

# The Meadowword

PUBLISHED BY THE MEADOWS COMMUNITY ASSOCIATION TO PROVIDE  
INFORMATION AND EDUCATION FOR MEADOWS RESIDENTS

PRESORTED  
STANDARD  
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# Going to the MCA Photo Show?

"A Walk In Rain"  
by Michael Brousseau  
Honorable Mention, 2012

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## Subscription Rates

The subscription rate for *The Meadoword* reflects a cost due to recent increases in postage, labor, and materials:

USA ..... \$2.00 per month  
 Canada ..... \$2.50 per month  
 Foreign ..... \$5.00 per month

## Submission Guidelines

### Letters to the Editor

- Letters must be signed and include a return address.
- Issues must be of interest to a large portion of The Meadows.
- Obscene or derogatory remarks will not be published.
- We reserve the right to edit letters in the interest of space or to refuse publication.

### Articles and Monthly Columns

We welcome submissions from our Meadows residents for publication in *The Meadoword*. Articles should be of general interest to the community. We copy edit all articles for accuracy, content, and length and will not publish articles that contain offensive material or inaccurate information. Articles must be received by the posted deadline for publication in the following month's edition.

## The Meadoword

Community News Source of The Meadows  
 Initiated in 1983

**Publisher**, Len Smally, MCA Manager  
**Editor & Advertising Manager**

Mary Jo Gord

**Distribution**

Ernie Fortin

**Contributing Proofreader**

Ginny Cardozo

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# Notes From the President's Desk

By Ginny Coveney—MCA President

## New faces at the MCA

This month I am very sad to say good-bye to **Mark Schaefer**, our Operation Services Administrator. He is retiring after 13 years of wonderful service to the MCA.

He is the most organized person I know—he can tell you at any time exactly where TruScapes is mowing and how many workers are there at a time. Whenever a request is made of him, he checks into it immediately and follows through. Mark and **Bill Hoegel**, Chairperson of the Restrictions Committee, go out at least twice a week to look at properties that have made requests for changes.

Most of all, I will miss the banter that goes back and forth between Mark and MCA Manager **Len Smally**. They make me laugh and make my day better because of it. I also don't know who will open my bottle of water now, since I made that one of Mark's job descriptions.

Mark's new replacement, **Jay Brady**, comes to us with lots of experience and knowledge and dealings with influential people in the Sarasota area.

Another new face at the MCA is **Sandy Truman**, who is the voice on the phone and the person at the front desk to greet and help you.

We welcome both Jay and Sandy to our MCA family.

## Meadows Safety Patrol is there for you!

We have all seen our Meadows Safety Patrol driving around as we go through The Meadows. Under the direction of **Bill Fleeman**, they are there for us, not only to protect, but to help us. Two officers are on duty for three shifts each day, so we are covered 24 hours a day.

If you are going to be away or need to have someone checked on, notify Safety Patrol and they will follow through with checking your house or looking in on the person of your concern during each shift.

Though they do not make arrests, they work closely with the Sarasota Sheriff's Office to protect us. If you need assistance, call 809-0084; Safety is always ready to respond with courtesy and efficiency. If you notice anything unusual, give them a call and they will check it out.

MCA Safety Committee Chairperson **John Spillane** reports to us each month from the Safety Committee in his *Meadoword* column as well as at the MCA Board meetings. This is just another example of the benefits of living in The Meadows—this is *YOUR* community.

## MCA Library donates books to military

**Ginny Cardozo**, who cochairs the Library Committee, has given permission for us to donate the used

books, which we normally discard, to soldiers in Afghanistan and veterans in local hospitals. **Diane** and **Howard Hochman** volunteered to pick them up and distribute them. This effort is in addition to **Cody Harrison's** duplicate library book collection donated to active military personnel.

## Annual Photo Show returns this month

**John Spillane** is also in charge of the Annual Juried Amateur Photographic Competition, held February 22 through 24 from 10:00 am to 4:00 pm. Participants include amateur photographers from Sarasota of Manatee Counties—many from The Meadows. Entries are judged in categories of black and white and color, and monetary prizes are awarded.

This event is a great opportunity to see more examples of the talent we have

in our community. Meadows Resident **Betty Comora** will be on hand with her "Happy Jazz Band" to entertain us at The Concert in the Park on the last day of the event, February 24, at 1:30 pm.

## Newcomers' Luncheon set for March 16

On March 16, 2013 the Involvement Committee will once again sponsor our Newcomers' Lunch. This event is for homeowners in The Meadows who are new within the last year who did not attend our fall lunch. Reservations are required and must be made to the MCA by March 8. The lunch is a chance for newcomers to meet their neighbors and to learn about all the available activities in The Meadows. New homeowners or yearly renters may also pick up a Newcomers' Packet at the MCA Community Center.

PHOTO SHOW February 22-24 10AM-4PM

Are you comin'?

### Submission Deadlines\*\* for the MARCH issue:

#### Display Advertising—contact *The Meadoword* Editor

- New and revised display ads are due on TUESDAY, FEBRUARY 5
- Camera-ready display ads are due on THURSDAY, FEBRUARY 7

#### Editorial Content—contact *The Meadoword* Editor

- Articles and columns are due on THURSDAY, FEBRUARY 7
- Letters to the Editor are due on THURSDAY, FEBRUARY 7

#### Classified Ads—contact The MCA Reception Desk

- Classifieds are due on TUESDAY, FEBRUARY 12

For more information, call 377-2300

\*\* NOTE: Deadlines for camera-ready ads are on or about the 10th of the month prior to publication. When the 10th falls on a weekend or holiday, the deadline is the previous business day. New advertiser ads and revised ads are due two days prior to camera-ready ads. Deadlines may be moved up as necessary to accommodate for production and press requirements during Thanksgiving and Christmas holidays and the short month of February.

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 Call your neighborhood REALTY SPECIALISTS in The Meadows



**Realty Services, Inc.**  
 (941) 954-4443

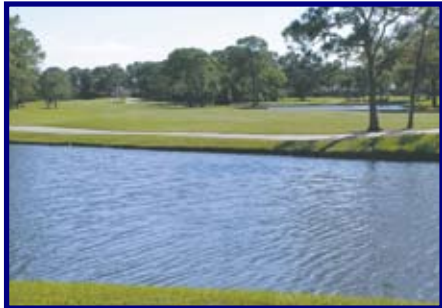
**Ken & Bob Cowles**  
 Ken@KenCowles.com 941.302.4152  
 Bob@RobertCowles.com 941.302.4150



**3590 17th STREET**  
**SARASOTA 34235-8908**



**Just up the street**  
**corner of Beneva & 17th**



■ **5652 Sheffield Greene Circle**—  
 “Turnkey Furnished end unit” providing light,  
 airy open feel with tremendous water and golf  
 views. These unique units offer garage parking,  
 and multiple lanai’s. Spacious 2BR with eat-in  
 kitchen. Attractive both in decor and price.  
 Call Bob & Ken Cowles 941-954-4443  
 ■ A3967967.....\$162,500



■ **4454 Highland Park**—Prepare to be  
 overwhelmed! Secluded enclave of 20 villas.  
 Golf and water views. Completely redone, light  
 and bright. 3BR/2.5BA villa is open and spa-  
 cious with volume ceilings. Baths and kitchen  
 redesigned and updated. “Turnkey furnished”  
 Call Bob & Ken Cowles 941-954-4443  
 ■ A3970399.....\$299,950



■ **4646 Ringwood Meadow**—Priced to sell in  
 Pinebrook Hollow. Great groundfloor location  
 overlooking treed greenbelt area and pool. Tiled  
 foyer, kitchen and baths  
 Call Bob & Ken Cowles 941-954-4443  
 ■ A3971292.....\$79,900



■ **2837 Taywood Meadow**—Wow what  
 awesome views of sparkling lake and 12th  
 fairway. All enjoyed from living room, lanai,  
 eat in kitchen and main bedroom. Heated  
 pool sits at waters edge. What a great  
 retreat.  
 Call Bob & Ken Cowles 941-954-4443  
 ■ A3971296.....\$139,000



■ **5342 Charmes**—The best of views makes  
 this 3BR Chambery villa with 2 car garage a  
 must see. Updated throughout. Magnificent  
 wide open water and golf views invite you to  
 come home, kick your shoes off and relax.  
 Call Bob & Ken Cowles 941-954-4443  
 ■ A3966496.....\$279,900



■ **4551 Glebe Farm Road**—Pool home.  
 Spacious Florida room. Sweeping views of  
 golf course. Well maintained. Newer appli-  
 ance package. New windows. New marcite  
 in pool. Hardwood floors in living room.  
 Ultraviolet air purification system.  
 Call Bob & Ken Cowles 941-954-4443  
 ■ A3960253.....\$219,000



■ **3102 Ringwood Meadows**— 2Br/2Ba  
 greenbelt views, kitchen with newer  
 appliances.  
 Call Bob & Ken Cowles 941-954-4443  
 ■ A3948439.....\$179,900



■ **4767 Ringwood Meadow**—Attractive 3Br/2Ba  
 single-family home. Side brick paved courtyard  
 entry. Eat -n kitchen. Spacious living area nice for  
 entertaining or simply relaxing. Giant enclosed  
 lanai with hot tub overlooks golf course.  
 Call Bob & Ken Cowles 941-954-4443  
 ■ A3969752.....\$239,900

*Happy Valentines Day*



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**Experienced Rental Specialists**  
 who **KNOW** The Meadows!

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***You know where we are ... Look for the car!***

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**941-954-4443**

# G4S SAFETY PATROL 809-0084



## Safety

*Prevention is the best protection against crime*

By John Spillane—Chairperson

### Activity down slightly

During the month of December, there were 35 reported incidents, 11 less than in November. There were 13 incident free-days. Meadows Safety Patrol issued 93 citations for various violations such as illegally parked vehicles, garbage violations, and open garage doors.

### Jewelry stolen while homeowners were at church

On Sunday, December 2, a resident of Hadfield Greene reported that he and his wife went out to attend an 8:30 am church service and upon returning home discovered his wife's jewelry was missing from the night stand. There were no signs of forced entry into the home. The Sarasota County Sheriff's Office was notified and responded to file a report.

### GPS stolen from unlocked car

On Monday, December 17, a resident of Harpers Croft reported that at approximately 7:45 pm, a man was standing near the complainant's car, which was left unlocked. When the complainant opened the door to go outside, the subject ran across the parking lot. On further inspection, the complainant noticed a GPS was missing from the dashboard. The resident did not want to file a Sheriff's report.

### Grinches try to steal Christmas lights at neighborhood entrance

On Saturday, December 22, a resident of Winslow Beacon reported seeing a group of subjects in a pickup truck removing Christmas lights from the shrubbery at the entrance to Winslow Beacon. A resident yelled at the individuals who then jumped into their truck and sped off. The Safety officer on duty was already on Glebe Farm Road at the time and just missed them by seconds. In the short time it took for the officer to arrive, the truck and occupants were already gone from the area. The complainant reported four sets of lights were damaged at an approximate value of \$40.00. The incident was reported to the Sarasota County Sheriff's Office.

### Mailboxes vandalized

On Saturday, December 22 at 7:00 am, the on-duty Safety officer observed several mailboxes in the 4700 block of Ringwood Meadow that appeared to have been purposely struck with some type of object. One box was knocked completely off of its post.

### GPS goes missing from unlocked car

On Saturday, December 22, a resident of Willow Links reported that a GPS was missing from inside the car. It is not known where or when the theft occurred. The report does not mention whether there was damage to the vehicle or if it was locked at the time. The resident did not want to file a Sheriff's report.

### If you are a victim of a crime... report it!

When we reviewed the above incidents at the January Safety Meeting, the Sarasota County Sheriff's Office Crime Prevention officer pointed out to the Committee how important it is to report any and all incidents to the Sheriff's Office—no matter how small or insignificant you may think it is.

Often when officers make unrelated arrests, they recover stolen property. If they can't identify who owns a stolen item, they cannot return it to the rightful owners. So, off it goes to the evidence room to sit for who knows how long.



Don't let that happen to you. Our Safety Patrol usually is the first on the scene of a reported crime in The Meadows. They assess the situation professionally and determine if the Sheriff's Office needs to be called. And, they will always advise the resident to call if warranted.

But, it is up to **YOU**, as the resident to make that call!

Don't feel embarrassed to make the call, and don't feel as though you will be a burden to the police. This is part of the job they do. When law enforcement has all the necessary information, it helps them do a better job. Believe me, the Sheriff's Office prefers to make a call to a victim of a past crime to tell them they recovered their stolen property. They like to

deliver good news, too! Let's hope theft doesn't happen to you, but if it does, just make the call!

### Friendly solicitors may not be so friendly

The Safety Patrol was advised that teams of solicitors were dropped off at communities like The Meadows to canvass the neighborhood homes. Solicitors go door-to-door in attempts to acquire subscriptions to various magazines and newspapers. The reports we receive identify them as personable young people who are persuasive in their sales pitches.

What you should remember is that we are actually targets and these solicitors are out to take us for what they can. They can sweet talk you into a long-term subscription faster than you can say, "I don't think I need that magazine." Here are some things you should remember if your doorbell rings and one of these smiling faces is standing there:

- **The Meadows is a deed-restricted community**—that's one of the reasons we chose to live here. And, no soliciting is allowed. Solicitors ignore our right to privacy by coming to The Meadows, and you should politely say, "no thank you," and close the door—then, call Meadows Safety Patrol to report the incident. They will come and handle the situation.

- **It's never a good idea to enter into a legal agreement with anybody who randomly shows up at your door.** If you didn't call the individual, then he (or she) is ignoring your right to privacy and looking to take money from you.

- **You can always get a better deal on just about anything if you shop around for it yourself.** This technique has worked for us all our lives, and it hasn't changed since we got older. Remember the old adage, "If it's too good to be true, then it probably isn't" (true, that is)!

### Inside jobs

The Safety Committee looks over every reported crime that occurs here in the Meadows and tries to look for ways to help stop crime from occurring to residents in the first place. Sometimes there are instances of property stolen from homes when the owners are out, the doors and windows are locked, and there is no sign of forced entry. Yet, the owners return and can't find a piece of jewelry or suddenly notice that money or other valuables are missing.

Could a "cat burglar" be working the Meadows? Not likely—that's the stuff of TV and movies. So how could that watch or ring just disappear?

Consider this likely scenario. You previously let a workman, contractor, or home health care person into your home at some time and didn't keep an eye on them. And, you left valuables out in plain view or just for your personal convenience of easy access.

Unfortunately, this temptation makes for easy pickin's for a stranger not likely to be back anytime soon. That Rolex watch or those diamond earrings you wear only on special occasions won't be missed until you go to put it on.

You can't supervise everyone who is working or performing a service inside your homes and, frankly, it is annoying to the workers if you are peering over their shoulders all the time. So what is the solution? Just secure or move a jewelry box to another room away from the room being worked on.

You wouldn't leave your wallet or watch on the table at a restaurant while you go to the restroom—so don't leave the temptation out in the open inside your own home either.

### Your medicine cabinet could be a source of drugs

The above holds true for the medications you keep in the bathroom medicine cabinet. When service workers ask to use the bathroom, they close and lock the door. You can't see if they are going through your medicine cabinet looking for prescription drugs they can steal. Follow the old theory about an "ounce of prevention..." Move all your medications to your master bathroom. When guests or a service workers ask to use your bathroom, direct them to the guest bath, where only the essentials are kept. Doing so removes any temptation or opportunity to steal your prescription medication.

## Sarasota County Call Center

Residents have easy access with one number

**861-5000**

Monday thru Friday,  
8:00 am to 5:00 pm

After hours and weekend voicemail system directs you to numbers for roads, utilities, Sheriff's Office, and so forth





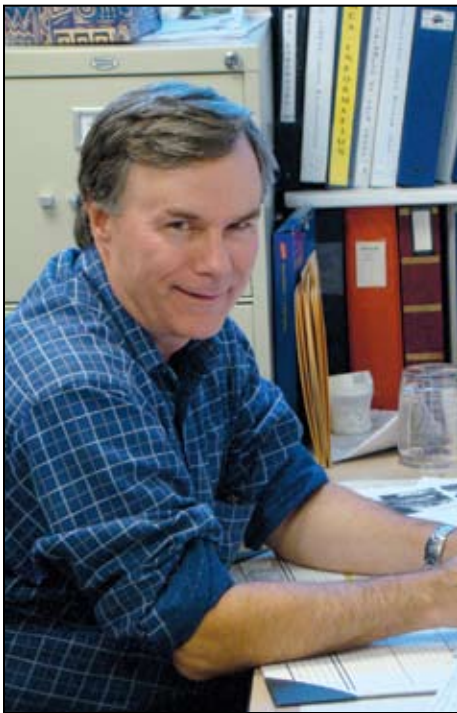
# What's Happening?

*It's a busy season with changes and things going on*

By Len Smally—MCA Manager

## Jay Brady replaces Mark Schaefer who retires this month

With Operations Services Administrator **Mark Schaefer's** retirement announcement last fall (see story on page 16), the MCA needed to find a suitable replacement. I recently told President **Ginny Coveney** and the MCA Board that I will be eligible for Social Security next month and that Mark's replacement should be someone who has the right background and experience to do Mark's job—which is complex in itself—as well as learn as much as possible about our operations in order to train as a possible replacement for me a few years down the road.



We found just the right person in **Jay Brady**. Jay has a professional planning background that comes with political, business, and personal connections. He was the Planning Director for the Town of Longboat Key when I was the Public Works Director during the 1980s and has worked for both the city and county of Sarasota. Jay was the Executive Director of the Gulf Coast Builders Exchange for many years and was a columnist for the *Gulf Coast Business Review*. Jay is experienced in code enforcement, which is the public equivalent to deed restrictions. He will be very helpful with our relations to our neighbors and our connections to our elected officials.

## Doggy bags available for convenience—not endless supply for dog walkers

We get our bags from the same supplier in Ohio that furnishes bags to the *Herald-Tribune*. We were fortunate to have an employee about 11 years ago whose brother was an executive in the circulation department with the *New York Times* Company in Atlanta. Through him, we were connected with

the bag manufacturer, and we have been able to acquire the bags at a much better price than on the open market.

We have seen some people take extra bags, for future walks perhaps or even when it appears they may be leaving for the summer. Please be courteous to your fellow residents and only take the bags that you need at the time.

## Volunteer to help at the Benderson Park Regattas

For the fifth year in a "row," there will be a series of rowing regattas at Nathan Benderson Aquatic Park, our neighbor to the east. The 2012 regattas reached unprecedented levels of success, bringing millions of dollars in revenue to Sarasota County and filling motels and restaurants during each event.

Because of this success and the potential to have one of the top rowing facilities in the world, the Sarasota county commission voted to fund the construction of remaining features of the facility on an annual basis with "tourist taxes." Subsequently, the Commission approved the site plan for the facility.

Last year, The Meadows was well represented at each of the regattas with volunteers, filling all kinds of jobs, inside and outside. We hope to provide a good number again this year.

Regatta dates and volunteer opportunities are listed at <http://www.worldclassrowing.com>. If you register on line, be sure to say you are from The Meadows. We have such a good relationship with the county commissioners and Benderson Development, and our participation will keep that relationship going during future development phases of the park.

If you are unable to register to volunteer online, please let us know at the MCA. Call 377-2300.

## Take care that contractor equipment does not damage sidewalks

A few years ago, we had a case where a contractor was trimming trees on a condominium property in proximity to the MCA sidewalk. The heavy trucks and machines cracked a number of slabs. The contractor repaired the damage at his expense, but all or part of the damage could have been avoided if some care or different equipment had been used.

If you plan to have work done around your own or another's property, please take a good look at the job and work site. Think about the equipment to be used, and talk to your contractor about the possibilities. It could save you headaches and money to work some of these details out in advance.

## Watch for road hazards

We have yard crews, garbage trucks, delivery trucks, walkers, bikers, joggers, and roller bladers using our roads as well as people who park there during the day. And, sometimes we have to weave our way down the streets of The Meadows.

It's unreasonable to ask truck drivers park in driveways of single-family homes, but we require drivers who park on MCA streets to place an orange cone at the rear of their trucks. Please ask your yard crew or other contractors like roofers, pool services, and so forth to comply with the rules.

We ask that walkers, roller bladers, and joggers use the sidewalks. Most of them do. I have been surprised, however, many times by people walking or jogging in the road, and I have heard the same from others. So, please use the sidewalk when you can. Bikers are allowed to use the street, but are encouraged to use

December 24—January 25—0.00 inches  
(Year-to-January 25—0.00 inches)



the pathways as often as they can. If you ride in the street you must obey traffic laws. When you're on one of the walkways, please use your required bell to warn pedestrians and golf carts, who are required to yield to bikes but often don't. Be prepared; don't rely on walkers and carts to yield.

Most importantly, drive slowly and carefully on our streets. Your safety and the safety of others depend on it.

## Fire Department offers free blood pressure checks

One of the many services offered by Sarasota County is providing blood pressure checks. You can go to any fire station and, according to the Fire Marshall, paramedics will take your blood pressure and give you a written report. This service is especially helpful if you need regular checks for certain medical procedures. Call 861-5000 and ask for the fire department to ensure paramedics are available.

## IN MEMORIAM



### **Ethel R. Schueckler** *Meadows Volunteer, Neighbor, and Friend*

Meadows resident **Ethel R. Schueckler** died on January 3. She will always be remembered for having a love of life, a bubbly personality, brilliant smile, a caring heart, and a kind word for everyone she met.

If you needed help or asked for a volunteer, Ethel was right there to say, "I will." If you wanted to hold a party or gathering, Ethel was there to organize, plan, and prepare for anything. She always seemed to have a costume or something special to wear for every holiday or occasion.

She was active in The Meadows community—involved at Hampstead Heath, the MCA, the Involvement Committee, Meadows "U", the Book Club, and The Meadows Players—as well as in the Sarasota community and at church.

We will miss Ethel. Among the memories she left us was her capacity to "Enjoy life to the fullest!"



### **Geraldine (Geri) M. Hilmes**

*Generous giver of time,  
advice, love, and humor*

**Geri Hilmes**, wife of 53 years to former MCA Board member, **Lt. Gen. Jerry Hilmes** (Retired), passed away on January 16. Geri was a devoted wife, mother, and grandmother.

She began her military life with Jerry in Germany when the Berlin Wall went up during the Cold War and orchestrated 27 moves around the world during their 33 years in the Army. She won numerous awards for her unselfish support of our troops and devotion to duty and the people associated with the various commands held by her husband.

During her "career," Geri was active in the Red Cross, the West Point Faculty Wives, Arlington Ladies, Signal Officers Wives Club, Engineers Wives Club, and the DC Womens Club.

The Hilmes have four sons and several grandchildren. Our thoughts and prayers go out to the family.



# Assembly Committee

February Assembly features Meadows Country Club

By Claire Coyle—Chairperson

## January Assembly focused on issues right here at home

MCA Board of Directors President **Ginny Coveney** spoke at the January 16 meeting of Assembly of Property Owners. Her topic covered the role that the Meadows Community Association plays in the lives of Meadows residents. She explained the responsibilities of each MCA staff member and how the elected Board of Directors and the staff interact.

Ginny stressed that volunteers working on a variety of committees make it possible to run this community efficiently while using a minimum of paid staff. She answered a number of questions from the residents and delegates who attended.

## Meadows Country Club featured in February

A strong country club is key to maintaining property values in The Meadows, not to mention those beautiful views many of us enjoy.

**Doug Domino**, General Manager of The Meadows Country Club, will be guest speaker at the February 20 meeting of the Assembly of Property Owners. Since Meadows property owners and the Country Club are partners in the success of this community, all property owners are encouraged to join us at 7:00 pm to learn more about the current situation at the Country Club and the plans for its future.

Come out to learn how we can all work together to build our partnership.

# Craft Group

2012 Craft Sale proceeds benefit three area charities

By Liz Barnett

## Fall Craft Sale sets sales record

With the proceeds from record sales at our November Craft Sale, we were able to make generous contributions to three local charities. At the January 10 meeting of the MCA Board of Directors, **Helene DiPuma**, Craft Group Chair, presented checks to Baby Basics representatives **Gwen Bos** and **Elizabeth Wildhack** and to **Joining Our Youth (JOY)** cofounder **Tish FitzGerald**. A check will be mailed to the third charity, **All Faiths Food Bank**, which was unable to send a representative to the meeting.

It's gratifying to be able to assist these creative local charities that are making a real difference in our community.

**Baby Basics is an all-volunteer group that provides diapers and kindness to families of the working poor who do not receive government assistance**

Maria's family is typical of the nearly 100 Sarasota families that **Baby Basics**, now in its fifth year, has served. Once a month, Maria and her preschooler and baby trek across Sarasota by bus to reach **Baby Basics** where diapers are distributed. Even though her husband is employed, low wages make an adequate supply of diapers, at \$45 a month, out of reach without **Baby Basics**. When Maria heard that the "diaper ladies" are volunteers, her eyebrows shot up in surprise to learn that strangers cared about her family. Of course, with the caring support from the diaper ladies, Maria and her children were not strangers long and their smiles were ample payment for volunteers' hours.



**Gwen Bos (RIGHT) and Elizabeth Wildhack (LEFT) from Baby Basics receive check from Craft Group Chairperson Helene DiPuma (CENTER)**



**LEFT TO RIGHT—Helene DiPuma presents check to JOY President Trish FitzGerald**

**JOY was developed in Sarasota to assist youth who are being "aged-out" of foster care**

JOY assists the transition to independence for these teens who are dismissed from foster care homes on their 18th birthdays with few, if any, resources. JOY provides a 52-item Housekeeping Starter Kit with linens, kitchenware, cleaning supplies, a tool kit, bicycles, and bus passes for transportation. Participants also choose clothes at JOY's Trendy Threads boutique and are matched with trained-mentors who meet with them weekly.

**All Faiths Food Bank and its partner agencies provide more than 88,000 meals a week in Sarasota and Desoto Counties**

Most of these meals go to low-income working families, the elderly, and children. All Faiths has also developed innovative distribution strategies and education programs for nutrition and health. The **BackPack Kids** program sends backpacks filled with food for the weekend home with kids who might not eat otherwise. **Kids Café** provides evening meals for kids in after-school programs. And, the **Mobile Cupboard** brings food directly to under-served neighborhoods. These services are coupled with nutrition education programs and food resources for special populations—like the elderly, veterans, and individuals on medically restricted diets—to provide a comprehensive resource.

## Make new friends and share ideas...

What a great way to start 2013 with the Craft Group! We are delighted to have new members join us who bring new skills and ideas. Our first projects are well underway, and we will add more projects this month.

The intricate **Iris folding** technique used to create the cards that were so popular at last fall's sale continues to be a favorite for members who enjoy precision work. For others—like me—whose skills lie elsewhere (my husband says I can't even fold clothes properly, which is why I think he should keep doing the laundry), our latest "upcycling" project has been a great way to exercise our creativity.

As we begin to create items for next year's sale, we hope you'll join us for all the fun on Wednesdays from 9:00 to 11:00 am.

*If you can glue, we want you.*

If you will be away from home for more than a weekend... Please let Safety Patrol know how they can reach you in case of an emergency.

**Call 809-0084**

**Safe Travels!**

**PHONE Numbers in The Meadows**

Acupuncture Physician, Dr. Brenda—955-1220

Angelic Touch Massage Therapy—378-2232

Edward Jones—371-4137

Golden Daisy Cafe—371-3354

Home Improvement Plus, Inc.—376-6762

Factory Off-Lease Auto Brokers—350-7544

Kobernick House/Anchin Pavilion—377-0781

Lighthouse Property Management—388-7109

Massage Therapy, Terri Magdalinski—378-4101

Meadowd—377-2300

Meadows Barber Shop—377-0165

Meadows Community Association—377-2300

The Meadows Country Club—371-6000

Meadows Golf Pro Shop—378-5153

Highlands Golf Pro Shop—371-0982

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*Nature Trail improvements ready for walkers*

**MCA Board President cuts the ribbon to the newly improved trail**



between Hadfield and Windsor Park and installed updated informational and directional signs.

Approximately a mile of trails crisscrosses this area

On January 18, MCA Board members and others gathered at 10:00 am for a ribbon cutting on the new improvements to the Nature Trail. The MCA made improvements to the walking conditions in the wooded areas

flanked by two entrances—one at the west end of the landscaped island on Hadfield, and the other just north of the butterfly garden along the concrete sidewalk at “Butterfly Lake.



**LEFT—MCA President Ginny Coveney cuts the ribbon as Board members John Spillane (CENTER) and Bob Friedlander (RIGHT) look on**

**BELOW LEFT TO RIGHT—Randy Lohr, David Gindlesberger, and Kirby Rolfe, affectionately known as the “Three Musketeers,” were the force behind the work that was done to improve the trail**





# Emergency Prep Committee

*Be a little scared—so you'll be prepared*

By Harry Shannon, M.D.—Chairperson

## Apathy and neighbors

As I write this column, I'm continually looking at the aftermath of *Super Storm Sandy*. It seems to me the folks who were most helpful were the involved neighbors around people who had disasters, not the federal government. Not to say we won't need government assistance after a disaster, but the best thing we can do is build a network of our local folks and neighbors to help after we have an event (hurricane, tornado, plane crash, whatever).

At a meeting I attended the day I wrote this column, comments were made that some areas of our community and some condo associations have a significant population of elderly citizens, some of whom are on walkers and others who have significant mobility problems. I'm an "elderly Citizen" myself, but I

am mobile and get around relatively easily. In the new year, I would like all areas of The Meadows to not be apathetic but to be proactive and check on their friends and neighbors to see if they need assistance should there be a storm or disaster. There is no shame or discomfort in saying, "Yes, I could use some help," and there should be no problems or privacy issues if someone comes forward and asks "Can I help you?"

Don't forget, we are all getting older and can use all the help we can get! Talk to your neighbors and seek out the elderly (who may not want to admit problems). Let them know that you can help. Volunteer for the Emergency Preparedness Committee!

You can help! Don't forget that. As we have learned so often, "Mother Nature is a Bitch!"

Our next meeting is February 12. Hope to see you there!



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- First Aid Committee  
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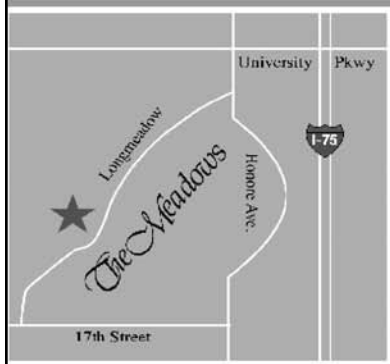
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**THANK YOU**

I want to thank all of my friends, buyers, and sellers, who made 2012 one of the most successful years in my 40 year real estate career. For the patience and confidence of my sellers, the courage of my buyers during one of the most erratic years in the real estate industry, and my friends who unselfishly trusted me with their friends and relatives through these unpredictable times, I thank you. Dick

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**MEADOWS RESIDENT**



**Scarborough Scribbles**

*February is a month of celebrations*

By Jane Lynahan Karklin

The month of February is a time for celebrations of love. Lacey red hearts, boxes of candy, a solitary red rose, or perhaps some dark chocolate, and red wine—which reminds me, **David** and I have to open that bottle of dark chocolate red wine this year. There's nothing more symbolic for Valentine's Day than chocolates—and mixed with red wine doesn't hurt either!

Presidents Day is also this month, with both President Washington's and President Lincoln's birthdays to celebrate. For those of you who have yet to see the magnificent film, *Lincoln*, I highly recommend it. Actor, Daniel Day-Lewis embodies the role of Lincoln, so much so that he actually becomes the man. It is uncanny.

The Ground Hog also appears this month on February 2. He may be a cute little guy, but we must admit, he's really not all that adept at predicting the weather.

**Scarborough Common selects 2013 Board members**

We now have an update on Scarborough Common board members for this year—**Michael Garvey** (President), **Diane Trettiin** (Vice President), **Tom Cassin** (Treasurer), **David Francisco** (Secretary), and **Joe Collins** (Director at Large).

**On the move...**

**Sandy and Jerry Ulrikson** and **David** and I took in the new

sea lion show at the Mote Marine Laboratory recently. These wonderfully playful, intelligent creatures will be at Mote for a few more months. If you have a chance to see them, I recommend it. You won't be disappointed.

**Frances Poulos'** beloved brother, **Ted**, journeyed from California to spend the Christmas holidays with her.

**Joy and Bob Howe's** son, **Haight**, visited with them for three weeks over the Christmas holidays.

Many Scarborough residents visited family and friends over the Christmas holidays, but were happy to return from those cold and snowy areas to the warmth and sunshine of Sarasota.

*Across the Sky  
[Tetractys Sequence]*

By Jane Lynahan Karklin

*Stay with me  
at sunset  
and we will watch  
shooting stars write our names  
across the sky.*

*The Milky Way emblazons the heavens*

*as the moon glow  
holds the night  
in its arms.*

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# Restrictions

Basic rules to observe and respect...

By Bill Hoegel—Chairperson

The following are a few rules that we, as residents living in The Meadows, must follow. The rules apply to both owners and renters, whether they live in single-family homes, villas, or condominiums. These rules also apply to guests of residents. With your cooperation, we can keep The Meadows a great place to live.

### Pedestrians and joggers must use pathways in The Meadows

All pedestrians are expected to use Meadows pathways rather than roadways, which are designated for automobile use. When you use the pathways, you must always yield to bicycles.

For safety reasons, you are not allowed to walk, jog, rollerblade, or bike on The Meadows Country Club's private golf courses and cart paths.

### Owners are responsible for the physical control and behavior of their pets and for disposal of waste

Florida law requires that pets be vaccinated against rabies. You must leash your pets at all times when they are outside your residence.

You must remove all pet droppings and deposit it in waste containers located along pathways or dispose of it at your own home. The MCA does not permit pet behavior that becomes a nuisance to other residents.

### Feeding most Florida wildlife is illegal—feeding any Meadows wildlife is not permitted

For your own protection, do not feed the wildlife living in The Meadows. The Meadows is home to numerous wild animals—among them, alligators, turtles, fish, herons, egrets, ducks, and Sandhill cranes. When humans feed these animals, some may become aggressive and learn to depend on handouts.

It is also against the law in Florida to feed certain wild animals, including alligators, Sandhill cranes, egrets, herons, and most aquatic birds.

### Fishing and picnicking in designated areas OKAY—swimming and boating are NOT OKAY

Fishing in ponds or lakes is limited to residents and guests accompanied by the resident. A

# Architectural Review

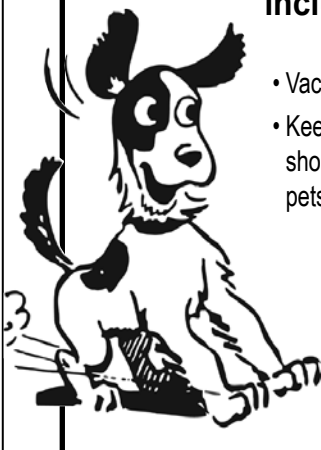
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4455 Oakley Greene  
4005 Oakley Greene  
4438 Highland Oaks Circle  
4278 Highland Bridge Road  
4957 Rutland Gate  
3221 Ringwood Meadow  
2004 Longmeadow

1909 Dalecroft  
4313 Highland Oaks Circle  
3826 Surrey Court  
5157 Park Club Drive  
4646 Arborfield Road  
5018 Vivienda  
4748 Ringwood Meadow

## If you have a pet...

Please consider the enjoyment of everyone, including your own and others' pets



- Vaccinate your pet against rabies—Florida law requires it.
- Keep your pet confined or leashed at all times. Your pet's leash should not exceed six feet in length. The Meadows will not allow pets that are noisy, dangerous, intimidating, or destructive.
- Please observe Sarasota County's quiet hours from 11:00 pm to 7:00 am.
- Pickup after your pet and properly dispose of all pet droppings in trash receptacles.

map of designated fishing areas is located in the MCA office at the Community Center. Picnicking is allowed in designated areas. Fires are not permitted. Swimming and boating in The Meadows ponds or lakes are prohibited.

### Hunting and discharging firearms are prohibited

If you have questions, contact our new MCA Operation Services Administrator, **Jay Brady**, at the MCA, 377-2300.

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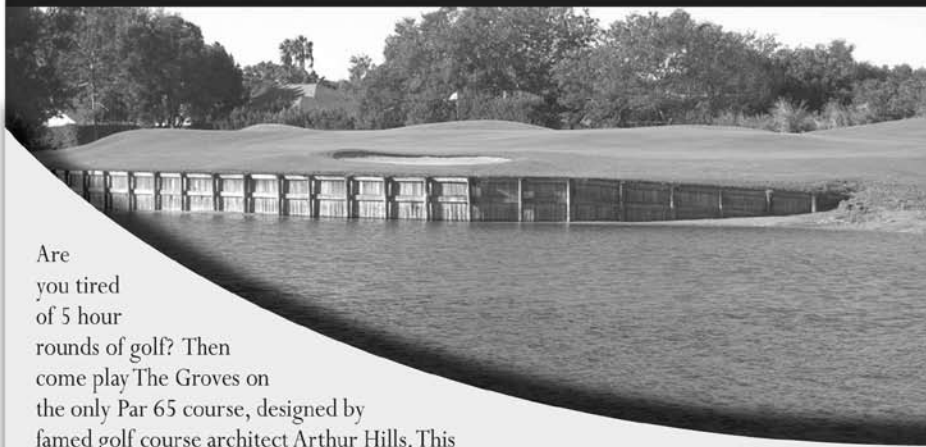
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# MHOA

(Meadows Home Owners Association)

By Dick Plumb

## Annual MHOA dinner—finally, this month

The annual MHOA dinner is Wednesday, February 27 at The Meadows Country Club, and the invitations are in the mail! Cocktails start at 5:30 pm followed by shrimp hors d'oeuvres. You will have your choice of "Surf and Turf" or Key West Grouper with all the extra goodies, including dessert. Again this year, the MHOA has subsidized the dinner by about 25 percent.

If you would like to join the MHOA and attend the annual dinner meeting, contact **Carr Purser** and take advantage of the current discounts—one year, \$15; two years, \$25; three years, \$35; or five years, \$55.

The Meadows Homeowners' Association (MHOA) should not be confused with Meadows Community Association (MCA), which is mandatory and comes with all Meadows property ownership. The MHOA is for single-family homeowners who do not belong to another neighborhood association in The Meadows. To find out more, call membership chairperson **Carr Purser** at 941-379-6496 or email [NotHome11@yahoo.com](mailto:NotHome11@yahoo.com). He will be delighted to send you an application. We look out for all of our members and look forward to seeing more homeowners join the MHOA so we can grow and improve.

## December 2012 real estate activity down from December 2011

The number of sales in The Meadows for the month of December ended at 16 with a median price of \$115,500 and average price of \$146,059, which was lower than November 2012 and December 2011—both of which had 19 sales. December was an indication of the activity for the entire year of 2012 in The Meadows real estate market.

Consider last year—the adjustment year that was in the process of changing from a depressed to a more normal real

estate market. And, as we knew, this transition wasn't going to happen in just a few months. The big facilitator was the decreasing inventory, which will be the leading driver in 2013 since low inventory leads to price increases.

As the table below indicates, December was a good month for sales, but, it wasn't a great month for prices in The Meadows. As a matter of fact, 2012 wasn't the greatest for the county, but the listing supply was 4.9 months, a very low figure (December 2011 was 4.8 months when real estate sales started gaining strength and showed signs of recovery).

Let's compare sales in The Meadows by categories of condos (garden homes), villas, townhomes, and single-family homes for the period 2011 to 2012. The number of sales in 2012 was up 9 percent over 2011 sales. The median sale price of total sales was down 3 percent. And, the average was up 4 percent for 2012. The median price of condos (\$109,500) was up less than 1 percent and the average price, up 1 percent for 2012. The median price of villas and townhomes (\$160,000) for 2012 was down less than 2 percent and averaged less than 1 percent. Detached houses had a median price of \$238,950, which was down 1 percent from 2011.

The biggest improvement for 2012 was the average sale price of single-family detached houses at \$291,244, which was up 16 percent over 2011!

By comparison, Sarasota County had a good year in 2012. December sales were up 14% over the same month in 2011 with a median sale price of \$165,150 (up 15% over December 2011). The listing supply for December was 4.2 months. Sarasota County ended the year with a 9% gain in sales (10,262) over 2011. The median sale price for Sarasota County in 2012, which was up 13% over the 2011 median of \$135,175. The average sale price of single detached houses in the county in 2012 ended at \$258,605, up 9 percent over 2011 (not as impressive as The Meadow's 16 percent increase to \$291,244 with the same factors).

Just another good reason to join the MHOA!

## Sales & Activity for Houses and Condos In The Meadows—December 2012\*

- Sales during the month of December..... 15
- Sales for the last year (December 2011) ..... 19
- Pending Sales (under contract; not closed) as of December 31, 2012 ..... 34
- Median Sale price of homes sold in December 2012 .....\$115,500
- Median Sale price of homes sold in December 2011..... \$140,550
- Average inventory of homes for sale during December 2012 ..... 79
- Average inventory of homes for sale during December 2011..... 93
- Median list price of homes for sale on December 31, 2012 ..... \$195,000

The December 2012 listing supply was 4.9 months (4.2 in November 2012; 6 is considered a healthy market)

\*Information is obtained from My Florida Regional MLS and Sarasota Association of Realtors

# The Scene From Chatsworth Greene

*Nobody sits still around here*

As seen by Ginny Cardozo and Jane Jassin

Nancy and Dan Morris have returned after escorting a VIP World Travel group of 35 on a Crystal Cruise aboard the *Serenity*. Our neighbors the **Crydermans**, the **MacGregors**, and the **Reicherts** enjoyed visits to Tortola, St. Kitts, Guadeloupe, St. Lucia, St. Barts, St. Maarten, and the Turks and Caicos

Back in December, **Mae Miller** spent the holidays touring Vietnam.

**Jane** enjoyed some sunny January days with her son, **Larry**, who was in Florida on business and happy to escape chilly Chicago.

**Barbara Stearns** entertained her two granddaughters for a few days last month. Prize for visitors traveling

the greatest distance goes to **Bill O'Connor's** sister, who brought her five children here from Ireland to enjoy time in the sun. Family of the late **Cliff Malone** spent part of the holiday school break here enjoying the pool,

while the rest of us mumbled about the water being too cold; it's all relative, right?

**Mary and Bill Barnard's** return was delayed a bit following Bill's knee surgery, but now he's ready for "Dancing With the Stars"... and maybe the golf course, too.

**Marilyn Dillman** organized a New Year's Day get-together at the pool, giving us time to talk about "what we did on our Christmas or holiday vacation." It also gave us a chance to meet our new neighbors at #3309, **Sally and Ed Johnson** from somewhere near Millbrook, New York. Ed is a semi-retired clergyman, and the

couple are busy settling in.

Condolences to **Tom Kehoe** whose sister, **Maureen**, died in early December; a sad end to the year for her family.

And from Jane...

## A Fun-filled February

By Jane Jassin

*February is the second month of the year, and the only one when just 28 days appear. Except each year in four when we add one day more.*

*The groundhog is waiting for February 2nd so he can gloat, As he tells us if we need to keep out our winter coat.*

*Who doesn't like February 14, whether we are young or old? Will we be surprised with candy, flowers or something gold?*

*A day for lovers to express their devotion, even if it's far away or across the ocean.*

*We can't forget President's Week with visitors galore, enjoying Florida sunshine by the score,*

*As we partake in all our activities, starting with Day One, it's 28 days filled with fun!*



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FEBRUARY 18



# Weybridge Condominium Association

Where Owners and Renters are one big happy family

By Sylvia Clark

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Weybridge has always been a superbly maintained association with all its owners taking pride in ownership. Most of our owners are present at every association meeting, to take part in the planning and ideas for the beautification and maintenance projects. And, all absentee owners are always notified of the new projects, and every plan is always put forth to the owners for vote—it's not just the decision of the association Board.

We are truly blessed with Florida's weather—even though at times, Florida's coasts have had rough weather and hurricanes, not so much in Sarasota. Sarasota, as well as all of Florida, has been a tropical sanctuary for people living in the north to come and enjoy during the winter. We're glad many of them have come to Weybridge.



Last year, James and Lorraine Gleason donated the flag that will fly during the ceremony—the same flag that once flew over the USS Arizona Memorial at Pearl Harbor in Honolulu, Hawaii. The Memorial marks the resting place of the 1,102 men on the USS Arizona who were killed by Japanese Imperial forces during the December 7, 1941, attack on Pearl Harbor. Only 75 men survived that attack, which led to the United States' direct involvement in World War II. The memorial was dedicated in 1962. More than 1,000,000 people visit the site each year.

### Flag from USS Arizona Memorial at Pearl Harbor flies at Weybridge Appreciation Ceremony

Dennis Kosobucki and Jim Gleason organized the Appreciation Ceremony to be held on President's Day, Monday, February 18 at 11:00 am (the rain date is February 19.) The ceremony will take place at the corner of Honore Avenue and Weybridge. Refreshments with sumptuous desserts will follow at the Weybridge pool deck. Local Sarasota television station SNN6 will cover the event.

Dennis and Jim are busy making the final arrangements and putting the final touches on this impressive event. We hope everyone will plan to attend.

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## Weybridge Appreciation Ceremony



Honoring the Men and Women of our Uniformed Services

Where: Corner of Weybridge and Honore  
When: President's Day: 2-18-13  
Rain Date: 2-19-13  
Time: 11:00 a.m.

Ceremony to be conducted by  
Lt. General Jerry Hilmes (Retired)

along with the  
V.F.W. Post 3233 Honor Guard



All are invited



First Responders are asked to wear their uniforms  
Veterans attending are asked to wear their hats, ribbons and awards

Refreshments will be served



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# Winslow Beacon

*Deck the boughs with balls and holly...Fa la la la*

By Peg Mimno

As soon as the Thanksgiving tables were cleared, the decorating crew was out the door with lights, ornaments, and garland to usher in the holiday season at Winslow Beacon entrance. Everyone pitched in to add a little sparkle to the hedges, lamp posts, and holly tree.

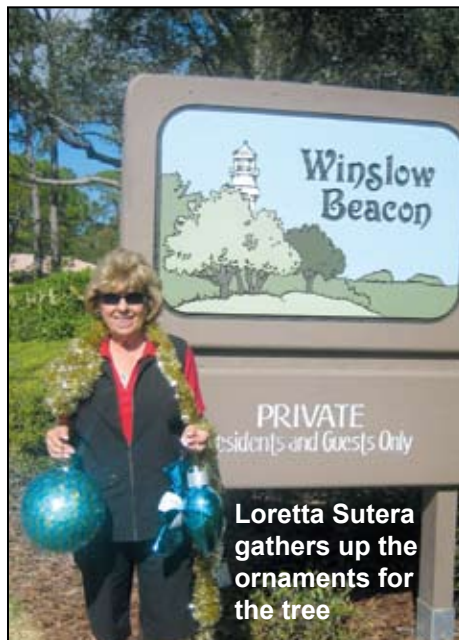
And, the community celebrated their efforts with a grand party at the pool a few weeks later. The tropical setting of turquoise and taupe was transformed into a glittering gold and evergreen wonderland. Newcomers and old timers feasted on the culinary fare provided by all. And, everyone

made sure to leave room in their tummies to sample the full array of desserts and confections... something to please everyone's sweet tooth.

It was a wonderful time to share with all our friends at Winslow Beacon. Fa la la la la... la la la !!!!



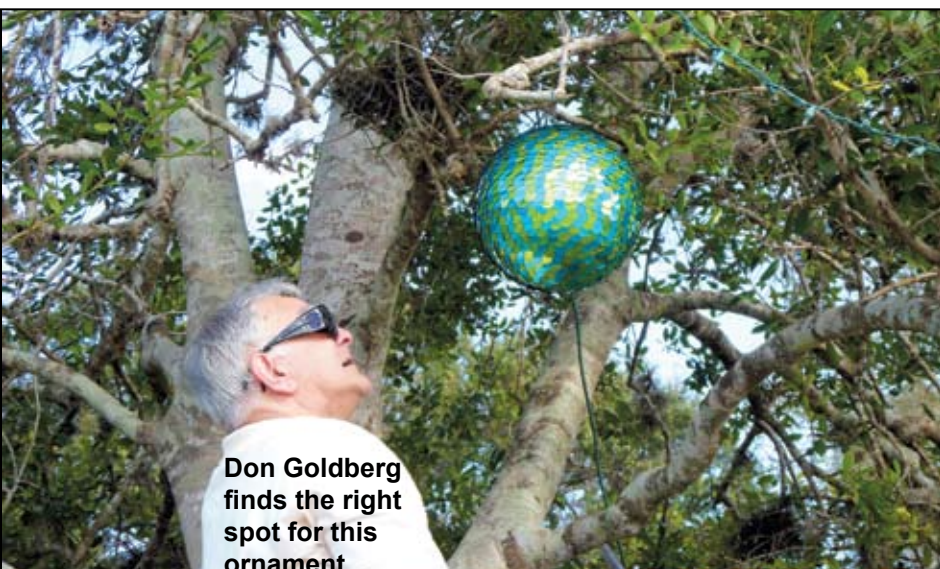
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extraordinaire



Loretta Sutera gathers up the ornaments for the tree



Jeanne Kivlehan gets a "hand" from Peg Mimno up the tree



Don Goldberg finds the right spot for this ornament

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## Read It on the Web

Looking for a back issue of *The Meadowword*?

By Mary Jo Gord—Webmaster

One of the basic principles I used during my years of technical writing was that if I couldn't understand "it," others couldn't either. In that case, "it" referred to how the written word was transmitted and perceived—but that same principle also applies to any verbal or written statement.

Recently, "it" came to my attention in the form of an out-of-town resident who wanted to know how to read *The Meadowword* online. So, I figured where there's one, there are others. That was good enough reason for me to let all our readers know how it's done.

If you haven't visited our Website lately, now is a good time to do so—we update information every month. So, if you want to stay current with *The Meadowword* while you are away during the summer or just want to read a back issue, you can find it online. Here's how to do it:

1. Visit our Website at <http://www.themeadowssarasota.org>.
2. Click *The Meadowword* in

the navigation panel on the left of the page, and, like magic, *The Meadowword page* appears.

3. Click the *Meadowword Icon* on the top right of the page to open the most recently published issue (usually updated about the first of the month of publication). To read the issue, scroll down the page or click a thumbnail on the left to go to a specific page.

*The Meadowword* is saved as an Adobe Portable Document (PDF) file. To open and view an issue, you must have the Adobe Acrobat Reader installed on your computer. You can download the latest version of the Reader free at <http://www.adobe.com>.

Back issues of *The Meadowword* are archived through 2008. To read an archived issue, scroll down the page (about half way) to the archive. 2012 issues appear as links; issues prior to 2012, in the drop-down list. To view an issue, click the issue in the list.

If I haven't explained this well, let me know, and I'll do better next time.

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**Mark Schaefer—and forever Notre Dame!**

Mark Schaefer is retiring from The MCA this month—after almost 13 years of service. He joined the staff in 2000 as Operation Services Administrator (OSA). Mark has been responsible for the three-man maintenance crew and managing the MCA common area maintenance by private contractors. He also is responsible for processing the applications for Architectural Review.

Mark grew up in Park Ridge, a suburb of Chicago and is a graduate of DePaul University, where he played collegiate golf, achieving a ONE handicap. He joined the Illinois National Guard in 1969 as



**Mark always kept an extra pair of shoes and socks at the office in case he left home wearing two different ones**

an enlisted man, and was sent to Washington state for six months of rigorous training to prepare for a possible trip to Vietnam. But, with the “luck of the Irish,” he did not have to go.

He married his sweetheart, **Sandra**, and 40-plus years of marriage yielded two children and three grandchildren. Sandra will also retire in the near future after teaching many year at St. Martha’s Catholic School [Mark wore

# We Will NEVER Forget You!

## Mark Schaefer MCA Operation Services Administrator retires after nearly 13 years of service

By Len Smally—MCA Manager



**A dedicated and conscientious worker, Mark, naturally, hoped his replacement could be as much like him as possible...**

*costumes to please Sandra’s class every year].*

Mark chose a career in the lumber industry, selling rail cars of lumber to bulk buyers—lumberyards as large as Lowes and Home Depot. He and Sandra moved to Sarasota in 1985, joining Sandra’s parents who had previously retired to Siesta Key. He continued his work from an office in Nokomis and retired from the lumber business in 1999. But, not wanting to be idle, and after 10 years as President of Gulf Gate East HOA, Mark began a second career as a Community Association Manager.

I met Mark when he worked for a local management company, managing about 15 condo associations at once—typical of many “portfolio managers.” Our OSA had just left, and we had advertised the position. The rest is history.

As MCA President **Ginny Coveney** observed, Mark is very organized. It’s said that he has a file on everything and everyone. He has done a great job managing all the contractors who maintain our common areas. He has developed a good schedule of preventive maintenance for our staff.

Mark has made sure that all our vehicles and equipment are properly serviced by competent mechanics. He has created maps of our lakes, common areas, and

special facilities and keeps detailed records of maintenance. All in all, Mark has been instrumental in making the maintenance division work smoothly.

Mark will be missed. We will miss his many contributions and his work on weekends and nights. He is a team player who will do what it takes to get the job done.

Good luck to you, Mark, in your retirement. He has vowed to “shoot his age.” And, I think he will do it.



**Mark—always the snappy dresser!**

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**What's that name again?**

**Hampstead Heath**

*Hampstead holds a rich and affluent history*

By Marvin Glusman—MCA Board Director

Hampstead, also known as Hampstead Village, is actually an affluent area of London near Charing Cross. It's part of the inner London Borough of Camden, known for its intellectual, liberal, artistic, musician, and literary associations. It also includes a large hilly park called Hampstead Heath—one of the highest points in London, covering 790 acres.

Hampstead remained a quiet Saxon farming village for centuries; the name Hampstead derives from the Anglo-Saxon words "ham" and "stede," meaning "homestead." Its history traces back to the 17th Century (although some records are found as early as 986 AD in a grant to St. Peter's monastery at Westminster by King Ethelred the Unready) when wealthy people settled in the area to escape the 1665 London plague and 1666 London fire. The region developed as more and more came to live away from London's noise and filth, yet near its amenities.

Hampstead Wells, which boasted the medicinal qualities of chalybeate waters (water with iron), remained fashionable until the late 1800s when it met competition from other London spas. Today, just a water fountain remains.

Several grand houses were built in Hampstead—the Fenton House in 1693, the Burgh House in 1702 (now a museum), and Kenwood House (built in 1616 and rebuilt in the 1760s for the First Earl of Mansfield). The Vale of Health was developed in 1800 on the reclaimed land of Hatches Bottom Marsh.

Gas lights replaced oil lamps in 1824, and the first railway station in 1852 helped grow the area by making it easier to live in Hampstead and commute to work in London. By the late 19th Century, Hampstead was an affluent London suburb; it became part of the county of London in 1889 and the Metropolitan Borough of Hampstead in 1899.

Hampstead is also the historical home of many famous people. John Keats (1795-1821) wrote his poem *Ode to a Nightingale* in the garden of

Wentworth Place—now called Keats House. Writer D. H. Lawrence (1885-1930) lived in the Vale of Health, writer Katherine Mansfield (1881-1923, best known for *The Garden Party*, *The Daughters of the Late Colonel*, and *The Fly*) resided at 17 East Heath Road, and writer John Galsworthy (1867-1933), who authored *The Forsyte Saga*.



**Keats House**



**Hampstead Heath west ponds**



**SW edge of the Heath**



**Vale of Health**

Famous artist John Constable and controversial psychiatrist Sigmund Freud (whose house is now a museum) also called Hampstead home. But, the most infamous person to reside in Hampstead was Ruth Blakely—the last woman executed in Britain, who was hanged July 13, 1955 for shooting her lover David Blakely outside the Magdala Pub in South Hill Park.

Sources: <http://www.localhistories.org/hampstead.html>  
<http://en.wikipedia.org/wiki/Hampstead>

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# Meadows

KALEIDOSCOPE II ON SARASOTA

# 2012 2013

## MCA MEADOWS "U" "Getting to Know Sarasota"

## PROGRAM SCHEDULE

### (Tue) February 12, 3:00 pm—Food for Thought

Laurie Davis from Nellie's Deli will help you discover new ways to bring savory take-out dishes to your table in just minutes. Gluten-free, lactose-free, low sodium, and diets for diabetes. Even a Valentine treat.

### (Wed) Feb 26, 3:00 pm—Game On... a look at sporting opportunities in Sarasota

Nicole Rissler, director of Sports for VISIT SARASOTA will moderate a panel of local sports authorities to discuss the incredibly wide array of opportunities to participate in sports in Sarasota—from golf and tennis to fishing and biking.

### (Tue) March 12, 3:00 pm—Care for Caregivers... "How do you know when you need help?"

Paula Faulk of Senior Friendship Centers will talk about support available for caregivers and introduce a caregiver support program to be presented at the MCA Community Center in April and May.

### (Tue) March 26, 1:00 pm\*—Dolly Jacobs... the Circus In Sarasota

The talented and charming Dolly Jacobs will visit The Meadows to talk about her life-long experience with the circus and the role the circus plays in Sarasota life.

### (Tue) April 9, 2:00 to 4:00 pm\*—Antiquing in Sarasota

Antique expert and Meadows resident Carol Olchick will share with us some of her favorite places to go antiquing in the area. She'll also give points on how to date antiques and invites participants to bring an item for dating or identification.

### (Tue) April 23, 3:00 pm—Neighbors in Need... Opportunities to help the disadvantaged in Sarasota

A panel with representatives from All Faiths Food Bank, Salvation Army, JOY, and First Step will talk about ways you can help those less fortunate right here in our own community.

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- Weybridge:** Stunningly appointed 2nd floor condo with lake and golf course views! Offers vaulted ceilings, tile in all the right places and 'top of the line' furnishings are included! **\$143,500**
- Willow Links:** Beautifully decorated 2BR/2BA 2nd floor END condo situated close to Meadows shopping village & walking trails! Newer appliances, upgraded carpet, lots of tile & turnkey furnished! **\$129,900**
- Village Lake:** Fully updated 2BR/2BA 1st floor condo with lake view! New kitchen, new appliances, granite counters, updated baths, large tile throughout, glass enclosed lanai and so much more! **\$124,000**
- Pinebrook Hollow:** Totally updated "lite & brite" END condo. Offers all new appliances, new kitchen cabinets, granite countertops, fixtures & lighting, updated baths, large tile & freshly painted! **\$94,900**
- Chartwell Green:** Sunny 1BR/1BA 1st floor condo with serene lake & golf course views! Kitchen has domed ceiling & updated appliances. Wonderful winter getaway! **\$76,500**
- Sandringham:** Lovely 3BR/2BA Pool home! **PENDING**
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| <br><b>Weybridge:</b> Golf Course & Pool View from the screened lanai of this gorgeous 2 BR, 2 Bath, 2 <sup>nd</sup> floor condo having vaulted ceilings and high quality turn-key furnishings. Ideal vacation getaway with great rental potential. 149,900 <b>Call Mike !</b> | <br><b>Chanteclair:</b> The Golf Course View from the glassed-in lanai is magnificent. An open-air patio, private courtyard, 2 car garage, and cul-de-sac location surround this gorgeous 3 BR, 2B villa. Eat-in kitchen and much more. 219,900 <b>Call Vicki !</b>    | <br><b>Weybridge:</b> Lake & Golf Course Views are spectacular from this stunningly appointed 2 BR, 2 Bath, 2 <sup>nd</sup> floor condo. Also offering vaulted ceilings, split plan, separate laundry, tile floors, and heated community pool. 143,500 <b>Call Rusty !</b> |
| <br><b>Stratfield Park:</b> Maintenance free lifestyle and a quiet private setting comes with this beautiful 3 BR, 2 Bath single family home. Features include a glass enclosed lanai, updated kitchen, and a two car garage. 243,900 <b>Call Rusty !</b>                      | <br><b>Village Lake:</b> Beautiful Lake View from the glassed-in lanai of this 2 BR, 2 Bath, 1 <sup>st</sup> floor, "squeaky clean" condo. Featuring large tile, updated countertops, cabinets, appliances, and newer AC and water heater. 124,000 <b>Call Rusty !</b> | <br><b>Willow Green:</b> Great central location having 3 BR, 2 Baths with over 1400 Sq. Ft. and a covered parking space. Walking distance to the Village Shopping and close to community heated pool. 149,900 <b>Call Mike !</b>   |
| <br><b>Quail Hollow:</b> Private Golf Course View from the screened lanai of this large 1 BR, 1 Bath, 1 <sup>st</sup> floor condo located just steps away from The Meadows Country Club. Nicely maintained and move-in ready for a new owner. 76,900 <b>Call Mike !</b>        | <br><b>Briarfield:</b> Panoramic Golf Course View from the screened lanai and open-air patio of this over 1000 sq. ft. 2 BR, 2 Bath villa with vaulted ceilings, updated kitchen and baths, garage parking, and beautifully furnished. 124,999 <b>Call Vicki !</b>     | <br><b>Eagle Creek Drive:</b> Recently Updated 2 BR, 2 Bath end unit in Palm Aire Country Club. Pride of ownership is evident in this light and bright 2 <sup>nd</sup> floor unit overlooking an expansive greenbelt view. 116,900 <b>Call Shaun !</b>                     |
| <br><b>Big Buck Lane:</b> Equestrian Estate 5 fenced acres, gated entrance, 3 horse stalls with tack room, beautifully updated home. Hot tub, lake view, two fireplaces, 4 car garage, and extra parking for RV. 599,900 <b>Call Mike !</b>                                    | <br><b>Long Common:</b> Lake & GC View in a location you will love the minute you drive up to this 2 BR, 2 Bath Villa. Enjoy the view from the glassed-in lanai, and enjoy over \$90,000 in upgrades. Plus there is a two car garage. 259,900 <b>Call Mike !</b>       | <br><b>Pinebrook Hollow:</b> Light and Bright describes this 2 BR, 2 Bath, 2 <sup>nd</sup> floor end unit. Enjoy the large screened-in and tiled lanai. Newer appliances, A/C, kitchen and bathrooms. And it's turnkey furnished! 89,900 <b>Call Mike !</b>                |

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# Meadows

## KALEIDOSCOPE II ON SARASOTA

### 2012-2013 PROGRAM SCHEDULE

The Meadows "U" Committee

#### The MEADOWS "U" Has Something for You!

All Meadows "U" seminars are held at The Meadows Community Center unless otherwise noted. Seminars are free and open to Meadows residents and their friends

### "Getting to Know Sarasota"

Sarasota and its surrounding area offers a bountiful collection of heritage, culture, sports, education, business, nature areas, and coastline. In the 2012-2013 Season, Meadows "U" continues with a second season of "A Kaleidoscope II on Sarasota." This second series of lectures, workshops, and discussions focuses on the many aspects of what Sarasota has to offer.

#### Here's some "Food for Thought"...

Be sure to come on February 12 at 3:00 pm when Laurie Davis from Nellie's Deli gives her presentation about healthy, home-style meal options that are gluten-free, lactose-free, low sodium, or diabetic friendly. **Food For Thought** will help you discover new ways to bring savory take-out dishes to your table in just minutes—healthier, lightened-up foods, and presentation of an attractive table. There's even a Valentine treat waiting for you. No sign-up is necessary—just stop by at the MCA on Tuesday, February 12, at 3:00 pm and learn all about it!

#### The "Game" in "On!"

Then, on February 26, the Game is On! VISIST SARASOTA Sports Director Nicole Rissler will moderate a panel of local sports authorities who will discuss the wide array of sports opportunities in Sarasota. Whether you're a golfer, tennis

player, fisherman (or woman), or biker, Sarasota has something for you! And, that's only a sample of what's available. If you've got questions about sports in Sarasota, Nicole has the answers. So, come on down to the MCA at 3:00 pm on February 26 and get your *Game On!*

#### High flyin' in March

Famed aerialist Dolly Jacobs—often called "Queen of the Air"—will be here to talk about Circus Sarasota, The Sailor Circus, and her experiences



growing up in the circus. Dolly was born and raised in Sarasota. She comes from a family of circus performers—her mother performed and her father, Lou Jacobs, is considered one of the greatest clowns of all time.

Dolly and her husband, Pedro Reis, founded Circus Sarasota in 1997. That same year, she was inducted into the Circus Ring of Fame at St. Armands Circle.

In October of 2011, Circus Sarasota acquired the management of The Sailor Circus program, the longest-running youth circus in America. The Sailor Circus was founded in 1949 as part of the Sarasota High School gymnastics program and came under the direction and guidance of the Police Athletic League (PAL) of Sarasota County in 2004 before Dolly assumed management (see "About the PAL Sailor Circus: The Greatest 'Little' Show on Earth" in the September 2008 issue of *The Meadoword*).

You will not want to miss this opportunity to hear Dolly speak about her experiences growing up in a circus family and the creation of Circus Sarasota!

## Blood Drive



Live it • Love it • Share it

By Pam Campbell

Thank you to all the donors who participated in December's blood drive. It was a huge success. Because of the large turnout, we had several donors who had to wait some time, and I appreciate everyone's patience. Since February is usually our heaviest volume drive, I requested a second bus for the February 7 drive so the donating process can go smoothly.

I received the following information from the blood bank, and I am sharing it with our readers to emphasize the importance of donating blood... especially now.

The supply of both O Negative and O Positive, A, and B blood types has fallen to critically low levels at this time, and Suncoast Communities Blood Bank (SCBB) is appealing to the public for help. Anyone with these blood types is encouraged to donate blood to help restore the levels needed for scheduled surgeries, therapies, and emergency transfusions.

This year's flu outbreak, one of the worst in 10 years according to experts, is the major cause of this blood shortage. Children, the elderly, and individuals with compromised immune systems from cancer treatment and other primary illnesses are most susceptible to flu-related complications that increase the need for blood products. Conversely, the pool of healthy blood donors has been diminished because of the widespread impact of the flu in our community.

I look forward to seeing all my regular donors as well as new donors, who are always welcome and much needed. If you are a new donor, you will need to bring a picture ID with you when you donate blood. Thank you again for your support. I look forward to seeing you Thursday, February 7, 7:00 am to 1:00 pm.

# Koffee Klatsch

NEXT MEETING

Monday, February 11  
9:00 am

with Speaker

**Len Smally, MCA Manager**  
Meadows Community Association  
Speaks on "The Meadows Road  
Paving Program"

Doors open at 8:30 for coffee, donuts, and bagels



**Next Blood Drive**  
Feb 7 • 7:00 am to 1:00 pm





# Hope + Faith + Hard Work = an AMAZING LIFE

Lillian Lincoln Lambert

By Ginny Cardozo • Photo by Jim Young

Growing up in the small farming town of Ballsville, Virginia, there were more African-American families than white ones—but even as a child, **Lillian Lincoln Lambert** recognized that skin color was not the only difference. White farmers owned the best land while men like her father raised tobacco on smaller plots and struggled to provide for their families. Lillian’s parents, however, had hope and worked hard—traits they passed along to their daughter.

Her mother was unusual for her time: she had graduated from college, becoming a school teacher until family responsibilities took over, and she became a part-time cook and cleaner in the homes of others. Still, she encouraged Lillian to read and study hard, hoping that her youngest child might follow in her footsteps. Neither of them knew much about loans or scholarships; as third in her high school graduation class, both thought Lillian had missed her chance to go to college. Lillian, however, was growing more confident and was anxious to “spread her wings.”

With several family members living in New York City, Lillian moved in with her cousins, Rema and Rudy, and began work as a maid at a resort on Long Island. By the end of the summer, she found a series of jobs in the city using her typing skills, but soon realized they did not pay enough, so she returned to work as a maid—all the while thinking that “there must be more than this in my future.”

After two years, she reluctantly returned home, where her Aunt Alberta suggested she go to Washington, DC, where she might find better opportunities.

Lillian moved in with her aunt’s friend, Marie, and began another clerical job—this one requiring a long commute each day. Again, Marie helped by suggesting that Lillian take the Civil Service exam; soon she was working as a typist at the Veterans Administration, doing well, but still looking to find her real path to success. She also began to appreciate the importance of networking and the

assistance from others, as well as her renewed religious faith to her search for success.

During a chance meeting at a party, she learned about the DC Teachers College; she applied as a part-time student, carrying a full load of classes in addition to her day job. It was an intense schedule, but Lillian had a goal and was used to hard work.

When an opportunity and promotion opened with the Peace Corps, Lillian took it, relishing the chance to learn more about other cultures and thinking she might enjoy field work abroad. Still, she knew that her life would be better with a college degree, and after a long talk with her cousin, Rudy, she applied for financial aid at Howard University. Her manager at the Peace Corps arranged a schedule of work around Lillian’s program of classes. After one semester, with the support of her manager, she truly became a full-time student.

Once again, her eagerness and dedication was attracting help from others. A course titled “Introduction to Business” brought her to the attention of the instructor Professor H. Naylor

Fitzhugh, who became a major influence in her life. He encouraged her to major in business and later apply to Harvard Business School, where he had graduated. Although she had never considered it, he told her “People see things in yourself that you don’t.”

Following her Howard graduation, cum laude in 1966, Lillian took her Graduate Management Admission Test (GMAT), but weak math skills meant she had to try a second time. It was disappointing, but not a defeat. She worked at NASA in Houston, then back to a job at *The Washington Post* in DC—all the while studying.

In the fall of 1967, Lillian was accepted at Harvard—one of just 18 women in her class.

In June 1968, she met and married Roy Lincoln, who worked at the NLRB. The couple lived in Maryland during the summer while Lillian worked as a marketing analyst intern at Humble Oil.

In the fall she was back at Harvard while Roy remained in Maryland. Lillian learned more about herself and the impact the turbulent ‘60s had on American life in general. When she

graduated in 1969, Lillian became the first black woman at Harvard to do so! In 2003, Harvard chose her to receive the prestigious Alumni Achievement Award—the first woman *and* the first black woman to receive this honor. She was on her way to garnering many more “firsts” in her career!

When she began work after graduation, she describes the experience as being like “a game of chutes and ladders.” Some were in government, others in non-profits, even one as a stockbroker, but they were not always long-lasting or predictable. It was many years after graduation that she learned from other women classmates that they, too, found success elusive in the corporate world. As mothers, they also faced the familiar challenge of childcare versus job.

For Lillian, a fall-term teaching position at Bowie State College appeared to be the answer. Then a telephone call from a former colleague suggested that Lillian become a summer “consultant” for [the colleague’s] father’s cleaning business. It wasn’t long before Lillian’s many skills were put to the test with great success, and she was offered a full-time position. When she told her boss she felt obligated to fulfill her contract with Bowie, he agreed to work out a schedule to allow her to do both jobs.

With one infant daughter and a second on the way, it was wild even with household help. After one hectic year, she left teaching and for the next three years, applied herself to learning everything about the cleaning business. When it was suggested that she open her own janitorial services company, she decided to give it a try, converting her garage into an office. Centennial One was ready to go in October 1976. Her first contracts were with government agencies through the SBA; she eventually expanded into the private sector, a wise decision since the company outgrew the requirements of the SBA.

After four years in business, she received Maryland’s “Small Business Person of the Year” Award in 1981.

*Continues next page*

# SHE'S BACK!

By Popular Demand, **KYRA JOHNSON** has joined forces with **SARASOTA REAL ESTATE SERVICES, INC.**

Many of you already know **KYRA JOHNSON**

She managed your annual and seasonal properties during her 10-year tenure in The Meadows. SHE'S BACK—and, with her exceptional support team, will be providing an even higher level of customer care than you were previously accustomed to.

Kyra's 10 years of experience in the property management field, along with her extensive knowledge of The Meadows community combined with her "how can I help" attitude, makes her the perfect choice if you are looking for an alternative to the property manager you already have.

Kyra has been a resident of Sarasota and Manatee Counties for nearly 30 years. She has an eight-year old daughter, Reegan, who is the light of her life. Kyra volunteers her time at Stage Door Studios and with Reegan's elementary school PTO.



Call Kyra for all of your property management needs. She would love to hear from you!

SARASOTA REAL ESTATE SERVICES



**Kyra L. Johnson**  
Realtor®/Property Manager

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Fax: 941.379.0373  
Cell: 941.875.2331  
Kyra.SRES@comcast.net

3380 MAGIC OAK LANE SARASOTA, FL 34232

## Lambert, *continued from previous*

In 1995, she assumed the presidency of the Building Service Contractors Association International—the first woman to serve in that office. In 25 years, Centennial One grew to a \$20 million dollar company employing 1200 people, who flourished under the employee initiatives that Lillian established.

But, the business consumed her. When she married **John Lambert** in 1999, she wanted to spend more time with him and their blended family, so in 2000, she sold her company.

Now the couple divides their time between Mechanicsville, Virginia, and The Meadows, where they have owned since 2001. Lillian introduced John to golf, and both are enthusiastic players at The Meadows Country Club, where Lillian has been active in the 18-hole

LGA. Currently, she is a candidate for the TMCC Board of Directors.

During her business career Lillian was always ready to help other black women, recognizing they were not just a minority by color, but often because of the lack of opportunities available to all women. She spoke out, encouraging others to become entrepreneurs, and became a popular lecturer and role model. Locally, she has urged middle school students to work hard, go to college, and never give up. Her 2010 book, *The Road to Somewhere Better*, describes the ways she met her own educational and career challenges to become successful. Perhaps her own words say it best "...build a life from the inside out rather than from the outside in, and your life journey will be its own reward."

**March 7, 8 & 9, 2013**

**Preview Party & Sale  
Jazz Trio & Hors d'oeuvres  
March 7 - Thursday, 5 - 8 PM  
Admission  
\$15/person (at the door)  
\$10/person (in advance)  
(Ticket valid for entire show)**

**Show Dates  
March 8 - Friday, 10 AM - 5:30 PM  
March 9 - Saturday, 10 AM - 4:30 PM**

**Admission  
\$6/person, \$5 w/coupon**

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# Best Kept

## HOLIDAY AWARDS

By John and Susan Turner • Photos by Susan Turner

### Single-Family Homes

### Condominium Entrances

#### FIRST PLACE



The First Place Award went to Stephen Dzialo and Tanya Havlas of 5055 Marshfield Road. Every tree was decorated with Christmas ornaments. The center palm tree was also decorated and uplighted, and a Christmas tree shined brightly through the front window.

#### FIRST PLACE



First Place was awarded to Long Common. Angels were placed on both sides of the entrance and a bright star shined above the center island. The shrubs were covered with white lights.

#### SECOND PLACE



The Second Place Award went to Maurice and Joan Ballatore of 4501 Greencroft Road. Six lighted palm trees, a large Santa, trains, airplane, and snowmen made this a Christmas wonderland.

#### SECOND PLACE



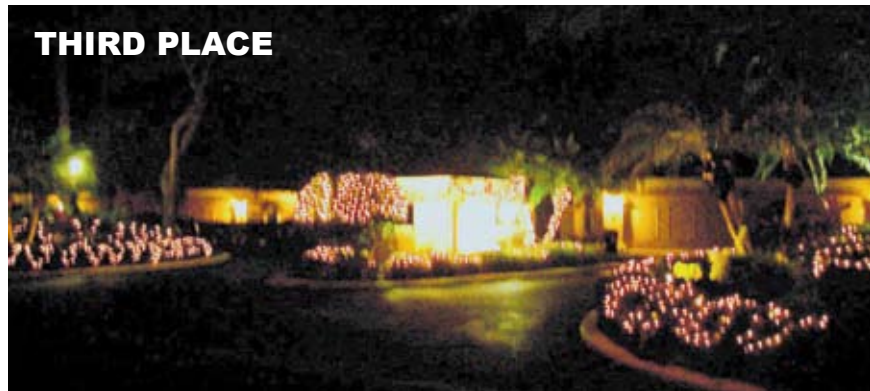
Second Place went to Penshurst Park. Stars were placed high in the palm trees in the center island at both entrances. The shrubs in the islands were also well-lit. In addition to the entrances, each pole lamp was decorated with lighted garland. The pool area shrubbery, which borders the road, was decorated and lighted with a tree on the deck.

#### THIRD PLACE



Third Place Award went to Robert and Joy Howes of 3417 Highlands Bridge Road. Beautifully lighted palm trees and shrubs decorated their lovely home.

#### THIRD PLACE



Third Place was awarded to Chanteclair. Both entrances were extensively lighted with small lights and Christmas trees.

### Homeowners Association Entrance (RIGHT)

The Homeowners Association Entrance Award went to Highland Oaks Homeowners Association. The entrance sign was decorated and lighted on both sides with multicolored lights. Frosty the Snowman waved a welcome to all.

#### HOMEOWNERS ASSOCIATION



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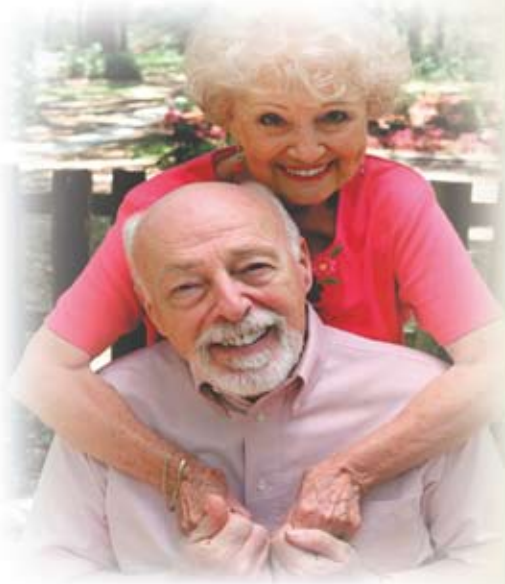
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## The Meadows Country Club Computer Classes Dickens Activity Center

Spring Series 2013 classes begin Thursday, February 14

Come join us for Computer Classes at the Dickens Activity Center. Classes are for all levels of ability.

No registration required—just come and bring your friends and neighbors. All welcome, but priority



seating is given to Club members. Be early if you want to use a battery-operated computer or iPad. Classes always start promptly. \$3.00 for Club members; \$5.00, guests. Comments or questions? Contact [DickensPcClub@gmail.com](mailto:DickensPcClub@gmail.com).

### Schedule of Classes

#### Thursday, February 14

10 am—"Basic Computer Skills"

Instructor: David Francisco. Windows or Mac—how to create, move, save, rename, delete, and find files; email etiquette; basic word processing skills.

1 pm—"Facebook" Instructors: Rebecca Jacobson and Rosemary Lindores.

Connect with family and friends on Facebook—its features, processes, and cautions.

3 PM—"Intro to The Mac" Instructor: Fred Jensen. Basics of Macintosh's OS X 10.7, "Lion" Operating System. Ties OS and iCloud into subject of the iPad.

#### Thursday, February 21

10 am—"Gmail & Google Calendar - Week 1 of 2" Instructor: Mark Duren.

Gmail Web-based email on Web browser and some other Google services and products.

1 pm - "iPhone Overview" Instructor: David Francisco and Rebecca Jacobson.

What to do with those icons on your iPhone; make the most of your cell phone. (iPhone 4, 4s or 5).

3 pm—"iPad: Beginner" Instructor: David Johnston.

Class 1 of 3: intro to wireless networks, settings, creating AppleID, external switches and buttons, downloads from App Store, and free tutorial on "SCO Tutor for iPad." (iPad Version 2, 3, or 4, iOS 6 ONLY)

#### Thursday, February 28

10 am—"Gmail & Google Calendar. Week 2 of 2" Instructor: Mark Duren.

Continuation of Week 1 (see February 21).

1 pm—"Picasa: Week 1 of 2" Instructor: Rosemary Lindores.

Picasa and Picasa Web Albums, organizing and editing digital photos, and creating online albums.

3 pm—"iPad: Beyond Beginner" Instructor: David Johnston.

Review of Class 1 (prerequisite); entering and updating contacts, using Mail, and Safari Internet Browser bookmarks and reading lists. (iPad Version 2, 3, or 4, iOS 6 ONLY)

#### Thursday, March 7

10am—"Intro to Windows 8 @ " Instructor: Mark Duren.

Windows 8 @ overview of new features using keyboard and mouse, and optional touch interface. Basic Windows experience helpful but not a prerequisite.

1 pm—"Picasa: Week 2 of 2" Instructor: Rosemary Lindores.

Continuation of Week 1. (See the February 28).  
3 pm—"iPad/ iCloud" Instructor: David Johnston. Class 3 of 3, review of Class 2 (prerequisite) plus taking and emailing pictures, introduction to iCloud, using the App Store and the iTunes Store, iMessage, notes and reminders. (iPad Version 2, 3, or 4, iOS 6 ONLY)

## Call Marilyn Maleckas

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**5410 CHAMPAGNE!** New kitchen, golf course views, active social neighborhood, 2 car garage... All for \$179,000

**4092 PENSURST PARK!** This is the villa you have been waiting for—over 2600 sq. ft., 3 bedrooms, high ceilings, oversized 2 car garage, golf and water views in prestigious Penshurst Park. Offered at \$410,000

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Sales in The Meadows are at the highest level since 2005, and, as your neighborhood real estate sales team, we are in



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# Library News

Glad to see some of our "old" books come home...

By Ginny Cardozo for the Library Committee

Happily, some of the books we haven't seen recently are coming back—along with a few current ones that have been donated to us by other generous patrons. And speaking of returning books, if the MCA Library is closed, please leave them **ONLY** in the box marked "Book Drop" outside the MCA building. If the box is full, we ask that you come back another time. One of our volunteers, **Doris Simmons**, gathered up books left during the recent holiday season; it was a great help, but she cannot do that every weekend.

One of our readers, **Howard Hochman**, has asked for help in sharing some of our duplicate hardcover books and puzzles with the men and women in our Veterans Hospital. We're very pleased to be able to support this project in addition to the paperbacks that **Cody Harrison** sends to current military personnel in Afghanistan and Iraq.

A **BIG THANK YOU** from all the volunteers to all our readers who make our library the special place to talk

about their favorite books and offer suggestions about new authors to read. Come on over... we're open when the MCA Community Center is open. No library card is necessary, but we do have a "six-book-not-all-by-the-same-author policy."

**New Life**  
Lutheran Church  
Sunday 9:30 am  
All Welcome

**Traditional Service** 9:30 am

**Country Gospel Service** 11:15 am

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Annette Funicello and many more that you came to know and love.

"HIGH ENERGY IS THE RULE OF THE DAY FOR THIS SHOW"

When: Friday, February 15, 2013

Where: 600 N. Beneva Rd. Sarasota, FL

Showtime: 7:30 P.M. Price: \$12.50 pp

Advanced Sales, Reserved Seating, Doors open 6:30 pm

Call Box Office for Ticket Sales 941-366-4449 ext. 320

Restaurant: Open 4:30 P.M.—7:30 P.M.

Please call for **DINNER RESERVATIONS**, 941-366-4449



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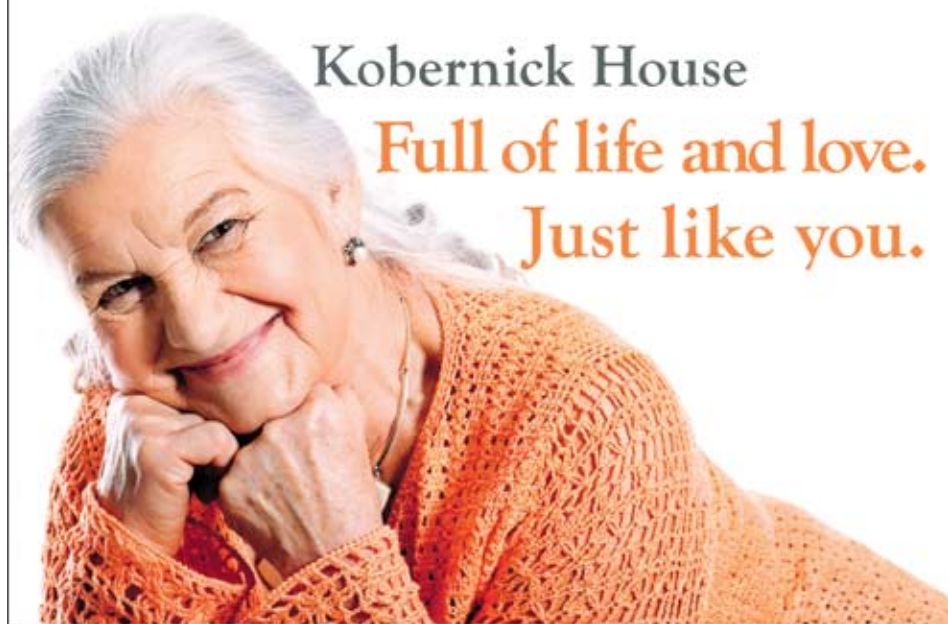
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Going away for a while? Read *The Meadow* online at <http://www.themeadowssarasota.org>

w w w . t h e m e a d o w s s a r a s o t a . o r g



# Attention SINGERS!

## The Meadows Chorus

Recruiting new members for next season!  
Begins **January 10** thru mid-April

Residency in the Meadows is *NOT* required. All men and women with choral experience are welcome.

---

**For information call  
Midge Somes, 377-1798**




# BINGO!

The MCA Community Center  
Wednesdays • 7:00 pm  
February 13 and 27  
March 13 and 27 • April 10

Doors open at **6:15 pm**; games begin at **7:00 pm**  
Bingo is for Meadows residents and guests  
accompanied by residents  
**NO SAVING SEATS!**

# Are You New to The Meadows? MCA Newcomers' Luncheon

*Come out and meet your new neighbors  
on MARCH 16—Noon*

Space is limited • Reservations Required  
RSVP by March 8 • Call 377-2300 or stop by the MCA  
The MCA Involvement Committee

Are you a newcomer to The Meadows in the last year? If so, you're in a great place to live, and we're really glad you're here!

Put **March 16, noon**, on your calendar for the **Newcomers' Luncheon**, sponsored by the Involvement Committee, at the MCA Community Center.

The luncheon is open to all newcomers within the last year who have not previously attended a Newcomers' Luncheon—but, space is limited, so reservations are required by **March 8**. To make reservations, call 377-2300 or stop by the MCA Community Center and sign up in person.

Come and meet your new neighbors and get the details on everything The Meadows has to offer. The Meadows offers a number of ways

to be involved—Crafts Group, Book Club, Library, Bingo, Mah Jongg, and Bridge groups. The Meadows "U" offers interesting seminars with knowledgeable guest speakers during the fall and winter season.

Community events include the Annual Photo Show and Competition this month on February 22 through 24 with the Concert in the Park on the last day, the Celebration of Fine Arts show in March, and the Annual Garage Sale and Annual Craft Sale in November.

Your Newcomers' Packet is a helpful resource for getting acquainted with the community and Sarasota area. Be sure to pick one up at the MCA.

We know you'll love living here and look forward to meeting you at the Newcomers' Luncheon in March!

**Sarasota Concert Association**  
presents the 2013

# Great Performers Series


at the Van Wezel  
Performing Arts Hall



**Tuesday, Feb. 12 • 8 p.m.**

## Vienna Boys Choir

The world's most acclaimed boys choir returns to Sarasota!



**Tuesday, Feb. 26 • 8 p.m.**

## James Ehnes, violin

Andrew Armstrong, piano



**Tuesday, March 19 • 8 p.m.**

## Beethoven Orchestra of Bonn

Stefan Blunier, conductor  
Louis Lortie, piano soloist



**Two-concert package:** Order two or more concerts and save over 25% off single ticket prices.

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The **Mona Lisa** Presents  
**"A Night in Naples"**  
With World-Famous Tenor of Illusions  
**JOE SPINELLA**  
**Thursday, February 7 • 5 & 8 pm** Seatings  
**\$35.00/person**—Includes appetizer, salad, entree, dessert (tax, gratuity, and wine not included)  
*By Reservation Only! Call 941-377-6562*



## February Events

### Golf

Feb 1, 11:00 am-3:00 pm—Demo Day in cooperation w/Edwin Watts Golf  
Feb 5—USA vs. International Ladies Tournament  
Feb 6, 3:30 pm—Mulligans and Martinis  
Feb 8—Scotch Scramble, 12:30 pm Shotgun  
Feb 10—GUEST DAY  
Feb 12 & 19—LGA President's Cup  
Feb 14—Think Pink! 10:00 am Shotgun  
Feb 16—GUEST DAY  
Feb 17, 12:30 pm—Valentine's Day Couples Tournament  
Feb 24—9 Hole Couple's Bash, 2:45 pm Shotgun

### Tennis

Feb 2—Ladies Tennis Fashion Show, Luncheon and Round Robin  
Feb 9—Tennis Sweetheart Round Robin  
Feb 18-23—USTA Super Senior Grand Prix  
Feb 27-Mar 3—Club Mixed Doubles Championships  
**Call The Tennis Pro Shop for Information 378-5265**

### Dining & Social

Feb 1 & 22, 6:00 pm—Tapas and Tinis, Regency Room  
Feb 3—Super Bowl, Centre Court Lounge  
Feb 7 & 21, 6:00 pm—Bingo, Regency Room  
Feb 12—Mediterranean Night, Regency Room, Reservations from 5:30 pm  
Feb 14—Seafood Buffet, Regency Room, Reservations from 6:00 pm  
Feb 16, 6:00 pm—Valentine's Day Dinner Dance, Regency Room  
Feb 19, 5:30 pm—Trivia, Regency Room  
**Call for Reservations 378-2135**

### Activities

Every Mon (excluding holidays), 5:00 to 8:00 pm—Game Night, Member's Lounge and Centre Court Lounge • \$5.00 Cheese Pizza  
Every Tue, 1:30-3:30 pm—Bridge with Barbara  
1st & 3rd Wed; 2nd & 4th Fri, 1:00 pm—Ladies Bridge, in the Dickens  
Every Tue, 1:00 pm—Men's Bridge in the Dickens  
Selected Wed, 4:00 pm—Bocce Ball



# Good Health

## Heart-to-Heart Ladies Lunch Forum

Saturday, February 2, 10:00 am to 2:00 pm—Women's Health Forum

You're invited to a ladies' luncheon featuring heart-to-heart discussions, health screenings, giveaways, exhibits, special door prizes, and more at the Polo Grill Ballroom, 10670 Boardwalk Loop in Lakewood Ranch Main Street (across the street from LWRMC). Here's your chance to speak with area physicians and healthcare professionals who can answer your questions about cardiology, dermatology, gynecology, internal medicine, nutrition, orthopedics, osteoporosis, and more. Reservations required; \$25 a person. To RSVP or for more information, call Jennifer Bryan at 782-2131.

## Wellness Lecture Series

All seminars are **FREE and held at Lakewood Ranch Medical Center in Conference Room 1 unless otherwise noted**. Space may be limited and registration is required. Call Direct Doctors Plus at 708-8100 to RSVP.

# Free Health Seminars



Information provided by Lakewood Ranch Medical Center

### February 12, 5:00 to 6:00 pm—Back Pain... Sometimes or All the Time?

Andrew Moulton, MD, a trained fellowship in Orthopedic Spine Surgery, of Sarasota Orthopedic Associates talks about minimally invasive surgical procedures and the different treatment options to relieve back pain.

### February 20, 5:00 to 6:00 pm—What's Causing My Arm Pain?

Join Chris Dillingham, MD, of Florida Orthopedic Specialists and Sports Medicine for a discussion on common arm problems including rotator cuff tears, tennis elbow, carpal tunnel, and more. A question and answer session will follow the lecture.

### February 21, 5:00 to 6:00 pm—Advances In The Treatment of Foot and Ankle Arthritis

Join Brian Rell, DPM, for an interactive lecture on the causes and the latest treatment options for patients suffering from both acute and chronic foot and ankle pain. Following the presentation, participants will have the opportunity to ask questions.

### February 27, 6:00 to 7:00 pm—Women's Health and Financial Wellbeing

Jennifer Swanson, MD, gives an informative lecture on women's health issues. Dr. Swanson will discuss menopause, hormonal replacement therapy, and bio-identical hormones. John Freeman, Associate Vice President of Raymond James

& Associates from the Lakewood Ranch branch, will discuss retirement planning specifically geared toward women.

## Healthy Focus Support Group 2013 Luncheon Series

The Healthy Focus luncheon series sessions are held at Lakewood Ranch Medical Center in Conference Room 1 from 11:45 am to 1:15 pm. Lunch is provided. Seating is limited, so reservations are necessary. For more information or to register, call Direct Doctors Plus at 708-8100.

**February 15—Sudden Cardiac Death Prevention** with Dr. Erick Calderon and a special guest.

**March 15—Getting to the Heart of the Matter** with Jan Froelich, RN, BSN.

## Support Groups

### Childbirth Education Classes

For course dates, times, and information, call 782-2229. Fees apply.

*Continues next page*

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The Level One Catheterization Lab includes a STEMI program that provides coronary interventions for patients who may be experiencing a heart attack.

**From diagnosis to recovery. Rehabilitation. Support groups. Lakewood Ranch is your hospital ... with your doctors ... for cardiovascular care.**

**For more information on cardiac services at Lakewood Ranch or to find a physician, call Direct Doctors<sup>SM</sup> Plus at 941.708.8100.**

## Lakewood Ranch Medical Center

8330 Lakewood Ranch Boulevard  
Bradenton, FL 34202  
941.782.2100  
www.lakewoodranchmedicalcenter.com



Physicians are on the medical staff of Lakewood Ranch Medical Center, but, with limited exceptions, are independent practitioners who are not employees or agents of Lakewood Ranch Medical Center. The hospital shall not be liable for actions or treatments provided by physicians.



LWRMC, *continued from previous*

**ALS Association Resource Group**

First Saturday of the month, 11:30 am to 1:30 pm, Conference Room 1. For information or to reserve a spot, call 1-888-257-1717, extension 130.

**Diabetes Self-Management and Education**

Monthly support groups and three-day educational classes are offered. For more information or to reserve a spot, call 782-2123.

**Heart Support Groups**

Healthy Hearts and Heart Device Support Group meetings are held on alternating months. For more information, call 782-2273.

**New Mom/Baby Group**

Meets Wednesdays, 11:30 am to 1:00 pm. Optional lunch is available, \$3.50/person. For more information, call 782-2229.

Flu season is here...  
and it's rough this year!

*Here are some things you can do to protect yourself*

**SOAP AND WATER**—Wash hands well with soap and warm water at least 20 seconds, including fingernails and under jewelry. Rinse and dry thoroughly with a disposable towel. Turn off the faucet with a disposable towel.

**ALCOHOL-BASED HAND SANITIZER**—Rub thoroughly over your hands, including nail areas and between the fingers until the product dries.

**SNEEZE AND COUGHS**—Keep your hands away from your eyes, nose, and mouth—unless you sneeze or cough; then cover your mouth and nose.

**SURFACES**—Wipe bedside tables, bathroom surfaces, and kitchen counter with a household disinfectant. Separate sick persons from others in your household, if possible.

**OBJECTS**—Avoid sharing utensils, cups, bottles, and so forth. —*American Red Cross*

# Natural Healing Center

*New Meadows Shopping Village practice uses natural remedies and proper treatment to support the body's ability to heal itself*

Doctors Deena and Joe Hackett's integrated practices at The Natural Healing Center, a new business in The Shopping Village, bring together years of expertise in their fields in helping people achieve optimum health. The Center is in Building A #4921 facing Ringwood Meadow on the left side of the walkway.

**Dr. Deena Hackett** is a Doctor of Oriental Medicine and licensed Acupuncture Physician. She received a Bachelor of Science degree in chemistry and biology from Radford University in Radford, Virginia, and is fully certified in Oriental Medicine.

Her experience in Chinese Medicine includes Chinese Herbology, Acu-Injection Therapy, and Facial and Body Rejuvenation. She specializes in advanced Natural Aesthetic Medicine Therapies. Skin rejuvenation using natural ingredients eliminates the risks and downtime of plastic surgery and comes at a much lower cost to the patient. Rejuvenation offers benefits for facial wrinkle reduction, expression lines, cellulite reduction, adiposity, and tissue tone treatment.

Dr. Deena's treatments include help with injury recovery and improvement of overall wellness

as well as B-12 injections. She also employs a weight management specialist to help you reach your desired weight for overall wellness and uses a combination of Lipo B (the fat burning shot) with acupuncture to achieve your goal.

**Dr. Joe Hackett**, Doctor of Chiropractic Medicine, earned a Bachelor of Science degree with Honors at Life University School of Undergraduate Studies, followed by a four-year graduate program for chiropractic at Life University Chiropractic School in Marietta, Georgia.

He is trained to evaluate and treat different conditions that fall into the chiropractic spectrum. Over the past 14 years, he has worked with patients in recovering from auto injuries and other conditions like migraines, neck and wrist pain, and back problems.


His philosophy is that bodies are created to heal themselves given the help of correct spinal alignment, proper exercise, and healthy eating habits.

For more information, visit <http://www.naturalhealingcenter23.com>, stop by, or call 377-4325.

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**Dr Deena Hackett** Doctor of Oriental Medicine

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# Walk for the Cure

Proceeds benefit Sarasota Memorial Hospital Breast Care Center

Lace up your walking shoes. Bring a friend. Come to The Meadows Fitness Center February 9 to "Walk for the Cure."

This one- and two-mile Walk for the Cure is cosponsored by the 9-Hole and 18-Hole Ladies Golf Associations of The Meadows Country Club.

Warm-up begins at 8:45 am; the walk starts at 9:00 am. It's a "fit thing to do," the scenery is great, and your donation of \$5 will benefit the Sarasota Memorial Hospital Breast Cancer Center.

The Meadows Fitness Center is located across the street from The Meadows Country at 3101 Longmeadow.

# Thieves Strike Goodwill

More than \$5,000 worth of tools stolen from maintenance

Thieves stole thousands of dollars of hand tools in January from three Goodwill Industries Manasota maintenance trucks. The intruders cut through the fence and broke into the trucks parked in the organization's facilities parking lot in Sarasota.

Bob Rosinsky, president of Goodwill Manasota, says the tools were not insured for theft and the organization is now facing a budget increase of more than \$5,000 to replenish the tools and repair the trucks. He condemns the act as "unconscionable" against a service-based industry that strikes at the community that Goodwill serves. "We're all victims of this crime," he says. "These thieves are preying on the good will of the Sarasota-Manatee community by stealing from a nonprofit that helps thousands of disadvantaged people in our community."

Rosinsky is hoping the community will "show its goodwill" through donations that will undo the harm that the theft caused. For information about donating to Goodwill Manasota, call 355-2721 or visit <http://www.ExperienceGoodwill.org>.

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Hours: Mon-Wed, 10am-4pm • Thu, noon-7pm • Fri, 10am-3:00pm • Sat, appointment only



## Columbus' Historical Ships Scheduled To Sail Into Manatee County

In fourteen hundred ninety-two Columbus sailed the ocean blue... and landed in The Americas quite by accident; he was sailing to Japan.

His fleet of ships included the *Nina*, *Pinta*, and *Santa Maria*. Replicas of two of these ships will dock at Regatta Pointe Marina, from April 4 through April 15, in Palmetto along their tour of the West Coast.

The *Nina* and the *Pinta* are full-size replicated versions of the ancient ships sailed by Christopher Columbus' in his search of the "New World." These floating museums are historically accurate ships and tributes to the voyage that set the course of Western society.

Columbus sailed the *Nina* (rumor has it, *Nina* was his favorite ship) across the Atlantic on his three voyages to the new world, beginning in 1492, more than 25,000 miles. The original ship was last heard of in 1501.

Its replica is the most historically accurate ship built.

The *Pinta's* replica was built in Brazil to accompany the *Nina* in her travels.

The ships, which will be open to the public from 9:00 am to 6:00 pm daily during their visit, are sailed by the Columbus Foundation of the British Virgin Islands. Come tour the vessels and see for yourself how it must have felt living in such tight quarters during the estimated two months-plus it took to cross during the historical voyages. Admission, \$8.

The Regatta Pointe Marina is located just across from downtown Bradenton on the Manatee River, immediately north of the Historic Green Bridge.

For more information about the exhibit and admission, contact *Phil@RegattaPointeMarina.com* or call 729-6021.

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# Mixon Fruit Farm Holds Orange Blossom Festival

*Wallendas perform at Mixon during Festival*

Mixon Fruit Farms is gearing up for their Orange Blossom Festival on March 2 and 3 with more than 80 crafters, plenty of food, and fun rides for kids.

But the big attraction during the Festival features the famous Wallendas, who will give three performances on both Saturday and Sunday. Students of several schools will also perform as well as The Star Fire Dancers and The Dr. Dave Band.

Visitors may even get to see a few tricks performed by the bear they see on the regular tram tour.

The free event is "something that everyone can enjoy," says Janet Mixon

**Mixon will host several other events in March, in addition to the Orange Blossom Festival**

On March 8, the Health and Business Fair features prizes, free screenings, the blood mobile, a

representative from Goodwill, the Shreading Company, and much more. On March 9, 15 local authors will sign their books from 11:00 am to 2:00 pm in the Groveside Market.

March 13 and March 20 feature two Fashion Shows with Bealls, and Irene's Resort Wear respectively. Guests will enjoy 50 minutes of wine tasting and instruction while magician Dallas Smith thrills the audience with his magic. Orange Blossom catering will provide the plated lunch.

The Yesterdaze Band performs on March 7 from 6:00 to 9:00 pm in the Pavilion and the Dr. Dave Band performs on March 21. A \$5 admission fee applies..

Mixon Fruit Farm is located at 2525 27th Street. East in Bradenton. For more information, call 748-5829 or visit [hppt://www.mixon.com](http://www.mixon.com) to see a calendar of future events.

## Cats in the Doghouse—

*Good cats gone bad*

The Cat Depot will host a lecture "Cats in the Doghouse—What to do when good cats go bad," given by Dr. Sherry Zenor on Saturday, February 23, from 11:30 am to 1:00 pm at the Cat Depot Education Center.

Dr. Sherry Zenor, a feline-exclusive veterinarian in Sarasota, will analyze the most common behavioral problems of house cats—the causes, management, and treatments. Dr. Zenor has more than 25 years of experience helping with cats both medically and behaviorally. She has also worked with Cat Depot's cats to improve and manage behaviors.

Registration fee is \$10. For more information or to register, call Corey at 366-2404.

*The Cat Depot is a 501(c)(3) nonprofit, no-kill, free-roaming facility dedicated to helping homeless*

*animals. The state-of-the-art center is known for its advanced technology, commitment to achievement, and the latest in shelter medicine practices and innovative programs. Cat Depot's mission is to save lives, find loving homes, and provide the resources and education to improve the destiny of homeless cats.*

*The facility, which is open seven days a week for visitors to visit, has more than 140 cats and kittens waiting for adoption, also has a Supply and Gift Store that specializes in cat supplies and unique gifts. The Cat Depot, located at 2542 17th Street in Sarasota, is open Monday through Friday from 11:00 am to 7:00 pm and Saturday and Sunday from 11:00 am to 5:00 pm. For more information, visit <http://www.catdepot.org> or call 366-2404.*

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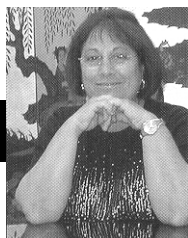
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## 36th Annual Pineapple Antiques Show and Sale

*Proceeds benefit Sarasota and Manatee charities*

Since its inception, the Annual Pineapple Antiques Show has donated \$375,000 to local charities. The show returns in March to the Sarasota Municipal Auditorium, located at 801 N. Tamiami Trail. Sponsored by the Rotary Club of Sarasota Sunrise and the First United Methodist Church Women, the show offers antiques, collectibles, crystal and glass repair, and more from 40 quality dealers as well as entertainment and door prizes.

Show days are Friday, March 8, from 10:00 am to 5:30 pm and Saturday, March 9, from 10:00 am to 4:30 pm. Admission, good for both days, is \$6 (**\$5 with the Pineapple Antique Show ad on page 21**). A Sale Preview Party on March 7 features jazz entertainment, appetizers, and beverages from 5:00 to 8:00 pm (\$15 a person; advance tickets, \$10 a person). For more information or to purchase tickets, call 928-2817 or visit <http://www.Firstsrq.com>.

## Sea Lion Web Cam Goes Live at Mote



If you are passing the time of day and happen to think, "I wonder what the sea lions are doing at Mote," now, you can check in and put your mind to rest. Mote Marine Laboratory recently debuted its Web cam focused on Stella, Rose, and Kitty this month on the Ticket Sarasota page, powered by *Herald-Tribune* Media Group at <http://ticketsarasota.com/sealions/>, for a limited-time exhibit running through April 28—Sea Lions: On The Water's Edge. Be sure to visit the page at 11:30 am, 1:30 pm, and 3:30 pm when the sea lions take part in daily narrated presentations.

Preview the action, then come see the sea lions up close and personal at The Aquarium at Mote, 10:00 am to 5:00 pm daily at 1600 Ken Thompson Parkway in Sarasota. Learn more at <http://www.mote.org/sealions>.

## Big Cat Habitat

*Fundraiser to be held through February 24; proceeds support exotic and other animals needing a permanent home*

Information provided by Big Cat Habitat

### The Big Cat Extravaganza is back!

Big Cat Habitat and Gulf Coast Sanctuary—a nonprofit, safe haven for big cats, bears, and other animals in need—will hold its annual Animal Extravaganza fundraiser with shows every weekend through February 24. The Habitat will also be open regular hours, Wednesdays through Fridays from 12:30 to 4:00 pm with an animal demonstration at 1:30 daily, during the Extravaganza, so visitors can see the Habitat's lions, tigers, and other animals as well as enjoy the petting zoo and take rides on the elephant, camel, and ponies.



The Extravaganza features entertaining and educational animal demonstrations with talented animal performers from around the state, including the Habitat's own lions and tigers. The Habitat cats are trained by Clayton Rosaire using a combination of gentle handling, praise, and treats. Other performers include David Rosaire and his Perky Pokes, Elian Rosaire with camels and a beautiful Andalusian stallion, and a variety of other animal performers who will vary each weekend.

On Saturdays and Sundays, the gates open at 12:30 pm and close at 3:30 pm. The two-hour animal demonstrations begin at 1:30 and 4:30 pm on Saturdays and Sundays.

The Animal Extravaganza is the habitat's largest fundraiser with funds raised going to provide for the care of Big Cat Habitat's exotic and other animals that traditional animal shelters will not take.

For more information, visit <http://www.BigCatHabitat.org> or call

371-6377. The Habitat is located at 7101 Palmer Boulevard in Sarasota. Admission donations—\$18 adults and \$7 children age 12 and under—are

available at the door or in advance from <http://www.BigCatHabitat.com>.

### About Big Cat Habitat

*Big Cat Habitat and Gulf Coast Sanctuary is a nonprofit safe haven founded by Kay Rosaire, who has more than 30 years experience working with, and caring for, exotic animals. She began rescuing big cats in 1987. Big Cat Habitat provides education to the public to foster appreciation for the animals and to impart the importance of habitat preservation.*



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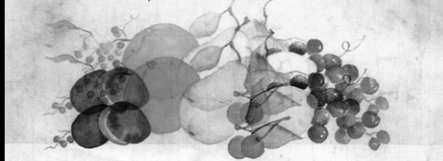
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# Riverview High Kilties Perform Annual Sousa Concert

The Riverview High School Kiltie Band will perform the music of John Philip Sousa during its annual Sousa Concert on Friday, February 1 at the Riverview Performing Arts Center at RHS, starting at 7:00 pm.

Known as the American March King, Sousa is considered by many to be America's most beloved bandmaster. His music has held enormous popularity for generations since it was first written and performed in the late 19th century.

The Kilties will perform, in full Scottish attire, many of his best known pieces, including *The Washington Post*, *King Cotton*, and *The Stars and Stripes Forever*.

Kiltie Bank Director Mark Spreen says the Sousas Concert has been the Band's most popular for many year and is likely to draw a large crowd.

A \$5 donation will be collected at the concert. To reserve seating for larger groups, contact Miriam Thompson at 539-5383 or [miriamdenver@netscape.net](mailto:miriamdenver@netscape.net).

# Fantacized About Singing *The National Anthem* at a Ballgame?

*Here's your chance—audition to sing at Pirate's Spring Training*

The Pittsburgh Pirates will hold National Anthem auditions on Saturday, February 9 from 8:00 am till noon at the Pirate City Dining Hall, located at 27th Street East in Bradenton.

The auditions are open to anyone interested in singing *The Star Spangled Banner* at McKechnie Field prior to a Pirates Spring Training game.

There is no pre-registration for auditions—auditions will be conducted in the order that people sign up.

All auditions are a cappella, no longer than two minutes in length. Contestants who wish to sing the Canadian National Anthem before the Pirates game vs. Toronto on March 13, are also welcome to audition using that selection.

Pirates employees will supervise the auditions and determine which performers are invited to fill open spots in the Spring Training schedule.

The Pirates will play 18 home games at McKechnie Field, beginning with the Black and Gold intrasquad game on Friday,

February 22. For Season, group, or Special Weekend Packages, call 747-3031 or visit <http://www.Pirates.com>; single game tickets are available at the Field Box Office, 877-893-2827, or <http://www.Pirates.com>.

For more information about Pittsburgh Pirates Spring Training or National Anthem auditions, call 747-3031, visit <http://www.bradentonmarauders.com>, or email [MaraudersInfo@Pirates.com](mailto:MaraudersInfo@Pirates.com).

# Powerful Pipes at First UMC

First United Methodist continues its inaugural season of "Powerful Pipes," part of the Music Fine Arts series, on February 19 at 7:00 pm with an organ recital by Kenneth Drake. Drake, one of New York City's most celebrated organists, is the organist and choir director at New York City's Marble Collegiate Church, the landmark church where Norman Vincent Peale, author of *Power of Positive Thinking*, preached. First UMC is located at 104 South Pineapple Avenue in Sarasota. A donation of \$10 is requested. For more information, call 955-0935 or visit <http://www.firstsrq.com>.

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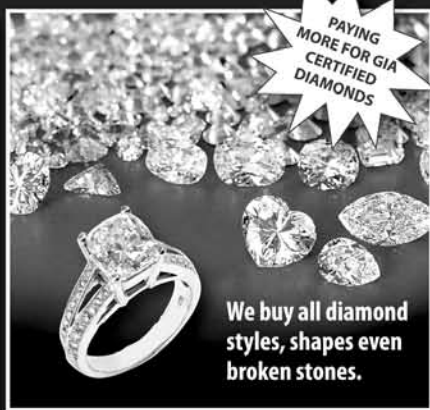


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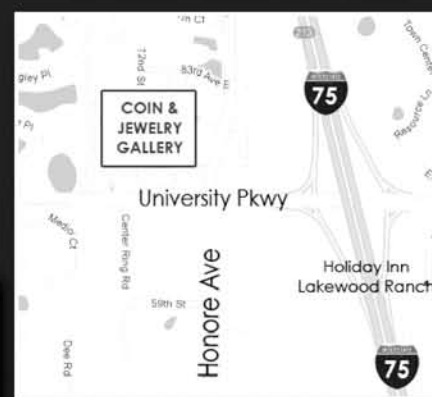
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# Memoirs and Life Writing Group

*Describing significant events that happened in your life and hearing the same from others is what The Meadows Memoirs and Life Writing Group is about*

By Bob Barnett—Memoirs Coordinator

At the first 2013 meeting of the Memoir and Life Writing Group, two writers conveyed fond memories by describing the setting where the events took place. Including details about the setting where events occurred is one way in which memoir writers can make their stories come alive for readers. But providing enough detail so that readers can “see” the place without making the piece a boring list of facts

requires a deft touch. Making details of the setting part of the action or using them to help define a character are two techniques that writers can use to achieve the right balance.

**Phyllis Koppel** takes us on a trek through the snow as she chronicles her reactions to her surroundings as a new skier. **Jack Cunningham**, who plans to structure his memoir around the many houses where he lived as a

child with a chapter for each of a dozen houses, begins his story in the first of these homes. With a few details, we can picture the neighborhood and learn a lot about his neighbor, Mr. Spoor.

The next meetings of The Meadows Memoirs and Life Writing Group are February 4 and 18 at 10:00 am at the MCA Community Center. New members are always welcome. We look forward to seeing you there!

*The Meadows Memoir and Life Writing Group meets on the first and third Mondays each month at 10:00 am at the MCA Community Center and will continue to meet through April 2013. At each session, members bring a short piece they wrote to read to the group or just come to listen and discuss the writing.*

## Pine Street

By Jack Cunningham

My family moved often when I was a child. We moved so often that I can't remember the number of houses where we lived. It felt like we lived in some kind of a Parade of Homes.

In the 1930s when I was three, we moved to Pine Street in Meadville, Pennsylvania, a small town of 18,000 people located 30 miles south of Erie. Meadville's downtown was built on the flood plain of French Creek to take advantage of the flat land. The railroad station, high school, and the oak and elm-filled town park, complete with bandstand for summer concerts, were there on the flat land where the streets began.

Like the other streets of Meadville, Pine Street soon climbed into the hills. Lined with comfortable middle-class two- and three-bedroom homes, the street ran past the new Talon Fastener Plant. Known by natives as the “Hookless,” Talon Fasteners were becoming the closure of choice on men's trousers and “zippers replacing buttons” sheltered Meadville from the depression gripping the nation.

Our home was one block from

the end of Pine Street just before the paved streets ended. My best friend, Arthur Spoor, lived across the street in a big red-brick house with a front porch, where we spent many days pretending to be in school under the stern eye of his sister, Ester. Ester took the task of bringing education to her younger charges very seriously. In fact, I can't remember ever having a sterner teacher since.

There was a maple tree in the front yard that Mr. Spoor was always pruning and shaping. His garden was a thing of beauty. Each line of lettuce, carrots, and beans was sowed following a taut string and when they came up, the rows of vegetables were as straight and true as any I have ever seen since.

In the corner of the yard was a small grape arbor that had an overhead trellis where vines formed a shady canopy from the summer sun. Mr. Spoor had a large white crock with tubing or something where Arthur told me his dad made his own wine from the grapes. There were always a few bottles on the shelves inside the fruit cellar.

## Yearning for Snow from Sunny Florida

by Phyllis Gordon Koppel

Our family began cross-country skiing because it seemed easy and less expensive—no lift lines to contend with and no fees. At first, we got second-hand equipment and experimented near the house at parks and school yards, but eventually, we bought our own skis, poles, and boots and tackled real trails.

Our skis were bright yellow with indigo trim, very slick, sleek, and long. To get the correct length in cross-country skis, I had to lift an arm above my head since skis are measured from the floor to the wrist. With my husband at 6'5" and me at 5'9", our skis were super long. Our daughters were only eight and five years old at that time, so their skis looked like little toothpicks in comparison.

We piled into our big, red Mercury Marquis with our new skis stretching from the trunk through the opening behind the back seats up to the space between the two front buckets. Soon we arrived at what would become our favorite skiing

location, Cummington, Massachusetts, in the foothills of the Berkshires and were sliding along deep into the woods and meadows. Step, glide, step, glide I went—almost like ice-skating but on pre-groomed parallel trails. I learned that I shouldn't have worn a heavy winter jacket because after five minutes, my body was very hot and sweaty.

I glided on pristine white snow, glistening like diamonds in the early morning sunlight. It was heaven!

Then I came to a curve followed by a downhill run. Going downhill on skinny cross-country skis was exhilarating, but required agility and balance that I didn't have. Turning quickly at the bottom, I tottered on my left ski with my right leg flying out of the tracks before I fell hard on my side.

Getting up wasn't any easier. First, I had to maneuver the skis parallel in front of me, turn at the waist, and use the poles to pull myself up. At 33, I was able to do it, but even then I realized I needed to work on my arm and leg strength. After righting myself, however, I faced another obstacle—going uphill. Another incentive for getting stronger. To go up, I had to plunk each ski diagonally, one slanting right, the other left, herringbone-fashion, while using the poles to move forward. My arms and legs cried out in pain.

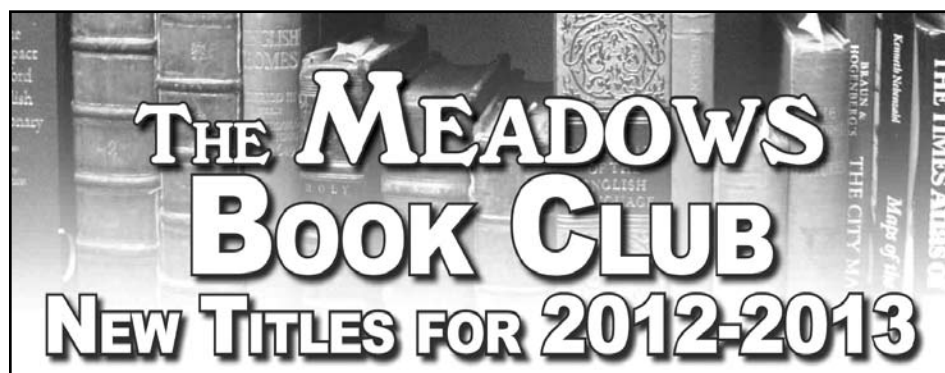
But, after a half day of gorgeous skiing, we reached a meadow. The quiet of the woods and meadow enveloped me in a sense of peace and wonder. The only sounds were the shush of our skis and an occasional twig snapped by a squirrel scampering about. It was so beautiful and serene that I felt compelled to recite Frost's *Stopping by Woods on a Snowy Evening*.

*Whose woods are these?*

*I think I know.*

*His house is in the village though.*

*He will not see me stopping here to see his woods fill up with snow...*

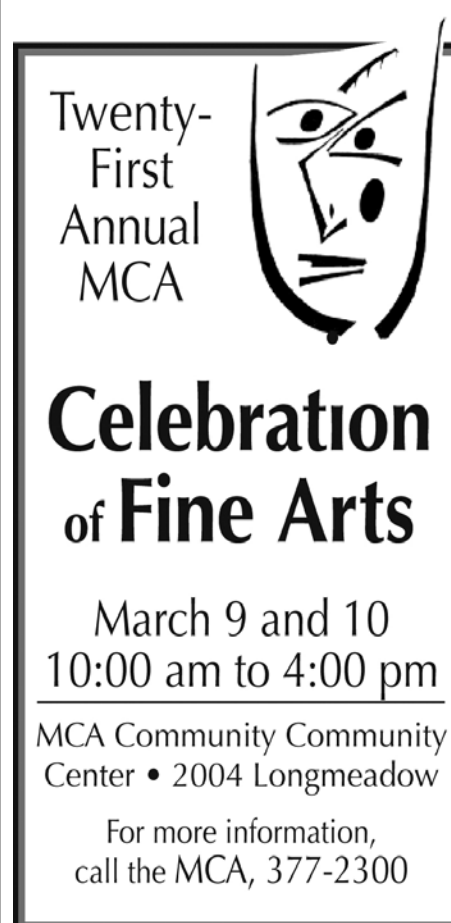


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| Date   | Title and Author  | Leader          |
|--------|---|-----------------|
| —2013— |   |                 |
| Feb 13 | <i>The Glass Room</i> by Simon Mawer                    | Stephanie Louis |
| Mar 13 | <i>Luncheon &amp; New Book Selections</i> , (11:30)     |                 |
| Apr 10 | <i>Hiding in the Spotlight</i> by Greg Dawson           | Eva Talbert     |
| May 8  | <i>The Elegance of the Hedgehog</i><br>by Michael Dirda | Chalise Bourque |



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**SERVICES**

**JEROME'S COMPUTER SERVICE:** 20 years computer experience, computer service, repair and PC maintenance. Jerome Focose 941-321-9195 Servicing The Meadows for 6 years.

**DOES YOUR PET NEED CARE** when you're not there? I'll provide reliable loving care daily/over night, your home or mine. Experienced Meadows resident. Many reasonable rates/ references. Will also check homes while residents are away. Call Kate 371-6862

**HOUSECLEANING BY CARLA** 941-894-9262. Affordable, reliable & honest. Meadows references. Most 2BR/2BA rate is \$65.00. 941-894-9262

**IT IS NOT TOO LATE TO LEARN THE COMPUTER.** Call Elinor, a teacher that comes to you with 30 years experience. 586-5689

**CLEANING WITH A SPECIAL TOUCH!** Honest dependable - low rates. Call 941-355-4574

**PRESSURE WASH PRESSURE WASH PRESSURE WASH** Any size job. Roofs to the sidewalks. Meadows resident - call Dan 941-993-2139

**CAREGIVER/COMPANION:** Laundry, ironing, light cooking, light cleaning, running errands, shopping, doctor's appointments, assist with bills and medications, out to eat, etc. Prefer to drive your car but can also drive mine. I also do pet sitting in your home only. Take care of your home in the summer months for snow birds. Available weekdays, evenings, overnights and weekends. Seasonal/year round. Many years of experience. Have been a Sarasota resident for 23 years plus, Amish background. Honest dependable, caring heart, references available. Call Ruth at 941-266-2115 to set up a schedule. Prefer cash only.

**EPOXY PAINTED GARAGE FLOORS:** FREE, clutter removal from garage with the purchase of our epoxy floor coating. Garage organizers also available. Carl Sferra (Meadows resident for 15yrs.) Slide N' Hide Garage Storage 941-350-4835

**HOUSEKEEPER AND/OR CARETAKER:** 20+ year's experience in Sarasota. References furnished. Call 377-6736

**SERVICES**

**IN-HOME CARE:** Licensed CNA with openings, excellent references and referrals in The Meadows and surrounding area. Meals, light housekeeping, doctor appt's, etc. 18yrs experience in all phases. Please call Marcia 941-536-7313.

**"DAN THE HANDYMAN"** Professional painting interior/exterior, ceramic tile and electrical. Pressure washing roofs, lanais and driveways. Mailbox repair and/or replacement. No job too small. I will beat any professional written estimate on any job. Reasonable rates - Meadows Resident. Call 941-993-2139

**LICENSED CNA** (10 years + experience) Loving Care for Geriatric Population: Excellent home-cooked meals, light housekeeping, shopping, transportation and errands, light exercise and escort on walks, linen change - laundry, assist with bathing, grooming. Does not include physical transfers/heavy lifting. Assist with medications. Will provide loving companionship and conversation. Not an agency, excellent references - phone 941-567-4909 or cell 941- 201-2123

**HOME SWEET HOME CLEANING:** Sparkling Clean Service - You'll love to come home! References upon request. Please call Jeanne 941-726-4740

**GARDEN & COURTYARD LANDSCAPING:** Time for a landscape cleanup? Desire a variety of pretty plants and flowers? I have 14 years experience working in The Meadows. VICTORIA'S GARDEN LANDSCAPING 941-350-2566

**PROFESSIONAL PAINTING CONTRACTOR:** 35yr business in Ohio. We do it right the 1st time. Meadows Homeowner and Resident. Interior, Exterior and Repairs. Insured. Local references. Home 941-487-7748 Cell 330-827-1636

**TV REPAIR - Call Dan 941-993-2139**

**ARNIE'S SCREENING SERVICE:** Rescreening all types of enclosures. Pool cages, patios, lanais, windows and doors. Using only quality materials. No job too large or small. For free estimate call 941-993-4023

**RN FOR OVER THIRTY YEARS:** Meadows resident, employed full time in Meadows for over three years. Excellent references. No agency. Minimum to maximum care AM/PM. Please call Karen at 941-706-1917. My goal is to keep your loved one at home.

**LB'S AUTO REPAIR:** A.S.E Certified; Licensed 941-371-0846

**SERVICES**

**LET ME HELP!** Now is a great time to organize closets and clean up cupboards, storage spaces and garages. Experienced, reliable and fun! Meadows references. Call Amy Zeusler @ 941-364-8071

**SHARON'S CLEANING SERVICE:** Detailed cleaning at its best. Residential & Commercial. Licensed & insured with 28 years experience. 941-296-5048 Free Estimates

**AWESOME CAREGIVER:** Hospital background, 18 years experience in Dementia, Alzheimer's, housekeeping & transportation. New clients - 1st 2 hours FREE. Call 320-4578

**PAUL THE PAINTER - Interior, exterior.** Neat and tidy. 32 years in business. Cell : 941-400-9871

**DANIEL LENZ LANDSCAPING:** Not only specializing in landscape design, full maintenance, one time cleanup and hand pruning. Mulching, rock, yearly cleanup, untouchable quality for the best price. Licensed and insured. 20 years experience. Free Estimate. 941-376-1920

**CLEANING SERVICES:** 20 years experience. Quality work, many references. Call Suzi Lenz 941-780-9049

**MOBILE AUTO DETAILING WE COME TO YOU!** Professionally serving and satisfying Meadows residents for over 10 years. From washing to detailing, RIDE ON DETAIL, INC. is your company. Meadows residents receive \$25.00 off a full detail. To schedule an appointment call 941-371-0780 or visit us at www.sarasotaautodetailing.com

**ACCOUNTING PROFESSIONAL WITH CPA:** Will prepare your income taxes for 2012. Will pick up and deliver your return. Please Call 941-377-3260

**TIRED OF PAYING FOR CLEANING** that doesn't get done? Call today for a quote. Thorough and professional cleaning at competitive prices. Taylor Maid Sarasota 941-302-7187

**RESTORE YOUR DIRTY GROUT.** Make your grout like new. We clean and then seal. Call for free estimates Ashdown Flooring Inc. 941-761-2953

**PAUL THE PAINTER - Interior, exterior.** Neat and tidy. 32 years in business. Cell : 941-400-9871

**LIGHT HOUSEKEEPING & COOKING,** paperwork, organizing. Free interview. Introductory rate on 1st visit. Reasonable rates. Meadows References. 941-928-7643 - Joy

## Classified Ads for the **MARCH** issue of *The Meadowd* are due **TUESDAY, FEBRUARY 12**

For More Information, Call the MCA Office, 377-2300,  
or email [administration@meadowsca.com](mailto:administration@meadowsca.com)

Ads cost \$4.00 for ten words and \$.10 for each additional word.  
Submit copy with payment on or before the 13th of the month  
prior to publication. If the 13th falls on a weekend or holiday,  
ads are due the Friday before.

**CLASSIFIED**

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Classified ads for *The Meadoword* cost \$4.00 for ten words and \$.10 for each additional word. Classified copy must be submitted with payment on or before the 13th of the month prior to publication. If the 13th falls on a weekend or holiday, ads are due the Friday before.

**SERVICES**

**TILE-TILE-TILE:** Professional ceramic & porcelain tile, installation and sales. Free estimates, many Meadows references. Call Neil 726-3077

**TINA'S CLEANING** at your service we do all the rest. Honest, reliable, dependable & always on time. Call for free estimate. 10% discount for first time customer. Lots of references at The Meadows. 316-0576/228-6525

**PET CARE:** Daily visits or overnight, dog walks, vet visits and errands. Giving lots of love and attention! Debbie 284-5088

**HANDYMAN SERVICES:** repairs, kitchen & bath remodels. Tile & hardwood flooring, painting, popcorn removal. 30 years construction experience. Meadows references. Call Doug 941-266-6560

**BELLA HOME SERVICES:** Home pampering services to accommodate your needs. Routine or periodic home cleaning for residents and renters alike. Moving in, moving out? Need a detailed clean to include interior and exterior cabinet cleaning, organizing and stocking your kitchen and bath pantries, making beds, appliance cleaning, making beds, or other home papering projects. Call Tina for an estimate. 941-302-4640 Your business is my blessing!

**PERSONAL CARE SERVICES:** Personal care, moving assist, appointments, errands, decluttering. Call JoAnn Sanford, RN, Meadows resident. 508-280-9195

**SERVICES**

**TAX PREPARATION BY CPA** Meadows resident. Will make house calls. 941-379-6400

**JONES HANDYMAN SERVICES** HOME REPAIRS & REMODELING: drywall, painting, tile, screening, ceiling fans, minor plumbing, fencing, power washing & more. For all general repairs inside & out! Licensed. 30 Years experience. Meadows references available. Bill 941-724-0952

**CITRUS** spraying, fertilizing, pruning & planting. Experienced licensed, insured. BACKYARD CITRUS CARE 925-1999

**WINDOW & PRESSURE CLEANING:** Nick, from Nick's Block 5 is a local teacher. He and his staff specialize in Residential Window Cleaning and Pressure Cleaning Services. New service...Low Pressure Roof Cleaning. Call for your free estimate today! 941-538-8072

**PROFESSIONAL GUARDIAN:** Case Manager, Health Care Surrogate, Power of Attorney, Personal Representative and Advocate for Elderly and Special Needs. Bonded, Patient, Compassionate. Please call SueAnn Sanders, National Certified Guardian, Notary. 941-915-3797.

**DRYER VENT CLEANING:** Owned by retired NYPD Police Officer. Clothes not drying? It's not the dryer...it's the VENT! Prevent dryer fires, extend dryer life. LINT HAPPENS! Call SUNSHINE DRYER VENT CLEANING @ 941-224-3606. Licensed & insured. www.linthappens.com

**SERVICES**

**LET ME HELP** with your errands, organizing, light housekeeping, decluttering, home watch, and more. Great rates, reliable service, Meadows references. What do you need done? Call Amy @ 941-364-8071

**CAREGIVER/COMPANION:** Caring for All Ages - transportation services, errands, light housekeeping and laundry, meal preparation, diet planning, exercise training, loving, reliable, references, available daily. Call Jodi 941-266-6823

**WATCH YOUR CONDO OR HOME** while you are away. Organize and declutter, staging and downsizing when moving. Licensed & bonded. Meadows references. Renee 376-1472

**DONNA'S HOUSECLEANING & HOMEMAKING:** 12 years in Meadows. New openings. 928-1889

**FURRY GODMOTHER PET CARE:** Reliable and professional care for your furry friends. Offering mid-day dog walking during your long days at work or if you are simply unable to exercise your pet enough. Vacation visits, overnight stays, vet visits for kitties too. Licensed, insured, long time Meadows resident. Set up your free consultation today. I would love to talk with you. Call 228-4813.

**SEAMSTRESS:** Experienced seamstress, reasonably priced, excellent work. Call Lois at 907-0177

**ARNIE'S HANDYMAN SERVICE:** Certified Home Inspector, all phases of home repairs, wholesale distributor of walk-in-bathtubs, no job too small. Call me first 941-993-4023, licensed and insured

**COMPLETE CARE:** Non-medical and Medical. Errands, homemaking, transportation, medication supervision, meal preparation. Also medical staffing available 24/7. Call 377-4465 for more details or visit our mobileonline website @ EldercareSarasota.com. Lisc. #30211372, Bonded and Insured.

**SERVICES**

**"GARDENS BY ALLISON"** Won April 2012 best kept garden award. Do you need an extra set of hands, facelift for your garden, butterflies and hummingbirds. Summer/seasonal management? No job is too small; planting, mulching, weeding, raking leaves, maintenance, landscaping. Meadows resident. References. Call 941-378-9044

**COMPUTER TECH SUPPORT:** Hardware and software problems repaired. Upgrades, networks, internet, virus and spyware removal, etc. Navy trained electronics. Tech Veteran. Phone 941-225-0046

**ADULT WILL DRIVE** your vehicle anytime, anywhere in the US/Canada. References available. 941-312-5590

**CLASSIC CLEANING BY COCOA:** Meadows resident, 30 years experience, bonded & licensed, references. Please call Cocoa 377-2538

**UNCLUTTER YOUR GUTTERS** Keep your roof looking new. I can do that for you. I have a home in the Meadows too. Call Mike 377-2538

**PLUMBING:** Austin Plumbing - Master Plumber with 45 years experience. Licensed and insured. Backflow certified. Call Wayne @ 320-3986

**WANTED**

**USED GOLF CART** for Meadows resident. Call Dan 941-993-2139

**TO RENT:** Mature Woman seeks long term unfurnished condo/villa. Phone 941-228-7758.

**TO RENT:** Long-term, a home or villa unfurnished. Ownership care. 2 bedrooms plus. We are 25-year Meadows residents downsizing but wishing to stay in the area, 941-371-5312

**TO BUY** classic cameras and lenses from the 50's and 60's. Leica, Zeiss, Voigtlander, Nikon, and Canon. Instant cash, call Gary @ 377-1913.



**Activities & Events**

**—2012-2013 Meetings & Activities—**

**Ongoing**

- Assembly.....3rd Wed, Sep thru Jun, 7:00 pm; speakers TBA
- Bingo .....2nd & 4th Wed, 7:00 pm, Jan thru Apr
- Book Club.....2nd Wed., 2:00 pm, Oct thru May
- Ladies Craft Group .....Every Wed, 9:00 to 11:00 am, year-round
- Memoirs.....1st & 3rd Mon, 10:00 to noon, Jan thru Apr
- Pillows .....Every Fri, 9:00 to 11:00 am, Oct thru Mar
- Koffee Klatsch .....2nd Mon, 9:00 am, Nov thru Mar; speakers TBA
- Meadows "U" .....Oct thru Apr; times & topics TBA

**—Events 2013—**

**February**

- Photo Competition .....Fri, Feb 22, Sat, 23, & Sun, 24, & Show 10:00 am to 4:00 pm
- Concert in the Park.....Sun, Feb 24, 1:30 to 3:30 pm

**March**

- Celebration of Fine Arts .....Sat, Mar 9 & Sun, 10, 10:00 am to 4:00 pm



*The Meadows*  
**Memorial Garden**

*with its serene, natural setting...*

*is the perfect place to memorialize your loved ones. Any Meadows' resident, past or present, can have an engraved, granite plaque placed on the Memorial Wall.*

To find out more about the Garden or to order a plaque, contact The **Meadows Community Association**, 941.377.2300, or email [mca@meadowsca.com](mailto:mca@meadowsca.com)

# The Meadow

## COMMUNITY EVENTS—ALL EVENTS ARE AT THE MCA

### Assembly of Property Owners

February 20, 2013 • 7:00 pm

Doug Domino, General Manager, Meadows Country Club



speaks on the "Benefits a Country Club Offers to Its Residents"




ALL DELEGATES ARE ASKED TO ATTEND AND SIGN-IN ON ARRIVAL

Open to all Meadows residents—Plan to stay afterwards for a brief meeting and cookies and coffee

### Koffee Klatsch

Monday  
February 11, 2013, 8:30 am

Coffee 8:30 am • Program 9:00 am



February's Speaker is...

**Len Smally**

Manager, MCA

"The Meadows Road Paving Program"

### Lifelong Learning MEADOWS "U"



### February 12, 2013 • 3:00 pm "Food for Thought"

Laurie Davis from Nellie's Deli will help you discover new ways to bring savory take-out dishes to your table in just minutes. Gluten-free, lactose-free, low sodium and diets for diabetes. Even a Valentine treat.



### February 26, 2013 • 3:00 "Game On..."

A look at sporting opportunities in Sarasota. Nicole Rissler, director of Sports for VISIT SARASOTA will moderate a panel of local sports authorities to discuss the incredibly wide array of opportunities to participate in sports in Sarasota—from golf and tennis to fishing and biking talks about many places suitable for a "day away from The Meadows."

PHOTO SHOW  
February 22-24  
10AM-4PM



Concert in the Park Feb 24, 1:30 pm  
with Betty Comora's "Happy Jazz Band"



Twenty-First Annual MCA






### Celebration of Fine Arts

March 9 and 10 • 10:00 am–4:00 pm

MCA Community Center • 2004 Longmeadow

Sun Mon Tue Wed Thu Fri Sat

# February

|   |                                    |  |   |   |  |   |
|---|------------------------------------|--|---|---|--|---|
| February  |                                    |  |   |   | PILLOWS 9:00 am  | 1<br>2<br> |
| 3   | MEMOIRS 10:00 am<br>SAFETY 2:00 pm | RESTRICTIONS 3:00 pm   | CRAFTS 9:00 am  | BLOOD DRIVE 7:00 am -1:00 pm  | PILLOWS 9:00 am<br>PHOTO RECEIVING 8:00 am-4:00 pm   | PHOTO RECEIVING 8:00 am-4:00 pm   |
| 4   |                                    | New/Revised Ads Due  | 6   | CR Ads and Editorial Due  | 8  | 9   |
| 10<br><i>Lincoln's Birthday</i>   | KOFFEE KLATSCH 8:30 am             | EMERGENCY PREP 1:30 pm<br>MEADOWS "U" Food for Thought 3:00 pm | 12<br> | 13<br> | 14<br>  | 16  |
| 17  | MEMOIRS 10:00 am                   |  | CRAFTS 9:00 am<br>ASSEMBLY 7:00 pm  | BLOOD PLATELET DRIVE 9:00 am -1:30 pm   | PILLOWS 9:00 am<br>PHOTO SHOW 10:00 am-4:00 pm   | PHOTO SHOW 10:00 am-4:00 pm   |
| 18<br><i>President's Day</i><br> |                                    | 19   | 20  | 21  | 22<br><i>Washington's Birthday</i><br>                              | 23  |
| 24<br>PHOTO SHOW 10:00 am-4:00 pm<br>CONCERT IN THE PARK 1:30-3:30 pm   | 25                                 | MEADOWS "U" Sporting Opportunities 3:00 pm                     | 27<br>CRAFTS 9:00 am<br>BINGO 7:00 pm   | 28  | <p>All meetings and events are at the MCA Community Center, 2004 Longmeadow, unless otherwise noted.<br/>Daily notices are posted for room locations</p> |   |