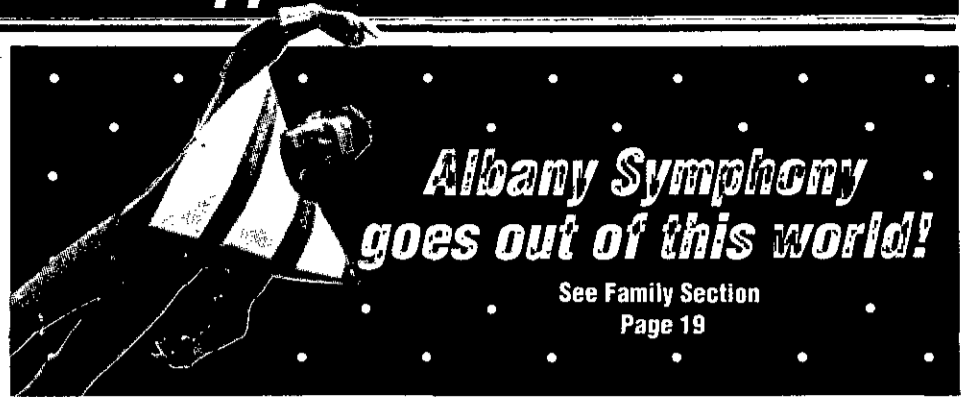


Inside — Senior Scene supplement

The Sports

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Albany Symphony goes out of this world!

See Family Section
 Page 19

Vol. XXXVIII No. 45

The weekly newspaper serving the Towns of Bethlehem and New Scotland

April 6, 1994

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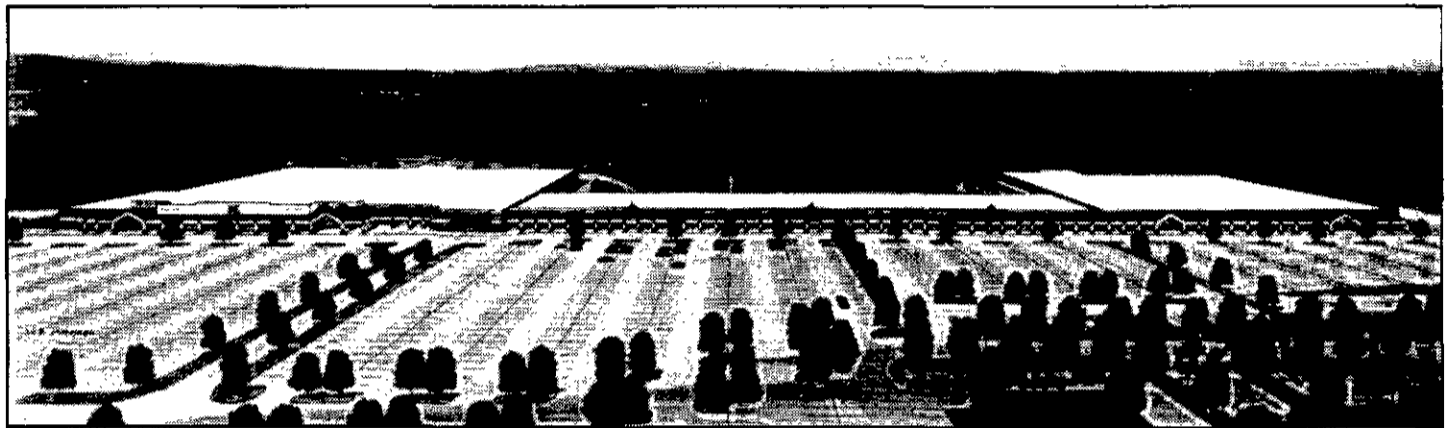
Southgate developers plan road improvements

By Mel Hyman

The developers of the \$32 million Southgate Commons Shopping Plaza propose making major road improvements along Route 9W to accommodate the value-oriented retail center.

In the draft environmental impact statement submitted to the town of Bethlehem last week, the Rubin Organization of Philadelphia said they would provide two traffic lanes in each direction and a turning median in between along the frontage of the site.

In addition, the developers promised to add an exclusive left-turn lane and a right-turn lane at the intersection of Route 9W and Feura Bush Road. All of the highway improvements would be paid for by the developers.



An architect's rendering shows the breadth of the \$32 million Southgate Commons Shopping Center proposed for Route 9W in Glenmont.

The Southgate proposal will be carefully reviewed by the town planning board,

which will then advise the town board as to whether the developer has addressed all of the environmental concerns.

A period for public comment will be scheduled when the board officially meets to consider the document. Further along in the process, a public hearing will be held.

The main anchor for the new plaza would be a Super Kmart store that will include a 60,000-square-foot supermarket plus a general merchandise discount store, garden shop, pharmacy, auto service center and food court.

A second potential anchor is expected

□ SOUTHGATE/page 16

Easter Sunday best



Anna Dean, 5, sports her Sunday best on Easter morning at St. Stephen's Episcopal Church in Delmar. Elaine McLain

Networks future looks bleak

Budget may be wiped out

By Susan Graves

The Bethlehem Networks Project has hit a snag as far as its funding is concerned.

The project, which works to promote positive programs for youth, has seen its budget shrink from \$86,000 three years ago to \$61,000 last year. Now Networks Coordinator Mona Prenoveau fears the grant will be cut drastically or even eliminated this year.

Networks was created in 1988 as a result of a federal program to promote drug-free schools and receives its funding from the state Governor's Task Force on Integrated Projects. Eleven grants are

administered through the state Education Department, and Prenoveau is afraid there just won't be enough money to go around this year.

In addition to one full-time (Prenoveau's) and one part-time salary, Networks needs money for rent and heat and FOR programs that it facilitates in the



Prenoveau

□ NETWORKS/page 16

BC board OK's spending plan

By Dev Tobin

After a final fine-tune, the Bethlehem Central school board approved a budget for 1994-95 that will raise district residents' taxes an estimated 4.99 percent in Bethlehem and 5.47 percent in New Scotland.

The budget calls for spending \$35,712,430 next year, an increase of \$1,962,684 (5.8 percent) over this year. Under the adopted budget, the tax levy (the amount to be raised from local taxpayers) will be just over \$26 million, with the remainder coming mostly from state aid.

The estimated tax rates for next year are \$15.81 per thousand of assessed value for Bethlehem district residents and \$15.85 per thousand for New Scotland district residents.

The tax rate projections are not set in stone.

Franz Zwicklbauer

The tax rate projections are "not set in stone," said Franz Zwicklbauer, assistant superintendent for busi-

ness. The official tax rates are set in August, after state aid for the district and assessment rolls for the two towns are finalized.

The board approved renting a class-

□ SPENDING/page 16

Cops continue rape investigation

By Mel Hyman

It may take weeks before Bethlehem Police determine whether a Delmar woman was raped in her home early Sunday morning.

Laboratory tests may take a while to return, Police Lt. Frederick Holligan said Tuesday. In the meantime, police are treating the 3 a.m. incident on Sunday, April 3, as a sexually motivated assault that sent a 31-year-old Hunter Road woman to the hospital.

The woman, who told investigators that she thought she felt some type of penetration but could not identify it, was treated and released from Albany Medical Center Hospital.

The attacker gained entry to the house by breaking a basement window, police said. He then entered the woman's bedroom and held a cloth over her mouth and climbed on top of her.

"A struggle ensued and she was struck in the face and head," Holligan said. The attacker then left the room while the woman remained in her bed.

"She thought he had left so she got up to turn on the bedroom light and saw him in the hallway," Holligan said. The attacker then re-entered the bedroom, pushed the woman down and made a prompt exit through a rear door.

Because it was dark, the woman could provide little in terms of a physical description although she

did claim her attacker was tall, slender and had dark hair, Holligan said.

While there is no confirmation that a rape occurred, Holligan said that based on the woman's account, police are treating it as a sexually motivated assault. Nothing was reported stolen from the home.

Canines from the Albany K-9 unit and the Rensselaer County Search and Rescue Unit were able to track the attacker's flight down Hudson Avenue, but they lost the scent on Delaware Avenue.

Holligan said investigators would try to trace the woman's activities in the days prior to the assault in hopes of turning up some leads. As of this time, police are still investigating. Anyone with information about the incident should call police at 439-9973.

Several articles were left behind. Holligan noted, although the cloth that the woman thought she smelled a chemical on was not retrieved.

The Sunday morning break-in was the first such incident in Bethlehem in several years, Holligan said.

Three men arrested for DWI

State and local police arrested three men over the past week for driving while under the influence of alcohol.

John C. Kubisch, 45, of 32 Old School Road, Selkirk, was stopped at 3:10 a.m. Saturday, April 2, police said. He was stopped after his vehicle ran off the road near the junction of South Albany and Old School roads.

He was charged with DWI and released pending an April 19 appearance in Bethlehem Town Court.

Peter Davies, 37, of Delaware Avenue, Delmar, was arrested after a traffic stop at about 9 p.m. Monday, March 30, on Route 140, State Police said. He was charged

with DWI and released pending a future appearance in Bethlehem Town Court. Tpr. Robert Missenis made the arrest.

David Tucker, 31, of Main Street, Coeymans, was arrested and charged with DWI after a traffic stop at about 3 a.m. Sunday, April 3, on Route 144, State Police said. He was processed and released pending a future appearance in Bethlehem Town Court. The arrest was made by Tpr. Daniel Craven.

Yard waste pick-ups to begin in May

The Town of Bethlehem will begin its summer yard waste pick-ups on Monday, May 9.

In the swing



Matt Via, 11, takes a swing at a pinata during St. Stephen's Episcopal Church Easter Sunday party.

Elaine Mc Lain

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Seniors' postcards fight Clinton plan

By Mel Hyman

As the Clinton health care plan winds its way through Congress, the main concerns for most Americans seem to be quality of care and cost.

Many senior citizens living locally have echoed those concerns in a postcard campaign. In a random survey of the people who mailed cards to *The Spotlight*, quality of care was the paramount issue.

"You like to think that you can go to your own doctor and not end up at some HMO," said Irene McDermott of Elsmere. A lot of older people have formed a relationship with their physicians, and "they'd like to remain with that doctor," McDermott said.

At the same time, she said, "We do agree that something should be done for the people who don't have (health care)."

Francis Lotz of Elsmere, who is retired from the Herzog & Hopkins oil company of Albany, is skeptical the federal government can reform the health care system without making a mess of it. "If they tell you where you have to go, we're going to get beat."

"I would like to be able to choose my own doctor," said Georgetta Tarantelli. At the same time, Tarantelli said, something needs to be done about exorbitant health care costs.

"I had to take care of my husband who had Alzheimer's," she said, spending \$20,000 "that really put me in the hole."

"I just don't know if I want government control. And I do like Clinton. I'm glad the debate is going on. I think that's healthy," she said.

While the debate rages, a recent study showed that without some kind of health care reform, the average American can expect to spend about 20 percent of their income on health care by 2003.

The Families USA Foundation reported that at the same time the Clinton plan provides coverage to the 37 million citizens who don't have any, it would mean that in 2003, families would spend a bit less (about 18.9 percent of their income) on health care services.

Marion Raymond, a retired nurse, said that she and her husband, Robert, a retired physi-

cian, have major reservations about the Clinton plan as it was originally presented.

Under that plan, the administration proposed reducing the number of specialists nationwide by 50 percent as a means of controlling spiraling costs, Raymond noted.

But, she said, "General practitioners are not always equipped to diagnose every disease. If you limit the number of specialists you have, you're going to destroy a lot of the important research."

I'm not sure that protecting everyone is feasible.

John Riopelle

Raymond added that, "We have cousins in England who have had a very bad experience with socialized medicine."

While the Clinton health care plan aims to slow the surge in health care service prices, John Riopelle of Delmar predicts the cost of providing health care for every American would be "humongous" and that there would be a major impact on taxes. "I'm not so sure that protecting everyone is feasible," he said.

Retired from private industry, Riopelle said he was also put off by recent adverse publicity about first

lady Hillary Clinton, who is leading the fight for the plan.

"If the government takes it over, (the health care system) will become 'too complicated,'" said Bernard Follett of Delmar. "How are they going to go about covering you when you move to another state?"

"It's mind-boggling to think about. The government can't even manage Medicare," Follett said.

If people stopped being so paranoid and quit running to the doctor every time they banged their body, then the system might not be out of control, he said.

"As a carpenter, we never ran to the hospital. If you smashed your finger you kept on working. ... I had a double hernia once and I just strapped myself up with an ace bandage and worked through it. When you got time off in the winter, you went to the doctor."

The postcard campaign was coordinated by the national Seniors Coalition, described by a spokesman as "a free-market, more policy-oriented alternative to the AARP (American Association of Retired Persons)."

George Weber, president of the Tri-Village chapter of the 32-million-member AARP, described the organization's position on health care as supporting "guaranteed, comprehensive coverage, from pre-natal to long-term care, with system-wide cost containment."

Village budget cuts taxes

By Dev Tobin

Thanks to a recovering economy and the 8 percent Albany County sales tax, property owners in Voorheesville will see a 7.8 percent tax rate reduction if the village's proposed budget is approved.

At Monday's budget public hearing, Trustee Susan Rockmore, village budget officer, said that the village tax rate will drop from \$1.66 per thousand of assessed value to \$1.53 per thousand, the same rate as two years ago.

Overall, appropriations for general village purposes will rise to \$1,054,307 from \$878,617, an increase of almost 20 percent.

Rockmore noted that the sales tax revenue is estimated conservatively to rise \$100,000 next year, and the budget's appropriated fund balance will go from \$267,500 this year to \$350,000 next year.

Although the village has received almost \$300,000 in sales tax revenue through two quarters, Rockmore projected revenues for next year at \$500,000 because, "We're not sure the 8 percent sales tax will hold."

New in the budget are:

- 3 percent salary increases for all village employees and elected officials.

- \$45,000 for sidewalk construction along Maple Avenue, in conjunction with a state Department of Transportation repaving project.

- \$55,000 for a vehicle reserve fund. ("Our intention is to use this for a new fire truck, but if the dump truck blows up, we can use this money to replace it," Rockmore said.)

- \$5,000 to study the effect of the Pine Street and Salem Hills bridges on Vly Creek flooding.

- \$5,000 for a new village directory, updating the first directory published in 1988.

The village board will adopt the budget at its meeting on Tuesday, April 26.

Also Monday, the board held its organizational meeting, which largely consisted of reappointing various village officials.

At the suggestion of Trustee Daniel Reh, the board approved increasing the mileage reimbursement from 25 to 27 cents per mile.

The board also approved putting a recycling contract out to bid for pick-up of recyclables materials such as newspapers, glass and aluminum.

In another matter, Public Works Superintendent William Hotaling noted that the proposed new sidewalks along Maple Avenue will have to be 5-foot wide, instead of the standard 4 feet, to comply with the federal Americans with Disabilities Act.

Hotaling said he expects "a lot of bidders" for the sidewalk work, so the low bid may stay within the estimated cost of the project despite the added expense of wider sidewalks.



Mike Stanton, as Hank Bennett, explains modern technology to Sandy, played by Emily Geery.
Jon Getnick

V'ville thespians slate Connecticut Yankee

By Dev Tobin

Mark Twain's *A Connecticut Yankee in King Arthur's Court* is a comedic farce that will be as much fun for the audience as it is for the student actors, according to director John Lopez.

"You can't go wrong with a decent adaptation of a Mark Twain story," Lopez said. "The play is well-written and fast-paced, with a lot of sharp dialogue and interesting characters."

The stage version of *Connecticut Yankee* by John Fuller is "not the Bing Crosby film version," Lopez noted. The three-act comedy was written in the 1930s and updates Twain's story of Hank Bennett, a practical young man who is transported to Arthurian Britain after a bump on the head.

"In the play, Hank is an engineer, not a factory worker as in the story, and he brings 20th-century inventions like the telephone and radio to sixth-century Britain," Lopez said.

One practical reason Lopez chose the play is that it has a relatively small cast, and several parts can be played by a boy or a girl, since he did not expect a large turnout for auditions.

He was surprised by the audition turnout, and decided to double-cast four parts to accommodate the increased interest.

The actors received a diction lesson from Alan Bryce as part of

their preparation, Lopez noted.

"The play starts in early 20th-century America, then shifts to sixth-century Britain. We needed to get as close to the King's English as we can to support the illusion of a shift in time and space," Lopez said.

Playing the lead role of Hank Bennett is eighth-grader Mike Stanton, "a natural with a rich voice and great inflection," Lopez said.

Rounding out the cast are Melissa Campbell-Nemeth and Sara Steinkamp as Hank's sister Marion, Rebecca Bryden as Hank's mother, Jonathon Getnick as King Arthur, Chandra Luczak as Queen Guinevere, Mara Steinkamp and Eric Truax as Merlin, Sean Devine as Sir Sagramore, William Hillman as Sir Lancelot, Melissa Cooper as Morgan Le Fay, Nathan Bress and Jennifer Patashnik as Clarence, Jamie Ulion as Elaine, and Emily Geery and Heather Blanchard as Sandy.

Students behind the scenes include assistant director Jennifer Stapf; stage manager William Hillman, costume designer Alison Bradley and light-sound manager Michael Parmelee.

Performances are Thursday, Friday and Saturday at 8:15 p.m. in the auditorium of Clayton A. Bouton Junior-Senior High School on Route 85A. Admission is \$4.50 for adults and \$3.50 for senior citizens and students.

Library budget up 5.7%

The Bethlehem Public Library board of trustees will present a 1994-95 budget proposal at its regular monthly meeting on Monday, April 11.

The meeting will begin at 7 p.m. and is open to all Bethlehem Central School District residents.

The proposed budget totals \$2,291,026, representing an increase of 5.7 percent over last year's spending plan. It will be on the ballot at the May 4 school district election.

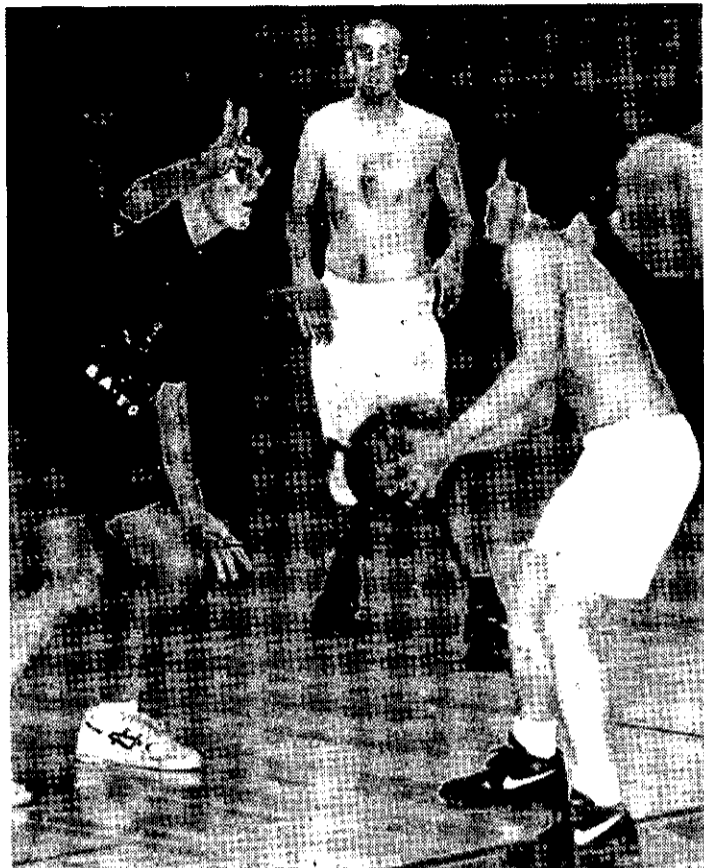
Information on the proposed budget will be mailed to all district residents before the vote, and copies of the budget will be available at the meeting. For information, call Library Director Barbara Mladinov at 439-9314.

Also on the ballot will be the vote for a five-year-term trustee position. Thomas Shen, the incumbent, and William Howard both filed petitions to run for the trustee seat. The voting will take place on Wednesday, May 4, from 7 to 9 p.m. in the gymnasium of Bethlehem Central Middle School, 332 Kenwood Ave.

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Friday night action



Friday night open basketball has caught on bigtime at Bethlehem Central High School. Chris Myers, left, enjoys a game with Eric Gill and Will Cushing. About 80 students take advantage of the program.

Hugh Hewitt

Parks department offers babysitting course

The Town of Bethlehem Parks and Recreation Department is sponsoring an American Red Cross Babysitters Course for youth ages 11 and older.

The students will learn about child supervision, first aid and CPR.

The course is scheduled for April 18 and 19 from 9 a.m. to 1 p.m. at the Elm Avenue Park office. The fee is \$25.

To register, call 439-4131 or visit the park office Monday through Friday, 8:30 a.m. to 4:30 p.m.

High school shortcomings given priority

VC board examines technology needs

By Dev Tobin

With one of the best elementary-level technology programs in the area, the Voorheesville school district needs to improve instructional technology at the high school, according to a consensus of the school board.

"Let's get going on this; we've been talking about it for four years," said board member Mary Van Ryn after teacher Bob Samuel's presentation at Monday's board meeting.

"Every year, we graduate seniors who are expected to know technology at college or work, and they end up needing orientation or training they should have gotten here," Van Ryn said.

"There obviously needs to be a coordinated effort" to improve technology, added board member Thomas Thorpe.

Samuel explained the high school is "not up to speed" in several technology areas, and recommended that a new technology

committee be set up to study how best to address the high school's technology needs.

This year, the district plans to wire the high school so computers could be plugged in in any room, tie in the school's library to outside resources, and hire a technology coordinator, Samuel said.

"We're looking to make a quantum leap in outreach capabilities at the library," he said.

Let's get going on this; we've been talking about it for four years.

Mary Van Ryn

Superintendent Alan McCartney noted that Voorheesville will work to improve its high school technology as part of a new consortium with the Guilderland, Shenendehowa and Mohonasen school districts.

In another matter, McCartney said that representatives of the district and its teachers' union will

meet with a mediator from the Public Employees Relations Board this week in an attempt to resolve negotiations over a new contract, which have been at impasse since the fall.

In other business, the board:

- Authorized self-sustaining summer swimming and driver education programs.

- Provided \$2,362 in local funding for a pre-kindergarten early intervention program that was initially funded by a grant.

- Discussed a proposed sexual harassment policy for the district.

In another matter, C. James Coffin and Thomas Thorpe, the two school board members whose terms expire this year, announced that they would be running for reelection.

Candidates interested in the five-year-term positions must submit petitions with the signatures of at least 25 district residents to the superintendent's office by 5 p.m. on Friday, May 6.

N. Scotland denies builder's request

By Dev Tobin

The second time was not the charm for a Schenectady builder looking to have part of northern New Scotland be annexed into Guilderland, as the New Scotland town board unanimously turned down the request last week.

Masullo Bros. Builders asked for a reconsideration of its request to annex about 15 acres adjacent to its Weatherfield development in Guilderland. If the parcel were part of Guilderland, it would be entitled to Guilderland's municipal water and sewer service.

Such an annexation, if approved, could mark "the begin-

ning of the piecemeal dismantling of the town" along its borders with Guilderland and Bethlehem, both of which provide public utilities, according to New Scotland Supervisor Herb Reilly.

The Masullo request was "essentially the same document" as was discussed at public hearings last year, when the town board also decided unanimously not to allow the annexation, Reilly said.

"There is no advantage whatsoever to New Scotland to lose this land," he said.

Because the houses in Weatherfield are relatively expensive, the Voorheesville Central School Dis-

trict may not benefit, because any extra tax revenue may be offset by a loss of state aid, Reilly added.

Last year, New Scotland had attempted to negotiate an agreement with Guilderland that would bring public water down Wormer Road into New Scotland in exchange for agreeing to the annexation request, Reilly said.

"We originally thought we ought to get something in return," Reilly recalled. "We asked for a loop down Wormer Road to Normanskill Road because we have houses there that need water."

Last year, Guilderland "absolutely" refused to negotiate an extension of services in exchange for gaining the 15 acres of land, Reilly noted.

The developer can now petition Guilderland to allow the houses to be served as out-of-district customers, or develop the land with less density using wells, Reilly said.



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Head gear history old hat for local collector

By Susan Graves

If the romance of hats down through the ages has you brimming over with nostalgia, don't miss the Spring Luncheon and Hat Show at the Community Methodist Church in Slingerlands.

On Saturday, April 9, at noon, Evelyn Sturdevan will narrate a show of some of her most precious chapeaus and the clothing they were worn with.

Sturdevan said she got the hat bee in her bonnet about seven years ago when she was vice president of the auxiliary at Albany Medical Center Hospital. "That really turned out to be a home/talent play, and I ended up with all the hats."

Since then she has added to her collection of about 150 hats, which she said she will eventually donate to the State Museum. "I haunted antique shops and auctions," building up the collection, and to top everything off, she found people were dropping off unsolicited contributions at her doorstep. "For a while I came home and I'd find boxes of hats on my doorstep."

Sturdevan's collection includes handmade caps from the 17th century, and hats (mostly black) from an era when most women



Evelyn Sturdevan, left, wears one of her favorite hats, while Mary Ahlstrom dons one of the more flamboyant chapeaus of the past.

Hugh Hewitt

owned one hat since that was all they could afford.

But in the early part of this century, hats were all the rage in this area and local milliners thrived. "There were many wonderful milliners including the Rauochert Soeurs, whose handmade creations were in great demand."

For Sturdevan, the Roaring '20s represent one of the most exciting periods in history with its drastic

changes from the stiff fashions of the Victorian Era. "Every story tells the story of the age," she said. And even though hats have fallen off in popularity in the '90s, Sturdevan's a firm believer that "Hats make an outfit — finish it off, like the icing on the cake."

Sturdevan came to Albany in 1942 as part of the NRA (National Recovery Administration), a "pet project of the Roosevelt Administration." She worked as a coun-



selor to young women to train them for jobs in private industry. She was on the committee that organized the first tulip festival in 1949.

Sturdevan is also a noted gardener and flower arranger and has judged many local shows. "It's a

wonderful feeling to have participated in all of these things," she said.

At Saturday's show, Sturdevan said she plans to show about 30 hats and capes and furs. For information about the show, call Rowena Hewitt at 439-6540.

Woman to present abstinence-based AIDS prevention program

Eszter Weress, Albany County Coordinator of "Free Teens," will offer an informational session for young adults, parents and teachers to highlight the national absti-

nence-based AIDS prevention program at the Bethlehem Public Library, on Thursday, April 7, at 7 p.m.

The "Free Teens" program

focuses on building self-esteem, taking responsibility for one's actions and the prevention of abuse and AIDS. Weress will include slides, a discussion forum and

interactive teen theater in the program.

RSVP by calling the children's room of the library at 439-9314.

Bolduc to display artworks in Colonie

Original oil paintings by Eleanor Bolduc of Delmar will be on display at the William K. Sanford Town Library at 629 Albany-Shaker Road in Loudonville until Saturday, April 30.

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Matters of Opinion

Mandates, services—and taxes

Is it possible for Albany County to provide an example of efficiency and economies that can be achieved when the state and local government work together to control spending? This is the goal of a proposal by Albany County Executive Michael J. Hoblock, Jr., seeking "programmatic reforms" in collaboration with the Social Service and Education departments of New York State government.

"Increased innovation," he suggests, in these areas could bring about better operation by the county work force. Specifically, pilot projects would deal with Home Relief and the Pre-kindergarten Handicapped Children program. Both these involve services mandated by the state departments, and thus form an integral part of the long-anticipated "mandate reform" effort that intends to assist localities in reducing "must" expenditures.

Mr. Hoblock sees such cost reductions as the key to the on-going issue of whether Albany County retains the current 8 percent sales tax beyond 1995 or finds it feasible to return to the previous 7 percent level.

Further reductions in the outgo (previous economies have involved a 10 percent smaller workforce, among other measures) are undoubtedly essential if the line is to be held on property taxation. "Mandate reform," with its lessened imperatives for costly services,

Paved with good intentions?

Kearney Jones's Point of View column today focuses on the proposition that here in good old progressive, creative America we somehow have managed to fall way behind in the technology of building roads to last rather than to crumble.

Along the way, he refers to one stretch of highway that has become a chronic hazard to the thousands of motorists who shudder their way along it daily. This is Kenwood Avenue between "the Four Corners" and Cherry Avenue, about a mile and a half in length.

Worse than the bumps and shocks, more hazardous than its pits are to tires and alignment, more dangerous than the swerves to center-highway that Mr. Jones mentions, is the fact of the road's very construction.

It was only three years ago when—after years of waiting while its previous surface was disintegrating—that Kenwood was repaved, nice and smooth for once. But when it began breaking up again in the winter of 1992-93, it became a scandal. What could go

A camel stand-in for the elephant?

There's the description of a camel as an animal put together by a committee. That is one reaction to the idea floated in last week's Spotlight, establishing a group to run the affairs of Bethlehem's Republicans rather than concentrating leadership responsibilities in the traditional chairmanship.

Undoubtedly, the party's incoming chair might well choose principal advisers or subcommittee leaders for chores such as plotting a campaign, raising money, or determining issues which the party would stand behind.

"Shared decision-making" is the current

Editorials

could help greatly in attaining this objective.

The import hardly can be exaggerated for, as the County Executive sees it, the pilot project—if successful once in place—could prove decisive in determining whether or not the county can control its own destiny insofar as State-mandated human services are concerned.

That success, if achieved, could make it possible for Albany County's budgeting to forgo the last one cent of the sales tax and, after 1995, cut back to 7 percent.

But there's a catch in Mr. Hoblock's projecting: He recognizes the desire of the county's municipalities to retain that 8 percent tax, with the county acting as the collecting agent.

That, it appears, is the easy way out for the towns and cities. If Albany County can find ways to economize, why cannot local governments be expected to do as well? The local governing boards and executives cry that they can't reduce expenditure without cutting back on services that people want.

We contend, on the contrary, that the taxpayer-voters hired them to find the ways and means to do just that.

wrong so quickly in a newly reconstructed road? Is it a fault of inadequate specs? Of uncaring supervision? Of corner-cutting somewhere?

Though Kenwood carries local traffic almost exclusively, it is a state highway whose construction and maintenance are the province of the Department of Transportation. Local governments—hands off.

The debacle and disgrace of Kenwood is just a horrible example. Many another state road suffers from neglect. One fine example is the portion of Delaware Avenue as it climbs into Albany just across the Normanskill—truly a dreadful non-surface for years.

Because the DOT is mentioned in these paragraphs, the department's clipping service will pick up this item and one day we'll have a letter out of the bureaucracy about budgetary limitations and other apologia. But there's more than budgets involved in the inattention that too many state highways receive at the mercy of those impassive engineers.

shibboleth for staking out policy, most specifically in the education hierarchy, where everyone is deemed entitled to a piece of the action now. The principle of accountability is gaily waived.

The Bethlehem Republican Committee does face the choice of a chair. And speaking of shared decision-making, perhaps the party's thousands of adherents ought to claim a real role by selecting that man or woman in a party-wide, town-wide vote rather than shunting the duty off to a few dozen committee persons? Could be a demonstration of genuine small-d democracy. Good enough for the capital-D party, too.

Nineteen teens volunteer for hurricane relief work

Editor, The Spotlight:

During the February break from school, a handful of students gave up their time to volunteer in helping victims of Hurricane Andrew in Florida. Members of the Reformed, Presbyterian, and Methodist Youth Group (the "RPMs") painted houses, demolished old sidewalks and curbs, and built bunkbeds for other volunteers coming in the future.

Hats off to Luke Willey, Kerry O'Neill, Matt Liacano, John LaBarge, Brian Hudspath, Denise Herm, Liz Hendron, Ricky Hathaway, Matt Harbinger, Kenny Halvorsen, Erika and Steven Hallock, Katie Flynn, Mike Ferrar, Shannon Cornelius, Megan Corneil, Joe and Tim Bush, and Lara Brooks! (Many of these teens gave up vacations with their families for a second year in a row.)

Not only did these teens go on this mission, they also worked several weekends beforehand so the cost could be affordable to all who signed up. After solicitation of many businesses and organizations in Bethlehem, two finally came through. Many thanks to the American Legion and the

Vox Pop

Lions Club for their support.

Also, thanks to members of all three churches who attended many pasta dinners and came through with financial support right up until we left. Special thanks to the parent who made it possible for all of us to enjoy a fun dinner on our way home.

Thanks most of all to a terrific group of teenagers whom I enjoyed working with and am very proud to know. You all did a wonderful job—again!

Pat Bush

Glenmont

The Spotlight welcomes letters from readers on subjects of local interest. Letters are subject to editing in keeping with our rules of fairness, accuracy, style, length. All letters must carry the writer's signature, address and telephone numbers. Send them to Letters, to the Editor, Spotlight, 125 Adams Street, Delmar NY 12054. Letters may be faxed to 439-0609.

Paint recycling on Saturday

Editor, The Spotlight:

Bethlehem residents have an extraordinary opportunity this weekend to recycle liquid latex (water-based) paint in a collection program sponsored by the town in partnership with Passonno Paints, of Western Avenue, Albany, and Watervliet. It's important that the paint be in the original container with its label.

Collection day will be Saturday, April 9, between 9 a.m. and 2 p.m., at the Town Highway Garage, 74 Elm Avenue East. Each participant will receive a \$2 coupon from Passonno Paints. Any questions? Call 767-9618.

Residents should not bring

paint that contains lead, mercury, has been frozen, or is labeled oil or alkyd. Save these for a future program.

Partial cans of paint will be emptied into 55-gallon drums and transported to Passonno for recycling. All emptied cans will be recycled at Albany Alloy, a steel recycler.

This community service will help with spring cleaning, benefit our environment, and encourage other communities to organize their own programs.

Sharon Fisher
Recycling Coordinator,
Town of Bethlehem

THE SPOTLIGHT

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Bill Sanford was acquainted with public service before he could read. He vigorously pursued its principles for almost eight decades thereafter.

In memoriam: William K. Sanford

Bill Sanford was acquainted with public service before he could read. He vigorously pursued its principles for almost eight decades thereafter.

An indication of his stature—and also of the affection and respect with which he was known—is the presence of his full name, William K. Sanford, on the imposing public structure that is the Colonie Town Library. It was placed there by endorsement of an appreciative constituency long after he had left the Supervisor's office which he had held for twenty-eight years.

Like his namesake structure, Bill Sanford was imposing as a presence. As a politician capable of winning fourteen elections, he was naturally enough a "Bill," but to those who worked for him, he was most often known respectfully, almost reverentially, as "Mr. Sanford."

During his long tenure as Colonie's chief executive, he not only witnessed but guided in its increase in population that more than doubled its size. And it was his foresight during those trying decades that ultimately enabled the town to become what it is today.

Not to be overlooked, however, is his career at the New York Association of Towns, where his long affiliation was capped by twenty-five years as its executive. Bill Sanford was the prime advocate for local government anywhere in New York State, for he saw it as the level of government that is the most efficient, the most significant, and closest to the people.

During the terms of four governors—Rockefeller, Wilson, Carey, and Cuomo—and throughout two-dozen legislative sessions, he represented the essential interest of town governments with great effectiveness.

Intimacy with public affairs began early in life for Bill Sanford. Before he was five years old, his father, Rollin B. Sanford, who had come to Albany from the North Country to attend Albany Law School and remained for a distinguished career in the law, was elected as a Republican to the United States House of Representatives.

Bill Sanford represented the interests of town governments with great effectiveness for twenty-five years

Hearing and learning about politics, campaigns, candidates, issues small and large—the World War I declaration of war, women's suffrage, the Eighteenth Amendment, and Wilson's League were among the major political topics during his father's Congressional service—all this was everyday talk absorbed by a boy who enjoyed the Washington experience as well as the excitement of electioneering back home. Rollin Sanford served in the House for three terms (1915-21) before retiring just before the Democratic takeover in Albany County.

Politics and service was something of a tradition in the family extending back a century before this, however. Rollin Sanford's great-grandfather, Joshua Sanford, served in the State Legislature representing St. Lawrence County, had a brief term in Congress in 1830-31, and three decades later organized a company for the Union Army and served as its commander. And Bill Sanford's maternal grandfather, Rollin's father-in-law, was elected as an Albany County sheriff.

The younger Sanford followed his father's

footsteps with a career in the law (starting, too, at Albany Law School) and with a lifelong preference for Republican politics—and for government. The contrast, though, was that the father focused on the national government and the son chose to specialize in the most local of governments. He was elected to head the government of the Town of Colonie, a mostly rural place of some 20,000 people, in 1949, eight years before his father's death at 83 in 1957. During that period, too, he began his early affiliation with the Association of Towns.

The population of the late 1940s had swelled to some 60,000 by the time he retired as Supervisor in 1976. Of the state's 932 towns, Colonie now is tenth in population, its growth having continued to the present 76,500. (Its 60 square miles make it at least the fifth in area in the state.)

He worked efficiently in several capacities simultaneously because of his ability to delegate appropriately

During his tenure, however, it was not necessary for the Supervisor's job to be a full-time one. In addition to his work at the Association of Towns, Mr. Sanford maintained an active law practice. His ability to carry on efficiently in so many different avenues is generally attributed to several factors, including primarily his extraordinary powers of delegating with highly effective results.

His own work as an administrator was carried out with not only diligence but also with a capacity to work with a minimum of wasted time or effort. And, finally, for many years his law office and the Association of Towns were headquarters in the same Albany office building.

Foreseeing Colonie's future and the physical needs that inevitably would accompany its growth became Bill Sanford's greatest contribution to his town. In the 1960s, as a prime example, he successfully solicited State and Federal funds totaling some \$80 million that made possible the installation of a sewer water system that not only was ready to accommodate the population growth in a long succession of developments, but it was accomplished at minimum cost to the town's taxpayers.

Mr. Sanford saw the future in numerous other ways, including the acquisition of property for Colonie's pocket parks and its principal 200-acre town park and the golf course. Under his leadership, the town's library, which had begun in a storefront, was expanded into the present building adequate to serve all of such a large town's residents. (It was some nine years ago that the building was renamed for him, recognizing not only his role in making it possible but his outstanding achievements on behalf of the town generally.)

Ever a party man despite his nonpartisan efforts on behalf of all the people of his town, he worked closely with four Republican chairmen for Colonie: Ledyard Cogswell, Ellis J. Staley, Palmer Harcourt, and Harry J. D'Agostino.

Midway through his term in Town Hall, Bill Sanford took under his wing a 26-year-old man who had just been elected to the Town Board. He gave Fred Field the opportunity to function with considerable freedom and initiative on a variety

□ SANFORD/page 8

Pothole perplex: Why can't our roads handle winter?

The contributor of this Point of View, a resident of Delmar, is manager of the public management internship program for the Rockefeller Institute. In 1981, he retired from the State Health Department after 33 years in state service.

By Kearney L. Jones

Capital District drivers have endured the highways from hell this past winter. Whether you use state, city, county, or town roads, the driving has been awful: Potholes seemingly deep enough to swallow buses, with jagged edges ready to lacerate tires, often concealed by pools of dirty water.

You try to avoid the ragged edges of the roadway by driving in the middle. All of a sudden, you crash into some pit right on the center line. Worse yet, as you dodge around a chasm yawning in front of you, you encounter somebody coming the other way doing the same thing.

I'm not personally aware of any head-on collisions from this scenario, but it's certainly not beyond the realm of possibility. I heard of a driver who—in the process of trying to dodge one hole—caught her wheel in another hole and rolled over.

The damage in tires, wheel covers, and alignments—if not in lives—is incalculable. The stress and anxiety are unendurable.

City-bound traffic on Delaware Avenue at the Normanskill Bridge has been backed up for a half mile or more as cars gingerly maneuvered around the abyss where the pavement meets the bridge deck. The recently re-paved surface on Kenwood Avenue between Delaware and Cherry has disintegrated into a gravelly mess. And because this message is addressed to *Spotlight* readers in suburban towns, I won't even mention the state of the streets in Albany, Schenectady, or Troy.

Every public works commissioner, from State DOT head John Egan down, has pleaded for patience on the part of the driving public and has promised prompt remediation. Indeed, the pothole crews have been busy, frantically patching and filling like neurotic dentists, and putting up warning cones or flashers, or even closing roadways altogether.

European roads, built to a higher standard than ours, use a greatly improved paving material on a thicker base with better drainage

Of course, the next rainstorm will wash out the patches and reveal new potholes to threaten the weary driver. Even where the patches stick, we'll clatter over the results of their labors all summer, only to fall into new holes next winter. We can't fault them for lack of enthusiasm—what we need is better technology.

After reading that European roads are built better and quicker, carry heavier loads, and last longer, I spoke with two engineers from DOT, Wayne Brule (chief of the materials bureau) and his colleague, Ron Brown. They readily conceded, as have their associates in the American Association of State Highway and Transportation Officials, that European roads are built to a higher standard than ours. In Europe, they build with thicker bases, "positive" drainage systems, and they use a much-improved paving material called "split mastic asphalt." It's harder to work with than the American standard mix and requires skillful application, but it produces a smoother, quieter surface that's virtually free of cracks and permits very little penetration of water.

If these techniques are so good, why don't we use them?

Commissioner Egan says that DOT is adopting the thicker pavement on "new and reconstructed highways throughout the state." He agrees, though, that the thousands of miles of other roads in all jurisdictions were built to lower specifications and will continue to pothole in our rugged northeastern winters.

The immediate answer, of course, is money. We've been conditioned to go for the quick fix—the cosmetic solution—even though an investment in high-quality construction and maintenance would save billions in the long run.



□ POTHOLE/page 8

Matters of Opinion

Profits from 'carnival' will advance SoccerPlex

Editor, The Spotlight:

On behalf of the Bethlehem Soccer club, I would like to thank everyone who helped make the "Kids Carnival" the tremendous success that it was. I would especially like to thank the Delmar Convenient Express for donating soda, Tobin's First Prize for donating helium, Mangia's for donating a gift certificate towards dinner for our raffle and all the wonderful club members who baked special treats for our bake sale.

The real credit for the carnival's success goes to all the club members who donated their time to run games and sell tickets and refreshments. The younger children who worked in the candy store and sticker booth proved to be very responsible. The older ones showed their many talents in face painting, nok-hockey, and game organizing.

All proceeds will go directly to development of the SoccerPlex, the Bethlehem Soccer Club's fields. This spring we should see a great effort towards seeding the first four of the ten new fields. Other work will be done towards laying drainage pipe on the six other fields. Let's keep up this great effort of support for the club and the development of the Soccerplex fields and we'll all be out there this fall rooting.

The winners of the raffle prizes were as follows: Sports Bag, Michele Caffrey; Team Jacket, Tome Hager; Gift Certificate to Mangia's, Dawn Altschuler; Sony Walkman, Linda Freedland; 4 RiverRat Tickets, Betty Reese; soccer ball, Jason Urshel; Silk flower arrangement, Jim Kelly; stuffed animal, Allen Metivia.

*Kathy Glannon
Intraclub Coordinator*

Minimum balance on savings account dispatches a depositor

Editor, The Spotlight:

During the past five years, I have done business with at least five banks in Delmar. Actually, it's been more like getting the business since services have steadily but surely eroded. The last straw happened when Fleet Bank acquired Chemical Bank (formerly Manufacturers Hanover) on Delaware Avenue. With Manufacturers and Chemical, I finally thought I had found a bank that truly cared about me as a person. The tellers knew me on a first-name basis—quite a rarity in this town where tellers at neighboring banks treat you as though you were a criminal.

Fleet, which took over Chemical this weekend, requires savings account holders to keep at least \$500 in the account in order to avoid a monthly penalty. What a privilege! At Chemical, an ac-

Town's facts and figures on water supply disputed

Editor, The Spotlight:

Letters published in The Spotlight from Bruce Secor and Joseph Duclos concerning the plan to switch the town's drinking water from the Alcove Reservoir omitted some key facts.

This project has moved along, until now, without much citizen uproar because few residents are even aware of the real source of the drinking water in the town's plans. One reason for this muddled perspective is that town officials have been saying that the water is coming from wells. This

Vox Pop

is misleading. Wells convey the impression that all the drinking water will come from an underground source. The correct term is "infiltration gallery." This means that water will be pumped out of an aquifer adjacent to the river. Where does the water in the aquifer come from? According to the town's own reports, 94 percent of the water in the aquifer is recharged by the river!

count with even less than \$500 would actually earn a person a little money.

I wonder if I'm the only person who closed a savings account because I can't afford to keep a \$500 balance. Now, I find myself in the position of having to keep money hidden away at home—exactly what I used to tell my grandfather, who didn't trust banks, not to do.

Name submitted

Potholes

(From Page 7)

The sad fact is that America is only now beginning to realize the steep price of failing to maintain our infrastructure. Remember the Thruway bridge collapse? The bridge was only about twenty-five years old, but when it fell into Schoharie Creek, they re-routed the traffic over an old bridge nearby that had been built in the nineteenth century.

There's a lesson in all this: Do it right the first time. We'd all be better off.

We were also told that Selkirk Cogen, the industry which will use most of the water, will pay a substantially higher price than the residential user. This is not true. A family of two will pay \$2.67 per 1000 gallons, which Selkirk Cogen will pay \$1.79 per 1000 gallons. How can town officials justify their argument that industry is subsidizing this project?

Washington may have White-water and Watergate, but Bethlehem is just as bad—we are bogged by our drinking water woes.

Sherwood Davies

Delmar

Sanford

(From Page 7)

of projects during the seven years that they worked together in town government. After Fred put in five terms in the New York State Assembly, he was prepared to succeed his mentor in the Supervisor's office.

The retiring Supervisor was comfortable with the succession, in the tradition of the chief who hopes for a person eminently capable of carrying on his work with the same degree of quality. And, over the seventeen years that have followed, Bill Sanford hewed to the imperative for a conscientious retiree: he never second-guessed the successor.

Though out of elective office, he continued for another eight years as the executive for the Association of Towns. (He was the third of only four in that office during the association's sixty

years; he succeeded two titans in local government, Frank C. Moore and Ed Uthe. In turn, he was followed by the present executive director, Jeffrey G. Haber.)

During his quarter-century guiding the association's affairs, there were several notable landmarks, the most significant of which came in 1964, when a constitutional amendment was adopted to extend home rule to local governments. In that period, too, he worked closely with Governor Nelson A. Rockefeller to further Federal revenue sharing, and he testified effectively before a Congressional committee on the issue.

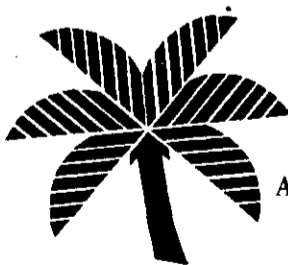
Dedicated to the philosophic interests of local governments (as well as a master of the minutiae), Bill Sanford was an incomparable advocate in their behalf. And he was always recognized as an articulate and untiring defender of principle in contrast to the expediency of the hour. This, a vital characteristic for the leader of such organizations as those he headed, could be said to be a mighty epitaph.



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Your Opinion Matters

Voorheesville's teachers deserve credit and raises they have earned

Editor, The Spotlight:

For many of the past 23 years I have been a member of the Voorheesville community in a variety of capacities. First of all, I was a student-athlete and community member for twelve years, until my graduation in 1989. Most recently, after graduating from college, I returned to Voorheesville as an assistant varsity wrestling coach.

All of these factors, plus the fact that I have a father who has been a teacher and coach in the school district for 27 years, have enabled me to see the school and the community from different points of view.

For years, I have watched closely as the faculty at both the elementary and high schools worked very hard to make Voorheesville an excellent place to receive an education. Because of this, it was gratifying to see their hard work and dedication rewarded two years ago when both schools received a "National School of Excellence Award," the most prestigious award given to schools in this country. This great award should have been a great honor, and the faculty of Voorheesville Central Schools should have received a huge pat on the back for their efforts. However, the only "backslapping" that I see is among the members of the community. Somehow, this

community has received the message that this award was entitled a "National Community of Excellence Award." This idea is simply incorrect.

While there is no doubt that the hard work of students and parents contributed to receiving this honor, it was a group of teachers who put the package together that won the award, and it was the teachers who started the programs that helped make the achievement possible. Some of these programs, such as the Natural Helpers peer counseling program mentioned in Governor Mario Cuomo's commencement speech last year, were the first of their kind in the country. To assume that this and other programs would have been started by just "any staff" with the right community support is simply presumptuous at best and ridiculous at worst.

Although the "School of Excellence" honor was long overdue, it is not the only reason for which the faculty at Voorheesville should receive due credit. We have always exceeded and continue to exceed the national and state averages for students receiving their New York State Regents Diploma and for students who go on to college after high school. Over the years, our school has

sent students to the Ivy League, the service academies, and many other fine institutions of higher learning. Once again, parents and students deserve a great deal of credit for these fine achievements. However, the faculty deserves credit as well and should be rewarded.

In spite of these accomplishments, the community and school board of Voorheesville don't seem to want to reward the deserving educators at both schools. Not only does the board refuse to reward them, but it refuses to negotiate with them as well, as it is sticking with a "salary freeze" for the next three years. This "freeze" would once again put Voorheesville's faculty among the lowest paid in the 693 schools districts across New York State.

After the last negotiations, in 1991-92, the faculty was given what many have called a "generosity contract." This "generosity" placed Voorheesville's teachers a mere 244th out of 601 districts that reported their salary data in New York State. This placing would be more understandable if Voorheesville was a low-income district. However, also in 1991-92, "the personal income per pupil" at our school ranked 149th out of 693 districts. This means that,

despite being in the top 21 percent of incomes per pupil across the state, this community pays its teachers in only the 40th percentile.

It does not take a mathematician to see that there are 121 school districts with less money than ours who are paying their teachers better, and none of these 121 districts received a "National School of Excellence Award" in the last three years. However, that was 1991-92. In 1994, Voorheesville still ranks in the top quarter in the "income per pupil category," while a salary freeze will drop the teachers' annual incomes into the lower half of salaries for educators within New York State. This disparity simply does not make any sense.

I close this letter on a personal note. I have watched my father work diligently at Voorheesville High School for 27 years. Through these years, he has been awarded with many accolades in both the teaching and coaching fields. More importantly, he has touched the lives of many students, and helped lead them down successful paths into the "real world." I know this because I've had many of his former and current students tell me how much he meant to them, particularly during some times when their parents and friends could not be there for them.

lives without having a great influence on others, which is something my father and his co-workers do every day.

For this important effort, these people should be rewarded, not punished. Furthermore, they are not only ones who are being punished. Ultimately, it is the students at Voorheesville who will suffer as well. Before the last contract, a number of good teachers left our school simply for better offers, a disturbing trend that will continue if this contract issue is not brought to a halt.

The students and community members of Voorheesville have taken advantage of and taken for granted the work of people like Art Willis, Kris Mastro, Nadine Bassler, Kiki Volkwein, and Phil Davis for a long time. These men and women, to name just a few, are members of the Voorheesville faculty who influenced my life, and I, like my fellow students, could never repay them.

However, it is time for the members of this community and the school board to recognize the kind of influence that these people have on young people. This recognition could start with an effort to repay them, at least financially. Otherwise, we may lose some of these fine educators, and their pupils will lose the great education that they have come to expect and so richly deserve.

Many people go their whole

Richard A. Leach Jr.

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| | | GROUND SIRLOIN \$2 ³⁹ LB. |

Piano recital scheduled at Voorheesville school

The public is invited to a piano recital by Shirley M. Greene's students on Sunday, April 10, at 2 p.m. at the Clayton A. Bouton Junior Senior High School auditorium.

The following students will perform: Ashley Mae Beach, Tony Califano, Emily Corcione, Christopher Casey, Adam and Evan D'Arpino, Erica Finkle, Samara Fluster, Stephen Hensel, Stacie Gavaletz, Marlanna Ghovanloo, Jordan and Jamie Glover, Nicholas Lawler, Jeffery Nelson, Bridget and Lauren Murray, Mike Pensack, Bonnie Polzin, Nicholas Ranalli, Tyler Seabridge and Tyler VanDycke.

Refreshments will be served following the recital.

Tree and shrub pickup set at extension

The Albany County Soil and Water Conservation District tree and shrub orders can be picked up at the Albany County Cooperative Extension Building on Martin Road in Voorheesville on Saturday, April 30.

For information call 765-3560.

PTA to meet

The Voorheesville PTA will hold its monthly meeting on Tuesday, April 12, at 7:30 p.m. in the cafeteria of the elementary school.

NEWS NOTES

Voorheesville

Susan Casler
765-2144



For information, call Jan Kurposka at 765-3644.

ACT scheduled at high school

Students from the Clayton A. Bouton Junior-Senior High School who will be taking the American College Test (ACT) are requested to be at the test center at 8 a.m. on Saturday, April 9.

Students should have their admission ticket and proof of identification, two No. 2 pencils with erasers and a watch.

For information, call the guidance office at 765-5529.

Seniors planning annual dinner

New Scotland Senior Citizens will hold its annual anniversary dinner at the Crossgates Restaurant on Washington Avenue Extension in Albany, on Wednesday, April 20, at 1 p.m. Dinner costs \$10 and reservations must be made by April 13. For information, call Agnes Tucker at 765-4427.

Music makers



Julie Davidson, clarinet, Moira Hughes, cello, and Kimberly Harvey, clarinet, practice with tenor Adam Sharron for the Senior Honors Recital scheduled today, April 6, at 7:30 p.m. at the Delmar Reformed Church on 386 Delaware Ave. in Delmar.

Elaine McLain

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CLIP & SAVE

NOTICE

TOWN OF BETHLEHEM WATERMAIN FLUSHING PROGRAM

Area #1 Town of New Scotland (served by Bethlehem Water), Slingerlands, North Bethlehem —

April 12 - 15, 1994

Area #2 Delmar, Elsmere —

April 19 - 22, 1994

Area #3 Glenmont, Selkirk —

April 26 - 29, 1994

Some discoloration may be seen during this flushing program, which could result in staining of laundry. Run water til it clears.

CLIP & SAVE

RCS school board changes meeting time to 7 p.m.

The Ravena-Coeymans-Selkirk Board of Education recently adopted a resolution to begin board meetings at 7 p.m. The resolution takes effect immediately.

The board will hold its April 18 meeting at the Board of Education Building instead of the A.W. Becker School.

Town to accept leftover latex paint

Town of Bethlehem residents can drop-off leftover and unused water-based latex paints at the town highway garage at 74 Elm Avenue East in Selkirk on Saturday, April 9, from 9 a.m. to 2 p.m.

The paints must be in their original containers with their original labels. Full cans of paint will be donated to Barn Raisers. Partial cans will be recycled by Passonno Paint of Watervliet.

For information, call 767-9618.

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Delmar couple in top social work jobs *Charges filed in DWI crash*

By Dev Tobin

No matter what course health care reform takes, social work in a hospital setting will remain a vital and cost-effective service, according to a Delmar couple who head the social work departments at Albany's two largest hospitals.

"Social workers are in a pivotal position to help hospitals in a multi-disciplinary way achieve quality care in the current economic climate," said Paul Copp.

"Now hospitals see people later in illnesses, when the needs are greater," said Helene Steiner Copp. "Social workers in hospitals help people deal with the most complicated, demanding issues."

Paul Copp was recently named head of the Department of Patient and Family Services at St. Peter's Hospital, and his wife Helene was recently promoted to director of the Department of Social Work at Albany Medical Center Hospital.

Studies have shown that medical treatments are more effective when social workers are available to help patients adjust to illness or disability, Helene Copp said.

Besides helping sick people get well, social workers also provide bereavement counseling, as well as counseling in a broad range of social/medical areas, such as family violence, mental health, substance abuse and health care proxies, she added.

ZBA sets hearing

The Bethlehem Board of Appeals will hold a public hearing on the application of Brian C. and Viviana Keir of 270 Elsmere Ave., Delmar, at the town offices, 445 Delaware Ave., Delmar, at 7 p.m. on Wednesday, April 6.

Village stage to perform comedy

The Village Stage will perform Neil Simon's musical comedy "Promises, Promises" Thursday through Friday, April 14 through 16, at the Bethlehem Middle School on Kenwood Avenue in Delmar.

Set in the 1960s, the play focuses on the sudden rise of a young business executive whose primary qualification is an inexpensive apartment near the office for "business lunches" by the senior executives in the firm.



Paul and Helene Copp

With hospitals under intense pressure from government and insurance companies to discharge patients as soon as possible, social workers help patients find appropriate services outside the hospital to ensure satisfactory recovery, the Coppes said.

One future trend in health care will be to make many hospital and nursing home services available to senior citizens in their homes, Paul Copp explained. "Home care is growing by leaps and bounds."

A doctoral candidate in social welfare at the University at Albany, Paul Copp is on top of the

home care for seniors trend, as he is writing his dissertation on geriatric community-based health programs.

After working in state government and flirting with medical school, Paul Copp appreciates the basic interaction with people that is the heart of social work.

"I'm happy when I know I can have an impact on people's lives on a day-to-day basis," he said.

Helene Copp agreed. "My work is very challenging and very real. I feel I really make a difference in people's lives."

A Saratoga Springs man faces several felony and misdemeanor charges after he was involved in an accident that injured a Bethlehem police officer.

The Albany County Sheriff's Department charged Michael G. Isabella, 36, of 260 Maple Ave., with second-degree vehicular assault, driving while intoxicated and first-degree aggravated unlicensed operation (all felonies), as well as third-degree unauthorized use of a motor vehicle, violation of probation, failure to keep right and imprudent speed.

On Saturday, March 26, at 12:40 a.m., Isabella was driving southwest on Krumkill Road near the

Albany city line when he crossed over the double line and crashed head-on into a police car driven by Bethlehem Police Officer Robert Berben, sheriff's deputies said.

Isabella was driving with a revoked license, deputies added.

Berben was treated and released for back pain, contusions and abrasions at Albany Medical Center Hospital.

Isabella was not charged immediately after the accident since he also needed treatment at Albany Medical Center Hospital.

Following his arrest, Isabella was sent to Albany County jail with no bail. His case will be heard in Albany County court.

BC students set Social Awareness Week

A group of Bethlehem Central High School students are planning the school's first annual Social Awareness Week for Monday through Friday, April 11 to 15, at the school at 700 Delaware Ave. in Delmar.

The group's goal is to promote understanding within the student body of social issues, such as Holocaust remembrance, homophobia, treatment of Native Americans, date rape, drunk driving and environmental issues.

Speakers will address classes throughout the week. Literature will also be available to students and the community.

A student-run assembly to introduce the group's theme, "From Hatred to Tolerance," is scheduled for Monday, April 11. A special edition of *The Eagle's Eye*, the school's student newspaper, will be published to inform students of events throughout the week.

Compost, wood chips available from town

The Town of Bethlehem will give away leaf compost and wood chips for gardens on Saturday, April 16, from 10 a.m. to 2 p.m. at the Town of Bethlehem highway garage at 74 Elm Avenue East in Selkirk.

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Program to honor creators of Berenstain bear series

One of America's favorite writing teams will celebrate its 51st wedding anniversary on Wednesday, April 13, and the library is planning to help mark the special day.



Jan and Stan Berenstain, creators of Berenstain bears series for children, began writing about the bumptious bear family in 1962 as a result of watching their own children learn to read.

In 1979, the books were brought to TV in an animated special.

At 7 p.m. on Wednesday, the library is hosting a family bear-athon with Youth Services Librarian Meg Hughes presenting the Berenstain bears.

This week there are a number of programs for adults. On Thursday, April 7, Tanya Wilkins of Cornell Cooperative Extension will present "Managing Work and Family."

The program is geared toward those who are frustrated by the lack of time to spend on family activities and would like to gain some tips on ways to organize their time.

The workshop should be especially helpful to families where both parents work. If there is time in your busy life for only one more thing, try to make this program a priority.

To register, call the reference

desk at 765-2791.

An exhibit of Scott Burns of Guilderland is on display throughout the month. On Friday, April 8, the Friends of the Library will host a reception for friends, family and the public at 7 p.m. Refreshments will be served.

The board of trustees will meet on Tuesday, April 12, at 7:30 p.m. There is an opening for the seat being vacated by president Diane Connolly, who is not seeking reelection.

Voorheesville school district residents who would like to run for the seat, must file a petition with library Director Gail Sacco with a minimum of 25 signatures. Petitions must be filed by Friday, May 6, at 5 p.m.

For information, call Sacco at 765-2791.

The annual Poetry Performance Day — barring a blizzard — will be on Saturday, April 30. As an added twist, there will be a Poetry Slam this year. This outrageous competition is just for fun and prizes will be given to the most popular performance.

More sedate poets can sign up for a non-judged 10-minute reading.

The performance day is one of our most exciting programs, and it promises to be a great time for both listeners and poets.

For information or to sign up for a reading, call Barbara Vink at 765-2791.

Christine Shields

New Scotland GOP to hold dinner

The Town of New Scotland Republican Committee will hold its annual spring dinner on Friday, April 8, at Crossgates Restaurant, Washington Avenue Extension, in Albany.

Cocktails will be served from 6:30 to 7:30 p.m., with dinner to follow. Cost is \$20 per ticket. For information, contact Peter VanZetten at 439-6179.

Five Rivers sets walk on Beaver Tree Trail

A guided walk will be offered on Sunday, April 10, at 2 p.m. at the Five Rivers Environmental Education Center on Game Farm Road in Delmar.

Center naturalists will lead participants on a walking tour of Five Rivers' Beaver Tree Trail. The trail, with its man-made pond, has become home to a variety of wildlife. Naturalists will discuss human and natural history during the walk.

For information, call Five Rivers at 475-0291.

Slingerlands school to stage musical

The Slingerlands Elementary School fifth-grade musical, "The Star Spangled Revue," will be presented on Wednesday and Thursday, April 13 and 14, at 7:30 p.m. at the school at 25 Union Ave. in Slingerlands.

The play is directed by Virginia Dale. Tickets cost \$2.50.

For information, call 439-7681.

Video series scheduled

Focus on Canadian prize-winning films

The Franco-American Federation of New York (FeFANY) and the library will co-sponsor the first half of a video series, "Quebec on Film," on Sunday, April 17, at 2 p.m.

"Cirque du Soleil: We Re-invent the Circus" and "Montreal," two films which highlight the French heritage of New York's neighbor to the north, will be shown.



The films are in English and refreshments will be served after the showings.

"Cirque de Soleil" won both an Emmy and an Ace Award in 1989. Russell Pearce, FeFANY vice president, said the film shows why the world has been so captivated by a circus that has no freaks or animals. Instead there is a theater with clowns, musicians, acrobats, jugglers and contortionists.

"This film is very Quebec and very international. It expresses the soul of Quebec in a way that others can feel," Pearce said.

The film is 55 minutes long and in color.

"Montreal" is a 40-minute, color travel film made in 1992. According to Pearce, "It's a film for everyone who has ever visited or ever wanted to visit the second largest French-speaking city in the world." (Paris is the first).

The Quebec on Film series continues at the Schenectady

County Public Library in Schenectady on May 1 at 2 p.m. with three additional films, "Deux Voix, Comme en Echo," (Two Voices Echoing) a meditation on the disappearance of French Canadian culture in Ontario, "Quebec: The Passion of Discovery" and "Quebec City." Both programs are free and open to the public, and children of all ages are welcome.

Call 388-4543 for information.

Back in town, the library will conduct an "Output Measures Survey" on the use of its collections and services during the week of Sunday, April 10, to Saturday, April 16.

Volunteers from the Friends of the Library will count the number of people entering the library. Materials used in the library will also be counted. Results will be compared with previous surveys and will help to evaluate and plan services.

Anna Jane Abaray

History group to meet

The Town of Bethlehem Historical Association at Route 144 and Clapper Road in Selkirk will hold a meeting on Thursday, April 21, at 8 p.m.

Robert E. Mulligan, junior associate curator of the New York State Museum, will speak on "Schuyler's Bateau — A Trip to the West in 1792."

For information, call Edna Strumpf at 767-3052.

Blood pressure screening slated

A Town of Bethlehem blood pressure screening will be held on Tuesday, April 19, from 10 a.m. to 2 p.m. in the Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar.

The free screening is available to town residents on a walk-in basis. A volunteer dietician will be on-hand to answer nutrition questions.

In conjunction with the screening, Marion Mittler of NYNEX will conduct a Marion Martin Display for Independent Living.

For information, call 439-4955.

BC lab school to hold fund-raiser

The Bethlehem Central High School Lab School is planning a fund-raiser for Sunday, April 10, from 5 to 7 p.m. at the high school on Delaware Avenue in Delmar.

The public is invited to enjoy a pasta dinner prepared by students, parents and staff at 5 p.m., and a student community service auction at 6:30 p.m.

Tickets are \$6 for adults and \$4 for children. They are available at Delmar businesses, including Ben & Jerry's, the Tri-Village Drug Store, Johnson Stationery and the Paper Mill.

~ Spring Luncheon ~
Saturday, April 9th • 12 Noon
 Speaker: Evelyn Stardevan
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PLACE: Delmar Reformed Church,
 386 Delaware Avenue, Delmar

WHEN: April 18 - 22, 1994

TIME: 8:00 a.m. to 5:30 p.m.

AGES: Kindergarten through Grade 6

COST: \$110.00 full week or \$25.00 per day or
 \$65.00 full week half days or \$15.00 per half day

REGISTRATION DEADLINE: APRIL 8, 1994

For more information call 439-9929
 Monday - Thursday 9:00 am to 4:00 p.m.

Clarksville church supper slated

The Clarksville Community Church on Delaware Avenue will hold an all-you-can-eat family style roast beef supper on Saturday, April 9, at the church hall.

Servings will be at 4:30, 5:30 and 6:30 p.m. The menu includes roast beef, mashed potatoes, gravy, peas, cole slaw, rolls and butter, homemade pie and beverage.

The cost is \$7.50 for adults, \$4.50 for children ages 5 to 11, and children under five eat for free. Reservations are not necessary.

For information, call 768-2164.

Sunshine Seniors set luncheon meeting

The Sunshine Seniors will hold its next covered dish luncheon meeting on Monday, April 11, at noon, at the First Reformed Church of Bethlehem on Route 9W in Selkirk.

Albany Medical Center Hospital representative Phyllis Roberts will give a presentation at 1 p.m. on cardiology testing, nutrition, exercise and aging.

For information, call 482-1494.

Elks lodge OKs merger

The merger between BPOE Elks Lodge 2611 of New Scotland and Bethlehem Lodge 2233 was recently approved by the Grand Lodge.

The lodge will be known as Bethlehem Lodge 2233 and will continue to meet and use the facilities at 1016 River Road on Route 144 at Winne Road in Selkirk.

Elected officers for the 1994-95 year are: Robert G.T. Yager, exalted ruler; William Carter, leading knight; William Wilkinson, loyal knight; Don Quintana, lecturing knight; Loren Devoe, secretary; Brian Harple, treasurer; and Robert Hausmann, tiler.

Trustees include: Arthur Fazzone, Chester D. Boehlke Sr., Raymond F. Corkrey, Edward A. Donahue, Ron Garrow, Ted Hunter, Robert T. Mudge, Walter Myers Jr. and George Waylett.

NEWS NOTES

Selkirk
South Bethlehem
Michelle Bintz
439-3167



Speaker to address parents at middle school

The RCS Middle School Partners in Education, Parent Teacher Student Organization and A.W. Becker Parents In Education will sponsor guest speaker Dr. John J. Pelizza Wednesday, April 13, at 7:30 p.m. at the middle school.

Pelizza is a leading authority on wellness, stress management, team building and personal growth.

He is the former consulting director of the Wellness Center and Management Team at St. Clare's Hospital and professor of health education at Russell Sage College.

Kindergarten screening slated at Becker

Children entering kindergarten at A.W. Becker Elementary School this fall will be screened at the school the week of April 11.

For information or to confirm appointments, call 767-2511.

Leadership teams set meeting times

The senior high team will meet on Wednesday, April 6, at 2 p.m. Pieter B. Coymans will meet on Monday, April 11, at 3:30 p.m.

A.W. Becker Elementary will meet on Tuesday, April 12, 3:30 p.m., and the middle school team will meet on Tuesday, April 12, at 2 p.m.

The district leadership team meets today, April 6, at 5:30 p.m. at the senior high school.

FOCUS meeting set

The RCS FOCUS Parent Support Group will meet on Tuesday, April 12, at 7:30 p.m. at the senior high school.

RCS holds half day

RCS students will have a half day of school on Thursday, April 7, for staff development.

Chicken dinner set at Feura Bush church

A "Chicken 'n Biscuit Dinner" will be served on Saturday, April 23, at the Onesquethaw Reformed Church on Tarrytown Road in Feura Bush.

Serving times are at 4:30, 5:30 and 6:30 p.m.

The cost for adults is \$7.75, \$3 for children ages 6 to 12, and \$1 for children under 5. For reservations, call 767-9693.

Quilters to meet

Quilters United in Learning Together (Q.U.I.L.T.) will meet on Friday, April 8, at the United Methodist Church at 428 Kenwood Ave. in Delmar at 9:30 a.m.

Mary Devane will speak on machine quilting.

For information, call Stella O. Muzicka of Q.U.I.L.T. at 283-0522.

Cheers academy style



Joyce Jones, left, and Cindy Hessberg of Delmar get ready for the Academy of the Holy Names spring festival, An Evening to Cheer About, at the Century House in Latham on Friday, April 8. The academy was recently named a blue ribbon school of excellence. There will be a silent and live auction, a light buffet and dancing.

Siegel named partner in law firm

Arthur J. Siegel of Delmar was recently named a partner at the law firm, Bond, Schoeneck & King in Albany.

Siegel is a graduate of the Metropolitan State University Division of the University of Minnesota and Albany Law School.

He is a member of the firm's litigation department with experi-

ence in New York Supreme Court, Albany County and the New York State Attorney General's Office.

Siegel will concentrate his practice in commercial, tax and construction law and litigation, personal injury and product liability in both state and federal courts.

In Feura Bush The Spotlight is sold at Houghtalings and Stewarts

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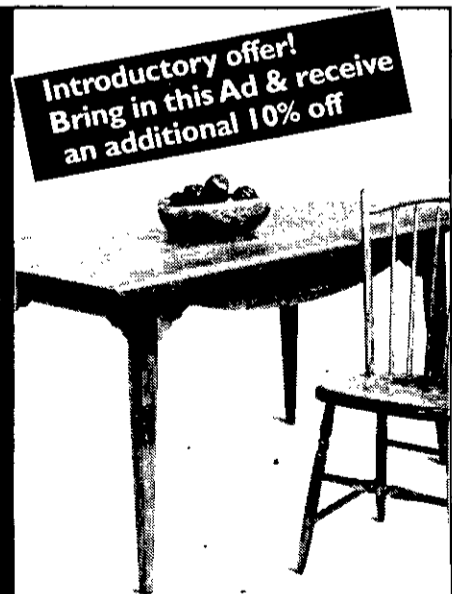


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Sunday, April 10 from 10 a.m. to 4 p.m.

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Sports

New net coach for BC

By Jamie Sommerville

The boys tennis team at Bethlehem Central is ready and waiting for its new season to begin.

The main difference this season as compared to last is the loss of six-year varsity coach Thomas Straw. BC players have described Straw as one of the most patient and determined men they know.

Explaining his decision to leave, Straw said, "many emotional ties have ceased due to a few of the boys leaving from last year, and I have a longer commute due to a move I made in the past year."

But BC players are happy on one account this year. Bethlehem has found them a new coach who holds the same passion for the game as Straw. Derek Minkler

from Wyantskill will be taking on the coaching reins.

"I grew up around tennis and when this opportunity arose, I had to grab it," Minkler said. "We may have lost our four top players this year, but I still see a strong team before me."

Jeremy Bollam, a six year varsity player, said that, "the leave won't effect the team too much. Still we can't say that we won't miss him." Steven Dorfman, another senior and three-year varsity player, said "I'm really excited for this season, although we'll miss Straw and last year's seniors."

All in all, the team now embarks on what it hopes will be a strong season. The players are excited and Minkler is preparing for a winning season.

Youth club champs



The Bethlehem Basketball Club's 8th grade travel team recently captured the championship of the Capital District Youth Basketball League. Team members included Andy Hartman (front row left), Scott Kind, Kevin Russell, Geoff Linstruth, Mark Winterhoff, Rory McInerney, Erik Hjeltnes (top row left), Kane Snyder, Chris Brown, Matt Tulloch, Geoff Hunter and Mark Svare.

Perkins to teach BB at Bethlehem High

Sam Perkins, former Shaker High standout and now a star forward with the Seattle Supersonics, will teach six basketball day camps in the area this summer, including one at Bethlehem High.

The Bethlehem clinics will be held during the week of July 5-9. Other clinic sites will include Hudson Valley Community College, Schalom High School and the Albany Jewish Community Center.

The day camps run from 9 a.m. to 3 p.m. and are open to boys and girls, except for the Bethlehem camp, which is only open to girls.

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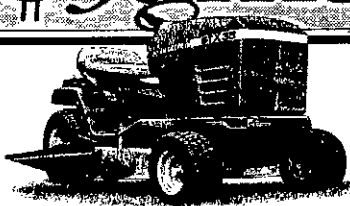
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SENIOR SCENE



Some seniors sell all and hit the highway

By Donna Moskowitz

There's a whole new class of fun-seekers roaming the country — seniors who sell their homes, buy or rent recreational vehicles and hit the open road.

According to David Abbott, owner of Journey Home Sales on Waterman Avenue in Colonie, quite a few people have decided to take up the traveling lifestyle. "There are retired people, with some equity

□ HIGHWAY/ Page 7

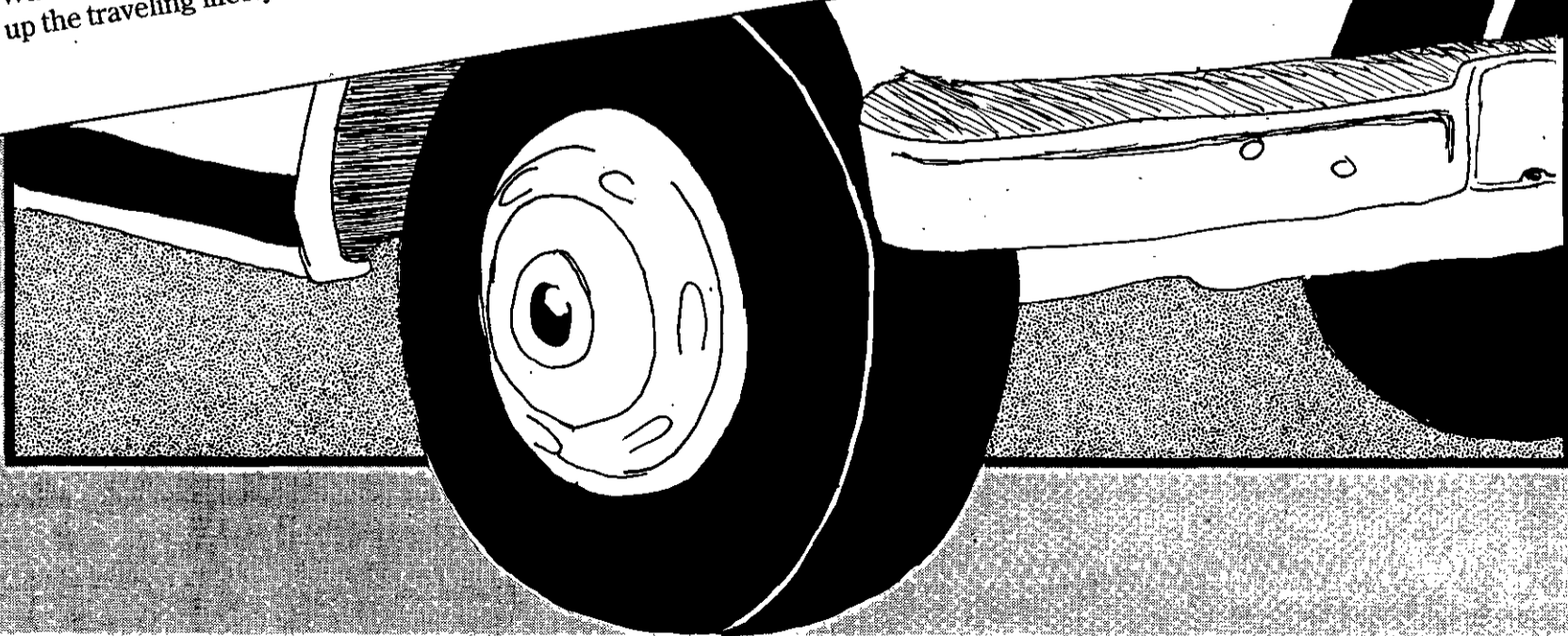


Illustration by David C. Abbott

Senior groups lobby for improved access to long-term care

By Dev Tobin

While most media attention is focused on the national debate over health care, senior citizens groups in New York are working to make the very difficult decision about committing to long-term care easier for seniors and their families.

The proposed local access to long-term care bill (S.4674/A.7058) will provide a single focal point for information during what is often a crisis period following a stroke or other debilitating condition, according to Fred Greisbach, special assistant for state legislative affairs at the New York State Office for the Aging.

"A lot of people don't know where to go and what to do to have

their spouse or parent placed in long-term care," Greisbach said. "This bill would have each county set up an office that would provide people with an assessment of their needs and options."

Greisbach said that right now, people looking to place a relative in long-term care deal directly with providers (nursing homes), which often limits their choice of the most appropriate placement.

"This bill is consumer-focused, providing all the services seniors need, but only the services they need," he said.

Providers will often not recommend less costly options, such as home care, Greisbach added.

The bill will provide some initial funding for counties to set up the service, but Greisbach estimated that the counties can "do this with existing resources," since many counties are already provid-

while supported by senior groups such as the American Association of Retired Persons and the State-wide Senior Action Council, it is opposed by providers, Greisbach said.

clude several elder abuse bills, a surrogate decision-making bill (that Greisbach said would "clarify decision-making in the absence of a health care proxy or living will.") and several bills to increase income limits for the senior citizen property tax exemption.

Funding for senior programs will likely remain stable in this year's budget, with no major increases or cuts on the horizon, Greisbach said.

"There's been some talk about more money for respite services and in-home health care" in the yet-to-be-approved state budget, he said.

A realization that many important senior citizen issues are decided at the state level has led AARP, which currently is not listed in the phone book, to open an Albany office, Greisbach added.

This bill would have each county set up an office that would provide people with an assessment of their needs and options.

Fred Greisbach

Because of the opposition, seniors must generate "a lot of pressure" to pass the bill. "It will depend on how many people call their legislators. If people are active, there will be a bill," he said, adding there's a very good chance for passage this year.

"It's the number one priority of AARP, which makes it something people pay attention to," Greisbach said.

Other prominent senior citizen issues before the legislature in-

ing information services about long-term care through their aging, health or social services departments.

The bill has been a governor's program bill for two years, and,

AMA says exercise is necessary at any age

According to the American Medical Association, "Exercise is not an optional activity when seeking a long and healthy life. It is a necessity." In fact, everyone, including seniors, should exercise as if his or her life depended on it, because it does.

The benefits of exercise for seniors are increased flexibility, range of motion and joint mobility, plus improved muscle strength, physical stamina and coordination.

Exercise also decreases blood pressure, increases HDL or good cholesterol, decreases the risk of diabetes, osteoporosis and heart disease.

A body conditioned by exercise will be stronger and more flexible to help prevent falls and bone fractures. In addition, regular moderate exercise helps increase the body's ability to fight stress-related ailments and infections.

Regular aerobic exercise also

slows down the natural aging process and keeps the mind stimulated. Light aerobic workouts release pent-up feelings and improve confidence and self-esteem.

The good news is that it is never too late to start exercising. Begin by seeking the advice of experienced health and fitness professionals. They understand your level of well-being and the fundamentals of safe exercise for seniors.

Plan your way to a successful fitness future by customizing a personalized exercise program. Remember, mature adults, especially those with a medical problem or who have been inactive for a long period of time, should always consult their physician before beginning any exercise program.

Select exercises that match your personality, your needs and goals. Then, staying with it and getting fit will come quite naturally. Challenge yourself by setting short- and long-term goals. Achieving them sparks your enthusiasm to continue. Today more than ever before, people of all ages realize that not only is exercise good for their bodies, it's also fun.



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Letter writing becoming lost art

By Eric Bryant

Aunt Jean would write after every visit — a brief note usually, but one crafted with precision and elegant in penmanship, her high wide looped letters marching across the page. My grandmother was different, but consistent. Her notes were breezy and smooth, framed by tiny block, lowercase letters on long sheets of lined paper, which endlessly recounted the minutia of her life. She had three stamped and ready to send on the night she died.

Letters from older relatives; former landladies just keeping in touch; a casual note from a family friend commenting on an article they had enjoyed. They do not come anymore, or at least, on a far less frequent basis.

The construction of the so-called information highway and gradual passing of the pre-World War II generation confirms a sad fact: We are losing, as a whole, the last crop of Americans who really know how to write a letter.

Why does it seem as if no one under age 70 can write a decent letter?

On the face of it, the answer is simple. Letter writing has been a marked art ever since Alexander Graham Bell connected the first telephone in 1876. If you watch Ken Burns' epic documentary on the Civil War, it seems just a dozen years prior to Bell's invention, even the lowliest Army private on the battlefield could spin together words which were evocative and descriptive.

Letters my grandparents sent to each other as a young couple in the 1920s went on for pages and pages. They were beautifully written. These days, it's different story altogether. I cringe at reading letters from anyone under 20. Syntax is apparently a foreign word.

But letter writing did not plunge into obscurity overnight. Aided by phones and faxes, E-mail and electronic pagers, the hundred plus years since Bell's discovery have led to a change in the way we communicate. The number of people who can convey emotion or even create a simple sentence

that even thank you notes seem to be disappearing?

Does anyone write love letters anymore?

This is an obvious generalization, but even those in my parents' generation write letters that seem more like Western Union telegrams. They invariably leave off pronouns to make sentences like — "Had a great dinner in the restaurant." or "Hope to get back before the snow falls." At least they write, which is more that can be said for my friends.

Many in the generation of post-Baby Boomers say they just feel uncomfortable writing letters. It takes too much time and effort. Picking up the phone, with its sudden illusion of closeness, is obviously easier, but it takes away from the guarded nature of a well-written letter. People will often write what they cannot actually say.

So what is the future of letter writing? Bleak, I'm afraid. Aunt Jean and my grandmother are both gone now. Others of their generation, the last great letter writers, will pass on too. But at least they will leave behind something to remember them by.

We are losing, as a whole, the last crop of Americans who really know how to write a letter.

through the written word gets smaller and smaller every year. It's a simple gift, but one fewer Americans take the time to master these days. For the most part, those of my grandparents' generation began to write out of necessity. They learned the power of a well-turned phrase, the importance of simple language — and it stuck. Everyone since then has been able to pick up the phone. Easy, but perhaps not as effective.

Is it merely a sign of the times

Learn signs of Alzheimer's

Betty Anderson didn't know what to make of her husband, Bob. A college professor, he had become more and more forgetful — absent-minded, she thought at first.

But then he started to ask her the same questions over and over, forgetting her answers and even that he'd already asked the question. He'd get lost driving in the neighborhood and misplace his keys and wallet frequently. Betty began to finish sentences for Bob, who increasingly fumbled for words. She didn't think anything could help Bob or herself.

When informed about symptoms, people can make better decisions about when and where to seek help. That's why the Alzheimer's Association has launched a major educational campaign called "Is It Alzheimer's? Ten Warning Signs."

If someone you love has begun to show several of these warning signs and particularly if the symptoms are getting worse, you should arrange for a thorough examination by a physician:

- Recent memory loss that affects job performance
- Difficulty performing familiar tasks
- Problems with language
- Disorientation of time and place
- Poor or decreased judgment
- Problems with abstract thinking
- Misplacing things
- Changes in mood or behavior
- Changes in personality
- Loss of initiative or enthusiasm

For a copy of "Is It Alzheimer's? Ten Warning Signs" and to locate the chapter nearest you, call 1-800 272-3900.



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Views on DENTAL HEALTH

Dr. Thomas H. Abela, D.M.D.

Dr. Geoffrey B. Edmunds, D.D.S.

Dental Implants

The subject of dental implants is probably the hottest topic in dentistry today. If you are one of many who have trouble keeping your teeth healthy and end up losing most or all of your teeth, you can (in a manner of speaking), have them back. A large number of patients can now be helped with dental implants, some of whom could not have been successfully treated before.

Sometimes dentures just don't cut it! Maybe they're loose, collect food under them, or just plain hurt. If you avoid laughing aloud, smiling or eating in public because your dentures may slip, dental implants may be the treatment of choice.

You may have spaces in your mouth where teeth were lost or removed or never grew in. These spaces may be embarrassing and decrease your chewing ability. Sometimes traditional dental restorations aren't always the best

solution in specific situations. This is where dental implants come into play.

Used successfully for many years, dental implants anchor prosthetic (artificial teeth into your jaw bone to provide a secure, stable fit. Implants can meet your individual needs whether you are missing all, a few, or only one of your teeth.

Look for upcoming articles relating to dental implants. In future articles we will discuss patient evaluation, diagnosis and treatment planning, types of implants, surgical phase, prosthetic phase, implant maintenance and home care.

Prepared as a public service to promote better dental health. From the offices of:

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Make eating right a priority

By Cynthia Manzi, M.S., R.D.

Being nutrition wise and physically active will help keep you healthy through your older years. Eating right should be a priority.

However, there is so much nutrition information floating around out there, how do you know what is right for you?

Whatever your age, the best dietary practices are those that allow you to eat a low-fat, high-complex-carbohydrate, high-fiber, moderate-protein diet.

How do your nutritional needs differ from the younger adult population? The biggest difference between the older adult and the younger is in calories. The older adult needs fewer calories each day to fuel the body.

Nutrient needs do not vary greatly for vitamins and minerals, but now the challenge is to eat all your essential nutrients in fewer calories. You need to be sure to have nutrient-dense foods, such as fruits, vegetables, grains, rice and cereals in your daily diet. You may also find that there is less room for high-calorie nutrient-empty foods such as candy, soft

drinks and desserts. Weight gain can become a concern. This is a very complex issue, but to simplify, if you are gaining weight, you are eating more food (calories) than your body needs.

How does this translate into actual food? Here are some basic guidelines:

- Six to eight servings daily of grains, preferably whole-grain (e.g., a serving is one slice of bread, one ounce of ready-to-eat cereal or a half-cup pasta, rice or other whole grain).
- Three to five serving daily of vegetables, preferably dark green, leafy and deep yellow vegetables (e.g., a serving is a half-cup of cooked vegetables). Avoid added fat in sauces.
- Two to four serving daily of fruit, especially fruits high in Vitamin C (e.g., a serving a one medium apple pear, peach, orange, etc, or a half-cup of 100 percent fruit juice).
- Two to three servings daily of low-fat dairy, like a cup of skim milk or low-fat yogurt or two ounces of low-fat cheese.
- Two to three servings daily of

meat, fish, poultry and protein alternatives. Select lean and low fat items, trim all visible fat before cooking and prepare without adding fat. A serving is three ounces of meat, fish or poultry, a half-cup of beans, lentils or peas, or one egg.

It is also important to drink six to eight glasses of water daily, and limit caffeine and sodium intake.

Exercise is also important. If you are already active, do not stop! If you are inactive, there is no time like the present to begin.

Physical activity can increase muscle strength and metabolism, help maintain bone strength and avoid fractures and improve cardiovascular health. It can also be a great way to spend time with friends. Before beginning an exercise program, check with your physician for any limitations.

Nutritional needs vary from person to person. Many people have changing needs based on medical conditions such as diabetes mellitus, heart disease or kidney disease. Registered dietitians (R.D.) are available to offer more specific nutrition information and design individualized eating plans.

Treating arthritis requires a physician's expertise

About six million Americans say they have arthritis, but have not seen a doctor for care, even though a number of medical treatments and other helpful services are available to make life with arthritis easier and less painful, according to the Arthritis Foundation.

Often people with arthritis simply believe that they can treat themselves as well as a doctor could by taking over-the-counter medications. However, there are many forms of arthritis, and proper treatment depends on which form of arthritis a person has.

"If someone does not seek treatment or depends on self-medication, irreversible joint damage may take place that could be prevented or delayed with proper care," said Arthur Grayzel, MD, the Arthritis Foundation's senior vice president of medical affairs.

Once the specific form of arthritis is identified, a treatment program, most often consisting of medication, rest, exercise and joint protection, can greatly reduce pain and increase use of the joints.

For information about arthritis and services that may help, check your telephone directory for your local Arthritis Foundation chapter, or call toll-free the Arthritis Foundation Information Line at 1-800 283-7800 (Monday - Friday, 9 a.m. - 7 p.m. Eastern Time).

The Arthritis Foundation is the source of help and hope for an estimated 37 million Americans who have arthritis. The foundation supports research to find ways to cure and prevent arthritis and seeks to improve the quality of life.

One in 10 people with arthritis has tried an unproven remedy to relieve the chronic pain, only to suffer sometimes harmful side effects, according to a government survey. The survey conducted by the U.S. Department of Health and Human Services also found that 58 percent of the respondents first learned of an unproven arthritis remedy from well-meaning family or friends.

"Many unproven remedies are not directly harmful, such as copper bracelets or acupuncture," said Arthur Grayzel, MD, senior vice president of medical affairs for the Arthritis Foundation. "But even an unproven remedy that is harmless can be unsafe if it causes you to stop or slow down treatments that control arthritis."

According to the Arthritis Foundation, suspect an unproven remedy if it:

- Claims to work for all types of arthritis.
- Uses only case histories or testimonials as proof.
- Cites only one study or a study without a control group."
- Has no warnings about side effects.

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--Peggy Stedman

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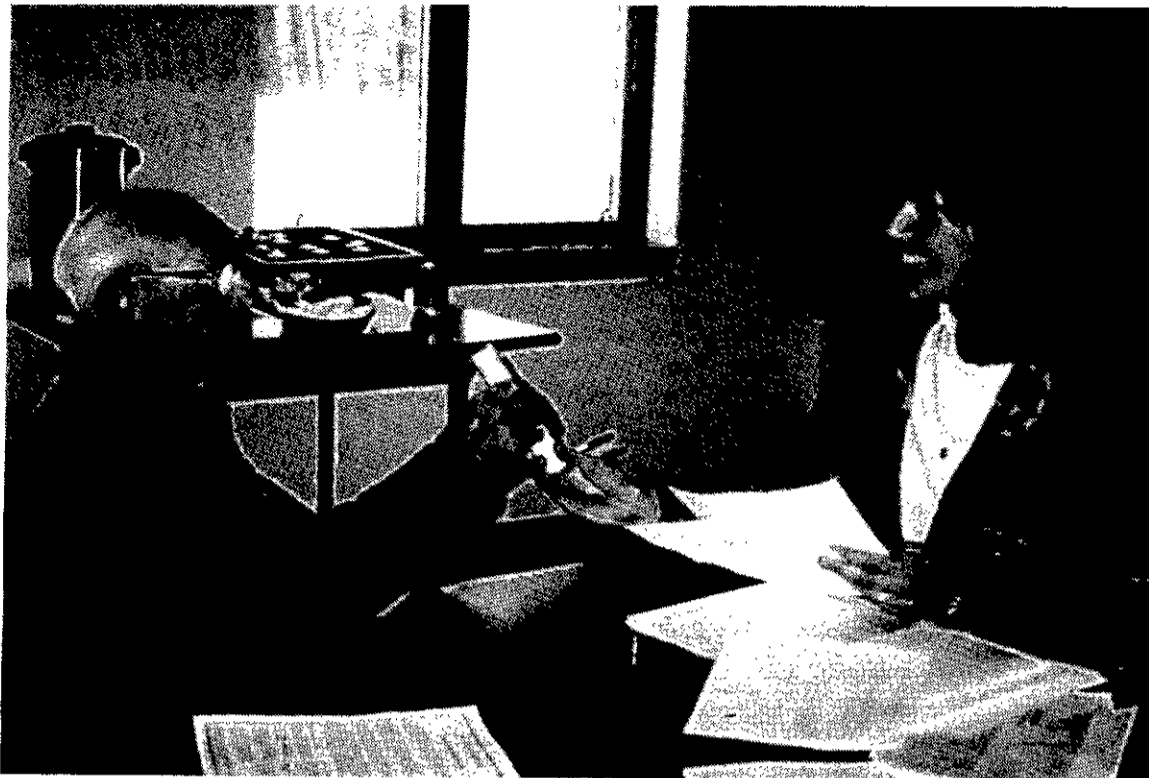
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Bob Spry, left, a resident of Nelson House in Albany, is one of the participants in the Vial of Life program, offered in cooperation with St. Peter's Hospital.

Vial of Life can provide essential info

Advance planning is the key to survival in a medical emergency. Timely life-saving information is now instantly available in case of emergency through a program called the Vial of Life.

This may be just what the doctor ordered in case you are unable to speak when the emergency medical personnel arrive. The vial contains information on your health history, including allergies, medications, even the language you speak.

Recently, Debra McHugh, a registered nurse from St. Peter's Hospital, helped residents of Nelson House in Albany adopt the Vial of Life program. Nelson House makes an ongoing effort to provide residents with current information to assist them in maintaining an independent lifestyle.

This important vial is kept in the refrigerator of many Capital District residences. Also included in the vial is a Health Care Proxy that gives permission for someone close to you to make decisions for you, a Living Will Declaration, and resuscitation orders.

Vial of Life programs are available to the general public through various citizens groups in the Capital Region. For information, contact the volunteer office at St. Peter's Hospital.

For information, contact the volunteer office at St. Peter's Hospital.

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Senior Games offer opportunity for sports competition and fun

A number of active seniors have found New York's State Parks Senior Games a perfect vehicle for whatever their level of fitness or recreational abilities might be.

Now in its 12th year, the games, administered by the state Office of Parks, Recreation and Historic Preservation, and assisted by the state Office for the Aging and the State University of New York, have provided opportunities for men and women, 55 years of age and older, to experience competitive and recreational events in a setting specifically tailored to the older, active citizen.

In addition, the senior games provide a social setting, with a dinner dance featuring "big band" music highlighting the weekend's events.

When the Senior Games began in 1983, 300 competitors showed up to participate. Last year, more than 1200 men and women at-

tended the three-day event and took part in more than 40 sports, clinics and social activities.

Sports are divided into two divisions, competitive and recreational, in order to match the ability levels of the competitors. Within each sport there are five-year age brackets, beginning at age 55, with medals awarded in each bracket for each sport. In the competitive division, athletes have used the Senior Games as a qualifier for the U.S. National Senior Sport Classic, which will be held in San Antonio, Texas, in 1995.

For information, contact the New York State Parks Senior Games, 1 Empire State Plaza, Albany 12208, or call the Senior Hotline at 1-800-342-9871. Deadline for applications will be May 2.

As the motto of the games says, "You don't stop playing because you grow old, you grow old because you stop playing."

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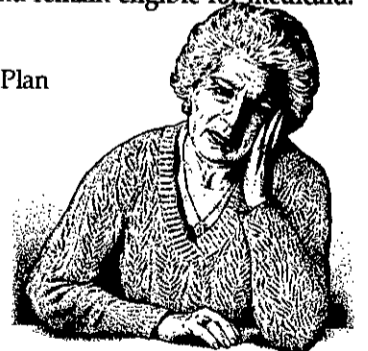
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Drug helps Alzheimer's patients

Approval by the Food and Drug Administration of the first drug treatment for Alzheimer's disease is an exciting and important milestone for the four million Americans who suffer from this incurable brain disease and their family caregivers, according to the Alzheimer's Association.

"Before we had nothing," said Suzanne DeWald, executive director. "Now we have an FDA-approved drug treatment that will provide symptomatic help for some patients with mild or moderate Alzheimer's disease. That potentially enhances their quality of life and helps relieve the stress of their family caregivers."

Tacrine, also called THA, is being marketed by Warner Lambert under the brand name Cognex. It will not cure Alzheimer's disease, and research studies show it benefits only some patients.

"Patients and caregivers are really the best judges of whether the drug benefits them, and the value of any improvement they see," said DeWald. "If the drug only slightly improves a patient's attention or self-confidence, they might consider that a valuable benefit."

The Alzheimer's Association encourages those interested in learning more about Cognex to consult with their physicians about the potential benefits, risks and costs, and then make their own decision about whether to try it.

The Alzheimer's Association is the oldest and largest national voluntary health organization dedicated to Alzheimer's disease, including research to find the cause, treatment and cure, as well as providing help and support for patients and their families.

The association works through 220 chapters in all 50 states and has 35,000 volunteers. The Capital District chapter serves 12 counties in the Capital Region, providing a helpline, support groups and education programs. For information about chapter programs and services, call 438-2217.

Sage offers Elderhostel courses

This spring, summer and fall, the Sage Colleges will host the only Capital District Elderhostel Program, a nationally run residential and academic program designed for seniors who want to continue their education and experience life in college.

The Elderhostel program will run from May 16 to Sept. 18 on the Sage Troy and Albany campuses and will feature a variety of week-long courses.

Liberal arts courses specifically designed for the Elderhostel participants are offered on a non-credit basis with no homework or testing. Most programs begin Sunday evening and end Saturday morning and are limited to 30 or 40 participants.

Seniors typically take three academic classes a day during their week stay. A variety of extracurricular activities are planned during this time, including a graduation ceremony and celebration at the end of the program.

Sage has been a sponsor of the Elderhostel program since 1983 due to the quality of education and variety of courses it offers.

Courses, dates and places for this year's Elderhostel are as follows:

- May 16 to 22: "Glenn Miller:

the Man, the Music, the Era," "Adam's Rib: Images of Women in Film," and "Emily Dickinson: All We Know of Heaven" on the Troy campus.

- June 19 to 25: "Erie Canal: Eighth Wonder of the World," "The Joy of Yiddish Folk Song," and "First Ladies: A Heartbeat Away from the President" on the Albany campus.

- July 10 to 16: "Architectural Treasures of the Capital District," "Computers—The Visual Dimension," and "Planet Earth: The Inside Story" on the Troy campus.

- July 17 to 23: "The Erie Canal: Eighth Wonder of the World," "Matinee: The American Short Story on Film," and "Art in the Healing Process" on the Troy campus; and "The American Shakers," "The Golden Age of the Big Bands: 1935-1945," and "Introduction to New York State Archaeology" on the Albany campus.

- July 31 to Aug. 6: "Hudson River School of Painting," "International Folk Dancing," and "Writing Your Family History" on the Albany campus.

- Aug. 7 to 13: "An Invitation to China," "International Folk Dancing," and "Uncommon Women" on the Troy campus; and "The August Place to Be: Horse Racing

and Saratoga," "Troy Architecture," and "Your Opinion is Needed: Changing Television Programming" on the Albany campus.

- Aug. 14 to 20: "Albany Architecture," "Robert Frost: Promises to Keep," "Hudson River School of Painting," "Native People, Mountain Lions and Lumberjacks," "An Invitation to Japan," and "Planet Earth: The Inside Story" on the Albany campus; and "The American Industrial Revolution," "Adam's Rib," and "Eleanor Roosevelt: Public vs. Private Personae" on the Troy campus.

- Sept. 18 to 24: "Erie Canal: Eighth Wonder of the World," "Glenn Miller: the Man, the Music, the Era," and "Emily Dickinson: All We Know of Heaven" on the Troy campus.

Those interested in attending the Elderhostel program as an overnight participant must register through the Elderhostel office in Boston, Mass., at 617-426-8056.

Commuting senior students should call the Sage Hospitality and Conference Center at 270-2395.

Avoid drug problems

Studies show that people over 65 may be three or more times likely as younger adults to have problems with medications.

Although people over age 65 comprise only 12 percent of the U.S. population, they consume at least one-fourth of all prescription drugs. The elderly appear more likely to misuse medications in part because of the many different medications they often must take.

Seniors taking multiple medications also are at risk for drug interactions, where one drug alters the action of another. One danger is that adverse reactions can mimic diseases that often occur with aging.

To reduce the risk of drug interaction or misuse, seniors should consult closely with their physician about what drugs they are taking and how they are taking them.

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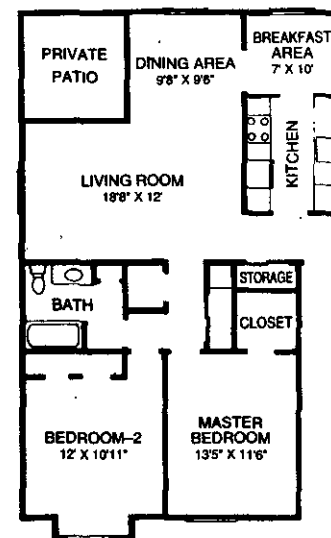
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Highway

(From Page 1)

to join an organization that offers mail service.

While most people hit the road for a year or two, Abbott knows one Midwestern couple for whom the roving life appears to be permanent. The couple has a business selling products at fairs and malls all over the country, and they live in the motor home as part of their business.

'pop-up' before," explained Red Davis.

The 'pop-up,' a collapsible unit on wheels that can be used at a camp site, was useful when the Davis' children were young and the family went camping, he said.

Since his retirement, Davis has used his motor home to attend football games at Giants Stadium, participate in Civil War reenactments, and to explore Maine and New Hampshire. Recently Davis and his brother traveled to Elmira and Scranton, Pa., to research the family's history.

Davis warned would-be RV gypsies to think carefully before purchasing a motor home. "They're expensive, and if you don't use it, it's a waste."

Several organizations can provide information about traveling in RVs. For example, the Good Sam Club, for a \$19 annual fee, provides members with a 10 percent discount at Good Sam parks. Members also receive discounts on gasoline, a magazine and emergency road service.

The toll free number for the club is 1-800-234-3450.

The people who have the money to do this, usually do it in style.

David Abbott

"If they're at a mall or fair or whatever, they can go from the place of showing products back to the RV to take a nap, wash up, have a snack. It's a convenience," as well as a tax write-off, he said.

A brand-new RV costs from \$55,000 to more than \$300,000, and ranges in size from 28 to 45 feet long, Abbott said.

One area couple, Red and Sheila Davis of Delmar, purchased a motor home several years ago.

"We always have thought about getting a motor home. We had a



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Red Davis of Delmar has put quite a few miles on his motor home since his retirement. A Civil War buff, Davis has attended a number of battle reenactments.



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Senior drivers should take extra care

By the year 2020, the number of licensed drivers over age 75 will more than double to 17.5 million.

The growing population of older drivers and the number of auto accidents involving them raise concerns about what can be done to help senior citizens remain safe drivers for as long as possible.

Men over the age of 80 have the highest auto accident death rate of all drivers, and women between the ages of 80 and 84 have motor vehicle death rates equal to teenage girls, even though fewer elderly people have licenses compared with younger groups, and they drive fewer miles.

The rate of fatal auto accidents for both males and females begins to go up at age 65. As people get older, they process information, make decisions and react more slowly, while hearing and vision, especially at night, also decline. In addition, many elderly people take prescription and non-prescription drugs that impair vision, equilibrium, judgment and reaction time.

When older drivers do get into accidents, they are more vulnerable to injury. Federal car safety regulations are geared to protect 5-foot-10-inch, 170-pound men involved in 30-miles-per-hour head-on crashes. But the elderly typically aren't that big and they often get hit on the side. Their short stature may force them to sit close to the steering wheel, which increases the chance of injury from airbag deployments.

Almost half of the accidents involving the elderly occur at intersections, and elderly drivers are more likely than younger ones to be ticketed for failure to yield, improper turns and running stop signs.

To increase highway safety for themselves and others, senior citizens should:

- keep a safe distance from the car in front of them and avoiding

driving during rush hours.

- avoid driving if they are on medication that may affect their skills.

- limit driving in congested areas, or on limited access roads with high-speed traffic and complex interchanges.

- pace themselves while driving by planning shorter trips and taking frequent breaks.

- limit night driving and driving during inclement weather.

- use extra caution when approaching intersections.

Older drivers should also take a defensive driving course specifically designed to help them be aware of the physiological changes that might affect their reaction time, reflexes and other driving-

related skills. Information regarding courses and schools can be found through state driver licensing offices, local chapters of the American Association of Retired Persons or the state chapter of the National Safety Council.

For example, the AARP 55 ALIVE/Mature Driving course increases the awareness of aging as it affects driving, offers compensating techniques, provides a thorough review of the rules of the road and emphasizes defensive driving techniques.

Some insurance companies offer discounts on their automobile policies for people over 50 who have good driving records or who have completed safe driving courses.

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Dievendorf hits 279 to lead Jr. Classics

Bowling honors for the week of March 27 at Del Lanes—

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Sr. Cit. Women: Marilyn Blumberg 202 and 500 triple and Helen Ragotzkie 186 and 471 triple.

Men: Steve Soulis 279; Pete Caruso 685 triple and Bob Bardin 927 four games.

Women: Peg Were 267 and 870 four games and Penelope Simmons 593 triple.

Adult-Junior Men: Roy Raybine 205 and Paul Spagnola 549 triple.

Adult-Junior Women: Mary Brady 210 and Judy Carkner 204.

Boys: Tom Downes 181 and 539 triple and Rich Petri 255.

Girls: Jennifer Preska 572 triple.

Junior Classic: Jeff Dievendorf 279 and 904 four games; Joe Mazuryk 223 and 812 four games; Beth Matthews 214 and 705 four games and Andrea Kachidurian 203 and 727 four games.

Juniors: Chris Williams 193 and 450 triple and Jeremy Noble 215 and 573 triple.

Preps: Nathan Turner 142 and 417 triple; Deanna Dougherty 201 and 478 triple; Brian Lichorowicz 178 and 441 triple and Katherine Duncan 132 and 341 triple.

Bantams: Jeffrey Young 163 and 342 triple and Sara Barba 111

Delmar Dash set for this Sunday

The sixth annual Delmar Dash has been slated for Sunday, April 10, at 9 a.m. at the Elsmere School at 247 Delaware Ave. in Elsmere.

Registration for the five-mile grand prix race begins at 8 a.m. Long sleeve T-shirts will be given out to the first 325 applicants. The start and finish will be the corner of Delaware and Elsmere Avenues in Delmar.

The course records for the mainly flat course, 24:33 for men and 29:04 for women, were set by Tom Dalton in 1989 and Amy Herold-Russom in 1993.

Registration costs \$11 on the day of the race. Call Hank Steadman at 439-9487 for information.

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Parks dep't brings wrestling to kids

By Ted Hartman

The Bethlehem Parks and Recreation Department has sponsored a program which introduces the sport of wrestling to middle school age children.

The inclement weather this year has kept many kids off the ballfields and driveway basketball courts. This program has provided a positive after-school experience for these up-and-coming athletes. The program is run by freshman wrestling coaches John DeMeo and John Sorady with the assistance of BC junior Matt Carotenuto and senior Anthony Genovese, both varsity wrestlers.

A typical session begins with a review of the rules learned on previous afternoons. This is followed by the introduction of two or three new techniques. The new information is then practiced and perfected.

After this learning phase is completed, the wrestlers are al-

lowed to scrimmage each other and use what they have been taught. "We want to introduce kids to wrestling," said DeMeo. "In doing so we try not to put emphasis on winning as much as just giving them a feel for the sport. Kids think wrestling is the W.W.F. (World Wrestling Federation) because of what they see on TV."

The program also gives kids a way to obtain physical fitness. The drills are structured to benefit the cardiovascular system, agility, flexibility, balance and self confidence.

Although the primary objective of having after-school wrestling is to provide a fun activity for children, the wrestling coaches hope that the kids will continue their wrestling careers in high school.

"Being introduced to the wrestling program at this age may increase interest in wrestling for the time when these kids are in high school," DeMeo added.



Freshman wrestling coach John DeMeo leads some children through wrestling drills at the Bethlehem Middle School. The five-week program sponsored by the town Parks and recreation Department ends this week.

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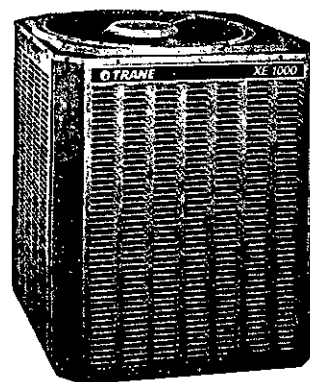
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Southgate

(From Page 1)

to be a home improvements center, although the developers have yet to announce who the tenant would be.

A commercial strip will join the two anchor stores and likely include retail shops, banks and restaurants.

Located on Route 9W about one mile north of its junction with Feura Bush Road, the plaza would encompass 48 acres of a 75.7-acre tract. About 2,700 parking spaces are planned along with extensive green areas that will include trees, landscaping and earthmounds. The developers promise to provide a filtered buffer of the parking area and the shopping plaza.

They also propose country-style architecture that includes gabled roofs, arched-trellis mullions and an earth-tone color scheme.

In the first indication of what Southgate would mean to the local economy, the developers predicted that the center would generate about 500 jobs, 70 percent of which should be full-time.

Karen Bonventre, spokeswoman for a watchdog group called Citizens Monitoring Southgate, declined comment for the time being. She said the group has broken down into three committees to consider the project DEIS. The group's next meeting

is scheduled for Wednesday, April 13, at 7 p.m. at the Bethlehem Public Library on Delaware Avenue.

Planning Board Chairman Martin Barr said it would take some time for the planning department to sift through the DEIS, but that it would try and "move it along." The department, which lost a staffer this year, has numerous projects already on the table, he said.

Along with the jobs created by Southgate, the developers estimate that annual tax revenues to the town would amount to \$757,000, of which \$511,000 would go to the Bethlehem Central School District.

Construction of the shopping center is estimated at about 10 to 14 months.

The tax benefits to the town and the school district would be significant, acknowledged Supervisor Sheila Fuller. But "It's not the only factor," she said.

The developers plan to demolish a mid-19th-century farm building on the property, but are offering to donate the building for off-site preservation if interest is expressed and a plan presented.

Copies of the DEIS are available at the Bethlehem Public Library.

Tae kwon do contests set at Ravena school

The 1994 Adirondack Amateur Athletic Union Tae Kwon Do Championship will be held on Saturday, April 9, at the Ravena-Coeymans-Selkirk High School.

The event, which serves as a qualifying event for the AAU's

National Tae Kwon Do Championship and the Junior Olympic Games, is expected to attract some 400 competitors from around the area.

Admission is \$4 for adults and \$2 for children. For information, call Mike Friello at 439-9321.

Networks

(From Page 1)

schools and community. Should Networks funding dry up, Prenoveau said the organization would most likely look to have its budget underwritten.

"We have to apply for renewal every year, but it's never been like this," she said.

Prenoveau apparently is right to be concerned. Rebecca Gardner, special assistant for health education and health services for the Education Department, said this year the picture looks bleak. "The problem is we just aren't getting the funding. Basically we're getting one-third of the funding needed to fund 11 projects," she said.

Gardner, whose own budget has been slashed by 37.5 percent, said a meeting to discuss what to do about the lack of money for the Networks projects was scheduled today.

"I wish it were different," she said, adding that the "one hope" might be to have the 11 projects compete for the existing funds. "We'll do whatever we can."

Networks' value is that it acts as a kind of "go-between or clear-

inghouse for good ideas about projects for kids," Prenoveau said, adding, "A good definition of my job is to bring out the best in people."

"She has really served as a coordinating bridge between a lot of different groups," said Clarksville Elementary School Principal Cheryl MacCulloch, who oversees Networks activities along with two other project managers.

BC Superintendent Leslie Loomis agreed.

"Networks is a very positive force in our community, coordinating agencies like town government, the school district and local churches," Loomis said. "Continued funding is essential in the ongoing effort to decrease the level of drug and alcohol use among young people in the community."

Networks has sponsored a host of activities involving youth, parents, Bethlehem police and community businesses and residents. Recent projects and activities include: Home Alone workshops (which more than 200 families

attended); Stranger Safety classes for parents of preschoolers; a flier to inform parents of their legal responsibilities in relation to teenage drinking; peer leadership training for middle school pupils; Friday night open basketball at the high school (which on average attracts more than 100 youths); and a mentoring program for middle school children.

"We support anything for kids and community awareness," Prenoveau said.

Networks also has a parenting series and substance abuse prevention video cassettes available for loan. It is also responsible for forming the Bethlehem Community Partnership — representatives of youth, government, athletic, religious, law enforcement and members of the community at large to assist in implementing Network's goals.

"A lot of things she does help make kids make better choices that may have lifelong effects," said Bethlehem Opportunities Unlimited President Holly Billings, who also serves as a program manager for Networks. "She brings groups in the community together."

BCHS room on a one-year basis, noted Superintendent Leslie Loomis. The rental "is very desirable from BOCES' point of view," but may not be available next year as the BC high school population continues to increase.

The public hearing on the budget will be Wednesday, April 13, at 8 p.m. in the district offices at 90 Adams Place. The budget vote will be Wednesday, May 4, from 7 a.m. to 9 p.m. in the gymnasium of Bethlehem Central Middle School, 332 Kenwood Ave.

Also on the ballot will be a \$568,500 proposition for new school buses and a \$1,280,000 proposition to refinance obligations to the Teachers Retirement

System. Neither of those propositions will have an impact on the 1994-95 tax rate, since the payments for the bonds will not begin until the fall of 1995, Zwickbauer said.

In other business, the board accepted the resignation of Patricia Dumont as supervisor of second languages, and then appointed Dumont as a second language teacher.

The board also approved the appointment of Arthur Leder as acting principal of Glenmont Elementary School from April 25 to June 8 while Principal Don Robillard is in England on a Fulbright Exchange.

Spending

(From Page 1)

the high school to BOCES for \$20,000 and estimating the savings from retirements and maternity leaves at \$25,000 in its final adjustments to the package.

Board member Bernard Harvith had suggested exploring a BOCES rental and estimating retirement/maternity leave at the last budget workshop

BOCES would educate a class of high-school-age students in the

THE YOUTH NETWORK

A BETHLEHEM NETWORKS PROJECT

Lab school students to host dinner, auction

Did you read about the Bethlehem Central High School Lab School in the recent edition of *The Spotlight*?

The lab school is having its first-ever fund-raiser on Sunday, April 10, from 5 to 7 p.m.

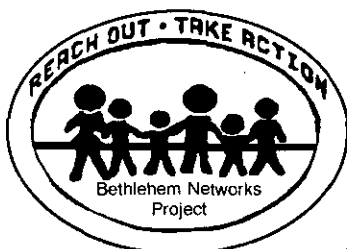
The public is invited to enjoy a pasta dinner prepared by lab school students; staff and parents. The cost is \$6 for adults and \$4 for children under 10.

After enjoying dinner, guests can bid on service items donated by lab school students.

Bid on a dinner cooked and served by students, a spring cleaning, or have your car washed by hand. Lab students will babysit, bake or even sharpen your skis. There will also be door prizes.

Dinner tickets are available in advance at Ben & Jerry's, the Tri-Village Drug Store, Johnson Stationary or the Paper Mill. Tickets will also be on sale at the door. Or come to the high school just to bid on the attractive services performed by students.

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 Friday, 10 p.m.

Upstairs, Downstairs: Cats and Dogs
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May's Miracle
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Mark Hempstead and Eileen Berrin

Berrin, Hempstead to marry

Eileen Marie Berrin, daughter of Elliott and Gloria Berrin of Freeport, Nassau County, and Mark Robert Hempstead, son of Robert and Joyce Hempstead of Latham, are engaged to be married.

The bride-to-be is a graduate of the College of Saint Rose and is working toward a master's degree in reading at the University at Albany. She is employed at the

New York Easter Seal Society Preschool in Albany.

The prospective groom is a graduate of Shaker High School and Syracuse University. He is the composition supervisor for Spotlight Newspapers in Delmar and a freelance illustrator.

The couple plans a June wedding.

Chamberlin, Perry plan May wedding

Linda Kay Chamberlin, daughter of Robert and Judy Chamberlin of Glenmont, and Robert Earl Perry, son of James and Jeanette Perry of Pell City, Ala., are engaged to be married.

The bride-to-be is a graduate of Auburn University and is employed

as a registered nurse at Medical Center East in Birmingham, Ala.

The prospective groom, a veteran of the U.S. Marine Corps, is currently attending Auburn.

The couple plans a May 14 wedding.

Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to 125 Adams St., Delmar 12054.

Dean's List

The following local college students were named to the dean's lists at their respective schools for the fall semester.

Bowdoin College — Emily Church of Delmar, Bartholomew D'Alauro of Glenmont and Matthew Felix of Slingerlands.

Clarkson School at Clarkson University — Abe McAllister of Delmar.

Franklin & Marshall College — Maureen Hogan of Delmar.

Northwestern University — Michael Kagan of Delmar.

SUNY Morrisville — Jennifer Braga of Clarksville.

University of Michigan — Maggie Plattner of Slingerlands.

University of Rochester — Britta Wehmann and Courtney Wilson, both of Delmar.

Births

St. Peter's Hospital

Boy, Benjamin Robert Miller, to Dawn and Robert Miller, Selkirk, March 8.

Boy, Peter Gordon Downey, to Debra and Matthew Downey, Delmar, March 11.

Boy, Michael Jonathan Clawar, to Kathleen and Craig Clawar, Bethlehem, March 13.

Boy, Joshua Steven Peterson, to Alicia and Steven Peterson, Glenmont, March 15.

Boy, Cody Glenn Evans, to Susan and Glenn Evans, Feura Bush, March 16.

O'Connor named top employee

The Good Samaritan Home recently named registered nurse Ruth O'Connor "Employee of the Year" at its second annual Employee Recognition Dinner.

O'Connor was among 12 employees who were named "Employees of the Month" during 1993.

O'Connor has worked at the Good Samaritan Home since 1990.



James Stevens and Linda Reed

Reed, Stevens to marry

Linda Marie Reed, daughter of former Elsmere residents Charles and Jean Reed of Westerlo, and James Arthur Stevens, son of Clayton and Marion Stevens of Pittstown, Rensselaer County, are engaged to be married.

The bride-to-be is a graduate of New Hope Christian Academy. She

is employed as a teller at the Albany Savings Bank branch in Delaware Plaza.

The prospective groom is a graduate of Hoosic Valley High School and is employed as a driver for John Ray & Son in Troy.

The couple plans a May 21 wedding.



Elsmere FD plans pasta repast

The Wanderers Racing Team of the Elsmere Fire Department will sponsor an all-you-can-eat spaghetti dinner on Friday, April 8, at the firehouse on Poplar Drive.

Adult dinners cost \$5, with children ages 5 and over paying \$3. Children under 5 will eat free of charge.

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Receptions
Normanside Country Club, 439-2117. Wedding and Engagement Parties.
Oceans Eleven Restaurant and Banquet House, 869-3408. Wedding and Banquets for 20 to 250 people with a large dance floor.

Invitations
Johnson's Stationery 439-8166. Wedding Invitations, Announcements, personalized Accessories.
Paper Mill Delaware Plaza. 439-8123 Wedding Invitations, writing paper, Announcements. Your Custom order

Obituaries

Elaine Friedman

Elaine Drooz Friedman, 67, of Bethlehem Terrace in Slingerlands, died Friday, April 1, at Albany Memorial Hospital.

She was a lifelong area resident.

She was a graduate of the Milne School, the University at Albany and New York University.

Mrs. Friedman was active in radio and television in the Capital District. She was noted for her show "Fashions on Parade by M. Solomon Furs."

Mrs. Friedman also had owned her own modeling agency at one time.

She had served as assistant director and then director of the Alumni Association at UAlbany. She was instrumental in building the Alumni House.

Mrs. Friedman was a member and past president of the Albany Chapter of Hadassah and a charter member of the NAACP, a member and past president of B'nai B'rith Women.

She was a member of Congregation Beth Emeth, Albany.

She was community relations director for the United Jewish Federation of Northeastern New York and was involved in starting its "Heritage and Destiny" television program.

She was the widow of Robert H. Friedman.

Survivors include a son, Jonathan Drooz Friedman of Coeymans; a brother, Dr. Richard Drooz of New York City; and a grandchild.

Services were from Temple Beth Emeth. Burial was in Beth Emeth Cemetery, Loudonville.

Arrangements were by the Levine Memorial Chapel, Albany.

Helen Walker

Helen Stangle Walker, 53, of Bethlehem died Thursday, March 31, at St. Peter's Hospice in Albany.

She was a lifelong resident of the Albany area.

Mrs. Walker was a homemaker. She was a communicant of St. John's-St. Ann's Church, Albany.

Survivors include a daughter, Mary Lorraine Walker of Troy; three sisters, Katherine Yanko and Patricia Guynup, both of Albany, and Mary Crowley of Ravena; two brothers, George and John Stangle, both of Albany; and two grandchildren.

Services were from the Magin & Keegan Funeral Home, Albany and St. John's-St. Ann's Church.

Burial was in Our Lady of Angels Cemetery, Colonie.

Raimonds Grinmanis

Raimonds Grinmanis, 65, of Glenmont died Tuesday, March 26, in Schroon Lake from injuries he sustained in an automobile accident.

Born in Latvia, he moved to his country in 1949. He worked as a civil engineer for the state Department of Transportation for 25 years before retiring last year.

He was one of the founders of the Albany Latvian Club and the Latvian Folk Dancers of Albany.

Mr. Grinmanis was president of the Albany Latvian Association for 25 years. He was a member of the Albany Elks Lodge 49. He was a communicant of the Latvia Evangelical Church in Schenectady.

Survivors include his wife, Astra Zivers Grinmanis; his mother Vilma Grinmanis of Glenmont; a sister, Biruta Berzins of Ontario, Canada; and a brother, Elmar Grinmanis of Albany.

Services were from the Chicorelli Funeral Home, Albany.

Contributions may be made to the Latvian Memorial Park Cemetery, Elka Park 12427.

Salvatore Genovesi

Salvatore Genovesi, 89, of Font Grove Road in New Scotland, died Tuesday, March 29, at St. Peter's Hospital in Albany.

Born in Barcelona, Italy, he came to this country in 1925. For many years, he worked on the family farm in Slingerlands attending to the dairy herd. He also worked as a groundskeeper for Sacred Heart Convent in Albany for 35 years. He retired in 1970.

Mr. Genovesi was a communicant of Church of St. Thomas the Apostle, Delmar.

Survivors include his wife, Venera Livoti Genovesi; two daughters, Marie Grassucci and Agnes Cicero, both of Slingerlands; a son, Joseph V. Genovesi of Slingerlands; a brother, Dominick Genovesi of Slingerlands; 11 grandchildren; and four great-grandchildren.

Services were from Church of St. Thomas the Apostle. Burial was in Calvary Cemetery, Glenmont. Arrangements were by the Applebee Funeral Home, Delmar.

Contributions may be made to the St. Thomas Memorial Fund, 35 Adams Place, Delmar 12054 or the Voorheesville Ambulance, P.O. Box 238, Voorheesville 12186.

Charles A. Jensen Sr.

Charles A. Jensen Sr., 77, of Selkirk died Wednesday, March 30, at St. Peter's Hospital in Albany.

Born in Maddox, N.D., he moved to the Capital District in

1920.

He was an Army veteran of World War II.

Mr. Jensen was a conductor for the New York Central, the former Penn Central and Conrail railroads.

He was a communicant of the Bethlehem Reformed Church. He was a member of the Sheehy-Palmer Veterans of Foreign Wars Post.

Survivors include his wife, Irene Bagley Jensen; five daughters, Delores Derington of Benton, Ky., Loretta Carkner of Tampa, Fla., Gloria Gagle of Kokomo, Ind., and Ann Jensen and Ellen Jensen; four sons, Norman Jensen and Charles Carkner, both of Albany, Minard Carkner of Selkirk and Charles A. Jensen Jr. of Paducah, Ky.; three sisters, Irene Ainsburg of Albany, Dorothy Joralemon of Ravena and Katherine VanKempen of Selkirk; two brothers, Floyd Jensen of Utica and Kirby Jensen of Albany; 19 grandchildren; and a great-grandchild.

Services were from the Dreis Funeral Home, Albany.

Burial was in Elmwood Cemetery, Selkirk.

Lilah L. Bovee

Lilah L. Bovee, 99, of Herkimer and formerly of Glenmont, died Sunday, March 27, at Valley Health Services in Herkimer.

Born in Kingston, she was a longtime resident of Glenmont before moving to Herkimer in 1990.

Mrs. Bovee was a member of the Eastern Star in Saugerties.

She was the widow of Lavergne L. Bovee.

Survivors include three daughters, Ethelyn Copping of Herkimer, Marjorie Bovee of Albany and Jacqueline Miller of Delmar; a brother, George C. Layman of Rhode Island; two grandsons; and three great-grandchildren.

Services were from the Tebbutt Funeral Home, Delmar. Burial was in Mountainview Cemetery, Saugerties.

Contributions may be made to the Association of Retarded Citizens, Krumkill Road, Slingerlands.

Elmore C. Keenholts

Elmore C. Keenholts, 75, of Guilderland, a Voorheesville native, died Tuesday, March 29, at Albany Medical Center Hospital.

Born in Voorheesville, he had lived in Altamont most of his life. He was a graduate of the former Altamont High School.

He was a yard clerk for the Delaware & Hudson Railway for 37 years, retiring in 1979.

Mr. Keenholts was a member of the Altamont Reformed Church.

Survivors include his wife, Eleanor D. Keenholts; two sons,

Mark W. Keenholts of East Greenbush and Scott A. Keenholts of Guilderland; and three grandchildren.

Services were from the Fredendall Funeral Home, Altamont.

Edward W. Mott

Edward W. Mott, 72, of Delmar died Saturday, March 26, at Stratton Veterans Administration Medical Center Hospital.

A native of Keyport, N.J., he graduated from Newton High School in Queens. He moved to Delmar in 1967.

He was a Navy veteran. Mr. Mott worked for Sterling Winthrop as a supervisor before retiring in 1992.

Survivors include his wife, Helen B. Mott; a son, Gregory J. Mott of Pittsford; two daughters, Eileen Mott of San Jose, Calif., and Meighan Negri of Glenmont; a brother, Bradley Mott; a sister, Leona Fischer; and two grandchildren.

Burial was in Bethlehem Cemetery, Delmar.

Arrangements were by the Applebee Funeral Home, Delmar.

Howard R. Quay

Howard R. Quay, 89, of Delmar died Sunday, April 3, at St. Peter's Hospice in Albany.

Born in Gallupville, he was a lifelong Capital District resident.

Mr. Quay was a self-employed painter and paperhanger since the 1930s.

He was past president of the Bethlehem Cemetery Association for 20 years, and a member of the board of directors of the Bethlehem and New Scotland Insurance Co. for many years. He was a member of the Unionville Reformed Church.

He was husband of the late Margaret Bent Quay.

Survivors include three sisters, Carrie M. Quay and Jenny Quay, both of Delmar and Ruby Hogan of Albany.

The funeral will be Thursday, April 7, at 11 a.m. from the Meyers Funeral Home, 741 Delaware Ave., Delmar. Calling hours will be tonight, April 6, from 6 to 8 p.m. at the funeral home.

Burial will be in Bethlehem Cemetery.

Contributions may be made to St. Peter's Hospice, 315 South Manning Blvd., Albany 12208.

La Leche League meets on nutrition

La Leche League of Delmar, a breastfeeding support group, will meet on Thursday, April 21, at 7:30 p.m.

"Nutrition and Weaning" will be discussed at the meeting.

For information and location, call 439-5254 or 475-0240.



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SPOTLIGHT ON

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Miller leads ASO on musical tour of the galaxy

By Susan Graves

The Albany Symphony Orchestra is embarking on its own version of a magical mystery tour, with something for every conceivable musical taste.

For the traditionalists, the symphony will perform Sibelius' Fifth Symphony on

Friday, April 8, at the Troy Music Hall and Saturday, April 9, at the Palace Theater in Albany. Both performances, at 8 p.m., will feature 18-year-old soloist Orli Shaham, said ASO Music Director and Conductor David Alan Miller.

On Sunday, April 10, the orchestra will soar to new heights — outer space in fact — with "Close Encounters of the Weird Kind" in the Sunday Symphonies II, The Sequel series. The series, which is designed to appeal to the whole family, gives kids a fun introduction to the world of the symphony.

At Sunday's performance, the audience will be expected to be on its toes as Space Captain Dave, donning the latest in extraterrestrial garb, leads the "greatest intergalactic orchestra into outer space."

"We are going to help the Orchs on the

planet Symph," Dave said.

The Orchs, Miller swears, are occupying the bodies of the viola section of the orchestra in an attempt to learn what it means to dance. David Otto's Capital Ballet Company will be on hand to show the evolution of dance from cave dancing to a Bach minuet to a Strauss waltz to a Tchaikovsky ballet to the mambo in West Side Story.

And, Miller said, "The audience will have to dance up a storm," in the hour-long performance that begins at 3 p.m. at the Palace. Miller urges the audience to bring their "dancin' shoes." Tickets are \$10 for adults and \$5 for children.

Miller's magical tour continues the following weekend, April 15 and 16, with the premiere performance of the Dogs of Desire. The first performance of the "multimedia orchestra of the future" will be at the RPI Alumni House on 1301 Peoples Ave. in Troy followed by a Saturday gig at St. Joseph's Auditorium of the College of Saint Rose on 985 Madison Ave., in Albany. The 8 p.m. performances, Miller said, are "perfect for kids (teenagers) who think it's not cool to go to the symphony."

The show, a combination of rock, jazz, pop, classical and grunge, consists of all original compositions. Some arrangements are based on music of Led Zeppelin and Jimi Hendrix. Two female vocalists and a saxophonist will join Dogs of Desire, made up of 16 members of the ASO.

"It's a super rock 'n' roll orchestra that will be complemented by the iEAR Studio from Rensselaer Polytechnic Institute."

Works from Braxton, Ince, Levin, Rolnick and Torke are on the program. Tickets are \$8. Additional performances are scheduled on Friday, April 29, at the Greenwall Music Auditorium at Bennington College (802-442-5401) and on June 10 and 11 at The Kitchen on 512 West 19th St. in New York City (212-255-5793). The performance in Bennington is free.

To join all or any of the ASO tour stops, call the box office at the Palace at 465-4663 or the RPI Alumni house at 276-4778 or Saint Rose at 465-4755.

Sass and brass at Proctor's

Andre Tyson and Danielle Gee, left, are members of the Alvin Ailey American Dance Theater. The troupe, which is known for combining modern, jazz, ballet, Afro-Caribbean and other forms of dance, performs at Proctor's Theatre at 7 p.m. Sunday, April 10. On Friday, April 8, Proctor's Theatre hosts the Canadian Brass at 8 p.m. The quintet plays everything from Bach and Mozart to Gershwin and Dixieland jazz. For tickets to either performance, call the box office at 346-6204 or visit any TicketMaster location.



AROUND THE AREA

**WEDNESDAY
APRIL 6**

RENSSELAER COUNTY

CHORUS REHEARSAL
sponsored by Capitaland Chorus, Trinity Episcopal Church, 11th Street and 4th Avenue, North Troy, 7:30 p.m. Information, 237-4384.

SCHENECTADY COUNTY

SQUARE DANCE
Single Squares of Albany, Ponderosa Hall, Airport Road, Scotia, 7:30 p.m. Information, 664-6767.

RIVER VALLEY CHORUS MEETING
Glen Worden School, 34 Worden Road, Scotia, 7:30 p.m. Information, 355-4264.

**THURSDAY
APRIL 7**

ALBANY COUNTY

PRINTING HOUSE CRAFTSMEN
Capital District Club, Laura DesEnfants of Mohawk Paper Mill will speak on "Color Trend in the 90's," Crossgates Restaurant, Washington Avenue Extension and Rapp Road, Albany, 6 p.m. Information, 783-8941.

ALCOHOL INFORMATION PROGRAM
"Does Alcohol Affect My Health?" presented by Dr. Lynda Karig Hohmann, Medical Director of St. Peter's Addiction Recovery Center, Woman's HealthCare Plus, 2093 Western Ave., Guilderland, noon to 1 p.m. Information, 452-3455.

"ETHICS IN SOCIETY"
forum moderated by Chris Kaposztosy of NewsChannel 13 with a panel of experts in religion, education, politics and business, College of Saint Rose Saint Joseph Hall Auditorium, 985 Madison Ave., Albany, 7 p.m. Information, 454-5136.

"BROWN BAG LUNCHEON"
sponsored by the Capital District Chapter of American Women in Radio and Television, a question and answer session with a panel of professionals for local college students planning careers in communications, Cooton Hill Studios, Inc., 18 Walker Way, Albany, noon to 1:30 p.m. Information, 869-1968.

AD CLUB
1993-94 Distinguished Service Award dinner to honor Jay Silverman, Albany Marriott, Wolf Road, Colonie, 6 p.m. Cost, \$30. Information, 237-3825.

THE QUEST
a contemporary, systematic study of spiritual principles, Unity Church, 725 Madison Ave., Albany, 7 to 9 p.m. Information, 475-9715.

FARMERS' MARKET
corner of Pine Street and Broadway, Albany, 11 a.m. to 2 p.m. Information, 272-2972.

SENIOR CHORALE
Albany Jewish Community Center, 340 Whitehall Road, Albany, 1 p.m. Information, 438-6651.

SENIORS LUNCHESES
Albany Jewish Community Center, 340 Whitehall Road, Albany, 12:30 p.m. Information, 438-6651.

CONCERNED FRIENDS OF HOPE HOUSE
meeting, support group for families of substance abusers, Child's Nursing Home auditorium, 25 Hackett Blvd., Albany, 7:30 p.m. Information, 465-2441.

RENSSELAER COUNTY

RCHS TOUR
"Highlight Tours of the Maps in the RCHS Research Library," tour of 19th and 20th century Rensselaer County maps and atlases, Rensselaer County Historical Society, 59 Second St., Troy, 12:15 to 1 p.m., 5:15 to 6 p.m. and 6:15 to 7 p.m. Information, 272-7232.

**FRIDAY
APRIL 8**

ALBANY COUNTY

HOMOEOPATHY CLASS
continued Friday, April 15, class on homeopathy for children's illnesses, Simple Gifts and Rainbow Camp association, 20 Elm St., Albany, 7 to 9 p.m. Cost, \$40. Information, 465-0241.

FUNDRAISER/FASHION SHOW
"A Stroll into the Past," sponsored by the Zonta Club of Albany to benefit the Next Step, Inc., Albany Country Club, Warner Road, Albany, Cost, \$25. Information, 274-2924.

"ARTFUL LOOK" GALLERY TOUR
"Style Follows Function: The Architecture of Marcus T. Reynolds," Albany Institute of History and Art, 125 Washington Ave., Albany, 12:15 p.m. Information, 463-4478.

FERTILITY SEMINAR
St. Peter's Hospital, 315 South Manning Blvd., Albany, 7 to 8 p.m. Information, 458-2644.

SHABBAT EVENING SERVICE
"The Popularization of the Holocaust" to be discussed, B'Nai Shalom Reform Congregation, 420 Whitehall Road, Albany, 8 p.m. Information, 482-5283.

SPOTLIGHT

By Martin P. Kelly

Gershwin's Porgy and Bess plays at Palace Thursday

While George Gershwin is best known for breezy musical comedies and some of our best-known ballads, he had aspirations of doing classical work.

Besides writing a concerto and some symphonic work, he achieved a meld of the classical with musical comedy in his famed *Porgy and Bess*.

This tragic story of African-Americans in the deep south has endured for the past sixty years.

A touring production of this monumental work plays at the Palace Theater Thursday, April 7, with a cast of operatic singers and a full orchestra and staging.

Gershwin, who died in his late thirties, blended the folk lore of a culture with the rhythms and melodies of popular music in an operatic form as no other American composer did before him or since. Leonard Bernstein attempted it in *Candide* but did not succeed in writing as popular a vehicle as Gershwin did before him.

Summertime, It ain't Necessarily So and *Bess, Yo' Is My Woman Now* are only a few of the songs which have become standards since the show first opened in the 1920s.

This production of *Porgy and Bess* features singers who have sung with the leading opera companies of the country and who have banded together for this tour.

Reservations and information are available at 465-4663.

Opera Excelsior presents La Boheme at the University at Albany this weekend

A new production of *La Boheme*, Giacomo Puccini's melodramatic opera about a star-crossed love affair between a struggling writer and a tubercular seamstress, will be presented Thursday through Sunday (April 7-10) at the Recital Hall in the Performing Arts Center at the University at Albany. This is a revival of work by Opera Excelsior, an Albany-based opera company using local singers for its productions. The company gives a number of its performers an opportunity to sing. For example, the role of Mimi will be shared in alternate performances by Debbie Rocco, Corine Salong and Gisela Montanez, all opposite one Rudolfo, Leonard Earle.

The role of Musetta, the Queen of Montmartre, will be shared by four singers, Sherri Strichman, Mary-Francis Miller, Joanne Reagan and Maureen Monroe.

The landlady will be sung by Nancy Wozny.

The company's new artistic director, Neil Gould, has staged this production in the jewel box of a theater at the university's Performing Arts Center. This theater permits the singers to perform without amplification and in a setting that evokes the 19th century.

Reservations for *La Boheme* are available at 587-8356.

John Osborne's Luther offered by Theater Voices this weekend

A staged reading of John Osborne's *Luther* will be presented by Theater Voices of Albany Thursday through Sunday at the Albany City Arts Building at Chapel and Orange Streets.

The drama, done in a reading by actors who use some props and movement, deals with the rebellion of the priest Martin Luther whose struggle with his church led to the Reformation and the establishment of the religion that bears his name.

For Osborne who was known as the 1960s "angry young man of English theater," *Luther* was a departure. Although, the role of Luther had much of the anger of Osborne's contemporary characters, the play permitted him to go back into history and develop some pageantry and scope to his drama.

The reading is being directed by Doug de Lisle and features Steven O'Connor in the title role. Admission is free. Performances are Thursday through Saturday at 8 p.m. and Saturday and Sunday at 3 p.m.

Around Theaters!

Sight Unseen, new play at Capital Repertory Company in Albany through May 1 (462-4534) ... *Sweeney Todd*, the Stephen Sondheim musical at Russell Sage College through April 16 (270-2000).



Martin P. Kelly

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Photo: Lynn Finley

The Spotlight **CALENDAR**

WEDNESDAY APRIL 6

BETHEHEM

ZONING BOARD OF APPEALS
town hall, 445 Delaware Ave.
information, 439-4955.

BINGO
Blanchard American Legion
Post, 16 Poplar Drive, 7:30 p.m.
Information, 439-9819.

YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office,
Elm Avenue Park, 9:30 a.m. to
noon. Information, 439-0503.

WELCOME WAGON
newcomers, engaged women
and new mothers, call for a
Welcome Wagon visit, Monday
to Saturday, 8:30 a.m. to 6 p.m.
information, 785-9640.

TESTIMONY MEETING
First Church of Christ, Scientist,
555 Delaware Ave., 7:30 p.m.
Information, 439-2512.

BETHEHEM LIONS CLUB
Normanside Country Club,
Salisbury Road, 7 p.m.
Information, 439-4857.

BETHEHEM ELKS LODGE 2233
Route 144, Cedar Hill, 8 p.m.
Information, 767-2886.

SOLID ROCK CHURCH
evening prayer and Bible study,
1 Kenwood Ave., 7 p.m.
Information, 439-4314.

ONESQUETHAU CHAPTER, ORDER OF THE EASTERN STAR
Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

BETHEHEM BUSINESS WOMEN'S CLUB
Normanside Country Club,
Salisbury Road, 6 p.m.

NEW SCOTLAND VOORHEESVILLE ZONING BOARD OF APPEALS
village hall, 29 Voorheesville Ave., 7 p.m. Information, 765-2692.

NEW SCOTLAND SENIOR CITIZENS
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING
First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

AL-ANON MEETING
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 477-4476.

MOUNTAINVIEW EVANGELICAL FREE CHURCH
evening service, Bible study and prayer, Route 155, Voorheesville, 7:30 p.m.
information, 765-3390.

FAITH TEMPLE
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

THURSDAY APRIL 7

BETHEHEM RECOVERY, INC.
self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office,
Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

CLASS IN JEWISH MYSTICISM
Delmar Chabad Center, 109 Eismere Ave., 8 p.m.
Information, 439-8280.

BETHEHEM SENIOR CITIZENS
town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

BETHEHEM LUTHERAN CHURCH
Bible study, 10 a.m., Creator's Crusaders, 6:30 p.m., senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328.

AA MEETINGS
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m.
Information, 489-6779.

NEW SCOTLAND "MANAGING WORK AND FAMILY"
workshop led by Tanya Wilkins of Cornell Cooperative Extension, Voorheesville Public Library, 51 School Road, 7 p.m. Information, 765-2791.

FAITH TEMPLE
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

LEGAL NOTICE

TOWN OF NEW SCOTLAND LEGAL NOTICE
Notice is hereby given to the Residents of the Town of New Scotland that members of the Planning Board of the Town of New Scotland will be available to consider comments regarding the Comprehensive Land Use Plan (Town Master Plan).

Planning Board members will be at Town Hall, Rt. 85 (New Scotland Road), New Scotland, New York on April 16, 1994, between the hours of 9:00 o'clock AM and 12:00 o'clock Noon and on April 19, 1994 between the hours of 7:00 o'clock P.M. and 9:00 o'clock P.M.

DATED: March 25, 1994
Robert Stapf
Chairman, Planning Board
(April 6, 1994)

TOWN OF NEW SCOTLAND PUBLIC HEARING
Notice is hereby given to the Residents of the Town of New Scotland that members of the Planning Board of the Town of New Scotland will hold an informational meeting for review of the Comprehensive Land Use Plan (Town Master Plan). Said meeting will take place on the 13th day of April, 1994 beginning at 7:00 o'clock P.M. at the Clayton A. Bouton Junior/Senior High School Auditorium, Route 85A, Voorheesville, New York.

DATED: March 25, 1994
Robert Stapf
Chairman, Planning Board
(April 6, 1994)

"A CONNECTICUT YANKEE IN KING ARTHUR'S COURT"
presented by the drama club of the Clayton A. Bouton Junior-Senior High School, Route 85A, 8:15 p.m., \$4.50, \$3.50 senior citizens and students.
Information, 765-3314.

FEURA BUSH FUNSTERS
4-H group for ages 8 to 19.
Jerusalem Church, Feura Bush, 7 to 8 p.m.

LEGAL NOTICE
mas Shen must be filed with the Clerk of the School District, 90 Adams Place, Delmar, New York, not later than 4:30 p.m., EDT, April 4, 1994.

TAKE FURTHER NOTICE THAT votes will be taken upon the following:

1. Upon the appropriation of the necessary funds to meet the estimated expenditures of said Bethlehem Central School District and authorizing the levy of taxes therefor;

2. For the election of the members of the Board of Education of said Bethlehem Central School District, two (2) for a full term of three (3) years, all commencing July 1, 1994, to fill vacancies caused by the expiration of the terms of William Collins and Lynne Lenhardt;

3. Upon the appropriation of the necessary funds to meet the estimated expenditures of said Bethlehem Public Library and authorizing the levy of taxes therefor;

4. For the election of one trustee to the Board of Trustees of said Bethlehem Public Library, for a full term of five years commencing July 1, 1994, to fill the vacancy caused by the expiration of the term of Dr. Thomas Shen;

5. Upon the appropriation of \$568,500 to purchase ten (10) buses of the Bethlehem Central School District and authorizing the levy of taxes therefor.

6. Upon the appropriation of \$1,280,000 for the payment of amortized amounts outstanding for Teacher Retirement System contributions for the 1988-89 fiscal year and authorizing the levy of taxes therefor.

NOTICE IS ALSO GIVEN that applications for absentee ballots for voting on these propositions may be applied for at the office of the School District Clerk, 90 Adams Place, Delmar, NY 12054. A list of all persons to whom absentee ballots shall have been issued will be available in the office of the School District Clerk, between the hours of 8:00 a.m. and 4:00 p.m. on each of the five days prior to the annual election on May 4, 1994, except Saturdays and Sundays, and such list will also be posted at the polling place on May 4, 1994.

Franz Zwicklbauer
School District Clerk
March 4, 1994
(April 6, 1994)

PUBLIC NOTICE OF SALE
Sale of the following vehicles will take place on Friday, 4/8/94, at Neenan's Garage, 90 Industrial Park Rd., Albany, N.Y. 12206 at 9:00 a.m.: 1987 Hyundai (I.D. #KMHLF21J9HU236886) owned by Myrna Lopez; 1986 BMW (I.D. #WBAAE6405G1705381) owned by Tiada Payne; 1985 Isuzu (I.D. #JAACL14A8F0710650) owned by Raphael Alexander; 1983 Suzuki (I.D. #JSIGP51A0D2103857) owned by John Coonley, Sr.
(April 6, 1994)

TOWN OF NEW SCOTLAND PUBLIC NOTICE
Notice is hereby given that the Planning Board of the Town of New Scotland, New York, will hold a public hearing pursuant to Section 4.404 of the Zoning Ordinance on the following proposition:

Special Use Request No. 354 Request of Joseph Cataldo for a Special Use Permit to allow for the construction of a two family dwelling being a Special Use of Article II Section 2.403 for property owned by Joseph Immediato situated as follows: on the east side of the cul-de-sac on Salem Court in the L.D.R. District.

Said hearing will take place on the 12th day of April, 1994 at the New Scotland Town Hall begin-

FRIDAY APRIL 8

BETHEHEM Q.U.I.L.T.
Quilters United in Learning Together, United Methodist Church, 428 Kenwood Ave., 9:30 a.m. Information 283-0522.

LEGAL NOTICE
ning at 7:10 o'clock P.M.
Dated: March 30, 1994
s/Robert Stapf
Chairman, Planning Board
(April 6, 1994)

PUBLIC NOTICE OF HEARING BEFORE THE PLANNING BOARD
Notice is hereby given that the Planning Board of the Town of New Scotland, New York, will hold a public hearing pursuant to Article 3.202 of the Subdivision of the Town of New Scotland as follows:

Subdivision Request No. 69 Request of Paul E. Hite for the approval of the Preliminary and Final plat for a subdivision, owned by the Estate of Robert Allen known as the Allen Farm Subdivision, into four parcels.

Situated as follows:
In the "R.A." District, bordering Diamond Hill, Bullock, Spore and Orchard Hill Roads.

Said hearing will take place on the 12th of April, 1994 at the New Scotland Town Hall beginning at 7:00 o'clock P.M.

Dated: March 30, 1994
s/Robert Stapf
Chairman, Planning Board
(April 6, 1994)

PUBLIC NOTICE OF HEARING BEFORE THE PLANNING BOARD
Notice is hereby given that the Planning Board of the Town of New Scotland, New York, will hold a public hearing pursuant to Article 3.202 of the Subdivision of the Town of New Scotland as follows:

Subdivision Request No. 70 Request of Peter Baltis (Athens Associates) for the approval of the Preliminary plat for a subdivision, owned by the Lapes Group, known as Palisades Heights, into 77 parcels.

Situated as follows:
On N.Y.S. Route 85, west of Helderhill Road at the former Indian Ladder Drive-in site.

Said hearing will take place on the 12th day of April, 1994 at the New Scotland Town Hall beginning at 7:20 o'clock P.M.

Dated: March 30, 1994
s/Robert Stapf
Chairman, Planning Board
(April 6, 1994)

TOWN OF BETHLEHEM NOTICE OF PUBLIC HEARING
Notice is hereby given that the Planning Board of the Town of Bethlehem, Albany County, New York, will hold a public hearing on Tuesday, April 19, 1994, at the Town Offices, 445 Delaware Ave., Delmar, New York, at 7:30 p.m., to take action on the application of Slingerlands Hollow Co., A New York Partnership, Albany, N.Y., for approval by said Planning Board of an seventeen (17) lot subdivision, property located on the east and west sides of North St., approx. 900 ft. north of its intersection with Hudson Ave. and on the north and south sides of North St. Ext. for a distance of approx. 1800 ft. westerly from its intersection with North St., as shown on map entitled, Map of Proposed Subdivision, "McCORMACKS HOLLOW, Property of Slingerlands Hollow Co., A New York Partnership, North Street, Town of Bethlehem, County: Albany, State: New York," dated October 1, 1992, revised 1/3/94 and Paul E. Hite, PLS, Delmar, N.Y., on file with the Planning Board.

Martin L. Barr
Chairman, Planning Board

NOTE: Disabled individuals who are in need of assistance in order to participate in the public hearing should contact David Austin at 439-4131. Advance notice is requested. (April 6, 1994)

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NOTICE OF ANNUAL ELECTION THE BETHLEHEM CENTRAL SCHOOL DISTRICT OF THE TOWNS OF BETHLEHEM AND NEW SCOTLAND COUNTY OF ALBANY, NEW YORK

NOTICE IS HEREBY GIVEN that the annual election of the inhabitants of the above named school district will be held in the upper gymnasium of the Bethlehem Central Middle School, 332 Kenwood Avenue, Delmar, New York, on Wednesday, May 4, 1994, between the hours of 7:00 a.m. and 9:00 p.m. EDT.

The Board of Education will present for consideration the school district budget for the period of July 1, 1994 to June 30, 1995. Copies of said budget may be previewed by any inhabitant of the district during the fourteen (14) days immediately preceding the annual election, except Saturdays and Sundays, between the hours of 8:30 a.m. and 4:30 p.m., EDT at the Educational Service Center, 90 Adams Place, Delmar, New York, and the office of the elementary schools, the Middle School, and the High School of the district.

The trustees of the Bethlehem Public Library will present for consideration the public library budget for the period July 1, 1994 to June 30, 1995. Copies of the budget may be obtained at the reference desk of the library.

PLEASE TAKE FURTHER NOTICE that a public hearing to discuss the proposed budget will be held on the 13th day of April, 1994 at the Educational Services Center located at 90 Adams Place, Delmar, New York at 8:00 p.m.

Petitions nominating candidates for the Board of Education for a full term of three (3) years commencing July 1, 1994, to fill the vacancy caused by the expiration of the terms of William Collins and Lynne Lenhardt; and petitions nominating candidates for the office of trustee for the Bethlehem Public Library for a full term of five (5) years commencing July 1, 1994, to fill the vacancy caused by the expiration of the term of Dr. Tho-

REAL ESTATE CLASSIFIEDS

REAL ESTATE FOR RENT

2 & 3 BEDROOM apartment, Glenmont, kitchen with all appliances, living room, dining area, lots of closets, gas heat and central air-conditioning, washer/dryer hook-ups, close to shopping, \$625+, 439-1962.

2 BEDROOM APT., immaculate neighborhood, \$640 per month; dining room, rear porch, storage bins, garage, air-conditioning, gas heat, 482-4200.

2 BEDROOMS, \$495 plus utilities; 1 bedroom, \$425 plus utilities, Feura Bush, call 427-7995.

APARTMENT, heated, 1 bedroom, kitchen, bath, living room, parking, 439-5350, evenings.

CHARMING 1 bedroom apartment in restored farmhouse, beautiful grounds, \$525 plus utilities includes trash pick-up, lawn mowing and snow plowing. Pagano Weber Inc., 439-9921.

CHERRY ARMS: Delmar, 2 bedroom, 1 bath, den, laundry, storage. Snow/trash removal. No pets, lease, security, \$690-\$720 including heat, hot water and air-conditioning, 439-4606.

GLENMONT, 3 bedrooms, \$825+, den, full basement, garage, 439-5763.

DELMAR: \$700; 2 bedroom, cathedral ceiling, balcony, eat-in kitchen, living room, dining room, 439-8347.

COMMERCIAL RETAIL/professional office spaces in Delmar and Glenmont. Call today for information on sizes and prices. Pagano Weber, 439-9921.

HUDSON AVE., Delmar, 2nd floor, two bedrooms, porch, garage, \$525 plus utilities, 439-0981 weekdays; 439-9232 evenings.

STOREFRONT/OFFICE up to 675 sq. ft. @ \$7.50, ground level, parking, 427B Kenwood Ave., Delmar, 439-0981 weekdays.

VOORHEESVILLE, \$395, 1 bedroom apartment, heat and hot water included, private home, 765-2166.

REAL ESTATE FOR SALE

40'x36'x15' HIGH QUONSET style building, one open end. Was \$6,965. Will sell for \$3,965. Still in crate, 1-800-292-0111.

ADIRONDACK MOUNTAINS. Build your dream cabin in the mountains, 10 wooded acres, quiet town road, 15 minutes to Gore Mountain Ski area, low taxes, \$14,500. Barbara Stolen Real Estate, Chestertown, N.Y., 494-4771.

BEAUTIFUL PRIVATE island in mile wide Hudson, 100 miles NYC. Auto causeway to mainland, 2 bedroom all year home, all conveniences, move-in condition, also summer quest cottage, boathouse, etc., \$295,000. Gristmill Realtors, (914)246-3200.

COME ON DOWN TO sunny, secluded North Orlando. Four active manufactured home communities, lakes, golf courses (convenient) amenities, Disney area. New homes from \$19,900. Call collect for free video or information, (407)880-1212, Monday - Saturday, 10 a.m. - 5 p.m.

FOR SALE BY owner. Clifton Park townhouse (exit 8). Large fenced-in corner lot with deck, vaulted ceilings, spacious fully applianced kitchen, 2 bedrooms with a full bath, living room with washer and dryer hook-ups, 1 car garage with opener, 383-6576. Asking \$95,000.

LAND FOR SALE near Lake Placid, New York. 33+ lovely wooded acres with 500' on little salmon river. Sold in '88 for 20K. Deeded back. First \$17,950 with \$500 down. Other properties available, all sizes. Owner finance 10 years. Call 481-5263.

NEWLY LISTED retail/commercial building in growing retail area. Suitable for many uses, \$168,000. EXCELLENT PROFESSIONAL/retail building with ample parking and great visibility in Glenmont, \$158,000. Pagano Weber Inc., 439-9921.

FLORIDA, Disney, \$399 weekly. Tropical resorts, 10 minutes from Disney, luxury two bedroom condo/pool, fully equipped. A home away from home! Call now, 1-800-723-1184.

SUNNY FLORIDA. Naples/Marco island, 4 luxurious retirement manufactured home communities near beach and golf. Homes from \$39,900. Call for free information package, 1-800-428-1313, 10 a.m. - 5 p.m., Monday - Saturday. YOU CAN OWN your own home! No down payment on miles materials, attractive construction financing. Call Miles today, 1-800-343-2884, ext. 1.

VACATION RENTAL

CAMP WITH 51 ACRES fully insulated 24' x 24' two bedrooms, porch, unfinished addition, trails, great hunting, snowmobiling, x-c. \$49,900. Barbara Stolen Real Estate, Chestertown, N.Y. 518-494-4771.

CAPE COD VACATION home, Eastham, sleeps 4, \$525/week, 462-3471.

CAPE COD, Brewster. 2 houses, 4 cottages on 2 wooded acres, 1 mile from bay, beach, perfect for quiet times and family reunions, 1-800-399-2967.

CONCORD CONDO/DISNEY vacation. On CNN and CBS as best family lodging, minutes from Disney, full kitchen, cable, pool, more. From \$69/night. Free information, 1-800-999-6896.

COZY CAMP, Friend's Lake, 1 1/2 hours from Albany, sleeps 6-8, 1 1/2 baths, sun porch, loft for kids, 2 bedrooms, row boat, fireplace, \$575/week. Call evenings, 439-1633.

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MYRTLE BEACH, oceanfront, 2 bedroom, 2 bath, fully furnished, great vacation spot for families. Call 785-1130.

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RHODE ISLAND shore, 2 bedroom home close to beaches, marina, tennis, \$525/week. Call 439-7925.

NORTHERN LAKE GEORGE: Log Cabins, fireplaces, jet tubs, romantic weekend. All winter sports. Gameroom. Call/write brochure. Trout house village resort, Hague, N.Y. 12836. 1-800-368-6088.

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\$699 down. 180 at \$150 or \$13,995. New 14 wide 2 bedroom. Call (802)247-3880, Fairlane Mobile Homes, Rt 7, Brandon, Vt. MOBILE HOME refinancing available now! Fixed rates, no application fees. For mobile homes on land, in park or leased land, call TSC Funding, 1-800-637-9559.

ROOMMATE WANTED

HOUSE MATE wanted, male/female. Professional woman with 2 dogs wishes to share her private/furnished home in Clifton Park. Seeking age 35-45, clean, neat, quiet, non-smoker, no pets. Your complete monthly expense, \$650. Business #, 371-5383.

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FAMILY LOOKING to rent 3-4 bedroom house in Delmar. Call Scott or Karen, 887-5633.

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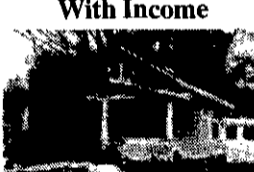
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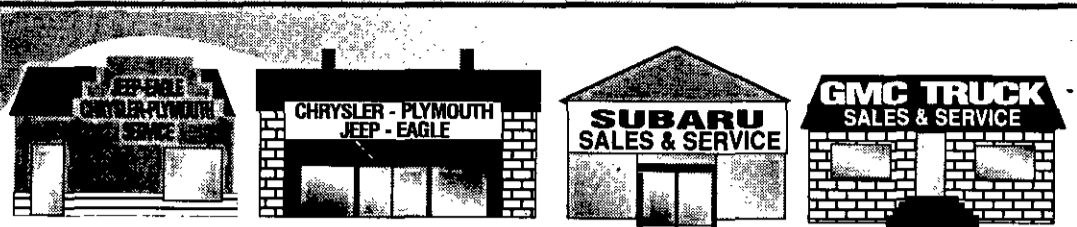
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John Clayton - 756-7626
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| <p>'90 FORD F-150 Pickup, 302 V8, Automatic, Air Cond., Boards, XLT Lariat, Tilt, Cruise, P.W., P.D.L., Leer Cap, 78,687 Miles. NOW \$8,995</p> | <p>'91 GMC C-2500 CLUB Coupe, 8' Box, 350 V8, 4 Speed, A GOOD FARM TOW VEHICLE! 60,651 Miles, Air Cond. NOW \$13,500</p> | <p>'91 CHEVY C-1500 Pickup, V6, Automatic, AM/FM, 8' Box W/Liner, 87,326 Miles. NOW \$7,495</p> | <p>'89 FORD BRONCO Full Size, Red/Cream, Only 35,840 Miles, Look This One Over! NOW \$13,500</p> | <p>'92 CHEVY C-1500 W/T, 8' Box, Automatic, V6, Cassette, Box Liner, 24,704 Miles. NOW \$11,995</p> |
| <p>'92 GMC C-1500 Pickup, 8' Box, 305 V8, 5 Speed Trans., Air Cond., Dark Blue Finish, 27,237 Miles. NOW \$12,995</p> | <p>'92 FORD BRONCO (FULL SIZE) XLT 302 V8, Automatic, Air Cond., P.W., P.D.L., Tilt, Cruise, Deluxe Two-tone, 32,710 Miles. NOW \$18,995</p> | <p>'89 PLYMOUTH VOYAGER 7 Passenger, Automatic, Air Cond., Stereo, Just 54,000 Miles. NOW \$8,995</p> | <p>'92 CHEVY S-10 Pickup, 7 1/2' Box, Full Cap, 4.3 V6, Automatic, Tahoe Package Only 6,509 Miles. NOW \$9,995</p> | <p>'92 PLYMOUTH VOYAGER 7 Passenger, Automatic, Air Cond., P. Steering & Brakes, V6, Stereo, Only 36,000 Miles. SPECIAL!! NOW \$12,995</p> |
| <p>'93 MAZDA B2200 Pickup, ONLY 9,313 Miles, 4 Cylinder, 5 Speed, Radio. NOW \$7,995</p> | <p>'90 JEEP WRANGLER Soft Top - Convertible, 6 Cylinder, Automatic, Air Cond., Dark Blue, 65,965 Miles. NOW \$10,495</p> | <p>'89 PLYMOUTH VOYAGER 7 Passenger, V6, Automatic, Air Cond., Power Windows & Locks, Cassette, Tilt & Cruise, 53,000 Miles. READY TO ROLL! NOW \$9,990</p> | <p>'93 CHEVY S-10 Pickup, 7 1/2' Box, Tahoe Package, 4.3 V6, Automatic, Blue & Gray Finish, 4,314 Miles. NOW \$10,495</p> | <p>'92 PLYMOUTH VOYAGER 7 Pass., V6 "Gold Package" Air Cond., Sun Screen Glass, Cruise & Tilt, Cass., Alloy Wheels, Only 32,000 Miles. NOW \$14,995</p> |
| <p>'94 DODGE RAM 1500 4x4, Only 917 Miles, V8, Automatic, Stereo NOW \$20,495</p> | <p>'89 PLYMOUTH VOYAGER 7 Passenger, Automatic, Air Cond., 4 Cylinder, Clean, 84,000 Miles. PRICED TO MOVE!! NOW \$6,995</p> | | | |

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BUSINESS DIRECTORY

Support your local advertisers

APPLIANCE REPAIR
Joseph T. Hogan
Appliance & Electric Service
756-9670

For only **\$24.90 a week** your Spotlight ad in this space would reach over **20,000 readers** of **The Spotlight**

ARCHITECT
GARY J. GULICKSON
ARCHITECT
RENOVATION • RESTORATION
HOUSE ADDITIONS A SPECIALTY
CODE REVIEW
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For less than **\$10 a week**, \$8.30 to be exact, your Spotlight ad could be here.

CONTRACTORS
MISTER FIX-ALL
All Types of Repairs
Specializing in the Bethlehem Area
Senior Citizens Discounts
Dependable & Reasonable
20 Years Experience - Free Estimates
Call 439-9589 - Ask For Tony Sr.

CONTRACTORS
GEERY CONST.
Additions • Garages
Decks • Remodeling
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For only **\$16.60 a week** your ad in this space would reach over **20,000 readers** of **The Spotlight**

CONTRACTORS
JV CONSTRUCTION
• Roofing • Kitchen - baths
• Carpentry • Porches - decks
• Painting • Siding
• Additions • Finish Basements
• Garages
COMPLETE INTERIOR REMODELING
861-6763
Fully Insured Free Estimates

ELECTRICAL
GINSBURG ELECTRIC
All Residential Work - Large or Small
FREE ESTIMATES
Fully Insured • Guaranteed
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For only **\$25 a week** your ad in this space would reach over **45,000 readers** of the three **Spotlight Newspapers**

EXCAVATING
GUDZ EXCAVATING AND TRUCKING
Foundations, Sewerline
Septic Systems, Drain Lines
Lots and Ponds Cleared
Sand, Stone, Gravel
Snowplowing
Fully Insured
767-3080 OR 495-2953

FLOOR SANDING
FLOOR SANDING & REFINISHING
Wood Floor Showroom & Sales
Professional Service for Over 3 Generations
Commercial • Residential
• RESTORATION • STAIRS
• WOOD FLOORS • NEW & OLD
M&P FLOOR SANDING
351 Unionville Rd., Feura Bush, NY
439-5283

For only **\$16.60 a week** your ad in this space would reach over **20,000 readers** of **The Spotlight**

BUSINESS DIRECTORY

Support your local advertisers

FURNITURE REPAIR

CAPITAL DISTRICT FURNITURE RESTORATION

Repairs • Refinishing • Restoration
Antique • Modern • Architectural

434-7307
453 North Pearl, Albany, NY 12204
Wayne Wettersstein



HANDYMAN

GREG'S HANDYMAN SERVICE

Painting Interior/Exterior
Carpentry - Home Repairs
Sr. Senior Discounts Free Estimates

767-2045

For only
\$24.90 a week
your ad
in this space
would reach over
20,000 readers
of
The Spotlight

HOME IMPROVEMENT

Manzella Remodeling and Repair

efficient and meticulous work,
done with an eye to your needs

Insured **446-5809**

HANDYMAN, 15 years
experience in carpentry,
plumbing, electricity,
Reasonable rates. Big or small jobs.
If not fixed, no charge

Call **459-6324**, evenings

For only
\$25 a week
your ad in this space
would reach over
45,000 readers
of the three
Spotlight Newspapers

FREE Estimates Insured

BILL STANNARD
CONTRACTORS • 768-2893
RD. 1 Delmar, N.Y. 12054

Masonry and Carpentry
New and Repairs
Concrete • Block • Brick • Stone
Roofing • Decks • Garages etc.

VIKING
HOME REPAIR &
MAINTENANCE, LTD.

- Home Improvements • Minor Repairs
- Interior Painting • Kitchen & Baths
- Plumbing & Electrical • Decks

FREE ESTIMATES • FULLY INSURED
439-6863

Your Spotlight ad in
THE SPOTLIGHT
in this space
would cost only
\$8.30 a week

HOME IMPROVEMENT

WINTER STORM DAMAGE

Roofs, Gutters, Windows &
Ceilings Repaired.
Free Insurance Estimates
For Bethlehem Residents

475-0936

C.L. HUMMEL CONSTRUCTION, INC.
Clifford L. Hummel

25 Years Experience

ALL PHASES OF NEW
HOME CONSTRUCTION/ADDITIONS
Custom Remodeling,
Renovation, Restoration,
Custom Kitchen and Baths

SENIOR CITIZENS DISCOUNTS
(518) 767-9653

For only
\$16.60 a week
your ad in this space
would reach over
20,000 readers
of
The Spotlight

Robert B. Miller & Sons
General Contractors, Inc.

For the best workmanship in
bathrooms, kitchens,
porches, additions, painting, decks
& ceramic tile work or papering at
reasonable prices call

R.B. Miller & Sons
25 Years Experience **439-2990**

INTERIOR DESIGNS

Beautiful WINDOWS
By Barbara

Draperies • Bedspreads
Drapery Alterations
Your fabric or mine

872-0897

KENNELS

Treat Your Pet Like Royalty
Make Your Reservations Now



...for all your pets needs
PROFESSIONAL GROOMING WITH A UNIQUE TOUCH

577 Route 9W • Glenmont Route 9W • Coxsackie
432-1030 731-6859

LANDSCAPING

- We Plan It.
- We Install It.
- We Guarantee It.
- We Maintain It.

Free Estimates
Dwayne Reed
Certified Nurseryman

Crystal Greens Landscaping
663-5257

LANDSCAPING

CASSIDY LAWN CARE

A Professional Maintenance Service

Spring Cleanups
Dethatching
Lawn Mowing
Lawn Repairs

Free Estimates
Fully Insured
Local References

CALL
(Office) **439-9313** or
(Workshop) **768-8073**

COLORADO LANDSCAPING

— LANDSCAPING —
All Horticultural Needs Met
Tree Planting, Spring Cleanup,
Lawn Maintenance

Call Tim **439-3561**

HORTICULTURE UNLIMITED LANDSCAPING

SPRING CLEAN UP
POWER RAKING
Landscape

- Design
- Maintenance
- Construction

— Since 1977 —
Organic Methods
Brian Herrington **767-2004**
"A Complete Professional Service"

For only
\$16.60 a week
your ad in this space
would reach over
20,000 readers
of
The Spotlight

LANDSCAPING

MITCHELL'S PROPERTY MAINTENANCE

- Mowing • Raking & More

439-3315 Fully Insured

DELMAR LAWN CARE

- Spring Cleanups
- Lawn Dethatching
- Lawn Mowing
- Fertilizing
- Rototilling

475-1419
Keith Patterson

LAWN MOWER/BICYCLE REPAIR

MEYERS BICYCLE & LAWN MOWER CENTER

At Home Repairs/Service
Pickup & Delivery

Call **439-5966** 24 Years Experience

MASONRY

HERITAGE MASONRY & STONEWORK

3rd generation mason

- New Construction and Restorations
- Custom Steps, Walks, Patios and Walls
- Fireplaces and Chimneys
- Foundation Repairs
- Plaster Repair

Full Insurance
767-2993
Residential & Commercial

ODD JOBS

ODD JOBS You Need Done?

ODD JOB - Much fun!
No one to do it?
I'll help you thru it!
Clean - Wash - Rake
Shop - Organize - Etc.

LET GEORGE DO IT!
Call **439-7571**

PAINTING

GIL FLANSBURG

Custom Painting,
Paperhanging & Plaster
Interior - Exterior

22 Yrs. Reliable Exp. in Capital District
439-2348 Slingerlands, N.Y.

R.A.S. PAINTING

QUALITY WORK AT
REASONABLE RATES

FREE Estimates
Interior-Exterior

Fully Insured
Staining & Trim Work

439-2459 • 432-7920
Ask for Rich

JACK DALTON PAINTING

EXTERIOR/INTERIOR
FREE ESTIMATE-REFERENCES
INSURED

475-9464 439-3458

Noland's Painting

- **SPRING SPECIAL** -
15% OFF • 20% OFF for Seniors

Over 10 Years Experience
463-5866
Fully Insured References

VOGEL Painting Contractor

Free Estimates

- RESIDENTIAL SPECIALIST
- WALLPAPER APPLIED
- DRY WALL TAPING

Interior — Exterior
INSURED
439-7922

PAINTING

Painter Services

PAINTING • WALLPAPERING
CLEANING • SHEET ROCKING
TAPING • POWER WASHING
OFFICE MAINTENANCE

WATER-DAMAGED CEILING
Member of Bethlehem
Chamber of Commerce

439-0886

S & M PAINTING
Interior & Exterior

Painting Wallpapering
FREE ESTIMATES
INSURED • WORK GUARANTEED

872-2025

PAINTING/PAPERING

C CASTLE

Painting
Papering
Plastering

35 Years Experience
Free Estimates
BEN CASTLE

439-4351

PAVING

CAMPBELL BROS. PAVING

Residential - Commercial
New Construction - Resurface - Driveways
Parking Areas - Tennis Courts - Seal Coating

FREE Estimates **479-3229**

PET CARE

Cornell's Cat Boarding

767-9095

Heated • Air Conditioned
Your choice of food
Route 9W, Glenmont
Reservations required
Eleanor Cornell

PLUMBING

WMD Plumbing

Michael Dempf
475-0475

Home Plumbing Repair Work
Bethlehem Area

Call JIM for all your plumbing problems

Free Estimates • Reasonable Rates
439-2108

REMODELING/REPAIR

REMODEL • REPAIR
FREE ESTIMATES

Jack of all Trades
463-2036

REMODELING

Remodeling By
STEVEN CARBERRY

Kitchens • Baths

Built in
Bookcases

475-1135

ROOFING

Roofing
by
Brian Grady

We Specialize
in Re-roofing of
Residential Homes

Many References
439-2205
Licensed Insured

ROOFING SPECIALIST

Quality Roofing...
At a Fair Cost

All Phases
of Residential Roofing

WHITNEY & RYAN
GENERAL CONTRACTORS

439-3506 439-3623
Fully Insured • Free Estimates
• Many References

SUPREME ROOFING
KEVIN GRADY

Residential Roofing
Free Estimates

439-1515
10 years serving our community

TAXISERVICE

Short Form Long Form
BOB'S TAX SERVICE

Over 25 Years Exp.
Professional • Confidential • Reasonable
FREE Pick Up & Delivery - Delmar Area

439-9559
Small Business Rentals

TREE SERVICE

Sandy's Tree Service
Since 1977

FREE ESTIMATES
FULLY INSURED
459-4702

WALLY'S TREE SERVICE

Winter Specials
• Safe • Reliable
• Cost Efficient

Local References **767-9773**

Regular Classifieds
Continued From Page 23.

BOXING LESSONS

REDUCE BODY FAT, increase strength and quickness, intense workout, 475-1697.

BUSINESS OPPORTUNITY

A MILLIONAIRE'S CLUB. If you are ready to change your physical and financial future and earn a large income, call Dr. Franklin, 1-800-640-3062.

FINANCIAL OPPORTUNITY OF the 90's. Be your own boss. Earning potential unlimited. Start making money now! Serious inquiries only. Call recorded message, (313)691-0650.

PROVEN PROFITS. New communications business opportunity offers unlimited residual income potential and long term security, \$35 investment, (800)252-2655.

CAREER OPPORTUNITIES

INTERESTED IN A career in real estate? Call Roberts Real Estate, 439-9906.

THINKING ABOUT A CAREER in real estate? Noreast Real Estate is looking for enthusiastic, people oriented individuals who give attention to detail. Competitive compensation package with full time support services. Modern office in Main Square. Call Peter Staniels for details, 439-1900.



CHILDCARE

CHILDCARE FOR 3 children, 10 hours a week, flexible hours, weekdays, 439-7585.

CLEANING SERVICE

EXPERIENCED WOMAN wants weekly house cleaning job, Delmar area, 439-9108.

HOUSE CLEANING: Reasonable, reliable, references, 452-8082.

SQUEAKY CLEANING, environmentally safe, experienced, reliable, references, reasonable rates, 279-9678.

WILL DO HOUSE cleaning, excellent references, 4 hours, \$45, 489-1900.

FINANCE

TIRED OF collecting a monthly payment? We buy privately held mortgages. Receive all cash now. No fees, fast closing, highest prices paid! Capital Investments, (800)743-1380.

Spotlight
Automotive
Classifieds
Work for
You!

Phone in your
classified
439-4940

COOLEY
MAZDA

We're Closer Than You Think! Only 9 Minutes From Albany!

Spring Sell-Out
Why Pay More Later?

On All Remaining 1993 Miata's

Save **\$2,000*** on the Best Selling Sports Car in the World

(4 to choose from) At this price you can stop dreaming and start driving.
*Offer ends 4/11/94

AUTHORIZED MAZDA AND VOLKSWAGEN DEALER
From Albany Exit 7 off I-90 east. Left Washington Ave. to Rte. 4, left on Rte. 4, 1/2 mile to dealership. Or 2 miles south of Hudson Valley Community College.

283-2902

YOUR CHOICE

Choice 1
5 speed, A/C, Stereo
Cassette, Dual Airbags
\$198⁹⁸*
MSRP 15,340

1994 JETTA GL'S

Excellent Selection

Choice 2
5 speed, A/C, Stereo
Cassette, Sunroof
\$179⁶⁵*
MSRP 15,390

Other Equipment Available At Similar Savings

48 month-closed end lease, 12,000 miles per year, 10 per mile average. Capitalized cost reduction 1,000.00. Choice 1 total payments equal 9,551.48, residual value 7,976.80. Choice 2 total payments equal 8,623.20 residual value 7,695.00. Both choices require 1st month and refundable security at delivery. Applicable sales tax and motor vehicle fee due at lease inception. Customer responsible for abnormal wear and tear.

Capital Cities
IMPORTED CARS
Rt. 9W, So. Glenmont • 463-3141

Automotive

Orange Ford

introduces
the All New
1995 Ford
Mini Van

WINDSTAR
LX

Now In Stock!
Many to Choose From

The New Windstar features:

- Dual-Air Bags
- Front Wheel Drive
- 4 Wheel Anti Lock Braking System
- 7 Passenger Comfort
- Automatic Transmission, 3.8 Liter V6
- 5 mph Front & Rear Bumpers
- Exceptional Ride & Handling
- Large Cargo Volume
- Childproof Lock on Sliding Door
- Power Locks with Cargo Area Lock Switch

Come in and see the van
America's been waiting for!

Orange Ford

799 Central Ave., Albany
489-5414

FIREWOOD
ALL HARDWOOD: 5 face cords, \$200; 1 cord, \$125. Seasoned firewood, \$75 a face cord. Also want standing timber, 767-2594.

FOUND
TIMEX WATCH, black strap, vicinity of Kenwood Ave. near St. Thomas School, Delmar. Call 439-6968.

FURNITURE REPAIR/REFINISHING
FURNITURE REPAIR/refinishing. Touch-ups, 20 years experience, Kingsley Greene, 756-3764.

GARAGE SALES
DELMAR: 85 Orchard Street (near corner of Union), Delmar, 4/4/94, 9 a.m. - 2 p.m. Many items, bumper pool table, weight bench, ladies small sized clothing, chandelier and stereo, etc. Rain date, 4/16/94.

FLEA MARKET
VILLAGE WIDE GARAGE sale and flea market, June 11 & 12, Ballston Spa, N.Y. Booth space available. Contact M. Meyer, 885-8393, 4 p.m. - 9 p.m. or leave message anytime.

ESTATE SALES
ESTATE SALE: Friday and Saturday, April 8 & 9 from 9 a.m. - 3 p.m. both days. Mahogany dining room set, new double mattress set, Hammond organ, wheelhorse tractor. Furniture, tools, kitchenware, clothing and coats, larger sizes, 13 Heldervue Ave., Slingerlands.

HANDYMAN
HANDYMAN: Painting, plumbing, electrical. No job too small. Call 437-1913. Leave message.

HEATING
SYSTEMS FOR HOME OR BUSINESS. Super efficient, warm, safe, significant savings from day 1. Easy install. Smart Home 438-4772.

HELP WANTED
A PART-TIME job with 35,000 for college. With the New York Army National Guard you can earn over \$35,000 for college and serve where you go to school, while you go to school. Working as little as one weekend a month and two weeks each summer, you can earn over \$16,750 in salary, a 2,000 cash bonus, \$6,400 from the Montgomery G.I. Bill and get up to \$10,000 in student loan payments. Call us at 1-800-647-7420.

ACCOUNTS PAYABLE, answering phones, data entry and general office work, experience helpful, 462-6731, Phyllis.

AUTO DISMANTLER for salvage yard, experience preferred. Dunston Bros. Inc., 768-2205.

BOOTH RENTAL available, full-time, \$100/week, 439-2508 or 869-5405, after 7 p.m.

DRIVERS: Come for the money, stay for the stability. J.B. Hunt, one of America's largest and most successful transportation companies, pays its drivers some of the best salaries in the business. Inexperienced drivers, call 1-800-845-2197. Experienced drivers, call 1-800-368-8538. J.B. Hunt, the best run for the money. EOE. Subject to drug screen.

DRIVERS: New OTR and northeast shorthaul opportunities. No slip seating, excellent pay, benefits, home weekly in shorthaul. Call anytime, Burlington Motor Carriers, 1-800-JOIN-BMC. EOE.

EASTERN LONG ISLAND. Sales/field help for retail farm. Ideal for college students or young adults. Room, board, salary. Apply to Summer Job, Box 111, Bridgehampton, New York 11932 or (516)537-1377, include phone #.

FULL AND PART-TIME help, McDonald's, \$4.50 - \$5/hour. Management positions also available, 785-0275.

FULL-TIME LANDSCAPE laborer, \$6-\$8/hour, driver's license and reliable transportation required, experienced only. (References). Delmar area, 861-7267.

GIRLS WANTED from N.Y., Mass. & Vermont, between 7-19 to compete in this year's 5th annual 1994 Albany pageants. Over \$20,000 in prizes and scholarships. Call today, 1-800-PAGEANT x1426 (1-800-724-3268).

LANDSCAPER, full-time immediate opening, call Pat McKeough, 439-0206.

MODELS: Producer seeks new faces for TV commercials, magazines, fashion and film extras. For appointment call (212)645-8400, 12 p.m. - 6 p.m.; King Productions, 150 Fifth Avenue, Suite 831, New York, N.Y. 10011.

OWNER-OPERATORS: Would you like to be home most nights? We have terminal pay, free permits for safe driving. Call Gregg Libby/Truck One, 1-800-777-8782.

POSTAL JOBS: \$12.26/hr. to start plus benefits. Postal carriers, sorters, clerks, maintenance. For an application and exam information, call (219)736-4715 ext. P5709, 9 a.m. - 9 p.m., 7 days.

SEASONAL POSITION, sign shop/construction supply, production, shipping, receiving, maintenance etc. \$5 per hour. Replies to Box 386, Glenmont, New York 12077.

THERAPISTS: PT, PTA, OTR, COTA, full-time and part-time positions available throughout New York State. Excellent salary and benefits. Regional Rehabilitation, 1110 Western Ave., Albany, New York 12203, 438-5366.

HORSEBACK RIDING LESSONS
LEARN THIS GREAT sport at any age in a beautiful, convenient country setting. Call Horsehabit, 756-3754.

LANDSCAPING
SPRING CLEAN-UPS, lawn preparation, raking and debris removal, drainage, walks and retaining wall work. Scheduling 374-1744.

LAWN CARE
GARDEN TILLERS. Rear-tine. Troy-bilt tillers at low direct from the factory prices. For free catalog with prices and special savings now in effect, call toll free 1-800-922-4600, dept. 13

LAWN MOWERS
LAWN MOWER REPAIR. Spring tune-up special, blades sharpened, etc., 456-8803.

TUNE-UPS NOW. Bicycles, riding mowers, your home or free pick-up. convenience and pricing your advantage. Scheduling 374-1744.

LOST
GOLD ROOSTER pin, Delaware Ave. or Adams Place, Delmar. Reward, 439-4574.

MISCELLANEOUS FOR SALE
ELECTRIC TRAINS, K-Line O Scale, rolling stock and accessories, HO and N sets, 439-3639.

HONDA LAWN tractor, 13 HP, 38 inch deck, 478-0607.

LAWNBOY 21" rear bag mower, excellent condition, \$90, 433-8384.

LOST LICENSE, for sale, #2 U-haul, hitch and ball. Was \$150. Selling \$80, 439-3561.

NEW!! 40 games in 1 cartridge for your Nintendo. Not available in stores. Immediate delivery. Visa or money orders, \$59.95, 1-800-663-6389.

STEEL ROOFING and siding for houses, barns, shops. Extremely attractive, amazing strength, color guaranteed, 20 years experience. Low cost, easy installation, fast delivery, free literature, (717)656-1814.

SUNQUEST WOLFF tanning beds. New commercial home units from \$199.00. Lamps, lotions, accessories. Monthly payments as low as 18.00. Call today, free new color catalog, 1-800-462-9197.

MUSIC
STRING INSTRUMENT REPAIR. Bow rehairing. Instruments bought and sold, 439-6757.

PAINTING/PAPERING
QUALITY DECORATING, 30 years experience, fully insured. Residential, commercial, interior and exterior, wall paper hanging, painting, maintenance repairs and power washing houses. Local references. Decorating problem? Let Tom Cur-III! Call 439-4156.

WANT TO CHANGE the colors of the rooms in your home? Hire a man with 15 years experience in painting, wallpapering etc. Call today for free estimates and prompt, professional service. Bruce Hughes 767-3634.

PERSONAL
ADOPT: A caring white couple wants to give your newborn a loving, secure home. Let's help each other. Expenses paid. Please call Janet/Sal at 1-800-850-1985.

ADOPTION ON YOUR MIND? Know your rights. Call for a free copy of the "Birth Parent's Bill of Rights." Your privacy will be respected, 1-800-321-5683.

ADOPTION: A FULL TIME mom and loving Dad await your newborn in home filled with love and happiness. Call Carol & Steve, 1-800-864-3994.

ADOPTION: Happily married couple reaching out for newborn infant. We offer loving home in beautiful community. Legal and medical bills paid, 1-800-361-2372.

PETS
DOGS/PUPPY obedience with behavior modification classes, your home, private professional. No problem too tough. Love, understanding and respect of your pet is #1 with us, 29 years experience. We care. Appointment only. Business #, 371-5383.

PIANO TUNING
THE PIANO WORKSHOP: complete piano service; pianos, music, gifts, antiques, 11 Main St., Ravena, 756-9680.

PIANO TUNING & REPAIR
PROFESSIONAL PIANO tuning and repair, Michael T. Lamkin, Registered Piano Technician, Piano Technician's Guild, 272-7902.

RUBBISH/JUNK REMOVAL
WE HAUL AWAY anything. Good Riddance, 1-800-428-5292 for free estimates.

SPECIAL SERVICES
LPN: Private duty available, knowledgeable in all facets of nursing care, 29 years experience, dependable and very caring, Monday - Saturday, 371-5383.

WANTED
OLD BOOKS, PAINTINGS, frames, civil war letters, Albany Print Club prints, travel posters, obsolete stock certificates, any older hand-written papers, Dennis Holzman 449-5414 or 475-1326, evenings.

FACT!


LED LIGHTS FOR TRUCKS

...to boost our used car inventory... We're prepared to give you the best possible trade allowance on your car towards a quality new or used car or truck.

1. **FACT!** Orange Motors has been selling cars & trucks for over 77 years.
2. **FACT!** The average person on our sales staff has over 12 years of professional sales experience.
3. **FACT!** Part of our salespeople's pay plan is based on our customer service index.
4. **FACT!** Ford has 5 of the Top Ten Selling New Vehicles and we carry over 500 of these, plus over 125 used cars.
5. **FACT!** Orange Motors was #1 in Total New Vehicle Sales in the NY Region in 1992.
6. **FACT!** If we don't have a New Vehicle that suits you **WE'LL GET ONE.**
7. **FACT!** We offer a free Life Time Oil & Filter Change with the purchase of a New Vehicle.
8. **FACT!** We have our own Oiler Lube Center.
9. **FACT!** Ford Motor Credit has the best 2 year lease plan available and all our programs are tailored to this area.
10. **FACT!** Orange Motors has over 30 licensed mechanics in service.
11. **FACT!** Orange Motors has over 30 service bays for general repair, body and heavy truck repairs.
12. **FACT!** 23 of our technicians are ASE Master Technicians.
13. **FACT!** Last, but not least, if you are interested in prices, we'll meet or beat any lower exact price on any comparable or better Ford vehicle.

Price doesn't Sell Cars - Facts Do

799 Central Ave. Albany 489-5414

 **Orange Ford**