

# the Bush Tele

JULY EDITION 2023



**OUT NOW!**

The Hornsby  
Ku-ring-gai  
Visitors Guide  
2023-2024

see p3

**Stay Active, Pets &  
School Holiday features inside**

*Business and community leaders join together to welcome the launch of 2077 After Dark which aims to bring new life and rejuvenate Hornsby District's night-time scene. Story p3*

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# 2077 A.D. – HORNSBY AFTER DARK AWARDED \$200,000 GRANT

STAY TUNED FOR AN EXCITING YEAR AHEAD AS

## 2077 AFTER DARK TRANSFORMS OUR NIGHTLIFE EXPERIENCES

A diverse range of *going-out districts* are set to emerge across Greater Sydney with the NSW Government announcing the first successful recipients of the **Uptown Grant Program**.

*Minister for Music and the Night-time Economy John Graham* said 21 successful districts across eight different local government areas in Sydney will each receive up to \$200,000 to coordinate their efforts and build further consumer engagement.

Mr Graham said, "Owners have enough on their plate with the day-to-day running of their businesses. The Uptown Grant Program allows these districts to hire dedicated resources to manage their combined initiatives, including events, marketing and operations." **LOCALLY**, the **Hornsby Chamber of Commerce** and **Liquor Accord** will collaborate to enhance the 2077 postcode region's night-time economy, engaging with other night-time industries once momentum is built. The 2077 A.D. – Hornsby After Dark will benefit from an injection of \$200,000.

President of the Hornsby Chamber of Commerce, **John Warren** said, "The Hornsby Chamber of Commerce is extremely proud to be leading the **2077 After Dark** campaign with the strong support of our newly formed District Team including **Hornsby RSL Club, Magpies Waitara, The Asquith Club, The Hornsby Railway Hotel, The Bluegum Hotel, The Hornsby Inn, Westfields Hornsby, Event Cinemas Hornsby, Hornsby Shire Council and The Bush Tele**."

"2077 After Dark's mission is to breathe new life into the evening hours, revitalising the local nightlife economy and igniting a vibrant sense of community in the town

centre," John Warren said. "We are committed to creating an inclusive and dynamic after-dark experience, where businesses thrive, and residents and visitors alike are drawn to the allure of our bustling environment."

Hornsby Mayor **Philip Ruddock** AO said, "Council is delighted to have been able to collaborate with the Hornsby Chamber to secure funding for this important project to invigorate Hornsby and the surrounding suburbs and ignite the night-time economy in the 2077 postcode, greatly benefiting Hornsby Shire. We thank the NSW Government and Member for Hornsby **Matt Kean** MP for their support. Congratulations to the Chamber – we look forward to working with them to deliver results for the community over the coming months.

I'd encourage any business that operates in the 2077 post code after 5pm to get in touch with the Chamber and be part of something bigger with 2077 After Dark!"

*NSW 24-Hour Economy Commissioner Michael Rodrigues* explained that partnering between businesses is a proven way to attract more Sydneysiders and tourists to the area and potentially unlock new revenue streams. District teams, comprising three or more local businesses across various sectors, including accommodation, arts and culture, tourism, hospitality, live performance, retail and sport are encouraged to apply. **More info can be found here:** [www.investment.nsw.gov.au/Uptown](http://www.investment.nsw.gov.au/Uptown)

The 21 recipients of the Uptown Grant Program are as follows: Balmain Rozelle, Brookvale Arts District (BAD), Chippendale Collective, Eddy (Central Station and Eddy Avenue

Precinct, Sydney), Green? (Green Square), Haymarket Precinct, HQ Sydney (Hollywood Quarter Sydney – Precinct of Commonwealth, Campbell and Wentworth Streets, Surry Hills), KXQ (King's Cross Quarter, Kings Cross), Koreatown (Eastwood), Paddo Collective (Paddington), Stanley Street District (North Darlinghurst), YCK Laneways Association Inc (Sydney CBD), Rainbow Precinct (Darlinghurst), Pyrmont+Ultimo24/7 – Powered by Pyrmont Ultimo Chamber of Commerce (Pyrmont, Ultimo), UpTown Sydney CBD, Walsh Bay Arts Precinct, 2077 A.D. - Hornsby After Dark, DuskDown (Freshwater) and New Sydney Waterfront Company District Team (Sydney Harbour).

PHOTO FRONT COVER BUSINESS AND COMMUNITY LEADERS JOIN TO WELCOME THE LAUNCH OF 2077 AFTER DARK WHICH AIMS TO BRING NEW LIFE AND REJUVENATE HORNSBY DISTRICT'S NIGHT-TIME SCENE.

**L - R:** Wally Gebrael (Hornsby Chamber of Commerce), Andrew Veldon (Magpies Waitara), Mario Machado (Hornsby RSL Club), John Warren (President, Hornsby Chamber of Commerce), Mayor Phillip Ruddock AO (Hornsby Shire Council) Matt Scott (Superintendent KPAC), Matt Kean MP (NSW Parliament), Kathie Comb OAM (The Bush Tele), Brad Halton (Hornsby Railway Hotel), Peter McDade (The Asquith Club), Katherine Schmitt (Westfield Hornsby), Matthew Kosta (Westfield Hornsby), Cllr Nathan Tilbury (Hornsby Shire Council).



## Where do I get my FREE Hornsby Ku-ring-gai Visitors Guide?

The 15th EDITION of the HORNSBY KU-RING-GAI VISITORS GUIDE is out now! FIND YOUR NEXT ADVENTURE in this popular annual magazine, published courtesy of **The Bush Tele**. The Guide isn't just for Visitors to our amazing region, but it is a great resource for locals, highlighting family activities, mountain biking, markets, art exhibitions, bushwalking, local heritage, fishing, boating, holidaying on the Hawkesbury, dining, clubs & pubs, golf, shopping, kids' playgrounds *and lots more*. **HKVG IS PRODUCED BY LOCALS** who have researched and experienced much of what you will find in the 64 PAGE Edition.

### YOUR ADVENTURE AWAITS!

You can collect your copy of this publication at shopping centres, clubs, libraries, and local community shops in the Hornsby and Ku-ring-gai Local Government Areas, as well as Visitor Centres throughout NSW.

You can also read it online! [www.hkvg.com.au](http://www.hkvg.com.au)





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The Bush Tele acknowledges the Traditional Custodians of Country throughout Australia and their continuing connections to land, culture and community, and pays its respects to Elders past and present and emerging.



# FENWICKS MARINA BOATYARD IS 2023 MARINA OF THE YEAR

The 2023 Nautilus Marine Insurance Marina of the Year Awards, was held at the Cruising Yacht Club of Australia on 16 May 2023. This concluded with one of the most popular awards presented, when **ANDREW FENWICK'S FENWICKS MARINA BOATYARD** was inducted into the **HALL OF FAME**.

The nautical history of the Fenwick family dates back to Andrew's great-great-great-grandfather, who started **J Fenwick & Co** in 1870, the Sydney Harbour tug company that was owned and operated by the Fenwick family for 100 years.

**The current Fenwicks Marina commenced construction in 1985 and has been constantly evolving and improving ever since.** Andrew is the *Managing Director* of the Marina and along with his son **Tim** and wife **Sarah**, are all actively involved in the business today.

**The marina offers berthing in its sheltered location at Brooklyn,**

**along with an exceptionally well-run boatyard repair and maintenance facility.**

Having been awarded the **Best Boatyard of the Year** (under 20 boats) 2015-16, 2019-20 and then again 2021-22, this award recognises Fenwicks total customer focus, project management skills and the fact that Fenwicks has never stopped reinventing itself and lifting the bar in delivery of boatyard services.

*In receiving the Award, Andrew recognised past and present employees and tenant who have assisted their efforts in becoming one of the most awarded facilities in the country.*

**Photo:** L – R Andrew Fenwick CMM, Tim Fenwick and Sarah Fenwick



## AFSM AWARDED TO GROUP CAPTAIN GRANT WARGREN

CONGRATULATIONS to **Group Captain Grant Wargren, Hornsby/Ku-ring-gai Rural Fire Service**, on receiving the **Australian Fire Service Medal (AFSM)** in the 2023 King's Birthday Honour list.



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# WHAT A WONDERFUL DAY!



IT WAS A CHANCE ENCOUNTER IN COLES BEROWRA SUPERMARKET BY THE PRESIDENT OF BEROWRA WATERS VIEW CLUB, WHEN SHE RECOGNISED THE FORMER TEENAGE POP MUSIC STAR "LITTLE PATTIE", WHO NOW LIVES LOCALLY.

They started chatting and that led to discussing the possibility of having Patricia, as she is now known, come to speak at a VIEW Club monthly meeting. Patricia is a very friendly lady and readily agreed to do that. She is also a very busy person, but eventually a date was arranged.

Our members were asked to invite friends to join us for this event and we also extended the invitation to other VIEW Clubs in the Hornsby area. We had over 50 excited ladies in attendance, eager to welcome "Little Pattie" as the Guest Speaker at our May meeting, which was held at Club Berowra on Wednesday 24<sup>th</sup> May. After a 2-course lunch, specially provided by the new chef at Club Berowra, Patricia began to tell us about how she became a reluctant "pop star". It was a very entertaining story, with many funny anecdotes about touring around Australia, and some overseas, including a tour to Vietnam in 1966 with Col Joye and his band, to entertain the Australian Forces

based at Nui Dat. A serious battle broke out in the hills nearby and the Base came under fire. The concert had to be cancelled and the entertainers were evacuated by helicopter to the relative safety of the American Airfield at Vung Tau, where the Military Hospital was also situated. Col Joye and Little Pattie visited the wounded Australians the next day. She is still in touch with, and is a supporter of, the Vietnam Veterans. Unexpectedly, and unaccompanied, "Little Pattie" ended her talk by singing "What a Wonderful World" from the movie "Good Morning Vietnam".

It was a wonderful way to end a wonderful day, and we are very grateful to Patricia for her generosity in helping us raise funds for The Smith Family charity. JOIN US!

You are welcome at our meetings at Club Berowra, 10.30am 4<sup>th</sup> Wednesday monthly. Phone Geraldine on 9456 2680 to book. Photo above: Patricia (2<sup>nd</sup> from right) with some members of the Berowra Waters VIEW Club.

## Introducing CHEF DAVID O'CONNELL Club Berowra

With an impressive career spanning over four decades, David is well known for his passion for quality food and ingredients.

After completing his apprenticeship at City Tattersalls Sydney, David embarked on his culinary journey taking him to Linderman's Wines buffet cruise on the Gold Coast. From there, his skills and passion propelled him to the Black Stump Pennant Hills and then onto the role of Head Chef at Hornsby RSL. His continued commitment to the craft is evident in the three decades he spent running Anglers Restaurant in Brooklyn, where he earned a well-deserved reputation for his dedication to serving the local community.

Recognising the significance of catering to various palates, David takes pride in curating a menu that caters to everyone's preferences. HE IS THRILLED TO INTRODUCE A FRESH AND EXCITING NEW MENU AT CLUB BEROWRA, complemented by weekly Chef Specials.

David has personally handpicked a selection of his favourite dishes, highlighting the finest local produce



from Kulnura, fresh herbs straight from his garden, and oysters and fish sourced from the renowned Hawkesbury Co-Op.

The menu will gradually introduce house-made desserts and pizzas, with a strong focus on good quality, family-friendly food.

Join us at Club Berowra as we warmly welcome Chef David O'Connell.

"We are very excited to welcome David to Club Berowra. With David's experience and passion for healthy, fresh, homemade meals, I believe he will take our food to the next level. Our goal at Club Berowra is to be the venue of choice for eating in and takeaways among the local community."

Steve Euers - CEO Club Berowra.



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# Sustainable Eco-Friendly Living

## HILA UPCYCLE

A local company is revolutionising the concept of sustainability.

HILA UPCYCLE allows customers to repurpose their cherished bottles into vases, containers, lamps or candle jars, creating a sustainable way to preserve memories while reducing waste.

In a world where sustainability is becoming increasingly important, Hila Upcycle is taking a step towards a greener future by offering this unique service.

**By turning bottles into functional products**, customers are not only reducing their environmental impact but also giving a new life to their sentimental items.

The cutting bottle service is a perfect solution for those who want to keep their memories in a useful and repurposed product. **Whether it's a wedding champagne bottle or a memorable wine bottle, they can be transformed into stunning vases or containers that can be used for years to come.**

**The services offered by Hila Upcycle are not limited to individuals only.** Local businesses and retailers are also encouraged to use their services to repurpose bottles and **create sustainable promotional items** or resell repurposed products.

The bottles are cut and polished by hand in their Hornsby workshop. Let Hila Upcycle help create your next glass bottle project.

Contact them for more info at [info@hilaupcycle.com.au](mailto:info@hilaupcycle.com.au) or call 1300 564 601.



## OUR LOCAL SKIPPER, NAT TOBIN LEADS SYDNEY FC TO THE 2023 A-LEAGUE WOMEN'S CHAMPIONSHIP

Story by Nathan Tilbury

**Berowra local, Nat Tobin, has captained Sydney FC's A-League Women's team for the past two seasons, as part of her inspiring football story.**

Growing up in Berowra, Nat attended primary school at **St Bernard's** and completed her High School at **Mount St Benedict College**. She played her junior football with the **Berowra Football Club** until she was 9 when her extraordinary talent was identified, and she was selected for the Under 12 junior Rep team at the **Northern Tigers**.

Nat later played for **North West Sydney** teams, **NSW Institute of Sport**, represented **Australian Schoolgirls** at 15 and progressed through to the **Young Matildas** ranks.

As a substitute, Nat made her **A-League** debut at just 16-years of age for **Sydney FC** in the **2013 Grand Final**. **On that day, her team were crowned Champions with a 3 – 1 win over Melbourne Victory.**

**Fast forward a decade and Nat Tobin has just won her third A-League Championship with Sydney FC.** This time she led her team as they secured the 2023 A-League Women's Championship with a dominant 4 – 0 Grand Final victory over Western United.

**Nat Tobin, who, despite her relatively young age of 26, is the eldest member of the team and is described as a veteran.** In the Grand Final she also celebrated her 100th appearance for her club and to complete a very special night as she managed to score a memorable goal in the 18th minute of her team's victory.

Having won A-League Championship victories in her very first game and



©Dan Ullman @aptitudephotography

most recent game, Nat Tobin has also tasted disappointment playing in four losing Grand-Finals for her club against some star-studded sides. In Nat's two years as captain, Sydney FC have won 3 major trophies including back-to-back Premierships and a Championship. *They have also smashed the leagues clean sheet record, which Nat was instrumental in, playing as a Centre Back.*

**Despite playing top level club football in a national competition, Nat still has to work fulltime as an occupational therapist.** This shows female sport still has some way to go in order to support their stars with a fair and reasonable payment level.

**CONGRATULATIONS TO BEROWRA LOCAL NAT TOBIN for such an impressive football career to date. You have already achieved so much, and we wish you much more success to come.**

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# Support Your Local Small Business

## 2023 HORNSBY KU-RING-GAI LOCAL BUSINESS AWARDS



Businesses in the local community do so much more than sell us goods and services. They're an integral part of every community and our everyday lives, according to Precedent Productions Managing Director Steve Loe.

**"Small business people and their staff are part of the social fabric of our communities,"** the Local Business Awards founder said.

"They're the people we stop to chat with on the way to and from work, or those we meet in the course of doing our own jobs," said Mr Loe.

"Very often they become friends as well as *sounding boards* outside our families and colleagues; important contacts to whom we can turn to for advice or just some sympathy."

Mr Loe said that nominating a favourite local business for the annual **Hornsby Ku-ring-gai Local Business Awards** was an excellent way to thank them for their efforts, *which so often go unrecognised*.

"I would particularly like to thank the Awards' Major Partners: **NOVA Employment and Support Partners, White Key Marketing, BxNetworking, Pennant Hills Marketplace and Cornerstone Community,**" Mr Loe said.

"Their support of the Local Business Awards is essential to the success of the program, and it reflects their recognition of the importance of local businesses in the Hornsby Ku-ring-gai area.

**"Now is your chance to thank your favourite businesses by voting for them online at [www.thebusinessawards.com.au](http://www.thebusinessawards.com.au)"**

**Nominations OPEN on Monday 10<sup>th</sup> July and CLOSE on Tuesday 8<sup>th</sup> August.**

For further information on the Hornsby Ku-ring-gai Local Business Awards 2023, visit [www.thebusinessawards.com.au](http://www.thebusinessawards.com.au) or call Precedent Productions on 8363 3333.

**NOMINATIONS for the 2023 Hornsby Ku-ring-gai Local Business Awards open on Monday 10<sup>th</sup> July and close on Tuesday 8<sup>th</sup> August.** Winners will be announced at the *Presentation Evening* in October at the **Hornsby RSL Club**.

*The Bush Tele is the proud Media Partner of the 2023 Hornsby Ku-ring-gai Local Business Awards*

## IT'S WINTER TIME!

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**Berowra Lions Club**  
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**AFFAIRS OF INTEREST IN THE CURRENT WORLD** meets Berowra: Community Centre, The Gully Rd, 2nd & 4th Mondays (not pub hol) 10am-12pm. Managing Stress 10 July Presenter: Dr Judy Ford. Indonesia, Malaysia & Singapore 24 July, Presenter: Himanshu Jhala Book: Joan Scott, email: djscott@tpg.com.au Ph: 0405 453 396.

**ASQUITH COMMUNITY MARKET** Cnr Baldwin Ave & Royston Pde every 4th Sat, Feb-Nov 9am to 2pm. Stall bookings: Barbara, 0468 390 292.

**ASQUITH MIXED PROBUS CLUB** meets 1st Thurs monthly at Magpies, Waitara - 10am. New members welcome. Enq: Barry: 0419 985 458.

**ASQUITH VIEW CLUB** luncheon meeting Wed 19 July 2023 at Magpies Waitara 11AM for 11-30 Bookings essential. Enq: Kerry 9476 5910.

**ASQUITH SENIOR CITIZENS** meet Mt Colah Community Centre, Tuesdays 9.15am-12.15pm morning tea, carpet bowls & outings. Enq: Yvonne on 0438 195 377 or Jennie on 9477 1855 or 0422 474 669.

**BEROWRA COMMUNITY MARKETS** first Saturday monthly, excl Jan, 9am-2pm. Berowra Uniting Church 4-6 Alan Rd, Berowra Hts www.berowraunitingchurch.org.au/markets and https://www.facebook.com/BerowraCommunityMarkets

**BEROWRA DISTRICT MIXED PROBUS CLUB** meets 10 a.m. first Tuesday each month at Berowra RSL Club. Enq. Keith Carson 9456 2948.

**BEROWRA GARDEN CLUB** meets 2nd Thursday monthly Warrina Street Oval Clubhouse at 7.30pm. Enq: President Paul White 0426 109 149.

**BEROWRA LIONS CLUB** meets 7pm on 3rd Wednesday monthly at Club Berowra. Book: 0414 553 240. More info at www.berowralions.org.au

**BEROWRA PROBUS CLUB INC.** meets 1st Friday monthly at St Mark's Church hall, Berowra Waters Rd, 10am. Enq: Phillip Boyle 9456 2280.

**BEROWRA ROTARY** meets 2nd & 4th Wed, 6.30 for 7.00pm, Berowra RSL Club - order meal from Bistro. Visitors welcome. Ph: Peggy 0413 481 854 to book, info & details on guest speaker www.berowra.net/rotary

**BEROWRA RSL SOCIAL GOLF CLUB** Sunday mornings monthly. New members welcome. Enq: berowrarsl@golf.com Geoff 0412 597 707.

**BEROWRA SENIOR CITIZENS CLUB** meets every Wed, 9am, Berowra Community Centre. Enq Cheryl 9456 2139 Tom 9456 0407.

**BEROWRA TOASTMASTERS** meet 2nd & 4th Thurs 7.15pm for 7.30pm Berowra Community Centre. Enq: Anne 0491 138 832.

**BEROWRA WATERS VIEW CLUB** meets Club Berowra at 11am 4th Wed monthly. Next meeting Wed 26 July. Enq: Geraldine 9456 2680.

**BUSH DANCE WORKSHOPS** at Pennant Hills Community Centre below Library Mondays. Beecroft Bush Dances/live band. Ph: 0413 673 339.

**CWA GALSTON** meets 2nd Wed, 12 July 10am. Cnr The Glade & 17 Arcadia Rd, Galston. Enq: 9485 7599 galston.cwa@gmail.com

**CWA HORNSBY & DISTRICT BRANCH** meets 10am 2nd Fri 10am 4th Friday, St Peters Church Hall Hornsby. Enq: Lyn 0422 580 922.

**DURAL & DIST PROSTATE CANCER SUPPORT GROUP** Blue Gum Centre, ARV, 599-607 Old Northern Rd Glenhaven, 7pm Macular Disease Foundation. Enq: Denis 9629 2645 or Graham 8677 7896.

**GALSTON VIEW CLUB** monthly lunch meeting 4th Wed 11am at The Galston Club 21-25 Arcadia Rd. Bookings: President Lesley 0413 996 783.

**HORNSBY & DISTRICTS AMATEUR RADIO CLUB** meets Mt Colah Community Centre, Pierre Cl, 2nd Tues 8pm & 4th Tues 8pm Enq: info@hadarc.com.au Ph: Matthew Ayres (VK2BAI) 0401 992 430

**HORNSBY ACHIEVERS** Toastmasters Club meet 2nd & 4th Mondays at Hornsby RSL Club. Enq: dkstoastie@gmail.com Diane 0409 605 055.

**HORNSBY ART SOCIETY** Sun 9th July, 2 for 2.30pm. Watercolour demonstration, small figures, landscapes. Beatrice Taylor Hall 25 Edgeworth David Ave, Hornsby. \$5 Members/\$7.50 non-members. See HAS website for details & Sign-up <https://hornsbyartsociety.com.au> e: [hornsbyartsociety@gmail.com](mailto:hornsbyartsociety@gmail.com)

**HORNSBY ART SOCIETY** Wed 12th - 23rd July: Exhibition by Julie Debray & Penny Aiken, printmaking, painting, drawing, photography. Wallarobba Arts & Cultural Centre, 25 Edgeworth David Ave, Hornsby. Gallery Hours 10am-4pm Wed-Sun. See HAS website <https://hornsbyartsociety.com.au> email [hornsbyartsociety@gmail.com](mailto:hornsbyartsociety@gmail.com)

**HORNSBY BEROWRA MEN'S SHED** meets Weds & Thurs 8.30-12noon 836 Pacific Hwy Mount Kuring-gai. Enq: Ross 0493 376 984.

**HORNSBY KU-RING-GAI COMMUNITY COLLEGE** Free Digital Mentoring for Seniors with one-on-one support, Tues during term, 10am-11.30am. Learners of all levels welcome. Bookings required: 9482 1189, [enquiries@hkcc.nsw.edu.au](mailto:enquiries@hkcc.nsw.edu.au)

**HORNSBY KU-RING-GAI PARKINSON'S ASSOCIATION** inc. Choir at Snr. Citz's Centre, Turramurra Thurs 10-11.30am; Exercise Mt Colah Community Centre Fri 11.30-12.30pm., Meet: 1st Fri monthly 10am-12noon. Enq: Dick 0450 542 423 [www.parkypeople.org](http://www.parkypeople.org)

**HORNSBY LADIES PROBUS CLUB** meets first Tues morning monthly at Magpies Club. Enq: Helen 0417 687 765.

**HORNSBY MIXED PROBUS** has closed.

**HORNSBY NATIONAL SENIORS** meet 1st Wed monthly at Asquith Bowling Club. Newly retired, companionship, all welcome. Enq: Kaylene on 0413 297 681.

**HORNSBY OLDER MEN'S NETWORK INCORPORATED** Retired men meet The Brickpit Golf Range meeting room, 1st & 3rd Wed monthly, 10-12.30pm followed by lunch. Enq: Jock 9484 7041.

**HORNSBY RSL COMPUTER CLUB** meets 2nd Sunday monthly 3pm. Hornsby RSL Club. Contact Mark 9482 4294.

**HORNSBY RSL SUB-BRANCH** meets monthly. All local veterans welcome. Enq: [hornsbyrslsb@gmail.com](mailto:hornsbyrslsb@gmail.com)

**HORNSBY SHIRE FAMILY HISTORY GROUP** meets 3rd Wednesday each month 2-4pm at Hornsby Library. Enq.: Coral cshand21@gmail.com

**KU-RING-GAI HISTORICAL SOCIETY** general meeting 3rd Sat, 2-4pm, Meeting Room 1 & family history 2nd Sat, 10-12m/d Research Room, Old Gordon PS, Pac Hwy. All welcome, [www.khs.org.au/events](http://www.khs.org.au/events)

**LET'S CHAT IN ENGLISH** Fridays (school term) 10am-12am Mt Colah Uniting Church. Morning tea gold coin donation. Enq: Diana 0427 405 416.

**LIONS CLUB OF HORNSBY** meets Magpies Club Waitara 2nd Tues monthly except Dec & Jan. 6.30 for 7.30. Enq: Ted 0414 806 840.

**MEDITATION ON TUESDAYS** Free, non-religious. 7.30 - 8.30pm Sundays, 79 Edgeworth David Ave, Enq: Jane Crancher 0404 445 490.

**MOONEY WOMEN'S BOWLS** Social bowls every Wed @ 4pm, Competition 2nd Sun @ 9.30am. Mooney Club, Enq: Liz 0414 733 714..

**MOUNT COLAH MEN'S PROBUS CLUB** meets Asquith Golf Club 10am third Friday monthly. Enq: Geoff 0411 020 050.

**MOUNT COLAH MIXED PROBUS CLUB** meets last Mon monthly 10am "Magpies", Waitara. web: [mountcolahmixedprobusclub.org.au](http://mountcolahmixedprobusclub.org.au)

**MOUNT KURING-GAI & DISTRICT PROBUS CLUB** next meeting Tues 11th July at Uniting Church Mount Colah. Speaker: Alex Stollznov from Sydney Fish Markets "Australia is Girt by Sea". Meetings 2nd Tues monthly, 9.45 for 10.00am. Fun, friendly, welcoming mixed group. Enq: Barry Mews 0404 887 888 or mkgdprobus.org.au

**NORTH SHORE CRAFT GROUP** Contemporary Art and Craft Exhibition and sale Thursday 13, Friday 14, Saturday 15 July 10-5 Sunday 16 July 10-3 Thornleigh Community Centre, cnr Phyllis & Central Ave, Thornleigh.

**NSW JUSTICES ASSOCIATION HORNSBY BRANCH** meets 2nd Monday monthly, 7pm. Magpies Waitara. Enq: Jane 0427 998 004.

**PENNANT HILLS VIEW CLUB** meets for lunch 2nd Tuesday monthly at Oatlands Golf Club at 11am. Bookings: Margaret - 9873 2402.

**PRIME TIME FOR OVER 55s** & friends meets 3rd Wednesday monthly at St Luke's Hornsby Hts 155 Galston Rd, 12noon to 2 pm. Mini Church Service, Lunch & Guest Speaker. RSVP [primetime@stlukeschurch.com.au](mailto:primetime@stlukeschurch.com.au) or phone Merle 0438 773675. All welcome.

**SOROPTIMIST INTERNATIONAL OF HORNSBY** meets Pennant Hills Bowling Club 1st Wed monthly. Enq: Pam: 0425 229 615.

**SYDNEY HILLS DISTRICT BRANCH OF THE ASSOCIATION OF INDEPENDENT RETIREES** meets at Beecroft Presbyterian Church Hall, Welham St., Beecroft 10.30 for 10.45am. Visitors Welcome. Enq: Mal Steel [airsydneyhills@gmail.com](mailto:airsydneyhills@gmail.com)

**TURRAMURRA SPINNERS AND WEAVERS GROUP** meet 10am -12noon Turramurra Seniors Centre, Tuesday, 4, 11, 18, 25 July. Enq: leonie\_peterson@hotmail.com

..... your community diary dates





**Experience**

# Muogamarra

**Nature Reserve 2023**

## Muogamarra Nature Reserve

**Open to the public for only 6-weeks per year**

**Selected dates from Saturday 12th of August to Sunday 17th of September**

Muogamarra Nature Reserve is managed to preserve its wonderful diversity of plants and animals for scientific and educational purposes. Each spring, it puts on one of Sydney's most vibrant natural floral shows, including native orchids, bright pink eriostemons, purple boronias and towering Gynea lilies.

The reserve is open to the public just six weeks a year so that visitors can experience the magnificent wildflowers. Selected days only, guided and self-guided walks available.

Entry via pre-purchased tickets only.

**For more information visit**  
**[nswparks.info/muogamarra](https://nswparks.info/muogamarra)**



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Photo: Spring wildflowers Muogamarra Nature Reserve . (Elinor Sheargold/DPE )  
EHG2018





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## 85 YEARS IN THE MAKING!



Story: Kevin Mund, Club Manager

## The Warrawee Bowling Club

After a very long wait in the wings, **The Warrawee Bowling Club** has marched to victory in the Grade 7 Section of the recent Pennant competition organised by Sydney Northern District Bowls Association.

*Belrose Bowling Club*, which hosted this historic match, was also one of the 26 bowling clubs from the Upper North Shore and Northern Beaches who competed for the 2022-2023 Pennant.

*The Warrawee Club*, which has been in continuous operation since 1907, last had success in this competition in the 1938-39 season from which the pennant is still in safe keeping at the club. This win adds to the excitement

of some new and progressive concepts recently provided by the Club. One of these ideas is the offering of new external catering styles for events, along with a renewed focus on private functions, corporate events and **"Community Pub Nights"**. On Friday and Saturday nights, patrons now can enjoy **Stan Sports**, relax on the balcony or join in with classic **Barefoot Bowling**. New style catering options vary between a *Classic Small Plates* menu, to the new concept of allowing patrons to order in, on *selected nights*, from MenuLog, Uber Eats or Door Dash. **Social membership has numerous benefits**, one of which includes prior notice to world class events such as the **"Faulty Towers Dining Experience"** and other 5-star entertainment. With these initiatives and more to come, they look well set to live up to their motto of being **"Here for the Next Generation..."**

**Photo above:** Both Pennants: Comparing the old with the new, Ted Metcalf and others hold up the 1939 pennant.



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Authorised Representative  
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- Not feeling in full control of your finances?

\*Mark Robinson is an Authorised Representative of RI Advice Group Pty Limited ABN 23 001 774 125, AFSL 238429. The information in this document is of a general nature only and neither represents nor is intended to be personal advice. RetireInvest suggests that no person should act specifically on the basis of the information in this document, but should obtain appropriate professional advice based on their own personal circumstances including personal financial advice from a licensed financial adviser.

[www.rhornsbys.com.au](http://www.rhornsbys.com.au)

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# HORNSBY RSL CLUB WINS 2023 SUSTAINABILITY AWARD

**Hornsby RSL Club** has taken home a trophy at the prestigious Clubs & Community Awards after they won the SUSTAINABILITY AWARD FOR 2023! This new category recognised a Club's dedication to sustainability as evidenced by the implementation of improvements, projects or initiatives that demonstrate significant real or potential benefit to the environment. Despite being up against several of the largest Clubs in the state, Hornsby's ongoing commitment to sustainability, dating back to 2008, outshone the others.

The Club's submission, titled "BE THE SOLUTION, NOT THE POLLUTION", outlined how Hornsby has embarked on several environmental initiatives to reduce the carbon footprint of operating a large Club. The Club acknowledges that whilst many of these initiatives may not be noticeable by the public, they have contributed greatly to the well-being of the planet and to the protection of the environment for future generations.

#### Some of their initiatives include:

- Investing in 250 solar panels on the Club's roof
- Recycling 2,000 glass bottles weekly
- Utilizing a food waste recycling system to convert 38,000L of garden fertilizer annually
- Upgrading car park lighting to LED
- Successfully phasing out plastic straws, plastic stirrers and single use cups
- Implementing waterless urinals to reduce its water consumption by 30%
- Installing 3 large water tanks to harvest up to 25,000L of rainwater
- Introducing paperless technologies reducing paper usage by 70%

**Photo above:** Left to Right: Terry Clarke (Vice President), Daisy Brown



(Chief Operating Officer), Mario Machado (Chief Executive Officer), Kerrie Daynes (Director), John Warren (Director).



TO READ MORE about Hornsby RSL Club's commitment to sustainability, visit [www.hornsbyrsl.com.au/community/sustainability](http://www.hornsbyrsl.com.au/community/sustainability) or scan the QR code.

## GALSTON CWA HAPPENINGS

After the Galston CWA's June business meeting, sewing machines and crochet hooks came out to make items to sell on stalls or donate to those in need. Popular items included **Microwave Bowl Covers**, which make heating a bowl of food easy to transfer the hot bowl to the table. (WHO KNEW?)

Activities included a mini morning tea for donations to the Cancer Council, and a visit to the historic church at Ebenezer.

**The Fashion Parade will be held in September – details soon.**

**NEXT MEETING Wednesday 12<sup>th</sup> July** at Galston Community Health Centre, corner The Glade and 17 Arcadia Rd, Galston at 10am. **We plan to hold a Latvian Lunch!**

Visitors are very welcome to attend this meeting, and our craft days. SPARE FABRIC OR FRUIT TO SPARE? We are always happy to receive yarn and fabrics for charity sewing and knitting. Some members make delicious jams and pickles for fund-raising and would be happy to collect fruit from your garden if you have a glut.

Enq: Jann - 0439 222 217 or Patricia - 0412 948 787.

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## LAUNCH OF ADRIENNE IRVING'S PARKINSONG CD "I'M STILL ME"

Berowra member of *Hornsby Ku-ring-gai Parkinson's Association Inc.* **Adrienne Irving** has recorded her original musical compositions to CD. The launch of Adrienne's CD celebrated the recording of her original compositions since she became a member of the Parkinson's support group.

"The Parkinson's Support group has been helping people with Parkinson's in the local district for over 30 years," said member **Michael Parkin**. The group went through a period of dramatic changes in the 2020-23 period and became an incorporated charity."

"Our weekly **Chris Davis** Choir was convened by **Dick Babb** at Turramurra Senior Citizen's centre, our weekly exercise class was established at Mt Colah community centre, a walking group at Asquith Oval, and a craft group at President Roses' home at Asquith," said Michael.

"When Adrienne first came to the choir, she was very shy," said Michael. "One day our pianist was absent, and we asked whether anyone could play. Adrienne gave it a go, and **our jaws dropped!**" said Michael.

Michael continued, "After that, we called on Adrienne to play regularly. Playing the piano is very good tactile and cerebral exercise for 'Parkys'." "Later Adrienne said, 'I have written a little song – 'I'm still me'."

"Well, it became our anthem!" said Michael.

"**We sing 'I'm still me' at every meeting.** Over time, Adrienne wrote and composed five more "Parky" songs. My favourite is, 'Walking stick blues'. These songs were too good to lose, so that is why we recorded them," said Michael.

FIND OUT MORE: <https://www.parkypeople.org>

Photo above: Parkinsons performing locally.

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# Healthy Living & Lifestyle



## RENAL DIALYSIS NOW AVAILABLE AT HORNSBY KU-RING-GAI HOSPITAL



Local resident Kevin Batchelor said, "The new Hornsby Dialysis Unit is an absolute blessing for me."

"The unit is closer to home, saving me time in travel and petrol. The staff are excellent and being only a 10-patient Ward it is a very friendly and happy place to be during my treatment."

"I could not ask for better, given my condition. Many thanks to everyone involved in setting up Hornsby Dialysis Unit!"

Matt Kean MP said, "As part of the \$440 million dollar redevelopment Hornsby Ku-ring-gai Hospital, I am ecstatic to announce that renal dialysis is now available locally. "The new 10-chair renal dialysis unit initially became operational at Hornsby in February. Since then, the service has already provided over one thousand dialysis treatments," said Mr Kean "Having this life-saving treatment available in Hornsby means, patients that require it are no longer forced to travel to other hospitals in Sydney. "When I was first elected in 2011, the upgrade to our local hospital was my number one priority and I

am extremely satisfied to see Stage 2A is nearing competition," said Matt Kean. This new facility is a satellite dialysis unit of Royal North Shore Hospital and provides patients with treatment six days a week. This final stage of Hornsby Ku-ring-gai Hospital's redevelopment will also include: Fit out of two rehabilitation inpatient units, Refurbishment & expansion of psychiatric care centre, outpatient ambulatory care services, including a day chemotherapy unit, expansion of oral health services, integration of community health services and a helipad! Photo above: HKH staff with Matt Kean (L) & Kevin Batchelor (3rd from left).



Alexandra Torrens, Pharmacist at Hornsby Heights Pharmacy



**INCONTINENCE IS MORE COMMON THAN YOU MAY THINK**  
Over 5 million Australians – one in four people aged 15 years or over – are incontinent.

This WORLD CONTINENCE WEEK (June 19-25) we seek help to empower those with experience of incontinence to live confident lives. *Incontinence describes any accidental or involuntary loss of urine from the bladder (urinary incontinence) or faeces or wind from the bowel (faecal or bowel incontinence).*

Many people live with this condition in silence due to embarrassment. Some mistakenly think that incontinence is a normal part of ageing or that it cannot be treated. If you experience bladder or bowel control problems seek help, as the symptoms will not go away on their own and may worsen over time.

Treatment depends on the type of incontinence. However, there are some things you can do.

Lifestyle changes may significantly help some types of incontinence and these include:

- Avoid constipation by maintaining a healthy balanced diet that contains plenty of fruit, vegetables and fibre.
- Reduce the number of drinks containing caffeine (e.g. tea, coffee) as they can worsen urge incontinence.
- Maintain a healthy weight.
- Do pelvic floor exercises to strengthen the pelvic floor muscle.

Our pharmacists can give you practical advice on how to manage incontinence as well as advise on incontinence pants, pads and other aids. Hornsby Heights Pharmacy is an approved NDIS supplier and can also assist with information on the Continence Aids Payment Scheme (CAPS).

Visit **HORNSBY HEIGHTS PHARMACY** or phone us on (02) 9987 4777 to find out how we can help.

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**FREE GRIEF SEMINAR**

## Developing Emotional Literacy in Children

Learn practical tools and strategies to support children in developing the emotional literacy and self-regulation skills necessary to understand and manage their big emotions. This session is suitable for adults who regularly work with children who have experienced grief and loss, such as parents, carers, educators and clinicians.

**Wednesday 16th August 2023**

**Commencing at 5.00pm** (duration approx. 1 hour)

Hillside Chapel, Palmdale Lawn Cemetery & Memorial Park, 57 Palmdale Rd, Palmdale



**COMPLIMENTARY REFRESHMENTS PROVIDED**

To book your seat, please call

**1300 130 955**

# STAY ACTIVE



## BODY MANAGEMENT: STRENGTH WITH PURPOSE CLASSES

Felicity Neale, a fitness coach with 23 years' experience, runs her specialised **Strength with Purpose** classes, *tailored especially for older adults.*

Her classes combine resistance training and bodyweight exercises to improve overall strength and reduce injury inducing muscle imbalances. Felicity is highly experienced and passionate about helping older adults improve their strength, mobility and agility.

**DON'T MISS OUT** – sign up to a class *right now* so your *golden years* become even brighter! Scan the QR code in the ad on the left of this page.

Call 0400 390 591 [www.bodymanagementsystems.com.au](http://www.bodymanagementsystems.com.au)



Over 60 and want to improve your strength and mobility while feeling great?

Then look no further than 'Strength with Purpose' classes!

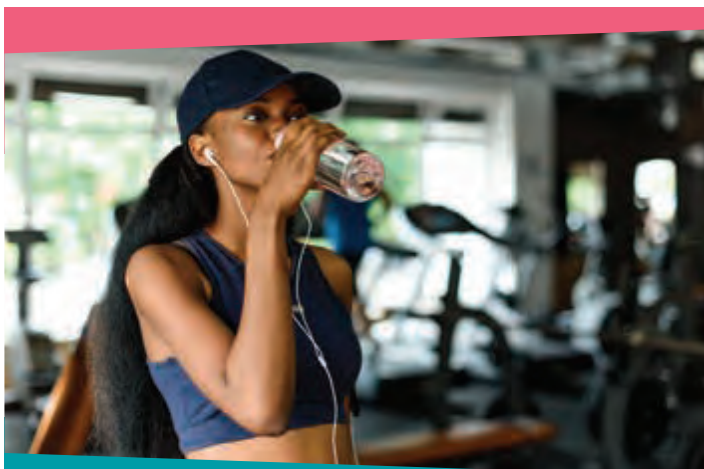


Come to class and enjoy rhythmic activity, strength training, balance and coordination exercises and a guided cool down in a fun and non-judgemental environment.

You just may:

- ♦ Improve your aerobic conditioning, increase endurance and potentially lower the risk of life-threatening conditions from cardio-vascular disease
- ♦ Enhance your strength and functional movement so you can live more independently
- ♦ Increase your balance, coordination and agility and potentially avoid injury and falls.

Scan the QR code or visit [bodymanagementsystems.com.au](http://bodymanagementsystems.com.au) to join a class or make an enquiry today!



## BEAT THE COLD THIS WINTER!

With fitness classes, gym access and indoor heated pools, your sure to stay warm and active this winter at HALC.



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## KEEPING FIT AND HEALTHY IN THE GARDEN

Gardening has long been a popular activity for many people but has also been underrated as a great way to improve overall fitness and wellbeing. The movements involved in gardening help to build stamina and strength and being outdoors, breathing the fresh air is known to improve mental health.

For example, tidying a garden bed with pruning and mulching involves working a whole range of muscles as well as bending and stretching. If you're gardening with others, the social interaction along with exposure to nature and sunlight, lowers blood pressure as well as increasing vitamin D levels in the body.

If you love being outdoors, enjoy exercise and meeting new people, why not give back to the community by donating some time to prune, weed and mulch in the garden with **EASY CARE GARDENING**.

Since 1988 our volunteer-led gardening service has helped maintain the gardens of local seniors who need assistance within the Hornsby, Hunters Hill, Ku-ring-gai and Ryde areas.

To find out more visit [www.easycaregardening.org.au](http://www.easycaregardening.org.au) or scan the QR code in the advertisement on this page.



Providing Volunteer Gardening Services Since 1988

## VOLUNTEERS NEEDED

Enjoy the fresh air, work in the great outdoors and meet new friends, as you prune, mulch and weed the gardens of seniors who need your help.

No experience necessary. All training, equipment and insurance is provided.



SCAN ME

### VOLUNTEER TODAY!

Scan the QR code



info@easycaregardening.org.au | Building 1, 20 Bridge Street, Pymble 2073 | PO Box 5337, South Turramurra 2074. Ph: (02) 9983 1644



## THORNLEIGH ZIG ZAG WALKING TOURS

ZIG ZAG AWAY author **Tim Sowden** will be leading free informal walking tours from Thornleigh Rail Station, roughly along the Zig Zag route, past the Quarry, and back.

The Zig Zag was in operation 140 years ago and has been built over, but parts of the rail, embankments and other visible signs make it a fascinating exploration along part of the Great North Walk.

All tours start and end at Thornleigh Station (The Esplanade side), with a duration of around 60-90 minutes depending on the size of the group, pace, weather and time spent exploring.

- **Saturday 22 July**, 2:30pm to 4pm with optional drinks following the walk at Pennant Hills Bowling Club
- **Saturday 12 August**, 10am to 11:30am with optional coffee at Monday Morning Café beforehand from 9:30am
- **Sunday 17 September**, 11am to 1pm with a stop at Thornleigh Quarry for a BYO picnic lunch
- **October - TBA**

Please be aware that the walk goes up and down several hills, some steep, so please wear appropriate clothing and footwear.

REGISTRATION is essential, just so we know to wait for you, via [thornleighzigzag@gmail.com](mailto:thornleighzigzag@gmail.com)

FOR ANY ENQUIRIES and to share your Zig Zag story contact: [thornleighzigzag@gmail.com](mailto:thornleighzigzag@gmail.com)

ORDER YOUR COPY of the "Zig Zag Away" book, visit [www.thornleighzigzag.com.au](http://www.thornleighzigzag.com.au) or contact the Hornsby Shire Historical Society <http://www.hornsbyhistory.org>

## COME SEE OUR NEW WINDOW FURNISHINGS SHOWROOM AT MT COLAH



As a locally-owned business, **SHEER ELEGANCE BLINDS** appreciates all the support it has received over many years from the local community. **Now Sheer Elegance Blinds has opened its new Mt Colah showroom** – making it easy to choose from their extensive range of window furnishing products, fabrics, colours and styles.

"We've had great feedback that our new showroom is making it convenient to consider all the options available," said business owner, **Bani Ehsani**. *Maybe you're wanting to keep your home warm this winter or plan ahead for the summer months.* With over 20 years' experience, Sheer Elegance Blinds makes it easy to find the right curtains, blinds or shutters for your home with its custom-made solutions.

**Drop into Sheer Elegance Blinds at shop 1, 511 Pacific Highway, Mount Colah, between 9am and 5pm Monday to Friday or call them on 02 9446 3551. There's plenty of street parking in Willarong Road.**

To lodge, view and track the latest Development Applications in your area please visit: [hornsby.nsw.gov.au/property](https://hornsby.nsw.gov.au/property)



## from the Mayor's Desk

Following extensive community and stakeholder engagement, I am pleased to advise that Council has formally adopted a revised draft Master Plan and the draft Plan of Management for our Westleigh Park project. The redevelopment will create a major parkland with spaces for play and sporting activities, and a choice of unstructured recreation experiences including mountain biking, walking and cycling, while conserving important bushland areas.

We are pleased to take this significant step forward in advancing our vision for Westleigh Park. Council received many submissions when the Plans were exhibited earlier this year, demonstrating strong community interest in the project.

We worked hard to consult extensively with the community, and I thank everyone who has contributed. We look forward to providing an outstanding experience for the community while ensuring the long-term protection of the bushland.

Community engagement remains central to everything we do, and we currently have several important projects that we are seeking your feedback on.

At our 14 June General Meeting, Council endorsed two studies, recommended in the Comprehensive Heritage Study aimed at protecting and interpreting Hornsby Shire's rich heritage, for exhibition. The draft Aboriginal Heritage Study and draft Heritage Interpretation Strategy and Action Plan will be on public exhibition for community feedback until 4 August.

At the same meeting, Council endorsed Agritourism Development Control Plan amendments to the Hornsby Development Control Plan 2013 for exhibition until 4 August.

All of these important documents are available for you to view and make comments at [yoursay.hornsby.nsw.gov.au](https://yoursay.hornsby.nsw.gov.au). We look forward to receiving your thoughts.

**Philip Ruddock AO**  
Mayor, Hornsby Shire Council

## What's on



### THIS WINTER...

Make a splash. Learn to swim in our heated pool.  
[hornsby.nsw.gov.au/halc](https://hornsby.nsw.gov.au/halc)

## YOUR SAY HORNSBY



We are seeking your feedback on the following Hornsby Shire Council community projects:

- **Draft Agritourism Development Control Plan Amendment.** Submissions close Friday 4 August
- **Draft Aboriginal Heritage Study.** Submissions close Friday 4 August
- **Draft Heritage Interpretation Strategy.** Submissions close Friday 4 August
- **Proposed Litter Collection Device – Oorin Road, Hornsby Heights.** Submissions close Friday 4 August

To have your say visit [yoursay.hornsby.nsw.gov.au](https://yoursay.hornsby.nsw.gov.au)



## HORNSBY ART PRIZE 2023

CALL FOR ENTRIES

ENTRIES CLOSE 5 SEPTEMBER

[hornsby.nsw.gov.au/artprize](https://hornsby.nsw.gov.au/artprize)



### Waste & Sustainability Workshops

Wednesday 19 July – **Living with Less**

Saturday 22 July – **Repair Café – Electronics / Furniture**

Wednesday 26 July – **Food Pickling / Preserving**

Check out the details at [hornsby.nsw.gov.au/whatson](https://hornsby.nsw.gov.au/whatson)



### PLASTIC FREE JULY

Small steps, big difference!

Pledge to reduce your plastic waste this month and be part of the solution to plastic pollution!

[plasticfreejuly.org/get-involved/what-you-can-do/](https://plasticfreejuly.org/get-involved/what-you-can-do/)



### FOR OUR ELDERS

2-9 JULY 2023

### CELEBRATE NAIDOC WEEK 2023

Hornsby Shire Council will hold several events to celebrate this year's Naidoc Week including an illustration workshop with award winning Indigenous illustrator Dub Leffler, at Hornsby Library, a guided bushwalk on the traditional lands of the Darug and GurinGai peoples and a special 'Hello Hornsby' Riverboat Postman excursion.

For more information visit [hornsby.nsw.gov.au/whatson](https://hornsby.nsw.gov.au/whatson)



### THIS WINTER...

Wrap up warm with your favourite read.

[hornsby.nsw.gov.au/library](https://hornsby.nsw.gov.au/library)

Next Council meeting Wednesday 12 July, 6.30pm

[hornsby.nsw.gov.au](https://hornsby.nsw.gov.au)



# NATIONAL CENTRE FOR CHILDHOOD GRIEF

By Alister Henskens SC MP

Sadly, one in 20 Australian children will experience the death of a parent before they reach adulthood, and even more the death of a loved one. These experiences are one of the most traumatic that a child can endure. The grief and adjustment can shape a child's life with ongoing impacts to emotional and mental health. Unfortunately, these often go under-recognised.

We are fortunate to have a local *not-for-profit*: the **National Centre for Childhood Grief**. Over almost three decades, it has provided thousands of families with bereavement counselling and care in a nurturing and supportive environment. The Centre is also the national leader in child bereavement education and training.

At the Centre, children, teens and adults are supported through individual play and talk-based therapy, group sessions and targeted events with professional counsellors and also through meeting others who understand their experiences. It is a service that is changing the trajectory of lives through connection and understanding.

The Centre was founded by **Dianne McKissock OAM** and **Mal McKissock OAM** in 1994, both internationally recognised experts in the field of child bereavement and grief counselling. Now **Dr Elizabeth Mann** leads a team of professional counsellors, along with the board of directors and volunteer support workers.



I was able to recently visit the Centre's new premises near *Hornsby Hospital* and see the warm, welcoming safe space they have cultivated. We extend our gratitude to all the staff and volunteers for this incredible, vital service you provide to our community. To find out more about their services and training or to make a donation visit [www.childhoodgrief.org.au](http://www.childhoodgrief.org.au)

**Photo:** Dr Elizabeth Mann, Chris Waugh and Alister Henskens SC MP at the National Centre for Childhood Grief in Hornsby.

## Matt Kean MP

Member for **Hornsby**

### Keen to Help you by

- Representing you in the NSW Parliament
- Assisting you to access State services
- Communicating your issues to the relevant Ministers
- Organising Justice of the Peace applications
- Recognising State achievements

(02) 9476 3411    hornsby@parliament.nsw.gov.au  
 PO Box 1687, Hornsby Westfield NSW 1635  
Authorised by Matt Kean MP. Funded using parliamentary entitlements.

### As your Federal Member, I am here to:

- Assist with accessing Federal Government services
- Attend your local community event
- Arrange congratulatory messages

Please contact my office if I can be of assistance.

## JULIAN LEESER MP

FEDERAL MEMBER FOR **BEROWRA**

Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120    02 9980 1822  
 julian.leeser.mp@aph.gov.au    julianleeser.com.au    julianleesemp  
Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

## Alister HENSKENS SC MP

Member for **Wahroonga**

### How can I help you?

- Represent you in the NSW Parliament;
- Provide information on NSW Government services and policies; and
- Arrange congratulatory messages.

Please do not hesitate to call my office.

(02) 9487 8588    alisterhenskens.com.au    wahroonga@parliament.nsw.gov.au  
Authorised by Alister Henskens SC MP, 27 Redleaf Avenue, Wahroonga NSW 2076. Funded using Parliamentary Entitlements.



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# in our community ...



## DIAMOND WEDDING CELEBRATIONS

Long time Berowra residents **Trish and Bruce Moore** recently celebrated their Diamond Wedding Anniversary in the company of their three children and partners, plus their seven grandchildren, at both Culburra Beach and Nelson Bay. Trish and Bruce were married on May 11, 1963 in the North Coast town of Bellingen and moved to Berowra in December 1964. *Hearty congratulations from Susan, Rob, Kathryn, Lewis, Jeff, Kate, Mitchell, Georgie, Murray, Lihnida, Sophie, Campbell, Lauren, Jeremy, Natasha, Max, Harry and Danny.*



Photo: The Moore family, from left: Kathryn, Susan, Trish, Bruce and Jeff.

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## BIRTHDAY WISHES FOR MARY AT CHRISTOPHORUS HOUSE

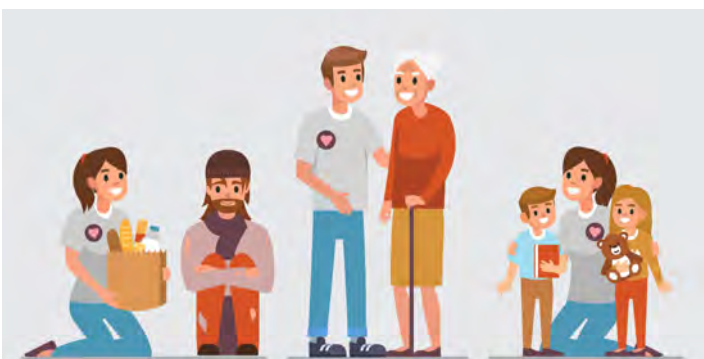
**Mary Power**, who resides within *Christophorus House Retirement Village Hornsby*, celebrated her 99th Birthday with her friends within the Village. Mary enjoyed a number of celebrations with her family & friends, for her milestone birthday. She continues to be an active member of many groups within the local community. All her friends & family look forward to celebrating her 100th birthday in 2024!

## COME TO THE JAZZ HIGH TEA IN BROOKLYN!

The *Friends of the Brooklyn Health Centre* invites you to the JAZZ HIGH TEA to benefit the Centre. *The Brooklyn Health Centre is an important service to all the people of the river and a training centre for new GP's through Hornsby Hospital.*

**This event will be held at The Cottage at 10 Dangar Road, Brooklyn (across from the railway station) on SUNDAY 9 JULY from 3 to 5 pm.**  
*Entry is by gold coin donation.*

*Bring a plate to share (but not essential) and a picnic rug for outside if good weather. Tea and coffee will be served. Enjoy LIVE JAZZ MUSIC performed by local musicians **Olivia Simons and Ray Allbridge.** TICKETS for the Brooklyn Health Centre's 'CHRISTMAS IN JULY RAFFLE' will be on sale on the day for \$2 each. The raffle will be drawn at 4:50pm for the nine prizes. For further information, please contact the Brooklyn Health Centre on **9985 7717.***



## The Upper North Shore Volunteer Hub

Are you looking to boost your volunteer numbers? We're building an online volunteer hub connecting potential volunteers with volunteer organisations in Ku-ring-gai and Hornsby.

The Hub offers numerous opportunities for your organisation to actively seek volunteers. It will also help potential volunteers by producing an entry point to obtain information they need quickly and easily.

Visit [krg.nsw.gov.au/volunteer](http://krg.nsw.gov.au/volunteer) to find out more or email [volunteers@krg.nsw.gov.au](mailto:volunteers@krg.nsw.gov.au)



## HORNSBY BEROWRA MENS SHED

There is an array of activities carried out at the Hornsby Berowra Men's Shed but some are a little unusual and surprising! Over the last few months **David Gillan** and **Lyall Pogue** have painstakingly repaired, refurbished and restored TWELVE SEWING MACHINES that were probably destined for land fill. *They are now heading off to Burundian Urban Refugees in Uganda.* This is not the first shipment as previously refurbished machines have gone to Tonga, Zimbabwe and Sri Lanka. FOR MORE INFORMATION on the Hornsby Berowra Men's Shed see us on Facebook or call **0493 376 984.**



# NORTH SHORE CRAFT GROUP'S ANNUAL EXHIBITION AND SALE 2023

“GLORIOUS COLOUR” is this year’s Member’s Challenge title. Come along and vote for your favourite creation in the “Glorious Colour” display and you could win \$200 to spend at the Exhibition. Over 30 artisans and craftspeople will be exhibiting. We look forward to welcoming you to browse and purchase some exquisite jewellery, fascinating textiles, a selection of ceramics, unique glass forms and woodwork, *plus more!*

Tea, coffee, light lunch and scones will be provided by the **Hornsby C.W.A.** and the charity we will be supporting is the **Hornsby Ku-ring-gai Women’s Shelter.**

## EXHIBITION DATES:

Thursday 13<sup>th</sup>, Friday 14<sup>th</sup> and Saturday 15<sup>th</sup> July, 10am-5pm. Sunday 16<sup>th</sup> July, 10am-3pm.

**VENUE:** Thornleigh Community Centre, corner Phyllis & Central Avenues, Thornleigh.  
**WHEELCHAIR ACCESS.**

Enquiries: 0417 652 425 [www.northshorecraftgroup.com](http://www.northshorecraftgroup.com)



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## “CHRISTMAS DINNER WITH THE FAMILY”

**A Production by Stepping Out Theatre....**  
*A mysterious young man rents a stately old home for a month but only wants to use it for one night... Christmas Eve... for a rather special dinner.*

**Why will only one guest be real, the rest actors? Why this elaborate charade?**

Witness the plot unfold in Stepping Out Theatre’s production “*Christmas Dinner with the Family*”. **Chontelle Thomas** directs this new translation and adaptation, by **Christine Rule**, of a *Jean Anouilh* play.

Gather your own family and friends, book a table to decorate, dress up, bring festive food and drink. **There will be prizes!**



**Performances:** Sat 15 July 7:30pm, Sun 16 July 2:30pm,  
Sat 22 July 2:30pm and 7:30 pm, Sun 23 July 2:30pm, Sat 29 July 2:30pm and 7:30 pm

**To book:** <https://www.trybooking.com/1075625> Call 0416 932 959

[www.steppingouttheatre.com.au/](http://www.steppingouttheatre.com.au/)

## EXPLORATION ENCOUNTERS EXHIBITION

An art exhibition by local artists **Julie Debray** and **Penny Aiken** called *Exploration Encounters* is happening at Wallarobba Arts and Cultural Centre at 25 Edgeworth Ave Hornsby between the 12<sup>th</sup> and the 23<sup>rd</sup> July. (closed Monday 17<sup>th</sup> and Tuesday 18<sup>th</sup> July). Opening hours are between 10am and 4pm.

*This body of work is inspired by our native bushland and the history of the Hornsby Shire and includes Julie’s work of paintings, drawings, and etchings while Penny’s work focuses on photography of mushrooms and trees.*

We look forward to seeing you at the exhibition so that you can enjoy our work.

**Photo:** Artists Julie Debray and daughter Penny Aiken.



## CONGRATULATIONS DANNY GENG

**Danny Geng** (18) has been awarded a **Licentiate Diploma** in piano performance by the Australian Music Examination Board. The examination is evaluated as a professional concert performance. Danny has expressed a desire to branch into Piano Accompanying for instrumentalists for exams or performances.



**Lorraine Samuel of Samuel Music** said, “Danny has always been appreciative of the work put in by his teachers who have helped him in his long and consistent 13 year long road of dedication, diligence, and stamina to achieve this high award.”

Danny is presently in his second year of Software Engineering at the University of Sydney. *Well done, Danny!*

**Photo:** Danny after doing LMus exam.

## BOUKABOU ROCKS AT CLUB BEROWRA

**Boukabou**, the popular local artist, and his band take to the stage at **Club Berowra** at **7pm Saturday 8<sup>th</sup> July**. *The concert promises to be full of energy, that no lover of music will want to miss!*

**Boukabou Rocks** is where the magic happens, bringing together local artists in his band, **Richard Odd** on drums - *Berowra*, **Angus Whittington** on guitar - *Brooklyn* and the very talented **Konrad Ball** on bass, to share their talent with the Berowra community.

Boukabou has carved a name for himself in the Australian music industry, and his concerts are always a hit. With his latest release “**Seven**” Boukabou has wowed fans with his exceptional vocals and outstanding lyrics.

Join Boukabou and his talented band of local artists for an unforgettable night of music at **BOUKABOU ROCKS BEROWRA**. Entry is free.



# Pet Feature



## INTRODUCING

### ROCKY RIDGE PET RESORT: A HAVEN FOR CANINE BLISS

Nestled just 20 minutes north of Berowra, the pristine wilderness of ROCKY RIDGE PET RESORT awaits, offering a luxurious getaway for our beloved furry companions. *This enchanting retreat, surrounded by breathtaking landscapes, is a true haven for dogs seeking a vacation of their own.*

One of the resort's highlights is its beach entry mineral pool, providing dogs with a refreshing and invigorating experience. *Imagine your four-legged friend frolicking in crystal-clear waters, their joyous splashes echoing through the air.* This unique feature sets Rocky Ridge Pet Resort apart, ensuring that every guest enjoys the epitome of canine luxury.

But it doesn't stop there. The dedicated and highly-trained staff at Rocky Ridge go above and beyond to ensure each dog's comfort and happiness. *From spacious, climate-controlled accommodations to nutritious and tailored meals, every detail is meticulously crafted to cater to our furry friends' needs.*

Moreover, the resort's prime location amidst picturesque natural beauty provides ample opportunities for invigorating walks and exploration. *Dogs can revel in their natural instincts as they roam freely through the rolling fields and lush forests surrounding the resort.*

Rocky Ridge Pet Resort is more than just a vacation spot; it's a sanctuary where our dogs can rejuvenate their spirits and enjoy a truly unforgettable experience.

So why not treat your furry family member to the getaway they deserve? Rocky Ridge Pet Resort welcomes your beloved canine companions with open paws.

Photo: Owner operators of Rocky Ridge Pet Resort Katrina, Darren and guest Luna.



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## IS TRAINING REALLY NECESSARY FOR MY DOG?

### The simple answer is, ABSOLUTELY!

Training is the best form of communication we have with our beloved pets. Many dogs suffer from confusion and anxiety trying to fit into the human environment, but we can ease this with clear communication on how we expect our dogs to behave.

**Behavioural problems can be avoided through early training.**

Teaching your dog what behaviour you *do* expect from them, rather than reprimanding them for behaviour you *don't* want, will help build the dog's confidence and lower their anxiety level. The added benefits of regular training are to provide vital mental stimulation and to strengthen the bond between human and dog.



Is every form of training beneficial? Definitely not. Training that involves force or punishment is not only damaging to your dog, but can have unwanted negative side effects. **Seek out a trainer who advocates for positive reward-based training or join a dog club.** There are several obedience and specialty dog clubs in the local area, which offer low cost training and networking with other dog owners.

**ARATAH DOG TRAINING**  
0421 028 219

Photo: Aratah Class Photo.

### PUPPY CLASS



**ARATAH DOG TRAINING**

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👍 find us on Facebook

## WE LOVE DOGS & THEIR 'RESPONSIBLE' OWNERS!

You certainly don't have to venture far in Hornsby Shire to see dogs out and about with their owners!



Our furry four-legged friends make up a large portion of the more than 40,000 pets that call the region home. *These dogs are cherished members of families and bring immeasurable joy and companionship.*

Hornsby Shire Council would like to remind residents that as a RESPONSIBLE DOG OWNER, there are a few things you need to do to help ensure the comfort, health and safety of your pet and the community.

- When in a public place, make sure your dog has a collar with a tag attached with its name and your contact information. Ensure your dog is under the control of a competent person holding an adequate leash.
- If your dog defecates in a public place, be sure to collect and dispose correctly.
- Make sure your dog is properly trained if in an off-leash area.
- Ensure your dog is registered. The NSW Government requires owners to register their beloved pet by six months of age.

Visit [hornsby.nsw.gov.au/petresponsibilities](http://hornsby.nsw.gov.au/petresponsibilities) for more information.

IF SOMETHING HAPPENS TO YOU  
WHAT HAPPENS TO YOUR PET?



Secure your pet's future wellbeing with our tailor-made care plan.

Made by you, for your pet.

Visit [www.rspcansw.org/hea](http://www.rspcansw.org/hea) or call 02 9782 4419



## GIZMO'S STORY

Story: Corinne, DoggieRescue.com

**"THE BUSH TELE HAS ASKED ME TO WRITE MY STORY, BUT WHERE DO I START?"**

Perhaps I will start my story at the beginning, **when I was loved and so special.** I was brand new, full of life and even though I left my mummy at only 5 weeks old, I had found another family to love me. **Toys...I had so many, cuddles too!** I was adorable, so they said. But sadly, after a while **everything changed.**

**I peed in the house.** My little teeth were sharp! My family left me for long hours and I was lonely. **I barked and barked.** I played with washing on the line and I dug great big holes.

**When my daddy came home, he would scream at me, put my dinner down and then go inside.** I used to watch through the door, my family. **I loved them so much but somehow their love for me had died.**

**One day a man came and took me away.** I had been advertised "FREE TO A GOOD HOME". My mummy cried a little and said, **"What a shame it did not work out. I never realized puppies were so much trouble!"**

**My new family wanted me to be a 'watchdog', and tied me up to make me angry.** I got used to being cold and hungry. **Again, I barked and barked** – it seemed to get some attention! But my daddy would hit me with his newspaper, **and I learnt about fear.**

**One day a car pulled up, and I was dragged over.** My dad said, "This dog's good for nothing! We've given him a few months, but he will never make a watchdog." **I was homeless again but this time it was a place with many dumped pets, just like me.**

**At just 12 months old my new home was a pound. I was not socialized with other dogs.** I had been isolated for long periods of time. **'Reactive'**, they called me in the pound. **I was not lead trained or housetrained.** I had also become a 'fear biter' which means any sudden movement scared me. It seemed my short life had ended, but one day a gentle man came to me and after a few pats, **he carried me to his car.**

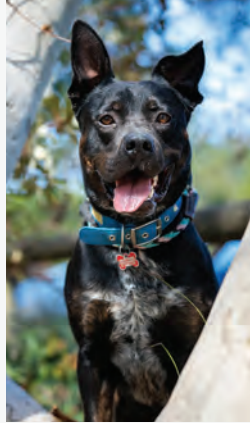
I had been RESCUED by a place called **Monika's DoggieRescue**, and as we drove off, the kind man said to me, **"Don't worry mate, you are going to a good place this time."** **So, have you guessed what I am yet?** No, I'm not just an abandoned dog now (though I have been twice), and I'm not just a 'rescued dog'. **I am a 'LONG TERM' dog. DoggieRescue has many dogs like me, the dogs who are hard to place and need special families.** Sometimes these dogs can take a very long time to find a home, but as DoggieRescue is **NO-KILL** we are all safe. After I have settled in and started to trust again, my training will start. **I WILL BE ON THAT LONG ROAD WHICH FINALLY WILL TAKE ME TO MY FOREVER HOME!**

**Have you ever thought about giving a 'LONG TERM' dog a home? It does require patience, kindness and a lot of empathy, but believe me once a long-term dog learns to love there is nowhere you would ever find a more faithful forever friend and all dogs deserve a second chance in life.** [doggierescue.com](http://doggierescue.com)

Photo: Gizmo <https://doggierescue.com/dogs/gizmo-3>

Photo: Founder of Doggie Rescue Monika Biernacki OAM and Roo.

See Roo's story <https://doggierescue.com/dogs/roo>



## Having a plan in place for your pet's future welfare is a fundamental requirement says RSPCA NSW

HAVE YOU EVER ASKED YOURSELF WHAT WOULD HAPPEN TO YOUR PET IF SOMETHING HAPPENED TO YOU? Would your friends and family know what to do with them; would they be able to offer them long term care, or would they need to surrender them?

It's hard to think about, but we owe it to our beloved pets to have a comprehensive plan in place if we are no longer able to look after them.

If you have no suitable family or friends who would take on the responsibility, then enrolling your pet in the **RSPCA NSW Home Ever After** program is a good option to consider. *This trusted and tailor-made program gives you reassurance that the RSPCA will step in with a plan that prioritises your pet's ongoing welfare.* We will use our many years of experience in animal adoption to match your beloved pet with an adoring owner that will give them a wonderful, new loving home. We will also continue to check in on them for the remainder of their life, however many years that is.

It's the ultimate peace of mind for any pet owner.

To watch a video about the program or to find out more about Home Ever After, visit [www.rspcansw.org/hea](http://www.rspcansw.org/hea) or call our Home Ever After team on 02 9782 4419.



## DOGGIE RESCUE PETS OF THE MONTH

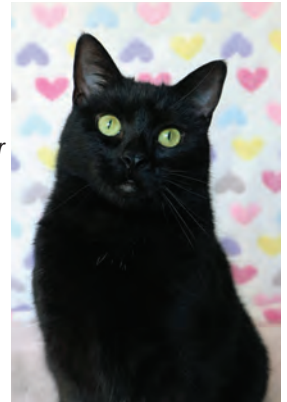
### MEET BERT

Bert is a very obedient, very social 2 year old Jack Russell. Somehow along the way he met Betty in the pound and since then they seem to be best buds. Bert is a calmer Jack Russell who is easy to handle and cuddle. **He would be very happy to be adopted with his newly found friend Betty.** Bert has a short coat and weighs 6.3kg. **Together, Bert and Betty can be left for full time hours.** Bert suits apartment living and is happy being left part time hours, alone. Bert comes desexed, vaccinated, heartworm free and microchipped. Also included for the love and health of our dogs is a **free Health and Wellness Voucher** with our DoggieRescue Vet. His adoption fee is \$400. RON R251000024. For details call DoggieRescue on 9486 3133 or email [Monika@DoggieRescue.com](mailto:Monika@DoggieRescue.com)



### MEET WEDNESDAY

Wednesday is a very gentle smoochy 2 year old girl with a medium length thick coat and gorgeous green eyes. **She is easy to pick up and is very loving.** She has had a dental with one extraction. **She is FIV positive and would ideally suit indoor living as an only cat however options to live with another cat are possible with additional veterinary care.** All our cats come desexed, wormed, F3 vaccinated, FIV/FeLV tested if over 6 months old and microchipped. Her adoption fee is \$220. For details call DoggieRescue on 9486 3133 or email [Monika@DoggieRescue.com](mailto:Monika@DoggieRescue.com). RON R251000024



# SCHOOL HOLIDAYS

## HAVE SOME FUN LOCALLY IN THE SCHOOL HOLIDAYS!



Hornsby Shire Council has an impressive line-up of entertaining and educational events that will be sure to keep students occupied this July school holidays. **Some of the fun-filled highlights on offer include:**

- **The Dinosaur Show** – This is a visual and musical performance perfect for any junior dinosaur lover. Bookings are essential. Pennant Hills Library on 5 July and Hornsby Library on 6 July, 11am-12pm.
- **Kids Rock Bushwalk** – This easy to moderate level bushwalk circuit in Cherrybrook is targeted for older children (7-12 years). This 4km bushwalk will take place on 6 July, 9.30am-12pm.
- **Drop In and Discover** – Children between 5-12 years can explore their creativity in this interactive session. During this free event, kids can bring their colouring to life with Quiver, use their construction skills with magnets, get crafty with the craft kids and much more. Berowra Library on 7 July, Hornsby Library on 11 July and Pennant Hills Library 12 July. 10am-12pm.
- **Holiday Storytime** – Join us at Hornsby Library for a fun, interactive hour session filled with stories and songs. Suitable for 0-7 years old. 13 July, 10am-11am.

For more information, visit [hornsby.nsw.gov.au/lifestyle/events](https://hornsby.nsw.gov.au/lifestyle/events).

## SCHOOL HOLIDAY FUN!

LOOKING FOR A FUN THING TO DO IN THE SCHOOL HOLIDAYS WITH YOUR KIDS?

### Come see Hornsby Gang Show!

With 8 amazing shows, including 3 matinees, The Hornsby Gang Show is perfect fun for kids in the holidays.

Performed by **Guides and Scouts** within the Hornsby area, this show is full of acting, singing and dancing that the kids will love. We have many **Berowra Guides** in the show this year so come and support them all these holidays.

**OPENING NIGHT** 30th June and runs until the Closing Night on 8th July. Tickets can be bought at [gangshow.com](http://gangshow.com)

## WINTER SCHOOL HOLIDAY FUN IN KU-RING-GAI

**KU-RING-GAI COUNCIL'S JULY SCHOOL HOLIDAY PROGRAM** has everything from art classes to free skateboard coaching. The Council's school holiday activities run from Monday 26 June to Friday 14 July. On

- Friday 7 July **ST IVES SKATE PARK** is offering free skateboarding and scooter coaching plus competitions with prizes.
- On 5, 6, 12 and 13 July between 11am and 3pm **ST IVES YOUTH HUB** will offer outdoor pop-up games for teens.
- At the Ku-ring-gai Wildflower Garden primary aged children can learn bush survival skills, cook over a campfire and meet live native animals.
- Ku-ring-gai Art Centre at Roseville has jewellery and pottery workshops as well as writing, drawing and painting classes.
- At Gordon Library on 10 July, children's author **Matt Stanton** will talk about his latest book and teach some creative writing to kids aged 8 to 12 years. St Ives Library has Lego classes happening, with one class delving into basic robotics for lego lovers aged 8 to 12.

Mayor **Jeff Pettett** said the winter school holidays had

'something for everyone'.

GO TO OUR WEBSITE:

[krg.nsw.gov.au/schoolholidays](http://krg.nsw.gov.au/schoolholidays) to find out more and book in.

Sydney North Region  
Scouts & Guides present

# Coming Home

Scouts & Guides  
on stage in a  
musical  
variety show

30th June to 8th July 2023  
\$30 Adults, \$25 Child/Conc  
(Plus booking fee)  
Tickets at [www.gangshow.com](http://www.gangshow.com)

Playing at Abbotsleigh  
1866 Pacific Hwy, Wahroonga  
Friday 30 June 7.30pm | Saturday 1 July 2.00pm & 7.30pm  
Sunday 2 July 3pm | Wednesday 5 July 7.30pm  
Friday 7 July 7.30pm | Saturday 8 July 2pm & 7.30pm  
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JULY SCHOOL HOLIDAYS AT HORNSBY RSL CLUB



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**WITH MAGICIAN JONAS JOST  
THESE SCHOOL HOLIDAYS!**

**THURSDAY 13TH JULY  
11AM | THE SHOWROOM**



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\$17**

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phone 02 9477 7777 for full details

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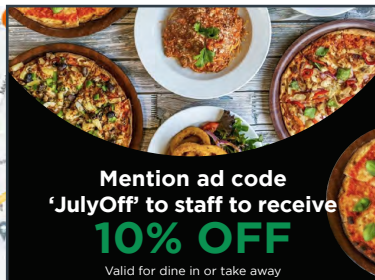
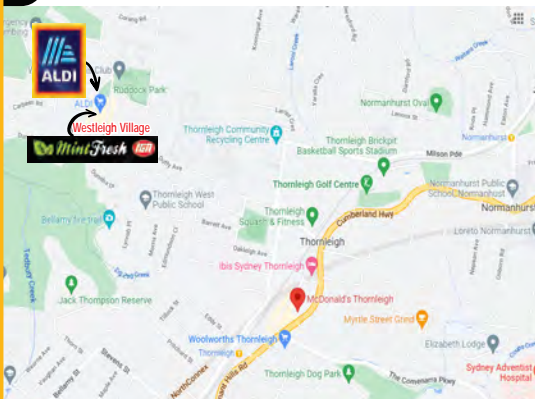
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1. **Revenue:** This is the total amount of money that the business brings in through sales.
2. **Gross profit:** This is the amount of money left over after the cost of goods sold (COGS) has been subtracted from revenue.
3. **Net profit:** This is the amount of money left over after all expenses have been subtracted from gross profit.
4. **Break-even point:** This is the point at which a business is generating enough revenue to cover all its expenses.
5. **Cash flow:** This is the amount of money that is coming in and going out of the business on a regular basis.

By monitoring these financial metrics, small business owners can gain a better understanding of the financial health of their business and make data-driven decisions to improve it.



The Hornsby Chamber of Commerce, its members and its valued partners are all available to support you and your business.

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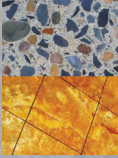


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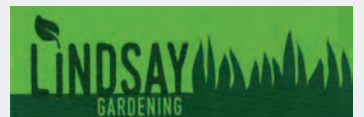
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