

NEXT MEETING:

**WEDNESDAY, MAY 1, 2024
10:00 A.M.**

**MANOTICK UNITED
CHURCH**

**5567 MANOTICK MAIN ST.
MANOTICK**

OUR SPEAKER:

**JENNY (SAWANOHK)
SUTHERLAND**

**HER TOPIC: Sharing
Medicine: Reconciling our
Sacred Relationship with
the Land and Each Other**

Lunch after the meeting:

**The Vault Bistro
5530 Manotick Main St.**



**OTTAWA-RIDEAU VALLEY
PROBUS CLUB
NEWSLETTER
APRIL 2024**

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Figure 1 First Daffodils

PAST SPEAKER

Our April speaker was Bill Stewart, the former RCMP Riding Master. He gave a delightful presentation highlighting his experiences with the RCMP Musical Ride and most particularly his close connections with Her Majesty, Queen Elizabeth II. He spoke of his opportunities to participate in various ceremonial events and showed many interesting and personal photos. Mr. Stewart also brought a fascinating display of his personal memorabilia including his RCMP horse blanket and several photos that were presented to him by Queen Elizabeth.

NEXT SPEAKER

On May 1, 2024 (May Day) our speaker will be Jenny (Sawanohk) Sutherland, Mihko-Asiniy-Kinepik-Isweew, is a proud member of Moose Cree First Nation, the Mosoniy-Ilililew and Mushkegowuk territory. She was born and raised in Moosonee, Ontario and the James Bay Lowlands. She is honoured to reside on the unceded and unsurrendered traditional territory of the Algonquins in Manotick, where she owns and operates the Misiwe Ni Relations Healing Lodge, a place for Ceremony and Land-based Healing. Misiwe also has a designated National Healing Forest.



Jenny operates a private practice, Red Stone Snake Woman, as a psychotherapist and Indigenous healer, consultant and motivational speaker. She has an Honours BA in Psychology and is a MSW graduate, and has extensive work experience in Indigenous child welfare and children's mental health. She provides training on many different platforms, and it is through this work that Jenny became a Truth and Reconciliation Specialist.

Facilitating a space for healing is Jenny's passion. She works closely with community organizations such as Ottawa Inner City Health, a vulnerable population battling addiction and homelessness, supporting both the residents and the spirits of street health, harm reduction, community and social service workers in Ottawa by volunteering with Soul Space.

MEMBER CONTRIBUTIONS

Mir Ali

ARTIFICIAL INTELLIGENCE—DO YOU WANT TO KNOW MORE?

Here is a thoughtful article on the subject written by one of our members, and a regular contributor, Mir Ali.

GENERATIVE ARTIFICIAL INTELLIGENCE: AN ALARMING CAPABILITY

As reported recently that this technology excels at applying foundation models, which are large neural networks trained on extensive unlabeled data and fine-tuned for various tasks. It can effectively identify, summarize, convert, predict and generate content from large data sets. Implementing this technology in the public sector can significantly improve efficiency, enabling organizations to complete their daily tasks with a fraction of the resources.

Here's an alarming fact - Using Generative AI, anyone can create fake content, including photos, videos, and text. While this is considered a technological advance, it raises serious concerns when different political parties exploit it to spread fake news and propaganda. Fake media generated using these tools can cause severe damage.

Dr. Mir F. Ali, one of our members, has contributed the following article on the subject. Please click the link to read the entire article on [Generative Artificial Intelligence](#)

NEWS FROM THE MANAGEMENT TEAM

The Management Team met on Wednesday, April 10, 2024, to discuss matters of interest to the Club. The Treasurer, Klaus Bletzner, informed the group that he is working on a proposal that will result in a fee increase for the 2024-25 year. Our fixed costs have risen, and our fees need to reflect that reality. At present, members are paying only \$2.08 per month, which includes the monthly meeting. A small committee will be struck to study our revenue and expenses and make recommendations to the Management Team. Any increase in membership dues will be put to a vote at the Annual General Meeting on September 4, 2024. Notice of motion will be sent to all members by August 1, 2024.

We currently have 137 paid up members. A change in the by-laws concerning the deadline for payment of annual dues will be proposed at the Annual General Meeting. A notice of motion will be sent to all members by August 1, 2024.

The Speakers Committee met last week to discuss possible speakers for the coming months. The Committee considered several possible speakers and will continue to work with possible speakers to provide an interesting and diverse schedule for the coming year.

The Newsletter will have a new section starting in May where we will present a short biography of one of our members. To start, we will highlight some of our Management Team and then move on to other members. We welcome any suggestions.

EVENTS

Spring Luncheon

The PROBUS ORV Spring Luncheon will be held on April 17, 2024, at the **Cedarhill Golf and Country Club**. At present, 39 members are registered for this spring event. There is still time: if you would like to attend, please contact Helena Flack hflack@rogers.com More information and menu choices can be found In the [March Newsletter](#) under Special Events

RCMP Stables Tour

As a follow-up to our April speaker – Bill Stewart, Retired Riding Master of the RCMP Musical Ride - a tour of the RCMP stables will be held on **May 22, 2024 at 2 PM**. The stable is located at **1 Sandridge Road, Ottawa K1A 0R2**. This is the home of the world famous RCMP Musical Ride and the amazing women, men, and horses who perform the ride. The guided tour is about 30 minutes. Lunch will be arranged before the tour. Watch for special notices about the location of the lunch.

Please contact Eileen Bond if you would like to attend.

Thebondhouse@gmail.com.

Eileen Bond: 613-692-4521

DRINKS AND APPETIZERS



HOSTED BY JUDY AND JOHN COLLINS

FRIDAY, 24 MAY 2024

5-7 P.M.

152 RIVERSTONE DRIVE

If you would like to attend, please contact the Collins at
johnjudycollins@gmail.com

Many thanks to Doreen and John Hill for hosting the April evening.

50/50 DRAW!!!!

Want to get rich quick? Try our new 50/50 draw beginning at the May, 2024 meeting. Before each meeting we will be selling tickets (\$2.00 each, 3 for \$5.00) at the end of the meeting a winning ticket will be drawn and the winner will receive half of the proceeds—the other half goes to help support the work of our Club. Play early, play often, win big!!!

WELCOME HOME TO OUR SNOW BIRDS!!

HAPPY SPRING TO ALL!

