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# MADRID



# STUDENT GUIDE!

The insider's guide to experiencing the city

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Secret city / Young designers / Best of the barrios / Top 10 artworks / Beautiful getaways  
/ 20 great things to do in the city / Where to taste 'tortilla de patata'...

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# Here & now

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## Welcome to Madrid

**WELCOME TO THE CITY** where in one way or another we're all foreigners. Welcome to a city that greets everyone with open arms, where you can make friends when you go out at night or when you buy your bread each morning at the local market. Welcome to the city of fresh air, city parks with places to sit and cool statues, with cycle lanes that cross the barrios, and bars where you and your friends can have a beer out on the terrace all year round. Welcome to the good-weather city, where the sun shines almost every day and umbrellas live at the back of the wardrobe. Welcome to a city packed with art and culture from all over the country, with fantastic museums and tempting galleries, open-air music festivals and markets. Welcome to the city of tasty treats like the squid baguette and the famous *callos* stew. Welcome to your city. ■ *Marta Bac*

To find out more: [timeout.com/madrid/things-to-do](http://timeout.com/madrid/things-to-do)



## THREE TOP TIPS

Essential things to do for city lovers

### Dance!



Puri is Madrid's top party girl. Hidden behind her vintage shop, is the hottest clandestine club for decadence and fun: **Medias Puri**. Plaza Tirso de Molina, 1.

### Eat!



Pad Thai, ramen, baozi, tall tables and neon lighting. If you're a fan of Asian street food, don't miss the trendy **Cortezo Yatai Market**. Doctor Cortezo, 8.

### Escape!



Brainpower and a good team are all you need to get out of the escape room. Can you beat the 60-minute **Fox in a Box** challenge? Infantas, 25.

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# MAD Calendar

Unmissable events  
(Dates subject to change)



**SEPTEMBER**

<b>09</b> <b>Dcode</b> <b>Music</b> One of Madrid's biggest festivals	<b>30</b> <b>Madrid Student Welcome Day</b> <b>Social</b> Activities for newly arrived students	
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**OCTOBER**

<b>02</b> <b>Architecture Art Week</b> <b>Art</b> Discover Madrid's most impressive buildings	<b>19</b> <b>The Taste Market</b> <b>Food</b> Haute cuisine tapas at the Palacio de Cibeles	<b>19</b> <b>Tapapiés</b> <b>Food</b> Tapas tour around the Lavapiés district
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## DON'T MISS!

**Mercedes-Benz Fashion Week Madrid.** The best designers show their collections **SEP 14-19**

**The Drums.** Indie-pop band play their popular songs for an atmospheric concert **SEP 14**

**NOVEMBER**      **DECEMBER**

<b>01</b> <b>JAZZMADRID</b> <b>Music</b> International jazz festival with concerts in dozens of venues	<b>19</b> <b>Dance Madrid</b> <b>Dance</b> Top national and international companies	<b>25</b> <b>Christmas</b> <b>Traditions</b> It's time for holidays, lights and presents		<b>31</b> <b>San Silvestre Valleccana</b> <b>Sport</b> The popular road race sees out the year
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**JANUARY**      **FEBRUARY**

	<b>17</b> <b>Fitur</b> <b>Tourism</b> Huge international tourism fair	<b>20</b> <b>Gastrofestival</b> <b>Food</b> Great foodie fest with loads of activities	<b>09</b> <b>Carnival</b> <b>Party</b> Costume up and take to the city's streets	<b>21</b> <b>ARCOmadrid</b> <b>Art</b> Contemporary art fair
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**MARCH**      **APRIL**

<b>29</b> <b>Holy Week</b> <b>Traditions</b> Processions and national holidays to mark Easter	<b>21</b> <b>The Night of Books</b> <b>Books</b> Evening events and discounts in bookshops	<b>22</b> <b>Rock 'n' Roll Madrid Marathon</b> <b>Sport</b> Madrid's best known marathon and half marathon		<b>29</b> <b>DocumentaMadrid</b> <b>Cinema</b> Documentary film festival
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**MAY**

	<b>02</b> <b>Surge Madrid</b> <b>Theatre</b> Festival of small 'off' theatre productions	<b>04</b> <b>Mutua Madrid Open</b> <b>Sport</b> Spain's only tennis Masters 1000 event	<b>15</b> <b>San Isidro</b> <b>Traditions</b> Feast day of Madrid's patron saint	<b>15</b> <b>Flamenco Madrid</b> <b>Dance</b> Flamenco festival held across several venues
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## DON'T MISS!

**Brunch In The Park.** Food trucks and electronic music in the open air every Sunday **JUN**

**Mulafest.** Annual festival of trends, tattoos and urban art at Ifema **JUN**

**JUNE**

<b>25</b> <b>Madrid Book Fair</b> <b>Literature</b> Dozens of book stalls set up in El Retiro	<b>28</b> <b>La Latina Pincho Week</b> <b>Food</b> Snacks and drinks in La Latina	<b>30</b> <b>PhotoEspaña</b> <b>Art</b> Extensive photography festival		<b>28</b> <b>Pride</b> <b>LGBTI</b> Parade and culture to celebrate diversity
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**JULY**      **AUGUST**

	<b>01</b> <b>Summer in the city</b> <b>Culture</b> Open-air music, dance, art and film all summer long	<b>12</b> <b>Mad Cool Festival</b> <b>Music</b> Madrid's biggest music festival	<b>01</b> <b>San Cayetano and San Lorenzo</b> <b>Traditions</b> Saints' day celebrations around the city	<b>15</b> <b>Verbena de la Paloma</b> <b>Traditions</b> Local celebrations in the neighbourhood of La Latina
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## Dedicated cycle lanes or sharing the road?

We compare the best routes to cycle round the city

### Bikes on the road, just another road user

Cycling has become more and more popular in Madrid over the last few years. Whether travelling to work or enjoying a weekend ride, countless people use this sustainable and healthy mode of transport every day. And although the city's dedicated cycle lanes have encouraged many locals to take up cycling, there are areas where roads are not wide enough, or the street design makes it unsuitable, to add cycle lanes. So bike users have to ride on the road alongside the cars, buses, etc. Special on-road cycle lanes with specific speed restrictions for the other traffic mean cyclists can travel all over the city. It also saves the authorities money, because rather than create specific bike lanes, they just have to paint the 30kmph speed limit on the tarmac – a feature that also helps raise awareness that cyclists are using the road too.



### Better safety and protection with dedicated cycle lanes

The rise in the number of people cycling in Madrid owes itself largely to the creation of dedicated cycle lanes. Just a few years ago it was unthinkable to try and cross Madrid by bike; unlike other European cities, there were no special cycle lanes and people just didn't feel safe on bicycles. What's more, the hills and traffic problems made even the hardest souls think twice before adopting this environmentally friendly way of getting about, and the on-road cycle lanes didn't help. But the recent construction of kilometres of specific bike lanes along main roads such as Santa Engracia and Sagasta has encouraged an increase in those using bicycles. And the hill problem? Solved with the public electric bikes, the Bicimad. So there's really no excuse nowadays not to get on your bike and get pedalling round the city.

## SUMMED UP

### Interesting city stats



It's not easy to imagine what life's like in a city when you've only just arrived. So why don't we look at it from a mathematical perspective? Madrid is certainly packed with statistics and figures. For example, there are **130** districts in the city, following the incorporation of Ensanche de Vallecas. The tallest building in Spain, the Glass Tower, is **249** metres high and stands alongside three other skyscrapers in Paseo de la Castellana. Even the figure **0** is significant, as all of Spain's roads start at the Puerta del Sol, making it their ground zero. There are **544** archways along the city's longest street, Calle Alcalá, which stretches for over **10.5** km. And the city population reaches **3.16** million.

■ Marta Bac



I CAME, I SAW, I STAYED

**Matthieu Dany, 23. France. Graphic designer and travel guide**

### 'Madrid is a city where I feel free'

#### How did you end up living here?

I arrived in Madrid in August 2014 as an Erasmus student. The first few months were quite hard, because I was here on my own and my Spanish wasn't as good as I'd thought. Then in January 2015 after the Charlie Hebdo shooting I organised an event for solidarity, and since then I've had a relationship with Madrid – and its people – that's impossible to define. After that I got a grant to work with a company, and I stayed.

#### Would you recommend Madrid to friends?

Not just to my friends! Here you can do pretty much everything within 15 minutes of Sol. And I'd certainly recommend the night life. You can buy a beer for under €1, there are tapas tours, and every night of the year there's something going on if you want to party. There are loads of festivals, electric bikes, the metro is only €2, there are parks, pools... In Madrid you can really feel free!

**'You can love who you like and nobody says anything'**

#### The best and the worst of the city

For me the best thing is the feeling of freedom and safety. We're living in the capital but it doesn't have the level of stress that most capital cities have. You can wear what you like, love who you like, and nobody says anything. The worst thing, I think, is that people walk really slowly all the time because they're looking at their phones.

#### What do you do at the weekend?

I like to go out in the Latin quarter or Malasaña. If I've got people visiting I quite often take them to El Rastro, like a good Madrid host, for some typical Madrid fun!

■ David Farrán

## PASSION FOR MADRID

Celebrities who fell for the charms of our city

### Richard Gere

For the good of his romantic life, the famous Hollywood actor spends his time between the US and Madrid

### Amy Jo Doherty

The sister of Pete Doherty, lead singer of The Libertines and ex-boyfriend of Kate Moss, lives here to escape her brother's fame

### Oona Chaplin

Charlie Chaplin's granddaughter, you'll know her from *Game of Thrones*, is a Madrid native, having been born here

### Stefan Olsdal

Rumour has it that the Placebo bass player was going out with a man from Madrid just a few weeks before forming the band with Brian Molko

# FREE MAD

Enjoy the city without spending a cent

## CULTURE

### Matadero Madrid

A mini city of culture that's perfect for exploring. You can reach it from Madrid Río then visit the exhibitions with friends, or enjoy the communal spaces like the Design Centre, the Reader House, and the co-working area.

→ [www.mataderomadrid.org](http://www.mataderomadrid.org)

## ART

### Prado Museum

Spain's largest art centre has free entry to its permanent exhibitions from Monday to Saturday 6pm-8pm and Sunday 5pm-7pm. The temporary shows are also half price during these times.

→ [www.museodelprado.es](http://www.museodelprado.es)

## UNDERGROUND

### Tabacalera

Join one of the social workshops, see an exhibition, wander around the patio, check out the graffiti art and get to know



DON'T MISS

the alternative underground vibe, all in this old tobacco factory.

→ [www.latabacalera.net](http://www.latabacalera.net)

## WORKSHOPS

### La Casa Encendida

A multidisciplinary centre that offers the latest exhibitions, as well as a range of free and very cheap courses where you can learn anything from music to design.

→ [www.lacasaencendida.es](http://www.lacasaencendida.es)

## A BIT OF EVERYTHING

### Conde Duque

This old army barracks is now a cultural centre that hosts exhibitions, conferences and other free activities.

→ [www.condeduquemadrid.es](http://www.condeduquemadrid.es)

## SOCIAL

### Meet & Speak

The free Meet & Speak party is held every Thursday, giving people the chance to make new friends and improve their language skills over drinks and tapas at the Soho Club (Plaza de España, 6).

→ [www.citylifemadrid.com/activities](http://www.citylifemadrid.com/activities)



Joan Miró. *Le chant de l'oiseau à la rosée de la lune / Song of the bird to the dew of the moon*, 1955. Private Collection on temporary loan. © Successió Miró 2017

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# Madrid secrets

There are many guidebooks that will tell you the best ways to explore the city in one day or a weekend. But a city as full of life as Madrid has a lot of hidden corners that aren't in any of the normal guides. We reveal some of them here, because often the most essential experiences are invisible to the eyes

## The beach at Malasaña

→ San Andrés, 1.

Right in the middle of Malasaña neighbourhood there's a beach, with a bar and everything, where you can hide out during the cold of winter and chill out in the summer months. It was opened in 2004 and renovated in 2014, with a restaurant upstairs and an impromptu Ibiza-style space downstairs, where you can enjoy a few beers with friends and relax at the low tables with comfortable cushions and dimmed lighting. Homely and exotic at the same time, there's even a hanging garden and fluorescent tables. And the food is delicious, especially their weekend brunch.

## The first woman at Madrid University

→ Pez, 42, esquina San Bernardo.

Madrid is so full of statues that if you're not careful you can mistake them for people sweeping the ground in Jacinto Benavente or taking a walk in Plaza San Ildefonso. But the one with the best story is Julia, a young student who is leaning against the stone wall by the Palacio Bauer. The bronze statue of a barefoot girl in a skirt and blouse and carrying her notes is Antonio Santín's homage to the first woman to go to the University of Madrid, in 1848, who had to disguise herself as a man in defiance of the prohibitive law of the time. You can hear her fascinating story in the documentary, *After Julia*.

**A statue recalls the first woman to study at Madrid University, who had to disguise herself as a man to be able to attend**

## A hidden garden café

→ San Mateo, 13.

In the heart of Chueca, the Museum of Romanticism is housed in a small 18th-century palace, where you can see the collection of over 1,600 pieces of furniture, household items and paintings, and which recreates the everyday lifestyle and customs of the bourgeoisie during the Romantic period. The little museum is a pretty escape from the bustle of the city, and has a tea room decorated with carved lamps and ornamental mirrors, and with a terrace in the garden. It's a lovely place to enjoy breakfast or a mid-morning snack while you listen to the sound of the fountain and the birds singing in the trees.

## The Montera oasis

→ Montera, 37.

Among the swarm of tourists and gold-buyers in this central Madrid street, there's a small place to escape from the city's bustle. Climb to the top floor of the Salvador Bachiller shop and you can step straight into a fairy tale in their tea room, where you can enjoy coffee and breakfast, snacks at lunchtime, or a mojito after a hard day's studying. Open in winter and summer.

A hidden café in a magical setting

Sold in little boxes, they're ideal gifts



## Flowery treats

→ Plaza Canalejas, 6.

Madrid's most traditional dish might be its pan-made *cocido* stew, but these violet sweets are the sugary side of its identity. Made with violet essence and served with petals, there's only one place in the capital where you can buy the real thing: La Violeta, a modest wooden-fronted shop that has been selling the sweets since 1915. They're so good, so the story goes, that Alfonso XIII gave them as presents to both his wife and his mistresses.

## The underground bunker

→ Paseo Alameda de Osuna, 25.

This was one of Madrid's best-kept secrets until it opened to the public in 2016. Given the code name 'Posición Jaca', this bunker housed the military HQ of the Central Republican Army during the Spanish Civil war. For 80 years this underground development in the Parque de El Capricho was a silent witness from the Civil War, but now visitors can go 15 metres underground and see what was one of the city's most important Republican command posts. The bunker is 2,000m<sup>2</sup> and could withstand bombs of up to 100kg. Its well-preserved condition makes it unique, and tickets to see it sell out fast.

## The Chinese restaurant in Plaza de España

→ Plaza de España, s/n.

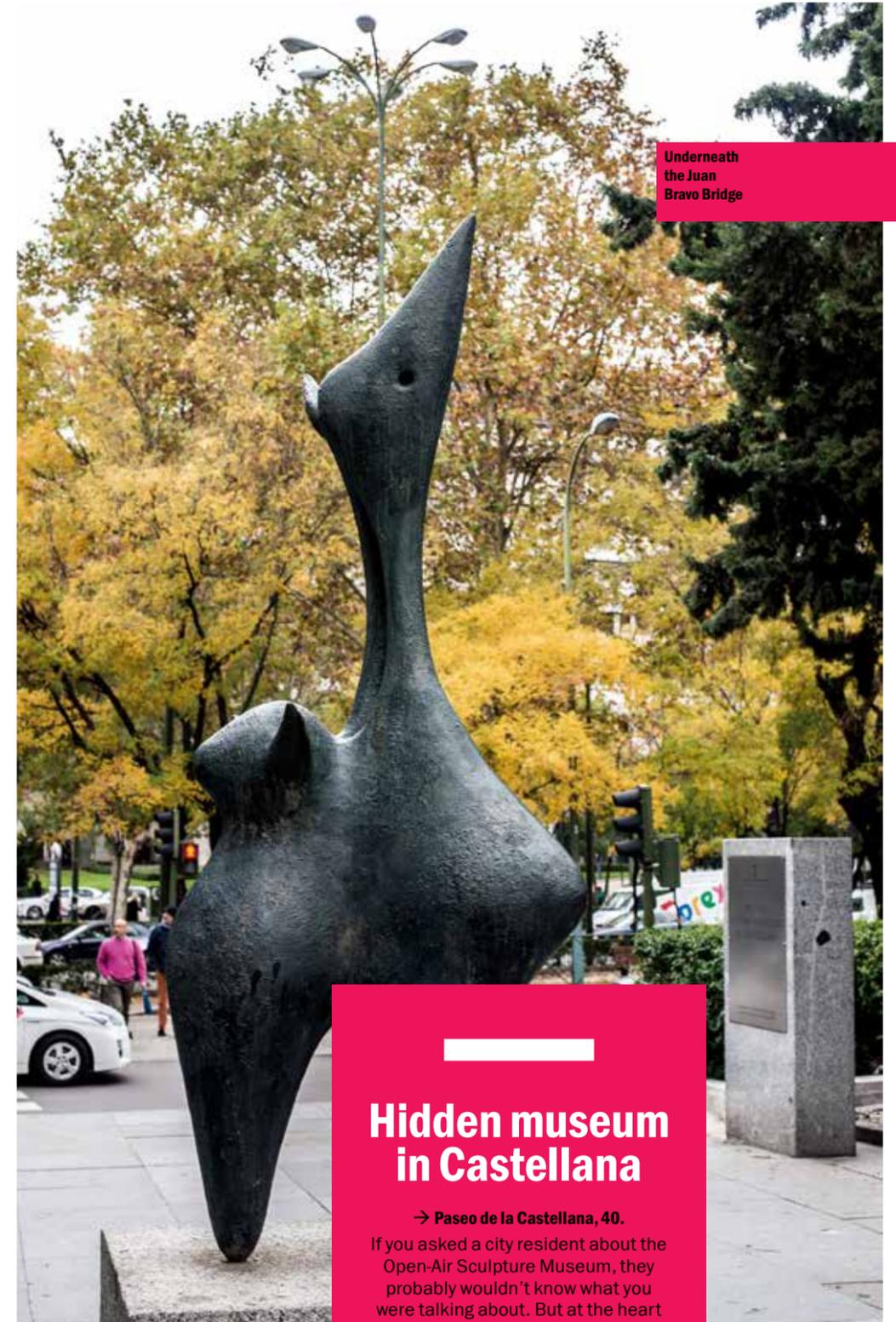
The official name of this restaurant is Zhou Yulong but everybody knows it as 'The Chinese in Plaza de España', and it's legendary in the city. Located right next to the entrance to the square's car park, its noodles, spring rolls and rice are renowned as some of the best in the city, so much so that at certain hours there is often a long queue. Its fame is well-earned, with tasty dishes, generous portions and good prices, and even though its size and decor aren't exactly the coolest in Madrid, it's a city landmark that everybody should try (more than once).

## El cementerio de los ingleses

→ Comandante Fontanes, 7.

This cemetery is fairly unknown in Madrid, but there's a lot of history among the tombs. The English cemetery was built in Carabanchel to bury non-Catholics, but over time it became the final destination for people of all religions. Its first occupant was Arthur Thorold, a young British man whose tombstone is shaped like the legendary sword, Excalibur. Other names found here are Lhardy, founder of the eponymous restaurant; three members of the Loewe family that founded the luxury fashion label; Rita Garrido, the first actress of the Teatro La Latina, and several members of the Bauer family, one of the most powerful 19th-century families in Madrid.

Underneath the Juan Bravo Bridge



## Hidden museum in Castellana

→ Paseo de la Castellana, 40.

If you asked a city resident about the Open-Air Sculpture Museum, they probably wouldn't know what you were talking about. But at the heart of Castellana, when you're least expecting it, you come across this unconventional space with its 17 abstract sculptures that turn an urban spot into an artistic stop, and where you can see examples of work by some of Spain's best sculptors, such as Miró and Chillida.

## Drinks at the art gallery

→ Corredera Baja de San Pablo, 17.

There are many art shops and galleries in the city centre, but none quite like Kikekeller, a space that merges everyday objects with art. But its real secret isn't revealed until the display lights are turned off to reveal one of the city's trendiest little bars behind the shop, where Madrid's most with-it crowd meet up to sip their expensive tipples in this exclusive atmosphere.



Enjoy a drink in the relaxed, trendy ambience



### Madrid's Sistine Chapel

→ Puebla, 22.

The interior of the Church of San Antonio de los Alemanes is entirely painted in fresco, making the church a real delight to see. Painted by Juan Carreño de Miranda and Luca Giordano, among others, the frescos tell stories about the life and miracles of San Antonio de Padua. The temple is part of the hospital created by Felipe III in the 17th century for Portuguese pilgrims who fell ill, and was previously known as San Antonio de los Portugueses before it became the hospital for the German population in Madrid.

## A secret among the almond trees

→ Alcalá, 502.

Almost at the end of Calle Alcalá, you can find a park that few residents or tourists ever go to. La Quinta de los Molinos might just be another green space in the city, if it weren't for its 6,000 almond trees, which, when they're in bloom, are a delight to all five senses. The pink and white blossom takes over the gardens and their heady scent permeates the air around the park throughout February and March.

### Madrid's oldest florist's shop

→ Huertas, 2.

At the old San Sebastián cemetery you can find one of the best-kept secrets of Las Letras: El Jardín del Ángel, a garden centre and florist's founded in 1889 that claims never to have closed, even when the church next door was nearly destroyed by a bomb. To enter you pass under a banner with the slogan 'Never stop dreaming', and you soon realise there's something special about the premises, even if you're not a fan of trees. You can buy beautiful flowers of course, but the place has a magical feel about it and is lovely to wander around and contemplate the olive trees that are over a century and a half old.

### Byzantine strongholds

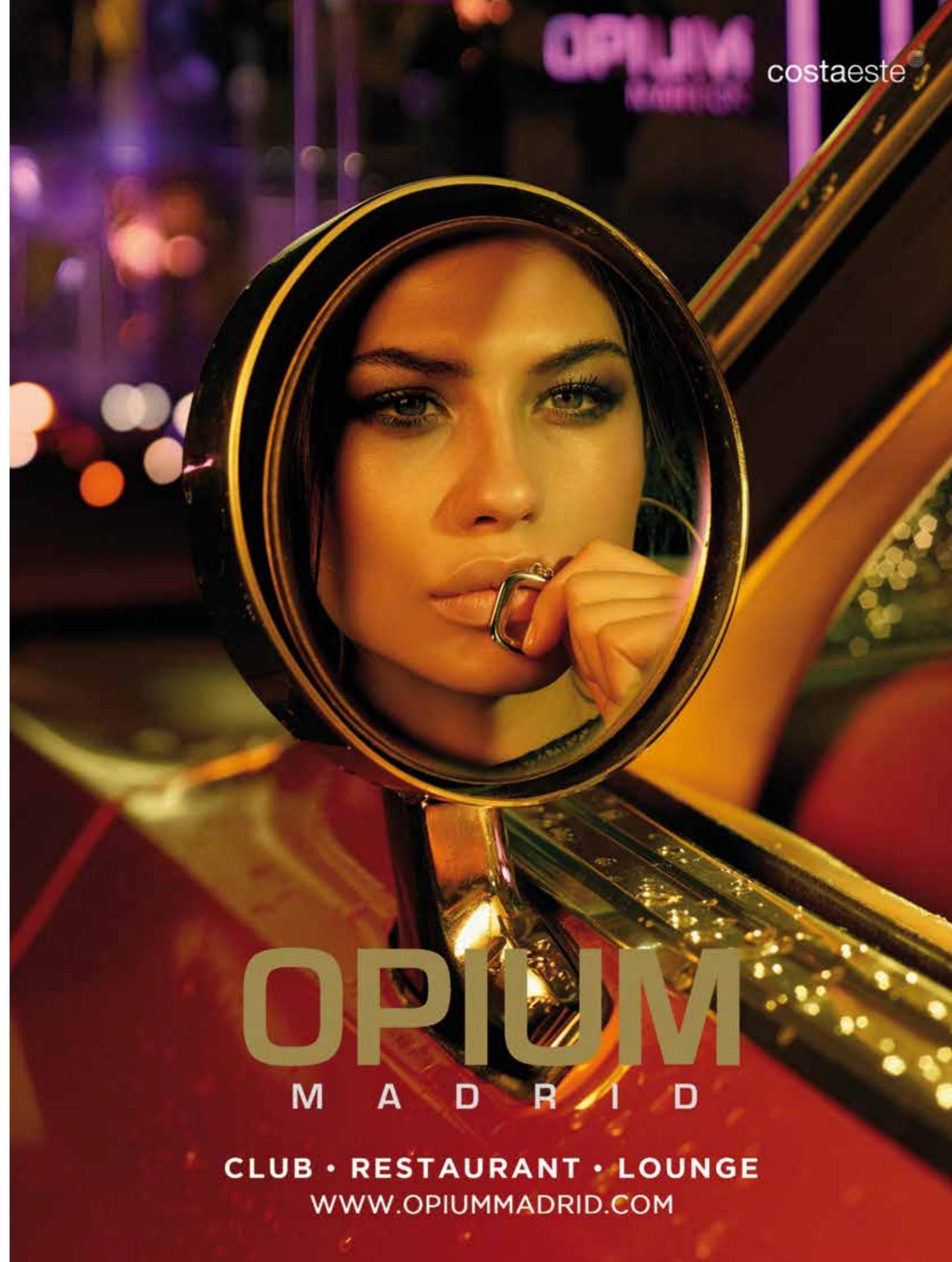
→ Gran Vía de Hortaleza, 48.

The streets of Madrid are full of surprises that can make even the locals feel as though they're thousands of kilometres from home. The commanding golden cupolas on the Church of Santa María Magdalena, are one example, a slice of Russia in the middle of Hortaleza. Built in the Byzantine style, the temple opened in 2013, the second orthodox church in Madrid after the Greek Orthodox Cathedral of Santos Andrés and Demetrio (which also has an interior that's worth a visit). This style of architecture can also be seen in other buildings such as the German Friedenskirche (church of peace), a clandestine church that combines Romanesque and Byzantine styles.

### The prince's garden

→ Plaza de la Paja, 6.

In a hidden corner of Plaza de la Paja in La Latina, a brick wall guards a secret garden, the best-kept secret of the Palacio del Príncipe de Anglona. The prince lived in the building in the 19th century, and loved walking round the garden. Several stone paths lead to a small stone fountain at the centre of the garden, and there's an iron shelter and a pergola that's covered in roses in the spring. The whole place is shaded by large trees, making it a truly idyllic spot.



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# 20 great things to do

Here's our guide to the city's essentials – 20 great things to do including partying, exploring, eating and more!

## 01.

### Try the traditional Madrid *cocido*

A hearty pan-cooked stew with noodles, chickpeas, meat and juices for mopping up with your bread, the *cocido* is Madrid's most popular traditional dish. Served in most of the city's restaurants, this is a dish that everybody should try and will probably love.



## 02.

### Enjoy a musical

It's no surprise that Gran Vía is known as the 'Spanish Broadway'. Most of the musicals that come to the city play here, from *The Lion King* to *Les Misérables*, so let the magic of theatre carry you away on a cloud of your favourite songs.



## 03.

### Try chocolate con churros in San Ginés

This *chocolatería* first opened over a hundred years ago in a narrow street between Puerta del Sol and Plaza de Ópera. Today it's Madrid's most famous 'chocolate café', and a meeting point for all sorts of partygoers at the end of a long night, as they try to get enough strength to get to bed.

## 04.

### Shopping in the centre

It doesn't matter what your budget is, Madrid has a shopping experience for everyone. From all the cheap high-street stores on Gran Vía to the alternative shops in Malasaña and the most exclusive boutiques on the Golden Mile, this city is perfect for retail therapy.

## 05.

### Explore Gran Vía

From the famous *Metrópolis* building to Plaza de España, this street, which is just over a kilometre long, is the main tourist route through the city, with shops, bars and even a casino. And don't forget to look up, or you'll miss lots of impressive buildings and statues. The street is due for renovation between 2017 and 2018.



## 06.

### Surprising skyscrapers

Madrid is no skyscraper city like New York, but for several years the city has had four impressive towers that defy vertigo. The *Torre Picasso* and the *Torre de Madrid* are dwarfed by the great four: *Espacio*, *PwC*, *Cepsa* and the *Torre de Cristal*, Spain's tallest building at 249 metres.



## 07.

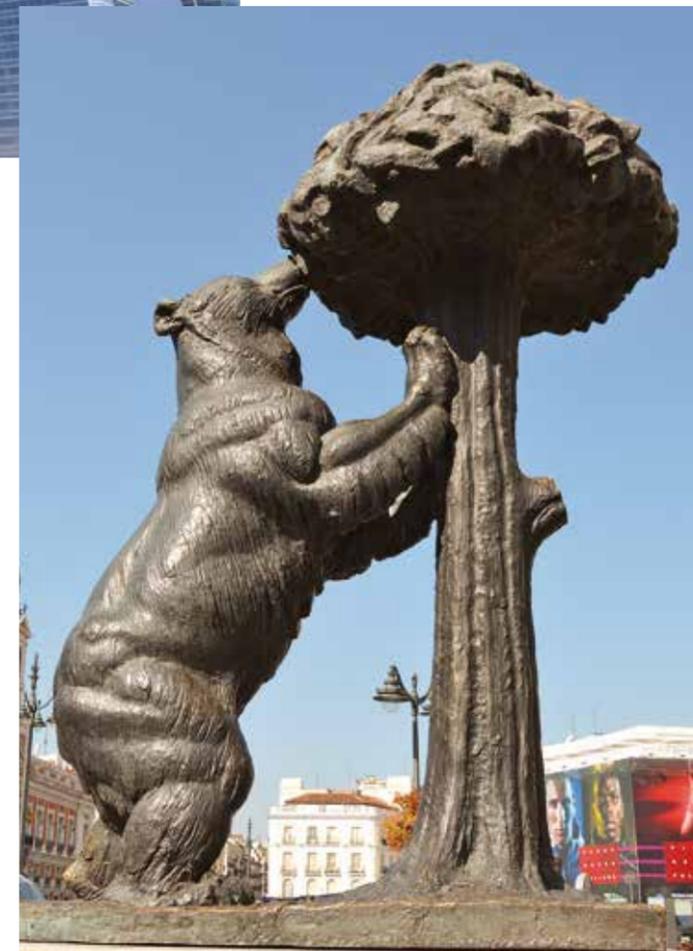
### Go to a concert (or two)

The city's music scene is a perfect fusion of great concerts from international supergroups playing to audiences of 15,000 at the *WiZink Center* to the gigs by alternative, underground and jazz musicians at intimate venues to just a handful of faithful fans. There's live music every day of the year so nobody need miss out, whatever their tastes.

## 08.

### Try a squid baguette

Another traditional dish. Nobody knows how a seafood sandwich became a typical dish in a city 300km away from the nearest coastline. But it is, and no self-respecting resident (or visitor) goes long without eating *un bocata de calamares* somewhere around Plaza Mayor.



## 09.

### Revel in the green zones

From the central parks like *El Retiro* and the *Casa de Campo* to the woods and mountains around the city such as the *Sierra de Guadarrama*, Madrid is full of natural delights, and there's the right terrain for any sort of activity: you can go walking in *La Pedriza*, skiing in *Navacerrada*, or visit *El Pardo*, to name but a few.

## 10.

### Take a selfie by *El Oso y el Madroño*

The statue of a tree-climbing bear is a world-famous symbol of Madrid, and a meeting point for lost tourists and friends. It was designed by *Antonio Navarro Santafé*, is 4m tall and weighs 20 tonnes. You can see it at *Puerta del Sol*.



## 13.

### The city's most famous buildings

From rationalism to neoclassicism, Madrid's architecture is a living story of its evolution over the centuries. Some unmissable examples are the beautiful Palacio de Longoria, the cupola of the Basílica de San Francisco el Grande and the impressive Palacio de Cibeles.

## 14.

### Discover the Chueca neighbourhood

Madrid is a very gay-friendly city, and many members of the LGBTI community live in Chueca, where there are shops, bars, restaurants and clubs aimed specifically at this demographic. Madrid's annual Gay Pride festival also focuses on this area.

## 15.

### Go out for a beer!

If there's a favourite way to spend an evening in Madrid, it's a drink with friends. And maybe a bite to eat, which is why the range of food in the city's bars and restaurant is so wide. The weather is good enough for terraces to be open practically all year, and there are always plenty of groups enjoying beer, coffee or something stronger with lively conversation and laughter. From La Latina to Chamberí, don't forget to order your tapas.

## 11.

### A bird's-eye view of the city

The Madrid skyline is one of the most beautiful in Spain, and the perfect place to appreciate it is the Círculo de Bellas Artes in Calle Alcalá. From the roof you can see over the whole city, its great avenues, famous monuments and lush parks.

## 12.

### Celebrations on traditional holidays

Every summer the city celebrates one holiday after another, as it marks the feast days of all the local saints. From San Cayetano to the Verbena de la Paloma, concerts, dancing and fun are what it's all about. And don't forget the main fiesta for Madrid's own patron saint San Isidro on May 15.



## 16.

### Discover the art

Wandering around the famous Paseo del Arte is a compulsory pastime when you visit the city. The Prado, Reina Sofía and Thyssen-Bornemisza museums are the three epicentres of art and three of the most important museums in Spain. But don't miss out on the plethora of small galleries in barrios like Las Letras and Salamanca.

## 17.

### Cycling along Madrid Río

What used to be part of Madrid's main road has now been converted into a large park, and one of its pleasures is a ride or walk along the banks of the Manzanares. Along the 10km stretch you can see children playing and, if you're so inclined, stop for a break at one of the bars along the way.

## 18.

### Step on to kilometre 0

A small, easy-to-miss plaque just opposite the Casa del Reloj in Puerta del Sol marks the spot where all Spain's roads begin, known locally as *kilometre 0*. Many locals have a photo of this small square of pavement with feet walking across it in an album somewhere, so make sure you get yours, too.

## 19.

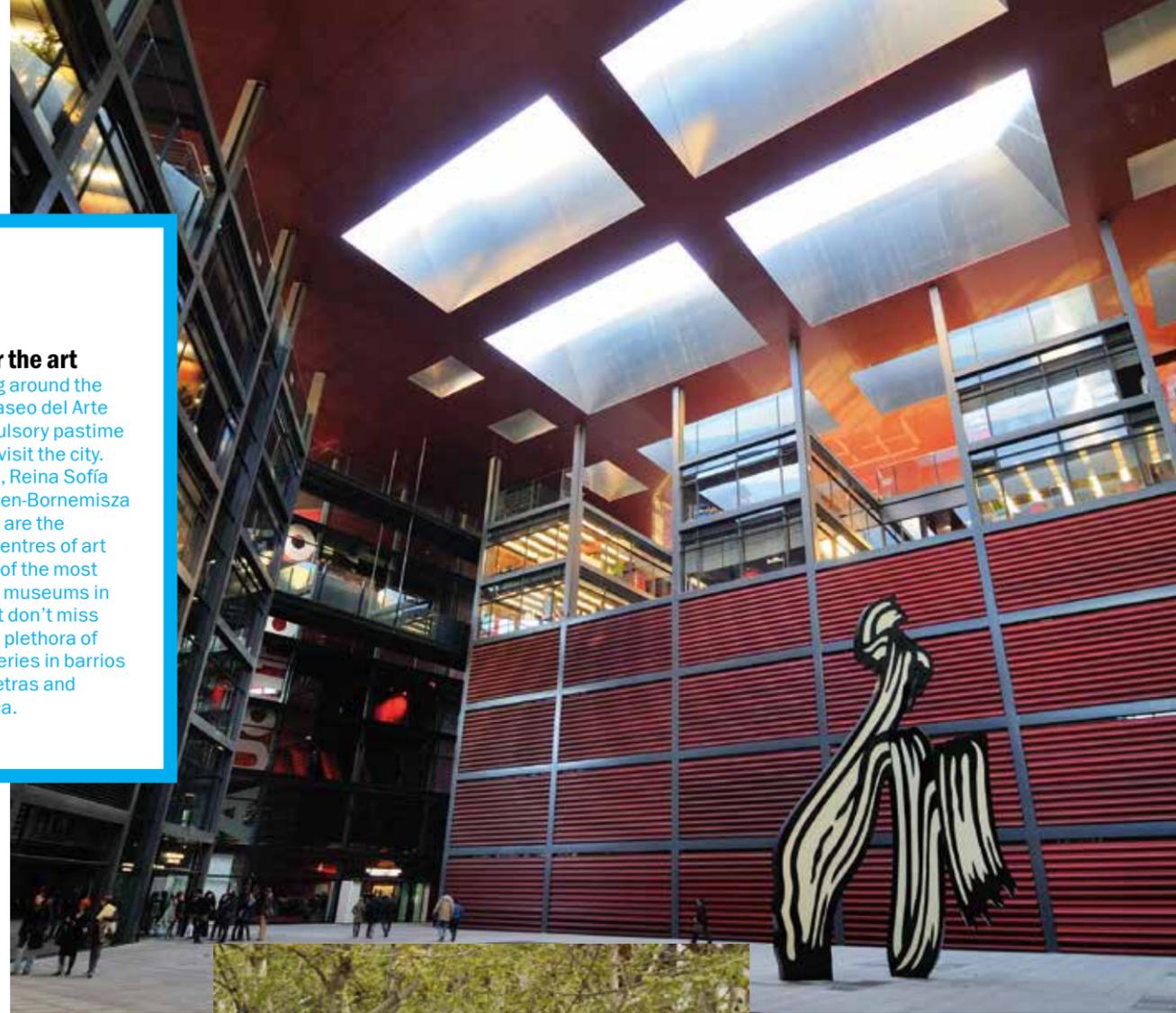
### Shopping at El Rastro

Madrid's oldest and most famous market is a must-see for visitors. Every Sunday in Calle Ribera de Curtidores in Embajadores, dozens of stalls set up to sell second-hand clothes, vinyl, jewellery and just about anything you can imagine. Once done, head to a nearby bar to peruse your buys.

## 20.

### Escape the centre

Visit the gardens at La Granja de San Ildefonso, see the immense Monasterio de San Lorenzo del Escorial, or explore the Palacio Real de Aranjuez and its famous World Heritage gardens... there are numerous places worth seeing outside the city, which are still within the Madrid region.



# The best of the barrios

Here's a brief guide to our favourite parts of Madrid's neighbourhoods, with everything from fiestas to history and monuments, plus how to get to each one



## Lavapiés

This neighbourhood is a melting pot and symbolic of the fusion of ethnic identities and cultures that has happened in Madrid in the last few years. It's always been an unassuming place, inhabited, until the 1980s, by older people who lived in *corralas* – the corridor-style housing so typical of old Madrid. Nowadays, thanks to rents that are slightly more accessible than in other areas of the city and its multicultural character, it attracts a lot of young people who share it with neighbours of up to 88 different nationalities. Indian restaurants stand next to Arab barber shops and classic Madrid taverns. This neighbourhood is also famous for the San Lorenzo fiesta, which takes place every August, and for events like Tapapiés, a tapas route that is held in October, mainly in the bars and on the terraces of Calle Argumosa, one of the area's liveliest streets. Lavapiés also has cultural hotspots like Tabacalera, a place for collective cultural expressions, and Teatro Valle-Inclán, which is managed by the Spanish National Drama Centre.

**M: Tirso de Molina, Lavapiés, Embajadores.**

## Sol-Gran Vía

Although it isn't a neighbourhood in the official sense, Sol is the true centre of Madrid, and Puerta del Sol is the starting point for the whole Spanish road network. It's a meeting place for locals and tourists alike, due to its location and the fact that it's a transport hub. The oldest building in the area is the former Post Office, known as Casa de Correos, which is now the headquarters of the Presidency of the Autonomous Community of Madrid. On



December 31 hundreds of people gather in front of its clock tower to see in the new year. This square hosts a famous statue of a bear and a strawberry tree that appears on the city's coat of arms. It is also here that many of Madrid's most important streets begin, including Calles Mayor and Arenal and Carrera de San Jerónimo. Nearby lies one of the city's major shopping areas, Calle Preciados, which converges with Gran Vía, an icon of the city since its construction in 1910. It's home to cinemas, theatres, department stores and some of the city's most exclusive shops, as well as a number of striking buildings such as the Metrópolis and the Carrión, and Madrid's first skyscrapers, the Telefónica building and Torre de Madrid.

**M: Sol, Gran Vía.**

## Chamberí

From hunting grounds to aristocratic residences, Chamberí has always been a neighbourhood in constant evolution. A traditionally stately suburb, with its wide streets and expensive apartments set away from the tourist crush of the city centre, in recent years Chamberí has become one of the city's most popular areas for eating out. And that's not only thanks to the revitalisation of Calle Ponzano – a must for all gourmet fans – but also due to the survival of the neighbourhood's traditional restaurants and taverns. Its architecture is also worth mentioning, embodied in squares like Plaza Olavide and Plaza Chamberí, as well as in cultural venues like the Teatros del Canal, the Museo Sorolla, the Geominero and Andén Cero, and its attractive shopping streets like Calle Zurbano.

**M: Quevedo, Ríos Rosas, Canal, Iglesia, Islas Filipinas.**



**Chamberí is a fashionable neighbourhood for dining out, thanks to the buzzing Calle Ponzano and its traditional taverns**

## La Latina

Fun and tradition are the defining characteristics of this city centre neighbourhood. La Latina is part of old Madrid, blessed with winding medieval streets that are broken up by small squares like Plaza de la Paja, Plaza de San Andrés and Plaza del Humilladero. You'll find the remains of the city's ancient walls along with churches both large and small dotted haphazardly along its streets, as well as the Segovia viaduct and Puerta de Toledo, which mark the boundaries of the neighbourhood. Mercado de la Cebada, one of Madrid's largest markets, is the perfect combination of tradition and modernity. La Latina is a favourite place for a few beers at the weekend, or heading down streets like Cava Alta and Cava Baja for a vermouth and some *huevos estrellados*, a delicious combination of lightly fried eggs and crispy chips, at Casa Lucio. In addition to iconic spots like the Basilica of San Francisco el Grande, the Teatro de la Latina, Jardines de las Vistillas and Campo de Cebada, La Latina is famous for the Verbena de la Paloma, a traditional fiesta that's celebrated in August with music, chotis dances and much more.

**M: La Latina, Puerta de Toledo.**

## Las Letras

Home to some of the great writers of the Golden Age of Spanish literature such as Cervantes and Quevedo, the Barrio de las Letras also hosts interesting galleries and antique shops, and part of the famous Art Walk made up of the Thyssen-Bornemisza Museum, the Reina Sofía and the Prado as well as the CaixaForum cultural centre with its spectacular vertical garden. Calle Huertas is the neighbourhood's main thoroughfare – on its cobblestones you can read fragments of the great works of Spanish literature – and is home to tapas bars and party venues where young people gather at weekends for drinks with friends. Plaza de Santa Ana, with its large terraces next to the Teatro Español, and the Congress of Deputies are other iconic spots. One of the major events to be held here is DecorAcción, an enormous interior design fair in which the neighbourhood's shops organise street markets selling decorative and antiquarian items.

**M: Antón Martín, Atocha, Sevilla.**

## Chueca

This is Madrid's main LGBTI neighbourhood and is renowned internationally for its atmosphere of tolerance and diversity. What only 20 years ago was a decidedly marginal area has now been completely turned around and is home to all types of bars, iconic squares like Plaza de Chueca and Plaza de Pedro Zerolo, terraces, art galleries, cultural venues like the Museum of Romanticism, impressive buildings such as Palacio de Longoria and the

COAM headquarters, trendy and gay-oriented stores like Berkana bookshop, and gourmet markets where you can eat tapas, like the Mercado de San Antón. During the day it's perfect for a stroll and calling in at the shops on Calle Barquillo and Calle Hortaleza. At night, you can have dinner at one of the area's numerous restaurants that have something for every gastronomic preference and budget. After dinner, Chueca's nightlife scene is one of the liveliest in Madrid, with plenty of gay bars that are also hetero-friendly like Bananarama, Fraggel Pop, Why Not, the rooftop at Hotel Óscar Room Mate, and the famous Studio 54.

**M: Chueca/Gran Vía.**

## Malasaña

Lying next to Chueca, Malasaña owes its name to Manuela Malasaña, the female heroine of the uprisings that took place in Madrid on May 2, 1808 against French occupation forces. This historical event is important in the neighbourhood since its epicentre, the present-day Plaza del Dos de Mayo, is located on the site of the old Parque de Artillería de Montealeón, the focal point of the uprising led by Luís Daoíz and Pedro Velarde. In the square, you can still see an archway from the old military barracks, as well as a monument paying tribute to those two captains. What was once the neighbourhood of La Movida, the cultural and social revolution that arose in Madrid in the 1980s, is now the city's trendy and hipster area par excellence. It's paradise for foodies and fans of organic produce, and full of modern businesses like indie barbers, places selling cupcakes, and vintage cafes, which share pavement space with traditional bars and markets like the Mercado de Barceló. Strolling around Malasaña, and especially around its iconic shopping street, Calle Fuencarral, one is reminded of neighbourhoods like Le Marais in Paris and London's Brick Lane. It's also one of the city's most complete gastronomic areas and a good place for a night out in iconic venues like Penta, Tupperware and La Vía Láctea.

**M: Tribunal, Noviciado, Bilbao.**

## Tetuán

Tetuán is made up of six different areas: Bellas Vistas, Cuatro Caminos, Castillejos, Almenara,



**Malasaña brings to mind cosmopolitan neighbourhoods like Le Marais in Paris and London's Brick Lane**

Valdeacederas and Berruguete, and is divided into two very distinct parts by Calle Bravo Murillo, one of Madrid's most important shopping streets. The area bordering Paseo de la Castellana includes the Azca business complex, one of Madrid's major financial centres and home to a number of skyscrapers, including Torre Picasso. Here you'll also find expensive apartments and the exclusive Moda Shopping Centre as well as the shopping street Calle Orense, the Nuevos Ministerios metro hub, and the world's biggest Zara clothes store. The other part of the district, which lies on the other side of Calle Bravo Murillo, is known as the Little Caribbean due to the large number of immigrants from the Dominican Republic

**Many emerging artists have chosen to set up their galleries, studios and workshops in the Carabanchel neighbourhood**

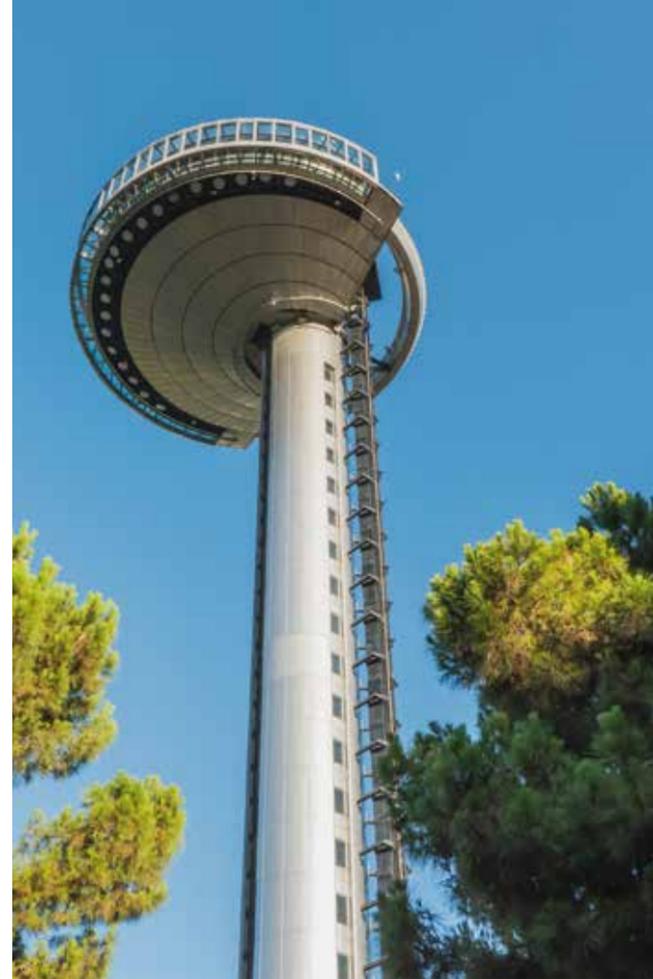
who have made their home there, opening cybercafes, hairdressers, supermarkets and restaurants all buzzing to the sounds of reggaeton, bachata and trap. This is a decidedly ungentrified area with more accessible housing and smaller, cheaper shops and businesses.

**M: Cuatro Caminos, Alvarado, Estrecho, Tetuán, Valdeacederas.**

## Carabanchel

This area began as one of the city's most traditional working-class quarters, although it's recently evolved into a trendy neighbourhood where alternative and emerging artists have set up their workshops near Calle Urgel and Calle Oporto and organise cultural activities such as Artbanchel every May. It's an area that has real treats for visitors, such as the Palacio de Vistalegre (a former bullring where concerts are now held) and La Finca de Vistalegre, an old recreation ground that in its period of greatest splendour boasted two palaces, a navigable river, fountains and even a flock of peacocks. It's also a favourite haunt of heavy metal and hard rock fans, who head for clubs like Grotto 77 and Sala Live. For eating out, there's no shortage of restaurants serving everything from fried chicken to Peruvian and Colombian specialities in restaurants opened by some of the immigrants living in the neighbourhood. It's another of Madrid's emerging areas, as it's located near downtown, bordered by Madrid Río and Casa de Campo, but still offers affordable housing. Finally, it's important to know that it's also home to the Pradera and the Ermita de San Isidro, and is the epicentre of the fiesta honouring Madrid's patron saint held every year on May 15.

**M: Marqués de Vadillo, Urgel, Oporto, Carabanchel, Vistalegre.**



## Moncloa

Moncloa is a stately neighbourhood in which family houses mingle with the student halls of residence of the Universidad Complutense. It's a great place for walking, especially along Paseo de Pintor Rosales, the Templo de Debod and the Parque del Oeste, which is linked to Casa de Campo via the Teleférico cable car. It begins at Plaza de España, where you can see the Edificio España and Torre de Madrid, and finishes at the famous Faro de Moncloa, one of the city's most iconic viewpoints. The neighbourhood is a perfect blend of residential and student life, with shops, hotels, parks, monuments and a very active student social scene, especially in the area of Argüelles. Among the other attractions of this appealing, centrally located neighbourhood are the Costume Museum and the Cerralbo Museum.

**M: Plaza de España, Moncloa, Argüelles.**

## Salamanca

This is Madrid's most exclusive neighbourhood. Built in the 19th century, it was created by the Marquis of Salamanca as a residential area for the city's

**Chinese New Year is one of the most popular and colourful celebrations in the Usera neighbourhood**



aristocratic and bourgeois classes. Nowadays, as well as a place of luxury homes, Salamanca is also the focus of business and commercial activity. This is where you'll find Madrid's so-called Golden Mile, where streets like Calle Serrano, Calle Goya, Calle Ortega y Gasset, Calle Claudio Coello and Callejón de Jorge Juan play host to luxury fashion, accessory and jewellery brands. Among its major attractions are the National Archaeological Museum, the Juan March Foundation, the Carlos de Amberes Foundation, and the Lázaro Galdiano Museum, as well as leading art galleries and, of course the WiZink Center, the city's biggest concert and show hall. It's also home to some of the best restaurants in Madrid, including Zalacaín, Ramón Freixa and Kabuki Wellington.

**M: Serrano, Velázquez, Goya, Lista.**

## Austrias

Madrid's most historical neighbourhood hides the secrets of former monarchs among its monuments, churches and palaces. Its name dates from the time when, during the reign of the Habsburg dynasty, Charles I ordered the construction of monumental squares and buildings in the city. Later on, under Philip II, work began to reform the old Plaza Arrabal, which became the present-day Plaza Mayor. From Almudena Cathedral to Plaza de la Villa and the Teatro Real, the architectural beauty of this area attracts a large number of tourists who gaze bewitched at the work of the forefathers of the city's contemporary citizens. The restaurants in this area serve the traditional *cocido madrileño*,

though there are also a number of gastronomic spaces belonging to the younger generations, such as the refurbished Mercado de San Miguel, while the Jardines de Sabatini provide a haven for tired sightseers who find a place to rest on the shaded benches next to its fountains.

**M: Sol, La Latina, Puerta de Toledo.**

## Vallecas

Vallecas is another working-class neighbourhood that is emerging as an alternative area to visit, thanks to its rich mixture of different cultures. It's located a short journey from Atocha by public transport and its main thoroughfare stretches from Vallecás Bridge to the shop-filled Avenida de la Albufera, a street with smaller, cheaper shops that ends in Cerro del Tío Pío (or Parque de las Siete Tetras, to give it its rather vulgar nickname), which affords some splendid views of the city. At night, Vallecas is the capital of heavy metal and has a large number of bars and clubs that play hard rock. In terms of gastronomy, you'll find a bit of everything here, from traditional taverns to Ecuadorian and Chinese cuisine. The neighbourhood has grown so much that, as well as Vallecás Bridge, the Villa de Vallecas has acquired its own expansion project with newly built apartment blocks. One of the area's most popular celebrations consists of the simulation of a naval battle, during which everyone takes to the streets with water pistols and balloons. It's also a major footballing quarter and contains Rayo Vallecano's home stadium.

**M: Villa de Vallecas, Congosto.**

## Arganzuela

This district is made up of the neighbourhoods of Acacias, Paseo Imperial, Legazpi, Palos de Moguer, Delicias and Atocha. Its

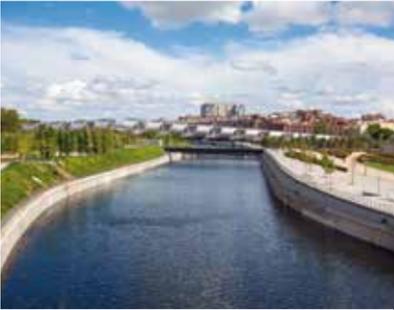


historical buildings are almost in the rationalist, neo-Mudejar and industrial styles, including the old Madrid slaughterhouse in Legazpi, which is one of the city's leading cultural centres, and the Railway Museum, where the monthly Mercado de Motores flea market is held. Other recommended spots include Madrid Río, with its green spaces, iconic bridges and kids' playgrounds, and Parque de Enrique Tierno Galván, which houses the Madrid Planetarium and is the venue for some of the city's best music festivals like Tomavistas and Brunch-in The Park.

**M: Delicias, Legazpi, Arganzuela-Planetario.**

## Conde Duque

This central residential neighbourhood has been lent a new lease of life thanks to the



activity generated by its main attraction: the Conde Duque Cultural Centre. This ex-prison has been transformed into a base for the area's most important cultural activities: it's a summer cinema, an exhibition space, a theatre, a show hall and more. Like other neighbourhoods in downtown Madrid, its older establishments now compete with newly opened businesses. But they all share similar characteristics: friendly service, artisan products, an approach that lies at the opposite spectrum to that of the big commercial chains (you won't find a Zara here) and thoughtful decoration. These are bars, restaurants and shops that you'll feel like going back to, even before you leave them. And you can find everything from vinyl records and men's clothes to gourmet food shops and art galleries. The best thing to do is let your feet guide you as you discover everything the area has to offer.

**M: Noviciado, San Bernardo, Plaza España.**

## Usera

This neighbourhood in the south of Madrid was, until a decade ago, just one of the city's many working-class quarters. But in recent years there has been an influx of Chinese immigrants who have transformed the area into Madrid's own Chinatown. Shops of all kinds with signs in Chinese have replaced the traditional haberdasheries and markets, and even the area's older bars now employ Chinese waiters. That makes it the best place in the city to try authentic Chinese food at the plentiful restaurants with menus in Chinese offering specialities from little-known regions; happily, the high quality of the food is not reflected in the prices. And, understandably, this area is especially interesting during the colourful Chinese New Year celebrations.

**M: Usera.**

**The Conde Duque Cultural Centre has revitalised this neighbourhood close to Malasaña**

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# ABC MAD!

A practical glossary of typical words and expressions from Madrid

Daily life in Madrid means learning its language and forms of expression. This city is known for its popular colloquialisms and some very peculiar slang that sets it apart from other Spanish towns, and knowing some of these words will help you feel part of the city, and give the locals a happy surprise



## Tío/tía

No, in this case it's not your aunt or uncle. Among young people, the words *tío* and *tía* can be used randomly at the end of almost every sentence, in the same way you might say 'mate', 'man', or 'love'. *Tío* is directed at men and *tía* at women, and common expressions like *¿Qué pasa tío?* and *¡Joé, tía!* are part of the everyday informal conversation you hear on the street.

**Bocata**  
The typical Madrid sandwich is made with a small baguette; ask for one with *Un bocata, por favor*. It's useful to know for eating tapas.



**Flipar**  
Also common is *flipar*, or *flipar en colores*. A synonym of *alucinar*, it expresses (huge) amazement.

## Molar

*Molar* is something that's said a lot, especially by young people. It means that something pleases you greatly, and is more informal than the normal Spanish verb *gustar*. For example, if you see something nice, that surprises you or makes you smile, the thing to say is *¡cómo mola!*, *¡me mola!*, or *¡mola mucho!*, instead of *¡cómo me gusta!*, which sounds less natural. It can be used for almost anything, and a simple *mola* is all you need to express that something is cool.

## Mazo

If *mola* is 'I like it', *mazo* is 'a lot'. So to say you're really impressed by something, it's *mola mazo*, and this is one of the most common local expressions. The word *mazo* has several meanings though, so be careful. It's also a mallet, and can mean a disappointment or a negative action. To *dar un mazazo* is to disappoint somebody or cause them a problem. But the most common use in colloquial language is 'much' or 'a lot'.

## Guay

This means 'cool', and it's used when Madrileños like something or are impressed by it. It's a word that's been used by several generations of locals but continues to be popular and very common.

## A pachas

*A pachas* in Madrid is used when you share something, both with one other or several other people. If you're eating out with a group of people, for instance, when it's time to pay the bill you can say *pagamos a pachas*, which means 'let's split it (equally) between us'. You can also make a bet *a pachas*, which means splitting any winnings. Or when you buy a round, you can use *a pachas* to mean you'll buy the round between everyone.

## Pasar

The verb *pasar* doesn't always mean throwing a ball to somebody or entering a room. If you hear somebody in Madrid say *yo paso* in their conversation, it probably means they don't fancy doing whatever's being talked about; they'll pass on it. It's the most informal way to decline an invitation or say you don't want to join in with something. And it's also used in card games, to pass on the betting for the round if your hand isn't good.

## No te rayes

*No te rayes* is a phrase that has nothing to do with lines (*rayes*), but instead is used to tell someone not to get annoyed, upset or stressed out by something. If a friend has a problem, you can use the expression to try to play down the situation so they feel better, such as if somebody is worried about an exam, you could say, *tío, no te rayes*, to calm them down and cheer them up. But *no te rayes* if you take a while to get the hang of it!

## Currar

*Ir a currar* is the same as *ir a trabajar*, in a less formal expression. *El curro* means *el trabajo* in Spain, but watch out, because *Curro* is also the shortened form of Francisco.

## Chulapo

You might not hear this word every day, but you should know it. The term *chulapo* comes from the Spanish zarzuelas of the late 19th and early 20th centuries, particularly the well known *La Verbena de la Paloma*. It's the typical suit worn in Madrid as the official costume for some of the popular festivals, but it's also used to describe an archetypal Madrileño – a bit arrogant and brazen, but amusing and well-spoken. You will see *chulapos* and *chulapas* at the San Isidro Labrador celebrations.

## Terraceo

'Terraceo' is one of the favourite activities of locals in spring and summer, when bars and restaurants set out their tables and chairs in the street and people stop by for a few drinks. 'Terraceo' means 'ir de terrazas'; that is, visiting different bars and areas to have a drink in the open air.



## Tapas

Tapas are a wide variety of appetisers or snacks in Spanish cuisine. They're served in most bars or restaurants with a drink, and if you find yourself doing the local variety of bar crawl (bar, eat and drink, new bar), it's called a *tapeo* or *ir de tapas*. There are always groups of friends ready to find the bar where they serve free tapas.



## Castizo

According to the dictionary, *castizo* describes people or things that accurately represent the characteristics of their race, country, city, etc. Anything castizo is the most typical, the most rooted of a city's customs or culture. Madrid is the source of this expression, as its traditions have lasted over the years. *Chotis* (traditional Madrid dance), *cocido madrileño* (stew), *callos* (tripe), *la verbena de San Isidro* and *la virgen de La Paloma* (local festivities), *churros con chocolate* (fritters with chocolate)... are truly castizo traditions.

## Movida

This word became famous through the *Movida madrileña*, the well known '80s countercultural movement of the city. *Movida* refers to a mess, confusion or ruckus, and we can say ¡Qué movida! as a synonym of *Vaya lío* ('what a mess!').

## Liarla parda

When there is a fight, a heated discussion, a serious swindle or something outrageous happens, you'll hear the sentence *liarla parda* ('to mess up') to refer to something done that has caused serious damage to third parties. For example: you leave the tap running in your flat causing a flood that collapses the whole block... you have *liado parda* ('messed up badly') because of your absent-mindedness. It's much better if you never have to use this expression, but you should know it. Just in case.



### How to ask for beer:

#### Caña

This is the most common way of serving beer: in a glass of around 200ml, well poured and frothy.

#### Doble

A *doble* in Madrid is a *caña* in a bigger glass, also on draught and very cold.

#### Botellín

This is the smallest of the bottled beers, previously known as *botijo* or *quinto*.

#### Tercio

The *tercio* is a bottled beer of 333ml.

#### Clara

The *clara* is the Spanish version of shandy, a *caña* of beer mixed with lemonade. It's very typical in summer on the terraces of Madrid.

#### Mini

A *mini* is a big (plastic) cup of draught beer that holds almost a litre of drink. It's normally shared and served at popular festivals.

#### Jarra

Draught beer in a half-litre chilled glass jug. It must be served very cold.



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# Who's who?

Madrid is a cosmopolitan city that welcomes people from all over the world. This aspect of its character makes the city the perfect melting pot in which people from many different backgrounds live together, considering themselves to be de facto *madrileños* whether they were born there or not. Here are a few of Madrid's most renowned residents



**Chema Madoz**  
→Photographer

There is no photography more poetic than that of Chema Madoz (Madrid, 1958). Winner of the Spanish National Photography Award in the year 2000, Madoz has the ability to turn everyday objects like a stairway, a clock or a cloud into truly surrealistic works of art that invite viewers to enter and get lost in their black-and-white universe. He exhibits in his hometown practically every year and his shows always attract a large number of visitors.



**Pedro Almodóvar**  
→Film director

The idol of the *Movida madrileña* movement of the 1980s, Almodóvar achieved fame with films like *Women on the Verge of a Nervous Breakdown* and *High Heels*, which scandalised Spain at the time with its scenes of drag queens, while *All About My Mother* saw Penélope Cruz, one of his muses, appear as a nun dressed in Prada. He has won two Oscars, for best original screenplay for *Talk to Her* and best foreign language film for *All About My Mother*.

**Pedro Almodóvar is the only film director from Spain who has managed to come home triumphant from the Oscars twice**



**Carolina Marín**  
→Badminton player

Born 24 years ago in Huelva, Marín moved to Madrid at the age of 13 and is currently considered to be the best player in the history of Spanish badminton. Her efforts and personal sacrifice enabled her to become a gold medalist at the 2016 Rio de Janeiro Olympics – the perfect follow-up to her two world championship wins in the previous two years. Without doubt, Marín is one of the most distinguished athletes in Spain and an example of determination in what can be an overlooked sport.



**Dabiz Muñoz**

→Chef

In 2007 he opened DiverXO, a restaurant that has broken both aesthetic and culinary barriers. His ability to win Michelin stars is recognition of an iconoclast who has raised the self-esteem of the Madrid restaurant scene in record time: he won his three stars between 2010 and 2013. David Muñoz, known as Dabiz Muñoz, is, in short, a craftsman, a chef with his feet on the ground who makes you touch the sky. And you can now try food of the same quality, though in a less formal setting, at StreetXO.

## Diego Cabrera

→ Bartender

After finding success with Le Cabrera, Arola and Twist de Naranja, and working as a consultant for other big firms, Diego Cabrera and his team are continuing to grow in the world of mixology while he also follows his own path with his new Salmon Guru gastrobar. This Argentinian who has been based in Madrid for many years is one of the key names on the local nightlife scene, and his signature cocktails are among the most acclaimed in the city.



## Alejandro Amenábar

→ Film director

Amenábar was actually born in Santiago de Chile, but in 1973, when he was barely one year old, his family moved to Madrid. He's a leading figure in raising the visibility of the LGBTI community, and leapt to national fame with the film *Thesis*, for which he won seven Goya awards. International success came to him later with *The Sea Inside*, a production that gained him an Oscar for best foreign language film, and with *The Others*, starring Nicole Kidman.



## Javier Fernández

→ Figure skater

Barely 26 years old, Javier Fernández already knows what it feels like to be a world ice hockey champion, not once but twice (in 2015 and 2016). Moreover, this young *madrileño* has been proclaimed the best skater in Europe on five occasions, from 2013 to 2017. He can also boast of the two Olympic gold medals he won in the 2010 Vancouver Winter Games and in Sochi. It's quite an achievement for such a young sportsman.



## Carlos Alonso

→ Dancer

Known as the Billy Elliot of Vallecas, this young *madrileño* has gone from being a victim of bullying for his love of dance and other things that boys aren't supposed to like to achieving international success as a solo dancer in the New York Theatre Ballet. He is specialized in classical and neo-classical dance and trained at the prestigious Joffrey Ballet School, one of the most renowned US dance schools. And he's still in love with the stage.

## WE TALK WITH...

### Gran Vía's heavy metal twins

**YOU'LL SEETHEM** every afternoon on Gran Vía. Hanging out on 'their' corner, where Madrid Rock closed its doors back in 2005. Twins José and Emilio Alcázar are so famous that there's even a proposal to have a statue dedicated to them. With their black leather jackets, tight trousers and long hair they may seem rough. But looks can be deceptive

#### What are you doing here?

We're here in summer, in winter, when it's raining and even when it's snowing. It wouldn't be a barricade against the system if we were only here in good weather. This is a protest and it represents a cultural revolution because of its difficulty, because the street is a tough place to be.

#### And what have you learnt in the streets?

Here, we've humbly learnt how to be more human and to look on others as brothers, with the greatest possible empathy.

#### How long are you planning to be here?

Madrid Rock was more than just a record shop, it was a cultural icon, and when we traded it in for cheap rags we lost everything. The secret of life lies in the here and now. Who knows what tomorrow's going to bring.



## Carme Portaceli

→ Theatre director

When she graduated in History of Art, Portaceli couldn't possibly have imagined herself years later directing in important theatres like the Teatro Español in Madrid. She joined the Teatre Lliure in 1982 as an assistant director and went on to found the Factoría Escénica Internacional, which is devoted to the promotion of contemporary scenic arts. She has directed numerous productions and won a number of Max awards.



## Álvaro Catalán de Ocón

→ Designer

Born in Madrid, he is one of the leading figures in contemporary design. After training at the European Institute in Milan and at Central Saint Martins in London, his approach to design is based on a highly sophisticated vision that allows him to transform an object into something really special. His designs are clean-cut and elementary but rich in experiences and resonances, and you can find them in galleries such as OA in Madrid and David Gill in London.



## Alberto Velasco

→ Actor, director and dancer

A real all-rounder and a volcano made flesh who gives his all in every one of his projects, Velasco made his name in Madrid with his solo dance-theatre performance in *Vaca*, in which he made it clear that dignity can defeat any kind of stereotype. As versatile as he is active, he has directed theatrical productions like *Cliff* and *Delicia* and has appeared in TV series like *Vis a vis* and Spanish box-office hits such as *Kiki, el amor se hace*.

# I've pulled!

A selection of the most special spots in Madrid to enjoy a memorable date



## DALIEDA DE SAN FRANCISCO

In La Latina, right next to the Basílica de San Francisco el Grande, you'll find the San Francisco dahlia park, a park specially dedicated to growing and showing dahlias. The viewing point is on a piece of land that used to be the San Francisco convent, but it fell into ruins and was demolished in the mid 20th century. Until 2007 the land was unused, and it is now a pretty spot that's still relatively unknown, where you can share a romantic moment sitting on a bench among the flowers.

→ Gran Vía de San Francisco, 29.  
M: Puerta de Toledo.

## ÁTICO 11

Great gin and tonics, as well as salmon or ox tartar, grilled sardines and whitebait, and the cheeseboard are some of the suggestions from the menu you'll find on the seventh floor of the Iberostar Las Letras Gran Vía Hotel. The top of the hotel is

elegantly decorated in wood and is the perfect place to watch the sun set in summer or enjoy a glass of fresh orange juice in the morning. Its cocktails are extra large, while its live music and DJ sessions, added to the views over Madrid's main street, make it one of the best terraces to impress a date.

→ Iberostar Las Letras Gran Vía. Gran Vía, 11.  
M: Banco de España, Gran Vía.

## PARQUE DE EL CAPRICHO

In the Barajas district you can find this gem of romanticism, in the shape of an extraordinarily well-preserved 18th-century park, El Capricho de la Alameda de Osuna. Inside its 14 hectares there's an artificial river, lakes, woods, gardens, buildings made

## The gardens and temples in the Parque de El Capricho take you back in time to the 18th century

to look like temples, and some hidden corners. Its construction was begun in 1780 for the Duke and Duchess of Osuna, the most cultured couple of the Spanish aristocracy at the time, who championed the ideas of the Enlightenment and patronised several artists.

→ Paseo de la Alameda de Osuna, s/n.  
M: El Capricho.

## VINOTECA MORATÍN

The wine list is extensive and well chosen, so you may need some time to pick. Choosing your food is easier, with a small but highly appealing and carefully created menu. If you're looking for a quiet end to a date there's a tasteful, secluded area with

plants and wood where you can whisper sweet nothings without being distracted.

→ Moratín, 11. M: Atocha.

## HAMMAM AL ÁNDALUS

This oasis of calm is located just a few minutes from busy Puerta del Sol. With thermal baths at different temperatures, the relaxing atmosphere and peace envelope you as soon as you walk through the door. The ceilings and walls are inspired by Moorish design, and you can complete the experience by going to eat at nearby Casa Patas.

→ Atocha, 14. M: Sol.

## REAL JARDÍN BOTÁNICO

Right next to the bustle of Paseo

del Prado, you can visit this green and leafy space with more than 30,000 plants from all over the world. Head there and it's easy to imagine life in the city has stopped, and love is floating in the air. The gardens were created in 1781 for Carlos III by Juan de Villanueva and botanist Gómez Ortega.

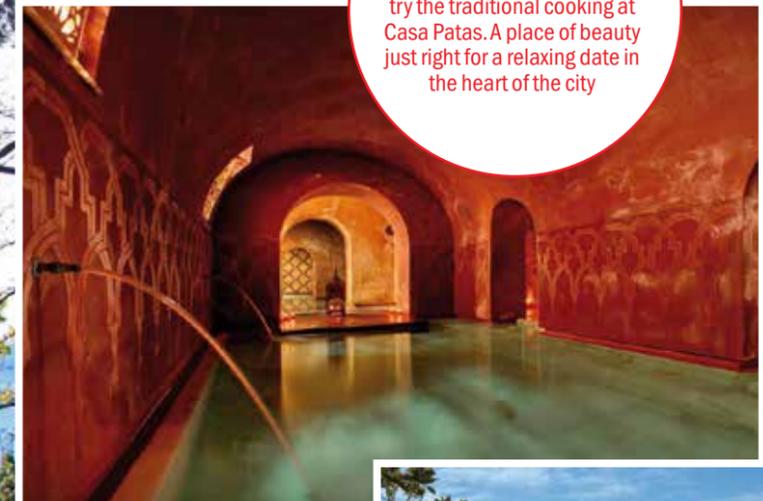
→ Plaza de Murillo, 2. M: Atocha.

## TEMPLO DE DEBOD

As well as one of the most recognisable postcards of Madrid, the Debod Temple is a favourite spot for couples. If you've never seen it, close your eyes and imagine a series of three portals surrounded by water, under a sky painted in

## ARAB BATHS NEAR PUERTA DE SOL

You can relax in the thermal waters, enjoy a massage and try the traditional cooking at Casa Patas. A place of beauty just right for a relaxing date in the heart of the city



## LOVE AMONG THE DAHLIAS

Viewpoint of the Basílica de San Francisco el Grande

## PALACIO DE CRISTAL

Built in 1887, this beautiful glass and iron building is in El Retiro park

## WHY TO VISIT

For its amazing lake complete with swans, and to see the Reina Sofía Museum and its fascinating exhibitions.

→ Palacio de Cristal.  
Parque del Retiro.  
M: Retiro.

tones of orange. The temple was sent, stone by stone, in 1968 by the Egyptian government in gratitude for Spain's help in preserving the heritage of Aswan.

→ Ferraz, 1. M: Plaza de España.

## GARRA BAR

This space is centred around an impressive bar that's adorned with mirrors, velvet and gold dominating the decor. The menu has champagne, cocktails and mocktails, and all the usual spirits, as well as delicious tapas, while the posh hotel ambience will have just the right effect on your date.

→ Hotel Barceló Torre de Madrid. Plaza de España, 18. M: Plaza de España.

# Shopping

[www.timeout.com/madrid/shopping](http://www.timeout.com/madrid/shopping)

## Design that's made in Madrid

Creatives of all types, from dressmakers to painters, have chosen Madrid to set up their stores and workshops. Come and meet them!

### Senyor Pablo

Senyor Pablo makes unique knitwear for women and men using his knitting machine; his fantastic designs have brought him success all over the world via Instagram. He began by adding knitted sleeves to denim waistcoats, and several collections later, his jumpers and jackets have found their niche in the world of independent design.

→ [www.senyorpablo.com](http://www.senyorpablo.com)

### Ruben Gómez

Gómez is another guru of Madrid indie design. He's been showing his work on alternative catwalks for several years and won awards for his designs. He doesn't just create clothes for men, but also tries new directions such as his latest jewellery collection, which was inspired by industrial materials, for Biis, his genderless label.

→ [www.biis.es/shop](http://www.biis.es/shop)

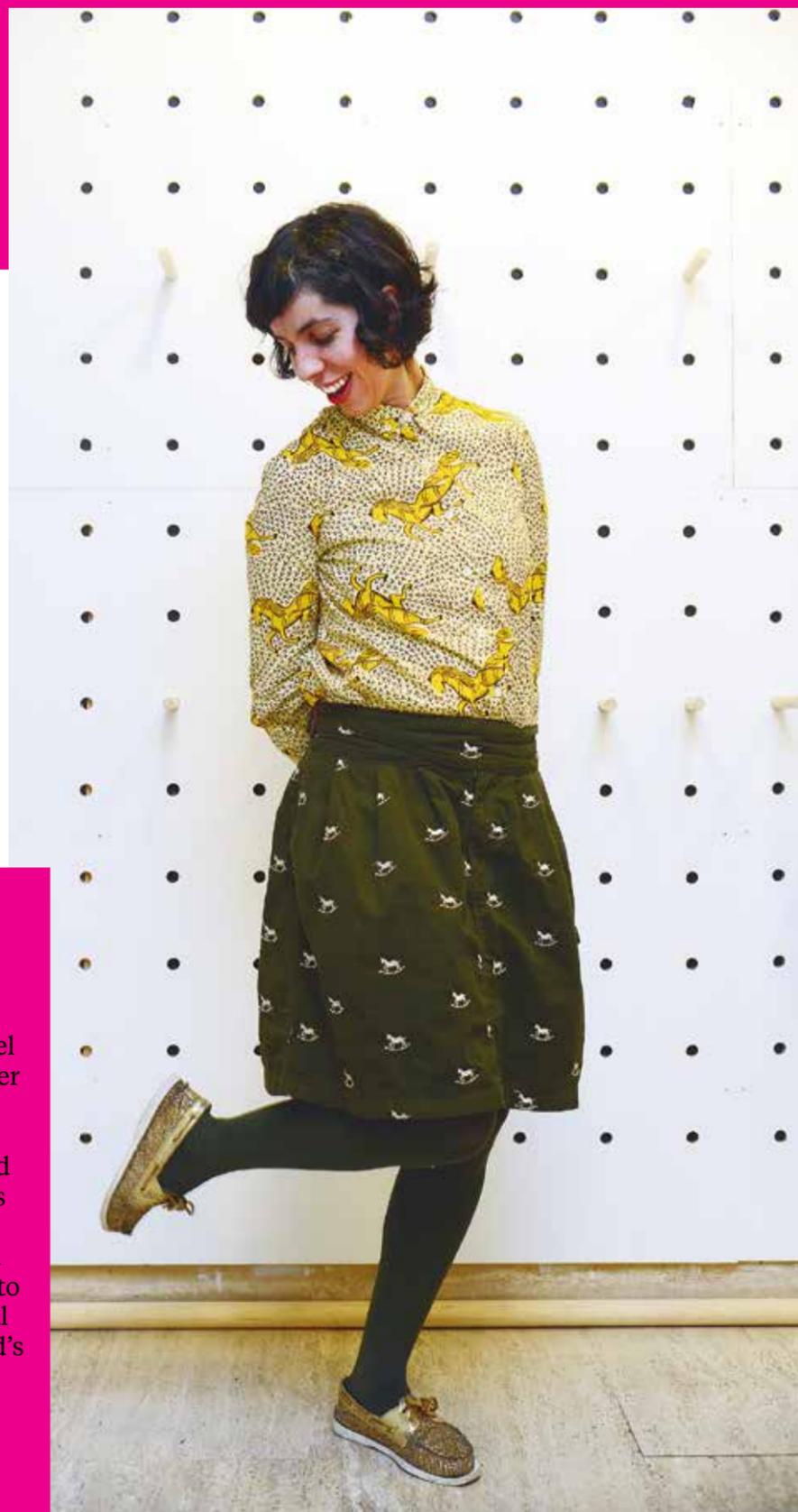
### Andrés Gallardo

This young Spanish jewellery designer is one of the trendiest on the scene. He creates and recycles, breaks and polishes ceramic objects, which he then shapes and paints by

### Peseta

Laura Martínez del Pozo is the designer at Casa Peseta, which houses a frenzy of coloured bags, hats, covers and loungewear. She collaborated with Marc Jacobs to design the official T-shirts for Madrid's 21 districts.

→ [www.peseta.org](http://www.peseta.org)



IVAN MORENO

hand to make luxury handmade items. Some of his work also uses leather and cow skin from Spain.

→ [www.andresgallardo.com](http://www.andresgallardo.com)

### Fabio Encinar

This young designer is making his mark in the world of women's fashion. His trademark is classic yet baroque designs, somewhere between Lacroix and Lorenzo Caprile. Young brides-to-be particularly love his bridal wear, and his collections are as close to haute couture as someone of his age can create.

→ [www.fabioencinar.com](http://www.fabioencinar.com)

### Guille García-Hoz

The work of interior designer García-Hoz is among the freshest and most fun of the Madrid scene, with pottery created in collaboration with the Talevera Ceramics Centre, and painted paper that demonstrates his amazing talent. Check out his shop to discover a whole new universe of design concepts. (Pelayo, 43).

→ [www.guillegarciahoz.com](http://www.guillegarciahoz.com)

### Cocó Davez

This young Madrid artist, illustrator and photographer creates front pages for newspapers, colourful and expressionist portraits, and miniatures of animals. She also collaborates with other designers and illustration sites such as the Gunter Gallery. With her pop style and neo-realism illustration, Davez is considered one of the most promising talents of Spanish contemporary art.

→ [www.cocodavez.com](http://www.cocodavez.com)

### Sonia Giordani

Giordani is an Italian designer who has lived in Madrid for ten years. She specialises in urban style and her creations include Hei Black Fashion, a streetwear label inspired by the '90s, techno music and Gabber subculture. Her latest collection, Hakken was launched with a music festival and is sharply urban with a slice of fun vulgarity.

→ [www.hei-black-fashion.com](http://www.hei-black-fashion.com)

## TOP 3

### Vintage shopping



#### ↑ Magpie

Magpie Vintage is an extremely cool shop with enough retro clothes to make you rethink your whole look. Choose from rails and rails of well-ordered, clean and ironed clothes that are practically as good as new.

→ [www.magpie.es](http://www.magpie.es)



#### ↑ Kinda Kinks

Vintage clothes imported from Canada, UK and US, and displayed in great open trunks, hung on rails and draped over furniture. Prices are reasonable and you can find stock pieces that have never been worn.

→ [www.facebook.com/kindakinksmadrid](http://www.facebook.com/kindakinksmadrid)



#### ↑ Flamingos Vintage Kilo

Their philosophy is to sell classic designs that have a strong influence from US vintage style. All the clothes are sold at good prices by the weight. You might have to do some dedicated rummaging, but there are genuine treasures to be found.

→ [www.vintagekilo.com](http://www.vintagekilo.com)



El Rastro



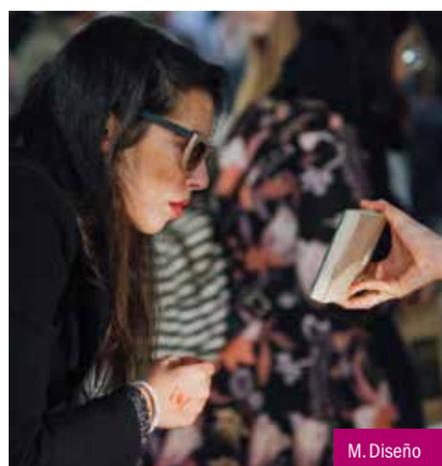
M. Motores

© JOSELU MIGUEL

TOP 5

# Weekend markets

Madrid has markets of all types, from antiques to contemporary design, vintage and organic produce. Take a stroll among the stalls of five of the best



M. Diseño



Nómada



Productores

## 1 El Rastro

Madrid's El Rastro market is one of the most popular in the city, and the modern version has very little to do with its original format. Gentrification (which reached its peak with an Ikea pop-up) has transformed it – neither for better nor worse, but completely. Wandering around it is a bit like browsing through streets of chic decor, bookshops, cafés and eateries, but there is the added joy of the typical old-school bargains and street stalls on Sundays.

→ [www.elrastro.org](http://www.elrastro.org)

## 2 Mercado de Motores

The inspiration for the Mercado de Motores has nothing to do with engines but comes from the vintage markets in cities like New York, London and Berlin. Not exactly a flea market, this is more a platform for traders where customers can find, try and buy original Spanish products, and enjoy live music, food and drink. The market is on every second weekend of the month in the Railway Museum, and over 200 designers, chefs and creatives of all types show up.

→ [www.mercadodemotores.es](http://www.mercadodemotores.es)

## 3 Mercado de Diseño

This is essentially a way to discover up-and-coming designers in the city, as well as try a wide range of food and hear live music. Held sporadically at Matadero Madrid, the Design Market has become a must-go date on the Madrid calendar and offers a whole weekend of emerging designers, culture and food in a relaxed atmosphere, which brings new creatives and crafters together with the public while also adding a fresh design buzz to the Spanish capital.

→ [www.mercadodedisenio.es](http://www.mercadodedisenio.es)

## 4 Nómada Market

This market was set up in 2005 with the aim of introducing new designers to the scene by offering a place for interaction and exchange, and a laboratory for ideas where participants can make contact with other artists, specialist press and buyers looking for something outside the mainstream. Usually held at the beginning of each season in the Mercado de la Cebada, it combines many creative disciplines in one space.

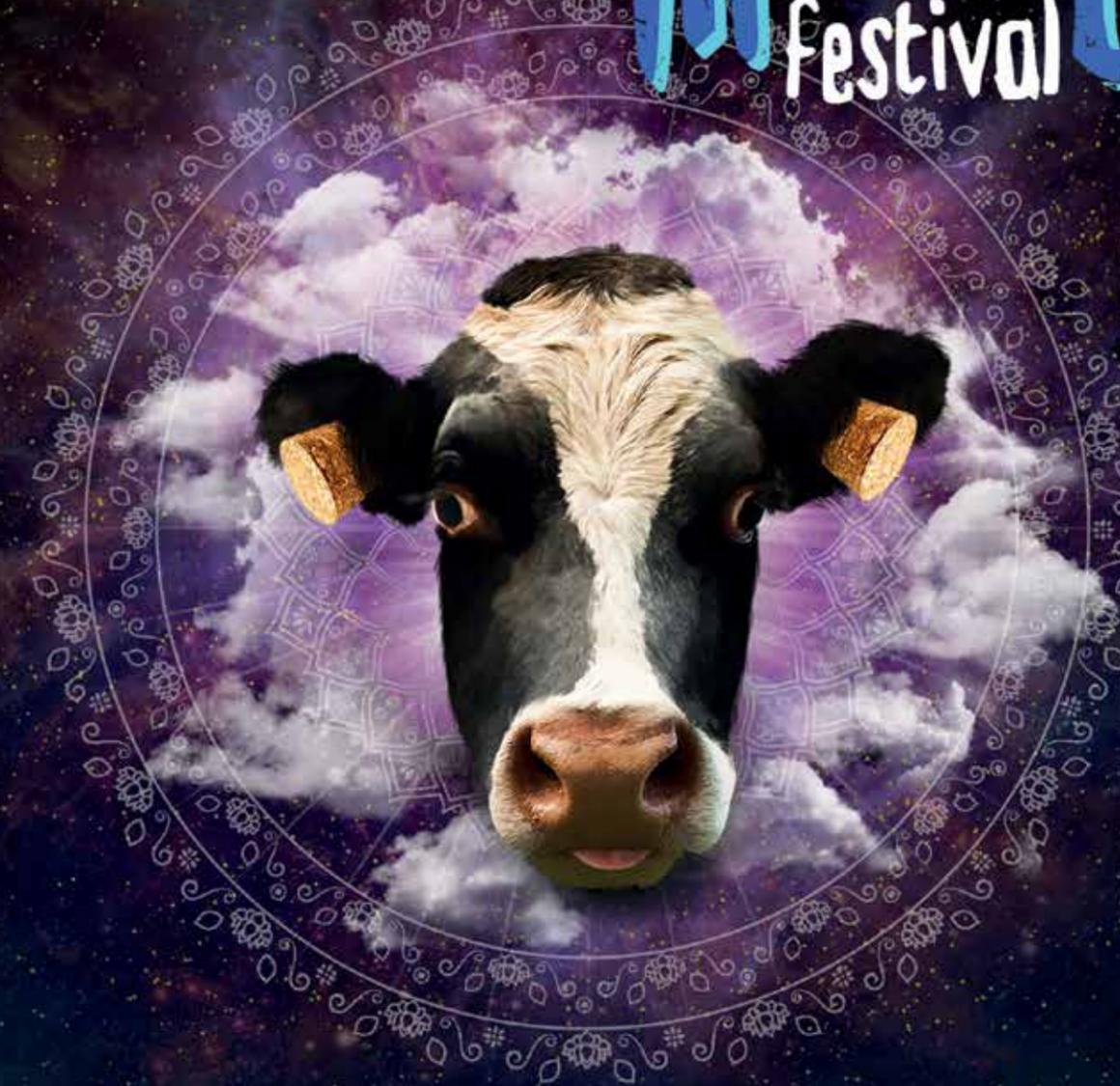
→ [www.nomadamarket.com](http://www.nomadamarket.com)

## 5 Mercado de Productores

The largest exhibition, sale and sampling space for organic and home-grown produce in Madrid. If you want fresh organic food this monthly market is the best place to come, where you can buy straight from the producers: vegetables, mountain-bred meat, cheese, olive oil, honey, sourdough bread, craft beers, wines, vermouth and tapas. There are tables and bars right in the market in case you can't wait to try the delicious produce you've just purchased.

→ [www.mercadoproductores.es](http://www.mercadoproductores.es)

# doctor music festival



reincarnation edition

12, 13, 14 JULY 2019

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[WWW.DOCTORMUSICFESTIVAL.COM](http://WWW.DOCTORMUSICFESTIVAL.COM)



# My style

## 1

### SUNGLASSES

#### Sunday Somewhere

The sunny days in Madrid mean good sunglasses are a must, like these ones with rounded frames and organic grey glass.

→ €213. [www.opticacaribou.com](http://www.opticacaribou.com)



## 2

### A T-SHIRT

#### Sportivo

T-shirts are a basic of Madrid streetwear, like this pure cotton grey one from Sportivo Conde Duque. It's oversized and inspired by the skater look.

→ €70. [www.sportivostore.com](http://www.sportivostore.com)



## 3

### A HAT

#### Kling

The Jo Tía hat from Kling is an urban style basic, perfect if you want an informal look with a modern, alternative edge.

→ €12. [www.kling.es](http://www.kling.es)



## 4

### JEWELLERY

#### Biis

A clip to keep your money in check, or is it a necklace, or even a brooch for your shirt or jacket pocket?

→ €150. [www.biis.es](http://www.biis.es)



## SHOPPING STREETS



### Fuencarral

→ M: Gran Vía, Tribunal.

This pedestrianised street has been a fashion hotspot in Madrid since the 1990s, when its now-closed market was launched. Today the street is a shoppers' paradise, featuring all the coolest stores in one place.

### Gran Vía

→ M: Callao, Gran Vía.

Madrid's main shopping thoroughfare is also a touristy street full of mainstream shops. You'll find all the affordable high-street shops, plus a few others that have survived the invasion of the chains.



### Preciados

→ M: Sol.

Preciados is the other side of mainstream shopping in Madrid, hosting all the city's main department stores, where you can buy almost anything imaginable, along with a few souvenir shops.

### Milla de Oro

→ M: Serrano.

The Golden Mile is a collection of streets and shops in Salamanca where you can find all Madrid's luxury labels, such as Serrano, Ortega y Gasset, and Jorge Juan, as well as the people with the money to buy them.

# City of Madrid



**iMADRID!**

# 10 reasons to study in Madrid



## 01.

### The climate

Forget your umbrella, bring your sleeveless T-shirt for summer, and a good coat and scarf in winter. That's how we could sum up the weather in the city of Madrid, which is located 655 metres above sea level. In general, it's a dry climate, with little rain during the year, very warm summers and cold winters. Spring and autumn go by almost unnoticed.



## 02.

### The culture

Madrid is one of the richest cities in art and culture in Europe. As well as the most important art gallery in Spain (the Museo del Prado) and one of the most visited contemporary art centres in the world (the Museo Reina Sofía), it also has an endless programme of quality theatre, all kinds of concerts every night of the year, and outstanding commercial and independent film seasons.

## 03.

### The Madrid character

In the city there are few authentic 'gatos'; in other words, locals whose parents and grandparents were all born in Madrid. Instead almost all of them have family still living elsewhere, a place they can escape to in the summer. That's why the locals have an open and welcoming character; they're always ready to help you out. This is a city where you'll feel right at home.



## 07.

### Transport

Madrid has a wide range of public transport, which is the best way of getting around the city. Metro, bus and local train are the means most used by locals for going from A to B. Those who choose to go by car have to deal with the traffic jams on the M-30, the main road into the centre, and parking meters. In addition, the bike is an increasingly popular alternative.



**Life in Madrid is not excessively expensive compared with other European capitals**

**Spanish cuisine is one of the best in the world, and so is Madrid's**

## 09.

### Prices

Life in Madrid is not excessively expensive compared with other European capitals. Transport and accommodation are well-priced in relation to cities like London, Berlin or Paris. In addition, prices are lower in the outlying neighbourhoods than in the city centre, while in tourist areas they are usually exorbitant. But if you know the city well you can go to the cinema or the best museums for free!

## 04.

### The language

Why not learn to speak a language used by over 500 million people? Spanish, a Romance language that comes from spoken Latin, is not very complicated to learn, especially if you're going to use it in your day-to-day life. Although in Madrid you won't have many problems communicating in English, we recommend that you dare to express yourself in Spanish. You're bound to pick it up right away!

## 05.

### Shopping

From international fashion labels to artisan workshops, the city has a wide range of shops where you can buy anything you need. What's more, in contrast to other European cities, in Madrid you can go shopping in the supermarket or shops until 9pm or even later. The department stores open from 10am to 9pm, including Sundays.

**Why not learn to speak a language used by over 500 million people?**

## 06.

### Leisure

If you want, in Madrid you can find leisure options for every day of the week, adapted to your interests and budget. From a night out for drinks to learning how to dance salsa or taking a guided bike tour through the city, the choice is vast. And that's to say nothing of popular festivals, fairs and markets held every weekend in the city, especially during the warmer months.

## 08.

### Food

It's no secret that Spanish cuisine is one of the best in the world. And Madrid is the perfect place to sample it. We have a range of establishments from those boasting three Michelin stars (DiverXO) to the oldest restaurant in the world (Casa Botín), as well as many places to try the city's typical dishes such as the *cocido* (stew), discover fusion cuisine, and enjoy the tapas and snacks in bars and pubs.

## 10.

### Safety

Madrid is 'an extraordinarily safe city', according to our authorities. The crime rate in the city has dropped in recent years and police officers watch over our safety. The best thing you can do is use your common sense to enjoy the city problem-free, as you would when visiting any new place. If you do find that you need assistance with an emergency, then call 112.



The ideal occasion to meet new people



**FREE!**  
All the activities held during the MSWD are completely free

# Madrid Student Welcome Day!

## Where and when

The Galería de Cristal at the Palacio de Cibeles, which is the headquarters of Madrid City Council in the heart of the city, is the location for this year's event, the third such meeting for students who have just arrived in the city. In 2017 it takes place on September 30.



## What is it?

The Madrid Student Welcome Day (MSWD) is the city's official welcome event for all those students who have chosen the city as the best place for their education. The aim is to inform students in a single event about all the advantages Madrid offers them so that they can make the most of their stay here.

**GIFTS!**  
During the event all kinds of gifts are raffled such as football tickets and trips



# Accommodation

Finding the perfect place to live while studying in Madrid is one of the most important tasks. We give you a hand with the following recommendations and provide a selection of flats, residences and more!



## Five tips

Before deciding on accommodation, you should take some very important factors into account.

**FIRST, YOU MUST** be sure about where in the city you want to live. Every neighbourhood is different and that's why you need the right information. You must also be sure about the type of accommodation you prefer for your time in the city. Do you want to share a flat or live in a hall of residence? You must also be clear about how much you are prepared to pay depending on the facilities. You need to know where to start looking – there's a wide range of websites and accommodation agencies. And, finally, it's important to thoroughly revise the rental contract before signing it.

**You must be sure about the type of place you want to live in and who you'd like to share with**

## INTERVIEW

**'There are lots of where-to-stay options'**



**Adrian Lawlor, 21,** moved from Ireland to study at the ICADE Faculty of the Universidad Pontificia de Comillas, a centre he chose 'for its reputation'. Adrian, who was studying Spanish in his country of origin, continued improving his language skills thanks to his stay in Madrid.

### How did you find accommodation in the city?

The truth is that it was easier than I thought because the Citylife Madrid office in Gran Vía helped me a lot.

### Where did you live during your stay? A shared flat, a hall of residence...?

I lived in a flat share with other students and the truth is that it was great, I had no problem at all.

### How would you rate the accommodation available in Madrid?

In Madrid there are many offers, the range is quite wide... so in this respect I would rate it highly. Moreover, I am from Dublin and, in comparison with prices there, rents here are much lower.

### What would you recommend to a student coming to live here?

I would tell them that it is best to live with other students, either from Spain or abroad, to learn about different cultures, other languages and different customs. ■

UNIVERSITY  
HALLS OF  
RESIDENCE**Antonio de Nebrija**

This is one of the halls of residence directly managed by the Universidad Complutense.

→ Av. Séneca, 8. M: Moncloa.  
T: 91 550 43 00.

**Fernando de los Ríos**

Located in Getafe, it's part of the Universidad Carlos III.

→ Av. de las Ciudades, 1  
M: Los Espartaes.  
T: 91 771 27 00.

**Diego de Covarrubias**

Also managed by the Universidad Complutense, and located very close to the faculties.

→ Av. Séneca, 10.  
M: Moncloa. T: 91 394 11 57.

**Santa María de Europa**

This is another of the halls of residence directly managed by the Universidad Complutense. Has good sports facilities.

→ Cea Bermúdez, 17.  
M: Canal. T: 91 533 62 00.

**Fernando Abril Martorell**

Part of the Universidad Carlos III in Leganés and well-connected.

→ Palmera, 12. M: San Nicasio. T: 91 771 10 00.

**Juan Luis Vives**

Close to Paseo de la Castellana, it's part of the Universidad Autónoma.

→ Francisco Suárez, 7.  
M: Plaza de Castilla.  
T: 91 497 99 00.

**Gregorio Peces-Barba**

Accommodates students and professors from the Universidad Carlos III.

→ Av. Federica de Montseny, 1.  
M: Los Espartaes.  
T: 91 771 27 00.

**Santillana**

Located in a quiet

area, away from the centre, managed by the Universidad Autónoma.

→ Marbella, 60. M: Paco de Lucía. T: 91 735 50 31.

**Teresa de Jesús**

Mixed hall of residence of the Universidad Complutense.

→ Av. Séneca, 10. M: Moncloa.  
T: 91 394 10 07.

**Ximénez de Cisneros**

Attached to the Universidad Complutense.

→ Av. Séneca, 8. M: Moncloa.  
T: 91 394 10 04.

**Somosierra**

Attached to the Universidad Autónoma.

→ Pablo Vidal, 6. M: Arturo Soria.  
T: 91 413 60 11.

## Accommodation agencies

When looking for a flat you can always turn to estate agencies specialised in renting. The advantage is that you will get a reliable service and you can always contact them if you have a problem during your stay. Among the most recommended are HelpMadrid, Aluni, Mi Casa Inn, Oh my room!, Living Atmosphere and PyR Solutions. You can also try websites such as Idealista, Fotocasa and Easypiso.

OTHER HALLS OF  
RESIDENCE**Alcalá**

It has 174 individual rooms with full bathroom.

→ Don Ramón Menéndez Pidal, 2.  
M: Metropolitano.  
T: 91 553 30 04.

**Alcor**

Attached to the Universidad Complutense.

→ Gral. Ampudia, 7.  
M: Metropolitano.  
T: 91 533 92 08.

**Aquinas**

Located in the Ciudad Universitaria and belongs to the Dominican Order.

→ Leonardo Prieto Castro, 6.  
M: Metropolitano.  
T: 91 543 88 00.

**Argentino Nuestra Señora de Luján**

Argentinean hall of residence with outstanding architecture.

→ Martín Fierro, 3.  
M: Moncloa.  
T: 91 181 20 50.

**Barberán**

Accommodates almost 200 students from outside Madrid.

→ Av. Séneca, 16. M: Moncloa.  
T: 91 602 03 00.

**Casa do Brasil**

Attached to the Universidad Complutense, its mission is to promote the culture of other countries.

→ Av. de la Memoria, 3.  
M: Moncloa.  
T: 91 455 15 60.

**Chaminade**

Opened in 1966, it belongs to the Fundación Universitaria Guillermo José Chaminade.

→ Paseo de Juan XXIII, 9.  
M: Metropolitano.  
T: 91 554 54 00.

**Elías Ahúja**

Male hall of residence attached to the Universidad Complutense.

→ Rector Royo-Villanova, 4.  
M: Metropolitano.  
T: 91 533 77 00.

**Jaime del Amo**

Attached to the Universidad Complutense de Madrid. Owned by the Claretian Missionaries.

→ Av. de Gregorio del Amo, 5.  
M: Metropolitano.  
T: 91 554 08 04.

**Jorge Juan**

Created for the children of Navy officers.

→ Av. Séneca, 14.  
M: Ciudad Universitaria.  
T: 91 550 71 00.

**Juan XXIII Roncalli**

Female hall of residence with 165 places and over 56 nationalities attached to the Complutense.

→ Ramiro de Maeztu, 3.  
M: Metropolitano.  
T: 91 533 94 09.

**Loyola**

University hall of residence of the Society of Jesus attached to the Universidad Complutense.

Paseo de Juan XXIII, 17.  
M: Metropolitano.  
T: 91 534 04 04.

**Marqués de la Ensenada**

Mixed hall of residence whose facilities were refurbished in 2009.

→ Av. Séneca, 18. M: Moncloa.  
T: 91 549 71 00.

**Mendel**

Male hall of residence attached to the Universidad Complutense and managed by the Order of Saint Augustine.

→ Rector Royo-Villanova, 6.  
M: Guzmán el Bueno.  
T: 91 534 07 00.

**Moncloa**

Founded in 1943 and managed by the Opus Dei, also attached to the Universidad Complutense.

→ Av. Moncloa, 3.  
M: Metropolitano.  
T: 91 533 85 00.



## Other services

Through the 'Vivienda Virtual' service of the Comunidad de Madrid (regional government) you can find shared rooms, accommodation with families and flats to rent.

→ [www.emes.es](http://www.emes.es)

**Nuestra Señora de Africa**

Male and female hall of residence with 160 single rooms.

→ Ramiro de Maeztu, 8.  
M: Metropolitano.  
T: 91 554 01 04.

**Nuestra Señora de Guadalupe**

With four floors, it's linked to the Escuela de Organización Industrial.

→ Av. Séneca, 4. M: Moncloa.  
T: 91 543 52 00.

**Padre Poveda**

Female hall of residence attached to the Universidad

Complutense.

→ Isaac Peral, 60.  
M: Metropolitano.  
T: 91 456 25 89.

**Pío XII**

Male hall of residence with good sports facilities.

→ Paseo de Juan XXIII, 3.  
M: Metropolitano.  
T: 91 514 17 00.

**Santa María del Pino**

Female hall of residence that hosts a variety of cultural events.

→ Paseo de S. Fco. de Sales, 13.  
M: Islas Filipinas.  
T: 91 549 51 50.

**Berrospe**

Female hall of residence attached to the Universidad Pontificia.

→ Av. Moncloa, 9.  
M: Metropolitano.  
T: 91 533 59 00.

**San Agustín**

Attached to the Universidad Complutense and managed by the Augustinians.

→ Travesía Antonio Nebrija, 4.  
M: Moncloa.  
T: 91 550 50 00.

**San Pablo**

Founded by the Asociación Católica de Propagandistas and attached to the Universidad CEU San Pablo.

→ Isaac Peral, 58. M: Islas Filipinas. T: 91 598 96 00.

**Vedruna**

This hall of residence, bearing a woman's name, Joaquina Vedruna, and attached to the Universidad Complutense, aims for the complete education of all young female students living there.

→ Glorieta Pdte. García Moreno, 2. M: Metropolitano.  
T: 91 534 45 00.

**Zurbarán**

Female hall of residence, the corporate work of the Prelature of the Opus Dei and attached to the Universidad Complutense.

→ Víctor de la Serna, 13.  
M: Colombia.  
T: 91 519 74 25.

UNIVERSITY  
RESIDENCES**Erasmus**

The only residence on the Universidad Autónoma de Madrid campus. Studios equipped with a kitchen, and a dining room/cafe/terrace in the residence. There are over 700 students.

→ Erasmo de Rotterdam, 5-7. T: Cantoblanco-Universidad.  
T: 91 131 21 00.

**Gómez Pardo**

Central university residence with over 40 years of service located in Chamberí, well-connected and with a great atmosphere.

→ Cristóbal Bordiú, 30 bis.  
M: Ríos Rosas.  
T: 91 441 79 21.

**Santa María del Estudiante**

Designer accommodation, with swimming pool and sports court, located in a central area. All the rooms are external, furnished, with en suite bathroom and free WiFi connection.

Paseo Juan XXIII, 13.  
M: Metropolitano.  
T: 91 213 42 00.

**José Pérez de Vargas**

Modern building, opened in the academic year 2012/2013, it's

located on the Campus Universitario Vicálvaro and belongs to the Universidad Rey Juan Carlos.

→ Av. de Daroca, 321.  
M: Vicálvaro. T: 91 775 30 42.

**Vallehermoso**

Since its refurbishment, this residence is one of the most comfortable in the city. Located in Chamberí it has an outdoor pool, dining room and gym.

→ Melquiades Álvarez, 21.  
M: Guzmán el Bueno.  
T: 91 788 22 00.

**San Ildefonso**

Located in the Colegio de San Ildefonso, in the historic centre of Alcalá de Henares and close to its university.

→ Plaza San Diego s/n.  
T: Alcalá de Henares.  
T: 91 878 81 46.

**Cardenal Cisneros**

Mixed residence on the Campus Universitario Cardenal Cisneros, with spacious green and sports areas, 10 minutes from the faculties of the Universidad de Alcalá de Henares.

→ Av. de los Jesuitas, 34.  
T: Alcalá de Henares.  
T: 91 882 98 26.

**Giner de los Ríos**

Single and double studios, all exterior, with kitchen, bathroom, air-con and free WiFi, on the Campus Externo of the Universidad de Alcalá.

→ Carretera Madrid-Barcelona, Km 33,600.  
T: 91 181 81 00.

**Residencia de Estudiantes**

For researchers, post-grads, and creatives from different fields.

→ Pinar, 21-23.  
M: Nuevos Ministerios.  
T: 91 563 64 11.

# Education

The city offers a wide range of education, higher education in both public and private universities, that compares favourably with other European universities, and language centres



## Quality education

Madrid has a wide and varied range of tuition that is ideal for all students, whether they're Spanish or come from abroad

**A CITY AS** cosmopolitan and open as Madrid could be no less so in its education. With six public universities, the city offers quality higher education comparable with other European cities. Throughout the year, these centres offer their foreign students special courses for learning Spanish, with interesting cultural activities, although they're not the only option for learning the language. The university studies available in Madrid are complemented by eight private universities (whose fees are higher than the public centres), which offer enrolled students all kinds of degrees and diplomas.

**The range of higher education in Madrid includes six public universities and eight private**

## INTERVIEW

### 'Prices are quite affordable'



**'What I liked** most about living in Madrid for a time was the safety and tranquillity I felt.' This young student, who's 28, has no doubt what she would highlight about the city. Losvelys Phipps came to Madrid from the Dominican Republic to study a master's degree at the prestigious Next International Business School.

#### Why did you decide on private education?

What pushed me to make the final decision was that I got a full grant for my studies here in Madrid.

#### What do you think about the range of education in Madrid compared with other cities?

I haven't studied in other European cities apart from here, so it's hard to compare, but, in general, I think Spanish education, and specifically in Madrid, is good. And in terms of prices of degrees, courses and other qualifications, I think they're quite affordable.

#### What advice would you give to someone coming to study next year in Madrid?

I would tell them to try to find a highly specialised university or study centre in the area that interests them; the education will always be more suited to what they are looking for and they will get more out of it. ■

## PUBLIC UNIVERSITIES

### COMPLUTENSE Moncloa Campus

This campus of the Universidad Complutense de Madrid is in Ciudad Universitaria. It has faculties such as Pharmacy, Veterinary Medicine and Medicine, among others.

→ Avda. de Séneca, 2.  
M: Ciudad Universitaria.  
T: 91 452 04 00.

### COMPLUTENSE Somosaguas Campus

This campus of the Universidad Complutense has the faculties of Psychology, Economics, Political Sciences, Sociology and Social Work.

→ Campus de Somosaguas, s/n. Autobuses: 561A, 563.  
T: 91 394 29 99.

### AUTÓNOMA Cantoblanco

The Universidad Autónoma de Madrid is in Cantoblanco. It's one of the best centres for studying Biology, Nursing, Medicine and Physics.

→ Ciudad Universitaria de Cantoblanco.  
T: Cantoblanco-Universidad.  
T: 91 497 50 00.

### POLITÉCNICA Ciudad Universitaria Campus

Although it has several centres, the main campus of the Universidad Politécnica is in the Ciudad Universitaria. It's specialised in engineering

disciplines such as Aeronautics, Industrial Design and Architecture.

→ Ramiro de Maeztu, 7.  
M: Metropolitano.  
T: 91 336 60 00.

### REY JUAN CARLOS Madrid Campus

This campus of the

Universidad Rey Juan Carlos has the faculties of Legal Sciences and Communication, and the schools of Experimental Sciences and Computer Engineering.

→ Paseo de los Artilleros, s/n.  
M: Vicálvaro.  
T: 91 488 78 00.

### REY JUAN CARLOS Alcorcón Campus

This campus has the faculties of Health Sciences and Legal Sciences.

→ Av. Atenas, s/n. M: Alcorcón Central. T: 91 488 93 93.

### REY JUAN CARLOS Fuenlabrada Campus

This public campus is dedicated to the Information Sciences, Telecommunications Engineering and Legal Sciences.

→ Camino del Molino, s/n.  
M: Hospital de Fuenlabrada.  
T: 91 488 84 01.

### REY JUAN CARLOS Aranjuez Campus

It has the faculties of Health Sciences and Legal Sciences, with centres on all campuses.

→ Infantas, 55. Aranjuez.  
T: Aranjuez.  
T: 91 488 44 21.

### REY JUAN CARLOS Móstoles Campus

This campus stands out for its teaching in Computer Engineering, Experimental Sciences and Technology and also Legal Sciences.

→ Tulipán, s/n. M: Móstoles Central. T: 91 665 50 60.

### ALCALÁ Alcalá de Henares Campus

The Universidad de Alcalá is one of the oldest in Europe and offers 38 degrees.

→ Plaza de San Diego, s/n.  
T: Alcalá de Henares.  
T: 91 885 40 00.

### CARLOS III Getafe Campus

On this campus, the Universidad Carlos III de Madrid has the faculties of Social Sciences and of Humanities, Communication and Communication.

→ Madrid, 126. M: Juan de la Cierva. T: 91 624 95 00.

### CARLOS III Leganés Campus

This campus has the Higher Polytechnic School of the Universidad Carlos III and laboratories for experimental classes (Bioengineering, Mechanics, Robotics, Computing, Aerospace, etc.).

→ Av. Universidad, 30.  
M: Leganés Central.  
Tfno.: 91 624 95 00.



## Grants

If you are coming to study in Madrid, you can apply for grants given by different Spanish institutions, such as the Spanish Agency for International Development Cooperation, the Fundación Carolina or some banks including Santander. Take a look at the website of Universia so you don't miss out on any opportunities.

→ [www.becas.universia.net](http://www.becas.universia.net).

PRIVATE  
UNIVERSITIES**ALFONSO X EL SABIO  
Villanueva  
de la Cañada  
Campus**

It offers 45 degrees and double degrees, in addition to 35 postgraduate degrees and diplomas. And it has its own health centres.

→ Av. Universidad, 1.  
Autobuses: 581, 627.  
T: 91 810 92 00.

**NEBRIJA  
Madrid-Princesa  
Campus**

This historic building houses the faculties of Information Sciences, Arts and Humanities, among others.

→ Santa Cruz de Marcenado, 27.  
M: Argüelles.  
T: 91 452 11 03.

**NEBRIJA  
La Berzosa  
Campus**

La Berzosa Campus is located in an exceptional setting, near Torreldones.

→ Hoyo de Manzanares.  
Autobús: 611.  
T: 91 452 11 01.

**NEBRIJA  
La Dehesa  
de la Villa  
Campus**

It houses the Higher Polytechnic School and the School of Architecture.

→ Pirineos, 55.  
M: Francos Rodríguez.  
T: 91 452 11 00.

**CAMILO JOSÉ CELA  
Madrid-  
Villafranca  
Campus**

Its five faculties are all on this campus: Communication,

Education, Health, Law-Management and Architecture-Technology.

→ Castillo de Alarcón, 49.  
Villanueva de la Cañada.  
T: 91 815 31 31.

**CEU SAN PABLO  
Moncloa Campus**

This centre has the faculties of Humanities and Information Sciences, Law and Economic Sciences.

→ Julián Romea, 18.  
M: Metropolitano.  
T: 91 514 04 04.

**CEU SAN PABLO  
Montepríncipe  
Campus**

Located in Alcorcón, it has Pharmacy, Medicine and the Polytechnic School.

→ Urb. Montepríncipe.  
Autobuses: 571, 573, 574.  
T: 91 372 47 00.

**EUROPEA DE  
MADRID  
Villaviciosa  
Campus**

With 14,000 m<sup>2</sup>, this is one of the best private universities.

→ Tajo, s/n. Autobús: 518.  
T: 902 23 23 50.

**EUROPEA DE  
MADRID  
Alcobendas  
Campus**

In addition to its two campuses, the Universidad Europea is equipped with a dental clinic and a university polyclinic.

→ Av. Fernando Alonso, 8.  
Autobuses: 159, 827.  
T: 902 23 23 50.

**FRANCISCO DE  
VITORIA  
Pozuelo Campus**

With a single campus that has a hall of residence, this university is managed by the Legion of Christ.




## Instituto Cervantes

Created to promote and teach Spanish, it awards Diplomas in Spanish as a Foreign Language. Its accredited centres bear its characteristic red logo.

→ [www.cervantes.es](http://www.cervantes.es)

→ Carretera de Pozuelo a Majadahonda, Km. 1.800. T: 91 351 03 03.

**PONTIFICIA  
COMILLAS  
Madrid Campus**  
Catholic university for the study of Law and Economic Sciences (ICADE)

→ Alberto Aguilera, 23.  
M: San Bernardo.  
T: 91 542 28 00.

**Universidad a  
Distancia de  
Madrid**

Distance learning in fields such as Social Sciences, Economics...  
→ [www.udima.es](http://www.udima.es)



## SPANISH LANGUAGE CENTRES

**AIL Madrid**

This is the Academia Internacional de Lenguas Madrid.

→ O'Donnell 27.  
M: Príncipe de Vergara.  
T: 91 435 48 01.

**Paraninfo**

This is the first centre that was accredited by the Instituto Cervantes

→ Princesa, 70, 1º izq.  
M: Argüelles.  
T: 91 543 31 39.

**Enforex**

Language courses and summer camps.

→ Baltasar Gracián 4.  
M: San Bernardo.  
T: 91 547 48 52.

**International  
House Madrid**

Its systems have always been at the forefront of education.

→ Zurbarano, 8. M: Alonso Martínez. T: 91 319 72 24.

**Don Quijote  
Madrid**

This school has 38 classrooms on three floors of a historic building.

→ Duque de Liria, 6. M: Plaza de España. T: 91 360 41 33.

**Tándem Madrid**

International training school that also offers classes for teachers.

→ Marqués de Cubas 8. M: Sevilla. T: 91 319 72 24.

**Estudio Sampere**

Quality courses with an average of six students per class.

→ Don Ramón de la Cruz, 83.  
M: Lista. T: 91 431 43 66.

**Inhispania**

Courses for all levels throughout the year.

→ Marqués del Valdeiglesias, 3. M: Banco de España.  
T: 91 521 22 31.

**Academia  
Madrid Plus**

As well as classes, it offers extracurricular activities.

→ Arenal, 21, 6º dcha.  
M: Ópera.  
T: 91 548 11 16.

**Eureka School of  
Spanish**

Centre accredited by the Instituto Cervantes in the centre of Madrid.

→ Arenal, 26. M: Ópera.  
T: 91 548 86 40.

**Academia  
Contacto**

Small groups, dynamic classes and qualified native teachers.

→ Raimundo Lulio, 7.  
M: Iglesia.  
T: 91 364 24 54.



## SPANISH LANGUAGE INSTITUTIONS

**FEDELE**

The Federación Española de Asociaciones de Escuelas de Español para Extranjeros promotes quality in Spanish language teaching.

→ [www.fedele.org](http://www.fedele.org).

**UNIVERSIDAD.ES**

It promotes the educational work of Spanish universities abroad.

→ [www.internacionalizacion.sepie.es](http://www.internacionalizacion.sepie.es)

**Turespaña**

This is the public body responsible for marketing Spain as a tourist destination in the world.

→ [www.tourspain.es](http://www.tourspain.es).

# Facilities

Libraries, sports centres and swimming pools, the city's facilities are worthy of a big metropolis like Madrid. And they're open to locals and visitors alike



## For everyone

It doesn't matter what your budget is or where you live, the libraries, sports centres and other city facilities are suitable for everybody

**IN MADRID WE** can't complain about facilities. The Municipal Public Libraries Network of Madrid City Council is a public service formed by 32 neighbourhood libraries, in addition to specialised libraries with highly valuable collections, the Bibliometro and other institutions such as the Biblioteca Nacional de España (see image). Moreover, the municipal sports centres offer excellent facilities: sports courts and pitches, gyms, classrooms, etc. There are very economical monthly subscriptions and they are open until at least 8pm. And as if this weren't enough, the city is blessed with a number of large swimming pools.

## The Municipal Public Libraries Network comprises 32 centres

## INTERVIEW

### 'The library was open 24 hours at exam time'



**Javier Escudero Sahuquillo** moved from La Roda, in Albacete (Castilla-La Mancha) to study the degree he wanted. This 29-year-old radio presenter chose the Getafe campus of the Universidad Carlos III de Madrid for his university course.

#### Did you use any libraries during your time in Madrid?

Yes. As I was studying in Getafe I almost always used the university library but sometimes I went to the Biblioteca Pedro Salinas in Puerta de Toledo, because it was open 24 hours during exam periods.

#### What do you think of the range of public libraries?

There are a lot to choose from and almost all have a metro station nearby. And although there are periods when they are full, you can usually find both the book you are looking for and a good place.

#### Did you use the city sports facilities?

I joined the university gym for a few months. And I also sometimes went with my friends to the swimming pool in Puerta de Hierro, which quite impressed me because I had never seen such a big swimming pool.

#### What did you think about the prices?

As it was part of the university network I got good discounts but generally they were not very expensive. ■

MUNICIPAL  
SPORTS  
CENTRES**Francisco Fernández Ochoa**

Located in Carabanchel, it has a seven-a-side football pitch, basketball, tennis and handball courts, and a spa area, among other facilities.  
→ Catorce Olivas, 1. M: La Peseta. T: 91 125 00 51.

**Arganzuela**

In this sports centre you can play badminton, basketball, indoor football, paddle, tennis and volleyball.  
→ Alicante, 14. M: Legazpi. T: 91 528 88 79.

**Fernando Martín**

This centre is close to La Dehesa de la Villa and has a badminton court, indoor football pitch, tennis court and weights room.  
→ Av. Santo Ángel de la Guarda, 6. M: Francos Rodríguez. T: 91 450 73 44.

**Antiguo Canódromo**

If you like football, you can play it here on an artificial grass pitch and train for the match with its weights room and physiotherapy service.  
→ Via Carpetana, 57. Autobuses: 17, 25, 119. T: 685 534 621.

**Ciudad de los Poetas**

In this small sports centre you can play basketball and indoor football and attend aerobics, fitness and Pilates

classes. It also offers children's rhythmic gymnastics.  
→ Antonio Machado, 12. M: Antonio Machado. T: 91 373 27 39.

**Antonio Díaz Miguel**

Sports hall, swimming pool, basketball and handball courts, indoor

football pitch... this sports centre has almost everything, including classes for all tastes.  
→ Joaquín Dicenta, 1. M: Ventilla. T: 91 314 54 37.

**Escuelas de San Antón**

This is the most central indoor swimming pool

in Madrid, and also the busiest. Located at the top of a building, you can swim with beautiful views in the background.  
→ Farmacia, 13. M: Chueca. T: 91 828 90 06.

**Daoíz y Velarde I**

Along with enjoying its indoor football pitch

and basketball court or its indoor swimming pool, it's worth visiting for its architectural beauty.  
→ Plaza Daoíz y Velarde, 5. M: Pacífico. T: 91 433 87 70.

**Concepción**

The facilities are so comprehensive that

you can play many sports: from athletics to figure skating. You can also attend Pilates, yoga or aerobics classes, among many others.  
→ José del Hierro, 5. M: Concepción. T: 91 403 90 20.

**Chamartín**

It boasts a sports hall, indoor swimming pool, weights room and spa area. With a wide range of classes.  
→ Pío XII, 2. M: Pío XII. T: 91 359 33 39.

MUNICIPAL  
LIBRARIES**María Lejárraga**

Recently opened in the Sanchinarro neighbourhood, it has 30,000 titles and an impressive audiobook collection.  
→ Princesa de Éboli, 29. M: Blasco Ibáñez. T: 91 513 33 83.

**Histórica Municipal**

Created as a municipal library in 1876 based on an idea of Ramón de Mesonero Romanos, in 1990 it was designated Historic. Its objective is the protection and promotion of the bibliographic legacy.  
→ Conde Duque, 9. M: San Bernardo. T: 91 588 57 37.

**Aluche**

It's located on the first floor of the Centro Cultural Fernando de los Ríos.  
→ Camarena, 10. M: Laguna. T: 91 719 89 96.

**Ana María Matute**

This centre, named after the famous writer, replaced the old Biblioteca Pública Municipal de Carabanchel and was opened by Matute herself.  
→ Comuneros de Castilla, 30. M: Marqués de Vadillo. T: 91 588 08 30.

**Buenavista**

Located in the arts centre of the same name, it occupies one of the sports halls that once housed the swimming pool and changing rooms of what was a bathhouse during the Second Spanish Republic.  
→ Av. Toreros, 5. M: Diego de León. T: 91 724 08 04.

**Canillejas**

This is located in the heart of the shopping centre of Canillejas and shares a building with the Centro Cultural Buero Vallejo.  
→ Boltaña, 23. M: Canillejas. T: 91 741 11 34.

**Ciudad Lineal**

Located inside the Centro Cultural Príncipe de Asturias. It was built to serve the area and replace the previous library in a block of flats.  
→ Av. Institución Libre de Enseñanza, 14. M: Ciudad Lineal. T: 91 588 75 66.

**Eugenio Trías. Casa de Fieras de El Retiro**

Opened in 2013, the building that houses this library was originally part of the installations of the Casa de Fieras in the Parque de El Retiro, that were built

during the time of King Fernando VII.  
→ Paseo Fernán Núñez, 24. M: Ibiza. T: 91 480 48 38.

**Francisco Ibáñez**

It's located in the Centro Cultural Mantuano and comes from the former Biblioteca de Chamartín, opened in 1983. In 2015, after renovation work, it changed its name.  
→ Mantuano, 54. M: Concha Espina. T: 91 510 37 56.

**Iván de Vargas**

This is located in the heart of the Madrid de los Austrias and

Escuelas Pías de  
San Fernando

This is an oasis of peace in the middle of a restored ruined church. It's worth getting to know this library that's attached to the Universidad Nacional de Educación a Distancia.  
→ Sombrerete, 15. M: Lavapiés.

occupies the space of a big old house that belonged to one of the most ancient lineages of Madrid, the Vargas family, and Iván de Vargas was the master of the city's patron saint, Isidore the Labourer.  
→ San Justo, 5. M: Latina. T: 91 758 62 11.

**Gloria Fuertes**

From the big windows of the first and second floors, where the library is located, you can see the remains of the rebuilt Castillo de los Zapata, the only

one that still exists in the municipality of Madrid, as well as an extensive olive grove at the edge of the Parque Juan Carlos I.  
→ Av. Logroño, 179. M: Alameda de Osuna. T: 91 312 02 58.

**José Saramago**

It opened in November 1990 with the name Biblioteca de La Vaguada, replacing the former Biblioteca de Peñagrande whose lack of space was solved and location improved by moving it near the Centro Comercial La Vaguada. In 2011 it was given its current name.  
→ Av. Monforte de Lemos, 38. M: Barrio del Pilar. T: 91 588 68 91.

**Manuel Vázquez Montalbán**

It opened to the public in 2006. The building was designed by the architect Isabel Huete Chugunowa and also houses the Music School.  
→ Francos Rodríguez, 67. M: Francos Rodríguez. T: 91 398 07 23.

**Gabriel García Márquez**

This is heir to the former Biblioteca de la Meseta de Orcasur, opened to the public in 1983. The current library opened in the same location in 1987 and was renovated in 2014, when the name was changed to Gabriel García Márquez.  
→ Plaza Pueblo, 2. M: San Fermín-Orcasur. T: 91 318 86 91.

**María Zambrano**

It opened in October 2010 within the Centro Cultural Eduardo Úrculo. It was created from the need to enlarge the Biblioteca de Tetuán, located in the old building of the Municipal District Council of the same name.  
→ Plaza Donozo, 5. M: Ventilla. T: 91 733 90 43.

**Miguel Delibes**

Its original location was inside the Parque Darwin, but with the development of the area it was decided to build a new library with four floors and a total of 2,012 square metres. In 2010 it was given the name of the writer.  
→ Arroyo Belincoso, 11. M: Vinateros. T: 91 328 73 00.

**Ángel González**

Despite being next to the A5 road, the silence is absolute thanks to architect Carlos de Riaño. Concrete and glass dominate in the design, and there are big outdoor areas.  
→ Granja de Torrehermosa, 1. M: Campamento. T: 91 512 35 42.

OUTDOOR  
POOLS**Casa de Campo**

Also known as the Lago swimming pool because of the nearby metro station, it has an indoor and outdoor pool, both Olympic size. Popular among the LGBTI community.  
→ Paseo Puerta del Ángel, 7. M: Lago. T: 91 463 00 50.

**Francos Rodríguez**

Here, as well as swimming in the open air, you can also play beach volleyball.  
→ Numancia, 11. M: Francos Rodríguez. T: 91 459 98 71.

**Vicente del Bosque**

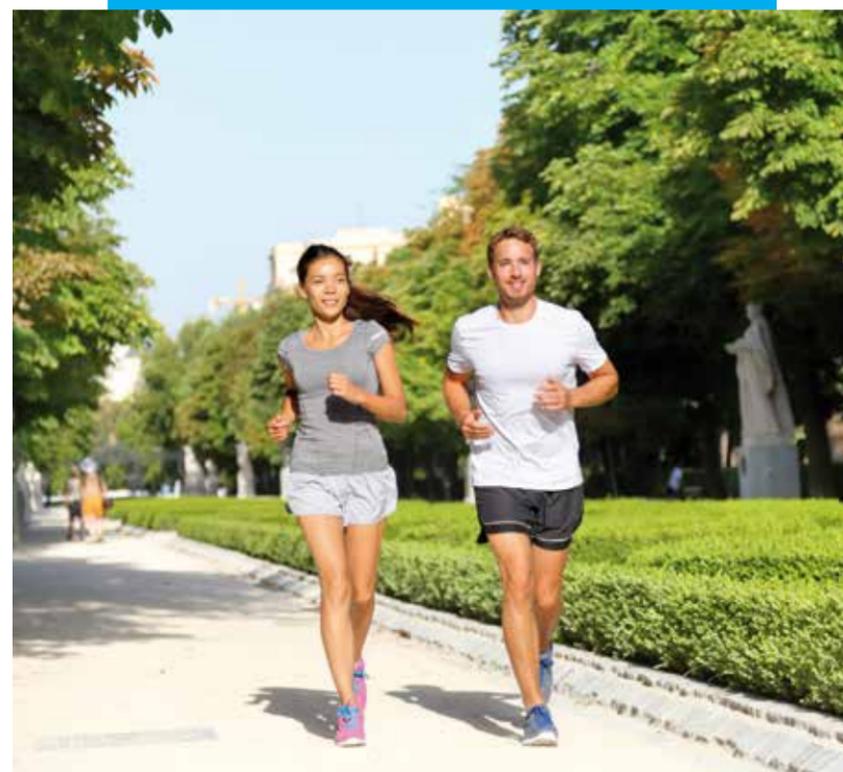
With the Cuatro Torres as a backdrop, these facilities have two 50-metre swimming pools as well as a children's swimming pool.  
→ Av. Monforte de Lemos, 13. M: Barrio del Pilar, Begoña. T: 91 314 79 43.

**La Elipa**

This large 50-metre open-air swimming pool gets really busy during the summer months.  
→ Alcalde Garrido Juaristi, 17. M: Estrella. T: 91 430 35 11.

**Vallecas**

With a swimming pool for adults of just over 30 metres and a child's pool, these sports facilities keep the residents of Vallecas cool every summer.  
→ Arroyo del Olivar, 5. M: Portazgo. T: 91 303 06 08.



## Running

If you like running, in Madrid there are many areas available to you, such as Madrid Río, El Retiro park, which fills with runners every afternoon, or the Parque de Santander, which has a simple athletics track. If you are looking for something more challenging, try the hills of Dehesa de la Villa or the Parque del Oeste. Only for the brave!

# Transport

Getting around Madrid is easy. The city has a wide network of public transport that includes metro, bus, regional trains and e-bikes, along with a great taxi service



**ONCE YOU KNOW** how to get to the centre from the airport, moving around the city will be easy. The best connections with Adolfo Suárez Madrid-Barajas Airport are: metro line 8 (Nuevos Ministerios-Aeropuerto T4); regional train C-1 that will take you to Atocha or Príncipe Pío; and buses such as Bus Exprés, which has a 24-hour service. And now you need to find out how to get around the city.

## BY METRO

Metro de Madrid is the quickest way to get around the city. Madrid has 12 metro lines and 238 stations, along with three light railway routes that work as trams. It's open from 6am to 2am (although the last metro leaves at 1.30am) and frequency varies depending

on the time of day; it can be between 3 and 15 minutes. A single ticket costs between €1.50 and €2 depending on the zone. The 10-trip multi card costs €12.20 and the airport supplement is €3. There are also monthly season tickets available by area, and tourist cards. You can download the mobile app for information about times, delays, maps, etc.

## BY BUS

Madrid has a fleet of over 2,000 buses that serve more than 10,000 stops on 200 different routes, including the regular, university and night services, and an express line to the airport. The first bus in the morning leaves at around 6.30am (7am at the weekend) and the last one in the evening begins its journey at about 11.45pm. A single ticket costs €1.50. To visit towns near the

capital, you can catch one of the intercity buses. Night buses are known as *búhos* ('owls'); their routes differ from regular buses and they leave from Plaza de Cibeles. Frequency varies on weekdays, Sundays and holidays. The EMT app is also useful for checking times. Moreover, the Madrid City Tour Bus, a double-decker tourist bus, covers the main points of interest and major streets of the city. There are tickets for one or two days, and you can hop on and off as often as you like along the route.

## Night buses are known as *búhos* ('owls')

## BY TRAIN

Cercanías de Renfe regional trains link the centre of Madrid with the outskirts and are also a good alternative for getting around the capital. Nuevos Ministerios, Atocha, Chamartín, Sol, Méndez Álvaro and Príncipe Pío are the main stations for changing lines. The service, which includes ten lines on the network, runs from 5am to midnight, although it varies depending on each station, as does the frequency, which is between 5 and 30 minutes. Fares depend on the zones covered: a ticket for zones 1

and 2 costs €1.65, and €5.40 for zone 7. Tickets must be used within two hours of purchase.

## BY TAXI

While you're in Madrid, you can get a taxi 24 hours a day both from the many taxi ranks around the city or by hailing one in the street. The minimum fare has been simplified, so the base you pay will be one of two: from Monday to Friday during the day (6am to 9pm) there's a minimum fare of €2.40; at night, weekends and on holidays it's €2.90. Moreover,

## TICKETS

We explain the three most common travel passes



### ↑ Tarjeta Multi

You can buy this new card from metro ticket machines and some tobacconists (*estancos*). It can be topped up whenever you want, for between one and ten journeys. It's valid for ten years, is contactless and has replaced the 'metrobus' card and single tickets.



### ↑ Abono 30 días

This multi-journey ticket is valid for 30 days from the day of purchase (so not necessarily a calendar month). The price of the ticket depends on which zone it's for.



### ↑ Abono turístico

This tourist card can be used on all public transport of the Comunidad de Madrid without limits throughout the period of validity (1, 2, 3, 5 or 7 days), and for two zones (A and T). It can be bought at the airport and metro stations in the city.



there's a single rate of €30 for journeys between the airport and the city centre (within the M-30). The price per kilometre depends on the zone and the time, but it usually ranges between €1.05 and €1.25.

#### BY BIKE

BiciMAD is the increasingly popular, sustainable and enjoyable public mode of transport. The e-bike rental service has over 2,000 bikes at more than 150 stations throughout Madrid. With an annual card, or a 1-, 3- or 5-day card, you can take a bike from any station and leave it in another station within two hours for 50-60 cents for 30 minutes. You can also rent your bike in some of the agencies around Madrid, such as Mobeo, in Matadero, or the bike rental point in Parque Juan Carlos I. You can also cycle along the 'Anillo Verde', a 64-kilometre lane around the urban centre of Madrid.

#### BY UBER AND CABIFY

Everyone was waiting for technology to also affect the way we get around, and now it has. Uber and Cabify are two apps you can use to book private cars driven by their licensed owners. You can visit the respective websites and download the apps onto your smartphone to get started booking routes and checking prices.

#### BY E-CAR

In recent months two services have appeared in Madrid, Car To Go and Emov, through which you can rent e-cars by the minute. As well as being environmentally friendly, these vehicles have the advantage that they can park without having to pay the relevant parking fees. Moreover, there is also an e-motorbike service available, eCooltra. You can find all the information you need about these transport options on their respective apps.



## Safety advice

### Watch your belongings

Although Madrid is a very safe city, it's sensible to watch your belongings, both on public transport and when you're going out, especially at night. Look after your personal possessions and keep an eye on them in the metro, in a bar or any terrace. But relax: there are more than 8,400 cameras in the metro for your safety plus security guards in every station.

### Don't carry too much cash

Today, in Madrid you can pay by card in almost any bar, restaurant or shop. So only carry the cash you need for small transactions.

### Make copies of your personal documents

Because it's always worth being prepared, make sure you have a photocopy of your most important personal documents, such as your passport or ID card, and carry the copies with you instead of the originals. In that way, if you are unlucky enough to be robbed, or just get absent-minded and lose the paper, everything will be easier to sort out.

### Plan your route

If you're not sure where you're going, it's best to ask. There will always be a local willing to suggest the best route instead of you spending half an hour studying the metro map in a station or peering at Google Maps on your phone.

### Always charge your mobile phone

Before leaving home, make sure that your mobile has enough power in case you need it in an emergency. You can also carry the charger with you and connect it in some of the metro carriages, mainly on line 6, and certain EMT buses.

### Foreign Tourist Assistance Service

If you need police assistance, go to the station located near Plaza de España, at Calle Leganitos, 19. There you'll find a specialised service for helping foreigners. M: Plaza de España

### If you have any problem, call Emergencias Madrid

In you find yourself having to deal with an emergency, such as theft, accident or fire, then you should call 112 for assistance from the appropriate service.

# Getting around by metro

This is one of the fastest, most comfortable and economical ways of getting around the city. And it's essential to always have at hand a good, up-to-date metro map like this one to navigate its many stops

## RED DE METRO Y METRO LIGERO Metro and Light Rail Network

### SIMBOLOGÍA Key

- Estación accesible / ascensor Step-free access / lift
- Transbordo corto Metro interchange
- Transbordo largo Metro interchange with long walking distance
- Cambio de tren Change of trains
- Horario restringido Restricted opening times
- Metro Ligero Light Rail
- Cercanías Suburban railway
- Autobuses interurbanos Interegional bus station
- Autobuses largo recorrido Interegional bus station
- Terminal autobuses nocturnos Night bus terminal
- Autobús expreso aeropuerto Airport express bus
- Estación de tren Railway station
- Aeropuerto / Airport Adolfo Suárez Madrid-Barajas
- Suplemento aeropuerto Airport extra charge
- ZONA A Zonas tarifarias Fare zones
- Atención al cliente Customer Service
- Oficina de gestión tarjeta transporte público Public Transport Card Office
- Bibliometro Metro Library
- Productos oficiales Metro Official Metro merchandising
- Espacio histórico de Metro Metro historic space
- Aparcamiento disuasorio gratuito Free park and ride
- Aparcamiento disuasorio de pago Paid park and ride
- Estacionamiento de bicicletas Bicycle parking

### HORARIO Opening times

Todos los días de 06:00 a 01:30 h.  
Every day from 6:00 a.m. to 1:30 a.m.



www.metromadrid.es

Síguenos en Follow us on



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PW-000-00-1701 Junio 2017

STUDENT CARDS

**International Student Identity Card (ISIC)**

The most well-known international student card. With discounts on accommodation, leisure and transport, it's recognised by UNESCO and has no age limit.

→ [www.isic.org](http://www.isic.org)

**European Youth Card**

Major discounts for culture, leisure and shopping. For people aged under 30.

→ [www.injuve.es](http://www.injuve.es)

**International Youth Travel Card**

Discounts on travel, shops, restaurants and cultural activities, for anyone under 26, not just students.

→ [www.isic.org](http://www.isic.org)

CITY COUNCIL SERVICES

**esMADRID**

This is the official tourism website of Madrid City Council and includes information of all kinds, from an agenda of cultural events to maps, guides and practical information.

→ [www.esmadrid.com](http://www.esmadrid.com)

**esMADRID magazine**

Along with its website, the City Council offers tourists and locals a monthly magazine with lots of information about leisure and culture in

the city. It's free and can be downloaded from its website.

→ [www.esmadrid.com](http://www.esmadrid.com)

**Teléfono 010 Línea Madrid**

If you have an enquiry about the city, whether you're seeking practical information or any

kind of administrative procedure, dial 010, the City Council's citizen assistance number. It operates 24 hours and is also in English and French at certain times (Monday to Saturday 8am to 10pm; and Sunday 10am to 9pm).

**Emisora Escuela M21Radio**

Turn the dial to 88.6 FM to discover this municipal radio station, which has excellent information about culture, leisure and public services in the city.

→ [www.m21radio.es](http://www.m21radio.es)

TOURIST INFORMATION OFFICES

**Information**

→ T: 91 454 44 10.  
E-mail: [turismo@esmadrid.com](mailto:turismo@esmadrid.com).  
Web: [www.esmadrid.com](http://www.esmadrid.com).

**Plaza Mayor**

Time Out for Madrid



**Madrid Student Welcome Pass**

This app is one of the most comprehensive to have on your mobile. Its purpose is to offer all foreign students who come to Madrid for the first time useful information, plans, activities, promotions, discounts... to make their stay more pleasant and entertaining.

**Tourism Centre**

→ Plaza Mayor, 27.  
M: Sol, Ópera.  
Monday to Sunday 9.30am to 9.30pm

**Callao**

→ Plaza de Callao.  
M: Callao. Monday to Sunday 9.30am to 8.30pm

**Paseo del Prado**

→ Plaza de Neptuno, opposite the Museo del Prado.  
M: Banco de España, Atocha.  
Monday to Sunday 9.30am to 8.30pm

**Atocha**

→ Ronda de Atocha, s/n. Next to the Museo Reina Sofía. M: Atocha, Atocha Renfe. Monday to Sunday 9.30am to 8.30pm

**Santiago Bernabéu Stadium**

→ Paseo de la Castellana, 138. Next to the Santiago Bernabéu Stadium.  
M: Santiago Bernabéu.  
Monday to Sunday 9.30am to 8.30pm

**Recoletos-Colón**

→ Paseo de Recoletos, 23.  
M: Banco de España, Colón.  
Monday to Sunday 9.30am to 8.30pm

**CentroCentro**

→ Palacio de Cibeles. Plaza de Cibeles, 1.  
M: Banco de España, Colón.  
Monday to Sunday 9.30am to 8.30pm

**Adolfo Suárez Madrid-Barajas Airport**

→ T4, hall 10, arrivals. T2, halls 5 and 6, arrivals.  
M: Aeropuerto T1 T2 T3 T4.  
Monday to Sunday 9am to 8pm

**Tourist information mobile unit**

Located in different places throughout the city.

CLOTHES

**Primark**

It's the low-cost fashion chain that has revolutionised Gran Vía with an enormous shop selling all kinds of clothes and accessories at very affordable prices. Its bags, in particular, have invaded Madrid.

→ [www.primark.com](http://www.primark.com)

**Monkey Garden**

Alternative clothes shop in the heart of the neighbourhood of Malasaña. As well

as selling unique designs, they also hold art exhibitions and promote fair trade.

→ [www.monkeygarden.com](http://www.monkeygarden.com)

**Zara**

Undoubtedly the most important clothing brand in Spain, it's chosen the area of Nuevos Ministerios to open its biggest shop in the world. Designer-style clothes at affordable prices.

→ [www.zara.com/es](http://www.zara.com/es)

**44 Store**

With a defined aesthetic philosophy and



SHOPS

A selection for all styles



**AMEN Concept Store**

The nearest there is to the Parisian Colette in Madrid. Japanese sweets, fashion, jewellery, bags, art... a million exquisite gift ideas in this Malasaña shop.

→ [www.amenmadrid.com](http://www.amenmadrid.com)

ACCESSORIES

**Gafa Vintage**

If you love a pair of glasses to complement your look, this is the shop for you. It has chic brands and glasses dating from the '50s to the '90s.

→ [www.gafavintage.com](http://www.gafavintage.com)

**Numbers Sneakers**

Sneakers for all tastes in Malasaña. It sells reissues from the '70s, '80s and '90s, more specialist and modern models, and limited editions.

→ [www.numbersneakers.com](http://www.numbersneakers.com)

DECORATION

**Estudio Báltico**

This is a space for creating, selling and sharing design. Craft Design Technology stationery, Spanish ceramics from La Fuga and Romina Gris, and leather pieces by Ana Clash.

→ [www.estudio-baltico.com](http://www.estudio-baltico.com)

**Volver**

No need to go to Ikea – you can find beautiful, affordable Nordic design in the heart of Madrid.

→ [www.volverweb.com](http://www.volverweb.com)

CULTURA

**La Integral**

Books, objects, music and indie clothes are on sale in this shop loved by fans of the weird.

→ [www.laintegral25.com](http://www.laintegral25.com)

**La Metralleta**

One of the few record

shops left in Madrid. They buy and sell vintage vinyls, and it's a place where you can find musical gems.

→ [www.discoslametralleta.com](http://www.discoslametralleta.com)

**Pantha Rei**

Specialised bookshop selling volumes on photography, urban art, graphic design, fashion and more. There's an art gallery in the basement.

→ [www.panta-rhei.es](http://www.panta-rhei.es)

**El Paracaidista**

A concept store of

over 3,000 square metres with a small cinema, exhibition room and rooftop.

→ [www.elparacaidista.es](http://www.elparacaidista.es)

**Swinton & Grant**

At this bookshop, cafeteria and art gallery, they specialise in urban and avant-garde art.

→ [www.swintonandgrant.com](http://www.swintonandgrant.com)

COSMETICS

**Miin**

In Miin they select the best Korean cosmetics so you can enjoy their excellent quality and cute designs.

→ [www.miin-cosmetics.com](http://www.miin-cosmetics.com)

**Mac**

Professional quality cosmetics and a vast range of colours and tones. They can also apply your make-up on the spot.

→ [www.maccosmetics.es](http://www.maccosmetics.es)

**Lush**

Soaps, shampoos and creams with no chemical products and not tested on animals.

→ [www.es.lush.com](http://www.es.lush.com)



# Football in Madrid

www.timeout.com/madrid

## ‘Passion’

In Madrid, football is a question of passion, hope and effort. We discuss the king of sports and all that goes with it

Nobody doubts the football prowess of Madrid. The city is home to two of Europe’s greatest football clubs, Real Madrid and Atlético de Madrid. Two teams, eternal rivals, that compete both in and out of Spain, in La Liga and the Champions’ League - and who in the city will ever forget the two times they’ve met in the final of the top European competition, in Lisbon and Milan in 2014 and 2106?

But apart from these two great sides, in Madrid you can enjoy football of exceptional standards

from other teams like Rayo Vallecano, Leganés, Getafe and Alcorcón as well as their women’s teams.

A love of football is something that Madrid locals learn as children, passion and dreams that are passed from one generation to the next, and that fill stadiums every weekend.

Madrid also has plenty of talent in, and enthusiasm for, other sports; there’s top-level basketball, indoor football, tennis, field hockey, rugby and even ice skating.

### 1 Stadium tours

The passion for football is so great, in particular for Real Madrid, that the Bernabéu tour around the stadium and its facilities is one of the city’s most popular tourist attractions, with over a million visitors every year. Atlético de Madrid is moving its museum and all its trophies as it transfers the club and part of its history to a new stadium.

### 2 Celebrating the victories

For Real Madrid, Plaza de Cibeles and its fountain, with a goddess in her lion-pulled chariot, is the favourite place to celebrate team victories. Atlético prefers to mark such occasions with Neptune at the plaza and fountain where Prado meets Recoletos. And Rayo Vallecano and their fans storm the fountain at the Asamblea de Madrid whenever they win a match.

### 3 Other Madrid teams

As well as Real Madrid and Atlético, there are other great clubs in the city, including Rayo Vallecano, who are standard-bearers for top local football from the city’s districts; Leganés, who have a devoted fan base that fills the Butarque stadium; Getafe, who have played European matches at their Coliseum Alfonso Pérez home; and Alcorcón, who show off their skills in their Santo Domingo stadium.

### 4 Women’s teams

There are more and more women’s football teams in Madrid, making their mark in the sport and the media with well-deserved success. The women of Atlético de Madrid have already won the League and the Queen’s Cup, cheered on by a crowd of 15,000, while other women’s teams like Rayo are in hot pursuit, in football and other sports such as basketball.

### 5 Football and beyond

Madrid’s sporting fame comes from much more than football. The Real Madrid basketball team is one of the best in Europe, and city native Javier Fernández is a five-time continental figure skating champion; top-grade indoor football is represented in the city by Movistar Inter, who have won the European championship four times; and the city goes mad in summer for the Mutua Madrid Open tennis event.



Wanda Metropolitano



Santiago Bernabéu



Estadio de Vallecas



## Real Madrid

## Atlético de Madrid

Real Madrid is the Spanish team with the largest fan base, not just in the capital but across the country, although being the team with the most prizes probably helps. Their fans are known as the merengues, or ‘meringues’, because of the team’s white kit.

### Who are they

Atlético de Madrid is the perfect example of a side able to fight back. The red-and-white team lives from match to match, an approach that’s defined them since the arrival of Diego ‘Cholo’ Simeone, who’s led one of its best phases. Fans are known as colchoneros, or ‘mattress makers’.

Real’s stadium is the Santiago Bernabéu (Avda. de Concha Espina, 1), a world-famous football shrine and a must-see for any football fan. Current renovation plans include a retractable roof, commercial areas and even a hotel. It was opened on December 14, 1947 and today can hold a capacity crowd of 81,044.

### The stadiums

The 2017-2018 season sees Atlético inaugurate a new stadium, the Wanda Metropolitano, the first in the world to have a whole lighting system using LED technology, as well as other cutting-edge technology. It takes over from the old stadium, the Vicente Calderón, which the team has just left.

Real’s sporting success is impressive. The team has won 12 Champions Leagues, two Club World Cups, three Intercontinental Cups, two European Supercups, two UEFA Cups, 33 Leagues, 19 King’s Cups, and nine Spanish Supercups. Plus it’s been named the best 20th-century club by FIFA. An invincible team indeed.

### The trophy cupboard

Atleti, as fans call Atlético de Madrid, may not have won as many prizes as Real Madrid, but it has seen some important victories since it was founded in 1903. In its long history it’s won ten Spanish Leagues, ten Copas del Rey –King’s Cups–, two European Leagues and two Spanish Supercups.

Since the club was formed in 1902, some of the best footballers in history have played there, from Di Stéfano to Beckham, Zidane and Cristiano Ronaldo, plus top national players including Camacho, Butragueño, Casillas and Sergio Ramos.

### Great players

Atlético de Madrid also has a history of welcoming legendary national and international players. Adelaar, Luis Aragonés, Paulo Futre, Diego Simeone, Fernando Torres, Diego Forlán, Diego Costa, el Kún Agüero and Griezmann have all played for the side.

When Real Madrid and Atlético de Madrid play a match it’s known as the Madrid derby. Real Madrid has notched up more wins than Atlético in their Spanish league meetings. And of course they’ve also met in numerous international games.

### The derbies

Fans get particularly excited when the two clubs play a derby. Of the 279 such matches, Atlético has won 70 times and 63 games have ended in a draw. It could be claimed that Atleti is Real Madrid’s most feared rival (with the permission of FC Barcelona).

## Things to Do

### THE CITY'S BEST PARKS AND GARDENS

#### 7 Parque de Berlín

Parque de Berlín is a little piece of Germany in Spain's capital, where you can find a fountain with three blocks from the infamous wall.

→ Avda. Ramón y Cajal, 2.

#### 6 Parque del Oeste

Next to the university campus, this pretty park covers 100 hectares and has one of the most impressive rose gardens in the whole city.

→ Paseo Moret, 2.

#### 5 Jardines de Sabatini

These neoclassical gardens designed by Francesco Sabatini receive a lot of visitors who come from the nearby Palacio Real to admire the views.

→ Bailén, 2.

#### 4 La Quinta de los Molinos

La Quinta de los Molinos is a historical 21.5-hectare park that has examples of all types of flora. Try to visit in February to see the almond trees in bloom.

→ Alcalá, 502.

#### 3 Parque Juan Carlos I

Madrid's second biggest park is perfect for cycling or boating on its waterways and lakes. There is also a cold greenhouse housing exotic specimens.

→ Glorieta Juan de Borbón, 5.

#### 2 Casa de Campo

This historical park – it dates from 1553 – covers over 1,722 hectares and is Spain's largest green space. It has a lake, zoo, amusement park and lots of cycle lanes.

→ Paseo Puerta del Ángel, 1.



# 1

## EL RETIRO

Madrid's most famous park hides some real wonders in its 125 hectares, from the boating lake to the Crystal Palace, as well as beautiful fountains such as the Fallen Angel one.

→ Parque de El Retiro. Plaza de la Independencia, s/n.

## EVENING VIEWS

### The best sunsets in Madrid



#### NIGHTFALL IN VALLECAS

Built in the 1980s on a former tip, the imaginatively nicknamed Park of the Seven Tits offers impressive views across the city from its seven hills.

→ Cerro del Tío Pío.  
Benjamín Palencia, 2.

**DEHESA DE LA VILLA.** This city meadow is home to up to 70 species of birds.

→ Dehesa de la Villa, 1.

#### CÍRCULO DE BELLAS ARTES.

The roof terrace of this Fine Arts organisation has a bar and restaurant.

→ Alcalá, 42.

#### GOURMET EXPERIENCE CALLAO.

A foodie haven where you can enjoy the sunset over Gran Vía.

→ El Corte Inglés. Plaza de Callao, 2.

**TEMPLO DE DEBOD.** An Egyptian temple just off Plaza de España, from where you have one of the city's best panoramic.

→ Ferraz, 1.

#### APARTOSUITES JARDINES DE SABATINI.

Spend a memorable evening on the roof terrace of this hotel with the Palacio Real as your backdrop.

→ San Vicente, 16.



## Sonrisas de esperanza

En las comunidades más pobres en las que no tienen acceso a la atención médica estamos contribuyendo con programas de salud y revisiones médicas. Con el proyecto Hope apoyamos a niños y niñas con cáncer y a sus familias. Porque la salud es esperanza. Y la esperanza sonrisas.

**Ayúdanos a construir esperanza. No podemos hacerlo solos. Hazte socio colaborador.**

TAKE NOTE

# Student volunteering in Madrid

**VOLUNFAIR**  
Organised by a group of students, this event is dedicated to introducing students to over 50 NGOs, with the aim of making young people more aware of social problems and encouraging them to get involved with social assistance organisations and volunteering both nationally and internationally. Its goal is to get university students interested in solidarity movements, and gives you the chance to do something for others through a wide range of non-profit associations.

**CÁRITAS UNIVERSITARIA**  
If you have some spare time and would like to use it to

**WHAT IT'S ABOUT**  
Taking a little time to help those in need. Just a little can go a long way

**WHY YOU SHOULD DO IT**  
Solidarity helps all of us give back to society

**MORE INFO**  
→ [www.volunfair.com](http://www.volunfair.com)  
→ [www.ciong.org](http://www.ciong.org)  
→ [dpumadrid.com/caritas-universitaria-madrid](http://dpumadrid.com/caritas-universitaria-madrid)



help others, organisations like Cáritas Universtaria can give you ideas about how to go about it, with meet-ups, debates, get-togethers for volunteers and activities where you can lend a hand. It's a great way to meet people and make new friends, as well as giving something back.

**COOPERACIÓN INTERNACIONAL**  
Another option for making your contribution is Cooperación Internacional, which manages over 120 projects in 30 countries. Every year they help 4,500 young people get involved in volunteer projects to help improve the society we live in.

## TOP 3 VIEWPOINTS



**Faro de Moncloa**  
This 110-metre lighthouse was built in 1992 and has one of the city's best known panoramas, with great views of the Sierra de Guadarrama and various iconic Madrid buildings. You get to the top via a glass lift.  
→ Price: 3 €. Avenida Arco de la Victoria, 2.



**Mirador Madrid**  
If you climb to the top of the Palacio de Cibeles in the plaza of the same name, you'll get an incredible 360°-view over the city centre. Entry is free on the first Wednesday of every month.  
→ Price: 2 €. Plaza de Cibeles, 1.



**Alfonso XII statue**  
The most famous group of monuments in the Retiro park has recently opened a hidden viewpoint inside the equestrian statue of King Alfonso XII next to the pond. It stands 20 metres high and offers a panoramic view  
→ El Retiro. Plaza de la Independencia, s/n.

# THE PERFECT WEEKEND

## Friday



### Copérnico

Close to Moncloa and the main Madrid halls of residence, this club is a favourite with students. Divided into different areas, it's great for dancing and enjoying a few drinks on a Friday night.  
→ Fernández de los Ríos, 67.

**TAPAS**  
**El Respiro**  
This bar in Chueca is just what you need for a few tapas before heading out to party. Always popular for its good beer and generous free tapas.  
→ Infantas, 34.

**NEW LOOK**  
**Corta Cabeza**  
To look your best for the start of the weekend, this modern hair salon in Malasaña can help out with a new hairstyle or make-up to wow your friends  
→ Pez, 11.

## Saturday



**BURGERS**  
**Don Oso**  
Big, tasty, cheap burgers. If you're up to it after Friday night, Saturday is the perfect day to eat at this popular burger joint in Moncloa.  
→ Donoso Cortés, 90.

**CLUBBING**  
**Ochoymedio**  
Saturday night is party night, and indie club Ochoymedio in Malasaña is one of the most excellent, with DJ sessions, gigs and a great atmosphere that brings in partygoers from all over the city.  
→ Barceló, 11.

### Madrid Río

There's no better place to make the most of Saturday than the banks of the Manzanares. With plenty of places for taking a walk or exploring by bike, this is, not surprisingly, one of the locals' favourite places to hang out on a relaxing weekend.  
→ Puente de Segovia, s/n.

## Sunday



### El Rastro

The most traditional way to spend a Sunday morning in Madrid is at this iconic street market, where you can wander round the stalls before making your way to the barrio of La Latina for tapas  
→ Plaza de Cascorro and the area around it.

**BRUNCH**  
**Mür Café**  
This welcoming café near Plaza de España has a serious brunch menu, including a full English and veggie options.  
→ Plaza Cristino Martos, 22.

**CINEMA**  
**Dr Steam**  
A café with an intimate hidden cinema at the back where you can enjoy their range of films as though you were in your own lounge.  
→ Olivar, 17.

# WHAT TO DO

## Fun urban activities

### GASTRO

#### Tapapiés

This 'Multicultural Route of Tapas and Music' is celebrated each year in the Lavapiés district, with a seemingly endless selection of tapas plus music, theatre, dancing and circus acts held in streets and squares throughout the area.

→ [www.tapapiés.com](http://www.tapapiés.com)

#### Mercado de Sabores

The 'Market of Flavours' is an

unmissable foodie event in October that brings together some 20 of Madrid's best eateries to show off their tapas. It's the perfect chance to discover their culinary creations and enjoy a beer.

Haute cuisine tapas at popular prices in the Crystal Gallery of the Palacio de Cibeles.

#### Madrid Exquisito

Over a period of almost ten days, some of Madrid's best restaurants create a special menu for just €25 so clients can sample their delicious

dishes made with seasonal produce. It's a great way for everybody to enjoy top-notch food.

→ [www.madridexquisito.com](http://www.madridexquisito.com)

### TRADITIONS

#### Chinese New Year

Madrid's Chinese population is centred in Usera, where a



giant party is held to celebrate the start of the New Year.

#### San Cayetano

The San Cayetano fiesta is one of the city's most traditional celebrations, held mainly around the Plaza de Cascorro and the area of Embajadores. It takes place during the first week in August and the place comes alive with lights, concerts, activities, and a tortilla contest!

#### San Isidro

From May 12 to 15, Madrid holds celebrations in honour of its patron saint, San Isidro, with music, shows

## Gastrofestival

An annual treat that brings the best national and international food culture to the city. As well as good food, there is cinema, fashion, street activities, workshops and loads of other multidisciplinary events going on in the restaurants and cultural venues.

→ [www.gastrofestivalmadrid.com](http://www.gastrofestivalmadrid.com)

and loads of activities for everybody. This fiesta is where you'll see some of Madrid's oldest customs.

→ [www.sanisidromadrid.com](http://www.sanisidromadrid.com)

#### La Paloma

For one special day in the middle of summer, around August 15, Madrid is full of locals celebrating one of its biggest street festivals, La Verbena de La Paloma. The barrio of La Latina is covered with decorations to welcome the whole city, and you can try good food and hear great music.

→ [www.fiestas-de-madrid](http://www.fiestas-de-madrid)

### OUTDOOR

#### Meet & Picnic

Picnics are lovely in summer, and the Retiro park is where you can meet up with people from all over the world to enjoy food and the warmth of Madrid. Bring blankets, food, drink, your guitar, and enjoy!

→ [www.citylifemadrid.com](http://www.citylifemadrid.com)

#### Picnic Sessions

Every Thursday from June until the middle of July, the terrace of the 2 de

Mayo Arts Centre in Móstoles becomes a hub for a programme of activities that mix the physical enjoyment of food and music with the mental stimulation [of education, participation and fun.

→ [www.openhousemadrid.org](http://www.openhousemadrid.org)

### ART & FASHION

#### Open House

Open House is an international architecture festival that allows people to visit over 100 unique buildings and places in the city over a special weekend each year, completely free.

→ [www.openhousemadrid.org](http://www.openhousemadrid.org)

#### Madrid Otra Mirada

Another view of Madrid during a weekend with guided tours, conferences and exhibitions that help to explore the city's heritage from a different perspective.

→ [www.madridotramirada.es](http://www.madridotramirada.es)

#### Vogue Fashion Night Out

Vogue magazine organises this event for the city's fashionistas in some of Madrid's most exclusive shops, centred in the golden mile. Chanel, Dior, Gucci and others



designer and label decorates a space to demonstrate their personal style

→ [www.casadecor.es](http://www.casadecor.es)

#### Week of Architecture

The epicentre of the week are the activities held at the COAM centre, which organises a large number of architecture and urbanism events, including exhibitions, conferences and round tables.

→ [www.coam.org](http://www.coam.org)

#### DecorAcción

An annual design, art and interior design hub that makes up Spain's biggest urban decoration event, held in the streets of the Letras district. The area is transformed into a chic open-air market and all the local antique shops display their best treasures for the occasion. There are workshops to enjoy and the balconies in the area are decorated in style.

→ [www.decoraccion.nuevo-estilo.es/](http://www.decoraccion.nuevo-estilo.es/)

#### Casa Decor

For just a few weeks each year this iconic building becomes a space dedicated to interior design, where each participating

designer and label decorates a space to demonstrate their personal style

→ [www.casadecor.es](http://www.casadecor.es)



#### Madrid Gallery Weekend opening night

Every September the galleries in the Arte\_Madrid association kick off the artistic season with joint celebrations and a varied programme of free activities.

→ [www.artemadrid.com](http://www.artemadrid.com)

#### Mercedes-Benz Fashion Week

Twice a year, in February and September, the city of Madrid is transformed into a great catwalk to display the world's most visionary designers' coveted creations.

→ [www.mbfashionweek.com](http://www.mbfashionweek.com)

#### Salesas Village

One of Madrid's most up-and-coming districts holds an occasional street market, where the pretty shops show off their best products, with food on offer and activities for kids.

→ [www.salesasvillage.com](http://www.salesasvillage.com)

### NIGHTLIFE

#### Karaoke Night

Every Tuesday night you can show the world your musical talents, meet new people, and enjoy a



drink. With happy hours that encourage everybody to take to the stage and strut their stuff.

→ [www.citylifemadrid.com](http://www.citylifemadrid.com)

#### Night of the Museums

What better way to discover Madrid's many museums than with a night-time visit? For one night every year the city's main centres open their doors until the early hours and offer dozens of free activities.

#### Bowling Night

If you enjoy bowling and meeting new people, don't miss these fun evenings where you can do just that. And best of all, it's free. Just sign up online and show up at Bowling Chamartín ready for action.

→ [www.citylifemadrid.com](http://www.citylifemadrid.com)

#### Theatre Night

To promote artistic endeavours in the city, for one night every year the scenic arts take over Madrid, with dance, theatre, improvisation and dramatic readings on street corners and in plazas all across the city.

→ [www.madrid.org/lanochedelosteatros/](http://www.madrid.org/lanochedelosteatros/)

#### New Year's Eve in Plaza Mayor

The tradition on New Year's Eve is to eat the last 12 grapes of the year as the 12 chimes of midnight ring out from the huge clock on Madrid's Puerta del Sol. Half the city shows up for the fun and to get a good spot you need to be there several hours before, ready to join in the groups of people in costume prepared to party in the New Year. If you prefer to spend the night away from the crowds, there's always the 'pre-grapes' (*preuvas*) celebrations, at midnight on December 30

→ [www.nocheviejamadrid.com](http://www.nocheviejamadrid.com)



### SPORT

#### Mutua Madrid Open

The elite of the tennis world come together every year to dispute this Masters 1000 tournament at the Caja Mágica, with major games between the 64 top players of the ATP circuit and the 25 best WTA players. You can usually see matches with Rafael Nadal, Novak Djokovic and Venus Williams.

→ [www.madrid-open.com](http://www.madrid-open.com)

#### Carrera de la Mujer

This road race is the biggest all-women's sporting event in Europe, held in various Spanish cities. Known as the 'Pink Tide', the Madrid event attracts over 30,000 runners, with a course that covers the main streets of the city to raise money and awareness for the all-important cause of the fight against breast cancer.

→ [www.carreradelamujer.com](http://www.carreradelamujer.com)

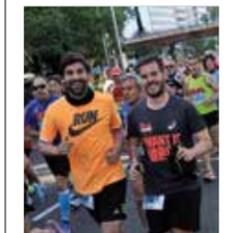
#### San Silvestre Vallecana

Every December 31 since 1964, Madrid has hosted its most famous athletics event, the San Silvestre Vallecana, when sport and partying come together in a 10km-run where participants dress up and run through artificial snow. The contest has two parts, one for professionals and one for the general public; the race from Real Madrid's stadium to Rayo Vallecano's is fairly easy, given that almost 8km of it are downhill. To finish the year on the right foot!

→ [www.sansilvestrevallecana.com](http://www.sansilvestrevallecana.com)

#### EDP Rock 'n' Roll Madrid Marathon & Half Marathon

This event is part of the Rock 'n' Roll



Marathon Series, the largest running circuit in the world, and includes live music on over 20 stages set up along the course of the race. The aim is to create a festival of music and running, and there are parallel races of a half marathon and 10km, turning the city into a sports party for serious and fun runners alike.

→ [www.mapoma.es](http://www.mapoma.es)



# Cinema

[www.timeout.com/madrid/cinema](http://www.timeout.com/madrid/cinema)



## Film festivals

Madrid hosts several of Spain's most cutting-edge and interesting film festivals

### Filmadrid

The Madrid International Film Festival shows the latest innovative productions with over 100 independent films from directors all over the world, showcasing new actors and genre exploration. With venues in different alternative cinemas around the city, there are many parallel experimental film screenings and seminars.

→ [www.filmadrid.com](http://www.filmadrid.com)

### DocumentaMadrid

The Madrid documentary film festival specialises in Spanish film-makers, and takes the opportunity to introduce newcomers in the presentation and discussion of their work. It's an ideal chance for the public to discover new creators of contemporary nonfiction.

→ [www.documentamadrid.com](http://www.documentamadrid.com)

### Lesgai Cinemad

Lesgai is the biggest LGBTI film festival in the Spanish-speaking world, both in the size of its audience and the number of films involved. There are long and short films, fiction and documentary, as well as video art, all inspired by lesbian, gay, bisexual, transgender, intersexual and queer themes.

→ [www.lesgaicinemad.com](http://www.lesgaicinemad.com)

### Festival de Cine de Madrid

The oldest film competition in the city was set up in 1991 as a showcase to gather and promote emerging productions. It features a diverse selection of the best non-commercial national films.

→ [www.festivalcinepnr.com](http://www.festivalcinepnr.com)

### Nocturna

The Nocturna International Fantastic Film Festival has become an unmissable date for fantasy film fans in the city, with a programme dedicated to revisiting classics and the genre's latest releases, as well as round tables and other activities. The next edition starts on October 25.

→ [www.nocturnamadrid.com](http://www.nocturnamadrid.com)

### Madrid Surf Film

Yes, this really is an entire film festival given over to surfing and its artistic representation! It's four days of films and documentaries, plus concerts, DJ sets and other activities

→ [www.madridsurfilmfestival.com](http://www.madridsurfilmfestival.com)

**During the Carabanchel Spanish Film week, the best Spanish films are shown for free**

### VOSE

#### Renoir

With cinemas in Plaza de España, Princesa and Retiro, the Renoir cinemas are the classic place to see films in their original version in Madrid, both blockbusters as well as independent films subtitled in Spanish. The cinema has a film blog called 'The Great Illusion', and Club Renoir members get discounts and special offers.

→ [www.cinesrenoir.com](http://www.cinesrenoir.com)

#### Verdi

This may be the latest cinema to join the original version selection in the capital, but they've already earned themselves a place at the top with their vibrant combination of films that cover the artistic and the experimental, foreign and Spanish, and independent and commercial. They also organise various festivals, exhibitions and events, and show classic children's films in their Verdi Kids programme. It's also one of the few cinemas that put on matinees.

→ [www.cines-verdi.com/madrid](http://www.cines-verdi.com/madrid)

#### Golem

Probably Madrid's best original version cinema, it's at the forefront of independent cinema and always the first to spot the less commercial



## Madrid Drive-In

*Grease* has nothing on us. Madrid's drive-in, Autocine Madrid, is 25,000m<sup>2</sup> and has space for 350 cars, making it the biggest of its kind in Europe.

→ [www.autocinesmadrid.es](http://www.autocinesmadrid.es)

films for a potential audience. Their efforts have encouraged and nurtured a whole new generation of film fans outside mainstream cinema.

→ [www.golem.es](http://www.golem.es)

#### Ideal

Another of Madrid's iconic cinemas in the heart of the city, it shows the best commercial films in original version. They have

late-night showings and members get discounted tickets. Closed for renovations until autumn 2017.

→ [www.yelmocines.es/cartelera/madrid/yelmocines-ideal](http://www.yelmocines.es/cartelera/madrid/yelmocines-ideal)

#### Artistic Metropol

Madrid's first multi-purpose cinemas, with new releases, independent films, documentaries, auteur cinema, re-releases,

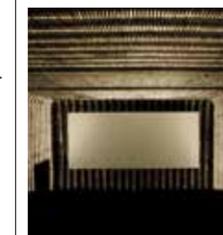
## WHERE TO WATCH FILMS IN MADRID

classics, short films, themed seasons, presentations, cultural events and small staged shows. It specialises in low-distribution cinema, cinematographic cultural management and professional audio-visual services.

→ [www.artisticmetropol.es/web](http://www.artisticmetropol.es/web)

### Pequeño Cine Estudio

The 'Small Film Studio' opened in 1977 as a venue for art and experiment as well as the city's first minicinema,



showing films in their original version. It's been a hub for film fans ever since.

→ [www.pcineestudio.es](http://www.pcineestudio.es)

### Cineteca

Madrid's Cineteca in Matadero is the first and only cinema in Spain dedicated exclusively to non-fiction and documentaries. Here you can see real cinema from all corners of the world, with a focus on independent and alternative film screenings and seasons.

→ [www.cinetecamadrid.com](http://www.cinetecamadrid.com)

### Sala Berlanga

Named after the famous director and screenwriter Luis García Berlanga, this cinema is part of the SGAE foundation, which supports and promotes

new directors and screenwriters. It organises film seasons and specialist festivals, screens short films and documentaries, and is also a venue for exhibitions, concerts and theatre.

→ [www.salaberlanga.com](http://www.salaberlanga.com)

### Filmoteca

The favourite place of Madrid's film lovers, it shows the classics and organises seasons that pay homage to significant Spanish directors such as Pedro Almodóvar. Located in the beautiful Doré



cinema, this place is a shrine to quality cinema in Madrid.

→ [www.mecd.gob.es/cultura-mecd/areas-cultura/cine/mc/fe/portada](http://www.mecd.gob.es/cultura-mecd/areas-cultura/cine/mc/fe/portada)

### Cine Estudio Bellas Artes

This cinema opened in 1999 as part of the Círculo de Bellas Artes and screens films in original version.

→ [www.circulobellasartes.com/ciclos-cine](http://www.circulobellasartes.com/ciclos-cine)

## MORE AT

**TIMEOUT.COM/MADRID**

# Theatre & Dance

www.timeout.com/madrid/arts-theatre

WE TALK TO...

## Teatro Kamikaze

The Kamikaze Theatre group have revolutionised Madrid's theatre scene with their intrepid, eclectic productions

**MAKING HEADLINES IN** Madrid's theatre scene is the Pavón Teatro Kamikaze, created by the inspirational combination of artistic directors Miguel del Arco and Israel Elejalde, and managers Jordi Buxó and Aitor Tejada. We speak to Tejada about the past, present and future of their booming project.

**How did the theatre come about?**

From the merging of Kamikaze Producciones and Buxman Producciones, two production teams who we already worked with. We needed somewhere to show our own work so when the Pavón became free we went to see it.

**What productions are you aiming to show?**

We want to carry on the theme we started with Kamikaze Producciones, in updating

**'It's a pleasure to work in a theatre with so much history, and that also has spaces like El Ambigú and El Gallinero'**

classic texts from authors such as Pirandello, Molière and Shakespeare, and we also want to put the spotlight on contemporary dramatists like Alfredo Sanzol, Pablo Remón, Jose Padilla, and Pablo Messiez.

**What have you brought to Madrid's theatrical scene?**

We've tried to set up an artistically and technically stable company, where different teams can take part in different projects. We want to maintain the Pavón Teatro Kamikaze as our centre

of production without forgetting the tours that are vital to the company.

**How do you see theatre for the young?**

Now, thanks to the work of young people's theatre La Joven Compañía, things seem to be changing. It's a company that is opening theatre up to young audiences, and their success shows there's a gap in the market here in Madrid. They are creating the audiences of the future.

*David Farrán de Mora*



VANESSA TABARDE

FUNDED BY:



FROM OCTOBER 2017 TO MARCH 2018  
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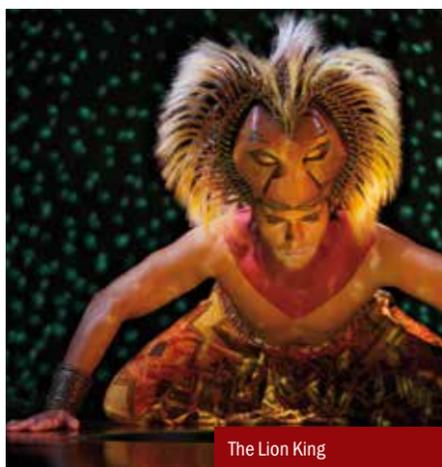


La Llamada



History of Rock

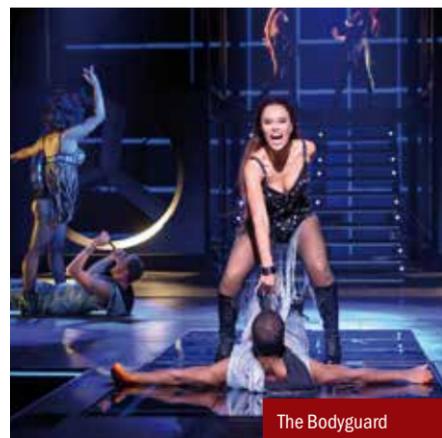
**1 The Lion King**  
*The Lion King* is one of the most universal shows around and more than 80 million people have already seen it worldwide. Its impressive mise-en-scène, the animated figures and its evocative music have made it one of Madrid's most popular shows, transporting its audience to the African savannah. World famous musicians such as Elton John, Tim Rice, Lebo M and Hans Zimmer and actors like Julie Taymor have come together in this show, to fuse sophisticated disciplines from the African, Asian and Western scenic arts. It's a must for all lovers of musicals.  
 → Teatro Lope de Vega. Gran Vía, 57. M: Callao.



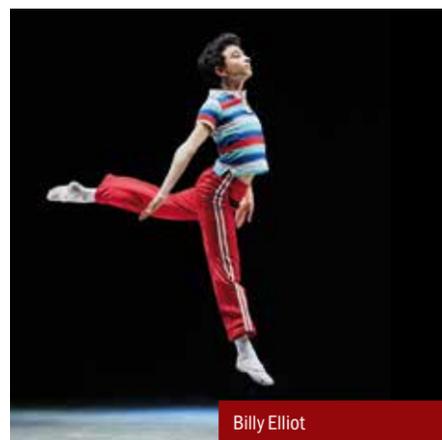
The Lion King

**2 Billy Elliot**  
 Following eleven years of success in London's West End and six on Broadway, *Billy Elliot* has arrived in Madrid. With audiences of over ten million to date, the story describes the struggle of an 11-year-old boy to become a professional dancer. The soundtrack was composed by Elton John and the original choreography is by Peter Darling. Awe-inspiring.  
 → Nuevo Teatro Alcalá. Jorge Juan, 62. M: Príncipe de Vergara.

**3 History of Rock**  
 A thunderous show that revives some of the greatest rock songs ever with a band comprising top musicians and world-famous singers. The two-hour show uses a range of technical and scenic tools to present much-loved rockers from history, starting in the 1950s and ending in the present day. Hear songs by Elvis Presley, Chuck Berry, The Beatles, The Rolling Stones, Deep Purple, AC/DC, Metallica, Queen and Bruce Springsteen. Tutti frutti!  
 → Teatro Calderón. Atocha, 18. M: Sol.



The Bodyguard



Billy Elliot

**4 La Llamada**  
 If you want you can receive 'The Call from God' every weekend at Madrid's Teatro Lara. The story told in this musical is so simple that its first run was in the theatre's hall – it describes how God suddenly reveals himself one night to a rebellious teenager in a camp run by nuns. The innovative and fresh approach of this modest musical gradually earned fame by word of mouth, and now it's an unmissable show on the Madrid scene, with three years under its belt and audience numbers of over 150,000; it's won numerous awards and the love of critics and the public alike.  
 → Teatro Lara. Corredera Baja de San Pablo, 15. M: Callao.

**5 The Bodyguard**  
 A romantic thriller about the life of pop diva Rachel Marron, who's forced to employ a bodyguard after threatening behaviour from a fan. The music from the original film became the highest-selling movie soundtrack – do you remember *I Will Always Love You?* – and now you can hear it here in Gran Vía.  
 → Teatro Coliseum. Gran Vía, 78. M: Callao.

## TOP 5 The best musicals

Madrid's Gran Vía is the city's Broadway. But as well as the big stage productions you can also find small stages that are well worth a visit

### Teatro de la Comedia

Opened in 1875, this theatre (see image) hosted the most significant shows of Spain's Golden Age and is the home of the National Classical Theatre Company.  
 → Príncipe, 14. M: Sol.

### Teatro Real

Madrid's opera house is seen as one of Europe's most important. It's in Plaza de Oriente, opposite the Palacio Real.  
 → Plaza de Isabel II, s/n. M: Ópera.



### Teatro Nuevo Apolo

The old Teatro Progreso is one of Madrid's most attractive places to see musicals and concerts.  
 → Plaza Tirso de Molina, 1. M: Tirso de Molina.

### Teatro Español

Right in Plaza de Santa, this theatre shows some of the city's best productions.  
 → Príncipe, 25. M: Sevilla.

### Teatro Rialto

Inspired by the New York music halls of the 1930s, it puts on plays, musicals and concerts.  
 → Gran Vía, 54. M: Callao.

### Teatro de la Abadía

A centre for theatrical studies and creativity,

the theatre is inside an old church.  
 → Fernández de los Ríos, 42. M: Quevedo.

### El Pavón Teatro Kamikaze

High-quality theatre for all in Madrid's iconic Pavón building.  
 → Embajadores, 9. M: La Latina.

### Teatro Coliseum

A classic three-tier hall specialising in musical productions.  
 → Gran Vía, 78. M: Plaza de España.

### Naves Matadero. Centro Internacional de Artes Vivas

A space that unites scenic arts, music and cinema in its avantgarde programme.  
 → Paseo de la Chopera, 14. M: Gazpi.

## MUST-SEE THEATRES IN MADRID



productions produced by the successful group Smedia.  
 → Gran Vía, 66. M: Plaza de España.

### OFF-GRAN VÍA

#### Microteatro por Dinero

15-minute plays for 15 people in rooms smaller than 15m<sup>2</sup>.  
 → Loreto Prado y Enrique Chicote, 9. M: Gran Vía.

#### Cuarta Pared

This centre is also dedicated to theatre production, training and research.  
 → Ercilla, 17. M: Embajadores.

#### Teatro Pradillo

A small hub focused on modern living arts.  
 → Pradillo, 12. M: Alfonso XIII.

#### Nave 73

A multidisciplinary cultural venue featuring theatre for young people and children.  
 → Palos de la Frontera, 5. M: Palos de la Frontera.

#### Teatro del Barrio

A cultural cooperative that makes its political voice heard through theatre.  
 → Zurita, 20. M: Lavapiés.

#### Sala Mirador

Social theatre is the focus, set right on the street and fixed in reality.  
 → Dr. Fourquet, 31. M: Lavapiés.

### MORE AT

TIMEOUT.COM/  
 MADRID

### Teatros del Canal

Modern theatre and contemporary dance are the basis for its eclectic programme.  
 → Cea Bermúdez, 1. M: Canal.



### Fernán Gómez. Centro Cultural de la Villa

A cultural centre and theatre with over 40 years of history and a varied programme.  
 → Plaza de Colón, 4. M: Colón.

### Teatro Valle-Inclán

The old Olympic Hall in Lavapiés is now home to avantgarde contemporary theatre.  
 → Valencia, 1. M: Lavapiés.

### Teatro de la Luz Philips Gran Vía

Formerly known as Compac Gran Vía, this theatre became the stage for large

### Teatro Lara

A multidisciplinary venue in Malsaña with shows on every day of the week.  
 → Corredera Baja de San Pablo, 15. M: Callao.

### Nuevo Teatro Alcalá

This theatre started as the Coliseo Pardiñas, then was the Alcalá

# Music

[www.timeout.com/madrid/music-nightlife](http://www.timeout.com/madrid/music-nightlife)

## Music festivals for everyone

Madrid has one of the highest numbers of festivals in Spain, of all types and prices. Mad Cool, Mulafest, Brunch in the Park and Dcode are just some of the unmissable festies on the scene



### DCODE

Dcode is still going strong as one of Madrid's best festivals organised by and for students. It started in 2011 and since then numerous indie, rock, electronica and other bands have played every September at the venue on the Complutense University Information Sciences campus; its timing means some see it as the last big party of the summer. Acts in recent years have included The Killers, Suede, Foals, Crystal Fighters and Jake Bugg.  
[www.dcodefest.com](http://www.dcodefest.com)

### MULAFEST

Over the last three days of June, the city is invaded by concerts, tattoos, urban sports, street food and much more. Mulafest has become an unmissable date in the festival calendar for anybody who enjoys any sort of street-related artistic display. The venue is Madrid's exhibition and fair site, Ifema, which even has its own island beach with sand.  
[www.mulafest.com](http://www.mulafest.com)

### MAD COOL

This was the macro-festival that Madrid needed, and it

### The city's main open-air festivals are held from May to October

appeared in June 2016. Over 100,000 people came the first year to see bands like The Who, Neil Young, Foo Fighters and The Prodigy.  
[www.madcoolfestival.es](http://www.madcoolfestival.es)

### TOMAVISTAS

This festival showcases the newest and most creative musical scenes, styles and innovations on the international and national scene. The festival is held in May and is not aimed at mainstream audiences; fans of bands like Goldfrapp, The Horrors or Temples will love it.  
[www.tomavistasfestival.com](http://www.tomavistasfestival.com)

### BRUNCH IN THE PARK

Every year Brunch in the Park features a combination of music, food-truck market and children's activities, offering a crossover between culture and fun for adults and kids. It's the perfect place on Sundays in June to dance to the best electronic music, and DJs from across Spain and beyond play to audiences in the Enrique Tierno Galván park.  
[madrid.brunch-in.com](http://madrid.brunch-in.com)

### A SUMMER STORY

The must-do festival for electronic music fans, this

### OTHER FESTIVALS

As well as these fantastic festies, Madrid has many other significant musical events, including the Black is Back Weekend, Madrid es Negro, Sound Isidro, and heavy metal fave, Download

→ [www.timeout.com/madrid/music-nightlife](http://www.timeout.com/madrid/music-nightlife)

event is held at the end of June, with the best DJs and artists like deadmau5 and Paul Kalkbrenner playing in its unique venue, the Arganda del Rey City of Rock. With a food-truck area, great atmosphere and fantastic music.  
[www.asummerstory.com](http://www.asummerstory.com)

### NOCHES DEL BOTANICO

Madrid's botanic gardens under a summer night sky must be one of the best settings for a music festival. From the end of June and throughout July, this marvellous venue plays host

**Mad Cool is Madrid's macro-festival with audiences of over 100,000**

to an eclectic range of that has included artists like Patti Smith, Giorgio Moroder and Benjamin Clemetine.  
[www.nochesdelbotanico.com](http://www.nochesdelbotanico.com)

### FESTIMAD

For acts like Radiohead, Rage Against de Machine and The Smashing Pumpkins, Festimad was their first festival in Spain. Madrid's alternative music event par excellence takes place with a huge line-up of acts that perform in various venues around the city over several weeks in April and May.  
[www.festimad.es](http://www.festimad.es)

LOCAL BANDS

# From Madrid to success

**HINDS**

A four-strong indie rock group with a hint of garage pop, surf and lo-fi. Its members are all between 20 and 25, and they released their first album in 2016. They've played at festivals across four continents, appeared in magazines such as *Rolling Stone* and the *New Musical Express*, and they were the first Spanish band to play on the US *Late Show*. Success is theirs for the taking.

**LOS PUNSETES**

With influences from Spanish '80s music like Kaka de Luxe and '90s indie-pop bands like Los Planetas, plus a modern image and some bizarre lyrics, this is one of Madrid's best

**WHO**

Ade Martín, Amber Grimbergen, Ana Perrote and Carlota Cosials are Hinds, who used to be called Deers.

**WHY WE LIKE THEM**

Their fresh indie pop, their Spanglish accents and their confidence have won us over, and their album *Leave Me Alone* is great. [→ www.hindsband.com](http://www.hindsband.com)



alternative bands and any modern music lover will agree. In early March 2017 they launched their new album *¡Viva!* and are now making it big on the indie scene. Interesting fact: Punsetes lead singer Ariadna makes a new dress for every gig the band plays. Indie indeed.

**VETUSTA MORLA**

The masters of Madrid indie music, they hail from the nearby town of Tres Cantos. The group has released four successful albums, and now sell out wherever they play. Their name comes from the giant tortoise in *The NeverEnding Story*, and they're regulars at local festivals. ■

TOP 3

## Concerts



**Jamiroquai**

Jay Kay and his band have among the world's most influential musicians since the '90s, and they're in Madrid to launch their new album *Automaton*. [→ WIZink Center](http://www.wizinkcenter.com). November 25, 2017. Tickets from €50.50.



**Metallica**

The world's most famous heavy metal band are here to show they're still on top form after 30 years on the stage. The California group come with their new album *Hardwired... to Self-Destruct*. [→ WIZink Center](http://www.wizinkcenter.com). February 3 and 5, 2018. Tickets from €73.



**Bonobo**

This group led by British producer, composer and musician Simon Green returns to Madrid after their latest sell-out tour, with new album *Migration*. [→ WIZink Center](http://www.wizinkcenter.com). November 13, 2017. Tickets from €30.

# LIVE

## The trendiest concert venues

**WiZink Center**

With seating for up to 15,000 people, this is Madrid's largest concert venue with the biggest programme. Its name changes with the sponsor but to locals it will always be the Palacio de Deportes. [→ www.wizinkcenter.es](http://www.wizinkcenter.es)

**Palacio de Vistalegre**

Following the conversion of the Vistalegre bull ring, this space has become an ideal venue for large concerts and events in Madrid, and many international artists have played here down the years. [→ www.palaciostalegre.com](http://www.palaciostalegre.com)

**El Sol**

This is one of Madrid's legendary concert halls, and the scene for some of the best performances in

Madrid's nightlife. At the city-centre venue these days you can catch concerts from alternative pop and rock groups during the week, and club nights at the weekend. [→ www.salaelsol.com](http://www.salaelsol.com)

**La Riviera**

With capacity for over 2,000, La Riviera is one of the most important and influential venues in the city, famous for both its concerts and its own sessions. The venue has been open for over 50

years and is found on the banks of the Manzanares. [→ www.salariviera.com](http://www.salariviera.com)

**Sala But**

This venue is well known for its night sessions like Ochoymedio and its concerts from up-and-coming national and international bands. [→ www.butmadrid.com](http://www.butmadrid.com)

**Moby Dick**

Next to Paseo de la Castellana, this venue has a programme that focuses on indie rock, although many other genres such as metal, pop, folk, soul and jazz feature too. [→ www.mobydickclub.com](http://www.mobydickclub.com)

**Clamores**

This club specialises in jazz and soul, holding eclectic concerts and sessions at night in its intimate atmosphere of marble tables and mirrored walls. [→ www.salaclamores.es](http://www.salaclamores.es)

**Sala Caracol**

This garage-like venue in Embajadores has a great range of gigs from independent and alternative musicians, with new generation punk, indie pop,

rap, hip hop, heavy rock, heavy metal and trap all on the bill. [→ www.salacaracol.com](http://www.salacaracol.com)

**Wurlitzer Ballroom**

This central venue programmes gigs by small alternative Spanish groups, making it perfect for discovering the latest new music as well as what's happening on the international underground scene. [→ www.wurlitzerballroom.com](http://www.wurlitzerballroom.com)

**Sala Arena**

Right by Plaza de España, Sala Arena offers live electronic music and club nights with different genres, with a stage and a dancefloor all in one. [→ www.salarena.com](http://www.salarena.com)

**Galileo Galilei**

This is the perfect venue to sit with friends at a table and listen to a monologue or enjoy a concert or even a magic show while you have a

drink. There are performances every night and tickets are very reasonably priced. [→ www.salagalileogalilei.com](http://www.salagalileogalilei.com)

**Gruta 77**

A hardcore venue for punk, rock, garage, and extreme music in Carabanchel. Promotion by fanzines, magazines and independent labels has made it one of the scene's most famous venues in Madrid. [→ www.gruta77.com](http://www.gruta77.com)

**Sirocco**

A legendary club for pop and rock concerts and DJ sessions of pop, indie, techno and electro. They also organise film seasons and exhibitions related to music. [→ www.sirocco.es](http://www.sirocco.es)

**Café Central**

Madrid's official jazz club has a carefully selected programme of concerts every night of the week. [→ www.cafecentralmadrid.com](http://www.cafecentralmadrid.com)



## Music

### HOUSE Kapital

Clubbing over several floors with different styles of music, from Latin to house to techno. The club is famous throughout Madrid for its fantastic VIP parties.

→ Atocha, 125.  
M: Atocha.

### COMMERCIAL Mitty

A student-friendly club with a range of commercial music and concerts, that's perfect for dancing the night away, and drinks at good prices.

→ Julián Romea, 4.  
M: Guzmán el Bueno.

### INDIE POP Ochoymedio

An indie pop favourite among Madrid's young people, it's famous for its national and international pop concerts, as well as its DJ sessions and Jägermeister shot parties.

→ Sala But. Barceló, 11.  
M: Tribunal.

### TECHNO Cassete

Cassete is Madrid's Sunday techno club, perfect if you don't work on Monday or just can't bear the weekend to end.

→ Sala Boite. Tetuán, 27.  
M: Sol, Gran Vía.

### TRAP Cha Chá The Club

This trendy club has private nights every week with trap, rap, electronica and reggaeton, where stars like Young Beef and Miss

Nina are on the decks. And their Instagram rocks.  
→ Cedaceros, 7. M: Sevilla.

### MINIMAL TECHNO Ballesta Club

Opened recently in the heart of Malasaña, this modern club has quickly become a centre of minimal techno at the hands

of ex-Zombie Kid, Cumhr Jay. There's also a fantastic resident DJ line-up.  
→ Ballesta, 12. M: Gran Vía.

### ELECTRONICA Radio Dada

Hear the best of electronica on the hotel's roof terrace, with screenings onto the hotel tower, cocktails,

food and amazing views of the city, matched only by the fantastic fashion sense of the guests.  
→ ME Madrid Reina Victoria. Plaza Santa Ana, 14.  
M: Sol.

### HOUSE Mondo Disko

Madrid's main techno club

since 1999 has seen some of the greatest names in electronica play.  
→ Sala Coco. Alcalá, 20.  
M: Sevilla.

### VINTAGE TECHNO Fabrik

Experience the rush of techno and its pumping beats with old-school sessions and even acid

house and rave. A classic club a short distance from the city centre.

→ Avenida de la Industria, 82.  
Humanes de Madrid.

### INDIE ROCK Independance

A favourite club night with Madrid's students, thanks to excellent mainstream indie rock and cheap tickets. The venue is also used for concerts.

→ Sala O. Plaza del Callao, 4.  
M: Callao.

### UNDERGROUND Ya'sta Club

An alternative and underground club that plays rock, dark electronica, techno and gothic with sessions including Kream and Elecktra.

→ Valverde, 10.  
M: Gran Vía.

### ELECTRO Stardust

An electro and techno session for modern fans of electropop from the noughties, plus the latest techno, with hard electronic sounds for the millennial urban tribe.

→ Sala Cool. Isabel La Católica, 6.  
M: Santo Domingo.

### FUNKY Shoko

La Latina's best-known club, where the dance floor vibrates to different music from the most commercial to funk and reggaeton. They also specialise in fun theme parties and organise concerts.

→ Toledo, 86. M: La Latina.

# THE BEST SESSIONS Clubs



## JOY ESLAVA

At this famous Madrid club, it's common to see international celebrities partying, while Thursdays bring the Epic student night. Madrid nightlife wouldn't be the same without clubs like this one, which are vital to city's the club culture.

→ Arenal, 11. M: Sol.

**MSWP**  
Madrid Student Welcome Pass

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www.studentwelcomepass.com

# LGBTI

www.timeout.com/madrid

## Look beyond Chueca

The gay scene in Madrid has moved beyond its original Chueca home. La Latina, Malasaña and Lavapiés all have great places for the LGBTI community



**1 La 80** Step into this spot in Lavapiés and you're transported back to the '80s, not just by the music from its national and international pop and house DJs, but by the decor, with mirror balls and brightly painted walls in pink and blue. This disco-bar is a really fun place and a favourite on the lesbian scene, popular with the 30-something crowd. There is also a small projector. It's open from Wednesday to Sunday until after 3am and is always busy.  
→ Sombrerería, 8. M: Chueca.

**2 El Rincón Guay** This street bar is an important gay-friendly Lavapiés meeting point that is always packed in the evenings with

people enjoying a drink and listening to queer pop. The terrace is the hotspot for alternative new generation gays, who have left Chueca for the authenticity and multiculturalism of Lavapiés. A great atmosphere, lovely people, and a hint of cheekiness.  
→ Embajadores, 62. M: Lavapiés.

**3 Thick Bar** This bar is a fun, fresh alternative to the typical gay labels. Open to everyone, it's a place where having a good time is the priority and affectation is ignored. Indeed, this bar is reminiscent of the fun in the good old days at the historic bars of Chueca such as Refugio and Pasapoga. The music is uninhibited and commercial, even the staff have

to dance, and there are proper rowdy parties every Thursday and Sunday afternoon with some of Madrid's best DJs. This is Chueca's bar of the moment, in the middle of the city's classic gay quarter.  
→ San Marcos, 16. M: Chueca.

**4 El Atril** On Sunday evenings La Latina turns into a mini version of Chueca, with its own circuit of gay bars and pubs. One of the key places (between others such as La Sixta and El Perla) is El Atril, where you can find the gay party spirit of the traditional Fiestas de La Paloma, with an emphasis on fun, freedom, letting go and having a good time.  
→ La Paloma, 9. M: La Latina.

**DRLO Live** DRLO Live is a performance hall where you can see shows, live acts, cabaret, monologues and photographic and painting exhibitions, with a fabulously queer vibe. The best drag queens of Madrid are regulars and the venue is a popular haunt for twinks (young boyish gays). A great time is had by all.  
→ Pelayo, 59. M: Chueca.

**Churros con chocolate** One Sunday a month, one of the best theme parties on the gay calendar takes place, with gifts, lunch, churros,



pop music, shows and two rooms bursting with joy. Each month there is a different theme, and guests are invited to participate in any way they like. Pink fun guaranteed with free entry until 11pm.  
→ Sala Cool, Isabel La Católica, 6. M: Santo Domingo.

**Ultrapop** Ultrapop is a session shiny of gold and fluorescent light, like something



## We Party

We Party is a guarantee of a good time on the gay scene, with stage shows, international house DJs and beautiful boys with plenty of tricks up their sleeve for the Madrid nightlife.

→ La Riviera. www.wepartyontour.com/es/

out of a Keith Haring, Jeff Koons or Michael Alig exhibition, all created by the fantastic transvestite artist La Prohibida, one of the most significant electropop singers on the national scene.  
→ Sala Boite, Tetuán, 27. M: Sol.

**Kluster** One of Saturday night's essential

club sessions, with the most famous international DJs on the gay circuit and a dance floor packed with topless muscular men.  
→ Sala Changó, Covarrubias, 42. M: Alonso Martínez.

**Fulanita de Tal** After almost a decade this Chueca venue has become a landmark of Madrid's nightlife. With a mostly lesbian clientele,

there are great club sessions, concerts and even sporting tournaments.  
→ Regueros, 9. M: Chueca.

**Odarko** The fetish scene in Madrid is represented here at the Odarko night. There's a strict dress code of leather, rubber and lycra, and a very masculine attitude. DJ Carranco is on the decks, playing progressive techno-house reminiscent of Berlin's hardcore scene.  
→ Sala Strong, Trujillos 7. M: Callao.



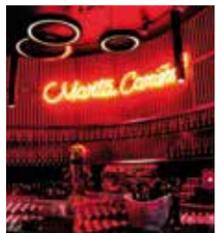
**Club 33** This place used to be called Medea, and although it's changed its name it's remained faithful to its style. With a relaxed, flirty atmosphere, you can give it your all at this lesbian club every weekend.  
→ Cabeza, 33. M: Lavapiés.

**My Pleasure** Described as a monthly gay electro erotica party, and a place very much in favour of the fetish image, the DJs play mostly deep house and electro music, and there are often special sessions.  
→ Sala Pirandello, Martín de los Heros, 14. M: Plaza de España.

**Mordisko** This is the place where Madrid's

trendiest gays go for alternative electronic music, at a monthly club session that transforms Lavapiés into the latest gay zone with fresh ideas for a great night out and an inviting atmosphere waiting to be discovered. This club is modern and a little wild, and offers a promising future.  
→ Club 33, Cabeza, 33. M: Lavapiés.

**Baila Cariño** The Marta Cariño! Friday session has moved to the old Luchana



cinema, which was converted a few years ago into a space with several theatres, a club, restaurant and terrace. It's a big favourite on the more classy gay scene, with commercial music and an exclusive feel. The Bangerz night is also held there with retro pop, disco and electro music.  
→ Santa Engracia, 17. M: Alonso Martínez.

## MORE AT

TIMEOUT.COM/MADRID/

# Art

[www.timeout.com/madrid/arts-theatre](http://www.timeout.com/madrid/arts-theatre)

## The top 10

These are the unmissable pieces on display in the museums of a city that makes Stendhal's Syndrome its own



**1 Las Meninas**  
A work of art if ever there was one, this Velázquez painting was way before its time and represents the birth of modern painting, with an everyday scene that has been the basis for multiple interpretations of its political meaning and its artistic and historical character.  
**Museo del Prado**

**2 The Garden of Earthly Delights**  
This triptych is one of Bosch's most significant pieces, and considered to be one of the most fascinating and attractive paintings in art history in its representation of Paradise, the Creation and Hell.  
**Museo del Prado**

**3 The Nobleman with his Hand on his Chest**  
One of the most famous portraits by Doménikos Theotokópoulos, El Greco, shows a 16th-century nobleman (it could be the third marquis of Montemayor) with his hand on his chest and looking

at the viewer as though making a deal with them. This is the pinnacle work of a great master.  
**Museo del Prado**

**4 The Three Graces**  
One of the most representative pieces of the baroque style, painted by Rubens, one of its maximum exponents. The voluptuous figures of the three women demonstrate the beauty ideal of the time.  
**Museo del Prado**

**5 Guernica**  
Picasso painted his hard-hitting symbolist representation of the suffering of the people of Bizkaia after being bombed in the Civil War for the 1937 International Exhibition in Paris to raise awareness for the Republican cause. The painting is a symbol of the horrors of war.  
**Museo Reina Sofía**

**6 Les Vessensots in Auvers**  
A beautiful piece by Van Gogh, with luminous greens and yellows, and nervous, hectic brush strokes

that create a repetitive rhythm of waves in its depiction of a town north of Paris.  
**Museo Thyssen-Bornemisza**

**7 The Third of May 1808**  
This painting by Goya shows the violent repression by the French army after the rising of Madrid's citizens on May 2, 1808. It is another highlight at the Prado and one of the Saragossan painter's most famous works in his 'Disasters of War' series.  
**Museo del Prado**

**A CITY FULL OF ART**  
As well as these key works of art, Madrid's museums and galleries exhibit important collections that are constantly changing and attract thousands of tourists every year.

→ [www.timeout.com/madrid/arts-theatre](http://www.timeout.com/madrid/arts-theatre)

**8 Woman in Bath**  
A masterpiece by pop artist Roy Lichtenstein, painted using a rudimentary range of tones in primary colours, red, blue and yellow, in his characteristic Ben-Day dots. The result is like art made from a comic strip.  
**Museo Thyssen-Bornemisza**

**9 The Great Masturbator**  
A symbol of his sexual obsessions, Salvador Dalí painted this canvas at the end of the summer of 1929 after several days with Gala, and it is considered an oneiric autobiographical work.  
**Museo Reina Sofía**

**10 Hotel Room**  
The loneliness of modern cities is one of the central themes of Edward Hopper's work, and in this painting the engrossed female figure on the bed contrasts with the coldness of the room, in which clear lines and brilliant plain colours predominate.  
**Museo Thyssen-Bornemisza**

## ART IN MADRID

### A walk through art

**IF YOU WANT TO SEE ART** in Madrid you don't have to walk more than a few metres around one of the most impressive artistic triangles in the world, formed by three museums: El Prado, the Thyssen-Bornemisza and the Reina Sofía.

**THE NATIONAL PRADO MUSEUM**  
El Prado is the most important museum in Spain, and includes the Casón del Buen Retiro and an extension that was built in 2007. Its walls display some of history's most significant painters such as Titian, Rubens, Goya, Velázquez, Botticelli, Bosch and Caravaggio.  
→ Paseo del Prado, s/n. M: Atocha.  
[www.museodelprado.es](http://www.museodelprado.es)

**PASEO DEL ARTE CARD**  
This art ticket gives entry to the collections of all three museums, and is valid for one year. You get a 20-percent discount and you can buy it in any of the museums.

**PASEO DEL ARTE APP**  
This app gives you practical info as well as details about the top 24 artworks.



**THE THYSSEN-BORNEMISZA MUSEUM**  
This features the collection of the late Baron Hans-Heinrich Thyssen-Bornemisza, which is made up of invaluable works from the English, German, Dutch and primitive Italian schools, as well as different examples of European avant-garde art.  
→ Paseo del Prado, 8. M: Banco de España.  
[www.museothyssen.org](http://www.museothyssen.org)

**THE REINA SOFÍA NATIONAL MUSEUM ARTS CENTRE**  
This is Madrid's museum of avant-garde and modern art, which was extended in 2005 by Jean Nouvel and houses one of the pinnacles of Spanish painting, 'Guernica' by Picasso, plus works by Dalí and Miró.  
→ Santa Isabel, 52. M: Atocha.  
[www.museoreinasofia.es](http://www.museoreinasofia.es)

## TOP 3 Exhibitions



**Picasso/Lautrec**  
This exhibition offers an analysis of the impact on Picasso's early work by that of French artist Toulouse-Lautrec after the Spanish artist moved to Paris, with paintings of nocturnal scenes and the city's underworld.  
→ 17/10/2017-21/01/2018. Museo Thyssen.



**Mariano Fortuny**  
An anthological display of the 19th-century artist with examples of his paintings, watercolours, sketches and etchings. There are also examples of the exquisite collection of antiques and other objects that he collected in his studio.  
→ 21/11/2017-18/03/2018. Museo del Prado.



**Zuloaga: A European Adventure**  
This exhibition shows how the artistic production of the painter combines a profound sense of tradition with a truly modern vision linked in his Parisian years to symbolism.  
→ 28/09/2017-15/01/2018.  
Fundación Mapfre.

## OTHER MUST-SEE MUSEUMS IN MADRID

### Museo Cerralbo

A museum-house with painting, sculptures, ceramics, glass and tapestries, giving a special charm to this chocolate box of art that also hosts diverse cultural activities.

→ [www.museocerralbo.mcu.es](http://www.museocerralbo.mcu.es)

### Museo del Traje

Take a trip through the history of clothing, from archaeological pieces to modern haute couture, with a fascinating programme of temporary exhibitions.

→ [www.mecd.gob.es/mtraje](http://www.mecd.gob.es/mtraje)

### Museo de Ciencias Naturales

One of Madrid's oldest museums with permanent exhibitions including Biodiversity, Minerals, Fossils, and Human Evolution. It's a great place for entertaining the kids as they enjoy the museum's activities and the models of the huge dinosaur skeletons.

→ [www.mncn.csic.es](http://www.mncn.csic.es)



### Museo Sorolla

Home to the most extensive collection of paintings by the Valencian artist in Madrid, this is one of the best preserved artists' houses in Europe, and its garden,



## GALLERIES

From the district of Salamanca to Las Letras, Madrid has a wide selection of internationally renowned galleries that hold some of the city's best exhibitions, most of which enjoy free entry. Some that are particularly worth seeing are the Marlborough (Orfila, 5), with centres in other cities like Barcelona and New York; and Juana de Aizpuru (Barquillo, 44). The Ivorypress gallery (Comandante Zorita, 46-48), with artists' books, is also worth a visit, as are the Mondo Galería (San Lucas, 9) for photography exhibitions, and La Fábrica (Alameda, 9), a multifunctional space with a gallery, café, bookshop and shop.

designed by Sorolla himself, is a city oasis.  
→ [www.museosorolla.mcu.es](http://www.museosorolla.mcu.es)

### Museo Lázaro Galdiano

José Lázaro Galdiano founded this museum so its collections could educate future generations. It includes pieces in ivory, ceramic, silver and enamel, and is highly valued for its diversity, rarity and singularity.  
→ [www.flg.es](http://www.flg.es)

### Museo del Ferrocarril

Madrid's railway museum has a comprehensive collection of historic materials related to the railways in the different parts of Spain.  
→ [www.museodelferrocarril.org](http://www.museodelferrocarril.org)

### Museo de América

A journey through

the history of the continent guided by a varied collection of more than 25,000 exhibits.

→ [www.mecd.gob.es/museodeamerica](http://www.mecd.gob.es/museodeamerica)

### Museo del Romanticismo

This museum recreates the lifestyle, art and customs of the 19th century, with objects of great literary figures like Mariano José de Larra. There's also a pleasant garden.

→ [www.museoromanticismo.mcu.es/](http://www.museoromanticismo.mcu.es/)

### Museo Arqueológico

This is the perfect place to learn all about the history of the diverse peoples and cultures of Spain and the Mediterranean, from

antiquity to recent times. Highlights worth seeing include Visigoth pieces like the Guarrazar treasure.

→ [www.man.es](http://www.man.es)



## CULTURAL SPACES

### CaixaForum

This cultural centre occupies what used to be a coal-powered electricity plant. Now the futuristic venue boasts a vertical garden more than 20 metres high and with over 250 species of plant.

→ [www.agenda.obrasocial.lacaixa.es](http://www.agenda.obrasocial.lacaixa.es)

### Fundación Juan March

Exhibitions, concert seasons and free seminars of all types are held in this family institution that has been open since 1955.

→ [www.march.es](http://www.march.es)

### Fundación Mapfre

There are two venues, in Recoletos and Bárbara de Braganza, dedicated wholly to photography, with a special area for Miró.

→ [www.fundacionmapfre.org.es](http://www.fundacionmapfre.org.es)

## MORE AT

**TIMEOUT.COM/  
MADRID**

# Books

## Literary corners

### CUESTA DE MOYANO

On the edge of El Retiro, this is one of the city's nerve centres for lovers of second-hand and new books. The famous Moyano hill is part of Madrid's art route, which has just released an innovative cultural events programme for each weekend; it's organised by Territorio Moyano, a project to galvanise and encourage reading in the area. The stalls have been there for years and make up the city's only permanent book market.

→ [www.territoriomoyano.org](http://www.territoriomoyano.org)



### MADRID BOOK FAIR

Madrid's most important date with literature takes place each year in the park of El Retiro, usually at the end of May or beginning of June. It's a unique opportunity to discover the latest publications,

attend book signings, and meet authors in person. The extensive fair has over 300 stalls covering different themes as well as children's activities, workshops and plenty more.

→ [www.ferialibromadrid.com](http://www.ferialibromadrid.com)

### LIBROS MUTANTES

Cultural centre Casa Encendida holds the Mutant Books Independent Publishers' Fair every April, with fanzines, design, free workshops, children's activities and music.

→ [www.librosmutantes.com](http://www.librosmutantes.com)

## OTHERS FAIRS AND FESTIVALS

If you need more literature in your life note down these two spring dates: La Feria del Libro Antiguo, in Paseo de Recoletos, and the Poets festival in Matadero Madrid, where poets meet the public in an open and inspirational event.

## TOP 3

# Original bookshops



### Tipos Infames

→ [www.tiposinfames.com](http://www.tiposinfames.com)

This bookshop specialises in independent authors and publishers, and also has a corner set aside for coffee and wine. The shop is a dynamic space, and as well as promoting independent literature, it also offers other quality products such as wine and craft beer, plus a wide range of activities including book presentations, tastings, exhibitions, workshops and courses. This is a highly recommended alternative space in the heart of Malasaña.



### La Central

→ [www.lacentral.com](http://www.lacentral.com)

La Central de Callao is a singular place in a reconditioned building next to Callao, combining several floors of books with a café and a secret basement where events are held. There are also fanzines and alternative publications – it's a must for anybody who loves to read.

### Pasajes

→ [www.pasajeslibros.com](http://www.pasajeslibros.com)

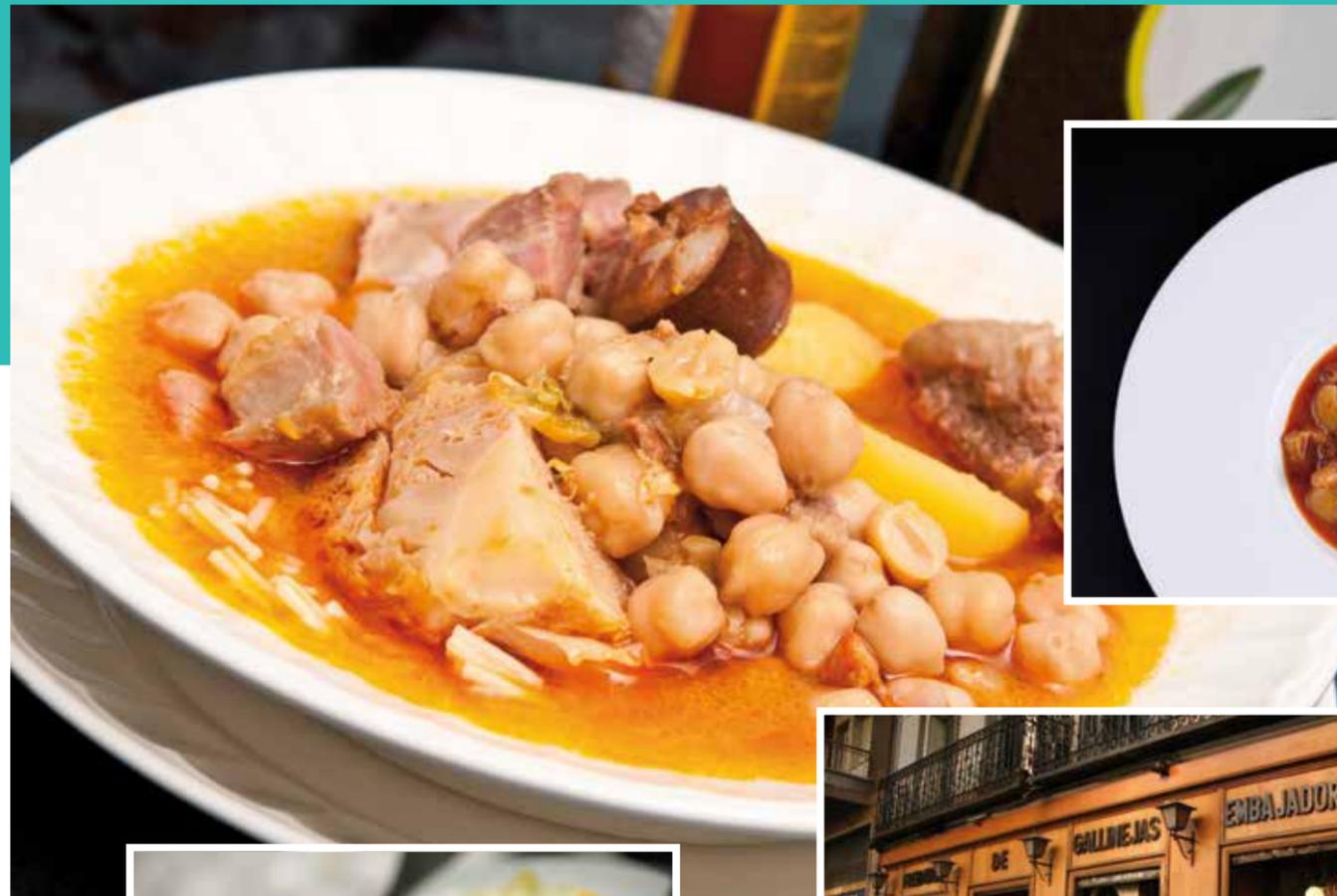
This bookshop has a wide catalogue of literary books and essays in a range of languages. Specialising in international literature and thought, it also has a good selection of poetry. Books are spread out over two floors and you will find English, French, German, Italian and Portuguese literature in this paradise for foreign readers.

# Food and Drink

www.timeout.com/madrid/restaurants

## Famous Madrid dishes

Madrid is known for its good eating and there are many typical dishes that define the city's delicious culinary culture. These are our favourites and the best places to try them



### EL COCIDO MADRILEÑO

The most typical dish in Madrid is this pan-cooked stew, made with chickpeas, meat and juices, although there are many variations on the basic recipe. The most famous is undoubtedly the one served in La Bola in the old city centre, where the secret is in the individual clay cooking pots that sit in a bed of charred oak.

→ Taberna La Bola. Bola, 5. M: Ópera.

### HUEVOS ESTRELLADOS

The best version of this egg dish is the world-famous one at Casa Lucio. The eggs are roasted (not fried) slowly in a pan with a little oil, so the yolk and white are cooked on both sides, and then served on a bed of fried potatoes. The presentation is simple and the tastes are classical

at this traditional La Latina restaurant – you'll be licking your fingers long afterwards.  
→ Casa Lucio. Cava Baja, 35. M: La Latina.

### PATATAS BRAVAS

The *patatas bravas* served at the bar Docamar are famous across Madrid. The potatoes are freshly cooked to just the right point, and served with a touch of spicy sauce – the bar keeps its recipe a closely guarded secret, but once you've tried these bravas you'll be back for more. And if you can't wait, you can also buy their delicious brava sauce to take home.

→ Docamar. Alcalá, 337. M: Quintana.

### CALLOS

La Tasquita de Enfrente is famous for its signature version of this traditional stew, where Chef Juanjo López uses special black or salted varieties of tripe, and washes the stomach in cold water before cooking the stew for six hours.

→ La Tasquita de Enfrente. Ballesta, 6. M: Callao.

### BACALAO REBOZADO

For this dish you have to go to Casa Labra, where cod (*bacalao*) is their speciality, particularly cod croquettes and *tajadas*, which are pieces of the fish coated and fried. You can either eat it there or take it away. The restaurant and terrace are usually full, and the wait can be a while, so home is often the best bet.

→ Casa Labra. Tetuán, 12. M: Sol.

### GALLINEJAS Y ENTRESIJOS

This dish is made of the intestines from a suckling pig fried in their own fat and served in a baguette. In

today's world of healthy organic food, the dish has lost popularity but this is pure tradition and one of the city's most typical tastes. Try it, if you dare, in one of the few bars in Embajadores where they still serve it, alongside Spanish-style sweetbreads and other classic offal.

→ Freiduría Embajadores. Embajadores, 34. M: Embajadores.

### CARACOL

Some people love snails, others can't stand them. If you fall into the former camp, you must go to Casa Amadeo (Los Caracoles) in Plaza de Cascorro, a classic Madrid restaurant in El Rastro where they prepare them the traditional way, with spicy sauce and chorizo juice to soak up with your bread.

→ Los Caracoles. Plaza de Cascorro, 18. M: La Latina.

### CHOCOLATE CON CHURROS

You won't get your Madrid licence if you haven't tried chocolate and *churros* (deep-fried pastry fingers) at the Chocolatería San Ginés. This traditional city-centre café has tables downstairs, but you'll be lucky to get one. Their churros are the perfect size and thickness, crunchy and hot.

→ Chocolatería San Ginés. Pasadizo de San Ginés, 5. M: Sol.

### TORRIJAS

At La Casa de las Torrijas they've been cooking this traditional Holy Week dessert for years; they make them so soft and juicy, they dissolve in your mouth. There are different varieties, made with milk or wine, and they're served year-round. This is the fetish dessert of traditionalist chefs.

→ La Casa de las Torrijas. Paz, 4. M: Sol.

### FOODIE TRADITION

## The perfect squid baguette

You can find the classic Madrid *bocata de calamares* at:

#### EL BRILLANTE

This beer bar opposite Atocha station has been serving its famous squid baguettes since 1961.

→ Pza. Emperador Carlos V, 8.

#### SAGÁS MATADERO

Chef Oriol Rovira makes his own variation with *alioli* (garlic mayo) and squid in its ink.

→ Plaza de Legazpi, 8.

#### PERRO BAR

This bar fries its squid in olive oil, then serve it in Galician bread with an olive sauce.

→ El Corte Inglés. Plaza del Callao, 2.

#### BAR POSTAS

At this bar near Plaza Mayor, the squid baguettes are famous, as are their marinated fish and baby squid tapas.

→ Postas, 13.



# Tortilla de patatas

The potato omelette is a key dish of Spanish cuisine and one of the country's most famous bar foods. The question is, with onion or without?

**AS AN ESSENTIAL** part of the national culinary holy trinity, there are as many preferences and ways of preparing a *tortilla* as there are people. But there are only three really essential ingredients: eggs, potatoes and olive oil. But even so, four friends together will never make a tortilla that comes out or tastes the same. With or without onion (and should it be caramelised?) finely chopped or chunky potatoes, cooked dry or slightly raw in the middle, served on a cocktail stick or in slices...? Here are some bars and restaurants where they've found their answer.



## LA ARDOSA

A classic bar for an aperitif as evening falls. With its traditional feel and dusty bottles filling the shelves, their glass of beer is extra large but always goes down well with something from their appealing menu. And when you try the tortilla you'll know why they're famous. Downstairs there's also a small lounge.

→ Colón, 13. M: Tribunal.

## SYLKAR

No list of tortilla places in Madrid is complete without this family bar. At first glance it might seem like a normal café bar, but it hides not only a wonderful kitchen where everything is homemade using traditional recipes, but also a well-stocked bodega. Their traditional Holy Week *torrijas* dessert are also to die for.

→ Espronceda, 17. M: Ríos Rosas.

## CASA DANI

In a small spot in the centre of the Mercado de la Paz you'll find this bar that serves breakfasts from 7 in the morning, and lunch from 10. With and without onion,



## TABERNA PEDRAZA

This tavern in El Retiro puts a great twist on the traditional tortilla (no onion), by using fresh free-range eggs that weight 56g to 60g each and come from chickens fed on corn to make the yolk more yellow; the potatoes are a hydroponically grown cross between the Kennebec and Agria varieties. And that's why their soft, yellow tortillas (the recipe comes from the renowned O'Pote restaurant in Betanzos in Galicia) are unmatched in Madrid.

→ Ibiza, 38. M: Ibiza.

whole ones to take away, on bread or a slice to eat at the bar – however you eat them, their omelettes, with crispy potatoes and generous amounts of egg, are examples of the best kind of tortillas you can eat in Madrid bars.

→ Ayala, 28. M: Serrano.

## OCAFÚ

Formerly known as La Penela, this Galician restaurant makes tortillas the way they make them in the Galician town of Betanzos, and they are considered one of the best in Madrid. There are also plenty of

other Galician treats, so make sure you're hungry.

→ Infanta Mercedes, 98. M: Valdeacederas.

## JUANA LA LOCA PINTXOS BAR

This trendy tapas bar isn't cheap, but it offers some of the most creative Basque pinchos, such as ostrich, plum and crunchy bacon, and foie gras with caramelised apple. Their tortilla is cooked through but still sticky and their signature is the slowly caramelised onion. Delicious!

→ Puerta de Moros, 4. M: La Latina.



## FREE TAPAS!

### ÍNDALO TAPAS

Cold beer, friendly service and above all, you can choose a free tapa with your drink, just like in Almería.

→ Pérez Galdós, 7.

### LA BLANCA PALOMA

Chilled beer in tall glasses with the added appeal of free tapas and cheap spirits.

→ Espíritu Santo, 21.

### EL TIGRE

Always packed, beers come with generous free tapas that change with each round.

→ Infantas, 30.



## The best tapas bars in Madrid

Enjoying a glass of beer and a few culinary bites is what's known as *tapear* in Spanish. These are some of the best places to indulge in the custom

### TAPAS & PINCHOS Taberna Arzábal

Arzábal (see image) offers traditional tapas bar cooking. With waiting staff rushing backwards and forwards, and shelves full of bottles of wine, this is first-hand stuff made using the best quality ingredients, with a minimum of fuss. You absolutely must try the croquettes.

→ Menéndez Pelayo, 13. M: Ibiza.

### CEVICHE & TIRADITOS Barra Eme

An urban bar where you can explore the world's street food and culture, particularly that of Peru, with great dishes and cocktails. Chef Omar Malpartida has created a menu with Asian, European and Latin American influences.

→ Libertad, 5. M: Chueca.

### FRESH MARKET FOOD Mercado de la Reina

They serve tapas and dishes all day from morning until late at night, with interesting seasonal variations adding a touch of the unexpected. This is one of the best bars on Gran Vía.

→ Gran Vía, 12. M: Gran Vía.

### PINCHOS FROM THE NORTH Taberna Laredo

Traditional simple Spanish food prepared using fresh market produce. When you've made your

choice, enjoy it at a table or the bar.

→ Dr. Castelo, 30. M: Ibiza.

### ANDALUSIAN FRIED TREATS AND TOAST WITH TOPPINGS Bocaíto

This 50-year-old bar specialises in toasted bread with toppings, tapas and traditional dishes from the Castilian and Andalusian regions – try the delicious Andalusian fried fish and fresh catches from the Cantabrian sea.

→ Libertad, 6. M: Chueca.

### HAUTE CUISINE SPANISH TAPAS La Raquetista

La Raquetista is in the Retiro foodie area, and specialises in signature tapas such as razor shells in ceviche, chickpeas with black sausage and foie gras, and their amazing Russian potato salad. It's one of the best bars of the area.

→ Dr. Castelo, 19. M: Ibiza.

### IN A WINE GLASS Taberna del Chato

Tapas here are served in a typical low wine glass and include dishes ranging from *salmorejo* (chilled soup similar to gazpacho) to chicken curry, pickled partridge salad, tuna tartar with seaweed or steak teriyaki. These small bites of pleasure mean that the bar is always packed at the weekend, so get there early!

→ Cruz, 35. M: Sol.



Federal Café



Pum Pum Café

**1 Federal Café**  
Breakfasts here are substantial and mean you start your morning energised. The menu has choices ranging from Greek yogurt with cereal to toast with everything, fresh croissants, and scrambled eggs. They use fresh organic produce including the flour and eggs, and offer gluten-free options. Their range of delicious cakes are made in their own bakery, and their coffee is also up to standard for a luxury breakfast. They also do a great brunch, and it's a place where you can feel right at home.  
→ Plaza de las Comendadoras, 9. M: Plaza de España.

**2 Pum Pum Café**  
This old butcher's from 1800 has been converted into a vegetarian haven, where you can eat delicious treats while breathing in the smell of their organic, freshly toasted and ground coffee, which is sourced from a small Madrid producer. The breakfast menu also features up to 12 different baked items including carrot, raspberry and lemon cake, brownies, cookies, Argentinian sandwich biscuits, and lemon pie.  
→ Tribulete, 6. M: La Latina.

TOP 5

Cafés with charm

These corners of the city are perfect for starting the day with a tasty breakfast. Good coffee, homemade pastries and appealing surrounds. *Buen provecho!*



Motteau

**3 Motteau**  
You can have some Parisian glamour with your coffee in Madrid thanks to Motteau, an independent pastry shop where you can watch the chef preparing delicacies like lemon tart, chocolate tart with black beer or sponge cake with hazelnut cream. They are known for their croissants, cheesecake and tarte Tatin, which are partly to blame for the intoxicating smell of French butter that permeates the shop. Whatever you choose, enjoy it with a cup of coffee and the lively atmosphere.  
→ San Pedro, 9. M: Antón Martín.



Lolina Vintage



La Carmencita

**4 Lolina Vintage**  
Lolina is a vintage café decorated with original furniture and painted wallpaper from the '50s, '60s and '70s; its doll's house kitsch makes you feel strangely at home. This Malasaña space is perfect for enjoying a personalised breakfast (you can choose sweet or savoury extras) while you connect to the internet. Or try some of their amazing cakes and giant American cookies. You can go for your normal coffee or you can try one of the 15 teas and infusions brought direct from sunny California. Give your morning a boost.  
→ Espíritu Santo, 9. M: Tribunal.

**5 Taberna La Carmencita**  
Why not try breakfast in one of Madrid's oldest taverns (it dates from 1854), where they serve organic bread made with stone-ground flour from Zamora, fresh butter from farms on the Sierra de Madrid, cheese from San Pedro del Romeral, honey from Patones, jam from Liébana, homemade yogurt, juice made from Valencia oranges, organic milk from free-range cows in the Madrid mountains, and freshly toasted fair trade coffee. Simply marvellous!  
→ Libertad, 16. M: Chueca.

Drink

The craft beer route

**LA TAPE**  
This gourmet space combines its range of craft beers (both bottled and from the barrel) with dishes for all tastes that are designed to go with the beers, such as hummus, Russian potato salad, cheese and cured meat boards, and croquettes. There's a good selection of national and international beers, and if you want to

hold a special event they can organise private tasting sessions or parties.  
→ San Bernardo, 88. M: San Bernardo.

**IRREALE**  
Home to an extensive beer menu, with loads of bottled beers as well as a wide range of beer from the barrel, this place will appeal to all hops lovers. Or, if you're not

already a beer geek, this may be the place to discover its growing universe with a guided tasting session accompanied by food prepared to complement the drinks.  
→ Manuela Malasaña, 20. M: San Bernardo.



**FABRICA MARAVILLAS**  
Not just one of Madrid's best breweries, the Factory of Wonders is also one of Malasaña's first microbreweries, with a variety of high-quality beers served in their comfortable brewpub.  
→ Valverde, 29. M: Gran Vía.

**MAD BREWING**  
You can see the factory where the beer's made, sample the top brews, and enjoy the New York-style bar where all the beers on tap are local and the food is delicious.  
→ Julián Camarillo, 19. M: Ciudad Lineal.

**EL PEDAL**  
This small bar in Lavapiés offers a good selection of craft beers from Madrid and abroad.  
→ Argmosa, 33. M: Lavapiés.

**LA CASA DE LA CERVEZA**  
This bar has over 30 years' experience, which is clear from their collection of 30 beers on tap and over 150 bottled varieties. There's everything from Madrid craft beer to Belgian and German brews, and the bar screens the best sports games.  
→ Luchana, 5. M: Bilbao.

TOP 3

Irish pubs in Madrid



The Irish Rover

One of Madrid's most famous Irish pubs, this place is known not only for its range of beers and its location next to the Castellana, but also its frequent gigs and musical acts. What's more it screens key sporting events, so you can sit back with your friends and enjoy the typical Irish atmosphere.  
→ www.theirishrover.com



Finnegans

Finnegans pub in Plaza de las Salesas has its own rugby team, the Madrid Lions, and shows all the sport's key games on big screens, along with other important fixtures. At the weekends the place is always packed and it holds DJ sets (mostly rock). Head there for a pint and make sure you try the burgers.  
→ www.finnegans.es



The James Joyce Irish Pub

Right in the centre, in Plaza de Cibeles, this Irish bar has Guinness and Murphy's on tap, pub grub, cheeky Irish (and Spanish) waiting staff, and rugby or Premier League matches on their enormous screens. Interestingly, the James Joyce used to be the Café Lion, a favourite haunt for writers after the Civil War.  
→ www.jamesjoycemadrid.com

BY THE GLASS

Beyond beer: from wine to vermouth



**TABERNA AVERÍAS**  
On Madrid's coolest gastro street, this bar has dozens of wines from key Spanish and other vineyards.

As well as beer, in Madrid's bars you'll find a great selection of wine and vermouth, a drink that is becoming more and more popular. We chose three places for different drinks:

**LA CHULA DE CHAMBERÍ** is one of the best of a new style of bar, with wines that are bound to tempt you and well-selected produce prepared with skill and simplicity. There are meats, stews and toasted bread with toppings, served at a few high tables and one big table for eight.

→ Fernando el Santo, 11. M: Alonso Martínez.

**LA VIOLETA** is a renovated taverna (now featuring marble and painted shelves) located in the neighbourhood of Chamberí. It has over 30 vermouths, which go perfectly with their smoked or pickled anchovies, cheeses, small dishes and great atmosphere.

→ Vallehermoso, 62. M: Canal.

**BODEGAS LA ARDOSA** (not to be confused with La Ardosia de Malasaña) is a minuscule bar with a beautiful exterior decorated in old tiles, and an interior lined with bottles of wine. The *patatas bravas* and fried pork belly are very good, the beer comes in big glasses, and the vermouth on tap is delicious.

→ Santa Engracia, 70. M: Iglesia.

COCKTAIL BARS

Three G&Ts



**MUSEO CHICOTE**  
The walls are covered in photos of its famous visitors

**Museo Chicote**

→ Gran Vía, 12. M: Gran Vía.

This bar is at the heart of Gran Vía, and since Spain's best-known cocktail waiter, Pedro Chicote, opened it in 1931, it's become famous for its delicious cocktails, fun atmosphere and international glamour, as well as its exclusive and raucous parties. Almost 90 years on and Chicote is still a unique part of Madrid's nightlife, attracting all types of people in search of a great gin and tonic and a speical vibe. There's also a snack menu to go with the nearly 50 cocktails on offer such as the Mai-Tai, the Hemingway and the Alaska.



**Salmón Gurú**

→ Echegaray, 21. M: Gran Vía.

This chic modern bar is beautifully decorated and matches its decor with the best sellers from Diego Cabrera's cocktail selection, with 25 classic drinks like G&T, as well as numerous new creations that give the bar its fame.



**Macera**

→ San Mateo, 21. M: Alonso Martínez.

An industrial-style cocktail bar and café where barman Narciso Bermejo serves some amazing original G&Ts. The cocktail menu is made up of ten classic created from spirits distilled by the place itself. This is a bar with a difference.

FOOD AND DRINK

Essential restaurants for Madrid foodies



La Casa Tomada

These may be the most lavish baguettes in Madrid. Real food porn. And they have other dishes such as chilli cheese fries, which tops chips with chilli con carne, melted cheddar, jalapeño peppers, red onion, a fried egg, coriander and bacon. Pure greed!

→ San Lorenzo, 9. M: Chueca.

something special, with Peruvian ingredients from the country's three regions, prepared by the excellent Peruvian chef Omar Malpartida. What's more, it's fantastic value for money.

→ Conde Duque, 134. M: San Bernardo.

**Zara**

With over half a century of experience, this is one of the city's best Cuban restaurants – the white rice with black beans is highly recommended.

→ Barbieri, 8. M: Chueca.

**Punto MX**

Mexican cuisine that mixes tradition and avant-garde under a Michelin star; reinterpreting classic Mexican recipes with a modern touch without losing even a pinch of flavour.

→ Gral. Pardiñas, 40. M: Lista.

**María Bonita Taco Bar**

Comfortable, good and cheap, this bar is at the top of the league for homemade tacos. Simple and unpretentious, you can enjoy yourselves in peace while your food arrives – for example, the soup, the prickly-pear salad and a side of tacos.

→ Duque de Liria, 9. M: Ventura Rodríguez.

BAGUETTES

**Bao Bar**

Boa buns are all the rage and at this place they're delicious, with fillings such as shredded duck, cucumber, spring onion and hoisin sauce, or falafel, tahini and salad. They all go wonderfully with the beer, and are reasonable priced.

→ Corredera Alta de San Pablo, 2. M: Callao.

**La Sanducherie**

A well-organised

space that's popular with young people, has high and ordinary tables, friendly service and craft beer plus intriguing yet tasty baguettes such as Thai chicken, the Cubano mi Hermano, and the Adoro el Pomodoro. → Luchana, 1. M: Bilbao.

**Crumb**

Madrid's favourite for designer homemade sandwiches made using its own bread baked every day from organic flour and sourdough starter. There's

wheat bread, bread with seeds, potato, honey and onion bread, rye bread, and fresh fillings galore, so you can create your own gourmet sandwich.

→ Conde Duque, 8. M: Noviciado.

ASIAN

**Kitchen 154**

If you like spicy food, stop right here. If you're after Asian street food, this is your stop too. And if you like to eat at lively bars, you'll love it even more (although you can also book a table). With music, flaming woks, and high-speed kitchen coordination, this venue in the Mercado de Vallehermoso is all you could ask for.

→ Vallehermoso, 36.

M: Quevedo.

**Tuk Tuk**

Specialising in Asian street food, try treats like Indonesian *rendang*, Malaysian satay kebabs, the sexy *siao bao* from the Philippines, Vietnamese pho soup, and several legendary curries like *gaeng phet* from Thailand.

And afterwards you

can enjoy Asian cocktails.

→ Barquillo, 26. M: Chueca.

**Lamian**

Lamian by Soy Kitchen takes you on a journey through the most traditional specialities from China, Taiwan, Korea and Japan, all fused together by the imagination and skill of chef Yong Ping Zhang (aka Julio) to create authentic Asian street food. The ramen is amazing, as is the decor.

→ Plaza de los Mostenses, 4. M: Callao.

SOUTH AMERICAN

**La Candelita**

The pioneer of South American food in Madrid, with a free style that incorporates all the best of this cuisine, with a special influence from Venezuela, they serve *arepas* (maize bread sandwiches), ceviche and Venezuelan *hallacas* at Christmas. And all of it delicious.

→ Barquillo, 30. M: Chueca.

**Tiradito & Piso Bar**

The ceviche and raw fish at this bar are



JAPANESE

**Yokaloka**

One of the first Japanese food stalls in the Mercado de Antón Martín, this has become a hotspot for all things Japanese in the city centre, with freshly prepared sushi, ramen and other specialities. → Santa Isabel, 5. M: Antón Martín.



**Musashi**

This was one of the first Japanese restaurants that didn't break the bank, back in the '90s when Japanese food was saved for special occasions, and today it's still one of the best for quality and price in the city centre. → Conchas, 4. M: Callao.

**Kappo**

Run solo by one of Spain's leading sushi chefs, Mario Payan, who respects traditions and sharp flavours. Try his incredible nigiri. → Bretón de los Herreros, 54. M: Gregorio Marañón.

ITALIAN

**Forneria Ballaró**

Sicilian cookery in a wood oven, with amazing dishes such as the porchetta kebab, with Segovia suckling pig, rocket and mayonnaise, potato croquettes and Sardinian

sausage, rice balls stuffed with ragu, peas and mozzarella, and of course their spectacular pizzas. → Santa Engracia, 90. M: Canal

**Don Lisander**

This traditional trattoria with its delicious thin pizzas and homemade pasta, is the nirvana of transalpine cooking in Madrid → Infanta Mercedes, 92. M: Valdeacederas.

TRADITIONAL

**Botín**

The world's oldest restaurant is still standing after almost 300 years. Famous for its suckling pig and lamb. Hemingway ate here too. → Cuchilleros, 17. M: La Latina.

**Lhardy**

A famous restaurant that opened in 1839 and brought French haute cuisine to Madrid. The prices aren't cheap but the stew, meat and callos are all excellent and worth paying for. → Carrera de San Jerónimo, 8. M: Sol.

VEGETARIAN

**Copenhagen**

With skilfully prepared creations and an image that's as colourful as its food, this restaurant has a great tapas menu. Lacto-ovo-vegetarians, vegans and celiacs are all welcome. → José Ortega y Gasset, 73. M: Lista.

**La Encomienda**

A large bar in Lavapiés with a bar and eating area, where almost everything



is gluten-free, and there's a good raw food and vegan choice. There's also a menu of the day and brunch is served at the weekend. → Encienda, 19. M: Tirso de Molina.

**Vega**

This place is bustling and loud but comfy and pleasant. Ingredients are locally produced, organic, or fair trade, and the service is good. → Luna, 9. M: Santo Domingo

HAUTE CUISINE

**Bibo**

Taste and seasonal produce are the staples in the kitchen of chef Dani García, who has two Michelin stars and a menu of tempting dishes. The venue is also impressive, covering 800m<sup>2</sup>. → Paseo de la Castellana, 52. M: Rubén Darío.

**Dstage**

Metal pipes and a view of the kitchen give this two-Michelin-star restaurant a touch of originality; it's a place for chef Diego Guerrero to practise his 'free cooking'. → Regueros, 8. M: Chueca.

**La Cabra**

This could be one of Madrid's most beautiful and best restaurants. Young chef Javier Aranda is in charge of the kitchen at this Michelin-starred spot. → Francisco de Rojas, 2. M: Bilbao.

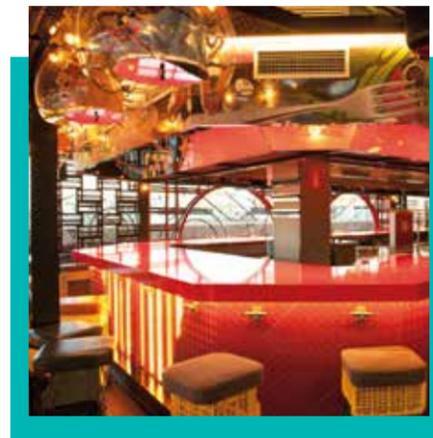
FAST FOOD

**Paperboy**

An informal and urban venue with different cuisines, starting with a menu of 14 original hot dogs, with a new kind every month. Draft beer on tap. → Luchana, 1. M: Bilbao.

**Goiko Grill**

Constantly growing, this burger bar has become one of Madrid's most



popular, with its quality meat and low process, it has left chains such as Five Guys and New York Burger far behind. → Bilbao, 3. M: Bilbao.

**Magasand**

Fast food that's still healthy, this sandwich bar and restaurant on the edge of El Retiro offers salads, bagels, and more. → Columela, 4. M: Retiro.

FUSION

**Kena**

Taste the evolution of Nikkei cuisine (Japanese-Peruvian fusion), with a menu showcasing the best of chef Luis Arévalo, such as soup, nigiri and raw fish *tiraditos*. → Diego de León, 11. M: Diego de León.

**StreetXO**

David Muñoz, holder of three Michelin stars, presents his take on street food. You'll be hard pressed to experience such a vibrant atmosphere or such unusual tastes anywhere else. → Serrano, 52. M: Rubén Darío.

**Yakitoro**

Under the name and management of cookery series star

Alberto Chicote, this reinterpretation of a classic Nippon bar has all the cooking on display. → Reina, 41. M: Banco de España.



GASTRO MARKETS

**Mercado de San Miguel**

Emblematic market near Plaza Mayor. → Plaza de San Miguel, 3. M: Sol.

**San Antón**

Modern market in Chueca with sophisticated gastronomy. → Augusto Figueroa, 24B. M: Chueca.

**Antón Martín**

Tradition and street food in Lavapiés. → Santa Isabel, 5. M: Antón Martín.

**San Ildefonso**

A street market in the heart of Malasaña. → Fuencarral, 57. M: Tribunal.

**Mosteneses**

Market featuring Chinese, Ecuadorian and Peruvian products. → Plaza de los Mostenses. M: Plaza de España.

**San Fernando**

Specialising in local, organic, artisanal and affordable products. → Embajadores, 41. M: Lavapiés.

**Maravillas**

The biggest market in Madrid, and one of the biggest in Europe. → Bravo Murillo, 122. M: Cuatro Caminos, Alvarado.

# Getaways

## A region worth seeing

The towns and sights of the Madrid community include amazing architecture, nature and history



**CHINCHÓN**

The 15th-century medieval Plaza Mayor in Chinchón is this small town's most visited attraction, surrounded by three-storey buildings with angular galleries and over 230 wooden balconies, all painted green. [www.chinchon.es](http://www.chinchon.es)

**EL ESCORIAL**

Felipe II's capricious monastery was built between 1563 and 1584, and is now a World Heritage site. That and the Montia restaurant are the main reasons people come to visit the town. → [www.elescorial.es](http://www.elescorial.es)

**NAVACERRADA**

Every year this town becomes the perfect skiing get-away, just an hour from the centre of Madrid. → [www.puertonavacerrada.com](http://www.puertonavacerrada.com)

**BUITRAGO DE LOZOYA**

This town in the Sierra de Guadarrama has one of the best preserved walls in the area, which is considered a national monument. → [www.buitragodelozoya.es](http://www.buitragodelozoya.es)

**ALCALÁ DE HENARES**

It's no surprise that this city was declared a World Heritage site by UNESCO in 1998. The town lies to the north of Madrid and is famous for its university, and for being the birthplace of Miguel de Cervantes. → [www.ayto-alcaladehenares.es](http://www.ayto-alcaladehenares.es)

**ARANJUEZ**

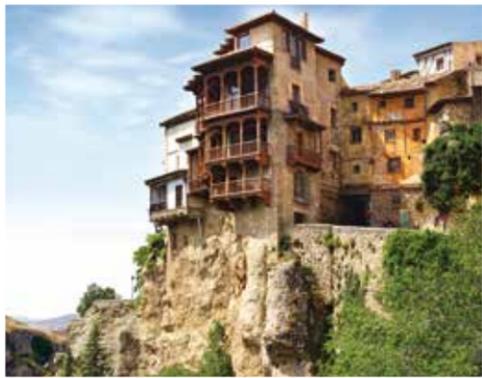
The southernmost town in the Community of Madrid is Aranjuez, a charming place that you can travel to on the local train. Its Palacio Real is worth a visit, as are the beautiful gardens, which were declared a World Heritage site by UNESCO. → [www.aranjuez.es](http://www.aranjuez.es)

**PATONES DE ARRIBA**

During the black architecture period in the 16th century, when slate was used for building, Patones de Arriba made the most of each side of the mountain and constructed a unique farming village that today has a beauty all its own. → [www.patones.net](http://www.patones.net)

# Just a stone's throw away

Madrid is the perfect point from which to travel to fascinating nearby towns full of tourist attractions and history



## 1 Toledo

Seventy-two kilometres from Madrid, just 25 minutes on the AVE, is Toledo, the capital of Castilla-La Mancha and the old capital of the Kingdom of Spain. The city sits on the River Tagus and is famous for its palace, the Santa María cathedral, the old Jewish quarter, the San Juan de los Reyes monastery, the San Martín bridge and the Puerta Nueva de Bisagra. The city has been a World Heritage site since 1986 and is really worth a visit.

→[www.toledo.es](http://www.toledo.es)

## 2 Segovia

If you go to Segovia, just an hour from Madrid, you can't miss the aqueduct, Spain's most important Roman example of civil engineering. You must also try its famous suckling pig dish at Casa Cándido, if you can, to see how they serve it. The aqueduct and the city's old quarter were declared UNESCO World Heritage sites in 1985, and the city is brimming with charm.

→[www.segovia.es](http://www.segovia.es)

## 3 Cuenca

Another World Heritage site, Cuenca is famous for its Hanging Houses (Casas Colgadas), of which only three are still open: the two Casas del Rey, home to the Museum of Spanish Abstract Art, and the Casa de la Sirena, which is a restaurant. Another unmissable stop just outside Cuenca is the Enchanted City, with its spectacular natural stone sculptures.

→[www.cuenca.es](http://www.cuenca.es)

## 4 Ávila

Ávila, also a World Heritage site, is Spain's highest provincial capital at 1,131m above sea level. It's renowned for its Romanesque wall, which was built at the end of the 11th century around the city's old quarter. Visitors also go to see the remains of Santa Teresa de Jesús, a 16th-century nun who was born in the town.

→[www.avila.es](http://www.avila.es)

## 5 Salamanca

Salamanca is about two hours' drive from Madrid, and is a famous university town. Its limestone architecture is unique, and there are many impressive buildings to see, such as the university, with its hidden frog on the front door, as well as memorable features like the Plaza Mayor. Its historic quarter is a UNESCO World Heritage site.

→[www.salamanca.es](http://www.salamanca.es)

## 6 Burgos

Inspired by the great French gothic cathedrals in Reims and Paris, Burgos built its own over 800 years ago, and today it's its main tourist attraction. The area also has the fascinating architectural site Atapuerca, just 15 minutes from the city. In terms of the local cuisine, the speciality is the blood sausage, which you should definitely try.

→[www.burgos.es](http://www.burgos.es)

## 7 Córdoba

Just two hours by train from Madrid, Córdoba is one of Spain's richest historical cities. The Mosque-Cathedral is a crucible of Arab and Christian cultures, and the city is a wonderful place to escape to. The entire old quarter as well as the city's famous colourful patios were made a World Heritage site in 1994 by UNESCO.

→[www.cordoba.es](http://www.cordoba.es)



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