected with sense of touch 8. Red mineral
- 9. Breezed through
- 10. Therefore 12. Supplement with difficulty
- 14. Early kingdom of Syria
- 19. Satisfy 23. They confuse doctors (abbr.)
- 24. Brass instrument
- 25. Domesticated animal
- 26. Ribonucleic acid
- 27. Snakelike fish
- 28. Woman (French)
- 29. Economically-minded aircraft 34. When you hope to get somewhere
- 35. Tease
- 36. Actress Gretchen
- 37. Midway between northeast and east
- 39. Inoffensive
- 40. Yellowish cotton cloth
- 41. Consume 42. Does not tell the truth
- 44. Improved something
- 45. Spiritual leader
- 46. Abba ___, Israeli politician
- 47. Fix 48. Evergreen tree genus
- 51. Swiss river
- 52. Prejudice
- 53. Major C. European river 54. Long, narrow strap
- 58. Male parent



Find the words hidden vertically, horizontally, diagonally, and backwards.

TIE THE KNOT WORD SEARCH

BAND, BETROTHED, BOUQUET, BRIDESMAID, BUFFET, CELEBRATION, CENTERPIECES, CEREMONY, CHURCH, COUPLE, DANCING, DINNER, FESTIVITIES, GUESTS, HAPPINESS, INVITATION, LIMOUSINE, MARRIAGE, OFFICIANT, RECEPTION, RINGS, SEATING, VOW, WEDDING



Local residents earn academic honors from Florida Tech

MELBOURNE, Fla. — Taylor Mooney of Hebron has been named to the Fall 2023 Dean's List at Florida Institute of Technology.

To be included on the Dean's List, a student must complete 12 or more graded credits in a semester with a semester grade point average of at least 3.4.

The premier private

technological university in the Southeast, Florida Tech is a Tier 1 Best National University (U.S. News & World Report) and a Top Technical Institute (Fiske Guide to Colleges), as well as a Best Value University (Forbes) and top 100 global university for graduate employabil-(GEURS). Florida Tech is known worldwide for its strengths in aerospace, advanced

manufacturing, tion, autism treatment, science. biomedical cybersecurity and machine-learning, and marine science. It offers more than 150 bachelor's, master's and doctoral degrees in engineering, science, computing, aeronautics, business, psychology and the liberal arts. The university is located in the dynamic and innovative city of Melbourne in the heart

of the "Space Coast." where students have been watching rocket launches from campus since the dawn of the Space Race. Learn how Florida Tech is making history and shaping the future at floridatech. edu. Find stories about our relentless pursuit of greatness at floridatech. edu/news.

NOTICE ALEXANDRIA RESIDENTS

The Supervisors of the Checklist will be in session at the Alexandria Town Hall, Saturday, March 2, 2024, from 11:00 to 11:30 a.m. for additions and corrections to the checklist, in preparation for the Town/School District Election on March 12, 2024. Change in party registration will be accepted. No corrections or additions may be made after this session, until election day

> Loretta Brouillard Suzanne Cheney Danielle Reed

Erik Chung receives degree from Georgia Tech

ATLANTA, Ga. — Erik Chung of Plymouth has earned a Master of Science in Computer Science from the Georgia Institute of Technology in Atlanta.

Chung was among approximately 6,300 undergraduate and graduate students to be presented Georgia Tech degrees during the Institute's 265th Commencement exercises Dec. 15 - 16, 2023, at McCamish Pavilion.

Read about other accomplished scholars on Gold Letters: A Spotlight on Student Achievement: bit.ly/Gold-Letters-News.

The Georgia Institute of Technology, or Georgia Tech, is one of the top public research universities in the U.S., developing leaders who advance technology and improve the human condition.

The Institute offers business, computing, design, engineering, liberal arts, and sciences degrees. Its more than 45,000 students, representing 50 states and more than 148 countries, study at the main campus in Atlanta, at campuses in France and China, and through distance and online learning.

As a leading technological university, Georgia Tech is an engine of economic development for Georgia, the Southeast, and the nation, conducting more than \$1.3 billion in research annually for government, industry, and society.

For more information, visit gatech.edu.



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Alpine

FROM PAGE A1

was 30th in 1:43.38 and Michael Aprilliano was 31st in 1:46.58.

"Boys came through in a tough slalom," said coach Dan LeBlanc. "They skied well all day, especially when it mattered.

"I am very proud of this group's growth over the course of this season and the last few years for the upperclassmen," the Bobcat coach continued. "Such a fun group."

With their top-10 finishes both Lorrey and Dekutoski earned bids to the Meet of Champions, scheduled for today, Feb. 22, at Mittersill Ski Area at Cannon Mountain.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Courte

(Right) The Plymouth alpine boys pose for a photo after finishing second in the Division III State Meet.







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Nossaman, Valenti bring home Division III crowns

Four Bobcat wrestlers earn bids to Meet of Champions

BY JOSHUA SPAULDING

Sports Editor

BOW — With some key injuries and a number of strong teams in Division III this season, Plymouth wrestling coach Randy Cleary had a feeling that his team's reign atop the Division III heap might be challenged this year.

The veteran coach was proven right, as the Bobcats put together a strong performance at the Division III State Meet but still came up short, finishing in fourth place overall, with host Bow taking the top spot on the day.

The Bobcats brought home two championships, a second place finish and a third place finish, with all four earning bids to the Meet of Champions for their efforts.

Ben Valenti started his day at 157 pounds with a win of a Winnisquam foe. He then got an 11-2 win over White Mountains to advance to the finals, where he beat a wrestler from Bow by a 6-2 score to earn the Division III championship.

Emmit Nossaman pinned all four of the wrestlers he faced at 190 pounds, starting with Con-Val and moving on to Newport and Mascoma to earn a spot in the finals, where he pinned his John Stark opponent to claim the Division III title.

At 113 pounds, Anthony Torres got pins of wrestlers from Winnisquam and Con-Val to start his day and a 7-3 win over a Pelham foe got him into the finals, where he was pinned by a Bow wrestler to finish in second place.

At 120 pounds, Robert Phipps pinned a Bow opponent to start the day and after a technical fall loss to Winnisquam, came back with pins of wrestlers from Pelham and John Stark to take third place overall.

Sebastian Sargent was fourth at 132 pounds. After losing his opening match by pin against Souhegan, he came back to pin wrestlers from Lebanon and Mascoma and got a 6-4 win over Bow before being pinned by a Winnisquam opponent in the third place match.

First-year wrestler Jaxon Rineer also earned a fourth place finish. In his first match at 144 pounds, he got an 8-4 win over a foe from Kearsarge and after being pinned by a Pelham wrestler, got a 10-3 win over Lebanon and then was pinned by Raymond in the third place match to take fourth overall.

Hussein Osseiran also earned fourth place with his work at 215 pounds. He started with a pin of a wrestler from Mascenic then dropped a 10-2 decision to Monadnock. He came back with pins of foes from White Mountain and Winnisquam and an 8-6 win over Lebanon before falling in the third place



Ben Valenti works his way to a win in action at the Division III State Meet on Saturday in Bow.



Emmit Nossaman collected the Division III championship for

his weight class on Saturday in Bow.

match by a 14-1 score to John Stark to place fourth overall.

Kam McCord was pinned by a Lebanon opponent to start his day at 106 pounds, bounced back to pin a Kingswood opponent and finished things up with a 9-6 loss to Mascenic.

Eli Crane opened up at 150 pounds with a 12-2 win over White Mountains, was pinned by eventual weight class winner Henry Osmer of Winnisquam, beat Mascenic by a 12-2 score and fell 8-2 to Kingswood to wrap up his day.

Grant Wenhart got a pin of a John Stark opponent in his first match at 165 pounds but was pinned by foes from Bow and Souhegan to finish things up for him.

After being pinned by a Pelham opponent at 175 pounds, Tristan Patridge came back with pins of wrestlers from White Mountains and John Stark



Anthony Torres finished second in his weight class in Saturday's **Division III State Meet.**



Robert Phipps finished third in his weight class on Saturday in Bow.

before dropping a 13-2 decision to a Kingswood foe. Drake Tautenhan wrestled at 285 pounds and pinned a White Mountains wrestler to start the day. After being pinned by a Raymond foe, he came back to get a pin of a Winnisquam wrestler and ended his day being pinned by a Bow Falcon.

Blaine Hiltz at 126 pounds and Hailey Demers at 138 pounds each lost their first two matches of the

With their top-three finishes, Nossaman, Valenti, Torres and Phipps earn the right to compete in the Meet of Champions, which takes place on Saturday, Feb. 24, at Bedford High School at 9 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Plymouth girls ski to third place at Division III State Meet Three Bobcat girls qualify for Meet of Champions

BY JOSHUA SPAULDING

Sports Editor GILFORD — Plymouth alpine girls skied to third place in the Division III State Meet, held last Wednesday at a windy and chilly Gunstock Moun-

tain Resort. The Bobcats trailed behind champion Hopkinton and runner-up Gilford, just four points out of second place.

In the morning giant slalom, Macky Welch led the way for the Bobcats with a time of 1:26.47 for ninth place overall. Kerry Tole was 11th in 1:27.39, Kate Ricotta was 13th in 1:27.75 and Nenah Billin rounded out the scoring with a 31st place finish in a time of 1:39.76. Delaney Comtois was 34th in 1:40.96 and Madeleine Levin skied to 36th place in



Kate Ricotta races through the giant slalom course at Gunstock



Macky Welch makes her way through the slalom course last week at Gunstock.



Kerry Tole races for Plymouth in last week's Division III State



Delaney Comtois skis in the slalom at Gunstock during the **Division III State Meet.**

In the afternoon slalom, it was Ricotta leading the way with a fourth place finish in 1:20.65. Tole was eighth overall in 1:23.72 and Welch finished in 15th place in 1:32.15. Comtois rounded out the scoring in 1:39.82 for 23rd place, while Maggie Pitman was 28th in 1:42.07 and Levin was 37th in 1:53.53.

With their top-10 finishes, Welch, Ricotta and Tole all earned a spot in the Meet of Champions, takes place at Mittersill Ski Area at Cannon Mountain today, Feb.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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SPORTS

MacDonald leads Bears to fourth place finish

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Newfound alpine girls used a strong showing in the morning giant slalom to ski to fourth place overall at the Division III State Meet on Wednesday, Feb. 14, at Gunstock Mountain Resort.

Hopkinton took top honors for the day, with Gilford finishing in second place and Plymouth taking third. St. Thomas rounded out the top five.

The Bear girls were fourth in the morning giant slalom, led by Elle MacDonald's fifth place finish in a time 1:22.15. Adeline Dolloff was 17th overall in 1:32.52 and Addison Alpers was 22nd in a time of 1:36.16. Ceili Irving rounded out the



Elle MacDonald tears through the giant slalom course at Gunstock last Wednesday.



Addison Alpers races in the slalom at Gunstock during last week's State Meet.



JOSHUA SPAULDING

Adeline Dolloff skis in the giant slalom during last week's State Meet in Gilford.



Ceili Irving skis for Newfound during last week's Division III State Meet at Gunstock.

field of Bears with a 23rd place finish in 1:36.54.

Newfound was seventh overall in the afternoon slalom, with MacDonald again leading the way with a 16th place finish in 1:35.86. Dolloff was 21st overall in 1:38.47, with Alpers in 26th in 1:40.95 and Irving skiing to 39th place in a time of 1:54.38 to finish out the scoring for the Bears.

top-10 With her MacDonald finish, earned a bid to the Meet of Champions. scheduled for today, Feb. 22, at Mittersill Ski Area at Cannon Mountain.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bear alpine boys ski to seventh place in D3

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Newfound boys' alpine ski team finished in seventh place at the Division III State Meet, held last Thursday at Gunstock Mountain Resort in Gilford.

The meet was delayed two days due to the threat of bad weather, but when it went off, the Hopkinton boys took top honors, followed by Plymouth, with St. Thomas, White Mountains and Kearsarge rounding out the top five.

For Newfound in the morning giant slalom, Colin Foster was 25th overall in 1:25.11 and Beckett Van Lenten skied to 32nd in a time of 1:27.32. Cameron Ehmann was 36th in a time of 1:28.72 and Broderick Edwards finished the scoring in 1:31.11 for 42nd place. Wyatt Towne crossed with a time of 3:36.59 for 62nd place overall.

In the afternoon slalom, Van Lenten led the Bears with a time of 1:36.88 for 18th place, while Edwards was 25th in a time of 1:40.66. Ehmann placed 39th overall in 2:00.89 and Towne clocked a time of 2:21.9 for 43rd place to finish out the scoring for the Bears.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Colin Foster races in the giant slalom at Gunstock last Thursday



Cameron Ehmann navigates the giant slalom during the Division III State Meet in Gilford.



Beckett Van Lenten skis for Newfound during the Division III State Meet last week at Gunstock.



Broderick Edwards races for Newfound during last week's Division III State Meet at Gunstock.

Learn to curl at Plymouth State on March 3 and 10

PLYMOUTH — Are vou one of the many who have been fascinated by the sport of curling? Have you had the burning desire to deliver a stone down the ice and feverishly sweep it into the "house?" Well now is your chance.

The beauty of curling is that it can be enjoyed by an array of people. There is no running; there is no jumping; there is technique and

strategy. Given that the game is played on ice wearing sneakers, balance is paramount. Luckily, this skill can be improved by simply playing the sport. The most physical aspect of curling comes from furiously sweeping in front of the stone as it glides down to the opposite

The PSU Ice Arena is hosting two Learn to Curl sessions on Sunday,

March 3, and Sunday March 10, from 3 to 5 p.m. These sessions are an opportunity for the public to learn what curling is all about and to get on the ice and give it a try. Instructors will be available to demonstrate the sport and will also assist anyone that would like to try "delivering a stone." Participants are asked to carry in a clean pair of rubber-soled athletic shoes and wear warm,



COURTESY PHOTO

Autumn Westerling named to Goodwin University President's List

EAST HARTFORD, Conn. — Autumn Westerling of Plymouth, earned a place on Goodwin University's President's List for the Fall 2023 Session. The Fall 2023 President's List includes 367 students, all of whom scored a perfect 4.0 GPA.

Goodwin University in East Hartford, Connecticut, is an innovative learning community that empowers hard-working students to become sought-after employees. We tailor our programs to address the needs of employers, and we shape them to fit the lives of students. Classes are conveniently offered yearround - days, evenings, weekends, and online. Degrees may be flexibly layered across certificate, associate, bachelor's, and master's programs in a variety of in-demand fields. Better still, we surround our students with the personal support and the professional guidance they need - not just to earn degrees, but to change lives for themselves, their families, and their communities. For more information, please visit www.goodwin.edu.

loose-fitting clothing. the community. Pre-registration is required to attend the open

online at plymouth.edu/ arena/curling. The event is absolutely free, and all equipment will be provided. With so few opportunities to try curling, they feel it is their duty and pleasure

to introduce this sport to

house which can be done

Plymouth State University is hosting learn to curl sessions on March 3 and March 10.

If you really catch the curling bug and would like to participate in league play, there will be an eight-week session for beginners on Sundays beginning March 17, 3-5 p.m. Staff will be on hand to teach skill development, rules and etiquette, and each session will have a pick-up

game. You can register as a team or as an individual to be placed on a

For more information or to check the curling schedule, visit the PSU ice arena website at plymouth.edu/arena, email psu-icearena@ plymouth.edu,or 603-535-2758.



SPORTS

Kerry Tole wins girls' ski jumping championship

Bobcat jumpers take third at State Meet



JOSHUA SPAULDING

Ryan Killion flies through the air during last week's State Meet in Albany.

HOLDERNESS — Why not start the day a bit ear-

lier and go on a short hike and beat the sun up to

the top? Come join the Lakes Region Conservation

Corps on a sunrise hike up East Rattlesnake. This is

a great opportunity to see the Squam Lakes Region

in a different light (literally) and learn about the sun

and all it offers throughout the different seasons. We

plan to meet at the Butterworth trailhead at 5:15am

on Sunday, March 3 and summit up the 0.7 miles in

time to see the sun rise at 6:18 a.m. It is also a great

time to practice your sketching or photography

skills in a low pressure environment. So set those

alarms earlier and pack breakfast to go, we hope to

cated off Route 113 on Metcalf Road.

East Rattlesnake Butterworth trail (0.7 miles) lo-

About one third of the Rattlesnakes are located

on the Armstrong Natural Area, owned by the Uni-

versity of New Hampshire. Five Finger Point is also owned by UNH and the lands surrounding these con-

servation areas are privately owned. Other partners include Squam Lakes Conservation Society (who owns East Rattlesnake Preserve), Pinehurst Association (of which Lakes Region Conservation Trust

holds a conservation easement on a portion of land), Webster Land Co, and Rockywold Deephaven Camps

BY JOSHUA SPAULDING

ALBANY — Plymouth ski jumping team wrapped up the high school season with a third place finish at the New Hampshire State Meet at the Chip Henry Ski Jump on the Kancamagus Highway in Albany. As the Granite

the country with a recognized high school ski jumping season, the Bobcats also finished third in the nation.

The top story of the day for the Bobcats was Kerry Tole, who finished in 20th place overall, but in the process, secured the state (and national)



Kerry Tole soared to the state girls' ski jumping championship last Thursday night.

next, finishing with 173.8 points for 15th place overall, with scores of 85.7 and 88.1 on his two best jumps. Leo Ebner gathered 169.85 points for 17th place and had best scores of 86.6 and

Tole's jumps rounded out the scoring, while Hailey Garnsey finished

83.25 points.



Leo Ebner was the third scorer for the Plymouth ski jumpers in last week's State Meet.

eighth in the girls' competition and 29th overall with 120.95 points on best jumps of 60.4 and 60.55 points.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

High School Slate

Saturday, Feb. 24 **PLYMOUTH**

Hockey at Berlin-Gorham; 6 All schedules are subject to change.

see you there!

State is the only state in

100.25 and 97.2 points. Nathan Lorrey was

girls' ski jumping cham-

pionship. She scored

156.1, with her best

jumps earning her 78.3

top overall Bobcat jump-

er, finishing in fourth

place with a score of

197.45 and best jumps of

Ryan Killion was the

and 77.8 points.

land).

Welcome the sun on East Rattlesnake with SLA (where SLCS holds and easement on a portion of

> Participants will need headlamps to start our hike and sit pads or something to sit on if they would like to sit at the top and just take it in. We encourage you to bring any sketching materials or cameras to take photos at the top. Participants should bring their own food and water for the hike, maybe even breakfast and a hot drink!

> Participants should also be sure to have appropriate attire and layering for winter hiking, extra layers, and comfortable water resistant hiking shoes as well as snowshoes and/or microspikes depending on conditions. The SLA can provide snowshoes and microspikes upon request.

For more information, or to sign up for this guid-

ed hike, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). The SLA also offers other guided hikes and Adventure Ecology programming throughout the year. These free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA who perform important conservation work in support of the Association's mission.

The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.

John Veno earns spot on Dean's List at Coastal **Carolina University**

CONWAY, S.C. — More than 3,000 undergraduate students at Coastal Carolina University were named to the Dean's List for the Fall 2023 semester, including John Veno, from Campton. Students who make the Dean's List have achieved a grade point average of 3.5 or higher (3.25 for freshmen) for the semester.

Coastal Carolina University is a dynamic, public comprehensive liberal arts institution located in Conway, located just minutes from the resort area of Myrtle Beach, S.C.

CCU offers baccalaureate degrees in more than 100 major fields of study. Among the University's graduate-level programs are 27 master's degrees, one educational specialist degree, and the doctorates in education and in marine science: coastal and marine systems science. CCU boasts a growing array of internship, research and international opportunities for students, as well as numerous online programs through Coastal Online.

More than 10,800 students from across the country and around the world interact with a world-class faculty, and enjoy a nationally competitive NCAA I athletic program, an inspiring cultural calendar, and a tradition of community interaction that is fueled by more than 180 student clubs and organizations.

Visit coastal.edu for more information.

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Saint Anselm to host premiere of Ernest Thompson's latest film project

MANCHESTER — On Friday. March 1 at 7:30 p.m., the Dana Center at Saint Anselm College invites you to take a walk down memory lane—from Broadway to Hollywood to the wilds of New Hampshire—with one of the Granite State's natural treasures, author and Oscar winner Ernest Thomspon.

In addition to sharing insider stories and anecdotes from his 50 years in the entertainment business and his working with 25 fellow Oscar winners and nominees, he will show clips from movies and TV shows he's written, starred in and/or directed.

Thompson will also read from his new novel, "The Book of Maps" —which will be available for purchase and to have it signed by the author—followed by a Q&A. And photo ops with Ernest and his old pal Oscar!

In addition to sharing insider stories and anecdotes from his 50 years in the entertainment business, Ernest will show clips from movies he's written, starred in and/or directed. He will also read from his new novel, "The Book of Maps," which will be available for purchase and to have signed by the author, followed by a Q&A.

As part of the show, Thompson and his longtime collaborator Joe Deleault will premiere their newest work, "Manchester, New Hampshire," a love song to the Queen City, featuring the Manchester Community Music School musicians and singers. Thompson and Deleault also hope to extend their inclusive outreach to the Boys & Girls Club of Manchester, and other organizations, making this a concert-like singalong for all ages.

When Thompson and De-

leault premiered their collaboration "Soar," an anthem they wrote especially for the inauguration of the current president of the college, they brought Sullivan Arena to its feet with a rhythm so robust and lyrics so compelling the crowd couldn't help but join in. This special premiere is slated to be equally compelling. Thompson's authored many movies including "On Golden Pond" and "Heavenly Angle."

Thompson's authored many movies, including "On Golden Pond," "Time And Charges," "Friction," "West Side Waltz," "Next Stop Wonderland," "Take Me Home Again," "Star 80." "Westside Medical," "Great Performance" and "Sierra" (all TV Series), "F. Scott Fitgerald and The Last Of The Belles" and "Somerset."





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Pemi-Baker Hospice & Home Health offers in-home therapy services

PLYMOUTH Pemi-Baker Hospice & Home Health is known for its excellent nursing services at home. But did you know that Pemi-Baker also offers outstanding therapy services at home? This includes Physical Therapy, Occupational Therapy, and Speech Therapy. These services help people regain their confidence and independence in everyday tasks and deal with new challenges or disabilities.

The therapy services provided by Pemi-Baker go beyond the usual care. Our therapists come to your home to make it safer and more manageable, improving your quality of life and helping you stay in your own home as you age. This personalized approach makes therapy a seamless part of your daily routine, without the hassle of travel or scheduling.

"Our therapists are devoted to helping people overcome challenges and reach their highest potential," said Aubrey Engle, BSN, RN, Executive Director at Pemi-Baker Hospice & Home Health. "Whether

it's learning to swallow again, managing tasks after surgery, or improving physical fitness, our team is dedicated to helping our clients live life to the fullest."

Here's how Pemi-Baker therapy services can help with common prob-

1. Speech Therapy: If you have trouble swallowing, our licensed Speech Therapists can help. They use personalized techniques to help many clients eat and drink independently again, which improves their overall quality of

2. Occupational Therapy: After surgery or injury, tasks like tying shoelaces or picking up objects can be hard. Our Occupational Therapists offer personalized solutions to improve existing skills and teach new ones, so you can do daily activities on your own.

3. Physical Therapy: Our Physical Therapists not only help with recovery but also focus on long-term health. They give guidance on exercises tailored to your needs, so you can improve mobility and health on your own or with some help.



Getting home health therapy with Pemi-Baker Hospice & Home Health is easy. Most patients are referred by their doctor, who can confirm the need for home therapy services. Patients can Pemi-Baker by telling their doctor they want our services. If you're unsure about the process or thinking about therapy, call us, we can help guide you through

"At PBH&HH, we be-

lieve that everyone deserves access to exceptional therapy services in the comfort of their own home," added Engle. "We're committed to empowering individuals to live their best lives, one therapy session at a time."

For more information about Pemi-Baker's home health therapy services, visit www.pbhha. org or call 603-536-2232.

Pemi-Baker Hospice & Home Health is a trusted, nonprofit agency proudly serving 32 towns in central and northern NH since 1967. Expert services include healthcare and physical therapies (VNA), hospice and palliative care, and community programs including: American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups and Ask A Pemi-Baker Nurse days at your local senior centers. Providing compassionate care with experienced staff who are trained, certified professionals and also your neighbors. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Drive, Suite 3, Plymouth, NH. To contact us please call: 603-536-2232 or email: info@pbhha. org Like our Facebook Page: @pemibakerhospicehomehealth

Silent comedy "Steamboat Bill Jr." to screen at Blazing Star Grange

DANBURY — Silent film with live music returns to the Blazing Star Grange this month with "Steamboat Bill Jr." (1928), a classic comedy starring Buster Keaton, one of the era's top performers.

"Steamboat Bill Jr." will be revived for one showing only on Saturday, March 9 at 7 p.m. at the historic Blazing Star Grange Hall, 15 North Rd. in Dan-

The family-friendly show is open to the public, with a suggested donation of \$5 per

The movie will be preceded at 6 p.m. by a Soup and Bread Supper; the meal is a separate \$5 per person.

The screening will feature live accompaniment by Jeff Rapsis, a New Hampshire-based composer who specializes in creating scores for silent films.

In "Steamboat Bill Jr.," Buster plays the bumbling son of a riverboat's rough captain. When a rival brings a newer boat to the river, the family is forced to face competition, just as Buster is forced to ride out a cyclone threatening to destroy the communi-

Can Buster save the day and win the hand of his girlfriend, who happens to be the daughter of his father's business rival?

The film includes the famous shot of an entire building front collapsing on Keaton, who is miraculously spared by a conveniently placed second-story window.

Keaton, who grew smiling on camera, an



Buster Keaton (left) and Ernest Torrence survey the riverfront in "Steamboat Bill Jr.," a classic silent film comedy with live music by Jeff Rapsis to be screened on Saturday, March 9 at 7 p.m. at the historic Blazing StarGrange Hall, 15 North Rd. in Danbury. The family friendly show is open to the public, with a suggested donation of \$5 per person.

important element of his comic identity. A trained acrobat who learned at an early age how to take falls, Keaton did all his own stunts on camera in the era before post-production special effects.

Critics continue to hail Keaton's timeless comedy as well as his intuitive filmmaking genius. In 2002, Roger Ebert wrote of Keaton that "in an extraordinary period from 1920 to 1929, he worked without interruption on a series of films that make him, arguably, the greatest actor-director in the history of the movies."

Keaton, who never attended school, did not think of himself as an artist but as an entertainer using the new medium of motion pictures to tell stories and create laughter.

The screening of "Steamboat Bill Jr." will feature live accompaniment by Jeff Rapsis, a New Hampshire-based composer who specializes in creating music for silent film presentations.

Rapsis will create the accompaniment on the spot, improvising music as the movie unfolds to enhance the action on the screen as well respond to audience reactions. He will perform the music on a digital synthesizer capable of producing a wide range of theatre organ and orchestral textures.

"Live music was an integral part of the silent film experience," Rapsis said. "Because most films at the time weren't released with sheet music or scores, studios depended on local musicians to come up with an effective score that was different in every theater. At its best, this approach created an energy and a connection that added a great deal to a film's impact. That's what I try to recreate," Rapsis said.

Buster Keaton's classic comedy "Steamboat Bill Jr." (1928) will be screened on Saturday, March 9 at 7 p.m. at the historic Blazing Star Grange Hall, 15 North Rd. in Danbury.

The family friendly show is open to the public, with a suggested donation of \$5 per person. The movie will be preceded by a Soup and Bread Supper served at 6 p.m.; cost is \$5 per person.

For more about the music, visit www.jeffrapsis.com.

Mid-State Health encourages you to get smart about your heart

REGION — As February comes to a close, Mid-State Health Center joins the nation in recognizing American Heart Month, a time to raise awareness about heart health and the prevention of heart disease. Mid-State wants to remind you to prioritize your heart health this month and educate yourself about the warning signs and symptoms of heart disease, as well as the preventive measures you can take.

Heart disease remains the leading cause of death in the United States, with one in five deaths attributed to it, despite being largely preventable. Understanding the causes of heart disease, identifying risk factors, and learning how to mitigate those risks are crucial steps in making informed decisions to safeguard your heart and promote its strength.

While chest pain and discomfort are wellknown symptoms of heart issues, it's important to remain vigilant for other potential indicators, such as shortness of breath, pain in areas like the jaw, neck, or back, swelling in the extremities, and sensations of pain, weakness, numbness, or coldness in the arms and legs.

Heart disease often presents with subtle or easily overlooked symptoms. High blood pressure, often referred to as the silent killer, may not exhibit symptoms but significantly elevates



the risk of heart disease and stroke. Monitoring blood pressure at home can be a proactive measure for maintaining heart health, along with adopting a heart-healthy diet and engaging in regular physical activity.

Promoting heart health begins with embracing a heart-healthy lifestyle. Adopting a balanced diet rich in fruits, vegetables, and fish while limiting the intake of sweets and unhealthy fats can greatly contribute to heart health. Additionally, regular exercise and maintaining a hea6lthy weight play pivotal roles in preventing heart disease. Furthermore, reducing alcohol consumption and quitting smoking are essential steps toward maintaining cardiovascular health.

Every individual has the ability to take action to protect themselves against heart disease. heart-healthy habits like incorporat-

more movement into daily routines and making nutritious food choices can yield significant benefits for heart health... and staying up to date with your regular

appointments! For inquiries about maintaining heart health, or get up to date with your regular screenings, contact Mid-State Health Center at 603-536-4000, or visit us at midstatehealth.org.

About Mid-State

Health Center Mid-State Health Center delivers primary care and supportive services at locations in Bristol, Plymouth, and Lincoln, offering medical services, dental services, behavioral health counseling, imaging, recovery, and care management for the entire family. The mission of Mid-State Health Center is to provide sound primary health care to the community accessible to all regardless of the ability to pay.

> up performing with the family vaudeville act, was known for never

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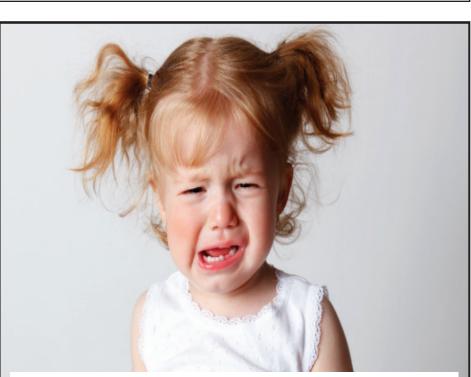




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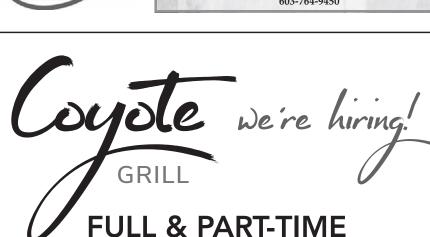
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Town of Plymouth

Highway Department Immediate Opening

This position is seasonal and runs from approximately October thru mid – April.

Applications are available on the Town of Plymouth's website, www.plymouthnh.org Email application to highway@plymouthnh.gov or mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage.

The Town of Plymouth is an equal opportunity employer.

Town of Plymouth Highway Department

Plymouth, NH 03264

(603) 536-1623 • Fax (603) 536-0042

highway@plymouthnh.gov

The town of Plymouth Highway Department is currently accepting applications for

If you are looking for a drug free, appreciative working environment that offers a competitive wage and benefit package including: Vacation, Sick Leave, Personnel Days, Educational Training, Health Insurance (Employee pays 15% of premium), Dental Insurance (Employee pays 100% of premium), Group Disability and Life Insurance, and retirement through NH Retirement System, you may be the person

the position of Highway worker. If you are hardworking, team player, with a positive attitude and willingness to learn, you may be the person we are looking for. Candidates need no previous experience; however, candidates need a valid driver's license with CDL-B endorsement. This position performs duties in all areas of construction and other assigned projects to include summer and winter maintenance of roadways. Duties include but are not limited to, operating heavy machinery necessary for road maintenance, maintaining municipal equipment and plowing roadways for winter operations, and other road maintenance tasks. Successful candidate will be required to be on-call for a week at a time on a rotating schedule.

we are looking for. The Town of Plymouth is an equal opportunity employer.

Applications are available at the Plymouth Town Hall (603-536-1731), the Towns Website www.plymouthnh.gov or at the Plymouth Highway Department (603-536-1623) from 8am to 4pm, Monday through Friday. Applications will be accepted until a suitable candidate is appointed.

Lumber Company, Inc.

IS HIRING FOR MULTIPLE POSITIONS

INSIDE SALES PERSON

Duties to include:

• Retail sales of lumber and building materials, windows, doors, cabinets as well as customer service.

CLASS B CDL TRUCK DRIVER/YARD MAN

Duties to include:

- Local deliveries of lumber-building materials.
- Loading/off loading incoming and outgoing deliveries

NON CDL TRUCK DRIVER/ YARD MAN

Duties to include:

- Local deliveries of lumber-building materials.
- Loading/off loading incoming and outgoing deliveries

Must be conscientious, self-motivated, good with people, a team player Able to lift a variety of building materials Preferably long-term employee

Benefit to include:

- Competitive Wages Paid Vacations
- Paid Health Insurance Paid Holidays
- Overtime pay

or send resume to varneysmithlumber@gmail.com

Please Apply in person at 2701 Route 302, Lisbon, NH 03585

Valley Hospital JOB OPPORTUNITIES

Spotlight Positions: Phlebotomist

Registered Nurse

Physical Therapist

Health Unit Coordinator **Environmental Services Technician**

RN - ORRN – Med/Surg Charge Nights RN Nurse Manager – ED/Med-Surg Endoscopy Technician

Certified Surgical Technician Multi-Modality Radiologic Tech Medical Assistant Medical Technologist

APPLY ONLINE

WWW.UCVH.ORG

Upper Connecticut Valley Hospital 181 Corliss Lane, Colebrook, NH 03576 Phone: (603) 388-4236 Ucvh-hr@ucvh.org

EOE

HELP WANTED

Call our toll-free number 1-877-766-6891

and have your help wanted ad in 11 papers next week!



Installers Apprentice

Energysavers Inc, a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening. Stop in to fill out an application:

Energysavers Inc, 163 Daniel Webster Hwy, Meredith NH



Loon Mountain Resort

Are you ready for a new career?

We offer a great work environment, unique benefits package, generous discount package. The only thing that would make it better — is you!

Full Time Year Round Positions Available:

- · Custodial Assistant Manager Plumber
- Mechanic

Benefits include: Medical, Dental, Vision, HSA, FSA, 401k, PTO, Retail and Food & Beverage discounts, and Seasonal Pass.

For more information or to apply on-line please visit www.loonmtn.com/jobs

Equal Opportunity Employer

SHAKER REGIONAL SCHOOL DISTRICT

SUBSTITUTES -\$100 PER DAY!

Seeking qualified individual to cover teaching absences on an on-call/as needed basis. Shaker Regional School District pays \$100/day; \$50/half-day. Applications can obtained on the District website, https:// www.sau80.org/departments/ human_resources, by visiting the Superintendent of Schools office at 58 School Street, Belmont, NH or by calling 603-267-9223 extension 5300. Successful completion of a post-offer, pre-employment physical and criminal background check, including fingerprinting, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, NH and is an Equal Opportunity Employer

LEGAL PROBATE NOTICE THE STATE OF **NEW HAMPSHIRE** 2nd Circuit - Probate

Division - Haverhill 2/2/2024 thru 2/15/2024

APPOINTMENT OF **FIDUCIARIES**

Notice is hereby given that the follow ing fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Ahern, SR, Henry David, late of Plymouth, NH. Ina Ahern, 567 Daniel Webster Hwy, Plymouth, NH 03264. #315-2023-ET-00821

Cotoia, Jennie P., late of Tumarac, FL. Louis Cotoia, 4100 NW 107th Avenue, Coral Springs, FL 33065. Candice M. O'Neil, ESQ, Resident Agent, Hudkins and O'Neil PLLC, 1 Park Ave Ste 4, Hampton, NH 03842.

#315-2024-ET-00018 Detzel, Judith E, late of Ellsworth, NH. Carl W, Detzel, 10 Willey Road, Ellsworth, NH 03223. #315-2024-ET-00020

Plantinga, Nancy R., late of Plymouth, NH. Sandra A. Kydd, 247 Reservoir Road, Plymouth, NH 03264. #315-2023-ET-00753

Weissmann, Jane M, late of Bristol, NH. Walter Sivigny, 22 Fairfax Avenue, Meriden, CT 06451. Dorcas J. Gordon, ESQ, Resident Agent, Newfound Law PLLC, 75 Pleasant St, Bristol, NH 03222. #315-2024-ET-00017

Dated: 2/16/2024





Supervisors of the Hebron Checklist

There will be meeting on Saturday, March 2, 2024 between 10 and 10:30 am at the Hebron Town Hall. You can Register to vote, change party, address, or name.

No addition or correction shall be made to the checklist until after this session until election day.

Hebron Supervisors

PUBLIC NOTICE TOWN OF PLYMOUTH ROAD LOAD LIMIT POSTINGS

The Plymouth Select Board has authorized the posting of the following list of roads for a 15-ton load limit during the period of March 1st through May 1st, 2024. The purpose of this posting is to prevent unreasonable damage to the roadways, which may result in hazards to public safety and or possible extraordinary maintenance expenses to the community.

Bartlett Road Cummings Hill Road New Hebron Road Sanborn Road **Old Hebron Road Chaisson Road Morse Road Loon Lake Road Thurlow Street Parker Street Bell Road Texas Hill Road** Reservoir Road

Please direct any questions, comments or concerns to the Plymouth Highway Department at 536-1623

Joseph Fagnant, Highway Manager

NOTICE OF SCHOOL DISTRICT MEETING

HOLDERNESS SCHOOL DISTRICT

The Holderness School District will be holding its annual school district meeting on the proposed 2024-2025 school district budget

on Wednesday, March 13, 2024 at 6:30 p.m.

at the

Holderness Central School 19 School Road Holderness, NH 03245

ATTENTION CAMPTON RESIDENTS KINDERGARTEN 2024-2025

on child that will be 5 years of age by September 30, ions with the homograps of our website to org in who call the school at 605-726-3561.

odnicy popularska opinel for nghini brown formulatio cod, Odgical Birth Cortificate and copy of 5-year charles These ferms can be brought to or confed to

> Complete Monostaty School 1318 NH Rt. 175 Complete, NH 03223

NOTICE OF SCHOOL DISTRICT MEETING

WENTWORTH **SCHOOL DISTRICT**

The Wentworth School District will be holding its annual school district meeting on the proposed 2024-2025 school district budget

on Saturday, March 9, 2024 at 10:30 a.m.

at the

Wentworth Elementary School 1247 Mt. Moosilauke Hwy Wentworth, NH 03282

NOTICE OF SCHOOL DISTRICT MEETING

WATERVILLE VALLEY SCHOOL **DISTRICT**

The Waterville Valley School District will be holding its annual school district meeting on the proposed 2024-2025 school district budget

> on Monday, March 11, 2024 at 6:00 p.m.

at the

Waterville Valley Elementary School 11A Noon Peak Road Waterville Valley, NH 03215

NOTICE OF SCHOOL DISTRICT MEETING

ELLSWORTH SCHOOL DISTRICT

The Ellsworth School District will be holding its annual school district meeting on the proposed 2024-2025 school district budget

on Tuesday, March 12, 2024 at 6:30 p.m.

at the

Ellsworth Town House 3 Ellsworth Pond Road Ellsworth, NH 03223

Town of Plymouth

The Supervisors for the Town of Plymouth will hold a session at the town hall on Saturday, March 2, 2024 from 10am to 10:30 am for the purpose of making corrections and additions to the checklist.

Jane Clay Mary Halloran Mary Nelson



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On Systems purchased by March 30th 2024
*Synchrony Financial. Balance will be applied on Systems purchased by March 30th 2024
Synchrony Financial. Balance will be divided by 64 equal monthly payments

603-524-2308

www.HomeEnergy Products.net





IT'S MORE THAN
BEING THE FIRST IN NH
WITH AI-ENHANCED
COLONOSCOPIES,

IT'S KNOWING YOU'LL BE THERE FOR EACH OTHER.



Speare Memorial Hospital is committed to helping prevent colorectal cancer – the third leading cause of cancer deaths in the US – using the latest artificial intelligence-assisted technologies. The experts at Plymouth General Surgery are providing colorectal cancer screenings using the first and only AI system available in the nation to assist in polyp detection during colonoscopy: a lifesaving technology for those age 45 and older.

spearehospital.com/ai-colon | 603.536.5670

