Marines training for Ironman

Page B-1



Happy Birthday U.S. Navy

Commandant's list book review

Page B-4



Vol. 18, No. 40

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Artillery: It's a Gas

If LCpl. David Crowe thought carrying 100-pound high-explosive rounds around was hard, he learned that it can be even tougher when you don, clear and check NBC gear. For more on Crowe and and his brother cannoneers from Charlle Battery, 1/12, conducting six days of training at the Pohakuloa Training Area see page A-2.

Corps rebounding from promotion stagnation in all occupational specialtie

Story and photo by

Sgt. Brad Mitzelfelt

The speakers in the Manpower Roadshow tour the Corps once a year to see the faces they don't see on their computer screens at Headquarters Marine Corps. They made their annual whistle stop here Sept. 29 to address sergeants, staff NCOs and officers.

The intent of the Roadshow is to give Marines on the "front lines" an idea of what possibilities, regarding their future, are being worked on in Washington. The Manpower specialists say the faceto-face meetings are ideal times to hear about new problems and answer questions.

Almost all of the Manpower analysts' efforts have something to do with either promotions and/or with retention. Both of these factors, along with budget constraints, affect the Corps' force structure. The Sept. 29 briefings at the Station Theater were the latest update on Manpower's efforts.

For the enlisted Marines; the focus of the briefing was on speeding up promotions. After a grinding halt in promotion system has sluggishly rebounded since the Commandant ordered the Corps' enlisted promotions system re-worked in 1987. It has been achieved partly by concentrating on the specific job fields within each MOS. But some "clustering" of MOSs is now going on in an effort to stabilize promotions. The "career force' (sergeants through E-9s) must be controlled to ensure that promotions don't clog up, according to the analysts.



BGen. J. M. Myatt — "You're going to have fewer Marines to fill the billets...But you will have a better mix of brains and skills than you do now."

promotions for many, the promotion system has sluggishly rebounded since the Commandant ordered the

> But progress has been, and will continue to be, slow. "The Marine Corps is like a great big Buick," said BGen. J.M. Myatt, director of HQMC's Manpower Plans and Policy Division. "It doesn't corner very well."

> As the effects of the past two years' changes in force and promotion structure are now being felt, bigger effects are anticipated at Headquarters, Gen. Myatt said.

According to manpower analyst Capt. Curt Powell, 75 percent of the Corps' enlisted occupational fields are "over or short (They have too many or not enough Marines in the appropriate grades)." It's the worst record of all the military services, he said. These overages and shortages are what compromise the "pyramid" structure of each field which allow for normal promotions.

"We're re-building those pyramids," said Gen. Myatt. "Many of them are inverted or hour-glass shaped now." The way the Mannower

The way the Manpower branch sees it, all this will mean hard-working Marines

in all occupational specialties in the Corps can someday expect to be promoted on a schedule something like this: Sergeant-4.5 years in service

Staff sergeant-8 years in service

Gunnery sergeant-12 years in service

E-8...17 years in service'

E-9...22 years in service

One of the possible ways to flip the pyramids over is to limit the number of first-term re-enlistments (due to restrictions on re-enlistments, Powell recommends that Marines start their re-enlistment procedures a year early). Another way is to be vigilant in identifying sub-standard performers, which can make room for the more qualified to get promoted.

Finally, Powell said, the outlook on lateral moves and duty station incentives is improving. In FY 88, 700 lateral moves were authorized. In FY 89 there were 2,000, and in FY 90, 3,700 are forecasted, according to analysts.

Along with a considerable decrease of the Selective Reenlistment Bonus Program, a necessary evil for fixing promotion stagnation will be a decrease in meritorious promotions for Marines serv-

See CAREER/A-4

Soviets Fire on U. S. Navy Plane

News In Brief

A Soviet guided missile destroyer operating in international waters south of Crete, fired her aft 130mm guns as a U.S. Navy P-3 Orion flew by in late September.

The P-3 was conducting routine surveillance of a Soviet warship group and had passed along the starboard side of the destroyer when the ship fired ahead of the aircraft. The gun firing was immediately protested using Navy-to-Navy communications channels established in the 1972 U.S. Soviet Incidents at Sea Agreement.

The Soviets quickly expressed regret for the incident, indicating they were conducting a naval gunfire exercise and did not intend to endanger the U. S. aircrew.

The Navy considers the incident unsatisfactorily resolved.

Congress Stalls Defense Budget

Congress has failed to meet the fiscal year deadline of Sept. 30 to approve the DoD Appropriations Bill for FY 90 and now faces possible implementation of sequestration under the Gramm-Rudman-Hollings Deficit Reduction Act.

In the interim, President Bush has signed a continuing resolution authority which effectively extends government operating funds to Oct. 25. Normal pay and allowances, including veterans housing allowances, selective reenlistment bonuses, promotions, permanent change of station moves, and all special pays (except aviation continuation pay and medical officer retention bonuses) will be fully funded at FY 89 levels until the new budget becomes law.

If Congress fails to enact legislation by Sunday, which will reduce the FY 90 deficit to \$110 billion or less, then automatic cuts would be made across the board under Gramm-Rudman. The impact of these cuts on Navy programs will depend on final calculations of the deficit and presidential recommendations, with subsequent congressional approval, concerning any alternative distribution of sequestered amounts. None of the above will affect authorized military pay.

New Warrant Officers Picked

Thirteen 1st MEB Marines were selected for appointment to Warrant Officer during the FY 90 Enlisted to Warrant Officer (active duty) Selection Board. More than 100 Marines from 1st MEB and MCAS applied for the program.

The 13 1st MEB Marines are: Sgts Clay A. Brown, MWSS-174; Kenneth L. Larose, Headquarters Co., 1st MEB; SSgts Jorge E. Cristobal, VMFA-232; Harold O. Fentross, VMFA-232; Raymond S. Gercas, 3/3; Harry S. Horner, HMM-165; Thomas J. Johnson, MACS-2; Dean N. Kroll, 2/3; D. S. Phillips, MALS-24; GySgts Richard S. Grecco, VMFA-212; Jesus N. Ramirez, Headquarters Co., 1st MEB; George E. Wooten, HMM-165 and John P. Jesse, VMFA-212.

Leaded Gas Filtered Out

Effective Friday, regular (leaded) gasoline will no longer be sold at the Air Station gas station, in keeping with the Environmental Protection Agency's phase-down program of leaded gasoline.

To take the place of the leaded gas, a new grade of fuel called "Unleaded Plus" will be added to the pumps. It will have an octane rating of 89. The station will continue selling regular unleaded and premium unleaded.

Gas Prices per 9/10-gallon will be:

Unleaded 87 octane \$1.30 Unleaded Plus 89 octane \$1.35 Premium Unleaded \$1.47

Bad Checks Reduce Pay Checks

The activities of the Morale, Welfare and Recreation Department (MWR) extend credit and provide for personal check cashing as a service to their patrons.

When payments on debts go unpaid, or checks are returned by the bank without payment (i.e., dishonored), the MWR Department experiences a loss of revenue and increased operating expenses. This results in higher prices and less funds to contribute to welfare and recreation programs.

To assist MWR in their collection efforts, any delinquent check will be brought to the attention of the individual's commanding officer and can now be deducted from a Marine's pay if the debt is not paid within a reasonable time.

This authority is provided for by Marine Corps Order 7220.49A dated June 21, 1989. The order is effective immediately and applies to the collection of any debt owed by active, reserve or retired Marines (including Fleet Marine Corps Reservists).

It is also important to note that criminal prosecution under the Uniform Code of Military Justice or in a Federal Court, is possible even if the debt is paid-off voluntarily or collected from military pay.

Portable Headphone Ban

The Commanding Officer of MCAS Kaneohe Bay has updated and clarified the policies concerning the use of headphones on portable radios/tape players.

Air Station Order 5101.1A states that no person aboard MCAS Kaneohe Bay (active-duty, retired, civilian, visitor or dependent) will wear radio/tape players with portable headphones, earphones, or other listening devices while on duty, while operating government or privately owned vehicles, jogging, walking bicycling, skating or skateboarding. It also covers the use of these devices for people on active-duty, while doing the same things off-base.

aviation mark

Squadron sets

By Cpl. Reginald M. Cole

The Marines at Station. **Operations and Maintenance** Squadron (SOMS), have been transporting Marines and cargo, and flying countless training missions in their 17years of existence. During those years of flight, the Kaneohe-based squadron has completed 30,000 flight-hours without any accidents. "This Class 'A' mishap-free milestone, reached in June, was accomplished by each and every Marine from SOMSfrom the commanding officer right down to the crew chiefs; all pulling together to accomplish the mission," said LtCol. Joseph Bellegarde, the squadron's commanding officer.

"This achievement was attained only through the superior performance of those who filled the ranks of the

Professional education stressed

Marine staff NCOs received Professional Military Education (PME) marching orders recently. Major Chuck Johnson, of the Marine Corps University, said he has received many questions about the program.

"Basically, the ALMAR (176/89) spells it out," he said. "But, all our enlisted leaders should realize it's just a framework at this stage of the game. There are going to be revisions and alterations along the way. squadron -particularly those of the maintenance department," said LtGen. E. J. Godfrey, former commanding general of Fleet Marine Force, Pacific, in a recent letter addressed to SOMS."SOMS's safety record stands as a testament to superb leadership, effective supervision, rigorous dedication and technical expertise, as well as to a commitment to aviation safety at all levels."

"Keeping the birds up takes a lot of sweat and long hours on everyone's part, because if something goes wrong, it reflects on everyone," said Cpl. John McHugh, a CH-46 helicopter mechanic with SOMS.

"We would like to continue the support to which the Air Station has grown accustomed," said Bellegarde.

The ALMAR states all staff NCOs will complete the following: All non-resident course requirements, professional reading requirements, and depending upon seat availability, all resident courses. The Corps is considering increasing reserve seats at resident courses. Johnson said when the program is fully implemented, it will provide a progression of PME for all staff NCOs, from staff sergeant through È-9.



Projectile perfection at Pohakuloa

Marine arty cross-trains with Army

Story and photo by SSgt. Bill Paro

POHAKULOA TRAINING AREA, Hawaii - The cannoneers of 1st Bn., 12th Marines recently completed a week-long training evolution here, with the Army's 25th Infantry Division Artillery (25th ID).

- The joint-service training came after the two unit's commanding officers got together and decided that it would be beneficial for both outfits to train together. The 25th ID's artillery unit is the size of a Marine Corps regiment.

""We've begun to foster a relationship with the 25th ID's arty, because we, unlike any other artillery battalion in the Marine Corps, don't have a higher artillery headquarters," said Maj. Mike Adams, 1/12's executive officer. First Bn., 12th Marines falls under the command of the 3rd Marine Regiment.

Five of 1/12's M198. 155mm howitzers were used for six days in a supporting role for the Army. Alpha and Charlie Batteries each had two howitzers, and Bravo Battery had the other 1/12 gun on the island during the exercise. "This supporting role gave us an opportunity to test our ability to work with a higher artillery headquarters," said Adams.

During the live fire, the Marines were called upon to

fire missions in support of the four Army battalions. Mass artillery missions were called in, where all five battalions fired on one target.

While on the "Big Island," 1/12 also received Nuclear, **Biological** and Chemical (NBC) warfare training. The artillerymen simulated being in a chemical environment, and went into Mission Oriented Protective Posture (MOPP) level four. Level four is where Marines put on their MOPP gear and gas mask. They were then given the word to Close Station March Order (CSMO).

When the order to CSMO came down, the battery had two minutes to displace the area, taking all their gear with them. In route to the next firing position, the battery went through a personnel and equipment decontamination station conducted by an Army unit specializing in NBC. The first training the two

artillery units participated in was the section competition they conducted at Schofield Barracks in April. In this event, the two units competed against each other to see which section was the most proficient. A joint Marine and Army section was also created to see how the they would operate together.

"We (1/12) tend to get isolated from the rest of artillery. So this is a chance for us to emerge into the

community of artillery," said Adams. Marine Corps and Army artillerymen, and their officers, attend the same school. But according to Adams, "... we drift apart in the procedures that we use." The training that 1/12 is undergoing with the Army is designed to bring the two services on-line with each other.

Another program that the artillerymen have, to allow their units to hridge any gap that may exist. is an exchange program' established by the Commandant of the Marine Corps. Under this exchange, Marine Corps Maj. Dole Price works as the training officer for the Army's 2nd Bn., 11th Field Artillery at Schofield Barracks, and

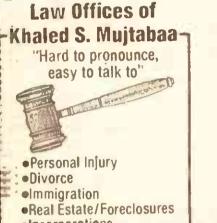
Army Maj. Andy Bowers works as the training officer for 1/12 here:

"We have that conduit to communicate, and the two training officers have helped to interpret the differences in the two services," said Adams.

The Marines and soldiers are planning more training exercises in the future. "Bottom line is, if we go to war, we may not go alone," said Adams. "We may be fighting with Army artillery units, so at least now we have had a chance to talk, and we know how each other thinks. This line of communication that we have opened, will help us function together," said Adams.



"Fire Mission" is the call that sends the 11-man gun crew of the M-198 Howltzer into action



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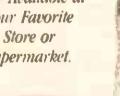
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Making a Difference

Lieutenant Gen. Robert F. Milligan, commanding general, FMFPac, signs off on his Combined Federal Campaign payroll deduction for CFC Keyperson, SSgt. Diana Adams. The General's donation helps to kick-off the campaign, which began Oct. 5.

Marines earn M

Story by Sgt. w.M. Alexander

The Secretary of the Navy awarded the Meritorious Unit Commendation to Marines of 1st MEB's 1st Interrogator-Translator Team (1st ITT) fcr their participation in military operations from March 1, 1986 to May 15, 1988.

Brigadier Gen. R.L. Phillips, CG 1st MEB, presented the award to a remnant of the 15-member team in ceremonies held at the MEB's G-2 Section last week. Most of the team has since transferred.

During the period mentioned in the award, 1st ITT provided interrogation and linguistic support to combat operations in Asia, El Salvador's armed forces and numerous joint and combined exercises in the Republic of Korea and the Kingdom of Thailand.

The MUC also highlighted 1st ITT's interrogation and language program. That program was enhanced when the team sent its interrogators to the People's Republic of China and the Republic of the Philippines for extensive in-country language training.

They also organized joint interrogation exercises with the Army which created area specialist training with Intelligence Center Pacific, and established critical language tutoring programs.

"It's not often you see such a small group of Marines receive the Meritorious Unit Commendation," said BGen. Phillips. "But when you do see it, you know that they're doing an outstanding job."

Strategic defense Understanding and balancing goals

AFIS-"The president has taken a long, hard look at the SDI program and has determined that the goals remain valid. The changing nature of the threats we face and the emergence of promising technical concepts argue strongly in favor of continuing to pursue an aggressive SDI program."

That's how Undersecretary of Defense for Policy Paul D. Wolfowitz summed up his recent remarks on the Strategic Defense Initiative before the Senate Armed Services Committee.

He was testifying on policy issues concerning ballistic missile defense.

The undersecretary said that even though the decision to initiate the Strategic Defense Initiative program was based on a "sober, realistic assessment" of the threat faced by the country, President George Bush upon entering office called for a comprehensive review of the entire national security strategy and objectives, including SDI.

Wolfowitz said the review, with respect to the SDI program, determined that the goals of SDI remain sound. "In pursuing SDI we do not seek superiority, but to maintain the strategic balance and place deterrence on a more stable basis," said Wolfowitz.

Pursuit of a robust SDI program provides a hedge against any near-term Soviet decision to rapidly its anti-ballis tic expand missile capability beyond that allowed by the Antiballistic Missile Treaty.

DoD will continue to aggressively pursue options for layered defenses composed of both space- and ground-based elements.

DoD will place emphasis on program flexibility and continue toward deployment of a system that will meet the requirements of a Phase I Strategic Defense System as defined by the Joint Chiefs of Staff.

The SDI program will be conducted in full compliance with all U.S. international obligations, including the Anti-ballistic Missile Treaty.

In view of fiscal constraints, DoD has reduced its SDI budget request for fiscal 1990 and later years.

Wolfowitz then discussed with the committee what Bush's decisions on SDI say about the scope and purpose of the program.

"First," said Wolfowitz, "the president's decision takes into account SDI's long-term goal of developing, if feasible, defences against ballistic missiles which would be so effective as to permit a major shift in our strategy from emphasizing the threat of retaliation to emphasizing direct denial of Soviet war aims and providing a true damage-limiting capability for the United States should deterrence fail."

A-3

He also noted that the president's decision recogn nizes that the national debate over the SDI program has tended to focus on the longer term prospect of a fundamena tal shift in defense domis nance.

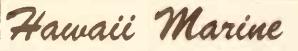
"In point of fact," said Wolfowitz, "the deployment, of active defenses need not be viewed as a radical departure from current U.S. deterrence strategy."

The decision to pursue options for layered defenses indicates that such defenses would greatly contribute to deterrence and defense that could be afforded by purely ground-based defenses, he said.

In conclusion, Wolfowitz stated that the United States "must not succumb to Soviet pressures to constrain our research endeavors and allow them to maintain an edge in such a capability.

"The United States continues to have solid strategic and geopolitical interests in aggresively pursuing SDI."

A



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Uncertainty of future programs clouds force structure

CAREER/from A-1 ing on "B" billets (Marine security guards, drill instructors and recruiters).

Uncertainty abounds in training and duty assignments, caused mainly by question marks in the budget and in what weapons Congress will allow the Corps to buy and how many Marines will be paid for, Gen. Myatt said. And since these questions affect the force structure, they affect promotions. The analysts expect manpower problems to get worse before they get better. According to Gen. Myatt, Congress allocated funds for a 197,200-Marine force this year. On the surface, that number would seem to be adequate to fill the Corps' 187.000 billets.

"By design, you aren't going to have a Marine in every billet," Gen. Myatt said. "We'd like to put a Marine in every billet." In order to do so, he said, the Corps would need a force of 218,000. The variable that toils Manpower analysts is the 28,000 or so overhead," or "trainees, Transients, patients and prisoners." "We can get by with 90 percent - we've done it before."

General Myatt said there are several uncertainties in the future of the Marine Corps' inventory and organizational structure, and Manpower is having trouble deciding where Marines should be sent.

These uncertainties include the future of the MV-22 Osprey, the re-structuring of some artillery and combat service support organizations. the beefing-up of infantry requirements in ground combat elements, and further changes in the aircraft inventory. "Next year, the 'overhead' is going to go up, because we'll have Marine Battle Skills Training for the entire year," Gen. Myatt added. "You're going to have even fewer Marines to put in those billets."

He added that, of the manpower overhead, the easiest to fix should be "non-EAS attrition" - that is. Marines leaving the service before their enlistments are completed. Gen. Myatt pointed out that the Corps

this year will discharge 17,000 Marines before the completion of their contracts. "Congress is starting to ask about that," he said. "We've simply got to get a handle on non-EAS attrition."

Along with ensuring that fewer Marines with treatable injuries or ailments are given medical discharges, Headquarters plans to increase incentive pay for helicopter crew chiefs and fixed- and rotary-wing aircraft pilots.

General Myatt also said changes to the Corps' tables of organization TOs will decrease. Since Jan. 1, he said, more than 200,000 changes have been made to them.

The officers' briefing, presented by Gen. Myatt and Maj. Randy Larson, an officer promotion planner at HQMC, included updates on the Officer Force Management Review, augmentation, joint-service duty, and officer promotion planning. General Myatt said one of

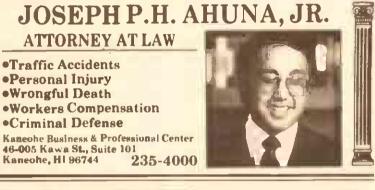
the main officer retention

programs being considered at Headquarters is a raise in aviator incentive pay (flight pay).

As is the case with the enlisted force, speeding promotions is Manpower's main effort for the officer corps. Larson said several possibile solutions to officer promotion

See PROMOTIONS/A-5







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officer force structure 10 years from now, based on the changes that are happening

the officers on the state of the enlisted side of the Corps. "I want you to get a picture of the manpower situation," Gen. Myatt said, "because you look at your T/Os and say, 'Gee, I don't have the number of Marines I rate ... ' You never will have all the

But you will have a better

For more information on the above topics or for reenlistment assistance, enlisted Marines may call the







the Blotter

Alcohol Incidents •The HPD arrested a **Kaneohe Marine for DWI** after he was observed operating a vehicle in Honolulu with no headlights on. The Marine elected to submit to a breath test, which resulted in a reading of .13 percent blood alcohol content.

A Kaneohe Marine was arrested for DWI after HPD observed him lane weaving in Kaneohe. The Marine was advised of the Implied Consent law, but refused to submit to any chemical tests. •An officer-in-charge requested that an Intoxilyzer Test be administered to a Marine in his section to determine his fitness for duty. The test resulted in a .17 percent blood alcohol content.



Thursday

Shoot to kill-R/Adventure. Sidney Poitier and Tom Berenger play a veteran FBI Agent and a headstrong mountainman stalking a killer in the Pacific Northwest.

Friday and Saturday

Troop Beverly Hills -PG/Comedy. Shelby Long. A Beverly Hills woman becomes a scout leader for her daughters and pampered friends.

Sunday

Moonstruck- PG/Romantic Comedy. This Oscarwinning film portrays a widowed bookkeeper and her Italian family, whose lives are turned upside down by a brilliant harvest moon...and each other.

Monday

Who Framed Roger Rabbit- PG/Comedy Drama. A magical combination of live action and animation where a cartoon character, Roger Rabbit, is framed for murder.

Tuesday and Wednesday Roadhouse-- R/Action

•An HPD officer stopped a Marine for lane weaving in Kaneohe and detected alcohol on the Marine's breath. The Marine elected to submit to an Intoxilyzer Test, which resulted in a reading of .20 percent blood alcohol content.

Other Incidents

•A Marine and his wife were involved in an argument at their on-base quarters when he struck her in the neck. It was learned that the Marine had a hand-gun in the quarters, that was not registered on the Air Station. The Marine was apprehended for a breach of peace and being in possession of an unregistered handgun.

•The MPs observed a Marine attempting to enter the Air Station through the H-3 Gate in a motor vehicle. A records check revealed that the Marine's driving privileges aboard the Air Station had been suspended. The Marine was apprehended for driving on suspension.

To report a crime, or any suspicious activity on the Air Station, call the Military Police Department's 24-hour Crime Stopper number: 257-2123. Off-base call HPD at 911.

If you have any lost property and you want to check with the Lost and Found custodian, please call the **Military Police Department at** extension 257-3110. Point of contact is Sgt. Odrick.

Property currently being held in the Lost and Found includes 27 bicycles, 19 sets of keys, 4 wallets, 1 pair of eye glasses, 2 watches, 3 rings, 2 ATM teller cards, 1 meal card, 1 passport, 3 skateboards, 1 set of diver flippers, 1 boogie board, 1 roll of 35mm film, 1 drivers license, 1 ammo can, 1-100ft. nylon rope, 1 jean jacket, 1 pair Nike sneakers, 1 state ID card, 1 diving tank harness, 2 car alarms, and 1 gym bag_

There are 146 vehicles in the vehicle storage lot. Abandoned vehicles are kept for 120 days and then released to the Defense Reutilization and Marketing Office or a contractor for final disposition. There are approximately 46 open cases for vehicles that are parked at various locations on the Air Station and approximately 65 more open cases on vehicles that have been moved or corrected after bring tagged.



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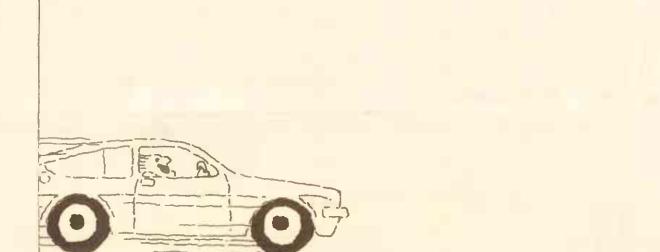
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Book at 942-5222 and enter code 5571 for a recorded message from

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* * * * * * * * * *

Drama. A world-class barroom bouncer with a degree in philosophy falls in love with the local doctor and battles the local sadist.



SPORTING EVENTS

Hawaii Rainbows play Brigham Young Oct. 28. Tickets are \$11.50 for sideline and \$10.50 for end zone seats. The MWR has tickets for the four remaining Rainbow ames.

Aloha Bowl tickets are still available. See two top college teams compete on Christmas Day. 40-50 yard line tickets are \$18.50.

THEATER EVENTS

"Guys and Dolls" will be -playing at the Honolulu Community Theater through Oct. 22. Come see this Damon Runyon classic for as little as \$13,75.

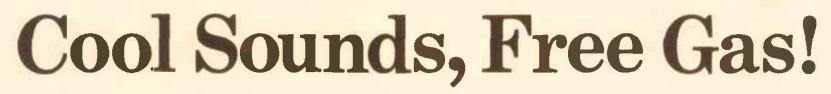
Kennedy Theater currently has a show called "Clina Visions On Stage" with Shakespear's "The Tempear" coming soon.

Honolulu Symphony will present clarinetist Bill Jackson Oct. 15 and 17, while Music On The Light Side will be featuring Gilbert and Sullivan and the Symphony Chorus Oct. 20 and 21. Tickets are \$7-\$21.

WAIKIKI ENTERTAINMENT

Honolulu Comedy Club is featuring George Lopez and Tom Anzelone through Oct. 22. All tickets are \$10 except the 9 p.m. show on Saturday which in \$12.

OTHER THINGS TO DO Pearl Herbor Aloha Festival is scheduled for Oct. 20-22. Script books are available for \$10 which includes \$1 admission fee.



NOOA

A very special offer is coming your way from Avis Car Sales and Gas Express. Watch for details in Oceanic Cable's October mailing statement. FOR OCEANIC CABLE SUBSCRIBERS ONLY

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- •Member of the Hawaii State Chiropractic

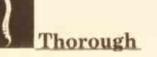
Association

- •Graduate of University of Hawaii with Honors
- Member of the Windward Business Association Member of the Kailua Exchange Club





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Call Now For An Appointment from 9-11 a.m.

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child.

Awareness

Program

The program is designed

especially for women and

deals with matters of interest

to women on the Air Station.

Child care is available for

For more information call

Halloween Ceramic

Painting Workshop

Create your own Halloween

decorations Oct. 18 by paint-

ing ceramic figurines of pumpkins, witches, ghosts

watch children while their

HAWAII MARINE



classes they offer. People wishing to help by bringing children into their The Women's Awareness homes can call 254-4719 for Program meets at the more information. **ASYMCA every Wednesday**

Swap Meet Sellers are needed for the Nov. 18 Swap Meet to be

VIDEO CAMERA RENTAL mothers who wish to attend. One Day Rental With This Coupon One Coupon Per Customer/Family Not good with any other offer or coupon **EXPIRES 10/31/89** 1247 F Kallua Rd. (By 7-11 Store-Near Castle Medical Center) Movie Rentals WITH THIS COUPON, LIMIT 5 PER COUPON

Bring #0 and #2 paint brushes. We'll provide the 1247 F Kailua Rd. (By 7-11 Store-Near Castle Medical Center) paints. Fee \$3.00. 9 a.m.-Noon. Child Care \$1.50 per **Baby Sitters Needed** The ASYMCA is looking

Not good with any other ofler or coupor for child care providers to 261-3918 1247 F Kallua Rd. (By 7-11 Store-Near Castle Medical Center)





the 7-Day Store). In addition to cleaning up

\$17.50

261-3918

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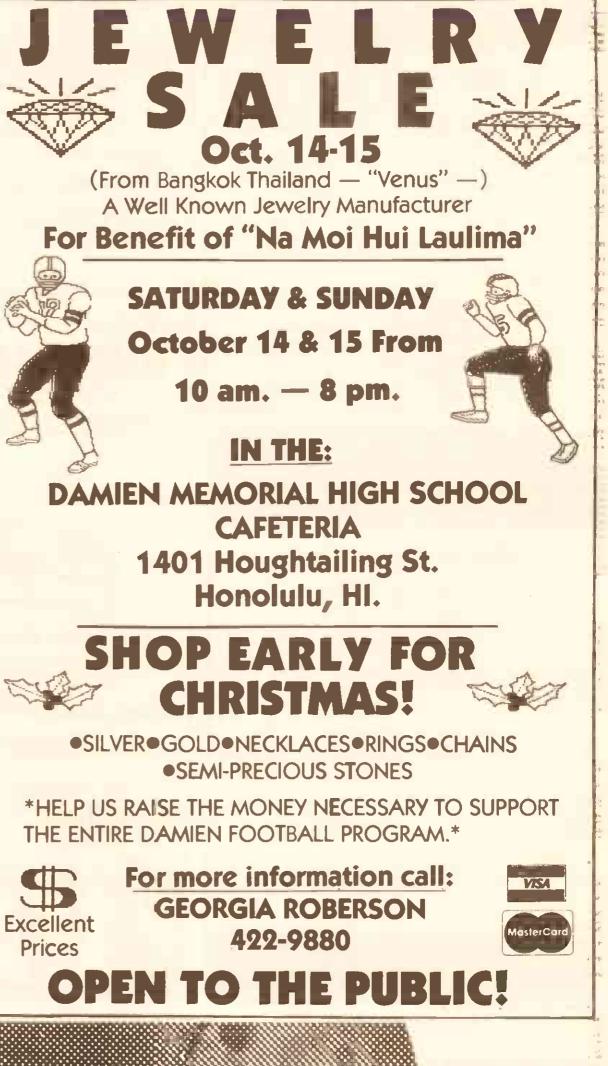
NINTENDO RENTALS

2 Days \$3.50

GAME CARTRIDGE ONLY

One Coupon Per Customer/Family

unwanted household goods, the ASYMCA encourages people to bring crafts to sell. For more information call 254-4719.



That's right, he's back again. In person, But this time "Jason's" the hero, not the villain. And his victims are our already low, low prices. Come and join his merry price massacres at our Hickam, Schofield and Shafter stores this Friday the 13th. Suddenly, and with little or no warning, he'll be there. Slashing and mutilating our popular prices with his "murderous blade" amid scores of astonished shoppers and evewitnesses. What "gory", cost-cutting scenes!

And what crazy, harmless fun!

Follow "Jason's" trail of pricing carnage from aisle to aisle. Or store to store. And pick up the huge savings. Serial savings!

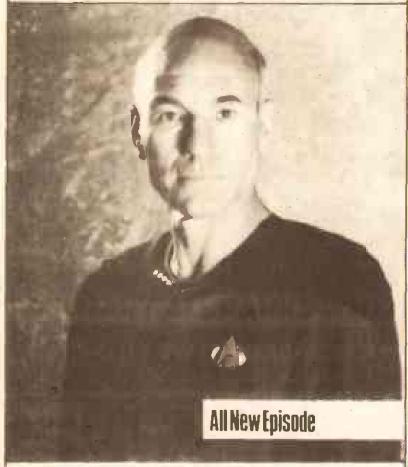
Friday the 13th. Your lucky shopping day...at AAFES



HAWAII MARINE

A-8





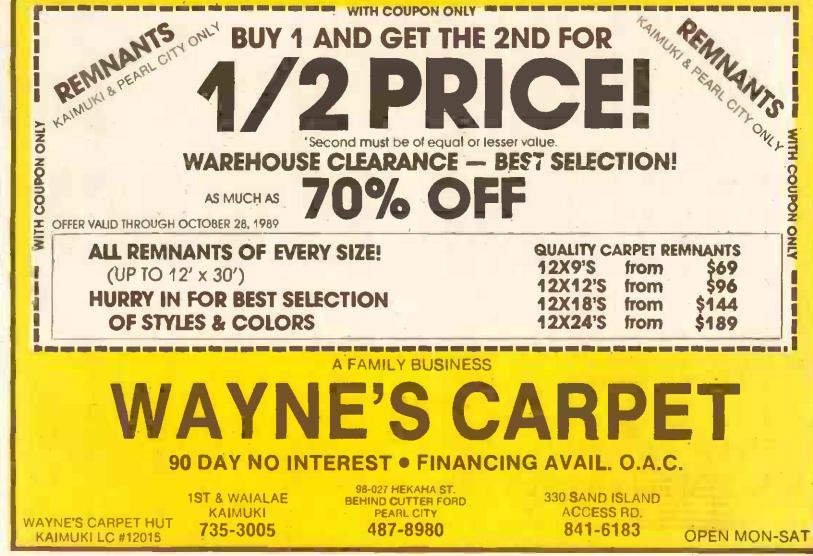
It Must be TUESDAY at 7:00 PM

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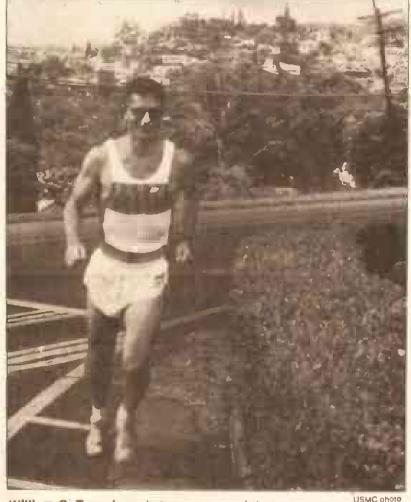


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Camp Smith's Ironmen

Hawaii Marine Sports



William C. Tourek racks up some road time.

By Sgt. B.S. Little Camp H.M. Smith

Someone hard, strong, rigid and unyielding. This may be the image that comes to mind when thinking of the many athletes who will come together to compete in the 1989 Bud Light Ironman Triathlon.

It's just the description applied to any triathlete who would compete in what has been described by past competitors as one of the most physically and psychologically grueling athletic competitions in the world today. It could also describe two of the Corps' representatives in this international event — John Forquer and Bill Tourek.

Captain John A. Forquer, provost marshal, Camp H.M. Smith, and Lieutenant Colonel William C. Tourek, assistant force engineer officer, Fleet Marine Force, Pacific are two of five Marine representatives who will meet in Kailua-Kona on the Big Island of Hawaii Saturday for the 2.4-mile swim, 112-mile bike ride and 26.2-mile run. They will compete for the coveted title "Ironman."

This event has drawn competitors from more than 50 countries, according to Forquer, and this year it's his personal goal to finish as the number one military competitor.

Forquer's road to this event has spanned for more than four years of hard work, cross-training and sacrifice. He maintains a good diet in order to keep up the hours of almost endless training. That kind of tenacity directly resulted in his selection to represent the Marine Corps in this event.

In contrast, Tourek is at different levels of competition as an Ironman. His aspirtation is not to be the number ohe military finisher, but to finish the race and establish his own personal record.

He, like Forquer, has many competitions to his credit, the most recent of these being the 1989 Kiwi Lager Ironman, an Ironman qualifier held in New Zealand. It was this international Ironman competition that earned Tourek his place on the Marine team.

Similarly, the two logged long hours and great distances in biking, swimming and running to prepare for this event. But, Tourek's training formula is less intense than that of his teammate. His training is "smarter, not harder" to meet the demands of this event is something he and Forquer agree upon and have discussed at length. However, each of the Marines have a different attitude on how intense the approach to training should be.

"The Kiwi Lager was an excellent stepping stone for the Bud Light Ironman," he said. His completed time for the New Zealand event was 11 hours, 20 minutes.

However, with the success of the Kiwi Lager under his belt, the 42-year-old Marine hopes that, after experiencing a forced layoff of several months, three to four months of training prior to the Kona race will be sufficient to allow him to achieve his goal.

On the weekend he may spend anywhere from five to six hours a day biking 85 to 100-plus miles. He oftens expands the day by swimming at Ala Moana Beach Park during the pre-dawn hours and taking in a run, but explains it isn't a scheduled, everyday occurance.

"Training for three events in one day is difficult. My training formula is to train consistently, smart and hard, and not to continuously push my body to its limit," explained the Madison, a New Jersey native.

"My number one concern in this race is to beat the elements," Tourek said. "Surviving the predictably extreme heat and adverse wind conditions and determining how far I can press myself, both mentally and physically, are my personal goals. The race itself, and completing it, is an evolution of how much effort you've dedicated to preparing for it."

To compete in the superbowl of races, triathletes must qualify high in their respective categories at one of the national or four international qualifying competitions. For those who are not fortunate enough to be a top finisher, a lottery is available.

One hundred names are randomly selected from thousands of hopefuls to participate in the event. Others are chosen through a race history submission. Such was the case for Forquer, who earned a place on the Marine Corps team by submitting a list of 56 races in which he's competed.

"I never started out to be a triathlete," said the 32-yearold Forquer. "This all began as a challenge to my troops to top my score on the Marine Corps physical fitness test. Once I had initiated the challenge, it became a matter of staying ahead of the pack."

After establishing himself as a perfect score achiever on the test, the Washingtonnative sought other means of maintaining his fitness standards and physical challenges.

"While stationed in Okinawa, I began cycling," he said. "I have always favored cycling and, as time passed, I became faster and better at it. From there, I got into biathlons and marathons," See TRIATHLON/B-2



William C. Tourek logs some



John A. Forquer takes a few laps as he prepares for the 2.4-mile swim he will face in the Triathlon.

On any Saturday morning



Raymond Cooper takes a water break during the Raiders vs AMR game.



K-Bay cheerleaders supported the Raiders with several cheers during the game.

Peewee football: small guys with determination

Story and photos by Cpl. Reginald Cole

The peewee flag football team, the Raiders, headed by coach Tom Williams, lost in their bid against the Aliamanu Military Reservation (AMR) 22-14, at Pop Warner Field Sept. 30.

The Raiders witnessed the lightning speed of AMR's quarterback, Sameer Bilal, when the pint-sized "QB" bolted up the middle for a quaterback sneak on the first drive. AMR added fuel to the fire by running an end-around for a two-point conversion. AMR was on the scoreboard early boasting a 8-0 lead in the first quarter.

Not wanting to be upstaged, the Raiders proved that what's good for the goose is good for the Raiders by duplicating the touchdown -two plays later. The score was deadlocked 8-8.

Throughout the game, the two teams battled back and forth, but late in the third quarter, AMR started to pull away, using their running game to their advantage. It seemed as though the Raiders spent most of their defensive efforts chasing Bilal.

When the game finally came to an end, AMR had racked-up 14 more points, and the Raiders had managed to get only six, leaving the final score, 22-14.

"Our boys played a heck of a good ball game," said Tom Williams. "The season has

just started."

Both Williams and the headcoach from AMR, Gary Larson, added that the main purpose of the peewee league is to give the kids something .to do after school.

"A lot of the kids' fathers are deployed so this is good for them in many ways," said Williams. "It teaches them discipline."



An AMR running back is hounded by three Raider defenders while AMR's head coach, Gary Larson encourages his man on.

Point.

tion.

Sport Shorts

Table Tennis

Tourney

The 1989 K-Bay Table Tennis Tourney will be held Oct. 21. The tourney is open teall active-duty Marines and Navy people on the Air Station.

For more information call **254-2458**.

The Aerobic Beat

Semper Fit offers aerobics classes to active duty personnel, their dependents, and civilian employees on base. Instructors offer classes comparable in quality to any fitness facility on the island. In addition, the aerobics fibor, which should be a critical consideration for any exerciser, provides a cushioned surface to reduce the risk of injury.

For more information call Dependent Recreation at 254-2963, or attend one of the classes at the main gym. The aprobic schedule is as follows:

"Monday, Wednesday, Friday

9-10:15 a.m. - Aerobics 11:30 a.m.-12:30 p.m. Active duty Aerobics 5-6:16 p.m. - Aerobics Tuesday, Thursday 11:30 a.m. -12:30 p.m. Active duty Aerobics 5-6:15 p.m. - Aerobics 6:15-7:15 p.m. - Water Aerobics

All classes will be held in the Main Gym, except water abrobics. The water aerobics classes are held at the Station Pool. Baby sitting is available for the 9 a.m. class.

Pick-up Sports

Every weekday, the gymnasium will be open to all active duty personnel for recreational play. Court #1 will be open for volleyball and Court #2 will be open for

-Parties -Parti

basketball. Hours for this pickup play will be 4-5:30 p.m.

Intramural Basketball The organization meeting for the upcoming intramural basketball season will be held Oct. 27 at 11:45 a.m. in the Station Theater. All units wanting to participate in this program must have a representative at this meeting. Season play will begin Nov. 27.

For more information, call John Magnus at 254-2516.

Waterskiing Classes

The Air Station Marina has two ski boats for anyone who wants to try their hand at waterskiing. Both boats are easy to handle, and offer an inexpensive afternoon on the water.

For more information, call 254-5606.

New Hours for Weightlifting

The Mini-Gym, located behind the fire station, will now be open from 5:30 a.m.-9 p.m, for weightlifters.

For more information, call 254-2731.

Outdoor Equipment

The Outdoor Equipment Center has scuba diving gear for year-round diving. Masks, fins, snorkels and air compressors are available, as well as beach and camping equipment.

The Center is located next to the Marina and is open everyday except Tuesday and Wednesday.

For more information, call 254-5709.

Windsurfing Classes

Learn to windsurf right here on the Air Station. Classes are held every Sunday at 9



a.m., at the Marina, with presign up required.

For more information, call 254-5606.

Hula Classes

The Dependant Recreation is now offering hula dance classes.

Class schedule is every Tuesday at 4:30-5:30 p.m. for children at \$15 a month. For adults, the times are 5:45-6:45 p.m. at \$20 a month. Both ancient and modern hula will be taught. For registration, come to the Dependent Rec. Center.

For more information, call 254-2963.

EOD Half Marathon The 1989 11th annual EOD Half Marathon will be held

ern Michael Barnes at 474-3693. end- Rod and Gun

Club

at 6:30 a.m., on Nov. 12 at

Naval Air Station Barbers

The 13.1-mile course is flat,

paved and there is minimal

traffic, with aid stations every

two to three miles. The dead-

line to enter is Sunday and

there is a \$15 entry fee, which

includes a T-shirt. Entry

forms are avialable at the

Main Gym on the Air Sta-

For more information, call

The Rod and Gun Club will be holding a meeting Oct. 17 at 7:30 p.m. in the Staff NCO Club for all members and people interested in joining. Topics of discussion will be the annual November turkey shoot and November hunts on the Big Island.

For more information call 254-5570.

No Playing in the Mud

The athletic office is asking patrons who use the football and softball fields, to use discretion when the fields are wet. Extreme damage is caused to the fields when wet. This damage in turn may delay or cancel scheduled programs.

For more information on use of athletic fields, call John Magnus, athletic director, at 254-2458.

6 p.m.

7:05

8:10

2:05

3:10

4:14

7:05

8:10

7:05

8:10

7:05

8:10

6 p.m.

6 p.m.

6 p.m.

1 p.m.

Women's Golf Tourney

The Kaneohe Klipper Golf Association Women's Group will be holding their 25th Invitational Golf Tournament Oct. 19 and 20, with a luncheon on Oct. 20, at the Staff NCO Club.

For more information, contact Pat Emery at 254-4089.

Softball Tourney

The "C.O." MALS-24 Softball Invitational will be held Oct. 27-28, at the Risley Annex fields here. This tournament is open to the first 12 units to register. Entry fee is \$115.

For more information, call 257-2484 or 257-5841.

This Week's Schedule

MALS-24 vs. SOMS

HMH 463 vs. "E" 2/3

AVIONICS vs. "A" 1/12

BROWNS vs. HMH 463

A-MED vs. MWSS 174

HMM 262 vs. K-BAY LAW

"B" 1/12 vs. AAV

K-BAY LAW vs. "B" 1/12

BROWNS vs. "B" CO. 7TH COMM

A-MED vs. MAINT CO. BSSG

MWSS 174 vs. 1ST RADIO BN.

REGT COMM vs. WPNS. 2/3

E 2/3 vs. TOW PLT (make up)

H&S BSSG vs. SUPPLY BSSG

SUPPLY BSSG vs. 1ST RADIO BN

"B" CO. 7TH COM vs. HQSVC CO.

Flag Football Standings

		Friday
1. SUPPLY CO. BSSG 2. H&S CO. BSSG 3. A-MED 4. MWSS 174 5. MALS-24 6. SOMS	5-0 1. WEAPONS CO. 2/3 4-0 2. REGT. COMM. 4-1 3. BROWNS 4-0 4. HMH 463 3-1 5. H&HS 3-1 6. HQSVC CO.	3-2 2-2 1-3 2-3 1-3 1-3 Monday
7. 1ST RADIO BN. 8. MAINT CO, BSSG	3-1 7. "E" 2/3 4-1 8. "B" CO. 7TH COMM	1-2 1-3
	188	Tuesday
1. AVION 2. "A" 1/1 3. TOW P	2 1-3 PLT 1-3	Wednesday
4. HMM 2 5. "B" 1/1		
6. AAV	0-5	
7. K-BAY	LAW 0-3	

TRIATHLON/from B-1

he continued. "Then from each competition I would learn something, get faster, improve my abilities and apply it to the next race." It wasn't until he watched

a triathlon that he became interested in it.

"In the beginning, marathons and biathlons had offered the challenges I was seeking, but it wasn't until I watched a friend compete in a triathlon that I realized I wanted to be a part of more health-conscious, total-fitness group of people," he recalled.

Since then, Forquer has competed in 56 triathlons, marathons, biathlons, openwater swim competitions, and bike races in the last four years. In less than three years, he has racked up more than 24,000 miles cycling, 3,700 miles running and 600 miles swimming.

What spurs him on? Ironman. According to Forquer, Ironman is the ultimate triathlon.

"It's considered one of the hardest and longest of the surf and turf events, the real challenge is its psyshological demands," said Forquer.

"Many competitors in a triathlon are endurance runners, swimmers, or cyclists at their physical peak looking for greater challenges. But, to compete in the Ironman means to face your apprehensions," he explains. "It's a race you're scared of. You must respect it, understand the toll it takes on you both physically and mentally, and know that the cost of illpreparation or poor pacing during the race can be devastating and dangerous."

Covering the Ironman distance means pushing yourself on a fine line between success and failure. "There is little margin for error," he said. "You have to be good at all three events and race smart; that is the challenge."



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Among the illnesses and injuries that require long hospitalization, few are as traumatic as serious burns. The resulting scars, psychological as well as physical, often last a lifetime. Everyone is a potential burn victim, regardless of their age, race, color or station in life. Thousands of Americans die as a result of burns each year, and tens of thousands more require lengthy hospitalization. Many of the victims, maimed and disfigured by their burn injuries, are children.

Those of us who face the reality of burns every day are doing something to help the victims of burns. Since 1982, the International Association of Fire Fighters Burn Foundation has awarded hundreds of thousands of dollars in grants to researchers to address the many complications associated with burn injuries. The foundation makes it possible for burned children, who could not afford it otherwise, to attend special camps to share their experiences with other burned children. The foundation is also committed to reducing burn injuries through prevention and education.

This year, the Combined Federal Campaign gives you an opportunity to be a part of our continuing efforts to make a difference. Please designate the International Association of Fire Fighters Burn Foundation, Number 0824, to receive a portion of your CFC contribution.

International Association of Fire Fighters Burn Foundation 1750 New York Avenue, N.W. Washington, D.C. 20006 Combined Federal Campaign #0824

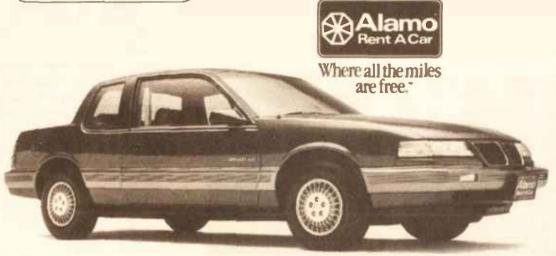


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4t A Glance

Emergency Numbers to Change

Starting Nov. 1, many telephone emergency numbers aboard the Air Station will change. The new numbers for the agencies will be:

Aircraft Accident/ Crash Control 257-7118 Station Ambulance 257-7116 Acute Care/ Emergency Room 257-3133 Military Police257-7114 Fire Department 471-7117 Explosive Ordnance

Hispanic Month Celebration

The 1st MEB will sponsor a Hispanic Symposium in observance of National Hispanic Month Friday from 2-4 p.m. at the Enlisted Club Ballroom on the Air Station. The symposium will include opening comments from BGen. R. L. Phillips, Commanding General, 1st MEB, and recognition of prominent Hispanics from local military units.

For more information call Human Affairs.

Pearl Harbor Job Fair

The Non Commissioned Officers Association (NCOA) announced that Pearl Harbor, Hawaii will be the site of the next NCOA Job Fair. The Job Fair will be held Oct. 20 from 9 a.m.-3 p.m.

The NCOA Job Fairs give separating or retiring military people the opportunity to meet with corporate and government representatives to explore civilian employment.

For more information, contact Paul Nolin at 714-422-0520

Book Fair

A Book Fair will be held at the Menhune Rainbow Pre-School (behind the 7-Day Store) from 10:30 a.m.-1:30 p.m. Oct. 16-20. The fair is sponsored by Scholastic Books and is targeted at selling books for children 3-6 years-old. For more information stop by the Pre-School.

American Red Cross

The following classes are scheduled at the American **Red Cross Office here:** Babysitting: Oct. 17-19 from 4-6 p.m.

Basic CPR: Oct. 21 from 8 a.m.-5 p.m.

Infant and Child CPR: Oct. 18 from 6-10 p.m.

Standard First Aid: Oct. 28 from 8 a.m.-5 p.m.

Disaster Training: Oct. 24 from 6:30-10 p.m.

Preregistration is required for all classes. For more information, call 254-6217 or 254-5575.

Navy Relief Course

A Navy Relief Society training course will be held Oct. 24-26, at the Kaneohe

Officers' Club.

The three-day course will run from 8:30 a.m.-Noon. Topics covered will include pay and benefits, Navy Relief policy, and budgeting. It will be open to all dependents, active duty and retired military. Ombudsmen are also encouraged to attend. There is no obligation to volunteer.

An awards ceremony will be held on the last day of the course. Childcare and mileage will be paid upon request. For more information, call 254-1327.

Parenting Lecture

A lecture on parenting infants and toddlers will be held this evening at 7 p.m. at Castle Medical Center auditorium.

Dr. Bob Anderson, a Kailua pediatrician, will discuss how to promote development in infants and toddlers.

For more information call 263-5100.

NCOA Location Change

The NCOA office has relocated to 970 N. Kalaheo Avenue, Suite #A214, Kailua, Hi. 96734. The office is located at Pali Palms, next door to the Yum Yum Tree on the second floor above the Navy Federal Credit Union.

They are sponsoring a free job fair Oct. 20, from 9:30 a.m.- 3 p.m. at the Chief Petty Officer's Club at Pearl Harbor.

For more information, call 254-5802 or 5803.

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. full 8 hour day

... 32 hours

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Book Review

Men Against Fire

Marine Corps Gazette

Samuel L.A. Marshall, Brigadier General, Army of the United States, was an expert in his field. For over 50 years-through World War I. World War II. Korea. Vietnam, and numerous lesser conflicts in between-he specialized in war at the cutting edge. Fighting, observing, interviewing, analyzing, and writing about battle were his focus and fate. He was simply in a class by himself when it came to understand-Ting small unit combat and the battlefield.

Men against fire is Marshall's most notable book. It outlines in clear, simple language most of his key insights about man on the battlefield. It is as valuable today as it was in 1947.

Marshall understood the stresses of the battlefield-the impact of fear, fatigue, noise, shock, and horror on man. He believed that units must be alerted to these stresses and conditioned to cope with them. He was convinced that individual and small unit combat actions would be successful only when these factors were properly considered.

In Marshall's view, firepower and person-to-person communications were the key; all discipline, training methods, and personnel policies should be regulated to best meet these needs. He emphasized battlefield conditions-the loneliness, the lack of targets, the uncertainty, and what happens when enemy fire forces men to the ground. He discussed man's natural reluctance to take action and fire on the enemy. He



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analyzed the role of leaders, tactical cohesion, and why men fight.

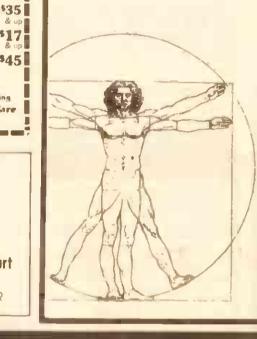
"Men Against Fire"is a book of great utility. It provides readers with insight into combat realities and gives might not otherwise acquire in a dozen firefights. It provides readers with insight into combat realities and gives them understanding they might not otherwise acquire in a dozen firefights. It is also a remarkably useful training aid. Unit leaders can use the book in a series of lectures to their men that explain Marshall's insight. It offers a way to talk about combat realities even if you have not experienced them. A word of caution is in

Earlier this year, Marshall was in the news, criticized by a group of historians who found fault with his research. These complaints need not concern us. Marshall understood war at the personal level. He conveys that understanding with abundant skill.

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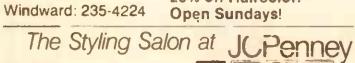
order. The book requires reflection. Readers must pause, put themselves in the combat situation being depicted, visualize it in detail, and think about their own personal reactions. Many of Marshall's key points are not belabored and are easily over-

looked by scanners.

His work is indispensable







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