

# Spotlight Newspapers

presents

## SENIOR SCENE



*Joyelles in new hands*

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*Faso will direct Rinfret effort*

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*Another baseball title*

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# THE Spotlight

The weekly newspaper  
serving the towns of  
Bethlehem and New Scotland

## Cibro \$100M project could add millions to tax base

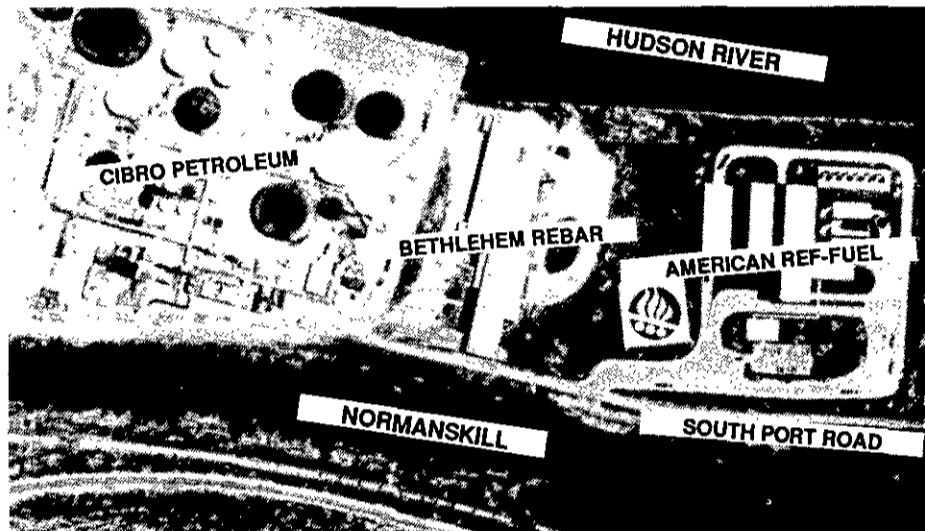
By Mike Larabee

Cibro Petroleum, whose Port of Albany refinery property lies partially on Bethlehem's side of Cabbage Island, has announced a major modernization project that could add millions to the town's tax base.

In a prepared statement Monday, Cibro Spokesman John Klopstock said the company has applied for state Department of Environmental Conservation permits on a \$100 million plan to modernize and upgrade its 40-acre facility on the Hudson River shore. The project would involve the installation of new environmental controls and the addition of a lubrication oil reprocessing operation and second cogeneration unit, he said.

The majority of new plant machinery will be located on the three acres of Cibro property within the town of Bethlehem, Klopstock said, and would be subject to town municipal and school property taxes. About 90 percent of the equipment to be added to the refinery is tentatively scheduled to be placed in town, he said.

Bethlehem Town Supervisor Ken Ringler said Monday, "Although Cibro



Most of Cibro's \$100 million upgrade would be done on the Bethlehem portion of their property adjacent to Bethlehem Rebar. American Ref-Fuel's refuse incinerator is proposed for lands slightly farther south.

Petroleum will have to undergo a thorough review with various agencies, it appears initially the \$100 million proposal for modernization will be a benefit to our region in general and our community in particular."

Ringler cited the company's plan to reduce air emissions while producing low-sulphur diesel fuel and the "substantial revenues" the project would bring to Bethlehem as reasons for his preliminary support.

Based on 1989 tax rates, if Bethlehem's portion of the new facilities were assessed at \$90 million — or a straight 90 percent of the \$100 million plan — the upgrade project would generate annually \$1,410,255 in new taxes for Bethlehem schools and \$518,175 in town, fire district, and Albany County levies. But Klopstock said 90 percent of the physical equipment probably would not translate into as high a percentage of the project's dollar outlays.

A \$50 million assessment would generate \$783,475 for Bethlehem schools and \$287,875 in town, county, and fire district taxes based on 1989 rates.

According to EnCon project analyst David Stout, the proposal has entered the early stages of the state's Environmental Quality Review (SEQR) process. Stout said that he feels the upgrade plan — which would require a number of permits for site alterations, air emissions and water discharge — has merit.

"All in all it looks like it's going to be a good facility," said Stout. "It's encouraging in many different ways. It's very en-

CIBRO/page 13

## Bethlehem planners lock horns

By Mike Larabee

The Bethlehem Planning Board has again put off a recommendation to the town board on the establishment of a special senior citizens' zoning district, this time to wait for word from the town's Land Use Management Advisory Committee (LUMAC).

Twice at last week's meeting, motions to act on the town's proposed Senior Citizen Residence District failed by a 3-3

vote. Chairman Martin Barr, Gary Swan, and William Johnston, Jr. split with John LaForte, Marcia Nelson, and John Williamson. Dominick DeCecco, the board's seventh member, was absent.

Designed to "encourage the development of moderately priced multiple dwelling units for senior citizens" through density and review incentives, the floating-type zone has been criticized by a

STALEMATE/page 5

## Moratorium tops Bethlehem agenda

A proposal for a six-month moratorium on solid waste disposal facilities has moved out of committee and will be discussed at tonight's Bethlehem Town Board meeting.

The Solid Waste Facility Moratorium Law was proposed last month by Town Supervisor Ken Ringler as a way to stave off several proposals for large-scale refuse facilities in town until regulations governing their operation can be drawn.

A draft of the law was formulated and, last week, approved by the town's Solid Waste Task Force.

The town hopes to formulate standards that might be tougher than state requirements regarding the regulation of waste disposal plants when the moratorium is in effect. Prior to the adoption of a mandatory recycling law earlier this year, the Town Board and residents expressed concern that existing local zoning and other ordinances, and the New York State Regulations concerning solid waste management facilities, might not be adequate to fully promote the health, safety and general welfare of the town, reads Section II of the proposed law, "Findings and Intent."

The moratorium would also allow time to study the possibility of establishing a new town board permit process for anyone seeking to build a privately owned solid waste management facility.

Three Bethlehem proposals — Ref-Fuel's \$200-million regional trash incinerator on Cabbage Island, C & D Recycling Partnership's regional construction and demolition debris dump on Wemple Road, and an incinerator ash landfill at GE Plastics — are undergoing environmental review.

The moratorium would prohibit town officials from approving or processing a permit for the construction or operation of any solid waste management facility for a period of six months. It would not, however, stop the town from participating as either lead or involved agency in the state's legislated SEQRA environmental review process.

The meeting will be at 7:30 p.m. at Bethlehem Town Hall.

Mike Larabee

## For the record



Melissa Jenks is fingerprinted by Officer J. Mosca as her sisters Christine and Carole watch at Kid's Day celebration at the Dime Bank.

Elaine McLain

# Woman challenges McNulty for 23rd District seat

Mugsie Buhmaster figures that she has four jobs already — but she's after another — one that would wipe out most of the existing careers.

At age 50 (she has a new AARP card to prove it) Margaret Burch Buhmaster has become the first female candidate for the United State House of Representatives in the Congressional district that takes in Albany County. As a resident of Scotia in Schenectady County, she expects to focus much of her campaign in Albany County, home grounds of the incumbent, Democrat Michael R. McNulty, who's in the final months of his first term in Washington. A Congressional district that includes Albany has been represented by a Republican only four years out of the last 70.

The Republican Party came courting her; she says she hadn't expected to run this year, though she'd been thinking about Congress for four years. Why? Her vision has turned outward since 1986, the year she took part in a "Women in Leadership" conference in the USSR that attracted 50 women from around the world. And last January she went back for a larger conference relating to the social and physical environment of our globe in the 21st century. Now she's involved in projects in Soviet/American relationships, such as exchange of medical information.

Despite these concerns, she has continued to pay close attention to those four jobs: Ten-year member of the Schenectady County Board of Representatives; co-proprietor (with a sister) in a training and consulting firm to create "positive

images" for people in business; carrying on a "community out-



Margaret Buhmaster

reach and education" program at Conifer Park, the alcohol/drug treatment center in the Town of Glenville (she was instrumental in its formation); and writing a column of commentary for a Scotia weekly newspaper.

For the campaign, she has firm ideas. She's ready for weekly debates with Representative McNulty, and hopes for at least several because they are "the best way to compare candidates." Because she's a writer, she is perfecting her own video script right now, and will be doing other advertising "to let people know what my positions are."

The Buhmaster campaign will be "positive," but she adds that, after all, "you do have to compare" — and she sees a major gulf between her views and the incumbent's. She has known her

opponent for several years and respects him. Recently they shared the platform at an anti-drugs rally at Rotterdam Mall. She took the occasion to inquire about the McNulty campaign plans, but failed to receive much of an answer.

As for herself, her expectation is to try to point up the differences between them; one of her purposes in running is her conviction that it is "very important that people have a choice," and she considers that "our approaches to government are quite different."

Among these, she enumerates the value of experience in business, first-hand knowledge of fighting drugs, finance, and international relations. Her careers, she contends, combine to give Mugsie Buhmaster a better perspective on the world than is true of an officeholder whose adult life has

been spent in politics.

With a personalized campaign that "started at zero" on June 7, she's been occupied putting together what she hopes will be an effective organization spearheaded by an intimate cabinet that includes such people as Colonie Supervisor Fred G. Field and Eunice Whittlesey, a Schenectady Republican leader who has held state and federal appointments. Finances are something else again; she's been advised to try for a campaign treasury of up to \$400,000, but she will reject any unduly large contributions if offered, and would shun "special interest of any kind." For possible entree into big-time campaign finance, however, she is hopeful of enlisting Lewis Lehrman, on whose heavy-spending campaign for governor she worked diligently in 1982.

## Local writer named to professional group

Author Paul Block of Delmar has been named to membership in the Western Writers of America, Inc., a professional writers' organization with more than 600 members worldwide. WWA members produce and sell both fiction and non-fiction books and articles concerned with the American

## Financial planner earns company award

Donald E. Eberle of Voorheesville, senior account executive and certified financial planner for Waddell and Reed Financial Services, has earned the company's President's Council Award.

The award is given each year to the representative who places in the top 12 nationally. This is the

West. Block is the author of two Western novels for Lynx Books: "San Francisco" and "San Francisco #2: The Deceit." He has been invited to attend the annual convention of the Western Writers of America, scheduled for June of 1991, in Oklahoma City, Okla.

sixteenth time Eberle has earned this honor. He has been in the financial services industry for 20 years. He presently serves as president of the Capital District chapter of the International Association for Financial Planning and is vice-president of the Steamship Historical Society of America.

## Why Mugsie?

Why does a woman go under the name of Mugsie? "I've had it since Day One, when my brother called me that. Mother (also named Margaret) was known as Mugs." The family views these spellings as the feminine style.

The original Mugs, incidentally, is now scooting around Europe via Eurorail pass at the age of 82. She refuses to be called elderly — "she's a hot ticket." A resident of Elmira, she's disappointed that she won't be in the front lines for this campaign, her daughter relates.

Mugsie herself "married out of college" (Syracuse University '61) and has been an area resident since 1964. She and her husband (who now are separated) have two sons and two daughters, whose ages range from 19 to 26.

## Storytelling featured at Bethlehem Library

Impromptu story sessions called "Tales Told Under the Red Umbrella," will be held at the Bethlehem Public Library by volunteers Carolyn Brown, Shari Bogen, Rikki Marshall, Shawna Dowd and Samantha Wyche.

A red umbrella in the Children's Room is the sign for the storytelling sessions. Call 439-9314 for information.

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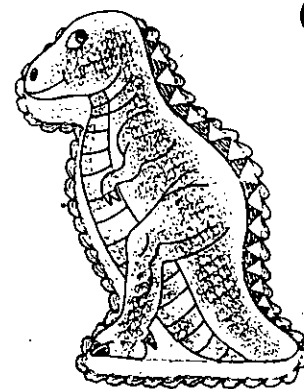
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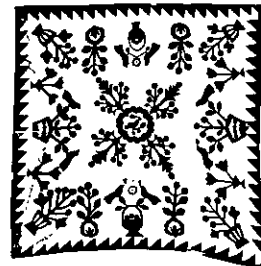
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# State exemptions to ease reval burden

State exemptions for veterans will ease any added financial burden imposed by Bethlehem's upcoming full-scale property reassessment, a state official has said.

According to Pat Quinn of the State Division of Equalization and Assessment, military veterans would be given the chance to weigh two exemption options once expected state legislation is finalized.

Quinn spoke at an informational meeting with Robert J. Finnegan, president of Finnegan Associates, Inc. of Concord, Mass. Monday night at Town Hall. Finnegan has been contracted to reassess 11,035 residential and commercial properties over the next two years.

The Eligible Funds Veterans Exemption currently provides an \$5,000 maximum fixed assessment exemption while a second exemption, the Alternative Veterans Exemption offers a 15 percent assessment reduction for all veterans plus an additional 10 percent reduction for veterans of combat, said Quinn. A still larger reduction is available for disable vets, she said.

A special county Pro-Rata exemption, which lets vets carry the \$5,000 fixed reduction in percentage terms through a re-evaluation, is scheduled to expire in 1994 unless extended by the legislature, she said. With the exemption, a \$5,000 reduction on a \$10,000 property would become a \$50,000 reduction on a property reassessed to \$100,000.

Under the legislation, veterans would be given the option of applying the Pro Rata exemption to their Albany County Taxes and the fixed exemption the their town taxes or applying the alternative exemption to both county and town taxes.

Quinn said. Quinn said vets could select the option that saves them the most money.

Quinn said the move is expected but as yet unfinished.

Exemptions for senior citizens, which run as high as 50 percent on a sliding scale, are also available, she said. But Town Assessor John Thompson said that Bethlehem already allows for the highest possible senior citizens exemptions.

Mike Larabee

## United Way sets campaign goal

The board of the United Way of Northeastern New York met recently to finalize the goal for its 1990 fund raising campaign.

This year's goal was set at \$6.3 million, an increase in excess of eight percent over last year's. The increase was necessary due to the need for additional funding for community agencies. Volunteers are now being recruited for the 1990 campaign; interested individuals can call 456-2200 for information.

## Foster parents sought

An orientation session for adults over 21 interested in becoming foster parents will be held on Tuesday, Aug. 14 at 7 p.m. at Parsons Child and Family Center, 60 Academy Rd., Albany.

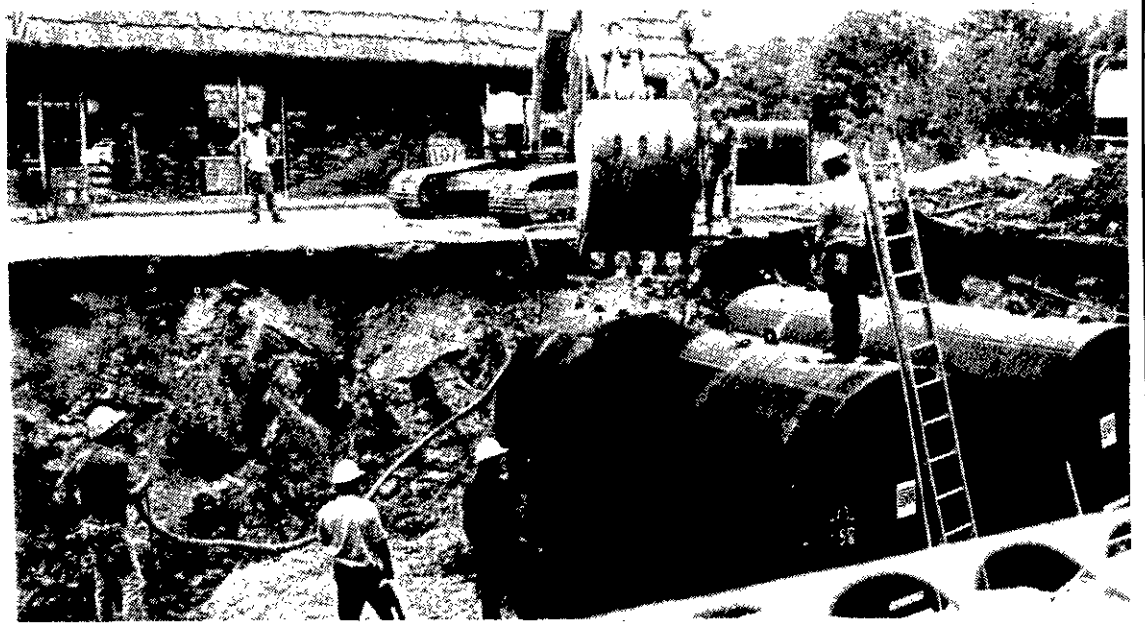
Foster parents are urgently needed to temporarily care for children ages 4 to 18 who are unable to remain in their own homes. Single or married adults who reside within 50 miles of Albany may qualify as prospective foster parents.

To reserve a place at the meeting, call 426-2600.



Jeffrey Correll and Daniel Giwerc frolic in the water at Elm Avenue Park in Bethlehem.

## Tanks a lot



Workers install new gas tanks at the Delaware and Hudson railroad overpass. Stewart's Ice Cream Shop east of the

Elaine McLain

## NEW SCOTLAND

# Supervisor supports master plan

By Mike Larabee

According to Town Supervisor Herbert Reilly, New Scotland's new master plan — two years in the making — more than lives up to its \$28,600 price tag.

"I think they gave us our money's worth," said Reilly. "I'm very pleased with the plan."

The document, which is still in draft form pending public hearing and town and planning board review, was unveiled last week at a joint meeting of the town and planning boards at Town Hall. New zoning ordinances and subdivision regulations, covered under the total \$28,600, have yet to be drawn.

According to C.T. Male document architect John Montaigne, the plan was designed to allow the town flexibility in dealing with development pressures over the next few decades.

"Yes, you will probably see a lot of new development in a town of New Scotland," said Montaigne. "But the intent of the new ordinance is to give the planning board a little more ability to determine what that looks like."

Along with the town's five hamlets, three one-acre districts are slated to handle the highest density future residential development. They are:

- Lands extending from Krumkill and Font Grove roads southwest of the Normanskill basin across Hilton Road and Route 85A to Swift Road at the other side of Colonie Country Club.

- A triangular-shaped district surrounding the high school at Martin Road and Route 85A.

- A district starting northwest of Unionville around Unionville Road and sweeping southward to Route 32.

Other smaller locales were zoned one-acre, mainly to conform with their existing development, Montaigne said. He added that concept of concentrating development in and around hamlets "discourages the type of suburban sprawl that ruins the agricultural character of an area."

According to Montaigne, large lot requirements in most areas of the town were dictated by environmental circumstances. He said locations with limited groundwater and poor soil percolation rates won't support high density development and thus were zoned for three, five, or ten-acre properties.

But Councilman Peter Van Zetten said large lot requirements may make housing in the town unaffordable for "working class" residents. Specifically, he said, landowners in low-density districts won't be able to deed small portions of their property to family members.

Planning Board Chairman Robert Hampston said later there have been almost no such requests before the board in recent years. He said provisions for affordable housing will be considered when new ordinances are written.

A new commercial/enterprise district designed to promote light and service industry will replace the town's current industrial zone. Montaigne said those existing zones have not been developed because there are no major ac-

cessways within the town.

Reilly said he was "grateful to the planning board" for their extensive work on the project.

The master plan will be the basis for new town zoning and subdivision regulations.

Montaigne said informational meetings with town residents will be held after draft zoning regulations have been drawn. The meetings will be held in Feura Bush, Clarksville, the New Salem escarpment, the Krumkill Road/Normanskill basin area, New Scotland/Unionville, and the area west and north of Voorheesville.

The master plan is based on opinions collected from town officials and residents during public hearings during 1987, Montaigne said. Reilly said copies of the plan can be viewed at town hall.

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# New owners hope to make store shine

By Mike Larabee

New Joyelles Jewelers owners Mary Vail and Sharon Boudreau say they intend to make the store a diamond in what can sometimes be a business rough on consumers.

"Our aim is for a personal sense to the store," said Boudreau. "We don't want a mall atmosphere where there's sometimes the pressure to come in, buy, and get out."

"I like the idea of knowing the person who walks in the door by their first name," she said.

Though they only purchased the Main Square, Delmar store in June (by turnkey agreement with former proprietor Michele Nicastro), the pair has a head start in that respect, as many locals already know Vail, a Delmar resident and 1976 graduate of Bethlehem Central High School.

"Part of the reason we picked this spot when the space became available is because Mary is from Delmar, and she wanted to conduct her business in the town where she grew up," Boudreau said.

The partnership was formed while the pair worked seven years together at Kelly's Jewelers in Albany. Vail will handle most of technical and artistic stone and metal work while Boudreau, who managed Things Remembered jewelers in Latham before moving to Kelly's, will oversee the business side of the operation.

Vail, a former Skidmore College jewelry design student and recipient of a Ford Foundation scholarship in metalsmithing, said she wants to place of her one-of-a-

kind personal pieces on Joyelles' shelves. She said her interest in jewelry design stems from a life-long interests in the arts.

"Ever since I was little I was always interested in making things. I became fascinated with the properties of metal," said Vail, adding with a laugh, "and gemstones are wonderful to play with."

*I like the idea of knowing the person who walks in the door by their first name.*

Boudreau said they will slowly add more handcrafted items, unique pieces from other jewelers and designers, and designs of their own to shop merchandise. "Our intentions are to slowly change different aspects of the store," she said.

The new owners will also concentrate on repairs, they said. Vail, who'll fix "just about anything," will be in charge of repair work, an area where both partners feel their store has a lot to offer.

"We are comparable if not less expensive than other jewelers because all repairs are done here while most shops have to send out," said Boudreau. "And we can provide the service in two or three days as compared to two or three weeks when you have to send out."

Vail added that by being accessible to customers, she hopes they



Mary Vail and Sharon Boudreau

will feel comfortable with the repair operation. "A lot of people don't want to leave their jewelry with just anyone," she said. "Jewelry is one of those personal things with a lot of sentiment attached."

The gamut of rings, pendants, pins, earrings, beads, necklaces and other pieces will continue to fall within a wide range of prices, Boudreau said. She said so far they've had a strong reaction to their under \$20 "youthful" line of sterling silver anklets, bracelets, and rings. But she also pointed out that one of Vail's custom-designed pieces, a made-to-order 14-karat

gold pin with an oval ruby and pearls, recently sold for \$1,200.

In addition to adornments, the store has giftware — vases, candlestick holders, perfume bottles, brassware, glassware, and the like — for between \$4 and \$100, Boudreau said. Also, the store carries consignment pencil and ink sketches and prints by Delmar artist V. Remington Rich.

Joyelles Jewelers is on the first floor of Main Square Shoppes, 318 Delaware Avenue. Business hours are 10 a.m. to 7 p.m. Monday through Thursday, 10 to 8 on Friday, and 10 to 5 on Saturday.

## Bethlehem student attends music camp

Shannon Woodley of Delmar, a junior at Bethlehem Central High School, has returned for her second summer as a student at the National Music Camp in Interlochen, Mich. A trumpet and flugelhorn player, she is participating in the camp's high school band, brass ensemble, and music theory programs. She studies trumpet with Henry Carr, Jr. of Delmar and plays with the Empire State Repertory Orchestra. She is the daughter of Happy and Harvey Scherer.

## Preschool students' art shown at South Mall

Ellen Marohn's class from Bethlehem Preschool had a banner on display at the north end of the Concourse of Empire State Plaza in a contemporary salute to Flag Day. The banners, done in the art class of Ruth McDowell, were on display from June 14 until July 4.

The children used masking tape to outline the shapes, tempera paint was added; the tape was then removed to reveal the finished design. The banner incorporated some of the shapes, colors, materials, and techniques found in the abstract art from the Empire State Art Collection in the concourse.

## Officer named

Brian A. Hughes, 20, of Delaware Turnpike, Delmar has been appointed part-time animal control officer for the Town of Bethlehem.

Hughes is a 1984 graduate of Bethlehem Central High School. In September 1988 he earned an associate's degree in criminal justice from Hudson Valley Community College in Troy.

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## LAWN INSECTS

Timely Tips from Joe Huth  
(former Cooperative Extension Agent for Albany County)

At least two insects can be a problem on your lawn now. They are Chinch Bugs and Sod Web Worms. Chinch Bugs are hard to find but can be detected by carefully looking near the edge of dead looking areas. One way to make looking easier is to cut both ends out of a tin can and then push one end of the can 2-3 inches into the soil. Keep it filled with water for 10 minutes. If Chinch Bugs are present, you will find black to brown insects with white wings floating on the surface. You may also find pink to red immature forms of the insects

called nymphs floating on the water. Sod Web Worms are easier to detect. They are the white moths that fly up when you walk across the lawn at dusk. Small holes in the lawn often indicate that birds are digging for Sod Web Worms. Sevin, Dursban and Oktanol are recommended to control both of these insect pests. If your lawn shows evidence of these insects, treat now. Oktanol applied now should also give control of Japanese Beetle Grubs since it is effective for a month or longer.

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# □ Stalemate

(From Page 1)

group of Hudson Avenue area residents who say it was shaped specifically to accommodate a proposal for a neighborhood site.

The unexpected stalemate arose as the board appeared ready to approve the measure. It was centered on speculation that LUMAC would soon respond to a town board request for an evaluation of the measure. LaForte said he wanted to hear LUMAC's comments before he would be willing to cast his vote.

"The only thing we know about this is that it deals with the issue before us," said LaForte. "To ignore it would be tantamount to sticking our heads in the sand."

"If there's something in there that triggers a reconsideration, I'd like to know about it," he said.

LUMAC is a 10-member committee formed to create a comprehensive or master plan governing land-use and development in the town.

In voting against LaForte's motion, Barr said LUMAC's opinion on the senior zone wasn't relevant to the planning board because the planners were acting in an advisory capacity only. He said the town board could weigh both LUMAC's and the planning board's recommendations at their discretion.

"We've been working on this for six months," said Barr. "I can't believe the members of LUMAC have gone into this with the depth and breadth and detail that this board has gone into it."

"I think we've come up with an exceptionally fine document that meets so many of the potential problems," he said.

Both LaForte's motion to table the document and a second move to send the provision to the town board with the planning board's recommendation for approval failed to win the four votes necessary for approval. Faced with a stalemate, the board then voted 6-0 to table the document.

Comments forthcoming

Later, LUMAC chairman Mark Fitzsimmons confirmed the com-

*In Selkirk The Spotlight is sold at Convenient and Bumby's Deli*

mittee would be sending a letter to Town Supervisor Ken Ringler regarding the senior zone but refused to disclose its contents because he said it was still in draft form. He stressed that the forthcoming commentary did not represent a committee consensus.

"It is important that this letter be understood to reflect not my opinion or a unanimous decision by the committee but the general concurrence of opinion by the committee," he said.

Fitzsimmons said the letter was to be finalized at Tuesday's (yesterday's) committee meeting and delivered to Ringler sometime before tonight's town board meeting.

At least two people present during the planning board discussion — Nelson, the board's LUMAC liaison, and Town Planner Jeff Lipnicky — had attended past LUMAC meetings where the floating zone had been considered. Neither was willing to do more than sketch the committee's position.

"I can best characterize it as something that's neutral," Lipnicky said, but added, "It's fair to characterize the committee or the majority of the committee as not wanting to divert its energies to the review of things not directly relevant to the master plan."

Nelson said LUMAC has some concerns about the proposal and that they are "trying to express those concerns and also remain neutral." She said she did not attend the most recent LUMAC session, when the draft reply was nearing completion.

Fitzsimmons said the initial correspondence between LUMAC and the town board — an April 2 memoranda from Ringler — dealt with a specific DePaul Management plan to build a two-story, L-shaped multiple dwelling unit on a five-acre North Street tract.

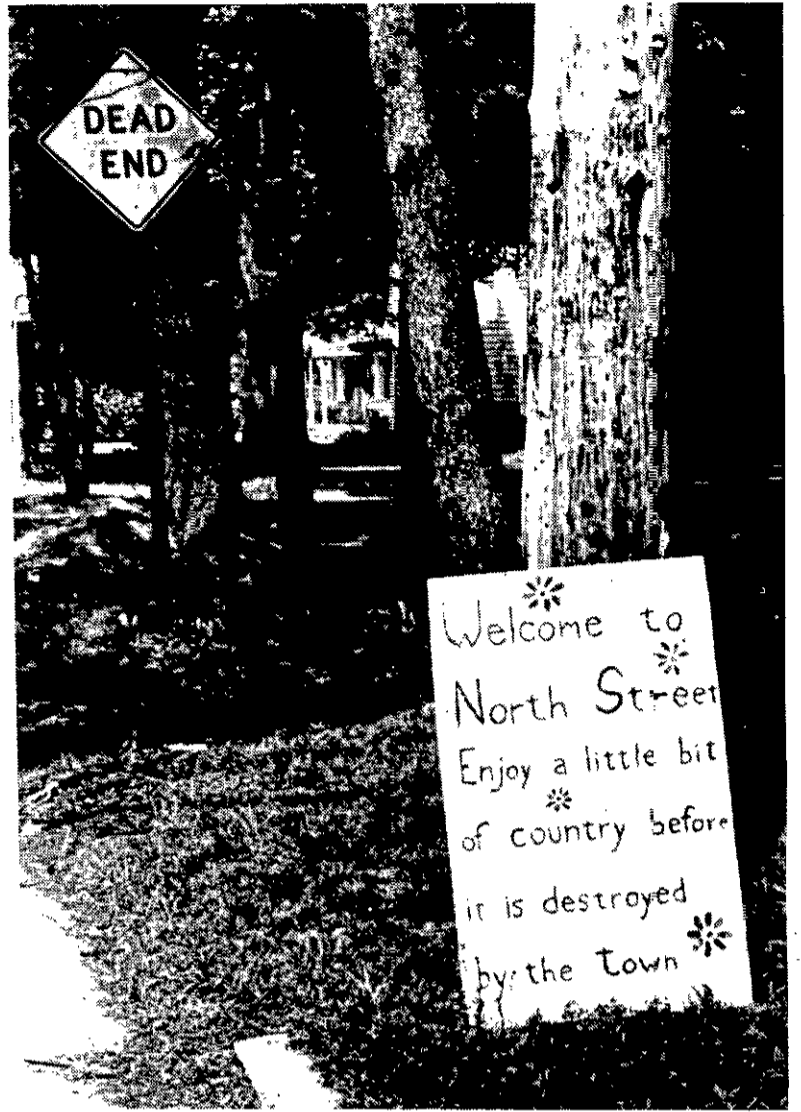
DePaul is a not-for-profit arm of the Albany Catholic Diocese.

He said LUMAC decided subsequently it would be inappropriate to comment on a specific proposal. "That's not under LUMAC's domain. That belongs under the authority of the respective boards," he said, but added the committee felt that the overall senior zone concept did fall with the scope of LUMAC's responsibilities.

"We feel that is in our domain," he said.

Ringler said Monday he agreed. "I felt (when the memo was sent) it was appropriate to have them provide input on this issue after a town board member suggested it," he said. "It is a suggested change in our code which could have long-term effects on the town."

But he said the implications of LUMAC findings remained a "grey area," because LUMAC is "basically advisory in nature."



The Hudson Avenue Neighborhood Association is opposed to a proposal to locate high-density senior housing on North Street.  
Elaine McLain

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## Assessing arable areas

Our editorial, "Assessing the scenery" last week posed this question:

How is it possible to attain "fair and current" assessment of real property — but prevent higher property taxation from driving farmland and other "green" areas into forced sale?

The poignancy of that riddle is coincidentally underscored in this week's Point of View column on the opposite page.

Peter Ten Eyck, proprietor of the popular Indian Ladder Farms, reports that a half-

## Neatness counts?

The well-intentioned proposal in Bethlehem's Town Board to find a lawful way of keeping posters and signs off "public property" strikes us as a step too far in the direction of neatening the town up.

We see as highly desirable a community that's open to citizens' expressions. Some formalize that with a declaration of First Amendment rights of free speech. And that reservation does in fact prevail, we believe.

Especially offensive to the purists are those campaign signs that seasonally go up. But included would be the laboriously hand crafted notices of your garage sale, your neighbor's open house when he wants to move, the kids'

## On the street where we live

That's an interesting issue raised over there in Slingerlands by a few dozen residents of quiet and quite elegant side streets bearing names redolent of stately, murmuring forests.

"Not in our back, side, or front yards," they're saying of a proposed street that would create a link with a couple of dozen new homes that are to be built in an adjoining area. Such expressions as "disruptive to the neighborhood," "dangerous traffic," and "property value" are being employed.

In the other corner are proponents of the new street, including Bethlehem's planning staff, with the seemingly plausible argument that commonsense dictates that you don't want to maintain two separate cul-de-sacs only a short distance apart.

## Making it anywhere

One of those "inside" news stories intimates that the State Assembly's Speaker, Mel Miller, may be obliged to step down if and when he's indicted on federal charges of fraudulent behavior in his law practice. Further, the story suggests, his party then would be in a puzzlement about who among their ranks might qualify for the speakership.

The perplex involves geography, because such a major chunk of Democratic membership in the Assembly arises, toadstool-like, in

## The bucks stop here

Unemployment benefits extend to people taken on for temporary work? We believe that most fair minded people would say no, despite any inclination to help out worthy individuals in times of economic stress.

So say we, in remarking on a bill introduced by our Congressman seeking to restore unemployment benefits to nearly 1,400 residents of a six-county Capital Region area.

### Editorials

century ago Albany County had 52 fruit farms. Today only two remain.

This extraordinarily graphic record of the depletion of agricultural resources adds timely support to our suggestion that public officials concentrate on finding a solution to dangers the community confronts by hewing absolutely to the re-evaluation line.

announcements of benefit car washes, the fire company's pancake specials, the farmers' market, the county fair... you name it. The list can go on and on, identifying many of the activities that give a community life and breadth.

As for the campaigners' posters, which proliferate in keeping with the vitality of the town's political pulse, we say the more the merrier, and shame to the fussbudgets who see only the landscape. And practically speaking, removing such notices from "public" areas would only drive them onto more lawns of the candidates' advocates.

Why not just relax and enjoy it, as the saying goes.

Commonsensible or not, it's rather easy to sympathize with the standpat homeowners on Southwood, Thorndale, and Devonshire. There's much to be said for byways that form small neighborhoods with an integrity and identity all their own. Bashing such a distinctive unit after many years of existence can appear to be a whimsical approach to "progress."

Even in our hurried time, not everything that seems logical is destined to come to pass — nor should "a good planning objective" necessarily dominate decision-making.

And it does seem timely to inquire about the desirability of pushing the linkage pending the master plan.

New York City. You know the refrain about thus being able to "make it anywhere," but Albany may turn out not to be the place to do it this year.

It's been more than thirty years since the speakership moved downstate after the days of Ozzie Heck. And it just might be timely ("if and when") for that majority party to find their Speaker upstate, perhaps in Broome County, home borough of their majority leader, the redoubtable James Tallon.

They were hired by the Census Bureau after April 20 and worked several weeks.

We trust that somewhere in the ways and means committee of the House of Representatives, heads rather than hearts will intervene in the interest of fiscal prudence. Congressman McNulty states that it's "only proper" that the unemployment payments be made to people who were, in effect, just passing through. We must dissent.

## 'Floating zone' concept can happen to you, too

Editor, The Spotlight:

I find very disturbing the lack of discussion in Bethlehem about the method by which a senior housing district is being created — the so-called "floating zone."

For those residents who aren't familiar with the floating-zone concept, it goes like this: A special-interest group (in this case, senior housing sponsors, but it could be any group) looks for a parcel of land on which to place its project. The group may decide that it wants a parcel in a neighborhood zoned for single-family residential. The group needs high-density zoning. So the group goes to the town

### Vox Pop

government to ask for a zoning district they can use to change the zoning in the single-family residential zone.

The town government kicks it around in committees and in the Planning Board, and sets up an ordinance with criteria pertinent to the special-interest group's project and, in some cases, to the particular parcel. The Planning Board votes on the ordinance and passes it on to the Town Board.

FLOATING ZONE/ page 8

## Can justice prevail in my case? she asks

Editor, The Spotlight:

May I please ask some questions of our judicial system?

Please tell me why it takes 14 years, 14 court orders by 11 different judges, and approximately 11 different lawyers, to settle a divorce case.

Why is it so difficult to get justice in this system? We are not the Trumps. We were merely a middle-income family of six.

I cannot figure out why court orders do not have to be honored and nothing is done about it!

Because of this — for the second time since 1988 — I have been informed that I will lose the marital residence to foreclosure for back taxes to Albany County — yet there is a court order dating back to 1977 that the taxes be paid by my ex-husband. I have lived in this house for 26 years and have raised four children in this home. Yet, I stand to lose it because the court orders were not complied with, nor enforced.

I redeemed the foreclosure in April of 1988 for over \$11,000 by obtaining a loan — yet I have 14 court orders stating that he is to pay the taxes!

I keep getting told that this is an unusual case. Why? I am being told that my case fell through the crack. Big crack! Did we have an earthquake in Albany County that I am not aware of? I have lived in this county for 54 years. I cannot believe that this is justice. What am I missing?

It is no wonder that court calendars are full — think of the time expended by judges or their law clerks in this matter.

Please; I am desperate for answers.

Name submitted

Delmar

Editor's note: We have withheld the name of the writer of this letter, but if any court officer wishes to learn her identity in order to help remedy the situation she describes, we will provide her name for that purpose.

**Vox Pop is The Spotlight's public forum. All letters from readers on matters of local interest will be considered. Writers are encouraged to keep their letters as brief as possible, and letters will be edited for taste, style, fairness and accuracy, as well as for length.**

**Letters should be typed and double spaced if possible. The deadline for letters is 5 p.m. of the Friday before the Wednesday of publication, unless otherwise indicated.**

## THE SPOTLIGHT

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UNCLE DUDLEY

## The Kerensky connection

It was on July 25 of 1917 that Alexander Feodorovich Kerensky became prime minister of Russia's government, midway through the series of revolutions rocking the country and the world that year. He lasted three months, until V.I. Lenin and the Bolsheviks took over.

Today, 73 Julys later, another of his successors as head of the USSR is widely viewed as being on very shaky ground. How long Mikhail Gorbachev will last as president is questioned widely.

I've been thinking about these gentlemen of late—and also about a third extraordinary figure, Franklin D. Roosevelt. I see FDR being connected, in different ways, to each of the Russian politicians.

\*\*\*\*\*

For weeks and months past, TV news viewers and daily newspaper readers have been treated to reports and analyses and forecasts of President Gorbachev's status and future. Is this event good or foreboding for him? Is that latest bulletin filled with significance for how long he can be expected to hold on? What's Yeltsin really up to? Will Gorbachev survive this crisis in the Politburo, the dissension in the party?

One week, he's viewed as having shored up his situation or staved off another prospective disaster. The next day, he's in a perilous cliffhanger again. I'm reminded of the excitable sports announcer covering a heavy-weight slugfest: "He's down; no, he's up! He's down, he's up!"

Mr. Gorbachev's detractors are being described as "the conservatives." The changes he has instituted, and the unintended runoff from those policies, angers many of those people, who want to bring about his defeat and reverse many of his reforms.

CONSTANT READER

## In the wide open spaces

Many months ago this column first mentioned the attractions of an unusual publication called *High Country News*. It is published in tabloid newspaper format out of the little village of Paonia, far out in the Rockies of Colorado. I have found occasion to refer to articles from it in a few subsequent columns.

Most recently, Constant Reader's readers were informed of a feature that had just appeared in *People* magazine about *High Country News* and its publisher and editor, Ed and Betsy Marston, easterners who went west in the '70s in the cause of small-town newspapering then later turned to crusading in behalf of the environment.

The *People* piece was brief, but now comes the full treatment in depth: a dozen pages in an elaborate magazine about which you may have read in this column in late April. At that time it was oddly named *Harrowsmith*, and I had just happened to discover it during its fourth year of publication. No sooner was that column published than the magazine changed its name: it's now *Harrowsmith* (in subordinate type) *CountryLife* (in big, big letters). More on that a little later. Back to its treatment of *High Country News*.

More than a half-century ago, President Roosevelt and his economic and social programs earned the diehard enmity of this country's conservatives, and the bitter hatred of many "economic royalists," as he mocked them derisively.

Very much as with Gorbachev, pundits willingly wrote his political obituary many times over. It was difficult, in the short run, to perceive how permanent, how far-reaching, the New Deal reforms would prove to be; how indestructible the reformer.

## FDR's 'revolution' was more lasting; and Gorbachev's?

In his first administration, a whisper went around royalist circles: One of "the New Deal crowd"—a Tugwell, a Corcoran, a Frankfurter, perhaps—was alleged to have dismissed the President as merely "the Kerensky of this revolution."

Mr. Roosevelt, in other words, was either the willing front or the unwitting dupe, for the Lenins and the Stalins who would soon take over. Well, it didn't quite turn out that way, did it?

\*\*\*\*\*

I had the opportunity to meet Alexander Kerensky once. He was visiting a university campus where I happened to be a functionary detailed to look after him during his sojourn there. By then, he was in his late sixties I remember a slight gray man in neat but distinctly proletarian clothes fully as unremarkable as he himself had become. He seemed ready to pull on his cap and mount his working

man's bicycle to pedal off to the factory.

To me, he carried with him no excitement of living history. His real life appeared over, as much as that of Leon Trotsky, assassinated a few years earlier. But he lived on for more than two decades; he died as he approached his ninetieth year.

Alexander Kerensky was a lawyer who disguised his actual political convictions in order to be elected to the Duma, the parliament of czarist Russia. An eloquent speaker, he was in position to move up when the first "provisional government" was formed out of the February 1917 revolution, first as minister of justice, then as war minister. He tried to reorganize the demoralized army, rushed to the front at one time and managed a brief offensive.

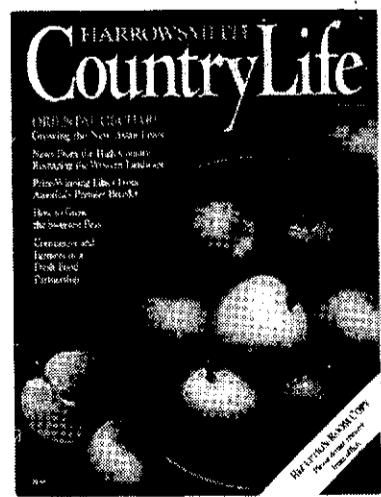
Seventy-three years ago today (as this newspaper is dated) he succeeded a Prince Lvov as prime minister.

But he proved to be unequal to rallying the war-weary Russian people, and when confronted with the pincers of military reactionaries (those conservatives again!) on the one hand and the Bolsheviks on the other, his indecisive efforts to maintain "moderation" were fatal. In the October revolution, he fled. Once he tried to make a comeback, but his pathetic armed forces were turned aside.

If Mikhail Gorbachev reads history, as he almost surely does, he is fully aware that vacillation, indecision, and half-measures will serve him poorly.

And as I write this, the morning headline reads: "Soviet Chief Sheds Mild Tone and Lashes Out at Critics of Economic Policies—OVERWHELMING VICTORY."

The writer who did the text on *High Country News* found in its offices "a heady, good-natured tradition of activism as palpable in the air as the pungent scent of apple blossoms from the orchards surrounding Paonia."



"Certainly, what is being done here is of no little consequence. However unlikely it may seem, this weekly newspaper may well represent the future of the western environmental movement. Indeed, the ripples... are felt way beyond this isolated valley and quite out of proportion to the paper's modest subscriber rolls."

The writer, Jim Fergus, divines that the Marstons are trying to steer the Western environmental movement beyond its traditional course as defender of the natural world, onto a new, as yet uncharted, tack—trying to turn the movement away from its radical edge. *High Country News* is counseling against the policy of "ecotage"—spiking trees, disabling bulldozers and logging equipment, cutting down power lines. "When ecotage occurs," warns the paper, "any short gain for nature is lost in the further weakening of the West's democratic and humane impulses."

The same issue of *Harrowsmith CountryLife* includes an article of uncommon area interest. It's about the Community Supported Agriculture movement (CSA). In it, like-minded people of an area become "shareholders" in the crops of a farm. They purchase the shares, in advance, with the expectation that when the crops are in they'll all share in the bounty. "The role of the shareholders is to support the farm, including the farmer. And by guaranteeing the farmer's income, the shareholders accept the risk that most farmers take alone. . . . The shareholders agree to pay the costs involved with production, regardless of actual production."

OPEN SPACES/ page 8

## Making a difference — a family tradition



The contributor of this Point of View column operates Indian Ladder Farms on Route 156 near Voorheesville. He is president of the New York State Horticultural Society.

By Peter Ten Eyck

Fifty-two years ago, Albany County had 52 fruit farms. That was in 1938, shortly before I became associated with one of them, Indian Ladder Farms.

### Point of View

Duffy Mott operated a large cider mill in Voorheesville, and until the late 1940s "Heldeburg Apples" had a reputation that often commanded a premium in the wholesale market.

Gradually almost all the orchards clustered at the base of the Helderberg escarpment ceased operation, until only two full time fruit farms are left. I believe Albany County needs these two fruit farms and that, in ways hard to measure, the quality of life is improved because of our presence.

I think most people, after having provided for the basic necessities, want to make a difference with their lives. And therein lies the prime motivation for continuing a family tradition of fruit farming that to some people may appear to have outlived its usefulness.

Mexico and Chile can grow food cheaper than we can. Even the bigger farms in our own state can produce apples at a lower cost than we can, due to economies of size. Apples grown in the deserts of western Washington State have redder color and, enhanced by a sophisticated waxing process, they have greater eye-appeal.

Nonetheless, it does seem that a place still remains for an orchard that doesn't want to get any bigger, one like ours where we cannot sell to chain stores because we refuse to wax our fruit. Still room, too, for low-tech farming in close to where people live and work. Where people can, by watching through the seasons of the year, somehow become part of the process of growing food.

We offer sort of a loose partnership of grower and consumer that gives each partner an interest in helping to maintain the process.

## Fruit farms have been disappearing from Albany County at the rate of one every year for the past half-century

Another motivation for farming is the continuing contact with nature: To see the seasonal changes, not only from a personal point of view, but also to observe the reactions of a host of other plants and animals as they practice their own art of survival.

In my 51 years at Indian Ladder Farms I have seen the demise of many small nesting birds due to predation by crow and squirrel populations that have increased because of suburban sprawl. I have welcomed the return of the wild turkey, bluebird, and coyote, but confess to mixed emotions about the doubling of the deer population. I accept the challenge of sharing nature with all of God's creatures—but do not consider it fair that our orchards should bear the cost of raising animals that others kill for sport. Where do you draw the line?

There was a time, in the 1950s and '60s when we thought that, if given powerful enough tools (or, later, strong enough chemicals), farmers could overpower some of the forces of nature. What a joke!

By the time I was running the business by myself in the '70s, the green apple aphid female, in response to chemical control efforts, had developed such a high rate of reproduction that she gave up sex for the summer and produced young by cloning an exact replica of herself, fully formed and feeding as soon as it was born. And if you looked at the offspring under a microscope you could see the next daughter already forming inside: a mother giving birth to two generations at a time. The process of nature is one that can be changed only in small degrees. The challenge is to work within the system. It is a very humbling experience.

Over the last seven or eight years a new type of farming called "Integrated Pest Management" has come into its own, allowing natural predators to build to the point where they can control pests like the apple aphid, instead of our use of chemicals. IPM procedures have reduced chemical use, but to have further impact we must have some concessions from consumers in the form of what they will consider acceptable fruit appearance. After all, a large percentage of all chemicals applied to farm produce are for essentially cosmetic reasons.

To all intents and purposes, the sun is the only source of energy on this planet and green plants are the only large life-form that can convert this energy into something we can use.

Apple trees do this remarkably well, and the energy form they provide is exceptional. As I see it, my job is to enjoy the beauty of it all — and take as much credit for it as I can.

# Matters of Opinion

## Open spaces

(From Page 7)

CSA undertakes to provide a minimum of five pounds per week over a period of several months, while the shareholders accept the premise that they can't be guaranteed any amount of vegetables.

I mentioned local interest. The first CSA in the United States was begun in South Egremont, Massachusetts (down near the Connecticut line) five years ago. The article, however, focuses on a CSA based in Schaghticoke under the management of a 33-year-old farmer named Janet Britt. For a

\$340 share, each supporter receives enough organically grown vegetables for four days' worth of meals every week from early June to the end of December. This CSA has about 100 members. Every harvest day, each shareholder receives at a pickup point in his or her city (Albany, Troy, Schenectady, or Saratoga) a sackful of vegetables, virtually all of them harvested the same day they are delivered.

The article offers a wealth of information about how it all works out, and it's well worth the reading

### Words for the week

**Predation:** The act of plundering or preying. Also, the method of existence of predatory animals.

**Palpable:** That which can be touched, felt, or handled; tangible. Easily perceived by the senses; recognizable, perceptible. Clear in the mind; obvious, plain.

**Pincers:** A military movement in which simultaneous flank movements are used to converge on an enemy force or stronghold and cut it off from support and supplies.

**Pundit:** A person who has (or who professes to have) great learning; actual or self-professed authority. Earlier, in India; a Brahmin who is learned in Sanskrit and Hindu philosophy, law, and religion.

**Pungent:** Producing a sharp sensation of taste and smell; acrid. Also, sharp and piercing to the mind; poignant, painful. Sharply penetrating, biting. And, keenly clever, stimulating.

## Floating zone

(From Page 6)

When the Town Board passes it, it becomes law.

The special-interest group then submits a proposal to the proper town authorities and receives a permit to build the high-density project in a single-family residential zoned neighborhood.

John Doe has lived in a neighborhood for perhaps his whole life time. Regardless of the length of time, his family's investment in their home was a large one. They made the investment, (possibly with a second mortgage) in the expectation that the zoning which was in place when they bought the home would stay in place. They expected that the neighborhood's character and the traffic level would remain the same. But most of all, they expected that the property value would appreciate.

The special-interest group's 50-apartment building, a two and one-half story L-shaped design with wings that are 250-300 feet long, has vinyl siding and minimal landscaping but a large parking lot. It increases traffic in the neighborhood. None of these things are in

character with a neighborhood made up of Victorian, Colonial, Cape Cod, and other styles of single-family homes.

The Does' neighbor puts his house up for sale, asking for current market value, but receives substantially less because people who can afford to pay what the house was worth before the zoning change don't want to live in a high-density neighborhood. So the Does' other neighbor gets scared. They figure they'd better sell now so they can get what they can before the property value drops further. They get less than what they previously had in equity. The property value of the whole neighborhood drops. Then adjacent neighborhoods slowly start to go down.

Zoning is in place for particular reasons. It is placed so that neighborhoods retain their character, so that property values remain constant, to help protect homeowners' investments.

It is not meant to be arbitrarily changed at the whim of those who happen to be influenced by special-interest groups.

At this time in Bethlehem, the above scenario is in progress. It could happen in any neighborhood. It will affect property value, no

matter what you hear from Town Hall. It will result in a downgrading (and an eventual deterioration) of a neighborhood.

Action must be taken now to stop this process. This is the reason the Hudson Avenue Neighborhood Association exists, but it's not just a problem in our particular neighborhood. It is a town-wide threat to every homeowner in every neighborhood.

Residents must write to the Town Board and the Supervisor, protesting the floating zone. Residents must attend any and all meetings at which the floating zone (senior citizen housing district ordinance) is on the agenda.

Act now — because when the bulldozers are on the property it will be too late.

Joseph Duclos  
President,

Hudson Avenue Neighborhood Association

### Naturalist to lecture

Tom Kalinowski, Adirondack naturalist and ecology teacher at Saranac Lake High School, will discuss "Adirondack Wildlife" during the next presentation of the Summer Public Science Lecture Series on Tuesday, July 31 at 8 p.m. at the University at Albany's Whiteface Mountain Field Station.

For information on the free presentation, call 442-3903.

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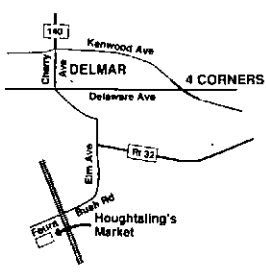
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## Five arrested for drunk driving

Bethlehem police arrested five drivers for driving while intoxicated last week.

Jeffrey D. Sumner, 21, of Valley View Apartments, Watervliet, was arrested for felony DWI at 2:22 Sunday morning after he was stopped for allegedly following too closely on Corning Hill Road near the Route 144 intersection. Sumner allegedly followed an unmarked Conrail police cruiser driven by a uniformed Conrail officer, who radioed town police. Sumner was ticketed to appear in Bethlehem Town Court on Aug. 7. Information on his previous DWI conviction was unavailable.

Patsy Ann Rose, 35, of 19B Old Hickory Drive, Albany, was ar-

rested for misdemeanor DWI at 7:30 p.m. Saturday. Police said her vehicle was stopped on Route 9W near the Albany city line when no front license plate could be seen. Rose was also ticketed for consuming alcoholic beverages and released to her husband pending an Aug. 7 reappearance in Town Court Aug. 7.

Glenwood Sanders, 37, of 570 Clinton Ave., Albany, was arrested for misdemeanor DWI at 8:40 p.m. the same evening. Police said the southbound vehicle was pulled over for allegedly traveling above the speed limit on Route 9W near Feura Bush Road. He was ticketed to reappear in town court on Aug. 21.

### Senate bill targets phone pornography

The New York State Senate recently passed a bill designed to limit access to "dial-a-porn" telephone lines. The legislation will restrict minors' access to such recordings by requiring pre-subscription and personal identification numbers. Only those over 18 would be able to receive the num-

Daniel E. Miles, no age available, of 8 Gardner Terrace, Delmar, was arrested for misdemeanor DWI Saturday at 3:18 a.m. Police said Miles was stopped for alleged failure to keep right while driving on Elsmere Avenue near the Fairview intersection. He was ticketed for an Aug. 21 court appearance.

Stephen P. Basile, no age available, of 1170 Wilson Ave., Fall River, Mass., was arrested for misdemeanor DWI last Friday at 5:40 p.m. in connection with a one-car accident on Route 85 near the Albany city line, police said. Basile was ticketed to reappear in town court on Aug. 7.

bers, and applicants would have to prove eligibility.

Currently any blocking of pornographic phone services is done voluntarily by residential customers.

The bill has gone to the Assembly for a vote.

### New food stamp distribution procedure

Albany County is scheduled to begin an Alternate Food Stamp Issuance program in October. Food stamp recipients will get their food coupons at participating supermarkets through an electronic identification card.

Beginning this month, the Albany County Department of Social

Services will mail monthly Food Stamp Authorizations between the first and eleventh day of the month. A series of notices will be sent to all food stamp recipients alerting them to the change in the mailing schedule of their food stamp authorizations. For information, call 447-7591.

## Educational station wins awards

WMHT Educational Telecommunications was honored recently with two awards for excellence in promotion of fund-raising activities. The station received the PBS award for the best advertising and promotion of a fund-raising campaign in markets under 750,000 households for its "Quiet on the Set" campaign which ran in November of 1989.

WMHT also received a bronze award from the Broadcast Designers Association for its print campaign to promote the station's second annual art and wine auction, Gallery 17.

## No one hurt in gas leak

No injuries were reported as a result of the July 13 gas line break at the Voorheesville Elementary School grounds, according to Albany County sheriff's deputies.

A wayward backhoe blade accidentally ruptured the Niagara Mohawk line on the grounds, where work on a 8.9 million reconstruction project has been under way. Three residences around the site were evacuated as a precaution.

NiMo workers plugged the leak and the site was declared safe at 9:30 a.m. No students were in the building at the time.

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## Deputies nab 19-year-old after high-speed chase

George Vrinotis, 19, of 5228 New Scotland Road, R.D. 2, Voorheesville, was jailed without bail in connection with a high-speed chase Sunday near Voorheesville.

Vrinotis was charged with first-degree reckless endangerment, a Class D felony, as well as reckless driving, failure to comply with a police officer, unreasonable speed and other traffic law violations, according to Albany County sheriff's deputies.

Deputies said that at about 11:20 a.m., Vrinotis was observed driving at a high rate of speed on Route 155, heading south. A sheriff's cruiser attempted to stop the vehicle, which turned off on side roads and passed other vehicles while heading toward the village, deputies said.

At a roadblock on a straightaway further south, the vehicle failed to slow down, causing one cruiser to the shoulder of the pave-

ment to avoid a head-on collision, deputies said. Nearer the village, the vehicle finally encountered heavy traffic and was forced to stop.

No injuries were reported.

Vrinotis was arraigned by New Scotland Town Justice Kenneth Connolly and remanded to Albany County Jail without bail. He is scheduled to appear in Voorheesville Village Court on Aug. 6, New Scotland Town Court on Aug. 7 and Guiderland Town Court on Aug. 20.

### Clarksville man nabbed for DWI

Virgil Andrews, 42, of Flat Rock Road, Clarksville, was arrested for misdemeanor driving while intoxicated July 15.

Andrews, who was stopped on Route 443, Clarksville, at 8:50 p.m., was released on tickets returnable in New Scotland Town Court tomorrow (Thursday).



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## Views On Dental Health

Dr. Thomas H. Abele D.M.D.

### CANKER SORES

The canker sore (or aphthous ulcer) is one of the best known and most persistently annoying dental lesions. It is small and whitish and may occur on the gums, cheeks or tongue. It appears singly and in clusters. A blister usually forms first, without notice, then breaks to form an open sore or canker. Then acute pain begins.

The open canker sore is especially sensitive to touch and to hot or spicy foods. Fortunately, the lifetime of the canker sore normally runs its course in about a week or ten days.

No good treatment is known for its cure at present. There's not much you can do except to make sure you avoid irritating foods. Some people are especially prone to canker sores. They seem to run in families and there may be a connection between canker attacks and emotional stress, though there is still no definite information on the cause of this puzzling disorder.

A dentist can treat canker sores to relieve the pain. However, certain kinds of cankers tend to persist or come back in spite of any treatment now known.

Prepared as a public service to promote better dental health. From the offices of:

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439-4228

and

Dr. Virginia Plaisted, D.D.S.  
74 Delaware Avenue  
Delmar, N.Y. 12054  
(518) 439-3299

# Selkirk firemen to hold giant flea market

The Selkirk Number 2 Fire Company (better known as the Glenmont Firemen) will hold its 15th Annual Flea Market on Saturday, July 28 from 9 a.m. until 5 p.m. at the firehouse next to the Town Squire Plaza. More than 150 vendors will be on hand with new and used items and crafts. Refreshments will be available, and the volunteer ambulance squad will be there to take blood pressure readings.

## Firemen to hold fair

And the lights will be burning late behind the Glenmont Firehouse this weekend and next as the Annual Glenmont Firemen's Fair takes place. The fair takes place Friday and Saturday nights. Along with games for all ages, the firemen and helpers cook up quite a variety of good eating from clams to burgers. Admission is free and

News from  
Selkirk and  
South Bethlehem

Cheryl Clary 767-2373



everyone is welcome to share in the fun.

## Lunch prices going up

Beginning with start of the 1990-91 school year, students at RCS will need a little extra lunch money as prices increase for hot lunches in the district. The cost will increase to \$1.05 for elementary students and \$1.15 for secondary students. Milk prices are not going up at this time.

The changes are due to salary increases and additional costs of the school lunch program. There may also be additional charges for snack items.

## Recycling reminder

Town of Bethlehem residents are reminded that certain items must be separated for recycling at the Ruppert Road landfill.

Cans must be washed, labels and bottoms removed and crushed. Non-returnable glass containers also must be label free and washed with lids and metal rings removed. Plastic containers with the numbers 1 or 2 stamped on the bottom inside a triangle must be washed and have labels removed. Newspapers must be packed in paper bags separate from household trash. There are bins at the landfill to deposit each of the items.

Beginning Sept. 1, all residents will be required to separate their recyclable items. Why not get into the habit now for a cleaner environment?

## Program openings

ASAP the After School Activities Program which offers quality childcare for afternoon kindergartners through 6th graders from school dismissal until 5:30 p.m. still has a few openings for the 1990-91 school year. To enroll your child, call 767-3459 or write P.O. 302, Ravenna 12143.

## Delmar doctor named to board

Dr. Howard R. Netter of Delmar was recently elected to the Capital District Physicians' Health Plan Board of Directors at the Plan's annual meeting.

An obstetrician and gynecologist, Netter received his degree from the University of Rochester school of Medicine in 1960 and carried out his internship and residency at Albany Medical Center Hospital.

## Library trustees elect new officers

The Board of Trustees of the Voorheesville Public Library has elected new officers for a one-year term. J. Fredericks Volkwein will replace Sally M. Ten Eyck as board president, and Diane Connolly will replace Volkwein as vice-president.

Volkwein has been a member of the board since March of 1989. He is currently director of institutional research and adjunct professor of educational administration and policy studies at SUNY Albany.

Connolly has been a member of the board for one year. A registered nurse, she holds a B.S. in education and does private duty nursing in the area.

## Driver improvement program offered

Driver Training Associates is offering its six-clock-hour insurance and point reduction program to licensed drivers and those with learner's permits on Wednesday, Aug. 1 and 8 from 6:15 to 9:30 p.m. and on Saturday, Aug. 4 from 8:45 a.m. to 3:30 p.m., at its Albany site.

Participants who complete the program, which is approved by the state Department of Motor Vehicles, will receive a 10 percent reduction on both vehicle liability and collision insurance premiums for three consecutive years, and also have four DMV conviction points removed from their driving record. The fee is \$35.

For information and registration, call 465-0055.

## Cherry Hill grounds open to the public

Each Saturday until Sept. 8, the public is invited to stroll the grounds and gardens of Historic Cherry Hill, Albany's only house museum showing three centuries of continuous family living. Trees and plants are marked and a garden brochure is available. There is no charge to visit the grounds, which are open from 10 a.m. to 4 p.m.

For those wishing to tour the Cherry Hill mansion, on South Pearl Street in Albany, guided tours are offered each hour from 10 a.m. to 3 p.m. Admission to the house is \$3.50 for adults, \$3 for seniors, and \$1 for children under 17. For information call, 434-4791.

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# Firehouse hosts dancin' in the street

The Voorheesville Fire Department will sponsor a block dance on Saturday, July 28 from 7 p.m. until midnight at the firehouse on School Road. Cost of the event is \$15 per couple and will include beverages and snacks, as well as dancing to the music of the popular local band "Gold Rush." Proceeds from the fund-raiser will go to the Voorheesville Creative Playground Committee. All are welcome. Tickets are available at the door.

## Key Club bottle drive set

On Saturday, July 28, the Voorheesville Key Club will hold its monthly bottle drive from 9 a.m. until noon in the lower parking lot at the Voorheesville Elementary School. Money collected from all bottles and cans donated will go toward the Creative Playground. In addition, Sponzie's Pizza will donate 10 cents to the playground committee for each large pizza sold during the month of July.

The playground committee would like to thank area kindergartners who held a craft and bake sale featuring a homemade quilt, bringing in a profit of \$971 for the playground. Fifth and sixth grades also donated \$403 from their "air band" show to the playground. With the help of the entire community the committee has

## Red Cross sets blood donor goal

The American Red Cross blood program serving central and northeastern New York is looking for 169,000 volunteers to donate blood in the fiscal year that began July 1 and runs through June 30, 1991.

Blood donors must be at least 17 years old, weigh at least 110 lbs. and be in good health. All potential donors must answer a series of health history questions and undergo a mini-physical examination to make sure their donation experience is safe.

To make an appointment to donate blood, call 462-7467.

## Delmar Ph.D. tapped for APA post

Reuben J. Silver, Ph.D. of Delmar, professor of psychiatry and head of the psychology section at Albany Medical College, has been chosen president-elect of the American Psychological Association's division of psychology therapy. He will assume the post in January of 1991 and become president the following year.

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## Voorheesville News Notes

Lyn Stapf 765-2451



already raised \$37,000 toward the playground to be built next spring.

## Seniors to tour manors

The Town of New Scotland is sponsoring a trip for area senior citizens to Van Cortlandt and Philipsburg Manors on Friday, Aug. 10. Registration for this trip to Croton-on-the-Hudson and Tarrytown will be held at the town hall for one week beginning on Thursday, July 26. The free trip is open to anyone in the town 60 years of age and older. For information, call Lois Crouse at 765-2109.

## Park concert Sunday

The Concert in the Park series continues with the jazz group "Moments Notice." The group will perform on Sunday, July 29 beginning at 6:30 p.m. in Hotaling Evergreen Park on the corner of Maple and Voorheesville avenues. All are invited to this free concert sponsored by the Village of Voorheesville.

## Tax payment reminder

Voorheesville water tax payments are due by July 31. On Aug. 1, interest will be computed against the outstanding amount of the bill. Those who did not receive a water bill or have questions concerning it can contact the village office at 765-2692.

## Library offers films

The fun continues at the Voorheesville Public Library next week with the movie "Freaky Friday" to be aired on Thursday, Aug. 2. The exceptional Disney film tells about a mother and daughter who magically change places for a day. All are invited to the 95-minute movie which begins at 2 p.m.

This week, the charming movie "Cheaper by the Dozen" will be shown. The 85-minute movie tells the funny tale of a turn-of-the-century family and their 12 offspring. This free movie will be shown on July 26 beginning at 2 p.m.

Summer Reading Club will also have some fun in store for members on Monday, July 30 and Tuesday, July 31. Grades K through 3 will meet at 3 p.m. on Mondays while grades 4 through 6 will meet at the same time on Tuesdays. Those who have not registered are still welcome to join.

## Officers elected

The Board of Trustees of the Voorheesville Public library have elected new officers for the 1990-91 fiscal year. Replacing Sally Ten Eyck as board president is J. Fredericks Volkwein. A member of the board since March of 1989, Volkwein brings with him a wealth of experience gained in his position as director of institutional research and adjunct professor of educational administration and policy studies at SUNY Albany over the past four years. He has been employed at SUNY since 1968 and previously held the positions of assistant to the president and dean of graduate studies. He has a bachelor's degree from Pamaona College and Ph.D. from Cornell University. He resides in Voorheesville with his wife, who teaches at Clayton A. Bouton Junior-Senior High School. The couple have two sons, both graduates of Harvard.

Elected vice president was Diane Connolly, who joined the board a year ago. Connolly, who graduated from Suny Plattsburg with a B.S. in Education and an R.N., is a private duty nurse. A resident of Voorheesville since 1967, she is married to Kenneth J. Connolly.

## Firefighters host New Salem fair

Punkintown Fair, presented by the New Salem volunteer firefighters, will open its 48th season on Friday, Aug. 3 at 7 p.m., and resumes the next day at 3 p.m. The fair will take place on the fire department grounds on Rt. 85A and Rt. 85 in Voorheesville.

Attractions include pony rides, hay rides, fun and skill games, casino games, and entertainment by a live band both nights.

A chicken barbecue, prepared by Brooks, will be held on Saturday night between 4 and 8 p.m. Dinner for adults is \$6, and children 12 and under can eat for \$4.50.

Admission is free and the parking is supervised. Call 765-2252 for information.

## BC alumnus completes graduate studies

Philip Raymond Father, a 1978 Bethlehem Central High School graduate, recently completed the graduate program at the Stanford Graduate School of Business in California.

Father also holds BS and MS degrees in Mechanical Engineering from RPI. He will reside in San Francisco upon his completion of an extensive tour of Europe with fellow graduates, where he will be employed by a management consulting firm.

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MEAT DEPT: 439-9390



## College honors Delmar alumna

By Debi Boucher

Mary L. Talbot of Delmar has come full circle since she graduated from The College of Saint Rose in 1960.

Now director of development for the college, she was recently honored with CSR's Distinguished Alumni Award in recognition of her service to the college and its alumni.

Talbot, who began as a volunteer in the alumni office in 1973, was instrumental in initiating the college phonathon, a fund-raiser directed at alumni. Before taking the directorship in 1989, she was assistant director of development; she was previously director of alumni relations and executive director of the alumni association, positions she held since 1977.

Michelle Melitti, director of alumni, calls Talbot "a walking archive. She knows more about the history and background of the college and the alumni association

than any other lay person on campus," she said. "She's just been someone who's always been here and kept the alumni part of the campus alive."

Involved primarily with fund-raising, Talbot said the most exciting part of her job is "definitely the people part. You meet such a range of people." Although she now works more with the business community than with alumni, her work with the alumni association brought her in touch with many fellow St. Rose graduates, and she still maintains close friendships with a number of former classmates.

Over the years, Talbot has observed firsthand the changes time has wrought on the college, which will celebrate its 70th anniversary this September. The biggest transformation took place in 1970, when the school went coed. (Although evening sessions have admitted men since the 1940s, Talbot noted,

the day school was all women until making the switch 20 years ago).

In addition, she said, "curriculum has expanded greatly," and the graduate program now has evening sessions.

Today's classes are also larger than they were when Talbot was a student. Whereas her Class of 1960 comprised 200 people, the Class of 1990 is 780 strong. The school's total population, Talbot said, is now about 3,600, including full-time and part-time students in both undergraduate and graduate programs.

### Golf tournament set

The second annual golf tournament to benefit Living Resources' Employment Program will be held on Tuesday, Aug. 14 at the River-view Country Club in Rexford, NY.

Registration is at 10:15 a.m., shotgun tee off at 10:45 a.m., cocktail hour at 5 p.m. and a buffet dinner at 6 p.m. There will also be a barbecue lunch.

Golfers' registration fee is either \$93.30 or \$103.50. The donation includes the lunch, green fees and a cart, beverages on the course, pool use, and the awards banquet. For information, call 438-6472.

## Glenmont McDonald's granted variance

The Bethlehem Board of Appeals has granted McDonald's Corporation a zoning variance permitting the company to install a drive-through window at its new Glenmont Plaza Shopping Center restaurant.

The proposal had been revised from an earlier plan to allow two-way traffic flow at an entrance onto Feura Bush Road. The McDonald's site is adjacent to the present Mobil gas station at the intersection of Feura Bush Road and Route 9W.

In other business, the board:

- Agreed not to challenge the state Department of Environmental Conservation for lead agency status during the State

Environmental Quality Review (SEQR) of a proposed industrial landfill at GE Plastic in Selkirk.

- Denied a variance for a drive-in restaurant and refreshment stand sought by William E. Gibbons of Gibby's Restaurant, Cumberland Farms Plaza, Glenmont.

- Denied a variance for a residential addition sought by Steven and Ilene Leston at 127 Westchester Drive, Delmar.

- Granted a variance to Lawrence and Mancia Propp allowing the construction of an additional room and the enlargement of a single garage to a double garage at their home at 86 Devon Road, Elmsmere. *Mike Larabee*

### Citizen group opposes plan

Bethlehem Citizens for Responsible Planning (BCRP), an organization of residents concerned about town planning and development, recently went on record as opposed to a plan to site low-income senior housing on North Street.

As outlined in a letter from Chairman John Smolinsky to Town

Supervisor Kenneth Ringler, BCRP is against the proposal for many of the reasons previously cited by the Hudson Avenue Neighborhood Association, a newly-formed group vocal in their opposition to the project.

Smolinsky said the development of senior housing should be placed in the context of the comprehensive town planning process currently under way.

Specifically, Smolinsky said the proposed site lacks the convenient sidewalks and services necessary for high-density senior housing. In addition, he argued the plan would disrupt the historic nature, archaeological resources and single-family character of the North Street neighborhood.

Town Supervisor Kenneth Ringler has said the town can't wait for the completion of the comprehensive plan before starting its pursuit of senior housing. Also, he has said that the department of Housing and Urban Development (HUD), the agency which would supply funding for the North Street proposal, should have final say on whether or not the site is appropriate.

A proposal to create a new floating senior land-use zone, with incentives designed to encourage the construction of senior housing facilities, was tabled at last week's planning board meeting. After a planning board recommendation, the plan will move to the town board for public hearing and vote. *Mike Larabee*

### MARY ELLEN MACRI



Noreast Real Estate Associates is pleased to welcome Mary Ellen Macri to our Delmar office staff.

Having lived in Albany most of her life and in Delmar, for the past seven years, Mary Ellen is very familiar with the entire Capital District area.

Mary Ellen graduated Magna Cum Laude from the College of St. Rose majoring in business administration with a concentration in Economics. She and her husband live on Snowden Avenue.

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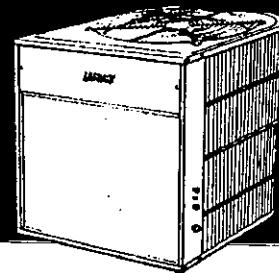
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# Cibro

(From Page 1)

couraging for the Capital District to have a refinery here and not in Texas somewhere."

Designed over the last two years, Klopstock said, the plan to upgrade the facility was prompted by stark economic reality. He said Cibro has been forced to choose between adapting to changing markets or shutting down.

"In the 1980s, 110 refineries of our type went out of business," he said. "We've been on the edge."

According to Cibro figures, the number of operating refineries in the U.S. dropped from 357 to 247 since 1980. Cibro is the only operating refinery left in New York state, the company said.

Klopstock said Cibro has survived this long because it specialized in two specific products: naphtha, a jet fuel used by the military, and paving asphalt.

But the military will soon be switching to a kerosene-based fuel, making naphtha "obsolete," Klopstock said. The modernization plan will allow the company to convert its naphtha into high-octane gasoline, and the introduction of new machinery will permit the company to process vacuum gas oil, an asphalt byproduct Cibro at present ships to other refineries.

A proposed lubrication oil "refinery," as Cibro calls it, would permit the company to recycle up to 60,000 gallons or 1,400 barrels per day of used motor, cutting, and industrial lube oil. In addition, the equipment used to recycle lube oil will be used to produce a low sulfur diesel fuel consistent with new government Clean Air regulations, Klopstock said.

Klopstock said emissions at the facility will be reduced below current levels.

Ringler said he didn't think Bethlehem's proposed Solid Waste Facility Moratorium Law would apply to the oil recycling operation. Bruce Secor, town public works superintendent, agreed.

"They're not generating any excess waste," Secor said. "I don't see that they could be classified as a solid waste facility." He added that he "doesn't see a down side to the plan."

"Everything I see is a step in the right direction," Secor said.

Cibro employs 73 people, plus a full-time maintenance force of 18, he said. He said the modernization and upgrade project will provide temporary employment for an estimated 100 to 300 area workers and that permanent employment at the plant is expected to increase by 20 to 30 people.

Klopstock said Cibro hopes to begin construction late this year. The completion date is scheduled for the middle of 1992.

Last year, Cibro began the present modernization effort with the construction of a \$5 million cogeneration turbine. The cogeneration facility generates electricity and steam used to power the refinery.

A second cogeneration facility which would add to Cibro's on site energy producing capacity is included with the currently proposed improvement package, Klopstock said.

*In Glenmont The Spotlight is sold at Grand Union, CVS, Glenmont 5A's, Cumberland Farms, Stewart's and Van Allen Farms*

## Summer reading club holds celebration

Members of the Bethlehem Public Library summer reading club who have completed their reading goals are invited to celebrate with a party on Wednesday, Aug. 8, at the library located at 451 Delaware Ave., in Delmar.

Children in kindergarten through third grade are invited to attend at 2 p.m., and all other members are invited to attend at 3:15 p.m. Scott Payne as "Merwyn the Magician" will appear as special guest.

Call 439-9314 for information.

## Empire State offers information sessions

Empire State College, State University of New York, will host information sessions during August at various locations throughout the Capital District. The public is invited to attend these free sessions to learn about the College's guided independent study programs designed for adult students with job and family obligations.

In Albany, sessions will be held on Thursday, Aug. 2 at 7 p.m.; Friday, Aug. 10 at noon; and Thursday, Aug. 30 at 5:30 p.m. at the Capital District Regional Center, 845 Central Ave., Albany.

In Hudson, sessions will be held on Monday, Aug. 27, at 6 p.m. in the staff cafeteria of Columbia-Greene Community College, Rt. 23, Hudson.

In Schenectady, sessions will be held on Monday, Aug. 6 at 4 p.m., in Room 411 of Elston Hall, Schenectady Community College.

In Troy, sessions will be held on Monday, Aug. 13 at 4 p.m. in Room 244 of Fitzgibbons Hall, Hudson Valley Community College, Vandeburgh Avenue, Troy.

For information, call 485-5964.

## Two honored for service

Longtime employees of the Office of the State Comptroller were honored last month by Comptroller Edward V. Regan at the annual Comptroller's Service Awards Luncheon.

Area recipients include Raymond Whiting, Jr. of Glenmont, who received a 30-year award, and Barry Isenberg of Delmar, who received a 25-year award.

## Ethnic celebration planned for plaza

The New York State Office of General Services has invited all nonprofit local and regional ethnic organizations to participate in "International Day at the Plaza" on Aug. 29 at the Empire State Plaza in Albany.

The program will be held on the outdoor plaza and main stage from noon to 10 p.m. Over 40 ethnic organizations will participate.

### Take a break, recreate!

#### Music in Elm Park

Ruth Pelham of the Music Mobile, a local singer and songwriter, will be at Elm Avenue Park on July 26 at 7 p.m. Bring the whole family and sing along.

#### Drama workshop

The Town of Bethlehem Parks and Recreation Department will hold a three-week drama workshop for youth in grades three to eight from July 30 through Aug. 17 at the Elm Avenue Park Pavilion. Grades three through five will meet from 9 to 11 a.m. to learn about the world of theater and drama and be in a play as well. Students must pre-register by calling the park office at 439-4131.



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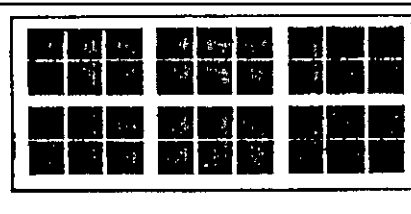
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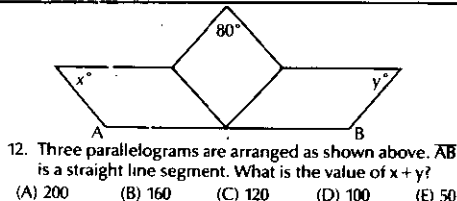
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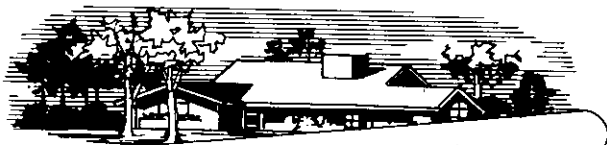
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# Assemblyman takes on Rinfret campaign

Assemblyman John Faso was in his home district this past weekend, as he will be next weekend and all the others for reelection. As a candidate for reelection to a third term in the 102nd district (which takes in Bethlehem and Coeymans) He's "not taking anything for granted" in his race against two opponents. He adds, "raising money" for the race—whenever he has the opportunity.

Otherwise, he's holed up 12 to 15 hours daily in a tower on Lexington Avenue in midtown Manhattan. As of the first of July, he was drafted to be the campaign manager for the Republican Party's candidate for governor, Pierre Rinfret; a "very, very interesting experience, a challenge."

It's his first experience in a statewide election and despite the unusual demands he insists that he's enjoying it. "I didn't apply, believe me," the 37-year-old legislator from Kinderhook exclaims. He'd been called to help draft the Rinfret acceptance speech, and "we hit it off." The fact that he's friendly with the state chairman, Pat Barrett, didn't hurt, either.

The party's candidate for governor is "an outsider" and the leadership needed "someone who is more of an insider, preferably a legislator." To the Rinfret campaign, he brought additional pluses as a worker or candidate in campaigns at town, county, state legislative, and Congressional levels.

On a train from Hudson to Grand Central the other day, he



John Faso

drafted a piece of campaign literature for his own race, one that will be used when he begins his door-to-door walks soon.

The "taxing" work at Rinfret headquarters is well worth it, in his view, but it would not be possible except for the "very supportive" attitude of his wife,

Mary Frances, "a real trouper." She is, in her husband's words, "enduring and faithfully understanding."

His partners in a law practice also are taking his absence in stride, he reports.

The Faso offspring won't be seeing New York City, by popular vote of their parents. There's year old Margaret and Nicholas, who turned six recently, and had a family birthday party a day early so dad could be present.

Why take on the assignment to manage a campaign that's generally conceded to be an uphill struggle? "If you feel strongly, then you've got to stand up and be counted, declares the Assemblyman. "If you're involved in state government as I am, this is an integral part of the process." He adds, "And here I am regularly working with individuals, both in politics and in business, who can be helpful to me in doing my job as a legislator. This is complementary to by being an Assemblyman; it's a plus for me and for the people I serve."

"I enjoy politics, and I enjoy this process. It's all tiring, but..." His thought strays as he gazes out his New York office window at the formidable old General Electric building across the avenue. It's almost time to close up shop and retire to the \$90-a-night apartment in a nearby hotel. In another 48 hours he'll be on the Rip Van Winkle riding alongside the Hudson en route to Kinderhook and the family; and the campaigning.

## Novice in ring

Pierre Rinfret, who became the mystery-man candidate for governor earlier this summer, is "a novice, not a politician, and that's both his major strength and major weakness," in the opinion of his campaign manager, Assemblyman John Faso.

The candidate is described as "sharp, challenging, engaging, very bright, an intelligent guy, excellent" by his manager, who also uses the terms "blunt and outspoken," qualities that seem to be often confirmed in press coverage of the Rinfret campaign.

## Bridge closed in New Scotland

Richard H. Rapp, commissioner of Albany County Department of Public Works, recently announced that the bridge carrying Onesquethaw Creek Road over Onesquethaw Creek, in New Scotland, will be closed to all traffic as of July 23.

The purpose in closing the structure is to replace the existing badly deteriorated superstructure and riding surface, under a contract administered and funded by the County of Albany. The work is expected to take 12 weeks to complete.

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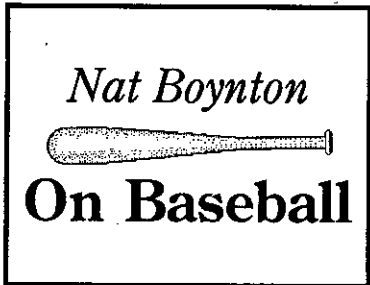


# The readers are always right

Newspaper people who stick their necks out in print are always fair game for barbs and brickbats usually reserved for politicians and George Steinbrenner, but some of the incoming mail and calls are positive. Here is a mixed bag from the past few weeks.

*You have been critical of the media for playing up the basketball and football drafts and ignoring the baseball draft. I don't agree with you. Except for a couple of publicized players, baseball fans couldn't care less.*

I'm sorry you saw my comments as critical. As an old fugitive sports editor, I wouldn't give much space to the baseball draft either, unless some local players were involved. But I do believe that fans in Albany and suburbs deserve to be told how their favorite major league teams fared in the intense competition to sign the latest crop of college and high school All-Americans. We have the opportunity to watch some of them in action at Heritage Park and at nearby Pittsfield and Oneonta, and I feel it adds to the enjoyment of the game when you can identify prize pros-



pects of Yankees, Mets or Red Sox. Sure, they have names no one has ever heard of, unlike the hoop and football stars who have enjoyed season-long national TV exposure.

*I liked your column on first-round draft picks. What has happened to the specific players you mentioned, Jones, Fernandez, Van Poppel? Where are they playing and how are they doing?*

You have put your finger on one of the very things that make minor league baseball uniquely interesting — following certain players as they make their way up the intricate ladder to the big leagues. To answer: Alex Fernandez, the fourth pick overall (of nearly 1500), a righthand pitcher from Miami Dade College, got \$350,000 for signing with the White Sox and was assigned to Sarasota in the Gulf Coast (rookie) League. In his first start, he struck out 13 batters in 7 innings, and was immediately sent to Double-A Birmingham, a spectacular jump of three levels.

Todd Van Poppel, 18, a Texas high school pitching sensation considered the top amateur in the nation, kept insisting he would not turn pro, preferring a scholarship

to the University of Texas. That scared off the Braves and four other teams, but Oakland took a chance and drafted him. Last week, six weeks after the lottery, he was persuaded to sign for an undisclosed financial package that includes four years' tuition. Eat your heart out, Bobby Cox (Atlanta's GM).

Chipper Jones, the Florida high school superstar (a shortstop the Braves chose as the overall No. 1 selection after giving up on Von Poppel) signed for a modest package, but I cannot find where he now is playing. Ask me for an update on these three guys next month.

*Why do you include Pittsfield and Oneonta in your writeups? No other paper ever mentions that league. I think you should stick to the Albany-Colonie Yankees.*

I go to Heritage Park fairly regularly, and feel fortunate to have such fine entertainment so accessible. I also get a special kick out of watching top-rated college stars, including a number of All-American selections, playing their first year of pro ball. Read the latest (July 23) issue of *Sports Illustrated* or treat yourself and family to a delightful visit to Damaschke Field in Oneonta or Wahconah Park in Pittsfield (featured on page 92 of the July 23 SI) to catch the spirit of Class A baseball at the grass roots. If you're still skeptical, join our car pool to Wahconah on Aug. 6.

## Minor league baseball this week

There is plenty of baseball in three minor league parks within easy driving distance of suburban Albany.

Albany-Colonie Yankees, Eastern League (Class AA), Heritage Park, Albany-Shaker Rd. — July 25, Yanks vs. London Tigers, 1:05 p. m.; July 30, Canton-Akron Indians, 7:05; July 31, Canton-Akron, 2 games, 6:05. Parking \$1. Information, 869-9236.

Pittsfield Mets, New York-Penn League (Class A), Wahconah Park, Pittsfield — July 27, 28, Mets vs. Batavia Phillies, 7 p. m.; July 29, Batavia, 3 p. m.; Aug. 1, Utica Blue Sox (White Sox), 7 p. m. Driving time, 55 minutes, via I-90 and US Rt. 20 to downtown Pittsfield, north on Rt. 7 half mile to Wahconah St., bear left one block to park. Free parking. Information, 1-413-499-6387.

Oneonta Yankees, New York-Penn League (Class A), Neahwa Park (Damaschke Field) — July 26, O-Yanks vs. Elmira Pioneers (Red Sox), 7:15 p. m.; Aug. 1, 2, Watertown Indians, 7:15 p. m. Driving time, one hour on I-88 to Exit 15 (downtown Oneonta). Park is 300 yards from exit. From ramp take right to first light, left on Main St. for 50 feet, immediate left on Grand St., first right (Division St.) leads to parking lot. Free parking, picnic area. Information 1-607-432-6326.

## Soccer girls tops at tourney

The Bethlehem under-10 girls soccer team captured first place at the Met Life/Clifton Park International Soccer Classic last weekend at Clifton Commons.

Led by Lily Corrigan's hat trick, the girls breezed by Lakehill Soccer Club, 8-0, to capture the title.

The team outscored their opponents 21-3 in compiling a 6-0 record. Also on the roster were Emily Haskins, Karly Decker, Lauren

Moshier, Lauren Rice, Kerry Van Riper, Lauren Shannon, Kim Comtois, Nicole Conway, Melissa Kanuk and Elizabeth Cappiello.

Coach Frank Rice was assisted by Dave Shannon and Jim Moshier.

Registration for 1990-91 travel teams is set for Sept. 8 with tryouts beginning Sept. 9. Girls, boys and mixed teams will be formed.

## For real baseball fans

Treat yourself (and family) to a special evening of pro baseball at the exciting Class A level.

Nat Boynton, *Spotlight* baseball writer, will lead a car pool to Wahconah Park, Pittsfield, Monday evening, Aug. 6, to see the Pittsfield Mets take on the league-leading Geneva Cubs in a New York-Penn League game. Here's your chance to see early-round draft picks in action, top college players tabbed as future major league stars.

The car pool will assemble in the parking lot of the Quality Inn, just off Exit 5 of I-90, Albany, at 5:15 p. m. Load your family car or van with family, friends or neighbors, or just come alone and catch a ride with real fans.

The motor caravan will leave the parking lot promptly at 5:25 p. m. and proceed to the ballpark via I-90 and Route 20. Driving time is approximately one hour. Drivers can return to the starting point on their own or by caravan. There is no cost other than ticket, refreshments and gas. For information, call 768-2695.

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# Bethlehem wins upstate Mantle title

By John Bellizzi III

Bethlehem's amazing baseball success story has no end in sight.

The Bethlehem Mickey Mantle team, made up of area 15-, 16- and 17-year olds, won last week's Upper New York State championships, a nine-team double-elimination event, for the second time in the three years the franchise has been in existence. The Eagles, 23-1 in league play, are 25-2 for the year.

The next step takes Bethlehem to the North Atlantic regional, scheduled to begin on Aug. 3 in Fairlawn, N.J.

According to Bethlehem coach Jesse Braverman, the Eagles had great support from the community. In addition to financial contributions that helped cover travel and lodging expenses, Braverman cited the outpouring of fan support as encouraging, noting that Bethlehem had more spectators at Auburn than any other team.

In Thursday's opening round game against Liverpool Honda City, Mark Houston pitched a 4-0 shutout, striking out six and surrendering five hits. Andre Cadieux hit a double, batted in a run and scored a run. Though Bethlehem only managed four hits, they took advantage of three walks and two wild pitches to increase their margin of victory. "We played very well defensively," said Coach Braverman. The Eagles only committed one error.

Braverman characterized Bethlehem's next win, 9-1 over

Burnt Hills, as having "terrific intensity. I haven't seen a team this 'up' for a game since the 1988 championship game."

Starting pitcher Matt Shortell got the game off to a quick start by striking out the first two Burnt Hills batters. In the bottom of the first, Matt Quatraro led off with a walk, and Houston followed with a tremendous 385-foot home run, giving Bethlehem a 2-0 lead.

Brian Coffey of Sorensco Mickey Mantle and Christian Brothers Academy, Braverman's draft pick for the tournament, was called in with one out in the second. With a ground out and a strike-out, Coffey got out unscathed.

Bethlehem broke it open with six runs in the bottom of the second. After two walks, singles came from Coffey, Mike Gambelughe, Houston and Josh Lanni.

The 8-0 lead was important because of the so-called "mercy rule" which automatically ends a game after five innings if one team is leading by eight or more runs. "These tournaments can be real tests of endurance," said Braverman. "The catcher and pitcher especially are under a lot of physical stress. If we can get them out of a game of a little early so they have more time to rest before the next one, we will."

With two out, top of the fifth, Coffey had a full count on Burnt Hills first baseman J.J. Piersoll when Piersoll hit a deep shot to right field that just cleared the

fence, prolonging the game. In an attempt to field that hit, Bethlehem right fielder Cameron Smith collided with the fence and sprained the thumb on his throwing hand, good for eight stitches. Earlier, with bases full in the third, Smith had caught a fly ball in shallow right and fired to the plate, catching the runner that had tagged up.

In the bottom of the fifth, Mike Aylward singled, and pinch-runner Bill Karins stole second. Coffey singled to score Karins and end the game, 9-.

Halfmoon, the other undefeated team at that point, led, 2-0, until the fifth when Karins walked, stole second, and advanced to third on a single by Cadieux. Cadieux then stole second. Quatraro's grounder to short was bobbled, allowing Quatraro to reach first and Karins to score. As Halfmoon changed pitchers, Houston stepped into the batter's box and hit a three run homer to put the Eagles ahead 4-2.

A double and a triple for Halfmoon in the sixth scored a run and put the tying run on third with one out. Houston came in to relieve Coffey, and promptly foiled a suicide squeeze attempt by fielding the bunt cleanly and putting the runner out at the plate.

Halfmoon had the tying run on second and the winning run on first in the bottom of the seventh when Houston sealed the game with a strikeout. Coffey notched the win and Houston got the save.

Rotterdam defeated Latham 1-0 in that round to advance to the championship game. Dave Miles gave up a three run homer by Dan Sanders in the first inning. Bethlehem scored two in the bottom of the first with a two-run homer by Houston, his third of the tournament and tenth of the year.

Rotterdam scored two more runs in the second before a recovered Cameron Smith took the mound, finishing the inning.

Down 5-2 in the bottom of the second, the Eagles rallied for four runs. Lanni and Black drew walks, Aylward singled in Lanni, and Karins walked to load the bases. Black scored on a sacrifice fly by Gambelughe and Cadieux reached base on an error, loading the bases again. A deep sacrifice fly at the centerfield fence by Quatraro allowed Aylward to score from third and Karins to score from second.

From that point, Smith shut down Rotterdam's offense. In 5 2/3 innings he struck out seven, allowing one hit and one run. "Cameron delivered a tremendous performance under those conditions (of injury)," said Braverman. Quatraro singled and doubled, Gambelughe singled and doubled to total three RBI. The Eagles won their second state title by a 10-6 score.

Also on the roster were John Thomas, Matt Bechard, Dan Soronen, Frank Daley, Jim Dundon, Chris Black and John DiAnni. John

Black was the team's assistant coach and BC varsity baseball coach Ken Hodge assisted during the tournament.

According to Braverman, the team will undertake a fund-raising project to help support the trip to the regionals. To help, contact Braverman at 439-0895.

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Clarksville	11	3
Presbyterian	10	3
St. Thomas II	10	4
Glenmont Community	7	4
Delmar Reformed	8	5
Wynantskill	7	5
Onesquethaw Valley	7	5
Voorheesville	8	6
Bethany II	7	7
Methodist	4	7
Bethany I	5	7
Bethlehem Community	3	10
Westerlo	2	11
St. Andrew's	1	11
Bethlehem Lutheran	1	11

## Firemen's fairs

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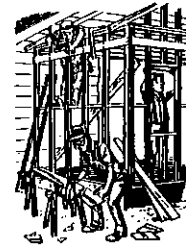
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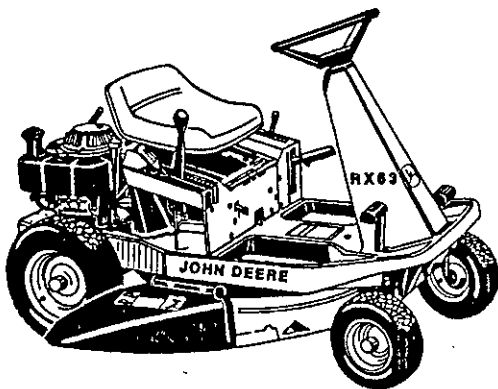
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# Helping out second nature to senior van drivers

By Mike Larabee

Early almost every Wednesday morning, Paul House and Dick O'Connell can be seen easing the town's big white handicapped-accessible bus onto town roads from its Town Hall parking space. The self-proclaimed "dynamic duo" of Bethlehem's senior transportation service, they play an integral part in a service that's as much about moving people as it is about moving people around.

"Those two bring out the best in people," said Joyce Becker, coordinator of Bethlehem's Senior Volunteer Program. "They joke with the clients and help them feel good about themselves. And they make us feel good too."

Just two of roughly 70 volunteers who last year donated 8,119 hours driving Bethlehem's three-vehicle senior transportation fleet, O'Connell and House epitomize the spirit of caring which service officials say is the mark of those who work with senior citizens.

"Mr. House and Mr. O'Connell give of themselves in that capacity," said Becker. "Bottom line, they're here because they want to be here. They want to provide the services they're providing. That's the key."

"That's true of all our volunteers," she said.

Bethlehem's Senior Volunteer program started in 1981 as part of Bethlehem's Senior Services Department. The programs stated goals have two dimensions: first, to bring services to the community by volunteer means but, second, also to create a "second career" and "home away from home" for its network of volunteers, according to a release prepared by the department.

The transportation program carried almost 5,000 passengers last year, 565 of them in wheelchairs, to and from functions and appointments in and outside town. The program was initiated in 1984 and since has become the largest of the town's 34 volunteer-driven services. Bethlehem's service depends entirely on volunteers.

For most of the volunteers, helping people seems to come as natural as breathing. Long-time driver Red Goyer said he does it because, "Basically, I like helping people. I've been helping people all my life." And both O'Connell and House were hard-pressed to explain why they drove.

"I really don't know," said O'Connell. "It's a fun job. Paul is

nice to work with. It's job where you're doing a little something that's worthwhile."

House added, "Well, as Dick says, we may need it some day."

And Town Councilman Charlie Gunner, who drives once a week, said his desire to volunteer was motivated by a small but healthy kind of selfishness.

"It's uplifting," he said. "You receive so much caring and love back." Gunner added he volunteers because he's a "firm believer you don't get unless you give."

"Really the reason is I get more back from it than I give," Gunner said. "Just knowing the people are thankful for the help."

Norraine Cooke, one of the first drivers and the first woman to take the wheel in the program besides Department Director Karen Pelletier, said she drives because she knows "The residents who use the senior van look forward to it."

"You become like a second family," she said.

But Cooke added that it's not just the volunteers that make the service a success. She credited the department staff, specifically the work of Pelletier, for much of that.



Dick O'Connell and Paul House, the "dynamic duo" or — as coordinator Joyce Becker calls them — "the gruesome twosome" of Bethlehem's senior van program. Mike Larabee

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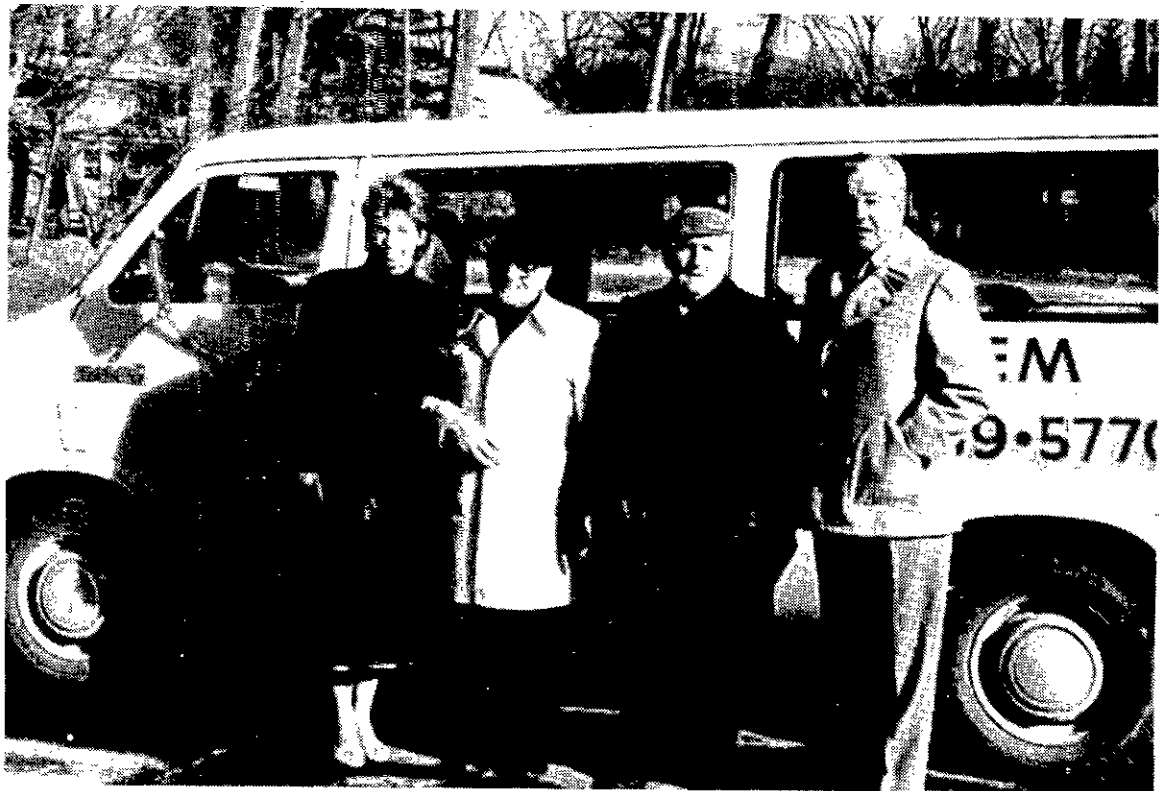
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Four of the first five Bethlehem senior van volunteers were (from left) Karen Pellettier, Jim Altimari, Joe Von Ronne, and Larry Mackey (Stan Snyder is not pictured). Since 1984 the program has grown dramatically and now includes three vehicles and about 70 volunteer drivers.

specifically the work of Pellettier, for much of that.

"Karen has a very special feeling and insight into the needs of seniors," said Cooke. "I'm sure they could replace her, but it takes a special kind of person to do what she does. She seems to be that kind of person."

For her part, Pellettier is concerned that the town's van, bus and station wagon can't accommodate all the requests they get. She said the town is considering the purchase of a fourth vehicle which would duplicate the bus service, the only one of the three equipped with a wheelchair lift.

Becker said the town is "always" looking for more volunteer drivers, in particular more younger drivers so they can continue the program in years to come. She said the most important qualification is that applicants be "dedicated to transporting the elderly." "That is first and foremost," Becker said.

## Dry eye easy to cure

Neglect of eye care may account for numerous untreated medical problems in the country today. The older consumers become, the more often regular visits to eye care practitioners are required. Research has shown that general practitioners and chiropractors are visited on a more regular basis than optometrists and ophthalmologists, yet detection of problems of the aging eye could prevent serious medical conditions in the future.

One such condition is dry eye — an itchy, burning sensation, the feeling of having sand in the eyes. In most cases this condition can be managed rather simply, with an over-the-counter artificial tears product which allows dry eye sufferers to feel relief and get on with

life. Yet dry eye often goes undiagnosed and untreated.

Who gets dry eye?

Current estimates on numbers of dry eye sufferers in the U.S. range up to 10 million. Dry eye occurs most frequently with people over 50, and it is estimated that 80 percent of the sufferers are women. Research suggests the hormonal effects of menopause as a possible cause of the shrinkage of the tear glands, decreasing basic tear production, and resulting in dryness.

What causes dry eye? How can it be recognized?

As with any eye condition, dry eye can be diagnosed in a visit to an ophthalmologist or optometrist. They general symptoms include

burning or gritty feeling in the eye and redness.

There are two basic causes:

**Physiological:** Tears are made up of a complex mixture of oil, water and mucus. When one or several of these fluids is deficient, eyes become dry, resulting in burning and stinging. A tear deficiency may be brought on by hormonal changes or medications, such as antihistamines and diuretics.

**Environmental:** Dry, arid surroundings and artificially created environments such as airplanes, closed buildings, smoke filled rooms.

How is dry eye treated?

An eye care professional can often diagnose dry eye by simply

examining the eyes. Sometimes tests may be done to measure tear production. Once it is determined that you have the condition, you may only need over-the-counter artificial tears.

Products such as Bausch & Lomb Moisture Drops the only product with three moisturizers, replicate natural tears and provide lubrication to the eye, which in turn relieves the itching and burning. These drops can be used as often as needed. A companion product, Duolube, provides greater lubrication for nighttime use.

*Most people say that as you get old, you have to give up things. I think you get old because you give up things.*

Senator Theodore F. Green

## Colonie offers seniors transportation

By Renee Hunter

Colonie Senior Service Center operates vans weekdays between 8:30 a.m. and 3 p.m. for the 16,000 senior citizens in the Town of Colonie. "There are three vans on the road now, and the fourth should be added next week," said Joseph Colello, director of transportation. A new 15 passenger van is being added to the fleet, funded partly by the state Urban Mass Transportation Authority and the Colonie Senior Service Center Inc.

The vans make 1200-1500 trips per month, bringing the town's senior citizens to just about everything, ranging from doctor's appointments, to shopping trips to visits to friends' homes.

A lot of the 400 people who regularly use the vans either don't have driver's licenses, or they are nervous about driving on crowded area roads, said Colello.

Kate Burns, assistant director of the Colonie Senior Services Center, said that several of the female riders grew up in the era when few women drove, so they never got their licenses and now must rely on others for transportation.

There are three full-time employees and 3 part-time drivers, according to Colello. "It's not enough to be a good driver," said Kate Burns, the assistant director of the Colonie Senior Services Center. "You have to enjoy people."

Colonie Senior Citizens who would like to schedule a ride should call 783-2823 two weeks in advance. Patrons are limited to two rides per week and there is a suggested donation of 75 cents for a one-way trip within town limits and \$1.50 for trips outside of town.

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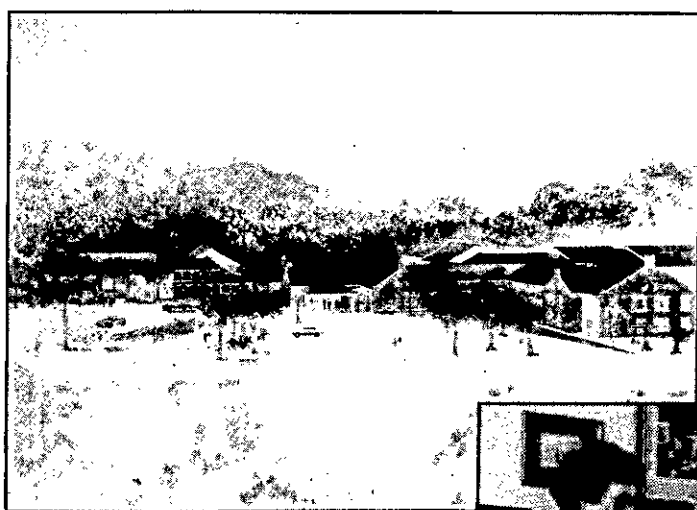
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# Elderly suicide offers many warning signs

By Susan Graves

The suicide rate in the United States is highest among those who are 65 and older, according to Cynthia Klug, training coordinator and board member of the Samaritans.

Twenty-four percent of all suicide victims in New York are over 60 years old.

While there are 100 attempts for every actual suicide among adolescents, there are only two attempts for every suicide among the elderly. According to the Samaritans, a volunteer suicide-prevention organization, seniors commit suicide more than any other group, and their intent is more serious and methods more deadly.

Many of the elderly who commit suicide are institutionalized and die by refusing medication or refusing to eat, Klug said.

The suicide rate in long-term care facilities for the aging is eight times the national average, when intentional life-threatening behavior such as refusing food and medication is considered.

Others die alone.

Sometimes suicide is prompted by chronic illness or breakdown of the family structure.

Klug said some of the signs of a potential suicide are withdrawal and depression, which can be caused by the loss of a spouse or a pet or a change in the person's role caused by divorce or loss of independence. Other signs include

alcohol or drug abuse, sudden mood changes, sudden changes in religious beliefs, and saying "goodbye."

"Many feel a sense of hopelessness and helplessness," she said.

For those who are close to someone who exhibit symptoms of withdrawal or depression, it's important to come right out and ask what's wrong, Klug stressed.

"A lot of people who are suicidal are less direct," she said, but give clues to their feelings. "They say things like, 'It's not going to matter much longer.'"

Klug recommends addressing the suicide question directly. Many friends and relatives hesitate to ask because they don't want to know, or fear they'll plant the idea of suicide in the person's mind.

"Another warning sign is when people begin giving things away and tying up loose ends," according to Klug.

She also said she thinks many deaths among the elderly are suicides, but aren't reported as such. "Determining suicide is really tricky unless there's a note," she said.

The rate of suicide among all ages can be partially attributed to the times we live in, Klug said. Today, "We don't always know our neighbors."

"The philosophy of the Samaritans is to be there," for those who need a listening, caring person, Klug said.



Cynthia Klug

And the Samaritans are there for those who feel isolated, depressed or lonely. When an older person calls the Samaritans, she said, "We try to identify possible supports. We try to help them see answers."

Some callers contact the Samaritans on a daily basis while others call weekly. Others are able to resolve their problems and often write a thank you note letting the volunteers know how helpful they've been.

"And everything is confidential," Klug said.

The hot line is staffed by about 40 volunteers, but the Samaritans

always need more. Regular training sessions are held for volunteers.

Though the Samaritans aren't affiliated with any religious or political group, they were formed in 1953 by an Episcopal priest in England. Rev. Chad Varah founded the Samaritans after a 13-year-old girl killed herself after she began menstruating and didn't know what was happening.

The Albany Samaritans is one of 13 branches in the U.S. There are 300 worldwide.

The local chapter can be reached at 463-2323. Klug said the Samaritans do accept collect calls. "We serve as far as the phone lines go."

## Colonie offices to host health fair

The 7th Annual Town of Colonie Health and Wellness Fair will be Monday, Oct. 29 from 10 a.m. to 3 p.m. at the Goodrich School, 91 Fiddlers Ln. in Latham, and is co-sponsored by the Colonie Town Nurse and the Town of Colonie Senior Citizen Services Department.

A variety of exhibits, demonstrations and activities will be featured, as well as free screenings for height, weight, blood pressure, and hearing.

For information, call 783-2824.

## "Christmas in October" craft fair

The "Christmas in October" Senior Citizen Craft Fair is being held on Saturday, Oct. 6 from 9 a.m. to 3 p.m. at the Goodrich School, 91 Fiddlers Ln. in Latham.

A variety of hand-crafted items will be offered, including water color and oil paintings, needlepoint pillows, knitted and crocheted items, afghans, place mats, ceramics, wreaths and ornaments.

For information, call the Town of Colonie Senior Citizen Services Center at 783-2824.



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# A fun learning experience at Elderhostel

By Debi Boucher

Students from across the United States will travel to Russell Sage College in Troy this summer for a different sort of summer school. No matter where they hail from, they will have at least two things in common: a desire to learn and a birthdate before 1930.

The Elderhostel program, in its seventh year at Russell Sage College, is offered to people over 60 on college campuses and other institutions worldwide. Combining the tradition of European style hosting with education, the program is designed to provide older people with intellectual stimulation and the opportunity to develop new interests. Participants live in dormitories, share meals in dining halls with fellow students, and take part in a variety of extracurricular activities.

"They like to be entertained," said Gail Quilter, director of conferences and health sciences continuing education at the college, and coordinator of its Elderhostel program. Enumerating a list of after-class activities that range from movies to jazz to "ice-cream sundae night," Quilter said Elderhostel participants tend to be a fairly lively group. "They wear me out," she said. "I played tennis with two of them and they ran me around the court."

But the wide range of offerings is what really draws the over-60 crowd into the program. Working through Elderhostel Boston, the program's United States headquarters, students select from a catalog of programs offered at institutions across the country.

Many study programs are pertinent to the location in which they are offered. For instance, one of the "intensive" courses offered at Sage was last week's study of the American Shakers. Another course explored the Hudson River School of Painting.

Most Elderhostelers view the program as a vacation, Quilter said, and choose a location different from their home turf. However, local residents who wish to com-

mute to the courses can register directly through the college instead of going through Elderhostel Boston. Costs are \$255 for a week-long session, including all meals, room and board, plus traveling expenses for field trips. Commuters would pay \$145, Quilter said.

The college is offering five one-week sessions, each of which generally features three courses, except those featuring a single intensive study course. In keeping with the guidelines established by Elderhostel, the maximum class size is 40 people.

Field trips are part of most sessions; this year's include a trip to Hancock Village, Mass. for the Shaker course, and a visit to an art museum in Hudson.

This year's Elderhostel program at Sage started the week of July 8. The next session will be July 29 through Aug. 4, with a lapse of several weeks before the next session the week of Sept. 23. The final session will be held Sept. 30 through Oct. 6.

Upcoming courses cover subjects as diverse as China, the Erie Canal, economics and a historical

study of the City of Troy. Literature is explored in courses on Shakespeare and Herman Melville.

"We've had very good success with the program," said Quilter. "Our classes are always filled, and we enjoy doing it." Although this is her first year coordinating the Elderhostel program at Sage, Quilter has been involved in the program at other college campuses, and is very enthusiastic about it.

"I'm trying to get my parents to go," she said, noting that once people become involved in the program, they generally come back for more. "All it takes is once, and they're hooked." Approximately half of the Elderhostel participants at Sage this year have been involved in the program at other locations.

Participants who begin the sessions as strangers often wind up being good friends, Quilter said. "We do a lot to encourage friendship," she said, including an orientation to break the ice when participants first arrive. Students sometimes even make plans to attend future Elderhostel workshops together.

Elderhostel has come a long way from its humble beginnings at the University of New Hampshire in 1974. Involving 200 people on five New Hampshire college campuses in 1975, the program had spread to 50 states in 1980, with

20,000 participants. This summer, more than 500 colleges and universities will hold Elderhostel programs in the United States, Canada, Germany, Australia and Great Britain.

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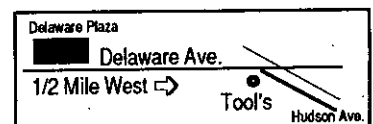
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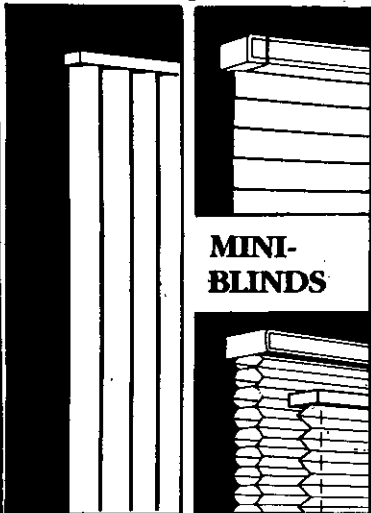


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## Protect retirement income by careful investing

"My greatest fear is that I'll outlive my money." Whoever said that may have been jesting, but protecting financial assets is no laughing matter for retired people.

The ability to maintain purchasing power is being challenged by the specter of inflation, which again is on an upward spiral.

The U.S. is experiencing its highest inflation rate in five years. For retired individuals, that translates to an erosion in income from pensions, annuities and investments and, in turn, an erosion of lifestyle.

The inflation rate in 1989 was reported at 4.6 percent. However, retired individuals face a real rate of 6.5 percent and higher because Consumer Price Index components that affect them most are above the average rate of increase in the CPI.

### Hidden increases

Some examples of "hidden increases" within the CPI include hospitals and related services (11.8 percent), medical care (8.1 percent), gasoline (8.8 percent) and automobile repair (7 percent).

Even if the real inflation rate really was 4.6 percent, over five years that represents a 23 percent loss in buying power. In 10 years, the drop would be 46 percent.

### Real return

The "real" return on investment is the rate on the investment less the cost of inflation and less taxes. For example, an investment return of 8 percent for an individual in the 28 percent tax bracket would be calculated at 8 percent less 4.6 percent inflation, or 3.4 percent less taxes of 2.2 percent for a "real" rate of return of only 1.2 percent.

### What should retirees do?

- Be careful of investments offering high rates of return. You can get into some risky situations.
- Build a conservative, diversified and balanced portfolio that will maximize the rate of return. The portfolio should include treasuries, CD's, bonds, and equities—individual stocks and mutual funds.

- Plan ahead. Don't wait until inflation places you in a position where you can't make ends meet to do something about your investment portfolio.

### Help for retirees

*The Mature Investor* is a monthly investment letter for retired people and those planning to retire. For information, write to Oxo Publishing, Box 2741, Glen Ellyn, Ill. 60138.

### Multi-service sessions available to seniors

In celebration of its 10th anniversary, the Town of Colonie Senior Citizen Services Department is sponsoring a multi-service session for seniors in the Town of Colonie on Thursday, Nov. 8 between 10 a.m. and 1 p.m. at the Goodrich School, 91 Fiddlers Ln. in Latham.

In one stop, seniors can obtain information on employment and volunteer opportunities, speak with someone about housing or Social Security information, and begin the process for obtaining food stamps.

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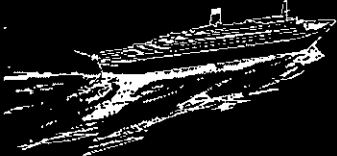
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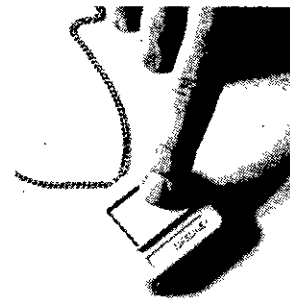
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# Bridging the generations: Seniors in day care

By Renée Hunter

Working with children may just be the fountain of youth many senior citizens are looking for.

"It keeps you younger, it makes you younger," said Evelyn Allen, who works with children at the Cabbage Patch Day Care Center in Loudonville.

Allen, of Colonie, is just one of the senior citizens who have benefited from working with children. Several senior citizen groups and individuals in the area take part in activities that bring them in contact with children. Through foster grandparent programs, jobs in day care centers and volunteer work in hospitals, seniors have multiple opportunities to enjoy the companionship of a young, smiling face.

One way seniors can work with children on a regular basis is through the Capital District Foster Grandparent Program. The organization has been in existence locally for 13 or 14 years and was originally set up under President Lyndon Johnson's War and Poverty Program, according to Susan Aluck, the program director.

The 130 foster grandparents in the capital district work four hours per day and are paid a stipend of \$2.20 per hour, plus reimbursement for mileage or bus fare. The foster grandparents must be at least age 60 and have an income of under \$7800 per year in order to qualify for the stipend, said Aluck.

Although the program welcomes anyone to participate, "no one seems to be willing to have the 20-hour per week commitment

without pay," she said. The program will make arrangements for foster grandparents to work only a few hours per week, if they do not want the larger commitment.

Aluck said the program currently is missing a large segment of the middle class who could be volunteers in the program, because of the maximum income limitation. She said that the income level qualifying participants for the stipend may be raised to appeal to more senior citizens.

Most of the project participants seem to be recruited by word of mouth, Aluck said. She said that for every ten people that inquire about the program, about two or three sign up. The average age of the foster grandparents is about 73, said Aluck. "But, they're never too old to join and once they join they're here forever," said Aluck. "They love it."

Foster grandparents are placed in day care centers, developmental programs, Head Start, elementary schools and hospitals, or any place where there are children with special needs. Aluck said she tries to match the senior citizen volunteers with a place near their homes and in the type of facility they desire. Some senior citizens prefer working at elementary schools with older children. "They add a bit of class to the classroom," said Aluck.

Activities range from feeding the children to coloring with kids to simply giving needed hugs. The foster grandparents provide a role model to the children and offer

them stability. They work as a part of the staff and help teach the children a variety of skills.

"The most enjoyable part for me is reading to them," said Lillian Ellsworth, who works with three and four-year-olds at Masterson Child Development Center in Albany. "They won't understand something and will look up with those big eyes and ask for grandma to explain something."

Ellsworth said she became involved in the foster grandparent program because she likes children, the program gets her out of her apartment and keeps her active. She said it is meaningful to her when she helps settle squabbles between children. "If they get in a fight, they will come over and ask grandma to solve it," Ellsworth said. "Or they'll fall down and they look up at you to give them a hug and a kiss."

For information on the Capital District Foster Grandparent Program, call 272-6052.

Other senior citizens work with children on a less frequent basis. Last summer, the New Scotland Senior Citizens worked with the children in the town's summer program, teaching the children how to make crafts. Program Director Lois Crouse said about six of the seniors took part in the activity, and the group just received a quilt that was started by the participants.

The Summer Youth Programs at the Herbert B. Kuhn Senior Citizen Center provides opportunities for seniors to work on strawberry festivals, ice cream socials and family days sponsored by the village.

## Lions to picnic

The annual Lions Club picnic will be held on Thursday, Aug. 16, at the Elm Avenue Park warming area. A barbecue will be served at 1 p.m. There is no charge, but reservations are required. Transportation will be provided by Bethlehem Central School Bus. For transportation information and reservations, call Bethlehem Senior Services Office at 439-4955.

Area hospitals welcome senior citizen volunteers. Volunteer directors place volunteers in the areas they want to work in, including pediatric wards.

## VFW picnic

The annual VFW picnic will be held on Thursday, Aug. 2, at the Slingerlands Fire Pavilion. A chicken barbecue will be served at 12:30 p.m. There is no charge for this event, but reservations are required. Transportation will be provided. For information and reservations, call the Senior Services Office in Delmar at 439-4955.

*Old age has its pleasures, which, though different, are not less than the pleasures of youth.*

W. Somerset Maugham  
*The Summing Up*

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## Colonie Town Band to perform

The Colonie Town Band will perform at the former Goodrich School, 91 Fiddlers Ln. in Latham, on Monday, Aug. 13 at 7 p.m.

The concert is free and open to the public.

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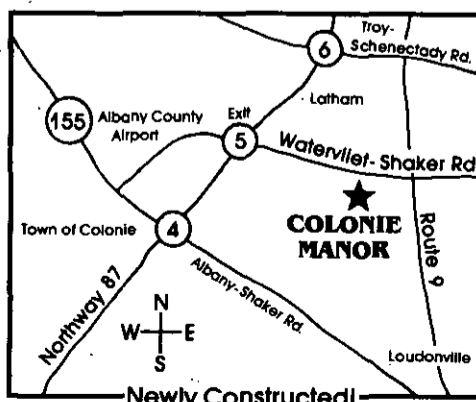


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# Senior care improvements approved by legislature

After a long, acrimonious fight over the budget and a \$2 billion tax increase, the state Legislature redeemed itself with a strong finish, especially on a number of issues important to senior citizens, according to Carol Wallace, legislative director for the Coalition of the Concerned for Older Americans.

"The timing was nerve-wracking for advocates waiting and watching anxiously at all hours of the day and night," she commented. "In fact, Mandatory Medicare Assignment, the No. 1 priority, was the last major bill to pass the Senate before it recessed on July 2. The Assembly had already recessed and was the first to pass the negotiated bill."

A "highly successful" EPIC (Elderly Pharmaceutical Insurance Coverage) Reform bill had also passed the assembly just hours before it recessed, and then a repeat of that performance took place in the Senate. Senior citizen advocates learned the hard lesson of compromise as the session came to a close. In particular, Mandatory Medicare Assignment was altered in order to pass both houses. This provision controls physicians' extra charges beyond a "reasonable rate" as established by Medicare. The Medical Society fought the compromise bill to the end and has threatened to sue the state for pre-empting the new federal laws on Medicare. Nevertheless, the bill did pass and offers the elderly considerable relief from physician overcharges (balance billing) on their Medicare bills. Doctors who violate the provisions of the new law will be fined and excess charges refunded to the patient.

EPIC Reform, offering extended pharmaceutical coverage for low-income senior citizens, was the clearest triumph for their interests. It doesn't begin until April 1, 1991, but it puts in place a vastly simplified program and expands the income eligibility of senior citizens. There will be a one-time-

only registration fee of \$10. Income eligibility currently at \$9,000 for single persons and \$12 for couples, is increased by \$1,000 in 1991 and by another \$2,000 in 1992. For moderate income elderly, the annual deductible for entering the program has been lowered to only \$150.

Health Care Proxy, another top issue, had passed in the Assembly early in June, but the final version was passed by both houses only two days before the recess. A "health-care proxy" allows a person to designate a health-care agent, such as a friend or a relative, to make medical decisions in their behalf, when they are unable to do so.

The U.S. Supreme Court ruling on the Nancy Cruzan case, encouraging states to pass laws allowing people to record their instructions for implementing their medical wishes, if they are incapacitated, undoubtedly gave this law the final push it needed. New York became the first state to pass such a law after the historic Supreme Court ruling.

This bill was subject to considerable compromise also. New wording was added to require a second physician's opinion in determining "competence."

The forms are simple to fill out and require only two witnesses. They are voluntary and can be revoked at any time. Numerous safeguards protect the integrity of the procedure and underscore the illegality of euthanasia and assisted

suicide. Numerous organizations that provide services to the elderly are expected to have the forms available for individual citizens' use soon.

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## Library expands senior services

With the opening of the new building for the Voorheesville Public Library in 1989, an expansion of library service, especially for seniors, soon followed. The library has developed a number of areas to better serve this part of the public.

The library has enlarged its large-print book collection, which includes "Readers Digest," "The NY Times Weekly," and "A Salute to Irving Berlin."

It also has instituted a Books on Wheels program, in which books and other materials are brought directly to those who cannot, for physical reasons, come to the library.

For those who are caregivers to the elderly, a variety of information on home care, nursing home selection and advice for insurance is available.

For more information, call the library at 765-2791.

## Thrift shop seeking donations of goods

The Madison Emporium, an upscale thrift shop at 1096 Madison Ave., is seeking donations.

Acceptable merchandise includes clothes for men, women and children; small household items; dry goods, towels, sheets and bedspreads; books, records, tapes, CD's; toys and games; posters and pictures and limited furniture items.

All clothes should be cleaned and pressed and either put on hangers or folded.

The shop will open for business on Aug. 7.



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# Group helps seniors make connections

"Children" whose ages range from 40 to 60 are turning increasingly to a unique service organization, the Senior Care Connection, for assistance in arranging special help for their elderly parents.

Now entering its third year, the non-profit affiliate of "The Eddy Family of Services" has a membership of 120 who receive skilled assistance with such matters as health insurance, transportation, housekeeping, Medicaid, finances, or support groups.

Seven out of 10 members are women. Their ages range from 55

to 95, though the average falls between 75 and 80. Their homes are in all sections of the three principal Capital District counties, and to a lesser extent in four other counties nearby.

Whether because of tradition, the "maternal instinct," or some other reason, in nearly three-quarters of the cases in which Senior Care Connection is contacted, the first inquiry is made by a daughter or daughter-in-law of the elderly individual. In addition to them and the sons who call, other contacts sometimes are made by lawyers,

physicians, and trust officers who are perplexed about where to find care for a client.

Membership tends to fall into three categories. The largest group (about 40 percent of the total) involves individuals who are deemed to be in need of some particular type of service, such as housekeeping. The function of Senior Care Connection is to find the available person or business that can provide the required attention. Later, Senior Care Connection provides continuous monitoring of the arrangement, with follow-up contacts at least monthly.

Another 30 percent of members consists of individuals or couples

about whom there is concern as to their future options for being assured of adequate health care. And a similarly sized group includes people who are in need of locating a suitable nursing home or adult home placement. (In some instances, elderly persons now living outside this area, but with relatives here, are recipients of this service.)

Senior Care Connection is staffed by three full-time "Care Coordinators" (nurses and social workers) and a support staff of equal size. The basic fee for membership is \$15 a month, with additional charges made depend-

ing on the amount of time required for the services rendered. A personal visit to the member's home is made when a member enrolls, and visits follow every six months or more frequently.

"There's a clear direction of growth of membership, because of expanding needs," notes the executive director, David Howells. "The complexity of living in this time of health-care crises makes this imperative."

Senior Care Connection, based in Troy, can be reached at 272-1777.

## Service assists recently widowed

By Susan Graves

Widowed Persons Services of the Capital Area has been helping people work through the loss of a spouse for more than 10 years.

Delmar Funeral Director Benjamin L. Meyers, who is on the board of directors, said the group helps people piece their lives together. "It's mostly a bridge," he said. They do many things to help people learn to be out on their own again.

Esther Milius, widowed persons president, said the group is affiliated with American Association of Retired Persons (AARP), although membership is not limited to retired persons.

"It's open to anyone who's lost their spouse," she said.

She said the main purpose is to try to help people through a traumatic experience.

Widowed persons contacts a widow or widower about three months after the death of the spouse and invites them to a meet-

ing. According to Milius, many then attend a meeting, although some are not ready to re-enter society at this time. "Grief takes many forms," and not everybody is ready after three months, she said.

But when people are ready, the group can help. "We want them to know, these feelings (denial, anger, loneliness and depression) are normal."

Sometimes people attend only a few meetings, while others become involved for years.

"Some who feel they've been helped want to help others," and become volunteers, she said.

Milius said she cautions the recently widowed not to make big decisions such as selling a house for at least a year.

Widowed persons meet twice a month on first and third Wednesdays at Calvary Methodist Church on West Lawrence Street in Albany. For information, call 453-6255.

## Bethlehem offers senior activities

By Robert Webster Jr.

Senior citizens clubs and organizations in Bethlehem are offering a variety of summer activities.

Seniors interested in finding out what clubs and activities are available in the town can best begin by calling Karen Pelletier, director of the town Senior Services Department, at 439-4955.

The Bethlehem Senior Services Department offers a full range of services and programs to local seniors, including transportation services, meals on wheels, an outreach program, shopping trips,

trips to plays and other activities. The department also publishes a newsletter and hosts the AARP 55-Alive driving courses.

Additionally, the town offers a senior bowling league, arts and crafts activities and medicare information.

The Bethlehem Senior Citizens is a group whose purpose is to provide social and cultural enrichment for residents of Bethlehem. Led by President Mavis P. Thomas, the group meets every Thursday at the town hall, 445 Delaware Ave., from 1 to 4 p.m. Activities

include day trips, cards, overnight trips and speakers. For information, call Mavis Thomas at 439-1575.

The Second Milers is a non-denominational social organization for retired men of the Bethlehem area.

The group meets every second Wednesday, Sept. through May, at the United Methodist Church in Delmar. Meetings consist of a fellowship hour with a noon luncheon and program. For information, call either Neil Smith at 439-6003 or Kenneth Marriott at 439-4875.

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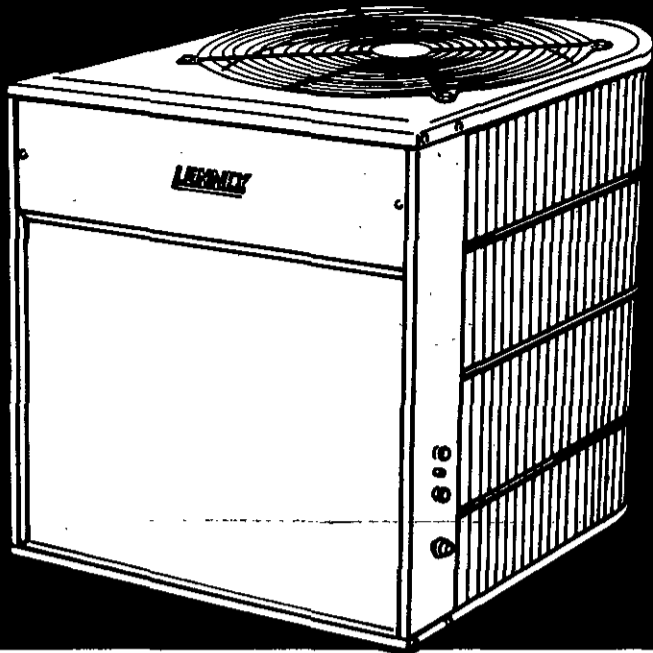
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**Reading glasses may not solve problems**

Many stores sell reading glasses off the rack to try to solve their own vision problems. But like other do-it-yourself diagnostic aids, off-the-rack reading glasses can cause a person to miss or misdiagnose a health problem, says the American Optometric Association.

Off-the-rack reading glasses are simply magnifying lenses mounted in frames. They generally come in about 10 different powers and the consumer tries them on until he finds a pair that permits easy reading.

These glasses are relatively inexpensive. But there is a risk in buying them without first getting a thorough eye examination to detect eye disease and determine the exact cause of seeing difficulties. Even among adults, blurred vision cannot always be attributed to the natural effects of aging.

Other disadvantages of these glasses are:

- The magnification of both lenses is the same. Most people need a different lens prescription for each eye.
- They have no correction for astigmatism, a common vision problem causing blurred vision.
- They can cause headaches, tired eyes or other eye-strain symptoms because the wearer's

line of vision may not correspond to the optical center of the lenses.

• They may seem fine when worn for a minute or two in the store but when used for an hour or more to concentrate on reading, needlework or other close work, they may prove unsatisfactory.

By having a thorough optometric exam each year, consumers can rule out or obtain treatment for an eye health problem that may be interfering with their vision. And prescription lenses can be custom-ground to the wearer's exact vision needs, as determined by the optometrist. Although they cost more than over-the-counter glasses, prescription lenses provide better and more comfortable vision.

**Food stamp information**

Colonie seniors will have two opportunities in the fall to begin the process of obtaining food stamps. The first is on Wednesday, Sept. 5 at the Town of Colonie Community Center, 1653 Central Ave., from 10 a.m. to 1 p.m. and Nov. 8 at the One-Stop Session at 91 Fiddlers Ln. in Latham from 10 a.m. to 1 p.m.

For food stamps, proof of residency, age and financial situation is necessary, as well as medical and utility costs.

For information, call 783-2824.

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# SCORE offers sage business advice

By Susan Graves

Sometimes it helps to know the score to get ahead.

For small business people or would-be small business owners, knowing the SCORE can be a mere phone call away.

The Service Corps Of Retired Executives is a volunteer organization, which operates under the sponsorship of the federal government's Small Business Administration. The retired business people offer their expertise and advice for free to those who are just starting out. SCORE covers an area as far north as the Canadian border and south to below Hudson.

Sidney Kaplan of Slingerlands, a former SCORE vice chairman and chairman, said the group offers two types of counseling. SCORE gives advice to those who want to start a business and to those who are having problems, which could include difficulties with cash flow or with overhead.

And sometimes, said Kaplan, who is very active in SCORE, "We have people who are completely — absolutely unprepared and we have to dissuade them or at least get them to postpone their endeavors."

## Protection from sun becomes a hot issue

With the sun rising high in the sky during these summer months, protection from its ultraviolet rays is of the utmost importance.

Sunglasses can help play a major role in the absorption of those harmful ultraviolet rays. If they contact the eye, physicians say, they can cause cornea, lens and retina damage. Gray colored lenses are the best for high-protection, followed by green and brown. Blue and yellow are not recommended.

Proper drug usage is also very important, as many widely used prescription drugs can increase the rate at which skin will burn and blister. The FDA warns that anti-depressants, antihistamines, coal tar shampoos, blood pressure drugs and feldene for arthritis can cause harm.

## Meals on Wheels volunteers needed

The Albany Meals on Wheels 250 CLUB is looking for individuals to deliver meals to the homebound elderly.

The club is looking for volunteers who are willing to take a Meals on Wheels route one day a year.

Albany Meals on Wheels is a division of Senior Service Centers of the Albany Area Inc. In the past year alone, the organization has delivered 172,000 meals throughout the Albany area.

Interested businesses, organizations and individuals can call the club at 465-3322.

## Fair to feature parade

Fairgoers will get a taste of pageantry as the 40th annual Firemen's Day Parade steps off Saturday, Sept. 1, at 1 p.m. as one of the leading features of the 150th Columbia County Fair.

Firemen from Columbia County and around the region will participate in the traditional activity. The fair runs from Aug. 30 to Sept. 3 at the fairgrounds in Chatham.



Sidney Kaplan

In other instances, SCORE volunteers refer prospective business people to government agencies who can help with funding arrangements and other business needs.

Kaplan, who owned and operated New York Auto Radiator and Body Co. in Albany until 1982, said SCORE recently helped Ron and Nancy Tielking in Bethlehem get started.

## Food, fun and fitness luncheon held

The Senior Service Centers of the Albany Area are holding a Food, Fun and Fitness Luncheon on Thursday, July 26, from 12:15 to 2 p.m. at the Louise Corning Center.

The Tielkings are owners and operators of Schoolhouse Road Automotive.

"It's a great feeling. It makes you feel wonderful that this country's got a future," because of young people like the Tielkings who are willing to take risks to have a business of their own.

Kaplan said there are a number of local success stories of businesses who have taken advantage of SCORE counseling. Sometimes a minor problem can even be solved over the phone, he said. In other instances, the business person can arrange to meet with several SCORE experts at the Small Business Administration office in the post office building in Albany.

Kaplan said the number of requests from women in business represent about 40 to 45 percent of the contacts.

Business people who want advice should contact the SBA, Kaplan said. "That makes it official." The SBA then contacts the appropriate SCORE counselor. "The SBA picks up the best and most informed counselor in that field," he said.

Marvin Zepf, business development coordinator for the SBA, said there are about 65 SCORE volunteers. "They do good work and are quite active," he said.

The number of SCORE volunteers has tripled in the last 10 years, he said.



Nancy (left), Jenna, Ronald and Erica Tielking got help from the Service Corps of Retired Executives in opening their business, Schoolhouse Road Automotive. SCORE offers expertise and free advice to small business owners who are just starting out.

Elaine McLain

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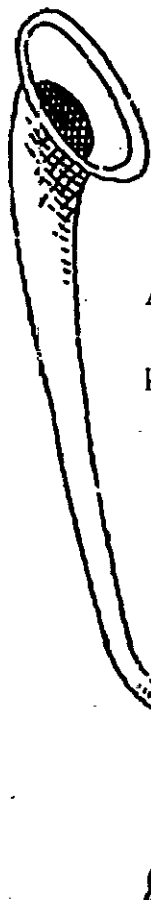
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# Seniors groups offer a variety of activities

By Robert Webster Jr.

Seniors in the Town of Colonie have a variety of activities available to them this summer, as many local senior citizen clubs and service organizations gear up for the summer months ahead.

The Town of Colonie Senior Citizen Services Department, located at the old Goodrich School, 91 Fiddlers Ln. in Latham, can help in the search for a club or group that offers activities for individual tastes. Under the direction of Jan Susan Medved, the department, in addition to helping seniors find organizations to become a part of, offers activities along with the Colonie Senior Service Centers Inc, which meets from 9:30 a.m. to 2:30 p.m. every Tuesday, Wednesday and Friday.

The department is open every workday from 8:30 a.m. to 4:30 p.m. for seniors and their families, and on the last Thursday of the month, blood pressure readings are taken between 1 and 2 p.m. The department also offers monthly sessions of "TLC for

Caregivers," from 7:30 to 9 p.m., with a presentation on a specific topic of interest to caregivers in a support-group atmosphere.

For information from the Senior Services Department, call 783-2824.

The Hart Social Center Inc., 18 Wilson Ave. in Colonie, led by President Mary Coulter, meets Monday through Friday from 9 a.m. to 4 p.m.

The Hart Social Center offers a number of activities during the week, with something for everyone. On Tuesday, the club has dancing at 9:30 a.m., painting from 10 a.m. to noon, arts and crafts at 12:30 p.m. and bowling at Sunset Lanes in Latham at 1 p.m. Bridge is the order of business on Wednesday at 1 p.m., and at 1 p.m. on Thursday is bingo. The second Thursday of every month is a special meeting and "everything" day, when the club offers a number of activities such as playing cards, sewing, games, and other activities. The business meeting is at 1 p.m., preceded by blood pres-

sure readings from 11:45 a.m. to 12:45 p.m.

For information, call Mary Coulter at 438-0059.

The St. Francis de Sales Senior Citizens Group Inc., 1 Maria Dr. in Colonie, under the leadership of President Lynes Gervais, meets daily from 10:30 a.m. to 4 p.m., as well as a monthly business meeting the first Monday of the month at noon.

The business meeting often features speakers of interest to the senior crowd, and of late have

included representatives from recycling programs in Colonie and others. The daily meetings are informal get-togethers where members can play bingo, cards, and have some doughnuts and coffee.

For information, call Lynes Gervais at 459-4220.

The Village of Colonie has its own senior services center, the Herbert B. Kuhn Senior Citizen Center, at the rear of the village hall on 2 Thunder Rd. in Colonie.

The group meets Monday to Thursday from 10 a.m. to 2:30 p.m., and is led by Director Anne Joachim and President Ida Parsons. The center offers a number of organized classes on exercise, dance, crafts, Spanish cooking, and many others, as well as informal activities such as the poker club, other card games and bingo. Outdoor activities such as bocci ball, shuffleboard and horseshoes are also available. A formal meeting is held the first Tuesday of the month at 10 a.m., often with guest speakers and slide shows.

For information, call Anne Joachim at 869-7172 or Ida Parsons at 869-5857.

Other clubs in the Colonie area that offer services to Colonie seniors include:

The Roessleville Leisure Club, 1 North Elmhurst Ave. in Colonie, under the leadership of President Geraldine Grounds, has a regular business meeting the first Friday of the month at 1 p.m., and has a social meeting every Friday from 10 a.m. to 3 p.m. For information, call 458-7699.

The Lisha's Kill Senior Citizens Club, 1653 Central Ave. in Colonie, has a business meeting on the second Saturday of the month at 10 a.m. and a regular meeting every Wednesday from 10 a.m. to 4 p.m. For information, call the club President Carl Larson, at 489-6659.

The Menands Senior Citizens Club, 21 North Lyon Ave. in Menands, meets the fourth Tuesday of the month at 7:30 p.m. In addition, they have the weekly use of the Bethany Presbyterian Church on Thursday for a crafts program. Call either Jean Fournier, club director, at 434-4740 or Louise Ruth Relation, club president, at 271-8677, for information.

The Towers of Colonie Silver Streakers Inc., 420 Sand Creek Rd. in Colonie, meets daily from 10 a.m. to 4 p.m. offering various services, local information and daily activities, and on the first Tuesday of the month for a business meeting. Call club President Julia Matusiak at 459-3186 for information.

## Senior Services hours of operation

The Town of Colonie Senior Citizen Services Department, at the old Goodrich School, 91 Fiddlers Ln. in Colonie, is open to seniors and their families every workday from 8:30 a.m. to 4:30 p.m.

Extended hours are offered, by appointment, on the first Wednesday of the month up to 7 p.m. Indi-

viduals can meet with a department representative on a walk-in basis at the Colonie Community Center, 1653 Central Ave. on the first Wednesday and the William K. Sanford Town Library, 629 Albany-Shaker Rd. on the third Monday of the month, from 10 a.m. to 1 p.m., except for August.

For information, call 783-2824.



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# Five minutes a day means teeth here to stay

Today's older adults have a lot to smile about. Advances in dentistry and preventive techniques are vastly improving dental health.

But many older adults still believe that tooth loss and tooth decay are simply a natural part of aging.

To create an awareness of the importance of oral health, the American Dental Association has designated May 13-19 as National Senior Smile Week.

The fact is, tooth loss is not inevitable. On the contrary, the rate of toothlessness is a prime example of the dental health improvements that many adults are now enjoying. Dentists can now successfully treat and save many of the teeth that were considered hopeless just 25 years ago.

But even with the exceptional advances in dentistry, mature adults are still more at risk of tooth loss than any other age group. Because they are keeping their natural teeth longer, older adults are more susceptible to periodontal disease and tooth decay.

Periodontal disease is the most serious threat to adult teeth. According to the American Dental Association, statistics show that periodontal disease is responsible for 70 percent of all tooth loss in adults. After age 35, three out of every four people have some form of the disease.

One of the reasons that periodontal disease has been able to attack three quarters of American adults is that it is often painless in the early stages.

In its earliest form, periodontal disease is referred to as gingivitis. While the signs of gingivitis are sometimes overlooked, the first indication is often bleeding gums. Contrary to what many people believe, it is not normal for the gums to bleed when brushing or flossing.

## Retirement needs strategic planning

Each year millions of lucky Americans celebrate their retirement, but they are often surprised to learn that their retirement dreams can quickly fade without some strategic planning.

Retirees often face questions about finances, benefits, medical care, housing, or simply about their leisure activities. Palder, a retired pharmacist, says his book will "help people locate the information they need in one convenient place."

AARP's *Modern Maturity* agrees, "The Retirement Sourcebook has more names, addresses, and phone numbers than we ever dreamed of. There is a hotline index, state-by-state listings for federal, state, and local government agencies, tourism offices, and much, much more," it says.

Palder's 521-page book is available by mail. Send \$14.95 plus \$3 postage and handling to *The Retirement Sourcebook*, Dept. B, 5615 Fishers Lane, Rockville, Md 20852. There's an unconditional money-back guarantee.

Other signs of gingivitis may be red, swollen or tender gums. While gingivitis is usually reversible, a dental check-up should be scheduled as soon as possible.

As periodontal disease progresses, the signs can become more noticeable. Any of the following signs necessitate an immediate visit to the dentist:

- Gums that have pulled away from the teeth;
- Pus between the teeth and gums when the gums are pressed;
- Persistent bad breath or bad taste;
- Permanent teeth that are loose or separating;
- Any change in the way your teeth fit together when you bite;
- Any changes in the fit of partial dentures.

Tooth decay is another problem common to mature adults. Because they are keeping more of their natural teeth, older adults are getting more cavities. According to one study, two out of three cavities in people over age 50 occur around the margins of old fillings. Because many adults grew up without the benefits of fluoride products and fluoridated water, they are more likely to have fillings.

Older adults are also more prone to root decay — a problem that occurs in more than 60 percent of adults over age 65. Tooth roots become exposed because of naturally occurring gum recession and gum disease. Since the root is softer and unprotected by the hard coat of enamel that protects the tooth crown, it is especially prone to decay.

## SPAC to have Evening of the Blues event

An Evening of the Blues glides into the Saratoga Performing Arts Center on Saturday, Aug. 4, from 3 to 11:30 p.m. The concert is presented by George Wein and SPAC.

An Evening of the Blues combines the talents of Bonnie Raitt, Charles Brown, the Jeff Healey Band, John Lee Hooker, Dr. John, Irma Thomas, Buddy Guy, and John Hammond.

Simple as it may seem, spending about five minutes each day on oral hygiene can help prevent periodontal disease and tooth decay. Unfortunately, it is known that most Americans spend an average of one minute a day on the oral hygiene. Just a few extra minutes a day spent on brushing and flossing, combined with healthy eating habits and regular dental visits, will help the mouth stay healthy.

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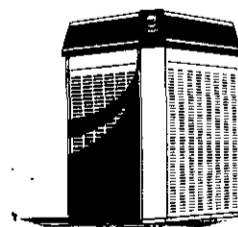
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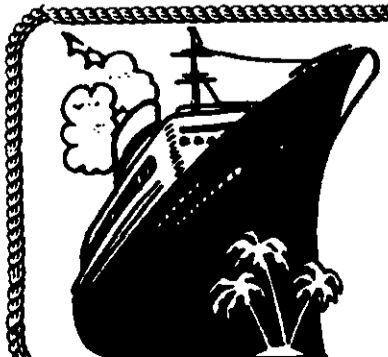
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## Slim odds for lottery hopefuls

It's been an American dream ever since the first modern state-sponsored lottery began in New Hampshire 25 years ago: You plunk down a couple of bucks on selected numbers, eagerly await the official drawing, then, with more than a little bit of luck, welcome to Easy Street!

The fervor of this fantasy, which sees some 97 million of us purchase upwards of \$15 billion worth of lottery tickets a year in 32 states and the District of Columbia, is matched only by the steep improbability of our ever winning the big prize.

In Ohio's "Super Lotto," for instance, which poses a typical challenge of picking six numbers out of 44, the odds against winning are about 7,000,000 to 1. (And the state plans to up this to picking six numbers out of 50, dramatically reducing the number of winners and therefore building bigger jackpots.)

In New York, which uses 54 numbers but gives two tickets per dollar, the odds soar to 12.9 million to 1. Californians try to pick six numbers out of 49. Pennsylvanians are teased and taunted with 11 winning numbers drawn from a pot of 80, only seven of which need to be matched. This may look like a better proposition, but it isn't: Odds are 9.6 million to 1.

To put this sort of lightning-strike probability into perspective, you're more likely to be hit by lightning, to get a hole-in-one on a round of golf or to crack up your car while driving to purchase your lottery tickets.

## Older adults may face problems at work after 65

Today's employment trends have troubling implications for older workers, and for the baby boom generation, according to a report called "Social Insecurity: The Economic Marginalization of Older Workers," by 9 to 5, National Association of Working Women.

"The problems older workers face today give us a glimpse of the problems the growing number of older workers will face tomorrow," says 9 to 5 Executive Director Karen Nussbaum. "Older workers are being used as 'shock absorbers' for the changing economy.

"What we have found is that older workers are bearing a disproportionate burden of the current era of restructuring and mergers. They are being pushed into early retirement, and into the growing pool of marginal workers," Nussbaum says.

"The economic hardship suffered by this generation of older workers could be even worse for

Thus, the best way to think of your participation in the lottery is as a contribution to your local government, schools or to charity, because your odds of winning big are small indeed.

the baby boom generation, if current trends continue, especially in light of the fact that baby boomers earn less and save less than their parents."

The 9 to 5 report states that:

• Many older workers, especially those over 65, prefer part-time jobs and phased retirement. But because of low pay and poor benefits, these jobs threaten their economic security.

Other older workers prefer full-time jobs, but are unable to find them.

• Older workers are much more likely than other workers to be laid off. Their periods of unemployment are then 63 percent longer than other workers, and they have a lower probability of being reemployed. As a result of this hardship, older workers are three times more likely to exit the labor force than other workers.

• To cut costs, many companies are offering deceptively attractive early retirement packages, although they are usually only available to higher level employees.

• Once retired, many workers find that their pensions and savings are insufficient, and that they must return to work. In addition, Harris polls consistently show that about half of retirees would prefer to work for economic and social reasons.

• Employers are taking advantage of this pool, and increasingly are rehiring retirees as part-time and temporary workers, at lower pay than at retirement, and with few benefits and no further pension contribution.

## Rainy day projects

What's the best way to occupy active youngsters on a rainy Sunday afternoon? Grandparents nationwide are turning to simple crafts projects to help entertain and amuse children during regular visits. Not only do they make the hours fly, craft sessions also encourage creative development and foster a sense of accomplishment in young children.

Here are several projects that kids and grandparents can enjoy together:

• Make home-made magnets using glue and food coloring. First, mix a batch of "glue-dough" using equal parts white glue, flour and cornstarch. Form free-hand into fruits, vegetables, flowers, and so on. While the shapes are damp, press a small magnet into the back. When dry, paint with bright colors.

• Create fabric-covered frames for favorite photos. Start with picture mats (available in variety and craft stores). Glue padding to mat, then cover with fabric, gluing it into opening and around four sides with craft glue. Edge with lace. For back, cover matching piece of cardboard with fabric. Glue to mat on three sides, allowing opening on one side for inserting picture. Complete frame with ribbon or other trim, if desired.

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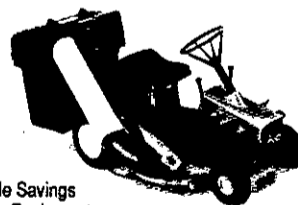
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## Seniors: Turn that trash into thousands in cash

Don't trash grandpa's smelly old pipe! It could be worth \$100 or more.

Used briar pipes are one of many valuable items overlooked when people clean house or settle an estate. Seniors lose a great deal of money when they throw away so-called "junk," cautions collectibles expert, Dr. Tony Hyman.

"I've found \$300 items in trash cans more than once," he says.

Many everyday items made between 1920 and 1960 have high value today, according to Hyman, because they've become collectible.

Fishing tackle is a good example. Wooden and metal plugs (baits) purchased for less than a dollar in the 1930s can be worth hundreds of dollars today, and high quality old rods and reels can be sold for thousands.

Things don't have to be very old or expensive to have substantial value, according to Hyman.

"It's hard to believe that Barbie® furniture and accessories that cost pennies from Montgomery Ward only 30 years ago could be worth over \$500 today," he says.

The secret of turning this "junk" into cash, Hyman says, is getting it into the right hands.

While millions of people collect stamps, less than a dozen people compete for items in some other hobbies. But if you know who those collectors are, it's surprising how much they'll pay.

Carnival glass collector Tom Burns recently paid \$10,000 for a punchbowl and cups made from the shiny metallic looking glass. The owner had gotten the set free, one piece at a time, for attending a movie theater in the 1930s.

Radios can be shockingly valuable. If you own a two-tone plastic table model made by Sentinel, Motorola, Fada, G.E., Emerson, or a dozen other markers during the

1930s or '40s, there's a good chance it's worth \$300-\$3,000 today.

Floor model radios can also put money in your pocket. Collector Harry Poster will pay \$10,000 for a perfect chrome covered Sparton brand Model 1186 with a large 42" mirror.

The best buyers, like Burns and Poster, may live many miles away from you. Fortunately, selling by mail or phone is easy, even for large, heavy things, because the buyers will assist you.

Since 1981, Hyman has advised millions of radio talk show listeners on how to sell everything from old advertising to shrunken heads. Now his advice, and his personal list of reputable buyers, is available in print.

Hyman's 320-page book, "I'll Buy That!", is better than a price guide because it contains 1,534 referrals to actual people and institutions ready to pay cash for millions of things you might own.

"I'll Buy That!" is available exclusively by mail. Send \$19.95 plus \$4 shipping and handling to Where To Sell, Box 699 Claremont, Ca 91711. MasterCard or Visa orders call toll free 1-800-543-7500. You get an unconditional 30 day money-back guarantee.

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form letters that make selling by mail as easy as filling in the blanks.

Nearly every older American has something worth \$25 to \$1,000 that he or she thinks is "trash," cautions Hyman.

Things not to throw away include: cigar boxes, silk Hawaiian shirts, electric trains, hardback and pulp detective stores, perfume bottles, baseball cards, wind-up toys (especially cars and robots), guitars and violins, fountain pens, postcard collections, catalogs, phonograph records (it's surprising which ones have value) wristwatches, early license plates, dolls, teddy bears, magazines, paperweights, canning jars, weathervanes, fine china, and political buttons.

"Don't sell anything that's more than 15 years old at a garage sale," suggests Hyman, "since it's probably much more valuable than you think."

Remember grandpa's \$100 briar pipe? Well, pipe tobacco cans are worth even more.

"Never toss out an old tobacco, coffee, or talcum tin without first consulting an expert," Hyman warns, "since the record price for a tin can is over \$10,000... and that can was picked up at a yard sale for \$12."

## Changing times bring retirement problems

Nothing reflects society's "changing times" better than how senior adults of the '90s are choosing to retire. These "new age" seniors are exploding the myths of the traditional older person by remaining active, developing new interests and, in some instances, even relocating and starting again.

Traditionally, seniors have remained in their homes after retiring until illness or death of a spouse forced them into a nursing home. Today, a more physically fit, better-educated and more mobile senior adult is planning a retirement of a different sort. The many options include:

- Relocate to be near children or to experience a new climate or lifestyle.

- Sell the home to scale down living quarters and reduce maintenance responsibilities.

- Move into a retirement community.

Today, more than a million people live in retirement communities.

"Senior adults are shopping for the necessary elements of quality retirement living," says a retirement community official."

## Youthful appearance bolsters self-esteem

So, you're not a kid anymore. You've reached the golden years, a time to sit back and reflect on the years gone by, too late to chase dreams anymore.

Don't you believe it! Today's mature citizens are more vital and active than at any other time in history. Americans in their fifties, sixties, and even beyond are hardly sitting back and letting the rest of the world go by. They're changing careers, lifestyles, or even starting up new businesses.

Women, in particular, have learned that growing older is nothing to fear. In fact, many mature women admit to feeling relieved when their children leave the nest. They claim they feel younger and more energetic than at any other time in their lives, ready to tackle new adventures. Perhaps they, too, can now achieve long-postponed goals, in careers or education, that they haven't been free to pursue before.

A prerequisite of achieving goals at any age, however, is to project an image of confidence and self-esteem. Fortunately, this is not difficult to achieve when you start by enhancing your appearance.

"While some of the effects of aging are inevitable, there are many ways in which you can maintain the illusion of a youthful appearance, beginning with a lovely complexion. "Since your skin is the first thing that people see when they meet you, a lovely complexion is critical to the image you project," they state. To keep your skin looking fresh and glowing at any age, here are some tips.

- Watch your diet! Be sure to eat plenty of yellow vegetables, fish, and liver since they contain vitamin A, which is essential for good skin tone.

- Avoid walking in strong winds, or sitting in the sun, since both activities cause the skin to dry out.

- Don't use harsh soaps to wash your face.

- Always tone your skin after washing with a non-drying astringent such as witch hazel. Witch hazel is a natural botanical astringent that tones the skin without irritation or dryness.

- Apply your favorite moisturizer while your skin is still damp from the witch hazel to help emollients penetrate deeper and more easily.

- When working or playing outdoors, wear protective gloves, scarves and sunglasses to prevent your skin from becoming dehydrated from exposure to the elements.

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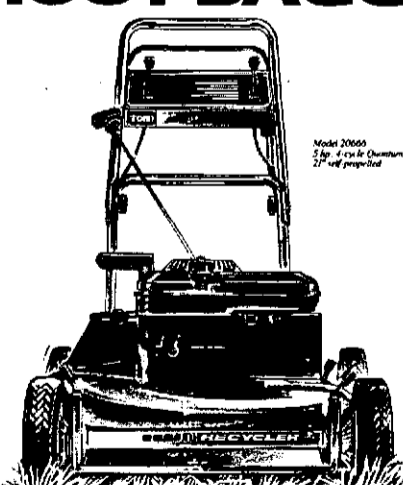
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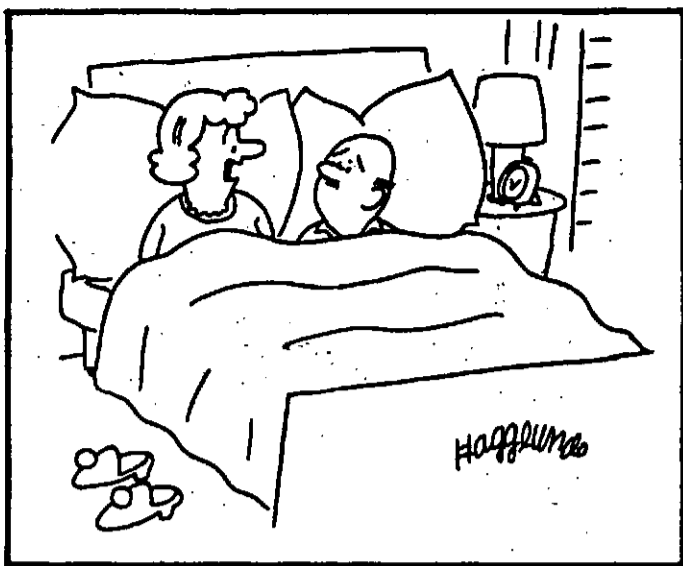
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corners of New York to the great halls of Moscow and Leningrad.

The dynamic threesome have collaborated with Broadway's talented Tommy Tune, performed with many of the top symphony orchestras, in symphonic pops concerts and have been seen on TV in numerous PBS specials, the Today Show, Entertainment Tonight and The Pat Sajak Show.

### Insurance advice offered to vacationers

Be certain you have the necessary insurance in place so your summer vacation fun is not spoiled by an accident or theft. That's the advice of the Professional Insurance Agents of New York State Inc. (PIANY).

Before leaving home for vacation, take simple precautions to avoid theft while you are gone. Stop delivery of newspapers and mail; ask a neighbor to park their car in your driveway from time to time; put lights on a timer to turn on at night or ask a neighbor to turn lights on occasionally. These steps will create a lived-in look to deter burglars. Also make sure all door and widow locks are secure to make entry difficult for intruders.

PIANY also recommends that vacationers check with their professional insurance agents to be certain that their home contents have adequate insurance coverage, particularly if they've made any recent, relatively expensive purchases. A home inventory of your property, including makes, models and serial numbers, is important should you become the victim of a burglary.

If you plan to travel by car, you should check with your agent to make sure your auto insurance is up to date. Be certain that the vehicle is in good operating condition and that your passengers wear seat belts at all times. If your plans include renting a car, your insurance agent will be able to tell you to what extent your auto policy provides you with coverage when driving in other countries. Boat owners should also check with their agents about insurance since boats require special coverage.

Should you suffer a loss, report the incident to the police and to your insurance agent as soon as possible. Follow up with your insurance agent by sending a written explanation of what happened and a list of missing or damaged items. Save receipts for any purchases or repairs linked to the incident, for possible reimbursement from your insurance company.



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\*\*Amount of coverage depends on age, sex and number of units purchased.

\*\*Limited death benefit during the first two years.





# Obituaries

## Mary Dearstynne

Mary M. Dearstynne, 76, of Feura Bush, died Sunday, July 15 at Child's Nursing Home in Albany after a long illness.

Born in Albany, she had lived in Feura Bush for the past 21 years.

She was a matron at Albany County Jail for four and a half years and had been retired several years. Before working at the jail, she and her first husband, Anthony Romanowski, operated Romanowski's Grocery Store in Albany for many years.

She was a communicant of St. John's-St. Ann's Church, Albany, and was a member of its Altar Rosary Society. She was also a member of the Onesquethaw Fire Co. in Clarksville.

She was widow of Anthony C. Romanowski and Clinton A. Dearstynne.

Survivors include a son, Theodore A. Romanowski of Wynantskill; two daughters, Shirley M. Dearstynne of Feura Bush and Catherine M. Laredo of Brooklyn; a brother, Nicholas Budnowski of East Greenbush; and three grandchildren.

Burial was in the Calvary Cemetery in Glenmont. Arrangements were by the Hearley and Son Funeral Home in Guilderland.

Memorial contributions may be made to the Onesquethaw Fire Co. or the Jerusalem Reformed Church in Feura Bush.

## Dr. Daniel McMahon

Dr. Daniel P. McMahon, 83, of Custer Road in Delmar, died Tuesday, July 17 in Albany Medical

Center Hospital after a long illness.

Born in Buffalo, he was a graduate of the State University at Buffalo, attended Johns Hopkins University and interned at Brady Memorial Hospital in Albany.

Dr. McMahon operated his own medical practice in North Carolina from 1945 to 1950. In 1950, he began working for the state Department of Health as a health director for the Binghamton area until 1964. He then became the state regional health director for the state Department of Health, retiring in 1975.

Dr. McMahon was a Navy commander during World War II and served with the Marines in the Pacific Theater from 1942 to 1945. He was a communicant of Church of St. Thomas the Apostle in Delmar.

He was the widower of Eileen McMahon. Survivors include a son, Daniel P. McMahon of Delmar; a daughter, Catherine Smith of Albany; and five grandchildren.

Burial was in Calvary Cemetery, Glenmont. Arrangements were by Applebee Funeral Home in Delmar.

Memorial contributions may be made to the American Cancer Society or the American Heart Association.

## Walter Krzanowski Sr.

Walter A. Krzanowski Sr., 68, of Selkirk died Monday, July 16 at St. Peter's Hospital in Albany after a long illness.

Born in Easthampton, Mass., he lived in the Capital District since 1948 and in Selkirk for the past 29 years.

Mr. Krzanowski was a carpenter with the United Brotherhood of Carpenters and Joiners of America Local 370 for more than 30 years, until 1977. He then was a maintenance worker at the Academy of the Holy Names in Albany, retiring two years ago.

He was an Army veteran of World War II, serving in the European Theater, and was a communicant of St. James Church in Albany.

Survivors include his wife, Leona Martin Krzanowski; seven daughters, Army Sgt. 1st Class Elaine Goodwin, based in Stuttgart, West Germany, and Marie Ann Krzanowski, Catherine Krzanowski, Jeannine Krzanowski, Janet Krzanowski, Michelle Murray and Margaret Fahrenkopf, all of Albany; a son, Walter A. Krzanowski of Albany; two sisters, Irene Quievryn of Commack, Suffolk County, and Helen Camerer of Tampa, Fla.; two brothers, Frank Krzanowski of Burlington N.J., and Edward Krzanowski of Rotunda, Fla.; and five grandsons.

Burial was in St. Agnes Cemetery in Menands. Arrangements were by the Daniel Keenan Funeral Home in Albany.

Contributions may be made to the American Heart Association in Albany or the Bethlehem Volunteer Ambulance Service in Selkirk.

## Daniel J. Furey

Daniel J. Furey, 66, of Montrose Drive in Delmar, died Wednesday, July 18 in St. Peter's Hospital after a brief illness.

Born in Buffalo, he moved to Delmar 32 years ago.

He was a labor relations manager for the New York Telephone Co., Albany, for 39 years. He retired in 1985.

Mr. Furey was an Air Force veteran of World War II, serving as a first lieutenant. He was a past president of the Tri-Village Little League in Bethlehem, a former officer of the Pop Warner Football Program in Delmar, a member of the Bethlehem Athletic Association, the Nathaniel Adams Blanchard Post of the American Legion in Delmar and the Telephone Pioneers. He was a communicant of Church of St. Thomas the Apostle in Delmar.

Survivors include his wife, Florence Traum Furey; a son, D. John Furey of Delmar; three daughters, Dr. Patricia Schilke of Allentown, Pa., Kathleen Collins of New York City, and Danielle VanDenburg of Delmar; two sisters, Marguerite Grady of Florida and Mary Jane Niles of Elmira, Chemung County; and a grandson.

Burial was in Calvary Cemetery, Glenmont. Arrangements were by Applebee Funeral Home.

Contributions may be made to the Ronald McDonald House or the Delmar Rescue Squad.

## Consumer board takes stand on postage hike

The Executive Director of the New York State Consumer Protection Board recently announced the agency is filing testimony with the Postal Rate Commission urging rejection of the Postal Service's request to raise the price of a first class stamp from \$.25 to \$.30 next February. The agency recommended instead that postal rates be frozen until at least February 1992 and that more cost be allocated to junk mail.

The CPB also requested that the postal service reduce rates for household consumers who send pre-coded mail in special envelopes or choose to have some mail delivered one day later than other mail to the same destination.

## Realtors raise money for children's camp

The New York State Association of Realtors, Inc., raised over \$9,000 for Camp Good Days and Special Times with a statewide raffle. Since 1987, Realtors across New York State have donated over \$200,000 to Camp Good Days.

Camp Good Days is a New York State organization that provides year-round programs and support activities for children with cancer.

## Camp Pinnacle offers Saturday dinners

Camp Pinnacle, located on Road 1 in Voorheesville, is offering a smorgasbord every Saturday evening throughout the summer, at 5:30 p.m. The cost is \$8.

The public is also invited to morning Bible study at the camp, held Monday through Friday at 9:30 a.m., and evening service Sunday through Friday at 7:30 p.m.

For information, call 872-0036.

## Grants awarded to community groups

The Mohawk-Hudson Community Foundation has awarded grants to the following five local non-profit organizations: Albany Dispute Mediation Program, Inc., \$2,500 for a special assistant to aid in foster child care cases; Burnt Hills Ballston Lake Community Services, \$2,000 for a drug and alcohol abuse prevention program; Capital District Community Gardens, \$1,500 for expansion of a garden plot in a Troy neighborhood; Joseph's House and Shelter,

Inc., \$1,000 to meet basic clothing needs of homeless children living in the Troy shelter; and Sunnyside Center, \$1,500 for a commercial dishwasher required for licensing of its Kindercare Program for impoverished children in Troy.

The Community Foundation serves Albany, Rensselaer and Saratoga Counties by supporting a broad range of human services and programs in the arts, culture, education, health and the environment.

## Facility earns accreditation

The mammography facility at Women's Imaging Center has been accredited by the American College of Radiology.

The facility has met the necessary requirements, which include a peer review evaluation of the facility's staff qualifications, equipment, quality control and quality assurance programs, image quality and breast dose.

## Auto group honors Gov. Cuomo

The New York State Automobile Association presented its Distinguished Leadership Award to Governor Mario M. Cuomo at its statewide meeting held on Wednesday, July 25, at the Gideon Putnam Hotel in Saratoga Springs.

Cuomo was recognized by the NYSAAA for his exceptional dedication to the advancement of traffic safety in New York State.

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Mr. and Mrs. John Boyd Thacher, III

### Thacher, Montgomery wed

John Boyd Thacher III, son of Elizabeth J. Thacher and Kenelm R. Thacher of Delmar, and T. Davetta Montgomery, daughter of Amelia K. Stewart of North Greenbush, were married June 30.

Rev. Leif Erickson conducted the service at Woodside Presbyterian Church in Troy.

Ann W. Peck was maid of honor. Beci Land, Nancy Thacher and Janet Bushnell were bridesmaids.

Mark Conroy was best man. Richard Dubin, Thomas Thacher and William Butcher were ushers.

The groom is a graduate of Bethlehem Central High School, and attended St. Lawrence University and SUNY Albany. He is an architecture student.

The bride is a graduate of RPI. She is employed by the state energy authority.

After a cross-country wedding trip, the couple resides in Troy.

### Class of '90

Hobart College — Lee M. Einhorn, B.A., Delmar; Steven J. Kramer, B.A., Glenmont.

Yale University — Joyce Shen, summa cum laude, Delmar.

Geneseo — Robert S. Herman, B.A., Elizabeth A. Murnighan, B.S., Cathryn M. Piccolino, B.S., Glenmont; Kathleen M. Michalak, B.S., Voorheesville; James S. Moran, B.A., Delmar.

Le Moyne College — Peter Scott Applebee, B.A., Delmar.

Boston College — Geoffrey C. Mackey, B.A., Delmar.

Trinity College — Lisa Page Tomlinson, B.A., Delmar.

The Citadel — Kevin Richard Ward, B.S., Delmar.

Albany Law — Stephen L. Molinsek, juris doctor, Glenmont; Amy J. Davis, juris doctor, Glenmont.

Union College — David K. Harrington, B.S., Delmar.

Middlebury College — Jennifer Mosmen, B.A., Delmar.

Emma Willard School (high school graduates) — Jessica Miller, Glenmont, Christina Manning, Slingerlands.

### Veterans get toll-free information number

The Department of Veterans Affairs has established a new toll-free information number for New York state veterans and others with questions about veterans' benefits. The number is 1-800-VA7-8954, and can be used throughout the state except in New York City, where the number will continue to be 1-212-620-6901.



Mr. and Mrs. James M. Leonard, Jr.

### Leonard and Millard wed

James M. Leonard, Jr. son of Dr. and Mrs. James Leonard of Delmar, and Karen Millard, daughter of Mr. and Mrs. Walter Millard of Tampa, Fla. were married aboard the Dutch Apple II in Albany on May 20.

Beverly Dietzl was maid of honor, with Tom Dinnel as best

man. The groom is a graduate of Bethlehem Central High School and New York University. He is president of Stageright, Inc.

After a wedding trip to Bar Harbor and Nova Scotia, the couple resides in Manhattan.

### Delmar student earns scholarship

Daniel Dunn, son of Mr. and Mrs. Frederick J. Dunn of Delmar, received a presidential scholarship from Alfred University. He plans to enter the School of Engineering at Alfred University in August.

### Dean's List

North Adams State College — Kelly Hart, Delmar.

Bucknell University — James Jewell, Delmar.

University of Arizona — Tani Bathrick, Feura Bush.

Alfred University — Adam M. Acquario, Delmar.

SUNY Oswego — Ellen B. Barker, Delmar; Bridget T. DePasquale, Heather Ane Glock, Martha M. Wagner, Voorheesville.

University of Vermont — Karen Callender, Phi Eta Sigma Honor Society, Delmar.

Savannah College — Nicole Kansas, Delmar.

SUNY Cobleskill — Dave Hickey, Delmar.

Hartwick College — Todd M. Porter, Voorheesville.

Hudson Valley Community College — Tracy L. Harrington, Delmar.

Muhlenberg College — Jon K.G. Allanson, Delmar; Laurie E. Alexander, Glenmont.

In Delmar The Spotlight is sold at Elm Ave. Sunoco, Handy Andy, Tri Village Drugs and Stewart's



### Community Corner

#### Firemen's flea market set for Saturday

The 15th Annual Glenmont Firemen's Flea Market will be held in the Firehouse Grove on July 28 from 9 a.m. to 5 p.m. The firehouse is located just off Rt 9W next to K-Mart in Glenmont.

There will be over 150 booths offering a huge variety of items for sale including antiques, collectibles, new merchandise, plants, jewelry and crafts. This has become the largest one-day flea market in the area. The firemen will also be offering refreshments throughout the day. Bring the whole family and have a ball! Rain date is August 4.

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## Something for everyone at the fair

By Debi Boucher

It would take more than a week to see all the exhibits going on at the Saratoga County Fair, which is "bigger and better" than ever, according to Richard Decker, fair president.

The fair, now in its 149th year, opened yesterday (Tuesday) and will run through Sunday, July 29 at the Ballston Spa Fairgrounds at 162 Prospect Street.

As Decker pointed out, people are attracted to the fair for varying reasons — and there's something there for everyone.

Livestock are the traditional attraction for many fair-goers, and this year's display would fill barnyards. Along with nearly 100 goats and sheep, and the same number of beef and dairy cattle, there will be chickens, turkeys and ducks, plus an entire tent of rabbits. Judging took place on Sunday and Monday before the fair opened, so the ribbons could be on display all week.

For the horsey set, there are six different horse shows scheduled, including English, Western and a gymkhana. In addition to the draft horse show, there will be a miniature horse show focusing on a relatively new breed of horse that lives up to its name — the animals are only about three feet tall.

There's also a 4-H horse show, a 4-H dog obedience show, continuous sheep-shearing, and — for all the morning people — a rooster crowing contest.

Those who want to get the true flavor of a county fair can enter a pie-eating contest (on Wednesday and Friday), and thrill-seekers can climb aboard one of 30 rides brought by Amusements of Amer-



This replica of the Hindenberg was judged best of show for this week's Saratoga County Fair antique display. *Bob Hagyard*

ica Midway. Sunday will feature the fair's second demolition derby (the first was on opening day), but slower-speed folks might prefer a tractor pull — there are two scheduled for Thursday, another on Sunday.

Clowns and jugglers will be on hand all week, as will a dog and monkey show; a high-dive show, Hollywood stunt acts, lumberjack show and marionette show are among other ongoing diversions. The

"talent tent" will feature more than 100 acts from the Capital District area, according to Decker.

Antique aficionados will have a field day viewing what Decker believes is the one of the biggest antique collections of any county fair — some 1,200 exhibits entered in 876 categories.

Weaving and sewing exhibits will be on display in the home arts and fine arts

building along with crafts, ceramics, paintings and drawings.

Other buildings are reserved for agricultural promotions, educational projects, taxidermy, woodcarving, bee-keeping and environmental exhibits — including a "living stream" display created by the state Department of Environmental Conservation.

There will be plenty to eat and drink in the refreshment tents, one of which will feature a different musical group every night — from country and western to polka to contemporary.

Fair hours are 8 a.m. to midnight. General admission is \$5 for adults, \$2 for children ages 8 to 16, and \$3 for senior citizens; parking is \$2. Today and Friday, free admission is being offered to youngsters under 16 until 4 p.m., along with a one-price, unlimited rides offer between 11 a.m. and 6 p.m. On Thursday, a family day offers free admission to everyone until 4 p.m.

Sponsored by the Saratoga County Agricultural Society, the Saratoga Fair runs almost exclusively on its own earnings, Decker said, although it does enjoy some limited funding from outside agencies and corporate sponsors.

In addition to renting the fairgrounds, the fair association employs a full-time fair manager and an office coordinator; a volunteer staff, including 18 directors and four officers, rounds out the organization.

"We just try to improve on things we think we've been doing well in the past," said Decker, adding that coordinating the annual fair is a year-round job. With this year's fair under way, he said, "We're already working on '91."

## Poets series begins

By Debi Boucher

Poetry is coming into its own in the Capital District, according to the coordinator of "Poets in the Park," a three-session series of readings that began Saturday in Washington Park.

"We've had kind of an interesting genesis here in Albany, where the nature of poetry is being seen as a performance art," said Tom Nattell, who has done much to contribute to the rising popularity of poetry readings in the area — if only by making them available.

The grant sponsoring "Poets in the Park," from the New York State Council on the Arts Decentralization Program, has been awarded for the third consecutive year to Albany's Social Justice Center, of which Nattell is a board member. The first year launched the open mike for poets night at QE2; last year's readings included the first Washington Park reading, held on the night of the lunar eclipse and attended by over 100 people.

Saturday's reading helped illustrate the new direction poetry readings have taken: the first of the three poets who performed strummed a guitar during her reading, and another had a friend provide sound effects for one poem with an unusual wooden instrument.

Nattell, who is involved in organ-  
POETS/ page 21

## Odds are track will be wonderful family day

By Robert Webster Jr.

For many, a horse track does not conjure up the image of a family day of fun and adventure. Many parents would cringe at the suggestion that they pack up the kids and head off for an entire day at the track.

However, the Saratoga Race Track at Saratoga Springs need not be viewed as a potential spot for corruption of children. In fact, a day at the historically famous track could be one of the best family trips to take this summer, if you go prepared.

A mere 45 minutes or so north on I-87 or Route 9, the Saratoga Race Track has numerous things to offer for the entire family.

Parking at the track usually consists of two choices. Either you can park along the streets, on Nelson Avenue, Union Avenue or others near the track, or you can go to the track lots for regular or VIP valet parking.

You could begin your day with breakfast at the track if you and your family can find it in you to get up early enough to make the 7 to 9:30 a.m. serving schedule. Breakfast is served every day, except for Tuesday, on the grandstand porch. During breakfast, you can watch the horses go through the routine of their morning workouts, without all the pre-race excitement that occurs at post time.

The races don't begin until 1:30 p.m., so the family has a great amount of time to spare following breakfast. The track offers a number of tours through the stables and to show the starting gates, so take advantage of this entertaining and informative tour. Workers will put on a starting gate demonstration as well as

showing the types of equipment used on the horses for their races.

After the guided tours, you'll still have plenty of time for sightseeing and to visit the T-shirt, painting, hot dog and souvenir stands scattered throughout the grounds.

***In fact, a day at the historically famous track could be one of the best family trips to take this summer, if you go prepared.***

If that isn't your style, however, you can always cross the road to the National Museum of Racing and Hall of Fame, which is celebrating its 40th anniversary this year.

The museum is a separate entity, but a perfect complement to a day at the track as it presents American racing history, a history in which Saratoga has played a major role.

To celebrate its 40th anniversary, the museum is holding a special benefit at the racecourse on Aug. 9 with a "Breakfast of Champions" from 7:30 to 9:30 a.m. Thirty-nine Hall of Fame greats will be on hand, including Eddie Arcaro and Johnny Longden. Tickets are \$15 for the breakfast and a commemorative glass, and they are available at the museum. The museum's regular hours of operation are 10 a.m. to 4:30 p.m., Monday through Saturday, and noon to 4:30 p.m. on Sunday. For information, call 584-0400.

By this time, the races should almost be starting, and finding a place to let your weary clan rest is paramount. Unless you have purchased tickets for inside seats, which are near impossible to come by this late in the season, you will have to find seating outside the clubhouse. If you are fortunate enough to grab a seat or a bench early in the day, you won't have to worry, but if you don't, you can always bring along lawn chairs and camp out around the trees near the escalator leading to the clubhouse or on the lawn.

Around this time, the family is probably looking for lunch, and unless you brought along a cooler (something I would recommend), you'll have to rely on track lunch fare.

If you and your family want to do the picnic scene as a part of your day, the track has picnic tables available for use. However, they go very quickly in the morning, so if a picnic is part of your plans, an early arrival is necessary.

The Rail Pavilion is located at the finish line, and it not only offers a buffet but betting booths as well. It also will occasionally offer a semi-formal champagne breakfast for \$19.95, or \$15.95 without the champagne.

The Terrace Restaurant, located on the third and fourth floors of the track, is a reservations only restaurant with a dress code as well. Seating is \$5, with a \$10 minimum. Jeans and shorts are not allowed, and men must be wearing a jacket.

If you want to dine in a little less formal atmosphere, the Paddock Tent near the paddock area has an 11:30 a.m. informal buffet. At the same time, you can get to

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# The Spotlight CALENDAR

**Wednesday 25**  
July

**BETHLEHEM**

**PUBLIC HEARING**  
on application of Robert Mitchell, 20 Hallwood Rd., Delmar, Bethlehem Town Hall, 445 Delaware Ave., Delmar, 7:30 p.m. Information, 439-4955.

**SCIENCE MAGIC**  
with Annette Ortifelli, for grades K-6, Bethlehem Public Library, 451 Delaware Ave., Delmar, 2 p.m. Information, 439-9314.

**EVENING ON THE GREEN**  
featuring "Not Necessarily the Blues," Bethlehem Public Library, 451 Delaware Ave., Delmar, 7:30 p.m. Information, 439-9314.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreations Office, Delmar, 9:30 a.m.-noon. Information, 439-0503.

**TESTIMONY MEETING**  
First Church of Christ, Scientist, 555 Delaware Ave., Delmar, 8 p.m. Information, 439-2512.

**NORMANSVILLE COMMUNITY CHURCH**  
Bible study and prayer meeting, 10 Rockefeller Rd., Elsmere. Information, 439-7864.

**BETHLEHEM ARCHAEOLOGY GROUP**  
Provides regular volunteers with excavation and laboratory experience all day Monday and Wednesday. Information, 439-4258.

**NEW SCOTLAND**

**MOUNTAINVIEW EVANGELICAL CHURCH**  
evening service, 7:30 p.m.; Bible study and prayer, Rt. 155, Voorheesville. Information, 765-3390.

**NEW SCOTLAND SENIOR CITIZENS**  
every Wednesday, Wyman Osterhout Community Center, New Salem. Information, 765-2109.

**NEW SCOTLAND ELKS LODGE**  
meets second and fourth Wednesdays, 22 South Main St., Voorheesville, 8 p.m.

**Thursday 26**  
July

**BETHLEHEM**

**"MASTERS OF THE UNIVERSE"**  
film, Bethlehem Public Library, 451 Delaware Ave., Delmar, 2 p.m. Information, 439-9314.

**STORIES FOR BEDTIME**  
for ages 3-5, Bethlehem Public Library, 451 Delaware Ave., Delmar, 7 p.m. Information, 439-9314.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreations Office, Delmar, 9:30 a.m.-noon. Information, 439-0503.

**BETHLEHEM SENIOR CITIZENS**  
meet every Thursday at Bethlehem Town Hall, 445 Delaware Ave., Delmar, 12:30 p.m.

**KABBALAH CLASS**  
class in Jewish mysticism, every Thursday, Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

**OVEREATERS ANONYMOUS**  
meeting every Thursday, First United Methodist Church, Kenwood Ave., Delmar, 7 p.m.

**PARENT SUPPORT GROUP**  
sponsored by Project Hope and Bethlehem Opportunities Unlimited, meets Thursdays, First United Methodist Church, Delmar, 7:30 p.m. Information, 767-2445.

**SILVER BULLETS SQUARE DANCE CLUB**  
mainstream class, 7 p.m., workshop, 9 p.m. every Thursday, First United Methodist Church, Delmar. Information, 439-3689.

**BETHLEHEM LUTHERAN CHURCH**  
Thursdays, Bible study, 10 a.m., creator's crusaders, 6:30 p.m., senior choir, 7:30 p.m. Information, 439-4328.

**BOWLING**  
sponsored by Bethlehem Support Group, for parents of handicapped students, Del Lanes, Elsmere, every Thursday, 4-5:30 p.m. Information, 439-7880.

**NEW SCOTLAND**

**"DEAD POETS' SOCIETY"**  
film, Voorheesville Public Library, 51 School Rd., Voorheesville, 7 p.m. Information, 765-2791.

**"CHEAPER BY THE DOZEN"**  
film, Voorheesville Public Library, 51 School Rd., Voorheesville, 2 p.m. Information, 765-2791.

**CLARKSVILLE TABERNACLE**  
890 Delaware Ave., Clarksville, 7 p.m. Information, 768-2733.

**NEW SCOTLAND KIWANIS CLUB**  
Thursdays, New Scotland Presbyterian Church, Rt. 85, 7 p.m.

**4-H BUSH FUNSTERS**  
4-H group for youths between eight and 19 years, meets every Thursday, Jerusalem Church, Feura Bush, 7-8 p.m.

**Friday 27**  
July

**BETHLEHEM**

**GLENMONT FIREMEN'S FAIR**  
featuring games and moonwalk, Glenmont Firehouse, 6-11 p.m. Information, 463-5979.

**RECOVERY, INC.**  
self-help for those with chronic nervous symptoms. First United Methodist Church, 428 Kenwood Ave., Delmar, every Friday, 12:30 p.m.

**FARMERS' MARKET**  
Fridays through Oct. 26, St. Thomas Church parking lot, Delmar, 9 a.m.-1 p.m. Information, 439-2493.

**CHABAD CENTER**  
services and discussion followed by kiddush, Fridays at sunset, 109 Elsmere Ave., Delmar. Information, 439-8280.

**NEW SCOTLAND YOUTH GROUP MEETINGS**  
United Pentecostal Church, Rt. 85, New Salem, 7 p.m. Information, 765-4410.

**Saturday 28**  
July

**BETHLEHEM**

**GLENMONT FIREMEN'S FLEA MARKET**  
Glenmont Firehouse, 9 a.m.-5 p.m. fair, 6-11 p.m. Information, 463-5979.

**BRONX ZOO TRIP**  
sponsored by the Audubon Society, leaves Hollyhock Hollow Sanctuary, Rarick Rd., Selkirk, 7 a.m. returns at 8 p.m. Information, 767-9051.

**CHABAD CENTER**  
services followed by kiddush, 109 Elsmere Ave., Delmar, 9:30 a.m. Information, 439-8280.

**Sunday 29**  
July

**BETHEL BAPTIST CHURCH**  
Sunday worship service, 10 a.m.; Tuesday Bible study, 7:15 p.m. Meetings held at the Auberge Suisse Restaurant, New Scotland Road, Slingerlands. Information, 475-9086.

**BETHLEHEM COMMUNITY CHURCH**  
Sunday school, 8:30 a.m., 3 year olds through adult, morning worship service, 9:30 a.m. nursery care provided, evening fellowship, 6 p.m. Information 439-3135.

**BETHLEHEM LUTHERAN CHURCH**  
continental breakfast 8:30 a.m., worship service, 9:30 a.m. Nursery care available during worship services. Information, 439-4328.

**DELMAR REFORMED CHURCH**  
church school and worship, 10 a.m., nursery provided through second grade. 386 Delaware Ave. Information, 439-9929

**DELMAR PRESBYTERIAN CHURCH**  
worship and nursery care, 10 a.m.; lemonade on the lawn, 11 a.m. Information, 439-9252.

**EMMANUEL CHRISTIAN CHURCH**  
Worship, Sunday school and nursery care, 10 a.m., followed by a time of fellowship, Retreat House Rd., Glenmont. Information, 463-6465.

**FAITH LUTHERAN CHURCH**  
ELICA, morning worship, 9 a.m.; Sunday school and Bible class, 10:15 a.m., 1 Chapel Lane, Glenmont. Information, 465-2188.

**FIRST CHURCH OF CHRIST**  
Scientist, service and Sunday school, 11 a.m., child care provided, 555 Delaware Ave., Delmar. Information, 439-2512

**FIRST REFORMED CHURCH OF BETHLEHEM**  
church school, 9:30 a.m.; worship, 11 a.m.; youth group 6 p.m. Rt. 9W Selkirk. Information, 436-7710.

**FIRST UNITED METHODIST CHURCH**  
of Delmar, worship 9:30 a.m. church school, 9:45 a.m., youth and adult classes, 11 a.m., nursery care 9 a.m. to noon Information 439-9976.

**GLENMONT REFORMED CHURCH**  
worship, 11 a.m., nursery care provided, 1 Chapel Lane, Glenmont. Information, 436-7710.

**NORMANSVILLE COMMUNITY CHURCH**  
Sunday school, 9:45 a.m., Sunday service, 11 a.m., 10 Rockefeller Rd., Elsmere. Information, 439-7864.

**ST. STEPHEN'S EPISCOPAL CHURCH**  
Eucharist followed by breakfast 8 a.m., Eucharist, 9 a.m., followed by coffee hour, 9:30 a.m., nursery care provided, 9:30 a.m.-noon, Poplar and Elsmere Ave., Delmar. Information, 439-3265.

**SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH**  
worship service, youth forum, 10 a.m., fellowship hour and adult education programs, 11 a.m., nursery care provided, 1499 New Scotland Rd., Slingerlands. Information, 439-1766.

**SOUTH BETHLEHEM UNITED METHODIST CHURCH**  
Sunday school, 9:30 a.m., worship, 11 a.m., followed by coffee hour, Willowbrook Ave., South Bethlehem. Information, 767-9953.

**UNITY OF FAITH CHRISTIAN FELLOWSHIP CHURCH**  
Sunday school and worship, 10 a.m., 436 Krumkill Rd., Delmar. Information, 438-7740.

**BETHLEHEM HISTORICAL MUSEUM**  
school house and Toll House museums open, through August, Rt. 144, Clapper Rd., Selkirk, 2-5 p.m. Information, 436-8289.

**NEW SCOTLAND CLARKSVILLE COMMUNITY CHURCH**  
Sunday school, 9:15 a.m., worship, 10:30 a.m., coffee hour following service, nursery care provided. Information, 768-2916.

**FIRST UNITED METHODIST CHURCH OF VOORHEESVILLE**  
Worship 10 a.m., 10:30 a.m. church school. Information, 765-2895.

**MOUNTAIN VIEW EVANGELICAL CHURCH**  
Bible hour for children and adults, 9:15 a.m., worship, 10:30 a.m., Sunday evening service, 7 p.m., nursery care provided for Sunday services, Rt. 155, Voorheesville. Information, 765-3890.

**NEW SALEM REFORMED CHURCH**  
adult Bible study class and Sunday school, 9:30 a.m., service at 10:30 a.m., nursery care provided, Rt. 85 and Rt. 85A, New Salem. Information, 439-7112.

**ONESQUETHAW CHURCH**  
worship, 9:30 a.m. and 10:45 a.m., Sunday School.

**PRESBYTERIAN CHURCH IN NEW SCOTLAND**  
Worship, 10 a.m. Church school, 11:15 a.m., nursery care provided, Rt. 85, New Scotland. Information, 439-6454.

**UNIONVILLE REFORMED CHURCH**  
worship, 9:30 a.m., followed by fellowship time, Children's story hour, 11 a.m. Information, 439-5303.

**UNITED PENTECOSTAL CHURCH**  
Sunday school and worship, 10 a.m., choir rehearsal, 5 p.m., evening service, 6:45 p.m. Rt. 85, New Salem. Information, 765-4410.

**Monday 30**  
July

**BETHLEHEM**

**DELMAR KIWANIS**  
meets Mondays at Sidewheeler Restaurant, Days Inn, Rt. 9W, Glenmont, 6:15 p.m.

**AL-ANON GROUP**  
support for relatives of alcoholics, meets Mondays, Bethlehem Lutheran Church, 85 Elm Ave., Delmar, 8:30-9:30 p.m. Information, 439-4581.

**DELMAR COMMUNITY ORCHESTRA**  
rehearsal Mondays, Bethlehem Town Hall, Delmar, 7:30 p.m. Information, 439-4628.

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**Napkins for**  
the Kids at....

**WICKY WINGS**

DELAWARE PLAZA • DELMAR  
**439-7988**

**Sunday is**  
**Family Day**  
**15% OFF**

**Dine**  
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A  
Directory  
of  
Popular  
Restaurants  
Recommended  
for  
Family  
Dining

**ALATEEN MEETING**  
support group for young people whose lives have been affected by another's drinking. Bethlehem Lutheran Church, Delmar, 8:30-9:30 p.m. Information, 439-4581.

**BETHLEHEM ARCHAEOLOGY GROUP**  
provides regular volunteers with excavation and laboratory experience all day Monday and Wednesday. Information, 439-4258.

**NEW SCOTLAND**

**QUARTET REHEARSAL**  
United Pentecostal Church, Rt. 85, New Salem, 7:15 p.m. Information, 765-4410.

**Tuesday July 31**

**BETHLEHEM**

**MAGICAL MOMENTS**  
for ages 3-5, Bethlehem Public Library, 451 Delaware Ave., Delmar, 10 a.m. Information, 439-9314.

**STORIES FOR PRESCHOOLERS**  
Elsmere Elementary School, Delaware Ave., Delmar, 10 a.m. and 1:30 p.m. Information, 439-9314.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreations Office, Delmar, 9:30 a.m.-noon. Information, 439-0503.

**DELMAR ROTARY**  
meets Tuesday mornings at Days Inn, Rt. 9W, Glenmont. Information, 482-8824.

**Wednesday August 1**

**BETHLEHEM**

**PUPPET WIZARDRY**  
with Marilyn Schroeder, for grades K-2, 11 a.m.; for grades 3-5, 1 p.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. Information, 439-9314.

**EVENING ON THE GREEN**  
featuring "The Porters," music from Ireland, Bethlehem Public Library, 451 Delaware Ave., Delmar, 7:30 p.m. Information, 439-9314.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreations Office, Delmar, 9:30 a.m.-noon. Information, 439-0503.

**TESTIMONY MEETING**  
First Church of Christ, Scientist, 555 Delaware Ave., Delmar, 8 p.m. Information, 439-2512.

**NORMANSVILLE COMMUNITY CHURCH**  
Bible study and prayer meeting, 10 Rockefeller Rd., Elsmere. Information, 439-7864.

**BETHLEHEM ARCHAEOLOGY GROUP**  
provides regular volunteers with excavation and laboratory experience all day Monday and Wednesday. Information, 439-4258.

**BETHLEHEM LIONS CLUB**  
meets first and third Wednesdays, Old Center Inn, Rt. 9W, Glenmont, 7 p.m.

**BETHLEHEM ELKS LODGE 2233**  
meets at lodge, Rt. 144, Cedar Hill, 8 p.m. first and third Wednesdays.

**ONESQUETHAW CHAPTER, ORDER OF THE EASTERN STAR**  
first and third Wednesdays at Masonic Temple, Kenwood Ave., Delmar, 8 p.m.

**NEW SCOTLAND**

**NEW SCOTLAND SENIOR CITIZENS**  
every Wednesday, Wyman Osterhout Community Center, New Salem. Information, 765-2109.

**MOUNTAINVIEW EVANGELICAL CHURCH**  
evening service, 7:30 p.m.; Bible study and prayer, Rt. 155, Voorheesville. Information, 765-3390.

**Phone in Your Classified Ad With Mastercard or Visa 439-4949**

**Poets**

(From page 19)

izing open mike readings at QE2, also had a hand in the recently-completed "Six Sundays at Three" series held at the Boulevard Bookstore on Central Avenue in Albany. That program, co-sponsored by the Social Justice Center and the Hudson Valley Writers Guild, enjoyed audiences of about 30 people at each afternoon reading, Nattell said.

This year's first Washington Park reading featured Brio Burgess, Brian Ansari and Jill Hanifan, who, like all the performers taking part in the series, live in the Capital District. Ansari heads up the recently-formed African American Writers Collective, and, like many of the poets in the series, writes predominantly on social issues.

"Poets in the Park" represents "a cross-cultural cross section of the Albany cultural scene," according to Nattell. The poets involved, he said, are "tuned into topical issues," a facet that tends to make

**Track**

(From page 19)

see the horses up close and talk to the grooms and the jockeys. There is also a cafeteria on the second floor of the grandstand, and the standard fare can be found there.

There are nine races throughout the afternoon, and the program usually ends at about 5:30 p.m., just in time for some dinner and a final look around Saratoga Springs before the trip home.

The racetrack also offers steeplechases on Thursday and Friday at various intervals throughout the day, so before you go to see the steeplechases, call ahead for times.

For additional information, call the racetrack at 584-6200.

their work "not so much political, but a reflection of what's going on in our society."

The readings are held at the Robert Burns statue. Starting time is 7:30, with each poet reading for about 20 minutes.

This Saturday, July 28, Diane Lunde, Franklin Whitney and Ellen Biss will read from their works. Lunde's readings, Nattell said, tend to be ritual-oriented, and often include chants; Whitney's readings are colored by an "incredibly good sense of humor," while Biss "works dance into her performance, so expect some movement."

The third and last session, on Aug. 4, will be "the most dynamic," Nattell predicted, since it will feature five different poets, including Paul Weinman, Mary Ann Murray, Judith Johnson and Nattell himself.

Most of the grant money is used to pay the poets for their performances, Nattell said, with the balance being used for printing and postage. For this series, notices were sent to some 400 poets and writers.

While last summer's series featured an open mike at the end of each session, Nattell said that tradition would not be carried out this year. He noted that at one of last year's readings, the open mike portion made the session run into Washington Park's 11 p.m. curfew.

However, Nattell noted, there is an open mike night for poets on Monday, July 30 at QE2, "so that should fit right in."

**Hunter Mountain Festival features country music**

The Hunter Mountain Summer Festival season is continuing July 26 through July 29 when some of the top country music stars will perform for Part One of the Hunter Mountain Country Music Festival.

The Forester Sisters, Hank Thompson, the Oak Ridge Boys, Doug Kershaw and Ricky Van Shelton, among others, will perform for Part One of the three-day festival.

**Weekly Crossword**

"COLE PORTER TUNE"

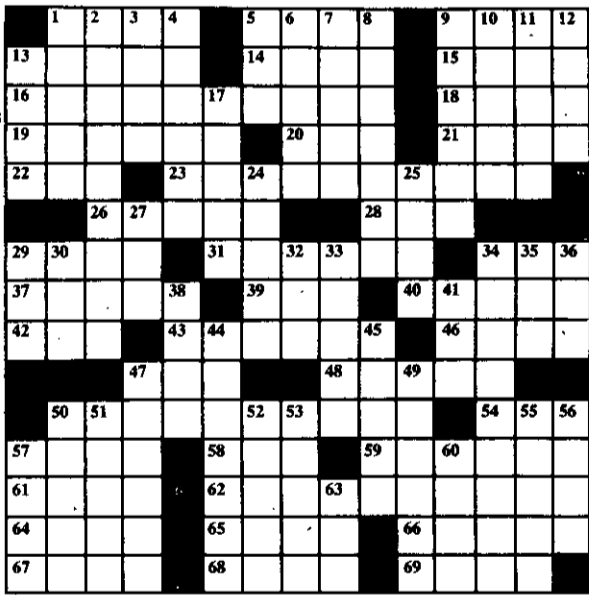
By Gerry Frey

**ACROSS**

- 1 Start of Cole Porter's tune
- 5 River to the Baltic
- 9 State of unconsciousness
- 13 Paris river
- 14 Your fodder's house
- 15 Pub drinks
- 16 Peculiarities
- 18 Peruvian capital
- 19 Rare
- 20 Follows bee
- 21 Chicago landmark
- 22 Literary monogram
- 23 With the greatest of ease
- 26 More undone
- 28 pole: Baby frog
- 29 Newspaper Sect.
- 31 Hot car driver
- 34 Saratoga, eg
- 37 Jury
- 39 Oil initials
- 40 Lucifer
- 42 Unit of work
- 43 Cole Porter's tune continued
- 46 Drug investigator
- 47 Precedes "THER": Suffocate
- 48 Cole Porter's tune continued
- 50 Bryce, eg: 2 wds
- 54 "Great Expectations" hero
- 57 Skinny
- 58 rut
- 59 An "inn" place to be
- 61 Mr. Preminger
- 62 Word with species
- 64 Turn sharply
- 65 Golf term with off
- 66 Mr. Kefauver
- 67 Sins
- 68 Follows "LAW": Attorneys
- 69 States

**DOWN**

- 1 Frees from dependence
- 2 Obstructing
- 3 Latin year
- 4 Between twelve and twenty?
- 5 Precedes "RIS": Egyptian religion
- 6 Go Go Dance craze
- 7 Mr. Fudd
- 8 Rose shaped ornament
- 9 Cole Porter's tune continued
- 10 Mixtures
- 11 Office notes
- 12 Quickly: initials
- 13 X rated
- 17 Point to
- 24 Robert or Jack
- 25 Phyllis' TV sitcom husband
- 27 Consumed
- 29 Post's open
- 30 Pub
- 32 Song word following "Doo"
- 33 Immortal being
- 34 Groom's last hurrah!
- 35 Standard
- 36 African Nat. Congress
- 38 Lama gait
- 41 Ms. Margaret
- 44 "High \_\_\_\_\_": Porter show
- 45 Sheared
- 47 Mexican gentleman
- 49 "O God our help \_\_\_\_\_ past..."
- 50 Prevent
- 51 Diner
- 52 Pierre's year
- 53 Ralph \_\_\_\_\_: Consumer advocate
- 55 Pierre's notions
- 56 Shoulder protections
- 57 Cole Porter tune concluded
- 60 Flat mountain top
- 63 Newspaper notices



Solution to "Dames Names"



**Smokey the Bear comes to Heritage Park**

What do you get when you combine one of America's most recognized symbols with the national pastime?

Answer: Smokey the Bear at the Albany-Colonie Yankees baseball game.

Today, July 25, Smokey and his friends from the New York State Forest Rangers will be at Heritage Park in Colonie to hand out free pennants to the first 1,000 children age 14 or under. The Albany-Colonie Yankees and the London (Ont.) Tigers, managed by former New York Yankee star Chris Chambliss, will play.

The red, white and blue pennants feature the logos of the Albany-Colonie Yankees, Smokey the Bear and the New York State Forest Rangers. The gates of the ballpark open at 11:30 a.m. with game time at 1:05 p.m.



Summer is already half over, but school doesn't start for another month. It's not too late for you to become involved in summer activities.

For those of you who are 18 or over and aren't into mainstream dance music, Buzz Magazine and QE2 host a progressive music dance party from 10 p.m. to 4 a.m. on Monday nights at QE2 on Central Avenue in Albany. You'll hear great music by Depeche Mode, Sinead O'Connor, The Clash and Violent Femmes.

All the world's a stage at the Elm Avenue Park. If you are in the sixth to eighth grades, are interested in learning about the world of theater, and want to participate in a full-scale drama production, the Town of Bethlehem Parks and Recreation Department is holding a workshop just for you. The program will be held from 11:15 a.m. to 1:15 p.m. at the Elm Avenue Park pavilion in Delmar, from July 30 through Aug. 17. For information, call 439-4131.

If you dance professionally, the Guilderland Ballet Company will be holding auditions for the 1990-91 season on July 27, at 9:30 to 11:30 a.m. Register 30 minutes before audition time. The company is open to all dancers between the ages of 12 and 18. Auditions are to be held at the studio, on Game Farm Road in Guilderland. For information, call 452-0637.

The Colonie Youth Centers, in conjunction with the Village of Colonie Youth Council, is sponsoring a tennis camp at Colonie High School from July 30 through Aug. 2, from 9 a.m. to noon.

If you are the type of person others come to for advice, the American Coalition for Community is offering a free course to help you hone your counseling skills. "Building Relationships Through Peer Counseling," is designed to teach the nature of dependent relationships, basic techniques of peer counseling in self-help groups and in one-on-one relationships. The program will be held at the Colonie Town Library, on Maxwell and Albany-Shaker Roads, on Wednesday evenings from 7 to 9 p.m. beginning July 25. Attendance at every session is not required. For information, call 382-0608.

If you have an item exclusively for area teens, send it to TEENSCENE, Spotlight Newspapers, 125 Adams St., Delmar 12054.

**Last night — this Friday!**

Live Music or D.J. Pool Table Reduced Bowling Prices

**FRIDAY IS TEEN NIGHT**

Video Games Just a place to hang out PIZZA

**Del Lanes**  
7:30 - 11:00 PM Sponsored by Delmar - BOU \$2.00 Admission  
439-2224

# ARTS & ENTERTAINMENT

## THEATER

### YOUTH THEATRE NORTHEAST

High school students work in professional theatre context. Union College, Nott Memorial Theatre, Schenectady. Now through Aug. 12. Information, 382-3884.

### WAITING FOR GODOT

Tragicomedy, by the Shakespeare in the Park acting company, campus of Academy of the Holy Names, Albany. July 25-28, 8 p.m. Information, 465-3345.

### NUNSENSE

Wacky singing and dancing nuns, Cohoes Music Hall. Now through Aug. 5, Wed.-Fri. 8 p.m.; Sat. 5 and 9 p.m.; Sun. 2 and 7 p.m. Information, 235-7969.

### AS YOU LIKE IT

Pastoral comedy of love, Actors Shakespeare Company, Albany. Now through Aug. 19, Wed.-Sun. Information, 783-1971.

### MACBETH

Brutal tragedy of ambition and witchcraft, Actors Shakespeare Company, Albany. Now through Aug. 18, Wed.-Sun. Information, 783-1971.

### ROBIN HOOD

Adventure, with villains and heroes, The Mac-Haydn Theatre, Chatham. July 27-28, Fri. and Sat. 11 a.m. Information, 392-9292.

### KISS ME KATE

Cole Porter extravaganza, The Mac-Haydn Theatre, Chatham. July 25-Aug. 5, Wed.-Fri. 8 p.m., Sat. 8:30 p.m., Sun. 7 p.m. Information, 392-9292.

### LITTLE RED RIDING HOOD

Presented by Children's Storybook Theatre, Starlite Music Theatre, Latham. July 26, 11 a.m. Information, 783-9300.

## MUSIC

### THE BEACH BOYS

With guest, Saratoga Performing Arts Center. July 29, 2 p.m. Information, 587-3330.

### FRANKIE AVALON

And Annette Funicello featured at the Starlite Music Theatre, Latham. July 27, 8:30 p.m. Information, 783-9300.

### MEL TORRE, CLEO LAINE, JOHN DANKWORTH

Featured at Saratoga Performing Arts Center. July 29, 8:15 p.m. Information, 584-9330.

### GLENN MILLER ORCHESTRA

Directed by Larry O'Brien, Plaza Main Stage, Albany. July 25, 8 p.m. Information, 473-0559.

### A VENT GARDE ENSEMBLE

Classical woodwind quintet, West Capitol Park, Albany. July 26, 11:30 a.m.-1:30 p.m. Information, 473-0559.

### PRODIGY

Contemporary top 40's, soul, rhythm and blues, West Capitol Park, Albany. July 27, 11:30 a.m.-1:30 p.m. Information, 473-0559.

## ST. ROSE JAZZ ENSEMBLE

Big band jazz, West Capitol Park, Albany. July 31, 11:30 a.m.-1:30 p.m. Information, 473-0559.

### THE PLATTERS

Golden hits, Plaza Main Stage, Albany. Aug. 1, 8 p.m. Information, 473-0559.

### EMILIO DABUL & THE BABAHASENS

Latin American music, Old Courthouse Museum, Lake George. Aug. 1, 8 p.m. Information, 668-2616.

### GARY NICHOLS

And the Nichols Company Band, Hunter Mountain Country Music Festival. July 26, noon and 4:30 p.m. Information, 263-3800.

### ENORMOUS JOHNSON

And The Pile Drivers, blues music, Shepard Park, Lake George. July 25, 8 p.m. Information, 668-2616.

### CELEBRATING SCHENECTADY

Music in the Park, Central Park's Music Haven. July 29, 3-5 p.m. Information, 382-5088.

### ROBIN AND LINDA WILLIAMS

Country-folk duo, Chicago Molly's Last Resort, Round Lake. July 28, 8 p.m. Information, 696-2221.

## DANCE

### NEW YORK CITY BALLET

Celebration showcase, Saratoga Performing Arts Center. Now through July 28; Tues.-Sat., 8:15 p.m., Thurs., and Sat. 2 p.m. matinee. Information, 584-9330.

### BERKSHIRE BALLET

"Giselle," with music by Adolphe Adam, Koussevitzky Arts Center of Berkshire Community College, Pittsfield, Mass. Now through July 28. Information, 445-5382.

### A MIDSUMMER NIGHT'S DREAM

Performed by the Berkshire Ballet, Berkshire Community College, Pittsfield, Mass. July 30-Aug. 18, Sat. 2 and 8:30 p.m., Mon. 8 p.m., Thurs. 2 p.m. Information, 445-5382.

### SPOTLIGHT ON CHOREOGRAPHERS

Repertory program showcasing talents of celebrated choreographers, Berkshire Community College, Pittsfield, Mass. Now through Aug. 15, Wed. 8 p.m. Information, 445-5382.

## COMEDY

### JAY LENO

Featured at the Starlite Music Theatre, Latham. July 28, 8:30 p.m. Information, 783-9300.

### BOB BERKY

Talented clown premieres a new work, "Cooking the World," Art Awareness, Lexington. July 28, 8 p.m. Information, 989-6433.

## FESTIVALS

### EIGHTH ANNUAL CHURCH STREET FAIR

Historic buildings, artistic creations, informative displays, eating, shopping, relaxation, entertainment, Nassau. July 28, 10 a.m.-5 p.m. Information, 766-3579.

### FOLK ARTS

Square dance, traditional Iroquois arts and stonecarving, workshops, demonstrations and performances, Grafton State Park. Now through Aug. 5. Information, 279-3958.

## SHOW

### SHARON, LOIS, AND BRAM'S ELEPHANT SHOW

Singing and dancing show, Saratoga Performing Arts Center. August 1, 2 p.m. Information, 584-7100.

## WORKSHOPS

### BENNINGTON CHOREOGRAPHY PROJECT

Intense, studio-oriented postgraduate study program, Martha Hill Dance Workshop, Bennington, Vt. July 29-Aug. 19. Information, (802)442-5401.

### CHILDREN'S THEATRE WORKSHOP

Ages 6-15 work with professional teacher and performer Edgar Acevedo, The Mac Haydn Theatre, Chatham. July-August, twice a week. Information, 392-2245.

### IROQUOIS TRADITIONAL ARTS

Various activities sponsored by The Rensselaer County Council for the Arts, Grafton State Park. July 27-29. Information, 279-3958.

## CLASSES

### WOODBLOCK PRINTMAKING

For adults, two-week program, The Hyde Collection, Glens Falls. Now through July 27, 9:30-11:30 a.m. Information, 792-1761.

## DANCE CLASSES

### EBA, INC.

Fitness, dance and technique class for adults, EBA, Inc., Albany. Now through August 1. Information, 465-9916.

### BERKSHIRE BALLET

Comprehensive summer dance program, School of the Berkshire Ballet, Albany. Now through August 10. Information, 426-0660.

## LECTURE

### LAKE GEORGE BOATS

Presented by Richard Kowell, Old Courthouse Museum, Lake George. July 30, 8 p.m. Information, 668-2616.

### URBAN BUSH WOMEN

Muntu Dance Theatre, Nicholas Rodriguez Dance Compass, Liz Lerman Dance Exchange, National Museum of Dance, Saratoga. Aug. 5, 19, 26, 2 p.m. Information, 584-2225.

## FILM

### MOBY DICK

Animated classic based on Herman Melville's novel, State Museum, Albany. July 25, 1 and 3 p.m. Information, 474-5801.

## READINGS

### FAMILY ACTIVITY

Poems by T.S. Eliot to be read to children and accompanying adults, The Hyde Collection, Glens Falls. July 29, 2 p.m. Information, 792-1761.

## VISUAL ARTS

### COLLAGE

Multi-media collage, Things of Beauty Art Gallery, Albany. Aug. 1-30. Opening reception, Aug. 9, 5:30-8 p.m. Information, 449-1233.

### BRANDYWINE RIVER TOUR:

A Garden Extravaganza, includes transportation, lodging, meals, State Museum, Departs July 27, 8 a.m., returns July 29, 8:30 p.m. Information, 474-5801.

### LE LAC DU SAINT SACREMENT

Installation by Artist Jo Yarrington, Old County Courthouse, Lake George. Now through Aug. 31. Information, 668-2616.

### CAROLINE (PRUYN) HUDSON

Graphite artist, Pruyn House, Newtonville. Aug. 1. Information, 783-1435.

### CONSTRUCTIONS, PRINTS AND PAINTINGS

Harold Lohner's 12-year retrospective exhibition, The Albany Center Galleries. Now through Aug. 31, Mon.-Fri. 10 a.m.-5:30 p.m., Sun. noon-4 p.m. Information, 462-4775.

### MICHAEL ACKERMAN

Extensive exhibition of black and white, The Albany Center Galleries. Now through Aug. 31, Mon.-Fri. 10 a.m.-5:30 p.m., Sun. noon-4 p.m. Information, 462-4775.

### TIME TUNNEL:

Summer Fun for Young People, State Museum, Albany. Now through Aug. 3, 9 a.m.-2:15 p.m. Information, 474-5801.

## CONTEMPORARY VISUAL ARTS

Exhibit of 4 unique social voices, Art Awareness, Lexington. Now through Sept. 2, Wed.-Sun. noon-5 p.m. Information, 989-6433.

### THE COW IN PHOTOGRAPH AND FOLKTALE

Touring exhibition, State Museum, Albany. Now through August 26. Information, 474-5877.

### CONTEMPORARY SCULPTURE AT CHESTERWOOD

Outdoor sculptures by 44 contemporary artists, Daniel Chester French, Stockbridge. Now through Oct. 14, 10 a.m.-5 p.m. Information, 298-3579.

### THE GALLERY AT THE OLD MILL

Featuring well known Adirondack artists, Elizabethtown, N.Y. Wed.-Sat. 1-4 p.m. Information, 873-6843.

### UTAGAWA KUNIYOSHI

Drawings from the Rijksmuseum voor Volkenkunde, Leiden, The Hyde Collection, Glens Falls. Now through August 19. Information, 792-1761.

### CONTEMPORARY FOLK ART

Primitive wood carvings by John Balazs, Things of Beauty Art Gallery, Albany. Now through July 31. Information, 449-1233.

### DAVID SMITH

Works by sculptor currently on loan, The Hyde Collection, Glens Falls. Now through Oct. 28. Information, 792-1761.

### 40 YEARS ON!

Horses, Heros and Happenings, The National Museum of Racing, Saratoga. Throughout the summer. Information, 584-0400.

### REGIONAL RETROSPECTIVE

The Rice Gallery, Albany. Now through Sept. 1. Information, 463-4478.

### DOMICILES

Recent works by Patricia Loonan Testa, Albany Institute of Arts Program at the Harmanus Bleeker Center, Albany. Now through Aug. 17. Information, 463-4478.

## LES BALLETS 1933

Exhibition, and Shaping the American Dance Dream, The National Museum of Dance, Saratoga. Now through Oct. 7, Tues.-Sat. 10 a.m.-5 p.m., Sun. noon-4 p.m. Guided public tours, Sun., 1 p.m. Information, 584-2225.

### PAUL KOLNIK

Exclusive exhibit and sale of photos of the New York City Ballet, National Museum of Dance, Saratoga. Now through Oct. 7. Knik available to discuss his work, July 10-28. Information, 584-2225.

### ONE HUNDRED YEARS OF RUSSIAN BALLET, 1830-1930

Exhibition, The National Museum of Dance, Saratoga. Now through July 29, Tues.-Sat. 10 a.m.-5 p.m., Sun. noon-4 p.m. Information, 584-2225.

### DOLDRUMS

Showcases the work of arts faculty, Albany Institute of History and Art, Albany. Wed.-Fri., noon-3 p.m. and 5-9 p.m.; Sat., noon-3 p.m. Information, 463-4478.

### ARTIST AT PLAY

Group showing, Greene County Council on the Arts Catskill Gallery, Catskill. Gallery hours Mon.-Fri., 9 a.m.-5 p.m.; Sat. 11 a.m.-4 p.m. Information, 943-3400.

### EVERYTHING OLD IS NEW AGAIN

Museum of the Historical Society of Early American Decoration, Albany. Now through August, Tues.-Fri., 9 a.m.-4 p.m., Information, 462-1676.

### A FOCUS ON THE FEMALE FIGURE

The Rice Gallery in the Albany Institute of History and Art. Gallery hours, Tues.-Sat. noon to 5 p.m.

### WALTER LAUNT PALMER

Exhibition of 16 paintings, Albany Institute of History and Art. Information, 463-4478.

## Museum exhibit features undersea creatures

From Aug. 4 to Jan. 6, the New York State Museum in Albany will present an all new exhibit, "Giants of the Deep: Ancient Undersea Creatures."

One of the largest undersea creatures on exhibit will be the elasmosaur, a sea-going reptile that became extinct 65 million years ago.

Hands-on activities include Ocean Medley, Ocean Locomotion and Crusta-

cean Creations in which children can examine shark jaws, moon snail fossils, fish skeletons and make their own sea creatures.

The museum is open daily from 10 a.m. to 5 p.m. Admission to "Giants of the Deep" is \$4 for adults and \$2.50 for children ages two through 12 and free for children under two. For information, call 474-5877.

## Fund-raisers can use Troy Music Hall

For the third consecutive year, Troy Savings Bank Music Hall will be available free of charge for fundraising events for non-profit organizations.

Among the organizations using the hall in the past were the Capital District Chapter, American Lung Association; Lansingburgh Rotary Club, the Junior Museum of Rensselaer County, and the Salvation Army.

The hall will be available for a maximum of 10 fundraising performances

during the 1990-91 season, from September to June.

Sponsors of the performances need not be non-profit organizations, but all proceeds must go to established, well-recognized charities.

Troy Savings Bank, which leases and manages the hall, provides management and box-office services for the fundraisers.

For information, call 270-3322.

**34th ANNUAL GLENMONT FIREMAN'S FAIR**

**COME TO THE FAIR THIS WEEKEND**

**FIREHOUSE GLENMONT ROAD, GLENMONT**

**JULY 27TH & 28TH**

**GIANT FLEA MARKET Sat., July 28th 8-5**

**Cook Shed — Clam Bar, Hot Dogs, Hamburgers, Pizza Italian Sausage, Sandwiches — "Moon Walk"**

**GAMES—PRIZES—GAMES**

**PLENTY OF FREE PARKING AT TOWN SQUARE PARKING AREA STARTS AT 7:00 EACH NIGHT**

**1990 SUMMER SESSIONS**

MONTESSORI OPPORTUNITY FOR RECREATION AND ENRICHMENT \*Full Day Program\*

CHOOSE FROM THESE AVAILABLE SESSIONS

1. JUNE 25 - JULY 13
2. JULY 16 - AUG. 3
3. AUG. 6 - AUG. 17

**AGES: PRE K (2 YRS. 9 MOS.) THRU 6th GRADE**

COURSES AVAILABLE—

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- CREATIVE WRITING • FIELD TRIPS • AND MANY MORE

CALL FOR INFORMATION AND APPLICATION

**MONTESSORI SCHOOL OF ALBANY**  
P.O. BOX. 245, Rensselaer, NY 12144 - 455-8964

**THE AFFORDABLE SUMMER**

ANTIQUA AUCTION  
SUN. JULY 29, 12 NOON

Preview 11 A.M.  
Sale held at

THE EAST GREENBUSH MASONIC LODGE  
710 Columbia Tpke.  
East Greenbush, N.Y.

(5 mi. east of Albany on Rt. 20)

Highlights include quality early country items to turn of the century furniture! Quality antiques at affordable prices! Most selling for under \$35! Don't miss out!

Terms: Cash or good check  
Auctioneer Dave Baker 477-9695



# AROUND THE AREA

Wednesday  
July 25

## ALBANY COUNTY

**SMALL BUSINESS WORKSHOP**  
Ramada Inn, Western Avenue,  
Albany, 9 a.m.-4 p.m.  
Information, 765-3500.

**HANDIVAN WORKSHOP**  
"How to Install Siding,"  
Delaware Branch, Albany  
Public Library, 517 Delaware  
Ave., Albany, 6:30-8:30 p.m.  
Information, 463-4267.

**VIDEO THEATER**  
"America at Risk: A History of  
Consumer Protest," 8 minutes  
long, through Aug. 16, New York  
State Museum, Albany, shown  
continuously from 10 a.m. to 5  
p.m. Information, 474-5877.

## RENSSELAER COUNTY

**"WEDNESDAY ON THE WILD  
SIDE"**  
Grafton Lakes State Park, Rt. 2,  
Grafton, 10 a.m. and 2 p.m.  
Information, 279-1155.

Thursday  
July 26

## ALBANY COUNTY

**ROOF REPAIR WORKSHOP**  
Cornell Cooperative Extension  
Office, Green Street, Albany,  
6:30-8:30 p.m. Information, 463-  
4267.

**POST CHILDBIRTH PROGRAM**  
Woman's HealthCare Plus,  
Bellevue Hospital, Western  
Avenue, Guilderland, 7 p.m.  
Information, 452-3455.

**CONCERNED FRIENDS OF  
HOPE HOUSE**  
meeting, support group for  
families of substance abusers,  
every Thursday, Child's Nursing  
Home auditorium, 25 Hackett  
Blvd., Albany, 7:30 p.m.  
Information, 465-2441.

**EATING DISORDERS SUPPORT  
GROUP**  
Albany Public Library, 161  
Washington Ave., Albany, 6:30-  
8:30 p.m. Information, 465-9550.

**WORDPERFECT COURSE**  
part 2 of 4, Bryant and Stratton  
Business Institute, 1259 Central  
Ave., Albany, 5:30-7:30 p.m.  
Information, 437-1802.

Friday  
July 27

## ALBANY COUNTY

**TOUR OF BRANDYWINE VALLEY**  
three-day trip to Delaware,  
sponsored by the New York  
State Museum, Albany, departs  
at 8 a.m. Information, 474-5801.

## SCHENECTADY COUNTY

**RECOVERY, INC.**  
self-help group for former  
mental patients and former  
nervous patients, Salvation  
Army, 222 Lafayette St., Hillard  
Rm., Schenectady, 10 a.m.  
Information, 346-8595.

## RENSSELAER COUNTY

**TRADITIONAL IROQUOIS ART**  
presented by the Rensselaer  
County Council for the Arts,  
Grafton State Park, 10 a.m.  
Information, 273-0552.

## SARATOGA COUNTY

**BLUES BAND PERFORMANCE**  
Out of Control Rhythm and  
Blues Band, Tiger's Pub, Rt. 146,  
Clifton Park, 11 p.m.-3 a.m.  
Information, 372-5607.

Saturday  
July 28

## ALBANY COUNTY

**BLUES BAND PERFORMANCE**  
Out of Control Rhythm and  
Blues Band, Pauly's Hotel,  
Central Avenue and Quail  
Street, Albany, 10 p.m.-2 a.m.  
Information, 372-5607.

**NATUREFEST '90**  
outdoor environmental events  
and activities, John Boyd  
Thacher State Park, Rt. 157 off  
Rt. 85, Voorheesville, 11 a.m.-4  
p.m. Information, 872-1237.

**"RISING TIDE-SPREADING  
DESERT"**  
Issac Asimov seminar, through  
Aug. 1, Rensselaerville Institute,  
Rensselaerville. Information, 797-  
3783.

## RENSSELAER COUNTY

**TRADITIONAL IROQUOIS ART**  
presented by the Rensselaer  
County Council for the Arts,  
Grafton State Park, 10 a.m.  
Information, 273-0552.

POETRY READING  
Robert Burns Statue,  
Washington Park, Albany, 7:30  
p.m. Information, 438-6314.

Sunday  
July 29

## ALBANY COUNTY

**HOME HEALTH CARE  
PROGRAM**  
Kripalu Yoga Center, Central  
Avenue, Albany, 1-5 p.m.  
Information, 869-7990.

## RENSSELAER COUNTY

**TRADITIONAL IROQUOIS ART**  
presented by the Rensselaer  
County Council for the Arts,  
Grafton State Park, 10 a.m.  
Information, 273-0552.

Monday  
July 30

## ALBANY COUNTY

**WORDPERFECT COURSE**  
part 3 of 4, Bryant and Stratton  
Business Institute, 1259 Central  
Ave., Albany, 5:30-7:30 p.m.  
Information, 437-1802.

**RECOVERY, INC.**  
self-help group for former  
mental and nervous patients,  
Unitarian Church, of Albany,  
405 Washington Ave., Albany,  
7:30 p.m. Information, 346-8595.

## SCHENECTADY COUNTY

**RECOVERY, INC.**  
self-help group for former  
mental and nervous patients,  
Unitarian House, 1248 Wendall  
Ave., Schenectady, 7:30 p.m.  
Information, 346-8595.

Tuesday  
July 31

## ALBANY COUNTY

**LEE SHAW TRIO CONCERT**  
Crossgates Mall, Albany, 6-8  
p.m. Information, 869-9565.

## SCHENECTADY COUNTY

**EUTHANASIA LECTURE**  
Jane Greenlaw, speaker, Union  
College, South Lane,  
Schenectady, 7:30 p.m.  
Information, 370-6288.

Wednesday  
August 1

## ALBANY COUNTY

**APPLE COMPUTER USERS CLUB**  
meets first Wednesdays,  
Farnsworth Middle School, State  
Farm Road, Guilderland, 7 p.m.  
Information, 482-2609.

## SINGLE SQUARES

round and plus level square  
dance, with caller Bob La  
Bounty, St. Michael's  
Community Center, Linden  
Street, Cohoes, 7:30-10:30 p.m.  
Information, 664-2353.

**REGISTRATION DEADLINE**  
for entries in the Altamont Fair  
Talent Showcase. Information,  
861-6671.

## Musicians to perform at Library

Not Necessarily the Blues will per-  
form Wed., July 25 at Bethlehem Public  
Library on Delaware Ave., Delmar as  
part of its Evening on the Green series of  
family entertainment programs. The  
performance will take place at 7:30 and  
will include Ragtime, jazz, folk, and tradi-  
tional blues melodies. For information,  
call 439-9314.

## Playhouse hosts gala

Park Playhouse is kicking off the sec-  
ond show of its 1990 season with a special  
premiere benefit performance of "The  
Sound of Music" on July 31.

After being treated to a private show-  
ing of the play at 7 p.m., guests will have  
the opportunity to mingle with members  
of the cast, sip champagne and sample  
desserts donated by area restaurants.

For information, call 434-2035.

## Gateway offers architectural tour

The Hudson Mohawk Industrial Gate-  
way will sponsor a tour of Albany's Span-  
ish houses on Saturday, July 28, at 10 a.m.

The tour of the Spanish houses is the  
second of a series of tours based on  
romantic architecture.

Cost of the tour is \$5. Reservations are  
required and can be made by calling 274-  
5267.

## Punkintown Family Fair

The Punkintown Family Fair, pre-  
sented by the New Salem Volunteer Fire  
Department, will be held Friday, Aug. 3,  
and Saturday, Aug. 4, at the intersection  
of routes 85A and 85 in New Salem.

The event will begin at 7 p.m. on Satur-  
day and at 3 p.m. on Sunday.

The programs include dancing, a  
"Vegas-style" casino, barbeque dinners  
on Sunday from 4 to 8 p.m. and other  
numerous activities.

## LEGAL NOTICE

**NOTICE OF PUBLIC HEARING  
ON PROPOSED AMENDMENT  
TO THE TRAFFIC ORDINANCE  
OF THE TOWN OF  
BETHLEHEM**

**NOTICE IS HEREBY GIVEN**  
that a public hearing will be held by  
the Town Board of the Town of  
Bethlehem, at the Town Hall, 445  
Delaware Avenue, Delmar, N.Y. on  
the 8th day of August, 1990 at 8:00  
p.m. to consider amending the Town  
of Bethlehem in the following respect:

I. Amend ARTICLE IV, PARK-  
ING, by adding a new Section 17 to  
read as follows:

Section 17. No Parking along  
the northeasterly side of Kenwood  
Avenue for a distance of three hun-  
dred (300) feet in a southwesterly

## LEGAL NOTICE

direction from its intersection with  
Winne Place.

All interested persons and citi-  
zen will have an opportunity to be  
heard at the said hearing.

**BY ORDER OF THE  
TOWN BOARD  
TOWN OF BETHLEHEM  
CAROLYN M. LYONS  
TOWN CLERK  
Dated: July 11, 1990  
July 25, 1990**

**NOTICE OF PUBLIC HEARING  
TOWN OF BETHLEHEM  
ALBANY COUNTY**

**NOTICE IS HEREBY GIVEN  
THAT there has been presented to  
the Town Board of the Town of**

## LEGAL NOTICE

Bethlehem, Albany County, New  
York on July 11, 1990 Local Law  
No. 5 of 1990 regarding adoption  
of a new Chapter 93, Signs, of the  
Code of the Town of Bethlehem.

**NOTICE IS FURTHER GIVEN**  
that the Town Board of the Town of  
Bethlehem will conduct a public  
hearing on the aforesaid Local Law  
No. 5 of 1990 at the Town Hall, 445  
Delaware Avenue, Delmar, NY on  
the 8th day of August, 1990 at 7:30  
p.m. at which time all interested  
persons will be heard.

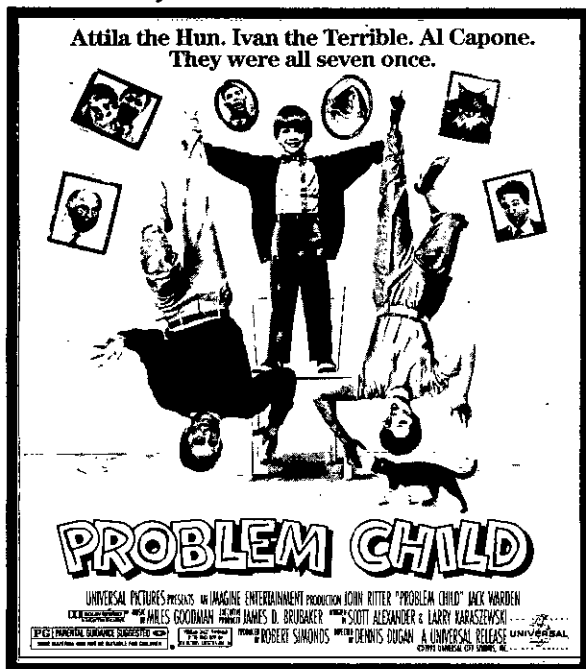
**BY ORDER OF THE  
TOWN BOARD  
TOWN OF BETHLEHEM  
CAROLYN M. LYONS  
TOWN CLERK  
DATED: JULY 11, 1990  
July 25, 1990**

# JERICHO DRIVE IN

## 767-3398

### ALBANY/SELKIRK RD. • RT. 9W

#### SHOWING FRIDAY, JULY 27 THROUGH THURS. AUG. 2



Showtimes 8:55 and 12:00

Also 2nd Feature

## "COUPE DeVILLE"

A Story about a 1954 Classic Auto

Showtime 10:45 PM PG Rating

# CLASSIFIEDS

Minimum \$7.00 for 10 words, 25 cents for each additional word, payable in  
advance before 4 p.m. Friday for publication in Wednesday's newspaper. Box  
Reply \$2.50. Billing charge for business accounts \$2.00. Submit in person or  
by mail with check or money order to Spotlight Newspapers, 125 Adams Street,  
Delmar, New York 12054. Phone in and charge to your Mastercard or Visa.

## 439-4949

### ADVERTISING

**YOUR 25 WORD CLASSI-  
FIED AD** will run in the New  
York State Classified Adver-  
tising Network (NYSCAN) of  
203 weekly newspapers  
Statewide for only \$198. You  
can also advertise your clas-  
sified in specific regions  
(Western, Central and Metro)  
for only \$145 for two regions  
and \$80 for one region. Call or  
visit The Spotlight Newspa-  
pers, 518-439-4949.

### BABYSITTING SERVICES

**EXPERIENCED  
BABYSITTER:** Excellent re-  
ferences in safe and caring  
home in Slingerlands. Avail-  
able September. Call 475-  
1830 for interview.

**CHILD CARE** in my Delmar  
home. Caring environment, 15  
months and older. Mon-Thurs.,  
Starting September. Experi-  
enced 439-7138.

### BABYSITTING HELP WANTED

**ELSMERE SCHOOL DIS-  
TRICT:** Before and after school  
care for six year old boy. Re-  
ferences required 439-6448  
after 5:30

### BUSINESS OPPORTUNITY

**WOLFF TANNING BEDS.**  
Commercial-Home units from  
\$199.00 Lamps-Lotions-Ac-  
cessories. Monthly payments  
as low as \$18.00 Call today  
FREE color catalog 1-800-228-  
6292.

**\$ AMERICAN DREAM \$** Local  
Fruit Juice Route can earn you  
upto \$52,000 per year. Service  
Holiday Inns, Best Western,  
Comfort Inns or other company  
owned accounts. Part or full  
time. No selling involved. Re-  
quires \$19,500 cash invest-  
ment. Call 800-782-1550

**STOP WALKING PAST A  
FORTUNE!!** If you are not  
earning \$50 an hour call eve-  
nings 765-2219. International  
businessman expanding.

**LOVING PERSON** to care for  
7 year old sweet little boy,  
starting in the fall, 4-6pm,  
Glenmont 436-7789

**OLDER WOMAN** to care for  
12 and 9 year old boys. 3.00 to  
4.30 Monday through Friday  
School year. Slingerlands.  
Reply to Box "B", Spotlight,  
125 Adams St., Delmar NY  
12054

**BE YOUR OWN BOSS!** Na-  
tional manufacturer needs lo-  
cal person to service 100%  
natural juice route. Best one-  
man business ever. No selling.  
No overhead. Must have  
\$14,400, secured 100% by  
inventory. \$55,000 very pos-  
sible first year. This could make  
you independant. First time  
offer, for details call 9am-9pm.  
1-800-633-1740.

**SELL SKIN CARE PROD-  
UCTS?** Tired of selling the  
same thing everyone else  
does? Here's an opportunity  
to distribute a quality line with  
potential for growth. No hype.  
No hard sell. Call Valerie at  
756-7781 for information.

**ESCAPE!** Ready to chuck the  
job and strike out on your own?  
Break into a recession-proof  
industry. Buy this local ven-  
ding route. Lloyd, 1-800-749-  
0044

### CLEANING SERVICE

**CHRISTIAN  
HOUSKEEPERS.** Profes-  
sional housekeeping. Rea-  
sonable rates, free estimates,  
insured. General cleaning,  
Deep cleaning, outside High  
Pressure house cleaning. Free  
estimates 426-0575.

**HOUSE CLEANING:** Experienced, reliable, references. Weekly, daily or Saturdays. 731-9427 leave message.

**HOUSECLEANING JOBS WANTED:** \$40 per job 869-4808 ask for LuAnn

**CLEANING & MAINTENANCE** homes, offices, apartments. Insured, bonded, reliable, low rates. Call C & M 462-0033.

**HOUSE CLEANING DONE** Homes Apartments offices, windows, low rates, insured, 10 years experience in delmar area. References. Call Cathy 462-2897.

**HOUSECLEANING,** affordable, good quality service. Free estimates 426-0575.

**FINANCE**

**CASH LOANS** to \$5,000.00 for any purpose. Prior turn-downs OK! Bad credit our speciality. Guaranteed results! Counselors on duty. Call now! 1-513-436-1232, Department 30A.

**GOLD CREDIT CARD.** Visa/Mastercard guaranteed. \$2,500.00 unsecured credit line. Cash advance. For complete information call 1-900-446-0028, \$19.95 fee.

**VISA/MASTERCARD.** Easy, fast! No deposit. No credit check. Also IHS Gold Card guaranteed! \$5000 credit limit. Cash Advances! Free info 1-800-234-6741, anytime.

**CABINET MAKING**

**DON U. GUARINO WOODWORKER:** Custom designed, hand made, heirloom quality furniture. Antique restoration. Castleton 732-2972.

**HELP WANTED**

**NANNY NEEDED:** Live-in one year Washington DC/Maryland area. Must be happy and energetic! \$200 week + health insurance. Some college preferred. Call Mary/Dee 301-974-6200 collect.

**GLENMONT KMART** is accepting applications for various positions including: Replenishment Night Crew (full time), Weekend & evening service employees (part time), Automotive & Sporting goods service employees (part time). Apply in person, no phone calls please. Glenmont KMart, US 9W at Glenmont Rd.

**HOSPITAL JOBS:** \$6.80/hour, your area. No experience necessary. For information call 1-900-990-9399 Ext 999. 6am - 8pm, 7 days. \$12 phone fee.

**HAIRSTYLIST-ARE YOU UNHAPPY IN YOUR SALON?** Would you like to increase your income? Fulltime hair stylist with established clientele wanted. Call 439-6066 Tues thru Sat 9.30am - 6pm.

**PUBLISHERS** seeking readers to work in their offices. EARN \$300 to \$500 per week Reading Books! For information call 615-473-7440 Ext. B352

**ORGANIST/CHOIR DIRECTOR:** Combined or separate, 1 service per/week. September 1990. Resume to Music Department, Slingerlands Methodist Church, 1499 New Scotland Road, Slingerlands, NY 12159. 439-7266

**TEACHER AIDE** - 2 hours per/day beginning September 6, 1990. Call Mrs Reeth 765-3314

**POSTAL JOBS** \$18,392-\$67,125/yr. Now hiring. Call 1-805-687-6000 Ext. P-2339 for current list.

**DRIVERS:** Come for the money. Stay for the stability. J.B. Hunt, one of America's largest and most successful transportation companies, pays its drivers some of the best salaries in the business. Call 1-800-643-3331 today. An EOE. Subject to drug screen.

**CRUISE SHIP JOBS.** Hiring. Summer/year round. \$300/\$900 weekly. Photographers, tour guides, casino workers, deck hands. Hawaii, Caribbean, Bahamas. Call 206-736-7000, Ext. 123N2

**RECEPTIONIST/MEDICAL ASSISTANT:** Part-time, 3 days per/week. Reply to: Spotlight, Box "L", 125 Adams St, Delmar, NY 12054.

**MAJOR INSURANCE COMPANY** seeks personal lines sales representative - call Robert Nowak, 786-3943 for career opportunities.

**SALES/SERVICE** position, Delmar business. Person to service existing local accounts and generate new business. 475-0751

**ATTENTION: POSTAL JOBS!** Start \$11.41/hour! For application information call 1-602-838-8885, Ext M-11013, 6am-10pm, 7 days.

**FEDERAL GOVERNMENT** is hiring. \$16,500 - \$62,000 per year. Amazing recorded message reveals details! Call 708-459-9402 for directory offer.

If you're looking for a job at a weekly newspaper in New York State, we have a free classified ad service to help you in your search. Send your ad to NYPA Newsletter, Executive Park Tower, Albany, NY 12203

**FRIENDLY HOME PARTIES** has openings for dealers. No cash investment. NO service charge. Highest commission and hostess awards. Three catalogs. Over 800 items. Call 518-452-0091

**SECRETARY:** Guilderland Law firm, part/time, 25-28 hours/week, good typing skills, telephone communications, bank mortgages, real estate, legal experience preferred. Call 452-4934.

**RETAIL FARM STAND** seeks useful person for harvesting, sales of vegetables. Room, board, salary. Walk to beach 516-537-1377

**THE KID'S CLUB,** school age childcare program is now hiring for September. If you're looking for fun and work at the same time, please call 765-2043.

**MATURE WOMAN** wanted for light housekeeping & occasional school send-offs. Mornings, hours flexible, pay negotiable. References please. 439-5635.

**INTERIOR DECORATING:** Trans Design offers career opportunity. Residential/Commercial decorating, training and support, PT/FT, 439-4109

**PERMANENT part-time** Receptionist. Light typing, friendly atmosphere. Colonie area 438-2818.

**LAWN HELP FEURA BUSH AREA:** Weeding, yard work, 1 day per/week until October. Young or old call 768-2906

**JEWELRY**

**LEWANDA JEWELERS, INC.** Delaware Plaza. Expert watch, clock and jewelry repairs. Jewelry design, appraisals, engraving. 439-9665. 30 Years of service.

**LAWN/GARDEN**

**COLORADO TRDS** Landscaping & Maintenance. Call Tim 439-6056 or 439-3561.

**MAIL ORDER**

**SAVE LEGAL FEES:** N.Y.P.S. Power of Attorney Kit. E-Z do it yourself forms & instructions. Send \$29.95 to Bates & Company, Suite 278, 900 Central Ave, Albany N.Y. 12206.

**MASONRY**

**MASON CONTRACTORS:** Sidewalks, concrete floors, waterproofing patios etc. Also repairs. Richard Sr. 462-0017

**MISCELLANEOUS FOR SALE**

**BEDROOM:** Double bed, matt/box spring, triple dresser, 2 night stands \$250. Peach double comforter \$30. Rose double comforter \$25. Rose 10 x 11 carpeting \$50 768-2020.

**APPLE COMPUTER:** 2E printer, disks, manual, new monitor. Asking \$450. 462-1256.

**DININGROOM** set, Maple finish, drop-leaf table, w/4 chairs. \$300. Matching Hutch also 456-5719

**NEW Anderson Angle Bay window,** Terretone, w/head and sill, insulated glass flashers and thermo center, no extension jams or screens. Catalog #45-cp24-20. 465-6472 days, 439-4233 eves.

**BE INDEPENDANT:** Ride an electric powered chair. Almost new, make an offer. 459-7676

**BED:** Ethan Allen, double bookcase headboard, Maple. \$100 439-2305 after 6pm.

**SOFA** three cushioned, 84" White, good condition \$200 or best offer 475-1766.

**NEW UNCLAIMED CARPET:** 1257 yds. of brand new DuPont Stainmaster, Anso V carpet unclaimed at freight dock that has been released to sell. Plushes, loops, Berber, industrial, textured, kangaback, commercial and kitchen. Unbelievable values. Everything \$3-\$8 sq. yd. First come, first served. Bring your measurements. Padding and installation available. Call Steve at 371-4772 after 6pm for an appointment.

**ETHAN ALLEN** bedroom set. Dark pine, queen bed, triple dresser, mirror, double chest, night-stands. Good condition \$1,550. Over \$4000 new. 439-1447

**MUSIC**

**STRING INSTRUMENT REPAIR.** Bow rehairing. Instruments bought and sold. 439-6757.

**ENTERTAINMENT**

**THE ELEGANCE OF HARP MUSIC** for your special occasion. The Lyric Harp 893-7495.

**WANT A GREAT FAMILY OUTING???** Load up the family vehicle and head out to the Jerico Drive In. WE can provide the tickets for your family outing. See our display ad for details!

**PAINTING/PAPERING**

**QUALITY WALLPAPER HANGING/PAINTING.** 25 years experience, fully insured. Please call Thomas Curit, 439-4156.

**QUALITY PAINTING,** free estimates, fully insured. 462-2483

**PERSONALS**

**ADOPTION:** Adopting a newborn is devoted couple's pledge to love, cherish and educate. Medical/legal expenses paid. Confidential. Call Chris & John collect 516-821-1059.

**BEEN TO THE DRIVE** in Movies lately?? - - - We can provide the tickets for an evening at the Jerico Drive In - - - See our display ad for details.

# Bonfare Food Stores

**Grocery - Prepared Foods - Gasoline - Operations**

**Experience Required**

Openings in Upstate, N.Y. including Amsterdam Area and Albany. Competitive Benefits & Salary w/Bonus opportunities E.O.E.

Please send resume to:

Bonfare Inc.  
104 Water Street  
Boonville, NY 13309

## WE'RE LOOKING FOR THE BEST MARKORRITA.

OR SUSAN OR JOHN OR LINDA OR RANDY... For our New Restaurant Opening

in: Albany

Chi-Chi's Mexican Restaurant is now hiring highly energetic, go-getters who want to work in a festive and friendly environment.

- Host & Wait Staff • Line & Prep Cooks
- Cocktail Servers • Bartenders
- Dishmachine Operators • Bussers

- Full & Part Time Days & Evenings
- Top Pay Flexible Work Schedules
- Thorough Training Advancement Opportunities


APPLY IN PERSON Monday-Saturday 9am-6pm 1 Metro Park Road in Albany



equal opportunity employer, m/f

**NEW RESTAURANT OPENING!**

### Feather Dusters

Cleanliness is next to Godliness with 

Sit at a desk all day? Need exercise? Join us instead of the spa. Get fit and make money too.

Positions Available In:

- Albany
- Rensselaer
- Selkirk
- Schenectady
- Latham
- Colonie
- Guilderland
- Troy

We're looking for sharp, dedicated, take-pride-in-your-work individuals. Car a plus! Retirees welcomed. We offer positions in prestigious buildings, flexible hours, top pay, benefits, chance for advancement, and a stress-free working environment.

Call 449-5454

**ADOPTION:** Loving couple living in suburbia with large caring family desires child of our own to make our lives complete. Please give yourself, your baby and us a happier future. Call collect anytime. 516-957-5980. Expenses paid.

**PETS**

**BRITTANY PUPPIES:** AKC, orange/white, Champion parents, 12 weeks old \$325 each. 518-432-1030 days, 518-767-2792 evenings.

**PIANO TUNING**

**THE PIANO WORKSHOP** Complete Piano Service. Pianos wanted; rebuilds sold. 24 hr. answering service. Kevin Williams 447-5885.

**PIANOS TUNED & RE-PAIRED,** Michael T. Lamkin, Registered, Craftsman. Piano Technicians Guild, 272-7902

**ROOFING & SIDING**

**VINYL SIDING,** gutters trim, replacement windows, roofing. Richard Sr. 462-0017

**INSTRUCTION**

**TRAIN TO BE a Diesel Mechanic.** 7 month hands-on program. Classes start every 2 months. **DIESEL TECHNOLOGY INSTITUTE,** Enfield, CT 1-800-243-4242.

**SPECIAL SERVICES**

**LIFECALL MEDICAL ALERT,** Fire & Police. As seen on Television. Fast alert possible. 518-869-6479



**Marian's Garden Shop For Sale By Owner**  
Large Garden Center Florist  
Modern 2 bedroom apartment over store, greenhouse, large yard & florist shop  
Delaware Ave., Albany (518) 462-1734

**LOVE MAKES THE WORLD GO ROUND.** Happily married couple will give lots of love, good education, emotional/financial security to your newborn. Medical/legal expenses paid. Please call collect Merna, Steve 516-979-9615.

**ADOPTION: EAGER TO ADOPT.** Happily married professional couple will provide loving home for your newborn. Let us help you. Expenses paid. Call collect 212-988-0152

**ADOPTION:** Love, happiness, security is what we have to offer infant. Legal/medical expenses paid. Call Jim & Jane collect anytime 516-541-3595.

**ADOPTION:** Happily married professional couple anxious to adopt newborn to share warmth/love of our home. Legal. Expenses paid. Confidential. Call collect Carol, Mitch, 516-679-5726

**ADOPTION:** Alex and Cathy want to give a lifetime of love, happiness, education and financial security to your healthy newborn. All medical and legal expenses paid. Call collect anytime 914-741-2019

A child to cherish and love is our dream. Please make this dream come true. Call Gail and Charlie collect at 914-429-7820

A wonderful family experience. Australian, European, Scandinavian, Yugoslavian High School exchange students arriving in August. Become a host family/American Intercultural Student Exchange. Call 1-800-SIBLING.

**WEDDING INVITATIONS** addressed in Calligraphy. 439-3158 evenings.

**NEW YORK TIMES** Sunday home delivery. 12 years continuous service in the Delmar area. 765-4144

**TYPING, WORD PROCESSING** - Resumes, letters, term papers, labels, etc. Prompt & reliable. 439-0058

**SUMMER ART WORKSHOP:** Children 6-12, August 6-10, 10-2pm \$60.00. Call Kate Hackman 439-0748

**COMPUTER SERVICES:** Database and spreadsheet services, word processing, home or business inventories, permanent records, technical and hardware support, tutoring and instruction, system installation and upgrade support, consultations days or evenings, 438-0861

**DRIVEWAYS SEALED** and coatings, crack filler. Quality product - Free estimates. Stands up 200 to -40 degrees. 518-869-6479.

**WHY WAIT FOR LIGHTENING TO STRIKE?** Is it worth the risk not to protect? Call Associated Lightening Rod Company NOW! We are U.L. listed. Info/newsletter call: 800-926-5600.

**SWIMMING POOLS**

**HURRY - We're overstocked!** Many sizes and shapes available now at tremendous savings. Trade your old car, boat, camper, etc. Financing available. Call 1-800-843-7665.

**TUTORING**

**PETITECOLE FRANCAISE:** French classes & private lessons for children & adults. Experienced, native French teacher. 459-3779.

**GARAGE SALES**

**Garage Sale**

Sat. July 28  
8 a.m. - 4 p.m.  
Rain Date Sun 29th  
2 Antique Bureaus  
Single Bed w/Mattress  
& Lots Of Household Stuff.  
414 Delaware Ave.  
Delmar  
439-4212

17 BROCKLEY DR., 7/28, 9-2pm. Sleeper sofa, loveseat, china cabinet, desk, Honda tires, answering machine, boys bike, stroller, toys, G.I. Joe, clothes, many more items.

**YARD SALE:** July 28-29, 9am-5pm; Beaver Dam Rd, Selkirk. Clothing, baby items, toys, misc. No early arrivals.

23 SALISBURY RD, July 27-28, 9-4pm. Household items, old dresser, glasswear.

**SELKIRK:** 1067 Beaver Dam Rd, off Rt 144, July 28, 9-3pm. Household items

**FRI-SAT, 7/27-28,** Unionville-Feura Bush Rd. Follow signs. Clothes etc.

42 CHERRY AVE. Frid-Sat, 7/27 & 7/28, 9-5pm. Piano (Marshall-Wendel/Baby Grand) Oak China Closet and Stack Bookcase, Dining table, 6 ladderback chairs, dressers, beds, stands, sofa bed, kitchen tables, antique glassware & china, Haviland china, silver, antique clothing & linens, Wilton and other rugs, trunks, old & new books, records, kitchen wares, and quantities of other things. **NO EARLY BIRDS.**

**DELMAR:** 22 Oakwood Place, 7/28, 9-4pm, multi family. Variety.

**DELMAR:** 55 Wakefield Court, across from BCHS. Saturday, 7/28, 9-4pm. Several families.

**GARAGE SALE:** 9 North St, Delmar, 9am, Saturday 7/28.

5 SOUTH HELDERBERG PARKWAY, Slingerlands. July 28, 9-4pm. Curtains, crafts, bathroom accessories, clothes, miscellaneous.

44-48 MIDDLESEX DR, Slingerlands, July 28, 9-3pm. Multi family, household, kids, bikes, much more.

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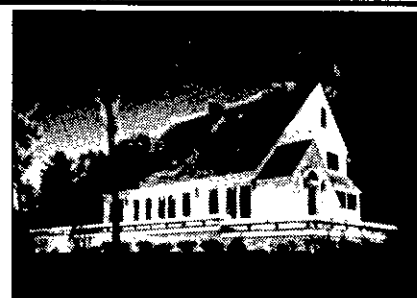


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Renovated Historic Mill duplex in stable neighborhood, excellent features for owner and tenants, low maintenance and strong rents. 233-1234

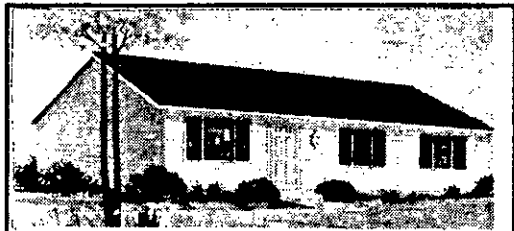
**\$101,300 — ALBANY (REDUCED)**  
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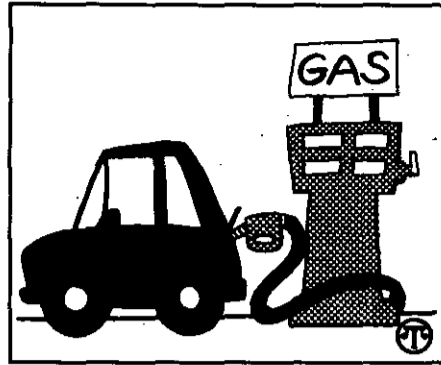
Drivers can be good to their cars as well as their budget while still doing something for the environment. Following are some suggestions to help drivers save money and the environment:

Don't overfill or "top off" your tank when filling up with gas. Stop when you hear the nozzle click off. Spilled gas wastes money, and when it evaporates it pollutes the air.

Get your car's oil changed by professionals who will dispose of it safely or sell it to recyclers. Also check under your car periodically for leaks and driveway drips. Leaking oil pollutes, and it can ruin the engine if the leak is bad enough.

Good fuel economy makes sense for the environment as well as your pocketbook. Getting more miles per gallon saves money and cuts emissions. When starting your car, wait a few seconds for the oil to circulate and then drive off.

Don't idle your engine excessively—it wastes gas. If waiting for a train, for example, turn off the ignition. Starting the



To save gas and avoid pollution, don't overfill at the pump.

car again uses less gas than idling for 30 seconds or more.

Accelerate smoothly and stop gradually. Check tires every two weeks to make sure they're inflated properly. Underinflated tires cause drag which wastes gas.

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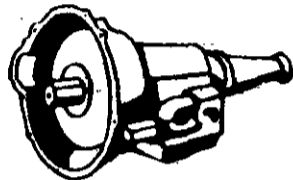
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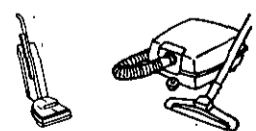
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# LEASE A SAAB, NOT A COMPROMISE



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"Make a list of the desirable design features in today's road cars," wrote one automotive journalist, "and it would describe the Saab." Which is why, if you've ever thought about such a list, there's never been a better time to visit your Saab dealer.

Because through July 31st, you can lease a car that inspires quotes like the one above for the cost of driving cars that inspire considerably less.

And for what amounts to a modest monthly fee, you'll be putting yourself behind the wheel of a car of anything but modest virtues.

In a Saab, spirited performance is combined with a superb safety record. One that the Highway Loss Data Institute shows to be the best in its class. Sensuous leather seats are combined with the practicality of fold down rear seats to create a carrying capacity that rivals a station wagon's.

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<b>\$299</b>	<b>\$399</b>
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In short, you'll be getting a car that expands the capabilities of the performance car, while lowering the cost of enjoying them. A fact that your Saab dealer would be happy to highlight — along with a number of other flexible leasing opportunities — at your earliest convenience.

\*Based on 48-month closed-end lease to qualified customers through Saab-Scania Financial Services Corp on 1990 Saab-900S, 3-door, 5-speed, leather interior, nonmetallic paint. No down payment. Refundable \$300.00 security deposit and first month's payment required on delivery. Payments total \$14,352.00. MSRP: \$21,378 (including destination charge), excluding taxes, license, registration and other dealer charges. Mileage over 15,000/year extra. Wear and tear of Vehicle in excess of \$50.00 and disposition fee of \$350.00 due at lease end if vehicle is returned. End-of-term purchase option is \$7909.86 plus purchase option fee of \$100.00. Early termination purchase option is equal to lease balance plus purchase option fee of \$100.00. Offer ends July 31, 1990. See your participating Saab dealer for details. Subject to availability.

\*\*Based on 48-month closed-end lease to qualified customers through Saab-Scania Financial Services Corp on 1990 Saab-9000S, 5-door, 5-speed, leather interior, nonmetallic paint. No down payment. Refundable \$400.00 security deposit and first month's payment required on delivery. Payments total \$19,152.00. MSRP: \$27,873 (including destination charge), excluding taxes, license, registration and other dealer charges. Mileage over 15,000/year extra. Wear and tear of Vehicle in excess of \$50.00 and disposition fee of \$350.00 due at lease end if vehicle is returned. End-of-term purchase option is \$10,870.47 plus purchase option fee of \$100.00. Early termination purchase option is equal to lease balance plus purchase option fee of \$100.00. Offer ends July 31, 1990. See your participating Saab dealer for details. Subject to availability.

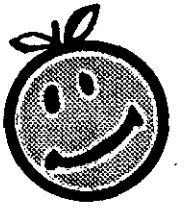
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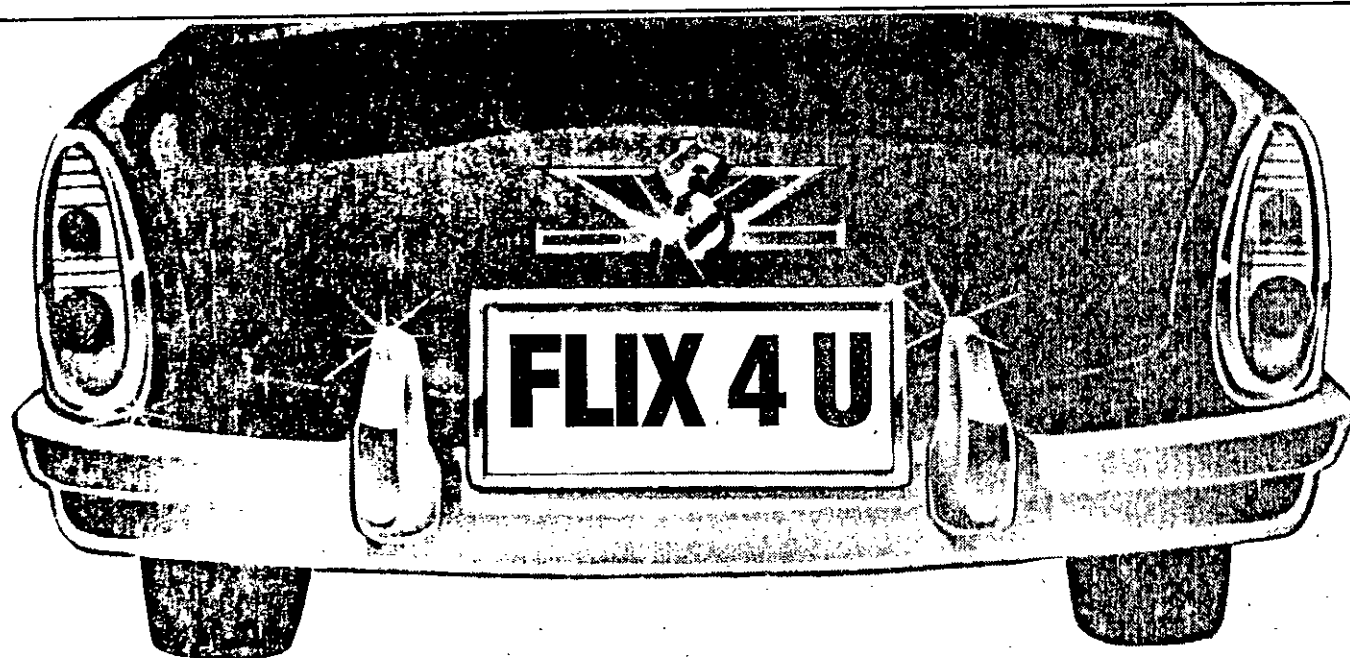
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